

# International Health Development Foundation

England & Wales · Charity number 1186601

## Details

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**Other names** BHDI, BANGLADESH HEALTH DEVELOPMENT INITIATIVE

**Status** Registered

**Legal form** Other

**Registered** 2019-11-26

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 71-75 Shelton Street  
London  
WC2H 9JQ

**Phone** 07799861693

**Email** [contact@bhdi.org](mailto:contact@bhdi.org)

**Website** <https://ihdf.co.uk/>

## Activities

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**Objects:** THE ADVANCEMENT OF HEALTH OF THE PEOPLE OF BANGLADESH BY:(A) PROVISION OF FREE MEDICAL RELIEF CAMPS(B) THE DEVELOPMENT OF A TELEMEDICINE APP TO PROVIDE ACCESS TO MEDICAL CARE FOR RURAL COMMUNITIES(C) PROVISION OF INTERNATIONAL STANDARD NURSING DIPLOMAS AND COURSES(D) DEVELOP PREVENTATIVE MEDICAL PROGRAMS AND STANDARDIZATION OF RURAL MEDICAL PRACTICES.

**Activities:** To improve the health of the poor and needy in Bangladesh through the provision of free medical care as well as prevention and health awareness campaigns

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities

## Geography

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- Bangladesh
- Ghana
- Newham
- Redbridge
- Tower Hamlets

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-01-31	£158,126	£100,509	-	-
2024-01-31	£37,165	£70,915	-	-
2023-01-31	£102,624	£65,981	-	-
2022-01-31	£24,992	£18,802	-	-
2021-01-31	£44,517	£43,673	-	-

## Trustees

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Name	Role	Appointed
<b>Saima Begum Chowdhury</b>	Chair	2025-04-28
Dr Alim Uddin		2019-06-16
Dr Kowsar Hoque		2019-06-16
Shahadat Hussain		2024-10-22

**International Health Development Foundation**

England & Wales - Charity number 1186601

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# Accounts

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International Health  
Development Foundation



**ANNUAL REPORT  
AND FINANCIAL STATEMENT  
2024-2025**



## LEGAL & ADMINISTRATIVE INFORMATION

### Charity Name:

International Health Development Foundation

### Charity Registration Number:

1186601

### Trustees:

Saima Chowdhury  
Dr Kowsar Hoque  
Dr Alim Uddin  
Shahadat Hussain

### Registered Office:

71-75 Shelton Street  
London  
WC2H 9JQ

### Bank:

Lloyds Bank PLC  
15 Blackheath Village  
London  
SE3 9LH

### Independent Examiner:

Mohammed Chowdhury FMAAT  
(Affiliated member of ACIE)  
Chadwell Accounting Services Limited  
T/A Alam & Co  
Office 6  
65B London Road  
Romford  
RM7 9QA  
[info@alamandco.co.uk](mailto:info@alamandco.co.uk)



# MESSAGE FROM THE CHAIR OF TRUSTEES

I am honoured to have been elected Chair of Trustees for the International Health Development Foundation during a time of renewed focus and ambition. This year has been one of consolidation and strategic planning, as we continue to build on our strong foundations and prepare for greater global impact.

In 2024–2025, we delivered two key projects: the continuation of our monthly clinics across Bangladesh – reaching nearly 8,000 patients – and the provision of urgent medical aid to Gaza, generously supported by the H&K Cycle Club. These initiatives reflect our unwavering commitment to delivering accessible healthcare to communities in need, even in the most challenging environments.

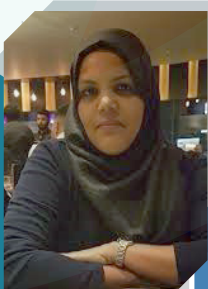
While much of the fundraising for our 2025 Medical Camp Tour – including our first international camp in Ghana – took place during this reporting period, the camps themselves were delivered in February 2025 and will be featured in next year's report. Similarly, our cataract surgery programme, which restored sight to over 1,500 individuals, was completed prior to this financial year and is not included in this year's project summary.

As Chair, my vision is to lead with integrity, innovation, and a deep commitment to sustainable impact. We are focused on strengthening our governance, enhancing transparency, and expanding our reach to serve communities beyond Bangladesh. Our rebranding to the International Health Development Foundation reflects this global outlook and our aspiration to be a force for good wherever the need is greatest.

## Looking Ahead: Goals for 2025–26

*As we look to the year ahead, our priorities include:*

- ✓ Expanding our Medical Camp Programme, building on the success of our 2025 tour in Bangladesh and Ghana, and exploring new regions where our support is urgently needed.
- ✓ Strengthening our monthly clinic model by enhancing service quality, increasing outreach, and integrating digital health tools for better patient care and data tracking.
- ✓ Launching new partnerships with local and international organisations to co-develop sustainable healthcare solutions tailored to community needs.
- ✓ Investing in governance and capacity building, ensuring our systems, processes, and people are equipped to deliver impact at scale.
- ✓ Enhancing donor engagement and transparency, with improved reporting and storytelling that brings our work to life and deepens trust.



*I want to thank our volunteers, donors, and partners for your continued trust and support. Your dedication fuels our mission and inspires us to do more. Together, we can build a healthier, more equitable future for all.*

**Saima Chowdhury**

*Chair of Trustees*

*International Health Development Foundation*



# STATEMENT FROM THE CHIEF FINANCIAL OFFICER

I am honoured to have been selected as Chief Financial Officer and would like to share my vision for this role. This year reflects strong financial stewardship and a commitment to transparency, ensuring every pound raised supports impactful healthcare initiatives.

## Financial Highlights

**Income: £158,126**



**Expenditure: £100,509**



**Surplus: £57,617**



**Closing Balance: £74,702**



Our income was driven by community-led fundraising, including the Cycle Club charity ride (£101,000) and targeted campaigns for medical aid and clinics. These funds sustained monthly clinics across Bangladesh and delivered urgent medical support to Gaza.

## My Commitment

I feel honoured to serve as CFO and kindly request your duas to help me fulfil this role with effectiveness and impact. My passion for healthcare and promoting healthier lifestyles drives my support for IHDF's incredible work.

### As we look to the year ahead, our priorities include:

- ✓ Streamline financial processes and strengthen controls
- ✓ Provide regular insights for strategic decisions
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- ✓ Grow income and expand clinics in underserved areas—especially those that often go unnoticed. I believe this is possible if we all work together.
- ✓ Increase Zakat contributions to support livelihoods for those in dire need.

## A Personal Note

My late parents inspired my commitment to charity. I dedicate all my efforts to them and pray Allah rewards them and guides me to continue this work successfully.

Thank you to our donors, volunteers, and partners for your unwavering support. Together, we are building a sustainable foundation for global health development.



### Shaheen Zaman

*Chief Financial Officer*

*International Health Development Foundation*



# TRUSTEES REPORT

The Trustees of International Health Development Foundation present their Annual Report and Financial Statement for the period from 1st February 2024 to 31st January 2025.

The Trustees confirm that the Annual Report and Financial Statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 01 January 2015).





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## Governing Constitution

International Health Development Foundation is a charity registered with the Charity Commission for England and Wales. The charity was established by Constitution and registered with the Charity Commission for England and Wales on 26th November 2019, under registration number 1186601. It is governed by a constitution adopted on 24th November 2019. It was originally registered with the name BHDl (Bangladesh Health Development Initiative).

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The trustees and executive committee have assessed the risks the charity faces and the nature of those risks. The trustees review risks regularly and strengthen their perspective on these issues through meetings. The trustees and executive committee are satisfied that systems are in place, or arrangements are in hand to manage the risks that have been identified.

