



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 05/12/2019 Period start date To 31/03/2021 Period end date

Charity name: Just Row Gloucestershire

Charity registration number: 1186768

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Just Row Gloucestershire has been setup to promote and encourage rowing for those in the community who might be described as disadvantaged in some way. Our aim is to enable anyone who wishes to enhance their lives by sport and thereby improve their health, do so via recreational rowing in a happy, safe, supportive, and enjoyable environment, improving social engagement, health, fitness, confidence, team ethos and encouraging lifelong friendships. This includes those who have an impairment or disability, suffering or recovering from illness including for example cancer, heart problems, depression, social and financial deprivation, ethnic minority disadvantages, young adults, and physical rehabilitation.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Our focus and our activities are around rowing and helping the community access the sport and learn to row. We have maintained a steady flow of participants ranging from those with physical disabilities to those with mental disabilities; those with financial and/or social restrictions. We have been offering rowing as a once-a-week session. Most of the sessions are run by a volunteer except for the junior tasters/learn to row/summer camps where the ratio is much higher. Most of our rowers have been able to row due to the financial support we have received via grants and funding (see 'Funding & Grants').

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>JRG offers learn to Row; tasters; regular membership sessions; summer camps and indoor rowing. Rowing sessions are run by one volunteer who takes individuals from beginners. They operate all year, one to two days a week depending on numbers. When schools have taken up the opportunity, more coaches are required and the sessions take place after school or during the holidays.</p> <p>We have been working with several different areas of the community as described above and are helping them access the sport. The numbers are slowly climbing and the sectors that we are targeting are becoming more diverse. We currently work with the mentally and physically disabled which include wheelchair users, those with Cerebral Palsy, Ataxia, Deafness, Autism, Asperger's, Brain damage, Depression, Anxiety, PTSD. These participants have become regular rowers and enjoy the sport as well as the environment. We offer all-inclusive rowing. Our aim is to get anyone who wishes to row, on the water. We often need to adapt our equipment for individuals to accommodate their disability. We are aware that we are the only club within the Gloucester/Cheltenham area that offers this type of facility.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Satisfied
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	None Held
Amount of reserves held	Para 1.22	No reserves

Reasons for holding zero reserves	Para 1.22	Retained (unused) funds provided by specific agencies are ring-fenced for those agencies under finding contracts
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Currently, our main difficulty is finding suitably qualified volunteers or paid coaches which has a negative impact on progression. We would like to offer activities that include several athletes at a session to create a more social "club" type atmosphere.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Constitution
How is the charity constituted?	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The current trustees have been actively seeking additional trustees to get involved. Our process has been to attract those that bring unique expertise to the table through rowing facilities and contacts.

Reference and Administrative details

Charity name	Just Row Gloucestershire
Other name the charity uses	JRG
Registered charity number	1186768
Charity's principal address	Halkin House 132 London Road Cheltenham GL526HJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Indiajane Jeffery	Founder		
2	Chris Widden	Acting Chair		
3	Damian Cox		01/02/2019 – 05/11/2020	
4	Poppy Scott Plummer		05/11/2020 – 03/09/2021	
5	Helen Cowing		03/09/2021	
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20				

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Indiajane Jeffery	
Full name(s)	Indiajane Jeffery	
Position (eg Secretary, Chair, etc)	Founder	
Date	10/11/2022	



Receipts and payments account

For the period from	01/02/2020	To
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
A1 Receipts			
IJC Start Up Loan		2,036	-
NHS Grant		3,000	-
Macmillian		3,840	-
Barnwood Trust	-	4,800	-
invoiced		30	-
Sported Foundation	-	5,800	-
Giving Com		10	-
IJC personal funds /donation		1,827	-
Sub total (Gross income for AR)	-	21,343	-

A2 Asset and investment sales, (see table).			
	-		-
	-	-	-
Sub total	-	-	-

Total receipts	-	21,343	-
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A3 Payments			
Marketing		1,750	-
Postage/Stationary		134	-
Clothing		153	-
Personal account		1,624	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total	-	3,661	-

A4 Asset and investment purchases, (see table)			
Adapted Boat	-	4,450	-
Rowing Equipment		610	
3 x Concept 2 ergs		2,580	-
Sub total	-	7,640	-

Total payments	-	11,301	-
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Net of receipts/(payments)	-	10,042	-
A5 Transfers between funds	-	-	-
A6 Cash funds last year end	-	-	-
Cash funds this year end	-	10,042	-

Section B Statement of assets and liabilities at the end of the per

Categories	Details	Unrestricted funds to nearest £																		
B1 Cash funds	<table> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> </table>				<table> <tr><td></td></tr> <tr><td>-</td></tr> <tr><td>-</td></tr> <tr><td>-</td></tr> </table>		-	-	-											
-																				
-																				
-																				
	Total cash funds	-																		
	(agree balances with receipts and payments account(s))	OK																		
B2 Other monetary assets	<table> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> </table>							<table> <tr><td>-</td></tr> <tr><td>-</td></tr> <tr><td>-</td></tr> <tr><td>-</td></tr> <tr><td>-</td></tr> <tr><td>-</td></tr> </table>	-	-	-	-	-	-						
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B3 Investment assets	<table> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> </table>						<table> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> </table>													
B4 Assets retained for the charity's own use	<table> <tr><td>Adapted Boat</td></tr> <tr><td>Rowing equioment</td></tr> <tr><td>3 x Concept 2 ERG's</td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> </table>	Adapted Boat	Rowing equioment	3 x Concept 2 ERG's							<table> <tr><td>Restricted</td></tr> <tr><td>Restricted</td></tr> <tr><td>Restricted</td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> </table>	Restricted	Restricted	Restricted						
Adapted Boat																				
Rowing equioment																				
3 x Concept 2 ERG's																				
Restricted																				
Restricted																				
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B5 Liabilities	<table> <tr><td>IJC Start Up Loan</td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> </table>	IJC Start Up Loan				<table> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> </table>														
IJC Start Up Loan																				

Signed by one or two trustees on behalf
of all the trustees

Signature

Print

1186768

ounts

31/01/2021

CC16a

Total funds

to the nearest £

Last year

to the nearest £

2,036

3,000

3,840

4,800

30

5,800

10

1,827

21,343

-

-

-

-

-

-

-

-

-

start up funds pre 01/02/20 and Grants initiall

-

-

-

21,343

-

1,750

134

153

1,624

-

-

-

-

-

3,661

-

-

-

-

-

-

-

-

-

-

4,450

610

2,580

7,640

-

11,301

-

10,042	-
-	-
-	-
10,042	-

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Restricted funds

Endowment funds

to nearest £

to nearest £

10,042	-
-	-
-	-
10,042	-

OK

OK

Restricted funds

Endowment funds

to nearest £

to nearest £

-	-
-	-
-	-
-	-
-	-
-	-

Cost (optional)

Current value (optional)

-	-
-	-
-	-
-	-
-	-

Cost (optional)

Current value (optional)

4,450	-
517	-
2,580	-
-	-
-	-
-	-
-	-
-	-
-	-

Amount due
(optional)

When due (optional)

2,036	30 September 2023
-	
-	
-	