

The Parish Trust

England & Wales · Charity number 1186996

Details

Other names	BMMR, BMMR CHURCH, BMMR PARISH TRUST, PARISH BMMR, PARISHES OF BMMR, THE BEDWAS, MACHEN, MICHAELSTON-Y-FEDW AND RUDRY PARISH TRUST., THE PARISHES OF BEDWAS, MACHEN, MICHAELSTON-Y-FEDW & RUDRY, THE PARISHES OF BMMR, The Parish Trust, THE BMMR PARISH TRUST
Status	Registered
Legal form	CIO
Registered	2019-12-17
Register	View on the Charity Commission register

Contact

Address	The Parish Trust 7 Roundabout Court Bedwas House Industrial Estate Bedwas Caerphilly CF83 8FS
Phone	02921880212
Email	office@theparishtrust.org.uk
Website	www.theparishtrust.org.uk

Activities

Objects: The objects of the CIO are to advance the Christian faith and its principles (religious, moral, and philanthropic) for the public benefit in accordance with the statement of beliefs and practices in the Schedule hereto in the historic geographical parishes of Bedwas, Machen, Michaelston-y-Fedw & Rudry, the principality of Wales, and in such other parts of the United Kingdom or the world as the charity trustees may from time to time think fit and to fulfil such other purposes which are exclusively charitable according to the law of England and Wales and are connected with the vision and ethos of the charity.

Activities: The Parish Trust is a Christian based organisation which organises various projects, services and events that benefit the general public. The charity's objective is to advance the Christian faith and its religious, moral and philanthropic principles. We support the local church and community so that the lives of our beneficiaries are enriched and improved.

Classification

- **How:** Provides Other Finance, Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Religious Activities, Economic/community Development/employment, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£420,381	£294,058	£358,083	15
2023-12-31	£231,510	£254,440	-	-
2022-12-31	£218,119	£228,207	-	-
2021-12-31	£150,448	£176,478	-	-
2020-12-31	£251,862	£66,236	-	-

Trustees

Name	Role	Appointed
Diane Elizabeth Brierley	Chair	2023-04-05
Cllr Elizabeth Myra Aldworth		2024-03-20
Elizabeth Dorothy Blacker		2024-03-20
Meryl Anne Holt		2024-01-17
Rosemarie Annette Llewellyn		2019-12-17
Wayne Barnett		2019-12-17

The Parish Trust

England & Wales - Charity number 1186996

Accounts

CHARITY REGISTRATION NUMBER: 1186996



The Parish Trust
Unaudited Financial Statements
31 December 2024

CARSTON ETL
Chartered accountants
1st Floor, Tudor House
16 Cathedral Road
Cardiff
CF11 9LJ

The Parish Trust

Financial Statements

Year ended 31 December 2024

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The Parish Trust

Trustees' Annual Report

Year ended 31 December 2024

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 December 2024.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity name	The Parish Trust	
Charity registration number	1186996	
Principal office	7 Roundabout Court Bedwas House Industrial Estate Bedwas Caerphilly CF83 8FS	
The trustees	Mrs Diane Brierley Mr Wayne Barnett Mrs Rosemarie Llewellyn Mrs Meryl Holt Mrs Elizabeth Blacker Cllr Elizabeth Aldworth	Chair of Trustees Founding Trustee Founding Trustee <i>(Appointed 17 January 2024)</i> <i>(Appointed 20 March 2024)</i> <i>(Appointed 20 March 2024)</i>
Independent examiner	Farzana Ahmed ACCA 1st Floor, Tudor House 16 Cathedral Road Cardiff CF11 9LJ	

OBJECTIVES AND ACTIVITIES

Summary of Objectives

The Charity's Governing Document states that The Parish Trust is a Christian based organisation which organises various projects, services and events that benefit the general public. The Charity's objective is to advance the Christian faith and its religious, moral and philanthropic principles. We support the local church and community so that the lives of our beneficiaries are enriched and improved.

Whilst having a Christian foundation, the charity exists for all regardless of religious affiliation or otherwise.

Summary of Activities undertaken for the Public Benefit

The Parish Trust continually assesses and develops the provision of charitable activities in relation to identified needs in the communities it serves. Activities undertaken must be relevant to the charitable objectives of The Parish Trust, and be in accordance with its Governing Document.

A number of projects and activities have been undertaken throughout the course of 2024. The activities listed are our main projects and are by no means an exhaustive list of everything that has taken place in the charity over the last 12 months. Details of our full programme of events and achievements can be found on our Website and Social Media.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

The Bryn Hall Project

Rev. Dean Aaron Roberts | CEO

In the summer of 2024, The Parish Trust was generously gifted The Bryn Hall, marking a significant milestone in our journey to secure dedicated spaces for our work. This historic building has now been designated as the future home of our youth and children's projects, providing a stable and purpose-built environment for these vital programmes. It will also serve the wider needs of the charity and community by providing a base for smaller projects and acting as a valuable resource for the local community.

As we prepare for its transformation, we have engaged widely with the community and our current service users to shape the vision for The Bryn Hall. Through consultations, surveys, and discussions, we have gathered valuable insight into how people would like to see the space used. This feedback has reinforced our commitment to ensuring that The Bryn Hall becomes a welcoming, multi-functional hub that meets the evolving needs of the community.

Recognising the need for renovation to bring The Bryn Hall up to modern standards, we have focused our efforts on securing funding and planning for its refurbishment. By the end of 2024, we had successfully raised approximately £200,000 towards this work, allowing us to move forward with confidence. The renovation project is scheduled to commence in early 2025 and is expected to be completed within the first half of the year. Once finished, The Bryn Hall will be a vibrant centre, offering young people a safe and welcoming space for engagement, learning, and community building, while also providing opportunities for a wider range of activities that will benefit the broader community.

We look forward to bringing The Bryn Hall to life and realising its full potential as a space that reflects the aspirations of those we serve.

The CARE Project / Bag a Bargain

Nerys Beckett | CARE Project Lead

Despite being a challenging year, the CARE Project continues to be at the heart of the work of the charity and a lifeline to the local community. As the cost of living continues to rise we have seen a steady increase in the number of families needing support. 1670 food parcels were delivered in 2024 which was a 5.5% increase from 2023, bringing us back up to equal levels of support provided in 2022. The project aims to provide a week's supply of food to families and this year brought further food demands with food being provided to 4969 people which was an 8% increase from 2023 and a 6% increase from 2022, showing that many we support are from larger families. We also saw an immense 28% increase in referrals received, resulting in 235 referrals. This was aided by some additional key new partnerships with Citizens Advice and Age Cymru to name a few, making our services more accessible to the local community. Although the majority of requests come from referred users, 32% of the requests still came from ad hoc emergency requests for which we allow three in a calendar year.

Each user is asked why they are in need of assistance, and over 28% claim that they are from a low income household which would indicate that the increased cost of living is having a significant effect. A substantial number of people also report that benefit changes/delays are the reasons for need which also highlights the knock on effect of the timeframe required to process and investigate claims. It is also worth noting that an additional option was added to capture poor mental health at the end of July and this has already been reported as the reason for need by almost 5% of users.

Due to increasing demands, we saw the response time between requests and deliveries increasing, particularly at the busy times of the year, with several service users asking for the option to collect so we therefore also plan to trial this as an additional option in 2025. With many users continuing to need our support for longer periods of time, we also aim to review our strategy to provide a pathway out of poverty by looking at initiatives to diversify the help we offer.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

One of the major challenges for the charity this year was moving premises, but moving the project whilst ensuring no disruption to our regular service was a tremendous accomplishment and could not have been achieved without the immense support and dedication of our volunteers and the local community, with several local businesses and individuals offering their help for the day, resulting in a total of 5266 hours of time donated to the project.

The CARE Project would also not be possible without surplus food collections from local businesses as well as generous donations from our local community for which we are extremely grateful. New collections were established with local businesses which provided us with more fresh produce, but 2024 saw an overall decline in donations of tinned and dry foods so we intend to focus on providing more opportunities for local collections and drop-off points in the coming year.

Our food waste initiatives continued to grow through 2024 with the addition of a bread sharing scheme and membership as a "Too Good To Go" partner. This has not only helped to raise awareness to the schemes we offer and increase their accessibility to the local community, but also substantially reduced our food waste. Money raised through these initiatives helps to support the project when additional food items need to be purchased, but despite the new initiatives, we did not see a significant increase in funds with almost £3000 raised in 2024, which was only marginally more than the year before. The latter part of 2024 saw a small decline in the number of people accessing these schemes so we believe that our new location has had an effect as well as the increased accessibility to alternatives, such as Olio and community fridges. In addition, "Too Good To Go" take a notable service fee for each bag sold through their platform, resulting in an almost 50% loss of contributions.

Youth and Children

Carrie Gealy | Youth & Children's Programme Manager

Youth Club

In 2024, The Parish Trust's commitment to youth empowerment continued with new opportunities for growth, learning, recreation, and wellbeing. The aim for 2024 was to expand our services by offering additional youth clubs to make more meaningful connections with young people and better support them.

Central to The Parish Trust's efforts in 2024 were the regular Youth Club sessions held every Friday evening from January to December. These sessions not only provided a safe, welcoming space for young people to socialise and build relationships but also provided an outlet for many of our young people to express their views, ask for support, and make positive changes to their behaviour. Throughout the year, 41 Friday evening Youth Club sessions were held, each designed to cater to the needs and interests of the attendees and to provide opportunities they may not otherwise have.

In January, we reintroduced and re-established boundaries with young people using a behaviour contract. This allowed them to discuss their boundaries and set some club rules for the year based on their changing opinions and needs. Re-establishing boundaries continued into February, with an influx of new young people and setting a standard of behaviour for those who struggled with accountability. These conversations allowed young people to question the rules and our authority at the club, which resulted in an honest understanding of our roles and responsibilities in their lives.

Throughout the year, young people's trust and comfortability with us were exemplified by the honest one-on-one meetings we would have when behaviour was becoming a challenge. Young people informed us of their struggles, and we listened openly and made adjustments and plans to support them with a more holistic approach.

Young people attending our clubs had meaningful opportunities to participate and have their say on all levels. Attendees helped to plan and film content for our social media and were given opportunities at each session to provide their thoughts and opinions on the future of Youth Club.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

In May, we asked young people what their preferred method of communication with us would be, and many said Instagram, which kickstarted the creation of a private Youth Club Community Instagram.

In 2024, our Youth Club held several workshops and informal learning opportunities on essential topics such as period dignity, kindness, fitness, and mindfulness. We strived to provide new opportunities, and our young people gained new skills and experiences, such as Circus Skills and Taekwondo.

Young people's progression and development were immensely evident during 2024. Young people's ability and willingness to take accountability for their actions were the most advanced they have been since the creation of the Youth Club.

Meaningful conversations on life, spirituality, faith, school, anti-social behaviour outside of Youth Clubs, relationships and home lives were regular during 2024. Meaningful discussions extended beyond The Parish Trust staff, as young people also engaged with Police Community Support Officers throughout 2024. Relationships between our young people and the local police strengthened throughout the year as we helped facilitate dialogue and break down barriers for young people. Over two visits from PCSOs, young people were initially very hesitant to communicate with the police. However, by the end of the session, they were engaging in conversations and playing football and rugby with them. Some young people even expressed an interest in joining the police force in the future.

Throughout the summer of 2024, 7 special events were held on Friday evenings, providing young people with activities they requested throughout the year or new recreational opportunities such as laser tag, toasting marshmallows over a campfire, Zorb suits, virtual reality headsets, volleyball, karaoke, slip and slide, and a silent disco. These events showcased carefree fun, with young people putting their phones away to get soaked at the slip and slide or to dance and sing at karaoke.

In September, a new staff member joined the Youth and Children's team, providing fresh ideas and passion for delivering meaningful, creative outlets for young people to express themselves. The new staff member focused on building trusting relationships with young people at our clubs and began designing and testing a Music Workshop at the Youth Club, aiming to launch in early 2025.

Conversations from September onwards focused on young people's relationships with school. Many young people felt comfortable expressing their negative feelings around formal education and the trouble they have been getting into. Many young people expressed their desire for us to support them in school, as they felt they did not receive the same level of support in school as they do in our club.

From September into the final session in December, the Youth Club focused on the year ahead, with many young people expressing their disappointment that the Youth Club would be relocating. Dissimilarly to 2023 and early 2024, young people wanted to participate in group games again in these final months and reminisce on the memories shared since the Youth Club was founded in 2022.

The final session of Youth Club at St Thomas' Church was enjoyed by all young people, from those who have been with us since 2022, to those who have recently joined us. The session started with a video showcasing photographs and videos from the first session in October 2022, followed by an award ceremony, and ended with a fun game. With the end of the session approaching, many young people were reluctant to leave, and one young person left and returned to see the youth club 'one last time'.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

In 2024, the Youth Club was attended by 1,136 young people. Whilst the numbers of Youth Club attendees for 2024 remained similar to those for 2023, the impact and quality of relationships excelled through recreational activities, personal progression, and one-to-one support. Youth Club allowed us to expand our relationships with young people beyond the club, with a core group of around 5 young people regularly visiting us throughout the year on days without activities. Young people would visit us regularly for a hot chocolate or snack during half term, which exemplifies the purpose and objectives of The Parish Trust in fostering meaningful and trusting relationships within the community.

Throughout the year, the Youth Club was run with the help of 2 dedicated adult volunteers. Our adult volunteers enabled us to provide the best service possible to young people by ensuring our adult-child ratios aligned with policy. Moreover, our adult volunteers built meaningful connections with young people by being friendly, familiar faces at the club each week. Our adult volunteers dedicated 96.5 hours to our Youth projects in 2024.

In 2024, our youth engagement expanded outside of our clubs. On many occasions, young people would visit us in emergencies, such as if they had gotten into arguments with friends, fallen and hurt themselves, needed to charge their phones, or to use the facilities. Young people would also arrive during food-packing shifts for The CARE Project and, on several occasions, would help with food packing and packing away donations.

In May 2024, The Parish Trust took 12 young people to Barry Island for the day. The day included various beach games and activities, a walk through the town, and an afternoon on the fun fair rides. All young people in attendance expressed their enjoyment of the day, and upon arriving back at The Parish Trust, they stayed to play football.

Our engagement with young people outside of clubs continued through social media channels such as Instagram and TikTok, where we provided young people with regular updates, opportunities to participate in quizzes and surveys, and exposure to more positive, motivating content on their homepages.

While awaiting the renovation of The Bryn Hall, the Parish Trust aims to strengthen its engagement with young people on social media in the interim. The Trust also aims to offer more trips throughout 2025 and Detached Youth Work in the warmer months. In 2025, wellbeing will also be a focal point for Youth and Children's work.

The Hang Out

In May 2024, The Parish Trust launched its first after-school Youth Club, 'The Hang Out,' to respond to young people's needs and requests for more Youth Club days. Due to the restrictions of sharing a space with other Parish Trust projects, the days available to provide more clubs were limited, exemplifying the need for a space dedicated to youth, children, and families.

The group quickly established regular attendees, including the core group of young people visiting us multiple times weekly and some new young people looking for a calmer, quieter alternative to our Friday evening Youth Club. The Hang Out unintentionally transformed into a club focusing on wellbeing and creativity by responding to the needs and interests of the young people in attendance.

As comfort increased with The Hang Out attendees, young people were not shy about asking for snacks and hot chocolates. All young people present would help make the hot chocolates and also helped to tidy up, taking accountability and ownership of the space. The Hang Out was fundamental in discovering an increased need for wellbeing activities for young people in the local community. In 2025, The Hang Out will aim to be more intentional with its wellbeing activities by providing a curriculum of tools for attendees to better manage their emotional and mental health.

Since May 2024, The Parish Trust has held 32 sessions of The Hang Out, with a total of 174 attendees.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

Youth Volunteers

In 2024, our Youth Volunteering Scheme continued. Working closely with The CARE Project, approximately 19 young volunteers aged 14-18 provided vital assistance with packing food parcels. In March, 7 young volunteers approached us for opportunities to complete their Welsh Baccalaureate hours with us. More young people followed in their footsteps over the following months, with some signing up out of interest in helping their local community.

The Parish Trust's Caffi Caredig opened on Friday evenings throughout 2024 and operated as a Tuck Shop during Youth Club. The Tuck Shop was operated exclusively by a team of 2 young volunteers whose progression continued since 2023 when they received Barista Training, Level 1 in Catering, and most recently in 2024, Level 2 in Food Hygiene. This year, there was an emphasis on providing our young Tuck Shop Operators with the responsibility of maintaining stock levels and creating a menu for the summer events. Our young Tuck Shop Operators volunteered for a combined total of 100 hours in 2024.

Barista Training led by our staff returned in October 2024 after the team receiving training from Big Dog Coffee Company. Since October, 7 sessions have occurred, with 6 young people receiving full training.

At the Youth Club, one dedicated young person continued volunteering as a Junior Leader. Toby Jones, aged 15, has continued to be a valued volunteer and a significant role model for other young people at the club, regularly offering his guidance and support. Toby's role as a Junior Leader developed throughout 2024, where he was involved in many team meetings regarding Youth Club and provided key ideas and observations. In partnership with Carrie, Toby secured grant funding from GAVO's Cash 4 U Grant Scheme to deliver a Bike Safety Workshop for young people. Toby dedicated countless hours to this project, preparing and providing a specialised workshop for eight young people. Much of the funding was spent on providing free helmets for young people, with the remainder going towards bike racks and a bike repair station at The Bryn Hall in 2025. Between his role as Junior Leader at Youth Club, volunteering at special events, and his work on the Bike Safety Project, Toby dedicated 128.5 hours to volunteering in 2024.

In addition to the Youth Volunteering Scheme, The Parish Trust provided attendees of the Youth Club with the opportunity to participate in a Youth Car Wash Fundraiser. On Saturday, 22nd June, young people visited The Parish Trust and put all efforts into washing cars in the community to raise money for the Youth Club. In total, 17 young people helped, and a total of £117 was raised. Young people expressed enthusiasm and passion when allowed to take ownership of their club and make a difference. Through their efforts, all money raised was spent on equipment for the summer. A few weeks after the Car Wash Fundraiser, a group of young people asked us for spare buckets, as they had decided to go around the area on their own accord to wash cars for money.

In 2025, The Parish Trust aims to focus volunteering opportunities on youth club attendees by offering more fundraising events. The Youth Car Wash Fundraiser has inspired us to look at other ways to raise money for youth projects and has shown the importance of young people taking ownership and responsibility for their spaces.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

Connecting with Stakeholders and Multi-Agency Networking

The Parish Trust's partnership with Llamau continued in 2024, and 4 volunteering days were held with approximately 32 young people aged 16-17. Llamau's young volunteers gained experience by helping us with various jobs such as washing cars, litter picking, gardening, sorting, and cleaning. Many young people had never previously completed any of these tasks, which was a milestone for them and built their confidence and self-esteem.

Throughout 2024, The Parish Trust was visited by two multi-agency networks: the 2nd Caerphilly Scouts Beavers Group and the Caerphilly Rainbows. 59 children attended the two sessions and participated in various activities relating to food poverty and The CARE Project food bank. All children present were engaged in learning and took information away from their time at The Parish Trust. After one of the sessions, a parent sent us a message looking to donate. It said: "My daughter's going to Rainbows, and tonight they visited the local food bank to learn all about it & have come home very keen to make donating to food banks a regular thing to help out."

Special Events

Throughout 2024, many special events were held for children and families. In April, The Parish Trust held an Easter Crafts Event, which 45 children and 19 adults attended. The event included a variety of crafts, such as making Easter bonnets, free hot dogs for lunch, refreshments, and a free Easter egg.

The Parish Trust held 2 Family Fun Days and 18 Breakfast/Brunch Clubs throughout the summer. On 31st July, 97 children and 46 adults attended our first Family Fun Day. Subsequently, our Family Fun Day on 21st August was attended by 56 children and 32 adults. Both Fun Days provided all children with a free packed lunch. BTM Brass Band supported both Days, providing their time and efforts to help with the bouncy castle and to give children in attendance an opportunity to try out an instrument. Children of all ages attended both Family Fun Days, and there was a significant crossover between Tommy's Tots, Games Club, and Youth Club attendees.

Moreover, The Parish Trust's Breakfast and Brunch Clubs were an integral part of the summer, supporting children and their families by providing a healthy and substantial meal to start their day. One hundred sixty-five children and 40 adults attended our Breakfast Clubs throughout the summer.

Our final special event of 2024 was a Christmas Crafts Event, which 30 children and 11 adults attended. The event included Christmas-themed crafts, games, a free dinner and dessert.

Games Club & Meals for Families

In 2024, Games Club evolved by establishing Meals for Families, a project providing families with a free, home-cooked meal during each Games Club session. Meals for Families was created to respond to the many children attending Games Club hungry after school. In December 2023, parents attending Games Club were asked questions regarding their children's meals, how often they cook meals for the family, and whether or not they would benefit from a project such as Meals for Families. An overwhelming majority said they would benefit from it, and in January 2024, the project began.

Entering 2024, Games Club was an established community group, with parents benefitting from the opportunity to relax and have a cup of tea while their children played. With the establishment of Meals for Families, the group evolved and felt more homely, with families connecting over a hot meal. Since January 2024, 45 Games Club and Meals for Families sessions have been held, with 1,214 children and 405 adults attending.

Each week, children had opportunities to express themselves creatively with unique crafts, activities, and board games. Parents also participated in activities, helping their children create crafts and spending quality time with one another. Parents also helped out with other children and built relationships with other parents, showcasing the importance of community spirit and cohesion.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

Meals for Families was at the heart of Games Club in 2024, with children excitedly running in to ask what was for dinner that day and frequently trying something new. A rolling menu based on feedback from parents and children on their favourite meals was created to offer nutritious meals suitable for the whole family. These recipes were always available for parents to take home to replicate if they and their children enjoyed it. Meals for Families aimed to offer children choices on the food they eat, allowing them to try a small amount of something and return for more if they enjoyed it. This gave children the confidence to try something new alongside their friends, often leading to them returning for more. Parents were pleasantly surprised when their children enjoyed a meal and frequently replicated it at home every week. Parents encouraged the project by explaining that making a new meal for their children to dislike at home is costly. Having the options here, they have a night off from cooking whilst gaining new recipes to add to their weekly meal options.

Alongside Games Club sessions and Meals for Families, in 2024, the Parish Trust held two trips for Games Club families in response to requests for a community day out. Our first trip, held in March, was to St Fagans, with six children and three adults attending. Our second trip, held in October, was to Pencoed Fach Farm, with seven children and five adults attending. Each trip allowed parents to create lasting memories with their children and their friends without the pressure of transport.

Looking ahead, Meals for Families will continue to run throughout 2025 but will operate as a 'grab and go' service where families can collect fresh, home-cooked meals to take home. Games Club, regularly attended by at least 50 children and 12 adults, will pause in the interim due to there being no community space in the area suitable for the needs of Games Club and Meals for Families. The urgency of The Bryn Hall is evident when looking at this unique club's impact and how many families will be affected over the coming months.

Tommy's Tots

Tommy's Tots continued to become an established and consistent group in 2024. Tommy's Tots' goals for 2024 were to further develop the range of activities we offer, improve session documentation, and provide opportunities for children to begin making their own choices from a young age. These goals were achieved throughout 2024 by providing a total of 45 Tommy's Tots sessions, including operations during half terms and the summer holidays.

This year, Tommy's Tots strengthened its activities by offering a new craft each week, building partnerships with The Toy Box Project to update our stock of toys frequently, and establishing a partnership with the local library to offer new books each week. We also strengthened our session documentation through a weekly review document with reflective points such as 'positive interactions' and 'areas to improve'. We were able to focus on choices for children by offering a variety of toys, options for snack time such as fruit and toast, and an emoji board where children could point to the emotion that they may be feeling upon entering and exiting the space.

January

Average weekly attendance total: 23

Throughout January, we identified the need for more snack-time options, and a rolling monthly menu was created to ensure enough variety. The new variety of snacks was noted and welcomed positively by the club's parents/guardians. One notable thing that happened in January was that we announced an increase in our prices this year from £2 per family to £2 per child.

February

Average weekly attendance total: 16

Despite the increase in our costs in January, February remained a busy month for Tommy's Tots. One child took their first steps during Tots this month, which was celebrated by all in attendance.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

March

Average weekly attendance total: 13

The group ran as usual throughout March, with plenty of engagement and heartfelt moments. Children played with other parents and watched new children quickly become confident and comfortable in the space.

April

Average weekly attendance total: 14

In April, we spent a few weeks getting children's handprints with paint and used the handprints to create our 'Welcome Board,' introduced in April.

May

Average weekly attendance total: 14

Throughout May, we started providing more choices at storytime and gained a few new attendees.

June

Average weekly attendance total: 9

We conducted a small survey in June and received written feedback from parents. The Welcome Board was used frequently throughout June and provided opportunities for parents to talk to their children about emotions. We also had a visit from Bedwas Library during a session in June and received our Library card. Throughout June, parents were pleased to see various books available at the group to take home for the week.

July

Average weekly attendance total: 16

Trusting relationships continued to establish during July, with parents and guardians leaving their children in the care of the Tommy's Tots lead to use the toilet or grab a cup of tea, knowing there was community spirit in the room. One grandparent said that their whole family loves to see the photos of their grandchild at Tommy's Tots.

Summer 2024

Average weekly attendance total: 13

Tommy's Tots remained open throughout the summer and held six events with a space theme. Throughout the six weeks of summer, children decorated a large cardboard rocket ship, played with space-themed toys, listened to space-themed stories, and had opportunities to create new, fun crafts each week. During the summer, parents and children attended other activities such as our Family Fun Days and breakfast clubs, showing the reach and variety of events that The Parish Trust offers for families.

September

Average weekly attendance total: 18

September saw some new faces and more grandfathers and fathers attending the group. The men present felt comfortable and enjoyed the group's community feel, which is slowly breaking down barriers within the community of social stereotypes.

October

Average weekly attendance total: 16

With plenty of interactions, October was a fun, warm environment at Tommy's Tots. In October, a new staff member joined the Youth and Children's team and offered support during Tommy's Tots.

November

Average weekly attendance total: 13

Throughout November, we saw a growth in children's confidence in staff. Information on changes to Tommy's Tots in January was provided throughout November, with parents and guardians reacting positively with support and understanding.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

We held our final session of the year on 3rd December and had a Christmas-themed party, with 18 children in attendance. Parents and guardians happily brought along party food to share for a celebration of Christmas and the exciting opportunities to come in 2025.

Feedback was something that was requested and given freely throughout 2024. Some feedback from a grandparent early in the year said that they wished Tommy's Tots was open more often. Despite numbers being lowest during half terms, those present during half terms said they were grateful that we remain open when most groups close.

Throughout 2024, the strength of connections made at Tommy's Tots was exemplified by the ease with which parents, carers and children easily slotted back into the group after taking a break. At Tommy's Tots, we have seen children and their guardians return to the group after a few months, and it feels like only days have passed. The connections made at Tommy's Tots also impact the children, which we have seen by how children interact with other adults at the club when they usually wouldn't interact with an adult they don't know. This is a testament to how comfortable children are within the environment of Tots, which they instinctively know to be a safe and trusting space. Throughout 2024, we have formed a unique community where individuals are known by name, welcomed and supported, and missed if absent.

Looking ahead, the focus for Tommy's Tots in 2025 will be to continue operating on a smaller scale until the renovation of the Bryn Hall is complete, where Tommy's Tots can continue as usual and re-establish essential community relationships.

671 children and 592 adults attended Tommy's Tots throughout 2024.

Caffi Caredig

Rev. Dean Aaron Roberts | CEO

At the beginning of 2024, Caffi Caredig ceased operating as a staffed café and transitioned into a more flexible resource for The Parish Trust. Since then, it has been used primarily to support internal events, provide refreshments at community gatherings, and serve as a hands-on training space, particularly for young people learning barista skills. This change has allowed the project to continue making an impact while operating in a more sustainable and adaptable way.

With the relocation at the end of 2024, Caffi Caredig has now been placed into storage while we reassess its future role. We remain committed to exploring how it can best serve our work moving forward, whether as a training initiative, a community outreach tool, or another innovative venture. We look forward to revisiting its potential in the years ahead.

Community Choir

Rev. Dean Aaron Roberts | CEO

The Parish Trust Community Choir continued to thrive throughout 2024, strengthening its reputation as a vibrant, inclusive group dedicated to bringing people of all ages and backgrounds together through the joy of music. The choir's mission to enhance wellbeing, foster community connections, and inspire a shared love for music has remained central to its activities.

This year, the choir held its final concert as part of the Christmas "Carols in the Car Park" event, marking a heartfelt farewell to St. Thomas' Church, where the choir has been based. This special event, held in partnership with the BTM Next Generation Brass Band, attracted over 200 people and created a memorable festive atmosphere for the community.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

In the summer, the choir organised a fundraising concert at Llanbradach Baptist Church, dedicated to supporting children and young people, further highlighting its commitment to using music as a tool for positive impact. Alongside performances, the choir also hosted several social events throughout the year, expertly coordinated by two choir members who have taken on the role of "social secretaries." 2024 saw a very slight increase in male membership of one, further diversifying the group's dynamic. We hope that the small but growing number of men in the choir will further attract other men to join. While the majority of members are adults, the choir continues to welcome and support a small number of young people. The choir has also taken great strides towards self-sufficiency, having successfully fundraised internally to purchase their own uniforms, which have now been completed.

