

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

England & Wales · Charity number 1187227

Details

Status Registered

Legal form CIO

Registered 2020-01-06

Register [View on the Charity Commission register](#)

Contact

Address 62 Barnacres Road
Hemel Hempstead
HP3 8JQ

Phone 07737845177

Email info@fnan.org.uk

Website <https://fnan.org.uk/>

Activities

Objects: 1.THE PREVENTION AND RELIEF OF POVERTY2.THE ADVANCEMENT OF EDUCATION3.THE ADVANCEMENT OF HEALTH OR THE SAVING OF LIVES4.THE ADVANCEMENT OF CITIZENSHIP OR COMMUNITY DEVELOPMENT

Activities: FNAN Eritrean Youth and Family Outreach provides Mentoring Advocacy Counselling Advice and Information Conferences and Workshops

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, People Of A Particular Ethnic Or Racial Origin

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£759	£282	-	-
2024-03-31	£539	£1,394	-	-
2023-03-31	£2,611	£2,285	-	-
2022-03-31	£3,480	£1,152	-	-
2021-03-31	£2,216	£1,190	-	-

Trustees

Name	Role	Appointed
Dr Berhane Kehase	Chair	2019-05-15
Almaz Seltene		2021-01-06
Bruk Simon		2019-05-15
Dr Fetsum Fetwi		2019-05-15
Ellen Haile		2021-01-06
Tigist Kinfu		2025-07-04

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

England & Wales - Charity number 1187227

Accounts

Registered Charity Number

1187227

Company number: 1187227

CE020208

FNAN Eritrean Youth and Family Outreach

Report and Unaudited Accounts

31 March 2025

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Report and accounts

Contents

	Page
Charity information	2
Trustees' Report	3
Statement of Directors'/Trustees' Responsibilities	12
Accountants' report	13
Statement of Financial Activities	14
Income & Expenditure Statement	15
Balance sheet	17
Notes to the accounts	18

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Charity Information

Trustees

Dr Berhane Kehase, Chair

Ellen Haile

Bruk Simon

Dr Fetsum Fetwi

Almaz Seltene

Accountants

Tedros Fetwi, FCCA

TFG Accountancy Services Ltd

Chartered Certified Accountants

Unit 3, Langdale House

11 Marshalsea Road

London

SE1 1EN

Registered number

1187227

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Report of the Trustees

The Trustees present their report for the year ended 31 March 2025

FNAN Eritrean Youth & Family Outreach, commonly called FNAN is Charitable Incorporated Organisation (CIO) set up to serve its community under the following charitable objects:

- a) the prevention and relief of poverty
- b) the advancement of education,
- c) the advancement of health or the saving of lives, and
- d) the advancement of citizenship or community development.

Summary

In this reporting year, FNAN charitable work focused on three areas:

First emphasis of the work of the charity has been on facilitating and delivering the advancement of health and the saving of lives(**objective c**), filling the gaps and alleviating social burdens in mental health, social care supports, immigration issues and wellness and leading a healthy lifestyle. FNAN continues to make high impact in the following areas:

- Mental Health and Social Care support as and when the needs arise
- Immigration Advice Support and Signposting as and when the needs arise
- Immigration Advice Support to those affected by the UK Rwanda asylum plan
- Healthy lifestyle (Wellness) training on a bi-weekly basis

The second emphasis of the work of the charity has been on facilitating and delivering educational activities (**objective b**) as they are also linked to its other objectives. Using its dedicated volunteers, FNAN has delivered a variety of training courses to its beneficiaries remotely online via zoom platform. These services are delivered in addition to its other ad hoc services and activities. These courses included:

- IT Engineering delivered on a weekly basis
- IT Essentials delivered on a weekly basis
- IT Webdesign delivered on a weekly basis
- English Conversation classes on a weekly basis
- Tigrinya (mother tongue) lessons for children on a weekly basis

The third emphasis of the work of the charity has been on the prevention and relief of poverty(**objective a**) and community development(**objective d**)

- Debut annual conference
- Engaging with the community

The following sections deliberate on each of bulleted focused service areas and their status in the year 2024/2025. A **sustain** status means that the service is on a growth trajectory and needs to maintain its sustainability. **Under review** status means that the service area needs to go through community consultation on its continuation, the way it is delivered and how frequent it needs to be.

Mental Health & Social Care

Status: Sustain

Mental health support and Social Care has been the service which FNAN provides to those in need. This service, although not obvious due to its sensitivity, is in high demand.

FNAN offers essential mental health support and social care services, which are in high demand despite their sensitive nature. These services are crucial for those in need, addressing a growing demand for mental health support in the community.

FNAN offers family therapy to help close relationships understand and support each other better. This service enables family members to safely express and explore difficult emotions, understand each other's experiences and views, appreciate each other's needs, build on family strengths, and make positive changes in their relationships and lives.

FNAN has supported families and children with complex needs, addressing parenting issues, relationship problems, and challenging behaviors. This support is provided either individually or in group settings. To establish and enhance community engagement and foster awareness on special needs children, FNAN health and social care with collaboration with other Eritrean communities who are actively supporting these families have created a telegram group as a platform for families to get advice and exchange their experiences from each other. A number of webinars were held for special needs including Autism, ADHD by inviting practitioners in the field, as well as presentations from qualified therapists within the FNAN health and social care team.

FNAN continuously promotes child development, offers positive child-centered learning opportunities, collaborates with the Multi-Agency Team for comprehensive services, and operates within an organization involving multiple stakeholders and competing demands.

FNAN's specialists in Family and Systemic Psychotherapy work with various relationship forms, including couples, families, groups, carers, professional groups, teams, and businesses. This intervention aims to address and improve the dynamics and communication within these relationships, fostering better understanding and support among members. Family therapy is particularly effective for child and adult focused problems. It deals with a range of problems including:- relationship distress, bereavement, attachment. child abuse, eating disorders, school related difficulties, alcohol and drug misuse and addiction. It is useful for children, young people, adults and older adults experiencing a wide range of difficulties and interpersonal issues and circumstances, across the family life cycle.

Even though it's hard to measure the sensitive nature of therapy outcome, FNAN healthcare team continue to catalogue gained experiences from solved problems to tackle future cases, deeper empathy and connection to each other and self-discovery and mental health awareness, reduced conflict and better anger management skills developing healthy boundaries and increased emotional resilience improved communication between family members. Our dedicated specialists in the field of Adult Mental Health, Cognitive Behavioural Therapy (CBT) and Housing have been instrumental in dealing with the client issues in their respective fields.

Immigration Advice and Support

Status: Sustain

As an integral part of FNAN's Mental Health and Social Care support service, our Immigration Advice Support and Signposting service has helped its usual beneficiaries. FNAN continued in providing advice and support with immigration and associated housing issues to new arrivals in the UK, with their Immigration matters using its highly committed volunteer, OISC qualified Immigration adviser.

In addition to this steady state support in 2023/2024 two significant events affected the way FNAN delivered its Immigration Advice and Support and Signposting Services:

1. In response to the February 2023, the UK Home Office announcement of its introduction of asylum seekers questionnaires in order to reduce the asylum backlogs, created an unexpected surge for our advice services as the community we serve are from Eritrea listed in the affected countries.

2. In response to the UK Rwanda Plan in April 2024, FNAN was inundated with a very high number of clients: FNAN quickly setup a task force of volunteers FNAN IMMIGRATION FOCUS GROUP of highly committed and professional helpers who accomplished the following important tasks:
 - a) So that service users can reach FNAN and get essential accurate information on the rapidly developing situation FNAN setup two whatsapp groups because of the sheer number of requests. At one point the number of whatsapp members was close to 1700.
 - b) The focus group translated UK Rwanda Plan related into Tigrinya and Amharic
 - c) Keeping a roster of clients who were put into detention centres, with ongoing follow up with their solicitors, and in some cases visiting detention centres
 - d) Finding solicitors when a client wants one
 - e) Collaborating with other charities actively helping UK Rwanda cases such as CARE4CALAIS (<https://care4calais.org/>) in information exchange
 - f) organising a petition (<https://boycottrwanda.org/>),.

FNAN commends its 15 permanent members of FNAN IMMIGRATION FOCUS GROUP team of highly qualified volunteers that were constituted to undertake this mammoth of an operation from February 2024 to July 2024 to when the effect of the UK Rwanda Plan subsided, They worked tirelessly with the help of many community volunteers, supporting the beneficiaries find their way through the complex web of legal matters, maintaining their mental health, and ensuring that they should have a legal representations, and encouraging them to comply what the law was demanding on them during this 5 months period of heightened disinformation period, so that they have the correct information to hand.

Healthy Lifestyle Webinars

Status: Under review 2025/2026

This session continues to be popular in terms of the number of people who attend. At the start of the reporting year(2024/2025) these webinars were delivered on bi-weekly basis until July 2024, and after summer break, the program resumed on 5th December 2023, on a monthly basis for effectiveness. The style of delivery is a one hour lecture followed by another hour of an open Q & A and interactive session, delivered on a consistent basis.

Business Awareness

Status: Sustain

These sessions Started in March 2024, presentations are given by FNAN Mentors around wide topics of personal development and business development. Subjects included such as pensions, taxes and personal development topics. Comprehensive report is to be compiled in 2025/2026.

IT Engineer training

Status: Sustain

This course has been popular among our community as it is delivered in the learner's mother tongue. There were **39 students** registered to pursue this course. Attendance may have fluctuated from time to time with some students:

The objectives remain the same as in last year's one. They are:

- To ensure that learners understand the value of modern technology—how to use it to their benefit.
- To prepare learners to meet the varying and challenging needs of the job market in the IT industry by providing knowledge and skills on the subject
- To coach learners for more basic and intermediate level of jobs in the IT industry
- To prepare learners to adapt to new innovative ways and techniques for searching jobs in IT.

The training needs of a new batch of learners were identified and programs developed that are best suited to their needs. Some learners re-joined the course as a refresher. The trainees are encouraged to remain active during the training as they are put at ease during the training programme by making the delivery as interactive as possible. Moreover, trainees are given feedback on how well they performed and asked to give feedback on the effectiveness of the training programme. The course was delivered every Wednesday from 8:00 pm to 10:00 pm and is delivered online via zoom.

The **IT Engineering Training Course** started on 20 October 2024 on Tuesdays and it was delivered on zoom from 8:00pm to 10:00pm with extended times to address all questions that arise during the class.

Impact: 16 students successfully completed the course and were presented with their certificates on June 11, 2025.

The topics covered, improved in depth from what was given in past years, were:

Understanding Files and Folders, Understanding types of File Extensions, Copy, Cut, Move, File Size, Date & Time of Files, Understanding Basic Networking, Understanding the Internet, Email and File Transfer, Understanding all types of Computer Networking, Practical Test and Quiz, Troubleshooting Networking, Understanding Cloud Computing, Understanding Computer Security and Passwords, Protecting your Files and folders, Identify malware, Virus and email phishing

Learners were trained with the following objectives in mind:

1. To understand the value of modern Technology and how to use it for their benefit.
2. To prepare them to meet the varying and challenging needs of the job and organisation.
3. To provide knowledge and skills to new entrants and to help them to perform their job well.
4. To coach trainees for employees to apply for basic and interim level of jobs in the IT industry
5. To guide trainees new and innovative ways and techniques of prospecting for IT jobs.

Students were given control to install applications remotely. This training has been a significant tool for student's development. It carries great importance because of the exceptional rate of change and development in the IT industry.

As a result of going through this course, students created confidence and self-assurance to apply for an IT related job as they are encouraged to show higher performance by making optimum and best utilization of the materials, tools, equipment's and other resources available to them online. Students are encouraged to revise using the handout that they are sent after a lesson. Participating in this activity enables students to respond and adapt to the changing technology well and become more proficient in the subject.

IT Essential Skills training

Status: Sustain

The objectives of FNAN's IT essential skills training programme is to empower the Eritrean community and support them to develop their IT skills with the emphasis of software skills and in the process to help them upgrade their technical knowledge.

This course is run online via zoom and therefore we were able to reach Eritrean communities in the UK and overseas. Like the IT Engineering Course, participants join from all over the world, including Europe, the USA, Canada, Australia, Israel and many more. The course is open to everyone. So the learners consist of young adults, adults and mothers. The sessions have been delivered every Wednesday from 7 to 9 pm London time. Although the number of attendees varies, a total of 49 students were registered to pursue the course, 20 of them completed the course with certificates.

This course follows the International Computer Driving Licence (ICDL) lesson plans. Therefore the topics included were from both the Digital Citizen Modules and ICDL Workforce Modules at intermediate level. More specifically, this included a basic skill of using a computer, email and the Internet for beginners as well as Software application essentials, Computer and Online Essentials. Office Applications:- Documents, Spreadsheet and Presentation and Good Practice learning such as IT Security, Online Collaboration and Data Protection.

