

Charity registration number 1186580 (England and Wales)

STABLE LIVES
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

STABLE LIVES

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Gavin Kibble MBE Christopher Lawson Dr John Wray	(Appointed 18 April 2024)
Charity number	1186580	
Principal address	21 Bradshaw Lane Parbold Wigan WN8 7NQ	
Independent examiner	McGlone Wardzynski Limited First Floor Eagle House 14 Queens Road Coventry CV1 3EG	
Bankers	Virgin Money Jubilee House Gosforth Newcastle Upon Tyne NE3 4PL	

STABLE LIVES

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STABLE LIVES

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Objectives and activities

The charity's objects are to assist in the treatment and care of persons suffering from mental trauma (such as anxiety and depression) or in need of rehabilitation as a result of such illness, by the provision of facilities for work and recreation.. To advance the education of the general public in all areas relating to mental trauma.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Stable Lives provides respite days and structured courses for adults and children experiencing the effects of mental trauma.

Across all our programmes, we use equine-assisted and land-based activities to help participants develop practical recovery strategies and envision a future less constrained by mental ill health. Our outreach work continues to grow, engaging with military and blue-light communities, schools, social services, and other support partners.

We are deeply grateful for the grant funding received during the year, which enabled us to respond effectively to emerging needs within our community. This support ensured that we could offer timely, appropriate intervention to those most in need. Throughout the financial year, Stable Lives has continued to expand and strengthen its services, with a particular focus on enhancing provision for vulnerable young people and delivering long-term educational support.

A significant development this year was the recruitment of a dedicated Youth Leader. This role is already proving invaluable and will allow us to further grow our youth services, which remain an essential lifeline for many young people in our community.

Demand for adult courses increased substantially, and we expanded our volunteer team to ensure we could offer safe and effective support. One-to-one children's courses also grew during term time, and in 2026 we aim to further develop group-based provision for schools and colleges.

Funding from The Rose Patterson Trust enabled a significant expansion of our adult programmes, with a strong emphasis on suicide prevention. This remains a key priority as we plan for the future.

Looking ahead, our focus will be on securing additional grant funding to meet rising adult and child referrals, obtaining capital investment to develop and improve facilities on site, and advancing our hybrid and online course offerings.

STABLE LIVES

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Financial review

This year's income has been satisfactory and has allowed us to maintain sufficient reserves to meet foreseeable commitments for the next 12 months.

Risk Statement

The trustees have reviewed the risks to which a small charity is exposed. Appropriate procedures are in place to identify, monitor and review these risks on a regular basis. The insurance policy is reviewed annually.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Structure, governance and management

The charity is a charitable incorporated organisation.

The trustees who served during the year and up to the date of signature of the financial statements were:

Gavin Kibble MBE

Craig Hooper

Christopher Lawson

Dr John Wray

(Resigned 1 April 2024)

(Appointed 18 April 2024)

Governance

The policy and operating decisions of the charity rest with the trustees who meet annually to monitor the activities of the Charity. Day to day decisions are delegated to Carrie Byrom and where appropriate guidance and sign off are taken from trustees.

The Trustees responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees elected prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the trustees' are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Charities Act 2011. The trustees are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

STABLE LIVES

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees' report was approved by the Board of Trustees.

Gavin Kibble

[Gavin Kibble \(Dec 18, 2025 12:14:59 GMT\)](#)

Gavin Kibble MBE

Trustee

18 December 2025

STABLE LIVES

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2025

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

STABLE LIVES

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF STABLE LIVES

I report to the trustees on my examination of the financial statements of Stable Lives (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



