

FOOD2THINK

England & Wales · Charity number 1186578

Details

Status Registered

Legal form CIO

Registered 2019-11-26

Register [View on the Charity Commission register](#)

Contact

Address 39 Wayside Avenue
Newcastle
Staffordshire
ST5 9PH

Phone 07534336091

Email simon_rimmington@hotmail.com

Website www.food2think.org.uk

Activities

Objects: TO ADVANCE THE EDUCATION OF SCHOOL-AGE CHILDREN IN THE DHADING BESI REGION OF NEPAL IN SUCH WAYS AS THE TRUSTEES THINK FIT, IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF GRANTS TO PROVIDE SCHOOL LUNCHES AND OTHER HEALTH AND WELLBEING PROGRAMMES.

Activities: TO ADVANCE THE EDUCATION OF SCHOOL-AGE CHILDREN IN THE DHADING BESI REGION OF NEPAL, IN PARTICULAR, BUT NOT EXCLUSIVELY BY THE PROVISION OF GRANTS TO PROVIDE SCHOOL LUNCHES AND OTHER HEALTH AND WELLBEING PROGRAMMES.

Classification

- **How:** Provides Other Finance
- **What:** General Charitable Purposes
- **Who:** Children/young People

Geography

- Nepal
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£5,599	£1,356	-	-
2024-03-31	£12,442	£4,568	-	-
2023-03-31	£3,115	£2,707	-	-
2022-03-31	£2,508	£2,631	-	-
2021-03-31	£3,559	£2,668	-	-

Trustees

Name	Role	Appointed
Simon Rimmington	Chair	2015-08-15
Clare Elaine Trenchard		2025-06-01
Jeanette Fanthome		2015-08-15
Sean Aiken		2015-08-15
Steve Victor Trenchard		2025-06-01

FOOD2THINK

England & Wales - Charity number 1186578

Accounts



**Food2Think
Trustees' Annual Report
For the year ended
31st March 2025**

Food2Think

(Registered charity number 1186578)

Financial Statements

for the year ended 31st March 2025



**Food2Think
Trustees' Annual Report
For the year ended
31st March 2025**

Full name Food2Think

Registered Charity Number 1186578

Principal address

39 Wayside Avenue

Maybank

Newcastle-under-Lyme

ST5 9PH

Trustees

Simon Rimmington Chair

Sean Aiken Secretary

Julie Lowell Trustee (Media)

Jeanette Fanthome Trustee

Bankers

Barclays Bank

Governance and management

The charity is operated under the rules of its trust deed adopted on 26th November 2019

The methods adopted for the recruitment and appointment of new trustees

Apart from the first charity trustees, every trustee must be appointed [for a term of [four] years] by resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Aims and objectives

To advance the education of school age children in the Dhading Besi region of Nepal in such ways as the trustees see fit, in particular but not exclusively by the provision of grants to provide school lunches and other health and well-being programmes.



Food2Think
Trustees' Annual Report
For the year ended
31st March 2025

Summary of the main activities undertaken for the public benefit

To provide grants directly to school(s) (Gayatri Devi Basic School, Dhading), for the provision of daily healthy lunches and development grants for the provision of lunches.

Public benefit

During the constitution's development, all communications with and guidance from the Charity Commission, including public benefit matters, were discussed by the trustees.

Charity Summary of Activities and Developments – 01/04/2024 – 31/03/2025

During the financial year, Food2Think expanded its charitable activities by partnering with a second school, Shree Janajyoti School in Dhading Besi, in addition to our ongoing support for Gayatri Devi Basic School. This development represents a significant step in our mission to improve children's nutrition and wellbeing through the provision of regular, healthy meals.

Both schools have begun to receive additional government funding for school lunches. While this contribution does not meet the full cost of providing nutritious meals six days a week, it has helped to offset a portion of the expenditure. This partial support has enabled the charity to stabilise its core programme and to begin exploring the potential for further expansion of meal provision in the region.

