BEYOND REFLECTIONS

England & Wales · Charity number 1187351

Details

Other names	CHRYSALIS
Status	Registered
Legal form	CIO
Registered	2020-01-14
Register	View on the Charity Commission register

Contact

Address	Beyond Reflections Frobisher House The Bulb Southampton Hampshire
Phone	03448468545
Email	info@beyond-reflections.org.uk
Website	www.beyond-reflections.org.uk

Downloaded from opencharities.uk/ew/1187351

Activities

Objects: 3.1 TO RELIEVE THE NEEDS OF GENDER DIVERSE (TRANSGENDER OR QUESTIONING) ADULTS AND THOSE WHO ARE THE SIGNIFICANT OTHERS (ADULT FAMILY MEMBERS, PARTNERS, CARERS, AND CLOSE FRIENDS) OF SOMEONE WHO IS GENDER DIVERSE, BY SUCH MEANS AS DETERMINED BY THE CHARITY, INCLUDING: A) PROVIDING GUIDANCE FOR GENDER DIVERSE INDIVIDUALS AND SIGNIFICANT OTHERS B) PROVIDING FORUMS WITH COUNSELLORS AND TRAINED ADVISORS C) PROVIDING OPPORTUNITY FOR BENEFICIARIES TO MEET LIKE-MINDED INDIVIDUALS D) PROVIDING OPPORTUNITIES FOR SUCH PEOPLE TO LEARN INDEPENDENT LIVING SKILLS SO THAT THEY MAY PARTICIPATE BETTER IN MAINSTREAM SOCIETY 3.2 TO ADVANCE EDUCATION FOR THE PUBLIC BENEFIT OF THOSE WHO ARE GENDER DIVERSE AND THEIR SIGNIFICANT OTHERS; PARTICULARLY IN GENDER RELATED ISSUES BY: A) PROVISION OF LIFE SKILLS WORKSHOPS AT THE SUPPORT MEETINGS B) PROVIDING SPEAKERS ON TOPICS OF INTEREST AT THE SUPPORT MEETINGS 3.3 TO ADVANCE THE EDUCATION OF THE PUBLIC IN GENDER RELATED ISSUES BY PROVIDING AN AWARENESS TRAINING SERVICE TO: A) EDUCATE THOSE WHO MAY EMPLOY OR COME INTO CONTACT WITH GENDER DIVERSE PEOPLE THROUGH THEIR WORKB) PROVIDE EDUCATION TO OTHER ORGANISATIONS, AGENCIES AND STATUTORY AUTHORITIES THROUGH TRAINING WORKSHOPS C) PROVIDE WORKSHOPS AIMED AT ADDRESSING PREJUDICE. 3.4 TO PROMOTE EQUALITY AND DIVERSITY FOR THE PUBLIC BENEFIT BY: (A) WORKING TO RAISE TRANSGENDER AWARENESS B) WORKING TO ELIMINATE DISCRIMINATION ON THE GROUNDS OF GENDER DIVERSITY 3.5 TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING GENDER DIVERSE PEOPLE FROM BECOMING SOCIALLY EXCLUDED (BY DISCRIMINATION ON THE GROUNDS OF THEIR GENDER DIVERSITY), RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY.

Activities: PROVIDES COUNSELLING, LIFE SKILLS, WORKSHOPS, FACILITATED GROUPWORK, SAFE SPACES, TRAINING AND ADVOCACY FOR TRANSGENDER AND QUESTIONING PEOPLE AND THE SIGNIFICANT OTHERS IN THEIR LIVES.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** Other Defined Groups

Geography

- Throughout England And Wales

Downloaded from opencharities.uk/ew/1187351

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£158,339	£127,425	-	-
2024-03-31	£164,366	£105,560	-	-
2023-03-31	£128,513	£133,673	-	-
2022-03-31	£121,893	£120,784	-	-
2021-03-31	£122,331	£101,785	-	-

Trustees

Name	Role	Appointed
Ashley Trigg	Chair	2024-08-01
David Curtis		2025-12-06
Erin Hinton		2025-09-04
Faye Ripley		2025-09-04
Jenny Harvey		2025-09-01
Laura Kate Millerchip		2024-08-01
Mx Claire Jane Webb		2025-01-11
Scott Johnson		2024-02-01

Downloaded from opencharities.uk/ew/1187351

BEYOND REFLECTIONS

England & Wales - Charity number 1187351

Accounts

Charity registration number 1187351

BEYOND REFLECTIONS

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

BEYOND REFLECTIONS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	S A Johnson	
	C J Webb	(Appointed 11 January 2025)
	J Trigg	(Appointed 1 August 2024)
	L K Millerchip	(Appointed 1 August 2024)
	I Cardwell	(Appointed 1 October 2025)
	F Ridley	(Appointed 4 September 2025)
	E Hinton	(Appointed 4 September 2025)
Charity number	1187351	
Principal address	Frobisher House The Bulb Southampton Hampshire SO15 1GX	
Independent examiner	Paul Killen 15 Bankside The Watermark Gateshead Tyne and Wear NE11 9SY	

BEYOND REFLECTIONS

CONTENTS

	Page
Trustees' report	1 - 6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the financial statements	10 - 20

BEYOND REFLECTIONS

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the 's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The objects of the Beyond Reflections CIO include, but are not limited by, the following:

1) To relieve the needs of gender diverse (transgender or questioning) adults and those who are the significant others (adult family members, partners, carers, and close friends) of someone who is gender diverse, by such means as determined by the charity, including:
a) Providing guidance for gender diverse individuals and significant others
b) Providing forums with counsellors and trained advisors
c) Providing opportunity for beneficiaries to meet like-minded individuals
d) Providing opportunities for such people to learn independent living skills so
that they may participate better in mainstream society

2) To advance education for the public benefit of those who are gender diverse and their significant others; particularly in gender related issues by:
a) Provision of 'Life Skills' workshops at the Support Meetings
b) Providing speakers on topics of interest at the Support Meetings.

3) To advance the education of the public in gender related issues by providing an Awareness Training service to:
a) Educate those who may employ or come into contact with gender diverse people through their work,
b) Provide education to other organisations, agencies and statutory authorities through Training Workshops,
c) Provide workshops aimed at addressing prejudice.

4) To promote equality and diversity for the public benefit by:
a) Working to raise transgender awareness
b) Working to eliminate discrimination on the grounds of gender diversity

5) To promote social inclusion for the public benefit by preventing gender diverse people from becoming socially excluded (by discrimination on the grounds of their gender diversity), relieving the needs of those people who are socially excluded and assisting them to integrate into society.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the should undertake.

Achievements and performance

Significant activities and achievements against objectives

This was another particularly troubling year for charities in the LGBTQIA+ space and particularly trans+ specific charities.

There were continuing political initiatives aimed at reducing healthcare provision for trans+ people and a wider move to make the prevailing culture for trans+ people more difficult, leading to significant rises in gender-related Hate Crime reporting for the whole of our core region and across the UK.

Political changes in the US continue to have an impact in the political dialogue in the UK and this is having a negative effect on charitable giving for the sector, availability of DE&I training opportunities and general training for trans awareness – something that affects our revenue generation.

The upcoming legal review of law by the Supreme Court may well have a devastating effect on trans+ rights in the UK and we await this judgement with some trepidation.

Our continuing plan to widen and deepen our support for trans+ people has led to an increased take-up of our services. New and existing online groups show continued success and our new in-person groups have been successful in reducing isolation and loneliness and giving people a place to interact and live authentically.

Our new case working initiatives and 'practical support' services have been piloted and evaluated and early results are highly positive with a direct impact on outputs and outcomes for the members and the charity as a whole.

We have also focused on creating opportunity for trans+ people as well as acting as a form of 'safety net' and have helped people into work and provided opportunities for volunteering to build skills and confidence.

We are increasingly tackling more complex mental health situations and fostering strong links with local mental health services to create a more inclusive and joined up approach between ourselves and the public sector.

Our objectives include the widening of reach, the increase of services and an improvement in a number of outcomes ranging from enhanced life chances and reduced mental health risk. Our progress against these metrics set by the Trustees has been more than satisfactory with all stated objectives achieved for the full year.

We will report our public benefit at our AGM to the members of the charity, through the external funding organisations and in regular reports to the Trustees and beneficiaries.

We want to recognise the funding provided to us by the National Lottery, the Henry Smith charity and, although not hitting the Balance Sheet within this financial period, we were successful in securing a continuation bid with the National Lottery for the next 5 years and fresh funding with the Fore charity. We thank them for their support.

We have continued to expand services through a wider and more engaged and developed volunteer group so that we can run more services and ensure there are more sources for group support. These range from online 'social and wellbeing' groups to more therapeutic groups as well as groups for family, friends and allies.

We are particularly proud of our track record in attracting volunteers to help and work with us. We found our engagement and 'reach' improved through some of the extra external events we attended during the period, including a number of Pride events across the South Coast – many volunteers seem to want to engage with an organisation that seeks to quietly and practically 'support' trans+ people.

In addition to increasing the number of trans+ people we supported, we were able to widen the level of support to all those people through a wider range of skills and experience within our support teams. We are justifiably proud in being able to continue to offer counselling placements to a range of students from a number of local counselling
qualification schemes – and help widen the role and awareness of trans+ people into the counselling community. In addition, we have widened our approach to offering a wider therapeutic approach and our work now gives more options to those who need different types of support from us – from practical to in-depth therapeutic services. We have also been successful in securing more volunteer hours from qualified counsellors and therapists which allows us to support more complex cases.

Our Trustees were active in bringing to bear their specialist perspectives into the charity during this period and were instrumental in supporting the operational team with many challenges across the year – this shows the maturity and engagement of a Trustee Board that can hold the operational team to account as critical friends, but also be engaged and supportive at a practical level, this practical support also allows the Trustees to better fulfil their governance role through a deeper understanding of the charity operational challenges and opportunities. Ongoing recruitment seeks to raise the number of trustees to over 8 people from across the wider LGBTQIA+ community.

We ran the first trans+ and allies awards in tribute to our previous Chair in December 2024 and aim to grow this event and make it an annual celebration.

Our income is heavily reliant on the generosity of external funding bodies mentioned above, however, we are beginning to build more sustainability by continuing to source other funds, run our own fundraising events and by carrying out training and development awareness projects to external organisations. We will build on the work we have already started in this area.

We have spent the bulk of our income in staff costs as well as increasing our reach and the amount of service delivery we can support for trans+ people. We have a number of part time employees that attend to: project delivery; risk management and safeguarding; volunteer recruitment and training; support and the supervision, recruitment and development of our counselling team as well as admin and financial control.
We now have an interim CEO who runs the charity and
manages outreach and the Therapy team. Our cost base is shown in our accounts and falls well within the guideline for administrative costs for a charity.
A number of other operational changes have seen a change of address and new approach to cost management and the investment in technology.
We have a reserves policy that states we retain enough money to ethically 'wind-up' the charity and pay all its debts and dues in the event of significant financial distress or failure. No funds are held as custodian trustees.
The year has been particularly challenging in terms of financial performance and a need exists to further widen and deepen the income streams which is an immediate priority.
A new operational plan generated by the review from the new interim CEO last year which was examined and approved
by the Board will continue to significantly speed up new plans and activities over the coming months, both to build funding streams and innovate the way we deliver services.
This new plan will continue to build greater sustainability and a wider range of options and positive results for the people we support from a significantly reduced cost base.
We move into the next financial year with a continuing and greater sense of purpose, passion and optimism.

Financial review

Our income is heavily reliant on the generosity of external funding bodies including (but not restricted to) The National Lottery Communities fund, Henry Smith and the Fore.

However, we are beginning to build more sustainability by
continuing to source external fundraising and carrying out training and development awareness projects to external organisations. In addition, the appointment of an interim CEO has given us capacity to generate more paid work as part of research groups and collaborative projects.

The new interim CEO is very keen on building new external partnerships and structures – both the expand reach, but also to build on sector wide caapbilities and avoid duplication of effort and expertise.

We have spent the bulk of our income in staff costs as well as increasing our reach and the amount of service delivery we can support for our beneficiaries. We have a number of part time employees that attend to: project delivery; volunteer recruitment and training; beneficiary support and the supervision, recruitment and development of our counselling team as well as admin and financial control. We also have a CEO who runs the charity and manages outreach and the counselling team.
Phase one of the change brought about by the new interim CEO was to put the charity on a sound financial footing by reducing costs – this year has been about investment and developing capacity – the financial results will show in the accounts after this year – but show positive outcomes in our forecasts and management accounts – with strong bank balances and revenue streams. In addition to this, a new operating model has been launched to help the charity create a 'membership group' so that people have expectations of a service, rather than being treated as beneficiaries. The hardship fund we run has also been expanded to ensure that everyone can have access to the services we provide for trans+ people.

We have a reserves policy that states we retain enough money to ethically 'wind-up' the charity and pay all its debts and dues in the event of significant financial distress or failure. No funds are held as custodian trustees.

Reserves policy

It is the policy of the that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the 's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Plans for future periods

A new operational plan generated by the review by the interim CEO has been implemented and is already showing benefits in creating cost reduction and increased revenue generation.

We are now moving into a phase where we will be clearer in measuring some of our key outcomes including Safety, Mental Health, Mental Wellbeing, Goal Achievement and Managed Risks for those we support.

We move into the next financial year with a greater sense of purpose and optimism.

Structure, governance and management

The charity was established under its constitution on 14 January 2020 and registered as a charity with the Charity Commission on that date.

The trustees who served during the year and up to the date of signature of the financial statements were:

M Tilling	(Deceased 30 June 2024)
J Harvey	(Appointed 1 September 2025 and resigned 31 May 2025)
S A Johnson	
S Cartwright	(Resigned 31 May 2025)
C J Webb	(Appointed 11 January 2025)
J Trigg	(Appointed 1 August 2024)
L K Millerchip	(Appointed 1 August 2024)
I Cardwell	(Appointed 1 October 2025)
F Ridley	(Appointed 4 September 2025)
E Hinton	(Appointed 4 September 2025)

Recruitment and appointment of trustees
The appointment of trustees is set out in the Constitution.

The recruitment of new trustees is periodically undertaken by the Board, which follows an open and fair recruitment process taking due account of both the skills and needs of the charity and the desire for its membership to reflect the diversity of the local population.

The Charity and its property are managed and administered by a board of trustees.

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

The trustees' report was approved by the Board of Trustees.

.....
S A Johnson
Trustee

Date: .....

BEYOND REFLECTIONS

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BEYOND REFLECTIONS

I report to the trustees on my examination of the financial statements of Beyond Reflections (the) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the ’s financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the as required by section 130 of the 2011 Act; or
2 the financial statements do not accord with those records; or
3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Paul Killen

15 Bankside
The Watermark
Gateshead
Tyne and Wear
NE11 9SY

Dated: .....

BEYOND REFLECTIONS

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income and endowments from:							
Donations and legacies	**3**	11,853	124,933	136,786	19,984	134,129	154,113
Charitable activities	**4**	20,327	-	20,327	9,342	-	9,342
Investments	**5**	1,226	-	1,226	825	-	825
Other income	**6**	-	-	-	86	-	86
Total income		33,406	124,933	158,339	30,237	134,129	164,366
Charitable activities	**7**	19,136	108,289	127,425	16,231	89,329	105,560
Net income and movement in funds		14,270	16,644	30,914	14,006	44,800	58,806
Reconciliation of funds:							
Fund balances at 1 April 2024		42,747	65,000	107,747	28,741	20,200	48,941
Fund balances at 31 March 2025		57,017	81,644	138,661	42,747	65,000	107,747

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

BEYOND REFLECTIONS

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	2025 £	2024 £	2024 £
Fixed assets					
Intangible assets	**13**		-		1,365
Tangible assets	**14**		2,253		2,956
			2,253		4,321
Current assets					
Debtors	**15**	451		763	
Cash at bank and in hand		138,601		109,113	
		139,052		109,876	
Creditors: amounts falling due within one year	**16**	(2,644)		(6,450)	
Net current assets			136,408		103,426
Total assets less current liabilities			138,661		107,747
Net assets excluding pension liability			138,661		107,747
The funds of the					
Restricted income funds	**17**		81,644		65,000
Unrestricted funds			57,017		42,747
			138,661		107,747

The financial statements were approved by the trustees on .....

.....
S A Johnson
Trustee

1 Accounting policies

Charity information

Beyond Reflections is a+ charity established under its constitution on 14 January 2020 and registered with the Charity Commission on that date

1.1 Accounting convention

The financial statements have been prepared in accordance with the 's [governing document], the Charities Act 2011, FRS 102 “The Financial Reporting Standard applicable in the UK and Republic of Ireland” (“FRS 102”) and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The is a Public Benefit Entity as defined by FRS 102.

The has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the . Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Grants and donations are only included in the SOFA when the general income recognition criteria are met.

1 Accounting policies **(Continued)**

Legacies are recognised on receipt or otherwise if the has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Membership subscriptions received in the nature of gift aid are recognised on Donations and legacies.

The value of any voluntary help received is not included in the accounts but is included in the trustee annual report.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Research and development expenditure

Research expenditure is written off against profits in the year in which it is incurred. Identifiable development expenditure is capitalised to the extent that the technical, commercial and financial feasibility can be demonstrated.

1.7 Intangible fixed assets other than goodwill

Intangible assets acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

Intangible assets acquired on business combinations are recognised separately from goodwill at the acquisition date where it is probable that the expected future economic benefits that are attributable to the asset will flow to the entity and the fair value of the asset can be measured reliably; the intangible asset arises from contractual or other legal rights; and the intangible asset is separable from the entity.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Development Costs	33% Cost

1 Accounting policies **(Continued)**

1.8 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment	15% Cost
Computers	33% Cost

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.9 Impairment of fixed assets

At each reporting end date, the reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.10 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.11 Financial instruments

The has elected to apply the provisions of Section 11 ‘Basic Financial Instruments’ and Section 12 ‘Other Financial Instruments Issues’ of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the 's balance sheet when the becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

1 Accounting policies (Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the ’s contractual obligations expire or are discharged or cancelled.

1.12 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee’s services are received.

Termination benefits are recognised immediately as an expense when the is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.13 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the ’s accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	11,853	124,933	136,786	19,984	134,129	154,113

4 Income from charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Merchandising sales	8,729	3,288
Fundraising events	380	868
Corporate training income	11,218	5,186
	20,327	9,342

5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	1,226	825

6 Other income

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Miscellaneous income	-	86

7 Expenditure on charitable activities

	2025 £	2024 £
Direct costs		
Depreciation and impairment	2,068	2,319
Direct charitable expenditure	17,068	13,912
	19,136	16,231
Share of support and governance costs (see note 8)		
Support	108,289	89,329
	127,425	105,560
Analysis by fund		
Unrestricted funds	19,136	16,231
Restricted funds	108,289	89,329
	127,425	105,560

8 Support costs allocated to activities

	2025 £	2024 £
Staff costs	67,311	42,049
Governance costs	4,676	2,540
	71,987	44,589

9 Net movement in funds

	2025	2024
	£	£
The net movement in funds is stated after charging/(crediting):		
Depreciation of owned tangible fixed assets	703	953
Amortisation of intangible assets	1,365	1,366

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the during the year.

11 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	Number
	6	4

Employment costs	2025	2024
	£	£
Wages and salaries	66,266	41,659
Other pension costs	1,045	390
	67,311	42,049

There were no employees whose annual remuneration was more than £60,000.

12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

13 Intangible fixed assets

	Development Costs
	£
Cost	
At 1 April 2024 and 31 March 2025	4,097
Amortisation and impairment	
At 1 April 2024	2,732
Amortisation charged for the year	1,365
At 31 March 2025	4,097
Carrying amount	
At 31 March 2025	-
At 31 March 2024	1,365

14 Tangible fixed assets

	Plant and machinery	Fixtures, fittings & equipment	Computers	Total
	£	£	£	£
Cost				
At 1 April 2024	1,335	2,654	4,175	8,164
At 31 March 2025	1,335	2,654	4,175	8,164
Depreciation and impairment				
At 1 April 2024	638	1,489	3,081	5,208
Depreciation charged in the year	105	237	361	703
At 31 March 2025	743	1,726	3,442	5,911
Carrying amount				
At 31 March 2025	592	928	733	2,253
At 31 March 2024	697	1,165	1,094	2,956

15 Debtors

Amounts falling due within one year:	2025 £	2024 £
Other debtors	451	763

16 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	844	-
Accruals and deferred income	1,800	6,450
	2,644	6,450

17 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
National Lottery Community Fund	-	64,933	(43,289)	21,644
Hants IOW Comm Fund	5,000	-	(5,000)	-
Henry Smith Charity	60,000	60,000	(60,000)	60,000
	65,000	124,933	(108,289)	81,644

Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
Hardship Fund	1,500	-	(1,500)	-
Community Action Against Cancer	3,700	3,000	(6,700)	-
Awards For All	10,000	71,129	(81,129)	-
Hants IOW Comm Fund	5,000	-	-	5,000
Henry Smith Charity	-	60,000	-	60,000
	20,200	134,129	(89,329)	65,000

18 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
General funds	42,747	33,406	(19,136)	57,017

Previous year:	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	28,741	30,237	(16,231)	42,747

19 Analysis of net assets between funds

	Unrestricted funds 2025	Restricted funds 2025	Total 2025
	£	£	£
At 31 March 2025:			
Tangible assets	2,253	-	2,253
Current assets/(liabilities)	54,764	81,644	136,408
	57,017	81,644	138,661

	Unrestricted funds 2024	Restricted funds 2024	Total 2024
	£	£	£
At 31 March 2024:			
Intangible fixed assets	1,365	-	1,365
Tangible assets	2,956	-	2,956
Current assets/(liabilities)	38,426	65,000	103,426
	42,747	65,000	107,747

20 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

Charity registration number 1187351

BEYOND REFLECTIONS

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

BEYOND REFLECTIONS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	S A Johnson	
	C J Webb	(Appointed 11 January 2025)
	J Trigg	(Appointed 1 August 2024)
	L K Millerchip	(Appointed 1 August 2024)
	I Cardwell	(Appointed 1 October 2025)
	F Ridley	(Appointed 4 September 2025)
	E Hinton	(Appointed 4 September 2025)
Charity number	1187351	
Principal address	Frobisher House The Bulb Southampton Hampshire SO15 1GX	
Independent examiner	Paul Killen 15 Bankside The Watermark Gateshead Tyne and Wear NE11 9SY	

BEYOND REFLECTIONS

CONTENTS

	Page
Trustees' report	1 - 6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the financial statements	10 - 20

BEYOND REFLECTIONS

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the 's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The objects of the Beyond Reflections CIO include, but are not limited by, the following:

1) To relieve the needs of gender diverse (transgender or questioning) adults and those who are the significant others (adult family members, partners, carers, and close friends) of someone who is gender diverse, by such means as determined by the charity, including:
a) Providing guidance for gender diverse individuals and significant others
b) Providing forums with counsellors and trained advisors
c) Providing opportunity for beneficiaries to meet like-minded individuals
d) Providing opportunities for such people to learn independent living skills so
that they may participate better in mainstream society

2) To advance education for the public benefit of those who are gender diverse and their significant others; particularly in gender related issues by:
a) Provision of 'Life Skills' workshops at the Support Meetings
b) Providing speakers on topics of interest at the Support Meetings.

3) To advance the education of the public in gender related issues by providing an Awareness Training service to:
a) Educate those who may employ or come into contact with gender diverse people through their work,
b) Provide education to other organisations, agencies and statutory authorities through Training Workshops,
c) Provide workshops aimed at addressing prejudice.

4) To promote equality and diversity for the public benefit by:
a) Working to raise transgender awareness
b) Working to eliminate discrimination on the grounds of gender diversity

5) To promote social inclusion for the public benefit by preventing gender diverse people from becoming socially excluded (by discrimination on the grounds of their gender diversity), relieving the needs of those people who are socially excluded and assisting them to integrate into society.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the should undertake.

Achievements and performance

Significant activities and achievements against objectives

This was another particularly troubling year for charities in the LGBTQIA+ space and particularly trans+ specific charities.

There were continuing political initiatives aimed at reducing healthcare provision for trans+ people and a wider move to make the prevailing culture for trans+ people more difficult, leading to significant rises in gender-related Hate Crime reporting for the whole of our core region and across the UK.

Political changes in the US continue to have an impact in the political dialogue in the UK and this is having a negative effect on charitable giving for the sector, availability of DE&I training opportunities and general training for trans awareness – something that affects our revenue generation.

The upcoming legal review of law by the Supreme Court may well have a devastating effect on trans+ rights in the UK and we await this judgement with some trepidation.

Our continuing plan to widen and deepen our support for trans+ people has led to an increased take-up of our services. New and existing online groups show continued success and our new in-person groups have been successful in reducing isolation and loneliness and giving people a place to interact and live authentically.

Our new case working initiatives and 'practical support' services have been piloted and evaluated and early results are highly positive with a direct impact on outputs and outcomes for the members and the charity as a whole.

We have also focused on creating opportunity for trans+ people as well as acting as a form of 'safety net' and have helped people into work and provided opportunities for volunteering to build skills and confidence.

We are increasingly tackling more complex mental health situations and fostering strong links with local mental health services to create a more inclusive and joined up approach between ourselves and the public sector.

Our objectives include the widening of reach, the increase of services and an improvement in a number of outcomes ranging from enhanced life chances and reduced mental health risk. Our progress against these metrics set by the Trustees has been more than satisfactory with all stated objectives achieved for the full year.

We will report our public benefit at our AGM to the members of the charity, through the external funding organisations and in regular reports to the Trustees and beneficiaries.

We want to recognise the funding provided to us by the National Lottery, the Henry Smith charity and, although not hitting the Balance Sheet within this financial period, we were successful in securing a continuation bid with the National Lottery for the next 5 years and fresh funding with the Fore charity. We thank them for their support.

We have continued to expand services through a wider and more engaged and developed volunteer group so that we can run more services and ensure there are more sources for group support. These range from online 'social and wellbeing' groups to more therapeutic groups as well as groups for family, friends and allies.

We are particularly proud of our track record in attracting volunteers to help and work with us. We found our engagement and 'reach' improved through some of the extra external events we attended during the period, including a number of Pride events across the South Coast – many volunteers seem to want to engage with an organisation that seeks to quietly and practically 'support' trans+ people.

In addition to increasing the number of trans+ people we supported, we were able to widen the level of support to all those people through a wider range of skills and experience within our support teams. We are justifiably proud in being able to continue to offer counselling placements to a range of students from a number of local counselling
qualification schemes – and help widen the role and awareness of trans+ people into the counselling community. In addition, we have widened our approach to offering a wider therapeutic approach and our work now gives more options to those who need different types of support from us – from practical to in-depth therapeutic services. We have also been successful in securing more volunteer hours from qualified counsellors and therapists which allows us to support more complex cases.

Our Trustees were active in bringing to bear their specialist perspectives into the charity during this period and were instrumental in supporting the operational team with many challenges across the year – this shows the maturity and engagement of a Trustee Board that can hold the operational team to account as critical friends, but also be engaged and supportive at a practical level, this practical support also allows the Trustees to better fulfil their governance role through a deeper understanding of the charity operational challenges and opportunities. Ongoing recruitment seeks to raise the number of trustees to over 8 people from across the wider LGBTQIA+ community.

We ran the first trans+ and allies awards in tribute to our previous Chair in December 2024 and aim to grow this event and make it an annual celebration.

Our income is heavily reliant on the generosity of external funding bodies mentioned above, however, we are beginning to build more sustainability by continuing to source other funds, run our own fundraising events and by carrying out training and development awareness projects to external organisations. We will build on the work we have already started in this area.

We have spent the bulk of our income in staff costs as well as increasing our reach and the amount of service delivery we can support for trans+ people. We have a number of part time employees that attend to: project delivery; risk management and safeguarding; volunteer recruitment and training; support and the supervision, recruitment and development of our counselling team as well as admin and financial control.
We now have an interim CEO who runs the charity and
manages outreach and the Therapy team. Our cost base is shown in our accounts and falls well within the guideline for administrative costs for a charity.
A number of other operational changes have seen a change of address and new approach to cost management and the investment in technology.
We have a reserves policy that states we retain enough money to ethically 'wind-up' the charity and pay all its debts and dues in the event of significant financial distress or failure. No funds are held as custodian trustees.
The year has been particularly challenging in terms of financial performance and a need exists to further widen and deepen the income streams which is an immediate priority.
A new operational plan generated by the review from the new interim CEO last year which was examined and approved
by the Board will continue to significantly speed up new plans and activities over the coming months, both to build funding streams and innovate the way we deliver services.
This new plan will continue to build greater sustainability and a wider range of options and positive results for the people we support from a significantly reduced cost base.
We move into the next financial year with a continuing and greater sense of purpose, passion and optimism.

Financial review

Our income is heavily reliant on the generosity of external funding bodies including (but not restricted to) The National Lottery Communities fund, Henry Smith and the Fore.

However, we are beginning to build more sustainability by
continuing to source external fundraising and carrying out training and development awareness projects to external organisations. In addition, the appointment of an interim CEO has given us capacity to generate more paid work as part of research groups and collaborative projects.

The new interim CEO is very keen on building new external partnerships and structures – both the expand reach, but also to build on sector wide caapbilities and avoid duplication of effort and expertise.

We have spent the bulk of our income in staff costs as well as increasing our reach and the amount of service delivery we can support for our beneficiaries. We have a number of part time employees that attend to: project delivery; volunteer recruitment and training; beneficiary support and the supervision, recruitment and development of our counselling team as well as admin and financial control. We also have a CEO who runs the charity and manages outreach and the counselling team.
Phase one of the change brought about by the new interim CEO was to put the charity on a sound financial footing by reducing costs – this year has been about investment and developing capacity – the financial results will show in the accounts after this year – but show positive outcomes in our forecasts and management accounts – with strong bank balances and revenue streams. In addition to this, a new operating model has been launched to help the charity create a 'membership group' so that people have expectations of a service, rather than being treated as beneficiaries. The hardship fund we run has also been expanded to ensure that everyone can have access to the services we provide for trans+ people.

We have a reserves policy that states we retain enough money to ethically 'wind-up' the charity and pay all its debts and dues in the event of significant financial distress or failure. No funds are held as custodian trustees.

Reserves policy

It is the policy of the that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the 's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Plans for future periods

A new operational plan generated by the review by the interim CEO has been implemented and is already showing benefits in creating cost reduction and increased revenue generation.

We are now moving into a phase where we will be clearer in measuring some of our key outcomes including Safety, Mental Health, Mental Wellbeing, Goal Achievement and Managed Risks for those we support.

We move into the next financial year with a greater sense of purpose and optimism.

Structure, governance and management

The charity was established under its constitution on 14 January 2020 and registered as a charity with the Charity Commission on that date.

The trustees who served during the year and up to the date of signature of the financial statements were:

M Tilling	(Deceased 30 June 2024)
J Harvey	(Appointed 1 September 2025 and resigned 31 May 2025)
S A Johnson	
S Cartwright	(Resigned 31 May 2025)
C J Webb	(Appointed 11 January 2025)
J Trigg	(Appointed 1 August 2024)
L K Millerchip	(Appointed 1 August 2024)
I Cardwell	(Appointed 1 October 2025)
F Ridley	(Appointed 4 September 2025)
E Hinton	(Appointed 4 September 2025)

Recruitment and appointment of trustees
The appointment of trustees is set out in the Constitution.

The recruitment of new trustees is periodically undertaken by the Board, which follows an open and fair recruitment process taking due account of both the skills and needs of the charity and the desire for its membership to reflect the diversity of the local population.

The Charity and its property are managed and administered by a board of trustees.

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

The trustees' report was approved by the Board of Trustees.

.....
S A Johnson
Trustee

Date: .....

BEYOND REFLECTIONS

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BEYOND REFLECTIONS

I report to the trustees on my examination of the financial statements of Beyond Reflections (the) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the ’s financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the as required by section 130 of the 2011 Act; or
2 the financial statements do not accord with those records; or
3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Paul Killen

15 Bankside
The Watermark
Gateshead
Tyne and Wear
NE11 9SY

Dated: .....

BEYOND REFLECTIONS

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income and endowments from:							
Donations and legacies	**3**	11,853	124,933	136,786	19,984	134,129	154,113
Charitable activities	**4**	20,327	-	20,327	9,342	-	9,342
Investments	**5**	1,226	-	1,226	825	-	825
Other income	**6**	-	-	-	86	-	86
Total income		33,406	124,933	158,339	30,237	134,129	164,366
Charitable activities	**7**	19,136	108,289	127,425	16,231	89,329	105,560
Net income and movement in funds		14,270	16,644	30,914	14,006	44,800	58,806
Reconciliation of funds:							
Fund balances at 1 April 2024		42,747	65,000	107,747	28,741	20,200	48,941
Fund balances at 31 March 2025		57,017	81,644	138,661	42,747	65,000	107,747

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

BEYOND REFLECTIONS

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	2025 £	2024 £	2024 £
Fixed assets					
Intangible assets	**13**		-		1,365
Tangible assets	**14**		2,253		2,956
			2,253		4,321
Current assets					
Debtors	**15**	451		763	
Cash at bank and in hand		138,601		109,113	
		139,052		109,876	
Creditors: amounts falling due within one year	**16**	(2,644)		(6,450)	
Net current assets			136,408		103,426
Total assets less current liabilities			138,661		107,747
Net assets excluding pension liability			138,661		107,747
The funds of the					
Restricted income funds	**17**		81,644		65,000
Unrestricted funds			57,017		42,747
			138,661		107,747

The financial statements were approved by the trustees on .....

.....
S A Johnson
Trustee

1 Accounting policies

Charity information

Beyond Reflections is a+ charity established under its constitution on 14 January 2020 and registered with the Charity Commission on that date

1.1 Accounting convention

The financial statements have been prepared in accordance with the 's [governing document], the Charities Act 2011, FRS 102 “The Financial Reporting Standard applicable in the UK and Republic of Ireland” (“FRS 102”) and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The is a Public Benefit Entity as defined by FRS 102.

The has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the . Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Grants and donations are only included in the SOFA when the general income recognition criteria are met.

1 Accounting policies **(Continued)**

Legacies are recognised on receipt or otherwise if the has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Membership subscriptions received in the nature of gift aid are recognised on Donations and legacies.

The value of any voluntary help received is not included in the accounts but is included in the trustee annual report.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Research and development expenditure

Research expenditure is written off against profits in the year in which it is incurred. Identifiable development expenditure is capitalised to the extent that the technical, commercial and financial feasibility can be demonstrated.

1.7 Intangible fixed assets other than goodwill

Intangible assets acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

Intangible assets acquired on business combinations are recognised separately from goodwill at the acquisition date where it is probable that the expected future economic benefits that are attributable to the asset will flow to the entity and the fair value of the asset can be measured reliably; the intangible asset arises from contractual or other legal rights; and the intangible asset is separable from the entity.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Development Costs	33% Cost

1 Accounting policies **(Continued)**

1.8 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment	15% Cost
Computers	33% Cost

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.9 Impairment of fixed assets

At each reporting end date, the reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.10 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.11 Financial instruments

The has elected to apply the provisions of Section 11 ‘Basic Financial Instruments’ and Section 12 ‘Other Financial Instruments Issues’ of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the 's balance sheet when the becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

1 Accounting policies (Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the ’s contractual obligations expire or are discharged or cancelled.

1.12 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee’s services are received.

Termination benefits are recognised immediately as an expense when the is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.13 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the ’s accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	11,853	124,933	136,786	19,984	134,129	154,113

4 Income from charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Merchandising sales	8,729	3,288
Fundraising events	380	868
Corporate training income	11,218	5,186
	20,327	9,342

5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	1,226	825

6 Other income

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Miscellaneous income	-	86

7 Expenditure on charitable activities

	2025 £	2024 £
Direct costs		
Depreciation and impairment	2,068	2,319
Direct charitable expenditure	17,068	13,912
	19,136	16,231
Share of support and governance costs (see note 8)		
Support	108,289	89,329
	127,425	105,560
Analysis by fund		
Unrestricted funds	19,136	16,231
Restricted funds	108,289	89,329
	127,425	105,560

8 Support costs allocated to activities

	2025 £	2024 £
Staff costs	67,311	42,049
Governance costs	4,676	2,540
	71,987	44,589

9 Net movement in funds

	2025	2024
	£	£
The net movement in funds is stated after charging/(crediting):		
Depreciation of owned tangible fixed assets	703	953
Amortisation of intangible assets	1,365	1,366

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the during the year.

11 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	Number
	6	4

Employment costs	2025	2024
	£	£
Wages and salaries	66,266	41,659
Other pension costs	1,045	390
	67,311	42,049

There were no employees whose annual remuneration was more than £60,000.

12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

13 Intangible fixed assets

	Development Costs
	£
Cost	
At 1 April 2024 and 31 March 2025	4,097
Amortisation and impairment	
At 1 April 2024	2,732
Amortisation charged for the year	1,365
At 31 March 2025	4,097
Carrying amount	
At 31 March 2025	-
At 31 March 2024	1,365

14 Tangible fixed assets

	Plant and machinery	Fixtures, fittings & equipment	Computers	Total
	£	£	£	£
Cost				
At 1 April 2024	1,335	2,654	4,175	8,164
At 31 March 2025	1,335	2,654	4,175	8,164
Depreciation and impairment				
At 1 April 2024	638	1,489	3,081	5,208
Depreciation charged in the year	105	237	361	703
At 31 March 2025	743	1,726	3,442	5,911
Carrying amount				
At 31 March 2025	592	928	733	2,253
At 31 March 2024	697	1,165	1,094	2,956

15 Debtors

Amounts falling due within one year:	2025 £	2024 £
Other debtors	451	763

16 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	844	-
Accruals and deferred income	1,800	6,450
	2,644	6,450

17 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
National Lottery Community Fund	-	64,933	(43,289)	21,644
Hants IOW Comm Fund	5,000	-	(5,000)	-
Henry Smith Charity	60,000	60,000	(60,000)	60,000
	65,000	124,933	(108,289)	81,644

Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
Hardship Fund	1,500	-	(1,500)	-
Community Action Against Cancer	3,700	3,000	(6,700)	-
Awards For All	10,000	71,129	(81,129)	-
Hants IOW Comm Fund	5,000	-	-	5,000
Henry Smith Charity	-	60,000	-	60,000
	20,200	134,129	(89,329)	65,000

18 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
General funds	42,747	33,406	(19,136)	57,017

Previous year:	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	28,741	30,237	(16,231)	42,747

19 Analysis of net assets between funds

	Unrestricted funds 2025	Restricted funds 2025	Total 2025
	£	£	£
At 31 March 2025:			
Tangible assets	2,253	-	2,253
Current assets/(liabilities)	54,764	81,644	136,408
	57,017	81,644	138,661

	Unrestricted funds 2024	Restricted funds 2024	Total 2024
	£	£	£
At 31 March 2024:			
Intangible fixed assets	1,365	-	1,365
Tangible assets	2,956	-	2,956
Current assets/(liabilities)	38,426	65,000	103,426
	42,747	65,000	107,747

20 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

BEYOND REFLECTIONS

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BEYOND REFLECTIONS

I report to the trustees on my examination of the financial statements of Beyond Reflections (the) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the 's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the as required by section 130 of the 2011 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Paul Killen

15 Bankside
The Watermark
Gateshead
Tyne and Wear
NE11 9SY

Dated: 28 October 2025

BEYOND REFLECTIONS

England & Wales - Charity number 1187351

Accounts

BR Strategic Planning Document

Contents

1.0	**Vision etc**	**Page 2**
2.0	**Impact**	**Page 2**
3.0	**Trustee Changes**	**Page 2**
4.0	**Monitoring**	**Page 4**
5.0	**Risk**	**Page 5**
6.0	**Structure - Current**	**Page 7**
7.0	**Sustainability**	**Page 8**

1.0 Vision and Objectives

TBD - Growth in terms of Impact and Sustainability – this can be incremental or based around more innovative approaches

2.0 Impact

2.1 Project beneficiaries

Summary - We aim that every person should achieve the goals they set for themselves in each of these areas.

