

TELFORD MIND

ANNUAL REPORT

01st April 2024 – 31st March 2025

Telford Mind Annual Report 2024 - 2025

Welcome to our Annual Report for 1st April 2024 – 31st March 2025

Mission Statement

Telford Mind is an independent voluntary organisation that is affiliated to National Mind. It exists to promote and support better mental health in Telford and Wrekin and surrounding areas.

Telford Mind works to promote recovery, aiming to provide high quality services for people who are experiencing mental health issues and / or emotional distress. It also offers support to people undertaking caring roles.

Telford Mind works to promote independence and inclusion. It challenges stigma. It promotes self-confidence, self-reliance, and designs and delivers appropriate services and activities through service user participation in development and governance.

We are committed to Quality and hold the Mind Quality Mark (MQM). The MQM is a robust quality assurance framework and sets out the required baseline of best practice and legal compliance in all areas of a local Mind's governance and activities.

We promote wellbeing.

Aims and Objectives

Our Aims are to:

- Reduce social isolation and distress
- Encourage independence
- Increase self-confidence, self-reliance and self-esteem
- Promote health and wellbeing
- Encourage participation in development and governance
- Develop service users' skills for self-help and mutual support
- Increase awareness and understanding of mental health
- Influence the way mental health services are planned and delivered

To achieve these aims we will carry out the following objectives:

- Provide support through our various projects and services such as Listening support, Social Prescribing and Calm Café's.
- Work in collaboration with relevant organisations
- Provide support groups
- Develop our work in response to changing needs
- Liaise with the local authority, Integrated Care Service (ICS) and public commissioners to assist with planning and delivery of mental health services.

In all our work we promote autonomy, equality, knowledge, participation and respect.

Organisational Structure

The Board of Trustees meets no less than quarterly across the year, along with the Chief Executive Officer and Operations Manager, to review performance and to monitor and authorise activity and expenditure.

Members of Telford Mind elect Trustees annually.

The day-to-day management is delegated to the Chief Executive Officer, Louise Heap, who reports directly to the Board of Trustees.

Gemma Coulman-Smith is the appointed Operations Manager.

The Chief Executive oversees operational performance and service development and is supported by a small team of staff and volunteers.

Board of Trustees

Name		Election Date	Resignation Date
Clive Elliott	Trustee	20 November 2018	
Ellen Frain (Nolan)	Trustee	01 Oct 2022	
Hema Kumar	Trustee	1 st April 2023	

Trustee Recruitment

Trustees are elected and appointed at our Annual General Meeting. Trustees may also be co-opted by the Board throughout the year.

Overview

Telford Mind has been established for more than thirty years and continues to provide a wide range of invaluable services for people experiencing mental health challenges across Telford and Wrekin. Over recent years, the scope of our work has expanded significantly, now encompassing Listening Support, Calm Cafés, and Social Prescribing, among many other initiatives.

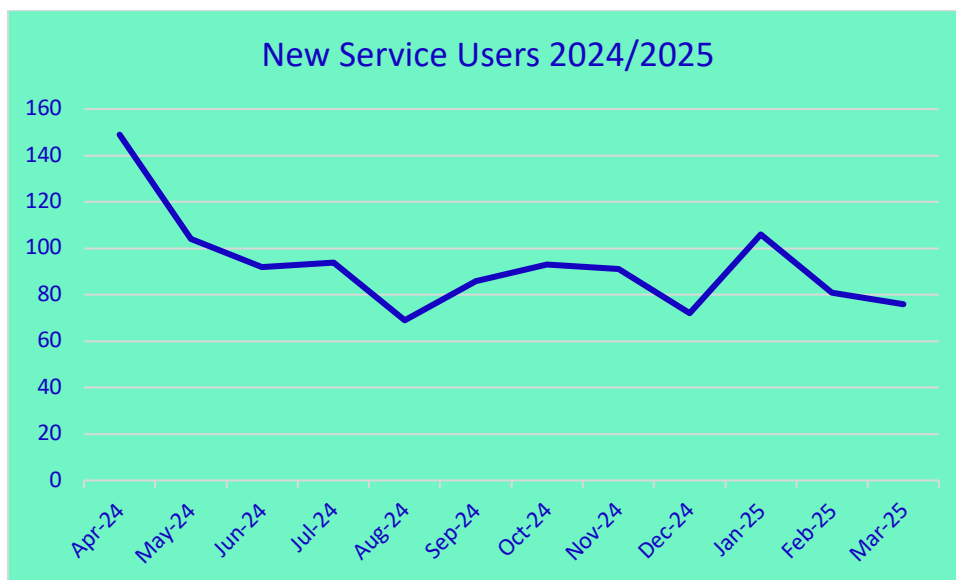
During this reporting period, Telford Mind has continued to grow in both scale and impact. We have increased the number of services we deliver, expanded our staff team, and introduced several new programmes, including:

- Brookside Community Link Worker – April 2024
- RTSS/DARD Coordinator – May 2024
- Teenage Conception Prevention Service – July 2024

Demand for our support remains consistently high. We continue to work with individuals in crisis and have seen a notable rise in referrals from statutory services. This increase reflects the strong relationships and collaborative partnerships we have built with a wide range of agencies.

Telford Mind is firmly embedded within the Telford and Wrekin community, strengthening existing partnerships while developing new ones. Thanks to the dedication of our team and our commitment to collaborative working, we have established ourselves as the leading mental health charity in Telford.

From the 01st April 2024 – 31st March 2025, we have seen a total of 1113 **new** service users.