James Rose FMAAT

First Floor
Eagle House
14 Queens Road
Coventry
CV1 3EG

Dated: 18 December 2025

STABLE LIVES

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:							
Donations, grants and other income	3	75,145	131,744	206,889	41,250	71,198	112,448
Other activities	4	-	-	-	15,347	-	15,347
Investments	5	77	-	77	-	-	-
Total income		<u>75,222</u>	<u>131,744</u>	<u>206,966</u>	<u>56,597</u>	<u>71,198</u>	<u>127,795</u>
Expenditure on:							
Charitable activities	6	65,661	128,362	194,023	47,804	80,850	128,654
Net incoming/(outgoing) resources before transfers		<u>9,561</u>	<u>3,382</u>	<u>12,943</u>	<u>8,793</u>	<u>(9,652)</u>	<u>(859)</u>
Gross transfers between funds		<u>3,769</u>	<u>(3,769)</u>	<u>-</u>	<u>634</u>	<u>(634)</u>	<u>-</u>
Net income/(expenditure) for the year/ Net movement in funds		<u>13,330</u>	<u>(387)</u>	<u>12,943</u>	<u>9,427</u>	<u>(10,286)</u>	<u>(859)</u>
Fund balances at 1 April 2024		<u>38,695</u>	<u>8,110</u>	<u>46,805</u>	<u>29,268</u>	<u>18,396</u>	<u>47,664</u>
Fund balances at 31 March 2025		<u><u>52,025</u></u>	<u><u>7,723</u></u>	<u><u>59,748</u></u>	<u><u>38,695</u></u>	<u><u>8,110</u></u>	<u><u>46,805</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

STABLE LIVES

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	12		8,054		11,226
Current assets					
Debtors	13	9,522		400	
Cash at bank and in hand		47,404		40,349	
		56,926		40,749	
Creditors: amounts falling due within one year	14	(5,232)		(5,170)	
Net current assets			51,694		35,579
Total assets less current liabilities			59,748		46,805
The funds of the charity					
Restricted income funds	16		7,723		8,110
Unrestricted funds	17		52,025		38,695
			59,748		46,805

The financial statements were approved by the trustees on 18 December 2025

Gavin Kibble
Gavin Kibble (Dec 18, 2025 12:14:59 GMT)

Gavin Kibble MBE
Trustee

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Stable Lives is Charitable Incorporated Organisation.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	15% straight line method
Computers	33% straight line method

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

3 Donations, grants and other income

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2025	2025	2025	2024	2024	2024
	£	£	£	£	£	£
Donations and gifts	25,704	-	25,704	8,780	-	8,780
Course Fees	48,039	-	48,039	16,120	-	16,120
Grants	1,402	131,681	133,083	16,350	71,198	87,548
Other	-	63	63	-	-	-
	<u>75,145</u>	<u>131,744</u>	<u>206,889</u>	<u>41,250</u>	<u>71,198</u>	<u>112,448</u>

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

4 Other activities

	Total	Unrestricted funds
	2025	2024
	£	£
Fundraising events	-	15,347
	<u> </u>	<u> </u>

5 Investments

	Unrestricted funds	Total
	2025	2024
	£	£
Bank interest received	77	-
	<u> </u>	<u> </u>

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

6 Expenditure on charitable activities

	Provide services & advice 2025 £	Provide services & advice 2024 £
Direct costs		
Staff costs	11,099	10,355
Depreciation and impairment	4,427	4,239
Telephone	895	530
Parbold Equestrian Centre hire costs	57,693	82,305
Building materials	97,009	12,461
Course materials	1,199	1,300
Postage & stationery	1,792	723
Insurance	761	531
Professional fees	390	1,354
Sundries	11,711	10,252
Catering	-	1,360
Computer costs	780	-
Repairs and maintenance	6,117	3,094
	<u>193,873</u>	<u>128,504</u>
Share of support and governance costs (see note 7)		
Governance	150	150
	<u>194,023</u>	<u>128,654</u>
Analysis by fund		
Unrestricted funds	65,661	47,804
Restricted funds	128,362	80,850
	<u>194,023</u>	<u>128,654</u>

7 Support costs

	Support costs £	Governance costs £	2025 £	Support costs £	Governance costs £	2024 £
Independent examination	-	150	150	-	150	150
	<u>-</u>	<u>150</u>	<u>150</u>	<u>-</u>	<u>150</u>	<u>150</u>
Analysed between Charitable activities	-	150	150	-	150	150
	<u>-</u>	<u>150</u>	<u>150</u>	<u>-</u>	<u>150</u>	<u>150</u>

