

VIVA GYMNASTICS CLUB

England & Wales · Charity number 1187339

Details

Status Registered

Legal form CIO

Registered 2020-01-14

Register [View on the Charity Commission register](#)

Contact

Address John Pounds Community Centre
23 Queen Street
Portsmouth
PO1 3HN

Phone 0333 050 1959

Email admin@viva-gymnastics.club

Website <https://viva-gymnastics.club>

Activities

Objects: THE CHARITABLE OBJECTIVE OF VIVA GYMNASTICS CLUB IS THE ADVANCEMENT OF AMATEUR SPORT WHICH PROMOTES HEALTH BY INVOLVING PHYSICAL OR MENTAL SKILL OR EXERTION AND WHICH IS UNDERTAKEN ON AN AMATEUR BASIS.

Activities: Viva Gymnastics Club provides gymnastics sessions and activities to club members and members of the public. Both structured and unstructured lessons are offered, designed for a variety of different ages and abilities, and including activities such as use of gymnastics equipment, floor work, balance beams, bars, vaults and air tracks.

Classification

- **How:** Provides Services
- **What:** Amateur Sport
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Portsmouth City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£201,168	£194,837	-	-
2024-03-31	£158,756	£206,700	-	-
2023-03-31	£131,989	£137,776	-	-
2022-03-31	£112,428	£107,532	-	-
2021-03-31	£48,223	£47,374	-	-

Trustees

Name	Role	Appointed
Charlotte Vella	Chair	2020-01-14
Diane Fryer		2020-01-14
Georgina Lane		2020-01-14

VIVA GYMNASTICS CLUB

England & Wales - Charity number 1187339

Accounts

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	1	April	2024		31	March

Charity name

Viva Gymnastics Club

Other names charity is known by

Registered charity number (if any)

1187339

Charity's principal address

John Pounds Centre

23 Queen Street

Portsmouth

Postcode

PO1 3HN

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Charlotte Vella	Chair		Per 10.1 of Viva Gymnastic Club's constitution: "Apart from the first charity trustees, every trustee must be appointed [for] a term of [three] years] by a resolution passed at a properly convened meeting of the charity trustees."
2 Georgina Lane			
3 Diane Fryer			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Charlotte Vella	
Georgina Lane	
Diane Fryer	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Charlotte Vella

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Per 10.1 of Viva Gymnastic Club's constitution: "Apart from the first charity trustees, every trustee must be appointed [for a term of [three] years] by a resolution passed at a properly convened meeting of the charity trustees."

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Summary of the objects of the charity set out in its governing document

The charitable objective of Viva Gymnastics Club is the advancement of amateur sport which promotes health by involving physical or mental skill or exertion and which is undertaken on an amateur basis.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The main activity undertaken by Viva Gymnastics Club for the public benefit is the running of gymnastics classes for children in the Portsmouth area, including provision for gymnasts with a variety of disabilities and additional needs.

The club's gymnastics classes are intended to benefit participants by providing physical exercise and mental stimulation, and enabling skill-building. Gymnasts with disabilities and additional needs have often found themselves excluded from the sport of gymnastics, but it is the aim of Viva Gymnastics Club to ensure that disabilities are not a barrier to participation.

All trustees of Viva Gymnastics Club confirm that they have regard to the Charity Commission's public benefit guides PB1, PB2 and PB3 when making decisions, exercising any powers or duties and carrying out activities to which they are relevant.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Viva Gymnastic Club continued the delivery of gymnastics to the local community, including as a provider to Testlands (for SEND sessions in early 2025) and of HAF (Holiday Activities & Food) camps and sessions for Portsmouth City Council over the winter 2024, Easter 2025 and Summer 2025 holiday periods.

The Club continued to build its coaching base by upskilling young trainee coaches and members of staff.

The Club received a £1,000 Community Inclusion Grant from Portsmouth City Council, which was used to fund spaces for families facing financial difficulties as part of the Club's Vivability programme.

Funds raised during the Cash For Kids "Sports Challenge" 2024 campaign (totalling £15,238.84) were used to buy equipment and fund sessions during the cold winter months as part of the Club's Warm Winter Project.

A donation by the Chalk Cliff Grant (of £3,000) was used to help fund SEND sessions.

Brief statement of the charity's policy on reserves

The charity's reserve funds are reinvested into the club by way of purchasing gymnastics equipment, buying fundraising supplies, funding coaching courses and covering the charity's running costs.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of funds are members' fees, including individual gymnast bookings, charity group booking and school group bookings, and additional fundraising undertaken by the Club, such as grant applications for projects, general fundraising events, competitions, occasional sale of 'tuck shop' items and sales of Club kit.

