



International Health
Development Foundation



**Trustees' Annual Report and
Financial Statement For The
Year Ended 31st January 2024**

Legal & Administrative Information

Charity Name:	International Health Development Foundation
Charity Registration Number:	1186601
Trustees:	Dr Kowsar Hoque Dr Alim Uddin Akhtar Uzzaman
Registered Office:	71-75 Shelton Street London WC2H 9JQ
Bank:	Lloyds Bank PLC 15 Blackheath Village London SE3 9LH
Independent Examiner:	Mohammed Chowdhury FMAAT (Affiliated member of ACIE) Chadwell Accounting Services Limited T/A Alam & Co Office 6 65B London Road Romford RM7 9QA info@alamandco.co.uk



Message from The Chair of Trustees

The annual medical camps tour was the project that kick started International Health Development Foundation, formerly known as BHDl. After a pause of two years due to Covid, in the last year we have been able to take a team from the UK and deliver the annual medical camps all across Bangladesh. This was the biggest and most successful free medical camp tour so far with more camps held and more patients seen than ever before.

We have also been able to complete our cataract project. This has been an amazing project in which 1542 patients had life changing cataract surgery. We have continued our monthly clinics in Mohammadpur, Thakurgaon and Moulvibazar. These clinics help poor and needy people in those localities have regular access to free medical care.

The great work that we do is only possible through the generosity of our donors and the hard work of our team of volunteers. As ever we are eternally grateful to each and every one of our supporters, donors and volunteers. A special thank you also to the brothers from H&K Cycle Club whose fundraising has made the cataract project possible.

Dr Kowsar Hoque

Chair, International Health Development Foundation

Trustees Report

The Trustees of International Health Development Foundation present their Annual Report and Financial Statement for the period from 1st February 2023 to 31st January 2024.

The Trustees confirm that the Annual Report and Financial Statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 01 January 2015).



Structure, Governance and Management

Governing Constitution

International Health Development Foundation is a charity registered with the Charity Commission for England and Wales. The charity was established by Constitution and registered with the Charity Commission for England and Wales on 26th November 2019, under registration number 1186601. It is governed by a constitution adopted on 24th November 2019. It was originally registered with the name BHDl (Bangladesh Health Development Initiative).

Organisational Structure

The trustees are responsible for the governance of the charity and the day-to-day management is performed by the executive committee which consists of the trustees and volunteer executive management committee members. All trustees, executive committee team members and volunteers give their time voluntarily and receive no remuneration or other benefits. The executive committee meet regularly and are responsible for the decisions taken in relation to running the charity.

Risk Management

The trustees and executive committee have assessed the risks the charity faces and the nature of those risks. The trustees review risks regularly and strengthen their perspective on these issues through meetings. The trustees and executive committee are satisfied that systems are in place, or arrangements are in hand to manage the risks that have been identified.

Volunteers

Volunteers are involved and are a crucial part of all our charity projects and meet regularly in team meetings. When recruiting volunteers, we make the necessary checks to ensure the volunteers have the appropriate skills for the organisation and understand the charity objectives.

Public Benefit

The trustees confirm that they have considered the general guideline issued by the Charity Commission in connection with Public Benefit in setting the objectives of the charity.

