



The Parish Trust

Unaudited Financial Statements

31 December 2024

CARSTON ETL

Chartered accountants
1st Floor, Tudor House
16 Cathedral Road
Cardiff
CF11 9LJ

The Parish Trust

Financial Statements

Year ended 31 December 2024

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The Parish Trust

Trustees' Annual Report

Year ended 31 December 2024

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 December 2024.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity name	The Parish Trust	
Charity registration number	1186996	
Principal office	7 Roundabout Court Bedwas House Industrial Estate Bedwas Caerphilly CF83 8FS	
The trustees	Mrs Diane Brierley Mr Wayne Barnett Mrs Rosemarie Llewellyn Mrs Meryl Holt Mrs Elizabeth Blacker Cllr Elizabeth Aldworth	Chair of Trustees Founding Trustee Founding Trustee <i>(Appointed 17 January 2024)</i> <i>(Appointed 20 March 2024)</i> <i>(Appointed 20 March 2024)</i>
Independent examiner	Farzana Ahmed ACCA 1st Floor, Tudor House 16 Cathedral Road Cardiff CF11 9LJ	

OBJECTIVES AND ACTIVITIES

Summary of Objectives

The Charity's Governing Document states that The Parish Trust is a Christian based organisation which organises various projects, services and events that benefit the general public. The Charity's objective is to advance the Christian faith and its religious, moral and philanthropic principles. We support the local church and community so that the lives of our beneficiaries are enriched and improved.

Whilst having a Christian foundation, the charity exists for all regardless of religious affiliation or otherwise.

Summary of Activities undertaken for the Public Benefit

The Parish Trust continually assesses and develops the provision of charitable activities in relation to identified needs in the communities it serves. Activities undertaken must be relevant to the charitable objectives of The Parish Trust, and be in accordance with its Governing Document.

A number of projects and activities have been undertaken throughout the course of 2024. The activities listed are our main projects and are by no means an exhaustive list of everything that has taken place in the charity over the last 12 months. Details of our full programme of events and achievements can be found on our Website and Social Media.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

The Bryn Hall Project

Rev. Dean Aaron Roberts | CEO

In the summer of 2024, The Parish Trust was generously gifted The Bryn Hall, marking a significant milestone in our journey to secure dedicated spaces for our work. This historic building has now been designated as the future home of our youth and children's projects, providing a stable and purpose-built environment for these vital programmes. It will also serve the wider needs of the charity and community by providing a base for smaller projects and acting as a valuable resource for the local community.

As we prepare for its transformation, we have engaged widely with the community and our current service users to shape the vision for The Bryn Hall. Through consultations, surveys, and discussions, we have gathered valuable insight into how people would like to see the space used. This feedback has reinforced our commitment to ensuring that The Bryn Hall becomes a welcoming, multi-functional hub that meets the evolving needs of the community.

Recognising the need for renovation to bring The Bryn Hall up to modern standards, we have focused our efforts on securing funding and planning for its refurbishment. By the end of 2024, we had successfully raised approximately £200,000 towards this work, allowing us to move forward with confidence. The renovation project is scheduled to commence in early 2025 and is expected to be completed within the first half of the year. Once finished, The Bryn Hall will be a vibrant centre, offering young people a safe and welcoming space for engagement, learning, and community building, while also providing opportunities for a wider range of activities that will benefit the broader community.

We look forward to bringing The Bryn Hall to life and realising its full potential as a space that reflects the aspirations of those we serve.

The CARE Project / Bag a Bargain

Nerys Beckett | CARE Project Lead

Despite being a challenging year, the CARE Project continues to be at the heart of the work of the charity and a lifeline to the local community. As the cost of living continues to rise we have seen a steady increase in the number of families needing support. 1670 food parcels were delivered in 2024 which was a 5.5% increase from 2023, bringing us back up to equal levels of support provided in 2022. The project aims to provide a week's supply of food to families and this year brought further food demands with food being provided to 4969 people which was an 8% increase from 2023 and a 6% increase from 2022, showing that many we support are from larger families. We also saw an immense 28% increase in referrals received, resulting in 235 referrals. This was aided by some additional key new partnerships with Citizens Advice and Age Cymru to name a few, making our services more accessible to the local community. Although the majority of requests come from referred users, 32% of the requests still came from ad hoc emergency requests for which we allow three in a calendar year.

Each user is asked why they are in need of assistance, and over 28% claim that they are from a low income household which would indicate that the increased cost of living is having a significant effect. A substantial number of people also report that benefit changes/delays are the reasons for need which also highlights the knock on effect of the timeframe required to process and investigate claims. It is also worth noting that an additional option was added to capture poor mental health at the end of July and this has already been reported as the reason for need by almost 5% of users.

Due to increasing demands, we saw the response time between requests and deliveries increasing, particularly at the busy times of the year, with several service users asking for the option to collect so we therefore also plan to trial this as an additional option in 2025. With many users continuing to need our support for longer periods of time, we also aim to review our strategy to provide a pathway out of poverty by looking at initiatives to diversify the help we offer.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

One of the major challenges for the charity this year was moving premises, but moving the project whilst ensuring no disruption to our regular service was a tremendous accomplishment and could not have been achieved without the immense support and dedication of our volunteers and the local community, with several local businesses and individuals offering their help for the day, resulting in a total of 5266 hours of time donated to the project.

The CARE Project would also not be possible without surplus food collections from local businesses as well as generous donations from our local community for which we are extremely grateful. New collections were established with local businesses which provided us with more fresh produce, but 2024 saw an overall decline in donations of tinned and dry foods so we intend to focus on providing more opportunities for local collections and drop-off points in the coming year.

Our food waste initiatives continued to grow through 2024 with the addition of a bread sharing scheme and membership as a "Too Good To Go" partner. This has not only helped to raise awareness to the schemes we offer and increase their accessibility to the local community, but also substantially reduced our food waste. Money raised through these initiatives helps to support the project when additional food items need to be purchased, but despite the new initiatives, we did not see a significant increase in funds with almost £3000 raised in 2024, which was only marginally more than the year before. The latter part of 2024 saw a small decline in the number of people accessing these schemes so we believe that our new location has had an effect as well as the increased accessibility to alternatives, such as Olio and community fridges. In addition, "Too Good To Go" take a notable service fee for each bag sold through their platform, resulting in an almost 50% loss of contributions.

Youth and Children

Carrie Gealy | Youth & Children's Programme Manager

Youth Club

In 2024, The Parish Trust's commitment to youth empowerment continued with new opportunities for growth, learning, recreation, and wellbeing. The aim for 2024 was to expand our services by offering additional youth clubs to make more meaningful connections with young people and better support them.

Central to The Parish Trust's efforts in 2024 were the regular Youth Club sessions held every Friday evening from January to December. These sessions not only provided a safe, welcoming space for young people to socialise and build relationships but also provided an outlet for many of our young people to express their views, ask for support, and make positive changes to their behaviour. Throughout the year, 41 Friday evening Youth Club sessions were held, each designed to cater to the needs and interests of the attendees and to provide opportunities they may not otherwise have.

In January, we reintroduced and re-established boundaries with young people using a behaviour contract. This allowed them to discuss their boundaries and set some club rules for the year based on their changing opinions and needs. Re-establishing boundaries continued into February, with an influx of new young people and setting a standard of behaviour for those who struggled with accountability. These conversations allowed young people to question the rules and our authority at the club, which resulted in an honest understanding of our roles and responsibilities in their lives.

Throughout the year, young people's trust and comfortability with us were exemplified by the honest one-on-one meetings we would have when behaviour was becoming a challenge. Young people informed us of their struggles, and we listened openly and made adjustments and plans to support them with a more holistic approach.

