

Charity registration number 1186881

Company registration number 11676795 (England and Wales)

HOPE AFTER SUICIDE LOSS LTD
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2022

HOPE AFTER SUICIDE LOSS LTD

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	V Chapman Rev C Copsy G Page E Haley
Charity number	1186881
Company number	11676795
Principal address	C/o Gary Page Wetheringsett Hall Wetheringsett STOWMARKET Suffolk IP14 5PW
Registered office	4b Church Street Diss Norfolk IP22 4DD
Independent examiner	Waveney Accountants Limited T/as Newman & Co Chartered Accountants 4b Church Street Diss Norfolk IP22 4DD

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HOPE AFTER SUICIDE LOSS LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 30 NOVEMBER 2022

The trustees present their annual report and financial statements for the year ended 30 November 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Public benefit

In all decision making the trustees have had due regard to the guidance published by the Charity Commission in relation to public benefit.

Objectives and activities

The charity's objectives are to provide relief of sickness and suffering for those in need, specifically providing support for those bereaved by suicide by means of:

- a. one to one phone support or virtual and face to face group support;
- b. the promotion, sustaining and increasing of education and knowledge for professionals and other workers in the field of bereavement by suicide;
- c. the development of any other charitable purpose which will support those bereaved by suicide.

There has been no change in these during the year.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The use of volunteers is significant to the ongoing activities of the company.

Achievements and performance

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to three month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The Trustees have sought to ensure a balanced and diversified source of funding from donations, fundraising and grants. We would like to thank all of those survivors and supporters who have contributed to this and to those organisations who have provided grant funding. This has enabled HOPE to recruit an additional member of staff to enable HOPE to support more survivors.

We would specifically like to thank the following organisations for providing grant funding:

Norfolk Community Foundation
Suffolk Community Foundation
Martineau Fund
Garfield Western Foundation
West Suffolk Council Community Trust
Co-Op Local Community Fund

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. A Risk Register has been developed and is regularly reviewed by the Trustees.

Structure, governance and management

The charity is a company limited by guarantee.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

V Chapman
Rev C Copsey
G Page

HOPE AFTER SUICIDE LOSS LTD

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2022

E Halcy

Trustees are appointed by completion of an application form ahead of an interview by the trustees. The trustee is then formally appointed at a meeting.

The Board meets at least quarterly with the Service Manager and these Board meetings have formal agendas and minutes are taken.

Suzy Clifford, the Service Manager, has been delegated with the day to day management of the company. In February 2023 Suzy Clifford advised the Trustees that she had decided to retire and we would like to put on record our thanks for the dedication and commitment Suzy showed throughout her time with HOPE. The Trustees have put in place suitable arrangements to ensure that HOPE is able to continue with its mission and objectives.

The trustees' report was approved by the Board of Trustees.



G Page

Dated: 13th July 2023

HOPE AFTER SUICIDE LOSS LTD

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF HOPE AFTER SUICIDE LOSS LTD

I report to the trustees on my examination of the financial statements of Hope After Suicide Loss Ltd (the charity) for the year ended 30 November 2022.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

W T Goddard FCCA ACA CTA
Waveney Accountants Limited

T/as Newman & Co
Chartered Accountants
4b Church Street
Diss
Norfolk
IP22 4DD

Dated: 13th July 2023

HOPE AFTER SUICIDE LOSS LTD

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 NOVEMBER 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Income from:							
Donations and legacies	3	5,598	40,175	45,773	12,420	19,537	31,957
Other trading activities	4	21,903	-	21,903	7,761	-	7,761
Total income		27,501	40,175	67,676	20,181	19,537	39,718
Expenditure on:							
Raising funds	5	1,986	-	1,986	2,163	-	2,163
Charitable activities	6	7,894	29,936	37,830	13,430	19,273	32,703
Total expenditure		9,880	29,936	39,816	15,593	19,273	34,866
Net income for the year/ Net movement in funds		17,621	10,239	27,860	4,588	264	4,852
Fund balances at 1 December 2021		11,989	2,764	14,753	7,401	2,500	9,901
Fund balances at 30 November 2022		29,610	13,003	42,613	11,989	2,764	14,753

