



**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

## **Trustees' Annual Report for the period**

**From 1.4.2023 (period start date) To 31.3.2024 (period end date)**

**Charity name: Sleep Pod**

**Charity registration number: 1187295**

## **Objectives and Activities**

|                                                                                                                                                                      | SORP<br>reference  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Summary of the purposes of the charity as set out in its governing document                                                                                          | Para 1.17          | <p>To provide a one-person emergency shelter wherever there is a need. This shelter, called a Sleep Pod is used by rough sleepers and refugees. After inventing Sleep Pod our main purpose became multi-faceted. We became focussed on raising funds for materials, preparing all the materials ready for build sessions. We then started to organise volunteer build sessions and then work with distribution partners so the most vulnerable people were prioritised in terms of giving the Sleep Pod emergency shelter to recipients.</p> <p>We have developed processes during the last few years to be as effective as possible, building valuable relationships with businesses, charities, groups and individuals that add real value to what we do.</p> <p>We currently support people all over the UK and within parts of Europe.</p> |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | <p><b>Fundraising</b></p> <p>We engage in various activities to ensure we have enough funds to purchase and prepare Sleep Pod materials. These activities include, face to face fundraising, approaches to trusts / foundations, corporate Sleep Pod build workshops and supplying charity partners. Together with various on-line fundraising campaigns we are delighted to have had enough money to cover the costs of all our activities. Our charity is very scalable and as such more funds would correlate with more activity and more people would benefit from</p>                                                                                                                                                                                                                                                                     |

|  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|--|--|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  |  | <p>having their own Sleep Pod emergency shelter.</p> <p><b>Purchase and material preparation</b></p> <p>Once we the funds, we purchase materials from have a variety of suppliers that we have built good working relations with. They are delivered and we then start the work of preparing all materials for building. We cut and prepare all building materials to ensure they are the correct size and shape and each piece is quality checked before being allowed to leave site and then used in a Sleep Pod build.</p> <p><b>Build</b></p> <p>Nealry all of our Sleep Pod Building now takes part in 3 prisons – Addiewell in Scotland, Peterborough and Lowtham Grange. We have a team in each prison who build our pods. In addition we run a number of corporate builds to raise finance but the number build this way is small.</p> <p>Corporate Sleep Pod build workshops –<br/>We will have at least 1 13 build leaders. We guide participants in build techniques as well as ensuring that quality is the most important factor that we concentrate on at every stage.</p> <p>At the beginning of each corporate build, we ensure that participants understand that each Sleep Pod is destined for a person and then at the end of each session we are at pains to explain the harsh reality of life on the streets.</p> <p><b>Distribution</b></p> <p>We have built up a good list of distribution partners – all of which have a good working knowledge of the streets / area in which they operate. All of our partners know what is expected of them in terms of methodical and fair Sleep Pod distribution. We are at pains to explain that a Sleep Pod is never intended to be a long term solution, it should be seen as an emergency shelter only. We require our partners to gift all Sleep Pods to the user- they are not permitted to sell them. Also we require that every time a Sleep Pod is gifted to someone a "contact" sticker is written out and attached to the Sleep Pod, this will provide contact details for a person / organisation in their area who is able to help them seek a more permanent solution to their</p> |
|--|--|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|                                                                                                                              |           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|------------------------------------------------------------------------------------------------------------------------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                              |           | rough sleeping. It is hoped that in this way we can contribute to a situation where the rough sleeper is able to move off the streets so that the night they sleep in a Sleep Pod for the first time might be their last. The contact sticker indicates the very real desire of Sleep Pod that every person is given suitable accommodation. Our forever aim as a charity is therefore to become obsolete and to see an end to all rough sleeping.                                                                                                                                                                                                                                                            |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | The trustees take their duties as trustees very seriously. In relation to this we are aware of and have studied the guidance provided by the Charity Commission to ensure that we comply with the standards expected of us in all of our activities. In connection with this compliance the Charity is supported by the Charity Team at Cripps (law firm) and the team at Crowe (accountants.) We regularly seek their advice about best practice and the requirements on us in connection with the operations of the Charity. Taking all of this together we believe we are both well advised and well aware of our duties – and critically – well poised to seek further help and guidance where necessary. |

