

# HARLOW COMMUNITY MEN'S SHED

England & Wales · Charity number 1187314

## Details

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**Other names** HARLOW COMMUNITY MENS SHED

**Status** Registered

**Legal form** CIO

**Registered** 2020-01-13

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** C/O Pets Corner  
off Edinburgh Way  
Harlow  
CM20 2QG

**Phone** 07762 752170

**Email** [harlowshed@gmail.com](mailto:harlowshed@gmail.com)

## Activities

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**Objects:** THE OBJECTS OF THE CIO IS TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE (PARTICULARLY, BUT NOT EXCLUSIVELY, OLDER MEN), WITHIN HARLOW AND THE SURROUNDING AREA, FROM BECOMING SOCIALLY EXCLUDED OR ISOLATED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY THROUGH THE PROVISION OF FACILITIES IN WHICH THEY CAN MEET JOINTLY OR INDIVIDUALLY TO UNDERTAKE CREATIVE, PHYSICAL OR RECREATIONAL ACTIVITIES, LEARN OR PASS ON SKILLS AND KNOWLEDGE AND SUPPORT EACH OTHER SOCIALLY. FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, OR BECOMING ISOLATED AS A RESULT OF ONE OR MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE; ILL HEALTH (PHYSICAL OR MENTAL) OR BEREAVEMENT.

**Activities:** Men's shed provides a safe space for men to meet as a support group and carry out practical activities such as woodwork, metalwork, repairs, recycling, repurposing, up cycling and refurbishment. it aims to encourage physical and mental health well being benefits and reduce isolation and loneliness.

## Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Disability, Other Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities, Other Defined Groups

## Geography

- Essex

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£21,817	£13,159	-	-
2024-03-31	£11,632	£6,416	-	-
2023-03-31	£18,179	£20,366	-	-
2022-03-31	£17,492	£17,827	-	-
2021-03-31	£13,382	£4,008	-	-

## Trustees

Name	Role	Appointed
David John Bowers		2024-03-19
David John Ewles		2024-03-19
Matthew Creed		2020-01-03
Thomas John Hunt		2024-03-19

**HARLOW COMMUNITY MEN'S SHED**

England & Wales - Charity number 1187314

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# Accounts

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## Trustees' Annual Report for the period

From **April 2023** Period start date To **March 2024** Period end date

Charity name: **Harlow Community Men's Shed**

Charity registration number: **1187314**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p><b>The objectives of HCMS is to promote social inclusion for the public benefit by preventing people (particularly, but not exclusively, older men), within Harlow and the surrounding area, from becoming socially excluded or isolated, relieving the needs of those people who are socially excluded and assisting them to integrate into society. This is done through the provision of facilities where they can meet jointly or individually to undertake creative, physical or recreational activities, learn or pass on skills and knowledge and support each other socially.</b></p> <p><b>For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, or becoming isolated as a result of one or more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental) or bereavement.</b></p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p><b>The Men's Shed provides a safe place for people, particularly but not exclusively men, to gather and socialise without fear of judgement or prejudice.</b></p> <p><b>There is an environment of learning new skills and being able to participate in a variety of practical tasks and projects.</b></p> <p><b>More experienced people pass on the skills and knowledge to the benefit of others.</b></p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity	Para 1.18	<p><b>In order to achieve the above the Trustees ensure that the activities undertaken in accordance with the guidance issued by the Charity</b></p>

Commission on public benefit		<b>Commission on public benefits.</b>
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### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

### Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>Following a prolonged election process a new Chairman/Trustee and 3 trustees were appointed by Members in open voting by a show of hands at the AGM on the 19.03.2024. Subsequently a new organisational arrangement has been implemented whereby no single Trustee/Member will be solely responsible for the Financial, Administrative and Operational functions.</b></p> <p><b>However, with the development of the new site at The Pavilion in Rectory Field, two Shed Leaders have been appointed to ensure that operational policies and shed development are undertaken in accordance with the organisation's corporate policies and procedures. These two posts also provide an essential link in communication flow between Trustees and Members.</b></p> <p><b>The details of the leasing arrangements continue to be discussed with the Authority. However the Authority has assured The Shed that they have the</b></p>

