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# ANNUAL REPORT 2022

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HELPING THE NHS  
GO FURTHER

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MESSAGE FROM OUR CHAIR  
IAN LUSH, OBE



Supporting the  
NHS through  
adversity

Welcome to our annual  
report for 2022, which saw  
the network of NHS charities  
grow stronger to help the  
NHS go further.



£16.8m

Awarded through the network  
of NHS charities

It has once again been a year of immense pressure on the NHS. Despite the challenges, we have continued to support our health service and the people who use it by distributing a further £16.8 million from our Urgent Covid-19 Appeal to support staff, patients and communities.

One of my personal highlights was meeting members in person for the first time since the pandemic at our inaugural member conference for NHS charities. The theme was ‘going from strength to strength together’ and it was wonderful to feel the positive energy in the room from the **network of more than 230 charities** who want to make a difference for the NHS and everyone who uses it.

All year, we have focused on strengthening the NHS charity sector, through initiatives such as our self-assessment tool which has allowed members to better understand where they need to develop and apply for grants to support them in these areas.

Supporting the inspiring people who work and volunteer for the health service, and have given so much, has also been a central part of our work. Together we have supported projects ranging from promoting physical exercise and improving mental health in the community to technology that helps patients access appointments remotely.

In addition, we have continued funding lifesaving Community First Responders, volunteers who are the first to arrive in an emergency.

New for this year was a fund in partnership with DCMS to support those from disadvantaged backgrounds to volunteer with the NHS. Volunteers play a vital role in providing extra support to improve services for patients and to

help take pressures off the rest of the system. Ultimately, we hope this and other programmes like it will encourage careers in the NHS, helping to tackle shortfalls in recruitment, and leading to an even more diverse workforce.

Like many charities, the ongoing cost of living crisis had an impact on our income for the year, but the team defied the odds to bring in a healthy **£6.99 million**. We have responded internally to this challenge by putting in place a strategy that will enable us to weather the storm and create sustainable income streams, so that we can have the most impact long term for the NHS charity sector.

My thanks, as always, to the Board of Trustees, who volunteer their time to keep us on track. We are in gratitude to our specialist Grants Advisory & Review Panel, who gave their time and expertise during assessment of the Urgent Covid-19 Appeal applications, and who stood down this year as the appeal comes to an end.

And, of course, thank you to the staff at NHS Charities Together who work hard to achieve so much, to our valued partners and supporters, and to the member NHS charities who continue to make such a powerful impact for NHS staff and patients, **donating over £1 million a day to provide extra support to the health system**.

The environment is challenging but that doesn't stop us continuing to grow as a sector, at a time when we are needed most. More than ever, we must work together as a collective to realise our potential in 2023. I look forward to working with you in the 75th year of the NHS as we celebrate the incredible achievements of our health service and the vital role NHS charities continue to play in it.



# United in the face of extraordinary challenges

As the nation slowly recovers from the pandemic, the NHS continues to feel its devastating impact. Lengthy waiting lists due to Covid-19 backlogs, coupled with an increasingly aging population in need of healthcare, have left services and staff at breaking point. We ended the year with staff across the NHS resorting to strike action.

In this extremely difficult economic climate, with resources squeezed across all services, the need to support the NHS has never been so clear.

At the same time, our potential as a sector has never been so great. Now, more than ever, it is vital for the health service and the voluntary and community sector to work hand in hand to achieve our shared goals.

As Ian has outlined, over the last year, NHS Charities Together and the NHS charity network has reached every corner of the UK and supported so many aspects of the health system.

A healthy and strong workforce is crucial for the NHS to deliver high standards of care now and in the future. That's why, as part of our role as a national charity, the workforce has continued to be an important strand of our work.

And as well as continuing to fund projects that provide essential mental health support, we have raised awareness of the challenges faced by NHS staff, through our With All Our Hearts campaign, and on the second anniversary of the start of the pandemic, we recognised the service and sacrifice of the entire healthcare workforce and reflected on the immeasurable impact on us all.

In January, I was delighted to join our Joint Royal Patrons TRH The Prince and Princess of Wales when they went to see the impact of NHS charity funding on health workers, which gave a huge boost to staff morale. And in February it was an honour to join our ambassador Jordan Henderson when he visited staff and volunteers at Yorkshire Ambulance Service.

“Our potential as a sector has never been so great. Now, more than ever, it is vital for the health service and the voluntary and community sector to work hand in hand to achieve our shared goals.”



NHS charities have a huge role to play in supporting our health and care system. Together, we have funded projects that transform the patient experience and help people stay well for longer and recover faster, at home and in the community.

Over the coming year, we will be focused on unleashing our huge potential as a sector. We already achieve so much as a collective of over 230 NHS charities, but imagine what more we could do, together. As the national membership organisation for NHS charities, we are uniquely placed to help the NHS charity sector create a future with a thriving NHS and better healthcare for everyone. Together, we can be true strategic partners for the NHS and the trusts we support.

I would like to say a huge thank you to the member charities we partner with for all you do – the scale of the healthcare challenge is so vast that your contribution is absolutely essential and massively appreciated.

**And to the many thousands of people who continue to make the work we do possible – the supporters who feel inspired to give, the fundraisers who walk, cycle and run for us, the companies and charitable trusts and foundations who partner with us, and especially those who choose to remember NHS Charities Together in their will – THANK YOU. You help the NHS go further for all of us.**



# Highlights of the year

You did so much to help our wonderful NHS go further for staff, patients and communities this year. Here's a snapshot of what you made possible.

## January

In their role as Joint Royal Patrons for NHS Charities Together, TRH The Prince and Princess of Wales visit Clitheroe Community Hospital, East Lancashire Hospitals NHS Trust, to hear how our grant to the hospital charity ELHT&Me has helped support exhausted NHS staff. Thanks to the incredible public response to our Urgent Covid-19 Appeal, we were able to allocate over £300,000 to a range of staff wellbeing projects, including a new therapy puppy called Alfie, whose name was revealed during the special Royal visit!



## February



Photo credit: Shaun Flannery

The results of our survey of more than 1,000 NHS workers show that two-thirds (67%) feel 'the public has forgotten NHS staff', despite services being busier than during the Covid peak. In response, we launch our With All Our Hearts campaign, asking the British public to get behind the NHS once again.

Together with the Department for Digital, Culture, Media and Sport (DCMS), we develop a programme to improve access to volunteering for young people from under-represented groups, including communities facing socio-economic disadvantages, people from diverse ethnic backgrounds, and disabled young people.