Food2Think remains a small, non-profit Charitable Incorporated Organisation (CIO) committed to delivering reliable, high-quality nutrition and well-being programmes to children who would otherwise face food insecurity. The trustees continue to monitor financial sustainability carefully while ensuring that all activities remain aligned with the charity's objectives and the needs of the communities we serve.

The £1,000 grant awarded this year reflects the school's remaining reserve from the previous financial year, adjusted to reflect the increased government support for school lunches.

The charity is actively working to strengthen its legal presence in Nepal. Recent changes to the requirements for establishing and maintaining a recognised legal entity have necessitated additional steps to ensure full compliance. Rohit Sigdel, Food2Think's Project and Communication Lead based in Nepal, is liaising with the relevant government departments to meet these updated obligations and to ensure that the charity's operations continue to align with national regulations.

Reserves Policy

The trustees aim to maintain reserves sufficient to ensure the continuity of the charity's core activities for at least 18 months. This level of reserves provides stability for our meal-provision programme and safeguards the charity against fluctuations in income or unexpected cost increases.

The annual cost of providing school lunch grants typically ranges from £3,500 to £4,500, depending on pupil numbers and local food prices. The reserves target is therefore set to ensure that Food2Think can continue to meet its commitments to the schools it supports, even in the event of temporary funding shortfalls

Signed on behalf of the Charity's trustees.



Food2Think
Trustees' Annual Report
For the year ended
31st March 2025

Signed: 

Date: 30th January 2026



Food2Think
Trustees' Annual Report
For the year ended
31st March 2025

Food2Think
Annual
Return

1st April 2024 to 31st March 2025

From	To	Income	Expense	Charity purpose	Balance	Notes
	01/04/2024				£15,309.82	Barclays Bank
01/04/2024	03/05/2024	£207.00			£15,516.82	
04/05/2024	04/06/2024	£673.64	£241.18		£15,949.28	Website, website change
05/06/2024	04/07/2024	£1,542.08			£17,491.36	
05/07/2024	02/08/2024	£427.17			£17,918.53	
03/08/2024	04/09/2024	£130.00	£25.00	£1,000.00	£17,023.53	Gayatri Devi Basic School
05/09/2024	04/10/2024	£380.00			£17,403.53	
05/10/2024	04/11/2024	£130.00			£17,533.53	
05/11/2024	04/12/2024	£130.00			£17,663.53	
05/12/2025	03/01/2025	£536.00	£89.99		£18,109.54	Website
04/01/2025	04/02/2025	£1,275.34			£19,384.88	£1103.76 transferred from PayPal
04/02/2025	04/03/2025	£135.00			£19,519.88	
04/03/2025	31/03/2025	£16.28			£19,536.16	
PayPal Donations					£19,536.16	Barclays Bank
25/01/2025	31/03/2025	£16.28				
		£5,598.79	£356.17	£1,000.00		



Food2Think
Trustees' Annual Report
For the year ended
31st March 2025

Total income	£5,598.79
Total expenditure	£1,356.17
Variance	£4,242.62

Expenses 6.4% of the year's income
 Given to charitable causes 17.9% of the year's income

Barclays Bank	£19,536.16
PayPal	£16.28
Cash Balance	£19,552.44

Cash funds at the start of this period	£15,309.82
Cash funds at the end of this period	£19,552.44



**Food2Think
Trustees' Annual Report
For the year ended
31st March 2025**

**Food2Think
Trustees' Annual Report
For the year ended 31st March 2025**

Notes

1. Receipts and payments accounts are statements that summarise money entering and leaving the charity during the financial year. In this context, 'cash' includes cash equivalents, such as bank accounts from which cash can be readily withdrawn to pay debts as they become due.
2. Trustees received no expenses, remuneration or benefits in this year.
3. Due to the disruption caused by the COVID-19 pandemic, all Trustees have agreed to remain Trustees until January 2026. This was confirmed during the AGM held on January 20th, 2024.
4. Total expenses and bank and website charges accounted for 6.4 % of income for the financial year.
 - a. 93.6% of in-year income is available for charitable causes.
 - b. 17.9 % of in-year income was transferred to charitable causes.