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## OUR OBJECTIVES

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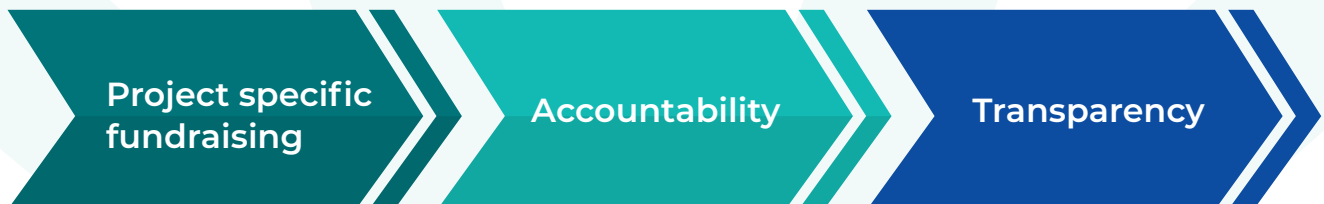


## OUR VISION

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## OUR VALUES





# ACHIEVEMENTS AND PERFORMANCE IN 2024

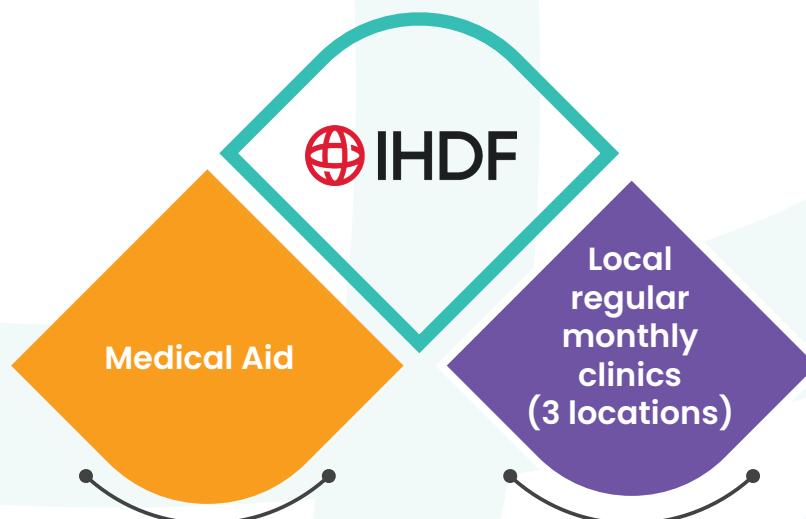
Over the past year, we raised a total of £158,126, enabling us to continue and expand our healthcare initiatives both locally and internationally.

- ✓ **Monthly Clinic Project:** Our regular clinic services remained active in three key locations across Bangladesh – Mohammedpur, Takurgaon, and Moulvi Bazar – providing essential medical care to vulnerable communities.
- ✓ **Cycle Club Fundraiser:** During Summer 2024, the Cycle Club raised an impressive £101,000 through a charity cycle ride from London to Bognor Regis. Of this, £40,000 was used to fund a team of surgeons who delivered life-saving operations in Gaza, facilitated through Islamic Help. Their efforts not only showcased the power of community-driven fundraising but also directly contributed to critical medical interventions for civilians affected by conflict.

## Summary of 2024



## Projects Delivered





# FREE LOCAL REGULAR MONTHLY CLINICS

Our commitment to accessible healthcare continues through our **monthly clinics** operating in **Moulvibazar (Sylhet), Mohammadpur (Dhaka), and Thakurgaon.**

- ✓ Each clinic serves between **200 to 250 patients every month**, offering **completely free consultations and medication.**
- ✓ Patients are assessed and treated by a dedicated team of **four medical professionals**, including specialists in:



General Medicine



Paediatrics



Gynaecology



Optometry



Elderly Medicine

These clinics provide a vital lifeline for communities with limited access to healthcare, ensuring continuity of care and early intervention for a wide range of health issues.





# PLANS FOR 2025

## Looking Ahead: Expanding Our Global Mission

With our recent rebranding to International Health Development Foundation, we are preparing to extend our healthcare projects beyond Bangladesh, reaching poor and underserved communities in other countries.

Our goal is to share the expertise and experience we've developed over the years in Bangladesh to benefit those in need globally. While our international work will operate under the new name, we will continue our local efforts in Bangladesh under the Bangladesh Health Development Initiative (BHDI) banner.

To make this transition a success, we rely on the continued support of our volunteers and donors. Your involvement is crucial – whether through time, resources, or advocacy – and we invite you to stand with us as we take this important step forward.





# STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required to prepare financial statements for each financial year in compliance with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and all other applicable law which give a true and fair view of the state of affairs of the charity and the incoming resources and application of resources, including the net income and expenditure for the year. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## In preparing those financial statements, the trustees are required to:

- ✓ Select suitable accounting policies and then apply them consistently;
- ✓ Make judgements and estimates that are reasonable and prudent;
- ✓ State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- ✓ Prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charity will continue to operate.

**The trustees confirm that the accounts comply with current statutory requirements.**

This report was approved by the trustees and signed on their behalf by:

**Name: Shaheen Zaman**

Position : Chief Financial Officer

Date: 15th October 2025

## Accountant Report to the Trustees of IHDF:

I report on the accounts of the charity for the Year Ended 31st January 2025 which are set out on the attached pages.

## Respective Responsibilities of Trustee and Examiner:

As the charities trustees you are responsible for the preparation of accounts. You consider the audit requirement of S144 (2) of the charities act 2011 does not apply, and that an independent examination is needed. It is my responsibility to examine the accounts under s145 of the 2011 Act to follow the procedures laid down in the general directions given by the Charity Commission under S145(5)(b) of the 2011 act and to state whether matters have come to my attention.

## Basis of Independent Examiners Report:

My examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking of explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in audit and consequently no option is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

## Independent examiners qualified statement:

In connection with my examination, no matter has come to my attention.

1. Which gives me reasonable cause to believe that, in any material respect, the requirements:

To keep accounts records in accordance with the CC S130 of the 2011 Act.

To prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 -Act.



**MOHAMMED CHOWDHURY FMAAT**

(Affiliated member of ACIE)

**Chadwell Accounting Services Limited**  
T/A Alam & Co  
Office 6  
65B London Road Green Lane Romford RM7 9QA

# IHDF

## Receipts and Payment Accounts:

For the year ended 31st January 2025

Receipts	Note	Unrestricted	Restricted	2025 Total	2024 Total
Donations	1	7,671		7,671	7,829
Medical Clinic					10,455
Medical Camps			40,802	40,802	12,752
Cataract					1,248
Monthly Clinics			5,000	5,000	
Medical Aid			101,440	101,440	
Flood Help					1,058
Gift Aid		3,213		3,213	3,058
<b>Total Receipts</b>		<b>10,884</b>	<b>147,242</b>	<b>158,126</b>	<b>37,165</b>
<b>Payments:</b>	1				
Charitable costs		18,791	72,417	91,208	65,438
Marketing & Fundraising Costs		7,768		7,768	3,478
Governance costs		1,533		1,533	1,999
<b>Total Payments</b>		<b>28,092</b>	<b>72,417</b>	<b>100,509</b>	<b>70,915</b>
<b>Total Surplus/Loss</b>		<b>(17,208)</b>	<b>74,826</b>	<b>57,617</b>	<b>(33,750)</b>
<b>Funds b/fwd YE 24</b>		<b>4,659</b>	<b>12,426</b>	<b>17,085</b>	<b>50,835</b>
<b>Funds c/fwd YE 25</b>		<b>(12,549)</b>	<b>87,252</b>	<b>74,702</b>	<b>17,085</b>

# IHDF

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## Note 1: Receipt & Payment Analysis

Project Name	Generating Income	Direct Charitable Expenses	Marketing & Fundraising Costs	Governance Costs	Surplus/Deficit
General Donations	7,671	18,791	1,533	7,768	(20,422)
Gift Aid	3,213				3,213
Medical Aid	101,440	40,000			61,440
Monthly Clinics	5,000	20,413			(15,412)
Medical Camps	40,802	12,004			28,798
<b>Total</b>	<b>158,126</b>	<b>91,208</b>	<b>1,533</b>	<b>7,768</b>	<b>57,617</b>

# IHDF

## Statement of Assets and Liabilities as at 31st January 2025

	2025	2024
<b>Tangible Assets</b>		
<b>Net Assets:</b>		
Bank and Cash in hand	74,702	17,085
<b>Total Assets</b>	<b>74,702</b>	<b>17,085</b>
<b>Liabilities:</b>		
<b>Creditors</b>		
Total assets less liabilities	74,702	17,085
<b>Capital and Reserve.</b>		
Unrestricted Funds	(12,549)	4,659
Restricted Funds	87,251	12,426
<b>Total Reserve</b>	<b>74,702</b>	<b>17,085</b>

Approved by the trustees:



**Name: Shaheen Zaman**

Position : Chief Financial Officer

Date: 15th October 2025



International Health  
Development Foundation



Thank You  
**Thank You**  
Thank You



International Health  
Development Foundation



**ANNUAL REPORT  
AND FINANCIAL STATEMENT  
2024-2025**



## LEGAL & ADMINISTRATIVE INFORMATION

### Charity Name:

International Health Development Foundation

### Charity Registration Number:

1186601

### Trustees:

Saima Chowdhury  
Dr Kowsar Hoque  
Dr Alim Uddin  
Shahadat Hussain

### Registered Office:

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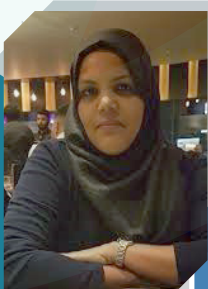
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**Saima Chowdhury**

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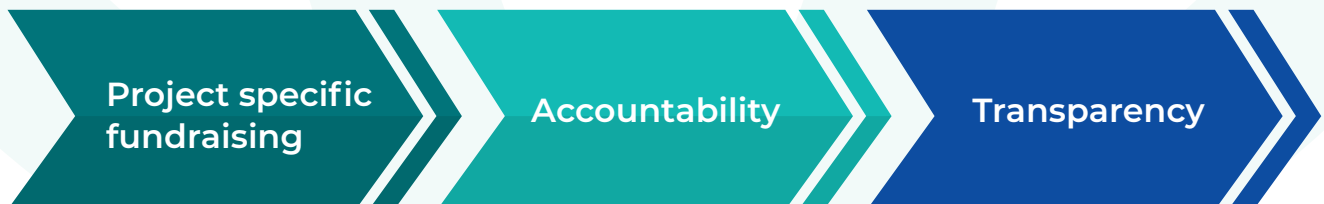


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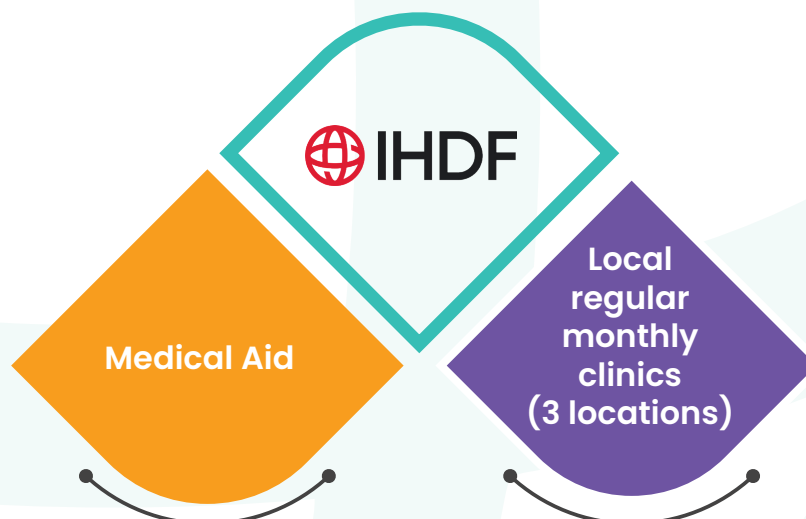
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## Summary of 2024



## Projects Delivered





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# PLANS FOR 2025

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To make this transition a success, we rely on the continued support of our volunteers and donors. Your involvement is crucial – whether through time, resources, or advocacy – and we invite you to stand with us as we take this important step forward.





# STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required to prepare financial statements for each financial year in compliance with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and all other applicable law which give a true and fair view of the state of affairs of the charity and the incoming resources and application of resources, including the net income and expenditure for the year. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## In preparing those financial statements, the trustees are required to:

- ✓ Select suitable accounting policies and then apply them consistently;
- ✓ Make judgements and estimates that are reasonable and prudent;
- ✓ State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- ✓ Prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charity will continue to operate.

**The trustees confirm that the accounts comply with current statutory requirements.**

This report was approved by the trustees and signed on their behalf by:

**Name: Shaheen Zaman**

Position : Chief Financial Officer

Date: 15th October 2025

## Accountant Report to the Trustees of IHDF:

I report on the accounts of the charity for the Year Ended 31st January 2025 which are set out on the attached pages.

## Respective Responsibilities of Trustee and Examiner:

As the charities trustees you are responsible for the preparation of accounts. You consider the audit requirement of S144 (2) of the charities act 2011 does not apply, and that an independent examination is needed. It is my responsibility to examine the accounts under s145 of the 2011 Act to follow the procedures laid down in the general directions given by the Charity Commission under S145(5)(b) of the 2011 act and to state whether matters have come to my attention.

## Basis of Independent Examiners Report:

My examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking of explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in audit and consequently no option is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

## Independent examiners qualified statement:

In connection with my examination, no matter has come to my attention.

1. Which gives me reasonable cause to believe that, in any material respect, the requirements:

To keep accounts records in accordance with the CC S130 of the 2011 Act.

To prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 -Act.



**MOHAMMED CHOWDHURY FMAAT**

(Affiliated member of ACIE)

**Chadwell Accounting Services Limited**  
T/A Alam & Co  
Office 6  
65B London Road Green Lane Romford RM7 9QA

# IHDF

## Receipts and Payment Accounts:

For the year ended 31st January 2025

Receipts	Note	Unrestricted	Restricted	2025 Total	2024 Total
Donations	1	7,671		7,671	7,829
Medical Clinic					10,455
Medical Camps			40,802	40,802	12,752
Cataract					1,248
Monthly Clinics			5,000	5,000	
Medical Aid			101,440	101,440	
Flood Help					1,058
Gift Aid		3,213		3,213	3,058
<b>Total Receipts</b>		<b>10,884</b>	<b>147,242</b>	<b>158,126</b>	<b>37,165</b>
<b>Payments:</b>	1				
Charitable costs		18,791	72,417	91,208	65,438
Marketing & Fundraising Costs		7,768		7,768	3,478
Governance costs		1,533		1,533	1,999
<b>Total Payments</b>		<b>28,092</b>	<b>72,417</b>	<b>100,509</b>	<b>70,915</b>
<b>Total Surplus/Loss</b>		<b>(17,208)</b>	<b>74,826</b>	<b>57,617</b>	<b>(33,750)</b>
<b>Funds b/fwd YE 24</b>		<b>4,659</b>	<b>12,426</b>	<b>17,085</b>	<b>50,835</b>
<b>Funds c/fwd YE 25</b>		<b>(12,549)</b>	<b>87,252</b>	<b>74,702</b>	<b>17,085</b>

**International Health Development Foundation**

England & Wales - Charity number 1186601

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# Accounts

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**International Health  
Development Foundation**



**Trustees' Annual Report and  
Financial Statement For The  
Year Ended 31st January 2024**

## Legal & Administrative Information

<b>Charity Name:</b>	International Health Development Foundation
<b>Charity Registration Number:</b>	1186601
<b>Trustees:</b>	Dr Kowsar Hoque Dr Alim Uddin Akhtar Uzzaman
<b>Registered Office:</b>	71-75 Shelton Street London WC2H 9JQ
<b>Bank:</b>	Lloyds Bank PLC 15 Blackheath Village London SE3 9LH
<b>Independent Examiner:</b>	Mohammed Chowdhury FMAAT (Affiliated member of ACIE) Chadwell Accounting Services Limited T/A Alam & Co Office 6 65B London Road Romford RM7 9QA info@alamandco.co.uk



## Message from The Chair of Trustees

The annual medical camps tour was the project that kick started International Health Development Foundation, formerly known as BHDl. After a pause of two years due to Covid, in the last year we have been able to take a team from the UK and deliver the annual medical camps all across Bangladesh. This was the biggest and most successful free medical camp tour so far with more camps held and more patients seen than ever before.

We have also been able to complete our cataract project. This has been an amazing project in which 1542 patients had life changing cataract surgery. We have continued our monthly clinics in Mohammadpur, Thakurgaon and Moulvibazar. These clinics help poor and needy people in those localities have regular access to free medical care.

The great work that we do is only possible through the generosity of our donors and the hard work of our team of volunteers. As ever we are eternally grateful to each and every one of our supporters, donors and volunteers. A special thank you also to the brothers from H&K Cycle Club whose fundraising has made the cataract project possible.

**Dr Kowsar Hoque**

**Chair, International Health Development Foundation**

## Trustees Report

The Trustees of International Health Development Foundation present their Annual Report and Financial Statement for the period from 1st February 2023 to 31st January 2024.

The Trustees confirm that the Annual Report and Financial Statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 01 January 2015).



# Structure, Governance and Management

## Governing Constitution

International Health Development Foundation is a charity registered with the Charity Commission for England and Wales. The charity was established by Constitution and registered with the Charity Commission for England and Wales on 26th November 2019, under registration number 1186601. It is governed by a constitution adopted on 24th November 2019. It was originally registered with the name BHDl (Bangladesh Health Development Initiative).

## Organisational Structure

The trustees are responsible for the governance of the charity and the day-to-day management is performed by the executive committee which consists of the trustees and volunteer executive management committee members. All trustees, executive committee team members and volunteers give their time voluntarily and receive no remuneration or other benefits. The executive committee meet regularly and are responsible for the decisions taken in relation to running the charity.

## Risk Management

The trustees and executive committee have assessed the risks the charity faces and the nature of those risks. The trustees review risks regularly and strengthen their perspective on these issues through meetings. The trustees and executive committee are satisfied that systems are in place, or arrangements are in hand to manage the risks that have been identified.

## Volunteers

Volunteers are involved and are a crucial part of all our charity projects and meet regularly in team meetings. When recruiting volunteers, we make the necessary checks to ensure the volunteers have the appropriate skills for the organisation and understand the charity objectives.

## Public Benefit

The trustees confirm that they have considered the general guideline issued by the Charity Commission in connection with Public Benefit in setting the objectives of the charity.

## Our Objectives

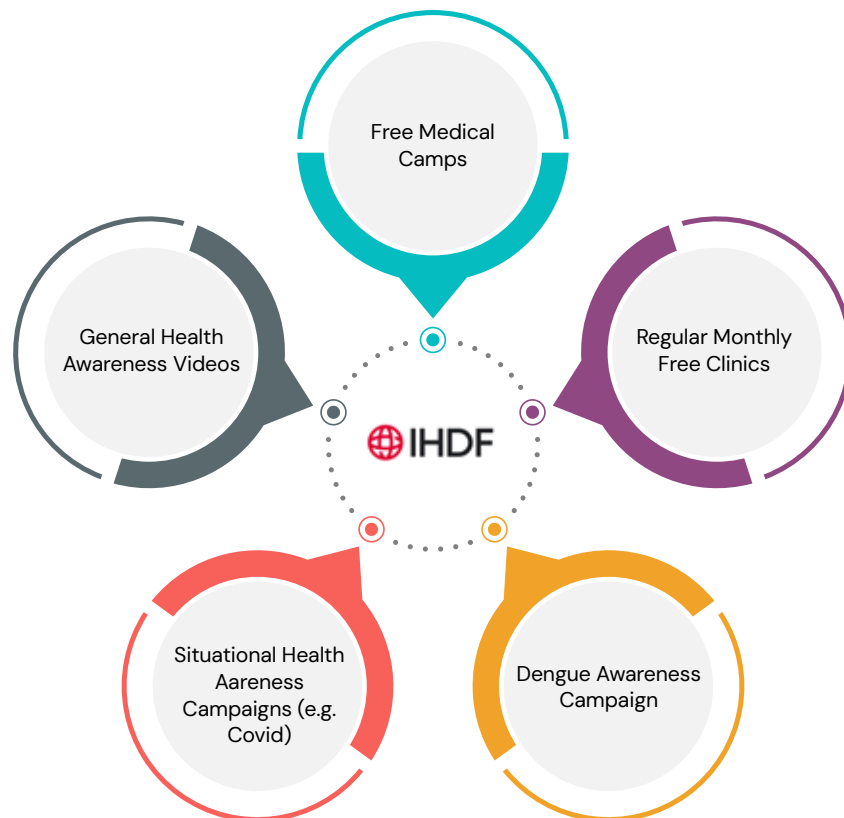
Our aims and objectives at International Health Development Foundation are simply the advancement of health of people internationally.

### Our Vision:

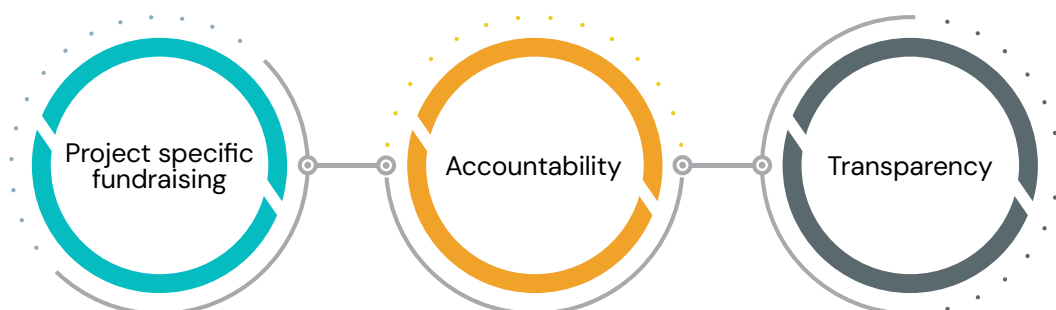
To improve the health of poor and needy people internationally through the provision of free medical care as well as prevention and health awareness campaigns.

### Our Mission:

Our mission consists of the following key areas:



### Our Values:



# Achievements and Performance in 2023

We raised a total of £37,165. Our monthly clinic project continued in the three different locations across Bangladesh. The medical camp tour returned in 2023 and we were able to deliver free medical camps in five different locations across Bangladesh. We were also able to complete the cataract project which provided free cataract surgery to 1542 patients.

## Summary of 2023



## Projects Delivered



## Free Local Regular Monthly Clinics

- ✔ Our monthly clinics in Moulvibazar (Sylhet), Mohammadpur (Dhaka) and Thakurgaon have continued to run.
- ✔ Every month 70–100 patients are seen in each clinic. All patients are seen free of charge and medication is also provided for free.
- ✔ Patients are assessed and treated each month by a team of 4 doctors and health professionals – this includes specialists in General Medicine, Gynaecology, Paediatrics, Optometry and Elderly Medicine.



## Emergency Medical Camps for Floods

- ✔ We spent £2000 in providing emergency medical camps in the areas worst affected by the floods in Chittagong.
- ✔ Food packs were also distributed in those areas



# Cataract Surgery

- ✔ H&K Cycle Club raised £63,675 for our cataract surgery project.
- ✔ With Gift Aid, the total raised was over £70,000.
- ✔ In total 1542 patients had life changing cataract surgery, together with pre-operative and post-operative care.



## Free Medical Camps (Annual Health Tour)

- ✔ Free medical camps in 5 locations across Bangladesh – Mohammadpur (Dhaka), Barishal, Bishwanath (Sylhet), Jagannathpur (Sylhet) and Moulvibazar (Sylhet).
- ✔ Over 1500 patients seen, including provision of free medication
- ✔ Over £4500 of zakat distributed to eligible patients who were in need of further medical investigation and treatment



## Plans for 2024

With our name change to International Health Development Foundation, we will be looking to deliver our projects outside of Bangladesh. Our hope is that the poor and needy in other countries can benefit from the expertise that we've built in delivering these projects in Bangladesh over the last few years. In Bangladesh we will still operate under the Bangladesh Health Development Initiative (BHDI) name.

In order to make the transition to an international charity successful, we will need the ongoing support of our volunteers and donors. Please come forward and support us in whatever way you can.



## Statement of Trustees' Responsibilities

The trustees are required to prepare financial statements for each financial year in compliance with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and all other applicable law which give a true and fair view of the state of affairs of the charity and the incoming resources and application of resources, including the net income and expenditure for the year. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**In preparing those financial statements, the trustees are required to:**

- ✓ select suitable accounting policies and then apply them consistently;
- ✓ make judgements and estimates that are reasonable and prudent;
- ✓ state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- ✓ prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charity will continue to operate.

**The trustees confirm that the accounts comply with current statutory requirements.**

**This report was approved by the trustees and signed on their behalf by:**



Name: Dr Alim Uddin

Position: Treasurer & Trustee

Date: 15th October 2024

## Accountant Report to the Trustees of IHDF:

I report on the accounts of the charity for the Year Ended 31st January 2024 which are set out on the attached pages.

## Respective Responsibilities of Trustee and Examiner:

As the charities trustees you are responsible for the preparation of accounts. You consider the audit requirement of S144 (2) of the charities act 2011 does not apply, and that an independent examination is needed. It is my responsibility to examine the accounts under s145 of the 2011 Act to follow the procedures laid down in the general directions given by the Charity Commission under S145(5)(b) of the 2011 act and to state whether matters have come to my attention.

## Basis of Independent Examiners Report:

- ▶ My examination was carried out in accordance with the General Directions given by the Charity Commissioners.
- ▶ An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking of explanations from you as trustees concerning any such matters.
- ▶ The procedures undertaken do not provide all the evidence that would be required in audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

## Independent examiners qualified statement:

In connection with my examination, no matter has come to my attention.

1. Which gives me reasonable cause to believe that, in any material respect, the requirements:

To keep accounts records in accordance with the CC S130 of the 2011 Act.

To prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 -Act.



**MOHAMMED CHOWDHURY FMAAT**

(Affiliated member of ACIE)  
Chadwell Accounting Services Limited  
T/A Alam & Co  
Office 6  
65B London Road Green Lane  
Romford  
RM7 9QA

## Receipts and Payment Accounts: Note 2

For the year ended 31st January 2024

Receipts	Note	Unrestricted	Restricted	2024 Total	2023 Total
Donations	1	7,829		7,829	6,877
Medical Clinic			10,455	10,455	17,756
Medical Camps			12,752	12,752	
Cataract			1,248	1,248	71,559
Flood Help			1,058	1,058	3,099
Gift Aid			3,823		3,823
<b>Total Receipts</b>		<b>11,652</b>	<b>25,513</b>	<b>37,165</b>	<b>102,624</b>
<b>Payments:</b>					
Charitable costs	1		65,438	65,438	62,553
Marketing & Fundraising Costs		3,478		3,478	2,828
Governance costs		1,999		1,999	600
<b>Total Payments</b>		<b>5,477</b>	<b>65,438</b>	<b>70,915</b>	<b>65,981</b>
<b>Total Surplus/Loss</b>		<b>6,175</b>	<b>(39,925)</b>	<b>(33,750)</b>	<b>36,643</b>
<b>Funds b/fwd YE 23</b>		<b>(1,516)</b>	<b>52,351</b>	<b>50,835</b>	<b>14,192</b>
<b>Funds c/fwd YE 24</b>		<b>4,659</b>	<b>12,426</b>	<b>17,085</b>	<b>50,835</b>

## Note 1: Receipt & Payment Analysis

Project Name	Generating Income	Direct Charitable Expenses	Marketing & Fundraising Costs	Governance Costs	Surplus/ Deficit
General Donations	7,829		3,478	1,999	2,352
Gift Aid	3,823				3,823
Cataract	1,248	29,650			(28,402)
Medical Clinic	10,455	20,414			(9,959)
Medical Camps	12,752	13,374			(622)
Flood Help	1,058	2,000			(942)
<b>Total</b>	<b>37,165</b>	<b>65,438</b>	<b>3,478</b>	<b>1,999</b>	<b>(33,750)</b>
<b>Funds b/fwd.</b>					<b>50,835</b>
<b>TRANSFERS</b>					<b>(33,750)</b>
<b>Funds c/fwd.</b>					<b>17,085</b>

## Statement of Assets and Liabilities as at 31st January 2024

	Note	2024	2023
<b>Tangible Assets</b>			
<b>Net Assets:</b>			
Bank and Cash in hand	1	17,085	50,835
<b>Total Assets</b>		<b>17,085</b>	<b>50,835</b>
<b>Liabilities:</b>			
Creditors		0	0
<b>Total assets less liabilities</b>		<b>17,085</b>	<b>50,835</b>
<b>Capital and Reserve.</b>			
Unrestricted Funds	2	4,659	(1,516)
Restricted Funds		12,426	52,351
<b>Total Reserve</b>		<b>17,085</b>	<b>50,835</b>

## Approved by the trustees:



Full Name: Dr Alim Uddin

Position: Treasurer &amp; Trustee

Date: 15th October 2024



International Health  
Development Foundation



**THANK YOU**

**International Health Development Foundation**

England & Wales - Charity number 1186601

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# Accounts

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# BHDI



# BANGLADESH HEALTH DEVELOPMENT INITIATIVE

Trustees' Annual Report and Financial Statement  
For The Year Ended 31st January 2023

# LEGAL & ADMINISTRATIVE INFORMATION

<b>CHARITY NAME:</b>	BHDI
<b>CHARITY REGISTRATION NUMBER:</b>	1186601
<b>TRUSTEES:</b>	DR KOWSAR HOQUE DR ALIM UDDIN AKHTAR UZZAMAN
<b>REGISTERED OFFICE:</b>	71-75 SHELTON STREET LONDON WC2H 9JQ
<b>BANK:</b>	120 LEWISHAM HIGH STREET LONDON SE13 6JG
<b>INDEPENDENT EXAMINER:</b>	MOHAMMED CHOWDHURY FMAAT (AFFILIATED MEMBER OF ACIE) CHADWELL ACCOUNTING SERVICES LIMITED T/A ALAM & CO OFFICE 6 65B LONDON ROAD ROMFORD RM7 9QA INFO@ALAMANDCO.CO.UK

# MESSAGE FROM THE CHAIR OF TRUSTEES



The last year has been hugely successful both in terms of the funds raised as well as the huge number of people that we have been able to benefit. Our monthly clinic project has been thriving and with the addition of a third location we have been able to benefit more people across Bangladesh. We have also been able to provide much needed medical help and assistance to those affected by the devastating floods in Sylhet.

I have also been really excited by our cataract project which has already changed the lives of so many people across Bangladesh. In total we plan to provide life changing cataract surgery to 1200 patients free of charge thanks to the great fundraising effort by H&K Cycle Club.

Our work is only possible through the hard work of our team of volunteers as well as the generosity of our donors. I would like to take this opportunity to thank each and every one of you and would humbly request that you continue to support us.

A handwritten signature in black ink, which appears to read "Dr. K. Hoque". The signature is fluid and cursive.

*Dr Kawsar Hoque*  
Chair, BHDl

# MANAGING DIRECTOR'S MESSAGE



As another year passed and we were getting used to limited or restricted travel with Covid restriction in some places, we took another tough decision not to risk both volunteer and patient health by holding our medical camps. Whilst travel bans were being lifted in some countries, we wanted to ensure we put safety first!

This decision however meant we were able to focus our efforts in providing local assistance, so

throughout the year we continued to run our medical clinics with safety precautions, but also provided direct assistance to a number of villages due to the floods. We provided emergency food and health clinics (including water purifying/treatment tablets), free medication and advice.

This was also one of our most successfully fundraising years, with donations from corporate organisations and H & K Cycle Club, all of whom we would like to thank for their generous support and trust. Using the fund raised by the cycle club, we began our promise to deliver 1200 free cataract operations across Bangladesh.

Finally, with the zakat funds collected, we provided support to a number of individuals and families with shelter, livelihood projects and assistance with health treatments (providing funds direct to them so they can use as needed).

Our support base has also grown and we ask that you continue to spread the word of our work, it is only through your support we can directly reach those in need.

*Shahadat Hussain*

BHDI Managing Director

# MESSAGE FROM THE TREASURER



This has been our most successful year by far in terms of fundraising. We have raised over £100,000 which is a great milestone for our young but flourishing charity. This year has been a sharp contrast to the last couple of years which were in the midst of the Covid pandemic which limited our fundraising as well as the projects that we could safely deliver.

Our monthly clinic project grew from strength to strength and we successfully added a third location, Thakurgaon. Devastating floods also affected large parts of the Sylhet region of Bangladesh. We successfully raised funds that enabled us to provide much needed emergency medical relief in the form of medical camps in the areas worst affected by the floods.

Cataract surgery is a very simple and cost-effective intervention which can totally transform someone's life. With this in mind we embarked on a project to provide cataract surgery to the poor and needy. H&K Cycle Club's monumental fundraising efforts resulted in them raising in excess of £70,000 for this project. This will enable us to carrying out cataract surgery on 1200 patients in total and hundreds of patients all over Bangladesh have already had cataract surgery as a result of this project. We had a significant underspent this year which was a result of us being midway through the cataract project. During the next few months, we plan to spend all the remaining funds raised for the cataract project by delivering further cataract surgeries across Bangladesh.

We hope and expect to build on the fundraising success of this year in the coming years and grow from strength to strength. None of this would be possible without the hard work of the BHDl executive team and volunteers as well as the support of the donors and well-wishers. With your continued support anything is possible.

A handwritten signature in black ink, appearing to read 'Alim Uddin'.

**Dr Alim Uddin**  
BHDl Treasurer

# TRUSTEES REPORT

The Trustees of BHDl present their Annual Report and Financial Statement for the period from 1st February 2022 to 31st January 2023.

The Trustees confirm that the Annual Report and Financial Statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 01 January 2015).



# STRUCTURE, GOVERNANCE AND MANAGEMENT

## 1. GOVERNING CONSTITUTION

BHDI is a charity registered with the Charity Commission for England and Wales. The charity was established by Constitution and registered with the Charity Commission for England and Wales on 26th November 2019, under registration number 1186601. It is governed by a constitution adopted on 24th November 2019.

## 2. ORGANISATIONAL STRUCTURE

The trustees are responsible for the governance of the charity and the day-to-day management is performed by the executive committee which consists of the trustees and volunteer executive management committee members. All trustees, executive committee team members and volunteers give their time voluntarily and receive no remuneration or other benefits. The executive committee meet regularly and are responsible for the decisions taken in relation to running the charity.

## 3. RISK MANAGEMENT

The trustees and executive committee have assessed the risks the charity faces and the nature of those risks. The trustees review risks regularly and strengthen their perspective on these issues through meetings. The trustees and executive committee are satisfied that systems are in place, or arrangements are in hand to manage the risks that have been identified.

## 4. VOLUNTEERS

Volunteers are involved and are a crucial part of all our charity projects and meet regularly in team meetings. When recruiting volunteers, we make the necessary checks to ensure the volunteers have the appropriate skills for the organisation and understand the charity objectives.

## 5. PUBLIC BENEFIT

The trustees confirm that they have considered the general guideline issued by the Charity Commission in connection with Public Benefit in setting the objectives of the charity.

# OUR OBJECTIVES

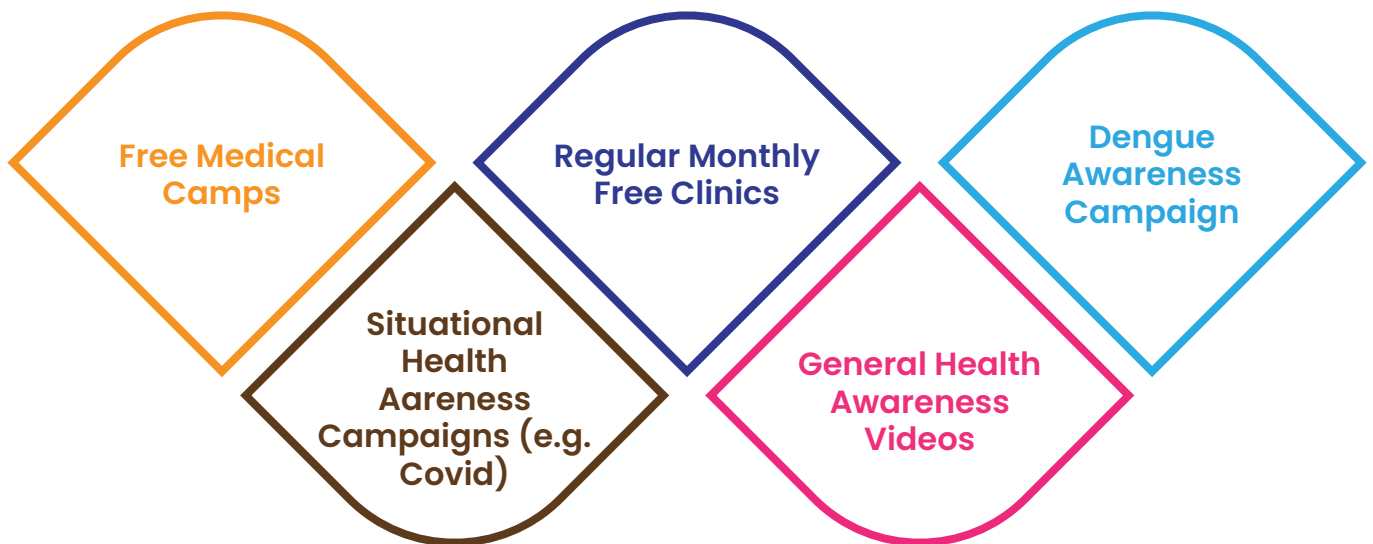
OUR AIMS AND OBJECTIVES AT BHDİ ARE SIMPLY THE ADVANCEMENT OF HEALTH OF THE PEOPLE OF BANGLADESH.

## OUR VISION

To improve the health of the poor and needy in Bangladesh through the provision of free medical care as well as prevention and health awareness campaigns.

## OUR MISSION

Our mission consists of the following key areas:



## OUR VALUES



# ACHIEVEMENTS AND PERFORMANCE IN 2022

This was a very successful year with over £100,000 raised. Our monthly clinic project expanded to include a third location, Thakurgoan. We were also able to respond to the devastating floods by providing emergency medical camps in the worst affected areas. The delivery of the cataract surgery project to carry out 1000+ cataract surgeries was also started.

## SUMMARY OF 2022



**3**

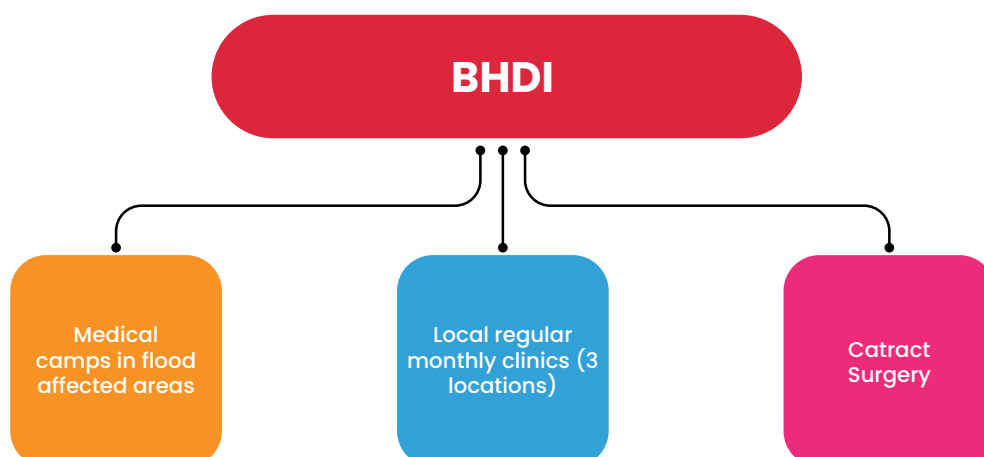
PROJECTS DELIVERED



**£102,624**

TOTAL RAISED

## PROJECTS DELIVERED



# FREE LOCAL REGULAR MONTHLY CLINICS

- Our monthly clinics in Moulvibazar (Sylhet) and Mohammadpur (Dhaka) have continued to run.
- We launched our third clinic in Thankurgoan in October 2022.
- Every month 70-100 patients are seen in each clinic. All patients are seen free of charge and medication is also provided for free.
- Patients are assessed and treated each month by a team of 4 doctors and health professionals – this includes specialists in General Medicine, Gynaecology, Paediatrics, Optometry and Elderly Medicine.



# EMERGENCY MEDICAL CAMPS FOR FLOODS

- £3,099 was raised to provide emergency medical camps in the areas worst affected by the floods in Sylhet
- Medicals camps were delivered in 10 locations across Sylhet, including Badaghat, Jaintapur, Jalalabad and Shiber Bazar.



# CATARACT SURGERY

- H&K Cycle Club raised £63,675 for our cataract surgery project.
- With Gift Aid, the total raised was over £70,000.
- Over 600 cataract surgeries were performed all over Bangladesh during 2022.
- The plan is to carry out 1200 cataract surgeries in total.



# PLANS FOR 2023

With the Covid pandemic being over, we can concentrate on growing and expanding our projects in 2023. With the monthly clinic project, our aim is to reach all corners of Bangladesh. With this in mind, we hope to be able to expand to include more locations for our monthly clinic.

BHDI has been in existence for a few years now. There have been discussions in the executive committee about whether it is the right time to expand our operations and go beyond the borders of Bangladesh. The general feeling among the team is that now would be the right time to take our successful projects beyond Bangladesh so that we can bring benefit to those in need internationally. Look out for announcements over the next few months.



# STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required to prepare financial statements for each financial year in compliance with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and all other applicable law which give a true and fair view of the state of affairs of the charity and the incoming resources and application of resources, including the net income and expenditure for the year. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## **In preparing those financial statements, the trustees are required to:**

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charity will continue to operate.

The trustees confirm that the accounts comply with current statutory requirements.

This report was approved by the trustees and signed on their behalf by:



**Dr Alim Uddin**

Treasurer & Trustee

Date: 10.09.2023

## **INDEPENDENT EXAMINERS REPORT TO THE TRUSTEE OF BHDI:**

I report on the accounts of the charity for the Year Ended 31st January 2023 which are set out on the attached pages.

## **RESPECTIVE RESPONSIBILITIES OF TRUSTEE AND EXAMINER:**

As the charities trustees you are responsible for the preparation of accounts. You consider the audit requirement of S144 (2) of the charities act 2011 does not apply, and that an independent examination is needed. It is my responsibility to examine the accounts under s145 of the 2011 Act to follow the procedures laid down in the general directions given by the Charity Commission under S145(5)(b) of the 2011 act and to state whether particular matters have come to my attention.

## **BASIS OF INDEPENDENT EXAMINERS REPORT:**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking of explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

## **INDEPENDENT EXAMINERS QUALIFIED STATEMENT:**

In connection with my examination, no matter has come to my attention.

1. Which gives me reasonable cause to believe that, in any material respect, the requirements:

To keep accounts records in accordance with the CC S130 of the 2011 Act.

To prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 -Act.

## **MOHAMMED CHOWDHURY FMAAT**

(Affiliated member of ACIE)

Chadwell Accounting Services Limited

T/A Alam & Co, Office 6, 65B London Road Green Lane, Romford, RM7 9QA

# RECEIPTS AND PAYMENT ACCOUNTS: NOTES 1 & 2

## FOR THE YEAR ENDED 31<sup>ST</sup> JANUARY 2023

Receipts	Note	Unrestricted	Restricted	2023	2022
	<b>1</b>			<b>Total</b>	<b>Total</b>
Donations		6,877		6,877	3,909
Medical Clinic			17,756	17,756	19,422
Cataract			71,559	71,559	
Flood Help			3,099	3,099	
Gift Aid		3,333		3,333	1,661
<b>Total Receipts</b>		<b>10,210</b>	<b>92,414</b>	<b>102,624</b>	<b>24,992</b>
<b>Payments:</b>	<b>2</b>				
Charitable costs		4,062	58,491	62,553	18,202
Marketing & Fundraising Costs		2,828		2,828	
Governance costs		600		600	600
<b>Total Payments</b>		<b>7,490</b>	<b>58,491</b>	<b>65,981</b>	<b>18,802</b>
<b>Total Surplus/Loss</b>		<b>2,720</b>	<b>33,923</b>	<b>36,643</b>	<b>6,190</b>
<b>Funds b/fwd YE 22</b>		<b>(4,236)</b>	<b>18,428</b>	<b>14,192</b>	<b>8,002</b>
<b>Funds c/fwd YE 23</b>		<b>(1,516)</b>	<b>52,351</b>	<b>50,835</b>	<b>14,192</b>