Our Objectives

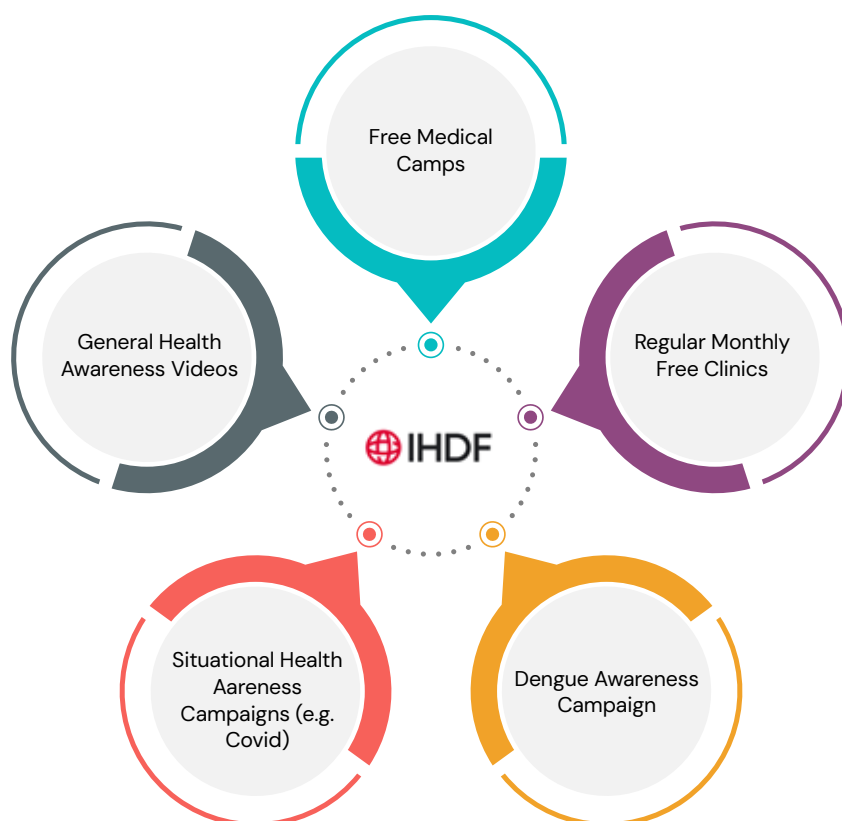
Our aims and objectives at International Health Development Foundation are simply the advancement of health of people internationally.

Our Vision:

To improve the health of poor and needy people internationally through the provision of free medical care as well as prevention and health awareness campaigns.

Our Mission:

Our mission consists of the following key areas:



Our Values:



Achievements and Performance in 2023

We raised a total of £37,165. Our monthly clinic project continued in the three different locations across Bangladesh. The medical camp tour returned in 2023 and we were able to deliver free medical camps in five different locations across Bangladesh. We were also able to complete the cataract project which provided free cataract surgery to 1542 patients.

Summary of 2023



Projects Delivered



Free Local Regular Monthly Clinics

- ✓ Our monthly clinics in Moulvibazar (Sylhet), Mohammadpur (Dhaka) and Thakurgaon have continued to run.
- ✓ Every month 70–100 patients are seen in each clinic. All patients are seen free of charge and medication is also provided for free.
- ✓ Patients are assessed and treated each month by a team of 4 doctors and health professionals – this includes specialists in General Medicine, Gynaecology, Paediatrics, Optometry and Elderly Medicine.



Emergency Medical Camps for Floods

- ✓ We spent £2000 in providing emergency medical camps in the areas worst affected by the floods in Chittagong.
- ✓ Food packs were also distributed in those areas



Cataract Surgery

- ✓ H&K Cycle Club raised £63,675 for our cataract surgery project.
- ✓ With Gift Aid, the total raised was over £70,000.
- ✓ In total 1542 patients had life changing cataract surgery, together with pre-operative and post-operative care.



Free Medical Camps (Annual Health Tour)

- ✔ Free medical camps in 5 locations across Bangladesh – Mohammadpur (Dhaka), Barishal, Bishwanath (Sylhet), Jagannathpur (Sylhet) and Moulvibazar (Sylhet).
- ✔ Over 1500 patients seen, including provision of free medication
- ✔ Over £4500 of zakat distributed to eligible patients who were in need of further medical investigation and treatment



With our name change to International Health Development Foundation, we will be looking to deliver our projects outside of Bangladesh. Our hope is that the poor and needy in other countries can benefit from the expertise that we've built in delivering these projects in Bangladesh over the last few years. In Bangladesh we will still operate under the Bangladesh Health Development Initiative (BHDI) name.

In order to make the transition to an international charity successful, we will need the ongoing support of our volunteers and donors. Please come forward and support us in whatever way you can.