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

HOPE AFTER SUICIDE LOSS LTD

BALANCE SHEET

AS AT 30 NOVEMBER 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	11		1,525		298
Current assets					
Cash at bank and in hand		41,594		14,455	
Creditors: amounts falling due within one year	12	(506)		-	
Net current assets			41,088		14,455
Total assets less current liabilities			42,613		14,753
Income funds					
Restricted funds			13,003		2,764
Unrestricted funds			29,610		11,989
			42,613		14,753


The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 30 November 2022.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 13th July 2023


G Page
Trustee

Company registration number 11676795

HOPE AFTER SUICIDE LOSS LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 NOVEMBER 2022

1 Accounting policies

Charity information

Hope After Suicide Loss Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is 4b Church Street, Diss, Norfolk, IP22 4DD.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computers	33% straight line basis
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2022

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022	2022	2022	2021	2021	2021
	£	£	£	£	£	£
Donations and gifts	5,598	-	5,598	12,420	-	12,420
Grants	-	40,175	40,175	-	19,537	19,537
	<u>5,598</u>	<u>40,175</u>	<u>45,773</u>	<u>12,420</u>	<u>19,537</u>	<u>31,957</u>

4 Other trading activities

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Fundraising events	<u>21,903</u>	<u>7,761</u>

5 Raising funds

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
<u>Fundraising and publicity</u>		
Website costs	671	530
Advertising	1,030	776
Other fundraising costs	285	857
	<u>1,986</u>	<u>2,163</u>
Fundraising and publicity	<u>1,986</u>	<u>2,163</u>

HOPE AFTER SUICIDE LOSS LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2022

6

	Charitable activities	
	Charitable Expenditure 2022 £	Charitable Expenditure 2021 £
Staff costs	29,936	27,708
Depreciation and impairment	1,061	299
Room hire	632	487
	<hr/> 31,629	<hr/> 28,494
Share of support costs (see note 7)	5,481	3,549
Share of governance costs (see note 7)	720	660
	<hr/> 37,830	<hr/> 32,703
Analysis by fund		
Unrestricted funds	7,894	13,430
Restricted funds	29,936	19,273
	<hr/> 37,830	<hr/> 32,703
For the year ended 30 November 2021		
Unrestricted funds	13,430	
Restricted funds	19,273	
	<hr/> 32,703	

HOPE AFTER SUICIDE LOSS LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2022

7 Support costs

	Support costs	Governance costs	2022	2021
	£	£	£	£
Staff costs	781	-	781	504
Insurance	353	-	353	252
Post, Stationery & Computer expenses	927	-	927	232
Telephone	840	-	840	741
Expenses	-	-	-	299
Travel allowance	1,462	-	1,462	836
Clinical supervision	585	-	585	672
Accountancy	-	360	360	660
Sundry	134	-	134	13
Training	399	-	399	-
Independent Examiners fee	-	360	360	-
	<u>5,481</u>	<u>720</u>	<u>6,201</u>	<u>4,209</u>
Analysed between				
Charitable activities	<u>5,481</u>	<u>720</u>	<u>6,201</u>	<u>4,209</u>

8 Trustees

Clinical supervision fees of NIL (2020 - £120) were received by one of the Trustees from the charity during the year.

9 Employees

The average monthly number of employees (including directors) during the year was:

	2022 Number	2021 Number
	<u>5</u>	<u>5</u>
Employment costs		
	2022 £	2021 £
Wages and salaries	29,936	27,708
Other pension costs	781	504
	<u>30,717</u>	<u>28,212</u>

10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

HOPE AFTER SUICIDE LOSS LTD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 NOVEMBER 2022

11 Tangible fixed assets

	Computers £
Cost	
At 1 December 2021	896
Additions	2,288
At 30 November 2022	3,184
Depreciation and impairment	
At 1 December 2021	598
Depreciation charged in the year	1,061
At 30 November 2022	1,659
Carrying amount	
At 30 November 2022	1,525
At 30 November 2021	298

12 Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals and deferred income	506	-

13 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 30 November 2022 are represented by:						
Tangible assets	1,525	-	1,525	-	298	298
Current assets/(liabilities)	41,088	-	41,088	11,989	2,466	14,455
	42,613	-	42,613	11,989	2,764	14,753

14 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).