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

8	Net movement in funds	2025	2024
		£	£
	The net movement in funds is stated after charging/(crediting):		
	Fees payable for the independent examination of the charity's financial statements	-	-
	Depreciation of owned tangible fixed assets	4,427	4,239
		<u> </u>	<u> </u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	Number
	1	1
	<u> </u>	<u> </u>

Employment costs	2025	2024
	£	£
Wages and salaries	11,010	10,172
Other pension costs	89	183
	<u> </u>	<u> </u>
	11,099	10,355
	<u> </u>	<u> </u>

No employee received emoluments of more than £60,000 during the year (2024 - none).

The total employee benefits of the key management personnel of the charity were £nil (2024 - £nil).

There were no employees whose annual remuneration was more than £60,000.

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

12 Tangible fixed assets

	Plant and equipment £	Computers £	Total £
Cost			
At 1 April 2024	25,880	1,877	27,757
Additions	1,254	-	1,254
	<u> </u>	<u> </u>	<u> </u>
At 31 March 2025	27,134	1,877	29,011
	<u> </u>	<u> </u>	<u> </u>
Depreciation and impairment			
At 1 April 2024	15,275	1,255	16,530
Depreciation charged in the year	4,070	357	4,427
	<u> </u>	<u> </u>	<u> </u>
At 31 March 2025	19,345	1,612	20,957
	<u> </u>	<u> </u>	<u> </u>
Carrying amount			
At 31 March 2025	7,789	265	8,054
	<u> </u>	<u> </u>	<u> </u>
At 31 March 2024	10,605	621	11,226
	<u> </u>	<u> </u>	<u> </u>

13 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	1,800	-
Other debtors	7,722	400
	<u> </u>	<u> </u>
	9,522	400
	<u> </u>	<u> </u>

14 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	62	-
Other creditors	4,870	4,870
Accruals and deferred income	300	300
	<u> </u>	<u> </u>
	5,232	5,170
	<u> </u>	<u> </u>

15 Retirement benefit schemes

	2025 £	2024 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	89	183
	<u> </u>	<u> </u>

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

15 Retirement benefit schemes

(Continued)

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

16 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
	-	-	-	-	-
BBC Children In Need Youth Investment Fund	5,610	-	(1,530)	(4,080)	-
NHS Spring North Grant	2,500	-	(2,500)	-	-
West Lancashire United Kingdom Shared Prosperity Fund	-	78,850	(78,850)	-	-
Police Crime Commissioner Grant	-	1,800	(1,800)	-	-
Veolia Community Fund	-	9,731	(2,008)	-	7,723
Sport England Lottery Fund	-	12,300	(12,300)	-	-
Bulldog Fore Trust	-	9,063	(9,374)	311	-
Rose Patterson Trust	-	20,000	(20,000)	-	-
	<u>8,110</u>	<u>131,744</u>	<u>(128,362)</u>	<u>(3,769)</u>	<u>7,723</u>

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

16 Restricted funds

(Continued)

Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Community Foundations for Lancashire - Red rose responding fund	50	-	(50)	-	-
Community Foundations for Lancashire - Mark McQueen	435	-	(435)	-	-
BBC Children in Need Youth investment fund	7,140	-	(1,530)	-	5,610
Whitemoss Community Fund	422	-	(422)	-	-
British Horse Society	660	-	(660)	-	-
Jaguar Landrover	1,446	-	(1,446)	-	-
Bulldog Trust Fore	8,243	9,000	(16,609)	(634)	-
Pets at Home	-	10,000	(10,000)	-	-
Ground work comic relief	-	8,700	(8,700)	-	-
Rose Patterson Trust	-	20,000	(20,000)	-	-
National Lottery Awards for All	-	10,000	(10,000)	-	-
Pink Ribbon Foundation	-	3,750	(3,750)	-	-
NHS Healthy neighbourhood fund	-	4,000	(4,000)	-	-
Percy Bilton Charitable trust	-	748	(748)	-	-
NHS Spring North Grant	-	5,000	(2,500)	-	2,500
	<u>18,396</u>	<u>71,198</u>	<u>(80,850)</u>	<u>(634)</u>	<u>8,110</u>

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

16 Restricted funds

(Continued)

Community Foundations for Lancashire Red Rose Responding Fund - The fund allowed us to provide mental health support to frontline key workers and those within our community who were effected by the pandemic.

