

BREATHEASY EASTBOURNE

England & Wales · Charity number 1186901

Details

Status Registered

Legal form CIO

Registered 2019-12-12

Register [View on the Charity Commission register](#)

Contact

Address 52 Anderida Road
Eastbourne
East Sussex
BN22 0PX

Phone 07969490379

Email colekimberlee@gmail.com

Website www.breatheasyeastbourne.org

Activities

Objects: THE OBJECT OF THE CIO IS:FOR THE PUBLIC BENEFIT TO PRESERVE AND PROTECT GOOD HEALTH AMONG, AND RELIEVE THE NEEDS OF, PEOPLE WHO ARE SUFFERING FROM CHRONIC PULMONARY LUNG DISEASE, THEIR FAMILIES AND CARERS, IN EASTBOURNE, EAST SUSSEX AND THE SURROUNDING AREA, IN PARTICULAR BY PROVIDING SUPPORT GROUPS WHICH PROVIDE INFORMATION, ADVICE AND ORGANISED ACTIVITIES WHICH PROMOTE A HEALTHIER LIFESTYLE, SUCH AS SINGING FOR LUNG HEALTH, A SPECIALLY ADAPTED DISABLED PERSON'S ALLOTMENT, WALKING GROUPS AND PULMONARY REHABILITATION EXERCISE.

Activities: Breatheasy Eastbourne is a support group that supports people living with chronic lung disease in East Sussex and the surrounding area.

Classification

- **How:** Provides Services
- **What:** Disability
- **Who:** People With Disabilities

Geography

- Area of benefit: LOCAL
- East Sussex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£57,070	£69,704	-	-
2024-03-31	£29,139	£20,640	-	-
2023-03-31	£19,294	£16,909	-	-
2022-03-31	£4,920	£6,377	-	-
2021-03-31	£6,625	£4,688	-	-

Trustees

Name	Role	Appointed
Kimberlee Cole	Chair	2019-11-26
Beverley Anne Owen		2019-11-26
Dr Hazel Horobin		2025-01-11
Louisa Anderson		2019-11-26
Steven Banks		2024-06-06
Yvonne Schofield		2024-07-01

BREATHEASY EASTBOURNE

England & Wales - Charity number 1186901

Accounts



Trustees' Annual Report for the period

From April 2024 to March 2025

Charity name: **BreatheEasy Eastbourne**

Charity registration number: **1186901**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit to preserve and protect good health among and relieve the needs of, people who are suffering from Chronic Pulmonary Lung Disease and Asthma, their families and carers in Eastbourne, East Sussex and the surrounding Wealden area.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Providing support groups which provide information, advice and organised activities which promote a healthier lifestyle, a specially adapted disabled person's allotment, monthly support meetings, an indoor bowls club, social outings and events and pulmonary rehabilitation exercise sessions across 5 locations in East Sussex.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to all the guidance issued by the Charity Commission on public benefit and have all had copies of the relevant documentation.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	There have been various contributions made by volunteers when providing pulmonary rehabilitation exercise maintenance sessions to our service users,

		maintenance of our accessible allotment, assisting at social gatherings and support meetings.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The main achievement of the charity is to provide support and to provide pulmonary rehabilitation exercise maintenance sessions for people diagnosed with a lung disease at 5 locations across East Sussex. We currently have almost 80 people in regular exercise weekly. This has a very positive impact on the physical welfare and mental wellbeing of participants, and it serves to keep people out of hospital. It also provides a space where participants can socialise. The demand for our sessions has increased enormously as clients are referred to us by the NHS to us daily. Having our own premises, which includes a fully equipped gymnasium, is a huge benefit and enables us to expand without the pressure to seek out suitable premises. The charity is volunteer led organisation and we encourage peer support by providing a safe environment where our service users can meet and socialise without fear or prejudice.</p> <p>The charity works very closely with East Sussex County Council and with East Sussex Health Care Trust to deliver its services.</p> <p>We also had an agreement with the Physiotherapy Department at the University of Brighton whereby students on a PhD course assisted in providing pulmonary rehabilitation exercise. This enables the students to complete certain modules within their degree courses, to understand pulmonary disease by working directly with patients and help our members during their exercise sessions.</p> <p>Our chairperson sits on a British Lung Foundation (BLF) for Rehabilitation and Diagnosis Panel and on the Clinical Commissioning Group for the local Health Trust. In addition, she is on a patient</p>

		representative group at the University of Brighton.
--	--	---

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	All our objectives have been met as stated above.
Performance of fundraising activities against objectives set	Para 1.41	Our fundraising performance has been reasonably successful and will be shown in the accounts section.
Investment performance against objectives	Para 1.41	n/a
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	All accounts are in in order, the charity grew during the 24-25 period and has grown substantially since.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	n/a
Amount of reserves held	Para 1.22	None as all our funds are allocated to projects.
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We have no uncertainties, the future is looking good for the charity.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our principal source of funding is from grants provided by funding organisations, from donations and from fundraising events. We also receive an income by providing pulmonary rehabilitation exercise sessions to our service users.
		We have no investments.

Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Like all charities, we face constant financial pressures. We receive no statutory funding and therefore the burden of raising funds rests with the trustees of the charity. The constant pressure is to maintain a successful rate of approved funding applications. Rising costs versus an increasing demand is always a factor as is fighting operating deficits. Ever increasing running overheads against maintaining an affordable service to our service users is a major factor.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Foundation Model Constitution Document
How is the charity constituted? (e.g. unincorporated association , CIO)	Para 1.25	The charity is a Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of all the charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All trustees and volunteers are provided with copies of all relevant operating policies and any relevant documentation from the Charities Commission.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity is run and operated by the Trustees. We also have a small number of volunteers. We network with other agencies such as East Sussex County Council, The NHS Respiratory Teams and Brighton University.

Relationship with any related parties	Para 1.51	We have an ongoing formal relationship with the physiotherapy department at Brighton University and we have an affiliation with Asthma and Lung UK.
Other		

Reference and Administrative details

Charity name	Breatheasy Eastbourne
Other name the charity uses	BreatheEasy Eastbourne
Registered charity number	1186901
Charity's principal address	52 Anderida Road Eastbourne BN22 0PX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kimberlee Cole	Chairperson		Trustees Committee
2	Beverley Ann Owen			"
3	Louisa Anderson	Treasurer		"
4	Yvonne Schofield			"
5	Hazel Horobin			"
6	Steven Banks	Secretary		"
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
n/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

**Kimberlee
Cole**

Full name(s)

Kimberlee Cole

Position (eg Secretary,
Chair, etc)

Chairperson

Date

16th December 2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

BreatheEasy Eastbourne

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date
01.04.24

To

Period end date
31.03.25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations & Fundraising	29,155	-	-	29,155	19,691
Pulmonary Rehabilitation	6,657	-	-	6,657	6,803
Rent	21,248	-	-	21,248	2,160
Utilities	10	-	-	10	-
Meeting Income	-	-	-	-	485
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	57,070	-	-	57,070	29,139
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	57,070	-	-	57,070	29,139
A3 Payments					
Rent	19,250	-	-	19,250	4,140
Expenses	21,456	-	-	21,456	7,673
Pulmonary Rehabilitation	17,846	-	-	17,846	7,072
Mobiles	1,254	-	-	1,254	851
Utilities	9,898	-	-	9,898	904
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	69,704	-	-	69,704	20,640
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	69,704	-	-	69,704	20,640
Net of receipts/(payments)	- 12,634	-	-	- 12,634	8,499
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	14,721	-	-	14,721	6,222
Cash funds this year end	2,087	-	-	2,087	14,721

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Running machine		-	300
	Exercise bike		-	250
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>L Anderson</i>	L Anderson	11.11.25	

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BREATHEASY EASTBOURNE**

Independent examiner's report to the trustees of Breatheasy Eastbourne

I report to the charity trustees on my examination of the accounts for the year ended 31 March 2025.

Responsibilities and basis of report

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act), and that an independent examination is needed. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under charity law and is eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep proper accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Charities (Accounts and Reports) Regulation 2008 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Peter D Hill



Dominic Hill Associates Limited
Archer House
Britland Estate
Northbourne Road
Eastbourne
BN22 8PW

Date:

BREATHEASY EASTBOURNE

England & Wales - Charity number 1186901

Accounts



Trustees' Annual Report for the period

From April 2023 to March 2024

Charity name: Eastbourne BreatheEasy

Charity registration number: 1186901

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit to preserve and protect good health among and relieve the needs of, people who are suffering from Chronic Pulmonary Lung Disease, their families and carers in Eastbourne, East Sussex and the surrounding area.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Providing support groups which provide information, advice and organised activities which promote a healthier lifestyle, such as social meetings, a specially adapted disabled person's allotment and pulmonary rehabilitation exercise maintenance programmes.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the guidance issued by the Charity Commission on public benefit and have all had copies of the relevant documentation.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	There have been ongoing contributions made by volunteers such as providing our disabled allotment, an annual outing to a place of interest and Christmas Lunch. Our volunteers run monthly group meetings in Eastbourne and are involved in officiating at weekly pulmonary rehabilitation exercise

		maintenance programmes at three different locations that run throughout the year.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The charity holds monthly meetings for its members where they enjoy listening to invited speakers, partake in a lively fun general knowledge quiz with prizes, an hour-long seated yoga session and a bumper raffle to raise money for the charity. Our monthly meetings are also an opportunity for our members to socialise with other service users to reduce the feeling of isolation. These meetings have become a very important of their social calendar.</p> <p>Our continued arrangement continues with the Physiotherapy Department at the University of Brighton whereby students on a PhD course provide their expertise in pulmonary rehabilitation exercise. This enables the students to understand pulmonary disease and help our members carry out the right exercise for their conditions.</p> <p>The pulmonary rehabilitation exercise maintenance programmes have proved to be a major success with all our participants reporting a marked improvement in their wellbeing and general health.</p> <p>We have also set up a 'Home Visiting' pulmonary rehabilitation programme whereby a qualified physiotherapist visits service users at home to carry out their exercises. This has been running very successfully for a few months now and helps to reduce isolation, increases mobility and service user's general well-being.</p> <p>Our chairperson sits on the Asthma and Lung UK Task Force and their Board for Diagnosis. She also sits on the Commissioning Board for our local Area Health Authority for pulmonary health.</p>

		We also have a Support Telephone Line which operates three days a week – 9 till 5.
--	--	--

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We consider that we have achieved our objectives set for this year. Our Pulmonary Rehabilitation programmes have operated very successfully. Our charity now also works well with in partnership with the local NHS Trust.
Performance of fundraising activities against objectives set	Para 1.41	Our fundraising performance has been reasonably successful. We have had a 70% success rate on funding bids. Our summer fair events have raised useful funds as have the monthly raffles at our monthly meetings. The funds will be shown in the accounts section.
Investment performance against objectives	Para 1.41	n/a
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	n/a
Amount of reserves held	Para 1.22	n/a
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties currently, the pulmonary rehabilitation exercise programme is being expanded & we will increase fundraising applications and events as opportunities allow.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our principal sources have been from obtained grants from a number of funding organisations as well as a grant from local district council. We do have monthly meetings where funds are raised from a raffle, and we do raise funds with a tombola stall at an annual three day summer music event in Eastbourne.
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	Volunteer recruitment is always difficult. Lack of funding would be problem since we rely 100% on that as an income stream. Energy costs have influenced our ability to keep our premises open for longer periods. Rising inflation is likely to squeeze potential donors' budgets in the medium-term. This will undoubtedly have an impact on the money we can raise.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The charity is a Charitable Incorporated Organisation (CIO) who's only voting members are its charity trustees.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All trustees are provided with the relevant documentation from the Charities Commission. All trustees undergo an induction programme, and all are provided with copies of the charity's policies and procedures. Training is provided as required.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity is run by the Trustees which hold monthly Trustee meetings with minutes taken by the Secretary at every meeting. Trustees are all volunteers, and all have a role within the organisation.
Relationship with any related parties	Para 1.51	We have an ongoing working relationship with the physiotherapy department at the University of Sussex. We are also affiliated with Asthma and Lung UK. We also have an excellent working relationship with the local NHS Commissioners.
Other		

Reference and Administrative details

Charity name	Breatheasy Eastbourne
Other name the charity uses	
Registered charity number	1186901
Charity's principal address	52 Anderida Road Eastbourne BN22 0PX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kimberlee Cole	Chairperson		Trustees Committee
2	Beverley Owen	Welfare Officer		“
3	Louisa Anderson	Treasurer		“
4	Steven Banks	Volunteer		“
5	Yvonne Schofield	Volunteer	July 2004 onwards	“
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
n/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

K Cole

Full name(s)

Kimberlee Cole

Position (eg Secretary,
Chair, etc)

Chair

Date

02/12/2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name BreatheEasy Eastbourne	No (if any)
---	-------------