Young people attending our clubs had meaningful opportunities to participate and have their say on all levels. Attendees helped to plan and film content for our social media and were given opportunities at each session to provide their thoughts and opinions on the future of Youth Club.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

In May, we asked young people what their preferred method of communication with us would be, and many said Instagram, which kickstarted the creation of a private Youth Club Community Instagram.

In 2024, our Youth Club held several workshops and informal learning opportunities on essential topics such as period dignity, kindness, fitness, and mindfulness. We strived to provide new opportunities, and our young people gained new skills and experiences, such as Circus Skills and Taekwondo.

Young people's progression and development were immensely evident during 2024. Young people's ability and willingness to take accountability for their actions were the most advanced they have been since the creation of the Youth Club.

Meaningful conversations on life, spirituality, faith, school, anti-social behaviour outside of Youth Clubs, relationships and home lives were regular during 2024. Meaningful discussions extended beyond The Parish Trust staff, as young people also engaged with Police Community Support Officers throughout 2024. Relationships between our young people and the local police strengthened throughout the year as we helped facilitate dialogue and break down barriers for young people. Over two visits from PCSOs, young people were initially very hesitant to communicate with the police. However, by the end of the session, they were engaging in conversations and playing football and rugby with them. Some young people even expressed an interest in joining the police force in the future.

Throughout the summer of 2024, 7 special events were held on Friday evenings, providing young people with activities they requested throughout the year or new recreational opportunities such as laser tag, toasting marshmallows over a campfire, Zorb suits, virtual reality headsets, volleyball, karaoke, slip and slide, and a silent disco. These events showcased carefree fun, with young people putting their phones away to get soaked at the slip and slide or to dance and sing at karaoke.

In September, a new staff member joined the Youth and Children's team, providing fresh ideas and passion for delivering meaningful, creative outlets for young people to express themselves. The new staff member focused on building trusting relationships with young people at our clubs and began designing and testing a Music Workshop at the Youth Club, aiming to launch in early 2025.

Conversations from September onwards focused on young people's relationships with school. Many young people felt comfortable expressing their negative feelings around formal education and the trouble they have been getting into. Many young people expressed their desire for us to support them in school, as they felt they did not receive the same level of support in school as they do in our club.

From September into the final session in December, the Youth Club focused on the year ahead, with many young people expressing their disappointment that the Youth Club would be relocating. Dissimilarly to 2023 and early 2024, young people wanted to participate in group games again in these final months and reminisce on the memories shared since the Youth Club was founded in 2022.

The final session of Youth Club at St Thomas' Church was enjoyed by all young people, from those who have been with us since 2022, to those who have recently joined us. The session started with a video showcasing photographs and videos from the first session in October 2022, followed by an award ceremony, and ended with a fun game. With the end of the session approaching, many young people were reluctant to leave, and one young person left and returned to see the youth club 'one last time'.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

In 2024, the Youth Club was attended by 1,136 young people. Whilst the numbers of Youth Club attendees for 2024 remained similar to those for 2023, the impact and quality of relationships excelled through recreational activities, personal progression, and one-to-one support. Youth Club allowed us to expand our relationships with young people beyond the club, with a core group of around 5 young people regularly visiting us throughout the year on days without activities. Young people would visit us regularly for a hot chocolate or snack during half term, which exemplifies the purpose and objectives of The Parish Trust in fostering meaningful and trusting relationships within the community.

Throughout the year, the Youth Club was run with the help of 2 dedicated adult volunteers. Our adult volunteers enabled us to provide the best service possible to young people by ensuring our adult-child ratios aligned with policy. Moreover, our adult volunteers built meaningful connections with young people by being friendly, familiar faces at the club each week. Our adult volunteers dedicated 96.5 hours to our Youth projects in 2024.

In 2024, our youth engagement expanded outside of our clubs. On many occasions, young people would visit us in emergencies, such as if they had gotten into arguments with friends, fallen and hurt themselves, needed to charge their phones, or to use the facilities. Young people would also arrive during food-packing shifts for The CARE Project and, on several occasions, would help with food packing and packing away donations.

In May 2024, The Parish Trust took 12 young people to Barry Island for the day. The day included various beach games and activities, a walk through the town, and an afternoon on the fun fair rides. All young people in attendance expressed their enjoyment of the day, and upon arriving back at The Parish Trust, they stayed to play football.

Our engagement with young people outside of clubs continued through social media channels such as Instagram and TikTok, where we provided young people with regular updates, opportunities to participate in quizzes and surveys, and exposure to more positive, motivating content on their homepages.

While awaiting the renovation of The Bryn Hall, the Parish Trust aims to strengthen its engagement with young people on social media in the interim. The Trust also aims to offer more trips throughout 2025 and Detached Youth Work in the warmer months. In 2025, wellbeing will also be a focal point for Youth and Children's work.

The Hang Out

In May 2024, The Parish Trust launched its first after-school Youth Club, 'The Hang Out,' to respond to young people's needs and requests for more Youth Club days. Due to the restrictions of sharing a space with other Parish Trust projects, the days available to provide more clubs were limited, exemplifying the need for a space dedicated to youth, children, and families.

The group quickly established regular attendees, including the core group of young people visiting us multiple times weekly and some new young people looking for a calmer, quieter alternative to our Friday evening Youth Club. The Hang Out unintentionally transformed into a club focusing on wellbeing and creativity by responding to the needs and interests of the young people in attendance.

As comfort increased with The Hang Out attendees, young people were not shy about asking for snacks and hot chocolates. All young people present would help make the hot chocolates and also helped to tidy up, taking accountability and ownership of the space. The Hang Out was fundamental in discovering an increased need for wellbeing activities for young people in the local community. In 2025, The Hang Out will aim to be more intentional with its wellbeing activities by providing a curriculum of tools for attendees to better manage their emotional and mental health.

Since May 2024, The Parish Trust has held 32 sessions of The Hang Out, with a total of 174 attendees.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

Youth Volunteers

In 2024, our Youth Volunteering Scheme continued. Working closely with The CARE Project, approximately 19 young volunteers aged 14-18 provided vital assistance with packing food parcels. In March, 7 young volunteers approached us for opportunities to complete their Welsh Baccalaureate hours with us. More young people followed in their footsteps over the following months, with some signing up out of interest in helping their local community.

The Parish Trust's Caffi Caredig opened on Friday evenings throughout 2024 and operated as a Tuck Shop during Youth Club. The Tuck Shop was operated exclusively by a team of 2 young volunteers whose progression continued since 2023 when they received Barista Training, Level 1 in Catering, and most recently in 2024, Level 2 in Food Hygiene. This year, there was an emphasis on providing our young Tuck Shop Operators with the responsibility of maintaining stock levels and creating a menu for the summer events. Our young Tuck Shop Operators volunteered for a combined total of 100 hours in 2024.

Barista Training led by our staff returned in October 2024 after the team receiving training from Big Dog Coffee Company. Since October, 7 sessions have occurred, with 6 young people receiving full training.

At the Youth Club, one dedicated young person continued volunteering as a Junior Leader. Toby Jones, aged 15, has continued to be a valued volunteer and a significant role model for other young people at the club, regularly offering his guidance and support. Toby's role as a Junior Leader developed throughout 2024, where he was involved in many team meetings regarding Youth Club and provided key ideas and observations. In partnership with Carrie, Toby secured grant funding from GAVO's Cash 4 U Grant Scheme to deliver a Bike Safety Workshop for young people. Toby dedicated countless hours to this project, preparing and providing a specialised workshop for eight young people. Much of the funding was spent on providing free helmets for young people, with the remainder going towards bike racks and a bike repair station at The Bryn Hall in 2025. Between his role as Junior Leader at Youth Club, volunteering at special events, and his work on the Bike Safety Project, Toby dedicated 128.5 hours to volunteering in 2024.