Objective	Measure
Achievement of personal goals through individual effort and the support of Beyond Reflections	100% of people should receive the support they need from the charity to achieve their goals. A minimum of 90% satisfaction should be our aim with our provision. We aim that 80% of people achieve their initial goals and a minimum of 90% achieve any revised goals
Increases in confidence, resilience, mental health and overall wellbeing	We expect that each person would report a minimum of 75% improvement in their score across a one-year period with us
Reductions in suicide ideation and in the factors that 'drive' or lead to it	For those identifying with issues and engaging with us, we want 100% of those to avoid the process of suicide
Improvements in overall emotional and cognitive wellbeing, including coping with Trauma and Dysphoria	We expect improvements for each person in coping with dysphoria etc dependent partly on the access to NHS healthcare services – each person will report complete confidence in our ability to support them. (A minimum score of 90% good or great satisfaction)
Specific reductions in loneliness, anxiety, depression and stress	We aim to reduce individual scores in these factors by over 70% per person over a one-year period
Improving outcomes in return to work, access to housing and benefits etc	We aim to help 90% of those people signing up for Return-to-Work support achieve their employment goals as well as all those needing advice and guidance to be able to access the practical support they need
Building more productive family and parental environments	We aim to reduce those losing access to family members and physical housing by at least 50% using our mediation process
Achieving greater satisfaction with the process of parenthood and pregnancy	We expect every member of our group to achieve 90% satisfaction with their journey (assuming no medical

	complications)

2.2 Staff Team

Objective	Measure
Staff will be capable of achieving their roles	Every person will have access to and will attend all of the training required by their role
Staff will feel fulfilled, valued and able to give their best to the charity	Every person will achieve a minimum 90% satisfaction score on the Employee Survey
Staff feel motivated to carry out their role	Every person will achieve a minimum 90% satisfaction score on the Employee Survey. There will be a zero incidence of non-attributed sickness

2.3 Volunteer Team

Objective	Measure
Volunteers will be capable of successfully carrying out their roles	Each person will have access to and will attend all the training required by their role and all will report positive wellbeing on their check-ins of at least 75%
Volunteers will feel fulfilled, valued and able to give their best to the charity	Every person will achieve a minimum 90% satisfaction score on the Volunteer Survey
Volunteers feel motivated to carry out their role and to be a proud member of the charity	Every person will achieve a minimum 90% satisfaction score on the Volunteer Survey. 50% of the volunteer base will recommend another volunteer
Volunteers are part of our community	At least 80% of our volunteers will be part of the LGBTQIA+ community

2.4 Organisation

Objective	Measure
Risk Management, safeguarding and onboarding processes operate effectively	We have satisfaction score over 80% for these factors and zero (unexpected) complaints
Resource capability is constant	All roles remain fully filled for at least 75% of the year. We will deliver 100% of the operational plan unless modified. The TNA is followed through attendance and impact from internal and external development and training.
Sustainability	Our funding profile moves to a base of 50% funded by our own fundraising over the 5 year period. We recruit the proposed roles within the given time frame. Revenue

	generation meets targets to ensure no cash flow crises across the funding period.
Brand Reputation	Our media exposure improves so that we receive at least 3 options to speak on national media per year. We receive a constant increase of people approaching us for membership (10% year on year growth). Job roles take under 30 days to recruit. We attract a 10% uplift from volunteer counselling students irrespective of marketing on an academic year basis. We build relationships and partnerships with at least half of the organisations on a target list

3.0 Monitoring Methods

Currently, we monitor a range of members outcomes using two main methods.

We use individual progress monitoring to help people understand their progress against their own objectives as well as their satisfaction with the service they receive. We also check some broad Mental Health reactions including perceived issues with anxiety, loneliness, confidence, resilience and stress. It is often the case that these conditions are correlated most strongly with the process of transition, rather than being an issue in themselves - for example, someone receiving good healthcare and an appropriate treatment regime for transition tends to have lower anxiety and greater confidence.

In addition, we have an annual opinion survey we use to poll attitudes and feelings about the work of the charity. This survey is used for members as well as the volunteer and staff teams in addition to the regular 121 feedback sessions in regular management meetings for staff and wellbeing meetings carried out with volunteers.

However, this year we are piloting a new approach with our new Therapeutic Group, deploying the WEMWBS assessment process as part of the therapeutic work to a) see whether the process adds value for the members and b) to see how the facilitators can build on the results of the diagnostic. We will be assessing outcomes from the use of this over the next six-month period and have plans to widen its use if found to add value.

As a wider charity, we also operate a range of other audit and evaluation methods.

As part of our role as a BAC (the main body for Counselling in the UK) centre, we are audited to investigate our processes, competence and HR systems and our therapeutic and Counselling teams are assessed both against our internal processes as well as good practice as defined by the national body for professional standards.

We aim to have a strong governance culture within the charity and a have a range of Trustees with a variety of professional skills and lived experience. They have an annual risk management audit process with forces the charity to review

and improve internal processes. An informal improvement plan is discussed by the Board, CEO and the Staff Team following this process.

In common with all charities, we have an external examiner that reviews the annual accounts.

However, we have also decided to engage with an independent evaluator during the life of this funding application to assess that we are delivering the outcomes initially proposed, learning opportunities are created, and to ensure all our stakeholders can be confident in our processes and that we are delivering our twin aims of improved outcomes and organisational sustainability.

4.0 Risks

We have interpreted this question as linking to our ability to manage the project over the next 5 years.

We have a pragmatic approach to Risk Management, and this is a current example of our existing Risk Management template that is managed by the Trustees.

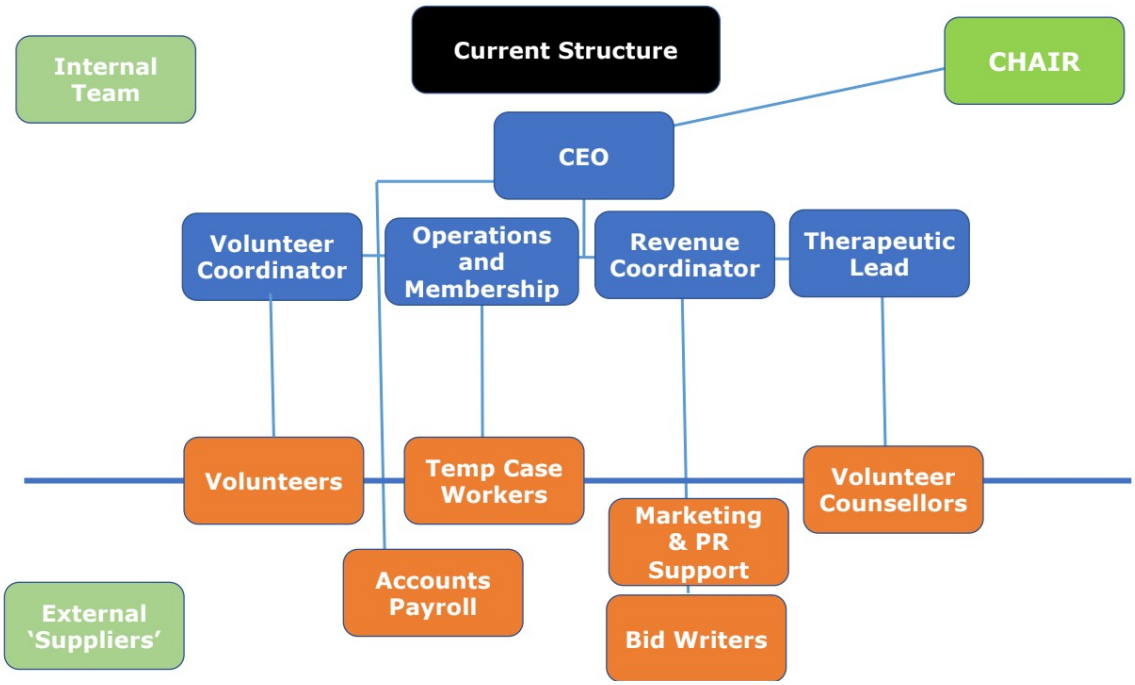
Risk Management Register

Risk	*Size*	*Comments*
Safeguarding Issues	M	Policy being re-written to align with good practice and the requirements of external funding bodies. All staff are trained in the policy as well as attending external annual training. Many of our trustees are safeguarding experts and they regularly audit the operation to ensure safeguarding is at the heart of all we do.
Loss of Staff	M	The loss of any current staff member would create an existential threat to the charity – pay has been raised – hours are being made more flexible – working hours are being grouped so a greater team approach – staff are being protected from unreasonable demands for flexibility and longer hours from volunteers – processes are being streamlined – payroll is now secure. New staff members needed to address workload as well as a better working environment in the event of growth of staff numbers needing a physical place of work
Unwanted Media Exposure	L	This can happen at any time – we we now control access to our systems and social media internally, we can go ‘dark’ very quickly but maintain contact with members through our new software
Litigation for service delivery	L	We are improving service delivery as shown in this plan. All of our volunteers are trained, and all therapeutic services now operate at the levels defined by the relevant professional institutes (eg British Association of Counselling). We also have a full range of insurances
Cashflow	M	We now have regular financial oversight from a non-

		executive finance profession, an external firm of accounts as well as our internal QuickBooks software – regular cashflow information is generated.
Insufficient reserves	L	Although a rationale exists for reserves, we need to review this policy to balance the needs of external auditors with cashflow
External IT Issues – AI eg	L	We need to continually develop to make use of technology – we currently use AI and moving to more secure and specialist digital solutions should help with IT security. All our hardware and software services are maintained by a third-party supplier ensuring compliance with data standards and external compliance standards
Failure to meet plan	M	This needs constant monitoring and a culture of learning between the trustees and the staff team. Regular good governance and a developed team will raise skill levels across the team
Fraud	L	Using digital systems should help here – but ‘we don’t know what we don’t know’ in this area
Legal issues	M	We have signed up to an external body to supply us with ongoing legal expertise and insurance. They are able to give us practical guidance in terms of open recruitment and exist as well as legal advice and support if litigation were experienced or needed.
Governance	M	We need to comply with external legislation and funding requirements. Good governance means having involved trustees that understand the charity well enough to add value…either through mature challenge but also in terms of ‘introductions’ and volunteering support where possible. Good governance is avoiding being involved in the detail of day-to-day operational decisions
IT Cyber attack	L	We now have plans in place via our external IT service provider to protect us from this risk including back-ups, modern virus checking and effective security protocols
Resource Management	H	Not having the right people at the right time is a key challenge – we need to be smarter in continually looking for people and ways to develop them. We have developed a strong funnel to recruit volunteers and have been able to develop our volunteers so that new staff roles (which have been piloted) can be carried out following open recruitment by people with lived experience from our community. All the staff team will have a development plan and training to ensure they can maximise their potential in their roles.
Change Management resource	M	The CEO should have specific expertise in Change Management to ensure that the charity can remain constantly agile and linked effectively with the large term trends and drivers in the market as well as sources of expertise and good practice.
New Competition	L	Whilst we would not see another trans+ service provider as a ‘threat’, we do reach out currently to

		other service providers in our community to ensure that members have choice, and that good practice is shared.
Social Risk	L	We carry out a regular PESTLE analysis to evaluate the various risk factors and how our members are affected. We will continue to issue guidance and change our support against the external threats and potential opportunities created by social change.

Current Structure



Sustainability

The current approach to funding and that which has been at the heart of the charity strategy since its inception has been to seek external funding and to generate revenues from:

- Selling merchandise at fundraising events (for example selling T-shirts and badges at Pride events or BR branded products through our website)
- Taking part in fundraising events usually involving a third party carrying this out on our behalf (for example a student union holding an event at their location)
- Asking for donations (for example, via the website)

- Charging for external training opportunities from organisations seeking trans awareness training (for example, delivering training for the Police and Hampshire council)

This historically produced a balance of 90/10 split in favour of external funding revenue to fund the activities of the charity based on the reliance of writing funding bids. Whilst the charity has been successful in securing external funding through bids, it is too risky a strategy to over-rely on this source of revenue.

It is the intention during the life of this project to rebalance revenue streams so that the charity can see external financial support as a more equitable part of the financial mix.

During the life of the project, we see the benefits of generating an incremental approach then a more radical strategy

7.1 Incremental Strategy One – Evolving Existing Memberships and Services

We need to raise the level of service delivery so that members feel there is both tangible and perceived value in the services that we deliver. This involves listening closely and finding ways to serve our existing member base and ensure that their satisfaction with the charity and their progress toward their desired outcomes is achieved.

We have already launched new groups and 121 support based on the feedback from members and have a clear ‘offer’ for members to access within their monthly fee. We also expect that charging a small monthly fee will mean that we have fewer drop-outs or missed appointments so we do not lose capacity by holding spaces in groups or appointments for those that do not show up.

The amounts are suggested for a basic member to be around £15 per month per member, £10 for student members and £5 for the unwaged. The hardship fund is ringfenced so that specific fundraising can be created to support those members that cannot afford either the basic fee or for the more expensive therapeutic services to avoid any health inequalities. Members that want to pay more can see exactly that their money will go into this fund and this, we hope may stimulate more giving into the fund.

We will also have a ‘friends’ scheme which will allow people to make a regular contribution into the hardship fund in exchange for news, insights and discounts. We hope that a monthly fee of £5 per month will grow to have a relatively unambitious 50 members within the next 3 years.

We will also need to continue to raise overall numbers of members and find paid for services for ‘non-members’.

The plan to achieve this will include a greater social media presence, physical attendance across our geographic regions at community events (such as Pride) and continued networking with organisations to raise our profile – as well as to attend areas of the country with there is limited supply of the types of service we deliver.

The next step would be to take some of the new service delivery solutions we have developed for our members and market those across the UK to non-members to be paid on a ‘Pay as you Go’ basis for those that would not want to be members and commit to a monthly fee. This would include the following services:

- High Risk Therapy Group for vulnerable trans people or those experiencing complex psychological issues
- Therapeutic support for trans people delivered by qualified people with lived experience
- Groups to support Friends and Family of trans people. This can also be built into professional mediation services from qualified people with lived experience
- A new non-member trans Masc group to support with pregnancy and birth – plus fostering and adoption.
- Social Groups for non-members
- Practical Groups offering help and support to deal with trans issues on a needs basis

Initially the plan would be to market these services to trans+ people directly, but we would also seek to create links and allegiances to commissioning bodies that do not have the capacity to deliver these services – these may include Mental Health charities with a larger, more generic offer and other health bodies.

7.2 Incremental Strategy Two – Evolving and Marketing our Skill Base

Because of our extensive experience in providing Counsellor training to student counsellors as well as providing low to high risk personal and group therapeutic services, we aim to launch a new accreditation in trans+ counselling available to qualified counsellors and therapists with or without lived experience. As part of their accreditation, they will volunteer with us to support our therapeutic groups and receive ongoing supervision from us. We are already discussing how this scheme can be accredited from the appropriate accreditation bodies so that course and ‘qualification’ attracts CPD credits for qualified therapists and counsellors with an interest in serving this community.

This process will also allow our members to receive support from qualified counsellors and therapists, substantially improving our quality of care and working to achieve outcomes on a more rapid and sustainable basis.

We also have many researchers that ‘poll’ our member base as well as links to researchers in a range of Universities across the UK. Additionally, our linked podcast has interviewed authors and academics, and we want to create a project to bring together many of these researchers so we can act as a centre of excellence in trans+ research. Linking to a relevant University will help our credibility with this project and we aspire to have some form of fundraising project created during 2026 in this area.

This may also lead to the publication of research or even a book for commercial sale – particularly focusing a high quality rebuttal of the Cass Report for other campaigning organisations.

7.3 Incremental Strategy Three – Extending and Diversifying Current Activities

We are exploring ways to generate income through products or services related to our mission. For example, selling merchandise such as hard to reach products including binders, blood testing or health products.

We want to make it easier for donors to give online through a new user-friendly donation page and aim to raise donations to £2000pa

We are looking at the opportunities to use crowdfunding more successfully – whilst the market for this idea is busy, a well-run campaign supported by social media can 'cut through' and gain attention and traction.

We also plan to run a range of fundraising events based on the success of recent smaller scale events

We want to run a conference during either 2025 or 2026 based on the success of the conference previously run in 2020. This conference would aim to bring together partners and allies of the community around some of the ground-breaking research conducted in this space as well as trans+ authors.

7.4 Incremental Strategy Four – Extending and Diversifying Current Bid Writing

We are investigating bids to help us fund physical healthcare, fund academic research and bids from other, larger trans+ charities that have access to funds that they also distribute.

7.5 New Strategic Areas

We will create a trading company to sit alongside the charity so that it has the flexibility to 'trade' and pass funds into the main charity. We are currently investigating methods to achieve this.

We currently do not do the following and plan to investigate all of these as part of our revenue 'mix' – each one of these will follow our existing process of having a feasibility, marketing, revenue and task plan created.

We have a relationship with a trans+ personality and we want to investigate creating links with higher profile people, both for publicity but to also represent us at events and drive direct revenues to us. We need to create a more substantial 'Ambassadors' or 'Patron' programme so that people can see tangible steps of how to support us.

We currently do not have a legacy programme, which is an oversight as we were fortunate to raise funds from our ex-chair following his untimely death. We aim to create a scheme during 2026.

We currently do not have an interesting or new development 'offer' for external organisations, and we are researching ideas and events that are wider and more relevant than the 'trans+ awareness' programmes we currently run. Partnering

with trans+ speakers to develop an offer will help us here – along with the impact we have in the wider ED&I world. We also have looked at launching a corporate ‘friends’ scheme, but this has not been adequately publicised at this point – again, a partnership approach is probably more likely to garner a return.

Whilst we do reach out to many of the organisations where we have delivered development and training, we need to create events that they may be more interested in sponsoring. We are testing this approach with some of the events due to run over the next 18 months, but we recognise the pressures on external organisations and the potential adverse publicity that being associated with a trans+ brand could bring if not managed and communicated well.

A final thought will be to investigate employee giving and payroll giving schemes with organisations that have some link to our community. We are at the early stage of investigating ‘how’ and ‘who’ to investigate to make such a scheme be relevant and produce a return.

We have many other initiatives and ideas that we are investigating and have established a set of criteria to allow us to evaluate the likelihood of us winning bids as well as how to focus our time in terms of resource allocation to investigate and research the many commercial ideas we have.

These include running a physical health clinic for trans+ people (this could have a dramatically positive affect on the physical and mental health of trans+ people and be marketed as a national service.

Linking to other ‘Queer’ university courses, both in terms of shared delivery and research but also to spread positive leadership ideas and innovation that springs from our community.

Many of our community are neuro-diverse and we are looking for ways to spread our expertise in this area. One of our team is currently delivering a small programme for scientists (most of whom are neurodiverse) and we will have experience to share. Additionally, we have links and contacts with other ND charities that also are centres of excellence but are focused more on services delivery than marketing and we could partner.

There undoubtedly exist opportunities in all ‘markets’ to grow through strategic partnerships, mergers and acquisitions. Having a CEO with plenty of experience in this area, it is inevitable we should look at potential opportunities to partner and/or merge/acquire if appropriate.

There are so many Queer and Trans+ people in the wider ‘Arts’ worlds that creating synergies between the performing arts and ourselves to foster new ideas, partnerships and channels.

Whilst many of these ideas are at different stages of fruition, we want to demonstrate that we have the commercial capability to build new (and maximise existing) revenue streams.

7.6 Marketing

Our brand was changed 4 years ago and there is probably an opportunity over the next 5 years to refresh this, without distracting attention from our main purpose or seeking to make any sweeping changes. However, a modernised brand will help people find us more easily and engage with the work that we do. Many people have not heard of the charity in the local area – but remember the previous name!

Our digital presence is currently being improved, however we depend on volunteers to help us with this activity and this ultimately can limit our capacity to relentlessly carry out and improve both our Social Media, Content Strategy and Seo activities that need to be dramatically improved.

We are considering working with an external PR specialist to build more partnerships and press activity

7.7 Other Charity Aspects linked to Sustainability

However, good charity management, financial management and cost/value investment is key to financial sustainability.

We will improve our budgeting processes so that we have a clearer idea of how to generate investment funds and how to measure the return on investment from those. We keep a very close eye on costs and over the previous 12 months have stripped thousands of pounds of expenses per month from our P&L. We recognise however that we cannot ‘cost cut to growth’, so having better financial acumen is vital for us, rather than simply bookkeeping or accounting skills.

Good charity management overall is key to sustainability, and we have a scorecard that ensures the trustees can measure and monitor performance on a more balanced manner – ensuring we can avoid to have a reliance on one quadrant than the others.

BR Objectives

Lag Indicators

STAKEHOLDER What should we look like to external stakeholders?

- **BRAND REPUTATION** – Live our values externally
- **REVENUE PIPELINE MANAGEMENT** – Achieve goals set for each s including direct and channels
- **SATISFACTION** – Stakeholders are satisfied that what they experie adds value and adds to the organisational purpose
- **OUTCOMES** – People are achieving their individual stated objective
- **FUNDING** – Evidential proof created.

FINANCIAL What does success look like for our stakeholders?

- **REVENUE –** Volume and 'spread'
- **PROFIT –** Cost control and ROI
- **RESERVES -** Against hard targets
- **PIPELINE –** Against funding targets
- **RISK –** Against risk register

Leading Indicators

PROCESS What processes must we excel at to achieve our goals?

- **PLAN ACHIEVEMENT** – Board and team
- **ACTIVITY MANAGEMENT** – a variety of activities are managed and deliver against their stated objectives
- **RESOURCING** – We recruit against plan - share knowledge rapidly to avoid blocks and barriers – and ensure a sense of mission and wellbeing through effective management
- **RISK MITIGATION** – SAFEGUARDING - People are safe in every sense of the word – POLICIES – reviewed and relevant
- **DIGITAL INNOVATION** – We see to use technology effectively to give us an advantage

PEOPLE How do we sustain our ability to change and improve?

- **LIVING THE VALUES -** People are managed against performance and values
- **ORGANISATIONAL READINESS** – the team will be fit-for-purpose to deliver the current objectives and preparing the pathway for future
- **DIVERSITY, ETHICS & INCLUSION** – We represent an appropriately diverse workforce (permanent and volunteer)
- **CREATIVITY** – How we turn ideas into outcomes
- **SATISFACTION** – People are satisfied that their efforts have meaning and are appropriately recognised

Another way to improve process and financial performance is to improve areas of reporting so that we can monitor and evaluate our work. We currently have good processes in this area, we have agreed KPI's for the organisation and a plan to deliver those so that there is accountability for the CEO and there are regular reviews of performance as well for all people working in the charity.