Receipts and payments accounts

CC16a

For the period from	Period start date 01.04.23	To	Period end date 31.03.24
------------------------	-------------------------------	----	-----------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations & Fundraising	19,691	-	-	19,691	-
Meeting Income	485	-	-	485	-
Pulmonary Rehab	6,803	-	-	6,803	-
Rent	2,160	-	-	2,160	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	29,139	-	-	29,139	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	29,139	-	-	29,139	-
A3 Payments					
Rent	4,140	-	-	4,140	-
Expenses	7,673	-	-	7,673	-
Pulmonary Rehabilitation	7,072	-	-	7,072	-
Mobiles	851	-	-	851	-
Utilities	904	-	-	904	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	20,640	-	-	20,640	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	20,640	-	-	20,640	-
Net of receipts/(payments)	8,499	-	-	8,499	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	6,222	-	-	6,222	-
Cash funds this year end	14,721	-	-	14,721	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B4 Assets retained for the charity's own use	Details	-	-	-
	Laptops	-	-	-
	Greenhouse	-	-	-
	Running machines	-	-	-
	Treadmills	-	-	-
		-	-	-
		-	-	-
		-	-	-
B5 Liabilities	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>L Anderson</i>	L ANDERSON	16.07.24	

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BREATHEASY EASTBOURNE

Independent examiner's report to the trustees of Breatheasy Eastbourne

I report to the charity trustees on my examination of the accounts for the year ended 31 March 2024.

Responsibilities and basis of report

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act), and that an independent examination is needed. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under charity law and is eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep proper accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Charities (Accounts and Reports) Regulation 2008 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Peter D Hill

Dominic Hill Associates Limited
Archer House
Britland Estate
Northbourne Road
Eastbourne
BN22 8PW

Date:

BREATHEASY EASTBOURNE

England & Wales - Charity number 1186901

Accounts



Trustees' Annual Report for the period

From April 2022 to March 2023

Charity name: Eastbourne BreatheEasy

Charity registration number: 1186901

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit to preserve and protect good health among and relieve the needs of, people who are suffering from Chronic Pulmonary Lung Disease, their families and carers in Eastbourne, East Sussex and the surrounding area.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Providing support groups which provide information, advice and organised activities which promote a healthier lifestyle, such as social meetings, a specially adapted disabled person's allotment and pulmonary rehabilitation exercise maintenance programmes.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the guidance issued by the Charity Commission on public benefit and have all had copies of the relevant documentation.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	There have been ongoing contributions made by volunteers such as providing our disabled allotment and an annual outing to a place of interest. Our volunteers run monthly group meetings in Eastbourne and are involved in officiating at weekly pulmonary rehabilitation exercise

		maintenance programmes at two different locations that run throughout the year.
Other		

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The charity holds monthly meetings for its members where they enjoy listening to invited speakers, partake in a lively fun general knowledge quiz with prizes, an hour-long seated yoga session and a bumper raffle to raise money for the charity. Our monthly meetings are also an opportunity for our members to socialise with other service users to reduce the feeling of isolation. These meetings have become a very important of their social calendar.</p> <p>Our continued arrangement continues with the Physiotherapy Department at the University of Brighton whereby students on a PhD course provide their expertise in pulmonary rehabilitation exercise. This enables the students to understand pulmonary disease and help our members carry out the right exercise for their conditions.</p> <p>The pulmonary rehabilitation exercise maintenance programmes have proved to be a major success with all our participants reporting a marked improvement in their wellbeing and general health.</p> <p>We have also set up a 'Home Visiting' pulmonary rehabilitation programme whereby a qualified physiotherapist visits service users at home to carry out their exercises. This has been running very successfully for a few months now and helps to reduce isolation, increases mobility and service user's general well-being.</p> <p>Our chairperson sits on the Asthma and Lung UK Task Force and their Board for Diagnosis. She also sits on the Commissioning Board for our local Area Health Authority for pulmonary health.</p>

		We also have a Support Telephone Line which operates three days a week – 9 till 5.
--	--	--