Our charity ambassador England football star Jordan Henderson spends a day meeting staff and volunteers at Yorkshire Ambulance Service, where money he helped raise is funding vital equipment, mental health support for staff and training for hundreds of volunteers, as the service battles its toughest winter ever. Jordan says:

**"The pressures facing the NHS right now are really challenging, and ambulance services are feeling the brunt of it. Everyone has been working so hard to respond but it's been tough, and we've got to keep showing our love for staff."**

## March

We show the impact our £150 million Urgent Covid-19 Appeal has made, two years on. We announce that working with the network of more than 230 NHS charities we have allocated £143 million across the UK, making a vital difference to NHS staff, patients and communities during the most challenging time in NHS history. This incredible achievement was made possible by the heartfelt donations from people and organisations across the UK.

On the second anniversary of the World Health Organization declaring Covid-19 a global pandemic, we hold a live-broadcast remembrance service – including a minute's silence at 11am – to reflect on the sacrifices of health and social care staff during this time, and the impact the pandemic has had on us all. The service is streamed live on Facebook and YouTube, with hundreds of NHS staff and members of the public tuning in to take part.



## May

Our latest research reveals an estimated 60,000 NHS workers could be living with post-traumatic stress as a result of the Covid-19 pandemic. Nine in 10 NHS staff (89%) said it will take many years for them to recover from the pandemic.

The network of more than 230 NHS charities gather at our inaugural national member conference for NHS charities, marking the first in-person meeting of the network since unprecedented support was shown by the public during the Covid-19 pandemic. Around 250 delegates from across the UK attend the conference in person, with more joining virtually. Keynote speakers include Dr Neil Churchill OBE, Director for Experience, Participation and Equalities at NHS England and NHS Improvement, who says:

**"This conference provides an excellent opportunity for UK charities to share ideas and inspire each other so their work gets the spotlight it deserves."**



Photo credit: Bolton NHS Foundation Trust

## April

Burnley Football Club Captain Ben Mee spends a day meeting staff at Royal Bolton Hospital, where money raised by Premier League footballers for NHS Charities Together through the #PlayersTogether initiative is making a huge difference to staff, patients and volunteers. Speaking about the visit, Ben says:

**"It's clear to see that for staff the pandemic has been relentless, and they continue to work under high levels of pressure whilst only just beginning to process the trauma they've been through. We have to care for them like they care for us and continue to support them for the long term."**

## June

We are delighted to be able to invite NHS staff across the UK, including representatives from member NHS charities, to the wonderful Platinum Party at the Palace. The event marks Her Majesty Queen Elizabeth II's platinum jubilee and is a chance to say thank you to some of those who have supported patients, staff and volunteers through the most challenging time in health service history.



# July

Thousands of people across the UK hold NHS Big Tea celebrations to mark the NHS's 74th birthday and acknowledge the NHS staff at the heart of the health service, and the vital role volunteers play in supporting it day in and day out.

NHS England Chief Executive Amanda Pritchard meets staff and patients at Charing Cross Hospital as part of the NHS Big Tea celebrations. She says:

**"The NHS Big Tea is our chance to say a big, heartfelt thank you, and support the incredible NHS charities all over the UK who play an important role in supporting staff and patients alike. The pandemic has been one of the greatest challenges the NHS has faced and staff have really appreciated the unstinting support of our amazing volunteers and of course the public."**

Strictly and Love Island sensations AJ and Curtis Pritchard, along with AJ's fellow dancer Abbie Quinnen, surprise NHS staff and patients around London with tea, treats and even an impromptu dance class, as part of the NHS's birthday celebrations. AJ says:



Photo credit: David Parry

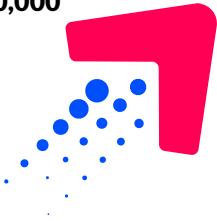
**"The NHS is incredible but it's been a tough few years and they need our support now more than ever. Funds raised from the NHS Big Tea help NHS charities continue to do their vital work, and Curtis and I are so happy to help shine a spotlight on the amazing contribution they make to the NHS."**

# August

We share how Birmingham Children's Hospital Charity is using NHS Charities Together funds to support an innovative programme for young people presenting with mental illnesses in Birmingham. The project focuses on support provided by peer support workers who are aged between 16 and 24 years old and come from the same communities and backgrounds as the people they are supporting. Crucially, they all have lived experiences of mental illness, which will help them to support others with their medical recovery, as well as assist them with their own.

# September

The ERP Today Awards and Fundraiser welcomes more than 3,000 people to Royal Ascot, including 1,200 local NHS staff. **The event raises over £130,000** to help us continue funding life-changing projects that support NHS staff, patients and their families.



# October

We report on the impact made by Calderdale and Huddersfield NHS Charity's BAME Community Engagement Advisor, Tahliah, a role made possible by a grant from NHS Charities Together. In 18 months Tahliah has provided colleagues from ethnic minority backgrounds with dedicated first line support, safe spaces and communication channels, and set up Race Equality Network (REN) meetings to discuss how to make the trust a better place to work.



Photo credit: Simon Jones –Commissioned by The Sun

# November

We launch our winter appeal 'Have Their Backs', as research shows three in 10 NHS staff (30%) have taken time off work for their mental health. In our survey of more than 1,000 NHS workers, 83% said challenges facing the NHS in the winter ahead felt 'overwhelming'.

We are once again the proud charity partner for The Sun newspaper's Who Cares Wins Awards, televised nationally on Channel 4, to celebrate the UK's incredible health and care workers. Hosted by Davina McCall, the event honours dedicated doctors, nurses, teams and carers from all over the UK, and is attended by VIPs including the Prime Minister, Rishi Sunak. One of the many deserving winners is the remarkable Dr Freda Newlands who wins the Best Doctor award – an emergency medicine specialist who recently bravely spent two months in Ukraine treating victims of the war.

# December

We are honoured to invite some of our special young supporters to attend the Together at Christmas carol concert, hosted by our Royal Patron HRH The Princess of Wales, along with some very special guests. These VIPs include nine-year-old Aimee who wrote and illustrated an e-book called 'The Very Hungry Honey Bee' and donated proceeds from its sales to NHS Charities Together; seven-year-old Jack who completed a marathon in one weekend, raising over £3,500; and nine-year-old Isaac who cycled the distance of the English Channel by riding three miles every evening after school to raise funds.