We also constantly check the satisfaction, impact and progress of our members and seek to create a virtuous feedback loop where these come together to give a strong picture for the organisation.

We also need to constantly invest in systems and processes that reduce administrative burdens and create agility in the team. We invested in membership, accounting and website automation tools during the previous 12 months which significantly reduce the 'cost of process', but we need to constantly be aware of and alive to further opportunities.

We need significant investment in IT hardware as many of our computers (often refurbished or gifted to us) have reached or are reaching the end of their useable lives. This is an issue when we have a need for productivity and a continuously increased online and virtual workload.

One of the ways to increase sustainability is to ensure we have a motivated and engaged Volunteer resource and we are constantly looking at ways to improve the methods we use to stimulate their engagement and harness their ideas – both through consultation and care with our existing volunteers, as well as constantly recruiting and seeking new volunteers.

We also recognise that the credibility, skills and relevance of our Trustees plays an important role in terms of 'checks and balances', strong governance, safeguarding and financial and commercial risk management and probity.

Again, building credibility is important as a charity and the Trustees are keen to ensure we maintain and improve our transparency. Our statutory requirements are always met, and we ensure that our key policies around safeguarding,

financial practice and complains are well publicised. The Trustees have engaged an external firm of accountants to ensure that the accounts are well run, and the CEO has a Finance Director ‘coach’ to help the organisation foresee risks and threats.

Excellent leadership and management skills are required to run any charity, especially one that is small and short of resource. So having a clear focus on this area is vital to make the most of the skills and talents of all the people in the organisation will allow the organisation to continue to innovate, implement and deliver great services for the members.

Charity registration number 1187351

BEYOND REFLECTIONS

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

BEYOND REFLECTIONS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	M Tilling J Harvey Mr S A Johnson Ms S Cartwright	 (Appointed 1 August 2023)
Charity number	1187351	
Principal address	Frobisher House The Bulb Southampton Hampshire SO15 1GX	
Independent examiner	Paul Killen 15 Bankside The Watermark Gateshead Tyne and Wear NE11 9SY	

BEYOND REFLECTIONS

CONTENTS

	Page
Trustees' report	1 - 5
Independent examiner's report	6
Statement of financial activities	7
Balance sheet	8
Notes to the financial statements	9 - 19

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the 's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The objects of the Beyond Reflections CIO include, but are not limited by, the following:

1) To relieve the needs of gender diverse (transgender or questioning) adults and those who are the significant others (adult family members, partners, carers, and close friends) of someone who is gender diverse, by such means as determined by the charity, including:
a) Providing guidance for gender diverse individuals and significant others
b) Providing forums with counsellors and trained advisors
c) Providing opportunity for beneficiaries to meet like-minded individuals
d) Providing opportunities for such people to learn independent living skills so
that they may participate better in mainstream society

2) To advance education for the public benefit of those who are gender diverse and their significant others; particularly in gender related issues by:
a) Provision of 'Life Skills' workshops at the Support Meetings
b) Providing speakers on topics of interest at the Support Meetings.

3) To advance the education of the public in gender related issues by providing an Awareness Training service to:
a) Educate those who may employ or come into contact with gender diverse people through their work,
b) Provide education to other organisations, agencies and statutory authorities through Training Workshops,
c) Provide workshops aimed at addressing prejudice.

4) To promote equality and diversity for the public benefit by:
a) Working to raise transgender awareness
b) Working to eliminate discrimination on the grounds of gender diversity

5) To promote social inclusion for the public benefit by preventing gender diverse people from becoming socially excluded (by discrimination on the grounds of their gender diversity), relieving the needs of those people who are socially excluded and assisting them to integrate into society.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the should undertake.

Achievements and performance

Significant activities and achievements against objectives

This was a particularly troubling year for charities in our 'space'. There were continuous political initiatives aimed at reducing healthcare provision for trans+ people and a wider move to make the prevailing culture for trans+ people more difficult, leading to significant rises in gender-related Hate Crime reporting for the whole of our core region.

The Cass Report led to a government policy of ending gender treatments for younger trans+ people with direct and negative impacts on those people and their families. The report also saw the end of the existing process for gender treatment for adults without a suitable replacement.

As a result, the legal and health rights of trans+ people are now minimised and under still more threat.

Within this context, we continued with our core aim of finding new ways and expanding existing ways to support our trans+ community.

Our work seeks to widen and enhance the health and wellbeing of trans+ people by creating opportunity as well as helping with mental health interventions to minimise the risks that come from social exclusion, isolation and being part of a minority community under threat from an increasingly unsupportive social context.

Our objectives include the widening of reach, the increase of services and an improvement in a number of outcomes ranging from enhanced life chances and reduced mental health risk. Our progress against these metrics set by the Trustees has been more than satisfactory with all stated objectives achieved for the full year.

We will report our public benefit at our AGM to the members of the charity, through the external funding organisations and in regular reports to the Trustees and beneficiaries.

We want to recognise the funding provided to us by the National Lottery, the Henry Smith charity and the Hants and Isle of Wight charity to help with our work.

Much of support has been tailored into a more online offerings and the hosting of many more online groups and one to one counselling services. We aim to return to more face to face meetings and support in due course.

However, we have continued to expand this service through a wider and more engaged volunteer group so that we can run more groups and ensure there are more sources for group support. These range from online 'social and wellbeing' groups to more therapeutic groups as well as groups for family, friends and allies.

We are particularly proud of our track record in attracting volunteers to help and work with us. We found our engagement and 'reach' improved through some of the extra external events we attended during the period, including a number of Pride events across the South Coast – many volunteers seem to want to engage with an organisation that seeks to quietly and practically 'support' trans+ people.

Many of our successes included widening our reach during this period through a more extensive series of social media campaigns. This allowed us to increase the number of trans+ people we were able to help overall.

In addition to increasing the number of trans+ people we supported, we were able to widen the level of support to all those people through a wider range of skills and experience within our support teams. We are justifiably proud in being able to offer counselling placements to a range of students from a number of local counselling qualification schemes – and help widen the role and awareness of trans+ people into the counselling community.

In addition, we have widened our approach to offering a wider therapeutic approach and our work now gives more options to those who need different types of support from us – from practical to in-depth therapeutic services.

Our Trustees were active in bringing to bear their specialist perspectives into the charity during this period and were instrumental in supporting the operational team with many challenges across the year – this shows the maturity and engagement of a Trustee Board that can hold the operational team to account as critical friends, but also be engaged and supportive at a practical level, this practical support also allows the Trustees to better fulfil their governance role through a deeper understanding of the charity operational challenges and opportunities.

We were deeply saddened to lose two trustees during this period, both Melissa Tilling and Paul Draycott died before their time. The death of the chair, Paul Draycott led to a bequest to the charity, and we will use this to fund an event to mark his legacy as an ally that took action as well as being quietly supportive.

Our income is heavily reliant on the generosity of external funding bodies mentioned above, however, we are beginning to build more sustainability by continuing to source other funds, run our own fundraising events and by carrying out training and development awareness projects to external organisations. We will build on the work we have already started in this area.

We have spent the bulk of our income in staff costs as well as increasing our reach and the amount of service delivery we can support for trans+ people. We have a number of part time employees that attend to: project delivery; volunteer recruitment and training; support and the supervision, recruitment and development of our counselling team as well as admin and financial control. We also have a full-time CEO who runs the charity and manages outreach and the Therapy team. Our cost base is shown in our accounts and falls well within the guideline for administrative costs for a charity.

A number of other operational changes have seen a change of address and new approach to cost management and the investment in technology.

We have a reserves policy that states we retain enough money to ethically 'wind-up' the charity and pay all its debts and dues in the event of significant financial distress or failure. No funds are held as custodian trustees.

The year has been particularly challenging in terms of financial performance and a need exists to further widen and deepen the income streams which is an immediate priority.

A new operational plan generated by the review from the new CEO last year which was examined and approved by the Board will continue to significantly speed up new plans and activities over the coming months, both to build funding streams and innovate the way we deliver services.

This new plan will continue to build greater sustainability and a wider range of options and positive results for the people we support from a significantly reduced cost base.

We move into the next financial year with a greater sense of purpose, passion and optimism.

Financial review

Our income is heavily reliant on the generosity of external funding bodies including (but not restricted to) The National Lottery Communities fund and the Tudor Trust. However, we are beginning to build more sustainability by continuing to source external fundraising and carrying out training and development awareness projects to external organisations. At the moment, the percentage of income from non-funding bodies is less than 10% of our overall income, but we have ambitious plans to address this in the coming year.

We have spent the bulk of our income in staff costs as well as increasing our reach and the amount of service delivery we can support for our beneficiaries. We have a number of part time employees that attend to: project delivery; volunteer recruitment and training; beneficiary support and the supervision, recruitment and development of our counselling team as well as admin and financial control. We also have a full-time CEO who runs the charity and manages outreach and the counselling team. Our cost base is show in our accounts.

During this period that CEO decided (after 5 years plus service) to leave the organisation and move to the next stage of their own career journey. We wish to place on record our thanks to that CEO – they left the charity in a significantly different place to that they took over as CEO.

Ongoing costs also include rental of office space, meeting and group meeting spaces and the associated costs of IT support and the various services needed to operate a small charity.

We have a reserves policy that states we retain enough money to ethically 'wind-up' the charity and pay all its debts and dues in the event of significant financial distress or failure. No funds are held as custodian trustees.

The year has been particularly challenging in terms of financial performance and a need exists to further widen and deepen the income streams which is an immediate priority.

Reserves policy

It is the policy of the that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the 's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Plans for future periods

Plans for the future are underway – the Chair of the Trustees has stepped into the role as an interim CEO (and left the Trustee Board) and has carried out a review of costs, activities and a method to seek to source fresh funding opportunities.

A new operational plan generated by the review has been examined and approved by the Board and this will significantly speed up new plans and activities over the coming months, both to build funding streams and innovate the way we deliver services.

This new plan will build greater sustainability and a wider range of options and positive results for our beneficiaries from a significantly reduced cost base.

We move into the next financial year with a greater sense of purpose and optimism.

Structure, governance and management

The charity was established under its constitution on 14 January 2020 and registered as a charity with the Charity Commission on that date.

The trustees who served during the year and up to the date of signature of the financial statements were:

Mr P D Draycott	(Deceased 26 January 2024)
Mr W Perks	(Retired 9 January 2024)
M Tilling	
J Harvey	
Mr S A Johnson	
Ms S Cartwright	(Appointed 1 August 2023)

Recruitment and appointment of trustees

The appointment of trustees is set out in the Constitution.

The recruitment of new trustees is periodically undertaken by the Board, which follows an open and fair recruitment process taking due account of both the skills and needs of the charity and the desire for its membership to reflect the diversity of the local population.

The Charity and its property are managed and administered by a board of trustees.

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

The trustees' report was approved by the Board of Trustees.

Mr S A Johnson
Trustee

10 December 2024

BEYOND REFLECTIONS

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BEYOND REFLECTIONS

I report to the trustees on my examination of the financial statements of Beyond Reflections (the) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the ’s financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the as required by section 130 of the 2011 Act; or
2 the financial statements do not accord with those records; or
3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Paul Killen

15 Bankside
The Watermark
Gateshead
Tyne and Wear
NE11 9SY

Dated: 10 December 2024

BEYOND REFLECTIONS

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Income and endowments from:							
Donations and legacies	**3**	19,984	134,129	154,113	23,646	98,355	122,001
Charitable activities	**4**	9,342	-	9,342	6,332	-	6,332
Investments	**5**	825	-	825	180	-	180
Other income	**6**	86	-	86	-	-	-
Total income		30,237	134,129	164,366	30,158	98,355	128,513
Expenditure on:							
Raising funds	**7**	-	-	-	28	-	28
Charitable activities	**8**	16,231	89,329	105,560	53,990	79,655	133,645
Total expenditure		16,231	89,329	105,560	54,018	79,655	133,673
Net income/(expenditure) and movement in funds		14,006	44,800	58,806	(23,860)	18,700	(5,160)
Reconciliation of funds:							
Fund balances at 1 April 2023		28,741	20,200	48,941	52,601	1,500	54,101
Fund balances at 31 March 2024		42,747	65,000	107,747	28,741	20,200	48,941

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

BEYOND REFLECTIONS

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	2024 £	2023 £	2023 £
Fixed assets					
Intangible assets	**14**		1,365		2,731
Tangible assets	**15**		2,956		3,909
			4,321		6,640
Current assets					
Stocks	**16**	-		2,507	
Debtors	**17**	763		-	
Cash at bank and in hand		109,113		47,229	
		109,876		49,736	
Creditors: amounts falling due within one year	**18**	(6,450)		(7,435)	
Net current assets			103,426		42,301
Total assets less current liabilities			107,747		48,941
Net assets excluding pension liability			107,747		48,941
The funds of the					
Restricted income funds	**19**		65,000		20,200
Unrestricted funds			42,747		28,741
			107,747		48,941

The financial statements were approved by the trustees on 10 December 2024

Mr S A Johnson
Trustee

1 Accounting policies

Charity information

Beyond Reflections is a+ charity established under its constitution on 14 January 2020 and registered with the Charity Commission on that date

1.1 Accounting convention

The financial statements have been prepared in accordance with the 's [governing document], the Charities Act 2011, FRS 102 “The Financial Reporting Standard applicable in the UK and Republic of Ireland” (“FRS 102”) and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The is a Public Benefit Entity as defined by FRS 102.

The has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the . Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Grants and donations are only included in the SOFA when the general income recognition criteria are met.

1 Accounting policies **(Continued)**

Legacies are recognised on receipt or otherwise if the has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Membership subscriptions received in the nature of gift aid are recognised on Donations and legacies.

The value of any voluntary help received is not included in the accounts but is included in the trustee annual report.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Research and development expenditure

Research expenditure is written off against profits in the year in which it is incurred. Identifiable development expenditure is capitalised to the extent that the technical, commercial and financial feasibility can be demonstrated.

1.7 Intangible fixed assets other than goodwill

Intangible assets acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

Intangible assets acquired on business combinations are recognised separately from goodwill at the acquisition date where it is probable that the expected future economic benefits that are attributable to the asset will flow to the entity and the fair value of the asset can be measured reliably; the intangible asset arises from contractual or other legal rights; and the intangible asset is separable from the entity.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Development Costs	33% Cost

1 Accounting policies **(Continued)**

1.8 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and machinery	20% Cost
Fixtures, fittings & equipment	15% Cost
Computers	33% Cost

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.9 Impairment of fixed assets

At each reporting end date, the reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.10 Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or nominal consideration are measured the lower of replacement cost and cost.

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.11 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.12 Financial instruments

The has elected to apply the provisions of Section 11 ‘Basic Financial Instruments’ and Section 12 ‘Other Financial Instruments Issues’ of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the 's balance sheet when the becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1 Accounting policies **(Continued)**

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the ’s contractual obligations expire or are discharged or cancelled.

1.13 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee’s services are received.

Termination benefits are recognised immediately as an expense when the is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.14 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the ’s accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Donations and gifts	19,984	134,129	154,113	23,646	98,355	122,001

4 Income from charitable activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Merchandising sales	3,288	1,105
Fundraising events	868	1,636
Corporate training income	5,186	3,591
	9,342	6,332

5 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	825	180

6 Other income

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Miscellaneous income	86	-

7 Expenditure on raising funds

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising and publicity		
Staging fundraising events	-	28

8 Expenditure on charitable activities

	2024 £	2023 £
Direct costs		
Depreciation and impairment	2,319	2,691
Direct charitable expenditure	13,912	33,267
	16,231	35,958
Share of support and governance costs (see note 9)		
Support	89,329	97,687
	105,560	133,645
Analysis by fund		
Unrestricted funds	16,231	53,990
Restricted funds	89,329	79,655
	105,560	133,645

9 Support costs allocated to activities

	2024	2023
	£	£
Staff costs	42,049	94,265
Governance costs	2,540	3,422
	44,589	97,687

10 Net movement in funds

	2024	2023
	£	£
The net movement in funds is stated after charging/(crediting):		
Depreciation of owned tangible fixed assets	953	1,325
Amortisation of intangible assets	1,366	1,366
Amortisation of intangibles: Total SOFA charge differs from BS notes by:	1,366	1,366
Depreciation of tangibles: Total SOFA charge differs from BS notes by:	(1,366)	(1,366)

11 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the during the year.

12 Employees

The average monthly number of employees during the year was:

	2024	2023
	Number	Number
	4	7

Employment costs	2024	2023
	£	£
Wages and salaries	41,659	92,945
Other pension costs	390	1,320
	42,049	94,265

There were no employees whose annual remuneration was more than £60,000.

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

14 Intangible fixed assets

	Development Costs
	£
Cost	
At 1 April 2023 and 31 March 2024	4,097
Amortisation and impairment	
At 1 April 2023	1,366
Amortisation charged for the year	1,366
At 31 March 2024	2,732
Carrying amount	
At 31 March 2024	1,365
At 31 March 2023	2,731

15 Tangible fixed assets

	Plant and machinery	Fixtures, fittings & equipment	Computers	Total
	£	£	£	£
Cost				
At 1 April 2023	1,335	2,654	4,175	8,164
At 31 March 2024	1,335	2,654	4,175	8,164
Depreciation and impairment				
At 1 April 2023	515	1,198	2,542	4,255
Depreciation charged in the year	123	291	539	953
At 31 March 2024	638	1,489	3,081	5,208
Carrying amount				
At 31 March 2024	697	1,165	1,094	2,956
At 31 March 2023	820	1,456	-	3,909

16 Stocks

	2024	2023
	£	£
Raw materials and consumables	-	2,507

17 Debtors

	2024	2023
Amounts falling due within one year:	£	£
Other debtors	763	-

18 Creditors: amounts falling due within one year

	2024	2023
	£	£
Other taxation and social security	-	674
Trade creditors	-	312
Accruals and deferred income	6,450	6,449
	6,450	7,435

19 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
Hardship Fund	1,500	-	(1,500)	-
Community Action Against Cancer	3,700	3,000	(6,700)	-
Awards For All	10,000	71,129	(81,129)	-
Hants IOW Comm Fund	5,000	-	-	5,000
Henry Smith Charity	-	60,000	-	60,000
	20,200	134,129	(89,329)	65,000

19 Restricted funds (Continued)

Previous year:	At 1 April 2022	Incoming resources	Resources expended	At 31 March 2023
	£	£	£	£
Hardship Fund	1,500	-	-	1,500
Community Action Against Cancer	-	3,700	-	3,700
Awards For All	-	10,000	-	10,000
Hants IOW Comm Fund	-	5,000	-	5,000
National Lottery Community	-	59,655	(59,655)	-
Tutor Trust	-	20,000	(20,000)	-
	1,500	98,355	(79,655)	20,200

20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	28,741	30,237	(16,231)	42,747

Previous year:	At 1 April 2022	Incoming resources	Resources expended	At 31 March 2023
	£	£	£	£
General funds	52,601	30,158	(54,018)	28,741

21 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Intangible fixed assets	1,365	-	1,365
Tangible assets	2,956	-	2,956
Current assets/(liabilities)	38,426	65,000	103,426
	42,747	65,000	107,747

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
At 31 March 2023:			
Intangible fixed assets	2,731	-	2,731
Tangible assets	3,909	-	3,909
Current assets/(liabilities)	22,101	20,200	42,301
	28,741	20,200	48,941

22 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

BEYOND REFLECTIONS

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BEYOND REFLECTIONS

I report to the trustees on my examination of the financial statements of Beyond Reflections (the) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the 's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the as required by section 130 of the 2011 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Paul Killen

15 Bankside
The Watermark
Gateshead
Tyne and Wear
NE11 9SY

Dated: 10 December 2024

BEYOND REFLECTIONS

England & Wales - Charity number 1187351

Accounts

Charity Registration No. 1187351

BEYOND REFLECTIONS CIO

TRUSTEES' REPORT AND UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2023

BEYOND REFLECTIONS CIO

CONTENTS

	Page
Trustees' report	1-3
Independent examiner's report	4
Statement of Financial Activities	5
Balance Sheet	6
Notes to the accounts	7 - 10

BEYOND REFLECTIONS CIO

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report and accounts for the year ended 31 March 2023.

Structure, governance and management
The charity was established under its constitution on 14 January 2020 and registered as a charity with the Charity Commission on that date.

The trustees who served during the year and up to the date of signature of the accounts were:

P Draycott
S Cartwright
W Perks
M Tilling
J Harvey
S Johnson

The appointment of trustees is set out in the Constitution.

The recruitment of new trustees is periodically undertaken by the Board, which follows an open and fair recruitment process taking due account of both the skills and needs of the charity and the desire for its membership to reflect the diversity of the local population.

