



## Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 02	Month October	Year 2023		Day 09	Month 07	Year 2024

### Section A Reference and administration details

Charity name

Insight4Livin

Other names charity is known by

Registered charity number (if any)

1186823

Charity's principal address

Silverwood Miners, Doncaster Road

Rotherham

Postcode

S65 3ES

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Phil Uduoise			
2	Shallom Karimatsenga			
3	Emma Kanteh			
4	Frances Vhulahani			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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### Section B Structure, governance and management

#### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Association
Trustee selection methods (eg. appointed by, elected by)	Appointment

#### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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### Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

To advance in life and help socially and economically disadvantaged young people aged up to 30 in the United Kingdom by:

- a) providing mentoring support and activities which develop their skills, capacities and capabilities, build confidence, encourage them to fulfil their potential and enable them to participate in society as mature and responsible individuals.
- b) advancing education.
- c) relieving unemployment.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

During the year, Insight4Livin carried out a range of activities in direct alignment with its charitable objectives, all aimed at advancing education, improving mental and emotional well-being, supporting community development, and providing spiritual and practical support to those in need.

Our key activities included:

- Delivering mentorship and personal development programmes for young people and adults, with a focus on building resilience, purpose, and leadership skills.
- Providing emotional and crisis support to families and individuals, particularly through virtual check-ins, in-person assistance (where necessary), and tailored referrals.
- Running workshops, outreach initiatives, and community events, addressing topics such as mental health awareness, faith-based empowerment, family strengthening, and social inclusion.
- Engaging with the local community in Rotherham through structured research and outreach, which has led to new service models designed to meet specific local needs more effectively.
- Developing our internal capacity, including efforts to secure a permanent location and expand volunteer involvement, ensuring a more accessible, stable, and consistent service offering.

These activities have been carried out with the clear intention of serving the public benefit, in line with the aims of the charity.

In accordance with section 17 of the Charities Act 2011, the trustees confirm that they have had due regard to the guidance issued by the Charity Commission on public benefit in planning and reviewing the charity's activities.

Every effort has been made to ensure that Insight4Livin's work continues to meet the legal requirements of public benefit, ensuring that our services are inclusive, impactful, and accessible to all who need them.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grant making;
- policy programme related investment;
- contribution made by volunteers.

We aim to apply for grants strategically, enabling us to respond more effectively to the needs of our community.

## Section D

## Achievements and performance

### Highlights

- **15+ Individuals Mentored**

Through our 1:1 and group mentoring programs, participants received guidance, career coaching, and personal development tools.

- **10 Families Supported Through Crisis**

From emergency aid to pastoral care, we walked with families through difficult seasons, offering practical and emotional support.

- **5 Workshops & Events Delivered**

Covering topics from confidence building, IT, Communication, Finance / budgeting, mental health and resilience to entrepreneurship and spiritual growth and meditation our events empowered hundreds.

### Our Programmes at a Glance

- **Renewed Minds**

A mental health and well-being initiative focused on breaking stigma and equipping individuals with tools for emotional strength.

- **Youth4Impact**

Our youth programme provides mentoring, leadership training, and life skills to help young people thrive academically and socially.

- **Community Outreach**

From feeding the homeless to supporting single parents and elderly neighbours, we met people where they are with compassion and dignity.

- **Faith & Empowerment Sessions**

In partnership with faith organisation - Weekly Bible-based teaching and support groups offered spiritual nourishment and community help to those seeking hope and clarity.

*"Insight4Livin changed my life. When I was at my lowest, they showed up with love, resources, and hope. Today, I'm not just surviving - I'm thriving. -Michelle, programme participant*

*"The youth sessions helped my son build confidence and purpose. He's now mentoring others - full circle!"  
- A parent of a Youth4Impact participant*

### Looking Ahead:

In the coming year, we are setting our sights on growth not for the sake of size, but for **impact**. Our goals include:

- Expanding our mentorship / training by applying for grant
- Launching a second community hub in Rotherham
- Publishing our first Insight4Livin Confidence Affirmations Handbook
- Building new partnerships with other charities, local councils & organisations
- Training 40 new volunteers to serve across our programmes

## Section D Achievements and performance

Together, we can **reach more lives, restore more hope, and raise a new community of changemakers.**

### Thank You

To our donors, volunteers, partners, and friends- thank you. You are part of every breakthrough, every life turned around. Your belief in what we do is what fuels our mission. We move forward together — in faith, in strength, and in love.

**Insight4Livin: Living with Purpose. Giving lives a meaning and impacting our community positively.**

## Section E Summary of the main objectives /achievements of the charity

One of our **key objectives moving forward** is to **operate more effectively and consistently**, ensuring our services remain impactful, accessible, and responsive to the needs of the community.

A major part of this vision involves **securing a permanent physical location** for our operations. Having a dedicated space will allow us to provide a stable, welcoming environment where individuals can access support, attend programmes, and connect with our team with greater ease and confidence.

This step will significantly **enhance our visibility, availability, and long-term impact** within the community.

In parallel, we recognise that **sustainable funding** is essential to making this vision a reality. That's why **applying for and securing funding** has become a core strategic priority for the charity in the new year.

We are pleased to share that we have already **secured some funding**, with more applications underway. These successes will be reflected in next year's annual report and will play a critical role in supporting our operational goals, programme delivery, and future growth.

**Brief statement of the charity's policy on reserves**

NA

**Details of any funds materially in deficit**

NA

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

NA

## Section F

## Other optional information

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## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) P.Uduoise

Full name(s) P.Uduoise

Position (eg Secretary, Chair, etc) Chairman

Date 29/07/25