Signed: 

Date: 30th January 2026

FOOD2THINK

England & Wales - Charity number 1186578

Accounts



Food2Think

(Registered charity number 1186578)

Financial Statements

for the year ended 31st March 2024



**Food2Think
Trustees' Annual Report
For the year ended 31st March 2024**

Full name Food2Think

Registered Charity Number 1186578

Principal address

39 Wayside Avenue

Maybank

Newcastle-under-Lyme

ST5 9PH

Trustees

Simon Rimmington Chair

Sean Aiken Secretary

Julie Lowell Trustee (Media)

Jeanette Fanthome Trustee

Bankers

Barclays Bank

Governance and management

The charity is operated under the rules of its trust deed adopted on 26th November 2019

The methods adopted for the recruitment and appointment of new trustees

Apart from the first charity trustees, every trustee must be appointed [for a term of [four] years] by resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Aims and objectives

To advance the education of school age children in the Dhading Besi region of Nepal in such ways as the trustees see fit, in particular but not exclusively by the provision of grants to provide school lunches and other health and well-being programmes.



**Food2Think
Trustees' Annual Report
For the year ended 31st March 2024**

Summary of the main activities undertaken for the public benefit

To provide grants directly to school(s) (Gayatri Devi Basic School, Dhading), for the provision of daily healthy lunches and development grants for the provision of lunches.

Public benefit

In the development of the constitution all communications with and guidance from the Charity Commission including public benefit was discussed by the trustees.

Charity Summary of Achievements – 01/04/2023 – 31/03/2024

Continued to provide lunches daily for all children at Shree Gayatri Devi Basic School.

Took on another school, Shree Janajyoti School, to support their lunch programme, ensuring all children receive a healthy lunch daily.

Received a donation of over £10,000 from Ben Tams, based in Australia, who ran a half marathon in support of Food2Think. This remarkable contribution has enabled the charity to support a second school.

In March 2024, Trustees Simon and Sean self-funded a visit to both schools. Rohit Sigdel, a Food2Think Projects and Communications volunteer based in Nepal supported the visit. This allowed Simon and Sean to meet staff, talk to students and parents, review the accounting and spending of funds and listen to stakeholders about future projects.

The charity's policy on reserves

The Charity works to hold enough funds to fulfil its objectives for 18 months in advance. Providing the grants for the lunches costs between £3500 - £4500 per annum depending on the number of children on the school roll and the cost of food.

Signed on behalf of the Charity's trustees.

Signed: 

Date: 25th January 2025



Food2Think
Trustees' Annual Report
For the year ended 31st March 2024

Food2Think Annual Return

1st April 2023 to 31st March 2024

From	To	Income	Expense	Charity purpose	Balance	Notes
	01/04/2023				£7,533.70	Barclays Bank
01/04/2023	04/05/2023	£182.00			£7,715.70	
05/05/2023	02/06/2023	£10,423.83	£116.07	£1,700.00	£16,323.46	Shree Janajyoti School
02/06/2023	04/07/2023	£145.00			£16,468.46	
05/07/2023	04/08/2023	£145.00			£16,613.46	
05/08/2023	04/09/2023	£145.00			£16,758.46	
05/09/2023	04/10/2023	£145.00			£16,903.46	
05/10/2023	03/11/2023	£145.00			£17,048.46	
04/11/2023	04/12/2023	£195.00			£17,243.46	
05/12/2023	04/01/2024	£325.00	£120.99	£2,500.00	£14,947.47	Gayatri Devi Basic School
05/01/2024	02/02/2024	£245.00			£15,192.47	
03/02/2024	04/03/2024	£145.00			£15,337.47	
04/03/2024	31/03/2024	£103.00	£130.65		£15,309.82	Website renewal charge
PayPal Donations						
					£15,309.82	Barclays Bank (checked OK)
01/04/2023	31/03/2024	£97.68				
		£12,441.51	£367.71	£4,200.00		