We highlight the hospitals and ambulance, mental health and community health service staff going above and beyond at Christmas to make it a special time of year for everyone they care for. Dr Luke Simonds (he/him), the LGBTQ+ Network Chair at Worcestershire Acute Hospitals NHS Trust, which is supported by Worcestershire Acute Hospitals Charity, tells us how the trust celebrates Christmas and about the support its staff and patients receive from the charity:

**"At Christmas time, the trust creates a nice atmosphere for patients and those visiting. Charitable funds help to enhance the brilliant care that's given by the NHS... It's a great way for local communities to support their own hospitals either to say thank you for the care they have received, or their loved ones have received."**





OUR VISION IS:

Helping the NHS tackle today's challenges and tomorrow's opportunities.

OUR MISSION IS:

With our NHS charity members, we are here for the people of the NHS – staff, patients and their families – as a catalyst and convenor of ideas, programmes and partnerships that help the NHS recover from the impact of Covid-19, reduce health inequalities and help to save lives.

## Our vision, mission and strategic objectives

In 2023 we will be refreshing our vision, mission and strategic objectives to better reflect our role and ambition as an organisation. Here is a reminder of the strategic objectives we were working towards in 2022.

**1 TO CHAMPION**, influence and invest in NHS strategies that improve the health and wellness of NHS people, staff and volunteers, and reduce health inequalities in the workforce



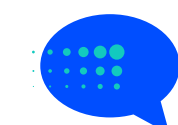
**2 TO EMPOWER** the NHS charity sector to be high performing, effective and impactful



**3 TO BE A CATALYST** and convenor of partnerships between the NHS, NHS charities and the wider voluntary health sector to advance great ideas that prevent ill health and improve long-term health conditions for patients and families



**4 TO PROMOTE UNDERSTANDING** of and increase charitable giving in the NHS and demonstrate the difference this makes



**5 TO BE A FINANCIALLY SUSTAINABLE**, responsive, and well-governed organisation that values and develops our staff, actively practising the principles of equity, diversity and inclusion





# Building our strength as a sector

With a network of more than 230 NHS charities across the UK, we support hospitals and mental health, ambulance and community services to help the NHS go further for staff and patients.

This year, we have continued to focus on enabling our members to be the best they can be, building our strength as a sector.

## PEER SUPPORT GROUPS

We now have 20 peer support groups – 14 regional groups and six special interest groups (including a new finance and governance group).

Through more than 100 member peer support meetings in 2022, we connected more than 500 members, meeting either monthly, bi-monthly or quarterly, and discussing challenges, sharing resources and co-collaborating on new solutions. Members have been eager to help each other, going out of their way to lend support.

## WEBINARS

In 2022, we organised 21 webinars reaching more than 1,200 live attendees. We shared best practice on topics including governance, fundraising, insight and evaluation, and grant funding.

**“Very clear and informative webinar.”**

**“Good theory as well as clear examples of putting that theory into practice.”**

**“Hearing from professionals first hand [was useful] and having the opportunity to ask questions.”**

## TRAINING AND MENTORING

Through our Advancement Resources partnership, we showcased four different training events over 2022 involving 23 members – 19 participants across a three-part series and four attendees for a fourth session.

**“We learned that it is about recognising that giving can be a vital part of patients’ and families’ healing.”**

Clinical Nurse Specialist, Addenbrooke’s Hospital

Fourteen members took part in a mentoring pilot pairing programme, with regular check ins throughout 2022. Everyone involved confirmed it had been a valuable experience.

**“I was so pleased to be a part of the pilot programme and give something back to other members. It was fantastic to observe my mentee gradually building their confidence over time.”**

Johnny Shah, mentor

**“Having someone to reach out to who was so knowledgeable about NHS charities and how they operate has been so useful.”**

Sophie Burt, mentee



500

Unique monthly visitors to our Member Connect online community

## MEMBER CONNECT

In 2022, Member Connect, our member-only online community regularly received more than 500 unique monthly visitors. Every day, members asked questions, shared resources and recommended contacts. Each quarter, we welcomed at least one member from all the member charities and around 88% returned every month.

This year, we had our first meeting with key Member Connect contributors, receiving valuable feedback on how to improve the community. We are now starting to implement their ideas and requests.

## DEVELOPMENT GRANTS PROGRAMME

In April, we launched the Development Grants programme to build members’ capacity, help them become stronger and more robust, and improve their ability to deliver, both during and beyond the Covid-19 crisis.

We developed a self-assessment tool that allowed members to better understand the areas where they need development and apply for grants of up to £30,000 to support projects that focus on these (for example, governance; operations; systems; culture; communications, branding and marketing; fundraising; influencing; and learning and evaluation). By the end of the year, we had approved over £1.8 million in grant applications.



£1.8m

Development Grant applications approved



## Together at our first national member conference

In 2022, we brought members from across the UK together for our inaugural national member conference. This flagship event was the first meeting of NHS charities in-person and online since the tremendous efforts of the sector to support the NHS during the Covid-19 outbreak.

The theme for the two-day event was 'Going from strength to strength together', and the aim was to learn, grow and celebrate as a network.

### Highlights included:

- Keynote speeches from influential people from across the charity and health sectors, including Dr Neil Churchill, OBE (Director for Experience, Participation and Equalities at NHS England and NHS Improvement)
- A panel discussion on the power of collective brands with Sophie Corlett (Director of External Relations, Mind) and Steven Hill (Chief Executive Officer, Coventry & Warwickshire Mind)
- Collaborative workshops to educate and inspire NHS charities, on topics such as finance and governance, digital marketing, grant making, and impact and evaluation
- A speech from comedian, author of 'This Is Going to Hurt' and former doctor, Adam Kay, who brought laughter to the event with stories of his time as a junior doctor while conveying the importance of looking after NHS staff
- Our 'Wall of Achievements' which showcased more than 50 NHS charity success stories in 2021, covering the whole of the UK
- Inviting all participants and speakers to make a pledge for the future, which we displayed on our giant heart



### PARTICIPANTS VALUED:



“Meeting others and the session on embedding the charity within the trust.”

“Meeting new people and making new friends.”

“Coming together, sharing, and feeling others enthusiasm and passion.”





# Summary of grants awarded in 2022

In 2022, we continued to support NHS patients, staff and communities by making grants to member NHS charities.

