

Charity registration number 1186580

STABLE LIVES
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

STABLE LIVES

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity's objects are to assist in the treatment and care of persons suffering from mental trauma (such as anxiety and depression) or in need of rehabilitation as a result of such illness, by the provision of facilities for work and recreation.. To advance the education of the general public in all areas relating to mental trauma.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Stable Lives provides respite days and courses for adults and children dealing with the effects of mental trauma. Within courses and respite days, equine and land-based activities are utilised to enable participants to gain recovery strategies and look to a future free from the limitations of mental ill health.

Outreach is done through amongst others military, blue light support groups, schools, and social services.

We greatly value the funding from grants which allowed us to react accordingly to the challenges within our community and throughout the North west, ensuring that we could provide timely and appropriate support to those who required our services. During this financial year Stable Lives has continued to grow and develop services and courses. We were pleased to further our development and growth due to the ongoing support through The Fore who continued to fund the role of our administrative assistant.

Development of our Youth services has continued to thrive due to the experience of our Chair of Trustees Christopher Lawson. Youth Group continued to grow and the end of the 2023 financial year looked set to allow us to develop a Youth Leadership programme.

Adult courses increased in frequency due to demand, and the team of volunteers has increased to align with additional participants. Child 1:1 courses have increased in number through term times and during 2024 we will look to further develop group support for schools and colleges. Funding gained through The Rose Patterson Trust enabled us to significantly increase our adult course services with a fixed focus on preventing suicide.

Feedback from adults, children and support schools was outstanding and further success was noted as our director Carrie Byrom was awarded an MBE in the King's New Years Honours list for services to mental health within the community.

Focus on the coming year will be to secure grants for the increased adult and child referrals and to gain capital funding to develop and improve buildings on our site.

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Financial review

This year's income has been satisfactory and has allowed us to maintain sufficient reserves to meet foreseeable commitments for the next 12 months.

Risk Statement

The trustees have reviewed the risks to which a small charity is exposed. Appropriate procedures are in place to identify, monitor and review these risks on a regular basis. The insurance policy is reviewed annually.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Structure, governance and management

The charity is a charitable incorporated organisation.

The trustees who served during the year and up to the date of signature of the financial statements were:

Lawrence Warnock

(Resigned 14 September 2023)

Gavin Kibble MBE

Craig Hooper

Christopher Lawson

Governance

The policy and operating decisions of the charity rest with the trustees who meet annually to monitor the activities of the Charity. Day to day decisions are delegated to Carrie Byrom and where appropriate guidance and sign off are taken from trustees.

The Trustees responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees elected prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the trustees' are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Charities Act 2011. The trustees are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

STABLE LIVES

STATEMENT OF TRUSTEES' RESPONSIBILITIES **FOR THE YEAR ENDED 31 MARCH 2024**

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

STABLE LIVES

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF STABLE LIVES

I report to the trustees on my examination of the financial statements of Stable Lives (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

James Rose
James Rose (Jul 1, 2024 18:23 GMT+1)

James Rose FMAAT

Eagle House
14 Queens Road
Coventry
CV1 3EG

Dated: 27 June 2024

STABLE LIVES

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Income from:							
Donations, grants and other income	3	41,250	71,198	112,448	39,310	30,464	69,774
Other activities	4	15,347	-	15,347	11,576	-	11,576
Investments	5	-	-	-	39	-	39
Total income		56,597	71,198	127,795	50,925	30,464	81,389
Expenditure on:							
Charitable activities	6	47,804	80,850	128,654	45,993	26,164	72,157
Net incoming/(outgoing) resources before transfers		8,793	(9,652)	(859)	4,932	4,300	9,232
Gross transfers between funds		634	(634)	-	-	-	-
Net income/(expenditure) for the year/ Net movement in funds		9,427	(10,286)	(859)	4,932	4,300	9,232
Fund balances at 1 April 2023		29,268	18,396	47,664	24,336	14,096	38,432
Fund balances at 31 March 2024		38,695	8,110	46,805	29,268	18,396	47,664

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

STABLE LIVES

BALANCE SHEET

AS AT 31 MARCH 2024

		2024		2023	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	12		11,226		15,466
Current assets					
Debtors	13	400		10,704	
Cash at bank and in hand		40,349		26,664	
		40,749		37,368	
Creditors: amounts falling due within one year	14	(5,170)		(5,170)	
Net current assets			35,579		32,198
Total assets less current liabilities			46,805		47,664
Net assets excluding pension liability			46,805		47,664
The funds of the charity					
Restricted income funds	16		8,110		18,396
Unrestricted funds			38,695		29,268
			46,805		47,664

The financial statements were approved by the trustees on 27 June 2024

Gavin Kibble

Gavin Kibble (Jun 27, 2024 16:19 GMT+1)