The past year has been one of continued growth, strengthened partnerships, and increased influence across community wellbeing, mental health, and veterans' support. Strong governance, sector leadership, and collaborative working have underpinned our progress, enabling us to respond effectively to both opportunities and emerging challenges.

Our Trustee Away Day on 27 November 2024 provided a valuable opportunity to reflect on organisational performance, review strategic priorities, and plan for the year ahead. This collective focus ensured trustees and senior leaders remained aligned with our mission, values, and long-term sustainability.

Fundraising activity increased significantly this year, including well-supported events such as Walk the Wrekin and Defined Ridez. We were proud to secure two new corporate partnerships with R&B UK and Capgemini, enabling us to promote positive mental health in the workplace. In return, we will support both organisations across the year through events and mental health discussion workshops.

Our growing profile was further recognised through selection as Mayor of Great Dawley Town Council's Charity of the Year and the Mayor of Madeley's Community Award for our Green Social Prescriber.

We continued to play an active leadership role across the borough. Our Operations Manager served as Vice Chair of the Domestic Abuse Forum, sat on the Women's Health Hub Steering Group, the Teenage Conception Steering Group, and played a pivotal role in World Suicide Prevention Day and Windrush planning events. Additional representation included participation on the Telford & Wrekin DARD Review Panel and attendance at Lloyds Bank Foundation employment planning meetings.

The year was not without its challenges. Rising operational costs present ongoing risks, including:

- Increase in National Minimum Wage from £11.44 to £12.21
- Increases in Employers' National Insurance contributions
- Rising pension contribution costs

Recruitment continued to be difficult due to increased cost of living pressures, comparatively lower sector wages, and the prevalence of fixed-term contracts. In response, we are exploring service development opportunities, including the potential to take on a Community Café, and continued collaboration through Working Together in South East Telford.

Throughout the year, Telford Mind has taken an active role in numerous community events across Telford and Wrekin. Our presence at these events has strengthened our visibility, deepened our connections with local residents, and provided valuable opportunities to raise awareness of mental health and the support we offer. Engaging directly with the community has enabled us to build trust, promote early intervention, and ensure that individuals know where to turn when they need help. These events continue to play an important part in widening our reach and reinforcing our commitment to being a truly community-focused organisation.

Overall, this year demonstrated our organisation's resilience, adaptability, and growing influence across health, wellbeing, and community support. With strong partnerships, committed staff and trustees, and a clear strategic direction, we are well placed to continue delivering meaningful impact while navigating an increasingly challenging financial and workforce environment.

Achievements, Performance and Progression

This reporting period has been marked by significant achievements, steady progression, and continued resilience across Telford Mind. Despite being another busy and challenging year, it has also been one of meaningful impact and reward. Our organisation has continued to evolve, strengthen its services, and respond proactively to the growing needs of our community, demonstrating both our commitment and our capacity to deliver high-quality mental health support.

Support for the Armed Forces community continued to go from strength to strength. Our Veterans' Cafés were successfully rebranded as Armed Forces Community Cafés, reflecting our commitment to supporting veterans while also welcoming the wider community. Cafés continue to run twice monthly in Dawley and twice monthly in Donnington, supported through continued Cllr Pride Fund funding.

We worked collaboratively with Great Dawley Town Council and Telford & Wrekin Council to develop a new Armed Forces logo, supported consultations around the proposed Armed Forces Hub, and contributed to Armed Forces Coordinator interviews. Representation at monthly Battleback sessions also ensured continued engagement with specialist recovery pathways.

A key highlight was the visit from Al Carns, supported by the local MP, Shaun Davies, which showcased joint working with Telford & Wrekin Council and allowed veterans to share first-hand experiences of the impact of our support:

“Life can be challenging for those leaving military service and we are determined to offer the best support we can for those who put themselves in harm's way on our behalf.”

Throughout the year we delivered and supported a wide range of community engagement and learning opportunities, including:

- Time to Talk Day event (6 February)
- Working Together in South East Telford events (25 March)
- Line Dancing Taster Sessions to support social connection
- Understanding Mental Health, Self-Care and Support training delivered on 14 May for community groups and volunteers

Staff accessed high-quality funded training including ASSIST, Motivational Interviewing, and Exploitation Awareness, alongside participation in LSP2 workshops covering marketing and engagement, confident communication styles, finance for non-finance managers, and leading high-performance teams. Investment in staff development was further demonstrated by Gemma commencing Level 5 Apprenticeship Management Training in September 2024.

We welcomed several high-profile visits that highlighted the impact of our work, including Dame Angela Leadsom on 18 April as part of the Family Hub funding programme, strengthening relationships at a national level.

As we reflect on this year's achievements, performance, and progression, it is clear that Telford Mind continues to move forward with purpose and determination.

Service Provision

During this reporting period, the areas of service provision at Telford Mind include the following areas:

Listening Service

The Listening Support Phone line provides support for those who are in emotional distress, struggling to cope or need to talk. By calling our mainline individuals can gain 'in the moment' support such as signposting or advice or they can refer themselves for Listening support sessions. Listening support sessions take place on a weekly basis for around 4-6 sessions.

Calm Café

The Calm Cafes provide support and safety to people aged 18+ who are finding themselves in a crisis or who are in need of support with their emotional/mental health to prevent a crisis. The Calm Café is a partnership project between Telford Mind and Telford & Wrekin Council Mental Health Social Work Team. We are also supported by A Better Tomorrow to provide tailored support within the Café setting.

