

# Trustees' Annual Report

For the period 01-Sep-2024 to 31-Aug-2025

Charity Name: CABS-CARDIFF

Charity Number: 1187019



## 1 Structure and Governance

CABS-Cardiff is a Charitable Incorporated Organisation whose only voting members are its charity trustees, with a Constitution. It gained charitable status on 18 December 2019.

## 2 Objectives and Activities

The objects of the Charity as set out in its constitution are:

1. To relieve the needs of the adults with learning disabilities, in particular but not exclusively, in Cardiff, by the provision of basic skills training to facilitate their engagement in ordinary social activities with increased confidence and to provide educational opportunities that will increase their visibility and reduce their social isolation.
2. To advance education for adults with learning disabilities, in particular but not exclusively, in Cardiff.

## 3 Chair's Report

### 1.1 Learning Clubs

This year we have continued with our 3 Learning Clubs in three different Cardiff Hubs. We are very grateful for the continued support from the Hubs which allow us to have our Learning Clubs in the heart of the communities of Cardiff.

As a result of the Move More Eat Well funded project (see below), Fran has incorporated more movement into the sessions which are much appreciated by learners and their support/carer staff. Many of our learners also participate in activities at these and other hubs' well-being sessions, some after a learning club session.

We have had new learners join us. In fact, we have a waiting list for members showing that there is a continued need for what we provide.

### 1.2 Funding/Fundraising

We were successful in our application to Cardiff Shared Prosperity Fund's Move More, Eat Well Small Grants Scheme, receiving £2,500 pounds in October 2024. We plan for a series of activities early in 2025 should we be successful.

We were also successful in a bid to the National Lottery Community Fund, receiving £16,700.

### 1.3 Volunteers

Judith continues to be a huge asset to the Wednesday session.

We were able to recruit a new volunteer to help at the Friday morning session in Ely. She made a huge contribution. However, during 2024-2025 she moved on to full-time employment.

We liaised with Nathan Cogbill, Cardiff Council's Community Inclusion Officer (Ely & Caerau). We are hopeful that this will bring support to Fran at the Thursday and Friday session.

## **1.4 Trustees**

Current Trustees are:

- Dr Margaret Collins
- Rebecca Ballard
- Pauline Wakeham

# **4 Treasurer's Report**

## **1.5 Overall Position**

During 2024-2025 we received grant income as follows:

- £2,500 from Cardiff Shared Prosperity Fund's Move More, Eat Well Small Grants Scheme.
- £16,700 from the National Lottery Community Fund

We do have enough reserves to carry on our activities for 2025-2026. We will need to apply for funding from external agencies to keep our activities going in 2026-2027 and beyond.

## **1.6 Cardiff Community Lottery**

In August 2024, we enrolled in the Cardiff Community Lottery. This allows supporters to enter a weekly lottery, paid for monthly) with a chance to win a cash prize of £25,000 and a number of smaller cash prizes.

Supporters can nominate CABS-Cardiff to receive part of their ticket money (at least 52p) and have the opportunity for their prize money to go to CABS-Cardiff should they wish.

There is currently one person a month who is supporting us this way. We could expand this.

## 1.7 Annual Financial Statement

### Annual Financial Statement

CABS-Cardiff

For the year ended 31 August 2025

<b>Account</b>	<b>2025</b>	<b>2024</b>
<b>Income</b>		
Donations	0.00	10.00
Funding Award(s)	19,200.00	0.00
Other Revenue	43.20	2.00
<b>Total Income</b>	<b>19,243.20</b>	<b>12.00</b>
<b>Cost of Sessions</b>		
Equipment	340.29	284.84
Tutor Fee	11,840.00	9,570.00
FoodRel	218.37	0.00
Postage/Delivery	0.00	4.99
<b>Total Cost of Sessions</b>	<b>12,398.66</b>	<b>9,859.83</b>
<b>Gross Surplus/Deficit</b>	<b>6,844.54</b>	<b>(9,847.83)</b>
<b>Administrative Costs</b>		
Audit & Accountancy fees	218.88	205.20
Bank Fees	0.00	0.28
Insurance	401.51	384.04
Printing & Stationery	155.27	0.00
DBS expenses	0.00	4.20
<b>Total Administrative Costs</b>	<b>775.66</b>	<b>593.72</b>
<b>Operating Balance</b>	<b>6,068.88</b>	<b>(10,441.55)</b>
<b>Balance on Ordinary Activities Before Taxation</b>	<b>6,068.88</b>	<b>(10,441.55)</b>
<b>Balance after Taxation</b>	<b>6,068.88</b>	<b>(10,441.55)</b>
<b>Cash Balances</b>		
Santander CABS	14,587.74	8,518.86
Petty Cash	260.93	260.93
Cash Float for payments at sessions	50.00	50.00
<b>Total Cash Balances</b>	<b>14,898.67</b>	<b>8,829.79</b>

## 5 Reference and Administrative details

### 1.8 Names of the charity trustees who manage the charity.

<u>Trustee name</u>	<u>Office (if any)</u>
Margaret Collins	Chair
Rebecca Ballard	Treasurer
Pauline Wakeham	

## 6 Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees.

Signature(s)



Full name(s)

Rebecca Jane Ballard

Position

Treasurer

Date

03-Jun-2026