The year concludes with the choir standing strong at 37 members, with additional enquiries for membership already pending for 2025. Looking ahead, the choir will be relocating to a temporary venue in Machen before hopefully finding a permanent home in the renovated Bryn Hall in the latter half of 2025. Bryn Hall will serve as the charity's family, youth, and children's centre, aligning perfectly with the choir's values of community enrichment and inclusion.

The Parish Trust Community Choir looks forward to another year of music-making, growth, and community impact in 2025.

Wellbeing, Spiritual, and Pastoral Care

Rev. Dean Aaron Roberts | CEO

The Parish Trust continued to prioritise wellbeing, spiritual, and pastoral care throughout 2024, embedding these principles in its core policies. This includes the introduction of an Annual Leave Scheme, Flexible Working Policy, and an updated Staff Handbook. The charity also committed to being a Real Living Wage employer and introduced an enhanced pension provision.

The Parish Trust maintained its Investing in Volunteers accreditation and upheld a volunteer recognition scheme. The charity remained sensitive to the personal circumstances of volunteers, ensuring a pastoral and compassionate approach. Although the Volunteer Voice Council was not formally launched due to the priority of relocating premises, volunteer engagement has continued through regular consultation by project managers. The charity hopes to establish an official council in the future.

Safeguarding policies and procedures were updated, along with streamlined volunteer onboarding processes. Volunteer name badges were reintroduced to encourage social interaction and best safeguarding practices.

Initiatives like Kindness Month were conducted with children and youth to promote wellbeing, including sessions on self-esteem and personal growth. Over the course of the year, the charity supported 166 people with targeted wellbeing support and held 118 general wellbeing events.

The Bereavement Courses continued in 2024, receiving highly positive feedback, with most sessions conducted online. Out of all participants, 92% reported feeling better equipped to process their grief, 87% stated they felt less alone, and 100% would recommend the course to others based on the feedback received. Additionally, 76.9% of participants felt the course helped them understand how bereavement was affecting them, 69.2% felt it helped them process their loss, 84.6% felt better able to cope with their situation, and 76.9% felt less lonely after attending. Testimonials included statements such as: 'The course helped me understand my grief in a supportive environment, giving me tools to navigate difficult emotions.', 'The discussions were so helpful in processing my loss, and I felt truly heard and supported by both the facilitators and other participants.', and 'The support I received has truly made a difference during this difficult time, helping me feel more hopeful about the future and less isolated.' The Parish Trust became a National Ambassador for The Bereavement Journey, partnering with AtaLoss, a national bereavement charity. In 2025, the charity will aim to make the course more widely available across Wales. A partnership with Aneurin Bevan University Health Board was also established in late 2024, with plans to provide bereavement support for staff and families of patients in a pilot project.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

Support for Ukrainians naturally concluded as a dedicated project, with many having successfully settled in the community and found employment.

The CEO continued to oversee the wellbeing portfolio throughout 2024. While no significant leadership changes occurred, the charity remains limited in expanding its wellbeing services due to funding constraints.

The primary goal for 2025 is to grow the bereavement support provision through expanded course delivery, enhanced partnerships, and collaboration with local authority bereavement services. Plans include developing a bespoke suite of bereavement resources accessible to individuals seeking support before committing to structured courses or counselling.

Spiritual support remains available on an ad-hoc basis, with the charity regularly sharing its Christian roots through blog posts, Easter and Christmas cards included in food parcels, and by serving as a resource for local churches seeking to provide practical community support.

Yarny Army

Rev. Dean Aaron Roberts | CEO

The Yarny Army continues to meet weekly on Wednesday mornings as an open-access knitting group, providing a welcoming space for those with knitting skills or a desire to learn and improve. The group's primary aim remains to bring people together while creating knitted items for the NHS and supporting our children's programme.

Throughout 2024, the Yarny Army has continued to donate a wide variety of knitted items to the NHS, including teddies, blankets for both adults and children, and essential clothing items. Their efforts have also supported The Parish Trust through fundraising, with the group knitting a range of items such as Christmas decorations to help raise funds for the charity's ongoing work.

The group itself has remained steady in size, with consistent attendance at the weekly sessions. In addition to the dedicated team meeting on-site, the Yarny Army has continued to receive knitted donations from volunteers across the UK.

A new focus this year has been preparing for the launch of The Parish Trust's Baby Bank in January 2025. The Yarny Army has been stockpiling baby items, some knitted in-house, and some bought via proceeds from fundraising sales at other events, to ensure the Baby Bank opens with a strong supply of essential knitted goods ready to support families in need.

We extend our heartfelt thanks to every member of the Yarny Army for their hard work, generosity, and creativity throughout the year. Their contributions have made a real difference in the community, supporting both NHS patients and vulnerable families, and we look forward to their continuing impactful work in the year ahead.

Partnerships

Rev. Dean Aaron Roberts | CEO

The Parish Trust is immensely grateful for the many partnerships that have been established and strengthened over the past year. A key part of our work has been collaborating with a range of corporate partners who actively engage with us as part of their social responsibility programmes. Their support has played a vital role in enabling us to deliver meaningful impact in the communities we serve.

We continue to work closely with businesses of all sizes, the public sector (including health and education providers) social clubs, societies, and other charitable organisations. These partnerships help us to expand our reach, enhance our services, and ensure that those in need receive the right support.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

Our growing network of partners has been instrumental in supporting our work through fundraising, resource donations, volunteering, and sharing valuable expertise. We look forward to deepening these relationships in the coming year, working together to make a lasting difference in the lives of those we serve.

Volunteering

Angharad Everson | Administrator

Throughout 2024, we were able to recruit a lot of new volunteers but we also were able to retain some well-established volunteers. The Board of Trustees continue to be grateful for all the support, hard work, and commitment our team of loyal and dedicated volunteers provides. Aside from offering so much of their time to our services, the charity benefits from all of the transferable skills our volunteers bring with them. Whether this is Administrative & Business skills, Communication & Interpersonal skills, or Leadership Skills. Without this broad spectrum of experience, we would not, as an organisation, be able to grow and expand further with our projects.

By the end of 2024, our demographics of volunteers still remains a high female to male ratio, the average age for our volunteers being 43.

Although the majority of our volunteers still hail from the local CF83 area, we do still have some that live over 40 miles away and undertake remote roles on behalf of the charity. The move to new short term premises at the end of 2024, has provided some difficulties for our volunteers but we could not be more grateful to them for continuing to support us as diligently as they do because of it.

Throughout the course of 2024, volunteers completed nearly 5,500 hours of volunteering, with 457.88 hours being volunteered each month.

This is an increase on last year's figures and is a promising sign. With our volunteers still being affected by the cost of living crisis we are aware that giving up their time may not be as possible as it previously was, so to see such an increase is very much appreciated by the charity. The Parish Trust continues to invest in our Volunteers, and to work closely with our partners to meet the standards expected, and our members of staff are all fully aware of the benefits we have gained by receiving the Investing in Volunteers Accreditation the previous year.

As always, we ensure that our volunteers are celebrated and thanked in several ways for their achievements and commitments throughout 2024. A number of events were held throughout the year to celebrate their success, and particularly during Volunteers Week where we spotlight many of our volunteers and their roles, along with providing them continuous training if needs be such as safeguarding, or barista training. We still continue to use Tempo Time Credits which provides our volunteers with vouchers and discounts for certain activities. They gain Tempo Time Credits the more they invest their time with us and an incentive and we are looking into other options and benefits for our volunteers.

Staff

Rev. Dean Aaron Roberts | CEO

The charity was able to employ staff through the course of 2024, increasing staffing to accommodate our growing service to stakeholders. The Parish Trust is committed to staffing training and development opportunities, with follow-on opportunities for progression within the organisation. There were 15 members of staff on payroll at the end of 2024, committed to staffing training and development opportunities, with follow-on opportunities for progression within the organisation. There were 15 members of staff on payroll at the end of 2024.

Training was given in the area of health and safety, safeguarding, personal skills coaching, and youth/children.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

Objectives and activities *(continued)*

There are no current plans to increase staffing levels unless grant funding is allocated for such a purpose. This is mainly due to the charity fundraising for and embarking upon the renovation of The Bryn Hall in the first half of 2025.. The charity is Real Living Wage Accredited, and as such, the increase in Real Living Wage in 2025 will add a significant cost to the charity's operations in the coming year. We are pleased to be able to accommodate this commitment as part of our efforts to be a responsible and fair employer.

The charity is pleased to have been able to offer employment opportunities with the help of generous grant funding. We thank those who have contributed towards our staffing costs over the last year, in particular those funders who have recognised the transformational impact that a multi-year grant offer can bring to a charitable organisation. The Parish Trust has been in receipt of a number of such grants in 2024.

ACHIEVEMENTS AND PERFORMANCE

Many of our achievements have already been reported on during the course of the Annual Report under our Summary of Activities. However, some particular highlights for the organisation this year have been:

- Successfully relocating our HQ with minimal disruption to services.
- Securing the Bryn Hall site for our youth, children, and families work. o Increasing partnerships and reach within the community.
- Successfully securing a record amount of grant funding, especially for the renovation of the Bryn Hall. - The versatility of our youth and children's programme, which has had to alter significantly since vacating our former premises in order to provide detached youth work, and a different way of engaging with our service users.

We continue to be supported by the press through media coverage, and by the support of our partners and grant funders.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

FINANCIAL REVIEW

The Board of Trustees are grateful to Carston ETL Cardiff for examining the Charity Accounts for the year ended 31st December 2024.

General Comments

Income for the year is £520,381 (2023 £231,511), of which £265,295 is restricted (2023 £134,912) and £255,086 is unrestricted (2023 £96,598). Within this year's income is £100,000 of exceptional income, which is the gift of Bryn Hall.

Income streams for 2024, excluding exceptional income, are made up of:

Grant Funding (all income described as a grant, no matter its value)	89%
Donations	8%
Other income (including sales, service charges, and fees)	3%

In comparison with 2023, the amount received by Grant Funding increased by 96%, and Donations increased by 48%.

Expenditure for the year is £294,058 (2023 £254,442), of which £149,569 is restricted (2023 £83,487) and £144,489 is unrestricted (2023 £170,954).

Expenditure for 2024 can be broadly categorised into the following:

Fixed Assets and Capital Purchases	27%
Running costs and general overheads	32%
Staffing	41%

Overall, the charity has net income for the year of £226,323 (2023 net expenditure of £22,931), of which £109,820 is against restricted funds (2023 £42,671) and £116,503 is against unrestricted funds (2023 net expenditure of £65,602). At the year-end, the charity had free reserves of £27,723.

We will carry on our work to improve the diversification of income streams in 2025. The charity continues to face cost pressures and including rising operational costs and wanting to pay staff at an appropriate level. Our biggest financial challenge for 2024 and 2025 is the funding of the renovation of the Bryn Hall, estimated to be £360,000.

Donations

The Parish Trust is extremely grateful to all the individuals, businesses, and organisations who made donations to the Charity. Donations have been received in person, via the post, over the telephone, over text message, through our website, through social media and match funding.

Grant Funding

The Board of Trustees wish to pay tribute and express thanks to all those trusts, organisations, and individuals who have so generously supported our work throughout the year.

We have also received continuous financial support from Caerphilly County Borough Council through a number of small grants and partnership working.

Reserves Policy

The Parish Trust keeps enough reserves to meet its basic operational costs for up to three months to mitigate against a major adverse financial event which would bring considerable risk to the charity. Operational costs would include salaries and associated overheads, and any bills that the charity is contracted to pay. The total reserves is currently kept at £43,000. This is an increase from £31,000 for the previous financial year owing to increased costs and higher inflation.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

PLANS FOR FUTURE PERIODS

Forward Planning

In the last annual report, the Board committed to investing in strategy, personnel, and finance to secure the charity's long-term future. These items have been looked at in the usual course of business at Board Meetings, and these continue to be ongoing agenda items as the charity grows. Particular objectives that were agreed were as follows:

- **Secure a New HQ in the CF83 Postcode Area**

While a permanent headquarters has not yet been secured, 2024 marked significant progress in establishing stable operational bases for The Parish Trust. In 2024, we were gifted The Bryn Hall, which will serve as a dedicated space for our youth and children's work. Additionally, in November/December 2024, the charity relocated to a leased warehouse unit in the CF83 area, ensuring continuity of operations while we continue our search for a freehold premises to serve as our main headquarters.

- **Expanding and Streamlining Our Work to Be Less Dependent on a Single Physical Location**

Recognising the need for flexibility, we have successfully expanded and streamlined our services beyond reliance on one central location. This has been achieved by offering more events and courses online, utilising a variety of community buildings (particularly following our move from St. Thomas' Church), and hosting more off-site events. These changes have allowed us to increase accessibility and reach a wider audience while making more effective use of available resources.

- **Enhancing the Staffing Structure to Increase Capacity**

Where budgets and funding permitted, we have strengthened our staffing structure to support the growing needs of our various projects. Some staff members have progressed in their professional development, with promotions into new roles, ensuring the organisation continues to develop its leadership capacity. However, we continue to rely on volunteers in some strategic areas, which remains an area for future development. Our long-term goal is to further stabilise and expand our workforce in alignment with our mission and financial sustainability.

- **Strengthening Partnerships and Supporting Churches in Holistic, Christian-Centred Community Services**

While explicit evangelism has not been a focus, we have made meaningful strides in supporting churches and faith-based initiatives. This has included partnering with churches to host events, serving as a trusted resource for churches to signpost individuals to our services, and playing a key role in rolling out The Bereavement Journey course across the area. These collaborations have reinforced our commitment to holistic, community-centred support that aligns with our Christian ethos.

- **Achieving Excellence and Securing Accreditation from Relevant Bodies**

We continue to strive for excellence in all we do, and this has been recognised through key accreditations. In 2024, we became Good Business Accredited and joined the Baby Bank Alliance in preparation for launching our Baby Bank in January 2025. We also remain a Living Wage Accredited Employer and continue to hold Investing in Volunteers accreditation, reflecting our ongoing commitment to high standards in both employment and volunteer engagement.

In 2025, our goals will be:

- To finish the renovation of the Bryn Hall, transforming it into the Trethomas Life Centre.
- To continue to diversify income streams through service delivery contracts, fundraising efforts, and trade.
- To expand our Bereavement Support Services in collaboration with others.
- To make progress towards finding a permanent HQ for the charity.
- To grow our wraparound support services for those who are experiencing poverty through our own initiatives, or through partnerships with others.

The Parish Trust

Trustees' Annual Report *(continued)*

Year ended 31 December 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The Charity was registered as a Charitable Incorporated Organisation (CIO) on 17th December 2019 under charity registration number 1186996. The Charity's governing document is based on a Foundation Model Constitution.

Recruitment and Appointment of New Trustees

Trustees are sought as and when vacancies arise. Careful consideration is taken to ensure that potential trustees are able to uphold and safeguard the Charity by diligently carrying out business as determined in the Charity's constitution, and that they bring particular expertise to bear on the overall ethos, vision, and strategy of the Charity.

Potential trustees are required to submit an application to the Board which is considered and voted on by the existing board members. The application form is written by the Board of Trustees and asks applicants to declare their fitness and eligibility to be a trustee. Applicants are given a copy of the following:

- The Governing Document
- The latest Annual Report and Accounts
- A copy of charity policies and procedures

If the existing trustees resolve that an applicant be appointed to the Board, the new trustee to be appointed will undergo relevant training and induction as required, and will also receive copies of:

- The latest minutes of the regular meeting of the Board
- The current budget
- Any strategic plan, business plan, and/or operational plan

The Board will be prioritising recruitment of additional trustees in the coming year and have identified legal knowledge and business/stakeholder networking to be skills that are needed on the Board.

Organisational Structure

There are currently six trustees, and trustees are currently looking to recruit more trustees within the coming year after a skills audit of the current board members.

In 2024, we employed staff according to the needs of the charity. Staffing Positions were filled in the areas of administration, youth and children's work, CARE Project, and fundraising. The staffing structure is managed by the Chief Executive Officer who reports to the Board of Trustees.

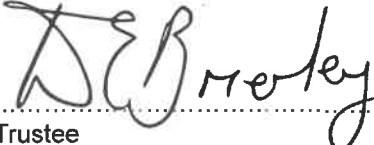
Risk Management

The Trustees operate a rolling programme of identifying and addressing major risks to the Charity at their regular meetings.

Trustee Meetings

The Board of Trustees met six times throughout the course of 2024 to transact the regular business of the Charity. A number of extraordinary meetings were also held for strategic and decision making purposes. Meetings were held both in person and electronically.

The trustees' annual report was approved on**22/05/2025**..... and signed on behalf of the board of trustees by:

 Sign
Trustee

D E Brierley Print name

The Parish Trust

Independent Examiner's Report to the Trustees of The Parish Trust

Year ended 31 December 2024

I report to the trustees on my examination of the financial statements of The Parish Trust ('the charity') for the year ended 31 December 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants (ACCA), which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Farzana Ahmed FCCA
Independent Examiner

1st Floor, Tudor House
16 Cathedral Road
Cardiff
CF11 9LJ

Date: 03/06/2025

The Parish Trust

Statement of Financial Activities

Year ended 31 December 2024

		2024	2023
	Note	Unrestricted funds £	Restricted funds £
		£	£
Income and endowments			
Donations and legacies	4	143,119	263,671
Charitable activities	5	11,461	–
Other trading activities	6	506	1,624
Other income	7	100,000	–
Total income		<u>255,086</u>	<u>265,295</u>
Expenditure			
Expenditure on raising funds:			
Costs of raising donations and legacies	8	26,136	–
Expenditure on charitable activities	9,10	118,353	149,569
Total expenditure		<u>144,489</u>	<u>149,569</u>
Net income/(expenditure)		<u>110,597</u>	<u>115,726</u>
Transfers between funds		5,906	(5,906)
Net movement in funds		<u>116,503</u>	<u>109,820</u>
Reconciliation of funds			
Total funds brought forward		69,198	62,562
Total funds carried forward		<u>185,701</u>	<u>172,382</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 22 to 19 form part of these financial statements.

The Parish Trust

Statement of Financial Position

31 December 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible fixed assets	17	114,978	28,899
Current assets			
Debtors	18	16,820	2,669
Cash at bank and in hand		234,498	109,195
		<u>251,318</u>	<u>111,864</u>
Creditors: amounts falling due within one year	19	<u>8,213</u>	<u>9,003</u>
Net current assets		<u>243,105</u>	<u>102,861</u>
Total assets less current liabilities		<u>358,083</u>	<u>131,760</u>
Net assets		<u>358,083</u>	<u>131,760</u>
Funds of the charity			
Restricted funds		172,382	62,562
Unrestricted funds		185,701	69,198
Total charity funds	21	<u>358,083</u>	<u>131,760</u>

These financial statements were approved by the board of trustees and authorised for issue on 22/05/2025, and are signed on behalf of the board by:

 Sign
Trustee

D E Brierley Print name

The notes on pages 22 to 19 form part of these financial statements.

The Parish Trust

Statement of Cash Flows

Year ended 31 December 2024

	2024 £	2023 £
Cash flows from operating activities		
Net income/(expenditure)	226,323	(22,931)
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	24,015	49,749
Accrued income	(6,418)	(178)
<i>Changes in:</i>		
Trade and other debtors	(6,596)	688
Trade and other creditors	(1,927)	6,244
Cash generated from operations	<u>235,397</u>	<u>33,572</u>
Net cash from operating activities	<u>235,397</u>	<u>33,572</u>
Cash flows from investing activities		
Purchase of tangible assets	(110,094)	(14,362)
Net cash used in investing activities	<u>(110,094)</u>	<u>(14,362)</u>
Net increase in cash and cash equivalents	125,303	19,210
Cash and cash equivalents at beginning of year	109,195	89,985
Cash and cash equivalents at end of year	<u>234,498</u>	<u>109,195</u>

The notes on pages 22 to 19 form part of these financial statements.

The Parish Trust

Notes to the Financial Statements

Year ended 31 December 2024

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 7 Roundabout Court, Bedwas House Industrial Estate, Bedwas, Caerphilly, CF83 8FS.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Key sources of estimation uncertainty

Accounting estimates and assumptions are made concerning the future and, by their nature, will rarely equal the related actual outcome. The key assumptions and other sources of estimation uncertainty that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are as follows:

Depreciation – the useful lives of the assets are estimated.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

3. Accounting policies *(continued)*

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Plant and machinery	-	3 years straight line
Fixtures and fittings	-	3 years straight line
Motor vehicles	-	4 years straight line
Equipment	-	3 years straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

There are no such impairments required in this or the prior year.

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

3. Accounting policies *(continued)*

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations	30,114	–	30,114
Gift Aid	5,505	–	5,505
Grants			
Grants receivable	107,500	263,671	371,171
	<u>143,119</u>	<u>263,671</u>	<u>406,790</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Donations	22,343	–	22,343
Gift Aid	1,777	–	1,777
Grants			
Grants receivable	54,742	134,911	189,654
	<u>78,862</u>	<u>134,911</u>	<u>213,774</u>

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

5. Charitable activities

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Other income from charitable activities: projects	11,461	11,461	12,723	12,723
Other income from charitable activities: expense reimbursement	–	–	3,841	3,841
	<u>11,461</u>	<u>11,461</u>	<u>16,564</u>	<u>16,564</u>

6. Other trading activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Fundraising income	390	–	390
Shop income	116	–	116
Hall bookings and other income	–	1,624	1,624
	<u>506</u>	<u>1,624</u>	<u>2,130</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Fundraising income	792	–	792
Shop income	131	–	131
Hall bookings and other income	250	–	250
	<u>1,173</u>	<u>–</u>	<u>1,173</u>

7. Other income

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Other exceptional income	<u>100,000</u>	<u>100,000</u>	<u>–</u>	<u>–</u>

Other exceptional income represents the gift of Bryn Hall land & buildings, at the best available valuation. The property will be redeveloped after the year end.

8. Costs of raising donations and legacies

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Generating grants	<u>26,136</u>	<u>26,136</u>	<u>29,170</u>	<u>29,170</u>

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

9. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Supporting the local community	114,981	149,569	264,550
Support costs	3,372	–	3,372
	<u>118,353</u>	<u>149,569</u>	<u>267,922</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Supporting the local community	139,737	82,487	222,224
Support costs	2,048	1,000	3,048
	<u>141,785</u>	<u>83,487</u>	<u>225,272</u>

10. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2024 £	Total fund 2023 £
Supporting the local community	264,550	–	264,550	222,224
Governance costs	–	3,372	3,372	3,048
	<u>264,550</u>	<u>3,372</u>	<u>267,922</u>	<u>225,272</u>

11. Analysis of support costs

	Analysis of support costs £	Total 2024 £	Total 2023 £
Governance costs	3,372	3,372	3,048

12. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation of tangible fixed assets	<u>24,015</u>	<u>49,749</u>

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

13. Independent examination fees

	2024	2023
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>3,372</u>	<u>3,048</u>

14. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024	2023
	£	£
Wages and salaries	152,749	103,088
Social security costs	11,132	6,744
Employer contributions to pension plans	2,826	1,784
	<u>166,707</u>	<u>111,616</u>

The average head count of employees during the year was 15 (2023: 15). The average number of full-time equivalent employees during the year is analysed as follows:

	2024	2023
	No.	No.
Number of staff	<u>15</u>	<u>15</u>

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £65,530.

15. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

No trustee expenses have been incurred.

16. Transfers between funds

During the year, transfers totalling £5,906 have been made from restricted to unrestricted funds for spending that has occurred in the year relating to the fixed asset property on legal and planning fees for which there is no retention of interest by the funder.

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

17. Tangible fixed assets

	Freehold property £	Plant and machinery £	Fixtures and fittings £	Motor vehicles £	Equipment £	Total £
Cost						
At 1 Jan 2024	–	46,856	55,793	37,800	26,961	167,410
Additions	110,094	–	–	–	–	110,094
At 31 Dec 2024	110,094	46,856	55,793	37,800	26,961	277,504
Depreciation						
At 1 Jan 2024	–	44,382	42,985	30,751	20,393	138,511
Charge for the year	–	1,590	9,154	7,049	6,222	24,015
At 31 Dec 2024	–	45,972	52,139	37,800	26,615	162,526
Carrying amount						
At 31 Dec 2024	110,094	884	3,654	–	346	114,978
At 31 Dec 2023	–	2,474	12,808	7,049	6,568	28,899

Included in freehold property additions is £100,000 which is the valuation of the gift of Bryn Hall.

18. Debtors

	2024 £	2023 £
Trade debtors	3,572	2,669
Prepayments and accrued income	10,748	–
Other debtors	2,500	–
	16,820	2,669

19. Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	290	849
Accruals and deferred income	3,897	2,759
Social security and other taxes	4,026	5,395
	8,213	9,003

20. Pensions and other post-retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £2,826 (2023: £1,784).

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

21. Analysis of charitable funds

Unrestricted funds

	At 1 January 2024 £	Income £	Expenditure £	Transfers £	At 31 December 2024 £
General funds	38,198	255,086	(144,489)	(6,094)	142,701
Designated funds:					
Reserves	31,000	—	—	12,000	43,000
Total designated funds	<u>31,000</u>	<u>—</u>	<u>—</u>	<u>—</u>	<u>43,000</u>
Total Unrestricted	<u>69,198</u>	<u>255,086</u>	<u>(144,489)</u>	<u>5,906</u>	<u>185,701</u>

	At 1 January 2023 £	Income £	Expenditure £	Transfers £	At 31 December 2023 £
General funds	133,102	92,756	(164,746)	(22,914)	38,198
Designated funds:					
Churches Expense Fund	1,698	3,842	(6,208)	668	—
Reserves	—	—	—	31,000	31,000
Total designated funds	<u>1,698</u>	<u>3,842</u>	<u>(6,208)</u>	<u>31,668</u>	<u>31,000</u>
	<u>134,800</u>	<u>96,598</u>	<u>(170,954)</u>	<u>8,754</u>	<u>69,198</u>

The trustees have created a designated fund for reserves, which equates to approximately 3 months of committed operational running costs, such as salaries, overheads and contracted bills. During the year, a transfer from unrestricted general funds was required to increase this designated reserve to reflect increased costs and higher inflation.

Also during the year, transfers were made from restricted to unrestricted funds, totalling £5,906, to reflect the spend on fixed asset additions to the Bryn Hall property, for which the funders no longer hold an interest.

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

21. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 January 2024 £	Income £	Expenditure £	Transfers £	At 31 December 2024 £
Postcode Community Trust	–	24,898	(10,789)	–	14,109
Moondance	8,820	70,000	–	–	78,820
Souter Charitable Trust	–	2,000	(2,000)	–	–
The Barnabas Trust	–	1,750	(1,750)	–	–
The National Lottery Community Fund	–	38,750	(11,161)	(3,906)	23,683
The Rehoboth Trust	–	2,000	–	(2,000)	–
Community Matters National Grid	3,008	–	(3,008)	–	–
Children in Need	16,301	35,711	(18,880)	–	33,132
Gwent High Sheriff Fund	–	5,000	(5,000)	–	–
Principality Building Society's Future Generations Fund	3,891	–	(3,891)	–	–
Savoy Educational Trust	6,458	–	(4,612)	–	1,846
Benefact Trust	5,945	–	(5,246)	–	699
Caerphilly Food Network	–	5,680	(5,680)	–	–
CCBC Direct Food Supply Fund	–	1,900	(1,900)	–	–
Millennium Stadium Charitable Trust	972	–	(972)	–	–
Principality & CF Wales Cost of Living Fund	4,720	5,000	(5,498)	–	4,222
The D'Oyly Carte Contribution to Wellbeing Coordinator	1,915	–	(1,903)	–	12
The Hobson Charity	5,710	–	(5,710)	–	–
The Archer Trust	4,822	–	(4,822)	–	–
The Beatrice Laing Trust	–	1,500	(1,500)	–	–
The Grace Trust	–	3,500	(3,500)	–	–
CCBC Baby Bank Set Up	–	1,000	(1,000)	–	–
CCBC Community Support Fund	–	5,095	(5,001)	–	94
GAVO Cash 4 You	–	1,441	(1,441)	–	–
Contribution to Food Parcel Service	–	2,000	(305)	–	1,695
Welsh Government	–	20,000	(7,929)	–	12,071
CCBC	–	1,500	(1,500)	–	–
GAVO RIF	–	9,740	(9,670)	–	70
Nourish the Nation Fund	–	12,000	(10,071)	–	1,929
The Albert Hunt Trust	–	10,000	(10,000)	–	–
Miscellaneous small grants	–	4,000	(4,000)	–	–
	<u>62,562</u>	<u>265,295</u>	<u>(149,569)</u>	<u>(5,906)</u>	<u>172,382</u>

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

21. Analysis of charitable funds *(continued)*

	At 1 January 2023 £	Income £	Expenditure £	Transfers £	At 31 December 2023 £
Moondance	12,675	–	(3,855)	–	8,820
CCBC Household					
Support Social Fund	–	1,500	(1,500)	–	–
Souter Charitable Trust	–	3,000	(3,000)	–	–
Community Matters					
National Grid	7,216	7,700	(9,594)	(2,314)	3,008
Children in Need	–	23,801	(7,500)	–	16,301
Gwent High Sheriff Fund	–	5,000	(5,000)	–	–
Principality Building Society's Future					
Generations Fund	–	10,000	(6,109)	–	3,891
Savoy Educational Trust	–	6,458	–	–	6,458
Benefact Trust	–	9,600	(3,655)	–	5,945
Caerphilly Food Network	–	2,129	(2,129)	–	–
CCBC Direct Food Supply Fund	–	1,999	(1,999)	–	–
Millennium Stadium Charitable Trust	–	2,060	(1,088)	–	972
Principality & CF Wales Cost of Living Fund	–	5,000	(280)	–	4,720
The D'Oyly Carte Contribution to	–	3,000	(1,085)	–	1,915
Wellbeing Coordinator	–	10,000	(4,290)	–	5,710
The Hobson Charity	–	6,000	(1,178)	–	4,822
CCBC National Play Day Small Grants	–	250	(250)	–	–
CCBC Warm Spaces	–	3,533	(2,093)	(1,440)	–
CCBC Welsh Church Fund	–	5,000	–	(5,000)	–
Gwendoline & Margaret Davies Charity	–	2,000	(2,000)	–	–
Julia & Hans Rausing	–	10,000	(10,000)	–	–
M&G Community Fund	–	4,000	(4,000)	–	–
Making a Difference	–	882	(882)	–	–
Prince of Wales Charitable Foundation	–	2,000	(2,000)	–	–
The Archer Trust	–	1,000	(1,000)	–	–
The Beatrice Laing Trust	–	1,500	(1,500)	–	–
The Bishop Radford Trust	–	2,000	(2,000)	–	–
The Grace Trust	–	1,000	(1,000)	–	–
Westhill Foundation	–	4,500	(4,500)	–	–
	<u>19,891</u>	<u>134,912</u>	<u>(83,487)</u>	<u>(8,754)</u>	<u>62,562</u>

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

21. Analysis of charitable funds *(continued)*

The Postcode Community Trust have provided funding towards a part-time Wellbeing Coordinator and resources for the Community Assisted Mentoring (CAM) clubs.

