

Company registration number 11676795 (England and Wales)

Charity registration number 1186881 (England and Wales)

HOPE AFTER SUICIDE LOSS LTD

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 NOVEMBER 2025

HOPE AFTER SUICIDE LOSS LTD

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Revd Canon C Copsey L Coote D Pennock I Dallas C Wilson	(Appointed 25 November 2025) (Appointed 29 January 2026)
Country of incorporation	United Kingdom (England and Wales)	11676795
Charity registration	England and Wales	1186881
Principal address	C/o Chris Copsey 5 Back Lane Castle Acre Norfolk PE32 2AR	
Registered office	4b Church Street Diss Norfolk IP22 4DD	
Independent examiner	Waveney Accountants Limited T/as Newman & Co Chartered Accountants 4b Church Street Diss Norfolk IP22 4DD	

HOPE AFTER SUICIDE LOSS LTD

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HOPE AFTER SUICIDE LOSS LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 30 NOVEMBER 2025

The trustees present their annual report and financial statements for the year ended 30 November 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Public benefit

In all decision making the trustees have had due regard to the guidance published by the Charity Commission in relation to public benefit.

Objectives and activities

The charity's objectives as stated in our Articles of Association are to provide relief of sickness and suffering for those in need, specifically providing support for those bereaved by suicide by means of:

- a. one to one phone support or virtual and face to face group support, counselling;
- b. the promotion, sustaining and increasing of education and knowledge for professionals and other workers in the field of bereavement by suicide;
- c. the development of any other charitable purpose which will support those bereaved by suicide.

We have sought to deliver those objectives by providing the following services:

- | • Peer-to-Peer | Monthly | Group | Meetings: |
|--|----------------|--------------|------------------|
| Our monthly group meetings take place in: | | | |
| <ul style="list-style-type: none">• Bury St Edmunds• Ipswich• Harleston• Kings Lynn• Lowestoft• Norwich | | | |

These sessions offer a safe space to share, listen, and find strength in community by connecting with others who have experienced similar loss.

- | • One-on-One | Telephone | Support: |
|--|------------------|-----------------|
| These enable personal, confidential conversations with a trained supporter who understands the unique challenges of suicide loss. The aim is to listen with empathy, understand, reduce the isolation of loss and offer a comforting presence. | | |
| • Counselling | | Support: |
| For those who need additional help, we offer a limited amount of professional counselling to support emotional healing and well-being. | | |

2025 was another period of change and consolidation for HOPE as we recognised that we had to reduce committed outgoings in the face of uncertain levels of funding. We have consequently switched the counselling provision to a model based on a panel of associate counsellors being paid an hourly rate rather than employing our own counsellor. This new model went live in the 2024/2025 financial year. We have also established new groups in Harleston (in partnership with Rosedale funeral services) and King's Lynn (from February 2025) and Norwich (from October 2025). The groups are led by a combination of Trustees, employees and volunteers and we are enormously grateful for the support they provide.

Our Charity Co-Ordinator has worked tirelessly to improve the governance and running of the Charity and to ensure our financial viability through grant applications and the subsequent monitoring. She has given the Trustees notice of her intention to resign in January 2026 and we have recruited a replacement commenced end of January 2026. We are greatly indebted to her and thank her for the enormous contribution she has made to the Charity.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

HOPE AFTER SUICIDE LOSS LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2025

An important, ongoing programme entitled Conversations Around Suicide (CAS) was delivered by HOPE in Kings Lynn in May 2025. Its aim is to explore suicide prevention and bereavement support, reduce stigma and misconceptions around suicide and provide a space to reflect with professionals and survivors in a safe environment.

HOPE joined the Baton of Hope national tour in Norwich in September 2025, and CAS conference was held at Norwich Cathedral for 87 attendees. The conference was opened by Lady Dannatt, Patron of HOPE and speakers including HM Coroner for Norfolk, Lacey a teen reflection, Tim Owen one of 3 Dads Walking, Papyrus, HMP Norwich and Public Health.

The use of volunteers is significant to the ongoing activities of the company.

Achievements and performance

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to three months' expenditure. We have amended the policy to say that reserves should provide for 3 months of operating expenditure plus 3 months of counselling expenditure based on a fixed number of clients. This ensures that we can offer continuity of counselling. The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves was maintained throughout the year. We currently have a very healthy bank balance with significant fundraising efforts committed to HOPE as well as continued grant funding however this remains one of the biggest threats to HOPE and the search for additional funding remains an essential and very time consuming task.

