

DARTMOUTH CARING

England & Wales - Charity number 1187326

Details

Status Registered

Legal form CIO

Registered 2020-01-13

Register [View on the Charity Commission register](#)

Contact

Address Dartmouth Health & Wellbeing Centre
Wessex Way
Dartmouth
Devon
TQ6 0JL

Phone 01803835384

Email enquiries@dartmouthcaring.co.uk

Website www.dartmouthcaring.co.uk

Activities

Objects: TO UNDERTAKE VOLUNTARY WORK IN EDUCATION, HEALTH & WELFARE, SOCIAL SERVICES AND SIMILAR SUPPORT ACTIVITIES AMONGST THOSE IN NEED.

Activities: TO UNDERTAKE VOLUNTARY WORK IN EDUCATION, HEALTH & WELFARE, SOCIAL SERVICES AND SIMILAR SUPPORT ACTIVITIES AMONGST THOSE IN NEED.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Accommodation/housing, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Devon

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£342,272	£339,345	-	-
2024-03-31	£446,865	£341,273	-	-
2023-03-31	£296,774	£321,216	-	-
2022-03-31	£0	£0	-	-
2021-03-31	£0	£0	-	-

Trustees

Name	Role	Appointed
Caroline Martin	Chair	2019-12-16
Edward Geoffrey Case		2026-06-03
Evie Rogers		2026-06-03
Frances Davidson		2019-12-16
Gillian Tucker		2024-10-16
Hilary Jane Day		2026-06-03
Michael Penn		2024-10-16
NICHOLAS DAVID HINDMARSH		2020-01-10
PETER ADOLPHUS		2019-12-16

DARTMOUTH CARING

England & Wales - Charity number 1187326

Accounts



2024-25 ANNUAL REPORT

37 YEARS SUPPORTING OUR COMMUNITY

Dartmouth Caring

Trustees' Annual Report

Year ended 31 March 2025

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Dartmouth Caring
Trustees' Annual Report
Year ended 31 March 2025

Reference and Administrative

Charity Registration Number: 1187326

Principal Office: Dartmouth Health and
Wellbeing Centre
Wessex Way
Dartmouth
Devon
TQ6 0JL

President	Vacant
Chair Trustee	Dee Nutt
Treasurer Trustee	Peter Adolphus
Vice Chair Trustee	Caroline Martin
Ex officio Trustee - Manager	Nick Hindmarsh
Trustee	Dr Frances Davidson
Trustee	Gillian Tucker
Trustee	Michael Penn

**Independent
examiner:** S R Smith FCA
Westcotts (SW) LLP
Chartered Accountants
Petitor House
Nicholson Road
Torquay
Devon
TQ2 7TD

Bankers: Lloyds Bank
31 Fore Street
Totnes
Devon
TQ9 5HH

Dartmouth Caring
Trustees' Annual Report (*continued*)

Year ended 31 March 2025

Structure, Governance and Management

Dartmouth Caring is as a Charitable Incorporated Charity registered in England and Wales, number 1187326, and commenced on 1 April 2022.

It is governed by its Constitution adopted on 7 January 2020 and registered on the 13 January 2020. The charity is the successor to Dartmouth Caring (unincorporated, with registration number 900226).

Trustees

The charity trustees serving during the year are as follows:

- Dee Nutt
- Peter Adolphus
- Charles Sutherland (resigned 01/07/2024)
- Nick Hindmarsh
- Caroline Martin
- Dr Frances Davidson
- Delia Kempley (resigned 01/07/2024)
- Michael Penn (appointed 16/10/2024)
- Gillian Tucker (appointed 16/10/2024)

Ex officio Trustee

(a) The Manager, Nick Hindmarsh, for the time being (“the office holder”) shall automatically (“ex-officio”) be a charity trustee, for as long as he or she holds that office.

(b) If unwilling to act as a charity trustee, the office holder may:

- before accepting appointment as a charity trustee, give notice in writing to the trustees of his or her unwillingness to act in that capacity; or
- after accepting appointment as a charity trustee, resign under the provisions contained in clause [12] (Retirement and removal of charity trustees).

The office of ex officio charity trustee will then remain vacant until the office holder ceases to hold office.

Charity trustees

Functions and duties of charity trustees

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

- a) to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and

Dartmouth Caring
Trustees' Annual Report (continued)
Year ended 31 March 2025

Charity trustees (continued)

Functions and duties of charity trustees (continued)

- b) to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to:
- any special knowledge or experience that he or she has or holds himself or herself out as having; and,
 - if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

Eligibility for trusteeship

- a) Every charity trustee must be a natural person.
- b) No individual may be appointed as a charity trustee of the CIO:
- a. if he or she is under the age of 16 years; or
 - b. if he or she would automatically cease to hold office under the provisions of clause [12(1)(e)].
- c) No one is entitled to act as a charity trustee whether on appointment or on any re-appointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee.
- d) At least one of the trustees of the CIO must be 18 years of age or over. If there is no trustee aged at least 18 years, the remaining trustees may only act to call a meeting of the charity trustees, or appoint a new charity trustee.

Number of charity trustees

- a) There must be at least four charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.
- b) The maximum number of charity trustees is ten. The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

Membership of the CIO

- a) The members of the CIO shall be its charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else.
- b) Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

Dartmouth Caring
Trustees' Annual Report (*continued*)
Year ended 31 March 2025

Objectives and Activities for the Public Benefit

- The objects of the CIO are to undertake voluntary work in education, health & welfare, social services and similar support activities amongst those in need.
- Dartmouth Caring will serve the geographical area around Dartmouth, Stoke Fleming, Strete, Blackawton, Dittisham; served by Torbay Hospital, Derriford Hospital, Royal Devon & Exeter Hospital and the Dartmouth Medical Practice and any successors thereto.
- We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.
- All of the trustees are asked to read the Charity Governance Code.

Recruitment and Induction of new Trustees

The Trust Board is always mindful of the need to review its skills set and the capacity of the Board to discharge its role.

- When a need to recruit new trustees arises an external advertisement is placed in the local press and on social media. If a wider search is needed, then other channels will be explored.
- Potential trustees need to apply for the role. Those short listed are interviewed by the Chair and one other trustee, with the Manager.
- On appointment the Manager spends time with new trustees ensuring they are aware of their roles and responsibilities and current issues facing the charity; this includes discussing safeguarding and completion of DBS checks. An induction pack is used to assist this process.



**Dee Nutt (MBE) -
Chair of Trustees**

"This year has been a really exciting period for
the charity..."

Welcome from our Chair

It has been another dynamic and rewarding year for the Charity, marked by significant change and growth, as you'll discover in the following pages.

When I speak with people across our community, they are often surprised, and deeply impressed, by the wide range of support services we offer. This is especially true now, with the addition of many new clubs and activities that allow more members of our community to access support tailored to their needs.

This community is at the heart of everything we do. We're fully aware that we couldn't continue our work without your support. That support comes in many forms; from our dedicated volunteers, generous donors, and the local groups who collaborate with us to provide the services now available from our home base. These strong connections are what enable this wonderful town and its surrounding villages to care for their most vulnerable residents.

I want to extend my heartfelt thanks to everyone who has supported Dartmouth Caring over the years. I'd also like to take this opportunity to recognise and thank our hardworking staff, who remain as committed and busy as ever.

We truly rely on your support—without it, we simply couldn't continue our vital work

A handwritten signature in black ink, appearing to read "D. Nutt". The signature is stylized and written in a cursive-like font.



Nick Hindmarsh
(BEM) - Manager

"Our focus is to support those in need, including the elderly, younger adults and teenagers - helping everyone to live their lives as they choose, connecting those who feel isolated, and improving the emotional and physical health and wellbeing of our clients."

Manager's Welcome Message

I hope this report helps you understand the range of our work and its impact, and how we go about supporting our community, directly and by working with partners.

If you are reading a client, a volunteer, benefactor or grant awarding body, I hope this is a useful summary of the achievements and progress in 2024-2025.

Trustees and I are proud of what the charity achieves each year, achievements that would not take place without our wonderful volunteers and great staff team - and you, our supporters!

We are now into our second year of the National Lottery Community Fund project and it has really started to make an impact on the range and breadth of services we can provide and enable others to offer; really starting to allow the potential of the Health and Wellbeing Centre, our home, to come to fruition. A significant part of this project was to grow our partnership working and team of volunteers and I am delighted to report that in both areas significant progress has been made.

Later in this report you will see a summary of the activities and services now provided by Dartmouth Caring.

Revenue fundraising remains challenging, as it is for many in the charitable sector. We have been helped in the past year by the receipt of a significant legacy, reported in last year's annual report. This brings us back to an equivalent reserves position as we were in 2019. We continue to seek to diversify our fundraising efforts.

I want to thank all those who have supported us over the past year and in many cases for many years, this means so much to our clients, our trustees and our staff.

I look forward to working with you all in the coming years.

A handwritten signature in black ink, appearing to read 'N Hindmarsh', written over a horizontal line.

Dartmouth Caring Services



Latest update - April 2025

Group activities on page 1,
other services over the page

For our group activities such as,
Lunch Club and Memory Café
please contact us to book your
place - use the phone number or
email at the bottom of the page.



Memory Café

Every Tuesday between 10:30-12:00. A friendly and informal meeting place for people with memory issues to come with their families and carers.



Lunch Club

Every Wednesday 12:00-14:00
£5 for a two course meal.



Souper Thursdays

Every Thursday from 12. Suggested donation of £2.00 for home-made soup and a roll with a hot drink and a sweet treat.



Audio Book Club (ABC)

On a Thursday of every month from 14:00-16:00. We supply books on disc. Listening equipment may be available.



Offline Gaming Club

Open to all aged 18+. Every Friday from 13:30-15:30.



Knit & Natter

Every Wednesday 14:00-16:00.
Join us to enjoy a chat and refreshments while you craft.



Bereavement Group

Please join us on the last Tuesday of the month for a coffee and a chat at this drop-in session. Between 18:00-19:30. Please contact Andie Day for more information.



AA - Alcoholics Anonymous

Meeting in our café space every Thursday at 18:30 - call/text Ken (Sigrist) on 01803 770900 or 07795 324 456



Baby Weigh and Play

Held fortnightly on a Friday morning from 10:00-12:00. A group with toys, crafts, sensory activities, and an opportunity to meet others. Self-weigh scales are available to use. Older siblings of pre-school age are welcome to join too.



Monday Makers

Supporting your wellbeing through creative and mindful activities. Fortnightly on Mondays 11:00-13:00. Several activities at each session and everyone can bring ideas and interests to share.

Dartmouth Caring
Trustees' Annual Report (continued)
Year ended 31 March 2025

1.	Benefit and housing advice and support
2.	Dementia Liaison Service – please call or email and ask for Natasha.
3.	Carer support
4.	Volunteer Patient Transport – Our team of volunteer drivers are available to help you get to medical appointments in Dartmouth, Totnes and all local major hospitals. We also offer two hours driving every Wednesday morning and afternoon. This is only for patients who cannot access GP and Clinic services at the Health and Wellbeing Centre, by other means. This will operate from 09:00-11:00 and again 14:30-16:30. Please contact us to book a journey.
5.	Palliative Care Service – in partnership with Dartmouth Medical Practice – please contact Andie Day or Celia Stevens for more information.
6.	Social Prescribing – in partnership with Dartmouth Medical Practice – to find out more please contact Kate Cooke.
7.	Citizens' Advice – Every Tuesday afternoon from 13:00-16:00
8.	Counselling – to speak to us about this please call and ask for Karen.
9.	Job Centre Plus (JCP) – Outreach workshops for their clients every Thursday by invitation from JCP. The aim is to make access to their services simpler avoiding the need to travel to Totnes.
10.	Home from Hospital support – to assist patients on discharge with basic items and liaise with the Support team for other needs such as Attendance Allowance and Blue Badge.
11.	Shopping and Prescription deliveries – we will do our best to help you in the short term, after discharge from hospital, medical crisis, or a specific issue that makes it difficult for you to get out and about. We cannot offer a regular shopping service at this time. Call with your request and we will do our best to meet your needs.
12.	The Friday Hub at Townstal Community Hall – The home of Dartmouth Food Bank, attended by several service providers such as LiveWest and CA, and attended by Dartmouth Caring Support Workers every fortnight
13.	Gardening – managing the garden area at the HWBC for all users, staff, patients and clients – including building raised beds – open to anyone – patients, clients, staff etc.

Dartmouth Caring
Trustees' Annual Report (continued)

Year ended 31 March 2025

The Year in Pictures



Figure 1 - Offline Gaming Group



Figure 2 - Knit & Natter



Figure 3 -
Memory
Café (L)



Figure 4 -
Monday
Makers (R)



DC
Dartmouth Caring
Supporting Our Community

COMMUNITY BOOK SHARE

Take a book - leave a book

Help yourself - take home, leave on the shelf - you choose

Small donations of books welcomed - please drop off at Dartmouth Caring

Any comments please let Dartmouth Caring know

**Free to use!
Enjoy!**

CHARITY REG NO. 1187326



Figure 5 – Souper Thursday

Bereavement Support Group

Have you experienced a bereavement and would like to meet others in a similar situation?

Please join us on the last Tuesday of the month for a coffee and a chat at this drop-in session.

6pm - 7:30pm
Dartmouth Caring
Health and Wellbeing Centre

- Listen
- Talk
- Caring
- Support
- Remember
- Share

2025 dates:
Tuesday 27th May
Tuesday 24th June
Tuesday 29th July
Tuesday 26th August
Tuesday 30th September

For more information, please contact Andie Day on 01803 835384

CHARITY REG NO. 1187326

The Queen's Award for Voluntary Service



Dartmouth Caring
Supporting Our Community



6 - Dartmouth Dawdle

Dartmouth Caring
Trustees' Annual Report (continued)
Year ended 31 March 2025

What's happened this year?