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We consider that we have achieved our objectives set for this year. Our Pulmonary Rehabilitation programmes have operated very successfully. Our charity now also works well with in partnership with the local NHS Trust.
Performance of fundraising activities against objectives set	Para 1.41	Our fundraising performance has been reasonably successful. We have had a 60% success rate on funding bids. Our summer fair events have raised useful funds as have the monthly raffles at our monthly meetings. The funds will be shown in the accounts section.
Investment performance against objectives	Para 1.41	n/a
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Rent liability will increase as of 1 st May 2024 due to our office relocation, however additional funds has been secured by subletting & there are other revenue opportunities within the scope of our tenancy, which will strengthen our financial status in addition to our current streams. The accounting records are kept to the required standard. A financial report is given at every monthly committee meeting.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	n/a
Amount of reserves held	Para 1.22	£300
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties currently, the pulmonary rehabilitation exercise programme is being expanded & we will increase fundraising applications and events as opportunities allow.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our principal sources have been from obtained grants from a number of funding organisations as well as a grant from local district council. We do have monthly meetings where funds are raised from a raffle and we do raise funds with a tombola stall at an annual three day summer music event in Eastbourne.
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	Volunteer recruitment is always difficult. Lack of funding would be problem since we rely 100% on that as an income stream. Energy costs and difficult access issues have influenced our ability to keep our Drop-In Centre. Rising inflation is likely to squeeze potential donors' budgets in the medium-term. This will undoubtedly have an impact on the money we can raise.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The charity is a Charitable Incorporated Organisation (CIO) who's only voting members are its charity trustees.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All trustees are provided with the relevant documentation from the Charities Commission. All trustees undergo an induction programme, and all are provided with copies of the charity's policies and procedures. Training is provided as required.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity is run by the Trustees which hold monthly Trustee meetings with minutes taken by the Secretary at every meeting. Trustees are all volunteers, and all have a role within the organisation.
Relationship with any related parties	Para 1.51	We have an ongoing working relationship with the physiotherapy department at the University of Sussex. We are also affiliated with Asthma and Lung UK. We also have an excellent working relationship with the local NHS Commissioners.
Other		

Reference and Administrative details

Charity name	Breatheasy Eastbourne
Other name the charity uses	
Registered charity number	1186901
Charity's principal address	52 Anderida Road Eastbourne BN22 0PX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kimberlee Cole	Chairperson		Trustees Committee
2	Beverley Owen	Welfare Officer		"
3	Felicity Payne	Clean Air Champion		"
4	Louisa Anderson	Treasurer		"
5	Gillian Gayton	Secretary		"
6	Barbara Grimes	Volunteer		"
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
n/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>K. Cole</i>	
Full name(s)	Kimberlee Cole	
Position (eg Secretary, Chair, etc)	Chair	
Date	30.1.2024.	



CHARITY COMMISSION
FOR ENGLAND AND WALES

BreatheEasy Eastbourne

No (if any)

Receipts and payments accounts

CC16a

For the period
from

01.04.21

To

31.03.22

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	1,469	-	-	1,469	-
Fundraising	1,951	-	-	1,951	-
Pulmonary Rehab	1,500	-	-	1,500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	4,920	-	-	4,920	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	4,920	-	-	4,920	-
A3 Payments					
Rent (incl £2000 new drop in centre)	2,708	-	-	2,708	-
Mobile overheads	758	-	-	758	-
Pulmonary rehab	1,324	-	-	1,324	-
Insurance	146	-	-	146	-
Expenses	1,440	-	-	1,440	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	6,377	-	-	6,377	-
A4 Asset and investment purchases, (see table)					
Office furniture & equipment	-	-	-	-	-
Support line/fundraising equipment	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	6,377	-	-	6,377	-
Net of receipts/(payments)	- 1,457	-	-	- 1,457	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,354	-	-	5,354	-
Cash funds this year end	3,898	-	-	3,898	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Laptops		-	-
	Greenhouse		-	-
	Printer		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Rent		1,300	01.04.22
	Mobile Phone - EE		87	12.04.22
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	L Anderson	L Anderson	30.01.23	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Breatheasy Eastbourne

No (if any)
1186901

Receipts and payments accounts

CC16a

For the period
from

01.04.22

To

31.03.23

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	12,211	-	-	12,211	-
Meeting Income	850	-	-	850	-
Fundraising	4,703	-	-	4,703	-
Pulm Rehab	1,530	-	-	1,530	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	19,294	-	-	19,294	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	19,294	-	-	19,294	-
A3 Payments					
Rent	5,440	-	-	5,440	-
Mobiles	945	-	-	945	-
Pulmonary rehab	5,461	-	-	5,461	-
Insurance	223	-	-	223	-
Expenses	2,657	-	-	2,657	-
Utilities	2,183	-	-	2,183	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	16,909	-	-	16,909	-
A4 Asset and investment purchases, (see table)					
Office furniture & equipment	-	-	-	-	-
Support line/fundraising equipment	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	16,909	-	-	16,909	-
Net of receipts/(payments)	2,385	-	-	2,385	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	3,837	-	-	3,837	-
Cash funds this year end	6,222	-	-	6,222	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B4 Assets retained for the charity's own use	Details	-	-	-
	Laptops	429	-	-
	Greenhouse	175	-	-
	Running machines	130	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	-	-	-	
B5 Liabilities	Details	-	-	-
	Rent	-	-	-
	Utilites	-	-	-
		-	-	-
		-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	L Anderson	L Anderson	30.01.24	