Gavin Kibble MBE

Trustee

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity Information

Stable Lives is Charitable Incorporated Organisation.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

(Continued)

1 Accounting policies

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	15% straight line method
Computers	33% straight line method

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

3 Donations, grants and other income

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2024	2024	2024	2023	2023	2023
	£	£	£	£	£	£
Donations and gifts	8,780	-	8,780	16,010	-	16,010
Course Fees	16,120	-	16,120	13,300	-	13,300
Grants	16,350	71,198	87,548	10,000	30,464	40,464
	<u>41,250</u>	<u>71,198</u>	<u>112,448</u>	<u>39,310</u>	<u>30,464</u>	<u>69,774</u>

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

4 Other activities

	Unrestricted funds	Unrestricted funds
	2024	2023
	£	£
Fundraising events	15,347	11,576

5 Investments

	Total	Unrestricted funds
	2024	2023
	£	£
Bank interest received	-	39

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

6 Expenditure on charitable activities

	Provide services & advice 2024 £	Provide services & advice 2023 £
Direct costs		
Staff costs	10,355	634
Depreciation and impairment	4,239	4,501
Telephone	530	191
Parbold Equestrian Centre hire costs	82,305	40,245
Building materials	12,461	8,935
Course materials	1,300	1,988
Postage & stationery	723	73
Insurance	531	430
Professional fees	1,354	941
Sundries	10,252	11,332
Catering	1,360	446
Computer costs	-	568
Repairs and maintenance	3,094	1,723
	<u>128,504</u>	<u>72,007</u>
Share of support and governance costs (see note 7)		
Governance	150	150
	<u>128,654</u>	<u>72,157</u>
Analysis by fund		
Unrestricted funds	47,804	45,993
Restricted funds	80,850	26,164
	<u>128,654</u>	<u>72,157</u>

7 Support costs

	Support costs £	Governance costs £	2024 £	Support costs £	Governance costs £	2023 £
Independent examination	-	150	150	-	150	150
	<u>-</u>	<u>150</u>	<u>150</u>	<u>-</u>	<u>150</u>	<u>150</u>
	<u>-</u>	<u>150</u>	<u>150</u>	<u>-</u>	<u>150</u>	<u>150</u>
Analysed between Charitable activities	-	150	150	-	150	150
	<u>-</u>	<u>150</u>	<u>150</u>	<u>-</u>	<u>150</u>	<u>150</u>

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

8	Net movement in funds	2024 £	2023 £
	The net movement in funds is stated after charging/(crediting):		
	Depreciation of owned tangible fixed assets	4,239	4,501

9	Trustees
	None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10	Employees		
	The average monthly number of employees during the year was:		
		2024 Number	2023 Number
		1	1
	Employment costs	2024 £	2023 £
	Wages and salaries	10,172	634
	Other pension costs	183	-
		10,355	634

No employee received emoluments of more than £60,000 during the year (2023 - none).

The total employee benefits of the key management personnel of the charity were £nil (2023 - £nil).

There were no employees whose annual remuneration was more than £60,000.

11	Taxation
	The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

12 Tangible fixed assets

	Plant and equipment £	Computers £	Total £
Cost			
At 1 April 2023	25,880	1,877	27,757
At 31 March 2024	25,880	1,877	27,757
Depreciation and impairment			
At 1 April 2023	11,393	899	12,292
Depreciation charged in the year	3,882	357	4,239
At 31 March 2024	15,275	1,256	16,531
Carrying amount			
At 31 March 2024	10,605	621	11,226
At 31 March 2023	14,487	979	15,466

13 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Trade debtors	-	2,400
Other debtors	400	8,304
	400	10,704

14 Creditors: amounts falling due within one year

	2024 £	2023 £
Other creditors	4,870	4,870
Accruals and deferred income	300	300
	5,170	5,170

15 Retirement benefit schemes

	2024 £	2023 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	183	-

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

16 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Community Foundations for Lancashire - Red rose responding fund	50	-	(50)	-	-
Community Foundations for Lancashire - Mark McQueen	435	-	(435)	-	-
BBC Children in Need Youth investment fund	7,140	-	(1,530)	-	5,610
Whitemoss Community Fund	422	-	(422)	-	-
British Horse Society	660	-	(660)	-	-
Jaguar Landrover	1,446	-	(1,446)	-	-
Bulldog Trust Fore	8,243	9,000	(16,609)	(634)	-
Pets at Home	-	10,000	(10,000)	-	-
Ground work comic relief	-	8,700	(8,700)	-	-
Rose Patterson Trust	-	20,000	(20,000)	-	-
National Lottery Awards for All	-	10,000	(10,000)	-	-
Pink Ribbon Foundation	-	3,750	(3,750)	-	-
NHS Healthy neighbourhood fund	-	4,000	(4,000)	-	-
Percy Bilton Charitable trust	-	748	(748)	-	-
NHS Spring North Grant	-	5,000	(2,500)	-	2,500
	<u>18,396</u>	<u>71,198</u>	<u>(80,850)</u>	<u>(634)</u>	<u>8,110</u>