#### **Additional information (optional)**

You may choose to include further statements where relevant about:

|                                                                  | SORP reference |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|------------------------------------------------------------------|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Policy on grant making                                           | Para 1.38      | We are not a grant making charity                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Policy on social investment including program related investment | Para 1.38      | We are not aiming to invest in any programs and did not make any investments of any kind during the time that this report covers.                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Contribution made by volunteers                                  | Para 1.38      | <p>Volunteers are involved in almost every aspect of the charity's work. We rely heavily on volunteers to fund raise and to build Sleep Pods.</p> <p>In fact, we are humbled by how much support we have had from volunteers. Since we set up the charity we have had thousands of volunteers that have supported our work by building Sleep pods, donating money as well as supporting and sharing our social media messaging. In addition to this we have core members of the Sleep Pod team, trustees, experts in specific areas and advocates that all conduct their work on a voluntary basis.</p> |

|       |  |                                                                                                                                                                                                                      |
|-------|--|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|       |  | We, as a charity embody the phrase “that anyone from anywhere can do something to help” and none more so is this realized in the network of our volunteers who share our vision and are part of the Sleep Pod story. |
| Other |  | N/A                                                                                                                                                                                                                  |

## Achievements and Performance

|                                                                                                                                                                                                 | SORP reference |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20      | <p>Since our inception and up to the end of the period in question we have built in the region of 11,000 Sleep Pods all of which have been distributed by our distribution partners to rough sleepers. 80% of these have been distributed in the UK, the remainder, mostly in Europe. We have raised the funds required to perform all activities required to make this happen.</p> <p>The use of the prisons to build the pods has had a meaningful impact on the prisoners involved who tell us how happy they are to be involved in purposeful activity whilst in prison.</p> <p><b>Corporate Sleep Pod builds</b><br/>Are where we take our Sleep pod build workshop into a company to support their Corporate Social Responsibility (CSR) policies.</p> <p>This practical, real-world activity has been extremely well-received by the company's and participants. Where possible we will try and engage with a local charity to come in and collect the completed Sleep Pods – but this is not always the case.</p> <p>For this service we offer different levels of support to cater for different budgets and desires for impact. For example, if requested we can connect the company and the Sleep Pod building activity with a film maker and or a Public Relations companies so the story of the Corporate Sleep Pod build can be understood by the companies, customers, suppliers, market sector and potential new customers.</p> <p>To this end Sleep Pod build workshops are seen as powerful and unique.</p> |

|  |  |                                                                                                                                                                                                                                                          |
|--|--|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  |  | <p><b>Fundraising</b></p> <p>During this period we had a successful run with our fundraising with some notable grants from trusts exceeding £30,000. This allowed us to ensure that all pods distributed in the UK were fully funded by the charity.</p> |
|  |  |                                                                                                                                                                                                                                                          |

**Additional information (optional)**

You may choose to include further statements where relevant about:

|                                                              |           |                                                                                                                                                                                                                                                    |
|--------------------------------------------------------------|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Achievements against objectives set                          | Para 1.41 | At the start of the year, we set a target to build and distribute 2,000 sleep pods and we succeeded in this.                                                                                                                                       |
| Performance of fundraising activities against objectives set | Para 1.41 | <p>We have performed well against our set objectives and fulfilled all orders from all distribution partners.</p> <p>We took on new distribution partners and increased our coverage in terms of locations where Sleep Pods are now available.</p> |
| Investment performance against objectives                    | Para 1.41 | All money raised through all of our activities is spent on funding new materials and building more pods.                                                                                                                                           |
| Other                                                        |           | N/A                                                                                                                                                                                                                                                |

