

Trustees' Annual Report for the period								
From		Period start date			To		Period end date	
		01	04	2022			31	03

Section A Reference and administration details

Charity name	Salford Mental Health Forum		
Other names charity is known by	SMHF		
Registered charity number (if any)	1186806		
Charity's principal address	5 Gleaves Road		
	Eccles		
	MANCHESTER		
	Postcode	M30 0FU	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Vania Burnell	Chair		
2	Lawrence Caygill	Trustee		
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Association
Trustee selection methods (eg. appointed by, elected by)	Elected by Members

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

For the public benefit to relieve the needs of people in Salford who experience or who are at risk of experiencing poor mental health, their families, and carers by: providing peer support including a forum for discussion and exchange raising public awareness in all areas relating to mental health working with health providers to promote best practice in mental health treatment and services.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Salford Mental Health Forum is a charity led by mental health service users and carers that is committed to ensuring that people who use mental health services can shape and design them.

We run regular forum meetings for mental health service users to discuss their experiences and give opportunities to feedback and shape public services.

In providing these activities the charities trustees have complied with the duty in section 4 of the Charities Act 2006 and have given due regard to the public benefit guidance published by the Charity Commission.

Section D Achievements and performance

Section D Achievements and performance	
Summary of the main achievements of the charity during the year	<p>Salford Mental Health Forum (SMHF) meetings have continued to be delivered predominantly online following the pandemic.</p> <p>SMHF members have met and spoken about their experiences, making suggestions about shaping the future of mental health services in Salford. We have also offered engagement opportunities to members for specific services at local events and consultations.</p> <p>The trustees took the difficult decision not to continue the peer support project as, post Covid Pandemic, we need to enhance our structure before expanding the services we offer.</p> <p>We have engaged members to help set the future direction of SMHF and are currently in the process of recruiting new members and trustees to enable us to deliver the next stage of SMHF's journey.</p>

Section E Financial review	
Brief statement of the charity's policy on reserves	<p>The trustees aimed to end the year with free reserves of around £4000. We currently have free reserves of £4668. Due to a fluctuation in income and expenditure over the past three years we decided to set a monetary amount rather than several months operating costs.</p> <p>This fund acts as a contingency in the event of a sudden reduction in income, to protect the future operation of the organisation from the effects of unforeseen variations in its income and expenditure. It also sets aside seed funding for projects developed by members of the forum to meet the charitable objectives of the charity for the benefit of the public.</p>
Details of any funds materially in deficit	

Section F Other optional information	

Section G Declaration	
The trustees declare that they have approved the trustees' report above.	
Signed on behalf of the charity's trustees	
Signature(s)	LJ Caygill

Full name(s)	Lawrence Caygill	
Position (eg Secretary, Chair, etc)	Trustee	
Date	31/01/24	



Receipts and payments accounts

CC16a

For the period
from

1st April 2022

To

31st March 2023

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations, legacies and grants	-	28,057	-	28,057	28,057
Interest on Deposit Account	121	-	-	121	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	121	28,057	-	28,178	28,057
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	121	28,057	-	28,178	28,057
A3 Payments					
Accounting	392	-	-	392	350
Banking	60	-	-	60	60
Communications	144	-	-	144	144
Peer Support Project	-	56,114	-	56,114	-
Miscellaneous	70	-	-	70	60
Technology	225	-	-	225	225
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	891	56,114	-	57,005	839
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	891	56,114	-	57,005	839
Net of receipts/payments	- 770	- 28,057	-	- 28,827	27,218
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,437	28,057	-	33,494	6,276
Cash funds this year end	4,667	-	-	4,667	33,494

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	CAF ACCOUNT	4,667	-	-
		-	-	-
		-	-	-
	Total cash funds	4,667	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
	<i>LJ Caygill</i>	Lawrence Caygill		31/01/2024