The Charity and its property are managed and administered by a board of trustees.

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

Objectives and activities
The objects of the Beyond Reflections CIO include, but are not limited by, the following:

1) To relieve the needs of gender diverse (transgender or questioning) adults and those who are the significant others (adult family members, partners, carers, and close friends) of someone who is gender diverse, by such means as determined by the charity, including:
a) Providing guidance for gender diverse individuals and significant others
b) Providing forums with counsellors and trained advisors
c) Providing opportunity for beneficiaries to meet like-minded individuals
d) Providing opportunities for such people to learn independent living skills so
that they may participate better in mainstream society

2) To advance education for the public benefit of those who are gender diverse and their significant others; particularly in gender related issues by:
a) Provision of 'Life Skills' workshops at the Support Meetings
b) Providing speakers on topics of interest at the Support Meetings.

3) To advance the education of the public in gender related issues by providing an Awareness Training service to:
a) Educate those who may employ or come into contact with gender diverse people through their work,
b) Provide education to other organisations, agencies and statutory authorities through Training Workshops,
c) Provide workshops aimed at addressing prejudice.

4) To promote equality and diversity for the public benefit by:
a) Working to raise transgender awareness
b) Working to eliminate discrimination on the grounds of gender diversity

5) To promote social inclusion for the public benefit by preventing gender diverse people from becoming socially excluded (by discrimination on the grounds of their gender diversity), relieving the needs of those people who are socially excluded and assisting them to integrate into society.

Achievements and performance

During this year we continued with our core aim of finding new ways and expanding existing ways to support our trans+ beneficiaries.

Our work seeks to widen and enhance the health and wellbeing of trans+ people by creating opportunity as well as helping with mental health interventions to minimise the risks that come from social exclusion, isolation and being part of a minority community under threat from an increasingly unsupportive social context.

Our objectives include the widening of reach, the increase of beneficiary's services and a number of outcomes ranging from enhanced life chances and reduced mental health risk. Our progress against these metrics set by the Trustees has been more than satisfactory with all stated objectives achieved for the full year.

We report our public benefit at our AGM to the members of the charity, through the external funding organisations and in regular reports to the Trustees and beneficiaries.

Because of the impact of Covid and many of the prevailing media themes and new articles, many in our community have been particularly hit in terms of being able to go out, widen job finding chances and engage in an enriched and productive life. Therefore, much of our support has been tailored into a more online offering and the hosting of many more online groups and one to one counselling services.

However, we have continued to expand this service through a wider and more engaged volunteer group so that we can run more groups and ensure there are more sources for group support. These range from online 'social and wellbeing' groups to more therapeutic groups as well as groups for family, friends and allies.

We are particularly proud of our track record in attracting volunteers to help and work with us. We found our engagement and 'reach' improved through some of the extra external events we attended during the period, including a number of Pride events across the South Coast – many volunteers seem to want to engage with an organisation that seeks to quietly and practically 'support' trans+ people rather than those that simply campaign.

Many of our successes included widening our reach during this period through a more extensive series of social media campaigns. This allowed us to increase the number of beneficiaries we were able to help overall.

In addition to increasing the number of beneficiaries we supported, we were able to widen the level of support to all those beneficiaries through a wider range of skills and experience within the counselling team. We are justifiably proud in being able to offer counselling placements to a range of students from a number of local counselling qualification schemes – and help widen the role and awareness of trans+ people into the counselling community.

Our Trustees were active in bringing to bear their specialist perspectives into the charity during this period and were instrumental in supporting the operational team with some challenges across the year – this shows the maturity and engagement of a Trustee Board that can hold the operational team to account as critical friends, but also be engaged and supportive at a practical level, this practical support also allows the Trustees to better fulfil their governance role through a deeper understanding of the charity operational challenges and opportunities.

Financial review

Our income is heavily reliant on the generosity of external funding bodies including (but not restricted to) The National Lottery Communities fund and the Tudor Trust. However, we are beginning to build more sustainability by continuing to source external fundraising and carrying out training and development awareness projects to external organisations. At the moment, the percentage of income from non-funding bodies is less than 10% of our overall income, but we have ambitious plans to address this in the coming year.

We have spent the bulk of our income in staff costs as well as increasing our reach and the amount of service delivery we can support for our beneficiaries. We have a number of part time employees that attend to: project delivery; volunteer recruitment and training; beneficiary support and the supervision, recruitment and development of our counselling team as well as admin and financial control. We also have a full-time CEO who runs the charity and manages outreach and the counselling team. Our cost base is show in our accounts.

During this period that CEO decided (after 5 years plus service) to leave the organisation and move to the next stage of their own career journey. We wish to place on record our thanks to that CEO – they left the charity in a significantly different place to that they took over as CEO.

Ongoing costs also include rental of office space, meeting and group meeting spaces and the associated costs of IT support and the various services needed to operate a small charity.

We have a reserves policy that states we retain enough money to ethically 'wind-up' the charity and pay all its debts and dues in the event of significant financial distress or failure. No funds are held as custodian trustees.

The year has been particularly challenging in terms of financial performance and a need exists to further widen and deepen the income streams which is an immediate priority.

Plans for the future

Plans for the future are underway – the Chair of the Trustees has stepped into the role as an interim CEO (and left the Trustee Board) and has carried out a review of costs, activities and a method to seek to source fresh funding opportunities.

A new operational plan generated by the review has been examined and approved by the Board and this will significantly speed up new plans and activities over the coming months, both to build funding streams and innovate the way we deliver services.

This new plan will build greater sustainability and a wider range of options and positive results for our beneficiaries from a significantly reduced cost base.

We move into the next financial year with a greater sense of purpose and optimism.

On behalf of the board of trustees

Chair of Trustee – P Draycott

Dated

BEYOND REFLECTIONS CIO

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BEYOND REFLECTIONS CIO

I report on the accounts of the charity for the year ended 31 March 2023 which are set out on pages 4 to 6.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not require for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

(i) examine the accounts under section 145 of the 2011 Act;

(ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and

(iii) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(a) which gives me reasonable cause to believe that in any material respect the requirements:

  (i) to keep accounting records in accordance with section 130 of the 2011 Act; and

  (ii) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

  have not been met; or

(b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

P Killen

Stokoe Rodger LLP
15 Bankside
The Watermark
Gateshead
Tyne & Wear
NE11 9SY

Date:

BEYOND REFLECTIONS

CHARITY NUMBER 1187351

ANNUAL ACCOUNTS for the YEAR ENDED 31st MARCH 2023

STATEMENT of FINANCIAL ACTIVITIES	NOTE	2023 Unrestricted	2023 Restricted	2023 Total	2022
INCOME					
Donations and legacies	3	23646	98355	122001	116391
Charitable activities	3				
Other trading activities	3	6332		6332	5502
Interest received		180		180	7
Other					
		30158	98355	128513	121900
EXPENDITURE on:					
Staff costs	4	13290	79655	92945	85262
Other	4	40728		40728	35522
		54018	79655	133673	120784
Net income/(expenditure)		-23860	18700	-5160	1116
Extraordinary items		0			0
Other gains/(losses)		0			0
Net movement in funds		-23860	18700	-5160	1116
RECONCILIATION OF FUNDS					
Total funds b/fwd		52601	1500	54101	52985
TOTAL FUNDS c/fwd		£28,741	£20,200	£48,941	£54,101

BEYOND REFLECTIONS

CHARITY NUMBER 1187351

ANNUAL ACCOUNTS for the YEAR ENDED 31st MARCH 2023

BALANCE SHEET	Note	2023	2022
FIXED ASSETS			
Intangible Assets	5	2731	0
Tangible Assets	6	3909	4959
Total fixed asset s		6640	4959
CURRENT ASSETS			
Debtors and prepayments	7	0	2592
Stocks		2507	2078
Cash at bank and in hand	8	47229	48669
Total current assets		49736	53339
CREDITORS			
Amounts falling due within one year	9	7435	4197
NET CURRENT ASSETS		42301	49142
TOTAL NET ASSETS		£48,941	£54,101
CHARITY FUNDS			
RESERVES			
Restricted funds		20200	1500
Unrestricted funds		28741	52601
TOTAL FUNDS		£48,941	£54,101

Signed by on behalf of all the trustees:

Signature

Print name

Date of approval

BEYOND REFLECTIONS

CHARITY NUMBER 1187351

ANNUAL ACCOUNTS for the YEAR ENDED 31st MARCH 2023

NOTES TO THE ACCOUNTS

NOTE 1 1.1 BASIS OF ACCOUNTING

These accounts have been prepared under the historical cost convention with items recognised at cost or transcation value unless otherwise stated .
The accounts have been prepared in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011

1.2 GOING CONCERN

There are no material uncertainities relating to events or conditions that cast significant doubt on the charity's ability to continue as a going concern

NOTE 2 2.1 INCOME

Recognition of income	These are included in the Statement of Finnacial Activities (SoFA) when: the charity becomes entitled to the resources and it is more than likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP)
Tax reclaims on donations and gift	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the intial donation unless the donor or the terms of the appeal have specified otherwise
Volunteer help	The value of any voluntary help received is not included in the accounts but is included in the trustees annual report
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Lagacies

2.2 EXPENDITURE

Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation commiting the charity to pay out resources and the amount of the obligation can be measured with reasonable clarity
Deferred income	No material item of derred income has been included in the accounts
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts
Provisons for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date

2.4 ASSETS

Intangible Assets	These are investment costs in website development and the installation of new IT systems and are to be amortised over their expected useful life at an annual rate of : 33%
Tangible fixed assets	These are capitalised if they can be used for more than one year and are depreciated over their expected useful lives at the following annual rates: fixtures and fittings 20% equipment 15% computers 33%
Stocks	Stocks held for sale as part of non-charitable trade are measured at net realisable value.
Debtors	Debtors are measured at the cash or other consideration expected to be received

BEYOND REFLECTIONS

CHARITY NUMBER 1187351

ANNUAL ACCOUNTS for the YEAR ENDED 31st MARCH 2023

NOTES TO THE ACCOUNTS

NOTE 3	ANALYSIS OF INCOME	Unrestricted funds £	Restricted funds £	Total 2023 £	2022 £
	Donations and legacies :				
	Donations and gifts	10596		10596	10515
	Gift Aid	1515		1515	
	General grants				11838
	the National lottery Community Fund				
	Reaching Communities		59655	59655	54900
	Tudor Trust		20000	20000	30000
	Community Action Against Cancer		3700	3700	
	Awards for All		10000	10000	
	Hampshire IOW Comm Fund		5000	5000	
	Membership subscriptions	11335		11335	8620
	(which are, in substance, donations)				
	Other	200		200	518
		23646	98355	122001	116391
	Charitable activities				
	Other trading activities:				
	Merchandise sales	1105		1105	496
	Fundraising events	1636		1636	0
	Training and counselling	3591		3591	5006
		6332	0	6332	5502
	TOTAL INCOME	£29,978	£98,355	£128,333	£121,893

BEYOND REFLECTIONS

CHARITY NUMBER 1187351

ANNUAL ACCOUNTS for the YEAR ENDED 31st MARCH 2023

NOTES TO THE ACCOUNTS

NOTE 4 ANALYSIS OF EXPENDITURE

	2023 £ Unrestricted	2023 £ Restricted	2023 £ Total	2022 £
Staff costs:				
Salaries and wages	13290	79655	92945	81770
Social security costs	0		0	1394
Pension costs (defined contribution scheme)	1320		1320	1258
Recruitment costs	0		0	840
	14610	79655	94265	85262
Other:				
Staff and volunteer training	119		119	1492
Rent, rates and service charge	18724		18724	15884
Meeting centre	773		773	442
Insurance	938		938	844
Legal and professional fees	3422		3422	6204
Telephone	706		706	1045
Printing, postage and stationery	717		717	442
Equipment	0		0	60
Computer licenses and web hosting services	1043		1043	1495
Website development	1107		1107	1500
Software development	6088		6088	2270
Computer consumables	46		46	1088
Marketing, promotions and projects	3863		3863	1086
Less: stock	-2506		-2506	-2078
Travel costs	981		981	329
Miscellaneous expenses	322		322	968
Sundry expenses	17		17	606
	36360	0	36360	33677
Financial costs;				
Bank charges	329		329	61
Fundraising platform fees	28		28	217
	357	0	357	278
Depreciation & Amortisation:				
Fixtures and fittings	364		364	286
Equipment	145		145	196
Computer	816		816	1085
IT Systems and website development	1366		1366	0
	2691	0	2691	1567
TOTAL EXPENDITURE	£54,018	£79,655	£133,673	£120,784

CHARITY NUMBER 1187351

ANNUAL ACCOUNTS for the YEAR ENDED 31st MARCH 2023

NOTES TO THE ACCOUNTS

NOTE 5 INTANGIBLE FIXED ASSET

	IT Systems & Website etc	TOTAL
COST or VALUATION		
Balance b/fwd		
Additions during year	4097	4097
Disposals during year		
Balance c/fwd	4097	4097
AMORTISATION		
Balance b/wfd		
Provison during year	1366	1366
Provison on disposal		
Balance c/fwd	1366	1366
NBV as at :		
31st March 2023	£2,731	£2,731
31st March 2022	£0	£0

NOTE 6 TANGIBLE FIXED ASSETS

	Fixtures & fittings	Equipment	Computers	TOTAL
COST or VALUATION				
Balance b/fwd	2654	1335	3899	7888
Additions during year		-	275	275
Disposals during year				
Balance c/fwd	2654	1335	4174	8163
DEPRECIATION				
Balance b/wfd	834	370	1725	2929
Provison during year	364	145	816	1325
Provison on disposal				
Balance c/fwd	1198	515	2541	4254
NBV as at :				
31st March 2023	£1,456	£820	£1,633	£3,909
31st March 2022	£1,820	£965	£2,174	£4,959

NOTE 7 DEBTORS AND PREPAYMENTS	2023 £	2022 £
Prepayments accrued income	0	2430
Other debtors	0	162
	£0	£2,592

NOTE 8 CASH AND BANK IN HAND	2023 £	2022 £
Deposit account	36237	40594
Current account	9776	6115
Paypal	1152	1941
Petty cash	64	19
	£47,229	£48,669

NOTE 9 CREDITORS AND ACCRUALS	2023 £	2022 £
Sundry creditors	312	2995
Accruals and deferred income	6449	24
Taxation and social security	674	1178
	£7,435	£4,197

NOTE 10 TRUSTEES

None of the Trustees (or any person connected with them) received any remuneration or benefits from the Charity during the year.

BEYOND REFLECTIONS

England & Wales - Charity number 1187351

Accounts

Beyond Reflections

AGM 12th November 2022

beyond reflections

Chair of Trustees Report

2022 AGM – Beyond Reflections

beyond reflections

What are Trustees?

Trustees are the people who share ultimate responsibility for the governing of Beyond Reflections and directing how it's managed and run.

Our current trustees are:

* Jenny Harvey
* Jon Wallace
* Melissa Tilling
* Paul Draycott
* Samantha Cartwright
* Scott Johnson

The current board is 100% comprise of volunteers.

We then have Andi, as the CEO, and their fantastic team of staff and volunteers, to deliver the services.

beyond reflections

Current Challenges

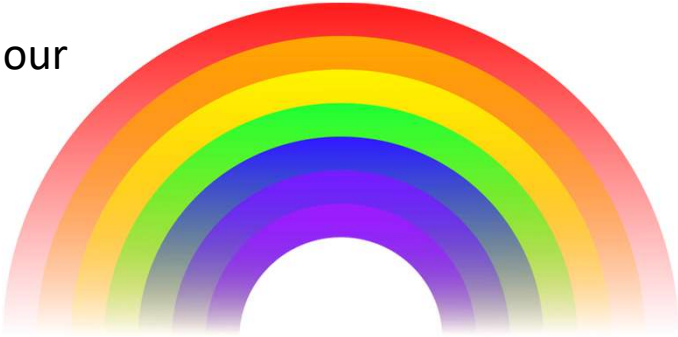
Beyond Reflections has face a number of issues in the past year, including:

- Continued Squeeze on the NHS
- COVID-19
- Government Changes
- Hostile Media Environment
- Increased costs

beyond reflections

What's Been Happening?

It's not all doom and gloom. We are resilient and have achieved a lot.

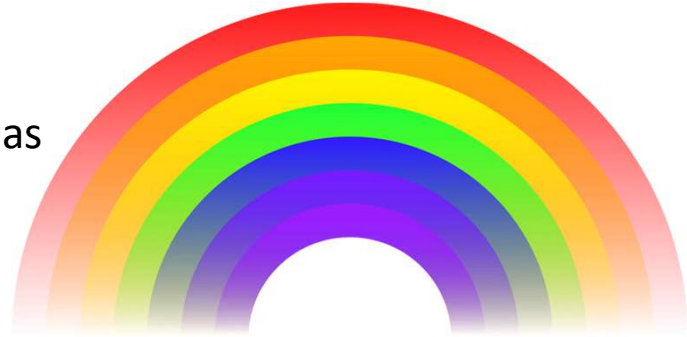


- Rebranding – We've become Beyond Reflections. From updating our name, creating a new website, and everything that goes with it. We've maintained our strategic direction, but refined our operations.
- Continuation of service - We haven't stopped, and continue to deliver a fantastic service.
  - Being a "Voice of Experience", providing education and support.
  - Being a safe place for members, and by focusing on support, and not activism
- Building Reach – Working with other charities and organisations to help a greater support network for our members.

beyond reflections

What's Been Happening?

- We've reopened our office in Southampton and employed new staff.
- Restarted face to face counselling and wellbeing sessions in Southampton
- Adapted our services to ensure as many people are supported as possible.
- Improved our systems in the office and communications.
- New and improved policies



beyond reflections

Chief Executive’s State of the Nation

Andi, a cautious optimist

beyond reflections

Contents

- Fundraising
- Pride
- New website
- New staff
- Grant outlook
- Business Plan refinements
- Continuing to expand
- Civi
- EDI policy

beyond reflections

Fundraising

Urgent need for funds

https://www.justgiving.com/campaign/BeyondReflections22-23

Total raised since we launched our appeal at the start of October £728 (JG) + Patricia to give amount

Total raised first half of year £5053 – shout out to Markerstudies who raised £1300

Reviewed staffing and resources

beyond reflections

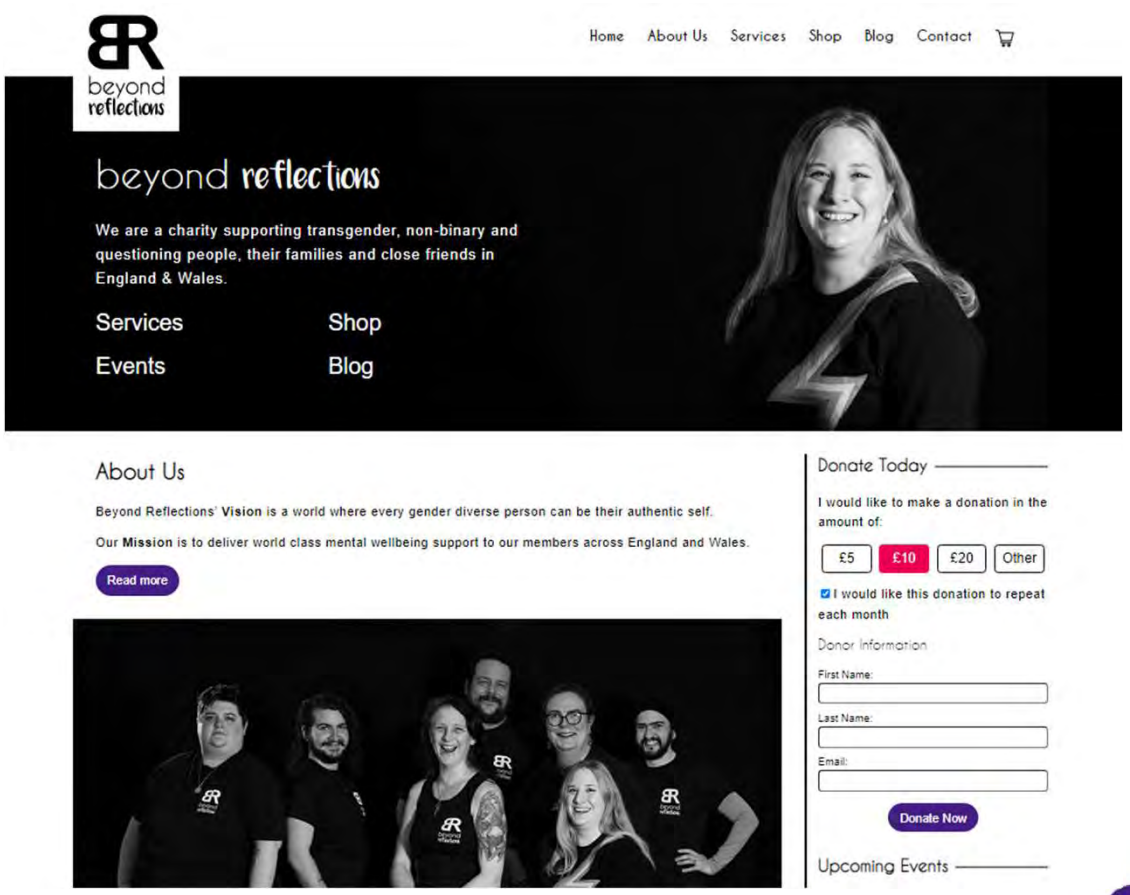
Pride

- Amazing to be back out
- Connecting with new members, volunteers and supporters across four counties
- Ambitious and successful
- Abigail will give more information

beyond reflections

New Website

- Professional, fast, easy to navigate
- Donation link prioritised
- Clean and crisp
- Runs on 100% renewable energy
- Produces 0.538g of CO2 per visit, old site 6.4g per visit
- Accessibility widget
  - Can change font size, font colour, background colour and button colours
  - crosshair feature
  - coded for screen readers
- Google efficiency 99% on desktop, 84%% on mobile devices, old site 68% and 17%



beyond reflections

Grant Outlook

- Beyond Reflections Against Cancer
  - £3700 for raising awareness of the importance of cancer screening with members and surveying people's experiences of cancer screening
  - Current bid for Developing Community Researchers and Whatever It Takes
- Awards for All £10k, successful
- HIWCF for £5k, at stage 2
- Steel Charitable Trust (for 2023-2024 salaries)- stage 1 submitted
- Year five of National Lottery Reaching Communities grant for 23-24, application for second set of funding to be submitted (~£62k)
- Tudor ends this year, can't reapply – their rules – support new ideas

beyond reflections

Business Plan refinements

- Continue to work on strengthening services
  - The cost of mental wellbeing
- Board recommended focus on home area for F2F, not national expansion
- Income growth not as projected
- Business development projects took longer than expected
- Opened face-to-face locations for therapy but not for support groups
  - Lack of volunteers
- Improving support for volunteers
  - Single session therapy pilot