BREATHEASY EASTBOURNE

England & Wales - Charity number 1186901

Accounts



Trustees' Annual Report for the period

From April 2021 to March 2022

Charity name: Eastbourne BreatheEasy

Charity registration number: 1186901

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit to preserve and protect good health among and relieve the needs of, people who are suffering from Chronic Pulmonary Lung Disease, their families and carers in Eastbourne, East Sussex and the surrounding area.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Providing support groups which provide information, advice and organised activities which promote a healthier lifestyle, such as social meetings, singing for lung health, a specially adapted disabled person's allotment, walking groups and pulmonary rehabilitation exercise programmes.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the guidance issued by the Charity Commission on public benefit and have all had copies of the relevant documentation.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a
	Para 1.38	There have been various contributions made by volunteers

Contribution made by volunteers		such as providing guided walks, our disabled allotment, singing group, monthly group meetings and weekly pulmonary rehabilitation exercise programmes at two different locations that run throughout the year.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We hold monthly meetings for our members where they enjoy listening to invited speakers, partake in a lively fun general knowledge quiz with prizes, an hour long seated yoga session and a bumper raffle to raise money for the charity. Our monthly meetings are also an opportunity for our members to socialise with other service users to reduce the feeling of isolation.</p> <p>Our continued arrangement continues with the Physiotherapy Department at the University of Brighton whereby students on a PhD course provide their expertise in pulmonary rehabilitation exercise. This enables the students to understand pulmonary disease and help our members carry out the right exercise for their conditions.</p> <p>We have also set up a 'Home Visiting' pulmonary rehabilitation programme whereby a qualified physiotherapist visits service users at home to carry out their exercises. This has been running very successfully for a few months now and helps to reduce isolation, increases mobility and service user's general well-being.</p> <p>Our Chairperson sits on the Asthma and Lung UK Task Force and their Board for Diagnosis. She also sits on the Commissioning Board for our local Area Health Authority for pulmonary health. Another one of our trustee</p>

		<p>volunteer sits on the Asthma & Lung UK Expert Patient Panel giving valuable input from a patient's perspective.</p> <p>We also have a Support Telephone Line which operates three days a week – 9 till 5.</p>
--	--	--

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We consider that we have achieved our objectives set for this year. Our Pulmonary Rehabilitation programmes have operated very successfully and our Drop in Centre has worked quite well as has our telephone support line. Our charity now also works well with in partnership with the local NHS Trust.
Performance of fundraising activities against objectives set	Para 1.41	Our fundraising performance has been reasonably successful. We have had a 60% success rate on funding bids. Our summer fair events have raised useful funds as have the monthly raffles at our monthly meetings. The funds will be shown in the accounts section.
Investment performance against objectives	Para 1.41	n/a
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	We acquired a Drop In centre in March 2022 - the deposit & one quarter period rent accounted for 42% of our expenditure
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	n/a
Amount of reserves held	Para 1.22	n/a
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties currently, the pulmonary rehabilitation exercise programme is being expanded & we will increase fundraising events as opportunities allow.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our principal sources have been from obtained grants from a number of funding organisations as well as a grant from local district council and also Active Sussex.
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	Volunteer illness is always a problem and has been a recurring one over the past year. Volunteer recruitment is always difficult. Lack of funding would be problem since we rely 100% on that as an income stream. The economic outlook is far from rosy. Specifically, energy costs are likely to have an effect on our ability to maintain a Drop-In Centre, while rising inflation is likely to squeeze potential donors' budgets in the medium-term. This will undoubtedly have an impact on the money we can raise.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The charity is a Charitable Incorporated Organisation (CIO) whose only voting members are its charity trustees.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All trustees are provided with the relevant documentation from the Charities Commission. All trustees undergo an induction programme and all are provided with copies of the charity's policies and procedures. Training is provided as required.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity is run by the Trustees which hold monthly Trustee meetings with minutes taken by the Secretary at every meeting. Trustees are all volunteers and all have a role within the organisation.
Relationship with any related parties	Para 1.51	We have an ongoing working relationship with the physiotherapy department at the University of Sussex. We are also affiliated with Asthma and Lung UK. We also have an excellent working relationship with the local NHS Commissioners.
Other		