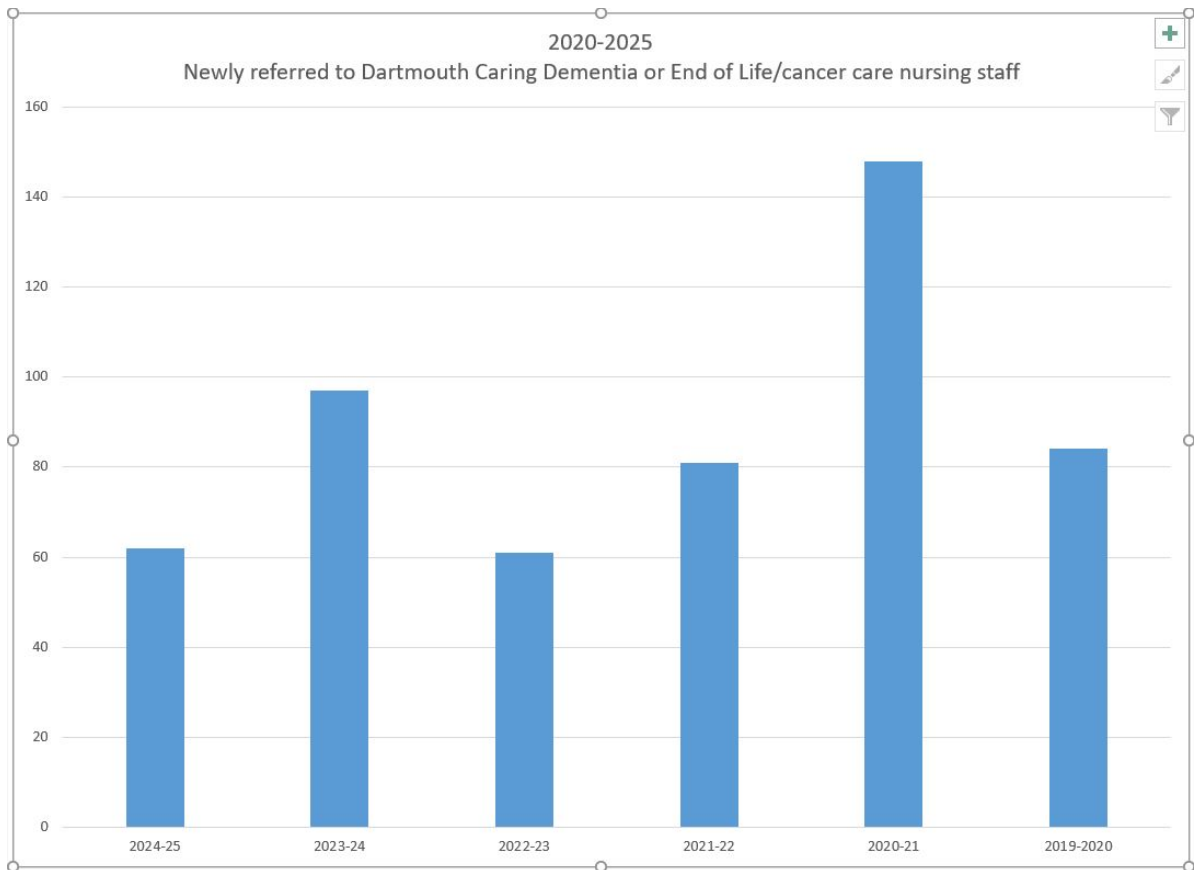
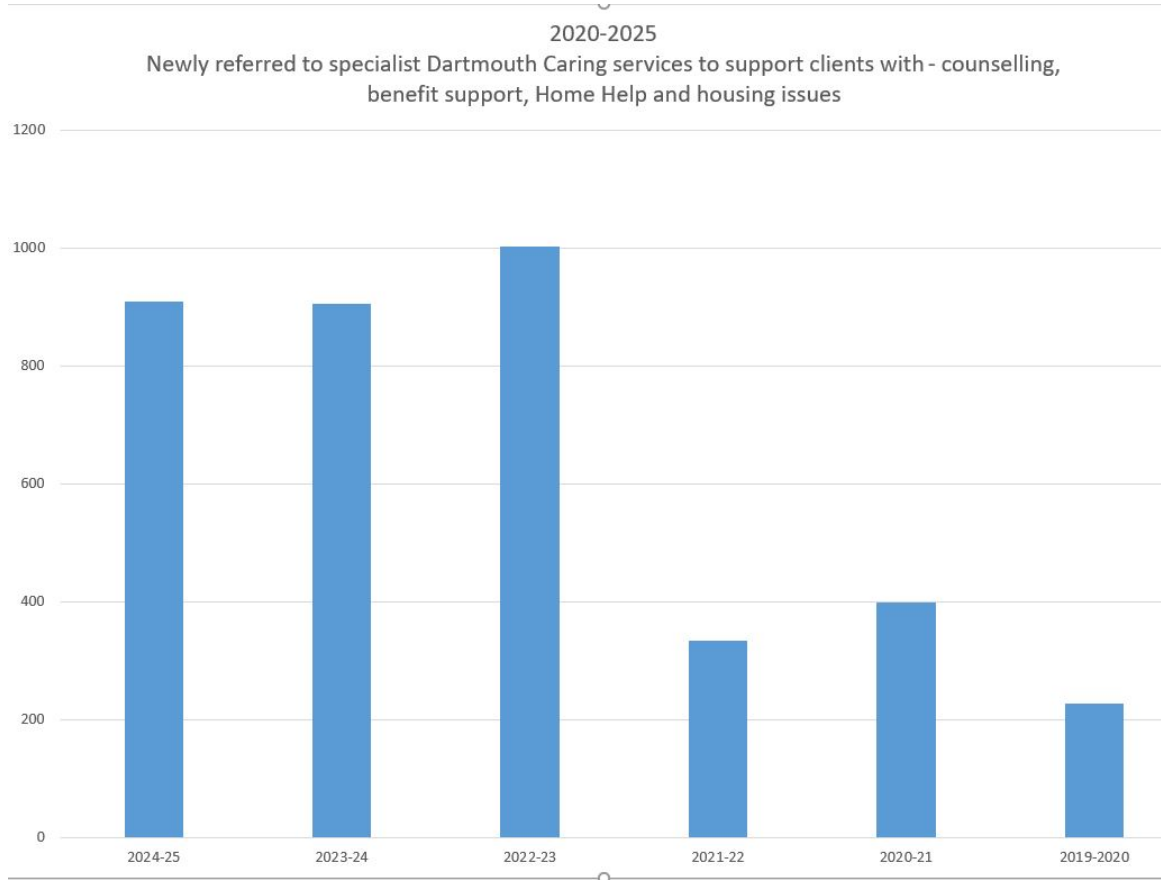
The Year in Tables

	2024-25	2023-24	2022-23
New clients taken on for on-going support	289	179	270
Conversations with clients called and spoken to	6645	7745	7142
Newly referred to specialist Dartmouth Caring services to support clients with - counselling, benefit support, Home Help and housing issues	909	905	1002
Newly referred to Dartmouth Caring Dementia or End of Life/cancer care nursing staff	62	97	61
Transport	846	598	328
Shopping, prescription deliveries, etc.	87	84	75
Memory Café attendances	902	1150	1035
Lunch Clubs attendances	1014	1224	623
New clubs and group activities	1056	444	
All Clubs	2972	2818	1658
Average weekly workload - client contacts	241	254	215
Total	12051	12680	10751

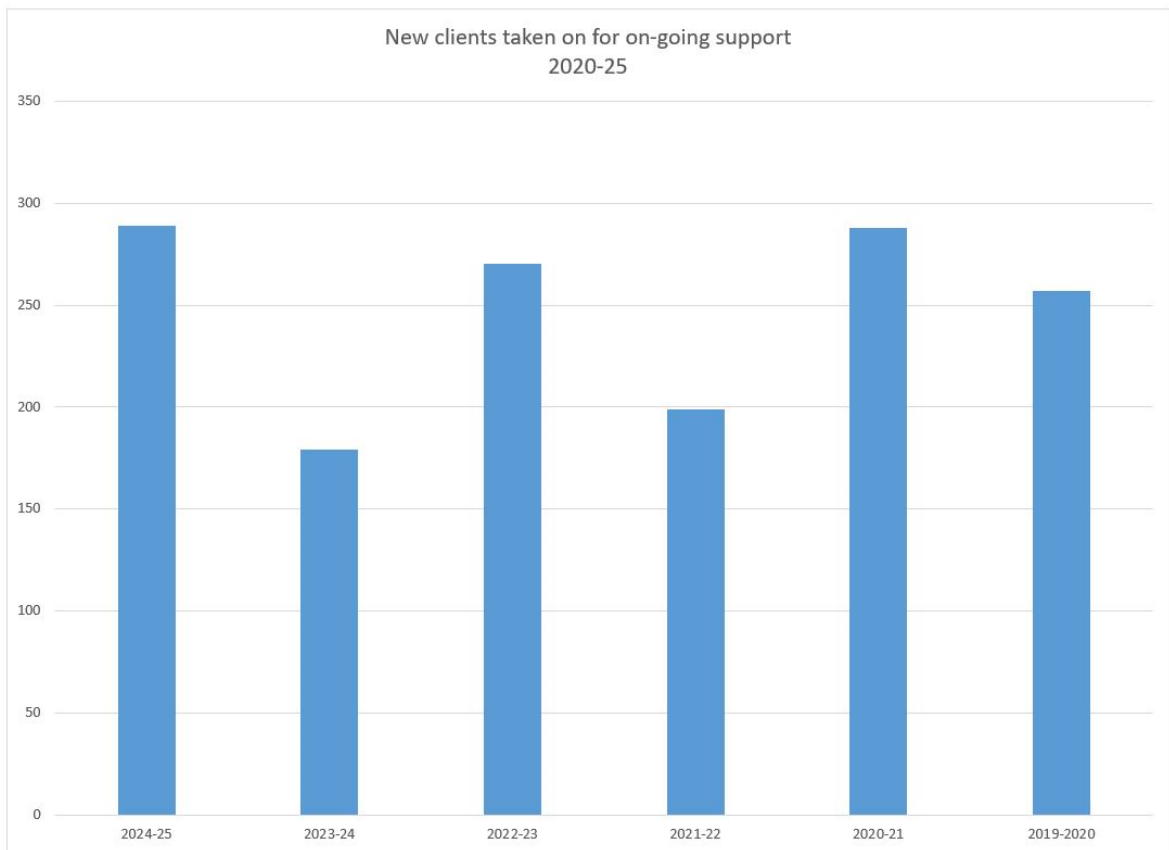
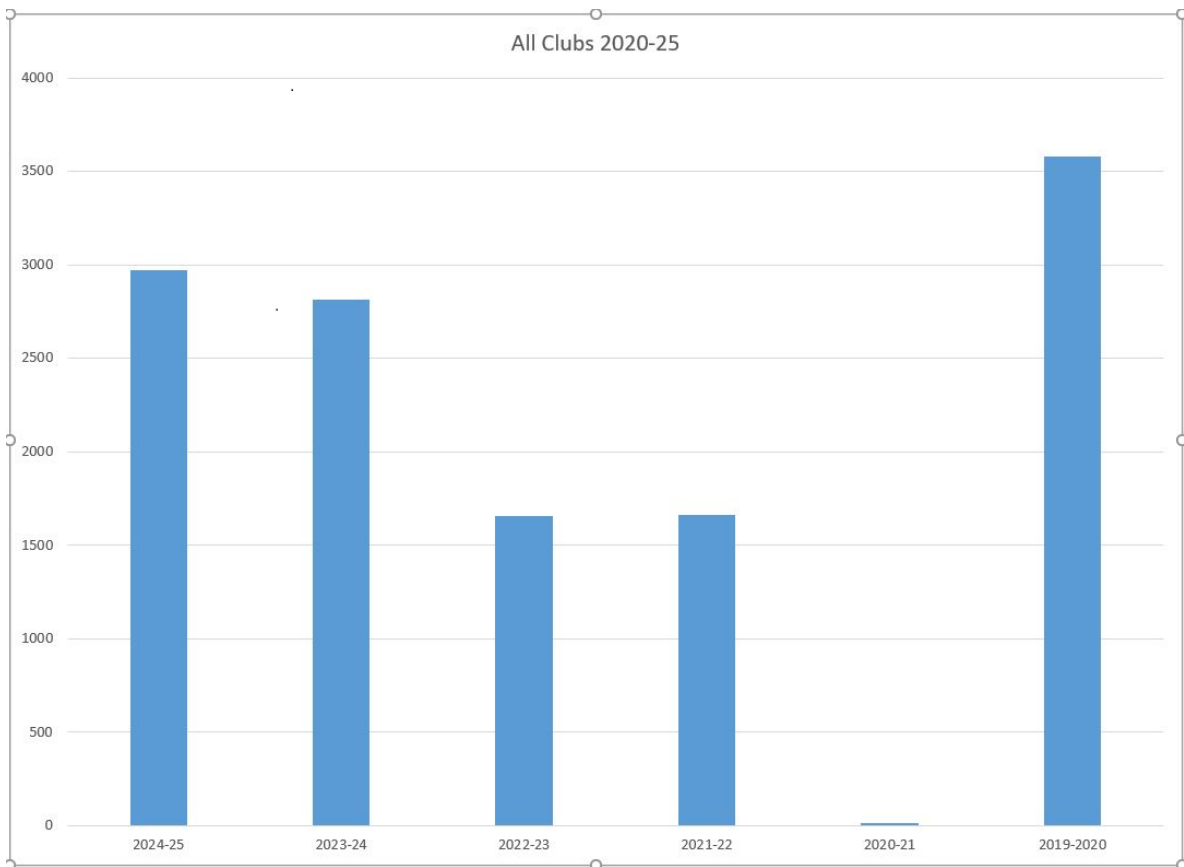
Dartmouth Caring

Trustees' Annual Report (continued)

Year ended 31 March 2025



Dartmouth Caring
Trustees' Annual Report (continued)
Year ended 31 March 2025



National Lottery Community Fund



Year 2 summary report

Project reference: 20211825

Project aims:

The overall aim of this project is to develop our new space as a resource for the local community.

With regards to beneficiaries, we expect to see change for people using our services in the following ways:

- Less isolated - through meeting new people; regular social opportunities; support from staff and volunteers; volunteering opportunities; feeling more part of their local community.
- Reduced stress / anxiety – through access to information & advice; specialist support with e.g. end of life, and dementia; someone with whom to talk through issues.
- Improved health and wellbeing – through advice and information; support with mental health; improved access to appropriate services and support; opportunities for physical activity.

This project will enable us to manage a period of change and provide additional resources, which will enable to develop new beneficiary activities, and to make sure that our new space is comfortable and works well for our beneficiaries.

Our target is to reach 390 new clients over the course of the project's life. Since the start of the project, 559 (270+289) clients have been added to our system, many of whom will be new clients because of our change of location and some who would have become new clients had we not moved.

We do know that our new services have brought in clients we would not have attracted without the move and without the grant. There are 190 (92+98) clients who have accessed our new group activities, plus clients who access others' services in our space; Job Centre Plus, AA, South Hams District Council and Citizens' Advice.

Dartmouth Caring
Trustees' Annual Report (*continued*)
Year ended 31 March 2025

Treasurer's Report and reserve policy - 2024-25

Overall, it has been an encouraging year for the charity with the result that a small surplus of nearly £3,000 is showing at the year end. Income is down from £446,000 in 2024 to £342,000 in 2025 which is due to the generous legacy in excess of £175,000 reflected in last years books. This money was received in the current year and is the principal reason the charity's cash and investments jumped from £69,000 in 2024 to £225,00 in 2025. The charity's expenditure has remained static and indeed shows a small reduction of £2,000 compared with last year.

The charity had reserves of £256,000 at the year-end of which £150,000 were unrestricted and £106,000 were restricted. Note 17 of the financial statements shows the areas in which funds were restricted, and these funds are being utilised all the time.

The economic climate is very difficult for small local charities and the trustees are continually looking at ways in which costs can be saved and funds raised. Taking all things into consideration, it is the trustees' assessment the charity is a going concern and will remain so for the foreseeable future provided the targeted level of fundraising is achieved.

The trustees' reserve policy is to hold between 60% and 80% of annual expenditure in reserves which is comfortably achieved at the year end. This decision has been reached on the basis that we do not wish to expose clients, the community, and staff to sudden shocks, caused by a decline in income leading to services being withdrawn. Our income sources vary significantly from year to year and are difficult to forecast a long way ahead. Approximately 1/3 of our oncome comes from a few main benefactors. This potentially leaves the charity exposed to a significant fall in income, should these benefactors' objectives change. We do not wish to assume that our income will continue to arrive in a dependable manner.

To maintain this level of reserves, new expenditure on staffing and new projects is carefully monitored at board meetings. Allied to this, trustees monitor the level of reserves and monitor patterns in the fluctuation throughout the year, so as to make informed decisions. Our reserves, having been boosted by a significant legacy, are in excess of our desired range. Trustees have discussed what we do about this and decided to leave them at a higher level than usual for two key reasons:

1. The funding environment is extremely challenging at the moment
2. The Lottery Grant is coming to an end, and we cannot rely on continued funding from this source.

Thank you for all the support the charity receives from our donors whether large or small and know without your support the charity would not survive.

Dartmouth Caring
Trustees' Annual Report (continued)
Year ended 31 March 2025

Statement of Trustees Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

The trustees are required to prepare financial statements which give a true and fair view of the charity and of the incoming resources and application of resources of the charity. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on and signed on its behalf by:

.....
Peter Adolphus (Treasurer and Trustee)

Dartmouth Caring

Independent Examiner's Report to the Trustees of Dartmouth Caring Year ended 31 March 2025

I report to the trustees on my examination of the financial statements of Dartmouth Caring ('the charity') for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
S R Smith (FCA)

Westcotts (SW) LLP
Chartered Accountants
Independent Examiner
Petitor House
Nicholson Road
Torquay
Devon
TQ2 7TD

Dartmouth Caring

Statement of Financial Activities

(including income and expenditure account)

Year ended 31 March 2025

		Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	4	91,151	219,900	311,051	394,630
Charitable activities	5	22,390	-	22,390	42,390
Fundraising income		5,186	-	5,186	6,649
Investment income	6	3,645	-	3,645	3,196
Total income		<u>122,372</u>	<u>219,900</u>	<u>342,272</u>	<u>446,865</u>
Expenditure					
Expenditure on fundraising		1,345	-	1,345	3,252
Expenditure on charitable activities	7	93,242	244,758	338,000	338,021
Total expenditure		<u>94,587</u>	<u>244,758</u>	<u>339,345</u>	<u>341,273</u>
Transfers between funds		(80,078)	80,078	-	-
Net income and net movement in funds		<u>(52,293)</u>	<u>55,220</u>	<u>2,927</u>	<u>105,592</u>
Reconciliation of funds					
Total funds brought forward		<u>202,339</u>	<u>51,250</u>	<u>253,589</u>	<u>147,997</u>
Total funds carried forward		<u>150,046</u>	<u>106,470</u>	<u>256,516</u>	<u>253,589</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 21 to 28 form part of these financial statements.