## HOW OUR GRANTS HAVE HELPED

Our membership covers 100% of the NHS charities for health boards, hospitals, and ambulance, community and mental health trusts, which means we reach staff, patients and volunteers in every part of the UK.

In 2022, we continued to distribute donations from our Urgent Covid-19 Appeal and from other fundraising to NHS charities, awarding £16.8 million in grants, on top of the £92 million granted in 2020 and 2021.

As the focus of the NHS changed in 2022, from the urgent Covid-19 response to service recovery, our grant programme moved to:

- **Community Partnership Grants** – working with member charities to fund community organisations and help to tackle the wider determinants of ill health and prevent hospital admission, taking pressure off the health service.
- **Recovery Grants** – to support the longer-term recovery of the NHS.

We backed youth volunteering projects with our £1.2 million Volunteering Futures Fund supported with matched funding from the Department for Digital, Culture, Media and Sport (DCMS). Fourteen of our members were successful in receiving funds under this competitive grants programme.

Looking forward to 2023, we carried out an Expression of Interest exercise in late 2022 to test the appetite for a new fund to support projects that create or improve green spaces across the UK to benefit the health and wellbeing of NHS patients, staff and local communities. Expressions of interest exceeded our initial allocation of funding many times over. We will be making the first grants for community growing projects, gardens, tree planting and other schemes in early 2023.

Table 1: **Total grants awarded to NHS charities in each region and nation**

NHS region	Grants awarded 2020 £	Grants awarded 2021 £	Grants awarded 2022 £	Total grants awarded £
East of England	4,305,860	4,682,954	774,470	9,763,284
London	7,047,644	7,320,127	1,667,343	16,035,114
Midlands	7,201,115	8,023,207	1,931,311	17,155,632
National	176,100	62,500	5,000	243,600
North East England and Yorkshire	7,433,700	5,298,951	1,722,531	14,455,182
North West England	5,544,855	4,045,533	2,368,662	11,959,050
South East England	5,383,856	6,272,651	2,465,345	14,121,852
South West	4,686,100	3,333,342	1,944,946	9,964,388
Northern Ireland	806,100	589,473	1,719,406	3,114,979
Scotland	3,590,669	3,196,532	1,481,770	8,268,971
Wales	1,713,900	1,260,508	746,104	3,720,512
	<b>47,889,899</b>	<b>44,085,778</b>	<b>16,826,888</b>	<b>108,802,564</b>

Table 2: **Grants awarded by grant programme**

Grant programme	Total grants awarded 2022 £
Ambulance	1,595,822
Development Grant	1,829,485
Emergency	7,980
Joy to the Wards	7,608
Community Partnerships	5,303,758
NHS recovery	6,921,455
Volunteer Futures Fund	1,160,779
	<b>16,826,887</b>

Table 3: **List of grants awarded by charity**

Charity name	Grants awarded 2020	Grants awarded 2021	Grants awarded 2022	Total awarded
Addenbrooke's Charitable Trust	£214,100	£140,098	£247,000	£601,198
Aintree University Hospital Charitable Fund (merged with R Charity)	£35,000			£35,000
Airedale Hospital & Community Charity	£161,600		£82,317	£243,917
Alder Hey Children's Charity	£140,100	£1,275,265	£134,716	£1,550,081
Aneurin Bevan Health Charity	£235,100		£313,000	£548,100
Ashford and St Peter's Hospitals Charitable Fund	£165,100	£101,500	£35,000	£301,600
Awyr Las (Blue Sky) Charity (Betsi Cadwaladr University Health Board)	£266,600	£49,000	£111,115	£426,715
Ayrshire and Arran Health Board Endowment Fund	£463,600	£175,788	£5,000	£644,388
Barking, Havering and Redbridge University Hospitals NHS Trust Charity Fund	£188,100	£154,000	£5,317	£347,417
Barnet, Enfield and Haringey Mental Health NHS Trust Charity	£111,600	£50,000	£56,620	£218,220
Barnsley Hospital Charity	£165,100		£93,317	£258,417
Barts Charity	£294,600	£363,000	£5,000	£662,600
Bay Hospitals Charity (Cumbria)	£186,100		£189,000	£375,100
Bedford Hospital NHS Trust Charitable Fund (previously Bedford Hospital Charity & Friends)	£56,000			£56,000
Bedfordshire Hospitals NHS Charity (Luton and Dunstable)	£191,600	£636,662	£5,000	£833,262
Belfast Health and Social Care Trust Charitable Fund	£184,100		£483,632	£667,732
Berkshire Health Charitable Fund	£168,600		£104,000	£272,600
Better Lives Charity (Bradford District)	£158,100	£77,000	£5,317	£240,417
Birmingham Community Healthcare NHS FT General Charity	£282,100		£103,056	£385,156
Birmingham Women's and Children's Hospital Charity	£181,100	£132,000	£35,317	£348,417
Black Country Healthcare Charity Fund	£165,100		£5,000	£170,100
Blue Skies Hospitals Fund (Blackpool Teaching Hospitals)	£186,100		£170,000	£356,100
Bolton NHS Charitable Fund	£184,600	£143,000	£5,317	£332,917
Bradford Hospitals Charity	£182,600		£5,000	£187,600
Brighter Futures (Great Western Hospitals NHS Foundation Trust Charitable Fund)	£218,900		£140,390	£359,290
Brighterway (Southern Health Charity)	£179,100		£5,000	£184,100
Brighton & Sussex University Hospitals NHS Trust Charitable Fund	£196,600	£196,956	£35,000	£428,556
Bristol & Weston Hospitals Charity	£462,100	£489,513	£5,573	£957,186
Buckinghamshire Healthcare NHS Trust Charitable Fund	£182,600	£1,020,817	£9,338	£1,212,755
Calderdale and Huddersfield NHS Charity	£179,100		£148,000	£327,100
Cambridgeshire Community Services NHS Trust Charitable Fund	£104,600	£50,000	£5,000	£159,600
Cardiff & Vale Health Charity	£245,600	£415,796	£126,409	£787,805
Caring Minds (Birmingham and Solihull Mental Health NHS FT Charity)	£168,600		£5,000	£173,600
Central and North West London NHS FT Charitable Fund	£207,100	£107,661	£62,441	£377,202
Central London Community Healthcare NHS Trust Charity	£165,100	£74,320	£5,000	£244,420
Cheshire and Wirral Partnership NHS FT General Fund	£126,482	£50,000	£5,000	£181,482
Chesterfield Royal Hospital Charity	£167,100		£5,000	£172,100
Childrens Hospital Charity, The (Sheffield)	£137,100	£77,000	£5,000	£219,100
Christie Charitable Fund, The (Manchester)	£163,600	£77,000	£5,000	£245,600
Clatterbridge Cancer Charity, The	£147,600	£33,000	£5,000	£185,600
Colchester & Ipswich Hospitals Charity	£207,100	£710,086	£34,526	£951,712
Cornwall Partnership Foundation Trust Charitable Fund	£161,600		£5,000	£166,600
Countess of Chester Charity, The	£227,467	£40,133	£5,000	£272,600
County Durham and Darlington NHS FT Charity	£356,600		£5,000	£361,600
Croydon Health Services Charitable Fund	£165,100	£88,000	£5,000	£258,100
Cumbria, Northumberland, Tyne and Wear FT Charity	£186,100		£5,000	£191,100
CW+ Charity (Chelsea and Westminster)	£182,600	£1,304,983	£104,144	£1,591,727
Cwm Taf Morgannwg NHS General Charitable Fund	£171,100		£5,000	£176,100
Dartford and Gravesham NHS Trust Charitable Fund-Valley Hospital	£161,600	£77,000	£5,000	£243,600
Derby and Burton Hospitals Charity	£216,600	£246,145	£5,000	£467,745
Derbyshire Community Health Services Charitable Trust, The	£189,600	£490,086	£5,000	£684,686
Devon Partnership NHS Trust Special Charity	£161,600	£77,000	£5,000	£243,600
Difference, The (Borders Health Board Endowment Funds)	£61,600	£181,008	£5,000	£247,608
Doncaster and Bassetlaw Hospitals NHS Foundation Trust Charitable Funds	£188,600		£5,000	£193,600
Dorset County Hospital Charity	£158,100	£35,643	£359,099	£552,842
Dorset HealthCare Foundation Trust Charitable Fund	£179,100	£105,746	£5,000	£289,846
Dudley Group NHS FT Charity	£172,100	£121,000	£102,364	£395,464
Dumfries & Galloway Health Board Endowment Fund	£263,569	£82,969	£5,000	£351,538
East and North Hertfordshire Hospitals Charity	£324,100		£63,369	£387,469
East Cheshire NHS Trust Charitable Fund	£158,100		£5,000	£163,100
East Kent Hospitals Charity	£203,600	£220,000	£5,000	£428,600