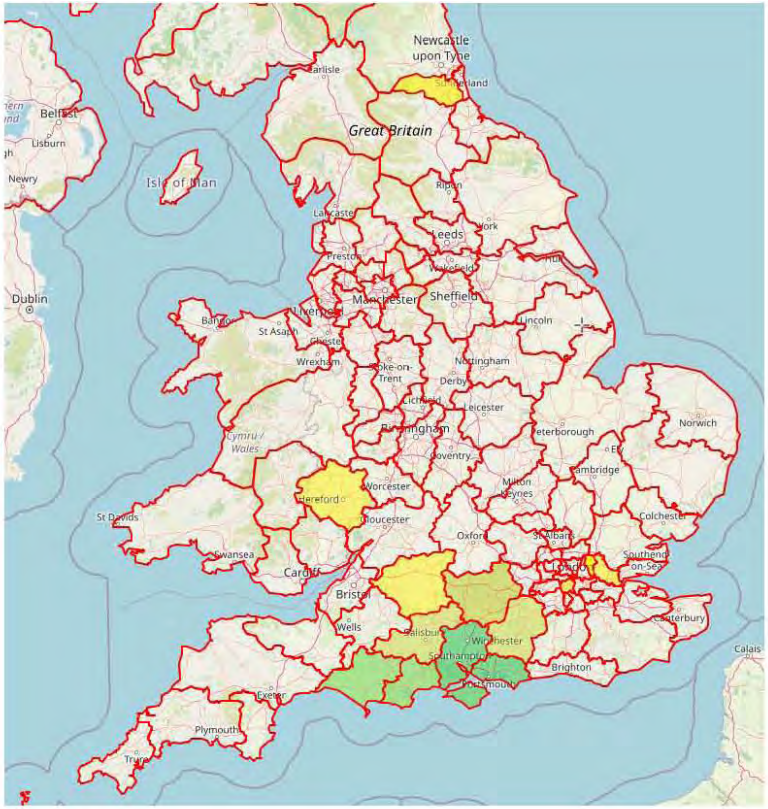
beyond reflections

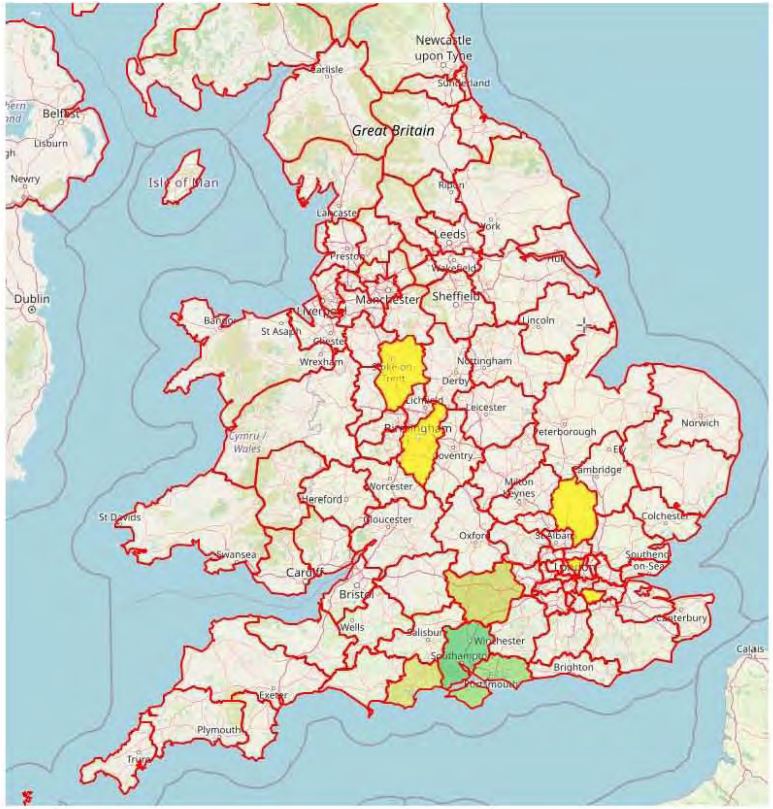
National Vision

- Still building on our success
- Small but punching above our weight
- Covid put brakes on our development through networking, that's now coming back
- Wellbeing report

beyond reflections

National





beyond reflections

Upcoming Events

- Trans Awareness Week 13th – 19th November
  - Share our content on social media
  - Fly the Trans Flag to show that allies are everywhere
- Transgender Day of Remembrance 20th November
- Beyond Reflections Against Cancer Your Experiences survey
  - January 2023
- Trans Day of Visibility 31st March
- Transparity Conference
  - Wednesday 12th April, Bournemouth University

beyond reflections

2022 Executive Report

Prepared by Andi Maratos

Private and Confidential

Overview

2022 was another year of hard work and great successes for Beyond Reflections culminating in our rebranding and launch of the new national business plan at the AGM.

In 2022 each month Beyond Reflections supported on average 172 members through: 21 support groups, 2 wellbeing drop-ins and 87 counselling sessions delivered by 48 volunteers.

Our members continue to achieve significant goals through our support, being empowered to make healthy decisions about their future. We have delivered more support than ever and have the processes in place to ensure consistently high service standards.

Our volunteers donated significant amounts of time and expertise, and many achieved professional landmarks and qualifications. Our volunteer training has been standardised and streamlined. Providing all volunteers, whatever their role, with a full induction into Beyond Reflections operations.

Significant work has been carried out within the administration of Beyond Reflections. New staff roles have been created and the team ended the year at full strength with eight staff: CEO, Operations Manager, Finance Officer, Volunteer Coordinator, Member Experience Officer, Projects and Events Administrator, and Counselling Administrator. This team provide the structure and support necessary to deliver the services and to promote Beyond Reflections nationally.

HR processes and procedures have been strengthened with a full revision of the staff handbook and a two-week induction put in place for new staff.

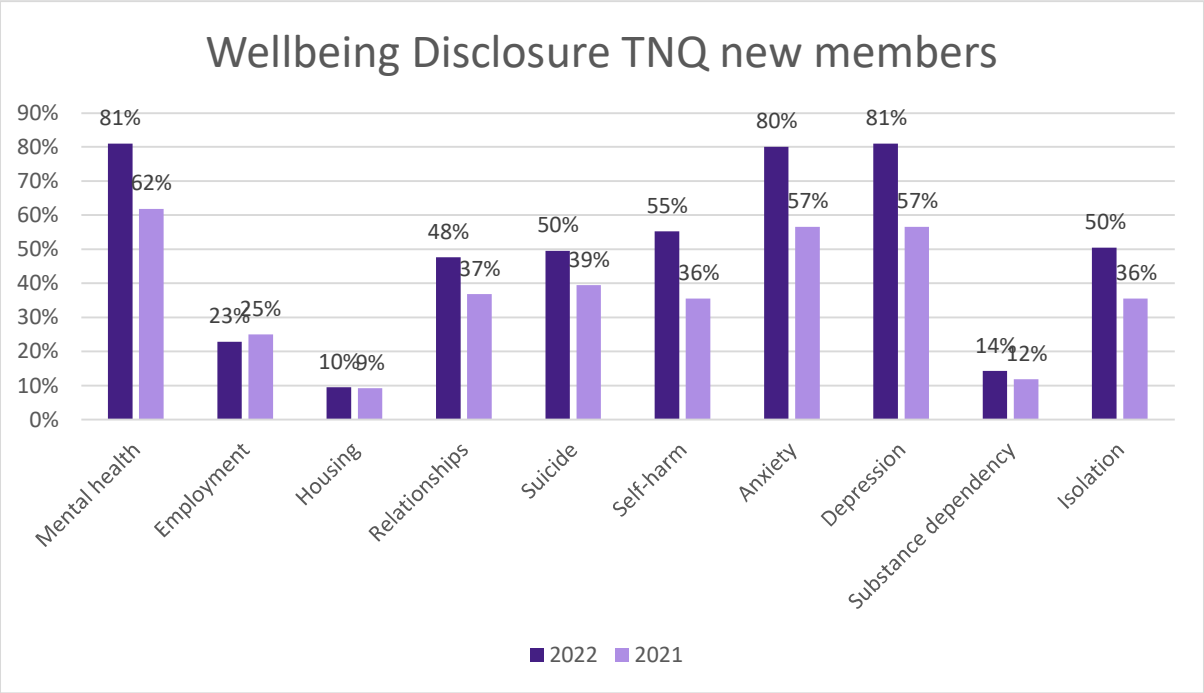
The year brought several additional challenges. Some of which can be attributed to the second year of the pandemic, others to growing and learning as a charity. We have not been able to add to our funds through events. Working during the pandemic required a lot of time and learning on the part of the whole team to work effectively online. There was a significant increase in the training and support needed by staff and volunteers as well as cultural changes needed for staff to collaborate in this space. The loss of the shared working environment has had an impact on the causal sharing of information which keeps a team on vision. Lessons have been learnt around supervision of remote staff and volunteers as well as the need to accurately specify projects before starting.

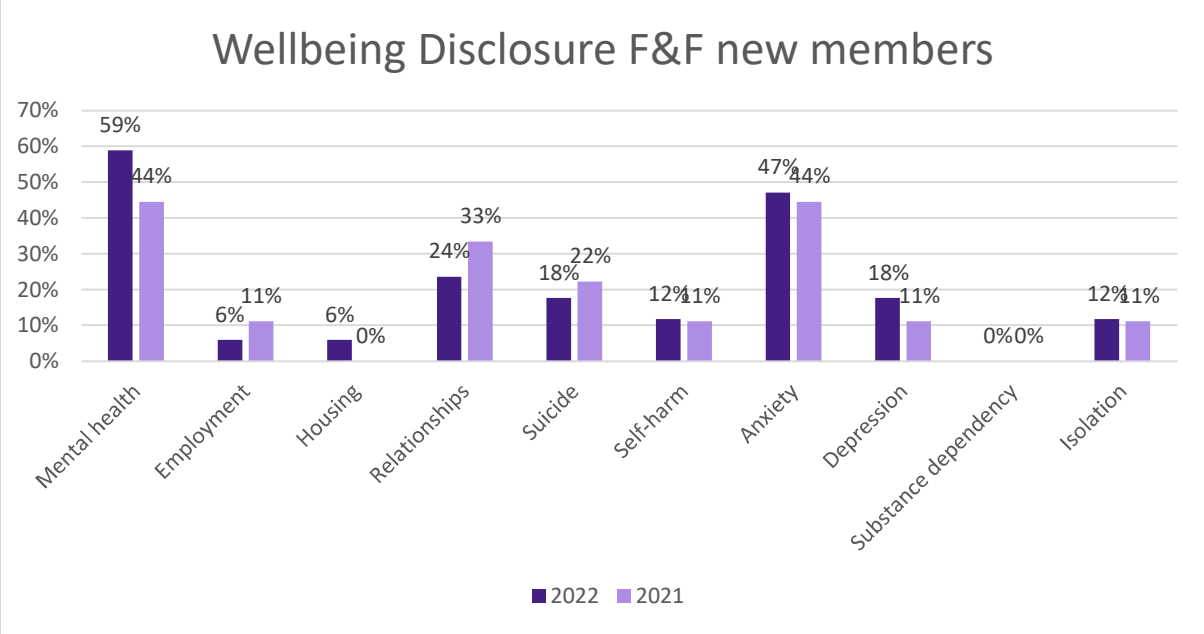
The increase in complexity of the work resulted in the majority of Beyond Reflections' expenditure being refocused into staffing. This will continue into 2023, requiring a revision to the purpose of the Reaching Community grant to cover more core costs.

Activities

Wellbeing Statistics

The overall wellbeing of incoming members has decreased since last year. Resulting in a greater demand for our services and more challenging cases being presented for our volunteers.

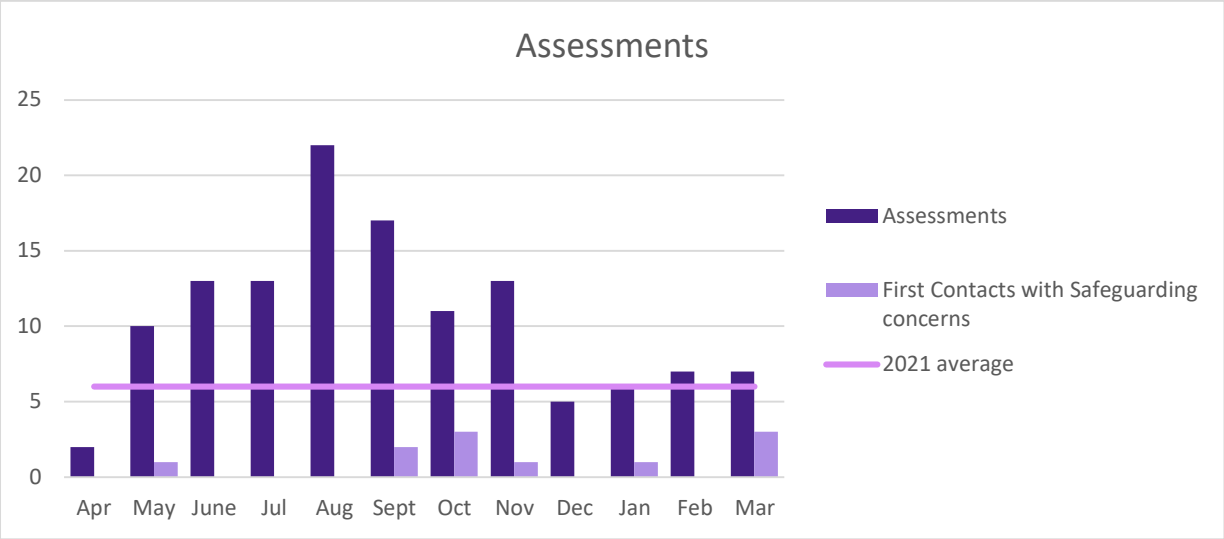




The number of people requiring our services has continued to increase. This is due to the increase in our reputation and reach, and an increase in need for our services due to the increased waiting times for the GICs and the increasingly transphobic

culture in the UK which exacerbates gender dysphoria as shown in the Galop Transphobic Hate Crime Report 2020.

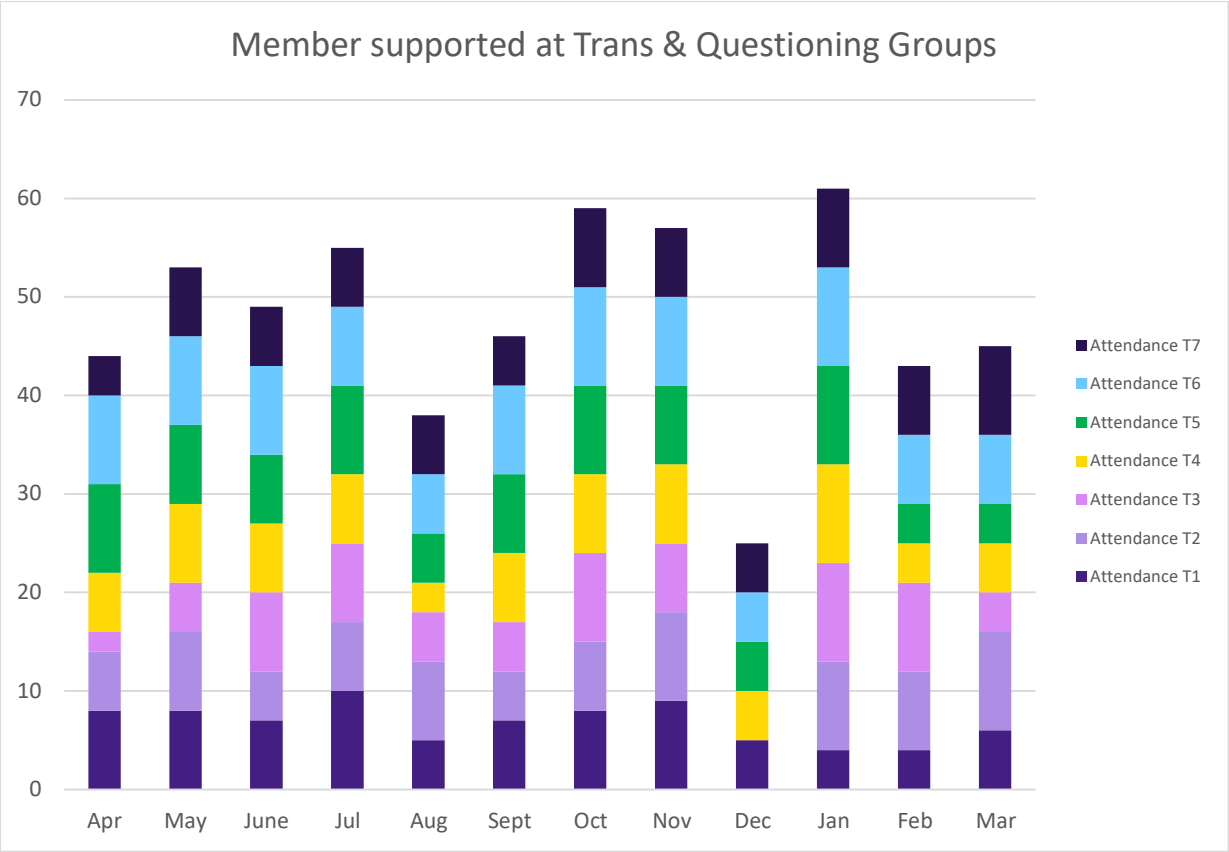
The graph below shows the number of assessments carried out in 2022, contrasted to the average in 2021. The peaks in August, September and November are linked to our summer fundraiser, Southampton Pride and our Allies Awareness campaign Fly the Trans Flag which runs during November and links with Trans Day of Remembrance.