Dual Diagnosis Café

The Dual Diagnosis Calm Cafes provide a platform for social interaction, mental health and wellbeing and substance misuse support. We provide support and safety to anyone in need by offering coping mechanisms and management techniques to help reduce the risk of crisis. The Dual Diagnosis Calm Cafés are delivered by Telford Mind, Telford After Care Team, A Better Tomorrow and Telford & Wrekin Council.

Armed Forces Community Cafes (Veterans Café)

The Veterans Café were renamed to the Armed Forces Community Cafes to extend the offer of support to the wider Armed Forces Community. The cafes offer a relaxed, inclusive space for service personnel, veterans and families. People can drop in, meet others, share experiences and access support in a welcoming environment.

Social Prescribing

Is an approach that connects people to community activities and services to improve their health and wellbeing. Taking a holistic approach to promoting and improving individuals' health and wellbeing. Adapting a person-centred approach with an ethos of "What matters to me". The main aim of this service is to support individuals to access community services, projects and activities to benefit their health and wellbeing. We deliver Social Prescribing within South East Telford Primary Care Network.

Suicide Bereavement Service

The suicide bereavement service is available to families, friends, colleagues and anyone living in Shropshire Telford & Wrekin who feels affected by a sudden unexplained death and suicide. The service provides:

- Early contact
- Home visits, phone or email contact
- Support to manage the procedures that take place after a suicide
- Help to access any other support you need
- Practical and emotional support

Perinatal Mental Health Social Prescribing

Telford Mind delivers support for those in the Perinatal period which includes pregnancy up to the child's second birthday.

Social Prescribing offers non- clinical interventions and connects parents in the perinatal period with a wide range of community resources and can holistically address social, emotional and practical needs.

Assist and Engage

The Assist & Engage project aims to provide improved mental health support for people who attend the emergency department, also for referral from EDT.

The project offers extra support and signposting for further services to those who are experiencing a delay in either transport or for a mental health admission after a mental health assessment.

The support may include providing practical and emotional support to the individual and their family. The service provision will be available on call Thursday to Tuesday evenings at 18:00 – 24:00 hours.

The NET

The Net project is a partnership approach between Telford Mind, Stay and Citizen's Advice.

The support is offered to those who are in crisis support and intends to fill the gaps identified from cuts in support provision across Telford & Wrekin in order to ensure that people are able to access the support they need, when they need it. Offering support and drop in service provision for targeted communities and up to 6 months intensive support for marginalised individuals who are not managing in a high number of support areas and therefore identified as meeting the threshold to access the service, followed by support to move on to alternative provision.

Counselling

Our Counselling team work with people aged 18+ and also offers relationship counselling to couples. Our Counsellors work with people to help them make sense of what is going on for them. To understand their feelings and to work out ways to tackle their problems.

Wellness While Waiting – CYP

The project offers immediate social prescribing treatments to children and young people on the CAMH'S treatment waiting list. Currently, many children and young people face long waits for mental health services, during which time their mental health often deteriorates. The social prescribing pathway will be part of a research project and will be offered as children and young people wait for their treatments. This project covers Telford and Shropshire.

The Wellness While Waiting programme (with UCL, Anne Freud & MPFT) is part of the Personalised Care work for Shropshire Telford & Wrekin.

RTSS/DARD Coordinator

The Real Time Suspected Suicide and Drug & Alcohol Related Deaths System Co-Ordinator provides comprehensive analytics and insights into suspected suicides and drug or alcohol related fatalities.

By working closely with the Coroner's office, Police, Probation, Social Services and other local organisations, the coordinator collects data to identify patterns, characteristics and trends. This collaboration aims to inform strategies for preventing future deaths.

Teenage Conception Prevention Programme

This service will play a key role in reducing teenage pregnancies by delivering individual support and group programs aimed at young people at risk of early pregnancy. The role also involves supporting teenage parents at risk of repeat pregnancies, with a strong focus on building resilience, promoting aspiration, and fostering holistic well-being.

The service will work with teenagers across Telford and Wrekin to empower them to gain control of their health and wellbeing utilising person-centred and asset-based approaches.

Brookside Community Link Worker

The main aim of this service is to adopt the social prescribing model to support Brookside residents to access community services, projects and activities to benefit their health and wellbeing.

Workplace Wellbeing

Telford Mind provides customised mental health support for employers and their employees within Telford and Wrekin. This can include tailored mental health training sessions, one to one listening support and mental health awareness promotional events. This support is offered both face to face and online.

Finances

Funding for the financial period April 2024 - March 2025 funding has been received from the following:

- Telford & Wrekin Public Health – Bereavement Support, Assist & Engage, Teenage Conception Programme, RTSS/DARD Coordinator
- Telford ICB – Calm Café & Dual Diagnosis Café, Wellbeing While Waiting
- Telford and Wrekin Council - Veterans' Café
- Telford and Wrekin Council (Family hubs) - Perinatal Mental Health Social Prescribing
- South-East Telford Primary Care Network – Social Prescribing (ARRS)
- Stay Telford (Lottery Funded Partnership Project) – The NET
- Donations
- Workplace Wellbeing Revenue

Donations continue to play a vital role in sustaining our service delivery, particularly our one-to-one Listening Service, which remains a core element of our support despite receiving no dedicated funding.

Reserves

Telford Mind's Board of Trustees agreed that the level of reserves that should be held are a minimum of three months' expenditure.

If the level of the reserves fund falls below the agreed level the trustees will review Telford Mind's expenditure and look for opportunities to make savings. If this is not possible Telford Mind will add to its reserves, when the opportunity arises, until the agreed level of reserves is met.