Dartmouth Caring

Statement of Financial Position

Year ended 31 March 2025

	Note	2025 £	£	2024 £
Fixed assets				
Tangible fixed assets	12		12,549	11,693
Current assets				
Debtors	13	28,141		188,921
Investments	14	121,139		3,308
Cash at bank and in hand		104,118		66,222
		<u>253,398</u>		<u>258,451</u>
Creditors: amounts falling due within one year	15	<u>9,431</u>		<u>16,555</u>
Net current assets			<u>243,967</u>	<u>241,896</u>
Net assets			<u>256,516</u>	<u>253,589</u>
Funds of the charity				
Unrestricted funds			150,046	202,339
Restricted funds			106,470	51,250
Total charity funds	17		<u>256,516</u>	<u>253,589</u>

These financial statements were approved by the board of trustees and authorised for issue on
and are signed on behalf of the board by:

.....
Dee Nutt (Trustee)

.....
Peter Adolphus (Trustee)

The notes on pages 21 to 28 form part of these financial statements.

Dartmouth Caring

Notes to the Financial Statements

Year ended 31 March 2025

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is Dartmouth Health & Wellbeing Centre, Wessex Way, Dartmouth, Devon TQ6 0JL.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis.

Going concern

There are no material uncertainties about the charity's ability to continue, which has been confirmed by the trustees, as there are sufficient reserves held and with regular budgeting carried out for the following year.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken under the disclosure exemptions available not to present a cash flow statement for the charity.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Accounting estimates and assumptions are made concerning the future and by their nature, will rarely equal the related actual outcome. The key assumptions and other sources of estimation uncertainty that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are none.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and in hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less.

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

Where a grant (including government grants) does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

- legacy income is recognised when receipt is probable and entitlement is established.
- no amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events and non-charitable trading activities.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. No tangible assets are carried at a revalued amount.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Office, general equipment and motor vehicle - 25% Straight line

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument and are initially recognised at the amount receivable or payable including any related transaction costs. Current assets and current liabilities are subsequently measured at the cash value or other consideration expected to be paid or received and not discounted.

Taxation

As a registered charity Dartmouth Caring is potentially exempt from taxation on its income and gains under Part 11 of the Corporation Tax Act 2010 and Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income and gains are applied exclusively to charitable purposes.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Donations			
General donations	18,974	-	18,974
Gift Aid	2,591	-	2,591
Legacies			
	30,886	-	30,886
Grants			
National funding and grants	38,700	99,257	137,957
Dartmouth and District funding and grants	-	57,000	57,000
Government bodies	-	63,643	63,643
	<u>91,151</u>	<u>219,900</u>	<u>311,051</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
General donations	16,343	2,405	18,748
Gift Aid	2,182	601	2,783
Legacies			
	175,000	-	175,000
Grants			
National funding and grants	12,556	59,555	72,111
Dartmouth and District funding and grants	886	66,713	67,599
Government bodies	-	58,389	58,389
	<u>206,967</u>	<u>187,663</u>	<u>394,630</u>

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

5. Charitable activities

	Total unrestricted funds	
	2025	2024
	£	£
Home Help Service	7,176	30,832
Transport donations	6,789	4,964
Luncheon Club (including raffle)	6,028	5,470
Other income	2,397	1,124
	<u>22,390</u>	<u>42,390</u>

6. Investment income

	Total unrestricted funds	
	2025	2024
	£	£
Bank interest receivable	3,645	3,196
	<u>3,645</u>	<u>3,196</u>

7. Expenditure on charitable activities

	Note	Unrestricted Funds	Restricted Funds	Total funds
		£	£	2025
		£	£	£
Direct costs		28,506	244,758	273,264
Support costs	8	64,736	-	64,736
		<u>93,242</u>	<u>244,758</u>	<u>338,000</u>
		<u>93,242</u>	<u>244,758</u>	<u>338,000</u>
		<u>93,242</u>	<u>244,758</u>	<u>338,000</u>
		Unrestricted Funds	Restricted Funds	Total funds
		£	£	2024
		£	£	£
Direct costs		48,780	229,083	277,863
Support costs	8	60,158	-	60,158
		<u>108,938</u>	<u>229,083</u>	<u>338,021</u>
		<u>108,938</u>	<u>229,083</u>	<u>338,021</u>
		<u>108,938</u>	<u>229,083</u>	<u>338,021</u>

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

8. Support costs

	Total unrestricted funds	
	2025	2024
	£	£
Premises	13,575	8,736
General office	5,349	4,674
Insurance	4,635	4,441
Independent examination fees :-		
Examination of the financial statements	4,450	3,750
Other services	-	1,300
Consultancy fees	2,525	5,049
Telephone, internet and IT support	17,141	13,724
Printing, postage, stationery and advertising	4,538	5,256
Depreciation	7,005	5,040
Bank charges	676	945
Sundry expenses	4,842	7,243
	<u>64,736</u>	<u>60,158</u>

9. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025	2024
	£	£
Wages and salaries	236,616	222,593
Social security costs	7,176	13,929
Employer contributions to pension plans	2,324	2,239
	<u>246,116</u>	<u>238,761</u>

The average head count of employees during the year was 16 (2024: 22). The average number of full-time equivalent employees during the year is analysed as follows:

	2025	2024
	No.	No.
Manager	1	1
Support workers and administration	9	12
	<u>10</u>	<u>13</u>

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

10. Trustee remuneration and expenses

During the year Mr N Hindmarsh received a gross salary £44,931 (2024: £43,794) and pension contributions of £Nil (2024: £Nil) through his employment as the charity manager. This position is held as part of his managerial role, and he is excluded from the decision-making process regarding his remuneration and benefits.

During the year there were no trustee expenses (2024 – Nil).

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

11. Volunteers

In 2024-25, our Volunteer Engagement Manager completed her first full year with the Charity and the difference in the quality of the way in which we engage with, and support volunteers has made a fundamental shift for the better. This has played a key part in increasing the significance of the work volunteers make to what we do. In order to develop new services, we recognise that the use of volunteers as opposed to more paid staff is the more sustainable route to follow.

Throughout the year we had the support of over 100 volunteers from which a core of 80 participate regularly. Volunteers, provide many services to our clients, including shopping, driving to health appointments, driving clients to and from clubs, cooking for lunch club, assisting at Memory Café, Lunch Club, Monday Makes, Baby Weigh & Play, Souper Thursday, VIP, and a wide range of other activities.

12. Tangible fixed assets

	Motor Vehicle	Equipment	Total
	£	£	£
Cost at 1st April 2024	2,400	37,217	39,617
Additions	-	7,861	7,861
Cost at 31st March 2025	<u>2,400</u>	<u>45,078</u>	<u>47,478</u>
Depreciation at 1st April 2024	1,800	26,124	27,924
Charge for the year	600	6,405	7,005
Depreciation at 31st March 2024	<u>2,400</u>	<u>32,529</u>	<u>34,929</u>
Carrying Amount 31st March 2025	<u>-</u>	<u>12,549</u>	<u>12,549</u>
Carrying Amount 31 st March 2024	<u>600</u>	<u>11,093</u>	<u>11,693</u>

13. Debtors

	2025	2024
	£	£
Legacy	7,000	175,000
Trade debtors	10,279	5,468
Prepayments and accrued income	10,862	8,453
	<u>28,141</u>	<u>188,921</u>

14. Investments

	2025	2024
	£	£
Short-term deposits	<u>121,139</u>	<u>3,308</u>

15. Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	2,260	7,577
Accruals and deferred income	4,583	5,623
Social security and other taxes	2,588	3,355
	<u>9,431</u>	<u>16,555</u>

16. Pensions and other post-retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £2,324 (2024: £2,239).

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

17. Analysis of charitable funds

Unrestricted funds

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
	£	£	£	£	£
General funds	202,339	122,372	(94,587)	(80,078)	150,046
	<u>202,339</u>	<u>122,372</u>	<u>(94,587)</u>	<u>(80,078)</u>	<u>150,046</u>
	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	93,188	259,202	(97,190)	(52,861)	202,339
Designated funds	15,000	-	(15,000)	-	-
	<u>108,188</u>	<u>259,202</u>	<u>(112,190)</u>	<u>(52,861)</u>	<u>202,339</u>

The funds are held so that the charity is in a position to continue offering the services in line with their charitable aims and objectives during periods of declining income, as laid out in the Treasurer's Report and Reserves Policy.

The transfers between funds were due to the expenditure exceeded the income of those restricted funds.

Restricted funds

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
	£	£	£	£	£
National Lottery Fund Community	9,352	74,976	(25,025)	-	59,303
Coronavirus	-	-	-	-	-
Mental Health Work	-	32,200	(39,527)	7,327	-
Meals on Wheels	1,815	-	-	-	1,815
Specialist Health Services	-	17,926	(47,046)	29,120	-
Wellbeing	40,083	44,798	(39,529)	-	45,352
Dartmouth United Charities	-	50,000	(93,631)	43,631	-
Winter Fuel Allowance	-	-	-	-	-
	<u>51,250</u>	<u>219,900</u>	<u>(244,758)</u>	<u>80,078</u>	<u>106,470</u>
	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
National Lottery Fund Community	-	42,975	(33,623)	-	9,352
Coronavirus	-	-	(12,181)	12,181	-
Mental Health Work	-	26,952	(28,558)	1,606	-
Meals on Wheels	1,815	-	-	-	1,815
Specialist Health Services	3,730	27,218	(33,602)	2,654	-
Wellbeing	28,173	37,512	(25,602)	-	40,083
Dartmouth United Charities	-	50,000	(70,749)	20,749	-
Winter Fuel Allowance	6,091	3,006	(24,768)	15,671	-
	<u>39,809</u>	<u>187,663</u>	<u>(229,083)</u>	<u>52,861</u>	<u>51,250</u>

The purposes of the restricted funds are detailed by the charity manager in the annual report, from page 7 onwards.

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

18. Analysis of net assets between funds	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Tangible fixed assets	12,549	-	12,549
Current assets	146,928	106,470	253,398
Creditors less than 1 year	(9,431)	-	(9,431)
Net assets	<u>150,046</u>	<u>106,470</u>	<u>256,516</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	11,693	-	11,693
Current assets	207,201	51,250	258,451
Creditors less than 1 year	(16,555)	-	(16,555)
Net assets	<u>202,339</u>	<u>51,250</u>	<u>253,589</u>

19. Net incoming/outgoing resources

Net incoming/(outgoing) resources for the year include:

	2025 £	2024 £
Depreciation of fixed assets	<u>7,005</u>	<u>5,040</u>

20. Commitments

The estimated total future minimum lease payments under non-cancellable operating leases are as follows:

	2025 £	2024 £
Not later than 1 year	12,000	12,000
Over 1 year and not later than 5 years	24,000	36,000
	<u>36,000</u>	<u>48,000</u>

21. Post balance sheet events

A legacy was confirmed during the year, which is due to be received in full by mid 2025, with an estimated valuation of £7,000. As the legacy was known in the reporting year, it has been included within income in these financial statements.

22. Related parties

The trustees and key personnel are listed on page 3. There were no related party transactions during the year.

DARTMOUTH CARING

England & Wales - Charity number 1187326

Accounts



Dartmouth Caring
Supporting Our Community

2023-24 ANNUAL REPORT

36 YEARS SUPPORTING OUR COMMUNITY

At a Glance

Highlights from the year	Our Year in Pictures	What's happened this year?	Financial Summary and details	Baseline report for the Lottery
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Dartmouth Caring
Trustees' Annual Report
Year ended 31 March 2024

	Page
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Independent examiner's report to the trustees	33
Statement of financial activities	34
Statement of financial position	35
Notes to the financial statements	36

Dartmouth Caring
Trustees' Annual Report
Year ended 31 March 2024

Reference and Administrative

Charity Registration Number: 1187326

Principal Office: Dartmouth Health and
Wellbeing Centre
Wessex Way
Dartmouth
Devon
TQ6 0JL

President	Vacant
Chair Trustee	Dee Nutt
Treasurer Trustee	Peter Adolphus
Vice Chair Trustee	Charles Sutherland
Ex officio Trustee - Manager	Nick Hindmarsh
Trustee	Caroline Martin
Trustee	Dr Frances Davidson
Trustee	Delia Kempley

**Independent
examiner:** S R Smith FCA
Westcotts
Chartered Accountants
Petitor House
Nicholson Road
Torquay
Devon
TQ2 7TD

Bankers: Lloyds Bank
31 Fore Street
Totnes
Devon
TQ9 5HH

Dartmouth Caring
Trustees' Annual Report (*continued*)
Year ended 31 March 2024

Structure, Governance and Management

Dartmouth Caring is as a Charitable Incorporated Charity registered in England and Wales, number 1187326, and commenced on 1 April 2022.

It is governed by its Constitution adopted on 7 January 2020 and registered on the 13 January 2020. The charity is the successor to Dartmouth Caring (unincorporated, with registration number 900226).

Trustees

The charity trustees serving during the year are as follows:

- Dee Nutt
- Peter Adolphus
- Charles Sutherland
- Nick Hindmarsh
- Martin McGowan-Scanlon (resigned 22/05/23)
- Caroline Martin
- Dr Frances Davidson
- Delia Kempley

Ex officio Trustee

(a) The Manager, Nick Hindmarsh, for the time being (“the office holder”) shall automatically (“ex-officio”) be a charity trustee, for as long as he or she holds that office.

(b) If unwilling to act as a charity trustee, the office holder may:

- before accepting appointment as a charity trustee, give notice in writing to the trustees of his or her unwillingness to act in that capacity; or
- after accepting appointment as a charity trustee, resign under the provisions contained in clause [12] (Retirement and removal of charity trustees).

The office of ex officio charity trustee will then remain vacant until the office holder ceases to hold office.

Charity trustees

Functions and duties of charity trustees

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

- a) to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and

Dartmouth Caring
Trustees' Annual Report (*continued*)
Year ended 31 March 2024

Charity trustees (*continued*)

Functions and duties of charity trustees (*continued*)

- b) to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to:
- any special knowledge or experience that he or she has or holds himself or herself out as having; and,
 - if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

Eligibility for trusteeship

- a) Every charity trustee must be a natural person.
- b) No individual may be appointed as a charity trustee of the CIO:
- a. if he or she is under the age of 16 years; or
 - b. if he or she would automatically cease to hold office under the provisions of clause [12(1)(e)].
- c) No one is entitled to act as a charity trustee whether on appointment or on any re-appointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee.
- d) At least one of the trustees of the CIO must be 18 years of age or over. If there is no trustee aged at least 18 years, the remaining trustees may only act to call a meeting of the charity trustees, or appoint a new charity trustee.

Number of charity trustees

- a) There must be at least four charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.
- b) The maximum number of charity trustees is ten. The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

Membership of the CIO

- a) The members of the CIO shall be its charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else.
- b) Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

Dartmouth Caring
Trustees' Annual Report (*continued*)
Year ended 31 March 2024

Objectives and Activities for the Public Benefit

- The objects of the CIO are to undertake voluntary work in education, health & welfare, social services and similar support activities amongst those in need.
- Dartmouth Caring will serve the geographical area around Dartmouth, Stoke Fleming, Strete, Blackawton, Dittisham; served by Torbay Hospital, Derriford Hospital, Royal Devon & Exeter Hospital and the Dartmouth Medical Practice and any successors thereto.
- We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.
- All of the trustees are asked to read the Charity Governance Code.