All purchases made for the charity are in support of the charity's aims and to enable the charity to operate. The charity purchases new gymnastics equipment so that all gymnasts can access equipment and learn skills, including those gymnasts with disabilities and additional needs. For example, soft play and sensory equipment is purchased for those gymnasts with sensory needs, whilst accessibility aids are purchased to make the gymnastics equipment accessible to those gymnasts with physical disabilities.

Section F

Other optional information

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The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Charlotte Vella

Position (eg Secretary, Chair, etc)

Chair

Date

30-09-2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Viva Gymnastics Club

No (if any)
1187339

CC16a

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01-Apr-24		31-Mar-25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Bank interest on deposit accounts	-	-	-	-	-
Donations and grants	15,096	-	-	15,096	-
Membership subscriptions and fundraising fees	164,251	-	-	164,251	-
External organised fundraising	15,282	-	-	15,282	-
Loans	6,500	-	-	6,500	-
Supplier refunds	39	-	-	39	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	201,168	-	-	201,168	203,756
A2 Asset and investment sales, (see table).					
Refunds/credits	-	-	-	-	495
	-	-	-	-	-
Sub total	-	-	-	-	495
Total receipts	201,168	-	-	201,168	204,251
A3 Payments					
Advertising	368	-	-	368	1,107
Badges, certificates, medals/competition costs	851	-	-	851	960
Bank interest and charges	90	-	-	90	90
Clothing and materials	984	-	-	984	2,826
Coaching courses	1,005	-	-	1,005	1,645
Coaching insurance	701	-	-	701	1,039
Contract services (self-employed)	63,909	-	-	63,909	56,257
Cost of fundraising events	4,976	-	-	4,976	1,901
Equipment hire	6,000	-	-	6,000	6,257
Equipment insurance	838	-	-	838	1,042
First aid supplies/courses, PPE	793	-	-	793	449
Grants and donations paid					8,817
Legal/professional fees					2,130
Loan repayment	2,000			2,000	-
Members' subscription refunds	49	-	-	49	325
Motor and travel	661	-	-	661	180
Printing, postage, stationery and computer supplies	116	-	-	116	627
Repairs and maintenance	2,778	-	-	2,778	5,611
Rent: hire of rooms/gyms	58,902	-	-	58,902	48,968
Safeguarding checks/courses	288	-	-	288	159
Software, cloud storage, web, email	310	-	-	310	456
Sundry supplies	223	-	-	223	31
Utilities	4,163	-	-	4,163	752
Wages, salaries, NI and pensions	38,584	-	-	38,584	58,013
Website	753	-	-	753	2,112
	-	-	-	-	-
Sub total	189,342	-	-	189,342	201,754
A4 Asset and investment purchases. (see table)					
Furniture for storage	20	-	-	20	383
Gymnastics equipment	4,778	-	-	4,778	3,949
Kitchen and Office equipment	687	-	-	687	550
Sensory equipment	10	-	-	10	63
Sub total	5,495	-	-	5,495	4,945
Total payments	194,837	-	-	194,837	206,699
Net of receipts (payments)	6,331	1	-	6,331	- 28/10/2025 448

A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	534	-	-	534	2,983
<i>Cash funds this year end</i>	6,865	-	-	6,865	535

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current bank account	6,865	-	-
		-	-	-
		-	-	-
	Total cash funds	6,865	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Retained assets at 31.3.25	Unrestricted	16,490	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Loans from Charlotte Vella	Unrestricted	49,500	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Diane Fryer	28.10.25	



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

Viva Gymnastics Club

**On accounts for the year
ended**

31 March 2025

**Charity no
(if any)**

1187339

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

**Responsibilities and
basis of report**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2025

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

31/01/2026

Name:

Raymond Osborne

**Relevant professional
qualification(s) or body
(if any):**

Fellow of the Institute of Chartered Accountants in England & Wales

Address:

10 Golden Cross Road, Rochford, Essex SS4 3DG

VIVA GYMNASTICS CLUB

England & Wales - Charity number 1187339

Accounts

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	1	April	2023		31	March 2024

Charity name	Viva Gymnastics Club		
Other names charity is known by			
Registered charity number (if any)	1187339		
Charity's principal address	John Pounds Centre		
	23 Queen Street		
	Portsmouth		
	Postcode	PO1 3HN	

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Charlotte Vella	Chair		Per 10.1 of Viva Gymnastic Club's constitution: "Apart from the first charity trustees, every trustee must be appointed [for a term of [three] years] by a resolution passed at a properly convened meeting of the charity trustees."
2 Georgina Lane			
3 Diane Fryer			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Charlotte Vella	
Georgina Lane	
Diane Fryer	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Charlotte Vella

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Per 10.1 of Viva Gymnastic Club's constitution: "Apart from the first charity trustees, every trustee must be appointed [for a term of [three] years] by a resolution passed at a properly convened meeting of the charity trustees."

