



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From April 2024 to March 2025

Charity name: **BreatheEasy Eastbourne**

Charity registration number: **1186901**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit to preserve and protect good health among and relieve the needs of, people who are suffering from Chronic Pulmonary Lung Disease and Asthma, their families and carers in Eastbourne, East Sussex and the surrounding Wealden area.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Providing support groups which provide information, advice and organised activities which promote a healthier lifestyle, a specially adapted disabled person's allotment, monthly support meetings, an indoor bowls club, social outings and events and pulmonary rehabilitation exercise sessions across 5 locations in East Sussex.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to all the guidance issued by the Charity Commission on public benefit and have all had copies of the relevant documentation.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	There have been various contributions made by volunteers when providing pulmonary rehabilitation exercise maintenance sessions to our service users,

		maintenance of our accessible allotment, assisting at social gatherings and support meetings.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The main achievement of the charity is to provide support and to provide pulmonary rehabilitation exercise maintenance sessions for people diagnosed with a lung disease at 5 locations across East Sussex. We currently have almost 80 people in regular exercise weekly. This has a very positive impact on the physical welfare and mental wellbeing of participants, and it serves to keep people out of hospital. It also provides a space where participants can socialise. The demand for our sessions has increased enormously as clients are referred to us by the NHS to us daily. Having our own premises, which includes a fully equipped gymnasium, is a huge benefit and enables us to expand without the pressure to seek out suitable premises. The charity is volunteer led organisation and we encourage peer support by providing a safe environment where our service users can meet and socialise without fear or prejudice.</p> <p>The charity works very closely with East Sussex County Council and with East Sussex Health Care Trust to deliver its services.</p> <p>We also had an agreement with the Physiotherapy Department at the University of Brighton whereby students on a PhD course assisted in providing pulmonary rehabilitation exercise. This enables the students to complete certain modules within their degree courses, to understand pulmonary disease by working directly with patients and help our members during their exercise sessions.</p> <p>Our chairperson sits on a British Lung Foundation (BLF) for Rehabilitation and Diagnosis Panel and on the Clinical Commissioning Group for the local Health Trust. In addition, she is on a patient</p>

		representative group at the University of Brighton.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	All our objectives have been met as stated above.
Performance of fundraising activities against objectives set	Para 1.41	Our fundraising performance has been reasonably successful and will be shown in the accounts section.
Investment performance against objectives	Para 1.41	n/a
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	All accounts are in in order, the charity grew during the 24-25 period and has grown substantially since.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	n/a
Amount of reserves held	Para 1.22	None as all our funds are allocated to projects.
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We have no uncertainties, the future is looking good for the charity.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our principal source of funding is from grants provided by funding organisations, from donations and from fundraising events. We also receive an income by providing pulmonary rehabilitation exercise sessions to our service users.
		We have no investments.

Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Like all charities, we face constant financial pressures. We receive no statutory funding and therefore the burden of raising funds rests with the trustees of the charity. The constant pressure is to maintain a successful rate of approved funding applications. Rising costs versus an increasing demand is always a factor as is fighting operating deficits. Ever increasing running overheads against maintaining an affordable service to our service users is a major factor.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Foundation Model Constitution Document
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	The charity is a Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of all the charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All trustees and volunteers are provided with copies of all relevant operating policies and any relevant documentation from the Charities Commission.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity is run and operated by the Trustees. We also have a small number of volunteers. We network with other agencies such as East Sussex County Council, The NHS Respiratory Teams and Brighton University.

Relationship with any related parties	Para 1.51	We have an ongoing formal relationship with the physiotherapy department at Brighton University and we have an affiliation with Asthma and Lung UK.
Other		

Reference and Administrative details

Charity name	Breatheasy Eastbourne
Other name the charity uses	BreatheEasy Eastbourne
Registered charity number	1186901
Charity's principal address	52 Anderida Road Eastbourne BN22 0PX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kimberlee Cole	Chairperson		Trustees Committee
2	Beverley Ann Owen			"
3	Louisa Anderson	Treasurer		"
4	Yvonne Schofield			"
5	Hazel Horobin			"
6	Steven Banks	Secretary		"
7				
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17				
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20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
n/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

**Kimberlee
Cole**

Full name(s)

Kimberlee Cole

Position (eg Secretary,
Chair, etc)

Chairperson

Date

16th December 2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

BreatheEasy Eastbourne

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date
01.04.24

To

Period end date
31.03.25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations & Fundraising	29,155	-	-	29,155	19,691
Pulmonary Rehabilitation	6,657	-	-	6,657	6,803
Rent	21,248	-	-	21,248	2,160
Utilities	10	-	-	10	-
Meeting Income	-	-	-	-	485
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	57,070	-	-	57,070	29,139
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	57,070	-	-	57,070	29,139
A3 Payments					
Rent	19,250	-	-	19,250	4,140
Expenses	21,456	-	-	21,456	7,673
Pulmonary Rehabilitation	17,846	-	-	17,846	7,072
Mobiles	1,254	-	-	1,254	851
Utilities	9,898	-	-	9,898	904
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	69,704	-	-	69,704	20,640
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	69,704	-	-	69,704	20,640
Net of receipts/(payments)	- 12,634	-	-	- 12,634	8,499
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	14,721	-	-	14,721	6,222
Cash funds this year end	2,087	-	-	2,087	14,721

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Running machine		-	300
	Exercise bike		-	250
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		L Anderson	L Anderson	11.11.25

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BREATHEASY EASTBOURNE

Independent examiner's report to the trustees of Breatheasy Eastbourne

I report to the charity trustees on my examination of the accounts for the year ended 31 March 2025.

Responsibilities and basis of report

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act), and that an independent examination is needed. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under charity law and is eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep proper accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Charities (Accounts and Reports) Regulation 2008 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Peter D Hill



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Northbourne Road
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Date: