



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report for the period

From 1 April 2024 Period start date To 31st March 2025 Period end date

Charity name: Just Row Gloucestershire

Charity registration number: 1186768

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Just Row Gloucestershire has been setup to promote and encourage rowing for those in the community who might be described as disadvantaged in some way. Our aim is to enable anyone who wishes to enhance their lives by sport and thereby improve their health, do so via recreational rowing in a happy, safe, supportive, and enjoyable environment, improving social engagement, health, fitness, confidence, team ethos and encouraging lifelong friendships. This includes those who have an impairment or disability, suffering or recovering from illness including for example cancer, heart problems, depression, social and financial deprivation, ethnic minority disadvantages, young adults, and physical rehabilitation.

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We have maintained a steady flow of participants ranging from those with physical disabilities to those with mental disabilities; those with financial and/or social restrictions. We have been offering rowing as a once-a-week session to JRG members, 7 week learn to row courses as well as continuing with tasters. Many of the sessions are run by a volunteer but we have also increased the number of paid coaches all of whom undertake DBS checks and safeguarding qualifications via British Rowing.</p> <p>The majority of our rowers have been able to row due to the financial support we have received via grants and funding.</p> <p>We currently work with the NHS, MacMillan, Keeping Abreast, local schools, Social Prescribing, ADHD HUB, SEN groups, and individuals coming to us with physical and mental disabilities.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes / Confirmed

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Currently JRG does not make specific grants. It provides services not financial support.
Policy on social investment including program related investment	Para 1.38	JRG does not undertake social investment in financial terms. It uses its funds to invest in community benefits, i.e. rowing opportunities
Contribution made by volunteers	Para 1.38	Volunteers contribute time and expertise. We have a number of volunteers who support our coaching sessions during the week. They don't always work with the same group and are often happy to move around sessions to accommodate who we are coaching.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>As well as working with the above groups, we have been expanding to other areas of the community within Gloucestershire to help and support them access the sport. The numbers participating have plateaued this year mainly due to finding regular coaches. We have maintained our current groups which have a slow increase in participation and have offered rowing to a few new organisations ie ADHD Hub and Podsmead. We currently work with those who have extra mental and physical needs which include wheelchair users, Cerebral Palsy, Ataxia, Autism, Asperger's, brain damage, depression, anxiety, PTSD, recovering from cancer. These participants have become regular rowers and enjoy the sport as well as the safe and supportive space we provide. We offer all-inclusive rowing creating a strong social and community environment, engaging members to feel valued and having a sense of achievement in a non-judgemental space.</p> <p>We frequently adapt our equipment or coaching to accommodate individuals.</p> <p>We are aware that we are the only club within the Gloucestershire area that offers this type of facility making our club unique to the county.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	

Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	See filed accounts
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	All income, except summer camps, independent school sessions and membership fees are restricted due to funding contracts.
Amount of reserves held	Para 1.22	£6193
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	See accounts
Investment policy and objectives including any social investment policy adopted	Para 1.46	See above. JRG is a micro charity and does not have sufficient funds for "investment" to be relevant
A description of the principal risks facing the charity	Para 1.46	Closure due to lack of suitable staff for coaching, accounts, day to day maintenance of the charity.

Other		
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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees have been recruited via local contacts within the sport and local area. All are currently members of Gloucester Rowing Club or other local clubs but who have no disabilities. JRG is in the process of trying to locate and recruit trustees from its target beneficiary groups.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	JRG operates via a separate but related "ordinary" rowing club which is affiliated to and regulated by British Rowing.
Relationship with any related parties	Para 1.51	None other than as stated at 1.51 above
Other		

Reference and Administrative details

Charity name	Just Row Gloucestershire
Other name the charity uses	JRG

Registered charity number	1186768
Charity's principal address	Halkin House 132 London Road Cheltenham GL526HJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Indiajane Cox	Trustee		
2	Lee Morris	Trustee		
3	Rebecca Hicks	Trustee		
4	Claire Earl	Trustee		
5	Kate Dogherty	Trustee		
6	Ben Gallagher	Trustee		
7	Chris Widden	Chair		
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	None
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

There are no employed staff

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Lee Morris

Rebecca Hicks

Full name(s)

Lee Morris

Rebecca Hicks

**Position (eg
Secretary, Chair, etc)**

Trustee & Treasurer

Chairwoman

Date

23/01/26



CHARITY COMMISSION
FOR ENGLAND AND WALES

Just Row Gloucestershire	1186768
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Receipts and payments accounts

For the period from	4/1/2024	To	3/31/2025
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Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Disability Rights			-	-	-
The Rowing Foundation			-	-	-
Rockcliffe			-	-	-
The Dean Close Foundation	1,378		-	1,378	1,697
Rowing Camps			-	-	2,880
Just Giving	24			24	-
Rendcomb College			-	-	-
Cash deposit				-	-
Help for Heros	40		-	40	500
GMCA Donation				-	2,000
Blackbridge CCBS	3,695			3,695	
ADHD Hub	190			190	
Hartpury	155			155	
Elmbridge school	300			300	
Taster sessions				-	112
Memberships	800			800	853
			-	-	-
Sub total (Gross income for AR)	6,582	-	-	6,582	8,042

A2 Asset and investment sales, (see table).					
	-		-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
			2		
Total receipts	6,582	-	-	6,582	8,042

A3 Payments

Marketing		760	-	760	714
Other Expenses		609	-	609	1,242
Clothing		33	-	33	148
Personal account			-	-	-
Coaching		5,915	-	5,915	3,708
Insurance		2,259	-	2,259	2,015
Profesional fees		25	-	25	397
Giving.Com LTD		-	-	-	-
		-	-	-	-
Sub total	-	9,601	-	9,601	8,224

A4 Asset and investment purchases, (see table)

Bank Tank	-		-	-	-
Rowing Equipment		238		238	321
Single Scull and Stabiliser floats				-	3,694
Sims evo wing scull				-	2,600
Burgashell single scull				-	1,200
Double skull plus 2 sets blades		3,000		3,000	
			-	-	-
Sub total	-	3,238	-	3,238	7,815
Total payments	-	12,839	-	12,839	16,039

<i>Net of receipts/(payments)</i>	6,582	- 12,839	-	- 6,257	- 7,997
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<i>Cash funds this year end</i>	6,582	- 12,839	-	- 6,257	- 7,997

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Bank Account as at 28/03/2025	-	11,563	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-

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B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Rowing equipment FY2021	Restricted	4,947	-
Rowing equipment FY2122	Restricted	11,102	-
Rowing equipment FY2223	Restricted	5,311	-
Rowing equipment FY2324	Restricted	321	
Rowing equipment FY2324	Restricted	238	
Bank Tank	Restricted	1,000	-
2 x Training scull	Restricted	3,890	-
3 x Concept 2 ERG's	Restricted	2,580	-
1 x Adaptive Scull	Restricted	5,598	-
1 x 2nd hand double scull	Restricted	1,000	-
2 x 8x scull	Donated		
2 x 4x scull	Donated		
Single Scull and Stabiliser floats	Restricted	3,694	-
Sims evo wing scull	Restricted	2,600	
Burgashell single scull	Restricted	1,200	
Double skull plus 2 sets blades	Restricted	3,000	

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Start Up Loan		1,562	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf
of all the trustees

Signature	Print Name	Date of approval
Rebecca Hicks	REBECCA HICKS	23/01/26
Indiajane Cox	INDIAJANE COX	20/12/26

6,257