

Trustees' Annual Report

KILBURN STATE OF MIND

Charity registration number: 1187381

April 1st 2020 to March 31st 2021

Objectives

Kilburn State of Mind (KSOM) aims to make a difference and improve the lives of people in Kilburn and the surrounding area. Through its work using music and ICT it endeavours to challenge the problems of hardship, inequality and isolation.

By providing their services free of charge to the local community they focus on offering learning opportunities and support with I.T, computing and music for people who otherwise may not have the opportunity to learn and to access these opportunities.

Activities

KSOM are embedded in the community on a housing estate in Kilburn and have space and equipment which are a valuable resource for many people including local residents, young musicians, older people.

They offer a programme which includes free music tuition , mentoring and use of the music and IT studio facilities.

They also offer ongoing ICT support and training especially for elderly or housebound residents

Volunteers

Their volunteer team includes a wide variety of local musicians with many different skills and talents. They also have a number of ICT specialists who have been able to make invaluable contributions.

The individuals who have volunteered for KSOM have also benefited greatly by their involvement in terms of confidence, sense of worth, employment opportunities and improvement in mental health.

A number of computers and IT equipment has been donated to KSOM which has been passed on to people needing them in the community, alongside advice and support on its use.

Achievements and Performance over past year

KSOM acknowledged that due to Covid-19 restrictions the need for elderly residents in particular to have basic skills and facilities to use for communications and internet usage was larger and more crucial for wellbeing than ever.

It was arranged that socially distanced and risk assessed tuition be prepared for residents and community members ,much taught online and there would be prepared exercises for beneficiaries to study at home.

KSOM also offered a mentoring scheme, where residents could get in contact with any technical problems that they were facing. This helped them greatly to counter the impact of restrictions on isolation, anxiety and their mental health.

We were a partner with Brent 2020 Culture Fund and when much of their programme had been cancelled due to COVID we offered the Brent 2020 Music Course aimed particularly at Young people. Other partners included the Institute of Contemporary Music Performance in Kilburn.

When there was a break in the COVID restrictions, 2 very successful community music events were run in December 2020 .Kilburn Live Music at the Fiddler and Jam Night at the Stables Kingsbury. They were extremely well received and a great encouragement to consider and plan for future events.

Also in December, KSOM was the subject of a 2page feature in the Kilburn Times newspaper.

As a new charity and in spite of COVID restrictions during the year , KSOM has been able to adapt and change where necessary and to continue to have significant impact of improving and enhancing the lives of the local community.

It has become increasingly known and highly regarded in the local area and beyond and also by other cultural and civic organisations. It is known for its unique creative, compassionate and committed attitude

and for its ability to engage and bring together inspired talented musicians and diverse local communities.

Financial Review

Review of the charity's financial position at the end of the period

Total Income was £10480

Total Expenditure £10410

Amount of reserves held £90

For this past year much of the work was funded by the Lottery Community fund .The trustees consider the work of KSOM is highly suitable for funding but time and resources to submit applications are a problem considering the size of the organisation and its many demands.

When restrictions are removed this issue will be returned to for more consideration and as a priority.

Structure, Governance and Management

KSOM is a CIO

It has 4 trustees and it was agreed we would invite and encourage more people to become trustees.

Charity name	KILBURN STATE OF MIND
Other name the charity uses	
Registered charity number	1187381
Charity's principal address	TMO OFFICE WATLING GARDENS SHOOT UP HILL LONDON NW23UB

Names of the charity trustees who manage the charity

Trustee Name	Office
ALAN MEDLEY	CHAIR
CATHRYN GLEESON	VICECHAIR
RAYMOND WELLS	TREASURER
ANNA FERRIE	SECRETARY

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Raymond Wells</i>	<i>Anna Ferrie</i>
Full name(s)	RAYMOND WELLS	ANNA FERRIE
Position (eg Secretary, Chair, etc)	TREASURER	SECRETARY

Date 29/06/21

Kilburn State Of Mind: Receipts and Payments Account for the 12 m

Income			
	Lottery community fund		£10,000
	Funding concert @ the fiddler		£480
	Total Income	£-	£10,480
Expenditure			
	Fees: Tutors		£2400
	Expenses: Volunteers		£3400
	Web design & maintenance		£480
	Insurance		£280
	Travel - Car, fuel and rail		£1600
	Stationery and equipment		£100
	Equipment		£1800
	Refreshments		£350
	Total Expenditure		£10410
Profit/(Loss) for Year			£70
	Opening balance		£19.91
	Closing balance 31/3/20		£90
	Cash Funds		
	Unity Trust Bank		£90
	Petty Cash		Zero

Approved by Trustees

Date 29/06/2021

months to 31st March 2021 Charity No 1187381