Chairperson's Report 2024/2025

2024/25 proved to be a year of consolidation and growth in a challenging environment.

Telford Mind has continued to perform a pivotal role within the voluntary sector in Telford & Wrekin and has continued to develop relationships with a wide range of public, private and voluntary sector organisations.

The challenge facing us to continue to grow at a pace at which governance and management can keep pace. Whilst I acknowledge we have fallen short occasionally, a number of outside influences have resulted in a great deal of learning for future resilience.

I want to say a special thank you to our senior management team of Louise and Gemma for their dedication to the organisation. Everyone involved with Telford Mind shows a great deal of investment in it's aims & objectives. That enthusiasm is there for partners, staff and volunteers to see.

Clive Elliott
Chair of Trustees

REGISTERED COMPANY NUMBER: CE019796 (England and Wales)
REGISTERED CHARITY NUMBER: 1186627

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2025
FOR
TELFORD MIND

Hollingsworth & Co Ltd
Coppice House
Halesfield 7
Telford
Shropshire
TF7 4NA

TELFORD MIND

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FOR THE YEAR ENDED 31ST MARCH 2025

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TELFORD MIND

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST MARCH 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE019796 (England and Wales)

Registered Charity number

1186627

Registered office

Court Street Medical Centre
Court Street
Madeley
Telford
Shropshire
TF7 5EE

Trustees

Mr C B Elliott
Ms E Nolan
Mr H Kumar

Independent Examiner

Hollingsworth & Co Ltd
Coppice House
Halesfield 7
Telford
Shropshire
TF7 4NA

Approved by order of the board of trustees on 19th March 2026 and signed on its behalf by:

Mr C B Elliott - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
TELFORD MIND

Independent examiner's report to the trustees of Telford Mind ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr J Hollingsworth FCA

Hollingsworth & Co Ltd
Coppice House
Halesfield 7
Telford
Shropshire
TF7 4NA

19th March 2026

TELFORD MIND

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	2025 Unrestr- icted fund £	2024 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	2	59,964	97,153
Charitable activities	4		
Calm Cafe		110,938	106,296
Mental Health Awareness		-	2,700
Social Prescribing		346,673	484,387
Counselling Income		12,810	6,445
Suicide prevention projects		25,000	25,000
Time to talk		-	4,500
Safer Stronger Community		350	-
University College London		1,490	-
RTSSS		9,000	-
A&E Funding		36,000	-
Investment income	3	2,383	887
Total		<u>604,608</u>	<u>727,368</u>
EXPENDITURE ON			
Raising funds	5	4,941	10,861
Charitable activities	6		
Listening Services./Work It Out		11,325	13,246
Calm Cafe		47,212	64,428
Social Prescribing		187,262	367,955
Counselling Income		11,668	10,336
Suicide prevention projects		20,124	18,291
IAPT Support		-	8,714
Dual Diagnosis Cafe		18,941	-
Assist & Engage		44,304	8,003
Time to talk		225	577
Gardening group		-	729
Management		94,219	-
Perinatal Mental Health		49,755	-
Teenage Conception		6,311	-
The NET		1,365	-
Wellness While Waiting		14,521	-
Other		40,912	152,705
Total		<u>553,085</u>	<u>655,845</u>
NET INCOME		51,523	71,523
RECONCILIATION OF FUNDS			
Total funds brought forward		337,200	265,677

The notes form part of these financial statements

TELFORD MIND

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	2025 Unrestri- cted fund £	2024 Total funds £
TOTAL FUNDS CARRIED FORWARD		<u>388,723</u>	<u>337,200</u>

The notes form part of these financial statements

TELFORD MIND

BALANCE SHEET
31ST MARCH 2025

	Notes	2025 Unrestr- cted fund £	2024 Total funds £
FIXED ASSETS			
Tangible assets	12	4,162	6,240
CURRENT ASSETS			
Debtors	13	140,923	64,568
Cash at bank		283,115	310,312
		424,038	374,880
CREDITORS			
Amounts falling due within one year	14	(39,477)	(43,920)
NET CURRENT ASSETS		384,561	330,960
TOTAL ASSETS LESS CURRENT LIABILITIES		388,723	337,200
NET ASSETS		388,723	337,200
FUNDS	15		
Unrestricted funds		388,723	337,200
TOTAL FUNDS		388,723	337,200

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

TELFORD MIND

BALANCE SHEET - continued
31ST MARCH 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 19th March 2026 and were signed on its behalf by:

Mr C B Elliott - Trustee

The notes form part of these financial statements

TELFORD MIND

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	(29,580)	102,608
Net cash (used in)/provided by operating activities		(29,580)	102,608
Cash flows from investing activities			
Interest received		2,383	887
Net cash provided by investing activities		2,383	887
Change in cash and cash equivalents in the reporting period		(27,197)	103,495
Cash and cash equivalents at the beginning of the reporting period		310,312	206,817
Cash and cash equivalents at the end of the reporting period		283,115	310,312

The notes form part of these financial statements

TELFORD MIND

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2025

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net income for the reporting period (as per the Statement of Financial Activities)	51,523	71,523
Adjustments for:		
Depreciation charges	2,078	3,115
Interest received	(2,383)	(887)
(Increase)/decrease in debtors	(76,355)	31,646
Decrease in creditors	(4,443)	(2,789)
Net cash (used in)/provided by operations	<u>(29,580)</u>	<u>102,608</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24 £	Cash flow £	At 31.3.25 £
Net cash			
Cash at bank	310,312	(27,197)	283,115
	310,312	(27,197)	283,115
Total	<u>310,312</u>	<u>(27,197)</u>	<u>283,115</u>