Charity name	Grants awarded 2020	Grants awarded 2021	Grants awarded 2022	Total awarded
East Midlands Ambulance Service Trust Charity	£165,100	£511,715	£5,000	£681,815
East of England Ambulance Service Charity	£75,600	£558,689	£121,624	£755,913
East Sussex Healthcare NHS Trust Charitable Fund	£189,600	£165,000	£5,000	£359,600
ELFT Charity (East London NHS Foundation Trust)			£5,000	£5,000
ELHT&Me (East Lancashire)	£200,100	£209,000	£35,000	£444,100
Epsom and St Helier NHS Trust Charitable Fund	£179,100		£5,000	£184,100
Essex Partnership University NHS Foundation Trust Charitable Fund	£172,100	£42,000	£5,000	£219,100
EyUp! (South West Yorkshire)	£168,600	£98,967	£5,317	£272,884
Fife Health Charity	£152,100	£312,332	£5,000	£469,432
Forth Valley Giving	£136,100		£229,318	£365,418
Frimley Health Charity	£640,956	£178,213	£35,000	£854,169
Gateshead Health NHS Foundation Trust Charitable Fund	£282,100		£5,000	£287,100
George Eliot Hospital Charity	£154,600		£35,000	£189,600
Gloucestershire Care Services NHS Trust Charities	£172,100	£99,000	£5,000	£276,100
Gloucestershire Hospitals NHS Foundation Trust General Charitable Fund	£380,100	£441,077	£5,317	£826,494
Golden Jubilee National Hospital (Scotland)	£101,100		£5,000	£106,100
Great Ormond Street Hospital Children's Charity	£232,100	£50,000	£5,317	£287,417
Greater Manchester Mental Health NHS FT Charitable Fund	£75,600	£50,000	£5,000	£130,600
Guy's and St Thomas' Charity	£641,100	£931,163	£5,317	£1,577,580
Hampshire Hospitals Charity	£182,600		£159,000	£341,600
Harrogate Hospital and Community Charity	£172,100	£110,000	£5,000	£287,100
Head to Toe (Cambridgeshire and Peterborough NHS Foundation Trust)	£168,600	£47,800	£5,000	£221,400
Headlight (Avon and Wiltshire Mental Health Partnership Charitable Fund)	£168,600		£104,000	£272,600
Heads On (Sussex Partnership Charity)	£172,100	£833,147	£83,953	£1,089,200
Health Stars (Humber)	£158,100		£71,000	£229,100
Health Tree Foundation (Northern Lincolnshire & Goole)	£182,600	£205,375	£623,630	£1,011,605
Herefordshire and Worcestershire Health and Care NHS Trust Charity	£65,100	£50,000	£5,000	£120,100
Hertfordshire Community NHS Trust Charitable Fund	£506,260	£406,000	£5,000	£917,260
Hertfordshire Partnership NHS Foundation Trust Charitable Fund	£61,600	£50,000	£5,000	£116,600
Highland Health Board Endowment Funds	£107,100	£50,000	£5,000	£162,100
Hillingdon Hospitals Charity	£161,600		£80,600	£242,200
Homerton Hospital Charitable Fund	£165,100	£771,173	£301,999	£1,238,272
Hounslow and Richmond Community Healthcare NHS Trust Charitable Fund	£97,600	£50,000	£5,000	£152,600
Hywel Dda Health Charity	£244,600	£279,500	£118,985	£643,085
Imperial Health Charity	£503,600		£5,317	£508,917
Isle of Wight NHS Charitable Funds	£61,600	£50,000	£35,000	£146,600
James Paget University Hospitals Charitable Fund	£161,600	£77,000	£5,317	£243,917
Kent Community Health Charity (I Care)	£72,100	£50,000	£5,000	£127,100
Kettering General Hospital Charity Fund	£170,600	£99,000		£269,600
King's College Hospital Charity	£224,600	£286,000	£105,000	£615,600
Kingston Hospital Charity	£161,600	£77,000	£5,000	£243,600
Lanarkshire Health Board Endowment Funds	£231,600	£321,006	£313,000	£865,606
Lancashire & South Cumbria NHS Foundation Trust Charity	£183,006		£159,000	£342,006
Lancashire Teaching Hospitals Charity	£394,600	£75,052	£762,406	£1,232,058
Leeds and York Partnership NHS Foundation Trust Charitable Fund	£108,100	£66,000	£5,000	£179,100
Leeds Community Healthcare Charitable Trust and Related Charities	£161,600	£76,727	£5,000	£243,327
Leeds Hospitals Charity (Leeds Cares)	£670,100	£1,274,224	£35,000	£1,979,324
Leicester Hospitals Charity	£251,100	£893,595	£5,000	£1,149,695
Lewisham and Greenwich NHS Trust Charitable Fund	£186,100	£154,000	£5,000	£345,100
Lincolnshire Community Health NHS Charity	£168,600	£31,187	£315,400	£515,187
Liverpool Heart and Chest Hospital Charity	£195,100		£35,000	£230,100
Liverpool University Hospitals NHS Charitable Fund	£228,100	£297,000	£5,000	£530,100
Liverpool Women's Hospital Charity	£151,100	£44,000	£12,980	£208,080
London Ambulance Service Charity	£179,100	£895,551	£167,000	£1,241,651
London North West Healthcare Charitable Fund	£196,600		£154,442	£351,042
Love Your Hospital (Western Sussex Hospitals Charity)	£189,600	£165,000	£5,000	£359,600
Maidstone and Tunbridge Wells NHS Charitable Fund	£182,600		£5,000	£187,600
Manchester University NHS FT Charity	£298,100	£528,000	£105,243	£931,343
Maudsley Charity	£172,100		£5,000	£177,100
Medway Hospital Charity, The	£168,600	£181,696	£806,959	£1,157,255
Mersey Care Charity	£89,600	£50,000	£5,000	£144,600