Statement of Trustees' Responsibilities

The trustees are required to prepare financial statements for each financial year in compliance with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and all other applicable law which give a true and fair view of the state of affairs of the charity and the incoming resources and application of resources, including the net income and expenditure for the year. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In preparing those financial statements, the trustees are required to:

- ✓ select suitable accounting policies and then apply them consistently;
- ✓ make judgements and estimates that are reasonable and prudent;
- ✓ state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- ✓ prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charity will continue to operate.

The trustees confirm that the accounts comply with current statutory requirements.

This report was approved by the trustees and signed on their behalf by:



Name: Dr Alim Uddin

Position: Treasurer & Trustee

Date: 15th October 2024

Accountant Report to the Trustees of IHDF:

I report on the accounts of the charity for the Year Ended 31st January 2024 which are set out on the attached pages.

Respective Responsibilities of Trustee and Examiner:

As the charities trustees you are responsible for the preparation of accounts. You consider the audit requirement of S144 (2) of the charities act 2011 does not apply, and that an independent examination is needed. It is my responsibility to examine the accounts under s145 of the 2011 Act to follow the procedures laid down in the general directions given by the Charity Commission under S145(5)(b) of the 2011 act and to state whether matters have come to my attention.

Basis of Independent Examiners Report:

- ▶ My examination was carried out in accordance with the General Directions given by the Charity Commissioners.
- ▶ An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking of explanations from you as trustees concerning any such matters.
- ▶ The procedures undertaken do not provide all the evidence that would be required in audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiners qualified statement:

In connection with my examination, no matter has come to my attention.

1. Which gives me reasonable cause to believe that, in any material respect, the requirements:

To keep accounts records in accordance with the CC S130 of the 2011 Act.

To prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 -Act.



MOHAMMED CHOWDHURY FMAAT

(Affiliated member of ACIE)
Chadwell Accounting Services Limited
T/A Alam & Co
Office 6
65B London Road Green Lane
Romford
RM7 9QA

Receipts and Payment Accounts: Note 2

For the year ended 31st January 2024

Receipts	Note	Unrestricted	Restricted	2024 Total	2023 Total
Donations	1	7,829		7,829	6,877
Medical Clinic			10,455	10,455	17,756
Medical Camps			12,752	12,752	
Cataract			1,248	1,248	71,559
Flood Help			1,058	1,058	3,099
Gift Aid		3,823		3,823	3,333
Total Receipts		11,652	25,513	37,165	102,624
Payments:	1				
Charitable costs			65,438	65,438	62,553
Marketing & Fundraising Costs		3,478		3,478	2,828
Governance costs		1,999		1,999	600
Total Payments		5,477	65,438	70,915	65,981
Total Surplus/Loss		6,175	(39,925)	(33,750)	36,643
Funds b/fwd YE 23		(1,516)	52,351	50,835	14,192
Funds c/fwd YE 24		4,659	12,426	17,085	50,835

Note 1: Receipt & Payment Analysis

Project Name	Generating Income	Direct Charitable Expenses	Marketing & Fundraising Costs	Governance Costs	Surplus/ Deficit
General Donations	7,829		3,478	1,999	2,352
Gift Aid	3,823				3,823
Cataract	1,248	29,650			(28,402)
Medical Clinic	10,455	20,414			(9,959)
Medical Camps	12,752	13,374			(622)
Flood Help	1,058	2,000			(942)
Total	37,165	65,438	3,478	1,999	(33,750)
Funds b/fwd.					50,835
TRANSFERS					(33,750)
Funds c/fwd.					17,085

Statement of Assets and Liabilities as at 31st January 2024

	Note	2024	2023
Tangible Assets			
Net Assets:			
Bank and Cash in hand	1	17,085	50,835
Total Assets		17,085	50,835
Liabilities:			
Creditors		0	0
Total assets less liabilities		17,085	50,835
Capital and Reserve.			
Unrestricted Funds	2	4,659	(1,516)
Restricted Funds		12,426	52,351
Total Reserve		17,085	50,835

Approved by the trustees:



Full Name: Dr Alim Uddin

Position: Treasurer & Trustee

Date: 15th October 2024



International Health
Development Foundation



THANK YOU