

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023  
FOR  
CAUDA EQUINA CHAMPIONS CHARITY**

Wallwork Nelson & Johnson  
Chandler House  
7 Ferry Road Office Park  
Riversway  
Preston  
Lancashire  
PR2 2YH

**CAUDA EQUINA CHAMPIONS CHARITY**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2023**

	<b>Page</b>
<b>Report of the Trustees</b>	<b>1 to 2</b>
<b>Independent Examiner's Report</b>	<b>3</b>
<b>Statement of Financial Activities</b>	<b>4</b>
<b>Balance Sheet</b>	<b>5</b>
<b>Notes to the Financial Statements</b>	<b>6 to 9</b>

# **CAUDA EQUINA CHAMPIONS CHARITY**

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2023**

The trustees present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **OBJECTIVES AND ACTIVITIES**

#### **Objectives and aims**

The objectives and aims of the charity are to preserve and protect the health of people affected by Cauda Equina Syndrome for the public benefit by:

- (a) providing support, assistance and information directly or indirectly to people affected by Cauda Equina Syndrome;
- (b) furthering and building awareness, education and research in respect of Cauda Equina Syndrome and its treatment and prevention; and
- (c) promoting and influencing effective care, involvement and support for people affected by Cauda Equina Syndrome.

#### **Significant activities**

Cauda Equina Champions Charity is a patient led organisation that aims to raise awareness of Cauda Equina Syndrome, support those living with the condition and provide bespoke, tailor made services for service users and their loved ones.

The main activities undertaken by the charity to further its charitable purposes were:

- a) Hosting online and face to face support group meetings nationally. The support group now has 4,300 members;
- b) Free CES Buddy service, helpline and signposting service;
- c) Funded sexual psychotherapy and psychological therapy service for CES patients;
- d) Funded wheelchair skills course;
- e) Residential CES patient workshops and social events;
- f) Being included in the new Suspected CES pathway for post operative support for CES patients;
- g) Delivering patient experience stories and red flag training to medical students;
- h) Publication of patient support packs;
- i) Delivering the Cauda Equina Syndrome Festival to mark CES Awareness Day (Annual Awareness Day created by the charity on October 1st 2020);
- j) Creating patient participation group to represent lived experience of CES;
- k) Delivering lived experience training to 1,500 medical students;
- l) Answering 1,000 new enquiries via website and helpline;
- m) Creating and publishing the Red flag leaflet for people with learning disabilities, working in partnership with People First Keighley and Craven;
- n) Publishing the patient story book "The Lost Tribe: Stories from Survivors of Cauda Equina Syndrome".

#### **Public benefit**

The trustees confirm that they have complied with the requirements of Section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### **Volunteers**

The charity relies on volunteers drawn from the ranks of the Trustees and other trusted individuals.

### **FINANCIAL REVIEW**

#### **Principal funding sources**

The principal funding sources are donations and corporate partnership fundraising with Cauda Equina Syndrome Association C.I.C.

#### **Reserves policy**

The charity holds reserves sufficient for its requirements for the foreseeable future but does not hold excessive reserves.

#### **Going concern**

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. As such, the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

# **CAUDA EQUINA CHAMPIONS CHARITY**

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2023**

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The Charity was established by constitution as a Charitable Incorporated Organisation and registered with the Charity Commission on 10 January 2020.

#### **Related parties**

Cauda Equina Champions Charity is the ultimate parent of Cauda Equina Syndrome Association C.I.C. (Registered Company Number: 08668763).

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Charity number**

1187294

#### **Principal address**

Suite 7 Grindleton Business Centre  
The Spinney  
Clitheroe  
Lancashire  
BB7 4DH

#### **Trustees**

Claire Hannah Thornber  
Steven Smith  
Joanne Hoyle  
Munawar Ahmed Mecci  
Vanessa Bewley-Robinson (appointed 11/1/2024)

#### **Independent Examiner**

Wallwork Nelson & Johnson  
Chandler House  
7 Ferry Road Office Park  
Riversway  
Preston  
Lancashire  
PR2 2YH

#### **Bankers**

Santander Business Banking  
T54 Ground Floor Ops  
Bridle Road  
Bootle  
Merseyside  
L30 4GB

Approved by order of the board of trustees on 31 May 2024 and signed on its behalf by:



Claire Hannah Thornber - Trustee

# **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CAUDA EQUINA CHAMPIONS CHARITY**

## **Independent examiner's report to the trustees of Cauda Equina Champions Charity**

I report to the charity trustees on my examination of the accounts of Cauda Equina Champions Charity (the Trust) for the year ended 31 December 2023.

### **Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Matthew Johnson

Wallwork Nelson & Johnson  
Chandler House  
7 Ferry Road Office Park  
Riversway  
Preston  
Lancashire  
PR2 2YH

31 May 2024

**CAUDA EQUINA CHAMPIONS CHARITY**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 DECEMBER 2023**

	Notes	31/12/23 Unrestricted fund £	31/12/22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		43,500	70,500
Other trading activities	2	18,356	45,748
<b>Total</b>		<u>61,856</u>	<u>116,248</u>
 <b>EXPENDITURE ON</b>			
Raising funds	3	50	69
<b>Charitable activities</b>			
General		16,398	5,892
<b>Total</b>		<u>16,448</u>	<u>5,961</u>
 <b>NET INCOME</b>		 45,408	 110,287
 <b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		221,001	110,714
 <b>TOTAL FUNDS CARRIED FORWARD</b>		 <u>266,409</u>	 <u>221,001</u>

**CONTINUING OPERATIONS**

All income and expenditure has arisen from continuing activities.