In addition to the Youth Volunteering Scheme, The Parish Trust provided attendees of the Youth Club with the opportunity to participate in a Youth Car Wash Fundraiser. On Saturday, 22nd June, young people visited The Parish Trust and put all efforts into washing cars in the community to raise money for the Youth Club. In total, 17 young people helped, and a total of £117 was raised. Young people expressed enthusiasm and passion when allowed to take ownership of their club and make a difference. Through their efforts, all money raised was spent on equipment for the summer. A few weeks after the Car Wash Fundraiser, a group of young people asked us for spare buckets, as they had decided to go around the area on their own accord to wash cars for money.

In 2025, The Parish Trust aims to focus volunteering opportunities on youth club attendees by offering more fundraising events. The Youth Car Wash Fundraiser has inspired us to look at other ways to raise money for youth projects and has shown the importance of young people taking ownership and responsibility for their spaces.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

Connecting with Stakeholders and Multi-Agency Networking

The Parish Trust's partnership with Llamau continued in 2024, and 4 volunteering days were held with approximately 32 young people aged 16-17. Llamau's young volunteers gained experience by helping us with various jobs such as washing cars, litter picking, gardening, sorting, and cleaning. Many young people had never previously completed any of these tasks, which was a milestone for them and built their confidence and self-esteem.

Throughout 2024, The Parish Trust was visited by two multi-agency networks: the 2nd Caerphilly Scouts Beavers Group and the Caerphilly Rainbows. 59 children attended the two sessions and participated in various activities relating to food poverty and The CARE Project food bank. All children present were engaged in learning and took information away from their time at The Parish Trust. After one of the sessions, a parent sent us a message looking to donate. It said: "My daughter's going to Rainbows, and tonight they visited the local food bank to learn all about it & have come home very keen to make donating to food banks a regular thing to help out."

Special Events

Throughout 2024, many special events were held for children and families. In April, The Parish Trust held an Easter Crafts Event, which 45 children and 19 adults attended. The event included a variety of crafts, such as making Easter bonnets, free hot dogs for lunch, refreshments, and a free Easter egg.

The Parish Trust held 2 Family Fun Days and 18 Breakfast/Brunch Clubs throughout the summer. On 31st July, 97 children and 46 adults attended our first Family Fun Day. Subsequently, our Family Fun Day on 21st August was attended by 56 children and 32 adults. Both Fun Days provided all children with a free packed lunch. BTM Brass Band supported both Days, providing their time and efforts to help with the bouncy castle and to give children in attendance an opportunity to try out an instrument. Children of all ages attended both Family Fun Days, and there was a significant crossover between Tommy's Tots, Games Club, and Youth Club attendees.

Moreover, The Parish Trust's Breakfast and Brunch Clubs were an integral part of the summer, supporting children and their families by providing a healthy and substantial meal to start their day. One hundred sixty-five children and 40 adults attended our Breakfast Clubs throughout the summer.

Our final special event of 2024 was a Christmas Crafts Event, which 30 children and 11 adults attended. The event included Christmas-themed crafts, games, a free dinner and dessert.

Games Club & Meals for Families

In 2024, Games Club evolved by establishing Meals for Families, a project providing families with a free, home-cooked meal during each Games Club session. Meals for Families was created to respond to the many children attending Games Club hungry after school. In December 2023, parents attending Games Club were asked questions regarding their children's meals, how often they cook meals for the family, and whether or not they would benefit from a project such as Meals for Families. An overwhelming majority said they would benefit from it, and in January 2024, the project began.

Entering 2024, Games Club was an established community group, with parents benefitting from the opportunity to relax and have a cup of tea while their children played. With the establishment of Meals for Families, the group evolved and felt more homely, with families connecting over a hot meal. Since January 2024, 45 Games Club and Meals for Families sessions have been held, with 1,214 children and 405 adults attending.

Each week, children had opportunities to express themselves creatively with unique crafts, activities, and board games. Parents also participated in activities, helping their children create crafts and spending quality time with one another. Parents also helped out with other children and built relationships with other parents, showcasing the importance of community spirit and cohesion.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

Meals for Families was at the heart of Games Club in 2024, with children excitedly running in to ask what was for dinner that day and frequently trying something new. A rolling menu based on feedback from parents and children on their favourite meals was created to offer nutritious meals suitable for the whole family. These recipes were always available for parents to take home to replicate if they and their children enjoyed it. Meals for Families aimed to offer children choices on the food they eat, allowing them to try a small amount of something and return for more if they enjoyed it. This gave children the confidence to try something new alongside their friends, often leading to them returning for more. Parents were pleasantly surprised when their children enjoyed a meal and frequently replicated it at home every week. Parents encouraged the project by explaining that making a new meal for their children to dislike at home is costly. Having the options here, they have a night off from cooking whilst gaining new recipes to add to their weekly meal options.

Alongside Games Club sessions and Meals for Families, in 2024, the Parish Trust held two trips for Games Club families in response to requests for a community day out. Our first trip, held in March, was to St Fagans, with six children and three adults attending. Our second trip, held in October, was to Pencoed Fach Farm, with seven children and five adults attending. Each trip allowed parents to create lasting memories with their children and their friends without the pressure of transport.

Looking ahead, Meals for Families will continue to run throughout 2025 but will operate as a 'grab and go' service where families can collect fresh, home-cooked meals to take home. Games Club, regularly attended by at least 50 children and 12 adults, will pause in the interim due to there being no community space in the area suitable for the needs of Games Club and Meals for Families. The urgency of The Bryn Hall is evident when looking at this unique club's impact and how many families will be affected over the coming months.

Tommy's Tots

Tommy's Tots continued to become an established and consistent group in 2024. Tommy's Tots' goals for 2024 were to further develop the range of activities we offer, improve session documentation, and provide opportunities for children to begin making their own choices from a young age. These goals were achieved throughout 2024 by providing a total of 45 Tommy's Tots sessions, including operations during half terms and the summer holidays.

This year, Tommy's Tots strengthened its activities by offering a new craft each week, building partnerships with The Toy Box Project to update our stock of toys frequently, and establishing a partnership with the local library to offer new books each week. We also strengthened our session documentation through a weekly review document with reflective points such as 'positive interactions' and 'areas to improve'. We were able to focus on choices for children by offering a variety of toys, options for snack time such as fruit and toast, and an emoji board where children could point to the emotion that they may be feeling upon entering and exiting the space.

January

Average weekly attendance total: 23

Throughout January, we identified the need for more snack-time options, and a rolling monthly menu was created to ensure enough variety. The new variety of snacks was noted and welcomed positively by the club's parents/guardians. One notable thing that happened in January was that we announced an increase in our prices this year from £2 per family to £2 per child.

February

Average weekly attendance total: 16

Despite the increase in our costs in January, February remained a busy month for Tommy's Tots. One child took their first steps during Tots this month, which was celebrated by all in attendance.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

March

Average weekly attendance total: 13

The group ran as usual throughout March, with plenty of engagement and heartfelt moments. Children played with other parents and watched new children quickly become confident and comfortable in the space.

April

Average weekly attendance total: 14

In April, we spent a few weeks getting children's handprints with paint and used the handprints to create our 'Welcome Board,' introduced in April.

May

Average weekly attendance total: 14

Throughout May, we started providing more choices at storytime and gained a few new attendees.

June

Average weekly attendance total: 9

We conducted a small survey in June and received written feedback from parents. The Welcome Board was used frequently throughout June and provided opportunities for parents to talk to their children about emotions. We also had a visit from Bedwas Library during a session in June and received our Library card. Throughout June, parents were pleased to see various books available at the group to take home for the week.

July

Average weekly attendance total: 16

Trusting relationships continued to establish during July, with parents and guardians leaving their children in the care of the Tommy's Tots lead to use the toilet or grab a cup of tea, knowing there was community spirit in the room. One grandparent said that their whole family loves to see the photos of their grandchild at Tommy's Tots.