The Moondance Foundation has provided a donation towards the cost of setting up the new property in order to better provide their services to the community.

The National Lottery Community Fund have provided a mixed grant towards the costs of redeveloping Bryn Hall, plus revenue towards ongoing services. During the year, some of the funding was spent on costs relating to the transfer of the property and the planning, against which the funder no longer retains an interest, so this amount has been transferred to unrestricted funds.

Children in Need have provided a 3-year grant towards the ongoing costs and Youth Engagement Officer for the weekly clubs held.

The Gwent High Sheriff Fund and The Benefact Trust provided funding towards the cost of a Youth Engagement Officer for the volunteering scheme.

The Rehoboth Trust has provided a grant towards the costs associated with the new building. During the year, some of the funding was spent on costs relating to the transfer of the property and the planning, against which the funder no longer retains an interest, so this amount has been transferred to unrestricted funds.

Funding from Community Matters National Grid was given to cover costs of a Warm Hub, to aid those in difficulties relating to fuel poverty.

Principality Future Generations provided funding to cover the costs of Youth Workshops for young people to learn and actively participate in cooking healthy, budget friendly meals.

The Savoy Educational Trust income is towards Caffi Ceredig.

The Caerphilly Food Network and Principality & Community Foundation Wales funding helps to cover the costs of a Food Coordinator for the Food Bank and organising the community meal and creating simple recipe cards.

The Millennium Stadium Charitable Trust helped to purchase play mats and sofas.

The D'Oyly Carte Charitable Trust provided funding towards the costs of the community choir.

GAVO Cash 4 U has provided funding towards youth projects.

Welsh Government and GAVO RIF have provided funding towards Bereavement Support.

Nourish the Nation funding is for staffing of events, heat & light costs and any training needs for the summer activities ("Summer Holiday Hunger").

A number of grants have been received towards the CARE Project and other projects, from The Souter Charitable Trust, The Barnabus Trust, CCBC Direct Food Supply Fund, The Hobson Charity, The Archer Trust, The Beatrice Laing Trust, The Grace Trust, CCBC Community Support Fund, Caerphilly County Borough Council and The Albert Hunt Trust, plus some miscellaneous other funders.

The Parish Trust

Notes to the Financial Statements *(continued)*

Year ended 31 December 2024

22. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	114,978	–	114,978
Current assets	78,936	172,382	251,318
Creditors less than 1 year	(8,213)	–	(8,213)
Net assets	<u>185,701</u>	<u>172,382</u>	<u>358,083</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	28,898	–	28,898
Current assets	49,303	62,562	111,865
Creditors less than 1 year	(9,003)	–	(9,003)
Net assets	<u>69,198</u>	<u>62,562</u>	<u>131,760</u>

23. Analysis of changes in net debt

	At 1 Jan 2024 £	Cash flows £	At 31 Dec 2024 £
Cash at bank and in hand	<u>109,195</u>	<u>125,303</u>	<u>234,498</u>

24. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2024 £	2023 £
Not later than 1 year	10,000	–
Later than 1 year and not later than 5 years	17,500	–
	<u>27,500</u>	<u>–</u>

The Parish Trust

England & Wales - Charity number 1186996

Accounts



Annual Report

Incorporating Examined Financial Statements

For the Year Ended

31st December 2023

CHARITY NO. 1186996

REPORT OF THE TRUSTEES

The Trustees present their report together with the financial statements of the Charity for the year ended 31st December 2023. The financial statements have been prepared in accordance with the accounting policies set out in Note 1 and comply with the Charity's constitution and applicable law.

Legal and Administrative Information

Charity Registration 1186996

Address
The Parish Trust
Heol yr Ysgol
Trethomas
Caerphilly
CF83 8FL

Trustees

Mrs. Diane Brierley	Chair of Trustees
Rev. Dean Aaron Roberts	Resigned April 2023
Mr. Wayne Barnett	Founding Trustee
Mrs. Rosemarie Annette Llewellyn	Founding Trustee
Mrs. Meryl Anne Holt	Appointed July 2020
Mrs. Jennifer Anne Richardson	Appointed July 2020
Cllr. Mrs. Elizabeth Myra Aldworth	Appointed September 2020
Mrs. Anne Hufton	Appointed September 2020
Mrs. Elizabeth Blacker	Appointed April 2021

Treasurer

Mrs. Meryl Anne Holt

Minute Clerk

Mrs. Elizabeth Blacker

Independent Examiner

Bevan Buckland LLP
Ground Floor, Cardigan House, Enterprise Park, Castle Court, Llansamlet, Swansea SA7 9LA

Bankers

Lloyds Bank

Structure, Governance, and Management

Governing Document

The Charity was registered as a Charitable Incorporated Organisation (CIO) on 17th December 2019 under charity registration number 1186996. The Charity's governing document is based on a Foundation Model Constitution.

Recruitment and Appointment of New Trustees

Trustees are sought as and when vacancies arise. Careful consideration is taken to ensure that potential trustees are able to uphold and safeguard the Charity by diligently carrying out business as determined in the Charity's constitution, and that they bring particular expertise to bear on the overall ethos, vision, and strategy of the Charity.

Potential trustees are required to submit an application to the Board which is considered and voted on by the existing board members. The application form is written by the Board of Trustees and asks applicants to declare their fitness and eligibility to be a trustee. Applicants are given a copy of the following:

- The Governing Document
- The latest Annual Report and Accounts
- A copy of charity policies and procedures

If the existing trustees resolve that an applicant be appointed to the Board, the new trustee to be appointed will undergo relevant training and induction as required, and will also receive copies of:

- The latest minutes of the regular meeting of the Board
- The current budget
- Any strategic plan, business plan, and/or operational plan

The Board will be prioritising recruitment of additional trustees in the coming year and have identified legal knowledge and business/stakeholder networking to be skills that are needed on the Board.

Organisational Structure

There are currently eight trustees, and trustees are currently looking to recruit more trustees within the coming year after a skills audit of the current board members.

In 2023, we employed staff according to the needs of the charity. Staffing Positions were filled in the areas of administration, community engagement, youth and children's work, wellbeing, and project operations. The charity also appointed its first Chief Executive Officer, kickstarting the review of the organisational structure which was planned for 2023. The staffing structure now has a hierarchical arrangement, with first level staff who report to a line manager. Line Managers report to the Chief Executive Officer who in turn reports to the Board of Trustees.

Risk Management

The Trustees operate a rolling programme of identifying and addressing major risks to the Charity at their regular meetings.

The main risk to the charity for a number of years has been the lack of freehold premises. Despite lengthy negotiations with the Church in Wales, the offer of a freehold sale of the charity's current building has not been forthcoming and the charity will have to seek new accommodation in 2024. In the short term, the Church in Wales has offered a short term lease which will expire in December 2024, creating a very definitive timeline for the charity to find alternative accommodation.

Trustee Meetings

The Board of Trustees met six times throughout the course of 2023 to transact the regular business of the Charity. A number of extraordinary meetings were also held for strategic and decision making purposes. Meetings were held both in person and electronically.

Objectives and Activities

Summary of Objectives

The Charity's Governing Document states that The Parish Trust is a Christian based organisation which organises various projects, services and events that benefit the general public. The Charity's objective is to advance the Christian faith and its religious, moral and philanthropic principles. We support the local church and community so that the lives of our beneficiaries are enriched and improved.

Whilst having a Christian foundation, the charity exists for all regardless of religious affiliation or otherwise.

Summary of Activities undertaken for the Public Benefit

The Parish Trust continually assesses and develops the provision of charitable activities in relation to identified needs in the communities it serves. Activities undertaken must be relevant to the charitable objectives of The Parish Trust, and be in accordance with its Governing Document.

A number of projects and activities have been undertaken throughout the course of 2023. The activities listed are our main projects and are by no means an exhaustive list of everything that has taken place in the charity over the last 12 months. Details of our full programme of events and achievements can be found on our Website and Social Media.

The CARE Project / Bag a Bargain

Nerys Beckett | CARE Project Lead

The CARE Project remains at the heart of the work we do as a charity. Although food, fuel and living costs continue to rise, 2023 saw a small decline in the number of local families using our services. 1582 food parcels were delivered which was a 5% decrease from the previous year, however, 4591 people were fed which was only a 1% reduction from 2022. We also saw a 6% decline in referrals received throughout the year, resulting in a total of 184 referrals. In the past few years Caerphilly has seen a significant increase in businesses, schools and unregistered charities offering surplus food at reduced or no price so it is believed that many may prefer to use these alternatives that do not use a referral service.

Some service users also reported difficulties contacting several of our referral partners at the back end of the year which may have contributed to the decline in referrals. A priority for 2024 will therefore be to contact all existing partners to confirm their willingness to continue in this role and to ensure their contact details are accurate. We will also look to create new links with local groups and increase and diversify our list of partner organisations. Additionally, the charity will look to shape policy and procedure at a regional level through networking with other groups and the local authority via the Chief Executive Officer.

Our foodbank remains relatively unique in the local area because of its consistent approach to not only providing ambient, but also fresh and frozen foods as well as continuing to deliver all food parcels directly to service users' homes. Our intention in creating new partnerships is to further raise awareness of these unique elements as well as making the referral process more accessible to the local community with the overall aim to increase the number of food parcel requests we receive.

The CARE Project would not be possible without surplus food collections from local businesses as well as generous donations from our local community and a host of devoted volunteers providing 5252 hours of their time throughout the year, so we are extremely grateful to all those who keep this charity project going. The latter part of 2023 saw a small decrease in food collections as well as volunteering hours so we also intend to focus on these areas in 2024.

At the Parish Trust we continue our commitment to caring for the environment by continually looking for ways to reduce our carbon footprint. One initiative aimed at minimising food waste is our "Bag a Bargain" scheme which offers short-dated food to the local community for a donation. This initiative continues to be popular to local people who share our passion to save food from being wasted, but also helps support low income families who are not yet in need of our food bank to access nutritious food. The scheme also helps to support the charity, raising almost £3,000 in funds this year.

The food bank continues to see a surplus supply of bread so next year we will also seek new ways to reduce our waste further by implementing a bread share initiative to run alongside "Bag a Bargain". This will allow locals to come and hand pick their bread and pastries on the understanding that individuals may take what they need and give what they can so we look forward to see the results of this initiative. Next year will also see the change to Commercial waste laws so we appreciate the need to focus our attention on ensuring these changes are implemented across all projects within the charity.

Youth and Children

Carrie Gealy | Youth & Children's Engagement Officer

Youth Club

With a steadfast commitment to nurturing and empowering the youth, The Parish Trust embarked on an ambitious journey throughout 2023 to create a myriad of opportunities for growth, learning, and community engagement. From regular Youth

Club sessions to exciting off-site trips and skill-building programmes, The Parish Trust spared no effort in enriching the lives of young individuals and fostering a sense of belonging within the community.

At the heart of The Parish Trust's mission lies a deep-rooted belief in the potential of young people to shape their futures and contribute positively to society. With this ethos guiding our actions, we aimed to expand our reach and impact with children and young people in 2023. Through a multifaceted approach encompassing events, training opportunities, support networks, and community involvement initiatives, The Parish Trust sought to create a nurturing environment where young people could thrive and realise their full potential.

Central to The Parish Trust's efforts in 2023 were the regular Youth Club sessions held every Friday evening from January to December. These sessions provided a safe and welcoming space for young individuals to socialise, engage in activities, and build meaningful relationships with their peers and mentors. Throughout the year, a total of 42 Youth Club sessions were conducted, each carefully curated to cater to the diverse interests and needs of the attendees.

In January, the Youth Club kicked off the year with a vibrant New Year party, complete with free food, a photo booth, and interactive games. This event not only set the tone for the year ahead but also fostered a sense of camaraderie among the young attendees as they shared their hopes and aspirations for the coming months. Subsequent sessions in January featured a mix of structured activities such as musical chairs and Kahoot, alongside open discussions on setting behavioural expectations and fostering a positive club environment.

As the year progressed, the Youth Club continued to evolve, responding to the changing interests and preferences of its participants. In February, based on popular demand, a silent disco and a pamper night were organised, providing young people with unique opportunities for self-expression and relaxation. The introduction of gel nail painting at the pamper session not only proved to be a hit among attendees but also unearthed hidden talents and passions among the youth, further enriching the club experience.

In addition to the regular Youth Club sessions, The Parish Trust organised a series of off-site trips and training programmes to broaden the horizons of young individuals and equip them with valuable skills for the future. Throughout 2023, three off-site trips were organised to various locations, offering diverse activities and experiential learning opportunities.

Furthermore, The Parish Trust recognised the importance of providing practical skills and knowledge to young people, particularly during the summer months when school was out. In response to this need, a five-week cooking course was conducted, enabling participants to learn essential culinary techniques and explore their creativity in the kitchen. This hands-on approach not only imparted valuable life skills but also fostered a sense of independence and self-confidence among the youth.

Beyond the confines of the Youth Club, The Parish Trust actively engaged with the local community through a range of initiatives aimed at fostering connections and promoting social responsibility among young people. One such initiative was the Youth Litter Pick held in February, where young individuals came together to clean up their neighbourhood and contribute to the betterment of their community.

Moreover, The Parish Trust embraced innovative approaches to communication and outreach, recognising the importance of meeting young people where they are. In response to the growing influence of social media, particularly platforms like TikTok, the organisation launched its own TikTok account to connect with youth directly and share updates about its work in a relatable and engaging manner. The initiative proved to be a resounding success, garnering hundreds of followers and thousands of views within a short span of time.

In line with its commitment to holistic youth development, The Parish Trust implemented the 'Youth Club Continuum', a systematic approach to tracking the progress of young individuals and providing targeted support as needed. This proactive approach enabled the organisation to identify areas of strength and areas for growth among its youth participants, facilitating tailored interventions and fostering personal and academic growth.

Additionally, The Parish Trust recognised the importance of mentorship and peer support in nurturing the social and emotional well-being of young people. To this end, the organisation welcomed two new young volunteers interested in becoming junior leaders, thus creating opportunities for direct collaboration and feedback between youth leaders and participants. This inclusive approach not only empowered young individuals to take on leadership roles but also ensured that the voices and perspectives of youth were central to the decision-making process.

Despite the many successes achieved in 2023, The Parish Trust also encountered several challenges along the way, each presenting unique opportunities for growth and innovation. One such challenge was the management of increasing attendance at Youth Club sessions, which strained resources and necessitated the implementation of new protocols to ensure the safety and well-being of all participants.

Furthermore, the organisation grappled with addressing behavioural issues among some young individuals, including instances of bullying and disruptive behaviour. In response, The Parish Trust implemented a new behavioural policy, 'Disrespect, Challenge, You're Out', to uphold the values of respect and accountability within the club environment. Additionally, closer collaboration with local authorities and schools facilitated a multi-faceted approach to addressing behavioural concerns, emphasising support and intervention rather than punitive measures.

As The Parish Trust reflects on its achievements and challenges in 2023, it remains steadfast in its commitment to empowering young people and strengthening community bonds. Looking ahead to 2024, the organisation is poised to build upon its successes and expand its reach through innovative programming, strategic partnerships, and responsive approaches to youth engagement.

With the potential of moving into a new premises on the horizon, The Parish Trust is eager to explore new opportunities for growth and impact, including the possibility of offering additional Youth Club sessions throughout the week to better accommodate the diverse needs and interests of young individuals. Moreover, continued collaboration with local authorities and stakeholders will enable the organisation to address emerging challenges and opportunities in a proactive and holistic manner.

In conclusion, The Parish Trust's journey in 2023 is a testament to the transformative power of community-driven initiatives and youth empowerment. Through its unwavering dedication to creating inclusive spaces for growth, learning, and connection, the organisation has touched the lives of countless young individuals and laid the foundation for a brighter and more vibrant future for the community. As The Parish Trust looks towards the future, it does so with optimism and determination, knowing that the best is yet to come for the youth and the community it serves.

Prime Time

The Prime Time Project, initiated in May, aimed to offer additional opportunities for young people showing excellent behaviour. A trial trip to Ninja Warrior was organised, followed by plans for a Wednesday evening club session. Despite initial enthusiasm, attendance was low, prompting a survey to determine optimal scheduling and activities. Based on feedback, Thursday evenings were chosen, with a focus on drama/theatre activities.

Collaborating with Caerphilly Arts Development, Drama Club commenced in September as a 6-week trial, targeting ages 10-14. Attendance fluctuated, leading to an adjustment in the age range to 8-12 to widen appeal. Despite lower attendance, Drama Club fostered positive connections and confidence-building among participants.

A survey highlighted the overwhelmingly positive impact of Drama Club, with attendees expressing happiness and newfound skills in acting, teamwork, and self-expression. Looking ahead, Drama Club plans to expand its focus to include singing/music in 2024, catering to the interests of young participants.

While the Prime Time Project as a Youth Club did not gain traction, The Parish Trust remains committed to providing unique opportunities for interested young people under the broader Prime Time umbrella, including trips and clubs.

Youth Volunteers

Since its inception in 2020, The Parish Trust has prioritised involving young people in its activities, with several volunteers and staff members starting out as young participants. In January 2023, the organisation welcomed its youngest volunteer at just 13 years old, who expressed interest in digital and social media aspects. This marked the beginning of involving young perspectives in decision-making processes.

Throughout the year, The Parish Trust saw an increase in young volunteers, including those facing challenges like mental health issues and family difficulties. These volunteers actively participated in various projects, such as youth club activities, food packing, and litter picking. Notably, the organisation launched a Youth Volunteering Scheme to offer mentoring, training, and work experience to young people aged 12-18.

In collaboration with partners like Caerphilly Food Network and Coleg Y Cymoedd, The Parish Trust organised cooking sessions during the summer holidays, providing practical skills and a Level 1 catering certificate to participants. These sessions attracted both current and new young volunteers, some of whom initially struggled with shyness but eventually found confidence and community through volunteering.

The impact of youth volunteering was evident not only in the skills gained by participants but also in the positive feedback from parents, highlighting improvements in mental health and social connections. Moreover, the commitment and initiative shown by young volunteers, particularly in managing the Youth Club Tuck Shop and organising events, demonstrated their dedication to the organisation's mission.

To celebrate the contributions of young volunteers, The Parish Trust hosted a Christmas meal, acknowledging their efforts with gifts and recognition. This event reflected the sense of community fostered among young volunteers, underscoring their integral role in the charity's work.

Connecting with Stakeholders and Multi-Agency Networking

Throughout 2023, The Parish Trust fostered connections with various youth and children's organisations, offering informative sessions on the CARE Project food bank. Notably, on 28th March, a positive engagement with the 2nd Caerphilly Scouts Beavers group resulted in a lasting partnership, with enthusiastic feedback from both leaders and parents. Similarly, sessions with groups such as the Brownies, Cwrt Rawlin Primary School, and other Scout groups were well-received, facilitating interactive discussions on food poverty and the significance of food banks. These engagements not only raised awareness but also generated substantial donations, showcasing the community's support for The Parish Trust's initiatives.

In October, The Parish Trust initiated a partnership with Llamau, hosting two groups of young volunteers every fortnight. Over the course of these sessions, approximately 18 new young people participated, benefiting from valuable work experience and skill development opportunities. On their first visit, 16 volunteers engaged in tasks such as organising the Food Hub, cleaning outdoor areas, and assisting with gardening, with one returning volunteer expressing eagerness to resume regular participation in 2024. Subsequent sessions saw volunteers undertaking activities tailored to their interests, including plumbing, creative design, litter picking, and organising charity resources. By the end of 2023, The Parish Trust formally welcomed 18 young volunteers, with 11 currently active alongside a core group from Llamau.

The end-of-year survey revealed that all volunteers cited gaining professional experience and supporting their community as primary motivations. Additionally, volunteers reported increased confidence and new skills, highlighting the positive impact of their involvement. Notably, volunteers expressed feeling empowered and valued in their roles, with highlights including active participation in decision-making, a sense of freedom, and participation in barista training. Through this collaboration, The Parish Trust and Llamau continue to provide meaningful opportunities for young people to contribute to their community while gaining invaluable personal and professional development experiences.

Special Events

On 4th April, we held an Easter event where we had Easter themed crafts and an Easter Egg Hunt. The Easter crafts involved some fun Easter bunny ear headbands, finger puppets, Daffodil mosaic decorations, egg cup decorating and some crafts with Christian themes such as cross decorations and an Easter spinner to reveal the meaning of Easter. To end the event, we held an Easter Egg Hunt outside involving laminated, reusable Easter eggs in 4 colours, and the children had to find all 4 colours in order to win an Easter egg. They were then given the task to re-hide the eggs for other children to find. We received great feedback from parents after the event: "It was absolutely amazing", "it was organised so well and the kids had such an amazing time, the Easter egg hunt was brilliant fun and all the parents came away saying how wonderful it was". We had 21 children in attendance for this event.

On 2nd August, we celebrated National Play Day by hosting a Family Fun Day. What was supposed to be an indoor-outdoor event with the bouncy castle was moved indoors due to bad weather. During the event, we had a face painter, crafts, a soft play area for babies and toddlers, games, a sand pit, and plant pot decorating and sunflower planting. We also had our Caffi Caredig open selling snacks and drinks, and we were able to provide sandwiches, fruit and water free of charge for children. The event was possible thanks to the National Play Day Small Grant Scheme provided by the Caerphilly County Borough Council Play Team. The event was a great success and throughout the day, we had 140 children and 78 adults.

On 9th December we held a Big Christmas Event which had small businesses selling handmade items, and organisations that support us such as Threshold Das and Caerphilly Employment Hub in attendance. Thanks to Caerphilly Employment Hub, we had a face painter present offering free of charge paintings, and we had a Santa providing gifts. Our Caffi Caredig was also present selling hot food and drinks, run entirely by our young volunteers. The event was successful and had 64 people attend.

Games Club

Games Club, which reopened in October 2022, has experienced growth and transformation throughout 2023. Initially attracting a diverse group of children aged 4 to 14, the club saw a shift in attendance towards younger children aged 4 to 10 forming a close-knit community. Parents also became actively involved, contributing to a sense of belonging by assisting in the kitchen and engaging in communal activities.

The club facilitated connections among children, fostering friendships that extended beyond its walls. Notably, one girl reunited with a friend she met at a previous event, highlighting the club's role in nurturing relationships. Staff members provided support and care, addressing various needs such as food provision, emotional support, and guidance to other services.

A significant breakthrough occurred when a young girl with communication difficulties began engaging with staff, marking progress in her development. The club also served as a platform for older children to discuss transitions and learn about community initiatives, exemplifying its educational value.

Community involvement extended to initiatives like litter picking and providing surplus food to attendees. Despite lower attendance during the summer holidays, regular participation resumed in September, reaffirming the club's importance to families.

Feedback from parents emphasised the club's positive impact on mental health and well-being, prompting discussions about expanding services to include hot meals. This proposal received enthusiastic support from parents, highlighting the club's value in addressing food insecurity and fostering a sense of community.

In 2023, Games Club hosted 44 sessions, welcoming 70 individual children and a total of 510 attendees throughout the year. Additionally, the club accommodated an average of 7 adults weekly, indicating its appeal beyond children.

Looking ahead to 2024, the club plans to manage statistics for both children and adults as it embarks on a new project, Meals for Families, further enhancing its community outreach and support initiatives.

Tommy's Tots

Tommy's Tots underwent leadership changes from January to September 2023, with a new lead appointed in March and another in September. Despite these changes, the focus remained on babies, toddlers, and their guardians, with efforts made to cater to the community's needs.

Initially led by the Youth and Children's Engagement Officer and the Wellbeing Coordinator, the group transitioned under the new lead in March, introducing structured activities like craft time and snack breaks. Grant funding allowed for the acquisition of play mats and a ball pit, enhancing the children's experience.

A survey conducted in July gathered feedback, revealing high satisfaction levels with the sense of community and opportunities for children's interaction. Suggestions included more structured activities and varied snacks, leading to adjustments in session planning.

During the summer holidays, themed sessions were introduced, attracting older children and offering diverse activities. September saw the appointment of a new lead, focusing on building relationships and enhancing inclusivity within the group.

The group continued with seasonal-themed activities throughout the year, culminating in Christmas celebrations. Heartfelt goodbyes were exchanged for children transitioning to nursery, showcasing the bonds formed within the community.

Notable progress was observed in children's confidence and engagement, with instances of shy children blossoming into active participants. Community involvement extended to parents volunteering and contributing to events.

In total, 113 individual children attended Tommy's Tots in 2023, with a combined total of 890 children throughout the year. Looking ahead, the focus remains on providing engaging activities and fostering connections within the community.

From Esther Moody, Tommy's Tots Leader:

I took over running Tommy's Tots at the end of September 2023, and was really excited to see how the session ran, build my own relationships with parents/carers and children and see what I could change, adapt and bring to the table from my 7+ years of experience within early years and Foundation Phase education.

Tommy's Tots already had such a welcoming community feel, that was lovely to come into and especially enlightening when having conversations with new parents who say that they feel welcomed more at Tommy's Tots than they have at other toddler groups. I really wanted to continue to build upon that and it has shown through ways that adults who come along to the group are willing to help, such as at our Christmas party where everyone brought along contributions for food and a grandparent helped us out when we needed a Santa at the last minute! It's so wonderful to see people gather around and feel willing and able to join in and contribute to a group that means a lot to them.

Each session has the provision of choice of 4-6 different "areas" or selections of toys/activities, such as cars, books, animals, puzzles and baby toys, as well as a themed craft or sensory activity that is provided each week. Snack is also offered with a variety that allows children to make personal choices about what they like (often toast and a variety of fruit to encourage a balanced diet).

September

Average attendance total: 21 (per week)

One key interaction I remember from my first session was with a new parent, who came along with her son who was just under 2 years old. I made sure to engage in conversation with her, interact with her son and start building connections with them. At the end of the session she said that she had been to other toddler groups in the area but that none of them had the welcoming atmosphere that Tommy's Tots did. They are now regular attendees, have both established friendships in the group and keenly welcome visitors whenever they attend. We had an additional 4 babies and toddlers visit during September.

October

Average attendance: 21 (per week)

Throughout October, we offered some autumn themed crafts, such as autumn leaf collages, pumpkin faces, and colouring. One week we did a sensory bin, which had a group of children around throughout the whole session and many parents/carers engaged with their children through it, as well as commenting on how engaging it was. As the charity has roots in the Christian faith, instead of celebrating Halloween we held a light party, as a positive alternative. We had 19 babies and toddlers attend this event.

In October, we had a grandmother and her grandson (who regularly attend) bring along a cake to share with everyone, as it had been his birthday! We lit the candles and sang 'happy birthday'- it was a lovely moment to share with everyone and shows how significant these relationships are for both the adults and children who come along.

November

Average attendance: 22 (per week)

In November we carried on the autumn activities before easing into winter/Christmas themes. These activities included cinnamon playdough (to encourage fine motor skills) which had children making cakes and singing happy birthday to each other and bonfire night activities.

December

Average attendance: 23 (per week)

December saw us fully embracing the festivities. One craft activity which was especially liked was creating a card using handprints to document the size of an individual child's hands at the end of 2023. For our final session, we had offered free play (time where children can choose where and when they want to play), story time, a visit from Santa (who was actually a grandparent of one of the children who attends Tommy's Tots, keen and willing to help out last minute), a fun party snack (which adults had asked if they could contribute towards, so it was a lovely group effort) and a fantastic dance party to end. It was a brilliant session to end 2023 with- we had 26 babies and toddlers attend that week!