Reference and Administrative details

Charity name	Breatheasy Eastbourne
--------------	-----------------------

Other name the charity uses	
Registered charity number	1186901
Charity's principal address	52 Anderida Road Eastbourne BN22 0PX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kimberlee Cole	Chairperson		Trustees Committee
2	Beverley Owen	Welfare Officer		"
3	Felicity Payne	Clean Air Champion		"
4	Louisa Anderson	Treasurer		"
5	Gillian Gayton	Secretary		"
6	Barbara Grimes	Volunteer		"
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees - names of the directors at the date the report was approved

Director name		
n/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

--	--

Full name(s)

--	--

Position (eg
Secretary, Chair, etc)

--	--

Date

--



CHARITY COMMISSION
FOR ENGLAND AND WALES

BreatheEasy Eastbourne

No (if any)

Receipts and payments accounts

CC16a

For the period
from

01.04.21

To

31.03.22

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,469	-	-	1,469	-
Fundraising	1,951	-	-	1,951	-
Pulmonary Rehab	1,500	-	-	1,500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	4,920	-	-	4,920	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	4,920	-	-	4,920	-
A3 Payments					
Rent (incl £2000 new drop in centre)	2,708	-	-	2,708	-
Mobile overheads	758	-	-	758	-
Pulmonary rehab	1,324	-	-	1,324	-
Insurance	146	-	-	146	-
Expenses	1,440	-	-	1,440	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	6,377	-	-	6,377	-
A4 Asset and investment purchases, (see table)					
Office furniture & equipment	-	-	-	-	-
Support line/fundraising equipment	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	6,377	-	-	6,377	-
Net of receipts/(payments)	- 1,457	-	-	- 1,457	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,354	-	-	5,354	-
Cash funds this year end	3,898	-	-	3,898	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Laptops		-	-
	Greenhouse		-	-
	Printer		-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Rent		1,300	01.04.22
	Mobile Phone - EE		87	12.04.22
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>L Anderson</i>	L Anderson	30.01.23	

BREATHEASY EASTBOURNE

England & Wales - Charity number 1186901

Accounts



Trustees' Annual Report for the period

From April 2020 to March 2021

Charity name: BreatheEasy Eastbourne

Charity registration number: 1186901

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit to preserve and protect good health among and relieve the needs of, people who are suffering from Chronic Pulmonary Lung Disease, their families and carers in Eastbourne, East Sussex and the surrounding area. Also for people with asthma.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Providing support groups which provide information, advice and organised activities which promote a healthier lifestyle, such as singing for lung health, a specially adapted disabled person's allotment, walking groups and pulmonary rehabilitation exercise.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the guidance issued by the Charity Commission on public benefit and have all had copies of the relevant documentation.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a

Contribution made by volunteers	Para 1.38	There have been various contributions made by volunteers especially when providing guided walks, our allotment, singing groups and group meetings.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Our members have benefitted from our trustees keeping in touch with them during the lockdown period and holding meetings on line to keep their spirits up.</p> <p>This helps to keep people out of hospital and maintaining their well-being.</p> <p>We also had an arrangement with the Physiotherapy Department at the University of Brighton whereby students on a PhD course assisted in providing pulmonary rehabilitation exercise. This enabled the students to understand pulmonary disease and help our members do the right exercise for their conditions.</p> <p>Our Chair sits on a British Lung Foundation (BLF) for Rehabilitation and Diagnosis Panel and also on the Clinical Commissioning Group for the local Health Trust. Our Chair is also on the patient representative panel for SAGE. In addition, she is on a patient representative group at the University of Brighton. Another one of our trustees sits on the BLF Expert Patient Panel thus giving valuable input to their deliberations.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We intended to hold on line meetings during lockdown and this was achieved.
Performance of fundraising activities against objectives set	Para 1.41	Our fundraising performance was successful and will be shown in the accounts section.
Investment performance against objectives	Para 1.41	n/a
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The financial year ended with a closing balance of £5354.47, an increase of 68% from the previous year. Due to the pandemic income was reduced from meetings due to them being online, thus less raffle income & zero refreshment income. Rent liability as of 01.04.21 will be met along with July & October payments. Two laptop computers are held assets & used solely for charity work. The accounting records are kept to the required standard. A financial report is given at every monthly committee meeting.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	n/a
Amount of reserves held	Para 1.22	£300
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the	Para 1.23	n/a

charity continuing as a going concern		
---------------------------------------	--	--