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Summary of the objects of the charity set out in its governing document

The charitable objective of Viva Gymnastics Club is the advancement of amateur sport which promotes health by involving physical or mental skill or exertion and which is undertaken on an amateur basis.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The main activity undertaken by Viva Gymnastics Club for the public benefit is the running of gymnastics classes for children in the Portsmouth and Hilsea areas, including provision for gymnasts with a variety of disabilities and additional needs.

The club's gymnastics classes are intended to benefit participants by providing physical exercise and mental stimulation and enabling skill-building. Gymnasts with disabilities and additional needs have often found themselves excluded from the sport of gymnastics, but it is the aim of Viva Gymnastics Club to ensure that disabilities are not a barrier to participation.

All trustees of Viva Gymnastics Club confirm that they have regard to the Charity Commission's public benefit guides PB1, PB2 and PB3 when making decisions, exercising any powers or duties and carrying out activities to which they are relevant.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Viva Gymnastic Club continued the delivery of gymnastics to the local community, broadening its reach from Portsea to include Hilsea where it now leases a unit. The keys to the new unit in Hilsea were obtained on the last day of August 2023, and the Club spent the following weeks preparing the unit to be opened to the public for gymnastics sessions in November 2023.

The second site has resulted in the Club expanding its customer base and being able to develop its programme, including offering additional SEND sessions and working in partnership with Portsmouth City Council to provide Holiday Activities & Food (HAF) day camps.

The Club participated in fundraising for the Wave 105 Cash For Kids Sports Challenge in September 2023, raising £18,922. As a result of being the top fundraiser in the region the Club received £5,000 as a prize, bringing the total fundraised to £23,922.

The Club continues to build its coaching base by upskilling young trainee coaches and members of staff.

Brief statement of the charity's policy on reserves

The charity's reserve funds are reinvested into the Club by way of purchasing gymnastics equipment, buying fundraising supplies, funding coaching courses and covering the charity's running costs.

Details of any funds materially in deficit

None.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of funds are members' fees, including individual gymnast bookings, charity group booking and school group bookings, and additional fundraising undertaken by the Club, such as grant applications for projects, general fundraising events, competitions, occasional sale of 'tuck shop' items and sales of Club kit.

All purchases made for the charity are in support of the charity's aims and to enable the charity to operate. The charity purchases new gymnastics equipment so that all gymnasts can access equipment and learn skills, including those gymnasts with physical disabilities and additional needs. For example, soft play and sensory equipment is purchased for those gymnasts with sensory needs, whilst accessibility aids are purchased to make the gymnastics equipment accessible to those gymnasts with physical disabilities.

Section F

Other optional information

The expenses of the Club are much increased this year due to the opening of the second site, which involved additional rent, installation of electrics and water to the unit, and the building and fitting out of an office and staff area, upgrading the toilet and pipework, installing a kitchen and catering area including hot water heating units, and adding safety features.

The opening of the new unit was greatly facilitated by a personal loan from one of the trustees to cover setting-up expenses.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Charlotte Vella

Position (eg Secretary, Chair, etc)