Another example of how important the community that we have at Tommy's Tots is, is the fact that goodbyes are hard. We had two of our oldest children have their last session at the end of December as they were attending nursery in the New Year, one of them who had been coming along since before she was a year old- and was now leaving age 3. The emotion of those goodbyes was felt by many of the adults and children, and we all wished them well with massive goodbyes.

2023 was a great year for Tommy's Tots and we are looking ahead to the coming year with excitement for the possibilities and opportunities to grow friendship and connection, encourage growth and learning through play, and engage with those who need it in our community. We are looking at ways that we can further develop the variety of what sessions offer and how to improve the documenting of all that happens within the sessions.

Caffi Caredig / Lunch Club

Rev. Dean Aaron Roberts | CEO

Caffi Caredig has continued throughout 2023, despite it not operating in the way we originally intended. *Caffi Caredig* is a mobile coffee/snack van aimed at helping people develop skills, reducing food waste, and bringing in income for the charity. We have had many difficulties finding a way to pitch the trailer permanently off-site, which has affected the frequency of its use and the revenue coming in that would be directed back into the charity's overall work.

However, we have been able to use *Caffi Caredig* for events on site, which have been particularly successful during school holidays. We have also been able to train a number of people (especially young people) in barista skills. We will continue to find ways in which to utilise *Caffi Caredig* into 2024.

Lunch Club, similar to *Caffi Caredig*, has not worked in the way in which we wanted it to. We had originally envisioned a weekly lunch club but despite advertising efforts, take up was very sporadic, which made it difficult to plan meals without there being

food waste. As a result, we have decided wind-down the Lunch Club and instead will be focussing on one off special occasions where meals can be provided to the community.

Community Choir

Rev. Dean Aaron Roberts | CEO

The Community Choir continued to grow from strength to strength throughout 2023. The Community Choir has the aim of bringing people of all ages and backgrounds together to make music with little pressure, to enhance wellbeing, community connections, and love for music. The choir sings all genres of music, which has had benefits for all involved. At the end of 2023, we had 40 members in the choir ranging from children to adults up to 79 years of age.

The Community Choir members pay a subscription every quarter in order to be a part of the choir, however through 2023, bursaries were offered to children, young people, and any who were seeking asylum or fleeing the war in Ukraine. This attracted new members and diversified the group further.

The choir put on a Christmas Concert showcasing their work throughout the year and also contributed to festivities in Caerphilly Town Centre. It is hoped that more concerts will feature in the choir's diary for 2024.

Wellbeing, Spiritual, and Pastoral Care

Rev. Dean Aaron Roberts | CEO

The Parish Trust is committed to providing comprehensive wellbeing, spiritual, and pastoral care services to its staff, volunteers, and the community it serves. These initiatives are rooted in Christian principles while being inclusive and sensitive to the diverse needs of individuals.

The Parish Trust recognises the importance of staff wellbeing and has implemented a program that promotes flexibility, a family approach to work, and opportunities for staff to shape the organisation. This initiative aims to create a supportive work environment that fosters a sense of belonging and allows staff to maintain a healthy work-life balance. More plans are being organised for 2024 for these provisions to be enshrined in charity policy.

Additionally, volunteers play a crucial role in the work of The Parish Trust, and their wellbeing is prioritised through recognition initiatives and the Investing in Volunteers accreditation which was gained in early 2023. Building on the hard work already recognised through the Investing in Volunteers accreditation, plans are underway to establish a Volunteer Voice Forum in 2024, providing volunteers with a platform to contribute feedback and shape the charity's direction.

The Parish Trust also offers courses and workshops focused on mental, emotional, and spiritual health. These programs provide participants with practical skills, peer support, and opportunities for reflection. The Bereavement Courses, in particular, have been well-received, with optional sessions on faith questions honouring the organisation's Christian foundations while respecting individual beliefs. These courses have primarily been in-person events, but going into 2024, The Parish Trust will look to offer online alternatives for most, if not all, our wellbeing courses.

In response to the Ukraine-Russia war, The Parish Trust has extended its support to displaced Ukrainians in Caerphilly. This included offering mental health support, advice, and signposting services. An evening event was also organised to raise awareness and educate the local community about the situation in Ukraine.

Following the departure of the Wellbeing Coordinator in 2023, the management of the wellbeing portfolio has transitioned to the CEO. This ensures continuity and leadership in delivering essential support services to the community.

Several case studies illustrate the impact of The Parish Trust's wellbeing and pastoral care initiatives (fake names are used to protect identity):

1. Jane and Angharad: Participants in the Bereavement Journey Course found a supportive environment to cope with the loss of loved ones, fostering friendship and ongoing support.
2. Bethan: A volunteer who accessed support from The Parish Trust while facing housing insecurity and mental health challenges found a supportive community and advocacy for additional support services.
3. Greg and Janet: Individuals with autism and their spouses received tailored bereavement support, demonstrating the organisation's commitment to inclusivity and personalised care.
4. Megan and her sisters: Bereaved siblings found solace and support through group sessions, leading to healing and a renewed sense of connection within their family.

5. Ola, Zlata, and Maria: Displaced Ukrainians received mental health support and integration assistance, highlighting The Parish Trust's commitment to serving diverse communities with compassion.

The Parish Trust's holistic approach to wellbeing, spiritual, and pastoral care reflects its commitment to supporting individuals and communities in times of need. Through innovative programs, personalised support, and a compassionate ethos, the charity continues to make a positive impact on the lives of those it serves.

Yarny Army

Rev. Dean Aaron Roberts | *CEO*

The Yarny Army is an open access knitting group which continues to meet weekly on Wednesday mornings. The purpose of the group is to bring people together who have knitting skills or who would like to learn or improve them, in order to make items for the NHS and to support our children's programme.

The Yarny Army have donated many items to the NHS from knitted teddies, to blankets for adults and children, and items of clothing. They have also knitted clothes to raise funds for the charity. We are extremely grateful for their hard work over the last year.

In addition to the "on site" Yarny Army, there are a number of volunteers who post items in from all over the United Kingdom which then get sent to the NHS after quality control checking.

Partnerships

Rev. Dean Aaron Roberts | *CEO*

The Parish Trust is very grateful for the partnerships that have been newly forged or strengthened throughout the year. In particular, we are grateful for the cooperation of Caerphilly County Borough Council who have supported our activities as a charity in a significant way, alongside the various Community Councils in our areas of operation.

We are also thankful for the partnerships we have made with food businesses, both large corporations and SMBs in the locality, the public sector (including health/medical practitioners/organisations and schools) as well as social clubs, societies, and other charitable organisations.

We are also forging new links with other charities, and have found a very strong friendship in Llamau, who have been working with our youth programme. We look forward to building on these new relationships in the year to come.

Together, our partners have aided us in providing services for the public benefit in various ways such as signposting members of the general public to the Charity, fundraising and donating resources, and supporting us with advice and guidance to enhance and streamline the day to day operation of The Parish Trust.

Volunteering

Saffron Williams | *Administrator*

Throughout 2023, we were able to recruit a lot of new volunteers but also continued to retain some very established volunteers. The volunteer team are very loyal and dedicated and The Board of Trustees continue to be grateful for their continued support, extremely hard work and commitment to the charity.

All of our volunteers bring transferable skills, from administrative & business skills, to Communication & Interpersonal skills and Leadership skills. This has enabled us as an organisation to grow and expand further with our projects. Aside from bringing their skills, they offer so much of their time to our services.

By the end of 2023, there were 187 volunteers registered with The Parish Trust that had volunteered within the last calendar month. These volunteers were made up of 127 female, 59 male and the average age of a volunteer being 41. Even though our average age of a volunteer in 2023 was in fact 41, our number of young volunteers under the age of 25 increased in 2023 to roughly one third opposed to one quarter in 2022.

We have found that a lot of our volunteers now walk to our building, this being volunteers that make up one third of the volunteer team. This now means that the majority of our volunteers (93.5%) live within five miles of The Parish Trust HQ building opposed to last year being 93%. However, some of our volunteers still live over 40 miles away, undertaking remote roles on behalf of the charity.

Throughout the course of 2023, volunteers completed over 5,000 hours of volunteering, with 437.6 hours being volunteered each month.

This is a decrease on last year's figures. However, we realise that the country is no longer directly affected by COVID, but we are aware that the cost of living is affecting so many people now, and giving up their time may not be as possible as it was whilst living in COVID times, due to this being a financial or mental struggle for them.

Being aware of this has allowed us to apply for grants, to which we have been successful in and has allowed us to use our building as a warm hub for those volunteers that wish to continue helping but are financially struggling to put the heating on at home etc. along with using our facilities for refreshments whilst here.

Throughout 2022, new volunteering roles were created related to food related service, and youth and children's work. This was to complement the existing volunteering roles at The Parish Trust. The young volunteers made up a total of 1000+ hours of volunteering throughout 2023 due to the new roles that were implemented.

As always, we ensure that our volunteers are celebrated and thanked in several ways for their achievements and commitments throughout the year. A number of events were held throughout the year to celebrate their success, and particularly during Volunteers Week, along with providing them continuous training if needs be such as safeguarding, or barista training. We still continue to use Tempo Time Credits which provides our volunteers with vouchers and discounts for certain activities. They gain Tempo Time Credits the more they invest their time with us and an incentive and we are looking into other options and benefits for our volunteers.

The Parish Trust was successful in officially being awarded its Investing in Volunteers Accreditation at the beginning of the year. We continue to further invest in our Volunteers and continue to work closely with our partners to meet the standards expected, and our members of staff are all fully aware of the benefits we have gained by receiving this award.

Staff

Rev. Dean Aaron Roberts | CEO

The charity was able to employ staff through the course of 2023, increasing staffing to accommodate our growing service to stakeholders. The Parish Trust is committed to staffing training and development opportunities, with follow-on opportunities for progression within the organisation.

Training was given in the area of health and safety, safeguarding, personal skills coaching, and youth/children.

There are no current plans to increase staffing levels unless grant funding is allocated for such a purpose. This is to mitigate against rising revenue costs during a period of change for the charity which includes the charity's relocation. The charity is also Real Living Wage Accredited, and as such, the increase in Real Living Wage in 2024 will add a significant cost to the charity's operations in the coming year.

The charity is pleased to have been able to offer employment opportunities with the help of generous grant funding. We thank those who have contributed towards our staffing costs over the last year, in particular those funders who have recognised the transformational impact that a multi-year grant offer can bring to a charitable organisation. The Parish Trust has been in receipt of a number of such grants in 2023.

Achievements and Performance

Many of our achievements have already been reported on during the course of the Annual Report under our Summary of Activities. However, some particular highlights for the organisation this year have been:

- Gaining our Investing in Volunteers Accreditation.
- Successfully securing multiyear funding from various large grant funders.
- Through the Wellbeing Coordinator, developing our Wellbeing programme to include various workshops and courses ranging from mental health to bereavement.
- The establishment of a young volunteers programme, which offered training in subjects such as barista skills, cooking, young leadership, and safeguarding.
- Being able to help our Ukrainian friends through our services and providing a platform for them to raise awareness and become a part of our community.

We continue to be supported by the press through media coverage, and by the support of our partners and grant funders.

Financial Review

The Board of Trustees are grateful to Bevan Buckland LLP for examining the Charity Accounts for the year ended 31st December 2023.

General Comments

Expenditure for 2023 can be broadly categorised into the following:

Fixed Assets and Capital Purchases	5%
Running costs and general overheads	54%
Staffing	41%

Income streams for 2023 are made up of:

Grant Funding (all income described as a grant, no matter its value)	82%
Donations	10%
Other income (including sales, service charges, and fees)	8%

Compared with 2022, we have increased our reliance on Grant Funding by 26%, with Donations decreasing by 114% (£24,121 in 2023 compared with £57,632 in 2022). The charity received a number of significant one off donations in 2022, but we also believe the Cost of Living Crisis to have affected the ability of the general public to give as generously as they have in previous years.

We will continue to work on diversification of income streams during the course of 2024, but recognise that the charity, like all charities, is facing increased cost pressures with rising operational costs and wanting to pay staff at an appropriate level, and so we do not expect the financial challenges to be overcome in the near future.

Donations

The Parish Trust is extremely grateful to all the individuals, businesses, and organisations who made donations to the Charity.

Donations were received in person, via the post, over the telephone, over text message, through our website, and via social media.

A number of individuals and organisations have held fundraising activities or events for the charity throughout the year, for which we are extremely grateful.

Grant Funding

The Board of Trustees wish to pay tribute and express thanks to all those trusts, organisations, and individuals who have so generously supported our work throughout the year. The Parish Trust have received some significant grant funding from organisations which we wish to mention below as valued supporters of our work:

Benefact Trust	9,600
Children in Need	23,801
Gwendoline and Margaret Davies Charity	2,000
Gwent High Sheriff Fund	5,000
Julia & Hans Rausing	10,000
M & G Community Fund	4,000
Making a Difference	882
Millennium Stadium Charitable Trust	2,059
National Grid	7,700
Prince of Wales Charitable Foundation	2,000
Principality & CF Wales Cost of Living	5,000
Principality Building Society's Future Generation Fund	10,000
Savoy Educational Trust	6,458
Souter Charitable Trust	3,000
The Archer Trust	1,000
The Beatrice Laing Trust	1,500
The Bishop Radford Trust	2,000
The D'Oyly Carte	3,000
The Fyrish Foundation	10,000
The Grace Trust	1,000
The Henry Smith Charity	35,000
The Hobson Charity	6,000
The Joseph Rank Trust	12,500
Westhill Foundation	4,500
Total Grants Received 2023	168,000

We have also received continuous financial support from Caerphilly County Borough Council through a number of small grants and partnership working.

Reserves Policy

The Parish Trust keeps enough reserves to meet its basic operational costs for up to three months to mitigate against a major adverse financial event which would bring considerable risk to the charity. Operational costs would include salaries and associated overheads, and any bills that the charity is contracted to pay. The total reserves is currently kept at £43,000. This is an increase from £31,000 for the previous financial year owing to increased costs and higher inflation.

Forward Planning

In the last annual report, the Board committed to investing in strategy, personnel, and finance to secure the charity's long term future. These items have been looked at in the usual course of business at Board Meetings, and these continue to be ongoing agenda items as the charity grows. Particular objectives that were agreed were as follows:

- To secure a permanent home for the charity.

The negotiations to secure the freehold of St. Thomas' Church failed in the first part of 2023, bringing an instability and risk to the charity's future. After lengthy negotiations with the Church in Wales, a short term lease has been agreed which lasts until December 2024. The lease is deemed as one falling outside of the Landlord and Tenant Act 1954. The lease does not benefit from the statutory protections and rights granted to tenants under the Act and the charity does not have an automatic right to renew the lease at the end of the term. Therefore, the charity needs to seek alternative premises as a matter of urgency.

- To continue investing in current staff, giving them additional skills that will enable them and the charity to flourish in an ever changing and challenging world.

Staff were invested in during the course of 2023, as detailed earlier in this report. The charity is continuing with an ongoing programme of professional development and the implementation of a distributed leadership model which will strengthen the charity as it navigates the challenges that 2024 will bring.

- To appoint a CEO on a part-time basis (as a minimum) to spearhead the overall strategy and direction of the charity.

The Reverend Dean Aaron Roberts, founder and Chair of Trustees of The Parish Trust was appointed in April 2023 as the charity's first Chief Executive Officer. The process was conducted under open and fair recruitment procedures, and an additional process had to be followed to seek approval from the Charity Commission due to Rev. Roberts' previous role as Chair of Trustees. The appointment was approved by the Charity Commission, and Rev. Roberts was able to take up the position after resigning from the Board of Trustees.

- To deepen holistic service and provide opportunities for stakeholders to cross-pollinate between various streams and projects under the charity's umbrella.

Staff have worked hard to ensure maximum advertisement of all of the services and opportunities at The Parish Trust. This has resulted in a number of beneficiaries becoming volunteers, and a number of volunteers becoming beneficiaries of the charity's multiple services. We also have a number of families involved in the charity, with activities and opportunities suited to various age groups, which has been encouraging.

- To increase profile presence of the organisation through networking, PR and marketing.

The charity made more use of sharing news on social media and on the charity website which is regularly maintained. It has not been able to network as much as anticipated but this is due to change as the CEO settles into the role and has more time to dedicate to networking and raising the charity's profile. The charity has made use of PR services, especially regarding the situation of the charity's operating base which has raised awareness of the charity's work and its need to find a new venue.

In 2024, our goals will be:

- Secure a new HQ in the CF83 postcode area
- Look at expanding and streamlining our work, making them less dependent on one physical location
- Continuing to enhance the staffing structure of the charity to further increase capacity
- To work on securing more partnerships and becoming a resource for churches in particular to engage in holistic services centred on Christian foundations
- To achieve excellence in what we do and secure recognition from accrediting bodies related to our work.

Closing Remarks

As we reflect on the milestones and challenges of the past year, it is evident that our journey has been marked by resilience, growth, and a steadfast commitment to our mission of sowing faith, sharing hope, and showing love through our services. In 2023, we celebrated significant achievements that propelled us closer to realising our vision of a more enlivened and empowered community, driven by Christian values and principles.

Looking ahead to 2024, we're poised to embark on new endeavours and confront fresh challenges with the same spirit of resilience and determination. Securing a new HQ in the CF83 postcode area will not only provide us with a physical space but also symbolise a new chapter of growth and opportunity.

Expanding and streamlining our work will ensure that we remain agile and responsive to the evolving needs of our community. By enhancing our staffing structure and forging strategic partnerships, we'll further enhance our capacity to effect positive change and make a lasting impact.

As we strive for excellence in all that we do, we're guided by the timeless words of John 10:10, which reminds us that our Christian roots call us to offer and enable life in all its fulness to all whom we exist for. 2024 will be another year for The Parish Trust to sow faith, show hope, and show love to our beneficiaries whilst believing in these core values ourselves as we look to turn over a new page in the life of the charity, unfolding the next chapter of our journey as a growing and flourishing organisation.

Rev. Dean Aaron Roberts | *Chief Executive Officer*

A Word from the Chair of Trustees

We hope that our Annual Report has accurately told our unfolding story at The Parish Trust, both our achievements during 2023 and our financial position.

I was appointed the Chair in April 2023, having been the treasurer since the Charity was founded. I am very proud to be a part of the difference we have made in our community, led by our Chief Executive Officer, Rev Dean Roberts and an exceptional team of staff and volunteers. Our ethos is that our Christian organisation exists for all.

2023 was a very challenging year, as it became clear that we would be unable to purchase the freehold of St Thomas' Church, our current building, which is owned by the Church in Wales.

A short-term lease has now been agreed, which gives some breathing space for us to relocate all of our operations. At the time of writing, a property in a suitable location has been found. To be able to deliver our services in the future, however, to grow, and continue to serve our beneficiaries, considerable building work is going to be required before we can move in. We will potentially have the huge challenge of finding temporary accommodation to be able to continue serving the needs of our community in the meantime.

As we go into 2024, with a clear vision and strategy for the future, and with a strong team, our goals are to continue to relieve poverty, reduce food waste, alleviate loneliness, and empower young people.

We continue to develop and strengthen our networking and to continue to identify gaps in need and provide support where needed in our community and surrounding areas.

We would like to give thanks to our funders and supporters, which we value greatly. We also appreciate the many partnerships and collaborations that help us to achieve our mission.

An aim is to also strengthen our board with dedicated people who, in particular, have legal and PR skills.

As a small but growing charity, we rely on our Trustees, whose give their skills, experience and time, alongside our team, led by Rev Dean, who make an enormous difference to the lives of so many.

Thank you all so much for being part of our organisation.

Diane Brierley | *Chair of Trustees*

Compiled and edited on behalf of the Staff and Board of Trustees by Rev. Dean Aaron Roberts, Founder and Chief Executive Officer of The Parish Trust.



.....
Rev. Dean Aaron Roberts - Founder and Chief Executive Officer

Tuesday 16th April 2024

AND

Approved by order of the Board of Trustees and signed on its behalf by:



.....
Mrs. Diane Brierley - Chair of Trustees

Tuesday 16th April 2024

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE PARISH TRUST

Independent examiner's report to the trustees of The Parish Trust

I report to the charity trustees on my examination of the accounts of The Parish Trust (the Trust) for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Michael Jones

Bevan Buckland LLP
Ground Floor Cardigan House
Castle Court
Swansea Enterprise Park
Swansea
SA7 9LA

Date: Tuesday 16th April 2024

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		32,154	182,411	214,565	194,538
Other trading activities	2	<u>16,945</u>	<u>-</u>	<u>16,945</u>	<u>23,581</u>
Total		<u>49,099</u>	<u>182,411</u>	<u>231,510</u>	<u>218,119</u>
EXPENDITURE ON					
Charitable activities					
Charitable Activities		<u>132,127</u>	<u>122,313</u>	<u>254,440</u>	<u>228,207</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	8	<u>(83,028)</u>	<u>60,098</u>	<u>(22,930)</u>	<u>(10,088)</u>
		<u>9,529</u>	<u>(9,529)</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>(73,499)</u>	<u>50,569</u>	<u>(22,930)</u>	<u>(10,088)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>134,025</u>	<u>20,667</u>	<u>154,692</u>	<u>164,780</u>
TOTAL FUNDS CARRIED FORWARD		<u>60,526</u>	<u>71,236</u>	<u>131,762</u>	<u>154,692</u>

The notes form part of these financial statements

BALANCE SHEET
31 DECEMBER 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	5	28,898	-	28,898	64,286
CURRENT ASSETS					
Debtors	6	2,669	-	2,669	3,357
Cash at bank and in hand		<u>37,962</u>	<u>71,236</u>	<u>109,198</u>	<u>89,984</u>
		40,631	71,236	111,867	93,341
CREDITORS					
Amounts falling due within one year	7	(9,003)	-	(9,003)	(2,935)
		<u>31,628</u>	<u>71,236</u>	<u>102,864</u>	<u>90,406</u>
NET CURRENT ASSETS					
		60,526	71,236	131,762	154,692
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>60,526</u>	<u>71,236</u>	<u>131,762</u>	<u>154,692</u>
NET ASSETS					
		<u>60,526</u>	<u>71,236</u>	<u>131,762</u>	<u>154,692</u>
FUNDS					
Unrestricted funds	8			60,526	134,025
Restricted funds				<u>71,236</u>	<u>20,667</u>
TOTAL FUNDS					
				<u>131,762</u>	<u>154,692</u>

The financial statements were approved by the Board of Trustees and authorised for issue on Tuesday 16th April 2024 and were signed on its behalf by:

Diane Brierley

.....
Mrs. Diane Brierley - Chair of Trustees

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

Voluntary Income

All voluntary incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income. The amounts can be measured reliably and it is probably that the income will be received.

Donations

Donations are accounted for gross when received. Donations are accounted for gross when received.

Grants

Grant income is included in the accounts in the year in which it is receivable.

Grants received for a specific purpose and subject to conditions specified by the donor are treated as restricted funds. Revenue grants are credited directly to the SoFA. Capital grants are released over the life of the assets in line with the depreciation policy.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 33% on cost
Fixtures and fittings	- 33% on cost
Motor vehicles	- 25% on cost
Computer equipment	- 33% on cost

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Government grants

Grants are credited to deferred revenue. Grants towards capital expenditure are released to the profit and loss account over the useful life of the asset. Grants towards revenue expenditure are released to the profit and loss account as the related expenditure is incurred.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023

1. ACCOUNTING POLICIES - continued

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the company's balance sheet when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Hire purchase and Leasing agreements

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is shorter.

The interest element of these obligations is charged to profit or loss over the relevant period. The capital element of the future payments is treated as a liability.

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

Employee benefits

The charity provides a range of benefits to employees, paid holiday arrangements and defined benefit and defined contribution pension plans.

Short term benefits

Short term benefits, including holiday pay and other similar non-monetary benefits, are recognised as an expense in the period in which the service is received.

Functional and Presentational currency

The functional and presentational currency is £ sterling.

Going Concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023

2. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Other income	<u>16,945</u>	<u>23,581</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	82,553	111,985	194,538
Other trading activities	<u>23,581</u>	<u>-</u>	<u>23,581</u>
Total	<u>106,134</u>	<u>111,985</u>	<u>218,119</u>
 EXPENDITURE ON			
Charitable activities			
Charitable Activities	<u>124,486</u>	<u>103,721</u>	<u>228,207</u>
 NET INCOME/(EXPENDITURE)	 (18,352)	 8,264	 (10,088)
Transfers between funds	<u>21,111</u>	<u>(21,111)</u>	<u>-</u>
Net movement in funds	2,759	(12,847)	(10,088)
 RECONCILIATION OF FUNDS			
Total funds brought forward	<u>131,265</u>	<u>33,515</u>	<u>164,780</u>
 TOTAL FUNDS CARRIED FORWARD	 <u>134,024</u>	 <u>20,668</u>	 <u>154,692</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023

5. TANGIBLE FIXED ASSETS

	Plant and machinery £	Fixtures and fittings £	Motor vehicles £	Computer equipment £	Totals £
COST					
At 1 January 2023	44,257	45,047	37,800	25,944	153,048
Additions	<u>2,599</u>	<u>10,746</u>	<u>-</u>	<u>1,017</u>	<u>14,362</u>
At 31 December 2023	<u>46,856</u>	<u>55,793</u>	<u>37,800</u>	<u>26,961</u>	<u>167,410</u>
DEPRECIATION					
At 1 January 2023	27,285	27,952	21,609	11,916	88,762
Charge for year	<u>17,097</u>	<u>15,034</u>	<u>9,141</u>	<u>8,478</u>	<u>49,750</u>
At 31 December 2023	<u>44,382</u>	<u>42,986</u>	<u>30,750</u>	<u>20,394</u>	<u>138,512</u>
NET BOOK VALUE					
At 31 December 2023	<u>2,474</u>	<u>12,807</u>	<u>7,050</u>	<u>6,567</u>	<u>28,898</u>
At 31 December 2022	<u>16,972</u>	<u>17,095</u>	<u>16,191</u>	<u>14,028</u>	<u>64,286</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	<u>2,669</u>	<u>3,357</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	6,315	(2)
Other creditors	<u>2,688</u>	<u>2,937</u>
	<u>9,003</u>	<u>2,935</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023

8. MOVEMENT IN FUNDS

	At 1.1.23 £	Net movement in funds £	Transfers between funds £	At 31.12.23 £
Unrestricted funds				
General fund	133,115	(80,662)	(22,927)	29,526
Churches Expense Fund (Designated Fund)	1,696	(2,366)	670	-
Community Fund Grant	(5,850)	-	5,850	-
Postcode Community Trust 2021	5,064	-	(5,064)	-
Reserve Fund	-	-	31,000	31,000
	<u>134,025</u>	<u>(83,028)</u>	<u>9,529</u>	<u>60,526</u>
Restricted funds				
Community Fund Grant	5,850	-	(5,850)	-
Moondance	12,676	(3,855)	-	8,821
Postcode Community Trust 2021	(5,075)	-	5,075	-
Community Matters National Grid	7,216	(4,902)	(2,314)	-
The Henry Smith Charity 2023	-	8,673	-	8,673
Principality Building Society's Future Gen 2023	-	3,891	-	3,891
The D-Oyly Carte 2023	-	1,915	-	1,915
National Grid 2023	-	3,009	-	3,009
CCBC Warm Spaces Claim	-	1,440	(1,440)	-
Children in Need	-	16,301	-	16,301
Millennium Stadium Charitable Trust	-	971	-	971
Principality & CF Wales Cost of Living	-	4,720	-	4,720
The Fyrish Foundation	-	5,710	-	5,710
The Hobson Charity	-	4,822	-	4,822
Benefact Trust	-	5,945	-	5,945
CCBC Welsh Church Fund	-	5,000	(5,000)	-
Savoy Educational Trust	-	6,458	-	6,458
	<u>20,667</u>	<u>60,098</u>	<u>(9,529)</u>	<u>71,236</u>
TOTAL FUNDS	<u>154,692</u>	<u>(22,930)</u>	<u>-</u>	<u>131,762</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	45,257	(125,919)	(80,662)
Churches Expense Fund (Designated Fund)	<u>3,842</u>	<u>(6,208)</u>	<u>(2,366)</u>
	49,099	(132,127)	(83,028)
Restricted funds			
Moondance	-	(3,855)	(3,855)
CCBC Household Support Social Fund 2022	1,500	(1,500)	-
Community Matters National Grid	-	(4,902)	(4,902)
Joseph Rank Trust	12,500	(12,500)	-
The Henry Smith Charity 2023	35,000	(26,327)	8,673
Principality Building Society's Future Gen 2023	10,000	(6,109)	3,891
The D-Oyly Carte 2023	3,000	(1,085)	1,915
National Grid 2023	7,700	(4,691)	3,009
Westhill Foundation	4,500	(4,500)	-
CCBC National Play Day Small Grants	250	(250)	-
CCBC Warm Spaces Claim	3,533	(2,093)	1,440
Gwendoline & Margaret Davies Charity	2,000	(2,000)	-
Gwent High Sheriff Fund	5,000	(5,000)	-
Julia & Hans Rausing	10,000	(10,000)	-
M & G Community Fund	4,000	(4,000)	-
Making a Difference	882	(882)	-
Prince of Wales Charitable Foundation	2,000	(2,000)	-
Souter Charitable Trust	3,000	(3,000)	-
The Archer Trust	1,000	(1,000)	-
The Beatrice Laing Trust	1,500	(1,500)	-
The Bishop Radford Trust	2,000	(2,000)	-
The Grace Trust	1,000	(1,000)	-
Caerphilly Food Network	2,129	(2,129)	-
Children in Need	23,801	(7,500)	16,301
Millennium Stadium Charitable Trust	2,059	(1,088)	971
Principality & CF Wales Cost of Living	5,000	(280)	4,720
The Fyrish Foundation	10,000	(4,290)	5,710
The Hobson Charity	6,000	(1,178)	4,822
Benefact Trust	9,600	(3,655)	5,945
Direct Food Supply Fund	1,999	(1,999)	-
CCBC Welsh Church Fund	5,000	-	5,000
Savoy Educational Trust	<u>6,458</u>	<u>-</u>	<u>6,458</u>
	<u>182,411</u>	<u>(122,313)</u>	<u>60,098</u>
TOTAL FUNDS	<u>231,510</u>	<u>(254,440)</u>	<u>(22,930)</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023

8. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	Transfers between funds £	At 31.12.22 £
Unrestricted funds				
General fund	111,702	(198)	21,611	133,115
Churches Expense Fund (Designated Fund)	2,499	(303)	(500)	1,696
GVCE Ltd	9,000	(9,000)	-	-
Viridor	3,000	(3,000)	-	-
Community Fund Grant	-	(5,850)	-	(5,850)
Postcode Community Trust 2021	5,064	-	-	5,064
	<u>131,265</u>	<u>(18,351)</u>	<u>21,111</u>	<u>134,025</u>
Restricted funds				
Community Fund Grant	5,850	2,326	(2,326)	5,850
Rehoboth Trust Grant	2,000	-	(2,000)	-
Welsh Water Grant	200	(200)	-	-
GAVO VSRF	3,000	(3,000)	-	-
Moondance	-	12,675	-	12,675
WCVA Gov VSEF Grant	3,965	(495)	(3,469)	1
Access to Health	10,000	(10,000)	-	-
Rank Foundation	2,500	(2,500)	-	-
Postcode Community Trust 2021	-	(5,075)	-	(5,075)
GAVO-CCBC HWB Fund 2021	6,000	(6,000)	-	-
CCBC contribution Spend Q1	-	10,532	(10,532)	-
Community Matters National Grid	-	10,000	(2,784)	7,216
	<u>33,515</u>	<u>8,263</u>	<u>(21,111)</u>	<u>20,667</u>
TOTAL FUNDS	<u><u>164,780</u></u>	<u><u>(10,088)</u></u>	<u><u>-</u></u>	<u><u>154,692</u></u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023

8. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	90,106	(90,304)	(198)
Churches Expense Fund (Designated Fund)	9,577	(9,880)	(303)
GVCE Ltd	3,000	(12,000)	(9,000)
Viridor	3,451	(6,451)	(3,000)
Community Fund Grant	-	(5,850)	(5,850)
	<u>106,134</u>	<u>(124,485)</u>	<u>(18,351)</u>
Restricted funds			
Community Fund Grant	10,000	(7,674)	2,326
Welsh Water Grant	-	(200)	(200)
GAVO VSRF	-	(3,000)	(3,000)
Moondance	12,675	-	12,675
WCVA Gov VSEF Grant	2,001	(2,496)	(495)
Access to Health	3,001	(13,001)	(10,000)
Rank Foundation	-	(2,500)	(2,500)
Postcode Community Trust 2021	-	(5,075)	(5,075)
GAVO-CCBC HWB Fund 2021	-	(6,000)	(6,000)
Arnold Clark Community Fund 2022	2,500	(2,500)	-
CCBC Household Support Social Fund 2022	1,000	(1,000)	-
Isolation & Loneliness Grant	3,000	(3,000)	-
CCBC contribution Spend Q1	17,344	(6,812)	10,532
Barnabas Trust 2022	1,500	(1,500)	-
Souter Charitable Trust	3,000	(3,000)	-
McCarthy & Stone	5,000	(5,000)	-
Marsh Christian Fund	500	(500)	-
Garfield Weston	25,000	(25,000)	-
CRCF Wales (Comic Relief & GAVO)	4,999	(4,999)	-
Community Matters National Grid	10,000	-	10,000
CCBC Contribution Summer of Fun	10,465	(10,465)	-
	<u>111,985</u>	<u>(103,722)</u>	<u>8,263</u>
TOTAL FUNDS	<u>218,119</u>	<u>(228,207)</u>	<u>(10,088)</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.22 £	Net movement in funds £	Transfers between funds £	At 31.12.23 £
Unrestricted funds				
General fund	111,702	(80,860)	(1,316)	29,526
Churches Expense Fund (Designated Fund)	2,499	(2,669)	170	-
GVCE Ltd	9,000	(9,000)	-	-
Viridor	3,000	(3,000)	-	-
Community Fund Grant	-	(5,850)	5,850	-
Postcode Community Trust 2021	5,064	-	(5,064)	-
Reserve Fund	-	-	31,000	31,000
	<u>131,265</u>	<u>(101,379)</u>	<u>30,640</u>	<u>60,526</u>
Restricted funds				
Community Fund Grant	5,850	2,326	(8,176)	-
Rehoboth Trust Grant	2,000	-	(2,000)	-
Welsh Water Grant	200	(200)	-	-
GAVO VSRF	3,000	(3,000)	-	-
Moondance	-	8,820	-	8,820
WCVA Gov VSEF Grant	3,965	(495)	(3,469)	1
Access to Health	10,000	(10,000)	-	-
Rank Foundation	2,500	(2,500)	-	-
Postcode Community Trust 2021	-	(5,075)	5,075	-
GAVO-CCBC HWB Fund 2021	6,000	(6,000)	-	-
CCBC contribution Spend Q1	-	10,532	(10,532)	-
Community Matters National Grid	-	5,098	(5,098)	-
The Henry Smith Charity 2023	-	8,673	-	8,673
Principality Building Society's Future Gen 2023	-	3,891	-	3,891
The D'Oyly Carte 2023	-	1,915	-	1,915
National Grid 2023	-	3,009	-	3,009
CCBC Warm Spaces Claim	-	1,440	(1,440)	-
Children in Need	-	16,301	-	16,301
Millennium Stadium Charitable Trust	-	971	-	971
Principality & CF Wales Cost of Living	-	4,720	-	4,720
The Fyrish Foundation	-	5,710	-	5,710
The Hobson Charity	-	4,822	-	4,822
Benefact Trust	-	5,945	-	5,945
CCBC Welsh Church Fund	-	5,000	(5,000)	-
Savoy Educational Trust	-	6,458	-	6,458
	<u>33,515</u>	<u>68,361</u>	<u>(30,640)</u>	<u>71,236</u>
TOTAL FUNDS	<u>164,780</u>	<u>(33,018)</u>	<u>-</u>	<u>131,762</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	135,363	(216,223)	(80,860)
Churches Expense Fund (Designated Fund)	13,419	(16,088)	(2,669)
GVCE Ltd	3,000	(12,000)	(9,000)
Viridor	3,451	(6,451)	(3,000)
Community Fund Grant	-	(5,850)	(5,850)
	<u>155,233</u>	<u>(256,612)</u>	<u>(101,379)</u>
Restricted funds			
Community Fund Grant	10,000	(7,674)	2,326
Welsh Water Grant	-	(200)	(200)
GAVO VSRF	-	(3,000)	(3,000)
Moondance	12,675	(3,855)	8,820
WCVA Gov VSEF Grant	2,001	(2,496)	(495)
Access to Health	3,001	(13,001)	(10,000)
Rank Foundation	-	(2,500)	(2,500)
Postcode Community Trust 2021	-	(5,075)	(5,075)
GAVO-CCBC HWB Fund 2021	-	(6,000)	(6,000)
Arnold Clark Community Fund 2022	2,500	(2,500)	-
CCBC Household Support Social Fund 2022	2,500	(2,500)	-
Isolation & Loneliness Grant	3,000	(3,000)	-
CCBC contribution Spend Q1	17,344	(6,812)	10,532
Barnabas Trust 2022	1,500	(1,500)	-
Souter Charitable Trust	3,000	(3,000)	-
McCarthy & Stone	5,000	(5,000)	-
Marsh Christian Fund	500	(500)	-
Garfield Weston	25,000	(25,000)	-
CRCF Wales (Comic Relief & GAVO)	4,999	(4,999)	-
Community Matters National Grid	10,000	(4,902)	5,098
Joseph Rank Trust	12,500	(12,500)	-
CCBC Contribution Summer of Fun	10,465	(10,465)	-
The Henry Smith Charity 2023	35,000	(26,327)	8,673
Principality Building Society's Future Gen 2023	10,000	(6,109)	3,891
The D'Oyly Carte 2023	3,000	(1,085)	1,915
National Grid 2023	7,700	(4,691)	3,009
Westhill Foundation	4,500	(4,500)	-
CCBC National Play Day Small Grants	250	(250)	-
CCBC Warm Spaces Claim	3,533	(2,093)	1,440
Gwendoline & Margaret Davies Charity	2,000	(2,000)	-
Gwent High Sheriff Fund	5,000	(5,000)	-
Julia & Hans Rausing	10,000	(10,000)	-
M & G Community Fund	4,000	(4,000)	-
Making a Difference	882	(882)	-
Prince of Wales Charitable Foundation	2,000	(2,000)	-
Souter Charitable Trust	3,000	(3,000)	-
The Archer Trust	1,000	(1,000)	-
The Beatrice Laing Trust	1,500	(1,500)	-
The Bishop Radford Trust	2,000	(2,000)	-
The Grace Trust	1,000	(1,000)	-
Caerphilly Food Network	2,129	(2,129)	-
Children in Need	23,801	(7,500)	16,301
Millennium Stadium Charitable Trust	2,059	(1,088)	971
Principality & CF Wales Cost of Living	5,000	(280)	4,720
The Fyrish Foundation	10,000	(4,290)	5,710

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2023

8. MOVEMENT IN FUNDS - continued

The Hobson Charity	6,000	(1,178)	4,822
Benefact Trust	9,600	(3,655)	5,945
Direct Food Supply Fund	1,999	(1,999)	-
CCBC Welsh Church Fund	5,000	-	5,000
Savoy Educational Trust	6,458	-	6,458
	<u>294,396</u>	<u>(226,035)</u>	<u>68,361</u>
TOTAL FUNDS	<u><u>449,629</u></u>	<u><u>(482,647)</u></u>	<u><u>(33,018)</u></u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2023.

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2023**

	2023	2022
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	-	(1)
Donations	22,343	48,749
Gift aid	1,777	4,308
Grants	189,653	140,294
Fundraising income	<u>792</u>	<u>1,188</u>
	214,565	194,538
Other trading activities		
Other income	<u>16,945</u>	<u>23,581</u>
Total incoming resources	231,510	218,119
EXPENDITURE		
Charitable activities		
Salaries, Training & Expenses	111,617	76,032
Core Costs	29,625	21,015
Insurance	2,657	2,495
Utilities	6,847	4,849
Telephone	1,681	1,380
Advertising	1,048	1,325
Repairs and maintenance	35	5,417
Licences and subscriptions	8,440	4,931
Staff expenses (inc Travel)	389	91
Training	2,183	1,535
Core Costs - ICT & Electrical	8,622	19,889
Office Fixtures & Fittings	2,145	5,417
Motor Vehicle Expense	5,158	7,875
Accountancy	3,048	2,502
Churches expense fund	5,715	10,375
Consumables	606	542
Courses	24	195
Postage	57	91
Printing and Stationery	781	798
Security	326	578
Shop	-	119
Projects - Tommy's Tots	1,256	128
Projects - Caffi Caredig	1,252	263
Projects - Youth & Children	2,290	6,706
Projects - Community choir	1,984	3,704
Projects - Community garden	39	128
Projects - Craft club	-	258
Projects - The CARE project	5,705	1,109
Projects - The lunch club	<u>236</u>	<u>834</u>
	203,766	180,581
Support costs		
Management		
Fees & Other Charges	924	1,844

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2023**

	2023	2022
	£	£
Management		
Other		
Plant and machinery	17,264	12,804
Fixtures and fittings	15,034	15,280
Motor vehicles	9,141	9,370
Computer equipment	<u>8,311</u>	<u>8,328</u>
	<u>49,750</u>	<u>45,782</u>
Total resources expended	<u>254,440</u>	<u>228,207</u>
Net expenditure	<u>(22,930)</u>	<u>(10,088)</u>

The Parish Trust

England & Wales - Charity number 1186996

Accounts



Annual Report

Incorporating Examined Financial Statements

For the Year Ended

31st December 2022

CHARITY NO. 1186996

REPORT OF THE TRUSTEES

The Trustees present their report together with the financial statements of the Charity for the year ended 31st December 2022. The financial statements have been prepared in accordance with the accounting policies set out in Note 1 and comply with the Charity's constitution and applicable law.

Legal and Administrative Information

Charity Registration 1186996

Address The Parish Trust
Heol yr Ysgol
Trethomas
Caerphilly
CF83 8FL

Trustees

Rev. Dean Aaron Roberts	Chair of Trustees
	Founding Trustee
Mr. Wayne Barnett	Founding Trustee
Mrs. Rosemarie Annette Llewellyn	Founding Trustee
Mrs. Janet Elizabeth Sainsbury	Term Ended December 2022
Mrs. Meryl Anne Holt	Appointed July 2020
Mrs. Jennifer Anne Richardson	Appointed July 2020
Cllr. Mrs. Elizabeth Myra Aldworth	Appointed September 2020
Mrs. Anne Hufton	Appointed September 2020
Mrs. Diane Brierley	Appointed April 2021
Mrs. Elizabeth Blacker	Appointed April 2021

Treasurer

Mrs. Diane Brierley

Minute Clerk

Mrs. Elizabeth Blacker

Independent Examiner

Bevan Buckland LLP
Ground Floor, Cardigan House, Enterprise Park, Castle Court, Llansamlet, Swansea SA7 9LZ

Bankers

Lloyds Bank

Structure, Governance, and Management

Governing Document

The Charity was registered as a Charitable Incorporated Organisation (CIO) on 17th December 2019 under charity registration number 1186996. The Charity's governing document is based on a Foundation Model Constitution.

Recruitment and Appointment of New Trustees

Trustees are sought as and when vacancies arise. Careful consideration is taken to ensure that potential trustees are able to uphold and safeguard the Charity by diligently carrying out business as determined in the Charity's constitution, and that they bring particular expertise to bear on the overall ethos, vision, and strategy of the Charity.

Potential trustees are required to submit an application to the Board which is considered and voted on by the existing board members. The application form is written by the Board of Trustees and asks applicants to declare their fitness and eligibility to be a trustee. Applicants are given a copy of the following:

- The Governing Document
- The latest Annual Report and Accounts
- A copy of charity policies and procedures

If the existing trustees resolve that an applicant be appointed to the Board, the new trustee to be appointed will undergo relevant training and induction as required, and will also receive copies of:

- The latest minutes of the regular meeting of the Board
- The current budget
- Any strategic plan, business plan, and/or operational plan

The Board will be prioritising recruitment of additional trustees in the coming year and have identified legal knowledge and business/stakeholder networking to be skills that are needed on the Board.

Organisational Structure

There are currently nine trustees, with one trustee's Term of Office coming to its natural end in December 2022.

In 2022, we employed ten members of staff. Staffing Positions were filled in the areas of administration, community engagement, and project operations. All staff reported to the Chair of Trustees. The charity is in the process of refining its operational structure which will be in place during the course of 2023.

Risk Management

The Trustees operate a rolling programme of identifying and addressing major risks to the Charity at their regular meetings.

The lack of a permanent base and HQ for the charity continues to be a major risk, and the Board of Trustees are in lengthy negotiations with the Church in Wales to try and acquire the freehold interest of the building to secure the charity's future sustainability and growth.

Trustee Meetings

The Board of Trustees met five times throughout the course of 2022 to transact the regular business of the Charity. A number of extraordinary meetings were also held for strategic and decision making purposes. Meetings were held both in person and electronically.

Objectives and Activities

Summary of Objectives

The Charity's Governing Document states that The Parish Trust is a Christian based organisation which organises various projects, services and events that benefit the general public. The Charity's objective is to advance the Christian faith and its religious, moral and philanthropic principles. We support the local church and community so that the lives of our beneficiaries are enriched and improved.

Whilst having a Christian foundation, the charity exists for all regardless of religious affiliation or otherwise.

Summary of Activities undertaken for the Public Benefit

The Parish Trust continually assesses and develops the provision of charitable activities in relation to identified needs in the community. Activities undertaken must be relevant to the charitable objectives of The Parish Trust, and be in accordance with its Governing Document.

A number of projects and activities have been undertaken throughout the course of 2022. The activities listed are our main projects and are by no means an exhaustive list of everything that has taken place in the charity over the last 12 months. Details of our full programme of events and achievements can be found on our Website and Social Media.

The CARE Project / Bag a Bargain

The CARE Project is at the heart of the work we do as a charity and has been since its conception. With the rising living costs in 2022, we witnessed a steady increase in the demand for food parcels. Families were referred to us who have never used a food bank service before and were often reluctant to ask for help. Most service users that we spoke with reasoned that they sought help because of the rising food, gas and electricity prices. A survey that we conducted with service users found that 50% of participants chose to skip a meal in the last year in order to pay their bills; and 28.6% did this on a monthly basis.

Despite regular food parcel packing and distribution three times a week, we have consistently struggled to keep up with the increased need for food parcels. The devoted work of regular volunteers and the generous personal donations of local individuals within the community have been vital in making this project possible. 1678 food parcels were prepared and 4649 people were fed, with 196 referrals being received throughout the year.

In 2022, we continued our approach to deliver food parcels directly to service users' homes. This approach has enabled individuals to receive support from us who may have barriers in coming to the Parish Trust building, for example having mobility issues. As a food bank that covers the Caerphilly borough area, in the coming year we hope to remain as a consistent presence to members of our local community, helping them to weather the storm of increased living costs.

Like many other initiatives at The Parish Trust, the CARE Project has also been focused on reducing food waste. Last year, we have been particularly focused on sourcing short-dated food from suppliers that would otherwise go to landfill. We have also continued to run our regular event called 'Bag a Bargain.' Three times a week, we offer the local community an opportunity to receive a big bag of food for a small suggested donation. One elderly member of the local community reported to us that Bag a Bargain was of immense help to her because she struggled to make ends meet solely on her pension.

~ Luke Coleman

Holiday Events

Over the course of the Summer of 2022 in collaboration with Welsh Government and Caerphilly County Borough Council, The Parish Trust held 27 events for children, young people and their families to give children in particular some activities to take part in through the summer break. All the activities were free and held in the Parish Trust Headquarters Building.

During that time, we made contact with 40+ new families (who had not attended a family activity before the Summer of Fun). The most attended sessions were the "Creative Kids" craft sessions each Monday morning, with an average attendance of 42 children. For the Pebble Painting session, there were 57 children over the 2.5 hours.

The Family Fun Days were held either on Wednesday or Saturday with games and activities available, alongside a bouncy castle and the Caffi Caredig. These generally attracted 32-37 children over 4 hours.

For younger children (primarily those under the age of 5 years), there were 3 different kinds of sessions: Tommy's Tots, Rhymetime and Messy Play. Tommy's Tots continued to have an average attendance of 20-25 children each week, as it does in term time. There was an average attendance of 16 children to each of the other sessions.

The Youth Club sessions offered a number of different sessions, with the Silent Disco being the most popular. The final session of the Summer had grown to 33 attendees.

Following the Summer of Fun events, we asked for feedback via email and social media. The feedback was overwhelmingly positive:

- 100% of the children who attended an event felt that they had fun.
- 100% of those who responded felt that there was enough to do for the age of their child.
- It was felt by all of the children's (100%) parents/carers that events had a positive impact on their mental health.
- Additionally, 93% of the adults felt it had a positive impact on their own mental health too.
- Everyone agreed that they would attend events put on by The Parish Trust again in the future.

- More than 75% of those who responded enjoyed the activities because they were free, because the facilities were good, because the staff/volunteers were friendly, and because it was both local to their home and an easy place to meet friends.

A number of events were held in half term holidays following the Summer of Fun, and in the run-up to Christmas, including craft days, messy play, a Nativity Trail, and various competitions.

Youth and Children

Youth Club

Throughout 2022, The Parish Trust identified the need for more opportunities and activities for young people in the local area, and put plans in place to actively respond to this need.

The Parish Trust began to make connections with young people in the local area through collaborating with other charities in the area, such as Club 707 and Caerphilly Youth Service.

The Parish Trust held a government funded Summer of Fun initiative with planned events for young people. Every Friday from 7:30pm - 9:30pm throughout the summer holidays, we trialled a youth club, which included movie nights, silent discos, and quiz nights. Every week, the numbers of young people attending went up and in total, at least 70 young people attended our Summer of Fun Youth Club events.

We received some very positive feedback from young people and parents during the summer. Many parents stated how fantastic it was to see a youth club running in the local area, especially during the summer holidays, to provide their children with a safe space to have fun with their friends. At our last event of the summer, many young people began asking when the next event was going to be.

On 7th October 2022, we held a suggestions session where young people could come in and write their suggestions and ideas for what they would like from a youth club and what days and times suit them best. Ideas could then be placed in a suggestion box, and free hot chocolate was provided. This session was really useful in that young people were provided with the opportunity to express their interests and ideas, and a new time for the youth club was set for 7pm - 8:30pm on Fridays.

On 14th October 2022, our youth club officially launched with the amended times and we provided free snacks, hot chocolate and played team building games such as capture the flag. Following on from this, we held a Nerf night on 21st October based on the suggestions of young people. This event was really successful with over 25 young people attending and asking if we can hold another Nerf event in the future. On 28th October, we held a pamper night where we offered gel nail painting, snacks, music and dancing games on the big screen. The aim of this night was for everyone to get to know each other better in a more relaxed atmosphere. This event was another that young people would like us to do again in the future. We then held 2 'free play' sessions where we

played team games with young people based on games they wanted to play, and created a behavioural contract with them where we went around in a circle and discussed some house rules for youth club. This was extremely helpful in setting boundaries and getting to know why young people come to youth club and how to make it best suited to them.

In December, we held 2 Christmas themed youth events: a movie night and a silent disco. For our movie night, we collaborated with Gateway Youth Group and had almost 30 young people in attendance. This was an excellent opportunity for our young people to make new friends, and was a great bonding experience for staff and the youth. For our Christmas themed silent disco, we had a fantastic evening with around 30 young people with lots of dancing, singing Christmas songs and young people added their favourite songs to the mix.

In total, since our first session in October, we have welcomed 137 young people to our youth club. Our relationship with young people has grown a lot since the summer, and we have built fantastic connections with each and every young person that has walked through our door. Young people have told us how much they enjoy our youth club, and how they look forward to every Friday. This feedback is so important to us, as we have worked to create an environment that young people want to be a part of.

We quickly established that young people have especially enjoyed our silent discos, but also how important it is to provide them with opportunities to be active. Young people mostly engage in group games such as dodgeball and hide and seek. Although we do use technology for quizzes, movie nights and silent discos, whilst young people are with us, they forget about their phones and are present in the moment, which is something that is very important to us.

The Parish Trust's goal for 2023 and the future, is to continue creating more opportunities for young people in the local area, through providing more events, off-site trips, training opportunities, support networks and to create opportunities for young people to get involved within their community. We will continue to encourage young people to share their ideas and suggestions for what they would like to see from us, what is important to them, and what they would like to get out of coming to our Youth Club. We believe that providing young people with the opportunity to create a club that is for them, by them, will aid in providing the tools they need to become independent, creative and active citizens. We also aim to introduce more social action based activities and learning into our Youth Club in 2023, so that young people not only stay with us in this vital stage in their lives, but grow as young adults with us.

Family Games

Throughout the Summer of Fun 2022 we saw a few families regularly attending our Family Games session where a parent and their children were playing with our large number of family friendly board games. We also had plenty of large outside games to play, such as our large Connect 4 and Tetherball. Children really enjoyed this, however

once the summer was over and children went back to school, we noticed a larger number of children attending, either on their own or with a parent/guardian.

During Family Games, we noticed a number of children looking for something to eat after school, so we began providing snacks for them which was well received. During our Family Games sessions, we also have a collection of food from one of our fresh food suppliers, which introduced the children and young people to our CARE project. Some of the young people that also attend our youth club grew an interest in this part of the charity and began asking to help put the food away. We found this to be a great step in their personal development and encouraged them to learn more about it.

By the end of 2022, our Family Games session had a couple of regular families attending, and a regular group of young people coming in after school. In total, we welcome around 20-25 children and young people to our Family Games session every week. We have built great connections with the families and young people that attend our sessions, and have identified what is important to them. For example, one family appreciates arts and crafts, so we ensure to set up a table for them filled with craft materials and ideas. Some young people also enjoy coming to have a space to relax with friends after school and like to sit down on the stage. We have assessed this and are looking into ways to provide sofas and beanbags for them.

The Parish Trust's goal for 2023 is to rebrand and advertise the Family Games session to be more welcoming to children and young people that attend alone, to encourage more children to join us, as it is clear that some parents are not able to attend with their child. We hope to continue showing children and young people the work that we do for the community, so that they may broaden their knowledge and provide the opportunity to be influenced by charitable acts.

Tommy's Tots

Tommy's Tots has continued to thrive in 2022. We welcomed some new families to the group and have also said goodbye to some toddlers that have started school. Our connections with parents and guardians have blossomed and we have received fantastic feedback from parents. Some new parents have expressed their delight at the low cost of the group, and how lovely it is for them to meet other parents in the local community and have a friendly chat whilst their toddlers also make new friends.

During each Tommy's Tots session, we play a 'tidy up' song, which encourages the toddlers to put the toys back in their boxes along with their parents, to teach them from a young age that independence, respect and responsibility is expected. The toddlers always know to tidy up once the song is played, which is great development and the parents also encourage this.

We have found that stories are well received by the children, however more active games such as using the colourful parachute and songs that require the parents/guardians to get involved have worked the best. After the session, there have

also been a few toddlers that have started to stay behind to help us tidy up and put away our foam mats on their own accord, which is great to see.

In 2023, we hope to continue growing Tommy's Tots, the goal is to facilitate sensory and social development through free play, stories, and structured activities. We hope to explore new activities in the future through the appointment of a Tommy's Tots lead which can bring in fresh ideas and perspectives.

~ Carrie Gealy - Youth & Children's Development Officer

Caffi Caredig / Lunch Club

Caffi Caredig

Caffi Caredig (Welsh for "kind cafe") was in active service over the 2022 summer period. As a not-for-profit coffee and snack bar, members of staff and volunteers provided hot food and drink on-site at The Parish Trust. Caffi Caredig was in full-swing particularly during our family day Summer of Fun events. Families commented on the affordability of food and drink enabling them to buy lunch and happily enjoy the various activities we had on offer. Looking ahead to 2023, we are very excited about the opportunities available to develop the cafe. We are hoping to employ a new member of staff that can continue to operate the coffee and snack bar.

Lunch Club

The Lunch Club is one of our weekly events with regular attendees from the community. Our vision for the Lunch Club has always been that it is more than just a meal. The Lunch Club has aimed to provide a hospitable space that enables social connection, particularly for the elderly in our local community, which has been our main demographic this year. Attendees have reported how they have found friendship and connection at Lunch Club, despite feeling increasingly isolated in other areas of life. At the Lunch Club, we treat attendees to a three course meal for a small suggested donation. This initiative has been led by a member of staff but assisted by willing and able volunteers who are given the opportunity to develop their culinary skills and knowledge. This year, volunteers received level 2 food hygiene training and we intend to offer such training courses for the future. In preparation for Lunch Club meals, we have been mindful about reducing food waste where possible. In this regard, we have done our best to adapt our meal plans in response to the availability of current food stock.

We had a few key highlights last year for Lunch Club. One of the most exciting occasions was hosting the local MP at the Lunch Club alongside CARE Project volunteers. In recognition that Christmas can be a lonely and tough time for many in our community, we hosted two Special Christmas lunches spanning over two consecutive weeks in December. In these special events, we cooked a Christmas dinner. This coming year, we plan to provide short talks following lunch from members of the community which will be informative, fun and give individuals an opportunity to share their passion.

~ Luke Coleman

Community Choir

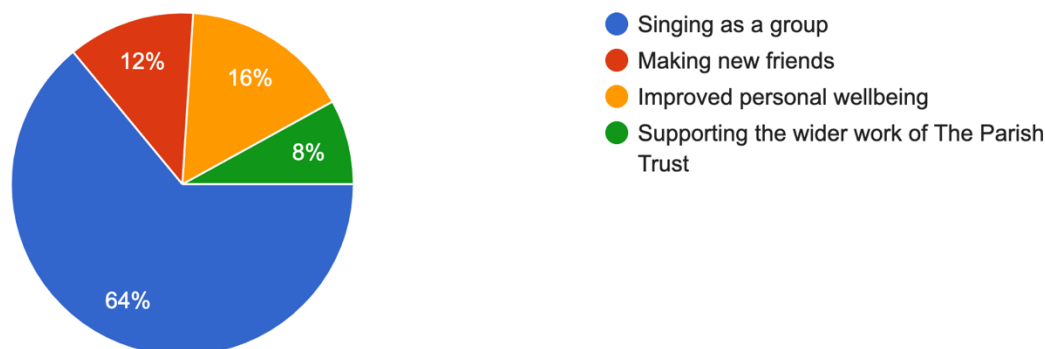
At the start of the year, The Parish Trust conducted a survey in the local community asking them what they would like to see provided in the local area. One of the main suggestions was a Community Choir, and with that, the charity sought funding to launch an all age, all ability Community Choir. This funding was secured, and after a series of online open evenings, the choir was launched in March 2022.

