

CEDAR HOUSE PRESTON CIO

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 December 2023

The trustees present their report and financial statements for the year ended 31 Dec 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Structure, governance and management

The governing document is a CIO-Foundation dated 28th November 2019 (CC No 1186644). It began to function on 1st November 2020 when assets were transferred from Cedar House Preston (CC No 1070087) which was subsequently closed

The trustees who served during the year and up to the date of signature of the financial statements

Dr P Johns

Mrs H N M Sewell MBE

Mrs V A Barker

Mr E P Simmons

Ms C R Hubback

Mrs T J McNamara

Dr D A Webster

Trustees are appointed with necessary skills, as required to fill vacancies. In practice, trustees have been appointed from amongst people who are already involved with the charity. Induction is provided as required and reference is made to the Charity Commission guidance on trustees' duties and responsibilities.

Incorporation of Cedar House Counselling Centre

The trustees of Cedar House Counselling Centre which was an unincorporated association and a registered charity (Charity Number 1070087), resolved that the charity would be better operating through a charitable incorporated organisation (CIO). On the first day of this financial year the assets and undertaking of Cedar House Counselling Centre were transferred to Cedar House Preston CIO.

Objectives and activities

The charitable objects of the charity are:-

- The preservation and protection of health for the public benefit by providing or assisting in the provision of counselling, primarily but not exclusively, for people suffering from psychological and emotional distress and resident in the North West of England
- The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Main Activities

- Cedar House (Mount St. Preston) has been providing counselling to a wide range of people with many life-restricting problems, while maintaining a special interest in pregnancy related issues. Clients are self-referred, or recommended by NHS or other local agencies. There is no compulsory charge, but clients are encouraged to make donations to the Charity as they are able.
- The trustees confirm that they have referred to the guidance contained in the Charity Commission's requirements on public benefit, and feel that the activities described above satisfy those requirements.
- They also recognise these requirements in planning future activities.

Recent events

- We have appointed a new Treasurer and two new younger Trustees with skills to augment those of the existing Trustees.
- We have appointed a new manager who is supervising the upgrade of our digital capacity including our website

Plans for future periods

- We will seek to maintain our high standard of client and volunteer satisfactions.
- We will maintain and develop good relationships with appropriate local agencies to our mutual advantage.
- We are planning to work towards expanding the areas of counselling which we can offer, beginning with working with couples and under 18s where believe there is a real need.
- We are investigating the possibility of moving to a new building with better facilities and more space

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiners

Michael J Sullivan FFA FTA FIPA
Financial Accountants

The trustees' report was approved by the Board of Trustees.

Hazel N M Sewell.....HNMSewell.....

H N M Sewell

Chair of Trustees

Dated: .10-10-2024.....

Cedar House Preston CIO
Accounts for the 14 month period
to 31 December 2023
(Registered charity number 1186644)
Statement of Financial activities

		<u>Unrestricted Funds</u> <u>31 December 2023</u>	<u>Unrestricted Funds</u> <u>31 October 2022</u>
	<u>Notes</u>		
Incoming Resources			
<i>Voluntary Income :</i>			
Donations & Grants	8	54,139	33,648
Gift Aid	8	7,072	5,792
Interest	8	780	59
Fund Raising	8	1,886	1,105
Training and Counselling from Grant	8	5,031	<u>3,400</u>
Misc. Income	8	<u>1,294</u>	
<u>Total Income</u>		<u>70,202</u>	<u>44,004</u>
<u>Expenditure</u>			
Charitable Activities	7	56,905	45,945
<u>Total Incoming Resources</u>		<u>13,297</u>	<u>-1,941</u>
<u>General Unrestricted Funds at 1 November 2022</u>		57,774	59,333
Add Net Incoming Resources		<u>13,838</u>	
Less Net Outgoing Expenditure			<u>1,559</u>
<u>Unrestricted Funds at 31 December 2023</u>		<u>71,612</u>	<u>57,774</u>
<u>Designated Funds (Unrestricted) 1 November 2022</u>		45,541	45,923
Depreciation		<u>541</u>	<u>382</u>
<u>Designated Funds (Unrestricted) 31 December 2023</u>		<u>45,000</u>	<u>45,541</u>

Independent Examiner's Report to the Trustees of Cedar House Preston CIO

I report to the charity trustees on my examination of the accounts of the charity for the 14 month period ended 31 December 2023.

Respective responsibilities of trustees and examiner

As the charity's trustees of Cedar House Preston CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Cedar House Preston CIO accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the accounts.

Independent examiner's report

In the course of our examination, no matter has come to our attention: :

- 1) which gives us reasonable cause to believe that, in any material respect, the trustees have not met the requirements to ensure that
 - a) proper accounting records are kept (in accordance with section 130 of the 2011 Act); and
 - b) accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
- 2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

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Michael J Sullivan FFA FTA FIPA
Financial Accountants
24 Kingsway West
Penwortham
Preston
PR1 0JA

26 February 2024