Chair

28.1.25



Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01-Apr-23		31-Mar-24

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Bank interest on deposit accounts	-	-	-	-	-
Donations and grants	0	-	-	0	2,000
Membership subscriptions and fundraising fees	134,162	-	-	134,162	129,673
Fundraising	24,594	-	-	24,594	-
Loans to Viva Gymnastics	45,000	-	-	45,000	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	203,756	-	-	203,756	131,673
A2 Asset and investment sales					
Refunds/credits	495	-	-	495	316
	-	-	-	-	-
Sub total	495	-	-	495	316
Total receipts	204,251	-	-	204,251	131,989
A3 Payments					
Advertising	1,107	-	-	1,107	368
Badges, certificates, medals/competition costs	960	-	-	960	1,593
Bank interest and charges	90	-	-	90	90
Clothing and materials	2,826	-	-	2,826	970
Coaching courses	1,645	-	-	1,645	984
Coaching/club insurance	1,039	-	-	1,039	693
Contract services (self-employed)	56,257	-	-	56,257	43,396
Cost of fundraising events	1,901	-	-	1,901	171
Equipment hire	6,257	-	-	6,257	6,000
Equipment insurance	1,042	-	-	1,042	341
First aid supplies/courses, PPE, safety	449	-	-	449	108
Grants and donations paid	8,817	-	-	8,817	431
Legal/professional fees	2,130	-	-	2,130	
Members' subscription refunds	325	-	-	325	209
Motor and travel	180	-	-	180	590
Printing, postage, stationery and computer supplies	627	-	-	627	426
Repairs, maintenance, improvements	5,611	-	-	5,611	27
Rent: hire of rooms/gyms	48,968	-	-	48,968	22,840
Safeguarding checks/courses	159	-	-	159	173
Software, cloud storage, web, email	456	-	-	456	147
Sundry supplies	31	-	-	31	317
Utilities	752	-	-	752	
Wages, salaries, NI and pensions	58,013	-	-	58,013	54,490
Website	2,112	-	-	2,112	314
Sub total	201,755	-	-	201,755	134,678
A4 Asset and investment purchases					
Furniture/storage equipment	383	-	-	383	62
Gymnastics equipment	3,949	-	-	3,949	3,003
Kitchen/office equipment	550	-	-	550	
Sensory equipment	63	-	-	63	34
Sub total	4,945	-	-	4,945	3,098
Total payments	206,700	-	-	206,700	137,776
Net of receipts/(payments)	- 2,449	-	-	- 2,449	- 5,787
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,983	-	-	2,983	8,770
Cash funds this year end	534	1	-	534	30/01/2025 2,983

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current bank account	534	-	-
		-	-	-
		-	-	-
	Total cash funds	534	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Rent deposit to landlord (Petchey)	15,000	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Retained assets at 31.3.24 (gym equipment etc)	Unrestricted	11,557	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Loans from Charlotte Vella	Unrestricted	45,000	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Diane Fryer	Diane Fryer	11.1.25	



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Viva Gymnastics Club

**On accounts for the year
ended**

31 March 2024

**Charity no
(if any)**

1187339

Set out on pages

1 - 2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 03 / 2024.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

30.01.2025

Name:

Raymond Osborne

**Relevant professional
qualification(s) or body
(if any):**

Fellow of the Institute of Chartered Accountants in England & Wales

Address:

10 Golden Cross Road, Rochford, Essex SS4 3DG

VIVA GYMNASTICS CLUB

England & Wales - Charity number 1187339

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	April	2022		31	March	2023

Section A Reference and administration details

Charity name	Viva Gymnastics Club
Other names charity is known by	
Registered charity number (if any)	1187339
Charity's principal address	John Pounds Centre
	23 Queen Street
	Portsmouth
Postcode	PO1 3HN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Charlotte Vella	Chair		Per 10.1 of Viva Gymnastic Club's constitution: "Apart from the first charity trustees, every trustee must be appointed [for a term of [three] years] by a resolution passed at a properly convened meeting of the charity trustees."
2	Georgina Lane			
3	Diane Fryer			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Charlotte Vella	
Georgina Lane	
Diane Fryer	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Charlotte Vella

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Per 10.1 of Viva Gymnastic Club's constitution: "Apart from the first charity trustees, every trustee must be appointed [for a term of [three] years] by a resolution passed at a properly convened meeting of the charity trustees."

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The charitable objective of Viva Gymnastics Club is the advancement of amateur sport which promotes health by involving physical or mental skill or exertion and which is undertaken on an amateur basis.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The main activity undertaken by Viva Gymnastics Club for the public benefit is the running of gymnastics classes for children in the Portsmouth area, including provision for gymnasts with a variety of disabilities and additional needs.

The club's gymnastics classes are intended to benefit participants by providing physical exercise and mental stimulation and enabling skill-building. Gymnasts with disabilities and additional needs have often found themselves excluded from the sport of gymnastics, but it is the aim of Viva Gymnastics Club to ensure that disabilities are not a barrier to participation.

All trustees of Viva Gymnastics Club confirm that they have regard to the Charity Commission's public benefit guides PB1, PB2 and PB3 when making decisions, exercising any powers or duties and carrying out activities to which they are relevant.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Viva Gymnastic Club continued the delivery of gymnastics to the local community. Income started to build again as classes were no longer restricted due to Covid. The Club began to build their coaching base by upskilling young trainee coaches and members of staff.

