

Malvern Hills Riding for the Disabled is a small group, we hire the ponies and hold the riding sessions at Guinness Park Farm, for children from Regency High School Worcester. Riders are accompanied by teachers and outdoor activities staff.

The benefits of riding.

Horse riding is a non-weight bearing activity which can benefit riders with autism spectrum disorders, cerebral palsy, development delay, Down's syndrome, learning disabilities.

There are physical benefits from therapeutic riding the warmth and three-dimensional movement of the horse are transmitted through the rider's body, gradually making them more relaxed and supple strengthening core stability, and allowing improved balance, posture and co-ordination.

Riding can also have strong recreational and psychological benefits, freedom of movement, increased confidence and self-esteem. Benefit in their general health and well-being.

Malvern Hills RDA experienced coach Amanda follows a training programme managed and assessed by RDA head office. Amanda measures and charts riders progress and sets goals and targets.

Experience helpers help with the ponies and riders under the guidance of the coach. Volunteers are committed and trained and are DBS checked.

As a group we raise funds by doing bucket collections at local stores and at Worcester Racecourse. In 2020/21 we benefitted from the Co-operative Grant Scheme, Tesco's Token Scheme and individual donations.

Teachers and Parents report the benefit to the children. The Trustees and volunteers are delighted to receive handmade cards and thank you letters from the children.

At the end of school terms we recognise the child's achievements by having an award ceremony where they receive Endeavour certificates and rosettes.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Malvern Hills Group Riding for the Disabled Assoc

Trco (if any)

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/01/2020		31/12/2020

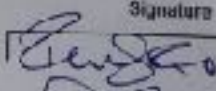
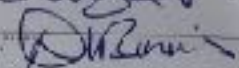
Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donation	153	-	-	153	-
amazon	10	-	-	10	-
Donations From Coop	7,394	-	-	7,394	-
Tesco Grants	1,166	-	-	1,166	-
sale of christmas cards	43	-	-	43	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	8,766	-	-	8,766	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	8,766	-	-	8,766	-
A3 Payments					
Riding School Fees	756	-	-	756	-
RDA insurance	390	-	-	390	-
DBS checks	18	-	-	18	-
website fee	95	-	-	95	-
flotcher	10	-	-	10	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,269	-	-	1,269	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,269	-	-	1,269	-
Net of receipts/(payments)	7,497	-	-	7,497	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	7,497	-	-	7,497	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	Total cash funds			
	<small>(agree balances with receipts and payments account(s))</small>			
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Assets held in bank	£, 100		
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
	gymnastics equipment	general		10
	hats	general		100
	display board and storage	general		40
	specialist lock	general		50
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	RACHEL GASPER	27.9.21
	DEBORAH BINKS	27.9.21

CG2X P2 accounts (SS)

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27/09/2021