



**Food2Think  
Trustees' Annual Report  
For the year ended  
31<sup>st</sup> March 2025**

**Food2Think**

(Registered charity number 1186578)

**Financial Statements**

**for the year ended 31<sup>st</sup> March 2025**



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**Trustees' Annual Report**  
**For the year ended**  
**31<sup>st</sup> March 2025**

**Full name** Food2Think

**Registered Charity Number** 1186578

**Principal address**

39 Wayside Avenue

Maybank

Newcastle-under-Lyme

ST5 9PH

**Trustees**

Simon Rimmington Chair

Sean Aiken Secretary

Julie Lowell Trustee (Media)

Jeanette Fanthome Trustee

**Bankers**

Barclays Bank

**Governance and management**

The charity is operated under the rules of its trust deed adopted on 26<sup>th</sup> November 2019

**The methods adopted for the recruitment and appointment of new trustees**

Apart from the first charity trustees, every trustee must be appointed [for a term of [four] years] by resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

**Aims and objectives**

To advance the education of school age children in the Dhading Besi region of Nepal in such ways as the trustees see fit, in particular but not exclusively by the provision of grants to provide school lunches and other health and well-being programmes.



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**Summary of the main activities undertaken for the public benefit**

To provide grants directly to school(s) (Gayatri Devi Basic School, Dhading), for the provision of daily healthy lunches and development grants for the provision of lunches.

**Public benefit**

During the constitution's development, all communications with and guidance from the Charity Commission, including public benefit matters, were discussed by the trustees.

**Charity Summary of Activities and Developments – 01/04/2024 – 31/03/2025**

During the financial year, Food2Think expanded its charitable activities by partnering with a second school, Shree Janajyoti School in Dhading Besi, in addition to our ongoing support for Gayatri Devi Basic School. This development represents a significant step in our mission to improve children's nutrition and wellbeing through the provision of regular, healthy meals.

Both schools have begun to receive additional government funding for school lunches. While this contribution does not meet the full cost of providing nutritious meals six days a week, it has helped to offset a portion of the expenditure. This partial support has enabled the charity to stabilise its core programme and to begin exploring the potential for further expansion of meal provision in the region.

Food2Think remains a small, non-profit Charitable Incorporated Organisation (CIO) committed to delivering reliable, high-quality nutrition and well-being programmes to children who would otherwise face food insecurity. The trustees continue to monitor financial sustainability carefully while ensuring that all activities remain aligned with the charity's objectives and the needs of the communities we serve.

The £1,000 grant awarded this year reflects the school's remaining reserve from the previous financial year, adjusted to reflect the increased government support for school lunches.

The charity is actively working to strengthen its legal presence in Nepal. Recent changes to the requirements for establishing and maintaining a recognised legal entity have necessitated additional steps to ensure full compliance. Rohit Sigdel, Food2Think's Project and Communication Lead based in Nepal, is liaising with the relevant government departments to meet these updated obligations and to ensure that the charity's operations continue to align with national regulations.

**Reserves Policy**

The trustees aim to maintain reserves sufficient to ensure the continuity of the charity's core activities for at least 18 months. This level of reserves provides stability for our meal-provision programme and safeguards the charity against fluctuations in income or unexpected cost increases.

The annual cost of providing school lunch grants typically ranges from £3,500 to £4,500, depending on pupil numbers and local food prices. The reserves target is therefore set to ensure that Food2Think can continue to meet its commitments to the schools it supports, even in the event of temporary funding shortfalls

Signed on behalf of the Charity's trustees.



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Signed: 

Date: 30th January 2026



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**Food2Think  
Annual  
Return**

**1st April 2024 to 31st March 2025**

From	To	Income	Expense	Charity purpose	Balance	Notes
	<b>01/04/2024</b>				£15,309.82	<b>Barclays Bank</b>
01/04/2024	03/05/2024	£207.00			£15,516.82	
04/05/2024	04/06/2024	£673.64	£241.18		£15,949.28	Website, website change
05/06/2024	04/07/2024	£1,542.08			£17,491.36	
05/07/2024	02/08/2024	£427.17			£17,918.53	
03/08/2024	04/09/2024	£130.00	£25.00	£1,000.00	£17,023.53	Gayatri Devi Basic School
05/09/2024	04/10/2024	£380.00			£17,403.53	
05/10/2024	04/11/2024	£130.00			£17,533.53	
05/11/2024	04/12/2024	£130.00			£17,663.53	
05/12/2025	03/01/2025	£536.00	£89.99		£18,109.54	Website
04/01/2025	04/02/2025	£1,275.34			£19,384.88	£1103.76 transferred from PayPal
04/02/2025	04/03/2025	£135.00			£19,519.88	
04/03/2025	31/03/2025	£16.28			£19,536.16	
<b>PayPal Donations</b>					£19,536.16	Barclays Bank
25/01/2025	31/03/2025	£16.28				
		<b>£5,598.79</b>	<b>£356.17</b>	<b>£1,000.00</b>		



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Total income	£5,598.79
Total expenditure	£1,356.17
Variance	£4,242.62

Expenses 6.4% of the year's income  
 Given to charitable causes 17.9% of the year's income

<b>Barclays Bank</b>	<b>£19,536.16</b>
<b>PayPal</b>	<b>£16.28</b>
<b>Cash Balance</b>	<b>£19,552.44</b>

Cash funds at the start of this period	£15,309.82
Cash funds at the end of this period	£19,552.44



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**Notes**

1. Receipts and payments accounts are statements that summarise money entering and leaving the charity during the financial year. In this context, 'cash' includes cash equivalents, such as bank accounts from which cash can be readily withdrawn to pay debts as they become due.
2. Trustees received no expenses, remuneration or benefits in this year.
3. Due to the disruption caused by the COVID-19 pandemic, all Trustees have agreed to remain Trustees until January 2026. This was confirmed during the AGM held on January 20th, 2024.
4. Total expenses and bank and website charges accounted for 6.4 % of income for the financial year.
  - a. 93.6% of in-year income is available for charitable causes.
  - b. 17.9 % of in-year income was transferred to charitable causes.

Signed: 

Date: 30<sup>th</sup> January 2026