

10 FINGERS

England & Wales · Charity number 1187034

Details

Status Registered

Legal form CIO

Registered 2019-12-18

Register [View on the Charity Commission register](#)

Contact

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Broxbourne
Hertfordshire
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Activities

Objects: THE OBJECTS OF THE CIO ARE 1. TO PREVENT AND RELIEVE POVERTY OF NEW MOTHERS AND THEIR FAMILIES IN THE UK BY THE PROVISION OF FOOD PACKAGES AND ALL NECESSARY SUPPORT SERVICES AS THE TRUSTEES THINK FIT. 2. FOR THE PUBLIC BENEFIT TO ADVANCE THE EDUCATION OF NEW MOTHERS IN THE UK IN SUCH WAYS AS THE TRUSTEES THINK FIT, INCLUDING BY PROVIDING: • SPACES AND ACTIVITIES TAILORED TO MEET THEIR EMOTIONAL AND PHYSICAL NEEDS • OPPORTUNITIES TO ENABLE NEW MOTHERS TO DEVELOP AND GAIN NEW SKILLS

Activities: 10 Fingers provides meal packages for new mothers and their families 10 Fingers will offer short courses to new mothers . e.g. A beginner's guide to HFX trading

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes
- **Who:** Children/young People, Other Defined Groups

Geography

- Enfield
- Hertfordshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31		£0	£0	-
2024-03-31		£0	£0	-
2023-03-31		£0	£0	-
2022-03-31		£0	£0	-
2021-03-31		£0	£140	-

Trustees

Name	Role	Appointed
VICTORIA ADEPOJU	Chair	2019-12-18
Eyewu Louise Walker-Nthenda		2019-12-18
Philip Adepoju		2019-12-18

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Accounts

10 Fingers Annual report - 1187034

Charity name : 10 Fingers
Registration number : 1187034

Structure - 10 fingers currently has three trustees and 4 volunteers that prepare meals for families as requested. We have not recruited any new trustees since we started, however the process of recruiting new trustees will include an application and interview process.

In the previous year 10 fingers has made meal packages for several families in the Enfield and Hertfordshire areas. We have also hosted a virtual event for mother's, where the attendees had the opportunity to meet with other mothers and have a detailed discussion about self care.

We have recently collaborated with Hertfordshire perinatal team to provide meal packages for mums to be, new mums and families who are likely to, or are experiencing problems during the perinatal period.

10 Fingers has also for the public benefit advanced the education of mothers by providing a free 2 day course on a monthly basis to enable new mothers to develop and gain new skills in High Frequency Trading

10 fingers has received donations of £150 between 8/12/2019-31/03/2021. This has been used to buy ingredients to make the meal packages