The notes form part of these financial statements

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31ST MARCH 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	18,066	25,108
Grants	41,898	72,045
	<u>59,964</u>	<u>97,153</u>

Grants received, included in the above, are as follows:

	2025	2024
	£	£
Other grants	<u>41,898</u>	<u>72,045</u>

3. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	<u>2,383</u>	<u>887</u>

4. INCOME FROM CHARITABLE ACTIVITIES

		2025	2024
	Activity	£	£
Activity income	Calm Cafe	110,938	106,296
Activity income	Mental Health Awareness	-	2,700
Activity income	Social Prescribing	346,673	484,387
Activity income	Counselling Income	12,810	6,445
Activity income	Suicide prevention projects	25,000	25,000
Activity income	Time to talk	-	4,500
Activity income	Safer Stronger Community	350	-
Activity income	University College London	1,490	-
Activity income	RTSSS	9,000	-
Activity income	A&E Funding	36,000	-
		<u>542,261</u>	<u>629,328</u>

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

5. RAISING FUNDS

Raising donations and legacies

	2025	2024
	£	£
Subscriptions	574	322
Support costs	4,367	10,539
	<u>4,941</u>	<u>10,861</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Listening Services./Work It Out	-	11,325	11,325
Calm Cafe	13,946	33,266	47,212
Social Prescribing	-	187,262	187,262
Counselling Income	3,370	8,298	11,668
Suicide prevention projects	-	20,124	20,124
Dual Diagnosis Cafe	-	18,941	18,941
Assist & Engage	-	44,304	44,304
Time to talk	225	-	225
Management	-	94,219	94,219
Perinatal Mental Health	-	49,755	49,755
Teenage Conception	-	6,311	6,311
The NET	-	1,365	1,365
Wellness While Waiting	-	14,521	14,521
	<u>17,541</u>	<u>489,691</u>	<u>507,232</u>

7. SUPPORT COSTS

	Manageme- nt £	Finance £	Informat- ion technolo- gy £
Raising donations and legacies	4,367	-	-
Other resources expended	9,405	131	12,624
Listening Services./Work It Out	11,325	-	-
Calm Cafe	33,266	-	-
Social Prescribing	187,262	-	-
Counselling Income	8,298	-	-
Suicide prevention projects	20,124	-	-
Dual Diagnosis Cafe	18,941	-	-
Assist & Engage	44,304	-	-
Management	94,219	-	-
Perinatal Mental Health	49,755	-	-
Teenage Conception	6,311	-	-
Carried forward	<u>487,577</u>	<u>131</u>	<u>12,624</u>

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

7. SUPPORT COSTS - continued

	Manageme- nt £	Finance £	Informa- tion technolo- gy £
Brought forward	487,577	131	12,624
The NET	1,365	-	-
Wellness While Waiting	14,521	-	-
	<u>503,463</u>	<u>131</u>	<u>12,624</u>
	Other £	Governan- ce costs £	Totals £
Raising donations and legacies	-	-	4,367
Other resources expended	4,065	12,609	38,834
Listening Services./Work It Out	-	-	11,325
Calm Cafe	-	-	33,266
Social Prescribing	-	-	187,262
Counselling Income	-	-	8,298
Suicide prevention projects	-	-	20,124
Dual Diagnosis Cafe	-	-	18,941
Assist & Engage	-	-	44,304
Management	-	-	94,219
Perinatal Mental Health	-	-	49,755
Teenage Conception	-	-	6,311
The NET	-	-	1,365
Wellness While Waiting	-	-	14,521
	<u>4,065</u>	<u>12,609</u>	<u>532,892</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Depreciation - owned assets	2,078	3,115
Hire of plant and machinery	<u>1,613</u>	<u>1,613</u>

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2025 nor for the year ended 31st March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2025 nor for the year ended 31st March 2024.

10. STAFF COSTS

	2025	2024
	£	£
Wages and salaries	493,441	574,940
Other pension costs	4,367	10,539
	497,808	585,479

The average monthly number of employees during the year was as follows:

	2025	2024
Charity management	2	2
Calm Café	3	5
Listening Service & Work It Out	1	2
Social Prescribing	12	19
Workplace Wellbeing	1	1
Suicide Bereavement	1	1
Other	11	8
	31	38

No employees received emoluments in excess of £60,000.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	97,153
Charitable activities	
Calm Cafe	106,296
Mental Health Awareness	2,700
Social Prescribing	484,387
Counselling Income	6,445
Suicide prevention projects	25,000
Time to talk	4,500
Investment income	887
Total	727,368
EXPENDITURE ON	

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £
Raising funds	10,861
Charitable activities	
Listening Services./Work It Out	13,246
Calm Cafe	64,428
Social Prescribing	367,955
Counselling Income	10,336
Suicide prevention projects	18,291
IAPT Support	8,714
Assist & Engage	8,003
Time to talk	577
Gardening group	729
Other	152,705
Total	<u>655,845</u>
NET INCOME	71,523
RECONCILIATION OF FUNDS	
Total funds brought forward	265,677
TOTAL FUNDS CARRIED FORWARD	<u><u>337,200</u></u>

12. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1st April 2024 and 31st March 2025	20,410
DEPRECIATION	
At 1st April 2024	14,170
Charge for year	2,078
At 31st March 2025	16,248
NET BOOK VALUE	
At 31st March 2025	<u>4,162</u>
At 31st March 2024	<u><u>6,240</u></u>