Summer 2024

Average weekly attendance total: 13

Tommy's Tots remained open throughout the summer and held six events with a space theme. Throughout the six weeks of summer, children decorated a large cardboard rocket ship, played with space-themed toys, listened to space-themed stories, and had opportunities to create new, fun crafts each week. During the summer, parents and children attended other activities such as our Family Fun Days and breakfast clubs, showing the reach and variety of events that The Parish Trust offers for families.

September

Average weekly attendance total: 18

September saw some new faces and more grandfathers and fathers attending the group. The men present felt comfortable and enjoyed the group's community feel, which is slowly breaking down barriers within the community of social stereotypes.

October

Average weekly attendance total: 16

With plenty of interactions, October was a fun, warm environment at Tommy's Tots. In October, a new staff member joined the Youth and Children's team and offered support during Tommy's Tots.

November

Average weekly attendance total: 13

Throughout November, we saw a growth in children's confidence in staff. Information on changes to Tommy's Tots in January was provided throughout November, with parents and guardians reacting positively with support and understanding.

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Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

We held our final session of the year on 3rd December and had a Christmas-themed party, with 18 children in attendance. Parents and guardians happily brought along party food to share for a celebration of Christmas and the exciting opportunities to come in 2025.

Feedback was something that was requested and given freely throughout 2024. Some feedback from a grandparent early in the year said that they wished Tommy's Tots was open more often. Despite numbers being lowest during half terms, those present during half terms said they were grateful that we remain open when most groups close.

Throughout 2024, the strength of connections made at Tommy's Tots was exemplified by the ease with which parents, carers and children easily slotted back into the group after taking a break. At Tommy's Tots, we have seen children and their guardians return to the group after a few months, and it feels like only days have passed. The connections made at Tommy's Tots also impact the children, which we have seen by how children interact with other adults at the club when they usually wouldn't interact with an adult they don't know. This is a testament to how comfortable children are within the environment of Tots, which they instinctively know to be a safe and trusting space. Throughout 2024, we have formed a unique community where individuals are known by name, welcomed and supported, and missed if absent.

Looking ahead, the focus for Tommy's Tots in 2025 will be to continue operating on a smaller scale until the renovation of the Bryn Hall is complete, where Tommy's Tots can continue as usual and re-establish essential community relationships.

671 children and 592 adults attended Tommy's Tots throughout 2024.

Caffi Caredig

Rev. Dean Aaron Roberts | CEO

At the beginning of 2024, Caffi Caredig ceased operating as a staffed café and transitioned into a more flexible resource for The Parish Trust. Since then, it has been used primarily to support internal events, provide refreshments at community gatherings, and serve as a hands-on training space, particularly for young people learning barista skills. This change has allowed the project to continue making an impact while operating in a more sustainable and adaptable way.

With the relocation at the end of 2024, Caffi Caredig has now been placed into storage while we reassess its future role. We remain committed to exploring how it can best serve our work moving forward, whether as a training initiative, a community outreach tool, or another innovative venture. We look forward to revisiting its potential in the years ahead.

Community Choir

Rev. Dean Aaron Roberts | CEO

The Parish Trust Community Choir continued to thrive throughout 2024, strengthening its reputation as a vibrant, inclusive group dedicated to bringing people of all ages and backgrounds together through the joy of music. The choir's mission to enhance wellbeing, foster community connections, and inspire a shared love for music has remained central to its activities.

This year, the choir held its final concert as part of the Christmas "Carols in the Car Park" event, marking a heartfelt farewell to St. Thomas' Church, where the choir has been based. This special event, held in partnership with the BTM Next Generation Brass Band, attracted over 200 people and created a memorable festive atmosphere for the community.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

In the summer, the choir organised a fundraising concert at Llanbradach Baptist Church, dedicated to supporting children and young people, further highlighting its commitment to using music as a tool for positive impact. Alongside performances, the choir also hosted several social events throughout the year, expertly coordinated by two choir members who have taken on the role of "social secretaries." 2024 saw a very slight increase in male membership of one, further diversifying the group's dynamic. We hope that the small but growing number of men in the choir will further attract other men to join. While the majority of members are adults, the choir continues to welcome and support a small number of young people. The choir has also taken great strides towards self-sufficiency, having successfully fundraised internally to purchase their own uniforms, which have now been completed.

The year concludes with the choir standing strong at 37 members, with additional enquiries for membership already pending for 2025. Looking ahead, the choir will be relocating to a temporary venue in Machen before hopefully finding a permanent home in the renovated Bryn Hall in the latter half of 2025. Bryn Hall will serve as the charity's family, youth, and children's centre, aligning perfectly with the choir's values of community enrichment and inclusion.

The Parish Trust Community Choir looks forward to another year of music-making, growth, and community impact in 2025.

Wellbeing, Spiritual, and Pastoral Care

Rev. Dean Aaron Roberts | CEO

The Parish Trust continued to prioritise wellbeing, spiritual, and pastoral care throughout 2024, embedding these principles in its core policies. This includes the introduction of an Annual Leave Scheme, Flexible Working Policy, and an updated Staff Handbook. The charity also committed to being a Real Living Wage employer and introduced an enhanced pension provision.

The Parish Trust maintained its Investing in Volunteers accreditation and upheld a volunteer recognition scheme. The charity remained sensitive to the personal circumstances of volunteers, ensuring a pastoral and compassionate approach. Although the Volunteer Voice Council was not formally launched due to the priority of relocating premises, volunteer engagement has continued through regular consultation by project managers. The charity hopes to establish an official council in the future.

Safeguarding policies and procedures were updated, along with streamlined volunteer onboarding processes. Volunteer name badges were reintroduced to encourage social interaction and best safeguarding practices.

Initiatives like Kindness Month were conducted with children and youth to promote wellbeing, including sessions on self-esteem and personal growth. Over the course of the year, the charity supported 166 people with targeted wellbeing support and held 118 general wellbeing events.

The Bereavement Courses continued in 2024, receiving highly positive feedback, with most sessions conducted online. Out of all participants, 92% reported feeling better equipped to process their grief, 87% stated they felt less alone, and 100% would recommend the course to others based on the feedback received. Additionally, 76.9% of participants felt the course helped them understand how bereavement was affecting them, 69.2% felt it helped them process their loss, 84.6% felt better able to cope with their situation, and 76.9% felt less lonely after attending. Testimonials included statements such as: 'The course helped me understand my grief in a supportive environment, giving me tools to navigate difficult emotions.', 'The discussions were so helpful in processing my loss, and I felt truly heard and supported by both the facilitators and other participants.', and 'The support I received has truly made a difference during this difficult time, helping me feel more hopeful about the future and less isolated.' The Parish Trust became a National Ambassador for The Bereavement Journey, partnering with AtaLoss, a national bereavement charity. In 2025, the charity will aim to make the course more widely available across Wales. A partnership with Aneurin Bevan University Health Board was also established in late 2024, with plans to provide bereavement support for staff and families of patients in a pilot project.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

Support for Ukrainians naturally concluded as a dedicated project, with many having successfully settled in the community and found employment.

The CEO continued to oversee the wellbeing portfolio throughout 2024. While no significant leadership changes occurred, the charity remains limited in expanding its wellbeing services due to funding constraints.

The primary goal for 2025 is to grow the bereavement support provision through expanded course delivery, enhanced partnerships, and collaboration with local authority bereavement services. Plans include developing a bespoke suite of bereavement resources accessible to individuals seeking support before committing to structured courses or counselling.

Spiritual support remains available on an ad-hoc basis, with the charity regularly sharing its Christian roots through blog posts, Easter and Christmas cards included in food parcels, and by serving as a resource for local churches seeking to provide practical community support.