# NOTES 1 & 2: RECEIPT & PAYMENT ANALYSIS

Project Name	Generating Income	Direct Charitable Expenses	Marketing & Fundraising Costs	Governance Costs	Surplus/ Deficit
General Donations	6,877		2,828	600	3,449
Gift Aid	3,333				3,333
Cataract	71,559	39,456			32,103
Medical Clinic	17,756	19,035			(1,279)
Flood Help	3,099	4,062			(963)
<b>Total</b>	<b>102,624</b>	<b>62,553</b>	<b>2,828</b>	<b>600</b>	<b>36,643</b>
<b>Funds b/fwd</b>					<b>14,192</b>
<b>TRANSFERS</b>					<b>Nil</b>
<b>Funds c/fwd</b>					<b>50,835</b>

## STATEMENT OF ASSETS AND LIABILITIES AS AT 31ST JANUARY 2023

	Note	2023	2022
<b>Tangible Assets</b>			
Net Assets:			
Bank and Cash in hand	1	50,835	14,192
<b>Total Assets</b>		<b>50,835</b>	<b>14,192</b>
Liabilities:			
Creditors		0	0
<b>Total assets less liabilities</b>		<b>50,835</b>	<b>14,192</b>
<b>Capital and Reserve;</b>			
Unrestricted Funds	2	(1,516 )	(4,236)
Restricted Funds		52,351	18,428
<b>Total Reserve</b>		<b>50,835</b>	<b>14,192</b>

**Approved by the trustees:**



*Dr Alim Uddin*

Treasurer & Trustee

10 September, 2023

**International Health Development Foundation**

England & Wales - Charity number 1186601

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# Accounts

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# BHDI



## **BANGLADESH HEALTH DEVELOPMENT INITIATIVE**

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Trustees' Annual Report and  
Financial Statement For The  
Year Ended 31st January 2021

Annual Report  
**2021**

# Message From The Chair of Trustees

This has been a year like no other. A year in which the Covid pandemic has taken away so many lives and overwhelmed many health services all over the world. Many aspects of our lives have been so different since the start of the pandemic. One thing that didn't change is the generosity of our donors, supporters and volunteers and as a result of this we at BHDl have been able to continue our good work in improving the health of the poor and needy in Bangladesh. The year started with our flagship Health Tour in which we provided free medical camps in several locations. As the Covid pandemic took hold we were able to provide help and assistance to affected families in Bangladesh as well as the UK. The floods in Bangladesh were the worst for many years and we were able to provide some help to those that were affected. This was also the second year of our dengue awareness campaign and as a result of the Covid pandemic this was done mainly through a social media campaign and the commissioning of an animated video.

The achievements of the last year have been many and none of it would have been possible without the hard work of all those involved with BHDl. I would like to take this opportunity to extend my gratitude and appreciation to all our donors, volunteers and well wishers for their continued support and hard work.

BHDl continues to make a difference in helping to improve access to healthcare for the most needy communities in Bangladesh. Over the next year we have exciting plans for projects that will provide longer term health benefits to these communities.



Dr Kowsar Hoque  
Chair, BHDl

# Legal & Administrative Information

<b>Charity Name:</b>	BHDI
<b>Charity Registration Number:</b>	1186601
<b>Trustees:</b>	Dr Kowsar Hoque , Dr Alim Uddin, Akhtar Uzzaman
<b>Registered Office:</b>	126 Tower Hamlets Road London E7 9DB
<b>Bank:</b>	Lloyds Bank PLC 15 Blackheath Village London SE3 9LH
<b>Independent Examiner:</b>	Mohammed Chowdhury FMAAT (Affiliated member of ACIE) Chadwell Accounting Services Limited T/A Alam & Co Office 6 65B London Road Romford RM7 9QA info@alamandco.co.uk



## Trustees Report

The Trustees of BHDl present their first Annual Report and Financial Statement for the period from 1st February 2020 to 31st January 2021.

The Trustees confirm that the Annual Report and Financial Statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 01 January 2015).

# Structure, Governance and Management

## Governing Constitution

BHDI is a charity registered with the Charity Commission for England and Wales. The charity was established by Constitution and registered with the Charity Commission for England and Wales on 26th November 2019, under registration number 1186601. It is governed by a constitution adopted on 24th November 2019.

## Organisational Structure

The trustees are responsible for the governance of the charity and the day-to-day management is performed by the executive committee which consists of the trustees and volunteer executive management committee members. All trustees, executive committee team members and volunteers give their time voluntarily and receive no remuneration or other benefits. The executive committee meet regularly and are responsible for the decisions taken in relation to running the charity.

## Risk Management

The trustees and executive committee have assessed the risks the charity faces and the nature of those risks. The trustees review risks regularly and strengthen their perspective on these issues through meetings. The trustees and executive committee are satisfied that systems are in place, or arrangements are in hand to manage the risks that have been identified.

## Volunteers

Volunteers are involved and are a crucial part of all our charity projects and meet regularly in team meetings. When recruiting volunteers, we make the necessary checks to ensure the volunteers have the appropriate skills for the organisation and understand the charity objectives.

## Public Benefit

The trustees confirm that they have considered the general guideline issued by the Charity Commission in connection with Public Benefit in setting the objectives of the charity.

## Our Objectives

Our aims and objectives at BHDl are simply the advancement of health of the people of Bangladesh.

## Our Vision

To improve the health of the poor and needy in Bangladesh through the provision of free medical care as well as prevention and health awareness campaigns.

## Our Mission

Our mission consists of the following key areas:



## Our Values

- Project specific fundraising
- Accountability
- Transparency

# Achievements and Performance in 2020

2020 has been a hugely successful year for BHDl and we have been able to carry out some amazing work.



## Projects Delivered





## Free Medical Camps (Annual Health Tour)

- »——» Free medical camps in 4 locations in Sylhet (Beanibazar, Zakiganj, Habiganj & Bishwanath)
- »——» Over 1300 patients seen, including provision of free medication
- »——» Over £4000 of zakat distributed to 49 patients who were in need of further medical investigation and treatment
- »——» 3 day basic life support trainer training provided to 20 students
- »——» International Medical Career and Healthcare Conference held which was attended by 300 delegates

# Free Medical Camps

**BHDH**  
**BANGLADESH HEALTH TOUR 2020**

**TOUR INCLUDES**

- Free Medical Camps
- First Aid Train the Trainer Course
- Bangladesh Healthcare Conference

**MAKE A DONATION**

Get Involved  
#bhdh2020  
www.bhdh.org

**JANUARY 2020 TOUR**

- 13<sup>th</sup> Jan Health Camp - Ayub Khan Hospital
- 14<sup>th</sup> Jan Health Camp - Lilla Health Center
- 15<sup>th</sup> Jan Health Camp - Jahan Choudhury College
- 16<sup>th</sup> Jan Health Camp - Prabhakar College
- 17<sup>th</sup> Jan Health Camp - Dhaka Health Center



**INTERNATIONAL CONFERENCE ON MEDICAL CAREER & HEALTHCARE NEEDS**  
For Medical Students & Doctors

**Topics**

- 1. Working Doctor-Patient Communication
- 2. The Future for Healthcare in Bangladesh
- 3. Impact of Global Health Issues on HR
- 4. Work Culture and Organizational Structure and Strategies for Prevention and Treatment
- 5. GP Development inside from Bangladesh to London
- 6. Role of NGOs in Development of HR
- 7. Bangladesh Health Needs: Where We Hoistly

**Registration**  
01730 495 115, 01730 495 116

**BHDH** | **Axis Medical School**





## Covid Support

BHDI distributed food packages for vulnerable individuals and families in the UK during the first national lockdown.

We also distributed food packages for needy families in Bangladesh.