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade debtors	140,923	64,568
	<u>140,923</u>	<u>64,568</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	4,824	9,355
Social security and other taxes	4,663	24,850
Other creditors	1,915	6,955
Deferred income	23,325	-
Accrued expenses	4,750	2,760
	<u>39,477</u>	<u>43,920</u>

15. MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	At 31.3.25
	£	£	£
Unrestricted funds			
General fund	337,200	51,523	388,723
	<u>337,200</u>	<u>51,523</u>	<u>388,723</u>
TOTAL FUNDS	<u>337,200</u>	<u>51,523</u>	<u>388,723</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	604,608	(553,085)	51,523
	<u>604,608</u>	<u>(553,085)</u>	<u>51,523</u>
TOTAL FUNDS	<u>604,608</u>	<u>(553,085)</u>	<u>51,523</u>

Comparatives for movement in funds

	At 1.4.23	Net movement in funds	At 31.3.24
	£	£	£
Unrestricted funds			
General fund	265,677	71,523	337,200
	<u>265,677</u>	<u>71,523</u>	<u>337,200</u>
TOTAL FUNDS	<u>265,677</u>	<u>71,523</u>	<u>337,200</u>

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	727,368	(655,845)	71,523
TOTAL FUNDS	<u>727,368</u>	<u>(655,845)</u>	<u>71,523</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	265,677	123,046	388,723
TOTAL FUNDS	<u>265,677</u>	<u>123,046</u>	<u>388,723</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,331,976	(1,208,930)	123,046
TOTAL FUNDS	<u>1,331,976</u>	<u>(1,208,930)</u>	<u>123,046</u>

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2025.

TELFORD MIND

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	18,066	25,108
Grants	41,898	72,045
	59,964	97,153
Investment income		
Deposit account interest	2,383	887
Charitable activities		
Activity income	542,261	629,328
	604,608	727,368
Total incoming resources		
EXPENDITURE		
Raising donations and legacies		
Subscriptions	574	322
Charitable activities		
Wages	3,370	2,720
Rent and rates	13,946	20,739
Sundries	225	1,306
	17,541	24,765
Other		
Computer equipment	2,078	3,115
Support costs		
Management		
Staff salaries	490,071	572,220
Staff pensions	4,367	10,539
Insurance	7,525	6,919
Training	1,500	7,240
	503,463	596,918
Finance		
Bank charges	131	89
Information technology		
Telephone	5,524	3,809
Carried forward	5,524	3,809

This page does not form part of the statutory financial statements

TELFORD MIND

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2025

	2025 £	2024 £
Information technology		
Brought forward	5,524	3,809
Repairs and renewals	190	-
Computer software costs	6,910	6,461
	12,624	10,270
Other		
Photocopier rental	1,613	1,613
Postage and stationery	1,798	1,871
Advertising and marketing	654	1,962
	4,065	5,446
Governance costs		
Accountancy and legal fees	12,609	14,920
Total resources expended	553,085	655,845
Net income	<u>51,523</u>	<u>71,523</u>

This page does not form part of the statutory financial statements

REGISTERED COMPANY NUMBER: CE019796 (England and Wales)
REGISTERED CHARITY NUMBER: 1186627

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2025

FOR
TELFORD MIND

Hollingsworth & Co Ltd
Coppice House
Halesfield 7
Telford
Shropshire
TF7 4NA

TELFORD MIND

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FOR THE YEAR ENDED 31ST MARCH 2025

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TELFORD MIND

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST MARCH 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE019796 (England and Wales)

Registered Charity number

1186627

Registered office

Court Street Medical Centre
Court Street
Madeley
Telford
Shropshire
TF7 5EE

Trustees

Mr C B Elliott
Ms E Nolan
Mr H Kumar

Independent Examiner

Hollingsworth & Co Ltd
Coppice House
Halesfield 7
Telford
Shropshire
TF7 4NA

Approved by order of the board of trustees on 19th March 2026 and signed on its behalf by:

Mr C B Elliott - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
TELFORD MIND

Independent examiner's report to the trustees of Telford Mind ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr J Hollingsworth FCA

Hollingsworth & Co Ltd
Coppice House
Halesfield 7
Telford
Shropshire
TF7 4NA

19th March 2026

TELFORD MIND

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	2025 Unrestr- icted fund £	2024 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	2	59,964	97,153
Charitable activities	4		
Calm Cafe		110,938	106,296
Mental Health Awareness		-	2,700
Social Prescribing		346,673	484,387
Counselling Income		12,810	6,445
Suicide prevention projects		25,000	25,000
Time to talk		-	4,500
Safer Stronger Community		350	-
University College London		1,490	-
RTSSS		9,000	-
A&E Funding		36,000	-
Investment income	3	2,383	887
Total		<u>604,608</u>	<u>727,368</u>
EXPENDITURE ON			
Raising funds	5	4,941	10,861
Charitable activities	6		
Listening Services./Work It Out		11,325	13,246
Calm Cafe		47,212	64,428
Social Prescribing		187,262	367,955
Counselling Income		11,668	10,336
Suicide prevention projects		20,124	18,291
IAPT Support		-	8,714
Dual Diagnosis Cafe		18,941	-
Assist & Engage		44,304	8,003
Time to talk		225	577
Gardening group		-	729
Management		94,219	-
Perinatal Mental Health		49,755	-
Teenage Conception		6,311	-
The NET		1,365	-
Wellness While Waiting		14,521	-
Other		40,912	152,705
Total		<u>553,085</u>	<u>655,845</u>
NET INCOME		51,523	71,523
RECONCILIATION OF FUNDS			
Total funds brought forward		337,200	265,677