Recruitment and Induction of new Trustees

The Trust Board is always mindful of the need to review its skills set and the capacity of the Board to discharge its role.

- When a need to recruit new trustees arises an external advertisement is placed in the local press and on social media. If a wider search is needed, then other channels will be explored.
- Potential trustees need to apply for the role. Those short listed are interviewed by the Chair and one other trustee, with the Manager.
- On appointment the Manager spends time with new trustees ensuring they are aware of their roles and responsibilities and current issues facing the charity; this includes discussing safeguarding and completion of DBS checks. An induction pack is used to assist this process.



Dee Nutt (MBE) –
Chair of Trustees

"This year has been a really eventful
time for the charity..."

Welcome from our Chair

This year has been a really eventful time for the charity as we finally moved to our new home in the Health & Wellbeing centre. Having had time to plan for the move it was well organised, and all went smoothly, now everyone has settled in.

As anticipated new services have evolved and traditional services like the Memory Cafe and Lunch Club are going from strength to strength so much so that we now have a waiting list.

New services like the Table Top Gaming group, Souper Thursday and Friday Baby Weigh & Play group are becoming increasingly popular. All together a sign of the great success we are making now we have a proper home.

We have waited so long for this move and it's fantastic to go see this wonderful environment for all clients, volunteers and staff, all of whom really enjoy both the space and the garden.

I want to thank all the volunteers, staff, clients and supporters of Dartmouth Caring for all their help and ideas over the last year.

Thank you and my very best wishes to you all!

A handwritten signature in black ink, appearing to read 'D. Nutt'.



Nick Hindmarsh
(BEM) - Manager

"Our focus is to support those in need, including the elderly, younger adults and teenagers – helping everyone to live their lives as they choose, connecting those who feel isolated, and improving the emotional and physical health and wellbeing of our clients."

Manager's Welcome Message

I hope this report helps you understand the range of our work and its impact, whether you are reading this as a client, a volunteer, benefactor or grant awarding body. The trustees and I are proud of what the charity achieves each year, achievements that would not take place without our wonderful volunteers and great staff team – and you, our supporters!

This past year has been especially challenging in terms of fundraising which, with the exception of the National Lottery, has been the most difficult I have encountered in the 8 years I have been here. This makes us ever more thankful for those who have donated or awarded grants to us this year. You can read more about this in the financial report. However, we have been notified that we have been named as a beneficiary in a legacy from a local resident which leaves our balance sheet looking healthier than it would have.

The big grant news of the year was our successful bid to the National Lottery Community Fund. This project is to enable an effective transition to our new base at the health and wellbeing centre, supporting existing clients and being able to respond to new needs. A significant part of this is growing our partnership working and team of volunteers, of which more later.

We look forward to working with you all in the coming years.



Dartmouth Caring – Our story

We were set up in 1988 to meet the need of the elderly in the community, initially running lunch clubs and providing volunteer drivers to take patients to hospital.

In 1989 we became the registered charity - Dartmouth Caring (900226). In 2020 we incorporated and started trading as a CIO, Dartmouth Caring (1187326), with effect from 1st April 2022.

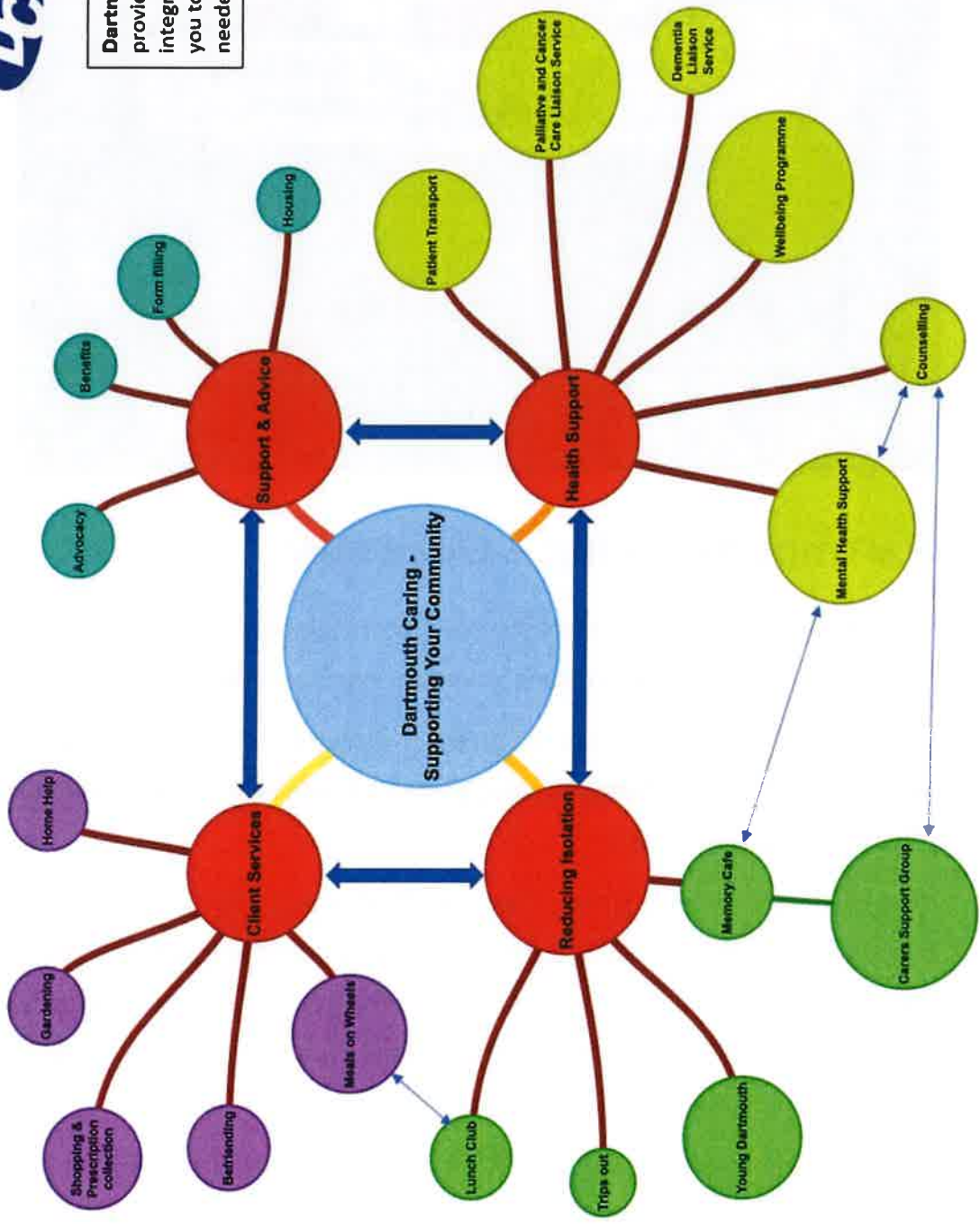
Over the years we have grown, always looking to plug gaps in the services the community needs. For our first decade we were entirely volunteer led and run, then in our second decade we started to employ staff, initially a part-time manager, and then others to support the services as they grew to include counselling, and a limited range of advice services.

In the past ten years our service offer has grown significantly and along with this, a trained staff have been recruited to run additional services; Memory Cafe, benefit and housing advice, dementia support, palliative and cancer care, home help, hospital discharge support, and many others. We currently employ over 200 hours of weekly staff time.

We now provide a range of services that are mutually supportive of each other, often providing an ability to provide a holistic approach to clients' needs.



Dartmouth Caring
 provides wrap-around
 integrated services for
 you to call upon when
 needed.



The Year in Pictures



Easter lunch club



Volunteers preparing lunch



Baby Weigh and Play





Happy 90th Birthday @ Memory Café



Tidying the raised beds



Patient Transport



Teamwork and fun at Memory Cafe



Volunteers at Souper Thursday



Souper Thursday



All the gang at Dartmouth Dawdle



After dawdling - the chatter and cakes, with thanks to the Flavell!

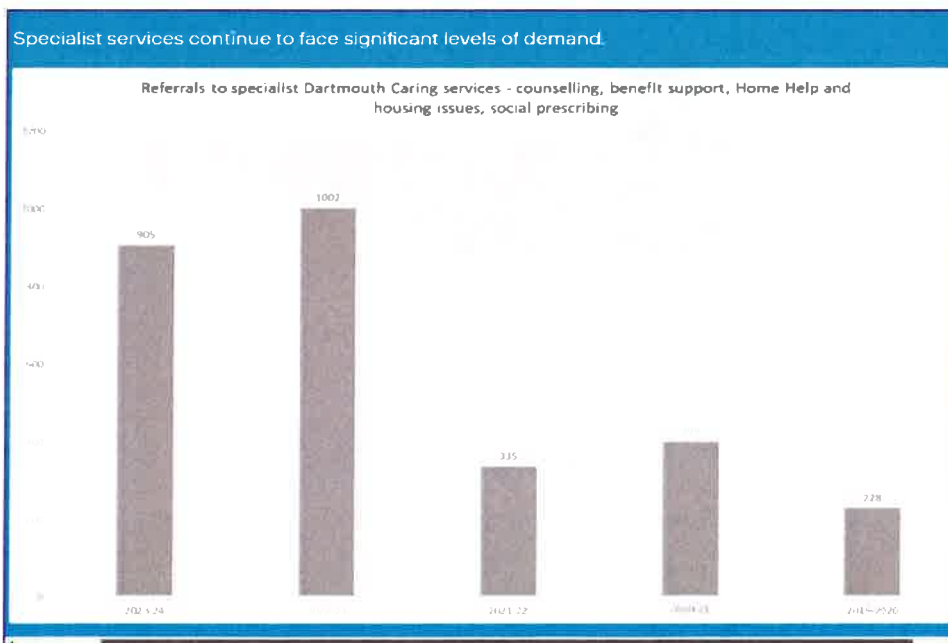
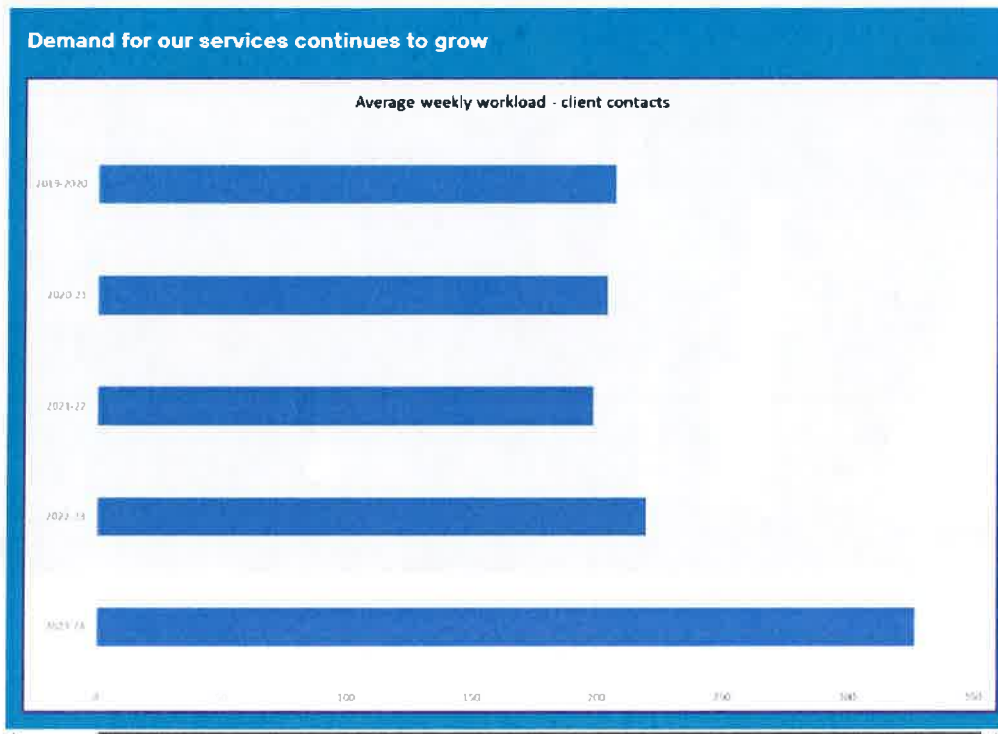


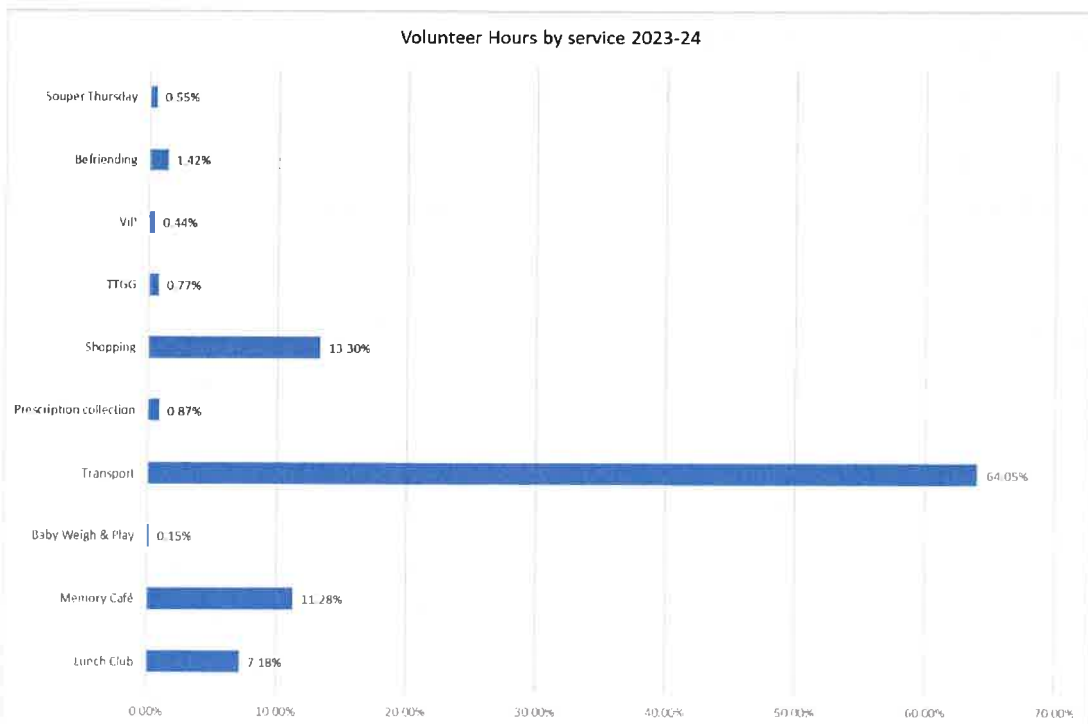
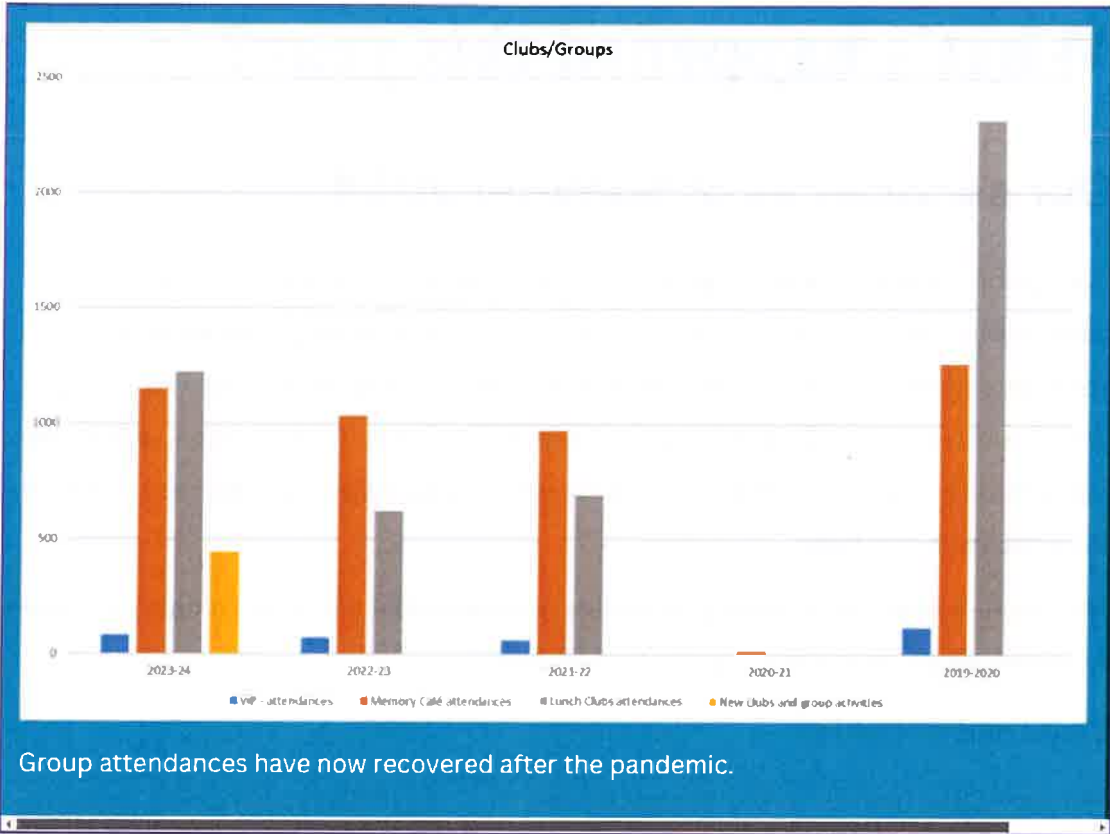
The wonderful Memory Cafe volunteers



What's happened this year

The Year in Tables





Note: we started several services in the second half of the year and later, meaning their use of volunteers is understated.

