

HELPING HUNTINGTON'S

England & Wales · Charity number 1187302

Details

Status Registered

Legal form CIO

Registered 2020-01-10

Register [View on the Charity Commission register](#)

Contact

Address 72 Frederick Road
Stechford
Birmingham
B33 8AE

Phone 07481510400

Email Helpinghuntingtons@outlook.com

Activities

Objects: THE OBJECTS OF THE CIO ARE, FOR THE PUBLIC BENEFIT TO PROMOTE BY SUCH CHARITABLE MEANS AS THE TRUSTEES SHALL FROM TIME TO TIME THINK FIT:(A) THE RELIEF OF SICKNESS AMONG PEOPLE SUFFERING FROM HUNTINGTONÆS DISEASE IN PARTICULAR (BUT WITHOUT LIMITATION) THROUGH THE PROVISION OF FINANCIAL ASSISTANCE, SUPPORT, EDUCATION AND PRACTICAL ADVICE FOR SUCH INDIVIDUALS AND THEIR FAMILIES, DEPENDENTS AND CARERS;(B) THE ADVANCEMENT OF EDUCATION OF THE GENERAL PUBLIC IN ALL AREAS RELATING TO HUNTINGTONÆS DISEASE; AND(C) THE ADVANCEMENT OF HEALTH BY PROMOTING RESEARCH INTO HUNTINGTONÆS DISEASE.

Activities: Offering grants to sufferers of Huntington's disease.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31		£0	£0	-
2023-12-31		£0	£0	-
2022-12-31		£0	£0	-
2021-12-31		£0	£0	-
2020-12-31		£0	£0	-

Trustees

Name	Role	Appointed
Jamila Begum		2020-01-01
Khadija Bibi		2020-01-01
Richard Woodhull		2026-01-13

HELPING HUNTINGTON'S

England & Wales - Charity number 1187302

Accounts

Charity Cash Flow Statement

Cash Flows from Operating Activities

Donations Received: £0

Grants Received: £0

Other Income: £0

Payments to Suppliers and Employees: £0

Net Cash from Operating Activities: £0

Cash Flows from Investing Activities

Purchase of Equipment: £0

Proceeds from Sale of Assets: £0

Net Cash from Investing Activities: £0

Cash Flows from Financing Activities

Loans Received: £0

Loan Repayments: £0

Net Cash from Financing Activities: £0

Net Increase/Decrease in Cash

Net Change in Cash: £0

Cash at Beginning of Period: £0

Cash at End of Period: £0

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Financial Annual Return for 2022

Helping Huntingtons

Charity Registration Number: 1187302

Year End Date: 31 December 2022

1. Overview

Helping Huntingtons is a charity dedicated to (a) the relief of sickness among people suffering from Huntington's Disease in particular (but without limitation) through the provision of financial assistance, support, education and practical advice for such individuals and their families, dependents and carers; (b) the advancement of education of the general public in all areas relating to Huntington's Disease; and (c) the advancement of health by promoting research into Huntington's Disease. For the financial year ending 31 December 2022, we operated with **zero profit** and **zero expenses**. This was caused by a delay in operations due to Covid-19.

2. Income and Expenditure Statement

For the period ending 31 December 2022, the financial statement is as follows:

- **Total Income:** £0
 - **Total Expenditure:** £0
 - **Net Income:** £0
-

3. Income Breakdown

Total Income: £0

- **Donations Received:** £0
All services and support during this financial year were provided through **non-monetary donations** and **volunteer time**, meaning no direct monetary donations were received.
 - **Grants Received:** £0
No grants were applied for or received during this period.
-

4. Expenditure Breakdown

Total Expenditure: £0

- **Staff Costs:** £0
No paid staff were employed by the charity. All work was carried out by volunteers.

- **Operational Costs: £0**
The charity did not incur any operational expenses, as all necessary services such as office space, utilities, and materials were provided through in-kind donations.
 - **Fundraising Costs: £0**
The charity did not undertake any fundraising activities that involved financial costs. All fundraising efforts were based on volunteer efforts and free platforms (e.g., social media campaigns).
 - **Other Costs: £0**
No other financial costs were incurred during this period.
-

5. Assets and Liabilities

- **Total Assets: £0**
The charity holds no financial or physical assets, as all resources required for our activities were provided by volunteers or partner organisations.
 - **Total Liabilities: £0**
The charity has no financial liabilities or outstanding debts.
-

6. Reserves Policy

As **Helping Huntingtons** currently operates with zero income and zero expenses, no financial reserves were required or maintained during the reporting period.

7. Financial Risk Management

Due to the charity's zero-profit, zero-expense model, financial risks are minimised. Our operations rely on in-kind donations and volunteer support, which ensures that we do not face financial vulnerability. If donations or volunteer contributions become insufficient, we have established relationships with partners who can step in to provide additional non-financial resources.