As a result of attending the course, participants continue to show improvement on their IT skills and developed confidence to use computers and occasionally were able to showcase their work in a form of presentation via zoom. According to students' feedback they give testimony that they were able to use computers and the internet confidently and securely. The course is highly rated, and students testified that they were able to apply the applications and skills they learnt into their day to day activities. As reported last year this has a high impact, especially, mothers were able to help their children with their homework and able to communicate better with professionals.

English Conversation classes

Status: sustain

This program aims at giving individuals the chance to practice what they learn in their ESOL class and practice their conversation skills during lessons as it increases their ability to relay and receive information effectively and easily communicate with people in everyday situations. This along with any other FNAN courses that they learn will also help them in the process of integration into the society.

In 2023/2024, the trustees held consultations with the Lead Trainer and another FNAN Mentor who is highly experienced with ESOL. In order to run this programme in sustainable fashion, the consultations recommended that in a) 2024/2025 that this need to have two elements: English Conversations and ESOL(English for Speakers of Other Languages), b) so that students commit to the course a fee of £60, with registration instead of drop-in

sessions, and with certificate at the end of the 6 months period. See the Outlooks and Plans For 2025/2026 section at the end of this report.

As a standard, the sessions were delivered remotely via zoom every Friday from 7:00 – 8:00 pm uk time. Teachers were frequently taking feedback from service users choosing topics, and in general how the course needed to be delivered.

This programme started April 2021 and was run as a zoom drop-in session every Friday, on topics chosen in the day, and learners are encouraged to interact and converse on the topic, and it was very encouraging to see progress in the students. 69 participants registered 57 completed the course.

Tigrinya: Mother-Tongue for children

Status: Under review in 2024/2025

This programme started January 2021 and was run on six monthly basis, second group in January 2022. The pilot project was put under review in 2023/2024, and there were no classes in this year.

In consultation with parents and Teachers it was decided that this class needs to match with the UK academic year that starts in September and finishes in June. It was agreed to start registrations in September 2024.

The objective of this project is to teach the children born in the diaspora their mother tongue to help them gain confidence in their cultural identity. The mother tongue is Tigrinya which is the dominant language in Eritrea. This is undertaken by FNAN in order to help the social cohesion of the Eritrean family in the diaspora.

Engaging with the community

Status: Sustain

In addition to regular and established activities that FNAN renders to the advancement of health or the saving of lives (charitable object c) and the advancement of education (object b), FNAN frequently engages the community in a number of ways such as holding monthly webinars on empowerment, holding seminars to the community and get together events to nurture its volunteer, here are the events that were held in line to (charitable objects a and d);

On April 19, 2024 Zoom monthly Webinar: Businesses Promote Your Services To The Growing FNAN Community.

Outlooks and Plans For 2025/2026

FNAN UPSKILL 2025-2026

Marking the popularity and benefits of FNAN Training Courses, FNAN has launched FNAN UPSKILL 2024-2025 campaign in September 2024. This is a result of a series of consultation processes that was run in 2023/2024 with FNAN services users and dedicated volunteer trainers for the services that are with **Status: Operational**.

The purpose of this is to answer three objectives:

- a) make FNAN training sustainable,
- b) have a measurable commitment from service users that they complete their training, and
- c) how to incentivise more trainers in other education areas that advance FNAN's charitable objectives.

This resulted in actionable points:

- a) charge a nominal fee of £60 paid directly to the trainers,
- b) run a course for reasonable length of time, 6 months,
- c) having a workable lesson plan, registration and attendance processes in place and
- d) issuing a certificate of completion to the trainees who surmounted the qualification level the trainer has set for the course.

FNAN Business Directory

In 2025 FNAN launched a business directory **fnanbusinessdirectory.org** to engage the community with businesses and services run by community members. This will help FNAN fulfil one of its charitable objectives: community development, while raising funds from subscriptions helping it to cover its running costs.

Statement of Trustees' Responsibilities

The trustees of FNAN are responsible for preparing the directors' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then adopt them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Accountants' Report

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Street Action for the year ended 31 December 2020 which comprise of the Profit and Loss Account, the Balance Sheet, the Statement of Changes in Equity and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

Our work has been undertaken in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at <http://www.accaglobal.com/factsheet163>.

FNAN Eritrean Youth and Family Outreach
Statement of Financial Activities
for the year ended 31 March 2025

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
Notes	2025 £	2025 £	2025 £	2024 £
Incoming resources				
<i>Incoming resources from generated funds</i>				
Voluntary Income	759	-	759	539
<hr/>				
Total incoming resources	759	-	759	539
<hr/>				
Costs of generating funds				
Costs of generating voluntary income	-	-	-	-
<i>Costs of charitable activities</i>	282	-	282	1,394
<i>Governance costs</i>	-	-	-	-
<hr/>				
Total resources expended	282	-	282	1,394
<hr/>				
Net incoming resources	477	-	477	(855)
<hr/>				
Reconciliation of funds				
Total funds brought forward	2,825	-	2,825	3,680
<hr/>				
Total Funds carried forward	3,302	-	3,302	2,825
<hr/>				

The net movement in funds referred to above is the net incoming resources as defined in the SORP and is reconciled to the total funds as shown in the Balance Sheet on page 15 as required by the SORP.

All activities derive from continuing operations

The notes on pages 18 to 19 form an integral part of these accounts.

**FNAN Eritrean Youth and Family
Outreach
Income and Expenditure Account
for the year ended 31 March 2025**

	2025	2024
	£	£
Turnover	759	539
Direct costs of turnover	282	1,394
Gross surplus	477	(855)
Governance costs	-	-
Surplus (deficit) on ordinary activities before tax	477	(855)
Surplus (deficit) for the financial year	477	(855)
Gift Aid Payments	-	
Retained surplus for the financial year	477	(855)

All activities derive from continuing operations

The notes on pages 17 to 18 form an integral part of these accounts.

**Statement of Total Recognised Gains and Losses
for the year ended 31 March 2025**

	2025	2024
	£	£
Excess of Income over Expenditure before realisation of assets	477	(855)
Profit per Profit and Loss account	477	(855)
Net Movement in funds before taxation	477	(855)

**FNAN Eritrean Youth and Family Outreach
Movements in revenue and capital funds
for the year ended 31 March 2023**

Revenue accumulated funds	Unrestricted Funds	Restricted Funds	Total Funds	Total
	2025	2025	2025	2024
	£	£	£	£
Accumulated funds brought forward	2,825	-	2,825	3,860
Recognised gains and losses before transfers	477	-	477	(855)
	3302	-	-	2,825
Transfers (to)/from fixed asset funds	-	-	-	-
Closing revenue accumulated funds	3302	-	3302	2,825

			£	£	£
Summary of funds	Designated Funds	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	2025	2025	2025	2025	2024
		£	£	£	£
Revenue accumulated funds	-	3,302	-	3,302	2,825
		-	-	-	-
Total funds	-	3,302	-	3,302	2,825

The notes on pages 18 to 19 form an integral part of these accounts.

**FNAN Eritrean Youth and Family Outreach
Balance Sheet
as at 31 March 2025**

	Notes	2025 £	2024 £
<i>The assets and liabilities of the charity :</i>			
Fixed assets			
Current assets			
Cash at bank and in hand		3,302	2,825
Net current assets		<u>3,302</u>	2,825
Total assets less current liabilities		<u>3,302</u>	<u>2,825</u>
Creditors:-			
amounts due after more than one year		-	-
Provisions for liabilities and charges			
Net assets including pension asset / liability		<u>3,302</u>	<u>2,825</u>
<i>The funds of the charity :</i>			
Unrestricted income funds			
Unrestricted revenue accumulated funds		3,302	2,825
Designated revenue funds		-	
Unrestricted capital funds			
Designated fixed asset funds		-	
Total unrestricted funds		3,302	2,825
Restricted income funds			
Restricted capital funds			
Total restricted funds		-	
Total charity funds		<u>3,302</u>	<u>2,825</u>

Ellen Haile

Trustee

*Approved by the board of trustees on
31 December 2025*

FNAN Eritrean Youth and Family Outreach
Notes to the Accounts
for the year ended 31 March 2025

1. Accounting Policies

Basis of preparation of the accounts

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) published by the Charity Commission in England & Wales (CCEW) ,effective January 2016, (The SORP), and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Volunteers

In accordance with the SORP, and in recognition of the difficulties in placing a monetary value on the contribution from volunteers, the contribution of volunteers is not included within the income of the charity.

However, the trustees value the significant contribution made to the activities of the charity by unpaid volunteers.

Policies relating to categories of income and income recognition

Nature of income

Gross income represents the value, net of value added tax and discounts, Donations and voluntary contributions including receipts from fundraising events.

Categories of Income

Income is categorised as income from donations and grants, investment income and project income.

Income from a non-exchange transaction is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

Income recognition

"Income, whether from exchange or non-exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

Recognition of liabilities

Liabilities are recognised on the accruals basis in accordance with normal accounting principles, modified where necessary in accordance with the guidance given in the SORP.

Resources Expended

The policy for including items within the relevant activity categories of resources expended is.

In particular the policy for including items within costs of generating funds, charitable activities and governance costs is as follows:

Charitable activities

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature which are necessary to support them.

Governance costs

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

Taxation

As a registered charity, the charity is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only.

Funds structure policy

The charity maintains a general unrestricted fund which represents funds which are expendable at the discretion of the trustees in furtherance of the objects of the charity. Such funds may be held in order to finance both working capital and capital investment.

Restricted funds have been provided to the charity for particular purposes, and it is the policy of the trustees to carefully monitor the application of those funds in accordance with the restrictions placed upon them.

There is no formal policy of transfer between funds or on the allocation of funds to designated funds, other than that described above.

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

England & Wales - Charity number 1187227

Accounts

Registered Charity Number

1187227

FNAN Eritrean Youth and Family Outreach

Report and Unaudited Accounts

31 March 2024

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Report and accounts

Contents

	Page
Charity information	2
Trustees' Report	3
Statement of Directors'/Trustees' Responsibilities	12
Accountants' report	13
Statement of Financial Activities	14
Income & Expenditure Statement	15
Balance sheet	17
Notes to the accounts	18

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Charity Information

Trustees

Dr Berhane Kehase, Chair

Ellen Haile

Bruk Simon

Dr Fetsum Fetwi

Almaz Seltene

Accountants

Tedros Fetwi, FCCA

TFG Accountancy Services Ltd

Chartered Certified Accountants

Unit 3, Langdale House

11 Marshalsea Road

London

SE1 1EN

Registered number

1187227

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Report of the Trustees

The Trustees present their report for the year ended 31 March 2024

FNAN Eritrean Youth and Family Outreach (FNAN) is a small charity made up of a small group of trustees and volunteers. FNAN has little or no administrative overheads and employs no staff, which means almost every penny donated to us goes directly to the charitable activities that FNAN supports

Further information about FNAN can be found on our website <http://www.fnan.org.uk/>

Name, registered office and constitution of the charity

The full name of the charity is FNAN Eritrean Youth and Family Outreach

The Charity was formed on 6th January 2020

Objectives and Activities of the Charity

A summary of the objects of the charity as set out in its governing document

FNAN Eritrean Youth and Family Outreach provides Mentoring Advocacy Counselling Advice and Information Conferences and Workshops

The Charity's objectives are:

1. The prevention and relief of poverty
2. The advancement of education
3. The advancement of health and saving of lives
4. The advancement of citizenship and community development

The charity's aims including the changes or differences it seeks to make

FNAN and its volunteers work predominantly, but not exclusively within the Eritrean community in the UK to make a positive difference in the areas of poverty prevention, education and health.

FNAN sets out to achieve these objectives by providing advocacy and support services in the areas of its operation in England and Wales.

The charity's main objectives for the year

In furtherance of its charitable objectives FNAN set itself the following objectives for the year

1. Provide mental health and social care support
2. Provide advice on immigration matters with specific emphasis on those affected by the Rwanda asylum scheme
3. Provide advice on healthy lifestyle (wellness) on a bi-weekly basis
4. Provide IT essentials and engineering classes weekly
5. Provide weekly English conversation classes
6. Provide weekly Tigrigna language lessons for the young

A brief description of each course and its benefits is outlined below.

Mental Health & Social Care

Status: Sustain

Mental health support and Social Care has been the service which FNAN provides to those in need. This service, although not obvious due to its sensitivity, is in high demand.

FNAN offers essential mental health support and social care services, which are in high demand despite their sensitive nature. These services are crucial for those in need, addressing a growing demand for mental health support in the community.

FNAN offers family therapy to help close relationships understand and support each other better. This service enables family members to safely express and explore difficult emotions, understand each other's experiences and views, appreciate each other's needs, build on family strengths, and make positive changes in their relationships and lives.

FNAN has supported families and children with complex needs, addressing parenting issues, relationship problems, and challenging behaviours. This support is provided either individually or in group settings. To establish and enhance community engagement and foster awareness on special needs children,

FNAN health and social care with collaboration with other Eritrean communities who are actively supporting these families have created a telegram group as a platform for families to get advice and exchange their experiences from each other. A number of webinars were held for special needs including Autism, ADHD by inviting practitioners in the field, as well as presentations from qualified therapists within the FNAN health and social care team.