		<p><b>right to have ‘quiet enjoyment’ of the Pavilion until such time as the leasing arrangements have been formally agreed.</b></p> <p><b>New Site Status: Much of the work is completed and both the Council’s Planning Department and Building Control have worked closely with The Shed to ensure works are undertaken to a high standard. A projected completion date has been estimated as the first quarter of 2025.</b></p> <p><b>With the acquisition of The Pavilion, we now have two sites. Current and new members will be able to attend either or both, subject to responsible volunteer numbers when dates and times of opening are finalised.</b></p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	<b>Constitution published online with Charity Commission</b>
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , <a href="#">CIO</a> )	Para 1.25	<b>CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>Elected</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<ul style="list-style-type: none"> <li>• <b>DBS Policy</b></li> <li>• <b>Health and Safety Policy</b></li> <li>• <b>Recruitment of ex-offenders' Policy</b></li> <li>• <b>Adult Safeguarding Policy</b></li> <li>• <b>Equal Opportunities Policy</b></li> <li>• <b>Data Protection Policy</b></li> </ul> <p><b>To underpin the above policies and procedures:</b></p> <ul style="list-style-type: none"> <li>• <b>Risk Assessments</b></li> <li>• <b>Training Procedures</b></li> <li>• <b>Method Statements and Mechanical Handling Training.</b></li> </ul>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Harlow Community Men's Shed
Other name the charity uses	
Registered charity number	1187314

Charity's principal address	c/o Pets Corner, Off Edinburgh Way Harlow, CM20 2QG

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Thomas Hunt	Chairman/Trustee	19.03.2024	
2	Matthew Creed	Treasurer/Trustee	2022	
3	David Bowers	Shed Lead/Trustee	19.03.2024	
4	David Ewles	Secretary/Trustee	19.03.2024	
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**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

Thomas Hunt	Matthew Creed
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Position (eg Secretary,  
Chair, etc)

Chairman	
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Date

05/02/2025
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**HARLOW COMMUNITY MEN'S SHED**

England & Wales - Charity number 1187314

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# Accounts

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## Trustees' Annual Report for the period

From **April 2022** Period start date To **March 2023** Period end date

Charity name: **Harlow Community Men's Shed**

Charity registration number: **1187314**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p><b>The objectives of HCMS is to promote social inclusion for the public benefit by preventing people (particularly, but not exclusively, older men), within Harlow and the surrounding area, from becoming socially excluded or isolated, relieving the needs of those people who are socially excluded and assisting them to integrate into society. This is done through the provision of facilities where they can meet jointly or individually to undertake creative, physical or recreational activities, learn or pass on skills and knowledge and support each other socially.</b></p> <p><b>For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, or becoming isolated as a result of one or more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental) or bereavement.</b></p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p><b>The Men's Shed provides a safe place for people, particularly but not exclusively men, to gather and socialise without fear of judgement or prejudice.</b></p> <p><b>There is an environment of learning new skills and being able to participate in a variety of practical tasks and projects.</b></p> <p><b>More experienced people pass on the skills and knowledge to the benefit of others.</b></p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity	Para 1.18	<p><b>In order to achieve the above the Trustees ensure that the activities undertaken in accordance with the guidance issued by the Charity</b></p>

Commission on public benefit		<b>Commission on public benefits.</b>
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### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

### Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>Discussions regarding the lease for the Pavilion are currently taking place with the Council but indications are that there will be no problems with the conversion and establishment of a second shed in Harlow. However the project will require planning consent and building control approval.</b></p> <p><b>The establishment of the Pavilion aims to provide greater capacity and additional facilities which, in turn, will allow more member to learn new skills at both sites. It will also allow increased accessibility for Members from other parts of the town and allow Members to work and relax under cover providing all year round use.</b></p> <p><b>From a management leadership perspective an increase in membership will provide the potential to increase the number of Trustees within the Shed.</b></p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

### Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Current overheads and operational costs are minimal at £500 pa which has been funded by members and activities. Good external funding has been available to fund additional costs and projects e.g. Refurbishment costs of the Rectory field new site development and transport costs etc
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	No adopted formal policy currently in force only guidance. The Trustees are aware of the need to develop a clear policy for holding reserves for future projected costs and budget inc future Rental costs expected to start in 2027 and operating expenses inc insurance, power and water
Amount of reserves held	Para 1.22	currently Zero held as formal reserves as 1.21 & 1.212
Reasons for holding zero reserves	Para 1.22	Current income is currently exceeding operational costs of £500pa which allows for surplus to be developed plus funders will be approached to finance future costs
Details of fund materially in deficit	Para 1.24	No fund materially in deficit or expected to be
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Financially no concerns with minimal overheads and operating costs for the next 2 years Recruitment of membership to increase numbers at both sites and the recruitment of enough trustees and their knowledge to be developed and increased once the

		second all weather site is fully refurbished and operational
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### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	National Lottery Community Fund Mind in Essex Essex Community Foundation Essex County Council
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Reliance of user led volunteers and goodwill
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	<b>Constitution published online with Charity Commision</b>
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , CIO)	Para 1.25	<b>CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>Elected</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<ul style="list-style-type: none"> <li>• <b>DBS Policy</b></li> <li>• <b>Health and Safety Policy</b></li> <li>• <b>Recruitment of ex-offenders' Policy</b></li> <li>• <b>Adult Safeguarding Policy</b></li> <li>• <b>Equal Opportunities Policy</b></li> <li>• <b>Data Protection Policy</b></li> </ul> <p><b>To underpin the above policies and procedures:</b></p>
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		<ul style="list-style-type: none"> <li>• Risk Assessments</li> <li>• Training Procedures</li> <li>• Method Statements and Mechanical Handling Training.</li> </ul>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Harlow Community Men's Shed
Other name the charity uses	
Registered charity number	1187314
Charity's principal address	c/o Pets Corner, Off Edinburgh Way Harlow, CM20 2QG

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	John Hume	Chair/Secretary/ Trustee	2022 - 2023	HCMS
2	Matthew Creed	Treasurer/Trustee	2022 - 2023	HCMS
3	David Ainsworth	Trustee	2022 - 2023	HCMS
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**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>	N/A	

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	
N/A		

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	0
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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## **Exemptions from disclosure**

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) *Matthew Creed*

Full name(s) Matthew Creed

Position (eg Secretary,  
Chair, etc) Treasurer

Date 12.02.25

**HARLOW COMMUNITY MEN'S SHED**

England & Wales - Charity number 1187314

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# Accounts

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## Trustees Report April 2021 – March 2022

Trustees:

Steven Simmons – Chair  
Matthew Creed – Treasurer  
John Hume – Secretary  
David Ainsworth

We have been seeking alternative premises as we have outgrown the original site.

In April 2021 we viewed a potential site offered by the local council, which we accepted. The building was a former football changing. The lease will be with Harlow Council, and they are processing the documentation.

As this stage it is intended to retain 2 sites. There will be refurbishment required at the new site and the original site continues to be a working shed site.

Regular attendance has been retained with a core of around 8 members.  
Several new enquiries continue to be received.

We look forward to a busy year ahead.

Harlow Community Men's Shed Trustees.

**HARLOW COMMUNITY MEN'S SHED 2021-2022/01APRIL 2021 --31  
MARCH 2022**

	<u>Donations</u>	<u>Generated</u>	<u>Sub Total</u>	<u>Expenses</u>	<u>Balance</u>
B/Fwd					
9373.96					
APRIL 2021	000.01		25.00	25.01	437.60
8961.37					
MAY 2021	000.00		191.00	191.00	
64.24	9088.13				
JUNE 2021	10,322.71	10.00	10,332.71	1539.94	
17,880.90					
JULY 2021	156.31		000.00	156.31	
000.00	18,037.21				
AUGUST 2021	000.05		25.00	25.05	56.75
18,005.51					
SEPTEMBER 2021	000.00		000.00	000.00	
426.00	17,579.51				
OCTOBER 2021	000.00		10.00	10.00	333.48
17,256.03					
NOVEMBER 2021	4650.00	000.00	4650.00	7667.65	
14,238.38					
DECEMBER 2021	000.00		000.00	000.00	
650.45	13,587.93				
JANUARY 2022	000.00		72.00	72.00	500.47
13,159.46					
FEBRUARY 2022	2000.00	15.00	2015.00	1747.79	
13,426.67					
MARCH 2022	000.00		15.00	15.00	4403.01
9038.66					
Money in	17,492.08				
Money out	17,827.38				
Balance 01Apr 21	9373.96				
Money in	17,492.08				
Total	26,866.04				
Money out	17,827.38				
Balance 31 MAR 22	9,038.66				