At year end, the choir has a membership of 35, singing a variety of songs from classical music, to Broadway, to popular music. The choir is mainly female at the moment with an average age of 53.

Feedback from the choir has been very positive:

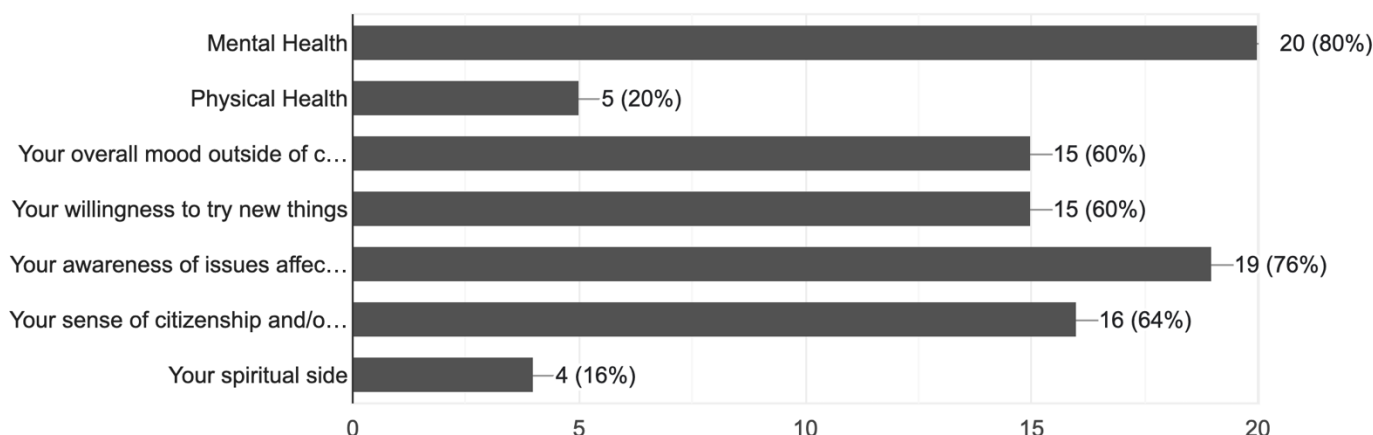
What has been the best thing about joining the Community Choir out of the following?

25 responses



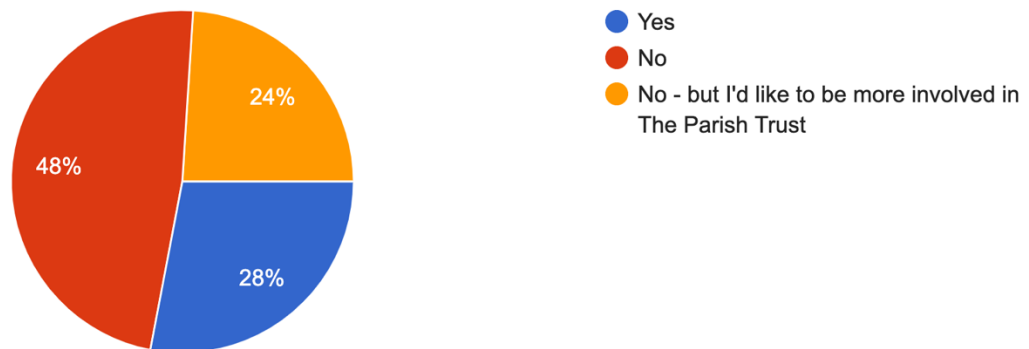
Do you feel that Community Choir has had a positive impact on any of the following? (Please tick all that apply)

25 responses



Have you got involved in anything else at The Parish Trust because of your membership in the choir?

25 responses



It has been encouraging to note that 52% of choir members surveyed said that they have or would like even greater connection with the charity as a result of being a part of the choir, confirming that we are bringing people together, making connections, and improving overall wellbeing in our stakeholders.

The choir finished the year by holding its first concert as part of the charity's Cost of Living Cosy Club scheme, opening up the HQ to host free events during the winter months. Nearly 130 people were present for the evening, and the concert was live-streamed on Facebook using technology we had purchased as part of a different grant. It was a significant milestone in the life of the charity, and the culmination of a hard year's work for the new choir.

In 2023, we are hoping to turn our attention to younger musicians and seek funding that would provide paid places for young people to join the choir, creating intergenerational connections, and giving young people the opportunity to learn music.

Community Garden

The Community Garden was initiated in 2021, and all work to transform the back of the building is now complete. Plants, shrubs, fruits, and vegetables have been planted and volunteers have maintained the garden over the last year.

In the summer of 2022, the Community Garden was inspected and awarded a Green Flag Award, after a series of interviews with staff and volunteers. This is a major achievement for the charity, and it is hoped that more good work will be undertaken in the garden as a result of the hard work that was given to securing the Green Flag Award.

Wellbeing, Spiritual, and Pastoral Care

Pastoral care and wellbeing-focussed courses were new initiatives introduced in 2022. As a charity, we wanted to respond to the growing need for more psychosocial support throughout the Caerphilly borough that we had observed in our service users.

In the second half of 2022, we ran two in-person bereavement courses called 'The Bereavement Journey'. Particularly after the pandemic, many of those that had lost loved ones required extra bereavement support. These interactive groups provided a safe and caring space through which participants could share stories of their loss and find hope. A particular highlight for us was hearing how individuals who lost their husbands continue to meet regularly to support each other well after the course has finished. Of note, many individuals who have attended our courses have found that they were unable to receive bereavement support elsewhere because of the high demand on local mental health services. We also ran an in-person mental health and wellbeing course. This course was aimed at those needing support with their mental health; helping them to share their experiences while also gaining practical skills.

Additionally, we provide pastoral support over the phone to CARE Project service users, volunteers and members of our community. These confidential calls from our pastoral care team aim to be sensitive, supportive and ensure that, when necessary, individuals are signposted to the appropriate support service within their local area.

~ Luke Coleman

Partnerships

The Parish Trust is very grateful for the partnerships that have been newly forged or strengthened throughout the year. In particular, we are grateful for the cooperation of Caerphilly County Borough Council who have supported our activities as a Charity in a significant way, alongside the various Community Councils in our areas of operation.

We are also thankful for the partnerships we have made with food businesses, both large corporations and SMBs in the locality, the public sector (including health/medical practitioners/organisations and schools) as well as social clubs, societies, and other charitable organisations.

Together, our partners have aided us in providing services for the public benefit in various ways such as signposting members of the general public to the Charity, fundraising and donating resources, and supporting us with advice and guidance to enhance and streamline the day to day operation of The Parish Trust.

Volunteering

The Board of Trustees continues to be grateful for a very loyal and dedicated volunteer team who have worked exceptionally hard throughout 2022. Our volunteers continue to provide much needed stability and continuity in a very uncertain world, and aside from offering their time to our core services, they bring with them other transferable skills which have helped the organisation to maintain and grow its offering throughout the year, from networking to administrative and business skills.

The charity continued to retain some very established volunteers during 2022 and has managed to recruit new volunteers. At year end, there were 151 volunteers registered with The Parish Trust who had volunteered within the last calendar month. Of these volunteers, 100 were

female, and 50 were male, with the average age of a volunteer being 43 years of age. Roughly one quarter of our active volunteers are under the age of 25. The number of young people volunteering with the charity has increased over the last year, as has the number of volunteers who are over 65. This means that whilst the average age of a volunteer has increased to 43 (42 last year), young volunteers have increased to make up a quarter of all volunteers as opposed to last year when they made up one fifth of the volunteer team.

Most of the volunteers (93%) live within five miles of The Parish Trust HQ building, however some volunteers live over 40 miles away, undertaking remote roles on behalf of the charity.

The average monthly volunteering hours in 2022 was 604.5, with over 7,000 volunteering hours completed with the Charity throughout the course of the year. This is a decrease on last year's figures. However, we realise that the country is now no longer directly affected by COVID and so most people have returned fully to their pattern of work prior to the COVID-19 pandemic. We are aware of the danger that fewer volunteers may be called upon to do a greater amount of work for the organisation and as such, we will plan to increase volunteer numbers and spread workload whilst trying to invest as much as possible in all who offer their time and skills to the work of The Parish Trust.

A range of new volunteering opportunities have been created over the last 12 months, particularly related to food related service, and youth and children's work. This is to complement the existing volunteering roles at The Parish Trust.

As part of our effort to thank volunteers and celebrate their achievements, we held a number of events throughout the year to celebrate their success, and particularly during Volunteers Week. Over the last year, we continued to use Tempo Time Credits which provides vouchers and discounts to volunteers as they invest their time with us.

We committed to further invest in Volunteers in our last annual report, and as such, embarked upon working towards gaining an Investing in Volunteers Award. Members of staff and volunteers have worked closely with the WCVA and internally to meet the standards criteria and the charity has been assessed. We have had positive news regarding the assessment and it is expected that The Parish Trust will be officially awarded its Investing in Volunteers Accreditation at the beginning of 2023.

Staff

The Charity was able to employ staff through the course of 2022, increasing staffing to accommodate our growing service to stakeholders. The Parish Trust did experience some staffing challenges during the course of 2022, and the Board wish to pay particular tribute to the staff who ensured a smooth running of the charity whilst the challenges were resolved. The Board feel that the staff team is now more resilient, robust, and developed, and it is a priority of the Trustees to continue to invest in the ongoing development of the staff team.

It is envisaged that at least four new positions will be advertised during 2023 to focus on specific aspects of the charity's work to further the strategic aims of the organisation.

As a Board, we are pleased to have been able to offer employment opportunities with the help of generous grant funding. We thank those who have contributed towards our staffing costs over the last year.

Achievements and Performance

Many of our achievements have already been reported on during the course of the Annual Report under our Summary of Activities. However, some particular highlights for the organisation this year have been:

- The introduction of various holiday activities for families, further mitigating against various types of poverty and other challenges.
- The establishment of comprehensive youth provision for the area, establishing contact with 213 regular children/young people across all events.
- The successful recruitment of a Youth and Children's Engagement Officer, and a Wellbeing Coordinator.
- Being awarded a Green Flag Award for the Community Garden project.
- The support and inclusion of new volunteers at the charity who have additional needs or disabilities.

We continue to be supported by the press through media coverage, and by the support of our partners and grant funders.

Financial Review

The Board of Trustees are grateful to Bevan and Buckland LLP for examining the Charity Accounts for the year ended 31st December 2022.

General Comments

Expenditure for 2022 can be broadly categorised into the following:

Fixed Assets and Capital Purchases	13.0%
Running costs and general overheads	57.8%
Staffing	29.1%

Income streams for 2022 are made up of:

Grant Funding (all income described as a grant, no matter its value)	64.4%
Donations	24.3%
Other income (including sales, service charges, and fees)	11.4%

Compared with 2021, we have reduced our reliance on Grant Funding by 4.6%, with Donations increasing 5.3% in 2022, which was a priority for the charity. We will continue to work on diversification of income streams during the course of 2023.

Donations

The Parish Trust is extremely grateful to all the individuals, businesses, and organisations who made donations to the Charity.

Donations were received in person, via the post, over the telephone, over text message, through our website, and via social media.

Grant Funding

The Board of Trustees wish to pay tribute and express thanks to all those trusts, organisations, and individuals who have so generously supported our work throughout the year. The Parish Trust have received some significant grant funding from organisations which we wish to mention below as valued supporters of our work:

- National Lottery Community Fund (£10,000)
- GVCE (£3,000)
- GAVO - Access to Health Grant (£3,000)
- McCarthy & Stone Foundation (£5,000)
- Arnold Clark Community Fund (£2,500)
- WCVA (£2,000)
- Souter Charitable Trust (£3,000)
- Viridor (£3,451)
- The Barnabas Trust (£1,500)
- Moondance (£12,675)
- Marsh Trust (£500)
- Garfield Weston (£25,000)

- Comic Relief (£5,000)
- National Grid Community Fund (£10,000)

We have also received continuous financial support from Caerphilly County Borough Council through a number of small grants and partnership working.

Reserves Policy

The Parish Trust keeps enough reserves to meet its basic operational costs for up to three months to mitigate against a major adverse financial event which would bring considerable risk to the charity. Operational costs would include salaries and associated overheads, and any bills that the charity is contracted to pay. The total reserves is currently kept at £31,000.

Forward Planning

In the last annual report, the Board committed to investing in strategy, personnel, and finance to secure the charity's long term future. These items have been looked at in the usual course of business at Board Meetings, and these continue to be ongoing agenda items as the charity grows. Particular objectives that were agreed were as follows:

- Maintaining, developing, and increasing staffing capacity at the charity

New staff positions were created, and staffing structure was reconfigured for clarity and transparency amongst all stakeholders.

- Securing the purchase of a permanent building to safeguard the long-term future of The Parish Trust

We are still working to secure the freehold purchase of the building that The Parish Trust uses as the base of its work, namely St. Thomas' Church in Trethomas. Despite assurances that this matter would be progressed in early 2022, the Freeholder, currently the Representative Body of the Church in Wales, offered an unfavourable lease proposal in the latter part of the year. The Board unanimously rejected this proposal and wrote to the Freeholder asking for a freehold sale proposal, which is still pending. Acquiring the building will enable us to significantly enhance our work and our provision as a Charity, making it a valuable resource available for use to the entire community.

- Implementing a fundraising strategy to secure a healthy income stream

We employed a fundraising consultant to assist with strategy and grant writing as part of the charity's commitment to excellence in its attempt to secure funding for its charitable purposes.

- Providing more services and events "in-person" to further the charity's aims and objectives

A number of services and events were introduced that were held on site, in person, which have proven to be extremely popular.

- Raising awareness of the charity to current and potential stakeholders across public, private, and charitable sectors at every level

The Chair of Trustees in particular has engaged in promoting the charity's work through partnership working through the local Council, Welsh Government, and the local Health Board, as well as speaking to a number of stakeholders and other organisations to promote the work of The Parish Trust throughout the course of 2022. The Chair has also prioritised working with the media and press to broadcast good news stories coming out of the charity and communicate social impact. All these things have resulted in financial donations, in-kind support, and access to a variety of services, as well as increased PR presence.

- Investing in the governance of the charity through training and accreditation through relevant bodies such as Charity Excellence and the Investing in Volunteers Award

The charity has not had resources to invest in the Charity Excellence Award as yet, but it has completed all the necessary work to be accredited with the Investing in Volunteers Award, which is due to be confirmed in early 2023.

In 2023, our goals will be:

- To secure a permanent home for the charity.
- To continue investing in current staff, giving them additional skills that will enable them and the charity to flourish in an ever changing and challenging world.
- To appoint a CEO on a part-time basis (as a minimum) to spearhead the overall strategy and direction of the charity.
- To deepen holistic service and provide opportunities for stakeholders to cross-pollinate between various streams and projects under the charity's umbrella.
- To increase profile presence of the organisation through networking, PR and marketing.

Closing Remarks

2022 has been a year of both opportunity and challenge for The Parish Trust. The Board of Trustees feel, however, that this report is evidence of a sustained investment in the work of the charity, and shows the progression of the organisation over the last twelve months when compared to the previous annual report.

We continue to seek new and innovative ways to carry out our vision to see people experience life in all its fulness as referred to by Jesus Christ (John's Gospel, chapter 10, verse 10), through a holistic approach to services, creating and strengthening community, and being underpinned by Christian conviction in all that we do.

Approved by order of the board of trustees on Wednesday 8th February 2023 and signed on its behalf by:



.....
Rev. Dean Aaron Roberts - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE PARISH TRUST**

Independent examiner's report to the trustees of The Parish Trust

I report to the charity trustees on my examination of the accounts of The Parish Trust (the Trust) for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

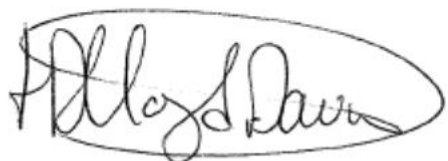
I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Henry Lloyd-Davies
Institute of Chartered Accountants in England and Wales
Bevan Buckland LLP
Ground Floor
Cardigan House
Castle Court
Swansea Enterprise Park
Swansea
SA7 9LA

08 February 2023

Date:

THE PARISH TRUST

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		82,035	111,985	194,020	131,873
Other trading activities	2	<u>24,099</u>	<u>-</u>	<u>24,099</u>	<u>18,575</u>
Total		<u>106,134</u>	<u>111,985</u>	<u>218,119</u>	<u>150,448</u>
 EXPENDITURE ON					
Charitable activities					
Charitable Activities		124,486	103,721	228,207	176,478
NET INCOME/(EXPENDITURE)		(18,352)	8,264	(10,088)	(26,030)
Transfers between funds	8	<u>21,111</u>	<u>(21,111)</u>	<u>-</u>	<u>-</u>
Net movement in funds		2,759	(12,847)	(10,088)	(26,030)
 RECONCILIATION OF FUNDS					
Total funds brought forward		131,265	33,515	164,780	190,810
 TOTAL FUNDS CARRIED FORWARD		 <u>134,024</u>	 <u>20,668</u>	 <u>154,692</u>	 <u>164,780</u>

THE PARISH TRUST

**BALANCE SHEET
31 DECEMBER 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	5	64,286	-	64,286	76,022
CURRENT ASSETS					
Debtors	6	3,357	-	3,357	1,366
Cash at bank and in hand		<u>69,319</u>	<u>20,667</u>	<u>89,986</u>	<u>89,552</u>
		72,676	20,667	93,343	90,918
CREDITORS					
Amounts falling due within one year	7	(2,937)	-	(2,937)	(2,160)
		<u>69,739</u>	<u>20,667</u>	<u>90,406</u>	<u>88,758</u>
NET CURRENT ASSETS					
		<u>134,025</u>	<u>20,667</u>	<u>154,692</u>	<u>164,780</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>134,025</u>	<u>20,667</u>	<u>154,692</u>	<u>164,780</u>
NET ASSETS					
		<u>134,025</u>	<u>20,667</u>	<u>154,692</u>	<u>164,780</u>
FUNDS					
	8				
Unrestricted funds				134,025	131,265
Restricted funds				<u>20,667</u>	<u>33,515</u>
TOTAL FUNDS					
				<u>154,692</u>	<u>164,780</u>

The financial statements were approved by the Board of Trustees and authorised for issue on Wednesday 8th February 2023 and were signed on its behalf by:



.....
Rev. Dean Aaron Roberts - Trustee

THE PARISH TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

Voluntary Income

All voluntary incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income. The amounts can be measured reliably and it is probable that the income will be received.

Donations

Donations are accounted for gross when received. Donations are accounted for gross when received.

Grants

Grant income is included in the accounts in the year in which it is receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 33% on cost
Fixtures and fittings	- 33% on cost
Motor vehicles	- 25% on cost
Computer equipment	- 33% on cost

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered.

Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the company has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Employee benefits

The Group provides a range of benefits to employees, including annual bonus arrangements, paid holiday arrangements and defined benefit and defined contribution pension plans.

continued...

THE PARISH TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022**

1. ACCOUNTING POLICIES - continued

Short term benefits

Short term benefits, including holiday pay and other similar non-monetary benefits, are recognised as an expense in the period in which the service is received.

2. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Other income	<u>24,099</u>	<u>18,575</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2022 nor for the year ended 31 December 2021.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	84,531	47,342	131,873
Other trading activities	<u>18,575</u>	<u>-</u>	<u>18,575</u>
Total	<u>103,106</u>	<u>47,342</u>	<u>150,448</u>
EXPENDITURE ON			
Charitable activities			
Charitable Activities	75,458	101,020	176,478
NET INCOME/(EXPENDITURE)	27,648	(53,678)	(26,030)
Transfers between funds	<u>59,872</u>	<u>(59,872)</u>	<u>-</u>
Net movement in funds	87,520	(113,550)	(26,030)
RECONCILIATION OF FUNDS			
Total funds brought forward	43,745	147,065	190,810
TOTAL FUNDS CARRIED FORWARD	<u>131,265</u>	<u>33,515</u>	<u>164,780</u>

continued...

THE PARISH TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022**

5. TANGIBLE FIXED ASSETS

	Plant and machinery £	Fixtures and fittings £	Motor vehicles £	Computer equipment £	Totals £
COST					
At 1 January 2022	43,108	29,365	37,800	8,729	119,002
Additions	<u>1,149</u>	<u>15,682</u>	<u>-</u>	<u>17,215</u>	<u>34,046</u>
At 31 December 2022	<u>44,257</u>	<u>45,047</u>	<u>37,800</u>	<u>25,944</u>	<u>153,048</u>
DEPRECIATION					
At 1 January 2022	14,482	12,671	12,239	3,588	42,980
Charge for year	<u>12,803</u>	<u>15,281</u>	<u>9,370</u>	<u>8,328</u>	<u>45,782</u>
At 31 December 2022	<u>27,285</u>	<u>27,952</u>	<u>21,609</u>	<u>11,916</u>	<u>88,762</u>
NET BOOK VALUE					
At 31 December 2022	<u>16,972</u>	<u>17,095</u>	<u>16,191</u>	<u>14,028</u>	<u>64,286</u>
At 31 December 2021	<u>28,626</u>	<u>16,694</u>	<u>25,561</u>	<u>5,141</u>	<u>76,022</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	<u>3,357</u>	<u>1,366</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Other creditors	<u>2,937</u>	<u>2,160</u>

continued...

THE PARISH TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022

8. MOVEMENT IN FUNDS

	At 1.1.22 £	Net movement in funds £	Transfers between funds £	At 31.12.22 £
Unrestricted funds				
General fund	111,702	(198)	21,611	133,115
Churches Expense Fund (Designated Fund)				
	2,499	(303)	(500)	1,696
GVCE Ltd	9,000	(9,000)	-	-
Viridor	3,000	(3,000)	-	-
Community Fund Grant	-	(5,850)	-	(5,850)
Postcode Community Trust 2021	5,064	-	-	5,064
	<u>131,265</u>	<u>(18,351)</u>	<u>21,111</u>	<u>134,025</u>
Restricted funds				
Community Fund Grant	5,850	2,326	(2,326)	5,850
Rehoboth Trust Grant	2,000	-	(2,000)	-
Welsh Water Grant	200	(200)	-	-
GAVO VSRF	3,000	(3,000)	-	-
Moondance	-	12,675	-	12,675
WCVA Gov VSEF Grant	3,965	(495)	(3,469)	1
Access to Health	10,000	(10,000)	-	-
Rank Foundation	2,500	(2,500)	-	-
Postcode Community Trust 2021	-	(5,075)	-	(5,075)
GAVO-CCBC HWB Fund 2021	6,000	(6,000)	-	-
CCBC contribution Spend Q1	-	10,532	(10,532)	-
Community Matters National Grid	-	10,000	(2,784)	7,216
	<u>33,515</u>	<u>8,263</u>	<u>(21,111)</u>	<u>20,667</u>
TOTAL FUNDS	<u>164,780</u>	<u>(10,088)</u>	<u>-</u>	<u>154,692</u>

continued...

THE PARISH TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	90,106	(90,304)	(198)
Churches Expense Fund (Designated Fund)	9,577	(9,880)	(303)
GVCE Ltd	3,000	(12,000)	(9,000)
Viridor	3,451	(6,451)	(3,000)
Community Fund Grant	-	(5,850)	(5,850)
	<u>106,134</u>	<u>(124,485)</u>	<u>(18,351)</u>
Restricted funds			
Community Fund Grant	10,000	(7,674)	2,326
Welsh Water Grant	-	(200)	(200)
GAVO VSRF	-	(3,000)	(3,000)
Moondance	12,675	-	12,675
WCVA Gov VSEF Grant	2,001	(2,496)	(495)
Access to Health	3,001	(13,001)	(10,000)
Rank Foundation	-	(2,500)	(2,500)
Postcode Community Trust 2021	-	(5,075)	(5,075)
GAVO-CCBC HWB Fund 2021	-	(6,000)	(6,000)
Arnold Clark Community Fund 2022	2,500	(2,500)	-
CCBC Household Support Social Fund 2022	1,000	(1,000)	-
Isolation & Loneliness Grant	3,000	(3,000)	-
CCBC contribution Spend Q1	17,344	(6,812)	10,532
Barnabas Trust 2022	1,500	(1,500)	-
Souter Charitable Trust	3,000	(3,000)	-
McCarthy & Stone	5,000	(5,000)	-
Marsh Christian Fund	500	(500)	-
Garfield Weston	25,000	(25,000)	-
CRCF Wales (Comic Relief & GAVO)	4,999	(4,999)	-
Community Matters National Grid	10,000	-	10,000
CCBC Contribution Summer of Fun	10,465	(10,465)	-
	<u>111,985</u>	<u>(103,722)</u>	<u>8,263</u>
TOTAL FUNDS	<u>218,119</u>	<u>(228,207)</u>	<u>(10,088)</u>

continued...

THE PARISH TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022

8. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.21 £	Net movement in funds £	Transfers between funds £	At 31.12.21 £
Unrestricted funds				
General fund	43,745	8,085	59,872	111,702
Churches Expense Fund (Designated Fund)	-	2,499	-	2,499
GVCE Ltd	-	9,000	-	9,000
Viridor	-	3,000	-	3,000
Postcode Community Trust 2021	-	5,064	-	5,064
	<u>43,745</u>	<u>27,648</u>	<u>59,872</u>	<u>131,265</u>
Restricted funds				
WCVA Grant 2	67,429	(47,307)	(20,122)	-
Community Fund Grant	19,055	(13,205)	-	5,850
Rehoboth Trust Grant	2,741	(741)	-	2,000
Welsh Water Grant	200	-	-	200
Coalfields	5,000	-	(5,000)	-
Awards for all	7,000	(7,000)	-	-
Caerphilly CC FPG Grant 2	6,564	(2,227)	(4,337)	-
GAVO VSRF	-	3,000	-	3,000
Moondance	22,074	(6,001)	(16,073)	-
WCVA Gov VSEF Grant	17,002	(981)	(12,056)	3,965
Access to Health	-	10,000	-	10,000
Food Poverty Fund	-	2,284	(2,284)	-
Rank Foundation	-	2,500	-	2,500
GAVO-CCBC HWB Fund 2021	-	6,000	-	6,000
	<u>147,065</u>	<u>(53,678)</u>	<u>(59,872)</u>	<u>33,515</u>
TOTAL FUNDS	<u>190,810</u>	<u>(26,030)</u>	<u>-</u>	<u>164,780</u>

continued...

THE PARISH TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022**

8. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	60,279	(52,194)	8,085
Churches Expense Fund (Designated Fund)	10,827	(8,328)	2,499
GVCE Ltd	9,000	-	9,000
Viridor	3,000	-	3,000
Postcode Community Trust 2021	<u>20,000</u>	<u>(14,936)</u>	<u>5,064</u>
	103,106	(75,458)	27,648
Restricted funds			
WCVA Grant 2	-	(47,307)	(47,307)
Community Fund Grant	-	(13,205)	(13,205)
Rehoboth Trust Grant	2,000	(2,741)	(741)
Awards for all	-	(7,000)	(7,000)
Caerphilly CC FPG Grant 2	1	(2,228)	(2,227)
GAVO VSRF	3,000	-	3,000
Moondance	(1)	(6,000)	(6,001)
WCVA Gov VSEF Grant	18,000	(18,981)	(981)
Access to Health	9,999	1	10,000
Food Poverty Fund	5,843	(3,559)	2,284
Rank Foundation	2,500	-	2,500
GAVO-CCBC HWB Fund 2021	<u>6,000</u>	<u>-</u>	<u>6,000</u>
	<u>47,342</u>	<u>(101,020)</u>	<u>(53,678)</u>
TOTAL FUNDS	<u><u>150,448</u></u>	<u><u>(176,478)</u></u>	<u><u>(26,030)</u></u>

continued...

THE PARISH TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.21 £	Net movement in funds £	Transfers between funds £	At 31.12.22 £
Unrestricted funds				
General fund	43,745	7,887	81,483	133,115
Churches Expense Fund (Designated Fund)	-	2,196	(500)	1,696
Community Fund Grant	-	(5,850)	-	(5,850)
Postcode Community Trust 2021	-	5,064	-	5,064
	<u>43,745</u>	<u>9,297</u>	<u>80,983</u>	<u>134,025</u>
Restricted funds				
WCVA Grant 2	67,429	(47,307)	(20,122)	-
Community Fund Grant	19,055	(10,879)	(2,326)	5,850
Rehoboth Trust Grant	2,741	(741)	(2,000)	-
Welsh Water Grant	200	(200)	-	-
Coalfields	5,000	-	(5,000)	-
Awards for all	7,000	(7,000)	-	-
Caerphilly CC FPG Grant 2	6,564	(2,227)	(4,337)	-
Moondance	22,074	6,674	(16,073)	12,675
WCVA Gov VSEF Grant	17,002	(1,476)	(15,525)	1
Food Poverty Fund	-	2,284	(2,284)	-
Postcode Community Trust 2021	-	(5,075)	-	(5,075)
CCBC contribution Spend Q1	-	10,532	(10,532)	-
Community Matters National Grid	-	10,000	(2,784)	7,216
	<u>147,065</u>	<u>(45,415)</u>	<u>(80,983)</u>	<u>20,667</u>
TOTAL FUNDS	<u>190,810</u>	<u>(36,118)</u>	<u>-</u>	<u>154,692</u>

continued...