FNAN continuously promotes child development, offers positive child-centered learning opportunities, collaborates with the Multi-Agency Team for comprehensive services, and operates within an organization involving multiple stakeholders and competing demands.

FNAN's specialists in Family and Systemic Psychotherapy work with various relationship forms, including couples, families, groups, carers, professional groups, teams, and businesses. This intervention aims to address and improve the dynamics and communication within these relationships, fostering better understanding and support among members. Family therapy is particularly effective for child and adult focused problems. It deals with a range of problems including:- relationship distress, bereavement, attachment. child abuse, eating disorders, school related difficulties, alcohol and drug misuse and addiction. It is useful for children, young people, adults and older adults experiencing a wide range of difficulties and interpersonal issues and circumstances, across the family life cycle.

Even though it's hard to measure the sensitive nature of therapy outcome, FNAN healthcare team continue to catalogue gained experiences from solved problems to tackle future cases, deeper empathy and connection to each other and self-discovery and mental health awareness, reduced conflict and better anger management skills developing healthy boundaries and increased emotional resilience improved communication between family members. Our dedicated specialists in the field of Adult Mental Health, Cognitive Behavioural Therapy (CBT) and Housing have been instrumental in dealing with the client issues in their respective fields.

Immigration Advice and Support

Status: Sustain

As an integral part of FNAN's Mental Health and Social Care support service, our Immigration Advice Support and Signposting service has helped its usual beneficiaries. FNAN continued in providing advice and support with immigration and associated housing issues to new arrivals in the UK, with their Immigration matters using its highly committed volunteer, OISC qualified Immigration adviser.

In addition to this steady state support in 2023/2024 two significant events affected the way FNAN delivered its Immigration Advice and Support and Signposting Services:

1. In response to the February 2023, the UK Home Office announcement of its introduction of asylum seekers questionnaires in order to reduce the asylum backlogs, created an unexpected surge for our advice services as the community we serve are from Eritrea listed in the affected countries.

2. In response to the UK Rwanda Plan in April 2024, FNAN was inundated with a very high number of clients: FNAN quickly setup a task force of volunteers FNAN IMMIGRATION FOCUS GROUP of highly committed and professional helpers who accomplished the following important tasks:

a) So that service users can reach FNAN and get essential accurate information on the rapidly developing situation FNAN setup two WhatsApp groups because of the sheer number of requests. At one point the number of WhatsApp members was close to 1700.

b) The focus group translated UK Rwanda Plan related into Tigrinya and Amharic c) Keeping a roaster of clients who were put into detention centres, with ongoing follow up with their solicitors, and in some cases visiting detention centres

d) Finding solicitors when a client wants one

e) Collaborating with other charities actively helping UK Rwanda cases such as CARE4CALAIS (<https://care4calais.org/>) in information exchange

f) Organising a petition (<https://boycottrwanda.org>),.

FNAN commends its 15 permanent members of FNAN IMMIGRATION FOCUS GROUP team of highly qualified volunteers that were constituted to undertake this mammoth of an operation from February 2024 to July 2024 to when the effect of the UK Rwanda Plan subsided, They worked tirelessly with the help of many community volunteers, supporting the beneficiaries find their way through the complex web of legal matters, maintaining their mental health, and ensuring that they should have a legal representations, and encouraging them to comply what the law was demanding on them during this 5 months period of heightened disinformation period, so that they have the correct information to hand.

Healthy Lifestyle Webinars

Status: Sustain, reviewed from weekly to bi-weekly to monthly sessions

This session continues to be popular in terms of the number of people who attend. At the start of the reporting year (2023/2024) these webinars were delivered on bi-weekly basis until July 2023, and after summer break, the program resumed on 5th December 2023, on a monthly basis for effectiveness. The style of delivery is a one hour lecture followed by another hour of an open Q & A and interactive session, delivered on a consistent basis. The topics covered in this reporting year included: Emotional management, sufficient sleep and its health benefits, How to breathe, Eat for your gut microbes, Emotional Intelligence, The power of gratitude and Water assisted fasting.

Participants join this group on an ongoing basis. At the time of reporting the number of people who joined the specific WhatsApp group is 432 as compared to 191 last year. This shows how impactful this community training program is.

After attending the course participants in the majority of cases testify that their body weight went back to normal, blood sugar balanced, diabetic symptoms reduced, blood pressure went back to normal, cardiovascular diseases improved a lot, mood elevated just to mention some. Overall, we continue to observe that during the training sessions participants informally inform us that they enjoy the training, progressively learning and improving their level of happiness, changed from habitual way of doing things to consciously leading their life. The number of participants is on average between the ranges of 70 to 140 at any given session. This makes the program the most attended in FNAN education webinars.

IT Engineer training

Status: Sustain

This course has been popular among our community members as it is delivered in the learner's mother tongue. There were 97 students registered to pursue this course. Attendance may have fluctuated from time to time with some students:

The objectives remain the same as in last year's one. They are:

- To ensure that learners understand the value of modern technology—how to use it to their benefit.
- To prepare learners to meet the varying and challenging needs of the job market in the IT industry by providing knowledge and skills on the subject
- To coach learners for more basic and intermediate level of jobs in the IT industry
- To prepare learners to adapt to new innovative ways and techniques for searching jobs in IT.

The training needs of a new batch of learners were identified and programs developed that are best suited to their needs. Some learners re-joined the course as a refresher. The trainees are encouraged to remain active during the training as they are put at ease during the training programme by making the delivery as interactive as possible. Moreover, trainees are given feedback on how well they performed and asked to give feedback on the effectiveness of the training programme. The course was delivered every Wednesday from 8:00 pm to 10:00 pm and is delivered online via zoom.

The IT Engineering Training Course started on 14 September 2023 on Tuesdays and it was delivered on zoom from 8:00pm to 10:00pm with extended times to address all questions that arise during the class.

Impact: 28 students successfully completed the course and were presented with their certificates on April 5, 2024. The topics covered, improved in depth from what was given in past years, were:

Understanding Files and Folders,

Understanding types of File Extensions, Copy, Cut, Move, File Size, Date & Time of Files,

Understanding Basic Networking, Understanding the Internet, Email and File Transfer,

Understanding all types of Computer Networking, Practical Test and Quiz, Troubleshooting Networking,

Understanding Cloud Computing, Understanding Computer Security and Passwords, Protecting your Files and folders, Identify malware, Virus and email phishing Learners were trained with the following objectives in mind:

1. To understand the value of modern Technology and how to use it for their benefit.
2. To prepare them to meet the varying and challenging needs of the job and organisation.
3. To provide knowledge and skills to new entrants and to help them to perform their job well.
4. To coach trainees for employees to apply for basic and interim level of jobs in the IT industry
5. To guide trainees to new and innovative ways and techniques of prospecting for IT jobs.

Students were given control to install applications remotely. This training has been a significant tool for student's development. It carries great importance because of the exceptional rate of change and development in the IT industry.

As a result of going through this course, students created confidence and self-assurance to apply for an IT related job as they are encouraged to show higher performance by making optimum and best utilization of the materials, tools, equipment's and other resources available to them online. Students are encouraged to revise using the handout that they are sent after a lesson. Participating in this activity enables students to respond and adapt to the changing technology well and become more proficient in the subject.

IT Essential Skills training

Status: Sustain

The objectives of FNAN's IT essential skills training programme is to empower the Eritrean community and support them to develop their IT skills with the emphasis of software skills and in the process to help them upgrade their technical knowledge.

This course is run online via zoom and therefore we were able to reach Eritrean communities in the UK and overseas. Like the IT Engineering Course, participants join from all over the world, including Europe, the USA, Canada, Australia, Israel and many more. The course is open to everyone. So -5- the learners consist of young adults, adults and mothers. The sessions have been delivered every Wednesday from 7 to 9 pm UK time. Although the number of attendees varies, a total of 79 students were registered to pursue the course, 20 of them completed the course with certificates.

This course follows the International Computer Driving Licence (ICDL) lesson plans. Therefore the topics included were from both the Digital Citizen Modules and ICDL Workforce Modules at intermediate level. More specifically, this included a basic skill of using a computer, email and the Internet for beginners as well as Software application essentials, Computer and Online Essentials. Office Applications:- Documents, Spreadsheet and Presentation and Good Practice learning such as IT Security, Online Collaboration and Data Protection.

As a result of attending the course, participants continue to show improvement on their IT skills and developed confidence to use computers and occasionally were able to showcase their work in a form of presentation via zoom. According to students' feedback they give testimony that they were able to use computers and the internet confidently and securely. The course is highly rated, and students were able to apply the applications and skills they learnt into their day to day activities. As reported last year this has a high impact, especially, mothers were able to help their children with their homework and able to communicate better with professionals.

English Conversation classes

Status: Under review in 2023/2024

This program aims at giving individuals the chance to practice what they learn in their ESOL class and practice their conversation skills during lessons as it increases their ability to relay and receive information effectively and easily communicate with people in everyday situations. This along with any other FNAN courses that they learn will also help them in the process of integration into the society.

As a standard, the sessions were delivered remotely via zoom every Friday from 7:00 – 8:00 pm uk time. Teachers were frequently taking feedback from service users choosing topics, and in general how the course needed to be delivered. This programme started April 2021 and was run as a zoom drop-in session every Friday, on topics chosen in the day, and learners are encouraged to interact and converse on the topic, and it was very encouraging to see progress in the students. Usually the number of participants is between 10-15 participants and sometimes it peaks to 24.

While this continued in 2023/2024, the trustees held consultations with the Lead Trainer and another FNAN Mentor who is highly experienced with ESOL. In order to run this programme in sustainable fashion, the consultations recommended that:

a) In 2024/2025 that this need to have two elements: English Conversations and ESOL(English for Speakers of Other Languages),

b) So that students commit to the course a fee of £60, with registration instead of drop-in sessions, and with certificate at the end of the 6 months period. See the Outlooks and Plans For 2025/2026 section at the end of this report.

Tigrinya: Mother-Tongue for children

Status: Under review in 2023/2024

This programme started January 2021 and was run on six monthly basis, second group in January 2022. The pilot project was put under review in 2023/2024, and there were no classes in this year.

In consultation with parents and Teachers it was decided that this class needs to match with the UK academic year that starts in September and finishes in June. It was agreed to start registrations in September 2024.

The objective of this project is to teach the children born in the diaspora their mother tongue to help them gain confidence in their cultural identity. The mother tongue is Tigrinya which is the dominant language in Eritrea. This is undertaken by FNAN in order to help the social cohesion of the Eritrean family in the diaspora.

Engaging with the community

Status: Sustain

In addition to regular and established activities that FNAN renders to the advancement of health or the saving of lives (charitable object c) and the advancement of education (object b), FNAN frequently engages the community in a number of ways such as holding monthly webinars on empowerment, holding seminars to the community and get together events to nurture its volunteer, here are the events that were held in line to (charitable objects a and d); In chronological order:

On December 16, 2023 FNAN held a Christmas Dinner Party for the elderly in our community in London, at Hilldrop community Centre, Community Lane Hilldrop Road London N7 0JE. With FNAN Volunteers preparing Food and Gifts. It was a happy occasion attended by close to 20 Elders.

On January 20, 2024 FNAN held ADHD and Special Needs awareness day for parents by inviting a Practitioner in the field.

On February 08, 2024 Zoom Event on UK General Immigration issues and Focus on recent changes in UK immigration laws. On February 17, 2024 Zoom Event FNAN held ADHD and Special Needs (Introduction to ABA Therapy) awareness day for parents by inviting a Practitioner in the field.

On February 22, 2024 Zoom monthly Webinar: Finance Matters with two practitioners in the field.

On March 22, 2024 Zoom monthly Webinar: Housing and Immigration Webinar delving on the state of UK Housing and how it is affecting our community. On April 19, 2024 Zoom monthly Webinar: Businesses Promote Your Services To The Growing FNAN Community.

FNAN Anniversary Conference

Status: Sustain

FNAN held its first of a kind, an annual conference, on its 4th anniversary on 24 of June 2023 In London, courtesy of the INITIATIVES OF CHANGE UNITED KINGDOM for availing their lovely conference rooms. This was a very significant event. In addition to Mentors from London and suburbs our dedicated mentors came all the way from Leeds, Coventry and Birmingham. It was a fully packed, productive conference with a number of presentations from each FNAN community focus group and full of testimonials from beneficiaries. Here is a highlight of the event.



Outlooks and Plans For 2025/2026

FNAN UPSKILL 2024-2025

Marking the popularity and benefits of FNAN Training Courses, FNAN has launched FNAN UPSKILL 2024-2025 campaign in September 2024. This is a result of a series of consultation processes that was run in 2023/2024 with FNAN services users and dedicated volunteer trainers for the services that are with Status: Under Review.

The purpose of this is to answer three objectives:

- a) Make FNAN training sustainable,
- b) Have a measurable commitment from service users that they complete their training, and
- c) How to incentivise more trainers in other education areas that advance FNAN's charitable objectives.

