

# **Mirfield Mind and Body**

Charity number 1187261

## **Annual Report and Financial Statements for the period 8 January 2020 to 31 December 2020**



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**Prepared by West Yorkshire Community Accounting Service**

# **Mirfield Mind and Body**

## **Trustees' report for the period 8 January 2020 to 31 December 2020**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

<b>Name</b>	<b>Position</b>	<b>Dates</b>
Steve Moore	Chair	Appointed 8 January 2020
Greg Lambert	Treasurer	Appointed 8 January 2020
Karen Ellis		Appointed 8 January 2020
Vince Thompson		Appointed 8 January 2020
Kalem Redgwick		Appointed 8 January 2020
		Resigned 11 January 2021
Mark Warburton		Appointed 8 January 2020
David Hall		Appointed 8 January 2020
Simon Watts		Appointed 24 September 2020
Tracy Watts		Appointed 24 September 2020

### **Charity number**

The charity was registered with the Charity Commission for England and Wales, number 1187261, on 8 January 2020.

### **Principal address**

Unit 5  
Station Business Park  
Back Station Road  
Mirfield  
WF14 8QF

### **Accountants**

#### **West Yorkshire Community Accounting Service**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

The charity is a Charitable Incorporated Organisation (CIO) formed on 8 January 2020 and governed by a Foundation constitution.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are appointed by a resolution at a meeting of the trustees.

# **Mirfield Mind and Body**

## **Trustees' report (continued) for the period ended 31 December 2020**

### **Objectives and activities**

#### **The charity's objects**

The object of the CIO is to promote for the benefit of the inhabitants of Mirfield and surrounding areas, the provision of facilities for sports and other recreational activities for individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants.

#### **The charity's main activities**

Community space is limited in Mirfield and is general in purpose, meaning it's limited if an organisation wishes to provide a specific offer - such as a large, safe matted area for martial arts, yoga, massage etc.

Mirfield Mind and Body (MMAB) was established to provide such a space and has a close relationship with its anchor tenant Mirfield Martial Arts Club (MMAC), an award winning community martial arts club (a CASC) run by volunteers.

#### **Public benefit statement**

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular health and wellbeing and the advancement of learning sport and martial arts.

#### **Achievements and performance**

MMAB rent out the space to several licensees that provide different sports. Karate for adults and children. Taekwondo for adults and children. Gymnastics for children. Aikido, for adults and children. We also have Tai Chi and yoga classes. The Duke of Edinburgh award scheme has also used the premises.

#### **Financial review**

The net receipts for the year were £1,934, including net payments of £1,066 on unrestricted funds and net receipts of £3,000 on restricted funds.

At the time of signing these accounts the charity has been impacted by the global Covid-19 virus. The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to meet its liabilities as they fall due.

#### **Reserves policy**

The charity's free reserves, excluding fixed assets, at the year end were in deficit by £1,066.

The funds are showing in deficit as rent was overpaid at the year end by £2,850, this was refunded after the year end.

The CIO does not currently have a reserves policy.

Signed on behalf of the board of trustees on 24/10/2021

Steve Moore (Trustee)

**Mirfield Mind and Body**  
**Receipts and payments account**  
**for the period 8 January 2020 to 31 December 2020**

	Notes	2020 Unrestricted funds £	2020 Restricted funds £	2020 Total funds £
<b>Receipts</b>				
Grants and donations	(2)	10,000	3,000	13,000
Rental income		4,455	-	4,455
<b>Total receipts</b>		<u>14,455</u>	<u>3,000</u>	<u>17,455</u>
<b>Payments</b>				
Property rent		14,250	-	14,250
Utilities		897	-	897
Telephone and broadband		374	-	374
<b>Total payments</b>		<u>15,521</u>	<u>-</u>	<u>15,521</u>
<b>Net movement in funds after transfers</b>		<u>(1,066)</u>	<u>3,000</u>	<u>1,934</u>
<b>Fund balances brought forward</b>		<u>-</u>	<u>-</u>	<u>-</u>
<b>Fund balances carried forward</b>	(3)	<u>(1,066)</u>	<u>3,000</u>	<u>1,934</u>

**Mirfield Mind and Body**  
**Statement of assets and liabilities**  
**as at 31 December 2020**

	2020	2020	2020
	Unrestricted	Restricted	Total
	£	£	£
<b>Cash funds</b>			
Cash at bank	(1,066)	3,000	1,934
<b>Total cash funds</b>	<u>(1,066)</u>	<u>3,000</u>	<u>1,934</u>
 <b>Other monetary assets</b>			£
Prepaid property rent			<u>2,850</u>
			<u>2,850</u>
 <b>Liabilities</b>			£
Independent examination			<u>300</u>
			<u>300</u>

**Approval of the accounts**

The financial statements were approved by the board of trustees on 24/10/2021

Steve Moore (Trustee)

# **Mirfield Mind and Body**

## **Notes to the accounts**

### **for the period 8 January 2020 to 31 December 2020**

#### **1 Accounting policies**

##### **Basis of accounting**

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

##### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

**Mirfield Mind and Body**  
**Notes to the accounts continued**  
**for the period 8 January 2020 to 31 December 2020**

**2 Grants and donations**

	2020 Unrestricted funds £	2020 Restricted funds £	2020 Total funds £
Kirklees Council	10,000	3,000	13,000
	<u>10,000</u>	<u>3,000</u>	<u>13,000</u>

**3 Restricted funds**

	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
Kirklees Council	-	3,000	-	-	3,000
	<u>-</u>	<u>3,000</u>	<u>-</u>	<u>-</u>	<u>3,000</u>

**Fund name**

**Purpose of restriction**

Kirklees Council

Flood Relief Grant to help organisations get back up and running following flood damage.

**4 Related party transactions**

**Trustee expenses**

No trustee received any expenses during this year or the previous year.

**Trustee remuneration and benefits**

No trustee received any remuneration or benefit during this or the previous year.

**Other related party transactions**

**Other transactions with trustees or related parties**

The following trustees are all committee members of Mirfield Martial Arts Club (MMAC), a Community Amateur Sports Club, Mark Warburton, Vince Thompson, David Hall and Greg Lambert. MMAC rents space from Mirfield Mind And Body (MMAB), the space is rented out at the same rate as to other organisations. The amount of rent paid by MMAC to MMAB in the year was £2,260.

Due to difficulties relating to the Covid pandemic, the charity has not been able to set up a bank account. The charity funds are currently kept by the Mirfield Martial Arts Club.