Charity name	Grants awarded 2020	Grants awarded 2021	Grants awarded 2022	Total awarded
Mid and South Essex NHS Foundation Trust Charity (Southend)	£280,600	£918,103	£5,000	£1,203,703
Mid Cheshire Hospitals Charitable Fund	£172,100		£5,000	£177,100
Milton Keynes Hospital Charity	£167,100	£90,430	£35,317	£292,847
Moorfields Eye Charity	£154,600		£152,595	£307,195
MY Hospitals Charity (Mid Yorkshire Hospitals NHS Trust Charitable Fund)	£200,100	£200,500	£5,000	£405,600
My WiSH Charity (West Suffolk)	£168,600	£66,000	£38,000	£272,600
Newcastle Upon Tyne Hospitals NHS Charity	£583,100	£1,567,845	£5,000	£2,155,945
NHS Blood and Transplant Charitable Fund	£179,100	£61,000	£5,000	£245,100
NHS Grampian Endowment Fund	£238,600	£597,043	£5,000	£840,643
NHS Greater Glasgow and Clyde Endowments (Greater Glasgow Health Board Endowment Funds)	£417,100	£875,432	£81,372	£1,373,904
NHS Lothian Charity	£1,028,700	£158,926	£135,000	£1,322,626
Norfolk and Norwich Hospitals Charity	£394,600	£490,086	£5,000	£889,686
Norfolk and Suffolk NHS Foundation Trust Charitable Fund	£118,600	£50,000	£5,000	£173,600
Norfolk Community Health & Care NHS Trust Charitable Fund	£154,600	£55,000	£5,000	£214,600
North Cumbria University Hospitals Charitable Fund	£182,600		£153,032	£335,632
North East Ambulance Service Trust Fund	£158,100		£256,245	£414,345
North East London Community Healthcare Charity (Health Way Foundation)	£179,100		£5,000	£184,100
North Middlesex Hospital General Charitable Fund	£238,600		£5,000	£243,600
North Tees and Hartlepool NHS Foundation General Charitable Fund	£175,600		£5,000	£180,600
North West Ambulance Service Charitable Fund	£132,600	£687,083	£5,000	£824,683
North West Boroughs Healthcare NHS FT Charitable Funds	£179,100			£179,100
Northamptonshire Health Charity	£203,600	£552,060	£5,000	£760,660
NorthCare Charity (formerly Pennine Acute Hospitals Charity)	£214,100		£205,000	£419,100
Northern Devon Healthcare NHS Trust Charitable Fund	£161,600			£161,600
Northern Health and Social Care Trust	£147,600	£300,340	£269,000	£716,940
Northern Ireland Ambulance Service Charity	£47,600	£50,000	£194,370	£291,970
Northumbria Healthcare NHS Trust Charity (Bright Northumbria)	£196,600	£197,280	£5,000	£398,880
Nottingham Hospitals Charity	£249,100	£840,071	£67,024	£1,156,195
Nottinghamshire Healthcare NHS Trust Charitable Funds	£100,100		£5,000	£105,100
Orkney Health Board Endowment Funds	£44,100	£50,000	£5,000	£99,100
Oxford Health Charity	£175,600	£132,000	£5,000	£312,600
Oxford Hospitals Charity	£224,600	£150,188	£140,812	£515,600
Oxleas NHS Foundation Trust Charitable Fund	£65,100	£50,000	£5,000	£120,100
Pennine Care Charitable Foundation	£165,100		£93,000	£258,100
Peterborough and Stamford Umbrella Charitable Fund (North West Anglia NHS Foundation Trust)	£134,600	£50,000	£159,000	£343,600
Plymouth Hospitals Charity	£196,600	£782,903	£5,000	£984,503
Poole Hospital NHS Foundation Trust Charitable Fund	£267,600			£267,600
Portsmouth Hospitals Charity	£189,600	£175,645	£5,000	£370,245
Powys Teaching Health Board Charity	£104,600	£50,000	£5,000	£159,600
Princess Alexandra Hospital Charity, The (Essex)	£165,100		£5,000	£170,100
Queen Elizabeth Hospital King's Lynn Charitable Fund, The	£161,600	£77,000	£5,000	£243,600
Queen Victoria Hospital Charity	£147,600	£33,000	£5,000	£185,600
Raise (West Hertfordshire Hospital Charity)	£172,100	£121,000	£5,000	£298,100
Raising Health (Leicestershire Partnership NHS Trust Charity)	£175,600	£121,000	£5,000	£301,600
Robert Jones and Agnes Hunt Orthopaedic Hospital Charity	£101,100	£50,000	£68,317	£219,417
Rotherham Hospital and Community Charity, The	£168,600		£114,039	£282,639
Rotherham, Doncaster and South Humber NHS Foundation Trust Charitable Fund	£161,600		£5,000	£166,600
Royal Berkshire NHS Foundation Trust Charity	£175,600	£132,000	£5,000	£312,600
Royal Brompton and Harefield Hospitals Charity	£165,100		£93,000	£258,100
Royal Cornwall Hospitals Charity	£129,100	£192,787	£35,000	£356,887
Royal Devon and Exeter NHS Foundation Trust General Charity	£200,100		£263,000	£463,100
Royal Free Charity	£423,600	£735,129	£5,000	£1,163,729
Royal Marsden Cancer Charity, The	£264,100		£81,371	£345,471
Royal National Orthopaedic Hospital Charity	£151,100	£44,000	£5,000	£200,100
Royal Orthopaedic Hospital NHS Foundation Trust Charity	£180,600		£5,000	£185,600
Royal Papworth Hospital Charity	£151,100	£44,000	£5,317	£200,417
Royal Surrey County Hospital Charity	£118,600	£640,822	£5,000	£764,422
Royal United Hospital Bath NHS Trust Charitable Funds, The	£175,600	£111,097	£405,980	£692,677
Royal Wolverhampton NHS Trust Charity	£203,600		£225,000	£428,600
Salford Royal NHS FT General Charitable Funds	£210,600		£273,000	£483,600
Sandwell and West Birmingham Hospitals Charity	£521,325	£462,223	£109,777	£1,093,325