What's happened this year?

Our services as of Summer 2024

During this year we have expanded our services and developed them in partnership with others, so that the offer to the community is wider and not solely provided by Dartmouth caring but in partnership with others including; Citizens Advice, Job Centre Plus, AA, Dartmouth Green Partnerships, and others. The aim being to fully utilise the space and skills available to maximise wellbeing services from our base.

We offer a variety of engaging activities and essential services to cater to diverse interests and needs. Here's a quick overview:

Clubs and Activities

Memory Café: Join us every Tuesday from 10:30 to 12:30 for a friendly gathering. For more details or to participate, please get in touch.

Lunch Club: Every Wednesday from 12:00 to 14:00, enjoy a two-course meal for £5. Booking is required, and transport may be available.

Soup-er Thursdays: Every Thursday from midday, savour soup and a roll or a ploughman's lunch with a hot drink for £2. Followed by board games or a film. Booking is necessary.

Visually Impaired Reading Group (VIP): Meeting the first Thursday of each month from 14:00 to 16:00. Now open to all. Contact Celia for more details.

Bereavement Group: Contact Andie Day or Celia Stevens if interested. This group is not open and meetings are advertised about a month in advance.

Alcoholics Anonymous (AA): Meetings are held every Thursday at 18:30 in our café space. Call the national helpline or contact Ken directly to join.

Table Top Gaming Group: Open to anyone aged 18+, every Wednesday from 18:00 to 21:00. Book your place by contacting Lucy.

Baby Weigh & Play: Held fortnightly on Fridays from 10:00 to 12:00. Enjoy toys, crafts, and sensory activities while weighing your baby. Older pre-school siblings are welcome. Contact April or Leah for more details.

Monday Makers: A creative wellbeing group meeting fortnightly on Mondays from 11:00 to 13:00. Bring your ideas and interests to share. Contact April or Kate for more information.

Specialist 1:1 Services

Benefit and Housing Advice and Support: Available to assist with any queries you may have.

Dementia Liaison Service: Contact Natasha for support and information.

Carer Support: Offering assistance and resources for caregivers.

Volunteer Patient Transport: Available to help with medical appointments. This service operates every Wednesday morning and afternoon. Contact us to book a journey.

Palliative Care Service: In partnership with Dartmouth Medical Practice. Contact Andie Day or Celia Stevens for more information.

Social Prescribing: In partnership with Dartmouth Medical Practice. Contact Kate Cooke to learn more.

Citizens' Advice: Available every Tuesday afternoon from 13:00 to 16:00.

Counselling: Speak to Karen for more information and support.

Job Centre Plus (JCP): Outreach workshops every Thursday by invitation, to simplify access to their services.

Home from Hospital Support: Assisting with basic needs for post-discharge and liaising with support teams for additional services.

Shopping and Prescription Deliveries: Temporary assistance available post-hospital discharge or during medical crises. Call us with your request.

The Friday Hub at Townstal Community Hall: Home of Dartmouth Food Bank and attended by various service providers and support workers every fortnight.

Gardening: Open to all users, managing the garden area, including building raised beds.

Upcoming Services

Dough Bros: A men's sourdough pizza-making group starting in July. Stay tuned for more details.

Sewing Club: For beginners or experienced individuals, using sewing machines.

Conversation Club: For practicing spoken English for those learning it as an additional language.

National Lottery Community Fund



The project's aims

Baseline report - Year 1

Project Aims

The overall aim of this project is to develop our new space as a resource for the local community.

With regards to beneficiaries, we expect to see change for people using your services in the following ways:

- Less isolated – through meeting new people; regular social opportunities; support from staff and volunteers; volunteering opportunities; feeling more part of their local community.
- Reduced stress / anxiety – through access to information and advice; specialist support with e.g. end of life, and dementia; someone with whom to talk through issues.
- Improved health and wellbeing – through advice and information; support with mental health; improved access to appropriate services and support; opportunities for physical activity.

This project will enable us to manage a period of change and provide additional resources, which will enable to develop new beneficiary activities, and to make sure that our new space is comfortable and works well for our beneficiaries.

The new volunteer co-ordinator role will enable us to develop our volunteer support offer. The impact of this role is already very clear, including additional volunteers and much improved communication, training and support for volunteers. You can see what the volunteers themselves say here - [Volunteering | Dartmouth Caring | We are always seeking volunteers](#)

By the end of the 3 year grant, we have said we will have successfully extended our offer, settled into the new building and developed our longer term sustainability. We will have also strengthened existing partnership working and developed new joint initiatives and activities.

To measure the impact of the grant we have used an element of this funding to pay for an external audit of our work. The initial baseline report follows below.

Summary Baseline report 2024



Dartmouth Caring

Baseline Report – Summary

Monitoring data

In the year running up to moving to the new centre, the following activity and reach was recorded by Dartmouth Caring. This will be used as a baseline, and comparisons made over the period of the National Lottery Community fund grant. Key aims of the funding, are to develop new activities / services and widen the reach to new people – monitoring data will enable Dartmouth Caring to demonstrate this. Further data is available.

In 2022/23, Dartmouth Caring:

- Supported 944 people, 25% of whom were new to Dartmouth Caring
- Supported 386 individuals 1:1 with benefits / housing advice
- Supported 61 individuals with dementia or facing end of life

- Ran 2 activity groups each week, with an average attendance of 21 for Memory Café and 10 for Lunch Club
- Ran a monthly Carers' Group and Visually Impaired Reading Group, each with an average attendance of 7.
- Provided free counselling for 34 people
- Home Help support was provided for 23 people; and support with prescriptions/shopping for 12 individuals

Data for 2022/23 showed the following:

- 73%* of clients were over the age of 65 (though age was not recorded for around 25% of clients)
- Around 63% of clients are female and 37% male.
- Around 83% of clients live in Dartmouth, with 17% living in the villages/rural area surrounding Dartmouth. Around 40% of clients living in Dartmouth are in Townstal
- 25% of clients are carers
- Around 37%* of clients have a disability and / or long term health condition that impacts their daily lives. Some have multiple conditions.
- 24% of clients are in poverty / deprivation

*[*Please note, these figures are approximations based on the data currently available.*

Management of monitoring data is currently being updated.]

The most common sources of referral to Dartmouth Caring in 2022/23 were self-referral (46%) and social prescriber (13%).

Since receipt of National Lottery Community Fund grant funding, Dartmouth Caring have worked on their monitoring processes and evaluation tools and all services / activities have plans in place to collect feedback from clients. A summary evaluation framework is available which gives further details.

Key points from baseline feedback

Online surveys were set up and run for staff, volunteers, Trustees and partner organisations. NB client feedback was sought when applying for funding from the National Lottery but is not included in this baseline report – data will be collected from clients during the first year of the project and will be reported in later evaluation reports.

Response rates were as follows:

- Staff – 12 (of 14 staff) responded
- Volunteers – 22 volunteers (of 35 invited to respond) responded
- Trustees – 6 (of 7 Trustees) responded
- Partner/referring organisations – 13 responses (the survey link was sent to 35 people)

This summary highlights key findings from the feedback – a fuller report is available.

Overall, feedback was very positive on Dartmouth Caring's service. Average scores were:

- The average score for staff giving feedback was 5.08 (out of 6);
- Volunteers' average score was 5.68 (out of 6)
- Partner organisations gave an average score of 9.23 (out of 10)

A few of the comments made can be seen below:

It is a well-respected and effective local charity that is easy to work with [Partner organisation]

An excellent team of staff who communicate well and are well led [Trustee]

I feel it is a really worthwhile organisation which deserves the good reputation and support it has gained in the local community and surrounding villages. [Volunteer]

Very few respondents suggested improvements. Those who did highlight improvements fell generally into the categories below.

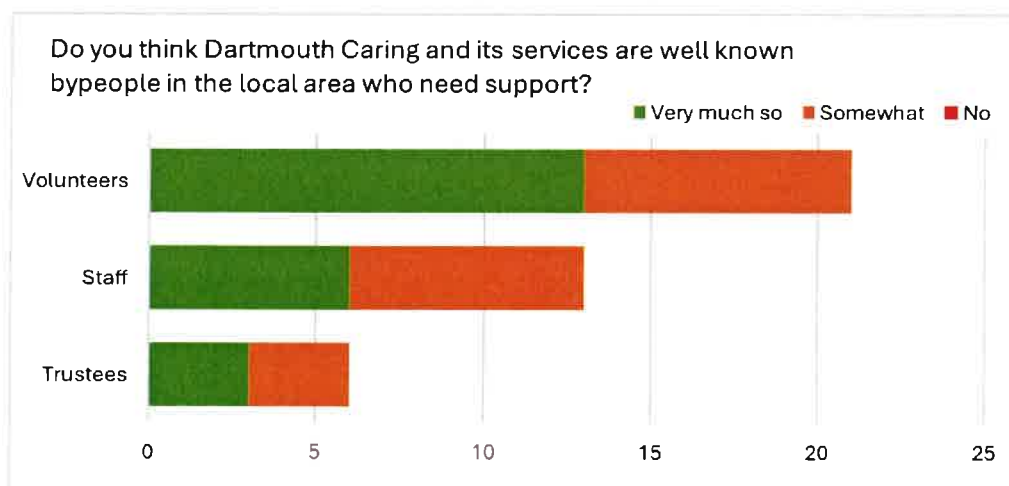
Reaching more people – Dartmouth Caring have already started a number of new activities since the move, and are continuing to build on these – responses to the consultation should be reviewed as part of developing new activities. Feedback highlighted two main areas where Dartmouth Caring could potentially reach more / different people:

- **Different age groups** – Feedback suggested that Dartmouth Caring could do more to support families and young people. There is a feeling that Dartmouth Caring is seen as an organisation that supports mainly older people.
- **Geographical Outreach** – A number of respondents mentioned the need to improve outreach to local villages and the rural area around Dartmouth.

Promotion – feedback (see the Chart below) suggests that Dartmouth Caring is well known locally, but that there is room for improvement on this.

Recruiting more volunteers – Feedback suggested that Dartmouth Caring are already doing well in reaching out to potential volunteers, but more volunteers are needed.

Financial Sustainability – Trustee feedback on the longer-term financial sustainability of Dartmouth Caring shows that they are actively looking at this. However, staff and volunteers were less aware, and there could perhaps be clearer communication from Trustees around this.



Being part of Dartmouth Caring

Feedback was positive on being part of Dartmouth Caring as staff, volunteers or Trustees (see the Chart below). The word clouds below illustrate the words people used to describe their involvement with Dartmouth Caring.

Staff



Volunteers



Trustees



There was some indication that staff, volunteers and Trustees could benefit from training opportunities – although this would need further consultation. Some staff feel that there could be more support when they are dealing with complex / emotional cases, so that they can talk through options, and process emotions themselves. There was also mention of occasional staff capacity issues.

Feedback indicates that some volunteers feel that they could be doing more. Feedback also highlights the importance of making sure volunteer expenses are provided along with other elements that make volunteering easier (e.g. parking spaces).

Initial feedback highlights that both volunteers and trustees feel that they gain personally from being involved in Dartmouth Caring. Volunteers report that they particularly, have met new people (77%); feel more useful (74%) and feel better connected to the local community (73%). Trustees were most likely to say they had met new people; had improved access to information / advice; felt more useful; and felt better connected to the local community.

A small number of the comments made can be seen below:

[Volunteering] helped me to get over the death of my partner. [Volunteer]

As an incomer to the county on my retirement I needed a strategy to connect and fit in. This was a key part of it. [Volunteer]

Being a volunteer has given me a sense of purpose and direction and made use of my skillset. [Volunteer]

Move to the Health and Wellbeing Centre

Generally, the move to the Health and Wellbeing Centre is reported as being positive. It is felt that the venue is an improvement on the old offices and being able to offer Generally, the move to the Health and Wellbeing Centre is reported as being positive. It is felt that the venue is an improvement on the old offices and being able to offer all of the support in one nice venue creates a 'buzz'.

Attendances are increasing, and Dartmouth Caring is already offering additional activities.

The negative aspects are that Dartmouth Caring is no longer based in the centre of Dartmouth – with some transport/access issues associated with this; and some feel the space isn't big enough. A couple of the comments made can be seen below:

Positive - Much improved working conditions for staff and clients. More professional in facilities and environment. Only negative is we are slightly "out of town" for some of our elderly clients. [Trustee]

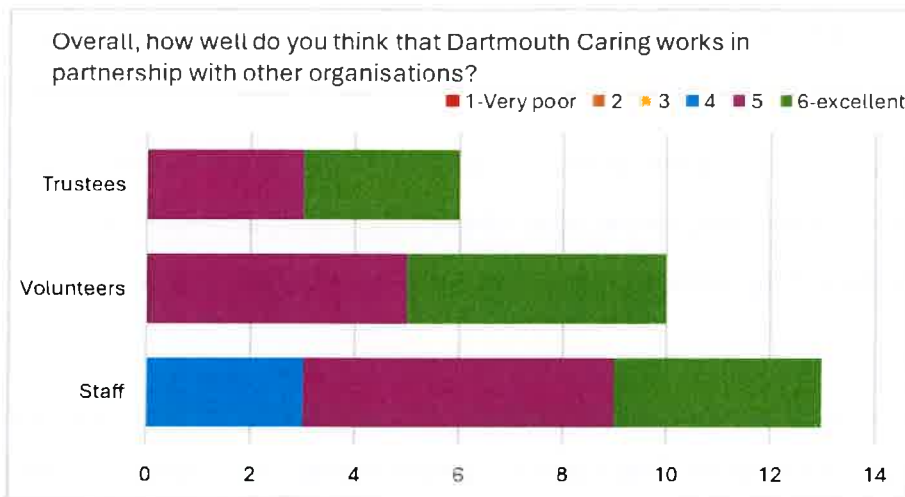
Being able to have activities and groups onsite creates a buzz, a positive atmosphere for staff and clients. Figuring out how best to share the space can be tricky. [Staff member]

Difficult for people to get there. The space for groups is far too small, we have to put people on a waiting list which is not good. [Staff member]

The location in town was better for getting to and being more visible. However, the facilities at the new location are much better. The bus service in Dartmouth is unreliable so I fear this will have a negative impact in the short term until this is improved. [Volunteer]

Partnership working

Respondents from local organisations / agencies felt that partnership working was generally positive (average score 9.0 out of 10). Most felt there were no improvements needed to the way that Dartmouth Caring works with them. Generally, staff felt partnership working was good, though some felt it could be improved (average score of 5.1 out of 6). Trustees also felt that partnership working is good (average score of 5.5 out of 6). Volunteers giving an opinion felt partnership working was good (average score of 5.5 out of 6) – but quite a number (13 of the 23) had no opinion. [See Chart below].