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Not being able to find suitable premises as we grow. Not securing the right funding and enough volunteers to assist with events and other activities the members require.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The charity is a Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures		As required. All trustees are
-------------------------	--	--------------------------------------

adopted for the induction and training of trustees	Para 1.51	provided with the relevant documentation from the Charities Commission.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity is run by the Trustees which hold monthly Trustee meetings with minutes taken at every meeting.
Relationship with any related parties	Para 1.51	We have an ongoing relationship with the physiotherapy department at the University of Sussex and with the British Lung Foundation.
Other		

Reference and Administrative details

Charity name	BreatheEasy Eastbourne
Other name the charity uses	
Registered charity number	1186901
Charity's principal address	52 Anderida Road Eastbourne BN22 0PX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Kimberlee Cole	Chair		Trustees Committee
2	Beverley Ann Owen			"
3	Christine Chapman			"
4	Felicity Payne			"
5	Kate Taylor			"
6	Louisa Anderson			"
7				

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

Corporate trustees - names of the directors at the date the report was approved

Director name		
n/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a

Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a
---	-----

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Kimberlee Cole

Full name(s)

Kimberlee Cole

Position (eg
Secretary, Chair, etc)

Chair

Date

16th January 2022



Receipts and payments account

For the period from	01.04.20	To
---------------------	----------	----

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
A1 Receipts			
Donations	6,070	-	-
Eastbourne Lottery Donations	93	-	-
Meeting income	462	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total (Gross income for AR)	6,625	-	-
A2 Asset and investment sales, (see table).			
	-	-	-
	-	-	-
Sub total	-	-	-
Total receipts	6,625	-	-
A3 Payments			
Rent	144	-	-
PPE for members	400	-	-
Expenses	202	-	-
Mileage	14	-	-
Pulmonary Rehabilitation	2,520	-	-
Meeting - Music	30	-	-
Mobile phone EE Ltd	58	-	-
	-	-	-
	-	-	-
Sub total	3,368	-	-
A4 Asset and investment purchases, (see table)			
Laptops	717	-	-
Greenhouse	603	-	-
Sub total	1,320	-	-
Total payments	4,688	-	-
Net of receipts/(payments)	1,937	-	-
A5 Transfers between funds	-	-	-
A6 Cash funds last year end	3,418	-	-

Cash funds this year end | 5,354 | - | -

Section B Statement of assets and liabilities at the end of

Categories	Details	Unrestricted funds to nearest £
B1 Cash funds	Cash at bank	5,334
		-
		-
	Total cash funds	5,334
	(agree balances with receipts and payments account(s))	Agreement Error
B2 Other monetary assets	Details	Unrestricted funds to nearest £
		-
		-
		-
		-
		-
B3 Investment assets	Details	Fund to which asset belongs
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs
	Laptops	Unrestricted
	Greenhouse	Unrestricted
B5 Liabilities	Details	Fund to which liability relates
	Rent	Unrestricted
	Mobile phones EE Ltd	Unrestricted

Signed by one or two trustees on behalf of all the trustees

Signature

Print N

L Anderson
Kimberlee Cole

L ANDE
KIMBERLE

1186901	CC16a
ounts	
31.03.21	



Total funds to the nearest £	Last year to the nearest £
6,070	-
93	-
462	-
-	-
-	-
-	-
-	-
-	-
6,625	-
-	-
-	-
-	-
6,625	-
144	-
400	-
202	-
14	-
2,520	-
30	-
58	-
-	-
-	-
3,368	-
717	-
603	-
1,320	-
4,688	-
1,937	-
-	-
3,418	-

5,354

-

the period

Restricted funds

to nearest £

-
-
-
-

OK

Endowment funds

to nearest £

-
-
-
-

OK

Restricted funds

to nearest £

-
-
-
-
-
-

Endowment funds

to nearest £

-
-
-
-
-
-

Cost (optional)

-
-
-
-
-

Current value (optional)

-
-
-
-
-

Cost (optional)

-
-
-
-
-
-
-
-
-

Current value (optional)

-
-
-
-
-
-
-
-
-

Amount due (optional)

60
58

When due (optional)

01.04.21
12.04.21

	-	
	-	
	-	

Name	Date of approval
RSON	14.01.2022
EE COLE	16.01.2022