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

(Continued)					
16 Restricted funds					
Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
Community Foundations for Lancashire - Red Rose Responding	-	4,800	(4,750)	-	50
Anne Duchess of Westminster's Fund	840	-	(840)	-	-
Armed Forces Covenant	-	470	(470)	-	-
Community Foundations for Lancashire - FPC Foundation	2,090	-	(2,090)	-	-
Community Foundations for Lancashire - Mark McQueen	900	2,790	(3,255)	-	435
Community Foundations for Lancashire - Clubs in Crisis	1,596	-	(1,596)	-	-
BCC Children in Need Youth Investment Fund	8,670	-	(1,530)	-	7,140
Whitemoss Community Fund	-	8,304	(7,882)	-	422
British Horse Society	-	900	(240)	-	660
Sport England	-	1,700	(1,700)	-	-
Jaguar Landrover	-	1,500	(54)	-	1,446
Building Trust Fore	-	10,000	(1,757)	-	8,243
	<u>14,096</u>	<u>30,464</u>	<u>(26,164)</u>	<u>-</u>	<u>18,396</u>

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

(Continued)

16 Restricted funds

Community Foundations for Lancashire Red Rose Responding Fund - The fund allowed us to provide mental health support to frontline key workers and those within our community who were effected by the pandemic.

Anne Duchess of Westminster's Fund - The fund enabled us to support vulnerable and disadvantaged children through mental health courses.

Armed Forces Covenant - The fund enabled us to provide mental health support to military veterans and their families through courses and respite days.

Community Foundations for Lancashire FPC Foundation - The fund allowed us to work with schools within the area targeting disadvantaged children. We provided mental health courses for groups from these schools.

Community Foundations for Lancashire - Mark McQueen Fund - The fund allowed us to provide mental health support for vulnerable young men and boys.

Community Foundations for Lancashire Clubs in Crisis Fund - The fund allowed us to repair fencing damaged due to storms.

BBC Children In Need Youth Investment fund - The fund provided an outdoor pen which allowed us to increase participation for children.

Whitemoss community Fund - This was funding for a new summerhouse/ big shed which will allow us to increase capacity for youth group and community activities.

British Horse Society - This funding was to support young people through long term placements on the British Horse Society, Changing Lives Through Horses education scheme.

Jaguar Landrover - This funding allowed us to purchase equipment to support our Youth Group services. This included safety barriers, games, sports equipment etc.

The Fore - The Fore funding will roll over 3 years and will fund the salary of our first member of staff. The funding in this years accounts covered the first year of the salary in addition to a computer and phone for the role.

The next lot of funding for this years salary will be released this year and the final amount on 2024.

Sport England - This was funding to cover storm damage. It was used to refence a field and replace fence panels.

Pets at Home - This funding was used to provide adult mental health courses for 25 people from backgrounds where funding is often difficult to obtain. These were people who had experienced domestic abuse or who had mental health challenges through exposure to mental trauma within their jobs within the blue light services.

Groundwork Comic relief - This funding was used to provide 1:1 courses and respite days for vulnerable children within our community. We also developed our young people peer support team with additional training to enable them to support other children within youth groups and activities.

Rose Patterson Trust - This funding was used to provide group courses for adults within the community with the specific goal of preventing suicide.

National Lottery Awards for all - This funding enabled us to replace the surface in our indoor school to improve accessibility.

Pink Ribbon Foundation - We provided adult and family respite days for people affected by breast cancer.

STABLE LIVES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

16 Restricted funds

(Continued)

NHS Healthy Neighbourhood fund - We provided adult mental health courses and support to 10 people within our community who had experienced domestic or sexual abuse.

Percy Bilton Charitable trust - Provided funding for equipment that is utilised within our youth group and child respite days.

NHS Spring North Grant - Funding for 2, 5 week group courses to support the mental health of adults within our community.

17 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
General funds	29,268	56,597	(47,804)	634	38,695
Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
General funds	24,336	50,925	(45,993)	-	29,268

18 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Tangible assets	5,616	5,610	11,226
Current assets/(liabilities)	33,079	2,500	35,579
	38,695	8,110	46,805

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

18	Analysis of net assets between funds	(Continued)		
		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	At 31 March 2023:			
	Tangible assets	8,326	7,140	15,466
	Current assets/(liabilities)	20,942	11,256	32,198
		<u>29,268</u>	<u>18,396</u>	<u>47,664</u>

19 **Related party transactions**

There were no disclosable related party transactions during the year (2023 - none).