Conclusion

Overall, feedback has been exceptionally positive from all stakeholders.

Dartmouth Caring should celebrate this with their staff, trustees and volunteers and use the feedback gained for further develop. The full baseline report makes recommendations based on the feedback and is available on request.

Dartmouth Caring
Trustees' Annual Report (continued)
Year ended 31 March 2024

Treasurer's Report and reserve policy - 2023-24

It has been a difficult year for the charity with donations and grants dropping from £241,000 to £220,000 even though the first tranche of the three-year grant from the National Lottery Community Fund of £43,000 was received. However, a legacy of £175,000 from a local Estate was announced in November 2023 and is shown in debtors at the year end. This money is expected to be received in the calendar year 2024 and will greatly assist the liquidity position.

At the year end the charity had reserves of £254,000 of which £202,000 were unrestricted and £52,000 were restricted. Note 17 of the financial statements shows those areas in which funds were restricted. It should be noted the majority of these restricted reserves have been utilised since the year end.

It is the trustees' assessment that the charity is a going concern given the future funding already secured from the National Lottery Community Fund announced in July 2023 and the generous legacy mentioned above.

The trustees' reserve policy is to hold between 60% and 80% of annual expenditure in reserves and this scenario is achieved comfortably at the year end.

As always, the trustees are very grateful for the continued support of our donors, large and small.

Dartmouth Caring
Trustees' Annual Report (continued)
Year ended 31 March 2024

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

The trustees are required to prepare financial statements which give a true and fair view of the charity and of the incoming resources and application of resources of the charity. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 11/11/24 and signed on its behalf by:



Peter Adolphus (Treasurer & Trustee)

Date

11/11/24

Dartmouth Caring

Independent Examiner's Report to the Trustees of Dartmouth Caring Year ended 31 March 2024

I report to the trustees on my examination of the financial statements of Dartmouth Caring ('the charity') for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



S R Smith (FCA)

Westcotts Chartered Accountants

Independent Examiner

Petitor House

Nicholson Road

Torquay

Devon, TQ2 7TD

3 December 2024

Dartmouth Caring

Statement of Financial Activities

(including income and expenditure account)

Year ended 31 March 2024

		Unrestricted funds	Restricted funds	2024 Total funds £	2023 Total funds £
	Note	£	£	£	£
Income and endowments					
Donations and legacies	4	206,967	187,663	394,630	241,198
Charitable activities	5	42,390	–	42,390	43,984
Fundraising income		6,649	–	6,649	10,578
Investment income	6	3,196	–	3,196	1,014
Total income		259,202	187,663	446,865	296,774
Expenditure					
Expenditure on fundraising		3,252	–	3,252	1,343
Expenditure on charitable activities	7	108,938	229,083	338,021	319,873
Total expenditure		112,190	229,083	341,273	321,216
Transfers between funds		(52,861)	52,861	-	-
Net income/(expenditure) and net movement in funds		94,151	11,441	105,592	(24,442)
Reconciliation of funds					
Total funds brought forward		108,188	39,809	147,997	172,439
Total funds carried forward		202,339	51,250	253,589	147,997

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 36 to 43 form part of these financial statements.

Dartmouth Caring

Statement of Financial Position

Year ended 31 March 2024


		2024		2023
	Note	£	£	£
Fixed assets				
Tangible fixed assets	12		11,693	5,429
Current assets				
Debtors	13	188,921		13,562
Investments	14	3,308		65,466
Cash at bank and in hand		66,222		73,599
		258,451		152,627
Creditors: amounts falling due within one year	15	16,555		10,059
Net current assets			241,896	142,568
Net assets			253,589	147,997
Funds of the charity				
Restricted funds			51,250	39,809
Unrestricted funds			202,339	108,188
Total charity funds	17		253,589	147,997

These financial statements were approved by the board of trustees and authorised for issue on

11/11/24

and are signed on behalf of the board by:


Dee Nutt (Trustee)


Peter Adolphus (Trustee)

The notes on pages 36 to 43 form part of these financial statements.

Dartmouth Caring

Notes to the Financial Statements

Year ended 31 March 2024

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is Dartmouth Health & Wellbeing Centre, Wessex Way, Dartmouth, Devon TQ6 0JL.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis.

Going concern

There are no material uncertainties about the charity's ability to continue, which has been confirmed by the trustees, as there are sufficient reserves held and with regular budgeting carried out for the following year.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken under the disclosure exemptions available not to present a cash flow statement for the charity.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. Accounting estimates and assumptions are made concerning the future and by their nature, will rarely equal the related actual outcome. The key assumptions and other sources of estimation uncertainty that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are none.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and in hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less.

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

Where a grant (including government grants) does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

- legacy income is recognised when receipt is probable and entitlement is established.
- no amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events and non-charitable trading activities.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. No tangible assets are carried at a revalued amount.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Office, general equipment and motor vehicle - 25% Straight line

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument and are initially recognised at the amount receivable or payable including any related transaction costs. Current assets and current liabilities are subsequently measured at the cash value or other consideration expected to be paid or received and not discounted.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Membership and joining fees	–	–	–
General donations	16,343	2,405	18,748
Gift Aid	2,182	601	2,783
Legacies	175,000	–	175,000
Grants			
National funding and grants	12,556	59,555	72,111
Dartmouth and District funding and grants	886	66,713	67,599
Government bodies	–	58,389	58,389
	<u>206,967</u>	<u>187,663</u>	<u>394,630</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Membership and joining fees	1,525	–	1,525
General donations	20,490	15,970	36,460
Gift Aid	3,178	3,992	7,170
Legacies	–	–	–
Grants			
National funding and grants	34,678	35,000	69,678
Dartmouth and District funding and grants	5,691	60,087	65,778
Government bodies	642	59,945	60,587
	<u>66,204</u>	<u>174,994</u>	<u>241,198</u>

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

5. Charitable activities

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Home Help Service	30,832	30,832	32,587	32,587
Transport donations	4,964	4,964	6,267	6,267
Luncheon Club (including raffle)	5,470	5,470	3,948	3,948
Other income	1,124	1,124	1,182	1,182
	<u>42,390</u>	<u>42,390</u>	<u>43,984</u>	<u>43,984</u>

6. Investment income

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Bank interest receivable	3,196	3,196	1,014	1,014

7. Expenditure on charitable activities by activity type

	Total funds 2024 £	Total funds 2023 £
Direct costs	277,863	265,949
Support costs	60,158	53,924
	<u>338,021</u>	<u>319,873</u>

8. Support costs

	Support costs £	Total 2024 £	Total 2023 £
Premises	8,736	8,736	7,380
General office	4,674	4,674	5,942
Insurance	4,441	4,441	4,827
Independent examination fees :-			
Examination of the financial statements	3,750	3,750	3,960
Other financial services	1,300	1,300	-
Consultancy fees	5,049	5,049	8,931
Telephone, internet and IT support	13,724	13,724	12,350
Printing, postage, stationery and advertising	5,256	5,256	4,635
Depreciation	5,040	5,040	2,215
Bank charges	945	945	698
Sundry expenses	7,243	7,243	2,986
	<u>60,158</u>	<u>60,158</u>	<u>53,924</u>

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

9. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024	2023
	£	£
Wages and salaries	222,593	211,256
Social security costs	13,929	7,626
Employer contributions to pension plans	2,239	3,173
	238,761	222,055

The average head count of employees during the year was 22 (2023: 21). The average number of full-time equivalent employees during the year is analysed as follows:

	2024	2023
	No.	No.
Manager	1	1
Support workers and administration	12	12
	13	13

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

10. Trustee remuneration and expenses

During the year Mr N Hindmarsh received a gross salary £43,794 (2023: £40,500) and pension contributions of £Nil (2023: £4,563) through his employment as the charity manager. This position is held as part of his managerial role, and he is excluded from the decision-making process regarding his remuneration and benefits.

During the year there were no trustee expenses (2023 – Nil).

11. Volunteers

In 2023-24, volunteers played an increasingly significant role, linked to our move to the Health and Wellbeing Centre. In order to develop new services, we recognise that the use of volunteers as opposed to more paid staff is the more sustainable route to follow.

Throughout the year we had the support of over 100 volunteers from which a core of around 80 provide the bulk of the work done by volunteers, which includes: shopping, driving to health appointments, driving clients to and from clubs, cooking for lunch club, assisting at Memory Café, Lunch Club, and ViP, plus a wide range of other activities.

12. Tangible fixed assets

	Motor Vehicle	Equipment	Total
	£	£	£
Cost at 1 st April 2023	2,400	25,913	28,313
Additions	–	11,304	11,304
	2,400	37,217	39,617
Depreciation at 1 st April 2023	1,200	21,684	22,884
Charge for the year	600	4,440	5,040
	1,800	26,124	27,924
Carrying Amount 31 st March 2024	600	11,093	11,693
Carrying Amount 31 st March 2023	1,200	4,229	5,429

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

	2024	2023
	£	£
13. Debtors		
Legacy	175,000	-
Trade debtors	5,468	7,751
Prepayments and accrued income	8,453	5,811
	<u>188,921</u>	<u>13,562</u>
14. Investments		
	£	£
Short-term deposits	3,308	65,466
	<u>3,308</u>	<u>65,466</u>
15. Creditors: amounts falling due within one year		
	£	£
Trade creditors	7,577	1,321
Accruals and deferred income	5,623	5,826
Social security and other taxes	3,355	2,912
	<u>16,555</u>	<u>10,059</u>

16. Pensions and other post-retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £2,239 (2023: £3,173).

17. Analysis of charitable funds

Unrestricted funds

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	93,188	259,202	(97,190)	(52,861)	202,339
Designated funds	15,000	-	(15,000)	-	-
	<u>108,188</u>	<u>259,202</u>	<u>(112,190)</u>	<u>(52,861)</u>	<u>202,339</u>
	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	101,840	121,780	(130,432)	-	93,188
Designated funds	15,000	-	-	-	15,000
	<u>116,840</u>	<u>121,780</u>	<u>(130,432)</u>	<u>-</u>	<u>108,188</u>

The funds are held so that the charity is in a position to continue offering the services in line with their charitable aims and objectives during periods of declining income, as laid out in the Treasurer's Report and Reserves Policy.

The transfers between funds were due to the expenditure exceeded the income of those restricted funds.

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

17. Analysis of charitable funds (continued)

Restricted funds

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
National Lottery Fund Community	–	42,975	(33,623)	–	9,352
Coronavirus	–	–	(12,181)	12,181	–
Mental Health Work	–	26,952	(28,558)	1,606	–
Meals on Wheels	1,815	–	–	–	1,815
Specialist Health Services	3,730	27,218	(33,602)	2,654	–
Wellbeing	28,173	37,512	(25,602)	–	40,083
Dartmouth United Charities	–	50,000	(70,749)	20,749	–
Winter Fuel Allowance	6,091	3,006	(24,768)	15,671	–
	<u>39,809</u>	<u>187,663</u>	<u>(229,083)</u>	<u>52,861</u>	<u>51,250</u>

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
National Lottery Fund Community	–	–	–	–	–
Coronavirus	11,807	–	(11,807)	–	–
Mental Health Work	–	29,686	(29,686)	–	–
Meals on Wheels	1,815	–	–	–	1,815
Specialist Health Services	6,599	29,156	(32,025)	–	3,730
Wellbeing	35,378	43,405	(50,610)	–	28,173
Dartmouth United Charities	–	50,000	(50,000)	–	–
Winter Fuel Allowance	–	22,747	(16,656)	–	6,091
	<u>55,599</u>	<u>174,994</u>	<u>(190,784)</u>	<u>–</u>	<u>39,809</u>

The purposes of the restricted funds are detailed by the chief executive in the annual report, from page 20.

18. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Tangible fixed assets	11,693	–	11,693
Current assets	207,201	51,250	258,451
Creditors less than 1 year	(16,555)	–	(16,555)
Net assets	<u>202,339</u>	<u>51,250</u>	<u>253,589</u>
	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Tangible fixed assets	5,429	–	5,429
Current assets	112,818	39,809	152,627
Creditors less than 1 year	(10,059)	–	(10,059)
Net assets	<u>108,188</u>	<u>39,809</u>	<u>147,997</u>

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

19. Commitments

The estimated total future minimum lease payments under non-cancellable operating leases are as follows:

	2024	2023
	£	£
Not later than 1 year	12,000	12,000
Over 1 year and not later than 5 years	36,000	48,000
	<u>48,000</u>	<u>60,000</u>

20. Post balance sheet events

A legacy was confirmed during the year, which is due to be received in full by late 2024, with an estimated valuation of £175,000. As the legacy was known in the reporting year, it has been included within income in these financial statements.

21. Related parties

The trustees and key personnel are listed on the legal and administrative page. There were no related party transactions during the year.

DARTMOUTH CARING

England & Wales - Charity number 1187326

Accounts



The Queen's Award
for Voluntary Service

Dartmouth Caring Supporting Our Community

ANNUAL REPORT

31 March 2023



Dartmouth Caring
Trustees' Annual Report
Year ended 31 March 2023

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Statement of financial position	18
Notes to the financial statements	19

Dartmouth Caring
Trustees' Annual Report
Year ended 31 March 2023

Reference and Administrative

Charity Registration Number: 1187326

Principal Office: Dartmouth Health and
Wellbeing Centre
Wessex Way
Dartmouth
Devon
TQ6 0JL

President	Vacant
Chair Trustee	Dee Nutt
Treasurer Trustee	Peter Adolphus
Vice Chair Trustee	Charles Sutherland
Ex officio Trustee - Manager	Nick Hindmarsh
Trustee	Martin McGowan-Scanlon (resigned 22/05/23)
Trustee	Caroline Martin
Trustee	Dr Frances Davidson
Trustee	Delia Kempley

Independent examiner: S R Smith FCA
Westcotts
Chartered Accountants
Petitor House
Nicholson Road
Torquay
Devon
TQ2 7TD

Bankers: Lloyds Bank
31 Fore Street
Totnes
Devon
TQ9 5HH

Structure, Governance and Management

Dartmouth Caring is as a Charitable Incorporated Charity registered in England and Wales, number 1187326.

It is governed by its Constitution adopted on 7 January 2020 and registered on the 13 January 2020.

The charity is the successor to Dartmouth Caring (unincorporated, with registration number 900226). All of the assets of the legacy charity were transferred to the new CIO at the close of business on 31 March 2022 and commenced on 1 April 2022. Only the legal structure of the charity changed, to become a corporate body, whilst the rest of the organisation and operations remain the same. All activities of the legacy charity were ceased on 31 March 2022.

Trustees

First charity trustees

The first charity trustees are as follows, and are appointed for 3 years –

- Dee Nutt
- Charles Sutherland
- Peter Adolphus
- Martin McGowan-Scanlon
- Dr. Frances Davidson
- Caroline Martin
- Delia Kempley

Ex officio Trustee

(a) The Manager, Nick Hindmarsh, for the time being (“the office holder”) shall automatically (“ex-officio”) be a charity trustee, for as long as he or she holds that office.

(b) If unwilling to act as a charity trustee, the office holder may:

- before accepting appointment as a charity trustee, give notice in writing to the trustees of his or her unwillingness to act in that capacity; or
- after accepting appointment as a charity trustee, resign under the provisions contained in clause [12] (Retirement and removal of charity trustees).

The office of ex officio charity trustee will then remain vacant until the office holder ceases to hold office.