Charity name	Grants awarded 2020	Grants awarded 2021	Grants awarded 2022	Total awarded
SASH Charity (Surrey and Sussex Healthcare Charity)	£172,100		£115,000	£287,100
SaTH (Shrewsbury and Telford Hospital) Charity	£182,600	£388,043	£91,648	£662,291
Scottish Ambulance Service Charity	£75,600	£50,000	£551,300	£676,900
Sheffield Hospitals Charity	£683,100	£735,129	£35,000	£1,453,229
Sherwood Forest Hospitals Charity	£75,600	£50,000	£5,000	£130,600
Shetland Health Board Endowment Funds	£94,100		£5,000	£99,100
Shropshire Community Health NHS Trust Charitable Fund	£51,100	£50,000	£5,000	£106,100
Solent NHS Charity	£111,600	£50,000	£5,000	£166,600
Somerset NHS Foundation Trust Charitable Funds	£203,600	£198,000	£5,000	£406,600
South Central Ambulance Service NHS Trust Charity	£165,100	£410,911	£104,000	£680,011
South East Coast Ambulance Service Charity	£115,100	£50,000	£596,283	£761,383
South Eastern Health and Social Care Trust Charitable Fund	£160,600	£170,016	£236,000	£566,616
South Staffordshire Community & Mental Health Charitable Funds	£96,600	£50,000	£5,000	£151,600
South Tees Hospitals Charity	£409,100		£5,000	£414,100
South Tyneside and Sunderland NHS Foundation Trust Charitable Funds	£200,100		£5,000	£205,100
South West London & St George's Mental Health NHS Trust Charitable Fund	£104,600	£50,000	£5,000	£159,600
South Western Ambulance Service Charity	£168,600	£662,111	£5,000	£835,711
Southampton Hospital Charity	£221,100	£1,204,256	£5,000	£1,430,356
Southern Health and Social Care Trust Charitable Fund	£164,100		£148,000	£312,100
Southmead Hospital Charity (North Bristol NHS Trust Charitable Funds)	£200,100	£136,965	£68,535	£405,600
Southport and Ormskirk Hospitals Charity	£161,600	£77,000	£5,000	£243,600
St George's Hospital Charity	£200,100	£1,031,147	£5,317	£1,236,564
Stars Appeal (Salisbury District Hospital Charitable Fund)	£165,100		£5,000	£170,100
Stockport NHS Charity	£125,600	£121,000	£5,000	£251,600
Surrey & Borders Partnership NHS FT General Purposes Charity	£108,100	£50,000	£5,000	£163,100
Sussex Community NHS Charity	£172,100		£126,000	£298,100
Swansea Bay Health Charity	£233,600	£466,212	£26,614	£726,426
SWFT Charity (South Warwickshire NHS Foundation Trust Charity)	£174,100	£110,000	£5,000	£289,100
Tameside & Glossop Integrated Care NHS FT Charitable Fund	£68,600	£50,000	£5,000	£123,600
Tavistock Clinic Foundation	£94,100	£50,000	£5,000	£149,100
Tayside Health Fund	£131,600	£292,028	£121,780	£545,408
Tees, Esk and Wear Valleys NHS Trust General Charitable Fund	£136,100	£50,000	£5,000	£191,100
Three Wishes Charity (Wrightington, Wigan & Leigh)	£132,600	£50,000	£5,000	£187,600
Torbay and South Devon NHS Charitable Fund	£186,100		£159,000	£345,100
UHCW Charity (University Hospitals Coventry and Warwickshire)	£756,990	£212,825	£5,317	£975,132
United Lincolnshire Hospitals NHS Trust Charitable Fund	£193,100	£176,000	£5,000	£374,100
University College London Hospitals Charity	£345,444		£166,546	£511,990
University Hospitals Birmingham Charity	£286,100	£1,110,112	£5,000	£1,401,212
University Hospitals Dorset - Bournemouth & Christchurch Hospitals NHS Foundation Trust CF	£282,100		£5,000	£287,100
University Hospitals of North Midlands Charity (UHNM)	£458,100	£44,000	£503,172	£1,005,272
Velindre University NHS Trust Charity	£97,600		£5,000	£102,600
Wallace and Gromit's Grand Appeal	£35,000			£35,000
Walton Centre Charity, The	£147,600	£33,000	£5,000	£185,600
Warrington and Halton Hospitals Charity	£170,600		£104,000	£274,600
Well Wishers Charity (Walsall Healthcare)	£168,600		£104,000	£272,600
Welsh Ambulance Service Charity	£115,100		£34,981	£150,081
West London NHS Charitable Fund	£165,100		£5,000	£170,100
West Midlands Ambulance Service Charity	£182,600	£709,486	£42,918	£935,004
Western Health and Social Care Trust Charitable Fund	£114,100	£63,117	£388,404	£565,621
Western Isles Health Board Endowment Funds	£44,100	£50,000	£5,000	£99,100
Weston Health NHS Trust Charitable Funds (merged with Bristol & Weston Hospitals Charity)	£101,100			£101,100
Whiston and St Helens Hospitals' Charity	£132,600	£2,500	£5,000	£140,100
Whittington Hospital Charitable Funds, The	£267,600		£35,000	£302,600
WISHH (The Hull and East Yorkshire Hospitals Health Charity)	£200,100		£5,317	£205,417
Worcestershire Acute Hospitals Charity	£182,600	£83,500	£5,000	£271,100
WUTH Charity (Wirral University Teaching Hospital Charity)	£182,600	£143,000	£5,000	£330,600
Wye Valley NHS Umbrella Charity	£161,600	£428,659	£28,000	£618,259
Yeovil Hospital Charity	£154,600		£354,052	£508,652
York & Scarborough Hospitals Charity (York Teaching Hospitals)	£200,100		£5,000	£205,100
Yorkshire Ambulance Service NHS Trust Charities	£175,600	£555,404	£5,000	£736,004