This resulted in the following actionable points:

- a) Charging a nominal fee of £60 paid directly to the trainers,
- b) Running a course for reasonable length of time, 6 months,
- c) Having a workable lesson plan, registration and attendance processes in place and
- d) Issuing a certificate of completion to the trainees who surmounted the qualification level the trainer has set for the course.

FNAN Business Directory

In 2025 FNAN has a plan to launch a business directory fnanbusinessdirectory.org to engage the community with businesses and services run by community members. This will help FNAN fulfil one of its charitable objectives: community development, while raising funds from subscriptions helping it to cover its running costs.

Statement of Trustees' Responsibilities

The trustees of FNAN are responsible for preparing the directors' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then adopt them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Accountants' Report

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Street Action for the year ended 31 December 2020 which comprise of the Profit and Loss Account, the Balance Sheet, the Statement of Changes in Equity and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

Our work has been undertaken in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at <http://www.accaglobal.com/factsheet163>.

FNAN Eritrean Youth and Family Outreach
Statement of Financial Activities
for the year ended 31 March 2024

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
Notes	2024 £	2024 £	2024 £	2023 £
Incoming resources				
<i>Incoming resources from generated funds</i>				
Voluntary Income	539	-	539	2,611
<hr/>				
Total incoming resources	539	-	539	2,611
<hr/>				
Costs of generating funds				
Costs of generating voluntary income	-	-	-	
Costs of charitable activities	1,394	-	1,394	2,285
Governance costs	-	-	-	
<hr/>				
Total resources expended	1,394	-	1,394	2,285
<hr/>				
Net incoming resources	(855)	-	(855)	326
<hr/>				
Reconciliation of funds				
Total funds brought forward	3,680	-	3,680	3,354
<hr/>				
Total Funds carried forward	2,825	-	2,825	3,680

The net movement in funds referred to above is the net incoming resources as defined in the SORP and is reconciled to the total funds as shown in the Balance Sheet on page 15 as required by the SORP.

All activities derive from continuing operations

The notes on pages 18 to 19 form an integral part of these accounts.

**FNAN Eritrean Youth and Family
Outreach
Income and Expenditure Account
for the year ended 31 March 2024**

	2024	2023
	£	£
Turnover	539	2,611
Direct costs of turnover	1,394	2,285
Gross surplus	(855)	326
Governance costs	-	-
Surplus on ordinary activities before tax	(855)	326
Surplus for the financial year	(855)	326
Gift Aid Payments	-	
Retained surplus for the financial year	(855)	326

All activities derive from continuing operations

The notes on pages 17 to 18 form an integral part of these accounts.

**Statement of Total Recognised Gains and Losses
for the year ended 31 March 2024**

	2024	2023
	£	£
Excess of Expenditure over income before realisation of assets	(855)	326
Profit per Profit and Loss account	(855)	326
Net Movement in funds before taxation	(855)	326

**FNAN Eritrean Youth and Family Outreach
Movements in revenue and capital funds
for the year ended 31 March 2023**

Revenue accumulated funds	Unrestricted Funds	Restricted Funds	Total Funds	Total
	2024	2024	2024	2023
	£	£	£	£
Accumulated funds brought forward	3,680	-	3,680	3,354
Recognised gains and losses before transfers	(855)	-	(855)	326
	-	-	-	3,680
Transfers (to)/from fixed asset funds	-	-	-	-
Closing revenue accumulated funds	2,825	-	2,825	3,680

		£	£	£	
Summary of funds	Designated Funds	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	2024	2024	2024	2024	2023
		£	£	£	£
Revenue accumulated funds	-	2,825	-	2,825	3,680
		-	-	-	-
Total funds	-	2,825	-	3,225	3,680

The notes on pages 18 to 19 form an integral part of these accounts.

**FNAN Eritrean Youth and Family Outreach
Balance Sheet
as at 31 March 2024**

	Notes	2024 £	2023 £
<i>The assets and liabilities of the charity :</i>			
Fixed assets			
Current assets			
Cash at bank and in hand		2,825	3,680
Net current assets		<u>2,825</u>	<u>3,680</u>
Total assets less current liabilities		<u>2,825</u>	<u>3,680</u>
Creditors:-			
amounts due after more than one year		-	-
Provisions for liabilities and charges			
Net assets including pension asset / liability		<u>2,825</u>	<u>3,680</u>
<i>The funds of the charity :</i>			
Unrestricted income funds			
Unrestricted revenue accumulated funds		2,825	3,680
Designated revenue funds		-	
Unrestricted capital funds			
Designated fixed asset funds		-	
Total unrestricted funds		2,825	3,680
Restricted income funds			
Restricted capital funds			
Total restricted funds		-	
Total charity funds		<u>2,825</u>	<u>3,680</u>

Ellen Haile

Trustee

*Approved by the board of trustees on 28 January
2025*

**FNAN Eritrean Youth and Family Outreach
Notes to the Accounts
for the year ended 31 March 2024**

1. Accounting Policies

Basis of preparation of the accounts

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) published by the Charity Commission in England & Wales (CCEW) ,effective January 2016, (The SORP), and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Volunteers

In accordance with the SORP, and in recognition of the difficulties in placing a monetary value on the contribution from volunteers, the contribution of volunteers is not included within the income of the charity.

However, the trustees value the significant contribution made to the activities of the charity by unpaid volunteers.

Policies relating to categories of income and income recognition

Nature of income

Gross income represents the value, net of value added tax and discounts, Donations and voluntary contributions including receipts from fundraising events.

Categories of Income

Income is categorised as income from donations and grants, investment income and project income.

Income from a non-exchange transaction is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

Income recognition

"Income, whether from exchange or non-exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

Recognition of liabilities

Liabilities are recognised on the accruals basis in accordance with normal accounting principles, modified where necessary in accordance with the guidance given in the SORP.

Resources Expended

The policy for including items within the relevant activity categories of resources expended is.

In particular the policy for including items within costs of generating funds, charitable activities and governance costs is as follows:

Charitable activities

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature which are necessary to support them.

Governance costs

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

Taxation

As a registered charity, the charity is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only.

Funds structure policy

The charity maintains a general unrestricted fund which represents funds which are expendable at the discretion of the trustees in furtherance of the objects of the charity. Such funds may be held in order to finance both working capital and capital investment.

Restricted funds have been provided to the charity for particular purposes, and it is the policy of the trustees to carefully monitor the application of those funds in accordance with the restrictions placed upon them.

There is no formal policy of transfer between funds or on the allocation of funds to designated funds, other than that described above.

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

England & Wales - Charity number 1187227

Accounts

Registered Charity Number

1187227

FNAN Eritrean Youth and Family Outreach

Report and Unaudited Accounts

31 March 2023

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Report and accounts

Contents

	Page
Charity and Company information	2
Trustees' Report	3
Statement of Directors'/Trustees' Responsibilities	13
Accountants' report	14
Statement of Financial Activities	15
Income & Expenditure Statement	16
Balance sheet	18
Notes to the accounts	19

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Company Information

Trustees

Dr Berhane Kehase, Chair

Ellen Haile

Bruk Simon

Dr Fetsum Fetwi

Almaz Seltene

Accountants

Tedros Fetwi, FCCA

TFG Accountancy Services Ltd

Unit 3

Langdale House

11 Marshalsea Road

London

SE1 1EN

Registered number

1187227

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Report of the Trustees

The Trustees present their report for the year ended 31 March 2023

FNAN Eritrean Youth and Family Outreach (FNAN) is a small charity made up of a small group of trustees and volunteers. FNAN has little or no administrative overheads and employs no staff, which means almost every penny donated to us goes directly to the charitable activities that FNAN supports

Further information about FNAN can be found on our website <http://www.fnan.org.uk/>

Name, registered office and constitution of the charity

The full name of the charity is FNAN Eritrean Youth and Family Outreach

The Charity was formed on 6th January 2020

Objectives and Activities of the Charity

A summary of the objects of the charity as set out in its governing document

FNAN Eritrean Youth and Family Outreach provides Mentoring Advocacy Counselling Advice and Information Conferences and Workshops

The Charity's objectives are:

1. The prevention and relief of poverty
2. The advancement of education
3. The advancement of health and saving of lives
4. The advancement of citizenship and community development

The charity's aims including the changes or differences it seeks to make

FNAN and its volunteers work predominantly, but not exclusively within the Eritrean community in the UK to make a positive difference in the areas of poverty prevention, education and health.

FNAN sets out to achieve these objectives by providing advocacy and support services in the areas of its operation in England and Wales.

The charity's main objectives for the year

In furtherance of its charitable objectives FNAN set itself the following objectives for the year

1. Provide IT technician training twice per week
2. Provide training in mental health and Social Care
3. Provide training in wellness and healthy lifestyle
4. Provide weekly classes in English Conversation
5. Provide weekly Tigrigna language lessons for the young

A brief description of each course and its benefits is outlined below.

1. IT Technician training

In this reporting year, as in the previous one, the emphasis of the work of the charity has been on facilitating and delivering educational activities (objective b) as they are also linked to its other objectives. Using its dedicated volunteers, FNAN has delivered a variety of training courses to its beneficiaries remotely online via zoom platform. These services are delivered in addition to its other ad hoc services and activities. These courses included:

- Two IT training courses namely IT Technician/Engineer and IT Essential delivered on a weekly basis
- Healthy lifestyle (Wellness) training on a bi-weekly basis
- English Conversation classes on a weekly basis
- Tigrinya (mother tongue) lessons for children on a weekly basis
- Immigration Advice Support and Signposting as and when the needs arise
- Mental Health and Social Care support as and when the needs arise

FNAN understands that there are demands for all these worthwhile lessons. Hence, they are offered throughout the year on a rolling basis with breaks in between depending on the availability of volunteer teachers. Brief description of each course delivered and other activities is outlined below.

IT Engineer training (formerly known as IT Technician)

This course has been popular among our community as it is delivered in the learner's mother tongue. There were 89 students registered to pursue this course. Attendance may have fluctuated from time to time with some students:

The objectives remain the same as in last year's one. They are:

- To ensure that learners understand the value of modern technology and how to use it for their benefit.
- To prepare learners to meet the varying and challenging needs of the job market in the IT industry by providing knowledge and skills on the subject
- To coach learners for more basic and intermediate level of jobs in the IT industry
- To prepare learners and enable them to adapt to new and innovative ways and techniques in IT.

The training needs of a new batch of learners were identified and programs developed that are best suited to their needs. Some learners re-joined the course as a refresher. The trainees are encouraged to remain active during the training as they are put at ease during the training programme by making the delivery as interactive as possible. Moreover, trainees are given feedback on how well they performed and asked to give feedback on the effectiveness of the training programme. The course was delivered every Wednesday from 7:30 pm to 9:30 pm and is delivered online via zoom.

After an extended summer break, the course re-started on 28 September 2022 with a new name **IT Engineer** on a Wednesday and it was delivered from 7:00pm to 9:00pm with extended times to address all questions that arise during the class

Similar to last year, the topics covered were:

- Introduction to Computers
- Computer Hardware
- Computer Operating System
- Installing and Configuring the Operating System
- Understanding the Operating System
- Practical Exercise on installing Operating System
- Practical Test and Quiz
- Troubleshooting Computers
- Maintaining Operating System

Students were given control to install applications remotely. This training has been a significant tool for student's development. It carries great importance because of the exceptional rate of change and development in the IT industry.

As a result of going through this course, students created confidence and self-assurance to apply for an IT related job as they are encouraged to show higher performance by making optimum and best utilization of the materials, tools, equipment's and other resources available to them online. Students are encouraged to revise using the handout that they are sent after a lesson. Participating in this activity enables students to respond and adapt to the changing technology well and become more proficient in the subject.

IT Essential Skills training

FNAN realizes that essential skills are key in day to day life. The objectives of FNAN's IT essential skills training programme is to empower the Eritrean community and support them to develop their IT skills with the emphasis of software skills and in the process to help them upgrade their technical knowledge.

All the sessions are run online via zoom and therefore we were able to reach Eritrean communities in the UK and overseas. Like that of the IT Technician course, participants join from all over the world, including Europe, the USA, Canada, Australia, Israel, Sudan and many more. The course is open to everyone. So the learners consist of young adults, adults and mothers. The sessions have been delivered every Wednesday from 7 to 9 pm London time. Although the number of attendees varies, a total of 64 students were registered to pursue the course.

This course follows the International Computer Driving Licence (ICDL) lesson plans. Therefore the topics included were from both the Digital Citizen Modules and ICDL Workforce Modules at intermediate level. More specifically, this included a basic skill of using a computer, email and the Internet for beginners as well as Software application essentials, Computer and Online Essentials.

Office Applications:- Documents, Spreadsheet and Presentation and Good Practice learning such as IT Security, Online Collaboration and Data Protection.