THE PARISH TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022**

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	150,385	(142,498)	7,887
Churches Expense Fund (Designated Fund)	20,404	(18,208)	2,196
GVCE Ltd	12,000	(12,000)	-
Viridor	6,451	(6,451)	-
Community Fund Grant	-	(5,850)	(5,850)
Postcode Community Trust 2021	20,000	(14,936)	5,064
	<u>209,240</u>	<u>(199,943)</u>	<u>9,297</u>
Restricted funds			
WCVA Grant 2	-	(47,307)	(47,307)
Community Fund Grant	10,000	(20,879)	(10,879)
Rehoboth Trust Grant	2,000	(2,741)	(741)
Welsh Water Grant	-	(200)	(200)
Awards for all	-	(7,000)	(7,000)
Caerphilly CC FPG Grant 2	1	(2,228)	(2,227)
GAVO VSRF	3,000	(3,000)	-
Moondance	12,674	(6,000)	6,674
WCVA Gov VSEF Grant	20,001	(21,477)	(1,476)
Access to Health	13,000	(13,000)	-
Food Poverty Fund	5,843	(3,559)	2,284
Rank Foundation	2,500	(2,500)	-
Postcode Community Trust 2021	-	(5,075)	(5,075)
GAVO-CCBC HWB Fund 2021	6,000	(6,000)	-
Arnold Clark Community Fund 2022	2,500	(2,500)	-
CCBC Household Support Social Fund 2022	1,000	(1,000)	-
Isolation & Loneliness Grant	3,000	(3,000)	-
CCBC contribution Spend Q1	17,344	(6,812)	10,532
Barnabas Trust 2022	1,500	(1,500)	-
Souter Charitable Trust	3,000	(3,000)	-
McCarthy & Stone	5,000	(5,000)	-
Marsh Christian Fund	500	(500)	-
Garfield Weston	25,000	(25,000)	-
CRCF Wales (Comic Relief & GAVO)	4,999	(4,999)	-
Community Matters National Grid	10,000	-	10,000
CCBC Contribution Summer of Fun	10,465	(10,465)	-
	<u>159,327</u>	<u>(204,742)</u>	<u>(45,415)</u>
TOTAL FUNDS	<u><u>368,567</u></u>	<u><u>(404,685)</u></u>	<u><u>(36,118)</u></u>

continued...

THE PARISH TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022**

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2022.

THE PARISH TRUST

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	47,489	27,351
Gift aid	4,308	468
Grants	140,294	103,216
Fundraising income	<u>1,929</u>	<u>838</u>
	194,020	131,873
Other trading activities		
Other income	<u>24,099</u>	<u>18,575</u>
Total incoming resources	218,119	150,448
EXPENDITURE		
Charitable activities		
Wages	76,032	51,995
Core Costs	21,015	8,728
Insurance	2,495	2,381
Utilities	4,849	3,510
Telephone	1,380	1,182
Advertising	1,325	1,767
Repairs and maintenance	5,417	-
Licences and subscriptions	4,931	2,200
Staff expenses (inc Travel)	91	-
Training	1,535	1,525
Core Costs - ICT & Electrical	19,889	15,623
Office Fixtures & Fittings	5,417	9,145
Motor Vehicle Expense	7,875	7,474
Accountancy	2,502	4,260
Churches expense fund	10,375	8,110
Consumables	542	1,797
Courses	195	110
Postage	91	174
Printing and Stationery	798	1,150
Security	578	3,227
Shop	119	150
Projects - Tommy's Tots	128	1,692
Projects - Caffi Caredig	263	11,251
Projects - Youth & Children	6,706	-
Projects - Community choir	3,704	-
Projects - Community garden	128	-
Projects - Craft club	258	-
Projects - The CARE project	1,109	-
Projects - The lunch club	<u>834</u>	<u>-</u>
	180,581	137,451
Support costs		
Management		
Fees & Other Charges	1,844	-
Other		
Plant and machinery	12,804	13,867
Fixtures and fittings	15,280	12,586
Carried forward	28,084	26,453

THE PARISH TRUST

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022

	2022	2021
	£	£
Other		
Brought forward	28,084	26,453
Motor vehicles	9,370	9,450
Computer equipment	<u>8,328</u>	<u>3,124</u>
	<u>45,782</u>	<u>39,027</u>
Total resources expended	<u>228,207</u>	<u>176,478</u>
Net expenditure	<u><u>(10,088)</u></u>	<u><u>(26,030)</u></u>

The Parish Trust

England & Wales - Charity number 1186996

Accounts

REGISTERED CHARITY NUMBER: 1186996

**UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 DECEMBER 2021**

**FOR
THE PARISH TRUST**

Bevan Buckland LLP
Ground Floor
Cardigan House
Castle Court
Swansea Enterprise Park
Swansea
SA7 9LA

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FOR THE YEAR ENDED 31 DECEMBER 2021**

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THE PARISH TRUST
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021

The Trustees present their report together with the financial statements of the Charity for the year ended 31st December 2021. The financial statements have been prepared in accordance with the accounting policies set out in Note 1 and comply with the Charity's constitution and applicable law.

Legal and Administrative Information

Charity Registration 1186996

Address The Parish Trust
c/o St. Thomas' Church
Heol yr Ysgol
Trethomas
Caerphilly
CF83 8FL

Trustees

Rev. Dean Aaron Roberts	Chair of Trustees
Mr. Wayne Barnett	Founding Trustee
Mrs. Rosemarie Annette Llewellyn	Founding Trustee
Mrs. Janet Elizabeth Sainsbury	Founding Trustee
Mrs. Meryl Anne Holt	Appointed July 2020
Mr. David George Hughes	Appointed July 2020
Mrs. Jennifer Anne Richardson	Appointed July 2020
Cllr. Mrs. Elizabeth Myra Aldworth	Appointed September 2020
Mrs. Anne Hufton	Appointed September 2020
Mrs. Diane Brierley	Appointed April 2021
Mrs. Elizabeth Blacker	Appointed April 2021

Treasurer	Minute Clerk
Mrs. Diane Brierley	Mrs. Elizabeth Blacker

Independent Examiner
Bevan Buckland LLP
Ground Floor, Cardigan House, Enterprise Park, Castle Court, Llansamlet, Swansea SA7 9LZ

Bankers
Lloyds Bank

Structure, Governance, and Management

Governing Document

The Charity was registered as a Charitable Incorporated Organisation (CIO) on 17th December 2019 under charity registration number 1186996. The Charity's governing document is based on a Foundation Model Constitution.

Recruitment and Appointment of New Trustees

Trustees are sought as and when vacancies arise. Careful consideration is taken to ensure that potential trustees are able to uphold and safeguard the Charity by diligently carrying out business as determined in the Charity's constitution, and that they bring particular expertise to bear on the overall ethos, vision, and strategy of the Charity.

THE PARISH TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2021

Potential trustees are required to submit an application to the Board which is considered and voted on by the existing board members. The application form is written by the Board of Trustees and asks applicants to declare their fitness and eligibility to be a trustee. Applicants are given a copy of the following:

- The Governing Document
- The latest Annual Report and Accounts
- A copy of charity policies and procedures

If the existing trustees resolve that an applicant be appointed to the Board, (s)he will undergo relevant training and induction as required, and will also receive copies of:

- The latest minutes of the regular meeting of the Board
- The current budget
- Any strategic plan, business plan, and/or operational plan

Organisational Structure

There are currently eleven trustees.

In 2021, we employed seven members of staff. Staffing Positions were filled in the areas of administration, community engagement, and project operations. All staff report to the Chair of Trustees.

Risk Management

The Trustees operate a rolling programme of identifying and addressing major risks to the Charity at their regular meetings.

A major risk identified by Trustees during the course of the year was the fact that we do not own the building we use for the work of the Charity. Steps are being taken to remove this risk.

Trustee Meetings

The Board of Trustees met four times throughout the course of 2021 to transact the regular business of the Charity with two extraordinary meetings held for strategic and decision making purposes. All meetings were held electronically due to the restrictions imposed on movement and public gatherings due to the ongoing global COVID-19 pandemic.

Objectives and Activities

Summary of Objectives

The Charity's Governing Document states that The Parish Trust is a Christian based organisation which organises various projects, services and events that benefit the general public. The Charity's objective is to advance the Christian faith and its religious, moral and philanthropic principles. We support the local church and community so that the lives of our beneficiaries are enriched and improved.

Whilst having a Christian foundation, the charity exists for all regardless of religious affiliation or otherwise.

Summary of Activities undertaken for the Public Benefit

The Parish Trust continually assesses and develops the provision of charitable activities in relation to identified needs in the community. Activities undertaken must be relevant to the charitable objectives of The Parish Trust, and be in accordance with its Governing Document.

THE PARISH TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2021

The CARE Project

The CARE Project distributes emergency provisions to those in genuine need. Through the CARE Project, Service Users can access weekly food parcels made up of ambient, chilled, and frozen goods, as well as non-food essential items. Service Users are able to request three parcels in a calendar year, after which they are able to be referred by a "Referral Partner" to receive ongoing help beyond this. Referral Partners are other local organisations that come into contact with the general public who are able to identify needs and signpost Service Users to us.

In addition to food parcel provision, the CARE Project runs a prescription collection service, and a confidential support telephone line to provide emotional and spiritual support when requested by a Service User.

The CARE Project has become a very established charitable provision in the local community. During the course of 2021, we were able to help on average 60 families per week, 57% of whom were referred service users meaning that they were struggling with medium-long term poverty. At year end, we had over 50 Referral Partners signed up with us to signpost potential service users to get help from the project.

Due to the fact that 2021 has been a relatively better year with regards to lockdowns and restrictions due to the COVID-19 pandemic, and because the general public have been able to resume a level of normality in their lives, we have seen a decrease in donations of food to the CARE Project, and also a lack of volunteers at times which has caused significant strain on both our resources, and our ability to effectively help all those who ask for help from the charity. We recognise that this is something we must address in the coming year through raising awareness and fundraising.

Profectus Programme

In 2021, four Apprentices were employed as part of this project. The Profectus Programme aims to provide practical hands on experience in the workplace whilst studying for an accredited apprenticeship qualification. This is a building on our pilot year where two apprentices were employed.

Overall, the project has been successful with three apprentices graduating and qualifying within the course of the year. It is expected that another apprentice will graduate at the start of 2022.

We hope that 2022 will provide further opportunities for apprentices to join the programme, funding permitting.

Tommy's Tots

In the latter part of 2021, The Parish Trust recognised the need for a local baby and toddler group. Tommy's Tots started in September 2021, and has provided a safe, accessible, friendly space for young children and their parents/carers to come and socialise with other adults and children.

Due to restrictions being more flexible, we were able to hold weekly Tommy's Tots sessions. Every session includes snacks, free play, singing, and a story or short activity based on a Christian or other moral theme.

There were a total of 101 children registered with Tommy's Tots at year end, with the average attendance being 18 children, the majority of whom are babies rather than toddlers.

Aimee Rees, our Community Worker said, *"Tommy's Tots is a lovely weekly group that both staff, volunteers and attendees enjoy and look forward to. It's wonderful to see the children developing their social skills and coming out of their shells as the weeks go on. So many parents have expressed to me how much they love the group and how they have noticed the difference with their child since joining. It's refreshing to see how many parents and children return each week and how many parents have formed connections with other parents, outside of the group also! I can't wait to see how Tommy's Tots continues to grow in 2022 and be a part of it."*

**THE PARISH TRUST
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021**

Caffi Caredig

The Caffi Caredig was launched in May 2021 after support from many grant funders and the local community. Out of a converted horse trailer, The Caffi Caredig's brief was to repurpose food that would have otherwise been discarded from our food suppliers and turn them into items to sell on a not-for-profit basis.

The Caffi quickly built up a loyal customer base in the summer months of the year, but was constrained due to the fact that there was a national shortage of gas bottles to allow the trailer to be used off site, and also a delay in the manufacturing of electricity generators. As such, the Caffi Caredig had to be based at our premises for the entirety of its operation in 2021. This meant that we had to re-think some of our strategies for involving the community in this project, as the original plan was to go out into various places within our service area to promote the charity.

We were, however, able to offer various drinks, sweet snacks and hot meals, with various fresh ingredients taken from the CARE Project Food Hub, which reduced food waste significantly. One significant achievement of the Caffi Caredig was how it held up when we hosted a fun day which attracted over 200 people to celebrate the end of school. This heavily featured the work of the Caffi Caredig and provided food and drink to all in attendance.

Our Apprentice was seconded to Cadwaladers Ice Cream prior to launch to learn Barista techniques, as well as researching and learning the skills and knowledge required to run a clean kitchen.

We were delighted to have received a level five food hygiene rating at the end of the year, the highest level. The Caffi has also been a way to reward and incentivise volunteering with The Parish Trust, and has provided opportunities for young people to explore the food industry through training with us.

A challenge for the coming year will be to source additional funding to run the Caffi Caredig, and we would hope that the coming year will be more successful for the project, funding permitting.

CAM

CAM (Community Assisted Mentoring) is a project developed by the Charity through 2021 to address medium-long term challenges faced by the community, and to enhance skills and support. We recognised that isolation has been a major issue in the lives of many and so focussed our efforts on providing opportunities to socialise whilst learning or enhancing skills. We worked with Menter Iaith to operate a weekly Welsh Language coffee afternoon. We also hosted a casual Christian meet up each week during the summer up until November which was reliably attended by people who may otherwise not have had many opportunities to socialise.

We also had many young people help out by volunteering on the Caffi Caredig during the summer which helped them to get work experience and gain key skills to help them with getting into employment in the future. These volunteers also were given free Level 2 Food Hygiene training and certificates to help them with the work but also for them to take forward outside of their work with The Parish Trust.

In 2022, we are hoping to build on this work further by widening the offering of events and courses. We will focus on finding funding to provide equipment for us to host events and share presentations, as well as continued staff funding to support and invest in this area of our work.

Bag a Bargain

Bag a Bargain is another initiative by The Parish Trust to distribute food to the community whilst reducing food waste, and at the same time, collecting donations for the ongoing work of the charity. In partnership with our business partners who donate their surplus food to us, we have introduced a scheme whereby the public can "bag a bargain" of random food that is surplus to our food bank, for a suggested donation of £2.50. This scheme has run through the latter half of the year and proved to be very successful. Roughly 1,200 Bag a Bargain bags were given out between September and December 2021, which in turn raised nearly £3000 for the charity.

Additionally, it has significantly reduced the amount of food we have to put into waste from the CARE Project food bank, has helped us turn over more food overall, and has therefore reduced our bills. This is a major success story for us, and we hope that this scheme will evolve over the coming year.

**THE PARISH TRUST
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021**

Community Garden

In partnership with Keep Wales Tidy, grant funding was made available to transform the back of our HQ into a community garden. Volunteer led, this space which was once a wasteland has come back to life with plants, herbs, fruit plants, and vegetables as well as providing a calm space in what is so often a very busy environment.

Various tidy up and garden party days have been organised throughout the year which is proven to have positive impacts on wellbeing and mental health. These events have been enjoyed by staff and volunteers alike. We look forward to seeing the garden blossom as time progresses, new plants are added, and our saplings mature into established shrubs.

Partnerships

The Parish Trust is very grateful for the partnerships that have been newly forged or strengthened throughout the year. In particular, we are grateful for the cooperation of Caerphilly County Borough Council who have supported our activities as a Charity in a significant way, alongside the various Community Councils in our areas of operation.

We are also thankful for the partnerships we have made with food businesses, both large corporations and SMBs in the locality, the public sector (including health/medical practitioners/organisations and schools) as well as social clubs, societies, and other charitable organisations.

Together, our partners have aided us in providing services for the public benefit in various ways such as signposting members of the general public to the Charity, fundraising and donating resources, and supporting us with advice and guidance to enhance and streamline the day to day operation of The Parish Trust.

Volunteering

The Board of Trustees wish to thank all the volunteers who committed to supporting The Parish Trust through 2021. Without their help and support, the Charity would not have had the resources and manpower to deliver the various projects that the Charity has provided as part of its aims and objectives. The volunteers bring invaluable gifts, insight, and warmth to our work, and are the public face of The Parish Trust.

The retention of many of our established volunteers and the recruitment of new volunteers through 2021 has kept our valuable work going. At year end, there were 141 volunteers registered with The Parish Trust who had volunteered within the last calendar month. Of these volunteers, 101 were female, and 40 were male, with the average age of a volunteer being 42 years of age. Roughly one fifth of our active volunteers are under the age of 25.

Most of the active volunteers (91%) live within five miles of The Parish Trust HQ building, however some volunteers live over 20 miles away.

Our total Volunteer Database has 239 volunteers registered with us, meaning that 98 volunteers have not volunteered with us within the last calendar month at year end.

The average monthly volunteering hours in 2021 was 725, with over 8,800 volunteering hours completed with the Charity throughout the course of the year.

A range of new volunteering opportunities have been created over the last 12 months, particularly related to befriending, enhancing skills in cooking and hygiene, and supporting young people in their education. This is to complement the existing volunteering roles at The Parish Trust.

For Volunteers' Week 2021, we received personalised certificates from GAVO (Gwent Association of Voluntary Organisations) which we gave to each of our volunteers. We also gave each volunteer a token for a free drink on the Caffi Caredig, which opened shortly before Volunteers' Week. We also introduced the 10% volunteer discount at this time and gave each volunteer their card for use on the Caffi Caredig. We posted on Facebook each day, highlighting a volunteer from each role, using a picture of them and a quote they provided us about what they do and why they enjoy volunteering.

**THE PARISH TRUST
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021**

We committed to investing in our volunteers in our Annual Report of 2020. Over the last year, we have partnered with Tempo Time Credits which provides vouchers and discounts to volunteers as they invest their time with us. We have also implemented a "Volunteer of the Month" scheme to recognise particular volunteers that have shown exemplary support to the Charity. We have also started work on gaining the Investing in Volunteers award, and we hope that this may be completed at the end of 2022.

Despite these positive highlights, the Charity continues to need additional volunteers and work on retaining its existing volunteer base. Turnover of volunteers can be high due to work/life changes, and the fact that volunteers do not have the same contractual obligations as an employee.

However we hope that our presence in the press, and our active newsletter and social media channels will demonstrate and showcase the valuable work we do in the community and encourage people to volunteer with us.

Staff

The Charity was able to employ staff through the course of 2021 as the work and activities of The Parish Trust expanded. Our staff are an invaluable asset to the Charity, and we wish to record our thanks to them for all the hard work and determination they have shown in progressing the aims and objectives of the charity. Two members of staff were transferred to permanent contracts after their fixed term ended during the course of the year. We have also taken on a part time Finance Officer to assist in the strategic planning of the Charity.

As a Board, we are pleased to have been able to offer employment opportunities with the help of generous grant funding. We thank those who have contributed towards our staffing costs over the last year.

Achievements and Performance

Many of our achievements have already been reported on during the course of the Annual Report under our Summary of Activities. However, we'd like to highlight some of these again as well as other achievements not mentioned prior:

- Two of our Apprentices successfully graduated from the Profectus Programme, and have now earned permanent positions at The Parish Trust.
- Volunteers have given over 8800 hours of their time to support the Charity.
- From one food supplier alone, we have been able to save and redistribute 25,500 meals worth of food, saving 38.5 tonnes of CO2, as well as saving landfill space.
- Approximately 3000 Bag a Bargain bags have been distributed.
- We are in contact with over 100 families with young children at the foundational stages of their lives through Tommy's Tots.
- The number of referral partners to the CARE project has increased to over 50 which means more people have access to sustained help from us if they need it.
- The launch of The Caffi Caredig.

We continue to be supported by the press through media coverage, and by the support of our partners and grant funders.

Financial Review

The Board of Trustees are grateful to Bevan and Buckland LLP for examining the Charity Accounts for the year ended 31st December 2021.

General Comments

Expenditure for 2021 can be broadly categorised into the following:

**THE PARISH TRUST
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021**

Fixed Assets and Capital Purchases	32%
Running costs and general overheads	42%
Staffing	26%

Income streams for 2021 are made up of:

Grant Funding (all income described as a grant, no matter its value)	69%	
Donations		19%
Other income (including sales, service charges, and fees)	12%	

Donations

The Parish Trust is extremely grateful to all the individuals, businesses, and organisations who made donations to the Charity.

Donations were received in person, via the post, over the telephone, over text message, through our website, and via social media.

Grant Funding

The Board of Trustees wish to pay tribute and express thanks to all those trusts, organisations, and individuals who have so generously supported our work throughout the year. The Parish Trust have received some significant grant funding from organisations which we wish to mention below as valued supporters of our work:

- Aneurin Bevan University Health Board - £10,000
- Caerphilly County Borough Council – £16,596.18
- Post Code Community Trust - £20,000
- Gwent Association for Voluntary Organisations (GAVO) - £9,000
- Rank Foundation - £2,500
- The Rehoboth Trust - £2,000
- Viridor - £3,000
- Welsh Council for Voluntary Action (WCVA) - £18,000

Reserves Policy

The Parish Trust does not currently have reserves in its accounts. The Board of Trustees feel that, given the level of restricted funds and the comparatively low financial commitments that are contracted to the charity, the restricted funds would sufficiently cover any financial obligations in the event that the charity dissolved.

However, the Board of Trustees will review its Reserve Policy within 12 months of the Annual Report, as the Board of Trustees has already committed to working towards a modest reserve to cover staff salaries and core utility bills in the event of dissolution or any emergency where financial reserves need to be drawn upon.

Forward Planning

The Board of Trustees note that, as with 2020, the majority of funding has been sourced from grant funders throughout the financial year. Trustees were concerned that the charity may have suffered the effects of the General Public's "goodwill fatigue" as a result of COVID-19, but support from the public has continued through 2021.

Responding to our goals last year, we have introduced initiatives with a fundraising element to them to diversify our income streams. We will continue to plan in fundraising to cover our costs with evolving and new projects over the course of 2022.

**THE PARISH TRUST
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021**

It is also clear that The Parish Trust has quickly grown from a fledgling charity to an established medium sized organisation. As such, we will look to invest in strategy, personnel, and finance over the coming year to secure the future and flourishing of The Parish Trust.

Related to this growth, we are taking steps to secure the freehold purchase of the building that The Parish Trust uses as the base of its work, namely St. Thomas' Church in Trethomas. The Freeholder, currently the Representative Body of the Church in Wales, have assured us that this matter will be progressed during the early part of 2022, whereby efforts will be made by the Board to purchase the freehold of the property. Acquiring the building will enable us to significantly enhance our work and our provision as a Charity, making it a valuable resource available for use to the entire community.

Therefore, the Board of Trustees will be looking to commit to the following objectives during the course of 2022:

- Maintaining, developing, and increasing staffing capacity at the charity
- Securing the purchase of a permanent building to safeguard the long-term future of The Parish Trust
- Implementing a fundraising strategy to secure a healthy income stream
- Providing more services and events "in-person" to further the charity's aims and objectives
- Raising awareness of the charity to current and potential stakeholders across public, private, and charitable sectors at every level
- Investing in the governance of the charity through training and accreditation through relevant bodies such as Charity Excellence and the Investing in Volunteers Award

Closing Remarks

The last year has been another significant year for The Parish Trust. Even though we are a very new charity, The Board of Trustees feel that the annual report shows a rapidly growing and evolving organisation, meeting the needs of our service area. We have continued to respond dynamically to the changing circumstances and needs of the organisation, whilst raising awareness of our work and bringing about a strong, positive impact which is felt in tangible ways.

We are forever grateful to our staff, volunteers, and all other stakeholders who continue to invest into The Parish Trust, making it a relevant organisation to the General Public, and honouring our commitment to demonstrate and promote the Christian faith through our charitable work. We are hopeful, expectant, and excited for the coming year, with many new projects and initiatives planned to further promote and fulfil our charitable objectives.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021**

PARISH TRUST

Independent examiner's report to the trustees of The Parish Trust

I report to the charity trustees on my examination of the accounts of The Parish Trust (the Trust) for the year ended 31 December 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

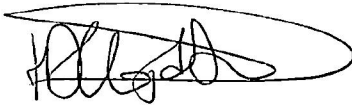
I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Henry Lloyd-Davies

Institute of Chartered Accountants in England and Wales
Bevan Buckland LLP
Ground Floor
Cardigan House
Castle Court
Swansea Enterprise Park
Swansea
SA7 9LA

Date: 12/05/2022.....

THE PARISH TRUST
STATEMENT OF FINANCIAL ACTIVITIES FOR
THE YEAR ENDED 31 DECEMBER 2021

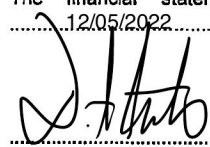
	Notes	Unrestricted funds £	Restricted funds £	Year Ended 31.12.21 Total funds £	Period 17.12.19 to 31.12.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		84,531	47,342	131,873	251,862
Other trading activities	2	18,575	-	18,575	5,184
Total		<u>103,106</u>	<u>47,342</u>	<u>150,448</u>	<u>257,046</u>
EXPENDITURE ON					
Charitable activities					
Charitable Activities		75,458	101,020	176,478	66,236
NET INCOME/(EXPENDITURE)		<u>27,648</u>	<u>(53,678)</u>	<u>(26,030)</u>	<u>190,810</u>
Transfers between funds	8	59,872	(59,872)	-	-
Net movement in funds		<u>87,520</u>	<u>(113,550)</u>	<u>(26,030)</u>	<u>190,810</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		43,745	147,065	190,810	-
TOTAL FUNDS CARRIED FORWARD		<u><u>131,265</u></u>	<u><u>33,515</u></u>	<u><u>164,780</u></u>	<u><u>190,810</u></u>

THE PARISH TRUST

BALANCE SHEET
31 DECEMBER 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	5	76,022	-	76,022	52,348
CURRENT ASSETS					
Debtors	6	1,366	-	1,366	5,108
Cash at bank		56,037	33,515	89,552	134,781
		<u>57,403</u>	<u>33,515</u>	<u>90,918</u>	<u>139,889</u>
CREDITORS					
Amounts falling due within one year	7	(2,160)	-	(2,160)	(1,427)
NET CURRENT ASSETS		<u>55,243</u>	<u>33,515</u>	<u>88,758</u>	<u>138,462</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>131,265</u>	<u>33,515</u>	<u>164,780</u>	<u>190,810</u>
NET ASSETS		<u>131,265</u>	<u>33,515</u>	<u>164,780</u>	<u>190,810</u>
FUNDS					
Unrestricted funds	8			131,265	43,745
Restricted funds				33,515	147,065
TOTAL FUNDS				<u>164,780</u>	<u>190,810</u>

The financial statements were approved by the Board of Trustees and authorised for issue on
.....12/05/2022..... and were signed on its behalf by:


.....
D A Roberts - Trustee

THE PARISH TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

Voluntary Income

All voluntary incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income. The amounts can be measured reliably and it is probable that the income will be received.

Donations

Donations are accounted for gross when received. Donations are accounted for gross when received.

Grants

Grant income is included in the accounts in the year in which it is receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 33% on cost
Fixtures and fittings	- 33% on cost
Motor vehicles	- 25% on cost
Computer equipment	- 33% on cost

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the company has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Employee benefits

The Group provides a range of benefits to employees, including annual bonus arrangements, paid holiday arrangements and defined benefit and defined contribution pension plans.

Short term benefits

THE PARISH TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2021

1. ACCOUNTING POLICIES - continued

Short term benefits, including holiday pay and other similar non-monetary benefits, are recognised as an expense in the period in which the service is received.