Two major contributors to the funds of the Club were Portsmouth City Council and Marks & Spencer who both donated £1,000.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity's reserve funds are reinvested into the club by way of purchasing gymnastics equipment, buying fundraising supplies, funding coaching courses and covering the charity's running costs.

Details of any funds materially in deficit

None.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of funds are members' fees, including individual gymnast bookings, charity group booking and school group bookings, and additional fundraising undertaken by the club, such as grant applications for projects, general fundraising events, competitions, occasional sale of 'tuck shop' items and sales of club kit. During this year we received £1,000 donations from both Portsmouth City Council and Marks & Spencer.

All purchases made for the charity are in support of the charity's aims and to enable the charity to operate. The charity purchases new gymnastics equipment so that all gymnasts can access equipment and learn skills, including those gymnasts with physical disabilities and additional needs. For example, soft play and sensory equipment is purchased for those gymnasts with sensory needs, whilst accessibility aids are purchased to make the gymnastics equipment accessible to those gymnasts with physical disabilities.

Section F Other optional information

On preparing the Receipts and Payments Account and comparing it to the figures for the previous year it was found that two expenditure figures had been incorrectly categorised. A comparison highlighted that, for 2021-22, Contract Services should have been £34,290 instead of £3,143 declared and Wages/Salaries/NI/Pensions should have been £31,624 instead of £62,771 declared. The total figure for these two items of expenditure was correct – only the categorisation was not correct. This has been highlighted with the Charities Commission who have confirmed that no rectification is necessary to the Account and Reports declared for 2021-22.

Both Contract and Payroll figures are higher than previously due to opening a second gymnastics site with additional staff (both contract and salaried) being taken on and trained.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Charlotte Vella

Position (eg Secretary, Chair, etc)

Chair

25.1.24



Receipts and payments accounts

For the period from	Period start date 01-Apr-22	To	Period end date 31-Mar-23
------------------------	--------------------------------	----	------------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Bank interest on deposit accounts	-	-	-	-	-
Donations and grants	2,000	-	-	2,000	-
Membership subscriptions and fundraising fees	129,673	-	-	129,673	112,428
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	131,673	-	-	131,673	112,428
A2 Asset and investment sales, (see table).					
	316	-	-	316	-
	-	-	-	-	-
Sub total	316	-	-	316	-
Total receipts	131,989	-	-	131,989	112,428
A3 Payments					
Advertising	368	-	-	368	775
Badges, certificates, medals/competition costs	1,593	-	-	1,593	822
Bank interest and charges	90	-	-	90	90
Clothing and materials	970	-	-	970	1,691
Coaching courses	984	-	-	984	1,720
Coaching insurance	693	-	-	693	508
Contract services (self-employed)	43,396	-	-	43,396	3,143
Cost of fundraising events	171	-	-	171	1,724
Equipment hire	6,000	-	-	6,000	6,000
Equipment insurance	341	-	-	341	307
First aid supplies/courses, PPE	108	-	-	108	871
Grants and donations paid	431	-	-	431	-
Members' subscription refunds	209	-	-	209	229
Motor and travel	590	-	-	590	796
Printing, postage, stationery and computer supplies	426	-	-	426	259
Repairs and maintenance	27	-	-	27	-
Rent: hire of rooms/gyms	22,840	-	-	22,840	22,463
Safeguarding checks/courses	173	-	-	173	165
Software, cloud storage, web, email	147	-	-	147	538
Sundry supplies	317	-	-	317	106
Wages, salaries, NI and pensions	54,490	-	-	54,490	62,771
Website	314	-	-	314	-
Sub total	134,678	-	-	134,678	104,978
A4 Asset and investment purchases. (see table)					
Furniture for storage	62	-	-	62	53
Gymnastics equipment	3,003	-	-	3,003	2,320
Sensory equipment	34	-	-	34	182
Sub total	3,098	-	-	3,098	2,555
Total payments	137,776	-	-	137,776	107,533
Net of receipts/(payments)	- 5,787	-	-	- 5,787	4,895
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	8,770	-	-	8,770	-
Cash funds this year end	2,983	-	-	2,983	4,895

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current bank account		-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Retained assets at 31.3.23	Unrestricted	9,104	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Diane Fryer	25.1.24	



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Viva Gymnastics Club

On accounts for the year
ended

31.3.2023

Charity no
(if any)

1187339

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2023**

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

29/1/24

Name:

Neil Maton

Relevant professional
qualification(s) or body
(if any):

Barrister, LLB (Hons) BCL (Oxon)

Address:

College Chambers

19 Carlton Crescent

Southampton, SO15 2ET

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

VIVA GYMNASTICS CLUB

England & Wales - Charity number 1187339

Accounts

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	1	April	2021		31	March

Section A Reference and administration details

Charity name	Viva Gymnastics Club
Other names charity is known by	
Registered charity number (if any)	1187339
Charity's principal address	John Pounds Centre
	23 Queen Street
	Portsmouth
Postcode	PO1 3HN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Charlotte Vella	Chair		Per 10.1 of Viva Gymnastic Club's constitution: "Apart from the first charity trustees, every trustee must be appointed [for a term of [three] years] by a resolution passed at a properly convened meeting of the charity trustees."
2	Georgina Lane			
3	Diane Fryer			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Charlotte Vella	
Georgina Lane	
Diane Fryer	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Charlotte Vella

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Per 10.1 of Viva Gymnastic Club's constitution: "Apart from the first charity trustees, every trustee must be appointed [for a term of [three] years] by a resolution passed at a properly convened meeting of the charity trustees."

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The charitable objective of Viva Gymnastics Club is the advancement of amateur sport which promotes health by involving physical or mental skill or exertion and which is undertaken on an amateur basis.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The main activity undertaken by Viva Gymnastics Club for the public benefit is the running of gymnastics classes for children in the Portsmouth area, including provision for gymnasts with a variety of disabilities and additional needs.

The club's gymnastics classes are intended to benefit participants by providing physical exercise and mental stimulation and enabling skill-building. Gymnasts with disabilities and additional needs have often found themselves excluded from the sport of gymnastics, but it is the aim of Viva Gymnastics Club to ensure that disabilities are not a barrier to participation.

All trustees of Viva Gymnastics Club confirm that they have regard to the Charity Commission's public benefit guides PB1, PB2 and PB3 when making decisions, exercising any powers or duties and carrying out activities to which they are relevant.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Viva Gymnastics Club faced significant challenges during the financial year 2021-22 due to the continuing COVID-19 global pandemic. Unable to hold any face-to-face gymnastics classes during the first part of 2021 the charity faced losing income and being unable to pay the ongoing costs that still required payment during that period, such as club and coach insurances, coaching costs, safeguarding checks, system fees and banking charges, etc. The Head Coach had to defer payment of her wages until such time as the Club regained financial stability.

When gatherings were allowed outdoors the charity had implemented a programme of outdoor gym classes to enable gymnasts to interact with each other for social interaction and physical and mental exercise.

Once indoor gatherings were permitted in 2021 classes could be held in the gym again but with heavy restrictions and a much reduced member number per class. This impacted on the income stream of the charity and also the way gymnasts had to move about the gym. As no physical contact was allowed this impacted how the gymnasts could be coached.

In the early part of the financial year the charity was able to increase inclusivity when Cliffdale School (a local school for pupils with special educational needs, disabilities and autism) began participating in gym classes run by Viva Gymnastics Club.

In 2021 Sport England had given a grant of £4,500 to enable the purchase of gymnastics equipment. The sum of £3,605 had been spent on purchasing equipment in the financial year 2020-21 and the remaining £895 has been used to purchase further equipment during financial year 2021-22.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity's reserve funds are reinvested into the club by way of purchasing gymnastics equipment, buying fundraising supplies, funding coaching courses and covering the charity's running costs.

Details of any funds materially in deficit

None.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of funds are members' fees, including individual gymnast bookings, charity group booking and school group bookings, and additional fundraising undertaken by the club, such as grant applications for projects, general fundraising events, competitions, occasional sale of 'tuck shop' items and sales of club kit.

All purchases made for the charity are in support of the charity's aims and to enable the charity to operate. The charity purchases new gymnastics equipment so that all gymnasts can access equipment and learn skills, including those gymnasts with physical disabilities and additional needs. For example, soft play and sensory equipment is purchased for those gymnasts with sensory needs, whilst accessibility aids are purchased to make the gymnastics equipment accessible to those gymnasts with physical disabilities.