## Financial Review

|                                                                                  |           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|----------------------------------------------------------------------------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Review of the charity's financial position at the end of the period              | Para 1.21 | Our financial position is entirely dictated by our ability to raise funds and, where we have been able to, to receive money for the pods from other organisations who have been able to fund the pods for their particular purposes. We feel confident that our expenditure has been spent wisely with negotiated discounts from suppliers and we have maintained the financial stability required to enable us to achieve the goals that we set for ourselves.     |
| Statement explaining the policy for holding reserves stating why they are held   | Para 1.22 | We do not hold reserves.                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Number of reserves held                                                          | Para 1.22 | N/A                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Reasons for holding zero reserves                                                | Para 1.22 | We do not hold reserves at this time as we consider that, due to the very contained and predicable nature of our expenditure there is currently no need for us to do so. As we evolve we will continue to monitor the need for this in the future however at this time due to our size and structure all those that are making decisions on large spend will do so in a planned monthly meeting or and where necessary at an ad-hoc meeting set up for the purpose. |
| Details of fund materially in deficit                                            | Para 1.24 | N/A                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | There is no uncertainty about the charity continuing its' activities as a going concern. The charity conducts its operation in a linear fashion and as such we are able to receive regular feedback on how our Sleep Pod one person emergency shelter is being received. The feedback is positive and the need continues to exist.                                                                                                                                  |

### Additional information (optional)

You may choose to include further statements where relevant about:

|                                                                      |           |                                                                                                                                                                                                                                                                                                                                                                                                          |
|----------------------------------------------------------------------|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | Our primary source of income is fundraising and our activities include approaching and working with foundations and trust's. We have also successfully campaigned for financial support from the public with our on-line campaigns.<br>Along with the above we also provide corporate builds as a service to companies that want to demonstrate their Corporate Social Responsibility to their staff and |
|----------------------------------------------------------------------|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|                                                                                 |           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|---------------------------------------------------------------------------------|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                 |           | <p>business network. This is a service we charge for with all additional funds going back into the charity.</p> <p>Also, where appropriate some of our sleep Pod distribution partners will pay (in full or in part) for the Sleep Pods that they collect or have delivered and then they distribute.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | N/A                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| A description of the principal risks facing the charity                         | Para 1.46 | <p>The ultimate risk facing the charity is that there is no longer a need for an emergency shelter, that there are no longer any rough sleepers in the UK or beyond. That any and all refugees and displaced people are afforded accommodation whilst in transit and do not face enforced nights without adequate protection.</p> <p>Then there would be no need for Sleep Pod charity to exist. Clearly this is our aim as a charity so happily the main risk we face is also a principal aim of the charity.</p> <p>Apart from this there is a risk that one or more of the trustees was to leave then there would be a potential knowledge vacuum. We are mitigating against this risk by compiling policies and procedures as well as utilising a CRM as a database that can be accessed by all team meetings.</p> <p>As well as this we only have one manufacturer of our core material. They manufacture our order specifically to our needs and at the time of writing are the only supplier able to do this (from our enquiries) If they decided not to support us then this would be a risk to our operations.</p> <p>A key risk remains our ability to raise sufficient funds to fund our activity. Aware of this we have sought the help of a fund raising consultant who has helped us create a plan which we are now working towards.</p> <p>Lastly is the environmental risk. We are acutely aware of the impact our pods are making to land fill. We do not consider this</p> |

|       |  |                                                                                                                                                                                                                                                                                                                                                                    |
|-------|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|       |  | to be sustainable long term. We are therefore looking at options to reverse engineer elements of the pods to make that more sustainable. We are in discussions with various material experts who may be able to support this activity, alongside conversations with one of our ongoing financial supporters (a trust) who are interested in funding this activity. |
| Other |  |                                                                                                                                                                                                                                                                                                                                                                    |

## Structure, Governance and Management

|                                                                                                                                                                            |           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Description of charity's trusts:                                                                                                                                           |           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Type of governing document (trust deed, royal charter)                                                                                                                     | Para 1.25 | Foundation Constitution Document                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| How is the charity constituted?<br>(e.g unincorporated association, CIO)                                                                                                   | Para 1.25 | Charitable Incorporated Organisation ("CIO")                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Trustee selection methods including details of any constitutional provisions e.g., election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | <p>Details as to how trustees are appointed and removed are as provided in clauses 10 and 12 of our Constitution document. Initially the 3 co-founders became the trustees together with 2 other trustees appointed by the trustees for their interest in the work that we are doing and their expertise.</p> <p>We do not, at this stage consider it necessary to bring in any additional trustees as we are functioning well as a charity with decision making and processes working well whilst providing the level of scrutiny we consider is needed for a charity of our size and complexity. However, we feel as we grow, we will consider the need to bring on additional trustees with certain experience as a way to add further value to what we do.</p> |