23.01.2023 CREATED BY M CREED TREASURER

CHECKED AND CONFIRMED BY Andrew Bellworthy

**HARLOW COMMUNITY MEN'S SHED**

England & Wales - Charity number 1187314

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# Accounts

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## 1<sup>st</sup> AGM 22<sup>nd</sup> July 2021 Chair Report

Welcome to everybody for coming to Harlow Community Men's Shed's first Annual General Meeting.

A lot has happened over the last 2-3 years and we are now moving forward into an exciting new phase for the Men's Shed project with our proposed change of location. This last year in particular has been challenging with the limitations of Covid-19 and the enforced isolation - especially as one of the main objectives of the Men's Shed organisation is all about reducing isolation and supporting men within a social network. However, - this meeting hopefully marks the beginning of a return to something nearer to normality.

This Shed first started as an idea in July 2018 following my enquiry to UKMSA (UK Mens Shed Association) about Men's Sheds in the Harlow area and I was surprised to learn that there were no local facilities up and running. I was then referred to Clive Emmett from CVSU (Community Voluntary Services Uttlesford ) who was keen to establish a Shed in Harlow within the Essex Shed Network, - so the project was born and I was "volunteered" by Clive for setting it up.

With much support from CVSU, an empty container shell was located and moved to the Town Park and we had our first 'opening event' in March 2019 with various local luminaries and council officials together with prospective members - some of whom formed our core membership.

Membership grew as we worked together on the container and over a year or so, developed it into a functional workshop with power, water, workbenches, tools and an extended roof covering a paved patio area to enable outside working in all weathers. We have forged working relationships with several other organisation in Harlow and continue to enjoy being part of a larger Harlow Community - including Rainbow Services, Herts & Essex Community Farm, Canalability and Harlow Soup where we won the vote for a substantial donation and were noticed by Robert Halfon, - our local MP who now supports us and provides considerable support for our enterprise.

We are now at the limit of what we can achieve with space in the Town Park, - yet membership continues to grow and we need to find bigger premises.

Our fundraiser, Steve Simmons, has been very pro-active over the last year and has now raised a number of significant donations, located larger, more suitable premises in Great Parndon and is currently negotiating a new lease so that the move can take place this year hopefully - more on that later from Steve.

In January 2020, we formed a Charity (CIO) in order to facilitate access to more funding and also formed a Board of Trustees. I have now been involved as lead of the Shed for 2½



years and Chair of the Trustees for 18 months and feel that with the new direction, it is now a good time for me to stand down and make way for fresh ideas.

I will remain a Shed member and look forward to seeing how the project continues to develop over the next year and beyond.

Martin Wedgwood July 2021

HARLOW COMMUNITY MEN'S SHED ACCOUNT APRIL 2021 - MARCH 2022

APRIL 2021	0000.01	25.00	25.01	437.60	8961.37
MAY 2021	0000.00	191.00		191.00	64.24
	9088.13				
JUNE 2021	10,322.71	10.00	10,332.71	1539.94	
	17,880.90				
JULY 2021	156.31		000.00	156.31	
	000.00	18,037.21			
AUGUST 2021	000.05		25.00	25.05	56.75
	18,005.51				
SEPTEMBER 2021	000.00		000.00	000.00	
	426.00	17,579.51			
OCTOBER 2021	000.00		10.00	10.00	333.48
	17,256.03				
NOVEMBER 2021	4650.00	000.00		4650.00	7667.65
	14,238.38				
DECEMBER 2021	000.00		000.00	000.00	
	650.45	13,587.93			
JANUARY 2022	000.00		72.00	72.00	500.47
	13,159.46				
FEBRUARY 2022	2000.00	15.00	2015.00	1747.79	
	13,149.46				
MARCH 2022		000.00	15.00	15.00	4403.01
	9,038.66				
YEAR END TOTALS	17,129.03	353.00		17,482.03	
	17,827.38	9,083.66			