Yarny Army

Rev. Dean Aaron Roberts | CEO

The Yarny Army continues to meet weekly on Wednesday mornings as an open-access knitting group, providing a welcoming space for those with knitting skills or a desire to learn and improve. The group's primary aim remains to bring people together while creating knitted items for the NHS and supporting our children's programme.

Throughout 2024, the Yarny Army has continued to donate a wide variety of knitted items to the NHS, including teddies, blankets for both adults and children, and essential clothing items. Their efforts have also supported The Parish Trust through fundraising, with the group knitting a range of items such as Christmas decorations to help raise funds for the charity's ongoing work.

The group itself has remained steady in size, with consistent attendance at the weekly sessions. In addition to the dedicated team meeting on-site, the Yarny Army has continued to receive knitted donations from volunteers across the UK.

A new focus this year has been preparing for the launch of The Parish Trust's Baby Bank in January 2025. The Yarny Army has been stockpiling baby items, some knitted in-house, and some bought via proceeds from fundraising sales at other events, to ensure the Baby Bank opens with a strong supply of essential knitted goods ready to support families in need.

We extend our heartfelt thanks to every member of the Yarny Army for their hard work, generosity, and creativity throughout the year. Their contributions have made a real difference in the community, supporting both NHS patients and vulnerable families, and we look forward to their continuing impactful work in the year ahead.

Partnerships

Rev. Dean Aaron Roberts | CEO

The Parish Trust is immensely grateful for the many partnerships that have been established and strengthened over the past year. A key part of our work has been collaborating with a range of corporate partners who actively engage with us as part of their social responsibility programmes. Their support has played a vital role in enabling us to deliver meaningful impact in the communities we serve.

We continue to work closely with businesses of all sizes, the public sector (including health and education providers) social clubs, societies, and other charitable organisations. These partnerships help us to expand our reach, enhance our services, and ensure that those in need receive the right support.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

Our growing network of partners has been instrumental in supporting our work through fundraising, resource donations, volunteering, and sharing valuable expertise. We look forward to deepening these relationships in the coming year, working together to make a lasting difference in the lives of those we serve.

Volunteering

Angharad Everson | Administrator

Throughout 2024, we were able to recruit a lot of new volunteers but we also were able to retain some well-established volunteers. The Board of Trustees continue to be grateful for all the support, hard work, and commitment our team of loyal and dedicated volunteers provides. Aside from offering so much of their time to our services, the charity benefits from all of the transferable skills our volunteers bring with them. Whether this is Administrative & Business skills, Communication & Interpersonal skills, or Leadership Skills. Without this broad spectrum of experience, we would not, as an organisation, be able to grow and expand further with our projects.

By the end of 2024, our demographics of volunteers still remains a high female to male ratio, the average age for our volunteers being 43.

Although the majority of our volunteers still hail from the local CF83 area, we do still have some that live over 40 miles away and undertake remote roles on behalf of the charity. The move to new short term premises at the end of 2024, has provided some difficulties for our volunteers but we could not be more grateful to them for continuing to support us as diligently as they do because of it.

Throughout the course of 2024, volunteers completed nearly 5,500 hours of volunteering, with 457.88 hours being volunteered each month.

This is an increase on last year's figures and is a promising sign. With our volunteers still being affected by the cost of living crisis we are aware that giving up their time may not be as possible as it previously was, so to see such an increase is very much appreciated by the charity. The Parish Trust continues to invest in our Volunteers, and to work closely with our partners to meet the standards expected, and our members of staff are all fully aware of the benefits we have gained by receiving the Investing in Volunteers Accreditation the previous year.

As always, we ensure that our volunteers are celebrated and thanked in several ways for their achievements and commitments throughout 2024. A number of events were held throughout the year to celebrate their success, and particularly during Volunteers Week where we spotlight many of our volunteers and their roles, along with providing them continuous training if needs be such as safeguarding, or barista training. We still continue to use Tempo Time Credits which provides our volunteers with vouchers and discounts for certain activities. They gain Tempo Time Credits the more they invest their time with us and an incentive and we are looking into other options and benefits for our volunteers.

Staff

Rev. Dean Aaron Roberts | CEO

The charity was able to employ staff through the course of 2024, increasing staffing to accommodate our growing service to stakeholders. The Parish Trust is committed to staffing training and development opportunities, with follow-on opportunities for progression within the organisation. There were 15 members of staff on payroll at the end of 2024, committed to staffing training and development opportunities, with follow-on opportunities for progression within the organisation. There were 15 members of staff on payroll at the end of 2024.

Training was given in the area of health and safety, safeguarding, personal skills coaching, and youth/children.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

There are no current plans to increase staffing levels unless grant funding is allocated for such a purpose. This is mainly due to the charity fundraising for and embarking upon the renovation of The Bryn Hall in the first half of 2025.. The charity is Real Living Wage Accredited, and as such, the increase in Real Living Wage in 2025 will add a significant cost to the charity's operations in the coming year. We are pleased to be able to accommodate this commitment as part of our efforts to be a responsible and fair employer.

The charity is pleased to have been able to offer employment opportunities with the help of generous grant funding. We thank those who have contributed towards our staffing costs over the last year, in particular those funders who have recognised the transformational impact that a multi-year grant offer can bring to a charitable organisation. The Parish Trust has been in receipt of a number of such grants in 2024.

ACHIEVEMENTS AND PERFORMANCE

Many of our achievements have already been reported on during the course of the Annual Report under our Summary of Activities. However, some particular highlights for the organisation this year have been:

- Successfully relocating our HQ with minimal disruption to services.
- Securing the Bryn Hall site for our youth, children, and families work. o Increasing partnerships and reach within the community.
- Successfully securing a record amount of grant funding, especially for the renovation of the Bryn Hall. - The versatility of our youth and children's programme, which has had to alter significantly since vacating our former premises in order to provide detached youth work, and a different way of engaging with our service users.

We continue to be supported by the press through media coverage, and by the support of our partners and grant funders.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

FINANCIAL REVIEW

The Board of Trustees are grateful to Carston ETL Cardiff for examining the Charity Accounts for the year ended 31st December 2024.

General Comments

Income for the year is £520,381 (2023 £231,511), of which £265,295 is restricted (2023 £134,912) and £255,086 is unrestricted (2023 £96,598). Within this year's income is £100,000 of exceptional income, which is the gift of Bryn Hall.

Income streams for 2024, excluding exceptional income, are made up of:

Grant Funding (all income described as a grant, no matter its value)	89%
Donations	8%
Other income (including sales, service charges, and fees)	3%

In comparison with 2023, the amount received by Grant Funding increased by 96%, and Donations increased by 48%.

Expenditure for the year is £294,058 (2023 £254,442), of which £149,569 is restricted (2023 £83,487) and £144,489 is unrestricted (2023 £170,954).

Expenditure for 2024 can be broadly categorised into the following:

Fixed Assets and Capital Purchases	27%
Running costs and general overheads	32%
Staffing	41%

Overall, the charity has net income for the year of £226,323 (2023 net expenditure of £22,931), of which £109,820 is against restricted funds (2023 £42,671) and £116,503 is against unrestricted funds (2023 net expenditure of £65,602). At the year-end, the charity had free reserves of £27,723.

We will carry on our work to improve the diversification of income streams in 2025. The charity continues to face cost pressures and including rising operational costs and wanting to pay staff at an appropriate level. Our biggest financial challenge for 2024 and 2025 is the funding of the renovation of the Bryn Hall, estimated to be £360,000.

Donations

The Parish Trust is extremely grateful to all the individuals, businesses, and organisations who made donations to the Charity. Donations have been received in person, via the post, over the telephone, over text message, through our website, through social media and match funding.