Total income	£12,441.51
Total expenditure	£4,567.71
Variance	£7,873.80

Expenses 3.0% of year income
 Available to charitable causes 33.8% of year income

Barclays Bank	£15,309.82
PayPal	£1,022.36
Cash Balance	£16,332.18

Includes £167.68 carried over from 2023 accounts

Cash funds at the start of this period	£8,458.38
Cash funds at the end of this period	£16,332.18



**Food2Think
Trustees' Annual Report
For the year ended 31st March 2024**

Notes

1. Receipts and payments accounts are statements that summarise money entering and leaving the charity during the financial year. In this context, 'cash' includes cash equivalents, such as bank accounts from which cash can be readily withdrawn to pay debts as they become due.
2. AGM – reviewed and accepted financial accounts for the year ending 31st March 2024
3. Trustees received no expenses, remuneration or benefits in this year.
4. Due to the disruption caused by the COVID-19 pandemic, all Trustees have agreed to remain Trustees until January 2026. This was confirmed during the AGM held on January 20th, 2024.
5. Total expenses and bank and website charges accounted for 3.0 % of income for the financial year.
 - a. 97.0% of in-year income is available for charitable causes.
 - b. 33.8 % of in-year income was transferred to charitable causes.

Signed: 

Date: 25th January 2025

FOOD2THINK

England & Wales - Charity number 1186578

Accounts



Food2Think

(Registered charity number 1186578)

Financial Statements

for the year ended 31st March 2023



**Food2Think
Trustees' Annual Report
For the year ended 31st March 2023**

Full name Food2Think

Registered Charity Number 1186578

Principal address

2 Regent Avenue

Tunstall

Stoke-on-Trent

ST6 6EW

Trustees

Simon Rimmington Chair

Sean Aiken Secretary

Julie Lowell Trustee

Jeanette Fanthome Trustee

Bankers

Barclays Bank

Governance and management

The charity is operated under the rules of its trust deed adopted on 26th November 2019

The methods adopted for the recruitment and appointment of new trustees

Apart from the first charity trustees, every trustee must be appointed [for a term of [four] years] by resolution passed at a properly convened meeting of the charity trustees.

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Aims and objectives

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**Food2Think
Trustees' Annual Report
For the year ended 31st March 2023**

Summary of the main activities undertaken for the public benefit

To provide grants directly to school(s) (Gayatri Devi Basic School, Dhading), for the provision of daily healthy lunches and development grants for the provision of lunches.

Public benefit

In the development of the constitution all communications with and guidance from the Charity Commission including public benefit was discussed by the trustees.

Summary of the main achievements during this financial period

Provided lunches for all the children of the Gayatri Devi Basic School each day that the school was open.

The charity's policy on reserves

The Charity works to holding enough funds to fulfil its objectives for a period of 18 months in advance. Providing the grants for the lunches costs between £3500 - £4500 per annum depending on the number of children on the school roll and the cost of food.

Signed on behalf of the Charity's trustees.

Signed: 

Date: 21st January 2024



**Food2Think
Trustees' Annual Report
For the year ended 31st March 2023**

Food2Think Annual Return

1st April 2022 to 31st March 2023

From	To	Income	Expense	Charity purpose	Balance	Notes
					£7,901.65	
01/04/2022	04/05/2022	£244.50			£8,146.15	
05/05/2022	01/06/2022	£140.00			£8,286.15	
02/06/2022	04/07/2022	£230.00			£8,516.15	
05/07/2022	04/08/2022	£140.00			£8,656.15	
05/08/2022	02/09/2022	£140.00			£8,796.15	
03/09/2022	04/10/2022	£150.00			£8,946.15	
05/10/2022	04/11/2022	£540.00			£9,486.15	
05/11/2022	02/12/2022	£190.00	£31.00	£2,500.00	£7,145.15	Bank charge
03/12/2022	04/01/2023	£140.00			£7,285.15	
05/01/2023	03/02/2023	£140.00			£7,425.15	
04/02/2023	03/03/2023	£140.00			£7,565.15	
04/03/2023	31/03/2023	£98.00	£129.45		£7,533.70	Website renewal charge
PayPal Donations					£7,533.70	
01/04/2022	31/03/2023	£716.76	£35.94		£8,214.52	
01/04/2022	31/03/2023	£106.00	£10.32		£8,310.20	
		£3,115.26	£206.71	£2,500.00		