As a result of attending the course, participants showed improvement on their IT skills and developed confidence to use computers and occasionally were able to showcase their work in a form of presentation via zoom. Also some participants shared a testimony that they were able to use computers and the internet confidently and securely. Some testified that they were able to apply the applications and skills they learnt into their day to day activities. Especially, mothers were able to help their children with their homework and able to communicate better with professionals

3. Healthy Lifestyle (Wellness) Training

This session proved to be the most popular one of all of our courses in terms of the number of people who registered to attend. Participants join this group on an ongoing basis. There were 191 people who joined the specific group which is also reflected on the number of people who actually attend. Unlike the above 2 courses, anyone from any of our groups can join this class.

This training program is aimed at enhancing the quality of people's lives by making them aware that the way they live i.e. lifestyle influences the quality of their life. This includes the food they eat, the exercise they do or fail to do, the quality of sleep and their emotional awareness. Following an extended summer break, the course re-started on 13 October 2022. This period, the frequency of sessions was changed to fortnightly and it was delivered until July 2023. This followed the planning meeting we had on 9 September 2022 to review the frequency and make it more effective.

After attending the course many people testified that their body weight went back to normal, blood sugar balanced, diabetic symptoms disappeared, blood pressure went back to normal, cardiovascular diseases improved a lot, mood elevated just to mention some. Overall, it has always been observed that during the training sessions people informally say that they enjoy the training, progressively learning and improving their level of happiness, changed from habitual way of doing things to consciously leading their life. The number of attendees varies at different sessions. Various lifestyle and wellness topics were covered. The delivery style was based on lecture type teaching followed by an open Q & A and interactive session on a consistent basis.

English Conversation classes

This exercise aims at giving individuals the chance to practice what they learn in their ESOL class and practice their conversation skills during lessons as it increases their ability to relay and receive information effectively and easily communicate with people in everyday situations. This along with any other FNAN courses that they learn will also help them in the process of integration into the society.

As a standard, the sessions were delivered remotely via zoom every Friday from 7:30 – 8:30 pm uk time. One of our skillful and highly dedicated volunteers as a lesson lead with 4-5 volunteers we would plan topical conversation. A new teacher joined during the reporting period who was a great asset to the English Conversation teaching team. The delivery method and topics covered were reviewed regularly by getting feedback from participants and in sessions and suggestions are implemented according to the feedback. This approach has increased the students' participation, which was clearly a

positive change. Although a number of learners have joined the group, the number of participants in the sessions varies. It has been in the range of 10 - 15 participants with a third of them turning on their cameras and all participating.

Especially with the addition of a new teacher, we noticed two major outcomes:

Increase participation and better communication.. We now have participants that are more confident to communicate in English, more participants turning on their cameras and fully participating. At times the lead facilitator motivates others to participate and recommend the sessions to others. In addition, some learners' communication has improved. Participants now understand the importance of practicing with each other or by looking into volunteering opportunities where they ought to communicate in English.

Tigrinya: Mother-Tongue for children

The objective of this project is to teach the children born in the diaspora their mother tongue to help them gain confidence in their cultural identity. The mother tongue is Tigrinya which is the dominant language in Eritrea. This is undertaken by FNAN in order to help the social cohesion of the Eritrean family in the diaspora.

Four dedicated mothers that took the task of teaching the language. Two of them are fully engaged in the UK mainstream Education system, with one being full time primary teacher, and the other being professional in producing Educational Materials. Like the other FNAN services. The teaching sessions were run using zoom. As a result it was possible to reach Eritrean communities beyond the UK, participants were from all over the world, mainly from the UK and including children residing in Scandinavian countries, Germany, Switzerland, Belgium, Holland, Italy, France, Canada, the USA and Israel. The course run from 22 January 2022 to 9 July 2022 and resumed in September 2022 following an extended summer holiday

Learners were grouped by their age: youngsters between ages 7 to 11, and teenagers with age of 12 and above. The sessions were delivered every Saturday for a one hour session per class. 4:00 - 5:00 PM for ages 7 - 11 and 6:00 - 7:00 for those 12 and over.

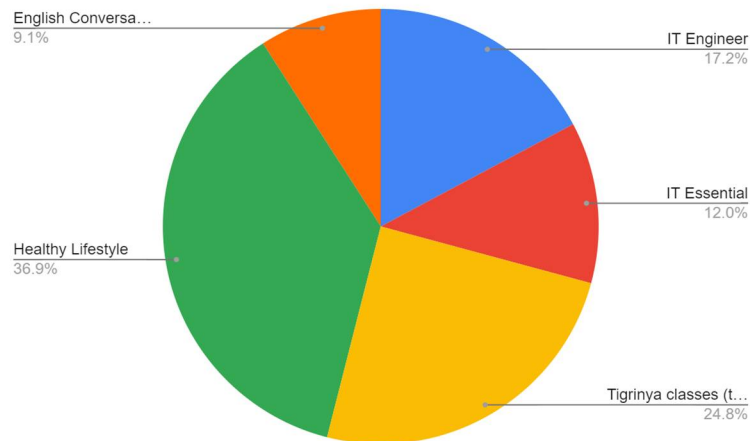
This course was moved to Wednesday evening (6:30 - 7:30 pm) from 25 January 2023 in order to increase participation as it was seen as more suitable for both parents and children. The children came from 128 households with each family registering one or more children. Because of its voluntary nature of participation, attendance in the younger group and the teens was lower than those registered.

There were 24 lessons that were prepared. Each lesson was accompanied with a lesson plan laying out the outcome by the end of the lesson: language writing skills, comprehension, day-to-day skill of the use of the language, homework and more.

As reported in the previous year, this time round, learners showed more improvement on their speech and writing skills of their mother tongue, and the role of parents was foremost in their achievement. Learners were showcasing their activities by taking screenshots of their homework and sending it to their teachers, and by their active participation in answering questions. At the end of the teaching period, each participant learner was awarded with a certificate in a zoom ceremony in July 2022. The children were very happy with their achievement. This service is becoming a permanent fixture in our

community, that more and more children are becoming aware of FNAN and its services, and yearning to join its Tigrinya lessons.

Figure 1. Number of students registered for FNAN classes at the time of writing (2022/23)



Mental Health & Social Care

Mental health support and Social Care has been the service which FNAN provides to those in need. This service, although not obvious due to its sensitivity, is in high demand.

As and when the needs arise, FNAN has provided family therapy which helps those in close relationships to better understand and support each other. The service is aimed to enable family members to express and explore difficult thoughts and emotions safely, understand each other's experiences and views, appreciate each other's needs, build on family strengths, and work together to make useful changes in their relationships and their lives.

Also working with families and their children with complex needs. i.e. parenting issues, relationship problems, managing challenging behavior etc either on a one-to-one with the families or in a group setting. Other forms of input included: promoting and supporting child development, providing positive child centered learning opportunity, working with the Multi-Agency Team to provide complete services, operating in an organization with multiple stakeholders and competing demands

Family and Systemic Psychotherapy: Under this intervention FNAN's specialists have worked with people in any form of relationship including: Couples, Families, Groups, Carers, Professional groups, Teams and Businesses.

Family therapy is particularly effective for child and adult focused problems. It deals with a range of problems including:- relationship distress, bereavement, attachment. child abuse, eating disorders, school related difficulties, alcohol and drug misuse and addiction. It is useful for children, young people, adults and older adults experiencing a wide range of difficulties and interpersonal issues and circumstances, across the family life cycle including:

Even though it's hard to measure the sensitive nature of therapy outcome, it included gained tools to problem solve future issues, deeper empathy and connection to each other and self-discovery and mental health awareness, reduced conflict and better anger management skills developing healthy boundaries and increased emotional resilience improved communication between family members. Our dedicated specialists in the field of Adult Mental Health, Cognitive Behavioural Therapy (CBT) and Housing have been instrumental in dealing with the client issues in their respective fields.

Immigration

Advice and Support and Signposting

As an integral part of FNAN's Mental Health and Social Care support service, our Immigration Advice. Support and Signposting service has helped a number of its beneficiaries with their Immigration matters using its highly committed OISC qualified Immigration adviser.

In February 2023, the Home Office announced that it was introducing asylum questionnaires in order to reduce the asylum backlog. The asylum questionnaire was issued to claimants who had not completed a substantive interview and who were from any of the five countries including Eritrea. Clients were given 20 working days to return the questionnaire completed in English. This caused an issue to some of our clients.

FNAN's immigration specialist worked relentlessly to support the ones affected. FNAN did translate the questionnaire into Tigrinya to help clients understand the complex questions. Full report on this work will be submitted in the next reporting period as it falls just outside this period.

Other Activities

FNAN celebrated its 3rd Anniversary on 29 June 2022 under the theme: Inspiring the future. There was inspiring presentation from the active teachers and some mentors and encouraging testimony from service users

As a form of social gathering, FNAN had a social event on 16 July 2022 which was used as an opportunity for a team building exercise. Similarly, it facilitated another get together on 9 September 2022 which was used to plan its services for the new academic year.

As part of its annual meeting, there was a FNAN Educators meeting on 1 February 2023 where it reported to its volunteers its achievements in the year 2022. Another annual event took place on 25 September 2022 aimed at those younger service users who were about to join University.

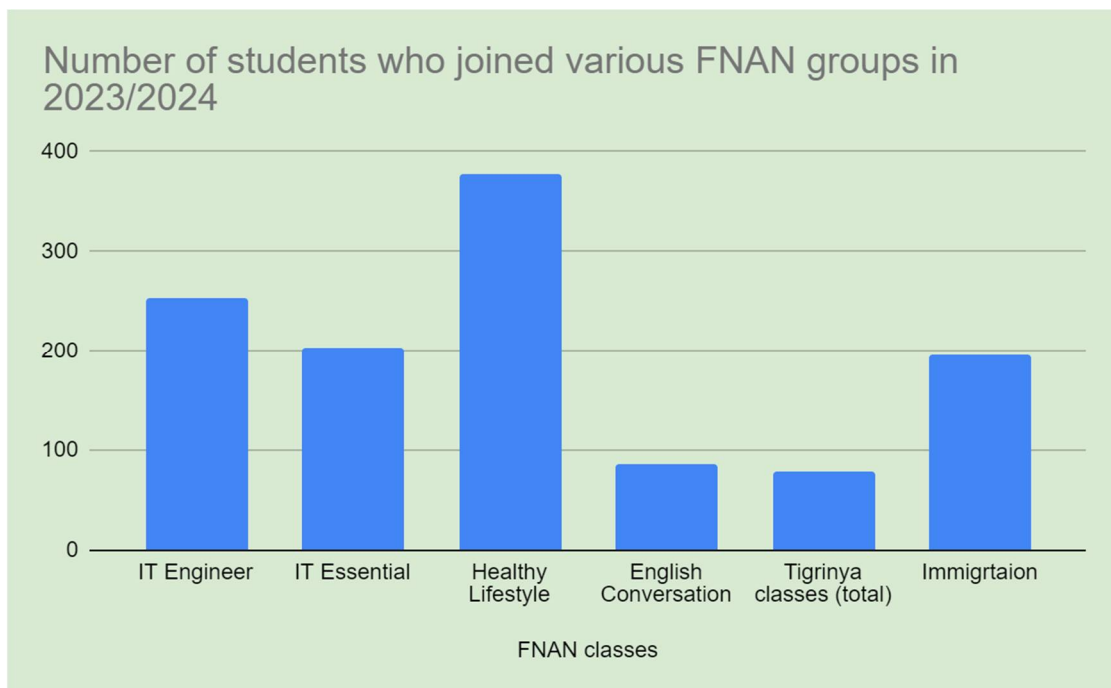
Part 2

Plan for 2023/2024

FNAN services keep getting more and more popular. For example, in the area of IT Engineer and IT Essentials, the number of interested students has grown drastically. This is driven by word of mouth communications about FNAN's services within the community.

In response to the high demand FNAN plans to enhance its efforts and provide services to its ever increasing number of clients. The table below shows the number of prospective service users who expressed an interest and are allowed to join the respective classes or activities. Our experience over the last 4 years suggests that these numbers will continue to grow.

Figure 2. Number of students registered for FNAN classes at the time of writing (2023/24)



Source: FNAN WhatsApp Community group (accessed 21 Jan 2024)

All the above services are resources intensive. The charity has systems in place to enable it to meet the needs of these ever increasing clients. Technological advances are in its favor. So advanced zoom facilities coupled with its dedicated volunteers will allow it to meet the learning and advice needs shown in Table 1 below.

Table 1. Number of service users who showed an interest in the various FNAN groups (2023/2024)

(As more learners request to join, these numbers are likely to grow)

Class/Activity	Numbers in the group	Notes
IT Engineer	253	This course is already underway
IT Essential	204	This course is already underway
Healthy Lifestyle	377	These sessions are conducted on an ongoing basis
English Conversation	86	This course is currently paused while reorganizing its delivery
Tigrinya classes	79	This course is currently paused while reorganizing its delivery
Mental Health and Social Care	TBC	This service delivered by our dedicated Family/Systemic Therapy specialist, Adult Mental Health specialist, Psychologist and CBT specialist is provided on an ongoing basis
Immigration	195	This advice support and signposting is ongoing with more and more service users joining the group in search if advice or support
ESOL	TBC	NEW: In the process of planning to introduce this highly relevant service
GCSE/A Level revision/support	TBC	NEW: In the process of planning to introduce this relevant service for younger clients

Source: FNAN WhatsApp Community group (accessed 21 Jan 2024)

Structure, Governance and Management

Nature of the Governing Document and constitution of the charity

FNAN is a registered unincorporated charity. It is governed by its governing document dated 6th January 2020.