Charity trustees

Functions and duties of charity trustees

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

- a) to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and
- b) to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to:
 - any special knowledge or experience that he or she has or holds himself or herself out as having; and,
 - if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

Eligibility for trusteeship

- a) Every charity trustee must be a natural person.
- b) No individual may be appointed as a charity trustee of the CIO:
 - a. if he or she is under the age of 16 years; or
 - b. if he or she would automatically cease to hold office under the provisions of clause [12(1)(e)].
- c) No one is entitled to act as a charity trustee whether on appointment or on any re-appointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee.
- d) At least one of the trustees of the CIO must be 18 years of age or over. If there is no trustee aged at least 18 years, the remaining trustees may only act to call a meeting of the charity trustees, or appoint a new charity trustee.

Number of charity trustees

- a) There must be at least four charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.
- b) The maximum number of charity trustees is ten. The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

Membership of the CIO

- a) The members of the CIO shall be its charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else.
- b) Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

Objectives and Activities for the Public Benefit

- The objects of the CIO are to undertake voluntary work in education, health & welfare, social services and similar support activities amongst those in need.
- Dartmouth Caring will serve the geographical area around Dartmouth, Stoke Fleming, Strete, Blackawton, Dittisham; served by Torbay Hospital, Derriford Hospital, Royal Devon & Exeter Hospital and the Dartmouth Medical Practice and any successors thereto.
- We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

Recruitment and Induction of new Trustees

- The Trust Board is always mindful of the need to review its skills set and the capacity of the Board to discharge its role.
- When a need to recruit new trustees arises an external advertisement is placed in the local press and on social media. If a wider search is needed, then other channels will be explored.
- Potential trustees need to apply for the role. Those short listed are interviewed by the Chair and one other trustee, with the Manager.
- On appointment the Manager spends time with new trustees ensuring they are aware of their roles and responsibilities and current issues facing the charity; this includes discussing safeguarding and completion of DBS checks. An induction pack is used to assist this process.

Manager's Report 2022-23

Introduction

We have seen significant changes to the Charity over the past year. We started 2022-23 trading as a CIO, a process that was delayed due to Covid. In 2020 trustees took the decision, based on advice from the Charity Commission to move from being a registered charity to a Charitable Incorporated Organisation; this being the better structure for charities employing staff.

At the start of 2022-23 we were looking forward to moving to the new Health and Wellbeing Centre in time for Christmas 2022. This did not happen for a variety of reasons but we were delighted to finally move in during early May 2023. This base will allow us to offer more support to the community, and the space it allows us to offer group activities is much appreciated by clients and staff alike. The cover picture is of a Memory Café session from June 23. More of this will be reported in the annual report for 2023-24.

The cost of living crisis played a considerable part in our work in 2022-23 and with it a significant growth in numbers seeking support with energy costs, housing and other benefits. The table below gives an indication of just how much difference it did make.

Clients referred to each service 2019-20	Clients supported in 2021-22	Clients supported in 2022-23	% increase
Dartmouth Caring Benefit support	68	109	60
Housing and similar	23	29	26
Support Team complex involvement	86	211	145
Other support work	67	37	-45
Totals	244	386	58

We were overwhelmed with the appeal to our supporters just before Christmas for donations of their winter fuel allowance. In total we raised over £20,000 to make as fuel grants to families in need; all the money donated went straight out to those seeking support. In total 119 clients received support averaging

a little under £200 each. On behalf of all of us at Dartmouth Caring, thank you to those who contributed so generously!

In September, in partnership with the Food Bank, Townstal Community Hall Association, Active Devon and others, we set up the Friday Hub based at Townstal Community Hall from 11:00 – 13:00 each week. This started off slowly but has grown so there are now 30-50 people dropping by each week.



Figure 1 PC Simon Cooper at the Friday Hub



Figure 2 - Helen and colleague from Citizen's Advice at the Friday Hub.

The Hub provides access to a wide range of support provided by South Hams Citizens

Advice, local police officers, South West Water, One Small Step, Dartmoor Community Energy, a Dartmouth Caring Support worker, the Food Bank, Dartmouth Medical Practice, and others. With thanks to Active Devon for providing the initial grant and all our partners that allowed this to come to fruition.

We continue to receive significant support both financial and from volunteers from all tiers of local government the NHS and from community bodies and trusts such as St Petrox Trust, Dartmouth United Charities, The February Foundation, Garfield Weston, James Tudor, Gibbons Trusts, the Hadley Trust and many others. Thank you for being there for us and our clients!

The National Lottery Community Fund

During the course of 2022-23 we bid for a National Lottery Community Fund Grant to maximise the potential of our move to the Health and Wellbeing Centre, something which was scheduled to take place prior to Christmas 2022. In the end both were post-balance sheet events. The move took place in May 23 and the grant was confirmed in June 23.

To make the best use of the grant and to effect impact we need to recruit a number of new roles, which is being done at the time of writing.

Dartmouth Caring will use their funding to maximise the possibilities their move to the new Health and Wellbeing Centre offers. It is a great opportunity for Dartmouth Caring to develop a range of activities and support for the community, working in partnership with other groups.

The grant is expected to benefit hundreds of local residents over the course of its life, in many ways. More of this will be written in these reports in the coming years, with a section of future annual reports being dedicated to the Lottery work and its impact.

What have we been doing in 2022-23?

On reflection what has become clear over the course of the year is that our relationships with clients are finally returning to something similar to how things were before the pandemic. Far more of our contacts are face to face, fewer online, however, the complexity of clients' issues continue to increase meaning that we not only have more clients but that clients are taking more skill and time to help.

Clubs

Memory Café (front cover picture) and **Lunch Club** (below) have continued to grow and we are close to pre-pandemic levels at Lunch Club, Memory Café is full every week.



Our team of volunteers that help out at all three of our group activities, the two above and the **Visually Impaired Reading Group** have been and continue to be amazing. The Lunch Club Team led the way at the summer fete in 2022 providing refreshments and raising close to £1,000 from the tea hut in Royal Avenue Gardens.

The volunteer drivers form part of a shrinking team so recruitment is important. The team we have got are great but the shortage places pressure on them. This is mitigated by a marked drop in demand for journeys, possibly caused by the NHS strikes and cancelled outpatient appointments.

Benefits & Housing advice and support



Trained staff help local people get the benefits they need – every year these staff assist members of the community make claims for benefits linked to disability, pension credit, Universal credit, etc. I have referred to the impact of this element of our work on what we do, in my introduction.

Our partnership working with Citizen’s Advice has continued to grow this year and this continues into 2023-24.

Dementia advice and support

Memory Café took place every Tuesday at the Baptist Church in Ivatt Road, supporting those with memory issues and their carers.

The need for support amongst this group is ever changing and constant. The faces of clients at these sessions and how much more animated they are during and at the end of each morning, compared to when they arrive, is a visible and moving testimony to the benefits of the group.

Our ability to provide dementia advice was limited for some of the year due to difficulties recruiting but I am delighted to say this gap will soon be plugged; there is no doubt that it is needed.



Figure 3 - Halloween at Memory Cafe

Palliative & Cancer Care Liaison service

Nurse, Andie Day continues to lead our Palliative & Cancer Care Liaison service as she has led for 6 years now - in that time she has helped over 200 people through this difficult time in their lives. Her support and advice are for those with the diagnosis and for their family.

This role is funded by Dartmouth Caring and we thank all the grant awarding bodies for their support.

Their understanding of the vital nature of this role and the need allowed us to add another 3 hours support to this role. However, funding for 2023-24 is currently looking very challenging but we are being proactive to fill any gaps that may open up. In an ageing community this service reaches beyond what the NHS offers and plugs key gaps in provision.

In November we heard that Andie had very deservedly won the Queen's Nurse Award – we are very proud of what she has done for our clients, her patients!



Counselling Service



Our team of counsellors between them support 75+ people annually with their issues. Each client can access a bespoke 10-week programme to help them through their issues. Our experience during the pandemic means we now offer a choice of how this service is delivered, either face to face or remotely by phone or online.

Many clients prefer online and telephone counselling as this reduces the anxiety and stress of attending a meeting, others prefer face to face. Subject to the capacity of the service we can offer clients the choice.

There is a very clear need for this service with a stubborn and growing waiting list.

Patient liaison

We liaise closely with the medical professionals within our area, to support clients with their discharge from hospital, social care and reablement. We attend a variety of NHS meetings where we are able to advocate for our clients and assist communication between clients and the medical/social care teams. Our **Home Help Service** is an integral part of this, as well as being a service for anyone who thinks they need additional help in the home to maintain their independence and ensuring they have the support they need.

An holistic approach

Dartmouth Caring's services dovetail with one another allowing us to provide a wrap-around service to many of our clients.

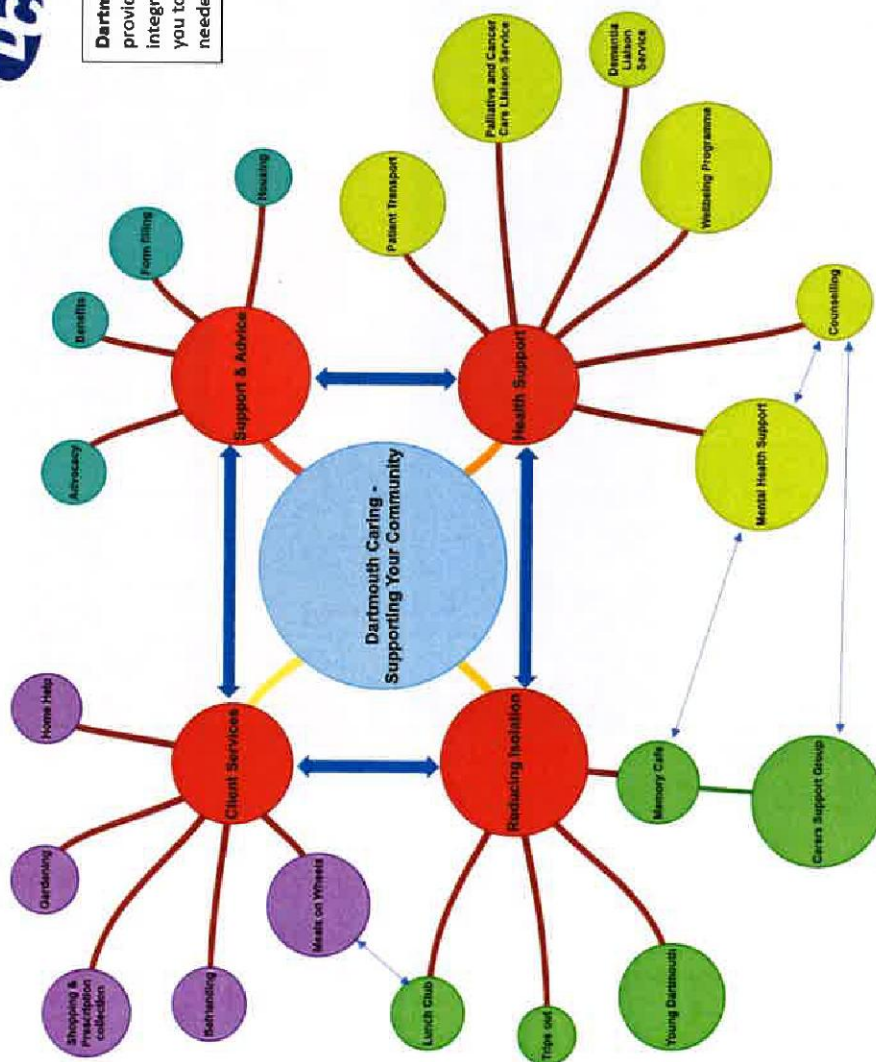
The table on the next page is an attempt to illustrate how this looks. However, much of what we do could not be done without partnership working with many other local groups, such as those who work with us at the Friday Hub, Dartmouth Rotary, Dartmouth Green Partnership, South Hams CVS, Teignbridge CVS, Dartmouth Youth Group, The Flavel, the Brownies and many others.

Nick Hindmarsh

Nick Hindmarsh - BEM – Manager - August 2023



Dartmouth Caring
provides wrap-around
integrated services for
you to call upon when
needed.



All charities have aims, ours are:

“to support those in need in Dartmouth and the surrounding villages”.

The table below shows our workload in terms of client contacts, not all contacts are the same length but it does form a good and accurate proxy for our client workload.

Meals on wheels have been left in here this year to allow some comparison with the Covid and lockdown period, and with previous annual reports.

Services provided April 2020-March 2023	2022-23	2021-22	2020-21
New clients taken on for on-going support	270	199	288
Conversations with clients called and spoken to	7142	5855	7532
Meals on wheels	N/A	1324	10831
Newly referred to specialist Dartmouth Caring services to support clients with - counselling, benefit support, Home Help and housing issues	1002	335	399
Shopping, prescription deliveries, etc.	222	1203	1542
Newly referred to Dartmouth Caring Dementia or End of Life/cancer care nursing staff	61	81	148
Transport	328	328	80
ViP - attendances	75	63	0
Memory Café attendances	1035	971	12
Lunch Clubs attendances	623	693	0
Total	10758	11052	20832
Average weekly workload - client contacts	220	226	425
Excluding Meals on Wheels – Covid period only			
Total	10759	9728	10001
Average weekly workload - client contacts	220	199	204

Chair's remarks – 2022-23

This has been an interesting year; we went into it thinking we would be moving but unfortunately this did not happen until the start of 2023-24.

The work of the Charity continues to evolve due to the cost of living crisis meaning the workload of the staff increased. We were very pleased to be able to help many families with their heating costs and I thank everyone that donated some of their winter fuel allowance to help families in need.

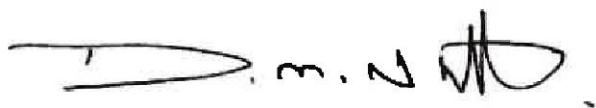
The support workers were very busy with clients who in reality were in greater need, again because of the cost of living

The Friday Hub at Townstal Community Hall is a new venture for us and a growing success and demonstrating that working in partnership with other charities is very beneficial to the community. Our weekly Memory Café and Lunch Club continue to support clients and after Covid it is really good to see that numbers are back to where they used to be.

Last but by no means least I would like to thank all our volunteers for their help and support over the last year, whether this is driving clients to medical appointments, cooking at lunch club, befriending clients, helping at Memory Café, or in whatever manner – thank you!

Finally thank you to everyone who has donated to us - without you we would not be able to help the community the way we do.

Thank you all so much and with very best wishes!

A handwritten signature in black ink, appearing to read 'D. Nutt', with a stylized flourish at the end.

Dee Nutt, MBE - Chair of Trustees

Treasurer's Report and reserve policy - 2022-23

As we are all well aware the current economic climate is still proving to be difficult for small/medium sized charities like Dartmouth Caring yet we have managed to maintain a reasonably strong financial position. Little changed with the services we provided during the year with total expenditure increasing by £27,000 to £321,000. The increase is primarily due to the payment of Winter Fuel grants and a general rise in Support costs.

During the year our income rose 7% from £277,000 to £297,000 primarily brought about by Winter Fuel donations and grants of £23,000.

At the year end the charity had reserves of £148,000 of which £108,000 were unrestricted and £40,000 were restricted. Note 17 of the financial statements shows those areas in which funds were restricted. Again, it should be noted the majority of these restricted reserves have been utilised since the year end.

It is the trustees' assessment that the charity is a going concern given the future grant funding already secured, including the award of a three-year grant from the National Lottery Community Fund announced in July 2023, the continuing strength of its income generation and the level of its unrestricted reserves.

The trustees' reserve policy is to hold between 60% and 80% of annual expenditure. As restricted expenditure amounted to 72% of total expenditure a more meaningful scenario would be achieved by comparing undesignated reserves against annual unrestricted expenditure. The charity's undesignated reserves are £108,000 less £15,000 set aside for the office move which again is set out in note 17. The unrestricted expenditure for the year totalled £90,000 so we are looking at a ratio of 114% between relevant reserves and expenditure which is highly satisfactory.

As always, the trustees are very grateful for the continued support of our donors, large and small.