The notes form part of these financial statements

TELFORD MIND

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	2025 Unrestric- ted fund £	2024 Total funds £
TOTAL FUNDS CARRIED FORWARD		<u>388,723</u>	<u>337,200</u>

The notes form part of these financial statements

TELFORD MIND

BALANCE SHEET
31ST MARCH 2025

	Notes	2025 Unrestr- cted fund £	2024 Total funds £
FIXED ASSETS			
Tangible assets	12	4,162	6,240
CURRENT ASSETS			
Debtors	13	140,923	64,568
Cash at bank		283,115	310,312
		424,038	374,880
CREDITORS			
Amounts falling due within one year	14	(39,477)	(43,920)
NET CURRENT ASSETS		384,561	330,960
TOTAL ASSETS LESS CURRENT LIABILITIES		388,723	337,200
NET ASSETS		388,723	337,200
FUNDS	15		
Unrestricted funds		388,723	337,200
TOTAL FUNDS		388,723	337,200

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

TELFORD MIND

BALANCE SHEET - continued
31ST MARCH 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 19th March 2026 and were signed on its behalf by:

Mr C B Elliott - Trustee

The notes form part of these financial statements

TELFORD MIND

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	(29,580)	102,608
Net cash (used in)/provided by operating activities		(29,580)	102,608
Cash flows from investing activities			
Interest received		2,383	887
Net cash provided by investing activities		2,383	887
Change in cash and cash equivalents in the reporting period		(27,197)	103,495
Cash and cash equivalents at the beginning of the reporting period		310,312	206,817
Cash and cash equivalents at the end of the reporting period		283,115	310,312

The notes form part of these financial statements

TELFORD MIND

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2025

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net income for the reporting period (as per the Statement of Financial Activities)	51,523	71,523
Adjustments for:		
Depreciation charges	2,078	3,115
Interest received	(2,383)	(887)
(Increase)/decrease in debtors	(76,355)	31,646
Decrease in creditors	(4,443)	(2,789)
Net cash (used in)/provided by operations	(29,580)	102,608

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24 £	Cash flow £	At 31.3.25 £
Net cash			
Cash at bank	310,312	(27,197)	283,115
	310,312	(27,197)	283,115
Total	310,312	(27,197)	283,115

The notes form part of these financial statements

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31ST MARCH 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	18,066	25,108
Grants	41,898	72,045
	<u>59,964</u>	<u>97,153</u>

Grants received, included in the above, are as follows:

	2025	2024
	£	£
Other grants	<u>41,898</u>	<u>72,045</u>

3. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	<u>2,383</u>	<u>887</u>

4. INCOME FROM CHARITABLE ACTIVITIES

		2025	2024
		£	£
Activity income	Activity		
	Calm Cafe	110,938	106,296
Activity income	Mental Health Awareness	-	2,700
Activity income	Social Prescribing	346,673	484,387
Activity income	Counselling Income	12,810	6,445
Activity income	Suicide prevention projects	25,000	25,000
Activity income	Time to talk	-	4,500
Activity income	Safer Stronger Community	350	-
Activity income	University College London	1,490	-
Activity income	RTSSS	9,000	-
Activity income	A&E Funding	36,000	-
		<u>542,261</u>	<u>629,328</u>

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

5. RAISING FUNDS

Raising donations and legacies

	2025	2024
	£	£
Subscriptions	574	322
Support costs	4,367	10,539
	<u>4,941</u>	<u>10,861</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Listening Services./Work It Out	-	11,325	11,325
Calm Cafe	13,946	33,266	47,212
Social Prescribing	-	187,262	187,262
Counselling Income	3,370	8,298	11,668
Suicide prevention projects	-	20,124	20,124
Dual Diagnosis Cafe	-	18,941	18,941
Assist & Engage	-	44,304	44,304
Time to talk	225	-	225
Management	-	94,219	94,219
Perinatal Mental Health	-	49,755	49,755
Teenage Conception	-	6,311	6,311
The NET	-	1,365	1,365
Wellness While Waiting	-	14,521	14,521
	<u>17,541</u>	<u>489,691</u>	<u>507,232</u>

7. SUPPORT COSTS

	Manageme- nt £	Finance £	Informat- ion technolo- gy £
Raising donations and legacies	4,367	-	-
Other resources expended	9,405	131	12,624
Listening Services./Work It Out	11,325	-	-
Calm Cafe	33,266	-	-
Social Prescribing	187,262	-	-
Counselling Income	8,298	-	-
Suicide prevention projects	20,124	-	-
Dual Diagnosis Cafe	18,941	-	-
Assist & Engage	44,304	-	-
Management	94,219	-	-
Perinatal Mental Health	49,755	-	-
Teenage Conception	6,311	-	-
Carried forward	<u>487,577</u>	<u>131</u>	<u>12,624</u>

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

7. SUPPORT COSTS - continued

	Manageme- nt £	Finance £	Informa- tion technolo- gy £
Brought forward	487,577	131	12,624
The NET	1,365	-	-
Wellness While Waiting	14,521	-	-
	<u>503,463</u>	<u>131</u>	<u>12,624</u>
	Other £	Governan- ce costs £	Totals £
Raising donations and legacies	-	-	4,367
Other resources expended	4,065	12,609	38,834
Listening Services./Work It Out	-	-	11,325
Calm Cafe	-	-	33,266
Social Prescribing	-	-	187,262
Counselling Income	-	-	8,298
Suicide prevention projects	-	-	20,124
Dual Diagnosis Cafe	-	-	18,941
Assist & Engage	-	-	44,304
Management	-	-	94,219
Perinatal Mental Health	-	-	49,755
Teenage Conception	-	-	6,311
The NET	-	-	1,365
Wellness While Waiting	-	-	14,521
	<u>4,065</u>	<u>12,609</u>	<u>532,892</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Depreciation - owned assets	2,078	3,115
Hire of plant and machinery	<u>1,613</u>	<u>1,613</u>

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2025 nor for the year ended 31st March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2025 nor for the year ended 31st March 2024.

