

# Financial Annual Return for 2022

## Helping Huntingtons

Charity Registration Number: 1187302

Year End Date: 31 December 2022

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### 1. Overview

**Helping Huntingtons** is a charity dedicated to (a) the relief of sickness among people suffering from Huntington's Disease in particular (but without limitation) through the provision of financial assistance, support, education and practical advice for such individuals and their families, dependents and carers; (b) the advancement of education of the general public in all areas relating to Huntington's Disease; and (c) the advancement of health by promoting research into Huntington's Disease. For the financial year ending 31 December 2022, we operated with **zero profit** and **zero expenses**. This was caused by a delay in operations due to Covid-19.

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### 2. Income and Expenditure Statement

For the period ending 31 December 2022, the financial statement is as follows:

- **Total Income:** £0
  - **Total Expenditure:** £0
  - **Net Income:** £0
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### 3. Income Breakdown

**Total Income:** £0

- **Donations Received:** £0  
All services and support during this financial year were provided through **non-monetary donations** and **volunteer time**, meaning no direct monetary donations were received.
  - **Grants Received:** £0  
No grants were applied for or received during this period.
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### 4. Expenditure Breakdown

**Total Expenditure:** £0

- **Staff Costs:** £0  
No paid staff were employed by the charity. All work was carried out by volunteers.

- **Operational Costs: £0**  
The charity did not incur any operational expenses, as all necessary services such as office space, utilities, and materials were provided through in-kind donations.
  - **Fundraising Costs: £0**  
The charity did not undertake any fundraising activities that involved financial costs. All fundraising efforts were based on volunteer efforts and free platforms (e.g., social media campaigns).
  - **Other Costs: £0**  
No other financial costs were incurred during this period.
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## 5. Assets and Liabilities

- **Total Assets: £0**  
The charity holds no financial or physical assets, as all resources required for our activities were provided by volunteers or partner organisations.
  - **Total Liabilities: £0**  
The charity has no financial liabilities or outstanding debts.
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## 6. Reserves Policy

As **Helping Huntingtons** currently operates with zero income and zero expenses, no financial reserves were required or maintained during the reporting period.

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## 7. Financial Risk Management

Due to the charity's zero-profit, zero-expense model, financial risks are minimised. Our operations rely on in-kind donations and volunteer support, which ensures that we do not face financial vulnerability. If donations or volunteer contributions become insufficient, we have established relationships with partners who can step in to provide additional non-financial resources.

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## 8. Conclusion

For the financial year ending 31 December 2022, **Helping Huntingtons** was currently delayed in operating to carrying out its charitable objectives due to Covid-19. We decided to utilise a zero-profit, zero-expense model to gather volunteers and make an impact within the community and educate the public about Huntingtons disease. We will continue to operate in this manner for the foreseeable future, with all services being delivered through in-kind support and volunteer efforts.

**Approved by the Board of Trustees:**  
Khadija Bibi

Trustee  
Date: 10/10/2024.