Grant Funding

The Board of Trustees wish to pay tribute and express thanks to all those trusts, organisations, and individuals who have so generously supported our work throughout the year.

We have also received continuous financial support from Caerphilly County Borough Council through a number of small grants and partnership working.

Reserves Policy

The Parish Trust keeps enough reserves to meet its basic operational costs for up to three months to mitigate against a major adverse financial event which would bring considerable risk to the charity. Operational costs would include salaries and associated overheads, and any bills that the charity is contracted to pay. The total reserves is currently kept at £43,000. This is an increase from £31,000 for the previous financial year owing to increased costs and higher inflation.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

PLANS FOR FUTURE PERIODS

Forward Planning

In the last annual report, the Board committed to investing in strategy, personnel, and finance to secure the charity's long-term future. These items have been looked at in the usual course of business at Board Meetings, and these continue to be ongoing agenda items as the charity grows. Particular objectives that were agreed were as follows:

- **Secure a New HQ in the CF83 Postcode Area**

While a permanent headquarters has not yet been secured, 2024 marked significant progress in establishing stable operational bases for The Parish Trust. In 2024, we were gifted The Bryn Hall, which will serve as a dedicated space for our youth and children's work. Additionally, in November/December 2024, the charity relocated to a leased warehouse unit in the CF83 area, ensuring continuity of operations while we continue our search for a freehold premises to serve as our main headquarters.

- **Expanding and Streamlining Our Work to Be Less Dependent on a Single Physical Location**

Recognising the need for flexibility, we have successfully expanded and streamlined our services beyond reliance on one central location. This has been achieved by offering more events and courses online, utilising a variety of community buildings (particularly following our move from St. Thomas' Church), and hosting more off-site events. These changes have allowed us to increase accessibility and reach a wider audience while making more effective use of available resources.

- **Enhancing the Staffing Structure to Increase Capacity**

Where budgets and funding permitted, we have strengthened our staffing structure to support the growing needs of our various projects. Some staff members have progressed in their professional development, with promotions into new roles, ensuring the organisation continues to develop its leadership capacity. However, we continue to rely on volunteers in some strategic areas, which remains an area for future development. Our long-term goal is to further stabilise and expand our workforce in alignment with our mission and financial sustainability.

- **Strengthening Partnerships and Supporting Churches in Holistic, Christian-Centred Community Services**

While explicit evangelism has not been a focus, we have made meaningful strides in supporting churches and faith-based initiatives. This has included partnering with churches to host events, serving as a trusted resource for churches to signpost individuals to our services, and playing a key role in rolling out The Bereavement Journey course across the area. These collaborations have reinforced our commitment to holistic, community-centred support that aligns with our Christian ethos.

- **Achieving Excellence and Securing Accreditation from Relevant Bodies**

We continue to strive for excellence in all we do, and this has been recognised through key accreditations. In 2024, we became Good Business Accredited and joined the Baby Bank Alliance in preparation for launching our Baby Bank in January 2025. We also remain a Living Wage Accredited Employer and continue to hold Investing in Volunteers accreditation, reflecting our ongoing commitment to high standards in both employment and volunteer engagement.

In 2025, our goals will be:

- To finish the renovation of the Bryn Hall, transforming it into the Trethomas Life Centre.
- To continue to diversify income streams through service delivery contracts, fundraising efforts, and trade.
- To expand our Bereavement Support Services in collaboration with others.
- To make progress towards finding a permanent HQ for the charity.
- To grow our wraparound support services for those who are experiencing poverty through our own initiatives, or through partnerships with others.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The Charity was registered as a Charitable Incorporated Organisation (CIO) on 17th December 2019 under charity registration number 1186996. The Charity's governing document is based on a Foundation Model Constitution.

Recruitment and Appointment of New Trustees

Trustees are sought as and when vacancies arise. Careful consideration is taken to ensure that potential trustees are able to uphold and safeguard the Charity by diligently carrying out business as determined in the Charity's constitution, and that they bring particular expertise to bear on the overall ethos, vision, and strategy of the Charity.

Potential trustees are required to submit an application to the Board which is considered and voted on by the existing board members. The application form is written by the Board of Trustees and asks applicants to declare their fitness and eligibility to be a trustee. Applicants are given a copy of the following:

- The Governing Document
- The latest Annual Report and Accounts
- A copy of charity policies and procedures

If the existing trustees resolve that an applicant be appointed to the Board, the new trustee to be appointed will undergo relevant training and induction as required, and will also receive copies of:

- The latest minutes of the regular meeting of the Board
- The current budget
- Any strategic plan, business plan, and/or operational plan

The Board will be prioritising recruitment of additional trustees in the coming year and have identified legal knowledge and business/stakeholder networking to be skills that are needed on the Board.

Organisational Structure

There are currently six trustees, and trustees are currently looking to recruit more trustees within the coming year after a skills audit of the current board members.

In 2024, we employed staff according to the needs of the charity. Staffing Positions were filled in the areas of administration, youth and children's work, CARE Project, and fundraising. The staffing structure is managed by the Chief Executive Officer who reports to the Board of Trustees.


Risk Management

The Trustees operate a rolling programme of identifying and addressing major risks to the Charity at their regular meetings.

Trustee Meetings

The Board of Trustees met six times throughout the course of 2024 to transact the regular business of the Charity. A number of extraordinary meetings were also held for strategic and decision making purposes. Meetings were held both in person and electronically.

The trustees' annual report was approved on **22/05/2025** and signed on behalf of the board of trustees by:

 Sign
Trustee

D E Brierley Print name

The Parish Trust

Independent Examiner's Report to the Trustees of The Parish Trust

Year ended 31 December 2024

I report to the trustees on my examination of the financial statements of The Parish Trust ('the charity') for the year ended 31 December 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants (ACCA), which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Farzana Ahmed FCCA
Independent Examiner

1st Floor, Tudor House
16 Cathedral Road
Cardiff
CF11 9LJ

Date: 03/06/2025

The Parish Trust

Statement of Financial Activities

Year ended 31 December 2024

			2024		2023
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	4	143,119	263,671	406,790	213,774
Charitable activities	5	11,461	—	11,461	16,564
Other trading activities	6	506	1,624	2,130	1,173
Other income	7	100,000	—	100,000	—
Total income		<u>255,086</u>	<u>265,295</u>	<u>520,381</u>	<u>231,511</u>
Expenditure					
Expenditure on raising funds:					
Costs of raising donations and legacies	8	26,136	—	26,136	29,170
Expenditure on charitable activities	9,10	118,353	149,569	267,922	225,272
Total expenditure		<u>144,489</u>	<u>149,569</u>	<u>294,058</u>	<u>254,442</u>
Net income/(expenditure)		<u>110,597</u>	<u>115,726</u>	<u>226,323</u>	<u>(22,931)</u>
Transfers between funds		5,906	(5,906)	—	—
Net movement in funds		<u>116,503</u>	<u>109,820</u>	<u>226,323</u>	<u>(22,931)</u>
Reconciliation of funds					
Total funds brought forward		69,198	62,562	131,760	154,691
Total funds carried forward		<u>185,701</u>	<u>172,382</u>	<u>358,083</u>	<u>131,760</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The Parish Trust

Statement of Financial Position

31 December 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible fixed assets	17	114,978	28,899
Current assets			
Debtors	18	16,820	2,669
Cash at bank and in hand		234,498	109,195
		<u>251,318</u>	<u>111,864</u>
Creditors: amounts falling due within one year	19	<u>8,213</u>	<u>9,003</u>
Net current assets		<u>243,105</u>	<u>102,861</u>
Total assets less current liabilities		<u>358,083</u>	<u>131,760</u>
Net assets		<u>358,083</u>	<u>131,760</u>
Funds of the charity			
Restricted funds		172,382	62,562
Unrestricted funds		185,701	69,198
Total charity funds	21	<u>358,083</u>	<u>131,760</u>

These financial statements were approved by the board of trustees and authorised for issue on 22/05/2025, and are signed on behalf of the board by:

 Sign
Trustee

D E Brierley Print name

The notes on pages 22 to 19 form part of these financial statements.

