



Trustees' Annual Report for the period

		Period start date			Period end date		
From	Day	Month	Year	To	Day	Month	Year
	03	01	2020		31	12	2020

Section A Reference and administration details

Charity name	Medical Expeditions
Other names charity is known by	
Registered charity number (if any)	1187187
Charity's principal address	Pinfold Hyssington Montgomery, Powys Postcode SY15 6AT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Simon Currin	Chair	3.1.20 to 31.12.20	
2	Dr David Collier		3.1.20 to 31.12.20	
3	Dr Paul Richards		3.1.20 to 31.12.20	
4	Mrs Sally Currin	Treasurer	3.1.20 to 31.12.20	

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	As a Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Appointed at an AGM by a vote of members.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The advancement of education and the preservation and protection of health in particular but not exclusively by:

- a) undertaking research into altitude-related illnesses and disseminating the useful results for public benefit
- b) raising awareness and educating the public about altitude-related illnesses

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity was registered by the Charities Commission in England and Wales on 3rd January 2020. Since 1994 the charity had been incorporated and registered in Scotland and had conducted several medical research expeditions over the years, disseminating the results of the research at academic meetings. Educational courses in altitude medicine were run for clinicians. In addition the charity had been instrumental in the setting up of the diploma in Mountain Medicine and had underwritten the diploma until its transfer to the Royal College of Surgeons in Edinburgh in 2016.

One lasting legacy of all the research is the Travel at High Altitude booklet, written and compiled by the Charity in 2007 and published in booklet form to be given free of charge to people travelling to high altitudes and to those that work in the trekking industry to help to educate travellers in the health issues faced at altitude.

The Trustees have had regard to the guidance issued by the Charity Commission on public benefit and this booklet is available free of charge on an App to everyone and advertised via the Medical Expeditions website.

As the Trustees and activities had moved south of the border over the years, the decision was made to transfer the charitable organisation to be regulated in England and Wales and to close the Scottish charity. The assets from the Scottish charity were transferred to the new CIO in April 2020 and the Scottish charity and company were closed in September 2020.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

During 2020, the work that commenced in 2019 to move the Scottish registered charity to England and Wales was concluded with the successful registration of Medical Expeditions with the Charities Commission in England and Wales on 3rd January 2020. Following this registration the process to close the Scottish charity and transfer the assets to the new Charitable Incorporated Organisation was undertaken. The assets which comprised the funds in the bank account of £13,834 were transferred in April 2020 and despite the restrictions imposed by COVID, the closure of the Scottish charity and incorporated company were achieved in September 2020.

Plans for 2020 had included the launch of the new charity, recruitment of new Members and Trustees and further development of our Travel at High Altitude App however all has been put on hold. Three of the four trustees, being clinicians have been heavily involved in the country's response to the COVID pandemic. In addition, travel for leisure purposes and trekking to high altitudes has all but ceased.

We look forward to being able to pursue our plans once restrictions are lifted and the new normal settles down.

Section E

Financial review

Brief statement of the charity's policy on reserves

The Charity will maintain sufficient reserves to enable it to fulfil its current activity of supporting an online App to promote healthy travelling at altitude.

Details of any funds materially in deficit

No funds are in deficit.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity will look to raise additional funds should its future activity require significant funding. No payments have been made in the current year of the new charity. The Charity has one debt to pay at 31st December 2020 which is £28 for the hosting of its domain name. The Trustees give of their time freely and the Treasurer, as a Chartered Accountant, provides accountancy services free of charge to the Charity.

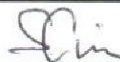
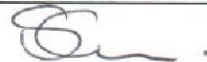
Section F

Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Simon Currin	Mrs Sally Currin
Position (eg Secretary, Chair, etc)	Chair	Treasurer
Date	5 th April 2021	

Medical Expeditions
Charitable Incorporated Organisation

Receipts and payments accounts
For the period 3rd January 2020 to 31st December 2020

Registered with the Charity Commission For England and Wales on 3rd January 2020,
Charitable number: 1187187

Medical Expeditions

Charitable Incorporated Organisation

Receipts and payments accounts for the period ended 31 December 2020

Trustees: Dr Simon Currin
Dr David Collier
Dr Paul Richards
Mrs Sally Currin

Address: Pinfold
Hyssington
Montgomery
Powys
SY15 6AT

Bank details: HSBC

Charitable number: 1187187

Medical Expeditions

Charitable Incorporated Organisation

Receipts and Payments Accounts for the period ended 31 December 2020

3rd January 2020

To 31st December 2020

£

Receipts

Received from Medical Expeditions,
a Scottish registered charity, on its closure

13,834

Total receipts

13,834

Payments

There was no expenditure in the period

0

Net of receipts and payments and cash funds this year end

13,834

Statement of assets and liabilities at 31 December 2020

31st December 2020

£

Cash at bank - HSBC

13,834

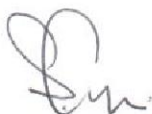
Net assets

13,834

Unrestricted funds

13,834

Signed by



Simon Currin on behalf of the Trustees on 5th April 2021