2. OTHER TRADING ACTIVITIES

	Year Ended 31.12.21	Period 17.12.19 to 31.1
	2.20	
	£	£
Other income	<u>18,575</u>	<u>5,184</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2021 nor for the period ended 31 December 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2021 nor for the period ended 31 December 2020.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	48,659	203,203	251,862
Other trading activities	<u>5,184</u>	-	<u>5,184</u>
Total	<u>53,843</u>	<u>203,203</u>	<u>257,046</u>
EXPENDITURE ON			
Charitable activities			
Charitable Activities	10,098	56,138	66,236
NET INCOME	<u>43,745</u>	<u>147,065</u>	<u>190,810</u>
TOTAL FUNDS CARRIED FORWARD	<u>43,745</u>	<u>147,065</u>	<u>190,810</u>

THE PARISH TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2021

5. TANGIBLE FIXED ASSETS

	Plant and machinery £	Fixtures and fittings £	Motor vehicles £	Computer equipment £	Totals £
COST					
At 1 January 2021	11,549	1,534	37,800	5,419	56,302
Additions	31,559	27,831	-	3,310	62,700
At 31 December 2021	<u>43,108</u>	<u>29,365</u>	<u>37,800</u>	<u>8,729</u>	<u>119,002</u>
DEPRECIATION					
At 1 January 2021	616	84	2,789	465	3,954
Charge for year	13,866	12,587	9,450	3,123	39,026
At 31 December 2021	<u>14,482</u>	<u>12,671</u>	<u>12,239</u>	<u>3,588</u>	<u>42,980</u>
NET BOOK VALUE					
At 31 December 2021	<u>28,626</u>	<u>16,694</u>	<u>25,561</u>	<u>5,141</u>	<u>76,022</u>
At 31 December 2020	<u>10,933</u>	<u>1,450</u>	<u>35,011</u>	<u>4,954</u>	<u>52,348</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	<u>1,366</u>	<u>5,108</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade creditors	-	1,427
Other creditors	<u>2,160</u>	<u>-</u>
	<u>2,160</u>	<u>1,427</u>

THE PARISH TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2021

8. MOVEMENT IN FUNDS

	At 1.1.21 £	Net movement in funds £	Transfers between funds £	At 31.12.21 £
Unrestricted funds				
General fund	43,745	8,085	59,872	111,702
Churches Expense Fund (Designated Fund)	-	2,499	-	2,499
GVCE Ltd	-	9,000	-	9,000
Viridor	-	3,000	-	3,000
Postcode Community Trust 2021	-	5,064	-	5,064
	<u>43,745</u>	<u>27,648</u>	<u>59,872</u>	<u>131,265</u>
Restricted funds				
WCVA Grant 2	67,429	(47,307)	(20,122)	-
Community Fund Grant	19,055	(13,205)	-	5,850
Rehoboth Trust Grant	2,741	(741)	-	2,000
Welsh Water Grant	200	-	-	200
Coalfields	5,000	-	(5,000)	-
Awards for all	7,000	(7,000)	-	-
Caerphilly CC FPG Grant 2	6,564	(2,227)	(4,337)	-
GAVO VSRF	-	3,000	-	3,000
Moondance	22,074	(6,001)	(16,073)	-
WCVA Gov VSEF Grant	17,002	(981)	(12,056)	3,965
Access to Health	-	10,000	-	10,000
Food Poverty Fund	-	2,284	(2,284)	-
Rank Foundation	-	2,500	-	2,500
GAVO-CCBC HWB Fund 2021	-	6,000	-	6,000
	<u>147,065</u>	<u>(53,678)</u>	<u>(59,872)</u>	<u>33,515</u>
TOTAL FUNDS	<u>190,810</u>	<u>(26,030)</u>	<u>-</u>	<u>164,780</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	60,279	(52,194)	8,085
Churches Expense Fund (Designated Fund)	10,827	(8,328)	2,499
GVCE Ltd	9,000	-	9,000
Viridor	3,000	-	3,000
Postcode Community Trust 2021	20,000	(14,936)	5,064
	<u>103,106</u>	<u>(75,458)</u>	<u>27,648</u>
Restricted funds			
WCVA Grant 2	-	(47,307)	(47,307)
Community Fund Grant	-	(13,205)	(13,205)
Rehoboth Trust Grant	2,000	(2,741)	(741)
Awards for all	-	(7,000)	(7,000)
Caerphilly CC FPG Grant 2	1	(2,228)	(2,227)
GAVO VSRF	3,000	-	3,000
Moondance	(1)	(6,000)	(6,001)
WCVA Gov VSEF Grant	18,000	(18,981)	(981)
Access to Health	9,999	1	10,000
Food Poverty Fund	5,843	(3,559)	2,284
Rank Foundation	2,500	-	2,500
GAVO-CCBC HWB Fund 2021	6,000	-	6,000
	<u>47,342</u>	<u>(101,020)</u>	<u>(53,678)</u>
TOTAL FUNDS	<u>150,448</u>	<u>(176,478)</u>	<u>(26,030)</u>

THE PARISH TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2021

8. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	Net movement in funds £	Transfers between funds £	At 31.12.20 £
Unrestricted funds			
General fund	43,923	(178)	43,745
Churches Expense Fund (Designated Fund)	(178)	178	-
	<u>43,745</u>	<u>-</u>	<u>43,745</u>
Restricted funds			
WCVA Grant 2	67,429	-	67,429
Community Fund Grant	19,055	-	19,055
Rehoboth Trust Grant	2,741	-	2,741
Welsh Water Grant	200	-	200
Coalfields	5,000	-	5,000
Awards for all	7,000	-	7,000
Caerphilly CC FPG Grant 2	6,564	-	6,564
Moondance	22,074	-	22,074
WCVA Gov VSEF Grant	17,002	-	17,002
	<u>147,065</u>	<u>-</u>	<u>147,065</u>
TOTAL FUNDS	<u>190,810</u>	<u>-</u>	<u>190,810</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	48,660	(4,737)	43,923
Churches Expense Fund (Designated Fund)	5,183	(5,361)	(178)
	<u>53,843</u>	<u>(10,098)</u>	<u>43,745</u>
Restricted funds			
WCVA Grant 2	72,158	(4,729)	67,429
Community Fund Grant	25,000	(5,945)	19,055
Rehoboth Trust Grant	3,000	(259)	2,741
Welsh Water Grant	200	-	200
CRT Grant	5,000	(5,000)	-
Coalfields	5,000	-	5,000
Awards for all	10,000	(3,000)	7,000
Caerphilly CC FPG Grant 2	6,750	(186)	6,564
GAVO VSRF	2,000	(2,000)	-
Moondance	24,000	(1,926)	22,074
Caerphilly CC FPG Grant	6,808	(6,808)	-
WCVA Gov VSEF Grant	43,287	(26,285)	17,002
	<u>203,203</u>	<u>(56,138)</u>	<u>147,065</u>
TOTAL FUNDS	<u>257,046</u>	<u>(66,236)</u>	<u>190,810</u>

THE PARISH TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2021**

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2021.

THE PARISH TRUST

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2021

	Year Ended 31.12.21 £	to 31.12.20 £	Period 17.12.19 – 31.12.20
INCOME AND ENDOWMENTS			
Donations and legacies			
Donations	27,351	43,160	
Gift aid	468	5,000	
Grants	103,216	203,202	
Fundraising income	838	500	
	<u>131,873</u>	<u>251,862</u>	
Other trading activities			
Other income	18,575	5,184	
	<u>150,448</u>	<u>257,046</u>	
Total incoming resources			
	150,448	257,046	
EXPENDITURE			
Charitable activities			
Wages	51,995	15,749	
Core Costs	8,728	12,370	
Insurance	2,381	3,771	
Utilities	3,510	806	
Telephone	1,182	2,485	
Office costs	-	14,974	
Advertising	1,767	1,037	
Sundries	-	174	
Repairs and maintenance	-	2,884	
Licences and subscriptions	2,200	3,331	
Travel expenses	-	1,985	
Training	1,525	-	
Core Costs - ICT & Electrical	15,623	-	
Office Fixtures & Fittings	9,145	-	
Motor Vehicle Expense	7,474	-	
Accountancy	4,260	-	
Churches expense fund	8,110	-	
Consumables	1,797	-	
Courses	110	-	
Postage	174	-	
Printing and Stationery	1,150	-	
Security	3,227	-	
Shop	150	-	
Projects - Tommy's Tots	1,692	-	
Projects - Caffi Caredig	11,251	-	
	<u>137,451</u>	<u>59,566</u>	
Support costs			
Management			
Wages	-	833	
Wedding fees	-	1,427	
Bank charges	-	456	
	<u>-</u>	<u>2,716</u>	
Other			
Plant and machinery	13,867	616	
Carried forward	13,867	616	

THE PARISH TRUST

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2021

	Year Ended 31.12.21	to 31.12.20 £	Period 17.12.19 – 31.12.20
Other			
Brought forward	13,867	616	
Fixtures and fittings	12,586	84	
Motor vehicles	9,450	2,789	
Computer equipment	3,124	465	
	39,027	<u>3,954</u>	
Total resources expended	176,478	<u>66,236</u>	
Net (expenditure)/income	(26,030)	190,810	<u> </u>

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Signature 1

Signed by Dean Roberts using authentication code Q3kwSiZYJmI4Um50 at IP address 79.77.9.133, on 2022/05/11 11:15:51 Z.

Dean Roberts's e-mail address is: dean.roberts@theparishtrust.org.uk.

The Parish Trust

England & Wales - Charity number 1186996

Accounts

**UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD
17 DECEMBER 2019 TO 31 DECEMBER 2020**

FOR

THE PARISH TRUST

Bevan Buckland LLP
Langdon House
Langdon Road
SA1 Swansea Waterfront
Swansea
SA1 8QY

THE PARISH TRUST

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE PERIOD 17 DECEMBER 2019 TO 31 DECEMBER 2020**

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Detailed Statement of Financial Activities	14

THE PARISH TRUST
REPORT OF THE TRUSTEES
FOR THE PERIOD 17 DECEMBER 2019 TO 31 DECEMBER 2020

The trustees present their report with the financial statements of the charity for the period 17 December 2019 to 31 December 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

LEGAL AND ADMINISTRATIVE INFORMATION

Registered Charity number	1186996
Principal address	The Parish Trust c/o St Thomas' Church Heol yr Ysgol Trethomas Caerphilly CF83 8FL
Trustees	Rev. D A Roberts ~ Chair ~ Founding Trustee Mr. W Barnett ~ Founding Trustee Mrs. R A Llewellyn ~ Founding Trustee Mr. J S Jenkins ~ Founding Trustee (resigned June 2020) Mrs. J E Sainsbury ~ Founding Trustee Mrs M A Holt ~ Trustee (appointed July 2020) Mr. D G Hughes ~ Trustee (appointed July 2020) Mrs. J A Richardson ~ Trustee (appointed July 2020) Cllr. Mrs. E M Aldworth ~ Trustee (appointed September 2020) Mrs. A Hufton ~ Trustee (appointed September 2020)
Treasurer	Mrs. D Brierley
Minute Clerk	Mrs E Blacker
Independent Examiner	Bevan Buckland LLP Langdon House Langdon Road SA1 Swansea Waterfront Swansea SA1 8QY
Bankers	Lloyds Bank

THE PARISH TRUST

REPORT OF THE TRUSTEES FOR THE PERIOD 17 DECEMBER 2019 TO 31 DECEMBER 2020

Structure, Governance, and Management

Governing Document

The Charity was registered as a Charitable Incorporated Organisation (CIO) on 17th December 2019 under charity registration number 1186996. The Charity's governing document is based on a Foundation Model Constitution.

Recruitment and Appointment of New Trustees

Trustees are sought as and when vacancies arise. Careful consideration is taken to ensure that potential trustees are able to uphold and safeguard the Charity by diligently carrying out business as determined in the Charity's constitution, and that they bring particular expertise to bear on the overall ethos, vision, and strategy of the Charity.

Potential trustees are required to submit an application to the Board which is considered and voted on by the existing board members. The application form is written by the Board of Trustees and asks applicants to declare their fitness and eligibility to be a trustee. Applicants are given a copy of the following:

- The Governing Document
- The latest Annual Report and Accounts
- A copy of charity policies and procedures

If the existing trustees resolve that an applicant be appointed to the Board, (s)he will undergo relevant training and induction as required, and will also receive copies of:

- The latest minutes of the regular meeting of the Board
- The current budget
- Any strategic plan, business plan, and/or operational plan

Organisational Structure

There are currently nine trustees.

In 2020, we employed five part time members of staff, two of whom were apprentices. Staffing Positions were filled in the areas of administration, community engagement, and project operations. All staff report to the Chair of Trustees.

Risk Management

The Trustees operate a rolling programme of identifying and addressing major risks to the Charity at their regular meetings.

Trustee Meetings

The Board of Trustees met seven times throughout the course of 2020 to transact the business of the Charity. All meetings were held electronically due to the restrictions imposed on movement and public gatherings due to the global COVID-19 pandemic.

THE PARISH TRUST

REPORT OF THE TRUSTEES FOR THE PERIOD 17 DECEMBER 2019 TO 31 DECEMBER 2020

OBJECTIVES AND ACTIVITIES

Summary of objectives

The Charity's Governing Document states that The Parish Trust is a Christian based organisation which organises various projects, services and events that benefit the general public. The Charity's objective is to advance the Christian faith and its religious, moral and philanthropic principles. We support the local church and community so that the lives of our beneficiaries are enriched and improved.

Whilst having a Christian foundation, the charity exists for all regardless of religious affiliation or otherwise.

Summary of Activities undertaken for the Public Benefit

The Parish Trust continually assesses and develops the provision of charitable activities in relation to identified needs in the community. Activities undertaken must be relevant to the charitable objectives of The Parish Trust and be in accordance with its Governing Document.

The CARE Project

The CARE Project distributes emergency provisions to those in genuine need. Through the CARE Project, Service Users can access weekly food parcels made up of ambient, chilled, and frozen goods, as well as non-food essential items. Service Users are able to request three parcels in a calendar year, after which they are able to be referred by a "Referral Partner" to receive ongoing help beyond this. Referral Partners are other local organisations that come into contact with the general public who are able to identify needs and signpost Service Users to us.

In addition to food parcel provision, the CARE Project runs a prescription collection service, and a confidential support telephone line to provide emotional and spiritual support when requested by a Service User.

The CARE Project has been widely used, acknowledged, and supported in the community. 9,222 people were helped by the project between 23rd March and 31st December 2020. At year end, we had over 40 Referral Partners signed up with us to signpost potential service users to get help from the project.

The First Minister of Wales visited the charity to see the CARE Project in action during the summer of 2020, which has become a particular highlight for The Parish Trust.

Profectus Programme

In September 2020, the Charity employed two apprentices as part of an emerging project called "Profectus Programme". The Profectus Programme aims to provide practical hands on experience in the workplace whilst studying for an accredited apprenticeship qualification. Whilst this project is still in its infancy, it is hoped that the Profectus Programme will provide apprenticeship opportunities for people to learn new skills, with a particular aim to encourage people to start a career journey in the voluntary sector.

The current apprentices are embarking on courses in community engagement and administration, and it is hoped that further opportunities will be created throughout 2021 to expand the project further.

Partnerships

The Parish Trust is very grateful for the partnerships that have been forged throughout the year. In particular, we are grateful for the cooperation of Caerphilly County Borough Council who have supported our activities as a Charity in a significant way, alongside the various Community Councils in our areas of operation.

We are also thankful for the partnerships we have made with food businesses, both large corporations and SMBs in the locality, the public sector (including health/medical practitioners/organisations and schools) as well as social clubs, societies, and other charitable organisations.

Together, our partners have aided us in providing services for the public benefit in various ways such as signposting members of the general public to the Charity, fundraising and donating resources, and supporting us with advice and guidance to enhance and streamline the day to day operation of The Parish Trust.

THE PARISH TRUST
REPORT OF THE TRUSTEES
FOR THE PERIOD 17 DECEMBER 2019 TO 31 DECEMBER 2020

Volunteering

The Board of Trustees wish to thank all the volunteers who committed to supporting The Parish Trust through 2020, in what has been a very challenging time for many. Without their help and support, the Charity would not have had the resources and manpower to deliver the projects which have been a lifeline for many who have been suffering both the direct and indirect effects of the global Coronavirus pandemic. The volunteers bring invaluable gifts, insight, and warmth to our work, and are the public face of The Parish Trust.

The recruiting of new volunteers has been a notable achievement of Charity. At year end, there were 207 volunteers registered with The Parish Trust. Approximately one fifth of them were young people under the age of 30. In total, just over 350 people have volunteered with The Parish Trust throughout the year, with some returning to school or work as COVID-19 related restrictions eased.

A range of volunteering opportunities have been created over the last 12 months, many of which allowed for remote working (such as telephone call handling and online administration) or were socially distanced. Most of these opportunities were related particularly to the CARE Project.

The Parish Trust celebrated the volunteers for National Volunteers Week, providing them with a message from the Chair of Trustees, a Certificate of Recognition for their volunteering, and a voucher for both Cadwaladers Ice Cream, and The Ship Deck as a token of thanks for the work they have undertaken.

Plans are being developed to enhance our work with volunteers over the next year.

Staff

The Charity was able to employ staff through the course of 2020 as the work and activities of The Parish Trust expanded. Our staff are an invaluable asset to the Charity, and we wish to record our thanks to them for all the hard work and determination they have shown in progressing the aims and objectives of the charity. As a Board, we are pleased to have been able to offer employment opportunities in such trying circumstances.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

As documented earlier in the report, The Parish Trust has been recognised to national level for its achievements throughout 2020.

The CARE Project in particular was able to assist 9,222 people, supported by over 350 volunteers during the course of its operation thus far.

The First Minister of Wales visited in August to pay tribute to the Charity's work, and to thank volunteers. This put the Parish Trust in the national news as an example of the work of the voluntary sector in Wales throughout the Coronavirus Pandemic.

The Lord Lieutenant of Gwent wrote to the Charity to pass on thanks on behalf of Her Majesty the Queen for the work that has been done in the Charity's name.

The Press have also been supportive of the work of The Parish Trust and have regularly featured the charity in articles both online and in print.

THE PARISH TRUST

REPORT OF THE TRUSTEES FOR THE PERIOD 17 DECEMBER 2019 TO 31 DECEMBER 2020

FINANCIAL REVIEW

Financial position

The Board of Trustees are grateful to Bevan and Buckland LLP for examining the Charity Accounts for the year ended 31st December 2020.

General Comments

Expenditure for 2020 can be broadly categorised into the following:

Fixed Assets and Capital Purchases	48%
Running costs and general overheads	25%
Staffing	13%
Other costs (including mission and evangelism, shop stock, and misc. items)	14%

Income streams for 2020 are made up of:

Grant Funding (all income described as a grant, no matter its value)	80%
Donations from individuals, companies, and other organisations	15%
Other income (including sales, service charges, and fees)	5%

Whilst a significant percentage of expenditure was designated to fixed asset purchases, the Board of Trustees are mindful that staffing costs will significantly increase through 2021. This is due to members of staff moving from apprenticeship rates of pay to the rate of pay agreed by the Board of Trustees for staff, currently at £9.62 p/h excluding overhead costs.

Donations

The Parish Trust is extremely grateful to all the individuals, businesses, and organisations who made donations to the Charity. Donations from the General Public accounted for 15% of the charity's overall income for 2020.

Donations were received in person, via the post, over the telephone, over text message, through our website, and via social media.

Grant Funding

The Board of Trustees wish to pay tribute and express thanks to all those trusts, organisations, and individuals who have so generously supported our work throughout the year. The Parish Trust have received some significant grant funding from organisations which we wish to summarise below:

- Caerphilly County Borough Council Food Poverty Grant
 - Grant 1: £6,808.23 for CARE Project capital purchases
 - Grant 2: £6,750 towards a new project being launched in 2021
- Church Revitalisation Trust
 - £5,000 towards the cost of Christmas food parcels and activities/events
- Community Foundation Wales
 - Grant 1: £5,000 towards staffing costs
 - Grant 2: £20,000 towards staffing/core costs in 2021
- Gwent Association of Voluntarrganisations (GAVO)
 - £2,000 towards fuel/delivery costs for CARE Project services
- Moondance
 - Grant 1: £9,000 towards the cost of a vehicle to help The Parish Trust with its core activities
 - Grant 2: £15,000 towards a new project being launched in 2021
- National Lottery Awards for All
 - £10,000 towards employment and staffing related costs
- Rehoboth Trust
 - £3,000 towards infrastructure development
- United Welsh
 - £5,000 towards a new project being launched in 2021

THE PARISH TRUST

REPORT OF THE TRUSTEES FOR THE PERIOD 17 DECEMBER 2019 TO 31 DECEMBER 2020

- Welsh Council for Voluntary Action (WCVA)
 - Grant 1: £43,285.98 for core costs, capital purchases and project activities pertaining to the CARE Project
 - Grant 2: £72,158.36 for core costs, capital purchases, and project activities for 2021
- Welsh Water
 - £200 towards charity core costs

Reserves policy

Being a new charity, The Parish Trust does not currently have a Reserves Policy. This is being reviewed by the Board of Trustees, and it is hoped that a policy will be agreed during the course of 2021, with a phased implementation of that policy, funding permitting.

FUTURE PLANS

The Board of Trustees are aware that the majority of funding has been sourced from grant funders throughout 2020. Trustees are also monitoring the continuing unintended consequences of COVID-19 on society, including the phenomena of "goodwill fatigue".

Monetary donations from the general public subsided in correlation with lockdown and restrictions easing, with a slight increase over the Christmas period. It is clear that the Charity will need to pursue other income streams where possible to ensure a continuity of funding alongside grant provision so that the core activities of The Parish Trust can endure and develop in the coming years.

Closing Remarks

2020 has not been the year that we envisaged, but rather than look at the challenges facing the voluntary sector, The Parish Trust decided to focus on the opportunities that 2020 offered to carry out activities that correlate with the Charity's aims and objectives.

What resulted was an extensive programme of activities which has made a tangible difference to the general public, providing essential services to help people cope through the last year, as well as being a catalyst for community cohesion and strengthening. We have been overwhelmed by the support that has been given to The Parish Trust over the last year, and we are in awe at how hundreds of individuals have given so sacrificially of their time to help thousands of others in need.

We have exciting plans for 2021, hoping that the future is brighter for our world, but recognising that there is still a lot of work to be done. Founded on the Christian faith and its principles, The Parish Trust is in a good place to be able to undertake that work.

Our view for 2021 is to continue the vital services and projects we offer whilst, in turn, developing and launching new projects to provide a holistic portfolio on offer for the benefit of the community. Attending to the physical, mental, emotional, material, and spiritual needs of the general public where we can, we endeavour to continue sowing faith, sharing hope, and showing love in our communities.

Approved by order of the board of trustees on Thursday 8th April 2021 and signed on its behalf by:



.....
Rev. D A Roberts – Chair of Trustees

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE PARISH TRUST**

Independent examiner's report to the trustees of The Parish Trust

I report to the charity trustees on my examination of the accounts of The Parish Trust (the Trust) for the period 17 December 2019 to 31 December 2020.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

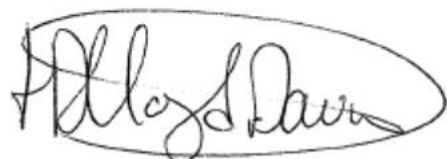
Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Henry Lloyd-Davies
Institute of Chartered Accountants in England and Wales
Bevan Buckland LLP
Langdon House
Langdon Road
SA1 Swansea Waterfront
Swansea
SA1 8QY

Date: 8th April 2021

THE PARISH TRUST

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 17 DECEMBER 2019 TO 31 DECEMBER 2020**

	Notes	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies		48,659	203,203	251,862
Other trading activities	2	<u>5,184</u>	<u>-</u>	<u>5,184</u>
Total		53,843	203,203	257,046
 EXPENDITURE ON				
Charitable activities				
Charitable Activities		10,098	56,138	66,236
		<u> </u>	<u> </u>	<u> </u>
NET INCOME		43,745	147,065	190,810
		<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD		<u>43,745</u>	<u>147,065</u>	<u>190,810</u>

The notes form part of these financial statements

THE PARISH TRUST

**BALANCE SHEET
31 DECEMBER 2020**

	Notes	Unrestricted funds £	Restricted funds £	Total funds £
FIXED ASSETS				
Tangible assets	4	6,709	45,639	52,348
CURRENT ASSETS				
Debtors	5	5,108	-	5,108
Cash at bank		<u>33,355</u>	<u>101,426</u>	<u>134,781</u>
		38,463	101,426	139,889
CREDITORS				
Amounts falling due within one year	6	(1,427)	-	(1,427)
		<u>37,036</u>	<u>101,426</u>	<u>138,462</u>
NET CURRENT ASSETS				
		43,745	147,065	190,810
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>43,745</u>	<u>147,065</u>	<u>190,810</u>
NET ASSETS		<u>43,745</u>	<u>147,065</u>	<u>190,810</u>
FUNDS	7			
Unrestricted funds				43,745
Restricted funds				<u>147,065</u>
TOTAL FUNDS				<u>190,810</u>

The financial statements were approved by the Board of Trustees and authorised for issue on Thursday 8th April 2021 and were signed on its behalf by:



.....
Rev. D A Roberts – Chair of Trustees

THE PARISH TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD 17 DECEMBER 2019 TO 31 DECEMBER 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

Voluntary Income

All voluntary incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income. The amounts can be measured reliably, and it is probably that the income will be received.

Donations

Donations are accounted for gross when received.

Grants

Grant income is included in the accounts in the year in which it is receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 33% on cost
Fixtures and fittings	- 33% on cost
Motor vehicles	- 25% on cost
Computer equipment	- 33% on cost

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

THE PARISH TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 17 DECEMBER 2019 TO 31 DECEMBER 2020**

1. ACCOUNTING POLICIES - continued

Creditors and provisions

Creditors and provisions are recognised where the company has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Employee benefits

The Group provides a range of benefits to employees, including annual bonus arrangements, paid holiday arrangements and defined benefit and defined contribution pension plans.

Short term benefits

Short term benefits, including holiday pay and other similar non-monetary benefits, are recognised as an expense in the period in which the service is received.

2. OTHER TRADING ACTIVITIES

Other income	£ <u>5,184</u>
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3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 December 2020.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 December 2020.

4. TANGIBLE FIXED ASSETS

	Plant and machinery £	Fixtures and fittings £	Motor vehicles £	Computer equipment £	Totals £
COST					
Additions	<u>11,549</u>	<u>1,534</u>	<u>37,800</u>	<u>5,419</u>	<u>56,302</u>
DEPRECIATION					
Charge for year	<u>616</u>	<u>84</u>	<u>2,789</u>	<u>465</u>	<u>3,954</u>
NET BOOK VALUE					
At 31 December 2020	<u>10,933</u>	<u>1,450</u>	<u>35,011</u>	<u>4,954</u>	<u>52,348</u>

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Trade debtors	£ <u>5,108</u>
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THE PARISH TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 17 DECEMBER 2019 TO 31 DECEMBER 2020

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Trade creditors	£ <u>1,427</u>
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7. MOVEMENT IN FUNDS

	Net movement in funds £	Transfers between funds £	At 31.12.20 £
Unrestricted funds			
General fund	43,923	(178)	43,745
Churches Expense Fund (Designated Fund)	<u>(178)</u>	<u>178</u>	<u>-</u>
	43,745	-	43,745
Restricted funds			
WCVA Grant 2	67,429	-	67,429
Community Fund Grant	19,055	-	19,055
Rehoboth Trust Grant	2,741	-	2,741
Welsh Water Grant	200	-	200
Coalfields	5,000	-	5,000
Awards for all	7,000	-	7,000
Caerphilly CC FPG Grant 2	6,564	-	6,564
Moondance	22,074	-	22,074
WCVA Gov VSEF Grant	<u>17,002</u>	<u>-</u>	<u>17,002</u>
	<u>147,065</u>	<u>-</u>	<u>147,065</u>
TOTAL FUNDS	<u>190,810</u>	<u>-</u>	<u>190,810</u>

THE PARISH TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 17 DECEMBER 2019 TO 31 DECEMBER 2020**

7. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	48,660	(4,737)	43,923
Churches Expense Fund (Designated Fund)	<u>5,183</u>	<u>(5,361)</u>	<u>(178)</u>
	53,843	(10,098)	43,745
Restricted funds			
WCVA Grant 2	72,158	(4,729)	67,429
Community Fund Grant	25,000	(5,945)	19,055
Rehoboth Trust Grant	3,000	(259)	2,741
Welsh Water Grant	200	-	200
CRT Grant	5,000	(5,000)	-
Coalfields	5,000	-	5,000
Awards for all	10,000	(3,000)	7,000
Caerphilly CC FPG Grant 2	6,750	(186)	6,564
GAVO	2,000	(2,000)	-
Moondance	24,000	(1,926)	22,074
Caerphilly CC FPG Grant	6,808	(6,808)	-
WCVA Gov VSEF Grant	<u>43,287</u>	<u>(26,285)</u>	<u>17,002</u>
	<u>203,203</u>	<u>(56,138)</u>	<u>147,065</u>
TOTAL FUNDS	<u><u>257,046</u></u>	<u><u>(66,236)</u></u>	<u><u>190,810</u></u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 December 2020.

THE PARISH TRUST

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 17 DECEMBER 2019 TO 31 DECEMBER 2020**

£

INCOME AND ENDOWMENTS

Donations and legacies

Donations	43,160
Gift aid	5,000
Grants	203,202
Fundraising income	<u>500</u>
	251,862

Other trading activities

Other income	<u>5,184</u>
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Total incoming resources

257,046

EXPENDITURE

Charitable activities

Wages	15,749
Charitable expenses	12,370
Insurance	3,771
Light and heat	806
Telephone	2,485
Office costs	14,974
Advertising	1,037
Sundries	174
Repairs and maintenance	2,884
Licences and subscriptions	3,331
Travel expenses	<u>1,985</u>
	59,566

Support costs

Management

Wages	833
Wedding fees	1,427
Bank charges	<u>456</u>
	2,716

Other

Plant and machinery	616
Fixtures and fittings	84
Motor vehicles	2,789
Computer equipment	<u>465</u>
	3,954

Total resources expended

66,236

Net income

190,810

This page does not form part of the statutory financial statements