STATEMENT OF TRUSTEES RESPONSIBILITES

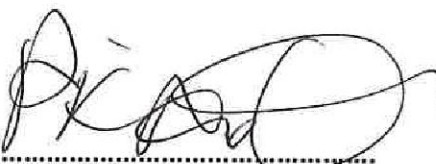
The trustees are responsible for preparing the Trustees’ Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

The trustees are required to prepare financial statements which give a true and fair view of the charity and of the incoming resources and application of resources of the charity. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and enable them to ensure that the financial statements comply with legislation. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the board:


Date 31/10/23

Peter Adolphus (Treasurer & Trustee)

Dartmouth Caring

Independent Examiner's Report to the Trustees of Dartmouth Caring

Year ended 31 March 2023

I report to the trustees on my examination of the financial statements of Dartmouth Caring ('the charity') for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


.....

S R Smith FCA

Westcotts Chartered Accountants

Independent Examiner

Petitor House

Nicholson Road

Torquay

Devon, TQ2 7TD

12.12.2023

Dartmouth Caring
Statement of Financial Activities
Year ended 31 March 2023

		2023		2022	
		Unrestricted funds	Restricted funds	Total funds	Total funds
Note	£	£	£	£	£
Income and endowments					
Donations and legacies	4	66,204	174,994	241,198	227,487
Charitable activities	5	43,984	–	43,984	43,940
Fundraising income		10,578	–	10,578	5,825
Investment income	6	1,014	–	1,014	77
		—————	—————	—————	—————
Total income		121,780	174,994	296,774	277,329
		—————	—————	—————	—————
Expenditure					
Expenditure on fundraising		1,343	–	1,343	1,069
Expenditure on charitable activities	7	129,089	190,784	319,873	292,380
		—————	—————	—————	—————
Total expenditure		130,432	190,784	321,216	293,449
		—————	—————	—————	—————
Transfers between funds		–	–	–	–
		—————	—————	—————	—————
Net income/(expenditure) and net movement in funds		(8,652)	(15,790)	(24,442)	(16,120)
		—————	—————	—————	—————
Reconciliation of funds					
Total funds brought forward		116,840	55,599	172,439	188,559
		—————	—————	—————	—————
Total funds carried forward		108,188	39,809	147,997	172,439
		—————	—————	—————	—————

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

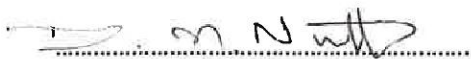
The notes on pages 19 to 29 form part of these financial statements.

Dartmouth Caring
Statement of Financial Position
Year ended 31 March 2023

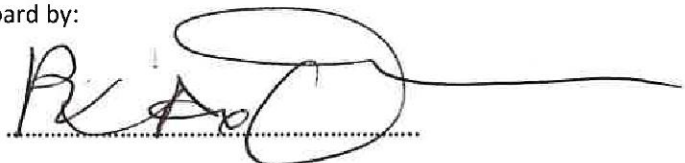
		2023		2022
	Note	£	£	£
Fixed assets				
Tangible fixed assets	12		5,429	3,641
Current assets				
Debtors	13	13,562		8,043
Investments	14	65,466		95,362
Cash at bank and in hand		73,599		75,055
		—————		—————
		152,627		178,460
Creditors: amounts falling due within one year	15	10,059		9,662
		—————		—————
Net current assets			142,568	168,798
			—————	—————
Total assets less current liabilities			147,997	172,439
			—————	—————
Net assets			147,997	172,439
			=====	=====
Funds of the charity				
Restricted funds			39,809	55,599
Unrestricted funds			108,188	116,840
			—————	—————
Total charity funds	17		147,997	172,439
			=====	=====

These financial statements were approved by the board of trustees and authorised for issue on

31/10/23..... and are signed on behalf of the board by:



Dee Nutt (Trustee)



Peter Adolphus (Trustee)

The notes on pages 19 to 29 form part of these financial statements.

Dartmouth Caring

Notes to the Financial Statements

Year ended 31 March 2023

1. General information

The charity is a public benefit entity and a Charitable Incorporated Organisation registered in England and Wales. The address of the principal office is Dartmouth Health & Wellbeing Centre, Wessex Way, Dartmouth, Devon TQ6 0JL.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis and under merger accounting, as the charity transitioned from an unincorporated charity to a newly formed Charitable Incorporated Organisation on 1 April 2022, when all of the assets, liabilities and operations were transferred. Therefore, as only the legal structure has changed and the transfer took place at the beginning of the financial year, the opening balances and comparative figures are based on the old unincorporated charity.

Going concern

There are no material uncertainties about the charity's ability to continue, which has been confirmed by the trustees, as there are sufficient reserves held and with regular budgeting carried out for the following year.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken under the disclosure exemptions available not to present a cash flow statement for the charity.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Accounting estimates and assumptions are made concerning the future and by their nature, will rarely equal the related actual outcome. The key assumptions and other sources of estimation uncertainty that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are none.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and fall into one of two sub-classes: restricted income funds or endowment funds.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and in hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less.

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable, and its amount can be measured reliably.

Where a grant (including government grants) does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

- legacy income is recognised when receipt is probable, and entitlement is established.
- no amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, and non-charitable trading activities.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. No tangible assets are carried at a revalued amount.

Depreciation

Depreciation is calculated to write off the cost of an asset, less its residual value, over its useful economic life as follows:

Office Equipment & Motor Car - 25% Straight line

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument and are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash value or other consideration expected to be paid or received and not discounted.

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided.

4. Donations and legacies	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Donations			
Membership and joining fees	1,525	–	1,525
General donations	20,490	15,970	36,460
Gift Aid	3,178	3,992	7,170
Legacies	–	–	–
Grants			
National funding and grants	34,678	35,000	69,678
Dartmouth and District funding and grants	5,691	60,087	65,778
Government bodies	642	59,945	60,587
	62,204	174,994	241,198
	62,204	174,994	241,198
	Unrestricted Funds	Restricted Funds	Total Funds 2022
	£	£	£
Donations			
Membership and joining fees	1,330	–	1,330
General donations	15,238	–	15,238
Gift Aid	3,358	–	3,358
Legacies	7,444	–	7,444

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

4. Donations and legacies <i>(continued)</i>	Unrestricted Funds	Restricted Funds	Total Funds 2022
Grants	£	£	£
National funding and grants	12,548	30,415	42,963
Dartmouth and District funding and grants	2,336	79,008	81,344
Government bodies	96	75,714	75,810
	<u>42,350</u>	<u>185,317</u>	<u>227,487</u>

5. Charitable activities

	Unrestricted Funds	Total Funds 2023	Unrestricted Funds	Total Funds 2022
	£	£	£	£
Home Help Service	32,587	32,587	31,242	31,242
Transport donations	6,267	6,267	6,047	6,047
Luncheon Club (including raffle)	3,948	3,948	3,253	3,253
Meals on Wheels	–	–	2,717	2,717
Other income	1,182	1,182	681	681
	<u>43,984</u>	<u>43,984</u>	<u>43,940</u>	<u>43,940</u>

6. Investment income

	Unrestricted Funds	Total Funds 2023	Unrestricted Funds	Total Funds 2022
	£	£	£	£
Bank interest receivable	1,014	1,014	77	77
	<u>1,014</u>	<u>1,014</u>	<u>77</u>	<u>77</u>

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

7. Expenditure on charitable activities by activity type

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Direct costs	75,165	190,784	265,949	247,716
Support costs	53,924	–	53,924	44,664
	<hr/>	<hr/>	<hr/>	<hr/>
	129,089	190,784	319,873	292,380
	<hr/>	<hr/>	<hr/>	<hr/>

8. Support costs

	Support costs	Total 2023	Total 2022
	£	£	£
Premises	7,380	7,380	7,380
General office	5,942	5,942	4,164
Insurance	4,827	4,827	4,261
Independent examination fees :-			
Examination of the financial statements	3,960	3,960	3,500
Consultancy fees	8,931	8,931	5,420
Telephone, internet and IT support	12,350	12,350	11,732
Printing, postage, stationery and advertising	4,635	4,635	4,981
Depreciation	2,215	2,215	1,214
Bank charges	698	698	141
Sundry expenses	2,986	2,986	1,871
	<hr/>	<hr/>	<hr/>
	53,924	53,924	44,664
	<hr/>	<hr/>	<hr/>

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

9. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2023	2022
	£	£
Wages and salaries	211,256	207,285
Social security costs	7,626	7,583
Employer contributions to pension plans	3,173	3,011
	<u>222,055</u>	<u>217,879</u>

The average head count of employees during the year was 21 (2022: 19). The average number of full-time equivalent employees during the year is analysed as follows:

	2023	2022
	No.	No.
Manager	1	1
Support workers and administration	12	11
	<u>13</u>	<u>12</u>

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

10. Trustee remuneration and expenses

During the year Mr N Hindmarsh received a gross salary of £40,500 and pension contributions of £4,563 through his employment as the charity manager. This position is held as part of his managerial role, and he is excluded from the decision-making process regarding his remuneration and benefits.

During the year there were no trustee expenses (2022 – Nil).

11. Volunteers

In 2022- 23, volunteers continued to play a significant role. In the early Spring, working with other volunteers from Rotary and Dartmouth Green Partnerships they planted up the garden areas at the new Health and Wellbeing Centre, in advance of our move in, in May 23. The need for volunteers is again growing, with greater numbers attending activities and the opportunities created by our move. Volunteers continue to do shopping and prescription deliveries, but also have Lunch Club, Memory Café, and patient transport.

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

12. Tangible fixed assets

	Motor Vehicle	Equipment	Total
	£	£	£
Cost at 1st April 2022	2,400	21,910	24,310
Additions	—	4,003	4,003
	—————	—————	—————
Cost at 31st March 2023	2,400	25,913	28,313
Depreciation at 1st April 2022	600	20,069	20,669
Charge for the year	600	1,615	2,215
	—————	—————	—————
Depreciation at 31st March 2023	1,200	21,684	22,884
Carrying Amount 31st March 2023	1,200	4,229	5,429
	—————	—————	—————
Carrying Amount 31st March 2022	1,800	1,841	3,641
	=====	=====	=====

13. Debtors

	2023	2022
	£	£
Trade debtors	7,751	2,793
Prepayments and accrued income	5,811	5,250
	—————	—————
	13,562	8,043
	=====	=====

14. Investments

	2023	2022
	£	£
Short-term deposits	65,466	95,362
	—————	—————

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

15. Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	1,321	1,103
Accruals and deferred income	5,826	4,945
Social security and other taxes	2,912	3,614
Other creditors	—	—
	<u>10,059</u>	<u>9,662</u>

16. Pensions and other post-retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £3,173 (2022: £3,011).

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

17. Analysis of charitable funds

Unrestricted funds					At 31 March
	At 1 April 2022	Income	Expenditure	Transfers	2023
	£	£	£	£	£
General funds	101,840	121,780	(130,432)	–	93,188
Designated funds	15,000	–	–	–	15,000
	<u>116,840</u>	<u>121,780</u>	<u>(130,432)</u>	<u>–</u>	<u>108,188</u>

					At 31 March
	At 1 April 2021	Income	Expenditure	Transfers	2022
	£	£	£	£	£
General funds	125,009	92,192	(82,508)	(32,853)	101,840
Designated funds	15,000	–	–	–	15,000
	<u>140,009</u>	<u>92,192</u>	<u>(82,508)</u>	<u>(32,853)</u>	<u>116,840</u>

The designated fund of £15,000 is legacy costs for the relocation to new premises. The remaining funds are held so that the charity is in a position to continue offering the services in line with their charitable aims and objectives during periods of declining income, as laid out in the Treasurer's Report and Reserves Policy.

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

17. Analysis of charitable funds *(continued)*

Restricted funds					At 31 March
	At 1 April 2022	Income	Expenditure	Transfers	2023
	£	£	£	£	£
Coronavirus	11,807	–	(11,807)	–	–
Mental Health Work	–	29,686	(29,686)	–	–
Meals on Wheels	1,815	–	–	–	1,815
Specialist Health Services	6,599	29,156	(32,025)	–	3,730
Wellbeing	35,378	43,405	(50,610)	–	28,173
Dartmouth United Charities	–	50,000	(50,000)	–	–
Winter Fuel Allowance	–	22,747	(16,656)	–	6,091
	<u>55,599</u>	<u>174,994</u>	<u>(190,784)</u>	<u>–</u>	<u>39,809</u>

					At 31 March
	At 1 April 2021	Income	Expenditure	Transfers	2022
	£	£	£	£	£
Coronavirus	23,392	5,000	(16,585)	–	11,807
Mental Health Work	–	27,400	(55,994)	28,594	–
Meals on Wheels	–	1,815	–	–	1,815
Specialist Health Services	23,688	13,800	(30,889)	–	6,599
Wellbeing	1,470	77,122	(43,214)	–	35,378
Dartmouth United Charities	–	60,000	(64,259)	4,259	–
	<u>48,550</u>	<u>185,137</u>	<u>(210,941)</u>	<u>32,853</u>	<u>55,599</u>

The purposes of the restricted funds are detailed by the chief executive in the annual report, from page 4.

Dartmouth Caring

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

18. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Tangible fixed assets	5,429	—	5,429
Current assets	112,818	39,809	152,627
Creditors less than 1 year	(10,059)	—	(10,059)
	<hr/>	<hr/>	<hr/>
Net assets	108,188	39,809	147,997
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

18. Analysis of net assets between funds *(continued)*

	Unrestricted Funds	Restricted Funds	Total Funds 2022
	£	£	£
Tangible fixed assets	3,641	—	3,641
Current assets	122,861	55,599	178,460
Creditors less than 1 year	(9,662)	—	(9,662)
	<hr/>	<hr/>	<hr/>
Net assets	116,840	55,599	172,439
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

19. Post balance sheet events

The success in being awarded a National Lottery Community Grant does mean that we are in the position of having a significant boost to our income streams for the next three years. Along with the grant is an expectation of greater activity and thus greater expense.

The Lottery Grant is worth £195,786 over three years, drawn six monthly with successive reductions in the grant from Year 1 to Year 2 and to Year 3, as requested in the bid we made. We plan to draw this down across four financial years, with the last draw down scheduled for Q1 2026-2027. The grant's purpose is outlined in the Manager's report.

The charity relocated during May 2023, which has also been detailed in the Manager's report.

20. Related parties

The trustees and key personnel are listed on the legal and administrative page. There were no related party transactions during the year.

DARTMOUTH CARING

England & Wales - Charity number 1187326

Accounts



35 Victoria Road
Dartmouth
Devon
TQ6 9RT

To whom it may concern

Re. Dartmouth Caring CIO 1187326

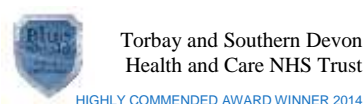
We registered the charity in January 2020 but due to the pandemic we could not complete our bank account opening until May 2021.

At this point trustees agreed to start trading as a CIO from the start of their next complete financial year, in part to minimise significant accounting costs.

Dartmouth Caring (1187326) started trading on the 1st April 2022, so has no accounts or trading for the year 2021-22.

In 2021-22 Dartmouth Caring (900226) ceased trading on 31.3.22. The accounts for this charity and annual report have been submitted to the Charity Commission. The assets of the legacy charity (900226) were transferred wholly to the CIO (1187326) with effect from 1.4.22.

Nick Hindmarsh
Manager and Ex-officio trustee



DARTMOUTH CARING

England & Wales - Charity number 1187326

Accounts

Annual Report – Dartmouth Caring – 1187326

Due to problems opening our bank account for this charity,, a process that was not completed until June 2021, having taken 18 months to achieve, we decided to postpone the closure of the legacy charity – Dartmouth Caring 900226.

The legacy charity will cease to trade on 31st March.2022 and this charity, the CIO version of the same operation will commence trading on 1st April 2022.

This avoids two sets of accounts and accounting fees in one financial year.

The delay in opening the account was created by the pandemic which meant we could not start operations as planned on 1st April 2021. The pandemic meant Lloyds Bank closed their new account work for 9 months and then errors from them, for which we have been compensated.

Charity 1187326 did no trade in 2020-21, the trustees remained the same.

Signed –

A handwritten signature in black ink, appearing to read 'Nick Hindmarsh', written over a horizontal line.

Nick Hindmarsh - Manager and ex-officio Trustee