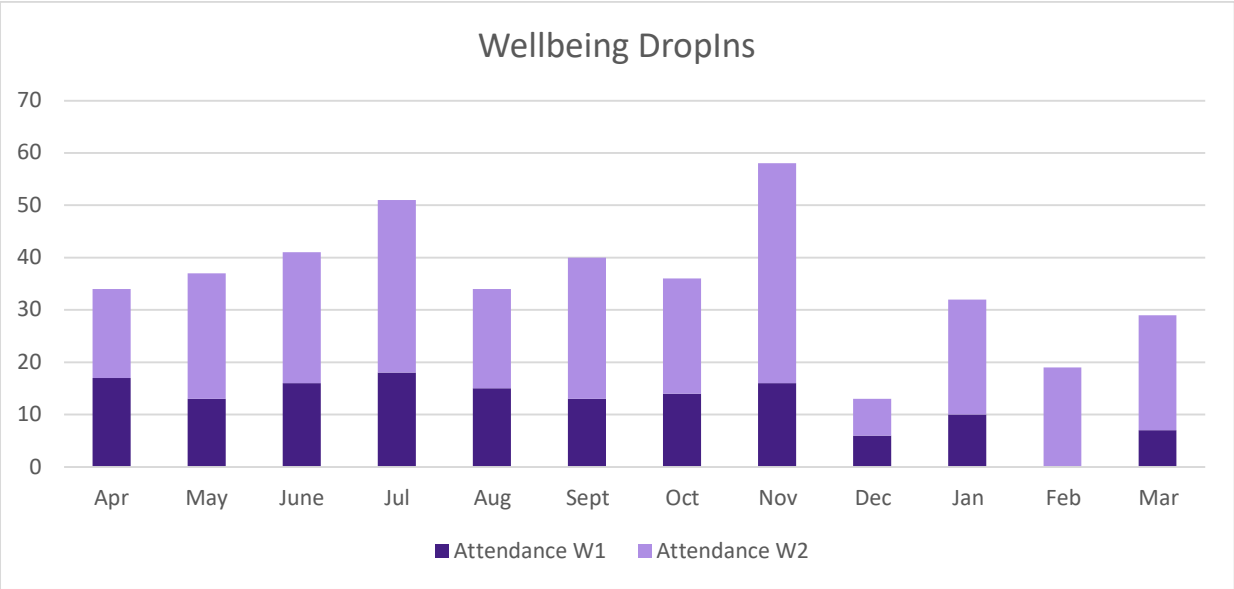


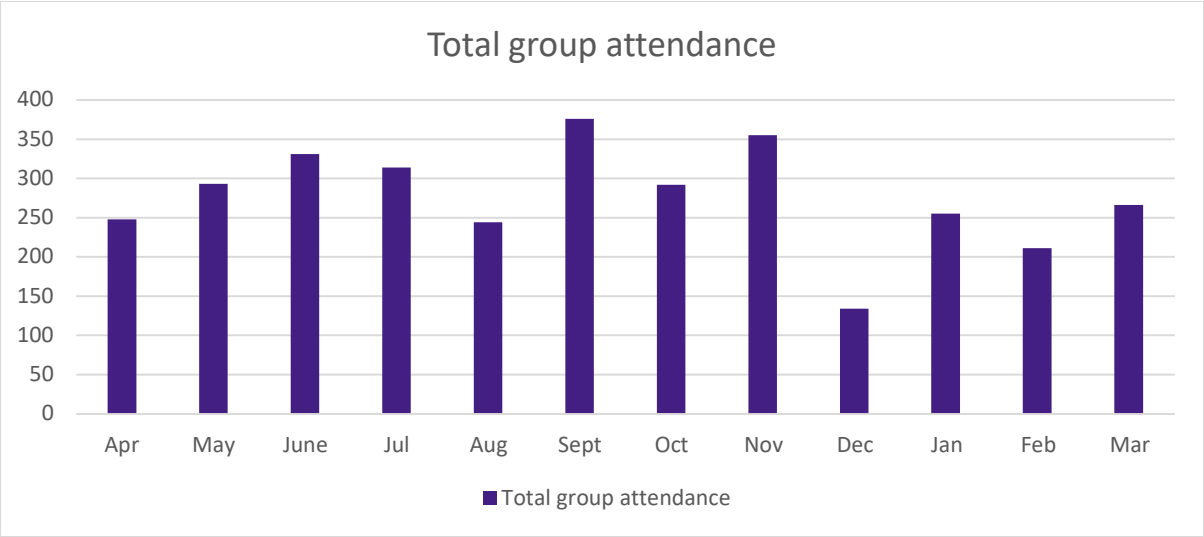
Support Groups

Beyond Reflections has more members and more support groups than ever. The hardcore of volunteers delivering support groups has been strengthened through continual recruitment and despite the loss of our volunteer coordinator in the summer.

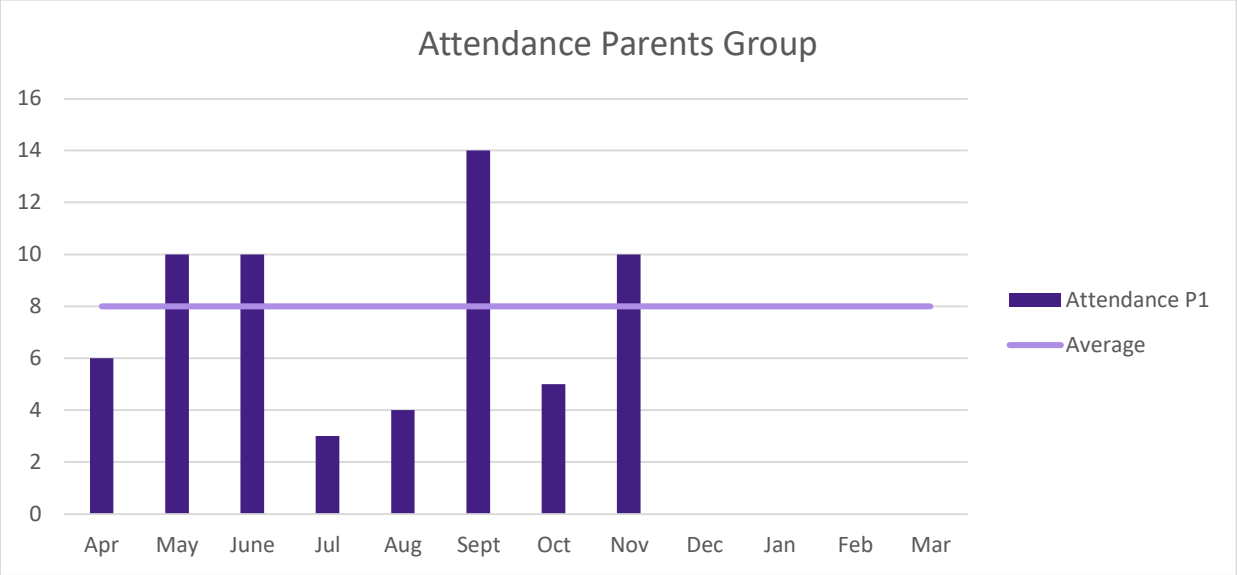
A massive thank you to the hardcore of Core Service Delivery support group volunteers who kept the groups running during December. Both August and December have been identified as months where volunteers and members are often on holiday. This is now made explicit in member and volunteer documentation, allowing for planned partial downtime during these months.


Member supported at Trans & Questioning Groups
70
60
50
40
30
20
10
0
Apr
May
June
Jul
Aug
Sept
Oct
Nov
Dec
Jan
Feb
Mar
Attendance T7
Attendance T6
Attendance T5
Attendance T4
Attendance T3
Attendance T2
Attendance T1

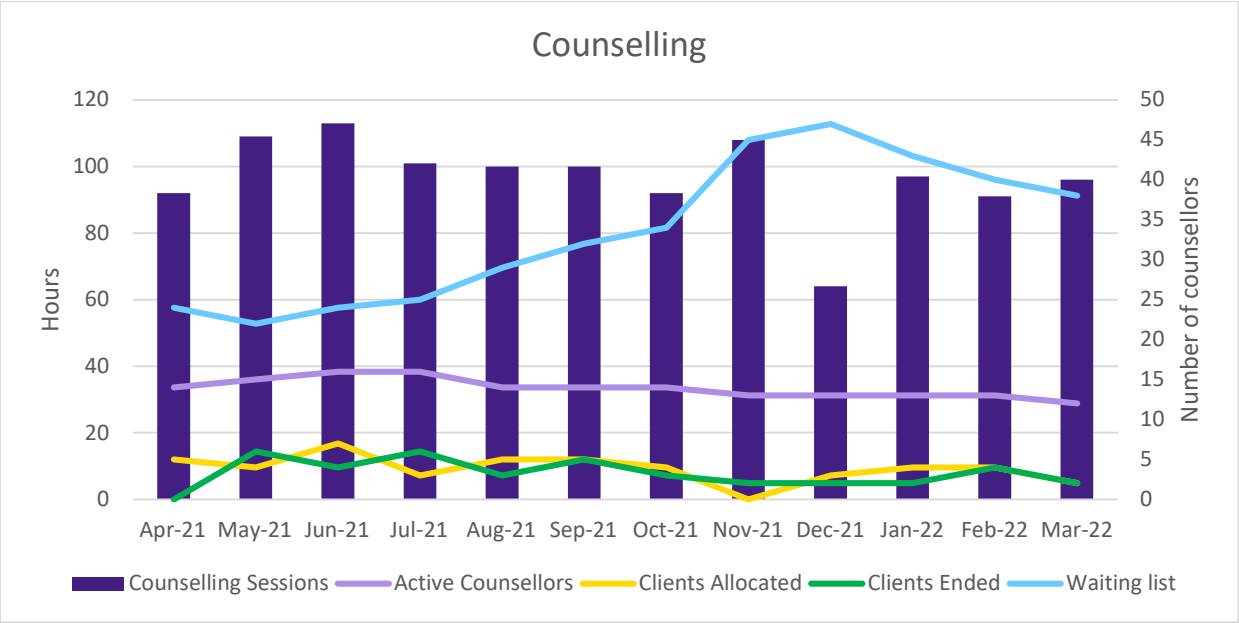

Wellbeing DropIns
70
60
50
40
30
20
10
0
Apr
May
June
Jul
Aug
Sept
Oct
Nov
Dec
Jan
Feb
Mar
Attendance W1
Attendance W2



The parents' group was running well until the departure of our second facilitator. This shows we have strong demand and a great service. A new facilitator is being trained and this group should restart in September.



Counselling



Counselling sessions are the same as 2021, an average of 87 per month with the number of counsellors averaging 14. New counsellors are being recruited but supervision remains the bottleneck. Trained counsellors are leaving once they have completed their placement hours. Work is in progress to see if we can support them back into the service after a break rather than losing them entirely.

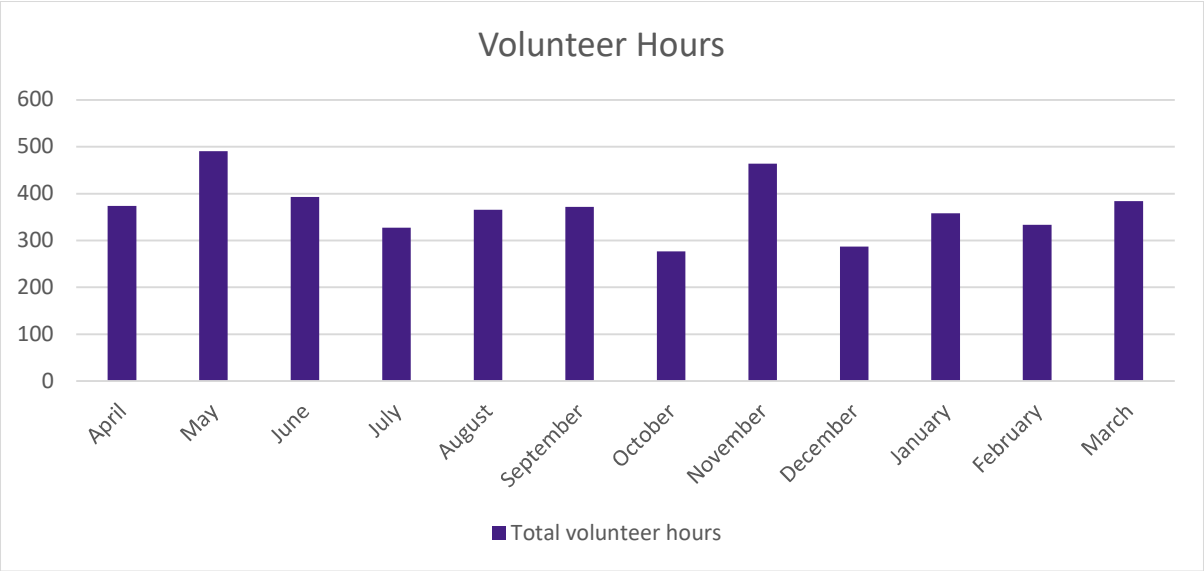
The waiting list continues to rise.

Volunteers

The role of the Volunteer Coordinator (VC) is critical to the operation of Beyond Reflections. Unfortunately, in 2022 this role was unfilled from August to January leaving recruitment, welfare, and training of all volunteers to the Operations Manager (OM), Member Experience Coordinator (MXC), and the Head of Counselling. It is testament to the dedication of these team members, with the support of our volunteer counselling supervisor that volunteer recruitment and training continued, additional support groups were developed and the threefold increase in membership enquiries was managed so well.

Volunteer recruitment

A review of volunteer recruitment with the VC, MXC, CEO and Social Media Officer (SMO) identified the application process as the key barrier to recruitment. Enquiries were coming in but not being converted into applications. The Word application form was converted to a Smart Survey: https://www.smartsurvey.co.uk/s/BRVolunteerApplication/ with immediate results. Unfortunately, quantitative data was not captured during most of this period due to the staffing issues.



- Total volunteer hours donated 2022 was 4425,
- This is a 30% decrease from 2021. The most significant loss was that of adhoc volunteering which should have come from the Summer Fundraiser.
- Total value of the volunteer hours donated was £66,991 based on the ONS value of £15.14 per hour

Summary of the Highlights and Challenges of year

Highlights

- The launch of the new business plan, name and branding at the AGM was the culmination of six months of hard work. The logo, designed by a member, has been highly commended as a professional piece of work. The work energised the charity to move forward and clarified objectives. Rebranding has had significant impact on our reputation nationally which has led to more connections and more engagement.
- Southampton Pride was a great success, and very nice for the team and members to meet in person. The number of interactions and member and volunteer signups were commensurate with previous years.
- For most of 2022 Beyond Reflections staff continued to work online however returning to Face-to-Face was a priority. Reopening our Southampton wellbeing group in February and opening counselling at our Southampton office strengthened our contacts with our members. Managing our staff making the transition back to working in an office brought challenges and benefits, not least being able to conduct the induction of new staff in our office in Southampton.
- Counsellor Away Day – a Saturday training event which brought together the whole counselling team in a face-to-face space for training and socialising. Very successful and to be repeated six monthly.
- Volunteer training and development refined and is producing excellent results.
- The implementation of monthly operations meetings and the collection and presentation of data by the team has led to significant improvements in communication and in process control. Improvements include monthly volunteer celebrations, the six-monthly member review process and regular feedback from social media about our reach.

Challenges

- Get Fit for Chrysalis #GF4C – This was our summer fundraiser introduced to replace Tour de Trans when it became evident that the lead rider was unable to deliver the project. It should have been a good replacement, with staff and volunteers signing up and engaged but the loss of our social media officer for most of the summer meant we couldn’t maximise reach and keep runners engaged. The event achieved about 25% of target

- Data Protection breach – the investigation and handling of the breach and ongoing issues created by the further actions of the former volunteer concerned cost us severely.
- Trans Day of Visibility (31st March 2022) fundraiser. This was unsuccessful as a fundraiser but hit reputation targets through increasing our number of followers. Lessons learnt from this have strengthened our Project and Events processes

Future funding

Beyond Reflections' budget for 2022 was cautious. The charity had funds but the external situation was perilous. This means we enter 2023 with sufficient security to continue with our plans however the charity urgently needs to access additional grant funds.

Funding with Tudor Trust of the CEO salary ends in May 2023. The National Lottery Reaching Communities fund has been used to cover staffing and office costs and a revised budget will be prepared for years 4 and 5 of the grant.

The future of the charity relies on our fundraising efforts through events and through additional grant funding.

About Beyond Reflections

We are Beyond Reflections, a mental wellbeing charity operating in England and Wales. Supporting trans, non-binary, and questioning adults, their family, and friends.

Additional information

Beyond Reflections is a registered charity (1187351) providing safe, confidential spaces in England and Wales for trans+ people, their family, and friends to meet with peers; engage in counselling; participate in facilitated group work and to attend workshops.

We are a third-party hate crime reporting centre and provide training, networking, outreach and consultancy services to the public and private sector.

Check out our website for more information and contact the office info@beyond-flections.org.uk or on 03448 468 545 to speak to one of the team.

/ BeyondReflectUK

Registered Charity 1187351

Beyond Reflections, Unity 12, 9-19 (odds) Rose Road, Southampton, SO14 6TE

www.beyond-reflections.org.uk, 03448 468545, info@beyond-reflections.org.uk

BEYOND REFLECTIONS (On 27th November 2021 formal name change from Chrysalis)

CHARITY NUMBER 1187351

ANNUAL ACCOUNTS for the YEAR ENDED 31st MARCH 2022

STATEMENT of FINANCIAL ACTIVITIES	NOTE	2022	2021
INCOME			
Donations and legacies	3	31491	113184
Charitable activities	3		
Other trading activities	3	5502	5674
Interest received		7	0
Other			
		37000	118858
EXPENDITURE on:			
Staff costs	4	85262	73790
Other	4	35522	27080
		120784	100870
Net income/(expenditure)		-83784	17988
Extraordinary items		0	0
Other gains/(losses)		0	0
Net movement in funds		-83784	17988
RECONCILIATION OF FUNDS			
Total funds b/fwd		51485	29015
Prior Year Adjustment		0	4482
TOTAL FUNDS c/fwd		-£32,299	£51,485

BEYOND REFLECTIONS (On 27th November 2021 formal name change from Chrysalis)

CHARITY NUMBER 1187351

ANNUAL ACCOUNTS for the YEAR ENDED 31st MAR 2022

BALANCE SHEET	Note	2022	2021
FIXED ASSETS			
Tangible Assets	5	4959	3791
Total fixed asset s		4959	3791
CURRENT ASSETS			
Debtors and prepayments	6	2592	358
Stocks		2078	0
Cash at bank and in hand	7	48669	60537
Total current assets		53339	60895
CREDITORS			
Amounts falling due within one year	8	4197	65
NET CURRENT ASSETS		49142	60830
TOTAL NET ASSETS		£54,101	£64,621
CHARITY FUNDS			
RESERVES		52600	51485
Restricted funds		1500	9707
Unrestricted funds		0	3431
TOTAL FUNDS		£54,100	£64,623

Signed by on behalf of all the trustees:

Signature

Print name

Date of approval

BEYOND REFLECTIONS (On 27th November 2021 formal name change from Chrysalis)

CHARITY NUMBER 1187351

ANNUAL ACCOUNTS for the YEAR ENDED 31st MARCH 2022

NOTES TO THE ACCOUNTS

NOTE 1 1.1 BASIS OF ACCOUNTING

These accounts have been prepared under the historical cost convention with items recognised at cost or transcation value unless otherwise stated .
The accounts have been prepared in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011

1.2 GOING CONCERN

There are no material uncertainities relating to events or conditions that cast significant doubt on the charity's ability to continue as a going concern

NOTE 2 2.1 INCOME

Recognition of income	These are included in the Statement of Finnacial Activities (SoFA) when: the charity becomes entitled to the resources and it is more than likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP)
Tax reclaims on donations and gift	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the intial donation unless the donor or the terms of the appeal have specified otherwise
Volunteer help	The value of any voluntary help received is not included in the accounts but is included in the trustees annual report
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Lagacies

2.2 EXPENDITURE

Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation commiting the charity to pay out resources and the amount of the obligation can be measured with reasonable clarity
Deferred income	No material item of derred income has been included in the accounts
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts
Provisons for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date

2.4 ASSETS

Tangible fixed assets	These are capitalised if they can be used for more than one year and are depreciated over their expected useful lives at the following annual rates:
	fixtures and fittings 20%
	equipment 15%
	computers 33%
Stocks	Stocks held for sale as part of non-charitable trade are measured at net realisable value.
Debtors	Debtors are measured at the cash or other consideration expected to be received

BEYOND REFLECTIONS (On 27th November 2021 formal name change from Chrysalis)

CHARITY NUMBER 1187351

ANNUAL ACCOUNTS for the YEAR ENDED 31st MARCH 2022

NOTES TO THE ACCOUNTS

NOTE 3 ANALYSIS OF INCOME

	Unrestricted funds £	Restricted funds £	2022 £	2021 £	
Donations and legacies :					
Donations and gifts	10515	0	10515	13164	
Gift Aid					
General grants	11838	0	11838	4200	
the National lottery Community Fund					
Reaching Communities	0	54900	54900	50708	
Tudor Trust	0	30000	30000	40000	
Membership subscriptions	8620	0	8620	4795	plus £50
(which are, in substance, donations)					
Other	518	0	518	317	
	31491	84900	116391	113184	
Charitable activities					
Other trading activities:					
Merchandise sales	496	0	496	492	Plus £110
Conference ticket sales	0	0	0	3576	
Training and counselling	5006	0	5006	1606	plus £366
	5502	0	5502	5674	
TOTAL INCOME	£36,993	£84,900	£121,893	£118,858	

BEYOND REFLECTIONS (On 27th November 2021 formal name change from Chrysalis)

CHARITY NUMBER 1187351

ANNUAL ACCOUNTS for the YEAR ENDED 31st MARCH 2022

NOTES TO THE ACCOUNTS

NOTE 4	ANALYSIS OF EXPENDITURE	2022 £	2021 £
	Staff costs:		
	Salaries and wages	81770	72065
	Social security costs	1394	521
	Pension costs (defined contribution scheme)	1258	1204
	Recruitment costs	840	0
		85262	73790
	Other:		
	Staff and volunteer training	1492	
	Rent, rates and service charge	15884	12699
	Meeting centre	442	0
	Insurance	844	723
	Legal and professional fees	6204	1800
	Telephone	1045	926
	Printing, postage and stationery	442	277
	Equipment	60	1234
	Computer licenses and web hosting services	1495	1221
	Website development	1500	0
	Software development	2270	3000
	Computer consumables	1088	0
	Marketing, promotions and projects	1086	3736
	Less: stock	-2078	0
	Travel costs	329	-78
	Miscellaneous expenses	968	180
	Sundry expenses	606	0
		33677	25718
	Financial costs;		
	Bank charges	61	0
	Fundraising platform fees	217	0
		278	0
	Depreciation:		
	Fixtures and fittings	286	548
	Equipment	196	814
	Computer	1085	0
		1567	1362
	TOTAL EXPENDITURE	£120,784	£100,870

BEYOND REFLECTIONS (On 27th November 2021 formal name change from Chrysalis)

CHARITY NUMBER 1187351

ANNUAL ACCOUNTS for the YEAR ENDED 31st MARCH 2022

NOTES TO THE ACCOUNTS

NOTE 5 TANGIBLE FIXED ASSETS

	Fixtures & fittings	Equipment	Computers	TOTAL
COST or VALUATION				
Balance b/fwd	1896	1335	1922	5153
Additions during year	758	-	1977	2735
Disposals during year				
Balance c/fwd	2654	1335	3899	7888
DEPRECIATION				
Balance b/wfd	548	174	640	1362
Provison during year	286	196	1085	1567
Provison on disposal				
Balance c/fwd	834	370	1725	2929
NBV as at :				
31st March 2022	£1,820	£965	£2,174	£4,959
31st March 2021	£1,348	£1,161	£1,922	£3,791

NOTE 6 DEBTORS AND PREPAYMENTS	2022 £	2021 £
Prepayments accrued income	2430	358
Other debtors	162	0
	£2,592	£358

NOTE 7 CASH AND BANK IN HAND	2022 £	2021 £
Deposit account	40594	54587
Current account	6115	3336
Paypal	1941	2235
Petty cash	19	379
	£48,669	£60,537

NOTE 8 CREDITORS AND ACCRUALS	2022 £	2021 £
Trade creditors	2995	0
Accruals and deferred income	24	65
Taxation and social security	1178	0
	£4,197	£65

The mental wellbeing charity supporting trans, non-binary and questioning adults, and their family and friends.