Community Foundations for Lancashire - Mark McQueen Fund - The fund allowed us to provide mental health support for vulnerable young men and boys.

BBC Children In Need Youth Investment fund - The fund provided an outdoor pen which allowed us to increase participation for children.

Whitemoss community Fund - This was funding for a new summerhouse/ big shed which will allow us to increase capacity for youth group and community activities.

British Horse Society - This funding was to support young people through long term placements on the British Horse Society, Changing Lives Through Horses education scheme.

Jaguar Landrover - This funding allowed us to purchase equipment to support our Youth Group services. This included safety barriers, games, sports equipment etc.

The Fore - The Fore funding will roll over 3 years and will fund the salary of our first member of staff. The funding in this years accounts covered the first year of the salary in addition to a computer and phone for the role.

Pets at Home - This funding was used to provide adult mental health courses for 25 people from backgrounds where funding is often difficult to obtain. These were people who had experienced domestic abuse or who had mental health challenges through exposure to mental trauma within their jobs within the blue light services.

Groundwork Comic relief - This funding was used to provide 1:1 courses and respite days for vulnerable children within our community. We also developed our young people peer support team with additional training to enable them to support other children within youth groups and activities.

Rose Patterson Trust - This funding was used to provide group courses for adults within the community with the specific goal of preventing suicide.

National Lottery Awards for all - This funding enabled us to replace the surface in our indoor school to improve accessibility.

Pink Ribbon Foundation - We provided adult and family respite days for people affected by breast cancer.

NHS Healthy Neighbourhood fund - We provided adult mental health courses and support to 10 people within our community who had experienced domestic or sexual abuse.

Percy Bilton Charitable trust - Provided funding for equipment that is utilised within our youth group and child respite days.

NHS Spring North Grant - Funding for 2, 5 week group courses to support the mental health of adults within our community.

West Lancashire United Kingdom Shared Prosperity Fund - Provided funding for capital projects which included new kitchen, storage and workshop shed, a new cover for our yurt and development of areas outside space to aid environmental impact. This fund also supported the delivery of courses to vulnerable people within West Lancashire and allowed a group of young people to go on a residential course.

Police Commissioner Grant - Provided funding aimed to reduce anti-social behaviour and crime by vulnerable young people within the community. The grant was used within the summer holidays for support days and towards a residential course.

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

16 Restricted funds

(Continued)

Veolia Community Fund - Provided funding for an environmental project to enable us to revamp our community garden to allow for easier access around the site and within the planting area. This includes a new seating area and trees & hedges for planting.

Rose Patterson Fund - This grant works specifically to allow charities to provide support that prevents suicide, it was used within courses and respite days.

Sport England Lottery Fund - This funding created opportunities for children from financially challenged families to access riding.

17 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
General funds	38,695	75,222	(65,661)	3,769	52,025
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
General funds	29,268	56,597	(47,804)	634	38,695

18 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 March 2025:			
Tangible assets	8,054	-	8,054
Current assets/(liabilities)	43,971	7,723	51,694
	52,025	7,723	59,748

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

18 Analysis of net assets between funds

(Continued)

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Tangible assets	5,616	5,610	11,226
Current assets/(liabilities)	33,079	2,500	35,579
	<u>38,695</u>	<u>8,110</u>	<u>46,805</u>

19 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

Stable Lives - Charity Accounts as at Year ended 31st March 2025

Final Audit Report

2025-12-22

Created:	2025-12-18
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"Stable Lives - Charity Accounts as at Year ended 31st March 2025" History

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