The methods adopted for the recruitment and appointment of new trustees

Trustees seek to appoint new trustees to maintain a broad mix of skills that are appropriate to the work of the charity and able to cover retirements and resignations.

The policies and procedures adopted for the induction and training of trustees

Trustees are inducted to the charity through an informal process over their first year in position.

The organisational structure of the charity and how decisions are made

The charity is currently run entirely by volunteers and managed by the board of trustees. Decisions are made by the board of trustees at trustee meetings.

The members of the Board of Trustees of the Charity during the year ended and at the date of the report were:

Dr Berhane Kehase

Ellen Haile

Bruk Simon

Dr Fetsum Fetwi

Almaz Seltene

Statement of Trustees' Responsibilities

The trustees of FNAN are responsible for preparing the directors' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then adopt them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Accountants' Report

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Street Action for the year ended 31 December 2020 which comprise of the Profit and Loss Account, the Balance Sheet, the Statement of Changes in Equity and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

Our work has been undertaken in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at <http://www.accaglobal.com/factsheet163>.

**FNAN Eritrean Youth and Family Outreach
Statement of Financial Activities
for the year ended 31 March 2023**

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
Notes	2023 £	2023 £	2023 £	2022 £
Incoming resources				
<i>Incoming resources from generated funds</i>				
Local Authority Grants	-		-	3,000
Voluntary Income	2,611	-	2,611	480
	<hr/>			
Total incoming resources	2,611	-	2,611	3,480
	<hr/>			
<i>Costs of generating funds</i>				
Costs of generating voluntary income	-	-	-	
<i>Costs of charitable activities</i>	2,285	-	2,285	1,152
<i>Governance costs</i>	-	-	-	
	<hr/>			
Total resources expended	2,285	-	2,285	1,152
	<hr/>			
Net incoming resources	326	-	326	,2328
	<hr/>			
Reconciliation of funds				
<i>Total funds brought forward</i>	3,354	-	3,354	1,026
	<hr/>			
Total Funds carried forward	3,680	-	3,680	3,354
	<hr/>			

The net movement in funds referred to above is the net incoming resources as defined in the SORP and is reconciled to the total funds as shown in the Balance Sheet on page 15 as required by the SORP.

All activities derive from continuing operations

The notes on pages 19 to 20 form an integral part of these accounts.

**FNAN Eritrean Youth and Family
Outreach
Income and Expenditure Account
for the year ended 31 March 2023**

	2023	2022
	£	£
Turnover	2,611	3,480
Direct costs of turnover	2,285	1,190
Gross surplus	<u>326</u>	<u>1,026</u>
Governance costs	-	-
Surplus on ordinary activities before tax	<u>326</u>	<u>1,026</u>
Surplus for the financial year	<u>326</u>	<u>1,026</u>
Gift Aid Payments	-	
Retained surplus for the financial year	<u>326</u>	<u>1,026</u>

All activities derive from continuing operations

The notes on pages 15 to 21 form an integral part of these accounts.

**Statement of Total Recognised Gains and Losses
for the year ended 31 March 2021**

	2023	2022
	£	£
Excess of Expenditure over income before realisation of assets	<u>326</u>	<u>1,026</u>
Profit per Profit and Loss account	326	1,026
Net Movement in funds before taxation	<u>326</u>	<u>1,026</u>

**FNAN Eritrean Youth and Family Outreach
Movements in revenue and capital funds
for the year ended 31 March 2022**

Revenue accumulated funds	Unrestricted Funds	Restricted Funds	Total Funds	Total
	2023	2023	2023	2022
	£	£	£	£
Accumulated funds brought forward	3,354	-	3,354	1,026
Recognised gains and losses before transfers	326	-	326	2,328
	<hr/>			
	3,680	-	3,680	3,354
Transfers (to)/from fixed asset funds	-	-	-	-
	<hr/>			
Closing revenue accumulated funds	<hr/>	<hr/>	<hr/>	<hr/>
	3,680	-	3,680	3,354

			£	£	£
Summary of funds	Designated Funds	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	2023	2023	2023	2023	2022
		£	£	£	£
Revenue accumulated funds	-	3,680	-	3,680	3,354
		-	-	-	-
Total funds	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	-	3,680	-	3,680	3,354

The notes on pages 19 to 20 form an integral part of these accounts.

**FNAN Eritrean Youth and Family Outreach
Balance Sheet
as at 31 March 2023**

	Notes	2023 £	2022 £
<i>The assets and liabilities of the charity :</i>			
Fixed assets			
Current assets			
Cash at bank and in hand		3,680	3,354
Net current assets		3,680	3,354
Total assets less current liabilities		3,680	3,354
Creditors:-			
amounts due after more than one year		-	-
Provisions for liabilities and charges		-	-
Net assets including pension asset / liability		3,680	3,354
<i>The funds of the charity :</i>			
Unrestricted income funds			
Unrestricted revenue accumulated funds		3,680	3,354
Designated revenue funds		-	
Unrestricted capital funds			
Designated fixed asset funds		-	
Total unrestricted funds		3,680	3,354
Restricted income funds			
Restricted capital funds			
Total restricted funds		-	
Total charity funds		3,680	3,354

Ellen Haile

Trustee

*Approved by the board of trustees on 22 January
2024*

FNAN Eritrean Youth and Family Outreach
Notes to the Accounts
for the year ended 31 March 2023

1. Accounting Policies

Basis of preparation of the accounts

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) published by the Charity Commission in England & Wales (CCEW) ,effective January 2016, (The SORP), and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Volunteers

In accordance with the SORP, and in recognition of the difficulties in placing a monetary value on the contribution from volunteers, the contribution of volunteers is not included within the income of the charity.

However, the trustees value the significant contribution made to the activities of the charity by unpaid volunteers.

Policies relating to categories of income and income recognition

Nature of income

Gross income represents the value, net of value added tax and discounts, Donations and voluntary contributions including receipts from fundraising events.

Categories of Income

Income is categorised as income from donations and grants, investment income and project income.

Income from a non-exchange transaction is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

Income recognition

"Income, whether from exchange or non-exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

Recognition of liabilities

Liabilities are recognised on the accruals basis in accordance with normal accounting principles, modified where necessary in accordance with the guidance given in the SORP.

Resources Expended

The policy for including items within the relevant activity categories of resources expended is.

In particular the policy for including items within costs of generating funds, charitable activities and governance costs is as follows:

Charitable activities

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature which are necessary to support them.

Governance costs

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

Taxation

As a registered charity, the charity is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only.

Funds structure policy

The charity maintains a general unrestricted fund which represents funds which are expendable at the discretion of the trustees in furtherance of the objects of the charity. Such funds may be held in order to finance both working capital and capital investment.

Restricted funds have been provided to the charity for particular purposes, and it is the policy of the trustees to carefully monitor the application of those funds in accordance with the restrictions placed upon them.

There is no formal policy of transfer between funds or on the allocation of funds to designated funds, other than that described above.

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

England & Wales - Charity number 1187227

Accounts

Registered Charity Number

1187227

FNAN Eritrean Youth and Family Outreach

Report and Unaudited Accounts

31 March 2022

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Report and accounts

Contents

	Page
Charity and Company information	2
Trustees' Report	3
Statement of Directors'/Trustees' Responsibilities	11
Accountants' report	12
Statement of Financial Activities	13
Income & Expenditure Statement	14
Balance sheet	16
Notes to the accounts	17

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Company Information

Trustees

Dr Berhane Kehase, Chair

Ellen Haile

Bruk Simon

Dr Fetsum Fetwi

Almaz Seltene

Accountants

Tedros Fetwi, FCCA

TFG Accountancy Services Ltd

Unit 3

Langdale House

11 Marshalsea Road

London

SE1 1EN

Registered number

1187227

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Report of the Trustees

The Trustees present their report for the year ended 31 March 2022

FNAN Eritrean Youth and Family Outreach (FNAN) is a small charity made up of a small group of trustees and volunteers. FNAN has little or no administrative overheads and employs no staff, which means almost every penny donated to us goes directly to the charitable activities that FNAN supports

Further information about FNAN can be found on our website <http://www.fnan.org.uk/>

Name, registered office and constitution of the charity

The full name of the charity is FNAN Eritrean Youth and Family Outreach

The Charity was formed on 6th January 2020

Objectives and Activities of the Charity

A summary of the objects of the charity as set out in its governing document

FNAN Eritrean Youth and Family Outreach provides Mentoring Advocacy Counselling Advice and Information Conferences and Workshops

The Charity's objectives are:

1. The prevention and relief of poverty
2. The advancement of education
3. The advancement of health and saving of lives
4. The advancement of citizenship and community development

The charity's aims including the changes or differences it seeks to make

FNAN and its volunteers work predominantly, but not exclusively within the Eritrean community in the UK to make a positive difference in the areas of poverty prevention, education and health.

FNAN sets out to achieve these objectives by providing advocacy and support services in the areas of its operation in England and Wales.

The charity's main objectives for the year

In furtherance of its charitable objectives FNAN set itself the following objectives for the year

1. Provide IT technician training twice per week
2. Provide training in mental health and Social Care
3. Provide training in wellness and healthy lifestyle
4. Provide weekly classes in English Conversation
5. Provide weekly Tigrigna language lessons for the young

A brief description of each course and its benefits is outlined below.

1. IT Technician training

Objectives

- To ensure that learners understand the value of modern technology and how to use it for their benefit.
- To prepare learners to meet the varying and challenging needs of the job market in the IT industry by providing knowledge and skills on the subject
- To coach learners for more basic and intermediate level of jobs in the IT industry
- To prepare learners and enable them to adapt to new and innovative ways and techniques in IT.

The training needs of the learners were identified and programs developed that are best suited to their needs. The trainees are encouraged to remain active during the training as they are put at ease during the training programme by making the delivery as interactive as possible. Moreover, trainees are given feedback on how well they performed and asked to give feedback on the effectiveness of the training programme. The course was run every Tuesday from 7:30PM to 9:30PM and is delivered online via Zoom. A total of 47 trainees were registered for the course which ended with a Graduation ceremony in May 2022.

The topics covered were:

- Introduction to Computers
- Computer Hardware
- Computer Operating System
- Installing and Configuring the Operating System
- Understanding the Operating System
- Practical Exercise on installing Operating System
- Practical Test and Quiz
- Troubleshooting Computers
- Maintaining Operating System

This training has been a significant tool for student's development. It has assumed great importance because of the exceptional rate of change and development in the IT industry.

The learning outcome were as follows: -

- Students created confidence and self-assurance to apply for an IT related job
- Students are encouraged to show higher performance by making optimum and best utilisation of the materials, tools, equipment's and other resources available to them online.
- Away from the video link sessions, on 5 March 2022 some of the students were shown, in practice, how to dismantle and reinstall computer hardware and software face to face in a purpose made suitable building in West London.
- Students are able to produce quality and quantity output.
- Students could respond and adapt to the changing technology well and became more proficient

2. IT Essential Skills training

Objectives

The objectives of the IT essential skills training programme is to empower the Eritrean community and support them to develop their IT skills and to help them become tech-savvy.

Learners

Thanks to technology the sessions are run via zoom therefore we were able to reach Eritrean communities beyond the UK, participants are from all over the world, including Europe, Canada, America, Australia, Israel, Sudan and many more. The learners consist of young adults, adults and special mothers.

The sessions are delivered every Wednesday from 7 to 9 pm London time and the number of attendees varied from 40 to 25.

Topics covered

We followed the International **Computer Driving Licence (ICDL)** lesson plans. Therefore the topics included:

Digital Citizen Modules

- a basic skill of using a computer, email and the Internet for beginners

ICDL Workforce Modules at intermediate level

- Essential Skills:- including Application Essentials, Computer and Online Essential
- Office Applications:- Documents, Spreadsheet and Presentation.
- Good Practice:- IT Security, Online Collaboration and Data Protection.

Achievements

Participants showed improvement on their IT skills and developed confidence to use computers and they were able to showcase their work in a form of presentation via zoom. Also most of the participants shared a testimony that they were able to use computers and the internet confidently and securely and were able to apply the applications and skills they learnt into their day to day activities. Specially mothers were able to help their children with homework and able to communicate well with professionals

3. Healthy Lifestyle (Wellness) Training

Objectives

The training program which started on the 9th of February 2022 was aimed to enhance the quality of people's lives by making them aware that the way they live (the food they eat, the exercise they do or fail to do, quality of sleep, emotional awareness) influences their quality of life.

