

Burma Skincare Initiative

REPORT AND AUDITED ACCOUNTS

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Trustees' Report and Financial Statements for the period 1 April 2022 to 31 March 2023

Registered Charity Number

1187197

Principal Office:

4 Fitzroy Square

London

W1T 5HQ

Trustees at the date this report was approved.

Professor Christopher Griffiths (Chair)

Mr Stephen Lue

Dr Su Lwin

Bankers

NatWest plc

Objectives and Activities of the Burma Skincare Initiative

Overview

The Burma Skincare Initiative (BSI) is a small charity, founded in 2020, that has as its overarching mission the promotion of skincare excellence for the people of Burma (Myanmar). A particular focus is on skincare provision to the disadvantaged and displaced people of Burma. It is an active and sustainable collaboration between dermatologists and dermatology nurses based predominantly in the UK with their colleagues in Burma. The BSI's strategy is founded on the three pillars of: education, research and clinical care articulated via a 10-year strategic plan focused on short, medium, and long-term goals.

Objectives and Activities of the BSI

The BSI has the following objectives:

Short-term:

To run an inaugural BSI dermatology meeting in Yangon, Burma (Myanmar). Establish travel and exchange fellowships for doctors and nurses and virtual case conferences. To set up research studies on diagnosis and management of mycetoma. To establish a fully functional website for the charity.

Medium-term:

To provide regular BSI meetings and training in diagnosis and management of skin disease by community nurses and healthcare workers in township hospitals with aid of educational videos and teledermatology. To design and run a skin disease survey in Burma and to establish a diagnostics service for immunobullous diseases. To work with colleagues to establish rural skincare clinics.

Long-term:

To establish a regional dermatology training and research centre in Burma

Achievements and Performance

In the reporting year 1 April 2022 to 31 March 2023 the persistence of the military coup d'état in Burma, on 1 February 2021, continued to necessitate important changes to the charity's strategy to enable it continue to fulfil its objectives. This was because this event prevented any travel to Burma and the border remained closed to the BSI during the reporting period. Targeting of healthcare facilities and healthcare personnel by the military led to closure of specialist services and medical training and a rapid dispersal of the dermatology workforce in Burma with a consequent disintegration of specialist skincare provision in the country. This shifted the burden of diagnosing and managing skin disease in Burma to non-specialist frontline healthcare workers (FHCWs). The BSI has addressed this crisis situation under the umbrella term of "Essential Emergency Skincare" (EES) by revising delivery of its

objectives so as to task-share skincare provision away from dermatologically-trained experts to Myanmar FHCWs such as community nurses and medical students. This was achieved in the reporting period through: development and implementation of one-page diagnostic/management flowcharts on 10 skin diseases; delivery of UK multi-disciplinary-led webinars on the management of common skin diseases in adults and children for nurses, dermatologists, medical students and GPs in Burma; and inclusion of dermatology in the revised undergraduate medical curriculum. We are continuing to build on this with further initiatives in 2022-23. The EES framework ensures sustainability of skincare in Burma during a national crisis which has been achieved through task-sharing – delegation of healthcare provision to FHCWs. The BSI has bridged gaps in, and sustained delivery of, education, training, and skincare services initially during the COVID-19 pandemic and latterly the coup d'état.

Charity Lectures and Events April 2022 – March 2023

6 May 2022 – Dr Lwin spoke on Migrant Health and the Burma Skincare Initiative at the International Foundation of Dermatology Migrant Health Dermatology Summit, Valetta, Malta. This hybrid meeting was attended by 50 dermatologists and physicians.

26 May 2022 – Prof Griffiths lectured to 60 clinicians on The Importance of Global Health Dermatology at the Royal College of Physicians, Liverpool. The lecture included a section about the formation and strategic intent of the BSI.

6 July 2022 – Prof Griffiths included the BSI's formation and strategy in a lecture to 60 dermatologists on International Health Agencies at the annual meeting of the British Association of Dermatologists, Glasgow.

9 September 2022 – Prof Griffiths included mention of the BSI's work in his lecture on Psoriasis and Global Health to 80 international dermatologists at the annual congress of the European Academy of Dermatology and Venereology

24 September 2022 online seminar for 100 dermatologists, GPs and medical students in Burma – Dr Edmund Wilkin Cutaneous manifestations of STDs and HIV

6 October 2022 - Dr Lwin lectured on the Burma Skincare Initiative to 30 dermatologists in Yerevan, Armenia

20 December 2022 - Prof Griffiths provided a seminar on Global Health Dermatology that included the work of the BSI to 18 consultant and trainee dermatologists at King's College Hospital, London.

17 March 2023 – Dr Lwin lectured on the topic “Putting Burma on the Map” that provided an overview of the BSI to 21 consultant and trainee dermatologists at a Janssen-sponsored evening during the annual meeting of the American Academy of Dermatology, New Orleans, USA

18 March 2023 A Reunion for “Friends of the BSI” was held in person at annual meeting of the American Academy of Dermatology, New Orleans, USA. The event was well attended with approximately 65 attendees from the international dermatology community that included the presidents of the main dermatology societies worldwide. Dr Lwin and Prof Griffiths provided verbal updates to the gathering about the achievements of the Charity in the previous year.