The Trustees have sought to ensure a balanced and diversified source of funding from donations, fundraising and grants. We would like to thank all of those survivors and supporters who have contributed to this and to those organisations who have provided grant funding.

We would specifically like to thank the following organisations for providing grant funding:

Suffolk Community Foundation – Marriott Motors, Suffolk Grant Giving Fund

West Suffolk District Council

Lowestoft and Northern Parishes Community Partnership

Jephcott Charitable Trust

Postcode Places trust

Rope Trust

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. A Risk Register has been developed and is regularly reviewed by the the Trustees.

Structure, governance and management

The charity is a company limited by guarantee.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

V Chapman	(Resigned 2 December 2025)
Revd Canon C Copsey	
G Page	(Resigned 27 October 2025)
K Donaldson	(Resigned 14 November 2025)
P Rowlands	(Resigned 12 October 2025)
L Coote	
D Pennock	
I Dallas	(Appointed 25 November 2025)
C Wilson	(Appointed 29 January 2026)

Trustees are appointed by completion of an application form ahead of an interview by the trustees. The trustee is then formally appointed at a meeting. All Trustees are DBS checked.

The Board meets at least quarterly with the Charity Coordinator and there is an annual Strategy Day. Board meetings have formal agendas and minutes are taken.

HOPE AFTER SUICIDE LOSS LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2025

The trustees' report was approved by the Board of Trustees.

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Revd Canon C Copsey

Dated:

HOPE AFTER SUICIDE LOSS LTD

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF HOPE AFTER SUICIDE LOSS LTD

I report to the trustees on my examination of the financial statements of Hope After Suicide Loss Ltd (the charity) for the year ended 30 November 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

W T Goddard FCCA ACA CTA
Waveney Accountants Limited

T/as Newman & Co
Chartered Accountants
4b Church Street
Diss
Norfolk
IP22 4DD

Dated:

HOPE AFTER SUICIDE LOSS LTD

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 NOVEMBER 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes						
Income and endowments from:							
Donations and legacies	3	17,357	7,010	24,367	33,467	12,000	45,467
Other trading activities	4	5,216	-	5,216	14,466	-	14,466
Other income	5	115	-	115	-	-	-
Total income		22,688	7,010	29,698	47,933	12,000	59,933
Expenditure on:							
Raising funds	6	855	-	855	270	-	270
Charitable activities	7	28,359	8,010	36,369	43,511	11,000	54,511
Total expenditure		29,214	8,010	37,224	43,781	11,000	54,781
Net income/(expenditure) and movement in funds		(6,526)	(1,000)	(7,526)	4,152	1,000	5,152
Reconciliation of funds:							
Fund balances at 1 December 2024		17,778	1,000	18,778	13,626	-	13,626
Fund balances at 30 November 2025		11,252	-	11,252	17,778	1,000	18,778

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

HOPE AFTER SUICIDE LOSS LTD

BALANCE SHEET

AS AT 30 NOVEMBER 2025

	Notes	2025 £	£	2024 £	£
Current assets					
Cash at bank and in hand		11,811		19,301	
Creditors: amounts falling due within one year	13	(559)		(523)	
Net current assets			11,252		18,778
The funds of the charity					
Restricted income funds	14		-		1,000
Unrestricted funds	15		11,252		17,778
			11,252		18,778

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 30 November 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on

.....
Revd Canon C Copsey

HOPE AFTER SUICIDE LOSS LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 NOVEMBER 2025

1 Accounting policies

Charity information

Hope After Suicide Loss Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is 4b Church Street, Diss, Norfolk, IP22 4DD.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the charity's Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2025

1 Accounting policies

(Continued)

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	33% straight line basis
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

HOPE AFTER SUICIDE LOSS LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2025

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2025	2025	2025	2024	2024	2024
	£	£	£	£	£	£
Donations and gifts	3,987	-	3,987	2,753	-	2,753
Grants	13,370	7,010	20,380	30,714	12,000	42,714
	<u>17,357</u>	<u>7,010</u>	<u>24,367</u>	<u>33,467</u>	<u>12,000</u>	<u>45,467</u>

4 Income from other trading activities

	Unrestricted funds	Unrestricted funds
	2025	2024
	£	£
Fundraising events	<u>5,216</u>	<u>14,466</u>