BHDI distributed PPE to doctors in Bangladesh at a time when there was a shortage in national hospitals - £1700 was spent towards this




# COVID-19

## Supporting Elderly & Vulnerable

**FOOD PACK DROP OFF LOCATION**  
77 Brick Lane, London E1 6QL  
Call: 0203 137 3105

**#SupportElderlyLocally**  
[LaunchGood.com/SupportElderly](http://LaunchGood.com/SupportElderly)

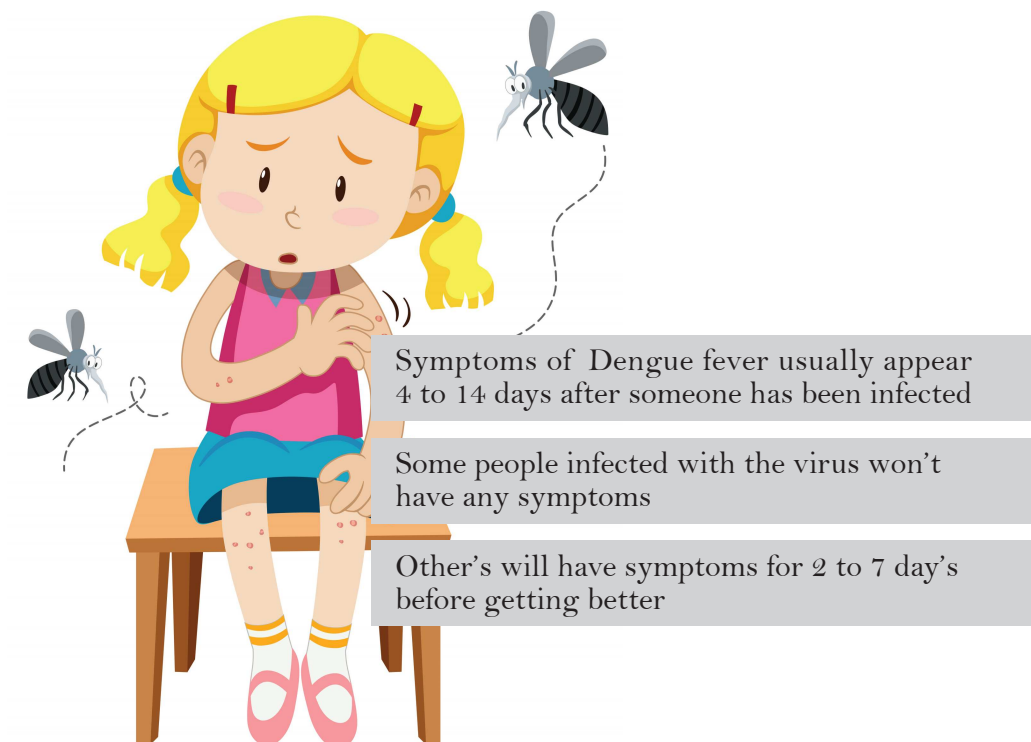
**BHDI**   **The Famous CURRY BAZAAR**   **cap**



# Dengue Awareness

- » We produced a dengue awareness video in cartoon format which we shared widely on social media: <https://www.youtube.com/watch?v=Opys9Wu0eo8>
- » Due to the Covid pandemic it was not possible to hold covid awareness events like the previous year.

## Dengue Awareness Video



# Dengue Awareness

World Health Organization estimate **390 million** dengue infections per year



BHDI

A pregnant woman already infected with dengue can pass the virus to her fetus during pregnancy or around the time of birth



BHDI

Symptoms can include

- aches
- eye pain
- joint pain
- bone pain



BHDI

Take paracetamol to control fever and relieve pain



BHDI

Use a mosquito net when sleeping



BHDI

Mosquitoes breed in water such as:

- water containers/buckets
- flower pots
- discarded cups and bottles



BHDI

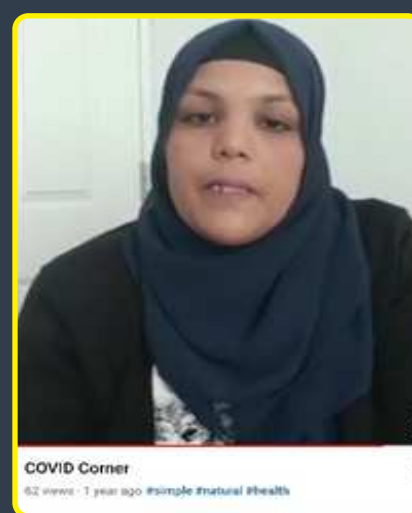
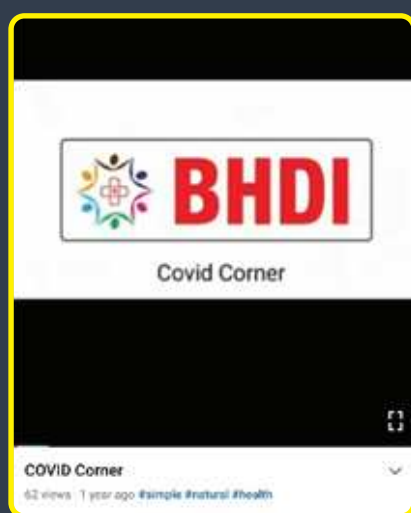
# Flood Victim Support

» £2000 was spent to provide aid to those families most severely affected by the devastating floods in Bangladesh



## Health Awareness Videos

- » There was no cost associated with this project as the videos were made by our team of health professionals and edited in house by a member of the team
- » Covid Corner – a series of videos about Covid
- » Ramadan Health Advice – a series of videos on health during Ramadan



## Plans for 2021

Whilst 2020 has been a very successful year, we always strive to improve and our aim is to make 2021 an even better year. One of our aims going forward is to streamline our projects so that we concentrate on fewer projects to ensure that we deliver them to the highest standards. Our annual health camps have been hugely successful but it does not address the ongoing health needs of the communities in Bangladesh. As such one of our main aims for 2021 will be to establish regular ongoing monthly clinics so that we can provide medical care to needy communities throughout the year.

The entire team at BHDH look forward to 2021 to continue our mission to improve the health of the poor and needy in Bangladesh.

## Statement of Trustees' Responsibilities

The trustees are required to prepare financial statements for each financial year in compliance with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and all other applicable law which give a true and fair view of the state of affairs of the charity and the incoming resources and application of resources, including the net income and expenditure for the year. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**In preparing those financial statements, the trustees are required to:**

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charity will continue to operate.

The trustees confirm that the accounts comply with current statutory requirements.

This report was approved by the trustees and signed on their behalf by:



Name: Dr Alim Uddin  
Position: Treasurer & Trustee  
Date: 26/8/2021

## Independent Examiners Report to the Trustees of BHDl:

I report on the accounts of the charity for the Period Ended 31st January 2021 which are set out on the attached pages.

### **Respective Responsibilities of Trustee and Examiner:**

As the charities trustees you are responsible for the preparation of accounts. You consider the audit requirement of S144 (2) of the charities act 2011 does not apply, and that an independent examination is needed. It is my responsibility to examine the accounts under s145 of the 2011 Act to follow the procedures laid down in the general directions given by the Charity Commission under S145(5)(b) of the 2011 act and to state whether particular matters have come to my attention.

### **Basis of Independent Examiners Report:**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking of explanations from you as trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in audit and consequently no option is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

### **Independent examiners qualified statement:**

In connection with my examination, no matter has come to my attention.

1. Which gives me reasonable cause to believe that, in any material respect, the requirements:

To keep accounts records in accordance with the CC S130 of the 2011 Act. To prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 -Act.

### **MOHAMMED CHOWDHURY FMAAT**

(Affiliated member of ACIE)

Chadwell Accounting Services Limited

T/A Alam & Co Office 6

65B London Road Green Lane

Romford RM7 9QA

## Receipts and Payment Accounts:

### BHDl

For the year ended 31st January 2021

Receipts	Note	Unrestricted	Restricted	Total
Donations	1		25,168	25,168
Just Giving			16,642	16,642
Gift Aid		2,707		2,707
Charitable Income		2,707	41,810	44,517
Payments:	2			
Charitable costs		4,001	39,072	43,073
Governance costs		600		600
Total Payments		4,601	39,072	43,673
Total Surplus/Loss		(1,894)	2,738	844
Funds b/fwd		7,158		7,159
Funds c/fwd		5,264	2,738	8,002

## Note 1: Charitable Income Analysis

Project Name	Medical Camps & Tours	Free Medical Clinics	Covid Campaign	Dengue Fever Campaign	General Funds	Total
Just Giving	1,453	15,189				16,642
Gift Aid					2,707	2,707
Donations	1,600	*18,606	4,962			25,168
<b>Total</b>	<b>3,053</b>	<b>18,606</b>	<b>20,151</b>	<b>0</b>	<b>2,707</b>	<b>44,517</b>
Marketing & promotions					1,524	1,524
Fundraising costs					288	288
Project costs	9,186	**12,404	18,082		1,589	41,261
Governance costs					600	600
<b>Total Payments</b>	<b>9,186</b>	<b>12,404</b>	<b>18,082</b>		<b>4,001</b>	<b>43,673</b>
Surplus/Loss	(6,134)	6,202	2,069		(1,294)	843
Funds b/fwd	1,2451			(2,140)	(3,152)	7,159
Funds c/fwd	6,317	6,202	2,069	(2,140)	(4,446)	8,002

\*Joint fundraising initiative in collaboration with Beehive Trust and Abdullah Quilliam Mosque

\*\*Beehive Trust and Abdullah Quilliam Mosque share of funds

## Statement of assets and liabilities at the period ended 31st January 2021

NOTE	2021
Tangible Assets	
Net Assets:	
Bank and Cash in hand	8,902
Total Assets	8,902
Liabilities:	
Creditors	900
Total assets less liabilities	8,002
Capital and Reserve;	
Unrestricted Funds	(6,586)
Restricted Funds	14,588
Total Reserve	8,002

Approved by the trustees:



Full Name: Dr Alim Uddin  
Position: Treasurer  
Date: 26/8/2021

ANNUAL REPORT

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**2021**