The BSI was the key driver of a series of 5, 2-hour online Masterclasses on Psoriasis in partnership with the International Psoriasis Council. The BSI introduced two innovations: (i) involvement of non-dermatologists in these events; and (ii) involvement of Nepal, Laos and Cambodia in addition to Burma.

Prof Griffiths and Dr Lwin participated in two overseas humanitarian trips. (i) May 2022, Tasiilaq, Greenland as part of the Global Psoriasis Atlas field skin disease survey. An important experience in assisting planning for a future field survey in Burma. (ii) October 2022 as guests of Prof Alain Hovnanian (Paris). The BSI's Essential Emergency Skincare principles are attractive to those providing skincare in Armenia and discussions are ongoing.

The BSI as part of the drive to raise awareness of its work considered applying to the Royal Horticultural Society (RHS) to have a Sanctuary Garden at the Chelsea RHS Flower Show in May 2024. Working closely with Andrew Fisher-Tomlin, Founder of the London College of Garden Design, a competition was run for graduates of the College to design a garden for the BSI. A strong field was short-listed to three applicants who were interviewed at Kew Gardens on 23 September 2022. A dynamic young garden designer, Helen Olney, was selected and her design *The Spirit of Partnership Garden* will be developed for application to the RHS.

Financial Review

The spread of Covid-19 into Burma in late February 2020 curtailed any on the ground activities by the BSI team during the reporting period and the impact has been felt into the current financial year.

Income totalling £110 is from donations.

Expenditure at this early stage in the life of the charity is carefully controlled. The annual expenditure was £10,046 broken down as:

Charitable activity: Raising awareness	£6,781
Governance costs	£480
Accountancy fees	£534
Admin staff costs	£1,210
Trustee expenses	£146
Other	£895

Restricted reserves of £10,000 were brought forward from 2022 and this was to be spent on educational materials. To date £6,493 of this income has been spent.

Structure Governance and Management

Trustees during the year covered by this report

Professor Christopher Griffiths (Chair), Stephen Lue and Dr Su Lwin all are founder trustees of the charity

The current Trustees and their areas of responsibility are given below:

Professor Christopher Griffiths (Chair)
Mr Stephen Lue (Trustee)
Dr Su Lwin (Trustee)

Governance

The Trustees have developed:

- a vision and mission statement for the BSI;
- a robust policy framework including policies on:
 - Risk Management
 - Investment
 - Safeguarding vulnerable beneficiaries
 - Conflicting Interests
 - Complaint Handling
- a five-year business plan;
- a strategic plan for the next 10 years; and
- a Trustee register of skills and interests.

The Trustees receive regular formal training on their responsibilities.

The Trustees have overall responsibility for the day-to-day management of the BSI and meet regularly to discuss matters and to make decisions affecting the charity.

A risk assessment has been prepared and reviewed by the Trustees. Policies and procedures have been formalised so that any risks can be identified, actively managed and where possible, mitigated.

Statement of Trustees' responsibilities

In the attached accounts set out on pages 9 to 10, the Trustees have prepared financial statements for the period up to 31 March 2023. In preparing such statements the Trustees are required to:

- select suitable accounting policies and apply them consistently.
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume the Foundation will continue in its operational existence.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at the time the financial position of the Foundation and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Foundation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The report was approved by the trustees on 15/01/2024 and signed on its behalf by:


Chris Griffiths (Jan 15, 2024 09:03 GMT)

Professor Christopher Griffiths
Chair


Su Lwin (Jan 16, 2024 21:34 GMT)

Dr Su Lwin
Trustee

Burma Skincare Initiative

1187197

Receipts and payments accounts

For the
period from

01/04/2022

To

31/03/2023

rm

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	110	-	-	110	10,620
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	110	-	-	110	10,620
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	110	-	-	110	10,620
A3 Payments					
Fundraising costs	-	-	-	-	616
Accountancy fees	534	-	-	534	324
CA: Raising awareness	288	6,493	-	6,781	1,581
Admin staff costs	1,210	-	-	1,210	2,722
Governance	480	-	-	480	-
Printing & stationery	132	-	-	132	-
Telephone	763	-	-	763	-
Trustee expenses	146	-	-	146	-
	-	-	-	-	-
Sub total	3,553	6,493	-	10,046	5,243
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	3,553	6,493	-	10,046	5,243
Net of receipts/(payments)	- 3,443	- 6,493	-	- 9,936	5,377
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	36,151	-	-	36,151	30,774
Cash funds this year end	32,708	- 6,493	-	26,215	36,151

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	22,708	3,507	
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	22,708	3,507	-
(agree balances with receipts and payments account(s))				


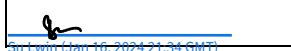
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed on behalf of all the trustees

Signature	Print Name	Date of approval
 Chris Griffiths (Jan 15, 2024 09:03 GMT)	Professor Christopher Griffiths	15/01/2024
 Su Lwin (Jan 16, 2024 21:34 GMT)	Dr Su Lwin	15/01/2024

BSI Final Report 2023

Final Audit Report

2024-01-16

Created:	2024-01-15
By:	Sue Weighell (sue@delta-solutions.org.uk)
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