# CAUDA EQUINA CHAMPIONS CHARITY

## BALANCE SHEET 31 DECEMBER 2023

	Notes	31/12/23 Unrestricted fund £	31/12/22 Total funds £
<b>CURRENT ASSETS</b>			
Debtors	8	47,939	42,500
Cash at bank		219,670	182,101
		<u>267,609</u>	<u>224,601</u>
<b>CREDITORS</b>			
Amounts falling due within one year	9	(1,200)	(3,600)
		<u>266,409</u>	<u>221,001</u>
<b>NET CURRENT ASSETS</b>			
		<u>266,409</u>	<u>221,001</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		266,409	221,001
		<u>266,409</u>	<u>221,001</u>
<b>NET ASSETS</b>		<u>266,409</u>	<u>221,001</u>
<b>FUNDS</b>	10		
Unrestricted funds		266,409	221,001
		<u>266,409</u>	<u>221,001</u>
<b>TOTAL FUNDS</b>		<u>266,409</u>	<u>221,001</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 31 May 2024 and were signed on its behalf by:



Claire Hannah Thornber - Trustee

## CAUDA EQUINA CHAMPIONS CHARITY

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

#### 1. ACCOUNTING POLICIES

##### Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The charity has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

##### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been informed of the donation.

##### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### Taxation

The charity is exempt from tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### 2. OTHER TRADING ACTIVITIES

	31/12/23	31/12/22
	£	£
Fundraising events	18,356	45,748



# CAUDA EQUINA CHAMPIONS CHARITY

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2023

### 3. RAISING FUNDS

#### Raising donations and legacies

	31/12/23	31/12/22
	£	£
Subscriptions and registrations	50	69
	<u>50</u>	<u>69</u>

### 4. SUPPORT COSTS

#### General

Governance costs
£
1,200
<u>1,200</u>

### 5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022.

### 6. EMPLOYEES

There were no employees during the year.

### 7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	70,500
Other trading activities	45,748
<b>Total</b>	<u>116,248</u>
<b>EXPENDITURE ON</b>	
Raising funds	69
<b>Charitable activities</b>	
General	5,892
<b>Total</b>	<u>5,961</u>
<b>NET INCOME</b>	110,287
<b>RECONCILIATION OF FUNDS</b>	
Total funds brought forward	110,714
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>221,001</u>

CAUDA EQUINA CHAMPIONS CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 DECEMBER 2023

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/12/23	31/12/22
	£	£
Other debtors	4,439	-
Prepayments and accrued income	43,500	42,500
	<u>47,939</u>	<u>42,500</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/12/23	31/12/22
	£	£
Other creditors	-	2,400
Accruals and deferred income	1,200	1,200
	<u>1,200</u>	<u>3,600</u>

10. MOVEMENT IN FUNDS

	At 1/1/23	Net movement in funds	At 31/12/23
	£	£	£
<b>Unrestricted funds</b>			
General fund	221,001	45,408	266,409
	<u>221,001</u>	<u>45,408</u>	<u>266,409</u>
<b>TOTAL FUNDS</b>	<u>221,001</u>	<u>45,408</u>	<u>266,409</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	61,856	(16,448)	45,408
	<u>61,856</u>	<u>(16,448)</u>	<u>45,408</u>
<b>TOTAL FUNDS</b>	<u>61,856</u>	<u>(16,448)</u>	<u>45,408</u>

Comparatives for movement in funds

	At 1/1/22	Net movement in funds	At 31/12/22
	£	£	£
<b>Unrestricted funds</b>			
General fund	110,714	110,287	221,001
	<u>110,714</u>	<u>110,287</u>	<u>221,001</u>
<b>TOTAL FUNDS</b>	<u>110,714</u>	<u>110,287</u>	<u>221,001</u>

# CAUDA EQUINA CHAMPIONS CHARITY

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2023

### 10. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	116,248	(5,961)	110,287
<b>TOTAL FUNDS</b>	<u>116,248</u>	<u>(5,961)</u>	<u>110,287</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/1/22 £	Net movement in funds £	At 31/12/23 £
<b>Unrestricted funds</b>			
General fund	110,714	155,695	266,409
<b>TOTAL FUNDS</b>	<u>110,714</u>	<u>155,695</u>	<u>266,409</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	178,104	(22,409)	155,695
<b>TOTAL FUNDS</b>	<u>178,104</u>	<u>(22,409)</u>	<u>155,695</u>

### 11. RELATED PARTY DISCLOSURES

During the year ended 31 December 2023, the Charity received donations totalling £42,500 from Cauda Equina Syndrome Association C.I.C. in respect of profits generated during the year ended 31 August 2022.

On 24 May 2024, donations totalling £43,500 were made by Cauda Equina Syndrome Association C.I.C. in respect of profits generated during the year ended 31 August 2023.

As at 31 December 2023, an amount of £43,500 (2022: £42,500) owing to Cauda Equina Champions Charity is disclosed within Debtors.

In addition, various monies were loaned to and from Cauda Equina Syndrome Association C.I.C. As at 31 December 2023, an amount of £4,439 owed from Cauda Equina Syndrome Association C.I.C. is disclosed within Debtors (2022: £2,400 within Creditors).