5 Other income

	Unrestricted funds	Unrestricted funds
	2025	2024
	£	£
Other income	<u>115</u>	<u>-</u>

6 Raising funds

	Unrestricted funds	Unrestricted funds
	2025	2024
	£	£
<u>Fundraising and publicity</u>		
Website costs	463	42
Advertising	392	228
	<u>855</u>	<u>270</u>
Fundraising and publicity	<u>855</u>	<u>270</u>

HOPE AFTER SUICIDE LOSS LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2025

7 Charitable activities

	Charitable Expenditure 2025 £	Charitable Expenditure 2024 £
Staff costs	24,742	46,849
Depreciation and impairment	-	762
Room hire	1,099	1,028
Subcontract counselling	6,675	60
	<hr/>	<hr/>
	32,516	48,699
	<hr/>	<hr/>
Share of support costs (see note 8)	2,765	4,393
Share of governance costs (see note 8)	1,088	1,419
	<hr/>	<hr/>
	36,369	54,511
	<hr/>	<hr/>
Analysis by fund		
Unrestricted funds	28,359	43,511
Restricted funds	8,010	11,000
	<hr/>	<hr/>
	36,369	54,511
	<hr/>	<hr/>
For the year ended 30 November 2024		
Unrestricted funds	43,511	
Restricted funds	11,000	
	<hr/>	
	54,511	
	<hr/>	

8 Support costs

	Support costs	Governance costs	2025	2024
	£	£	£	£
Staff costs	227	-	227	634
Insurance	353	-	353	353
Post, Stationery & Computer expenses	247	-	247	231
Telephone	775	-	775	824
Travel allowance	830	-	830	1,114
Clinical supervision	-	-	-	300
Accountancy	-	668	668	999
Sundry	117	-	117	198
Training	216	-	216	739
Independent Examiners fee	-	420	420	420
	<hr/>	<hr/>	<hr/>	<hr/>
	2,765	1,088	3,853	5,812
	<hr/>	<hr/>	<hr/>	<hr/>
Analysed between				
Charitable activities	2,765	1,088	3,853	5,812
	<hr/>	<hr/>	<hr/>	<hr/>

HOPE AFTER SUICIDE LOSS LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2025

9	Net movement in funds	2025	2024
		£	£

The net movement in funds is stated after charging/(crediting):

Fees payable to the charity's independent examiner:

- for the independent examination of the charity's financial statements	420	420
- for payroll services	668	967
- for other financial services	-	32
Depreciation of owned tangible fixed assets	-	762
	<u> </u>	<u> </u>

10 **Trustees**

Clinical supervision fees of NIL (2020 - £120) were received by one of the Trustees from the charity during the year.

11 **Employees**

The average monthly number of employees (including directors) during the year was:

	2025	2024
	Number	Number
Total	6	5
	<u> </u>	<u> </u>

Employment costs	2025	2024
	£	£
Wages and salaries	24,742	46,849
Other pension costs	227	634
	<u> </u>	<u> </u>
	24,969	47,483
	<u> </u>	<u> </u>

12 **Taxation**

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

13 **Creditors: amounts falling due within one year**

	2025	2024
	£	£
Accruals and deferred income	559	523
	<u> </u>	<u> </u>

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)FOR THE YEAR ENDED 30 NOVEMBER 2025**14 Restricted funds**

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 December 2024	Incoming resources	Resources expended	At 30 November 2025
	£	£	£	£
	1,000	7,010	(8,010)	-
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 December 2023	Incoming resources	Resources expended	At 30 November 2024
	£	£	£	£
	-	12,000	(11,000)	1,000
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

15 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 December 2024	Incoming resources	Resources expended	At 30 November 2025
	£	£	£	£
General funds	17,778	22,688	(29,214)	11,252
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 December 2023	Incoming resources	Resources expended	At 30 November 2024
	£	£	£	£
General funds	13,626	47,933	(43,781)	17,778
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

16 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	2025	2025	2025
	£	£	£
At 30 November 2025:			
Current assets/(liabilities)	11,252	-	11,252
	<u> </u>	<u> </u>	<u> </u>
	11,252	-	11,252
	<u> </u>	<u> </u>	<u> </u>

HOPE AFTER SUICIDE LOSS LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2025

16 Analysis of net assets between funds

(Continued)

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 30 November 2024:			
Current assets/(liabilities)	17,778	1,000	18,778
	<u>17,778</u>	<u>1,000</u>	<u>18,778</u>

17 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).