Net receipts (payments)	£ 408.55
Cash funds at start of this period	£7901.65
Cash funds at end of this period	£8,310.20



**Food2Think
Trustees' Annual Report
For the year ended 31st March 2023**

Cash Assets (PayPal)	£776.50
Bank Account (Barclays)	£7533.70

Notes

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2. Trustees received no expenses, remuneration or benefits in this year.
3. Due to the disruption of the Covid-19 Pandemic all Trustees have agreed to remain Trustees until January 2026. This was confirmed during the AGM held on January 20th 2024.
4. Total expenses, bank and website charges accounted for 6.6% of income for the financial year.
 - a. 93.4% of income available for charitable causes.

Signed:

Date: 21st January 2024

FOOD2THINK

England & Wales - Charity number 1186578

Accounts

Food2Think

(Registered charity number 1186578)

Financial Statements

for the year ended 31st March 2022

Food2Think
Trustees' Annual Report
For the year ended 31st March 2022

Full name Food2Think

Registered Charity Number 1186578

Principal address

2 Regent Avenue

Tunstall

Stoke-on-Trent

ST6 6EW

Trustees

Simon Rimmington Chair

Sean Aiken Secretary

Julie Lowell Trustee

Jeanette Fanthome Trustee

Bankers

Barclays Bank

Governance and management

The charity is operated under the rules of its trust deed adopted on 26th November 2019

The methods adopted for the recruitment and appointment of new trustees

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Aims and objectives

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**Food2Think
Trustees' Annual Report
For the year ended 31st March 2022**

Summary of the main activities undertaken for the public benefit

To provide grants directly to school(s) (Gayatri Devi Basic School, Dhading), for the provision of daily healthy lunches and development grants for the provision of lunches. Grants have been provided for the installation of a kitchen and washing facilities, which previously did not exist in the school.

Public benefit

In the development of the constitution all communications with and guidance from the Charity Commission including public benefit was discussed by the trustees.

Summary of the main achievements during this financial period

Provided lunches for all the children of the Gayatri Devi Basic School each day that the school was open.

The charity's policy on reserves

The Charity works to holding enough funds to fulfil its objectives for a period of 18 months in advance. Providing the grants for the lunches costs between £3500 - £4500 per annum depending on the number of children on the school roll and the cost of food.

Signed on behalf of the Charity's trustees.

Signed: 

Date: 21st January 2023

**Food2Think
Trustees' Annual Report
For the year ended 31st March 2022**

Food2Think Annual Return

**1st April 2021 to 31st March
2022**

From	To	Income	Expense	Notes
01/04/2021	04/05/2021		£2,000.00	Transfer to school
		£247.00	£50.00	Bank charge for international transfer
05/05/2021	04/06/2021	£170.00		
05/06/2021	02/07/2021	£170.00		
03/07/2021	04/08/2021	£170.00		
05/08/2021	03/09/2021	£220.00	£240.00	Cheque payment to VAST – accounts
04/09/2021	04/10/2021	£170.00		
05/10/2021	04/11/2021	£235.00	£239.98	GoDaddy - website
05/11/2021	03/12/2021	£220.00		
04/12/2021	04/01/2022	£270.00		
05/01/20202	04/02/2022	£220.00		
05/02/2022	31/03/2022	£318.00	£100.65	GoDaddy - website
Donations via PayPal				
01/04/2021	31/03/2022	£106.00	£10.32	£9.00 per month regular donations - £0.86 per month PayPal fees
		£2,516.00	£2,640.95	

Net receipts (payments)	£ -125
Cash funds at start of this period	£8,122
Cash funds at end of this period	£7997

**Food2Think
Trustees' Annual Report
For the year ended 31st March 2022**

Cash Assets	£7,997
Bank Account	£7,902

Notes

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2. Trustees received no expenses, remuneration or benefits in this year.