Section F Other optional information

--

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Charlotte Vella

Position (eg Secretary, Chair, etc)

Chair

28.1.2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Viva Gymnastics Club

No (if any)
1187339

Receipts and payments accounts

CC16a

For the period
from

Period start date
01-Apr-21

To

Period end date
31-Mar-22

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Bank interest on deposit accounts	-	-	-	-	-
Donations and grants	-	-	-	-	-
Membership subscriptions and fundraising fees	112,428	-	-	112,428	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	112,428	-	-	112,428	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	112,428	-	-	112,428	-
A3 Payments					
Advertising	775	-	-	775	-
Badges, certificates, medals/competition costs	822	-	-	822	-
Bank interest and charges	90	-	-	90	-
Clothing and materials	1,691	-	-	1,691	-
Coaching courses	1,720	-	-	1,720	-
Coaching insurance	508	-	-	508	-
Contract services (self-employed)	3,143	-	-	3,143	-
Cost of fundraising events	1,724	-	-	1,724	-
Equipment hire	6,000	-	-	6,000	-
Equipment insurance	307	-	-	307	-
First aid supplies/courses, PPE	871	-	-	871	-
Members' subscription refunds	229	-	-	229	-
Motor and travel	796	-	-	796	-
Printing, postage, stationery and computer supplies	259	-	-	259	-
Rent: hire of rooms/gyms	22,463	-	-	22,463	-
Safeguarding checks/courses	165	-	-	165	-
Software, cloud storage, web, email	538	-	-	538	-
Sundry supplies	106	-	-	106	-
Wages, salaries, NI and pensions	62,771	-	-	62,771	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	104,978	-	-	104,978	-
A4 Asset and investment purchases. (see table)					
Furniture for storage	53	-	-	53	-
Gymnastics equipment	2,320	-	-	2,320	-
Sensory equipment	182	-	-	182	-
Sub total	2,555	-	-	2,555	-
Total payments	107,533	-	-	107,533	-
Net of receipts/(payments)	4,895	-	-	4,895	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	4,895	-	-	4,895	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current bank account	3,874	-	-
		-	-	-
		-	-	-
	Total cash funds	3,874	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Retained assets at 31.3.22	Unrestricted	6,006	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Diane Fryer	28.1.23	



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Viva Gymnastics Club

**On accounts for the year
ended**

31.3.2022

**Charity no
(if any)**

1187339

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

30th January 2023

Name:

Neil Maton

**Relevant professional
qualification(s) or body
(if any):**

Barrister, LLB (Hons) BCL (Oxon)

Address:

College Chambers

19 Carlton Crescent

Southampton, SO15 2ET

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

VIVA GYMNASTICS CLUB

England & Wales - Charity number 1187339

Accounts

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	14	January	2020		31	March

Section A Reference and administration details

Charity name	Viva Gymnastics Club
Other names charity is known by	
Registered charity number (if any)	1187339
Charity's principal address	John Pounds Centre
	23 Queen Street
	Portsmouth
Postcode	PO1 3HN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Charlotte Vella	Chair		Per 10.1 of Viva Gymnastic Club's constitution: "Apart from the first charity trustees, every trustee must be appointed [for a term of [three] years] by a resolution passed at a properly convened meeting of the charity trustees."
2	Georgina Lane			
3	Diane Fryer			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Charlotte Vella	
Georgina Lane	
Diane Fryer	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Charlotte Vella

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Per 10.1 of Viva Gymnastic Club's constitution: "Apart from the first charity trustees, every trustee must be appointed [for a term of [three] years] by a resolution passed at a properly convened meeting of the charity trustees."

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The charitable objective of Viva Gymnastics Club is the advancement of amateur sport which promotes health by involving physical or mental skill or exertion and which is undertaken on an amateur basis.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The main activity undertaken by Viva Gymnastics Club for the public benefit is the running of gymnastics classes for children in the Portsmouth area, including provision for gymnasts with a variety of disabilities and additional needs.

The club's gymnastics classes are intended to benefit participants by providing physical exercise and mental stimulation and enabling skill-building. Gymnasts with disabilities and additional needs have often found themselves excluded from the sport of gymnastics, but it is the aim of Viva Gymnastics Club to ensure that disabilities are not a barrier to participation.

All trustees of Viva Gymnastics Club confirm that they have regard to the Charity Commission's public benefit guides PB1, PB2 and PB3 when making decisions, exercising any powers or duties and carrying out activities to which they are relevant.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Viva Gymnastics Club faced significant challenges during the financial year 2020-21 due to the COVID-19 global pandemic. Unable to hold any face-to-face gymnastics classes during the lockdowns of 2020 and 2021, as well as during periods when government-issued guidance advised against gathering indoors for leisure purposes, the charity faced losing its income and being unable to pay the ongoing costs that still required payment during that period, such as club and coach insurances, coaching costs, safeguarding checks, system fees and banking charges, etc. Those children and adults that had attended the charity's gymnastics classes faced losing the valuable physical, mental and social benefits of exercise, interaction and skill-building.