## Reference and Administrative details

|                             |           |
|-----------------------------|-----------|
| Charity name                | Sleep Pod |
| Other name the charity uses | N/A       |
| Registered charity number   | 1187295   |

|                             |                                                        |
|-----------------------------|--------------------------------------------------------|
| Charity's principal address | 22 Mount Ephraim<br>Tunbridge Wells<br>Kent<br>TA4 8AS |
|-----------------------------|--------------------------------------------------------|

### Names of the charity trustees who manage the charity

|   | Trustee name                     | Office (if any)            | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|---|----------------------------------|----------------------------|-----------------------------------|---------------------------------------------------------------|
| 1 | Ian Ashby                        | Trustee and Co-Founder     | N/A                               | N/A                                                           |
| 2 | Pete Kenyon-Holt                 | Chairperson and Co-Founder | N/A                               | N/A                                                           |
| 3 | Angharad Halliwell               | Trustee                    | N/A                               | N/A                                                           |
| 4 | Cripps Trust Corporation Limited | Trustee                    | N/A                               | N/A                                                           |

### Corporate trustees – names of the directors at the date the report was approved

|                                  |                                |  |
|----------------------------------|--------------------------------|--|
| Director name                    | Jessica Isabelle Lucy Jamieson |  |
| Kate Arnold                      | Jessica Isabelle Lucy Jamieson |  |
| James Robert Beaton              | Fiona Elizabeth McIntosh       |  |
| Jeremy David Godfrey Curtis      | Myles Stephen McIntosh         |  |
| Paul Frederick Charles Fairbairn | Bruce Russell Simpson          |  |
| Victoria Jane Fairley            | Philip Youdan                  |  |
| Stephen David Horscroft          |                                |  |

### Funds held as custodian trustees on behalf of others

|                                                                                                                              |     |
|------------------------------------------------------------------------------------------------------------------------------|-----|
| Description of the assets held in this capacity                                                                              | N/A |
| Name and objects of the charity on whose behalf the assets are held and how this fall within the custodian charity's objects | N/A |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets                        | N/A |

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

| Type of adviser | Name          | Address                                                |
|-----------------|---------------|--------------------------------------------------------|
| Financial       | Crowe Ltd     | 55 Ludgate Hill, London, EC4M 7JW                      |
| Technical       | Doug McKnight | 8A Stanley Gardens, London                             |
| Legal           | Cripps        | 22 Mount Ephraim<br>Tunbridge Wells<br>Kent<br>TA4 8AS |

Name of chief executive or names of senior staff members (Optional information)

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

## Other optional information

N/A

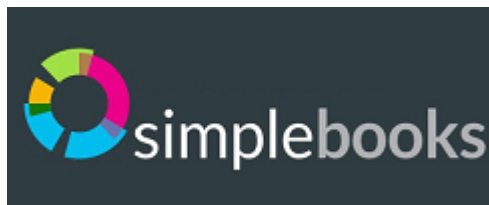
## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                        |                                                                                     |                                                                                      |
|----------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| Signature(s)                           |  |  |
| Full name(s)                           | Pete Kenyon-Holt                                                                    | Ian Ashby                                                                            |
| Position (e.g., Secretary, Chair, etc) | Chair (Trustee)                                                                     | Trustee                                                                              |

Date ~~20/11/2025~~ 31/11/2025



Sleep Pod  
Profit and Loss Detail  
For the period 01/04/2023 to 31/03/2024

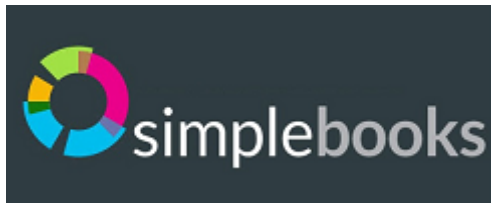
**Income**

|                               |                  |
|-------------------------------|------------------|
| Donation                      | 15,909.98        |
| Other                         | 60.45            |
| Sleep Pod Build Event         | 5,400.00         |
| Sleep Pod Educational Visit   | 2,700.00         |
| Sleep Pod Sales               | 6,683.45         |
| Trust/Foundation Contribution | 21,966.61        |
| <b>Total Income</b>           | <b>52,720.49</b> |