Signed:



Date: 21st January 2023

FOOD2THINK

England & Wales - Charity number 1186578

Accounts

Food2Think

(Registered charity number 1186578)

Financial Statements

for the year ended 31st March 2021

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For the year ended 31st March 2021**

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Food2Think
Trustees' Annual Report
For the year ended 31st March 2021

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Public benefit

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Summary of the main achievements during this financial period

Provided lunches for all the children of the Gayatri Devi Basic School each day that the school was open.

January 2020

Trustees, Simon Rimmington and Jeanette Fanthome visited the school and met with children, parents and the school teachers and board. Rohit Sigdel accompanied Simon and Jeanette in his capacity as Director of Communications and Projects. Although, the trip was self funded, some monies were used for transport, accommodation and food.

We received very positive feedback from pupils, parents and teachers about Food2Think's continued support. Discussions with the school representatives included maintaining appropriate accounts and the requirements of proper and open audits.

October 2020

Provided a grant for the installation of a functioning kitchen with running water. All lunches are freshly made in-situ in the school employing a cook.

Installation of a sink and washing facilities to provide appropriate cleaning equipment and plates, etc., used by the children for eating the lunches. Reduction in single use items, such as plastic containers. Hand washing facilities for the children, improving hygiene. Running water had previously not been available at the school.

Due to the COVID pandemic the school had been closed for several periods of time. However, objectives to provide lunches and install a functioning kitchen and access to running water have been achieved.

Due to the numerous school closures, previous grants provided to the school had meant that the school's cash reserves were used to provide lunches and the additional monies provided during this period were used to build the kitchen and washing facilities.

Rohit Sigdel provided the oversight for the installation of the above mentioned facilities, ensuring value for money and quality of build.

The charity's policy on reserves

The Charity works to holding enough funds to fulfil its objectives for a period of 18 months in advance. Providing the grants for the lunches costs between £3500 - £4500 per annum depending on the number of children on the school roll and the cost of food.

Signed on behalf of the Charity's trustees.

Signed: 

Date: 30th January 2022

Food2Think
Trustees' Annual Report
For the year ended 31st March 2021

Food2Think Annual Return

28th November 2019 to 31st March 2021

From	To	Income	Expense	Notes
26/11/2019	04/12/2019	£92.00		
05/12/2019	03/01/2020	£191.00	£142.78	Website
04/01/2020	04/02/2020	£155.00	£200.00	Expenses - travel/food and hotel Nepal (Rohit Sigdel - communications/translator and projects)
05/02/2020	04/03/2020	£155.00		
05/03/2020	03/04/2020	£305.00	£100.64	Website
04/04/2020	04/05/2020	£170.00		
05/05/2020	04/06/2020	£170.00		
05/06/2020	03/07/2020	£170.00		
04/07/2020	04/08/2020	£170.00		
04/08/2020	04/09/2020	£240.00		
05/09/2020	02/10/2020	£170.00	£19.00	Bank charge - failed payment
03/10/2020	04/11/2020	£170.00	£2,107.33	£1650 - School £50.00 bank charge £407.33 Rohit Sigdel - one off payment for expenses
05/11/2020	04/12/2020	£170.00		
05/12/2020	04/01/2021	£170.00		
05/01/2021	04/02/2021	£170.00		
05/02/2021	04/03/2021	£797.78		
05/03/2021	31/03/2021	£93.00	£98.25	Website
		£3,558.78	£2,668.00	

Net receipts (payments)	£ 891
Cash funds at start of this period	£7,231
Cash funds at end of this period	£8,122

Food2Think
Trustees' Annual Report
For the year ended 31st March 2021

Cash Assets	£8,122
Bank Account	£8,122

Signed: 

Date: 30th January 2022