The Parish Trust

Statement of Cash Flows

Year ended 31 December 2024

	2024 £	2023 £
Cash flows from operating activities		
Net income/(expenditure)	226,323	(22,931)
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	24,015	49,749
Accrued income	(6,418)	(178)
<i>Changes in:</i>		
Trade and other debtors	(6,596)	688
Trade and other creditors	(1,927)	6,244
Cash generated from operations	235,397	33,572
Net cash from operating activities	<u>235,397</u>	<u>33,572</u>
Cash flows from investing activities		
Purchase of tangible assets	(110,094)	(14,362)
Net cash used in investing activities	<u>(110,094)</u>	<u>(14,362)</u>
Net increase in cash and cash equivalents	125,303	19,210
Cash and cash equivalents at beginning of year	109,195	89,985
Cash and cash equivalents at end of year	<u>234,498</u>	<u>109,195</u>

The notes on pages 22 to 19 form part of these financial statements.

The Parish Trust

Notes to the Financial Statements

Year ended 31 December 2024

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 7 Roundabout Court, Bedwas House Industrial Estate, Bedwas, Caerphilly, CF83 8FS.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Key sources of estimation uncertainty

Accounting estimates and assumptions are made concerning the future and, by their nature, will rarely equal the related actual outcome. The key assumptions and other sources of estimation uncertainty that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are as follows:

Depreciation – the useful lives of the assets are estimated.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

3. Accounting policies *(continued)*

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Plant and machinery	- 3 years straight line
Fixtures and fittings	- 3 years straight line
Motor vehicles	- 4 years straight line
Equipment	- 3 years straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

There are no such impairments required in this or the prior year.

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

3. Accounting policies *(continued)*

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations	30,114	–	30,114
Gift Aid	5,505	–	5,505
Grants			
Grants receivable	107,500	263,671	371,171
	<u>143,119</u>	<u>263,671</u>	<u>406,790</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Donations	22,343	–	22,343
Gift Aid	1,777	–	1,777
Grants			
Grants receivable	54,742	134,911	189,654
	<u>78,862</u>	<u>134,911</u>	<u>213,774</u>

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

5. Charitable activities

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Other income from charitable activities: projects	11,461	11,461	12,723	12,723
Other income from charitable activities: expense reimbursement	—	—	3,841	3,841
	<u>11,461</u>	<u>11,461</u>	<u>16,564</u>	<u>16,564</u>

6. Other trading activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Fundraising income	390	—	390
Shop income	116	—	116
Hall bookings and other income	—	1,624	1,624
	<u>506</u>	<u>1,624</u>	<u>2,130</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Fundraising income	792	—	792
Shop income	131	—	131
Hall bookings and other income	250	—	250
	<u>1,173</u>	<u>—</u>	<u>1,173</u>

7. Other income

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Other exceptional income	<u>100,000</u>	<u>100,000</u>	<u>—</u>	<u>—</u>

Other exceptional income represents the gift of Bryn Hall land & buildings, at the best available valuation. The property will be redeveloped after the year end.

8. Costs of raising donations and legacies

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Generating grants	<u>26,136</u>	<u>26,136</u>	<u>29,170</u>	<u>29,170</u>

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

9. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Supporting the local community	114,981	149,569	264,550
Support costs	3,372	—	3,372
	<u>118,353</u>	<u>149,569</u>	<u>267,922</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Supporting the local community	139,737	82,487	222,224
Support costs	2,048	1,000	3,048
	<u>141,785</u>	<u>83,487</u>	<u>225,272</u>

10. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2024 £	Total fund 2023 £
Supporting the local community	264,550	—	264,550	222,224
Governance costs	—	3,372	3,372	3,048
	<u>264,550</u>	<u>3,372</u>	<u>267,922</u>	<u>225,272</u>

11. Analysis of support costs

	Analysis of support costs £	Total 2024 £	Total 2023 £
Governance costs	3,372	3,372	3,048

12. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation of tangible fixed assets	<u>24,015</u>	<u>49,749</u>

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

13. Independent examination fees

	2024 £	2023 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>3,372</u>	<u>3,048</u>

14. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024 £	2023 £
Wages and salaries	152,749	103,088
Social security costs	11,132	6,744
Employer contributions to pension plans	<u>2,826</u>	<u>1,784</u>
	<u>166,707</u>	<u>111,616</u>

The average head count of employees during the year was 15 (2023: 15). The average number of full-time equivalent employees during the year is analysed as follows:

	2024 No.	2023 No.
Number of staff	<u>15</u>	<u>15</u>

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £65,530.

15. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

No trustee expenses have been incurred.

16. Transfers between funds

During the year, transfers totalling £5,906 have been made from restricted to unrestricted funds for spending that has occurred in the year relating to the fixed asset property on legal and planning fees for which there is no retention of interest by the funder.

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

17. Tangible fixed assets

	Freehold property £	Plant and machinery £	Fixtures and fittings £	Motor vehicles £	Equipment £	Total £
Cost						
At 1 Jan 2024	—	46,856	55,793	37,800	26,961	167,410
Additions	110,094	—	—	—	—	110,094
At 31 Dec 2024	110,094	46,856	55,793	37,800	26,961	277,504
Depreciation						
At 1 Jan 2024	—	44,382	42,985	30,751	20,393	138,511
Charge for the year	—	1,590	9,154	7,049	6,222	24,015
At 31 Dec 2024	—	45,972	52,139	37,800	26,615	162,526
Carrying amount						
At 31 Dec 2024	110,094	884	3,654	—	346	114,978
At 31 Dec 2023	—	2,474	12,808	7,049	6,568	28,899

Included in freehold property additions is £100,000 which is the valuation of the gift of Bryn Hall.

18. Debtors

	2024 £	2023 £
Trade debtors	3,572	2,669
Prepayments and accrued income	10,748	—
Other debtors	2,500	—
	16,820	2,669

19. Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	290	849
Accruals and deferred income	3,897	2,759
Social security and other taxes	4,026	5,395
	8,213	9,003

20. Pensions and other post-retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £2,826 (2023: £1,784).

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

21. Analysis of charitable funds

Unrestricted funds

	At 1 January 2024 £	Income £	Expenditure £	Transfers £	At 31 December 2024 £
General funds	38,198	255,086	(144,489)	(6,094)	142,701
Designated funds:					
Reserves	31,000	—	—	12,000	43,000
Total designated funds	31,000	—	—	—	43,000
Total Unrestricted	69,198	255,086	(144,489)	5,906	185,701

	At 1 January 2023 £	Income £	Expenditure £	Transfers £	At 31 December 2023 £
General funds	133,102	92,756	(164,746)	(22,914)	38,198
Designated funds:					
Churches Expense Fund	1,698	3,842	(6,208)	668	—
Reserves	—	—	—	31,000	31,000
Total designated funds	1,698	3,842	(6,208)	31,668	31,000
	134,800	96,598	(170,954)	8,754	69,198

The trustees have created a designated fund for reserves, which equates to approximately 3 months of committed operational running costs, such as salaries, overheads and contracted bills. During the year, a transfer from unrestricted general funds was required to increase this designated reserve to reflect increased costs and higher inflation.

Also during the year, transfers were made from restricted to unrestricted funds, totalling £5,906, to reflect the spend on fixed asset additions to the Bryn Hall property, for which the funders no longer hold an interest.