Achievements

It was observed that attendance started to build up positivity from the date the training started. After two months of training on food and exercise, many people testified that their body weight went back to normal, blood sugar balanced, diabetic symptoms disappeared, blood pressure went back to normal, cardiovascular diseases improved a lot, mood elevated just to mention some.

One student reported that she was interviewed by a panel of doctors after all her check ups remarkably improved in just two months. Overall, it has always been observed that during the training sessions people informally say that they enjoy the training, progressively learning and improving their level of happiness, changed from habitual way of doing things to consciously leading their life. At the start of the training, 269 learners attended. This number varies at different sessions.

Topics covered

- What is Health and Wellness
- How Food impacts the body
- Foods that we need to include in our meals
- Foods that we need to avoid
- Carbohydrates, Fats and Proteins
- Vitamins and Minerals
- Question & Answer sessions

As a continuation of the program the topics shown below were covered after the end of the reporting period: Food and Children Growth, Exercise and its health benefits, Mind and body coherence and its impact on health, Brain food, Longevity/life span, Sufficient sleep and its health benefits, Immune system and its function, Intermittent fasting and its health benefits, Eat for your gut microbes and Eat to starve cancer cells

4. English/ESOL Conversation classes

Aim

To give individuals the chance to practise what they learn in their ESOL class and practice their conversation skills during lessons as it increases their ability to relay and receive information effectively and easily with people in everyday situations.

Delivery method

The sessions is delivered remotely via Zoom every Friday from 7:30 – 8:30 pm uk time One of our skillful and highly dedicated volunteers as a lesson lead with 4-5 volunteers we would plan topical conversation. Some of the topics covered were: Culture difference in UK and Eritrea, Food, If you were an animal, which animal would you be?, Hobbies, Work and Aspiration v Barriers and how to succeed.

Delivery method is reviewed regularly by getting feedback from participants and in sessions and suggestions are implemented according the feedback i.e. we no longer use volunteers. This has increased the participants' participation, which was clearly a positive change.

Participants

When the session started, we had 4 - 5 attend with no participant turning their cameras on and shy to participate this has now increased to 10 - 15 participants with a third of the participants turning on their cameras and all participating.

Outcome

We have noticed two major outcomes:

Increase participation:- We now have participants that are more confident to communicate in English, more participants turning on their cameras and fully participating. At times the lead facilitator motivates others to participate and recommend the sessions to others.

Communication:- Some learners' communication has improved. Participants now understand the importance of practising with each other or by looking into volunteering opportunities where they are forced to communicate in English.

5. Tigrinya (ትግርኛ) Mother-Tongue for children

Objectives

The objective of the mother tongue project is to teach the children born in the diaspora to enrich their world outlook including their social heritage, and so-forth gain confidence and their cultural identity. The mother tongue is Tigrinya (ትግርኛ) which is the dominant language in Eritrea and this is endeavoured by FNAN to help the social cohesion of the Eritrean Family in the diaspora.

Resources

There were four dedicated mothers that took the task of teaching the language. Two of them are fully engaged in the UK mainstream Education system, with one being full time primary teacher, and the other being professional in producing Educational Materials.

The teaching sessions were run using zoom, and because of this It was possible to reach Eritrean communities beyond the UK, participants were from all over the world, mainly from the UK and including children residing in Scandinavian countries, Germany, Switzerland, Belgium, Holland, Italy, France, Canada, America and Israel.

Learners

Learners were grouped by their age: youngsters between ages 7 to 11, and teenagers with age of 12 and above. The sessions were delivered every Saturday for a one hour session per class. 4:00 - 5:00 PM two sessions for youngsters and 5:00 - 6:00 PM for teenagers.

The children came from 126 households with each family registering one or more children.

Initially 173 learners registered in the youngsters' group; and 32 in the teenagers group.

Because of its voluntary nature of participation, attendance in the younger group was around 90 on average and around 20 for teens.

Topics Covered

There were 24 lessons that were prepared; dealing with language structure, context, visuals which was unique in pedagogic requirements. Each lesson was accompanied with a lesson plan laying out the outcome by the end of the lesson: language writing skills, comprehension, day-to-day skill of the use of the language, homework and more.

Achievements or outcomes

Learners showed improvement on their speech and writing skills of their mother tongue, and the role of parents was paramount in their achievement; Learners were showcasing their activities by taking screenshots of their home works and sending it to their teachers, and by their active participation answering questions.

At the end of the 24 weeks, each participant learner was awarded with a certificate in a zoom ceremony, the children were very happy with their achievement, and this was showcased on YouTube. This service is becoming a permanent fixture in our community, that more and more children are becoming aware of FNAN and its services, and yearning to join its Tigrinya ትግርኛ Lessons.

6. Mental Health & Social Care

Children and Family Service involves

Family Therapy helps those in close relationships to better understand and support each other. It enables family members to express and explore difficult thoughts and emotions safely, understand each other's experiences and views, appreciate each other's needs, build on family strengths, and work together to make useful changes in their relationships and

their lives.

Also working with families and their children with complex needs. i.e. parenting issues, relationship problems, managing challenging behaviour etc either on a one to one with the families or in a group setting.

FNAN's specialist, has organised and chaired meetings such as Team around child in Schools, Local authorities and other non-profit organisations, and signposted to other services; facilitated parenting programs i.e. strengthening families and strengthening communities.

Other forms of input included: promoting and supporting child development, providing positive child centred learning opportunity, working with the Multi-Agency Team to provide complete services, operating in an organisation with multiple stakeholders and competing demands

Family and Systemic Psychotherapy: Under this intervention FNAN's specialist has worked with people in any form of relationship including: Couples, Families, Groups, Carers, Professional groups, Teams and Businesses.

Family therapy is particularly effective for child and adult focused problems. It deals with a range of problems including:-

- Relationship distress
- Bereavement
- Attachment
- Child abuse
- Eating disorders
- School related difficulties
- Alcohol and drug misuse
- Addiction

What difficulties are helped by Family Therapy?

Family Therapy is useful for children, young people, adults and older adults experiencing a wide range of difficulties and interpersonal issues and circumstances, across the family life cycle including:

- Couple relationship difficulties
- Child and adolescent mental health issues
- Adult mental health issues
- Child, adolescent and adult behaviour difficulties
- Parenting issues
- Illness and disability in the family
- Separation, divorce and step-family life
- Anorexia, bulimia and other eating disorders
- Fostering, adoption, kinship care and the needs of 'looked after' children
- Domestic violence and abuse
- Self-harm
- Drug and alcohol misuse
- The effects of trauma
- Physical illness, death, dying and bereavement
- Difficulties related to ageing and other life cycle changes

Do Family Therapists only work with families?

No. We see children and adults individually and/or in family member groups. we work with couples, or with other groups and communities, and with people across the lifespan, from

children to older adults.

When a family is involved with several different agencies, we may work with the network of professionals as well as with family members to ensure their input is co-ordinated and helpful. Sometimes with our understanding of relationships to work with organisations. We use our skills in family sensitive working to train and/or supervise other professionals.

Beneficiaries

- 55 families were supported with parenting issues which covers how to manage their children's behaviour and personal development
- 10 couples received couple therapy
- 80 parents were supported with ASD, ADHD related issues
- 5 bereavement counselling
- 20 School related issues which we provided support by engaging with the schools and relevant organisations
- 30 families were also supported with safeguarding issues i.e. FNAN liaised with Social workers and provided information and advice
- Providing training and presentations on different topics related to families and their children

Outcome

Even though it's hard to measure the sensitive nature of therapy outcome, here are some of the outcomes witnessed after families receiving our service:-

- Parents gained tools to problem solve future issues
- Deeper empathy and connection to each other and self-discovery and mental health awareness
- Reduced conflict and better anger management skills developing healthy boundaries and increased emotional resilience improved communication between family members
- Found it easier in defining someone's role within the family improved family dynamics and relationships via group therapy session providing strength and coping tools for family members addressing dysfunctional interactions improving the family's problem-solving abilities

What do our service users say?

- "FNAN is a fantastic organisation! Great family support from beginning to end of the process. The FNAN team are really informed and go the extra mile at every stage. Thank you so much " Parent- Mrs SK
- "Excellent service from FNAN Family Therapy service !! She helped us, clarify many questions I had regarding my child's autism and felt heard" Parent of an autistic child Ms RT
- "My wife and I contacted FNAN as a last try and we were provided with excellent counselling and support, All intervention were prompt and professional. We felt valued !! Our marriage has been saved by the therapy we received" Mr & Mrs G
- Excellent service by AS and she was very friendly, patient and helpful in helping us find what we were looking for.
- AS attended in my son's school meeting and sorted all the issues I had with the school for over a year, so thank you FNAN"

In addition to its Family Therapy services. FNAN's Mental Health and Social Care support service, has helped a number of its beneficiaries with their Immigration matters using its highly committed OISC qualified Immigration adviser.

Our dedicated specialists in the field of Adult Mental Health, Cognitive Behavioural Therapy (CBT) and Housing have been instrumental in dealing with the client issues in their respective fields.

Structure, Governance and Management

Nature of the Governing Document and constitution of the charity

FNAN is a registered unincorporated charity. It is governed by its governing document dated 6th January 2020.

The methods adopted for the recruitment and appointment of new trustees

Trustees seek to appoint new trustees to maintain a broad mix of skills that are appropriate to the work of the charity and able to cover retirements and resignations.

The policies and procedures adopted for the induction and training of trustees

Trustees are inducted to the charity through an informal process over their first year in position.

The organisational structure of the charity and how decisions are made

The charity is currently run entirely by volunteers and managed by the board of trustees. Decisions are made by the board of trustees at trustee meetings.

The members of the Board of Trustees of the Charity during the year ended and at the date of the report were:

Dr Berhane Kehase

Ellen Haile

Bruk Simon

Dr Fetsum Fetwi

Almaz Seltene

Statement of Trustees' Responsibilities

The trustees of FNAN are responsible for preparing the directors' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then adopt them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Accountants' Report

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Street Action for the year ended 31 December 2020 which comprise of the Profit and Loss Account, the Balance Sheet, the Statement of Changes in Equity and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

Our work has been undertaken in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at <http://www.accaglobal.com/factsheet163>.

**FNAN Eritrean Youth and Family Outreach
Statement of Financial Activities
for the year ended 31 March 2022**

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
Notes	2022 £	2022 £	2022 £	2021 £
Incoming resources				
<i>Incoming resources from generated funds</i>				
Local Authority Grants	3,000		3,000	-
Voluntary Income	480	-	480	2,216
	<hr/>			
Total incoming resources	3,480	-	3,480	2,216
	<hr/>			
<i>Costs of generating funds</i>				
Costs of generating voluntary income	-	-	-	
<i>Costs of charitable activities</i>	1,152	-	1,152	1,190
<i>Governance costs</i>	-	-	-	
	<hr/>			
Total resources expended	2,328	-	2,328	1,190
	<hr/>			
Net incoming resources	2,328	-	2,328	1,026
	<hr/>			
Reconciliation of funds				
<i>Total funds brought forward</i>	1,026	-	1,026	-
	<hr/>			
Total Funds carried forward	3,354	-	3,354	1,026

The net movement in funds referred to above is the net incoming resources as defined in the SORP and is reconciled to the total funds as shown in the Balance Sheet on page 15 as required by the SORP.

All activities derive from continuing operations

The notes on pages 17 to 19 form an integral part of these accounts.

**FNAN Eritrean Youth and Family
Outreach
Income and Expenditure Account
for the year ended 31 March 2022**

	2022	2021
	£	£
Turnover	3,480	2,216
Direct costs of turnover	1,152	1,190
Gross surplus	<u>2,328</u>	<u>1,026</u>
Governance costs	-	-
Surplus on ordinary activities before tax	<u>2,328</u>	<u>1,026</u>
Surplus for the financial year	<u>2,328</u>	<u>1,026</u>
Gift Aid Payments	-	
Retained surplus for the financial year	<u>2,328</u>	<u>1,026</u>

All activities derive from continuing operations

The notes on pages 15 to 21 form an integral part of these accounts.

**Statement of Total Recognised Gains and Losses
for the year ended 31 March 2021**

	2022	2021
	£	£
Excess of Expenditure over income before realisation of assets	<u>2,328</u>	<u>1,026</u>
Profit per Profit and Loss account	2,328	1,026
Net Movement in funds before taxation	<u>2,328</u>	<u>1,026</u>

**FNAN Eritrean Youth and Family Outreach
Movements in revenue and capital funds
for the year ended 31 March 2022**

Revenue accumulated funds	Unrestricted Funds	Restricted Funds	Total Funds	Total
	2022	2022	2022	2021
	£	£	£	£
Accumulated funds brought forward	1,026	-	1,026	-
Recognised gains and losses before transfers	2,328	-	2,328	1,026
	3,354	-	3,354	-
Transfers (to)/from fixed asset funds	-	-	-	-
Closing revenue accumulated funds	3,354	-	3,354	1,026
		£	£	

Summary of funds	Designated Funds	Unrestricted Funds	Restricted Funds	Total Funds	Total
	2022	2022	2022	2022	2021
		£	£	£	£
Revenue accumulated funds	-	3,354	-	3,354	1,026
		-	-	-	
Total funds	-	3,354	-	3,354	1,026

The notes on pages 17 to 19 form an integral part of these accounts.