8. Conclusion

For the financial year ending 31 December 2022, **Helping Huntingtons** was currently delayed in operating to carrying out its charitable objectives due to Covid-19. We decided to utilise a zero-profit, zero-expense model to gather volunteers and make an impact within the community and educate the public about Huntingtons disease. We will continue to operate in this manner for the foreseeable future, with all services being delivered through in-kind support and volunteer efforts.

Approved by the Board of Trustees:
Khadija Bibi

Trustee
Date: 10/10/2024.

HELPING HUNTINGTON'S

England & Wales - Charity number 1187302

Accounts

Financial Annual Return for 2022

Helping Huntingtons

Charity Registration Number: 1187302

Year End Date: 31 December 2022

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Approved by the Board of Trustees:
Khadija Bibi

Trustee
Date: 10/10/2024.

HELPING HUNTINGTON'S

England & Wales - Charity number 1187302

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	01	2020		31	12	2021

Section A Reference and administration details

Charity name

Helping Huntingtons

Other names charity is known by

n.a

Registered charity number (if any)

1187302

Charity's principal address

72 FREDERICK ROAD STECHFORD BIRMINGHAM

Postcode **B33 8AE**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Khadija Bibi	-	-	Khadija Bibi
2	Jamila Begum			Khadija Bibi
3	Pakeeza Kusair			Khadija Bibi
4	Tahir Mohammed			Khadija Bibi
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13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N.A	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N.A		

Name of chief executive or names of senior staff members (Optional information)

N.A

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CHARITABLE INCORPORATED ORGANISATION
Trustee selection methods (eg. appointed by, elected by)	Khadija Bibi

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

On hold due to covid

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are, for the public benefit to promote by such charitable means as the Trustees shall from time to time think fit: (a) the relief of sickness among people suffering from Huntington's Disease in particular (but without limitation) through the provision of financial assistance, support, education and practical advice for such individuals and their families, dependents and carers; (b) the advancement of education of the general public in all areas relating to Huntington's Disease; and (c) the advancement of health by promoting research into Huntington's Disease.

This has been on hold due to the covid restrictions and lockdown.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

N.A

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

None due to covid

Section E Financial review

Brief statement of the charity's policy on reserves

This has been on hold due to covid

Details of any funds materially in deficit

N.A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

N.A

Section F Other optional information

N.A

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Khadija Bibi	Jamila Begum
Full name(s)	Khadija Bibi	Jamila Begum
Position (eg Secretary, Chair, etc)	Trustees	
Date	30/10/2022	



CHARITY COMMISSION
FOR ENGLAND AND WALES

HELPING HUNTINGTON'S No (if any)

Receipts and payments accounts
For the period from 01/01/2021 To 31/12/2021

CC16a

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
N.A	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	-
A2 Asset and investment sales, (see table).					
N.A	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	-
A3 Payments					
N.A	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
A4 Asset and investment purchases, (see table)					
N.A	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	-	-	-	-
Net of receipts/(payments)	-	-	-	-	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	-	-	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	N.A	-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	N.A	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	N.A		-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	N.A		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	N.A		-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
KHADIJA BIBI	KHADIJA BIBI	30/10/2022
JAMILA BEGUM	JAMILA BEGUM	30/10/2022

HELPING HUNTINGTON'S

England & Wales - Charity number 1187302

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	10	01	2020		31	12	2020

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
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18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N.A	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N.A		

Name of chief executive or names of senior staff members (Optional information)

N.A

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CHARITABLE INCORPORATED ORGANISATION
Trustee selection methods (eg. appointed by, elected by)	Khadija Bibi

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

On hold due to covid

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This has been on hold due to the covid restrictions and lockdown.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

N.A

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

None due to covid

Section E Financial review

Brief statement of the charity's policy on reserves

This has been on hold due to covid

Details of any funds materially in deficit

N.A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

N.A

Section F Other optional information

N.A

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Khadija Bibi	Jamila Begum
Full name(s)	Khadija Bibi	Jamila Begum
Position (eg Secretary, Chair, etc)	Trustees	
Date	30/10/2022	



CHARITY COMMISSION
FOR ENGLAND AND WALES

HELPING HUNTINGTON'S No (if any)

Receipts and payments accounts
For the period from 10/01/2020 To 31/12/2020

CC16a

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
N.A	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	-
A2 Asset and investment sales, (see table).					
N.A	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	-
A3 Payments					
N.A	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
A4 Asset and investment purchases, (see table)					
N.A	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	-	-	-	-
Net of receipts/(payments)	-	-	-	-	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	-	-	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	N.A	-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	N.A	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	N.A		-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	N.A		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	N.A		-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
KHADIJA BIBI	KHADIJA BIBI	30/10/2022
JAMILA BEGUM	JAMILA BEGUM	30/10/2022