**Expense**

|                      |                  |
|----------------------|------------------|
| Accountancy          | 71.67            |
| Diesel               | 774.18           |
| Materials            | 45,110.13        |
| Motor - other        | 5.00             |
| Net Wages            | 19,391.72        |
| Petrol               | 414.23           |
| Postage              | 741.75           |
| Printing             | 1,028.00         |
| Purchases            | 910.97           |
| Sundry               | 7.85             |
| Van Hire             | 2,663.50         |
| WebHosting           | 372.38           |
| <b>Total Expense</b> | <b>71,491.38</b> |

**Net Income** **-18,770.89**



**Sleep Pod**  
**Balance Sheet**

**As at 31/03/2024**

**Fixed Assets**

|              |              |
|--------------|--------------|
| <b>Total</b> | <b>£0.00</b> |
|--------------|--------------|

**Investments**

|              |              |
|--------------|--------------|
| <b>Total</b> | <b>£0.00</b> |
|--------------|--------------|

**Current Assets**

|              |           |
|--------------|-----------|
| Bank Account | £3,133.06 |
|--------------|-----------|

|         |           |
|---------|-----------|
| Debtors | £2,914.20 |
|---------|-----------|

|                 |            |
|-----------------|------------|
| Input Tax (VAT) | £17,676.97 |
|-----------------|------------|

|              |                   |
|--------------|-------------------|
| <b>Total</b> | <b>£23,724.23</b> |
|--------------|-------------------|

**Current Liabilities**

|           |       |
|-----------|-------|
| Creditors | £0.00 |
|-----------|-------|

|                  |           |
|------------------|-----------|
| Output Tax (VAT) | £4,341.58 |
|------------------|-----------|

|                         |           |
|-------------------------|-----------|
| PAYE/NI control account | £1,542.02 |
|-------------------------|-----------|

|              |            |
|--------------|------------|
| VAT Payments | £14,020.81 |
|--------------|------------|

|              |                   |
|--------------|-------------------|
| <b>Total</b> | <b>£19,904.41</b> |
|--------------|-------------------|

|                                                 |                  |
|-------------------------------------------------|------------------|
| <b>Current Assets minus Current Liabilities</b> | <b>£3,819.82</b> |
|-------------------------------------------------|------------------|

|                                               |                  |
|-----------------------------------------------|------------------|
| <b>Total Assets minus Current Liabilities</b> | <b>£3,819.82</b> |
|-----------------------------------------------|------------------|

**Long Term Liabilities**

|                                            |                  |
|--------------------------------------------|------------------|
| <b>Total Assets less Total Liabilities</b> | <b>£3,819.82</b> |
|--------------------------------------------|------------------|

**Capital & Reserves**

|                |              |
|----------------|--------------|
| Current Profit | (£18,770.89) |
|----------------|--------------|

|                  |            |
|------------------|------------|
| Retained P&L b/f | £22,590.71 |
|------------------|------------|

|              |                  |
|--------------|------------------|
| <b>Total</b> | <b>£3,819.82</b> |
|--------------|------------------|

**Balance Sheet Suspense**

|              |              |
|--------------|--------------|
| <b>Total</b> | <b>£0.00</b> |
|--------------|--------------|

|              |                  |
|--------------|------------------|
| <b>TOTAL</b> | <b>£3,819.82</b> |
|--------------|------------------|



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
Sleep Pod

On accounts for the year  
ended

31/3/2024

Charity no  
(if any)

1187295

Set out on pages

2

Remember to include the page numbers of additional sheets

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2024**.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

20/1/2025

Name:

Angela Stirland

Relevant professional  
qualification(s) or body  
(if any):

CHARTERED INSTITUTE PUBLIC FINANCE  
ACCOUNTANT.

Address:

ALLER FARMHOUSE, NEWTON ROAD.  
KINGSKERSWELL  
DEVON TQ12 5AT.

**Section B****Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**