BEYOND REFLECTION ACCOUNTS 2021-22

APPROVED BY MEMBERS AT AGM ON SATURDAY 12th NOVEMBER 2022

ACCOUNTS INDEPENDENTLY EXAMINED AND APPROVED

FORMAL WRITTEN OPINION OF 2021-22 ACCOUNTS TO FOLLOW SHORTLY

Beyond Reflections, Unity 12, 9-19 (odds) Rose Road, Southampton, SO14 6TE

www.beyond-reflections.org.uk, 03448 468545, info@beyond-reflections.org.uk

/ BeyondReflectUK

Registered Charity 1187351

BEYOND REFLECTIONS

England & Wales - Charity number 1187351

Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/04/202 Period start date To 31/03/2021 Period end date

Charity name: Beyond Reflections (formerly "Chrysalis")

Charity registration number: 1187351 (formerly 1116321)

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	1. To relieve the needs of gender diverse (transgender or questioning) adults and those who are the significant others (adult family members, partners, carers, and close friends) of someone who is gender diverse, by such means as determined by the charity
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	1. To advance education for the public benefit of those who are gender diverse and their significant others; particularly in gender related issues 2. To advance the education of the public in gender related issues by providing an Awareness Training service
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We confirm the trustees have had regard to the guidance issued by the Charity Commission on public benefit

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Beyond Reflections is not a grant making body.
Policy on social investment including program related investment	Para 1.38	_

Contribution made by volunteers	Para 1.38	Volunteers are the life blood of the Charity. Beyond Reflections has 56 regular volunteers. In 2020/21 they donated 6,338 hours of their time, helping to facilitate groups and 1-2-1 counselling as well as contributing to the administration, promotion, and governance of the charity.
Other		-

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	With the onset of the pandemic, we closed our face-to-face support groups. By 1st April 2020 we had adapted to working totally online. The provision of online support throughout lockdown helped to protect our members from the isolation of lockdown and break down the barriers of loneliness. During this year we exceeded all targets for number of members and amount of support given. • 38% increase in members attending support groups • 255% increase in counselling • 6338 volunteer hours donated These increases did not have a positive impact on income, however, due to subscriptions being frozen for six months of the year, as a consideration of hardships faced by our members in relation to covid19. We ran a fundraising event, Tour de Trans, where one of our volunteers and her son cycled from Land's End to John O'Groats in August, joining hands with similar organisations the length of the country, taking a positive, inclusive and unifying approach to raising awareness of trans issues across Britain. We were invited to join the bid for Southampton City of Culture. Ran a survey about trans folx experiences of healthcare (soon to be published as a white paper). Delivered online Trans Awareness training for external organisations, allowing them to actively demonstrate their commitment to

		inclusion and diversity within their workforce, and to help inform and increase respect and confidence when interacting with trans and gender diverse people.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Beyond Reflections' financial position at the end of the period was almost identical to that of the year before. The charity has maintained high engagement with subscribers and donors. It has also been successful in obtaining grant funding, both project related and for core costs.

		Income this year was £122,330 just £203 more than last year. Spending was similarly controlled, showing good budgetary control through the year. 2021 expenditure £101,785 2020 expenditure £101,935 Despite a pandemic and pivoting to online provision of services, and home working, Beyond Reflections managed to add £20,546 to its financial reserves.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Beyond Reflections reserves policy is to keep £27,000 of free reserves.
Amount of reserves held	Para 1.22	Total reserves are £54,914 Of which £45,207 are unrestricted and considered free reserves.
Reasons for holding zero reserves	Para 1.22	-
Details of fund materially in deficit	Para 1.24	-
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The Trustees consider the charity to be a going concern. See Para 1.22

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Charity is primarily funded by grants. In 2020/21 we received: £40,000 Tudor Trust £50,708 National Lottery Reaching Communities fund. £3,765 Covid 19 Relief £435 Miscellaneous grants In addition, we raise funds from donations subscriptions and from the provision of counselling services and training. In 2020/21 these amounted to: £21,056 Donations £4,795 Subs £1,451 Training £382 Merchandise sales

		£265 Counselling Many fundraising opportunities were cancelled this year due to Covid19.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The charity has no investments, nor plans to do so
A description of the principal risks facing the charity	Para 1.46	Main risks to the charity as identified in the PESTLE in our Business Plan are mostly reputational rather than financial, although a demise in reputation could naturally have financial repercussions. The main risks are: • Transphobia in wider society resulting in changes in government policy removing legal rights and protections from trans+ people • Malicious misrepresentation of the work we do as therapists supporting people to understand themselves better and to make healthy decisions through skilled application of person-centred, non-directive therapy as 'conversion', this is interrelated to the above point where increased anti-trans rhetoric and hysteria could seriously threaten the work we do and our members • Cyber attacks to breach our data security with malicious intent to identify our members and harm them through blackmail or publicly outing them • Further funding cuts to statutory services increasing the number of people needing to access our support for longer time periods as they are not able to access gender care through the NHS in a timely manner • The economic downturn reducing available funding, households having less free income to donate and pressure on grant funders increasing • Continued legal challenges against treatment for trans young people resulting in more young adults needing our support • Increased mental health needs of our beneficiary group (lack of funding for MH services, increased transphobia in services and society driving poor mental health)

		• Rising cost of living meaning our volunteers have less free time for volunteering • Rising cost of fuel impacting our running costs
Other		No employee was paid more than £60,000 No Trustee received renumeration or reimbursement of expenses.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	(a) Every charity trustee must be a natural person. (b) No one may be appointed as a charity trustee: • if they are under the age of 16 years; or • if they would automatically cease to hold office under the provisions of clause 15(1)(f). (c) No one is entitled to act as a charity trustee whether on appointment or on any re-appointment until they have expressly acknowledged, in whatever way the charity trustees decide, their acceptance of the office of charity trustee. (d) At least one of the trustees of the CIO must be 18 years of age or over. If there is no trustee aged at least 18 years, the remaining trustee or trustees may act only to call a meeting of the charity trustees or appoint a new charity trustee. The Trustees were subject to a skills audit and the Charity was able to successfully recruit for the areas in which a weakness was identified.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Beyond Reflections
Other name the charity uses	Chrysalis
Registered charity number	1187351
Charity's principal address	Unity 12 9-19 Rose Road Southampton SO14 6TE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Samantha Whitehorn	Chair	From 07/11/20	
2	Russell Thackeray	Vice-Chair	15/07/20	
3	Paul Draycott	Secretary		
4	Andy McMillan	Treasurer	From 07/11/20	
5	Jon Wallace	Treasurer	To 07/11/20	
6	Scott Johnson		From 01/08/20	
7	Jack Cannon		From 07/11/20	
8	Jenny Harvey		From 07/11/20	
9	Deanna Earley	Chair	To 07/11/20	
10	Steph Boyd		To 07/11/20	
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Business	Miss S Business Support Ltd	14 Steel House, 4300 Parkway, Whiteley, PO15 7FP

Name of chief executive or names of senior staff members (Optional information)

Andi Maratos

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	SCOTT JOHNSON	
Position (eg Secretary, Chair, etc)	SECRETARY	
Date	31/01/22	

Examiner's report to the trustees of "Chrysalis" (Charity No. 1116321)
on the accounts of the Trust for the 12 months ended 31 March 2021, set out on pages 1 to 3.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act).

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records

Examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: C. Clements

Name: Mrs Claire Clements, Accountant (ACA qualified)

Date: 22/11/2021

Income And Expenditure For The Year Ending 31 March 2020

	Year to 31 March 2021	Year to 31 March 2020
Management Salaries	39,999.96	39,999.96
Management NIC	4,324.32	4,345.92
Management Pensions	1,203.60	1,203.30
Office Salaries	32,065.19	21,955.77
Office NIC	196.94	157.38
Professional Services (Business Consu	1,600.00	0.00
Professional Services (IT)	14.39	0.00
Subsistence Expenses	0.00	239.01
Subsistence Expenses - Volunteers	0.00	214.60
EMPLOYEE EXPENSES	**79,404.40**	**68,115.94**
Management Mileage	2.00	1,416.40
Other Travel Costs	[illegible]	2,813.87
TRANSPORT RELATED EXPS	[illegible]	**4,230.27**
Rent - Main Office	8,604.00	8,801.50
Meeting Centre Rents / Room Hire	[illegible]	1,556.40
Mgt / Service Charge	5,514.52	1,708.43
Rates - Main Office	377.25	365.60
Power - Gas	0.00	130.73
Power - Electricity	0.00	389.38
Fixtures and Fittings	[illegible]	1,921.94
BUILDING RELATED COSTS	**13,072.49**	**14,873.98**
Meeting Centre Refreshments	0.00	151.18
Other Refreshments (Governance]	0.00	155.55
Postage	52.80	42.67
Office Stationery	223.90	484.44
Equipment	[illegible]	5,215.12
Software Development	3,000.00	0.00
Telephony	752.38	558.70
Mobile Phone CEO	120.00	120.00
Mobile Phones Office	53.67	50.00
Computer Licenses	1,206.93	532.72
Insurances	723.09	546.07
Miscellaneous Expenses	179.05	1,505.50
Asset Depreciation	1,361.94	0.00
SUPPLIES & SERVICES	**5,649.87**	**9,361.95**
General Marketing	648.55	1,452.71
Merchandising Purchases	2,982.44	982.36
PRIDE Events	0.00	785.47
Conference	0.00	2,132.75
Miscellaneous Activities Costs	105.00	
SPECIFIC PROJECT BUDGETS	**3,735.99**	**5,353.29**
TOTAL EXPENDITURE	**101,784.75**	**101,935.43**

Grant - Police & Crime Commssnr	68.93	0.00
Grant - Covid 19	3,765.80	0.00
Grant - Tudor Trust	40,000.00	40,000.00
Grant - Lottery	50,708.00	52,760.00
Grant -SJ Harding	220.00	50.00
Grant - Awards For All	145.37	3,550.85
TOTAL GRANT FUNDING	**94,908.10**	**96,360.85**
Subs - TNQ Meeting	3,350.43	2,421.33
Subs - Wellbeing Meeting	1,175.00	899.70
Subs - Partners meeting	0.00	20.00
Subs - Parents meeting	220.00	135.00
Receipts from Counselling	155.00	465.00
Training Income	1,085.00	8,904.10
TOTAL FEES AND CHARGES	**5,985.43**	**12,845.13**
Paypal	2,059.37	0.00
Tour de Trans	138.50	0.00
London Marathon	51.45	1,000.00
Conference Ticket Sales	3,576.45	2,571.54
Donations Received	8,270.32	3,970.96
Merchandising Sales Income	381.70	338.05
Just Giving - general	437.50	399.74
Facebook Donate	916.11	951.19
Amazon Smile	230.63	83.43
Give As You Live	1,057.95	0.00
Misc Income - Interest & Other	4,317.14	3,606.77
OTHER INCOME	**21,437.12**	**12,921.68**
TOTAL INCOME	**122,330.65**	**122,127.66**
NET SURPLUS / (DEFICIT)	**20,545.90**	**20,192.23**

Fixed Asset Analysis

	Opening Balance	Additions	Disposals	Closing Balance
Original Cost				
Furniture and Fixtures	0.00	1,895.95	0.00	1,895.95
Equipment	0.00	3,257.64	0.00	3,257.64
	0.00	5,153.59	0.00	5,153.59
Accumulated Depreciation				
Furniture and Fixtures	0.00	547.50	0.00	547.50
Equipment	0.00	814.44	0.00	814.44
	0.00	1,361.94	0.00	1,361.94
Net Book Value	0.00			3,791.65

Breakdown of Grants

	Opening Balance	Additions	Utilised This Period	Closing Balance
General Grants				
Community Cohesion Partnership	1,500.00	0.00	0.00	1,500.00
Police and Crime Commisioners	0.00	500.00	68.93	431.07
SJ Harding	1,500.00	0.00	0.00	1,500.00
	3,000.00	500.00	68.93	3,431.07
Specific Grants				
Tudor Trust	0.00	40,000.00	40,000.00	0.00
Lottery Grant	0.00	50,708.00	50,708.00	0.00
SJ Harding	3,450.00	0.00	220.00	3,230.00
Covid 19 Grant	0.00	5,814.00	3,765.80	2,048.20
Grant Tudor Wellbeing	0.00	2,000.00	0.00	2,000.00
Transition Grant	2,421.54	0.00	0.00	2,421.54
Awards For All	152.65	0.00	145.37	7.28
	6,024.19	98,522.00	94,839.17	9,707.02
	9,024.19	99,022.00	94,908.10	13,138.09

SIGNED AS A TRUE COPY

SCOTT JOHNSON

SECRETARY TO BOARD OF TRUSTEES

31/01/22

Examiner's report to the trustees of "Chrysalis" (Charity No. 1116321)
on the accounts of the Trust for the 12 months ended 31 March 2021, set out on pages 1 to 3.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act).

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records

Examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: C. Clements

Name: Mrs Claire Clements, Accountant (ACA qualified)

Date: 22/11/2021

Income And Expenditure For The Year Ending 31 March 2020

	Year to 31 March 2021	Year to 31 March 2020
Management Salaries	39,999.96	39,999.96
Management NIC	4,324.32	4,345.92
Management Pensions	1,203.60	1,203.30
Office Salaries	32,065.19	21,955.77
Office NIC	196.94	157.38
Professional Services (Business Consu	1,600.00	0.00
Professional Services (IT)	14.39	0.00
Subsistence Expenses	0.00	239.01
Subsistence Expenses - Volunteers	0.00	214.60
EMPLOYEE EXPENSES	**79,404.40**	**68,115.94**
Management Mileage	2.00	1,416.40
Other Travel Costs	[illegible]	2,813.87
TRANSPORT RELATED EXPS	[illegible]	**4,230.27**
Rent - Main Office	8,604.00	8,801.50
Meeting Centre Rents / Room Hire	[illegible]	1,556.40
Mgt / Service Charge	5,514.52	1,708.43
Rates - Main Office	377.25	365.60
Power - Gas	0.00	130.73
Power - Electricity	0.00	389.38
Fixtures and Fittings	[illegible]	1,921.94
BUILDING RELATED COSTS	**13,072.49**	**14,873.98**
Meeting Centre Refreshments	0.00	151.18
Other Refreshments (Governance]	0.00	155.55
Postage	52.80	42.67
Office Stationery	223.90	484.44
Equipment	[illegible]	5,215.12
Software Development	3,000.00	0.00
Telephony	752.38	558.70
Mobile Phone CEO	120.00	120.00
Mobile Phones Office	53.67	50.00
Computer Licenses	1,206.93	532.72
Insurances	723.09	546.07
Miscellaneous Expenses	179.05	1,505.50
Asset Depreciation	1,361.94	0.00
SUPPLIES & SERVICES	**5,649.87**	**9,361.95**
General Marketing	648.55	1,452.71
Merchandising Purchases	2,982.44	982.36
PRIDE Events	0.00	785.47
Conference	0.00	2,132.75
Miscellaneous Activities Costs	105.00	
SPECIFIC PROJECT BUDGETS	**3,735.99**	**5,353.29**
TOTAL EXPENDITURE	**101,784.75**	**101,935.43**

Grant - Police & Crime Commssnr	68.93	0.00
Grant - Covid 19	3,765.80	0.00
Grant - Tudor Trust	40,000.00	40,000.00
Grant - Lottery	50,708.00	52,760.00
Grant -SJ Harding	220.00	50.00
Grant - Awards For All	145.37	3,550.85
TOTAL GRANT FUNDING	**94,908.10**	**96,360.85**
Subs - TNQ Meeting	3,350.43	2,421.33
Subs - Wellbeing Meeting	1,175.00	899.70
Subs - Partners meeting	0.00	20.00
Subs - Parents meeting	220.00	135.00
Receipts from Counselling	155.00	465.00
Training Income	1,085.00	8,904.10
TOTAL FEES AND CHARGES	**5,985.43**	**12,845.13**
Paypal	2,059.37	0.00
Tour de Trans	138.50	0.00
London Marathon	51.45	1,000.00
Conference Ticket Sales	3,576.45	2,571.54
Donations Received	8,270.32	3,970.96
Merchandising Sales Income	381.70	338.05
Just Giving - general	437.50	399.74
Facebook Donate	916.11	951.19
Amazon Smile	230.63	83.43
Give As You Live	1,057.95	0.00
Misc Income - Interest & Other	4,317.14	3,606.77
OTHER INCOME	**21,437.12**	**12,921.68**
TOTAL INCOME	**122,330.65**	**122,127.66**
NET SURPLUS / (DEFICIT)	**20,545.90**	**20,192.23**

Fixed Asset Analysis

	Opening Balance	Additions	Disposals	Closing Balance
Original Cost				
Furniture and Fixtures	0.00	1,895.95	0.00	1,895.95
Equipment	0.00	3,257.64	0.00	3,257.64
	0.00	5,153.59	0.00	5,153.59
Accumulated Depreciation				
Furniture and Fixtures	0.00	547.50	0.00	547.50
Equipment	0.00	814.44	0.00	814.44
	0.00	1,361.94	0.00	1,361.94
Net Book Value	0.00			3,791.65

Breakdown of Grants

	Opening Balance	Additions	Utilised This Period	Closing Balance
General Grants				
Community Cohesion Partnership	1,500.00	0.00	0.00	1,500.00
Police and Crime Commisioners	0.00	500.00	68.93	431.07
SJ Harding	1,500.00	0.00	0.00	1,500.00
	3,000.00	500.00	68.93	3,431.07
Specific Grants				
Tudor Trust	0.00	40,000.00	40,000.00	0.00
Lottery Grant	0.00	50,708.00	50,708.00	0.00
SJ Harding	3,450.00	0.00	220.00	3,230.00
Covid 19 Grant	0.00	5,814.00	3,765.80	2,048.20
Grant Tudor Wellbeing	0.00	2,000.00	0.00	2,000.00
Transition Grant	2,421.54	0.00	0.00	2,421.54
Awards For All	152.65	0.00	145.37	7.28
	6,024.19	98,522.00	94,839.17	9,707.02
	9,024.19	99,022.00	94,908.10	13,138.09

SIGNED AS A TRUE COPY

SCOTT JOHNSON

SECRETARY TO BOARD OF TRUSTEES

31/01/22