10. STAFF COSTS

	2025	2024
	£	£
Wages and salaries	493,441	574,940
Other pension costs	4,367	10,539
	<u>497,808</u>	<u>585,479</u>

The average monthly number of employees during the year was as follows:

	2025	2024
Charity management	2	2
Calm Café	3	5
Listening Service & Work It Out	1	2
Social Prescribing	12	19
Workplace Wellbeing	1	1
Suicide Bereavement	1	1
Other	11	8
	<u>31</u>	<u>38</u>

No employees received emoluments in excess of £60,000.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	97,153
Charitable activities	
Calm Cafe	106,296
Mental Health Awareness	2,700
Social Prescribing	484,387
Counselling Income	6,445
Suicide prevention projects	25,000
Time to talk	4,500
Investment income	<u>887</u>
Total	<u>727,368</u>

EXPENDITURE ON

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £
Raising funds	10,861
Charitable activities	
Listening Services./Work It Out	13,246
Calm Cafe	64,428
Social Prescribing	367,955
Counselling Income	10,336
Suicide prevention projects	18,291
IAPT Support	8,714
Assist & Engage	8,003
Time to talk	577
Gardening group	729
Other	152,705
Total	<u>655,845</u>
NET INCOME	71,523
RECONCILIATION OF FUNDS	
Total funds brought forward	265,677
TOTAL FUNDS CARRIED FORWARD	<u><u>337,200</u></u>

12. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1st April 2024 and 31st March 2025	20,410
DEPRECIATION	
At 1st April 2024	14,170
Charge for year	2,078
At 31st March 2025	16,248
NET BOOK VALUE	
At 31st March 2025	<u>4,162</u>
At 31st March 2024	<u><u>6,240</u></u>

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade debtors	140,923	64,568
	<u>140,923</u>	<u>64,568</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	4,824	9,355
Social security and other taxes	4,663	24,850
Other creditors	1,915	6,955
Deferred income	23,325	-
Accrued expenses	4,750	2,760
	<u>39,477</u>	<u>43,920</u>

15. MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	At 31.3.25
	£	£	£
Unrestricted funds			
General fund	337,200	51,523	388,723
	<u>337,200</u>	<u>51,523</u>	<u>388,723</u>
TOTAL FUNDS	<u>337,200</u>	<u>51,523</u>	<u>388,723</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	604,608	(553,085)	51,523
	<u>604,608</u>	<u>(553,085)</u>	<u>51,523</u>
TOTAL FUNDS	<u>604,608</u>	<u>(553,085)</u>	<u>51,523</u>

Comparatives for movement in funds

	At 1.4.23	Net movement in funds	At 31.3.24
	£	£	£
Unrestricted funds			
General fund	265,677	71,523	337,200
	<u>265,677</u>	<u>71,523</u>	<u>337,200</u>
TOTAL FUNDS	<u>265,677</u>	<u>71,523</u>	<u>337,200</u>

TELFORD MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2025

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	727,368	(655,845)	71,523
TOTAL FUNDS	<u>727,368</u>	<u>(655,845)</u>	<u>71,523</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	265,677	123,046	388,723
TOTAL FUNDS	<u>265,677</u>	<u>123,046</u>	<u>388,723</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,331,976	(1,208,930)	123,046
TOTAL FUNDS	<u>1,331,976</u>	<u>(1,208,930)</u>	<u>123,046</u>

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2025.

TELFORD MIND

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	18,066	25,108
Grants	41,898	72,045
	59,964	97,153
Investment income		
Deposit account interest	2,383	887
Charitable activities		
Activity income	542,261	629,328
	604,608	727,368
Total incoming resources		
EXPENDITURE		
Raising donations and legacies		
Subscriptions	574	322
Charitable activities		
Wages	3,370	2,720
Rent and rates	13,946	20,739
Sundries	225	1,306
	17,541	24,765
Other		
Computer equipment	2,078	3,115
Support costs		
Management		
Staff salaries	490,071	572,220
Staff pensions	4,367	10,539
Insurance	7,525	6,919
Training	1,500	7,240
	503,463	596,918
Finance		
Bank charges	131	89
Information technology		
Telephone	5,524	3,809
Carried forward	5,524	3,809

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TELFORD MIND

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2025

	2025 £	2024 £
Information technology		
Brought forward	5,524	3,809
Repairs and renewals	190	-
Computer software costs	6,910	6,461
	12,624	10,270
Other		
Photocopier rental	1,613	1,613
Postage and stationery	1,798	1,871
Advertising and marketing	654	1,962
	4,065	5,446
Governance costs		
Accountancy and legal fees	12,609	14,920
Total resources expended	553,085	655,845
Net income	<u>51,523</u>	<u>71,523</u>

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