**FNAN Eritrean Youth and Family Outreach
Balance Sheet
as at 31 March 2022**

	Notes	2022 £	2021 £
<i>The assets and liabilities of the charity :</i>			
Fixed assets			
Current assets			
Cash at bank and in hand		3,354	1,026
Net current assets		3,354	1,026
Total assets less current liabilities		3,354	1,026
Creditors:-			
amounts due after more than one year		-	-
Provisions for liabilities and charges		-	-
			1,026
Net assets including pension asset / liability		3,354	1,026 1,026
<i>The funds of the charity :</i>			
Unrestricted income funds			
Unrestricted revenue accumulated funds		3,354	3,354
Designated revenue funds		-	
Unrestricted capital funds			
Designated fixed asset funds		-	
Total unrestricted funds		3,354	3,354
Restricted income funds			
Restricted capital funds			
Total restricted funds		-	
Total charity funds		3,354	-1,026

Ellen Haile

Trustee

*Approved by the board of trustees on 31 January
2022*

**FNAN Eritrean Youth and Family Outreach
Notes to the Accounts
for the year ended 31 March 2022**

1. Accounting Policies

Basis of preparation of the accounts

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) published by the Charity Commission in England & Wales (CCEW) ,effective January 2016, (The SORP), and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Volunteers

In accordance with the SORP, and in recognition of the difficulties in placing a monetary value on the contribution from volunteers, the contribution of volunteers is not included within the income of the charity.

However, the trustees value the significant contribution made to the activities of the charity by unpaid volunteers.

Policies relating to categories of income and income recognition

Nature of income

Gross income represents the value, net of value added tax and discounts, Donations and voluntary contributions including receipts from fundraising events.

Categories of Income

Income is categorised as income from donations and grants, investment income and project income.

Income from a non-exchange transaction is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

Income recognition

"Income, whether from exchange or non-exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

Recognition of liabilities

Liabilities are recognised on the accruals basis in accordance with normal accounting principles, modified where necessary in accordance with the guidance given in the SORP.

Resources Expended

The policy for including items within the relevant activity categories of resources expended is.

In particular the policy for including items within costs of generating funds, charitable activities and governance costs is as follows:

Charitable activities

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature which are necessary to support them.

Governance costs

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

Taxation

As a registered charity, the charity is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only.

Funds structure policy

The charity maintains a general unrestricted fund which represents funds which are expendable at the discretion of the trustees in furtherance of the objects of the charity. Such funds may be held in order to finance both working capital and capital investment.

Restricted funds have been provided to the charity for particular purposes, and it is the policy of the trustees to carefully monitor the application of those funds in accordance with the restrictions placed upon them.

There is no formal policy of transfer between funds or on the allocation of funds to designated funds, other than that described above.

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

England & Wales - Charity number 1187227

Accounts

Registered Charity Number

1187227

FNAN Eritrean Youth and Family Outreach

Report and Unaudited Accounts

31 March 2021

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Report and accounts

Contents

	Page
Charity and Company information	2
Trustees' Report	3
Statement of Directors'/Trustees' Responsibilities	6
Accountants' report	7
Statement of Financial Activities	8
Income & Expenditure Statement	9
Balance sheet	11
Notes to the accounts	12

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Company Information

Trustees

Dr Berhane Kehase, Chair

Ellen Haile

Bruk Simon

Dr Fetsum Fetwi

Almaz Seltene

Accountants

Tedros Fetwi, FCCA

TFG Accountancy Services Ltd

Unit 3

Langdale House

11 Marshalsea Road

London

SE1 1EN

Registered number

1187227

FNAN ERITREAN YOUTH AND FAMILY OUTREACH

Report of the Trustees

The Trustees present their report for the year ended 31 March 2021

FNAN Eritrean Youth and Family Outreach (FNAN) is a small charity made up of a small group of trustees and volunteers. FNAN has little or no administrative overheads and employs no staff, which means almost every penny donated to us goes directly to the charitable activities that FNAN supports

Further information about FNAN can be found on our website <http://www.fnan.org.uk/>

Name, registered office and constitution of the charity

The full name of the charity is FNAN Eritrean Youth and Family Outreach

The Charity was formed on 6th January 2020

Objectives and Activities of the Charity

A summary of the objects of the charity as set out in its governing document

FNAN Eritrean Youth and Family Outreach provides Mentoring Advocacy Counselling Advice and Information Conferences and Workshops

The Charity's objectives are:

1. The prevention and relief of poverty
2. The advancement of education
3. The advancement of health and saving of lives
4. The advancement of citizenship and community development

The charity's aims including the changes or differences it seeks to make

FNAN and its volunteers work predominantly, but not exclusively within the Eritrean community in the UK to make a positive difference in the areas of poverty prevention, education and health.

FNAN sets out to achieve these objectives by providing advocacy and support services in the areas of its operation in England and Wales.

The charity's main objectives for the period

FNAN set itself the following objectives for the period

1. Organise and facilitate workshops in various fields
2. Provide IT training for beginners and intermediate levels
3. Provide training in mental health
4. To give awareness on COVID 19
5. To provide training in English conversations
6. To provide employability workshops

7. Advise in health and social care provisions
8. Provide Tigrigna language studies to the young who are interested in learning their families' primary language
9. Advice on various issues relevant to the refugee community

The charity's main achievements for the period

In furtherance of its charitable objectives FNAN organised weekly zoom meetings for the youth and families in the Eritrean community to provide training in areas of mental and physical health. It invited professionals who are FNAN's volunteers to provide such training.

FNAN carried out weekly IT training lessons at different levels via zoom

During the year FNAN's volunteers provided Tigrigna language studies to the young of Eritrean heritage.

It organised and facilitated workshops in various fields

It delivered training on mental health

Gave information and awareness on COVID 19 in the beneficiaries' native language

It provided training in English conversations and facilitated employability workshops

Delivered advice on health and social care provisions, in particular in the area of mental health

Using its qualified volunteers, it gave advice on various issues relevant to the the needs of refugee community

Structure, Governance and Management

Nature of the Governing Document and constitution of the charity

FNAN is a registered unincorporated charity. It is governed by its governing document dated 10th December 2019.

The methods adopted for the recruitment and appointment of new trustees

Trustees seek to appoint new trustees to maintain a broad mix of skills that are appropriate to the work of the charity and able to cover retirements and resignations.

The policies and procedures adopted for the induction and training of trustees

Trustees are inducted to the charity through an informal process over their first year in position.

The organisational structure of the charity and how decisions are made

The charity is currently run entirely by volunteers and managed by the board of trustees. Decisions are made by the board of trustees at trustee meetings.

The Trustees of the Charity during the year ended and at the date of the report were:

Dr Berhane Kehase

Ellen Haile

Bruk Simon

Dr Fetsum Fetwi

Almaz Seltene

Statement of Trustees' Responsibilities

The Trustees of FNAN are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then adopt them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Accountants' Report

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of FNAN Eritrean Youth and Family Outreach for the year ended 31 December 2020 which comprise of the Profit and Loss Account, the Balance Sheet, the Statement of Changes in Equity and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

Our work has been undertaken in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at <http://www.accaglobal.com/factsheet163>.

**FNAN Eritrean Youth and Family Outreach
Statement of Financial Activities
for the period ended 31 March 2021**

	Notes	Unrestricted Funds	Restricted Funds	Total Funds
		2021 £	2021 £	2021 £
Incoming resources				
<i>Incoming resources from generated funds</i>				
Voluntary Income		2,216	-	2,216
		-	-	-
Total incoming resources		2,216	-	2,216
<i>Costs of generating funds</i>				
Costs of generating voluntary income		-	-	-
<i>Costs of charitable activities</i>		1,190	-	1,190
<i>Governance costs</i>		-	-	-
Total resources expended		1,190	-	1,190
Net incoming resources		1,026	-	1,026
Reconciliation of funds				
<i>Total funds brought forward</i>		-	-	-
Total Funds carried forward		1,026	-	1,026

The net movement in funds referred to above is the net incoming resources as defined in the SORP and is reconciled to the total funds as shown in the Balance Sheet on page 15 as required by the SORP.

All activities derive from continuing operations

The notes on pages 12 to 13 form an integral part of these accounts.

**FNAN Eritrean Youth and Family Outreach
Income and Expenditure Account
for the period ended 31 March 2021**

	2021
	£
Turnover	2,216
Direct costs of turnover	1,190
Gross surplus	<u>1,026</u>
Governance costs	-
Surplus on ordinary activities before tax	<u>1,026</u>
Surplus for the financial year	<u>1,026</u>
Gift Aid Payments	-
Retained surplus for the financial year	<u>1,026</u>

All activities derive from continuing operations

The notes on pages 15 to 21 form an integral part of these accounts.

**Statement of Total Recognised Gains and Losses
for the year ended 31 March 2021**

	2021
	£
Excess of Expenditure over income before realisation of assets	<u>1,026</u>
Profit per Profit and Loss account	<u>1,026</u>
Net Movement in funds before taxation	<u>1,026</u>

**FNAN Eritrean Youth and Family Outreach
Movements in revenue and capital funds
for the year ended 31 March 2021**

Revenue accumulated funds	Unrestricted Funds	Restricted Funds	Total Funds
	2021	2021	2021
	£	£	£
Accumulated funds brought forward	-	-	-
Recognised gains and losses before transfers	1,026	-	1,026
	1,026	-	1,026
Transfers (to)/from fixed asset funds	-	-	-
	1,026	-	1,026
Closing revenue accumulated funds			£

Summary of funds	Designated Funds	Unrestricted Funds	Restricted Funds	Total Funds
	2021	2021	2021	2021
		£	£	£
Revenue accumulated funds	-	1,026	-	1,026
	-	-	-	-
Total funds	-	1,026	-	1,026

The notes on pages 12 to 13 form an integral part of these accounts.

**FNAN Eritrean Youth and Family Outreach
Balance Sheet
as at 31 March 2021**

	Notes	2021 £
<i>The assets and liabilities of the charity :</i>		
Fixed assets		
Current assets		
Cash at bank and in hand	1,026	
Net current assets	<hr/>	1,026
Total assets less current liabilities		<hr/> 1,026
Creditors:-		
amounts due after more than one year		-
Provisions for liabilities and charges		
		<hr/> -
Net assets including pension asset / liability		<hr/> 1,026
<i>The funds of the charity :</i>		
Unrestricted income funds		
Unrestricted revenue accumulated funds	- 1,026	
Designated revenue funds	-	
Unrestricted capital funds		
Designated fixed asset funds	-	
Total unrestricted funds		- 1,026
Restricted income funds		
Restricted capital funds		
Total restricted funds		-
Total charity funds		<hr/> (1,026) <hr/>

Ellen Haile

Trustee

Approved by the board of trustees on 31 January 2022

**FNAN Eritrean Youth and Family Outreach
Notes to the Accounts
for the period ended 31 March 2021**

1. Accounting Policies

Basis of preparation of the accounts

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) published by the Charity Commission in England & Wales (CCEW), effective January 2016, (The SORP), and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Volunteers

In accordance with the SORP, and in recognition of the difficulties in placing a monetary value on the contribution from volunteers, the contribution of volunteers is not included within the income of the charity.

However, the trustees value the significant contribution made to the activities of the charity by unpaid volunteers.

Policies relating to categories of income and income recognition

Nature of income

Gross income represents the value, net of value added tax and discounts, donations and voluntary contributions including receipts from fundraising events.

Categories of Income

Income is categorised as income from donations and grants, investment income and project income.

Income from a non-exchange transaction is where the charity receives value from the donor without providing equal value in exchange, and includes donations of money, goods and services freely given without giving equal value in exchange.

Income recognition

"Income, whether from exchange or non-exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

Recognition of liabilities

Liabilities are recognised on the accruals basis in accordance with normal accounting principles, modified where necessary in accordance with the guidance given in the SORP.

Resources Expended

The policy for including items within the relevant activity categories of resources expended is.

In particular the policy for including items within costs of generating funds, charitable activities and governance costs is as follows:

Charitable activities

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature which are necessary to support them.

Governance costs

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examiner's fees and costs linked to the strategic management of the charity.

Taxation

As a registered charity, the charity is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only.

Funds structure policy

The charity maintains a general unrestricted fund which represents funds which are expendable at the discretion of the trustees in furtherance of the objects of the charity. Such funds may be held in order to finance both working capital and capital investment.

Restricted funds have been provided to the charity for particular purposes, and it is the policy of the trustees to carefully monitor the application of those funds in accordance with the restrictions placed upon them.

There is no formal policy of transfer between funds or on the allocation of funds to designated funds, other than that described above.