The charity implemented a programme of video classes for not just the gymnasts but also for their family members, to enable gymnasts and their families to interact with each other for social interaction, physical exercise and access to online learning content. The club's coaches dedicated many hours each day to running the video classes, including running challenges and competitions with the aim of helping gymnasts to retain and improve their skills.

Once face-to-face outdoor gatherings were allowed, the charity moved its classes temporarily to an area of local green space in Portsmouth and from there continued to provide its gymnasts with the physical, mental and social benefits of gymnastics and outdoor exercise.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity's reserve funds are reinvested into the club by way of purchasing gymnastics equipment, buying fundraising supplies, funding coaching courses and covering the charity's running costs.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of funds are members' fees, including individual gymnast bookings, charity group booking and school group bookings, and additional fundraising undertaken by the club, such as grant applications for projects, general fundraising events, competitions, occasional sale of 'tuck shop' items and sales of club kit.

All purchases made for the charity are in support of the charity's aims and to enable the charity to operate. The charity purchases new gymnastics equipment so that all gymnasts can access equipment and learn skills, including those gymnasts with physical disabilities and additional needs. For example, soft play and sensory equipment is purchased for those gymnasts with sensory needs, whilst accessibility aids are purchased to make the gymnastics equipment accessible to those gymnasts with physical disabilities.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Charlotte Vella

Position (eg Secretary, Chair, etc)

Chair

Date

30-01-2022



Receipts and payments accounts

For the period from	Period start date 14/01/2020	To	Period end date 31/03/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts (money in)					
Bank Interest on Deposit Accounts	0	-	-	0	-
Donations and Grants	-	4,500	-	4,500	-
Fundraising	1,071	-	-	1,071	-
Membership Subscriptions	52,144	-	-	52,144	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	53,215	4,500	-	57,715	-
A2 Asset and investment sales, (see table).					
Loan Repayments Received	65	-	-	65	-
	-	-	-	-	-
Sub total	65	-	-	65	-
Total receipts	53,280	4,500	-	57,780	-
A3 Payments (money out)					
Advertising	296	-	-	296	-
Badges, Certificates and Medals	114	-	-	114	-
Bank Interest and Charges	88	-	-	88	-
Clothing and Materials	2,313	-	-	2,313	-
Cost of Fundraising Events	181	-	-	181	-
First Aid Supplies	92	-	-	92	-
Grants and Donations Paid	87	-	-	87	-
Insurance	867	-	-	867	-
Loan Payments	5,500	-	-	5,500	-
Motor and Travel	324	-	-	324	-
Printing, Postage, Stationery, Computer Supplies	1,033	-	-	1,033	-
Rent / Hire of Rooms	5,863	-	-	5,863	-
Repairs and Maintenance	319	-	-	319	-
Safeguarding Checks	35	-	-	35	-
Software	665	-	-	665	-
Sundry Supplies	293	-	-	293	-
Training Courses	-	-	-	-	-
Wages, Salaries and National Insurance	31,261	-	-	31,261	-
Website Build and Running Costs	222	-	-	222	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	49,553	-	-	49,553	-
A4 Asset and investment purchases, (see table)					
Furniture for Stationery Storage	35	-	-	35	-
Gymnastics Equipment	1,582	3,605	-	5,187	-
Sensory Equipment	242	-	-	242	-
Sub total	1,859	3,605	-	5,464	-
Total payments	51,412	3,605	-	55,017	-
Net of receipts/(payments)	1,868	895	-	2,763	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,111	-	-	1,111	-
Cash funds this year end	2,979	895	-	3,874	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account	2,979	895	-
		-	-	-
		-	-	-
	Total cash funds	2,979	895	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets				
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use (not bought in the financial period but already in the club's possession)				
	Gymnastics Equipment	Unrestricted	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities				
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Charlotte Vella	30/01/2022

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Viva Gymnastics Club

**On accounts for the year
ended**

31-03-2021

**Charity no
(if any)**

1187339

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2021**.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

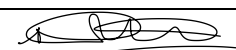
**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

30th January 2022

Name:

Neil Maton

**Relevant professional
qualification(s) or body
(if any):**

Barrister, LLB (Hons) BCL (Oxon)

Address:

College Chambers

19 Carlton Crescent

Southampton SO15 2ET

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.