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

21. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 January 2024 £	Income £	Expenditure £	Transfers £	At 31 December 2024 £
Postcode Community Trust	–	24,898	(10,789)	–	14,109
Moondance	8,820	70,000	–	–	78,820
Souter Charitable Trust	–	2,000	(2,000)	–	–
The Barnabas Trust	–	1,750	(1,750)	–	–
The National Lottery Community Fund	–	38,750	(11,161)	(3,906)	23,683
The Rehoboth Trust	–	2,000	–	(2,000)	–
Community Matters National Grid	3,008	–	(3,008)	–	–
Children in Need	16,301	35,711	(18,880)	–	33,132
Gwent High Sheriff Fund	–	5,000	(5,000)	–	–
Principality Building Society's Future	–	–	–	–	–
Generations Fund	3,891	–	(3,891)	–	–
Savoy Educational Trust	6,458	–	(4,612)	–	1,846
Benefact Trust	5,945	–	(5,246)	–	699
Caerphilly Food Network	–	5,680	(5,680)	–	–
CCBC Direct Food Supply Fund	–	1,900	(1,900)	–	–
Millennium Stadium Charitable Trust	972	–	(972)	–	–
Principality & CF Wales Cost of Living Fund	4,720	5,000	(5,498)	–	4,222
The D'Oyly Carte Contribution to	1,915	–	(1,903)	–	12
Wellbeing Coordinator	5,710	–	(5,710)	–	–
The Hobson Charity	4,822	–	(4,822)	–	–
The Archer Trust	–	1,500	(1,500)	–	–
The Beatrice Laing Trust	–	3,500	(3,500)	–	–
The Grace Trust	–	1,000	(1,000)	–	–
CCBC Baby Bank Set Up	–	5,095	(5,001)	–	94
CCBC Community Support Fund	–	1,441	(1,441)	–	–
GAVO Cash 4 You	–	2,000	(305)	–	1,695
Contribution to Food Parcel Service	–	20,000	(7,929)	–	12,071
Welsh Government	–	1,500	(1,500)	–	–
CCBC	–	9,740	(9,670)	–	70
GAVO RIF	–	12,000	(10,071)	–	1,929
Nourish the Nation Fund	–	10,000	(10,000)	–	–
The Albert Hunt Trust	–	4,000	(4,000)	–	–
Miscellaneous small grants	–	830	(830)	–	–
	<u>62,562</u>	<u>265,295</u>	<u>(149,569)</u>	<u>(5,906)</u>	<u>172,382</u>

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

21. Analysis of charitable funds *(continued)*

	At 1 January 2023 £	Income £	Expenditure £	Transfers £	At 31 December 2023 £
Moondance	12,675	—	(3,855)	—	8,820
CCBC Household					
Support Social Fund	—	1,500	(1,500)	—	—
Souter Charitable Trust	—	3,000	(3,000)	—	—
Community Matters					
National Grid	7,216	7,700	(9,594)	(2,314)	3,008
Children in Need	—	23,801	(7,500)	—	16,301
Gwent High Sheriff Fund	—	5,000	(5,000)	—	—
Principality Building Society's Future					
Generations Fund	—	10,000	(6,109)	—	3,891
Savoy Educational Trust	—	6,458	—	—	6,458
Benefact Trust	—	9,600	(3,655)	—	5,945
Caerphilly Food Network	—	2,129	(2,129)	—	—
CCBC Direct Food Supply Fund	—	1,999	(1,999)	—	—
Millennium Stadium Charitable Trust	—	2,060	(1,088)	—	972
Principality & CF Wales					
Cost of Living Fund	—	5,000	(280)	—	4,720
The D'Oyly Carte	—	3,000	(1,085)	—	1,915
Contribution to Wellbeing Coordinator	—	10,000	(4,290)	—	5,710
The Hobson Charity	—	6,000	(1,178)	—	4,822
CCBC National Play					
Day Small Grants	—	250	(250)	—	—
CCBC Warm Spaces	—	3,533	(2,093)	(1,440)	—
CCBC Welsh Church Fund	—	5,000	—	(5,000)	—
Gwendoline & Margaret Davies Charity	—	2,000	(2,000)	—	—
Julia & Hans Rausing	—	10,000	(10,000)	—	—
M&G Community Fund	—	4,000	(4,000)	—	—
Making a Difference	—	882	(882)	—	—
Prince of Wales Charitable Foundation	—	2,000	(2,000)	—	—
The Archer Trust	—	1,000	(1,000)	—	—
The Beatrice Laing Trust	—	1,500	(1,500)	—	—
The Bishop Radford Trust	—	2,000	(2,000)	—	—
The Grace Trust	—	1,000	(1,000)	—	—
Westhill Foundation	—	4,500	(4,500)	—	—
	<u>19,891</u>	<u>134,912</u>	<u>(83,487)</u>	<u>(8,754)</u>	<u>62,562</u>

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

21. Analysis of charitable funds *(continued)*

The Postcode Community Trust have provided funding towards a part-time Wellbeing Coordinator and resources for the Community Assisted Mentoring (CAM) clubs.

The Moondance Foundation has provided a donation towards the cost of setting up the new property in order to better provide their services to the community.

The National Lottery Community Fund have provided a mixed grant towards the costs of redeveloping Bryn Hall, plus revenue towards ongoing services. During the year, some of the funding was spent on costs relating to the transfer of the property and the planning, against which the funder no longer retains an interest, so this amount has been transferred to unrestricted funds.

Children in Need have provided a 3-year grant towards the ongoing costs and Youth Engagement Officer for the weekly clubs held.

The Gwent High Sheriff Fund and The Benefact Trust provided funding towards the cost of a Youth Engagement Officer for the volunteering scheme.

The Rehoboth Trust has provided a grant towards the costs associated with the new building. During the year, some of the funding was spent on costs relating to the transfer of the property and the planning, against which the funder no longer retains an interest, so this amount has been transferred to unrestricted funds.

Funding from Community Matters National Grid was given to cover costs of a Warm Hub, to aid those in difficulties relating to fuel poverty.

Principality Future Generations provided funding to cover the costs of Youth Workshops for young people to learn and actively participate in cooking healthy, budget friendly meals.

The Savoy Educational Trust income is towards Caffi Ceredig.

The Caerphilly Food Network and Principality & Community Foundation Wales funding helps to cover the costs of a Food Coordinator for the Food Bank and organising the community meal and creating simple recipe cards.

The Millennium Stadium Charitable Trust helped to purchase play mats and sofas.

The D'Oyly Carte Charitable Trust provided funding towards the costs of the community choir.

GAVO Cash 4 U has provided funding towards youth projects.

Welsh Government and GAVO RIF have provided funding towards Bereavement Support.

Nourish the Nation funding is for staffing of events, heat & light costs and any training needs for the summer activities ("Summer Holiday Hunger").

A number of grants have been received towards the CARE Project and other projects, from The Souter Charitable Trust, The Barnabus Trust, CCBC Direct Food Supply Fund, The Hobson Charity, The Archer Trust, The Beatrice Laing Trust, The Grace Trust, CCBC Community Support Fund, Caerphilly County Borough Council and The Albert Hunt Trust, plus some miscellaneous other funders.

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

22. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	114,978	–	114,978
Current assets	78,936	172,382	251,318
Creditors less than 1 year	(8,213)	–	(8,213)
Net assets	185,701	172,382	358,083

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	28,898	–	28,898
Current assets	49,303	62,562	111,865
Creditors less than 1 year	(9,003)	–	(9,003)
Net assets	69,198	62,562	131,760

23. Analysis of changes in net debt

	At 1 Jan 2024 £	Cash flows £	At 31 Dec 2024 £
Cash at bank and in hand	109,195	125,303	234,498

24. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2024 £	2023 £
Not later than 1 year	10,000	–
Later than 1 year and not later than 5 years	17,500	–
	27,500	–

