



Charity Name: People For You

Charity Number: 1186817

Date Of Registration: 9th December 2019

Registered Office: Community House, 15 College Green, Gloucester, GL1 2LZ

Correspondence Address: 14 School Lane, Meysey Hampton, Cirencester, GL7 5JS

Trustees: John Webster, Sandrine Mangin, Lorraine Coney

Staff member: Melanie Lewis (part-time manager)

Trustees Annual Report & Accounts

For period from 9 December 2022 to 9 December 2023

Objective of People For You

To promote social inclusion for the public benefit, in particular, but not exclusively, by the provision of an intergenerational befriending service to address loneliness and social isolation among older people living in the Gloucestershire Cotswolds and the surrounding areas arising as a result of their age, infirmity, ill-health, disability or social circumstances.

For the purposes of this explanation, "socially excluded" means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment, financial hardship, youth or old age, and ill-health (physical or mental).

Summary of the main achievements of People For You during the year Dec 2022 to Dec 2023

The principal aim and activity of People For You is to bring people together. Our volunteers visit clients in their own homes on a regular basis, forging new friendships and providing mutual companionship. People For You has been operating for 16 years, firmly establishing itself as a recognised service offering support to lonely, isolated, and vulnerable people in the community. We operate in Lechlade, Fairford, Tetbury, and their surrounding areas.

Loneliness is a growing issue in our community, particularly affecting older adults, carers, and individuals with limited social support. Despite offering befriending services for 16 years, demand continues to rise, with many new referrals involving people in their 40s and 50s, an age group where loneliness is becoming increasingly prevalent. Studies have demonstrated that social isolation and loneliness can have debilitating effects on both mental and physical health.

In rural areas surrounding Tetbury, Fairford, and Lechlade, where services and social opportunities are limited, the problem of loneliness is magnified. Many individuals face physical barriers such as mobility issues, lack of transportation, or caregiving responsibilities that prevent them from participating in social activities.

We host social events, providing a welcome opportunity for people to meet others and enjoy being out of their homes. These events initiate and encourage social interaction, facilitating local engagement, forging new friendships, and promoting a sense of belonging. This is particularly valuable for those who are housebound.

Telephone befriending also plays a part in our service—for clients who, for whatever reason, prefer to have a telephone call rather than a 1-1 visit or, indeed, can enjoy both where possible.

Other Optional Information

People For You is at the forefront of offering a service that facilitates community cohesion. We recruit volunteers from the community to visit isolated and lonely people, ensuring that the community is self-supporting and "people-led". Where viable, we turn the service on its head—which can result in a client becoming a volunteer.


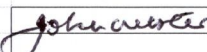
The personal reward for the client is self-evident, as is the inevitable reward for the community. The benefits and rewards for the volunteers are also clear. Many newly retired volunteers struggle with the loss of routine and sense of self-worth and satisfaction that their career had previously provided. It is well known that retirement can bring issues of loss of identity and feelings of disconnection and loneliness. People For You offers a positive solution by providing an opportunity to connect and support the community. A community consisting of healthy, happy people fulfilling a vital role inevitably results in a healthy, happy community that works together.

Future Plans

1. Expand the number of service users and volunteers within the existing geography.
2. Set up and provide assistance with digital technologies, including enabling immobile individuals to become befrienders and volunteers.
3. Establish a monthly art group in Tetbury and to replicate this across all areas where we work.

Financial Review – Dec 2022 to Dec 2023

Note: Attached the People For You accounts which provide income and expenditure for the above period.

 CHARITY COMMISSION FOR ENGLAND AND WALES		People For You	1186817	CC16a	
Receipts and payments accounts					
For the period from		1/1/23	To	31/12/23	
Section A Receipts and payments					
	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Big Lottery	12,449	-00	-00	12,449	12,420
Cotswolds District Council	2,050	-00	-00	2,050	2,050
Social Fund	1,500	-00	-00	1,500	1,375
Gloucestershire VCS	500	-00	-00	500	-00
Julia Hans Rausing Trust	3,000	-00	-00	3,000	-00
Lechlade Heritage Dev Trust	250	-00	-00	250	-00
Gloucestershire CC	5,000	-00	-00	5,000	-00
	- 0	-00	-00	-00	-00
Sub total (Gross income for AR)	24,749	-00	-00	24,749	15,845
A2 Asset and investment sales, (see table).					
	- 0	- 0	- 0	-00	
	- 0	- 0	- 0	-00	- 0
Sub total	- 0	- 0	- 0	-00	- 0
Total receipts	24,749	- 0	- 0	24,749	15,845
A3 Payments					
Bank Charges	102	-00	-00	102	102
DBS Checks	153	-00	-00	153	60
Office Expenses	474	-00	-00	474	596
HMRC	1,868	-00	-00	1,868	2,998
Management Expenses	782	-00	-00	782	634
Manager Travel	1,338	-00	-00	1,338	731
Telephone	300	-00	-00	300	90
Manager Salary	13,849	-00	-00	13,849	12,028
Social Fund	1,360	-00	-00	1,360	2,022
Venue Hire	100			100	14
Volunteer Expenses	107			107	201
Sub total	20,432	-00	-00	20,432	19,476
A4 Asset and investment purchases, (see table)					
	- 0	- 0	- 0	-00	
	- 0	- 0	- 0	-00	
Sub total	- 0	- 0	- 0	-00	- 0
Total payments	20,432	- 0	- 0	20,432	19,476
Net of receipts/(payments)	4,317	-00	-00	4,317	- 3,631
A5 Transfers between funds	- 0	-00	-00	-00	-00
A6 Cash funds last year end	28,724	-00	-00	28,724	-00
Cash funds this year end	33,041	-00	-00	33,041	- 3,631
Section B Statement of assets and liabilities at the end of the period					
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £	
B1 Cash funds	Co op Bank	33,041	-00	-00	
		-00	-00	-00	
		-00	-00	-00	
	Total cash funds	33,041	-00	-00	
	(agree balances with receipts and payments account(s))				
B2 Other monetary assets		-00	-00	-00	
		-00	-00	-00	
		-00	-00	-00	
		-00	-00	-00	
		-00	-00	-00	
		-00	-00	-00	
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)	
			-00	-00	
			-00	-00	
			-00	-00	
			-00	-00	
			-00	-00	
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)	
			-00	-00	
			-00	-00	
			-00	-00	
			-00	-00	
			-00	-00	
			-00	-00	
			-00	-00	
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)	
			-00		
			-00		
			-00		
			-00		
			-00		
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval	
			JOHN WEBSTER	2/10/24	