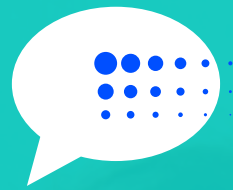


# What we've achieved together

This year, once again, your support helped us be there for the NHS. Working with more than 230 NHS charities across the UK, we provided the extra support needed by NHS patients, staff and communities.







“It was difficult seeing clinical colleagues going through what they were. As an administrative person in the NHS, I felt there was only so much I could do. Volunteering for the TRiM project was a way of giving something back. As soon as I heard about it, I jumped at the opportunity.

“The first time I met a colleague, I was worried whether I would be able to help, and especially as it was someone I knew. She had a lot of guilt and blamed herself for things like staff not having enough PPE. We talked about how she felt and helped her process her emotions to prevent them from escalating to something more serious.

“She felt better at the end. She is now championing health and wellbeing for her team and has joined the healthy network, getting access to resource groups for staff on her team. It is so rewarding to support colleagues and to see such positive results.”

Paula Brennan, Volunteer TRiM Practitioner and Patient Experience Manager at County Durham and Darlington NHS Trust.



## WHAT WE HAVE ACHIEVED TOGETHER

# Caring for NHS staff

In 2022, NHS staff continued to care for us despite relentless pressure from the disruption and delays to services caused by the Covid-19 pandemic. An online survey in October found that in addition to anxiety, just under half of NHS staff had experienced physical exhaustion (49%) and a quarter reported depression (24%).

Around half (48%) of NHS staff said they would benefit from psychological support or counselling services, and one in five (20%) requested intensive therapy for trauma support. This highlighted the urgent need to continue supporting staff wellbeing.

Through ongoing grants from our Urgent Covid-19 Appeal and Development Grants to build the capacity of NHS charities to support trusts, your donations enabled us to fund vital projects for staff. These ranged from places to rest during busy shifts to counselling and peer-to-peer support.

We were so proud to be shortlisted in the 2022 HSJ Partnership Awards in recognition of the impact of our Urgent Covid-19 Appeal in enabling staff to continue their vital work during one of the most challenging times in NHS history.

## HELPING NHS STAFF PROCESS TRAUMA

Money raised through our Urgent Covid-19 Appeal enabled County Durham and Darlington NHS Foundation Trust Charity to fund the TRiM project. This is an intervention to prevent NHS staff experiencing extreme trauma and PTSD because of what they have experienced through the pandemic. Through the project, 53 staff volunteers have been trained to provide peer support and intervene to stop mental health issues escalating.

The ongoing project has been a big success and is now attracting more volunteers who want to support their colleagues.

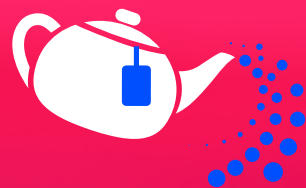
## HONOURING THE SERVICE OF HEALTH AND CARE STAFF

Throughout the year, we raised awareness of the ongoing sacrifice of NHS staff. We launched our With All Our Hearts campaign in response to our research finding that 67% of NHS staff felt 'like the public has forgotten [them]', held a live-broadcast remembrance service on the second anniversary of the Covid-19 global pandemic being declared, and brought together thousands of people across the UK to hold NHS Big Tea celebrations.

**“I am eternally grateful and proud of our health and social care workforce... It is so important that we get together and reflect on the impact Covid-19 has had on everyone.”**

Ruth May, NHS England's Chief Nursing Officer, speaking at our remembrance service.





**“We greatly appreciate the work you do and really look forward to weekly sessions where we can meet people, chat and have fun. This makes a difference to our lives.”**

Participant in the Sporting Memories project.  
Funded by Swansea Bay Health Charity, using NHS Charities Together grants.



**WHAT WE HAVE  
ACHIEVED TOGETHER**

## **Supporting patients and the wider community**

Your support in 2022 made it possible for us to help the NHS go further for patients in the face of unprecedented challenges. And together, we have provided vital support for community groups, relieving the pressure on the health service by tackling the wider determinants of ill health.

NHS Charities Together funding has enabled hospitals and healthcare facilities across the UK to make improvements that benefit the wellbeing of staff, patients and visitors. With our support, QVH Charity was able to help Queen Victoria Hospital in East Grinstead provide dedicated support to patients on their cancer journey, by bringing an additional clinical psychologist on board. Feedback from these patients has shown that the service is making a big impact on their lives.

**“[The psychologist] managed to help me see things differently. I don’t know how she did it, but gradually I could start to look at myself again.”**

Olivia, patient at Queen Victoria Hospital. Funded by QVH Charity, using NHS Charities Together grants.

Outside of the hospital environment, we have invested in community projects such as therapeutic growing spaces and sports clubs that support the health and wellbeing of local people experiencing poor mental or physical health. Through community partnerships like these, we are helping to improve the health and wellbeing of those living with long-term health conditions.

**“In here, I feel safe. I trust the people here. I found I’ve got a new community, so in many ways, it’s a bit like being with family. I feel very happy here and my confidence has changed tremendously.”**

Participant in the Grow Well Project. Funded by Cardiff & Vale Health Charity, the South West (SW) Cardiff Primary Care cluster and Grow Cardiff, using NHS Charities Together grants.



## Driving innovation

This year, we have supported innovative projects that put the NHS at the forefront of health and care. Through testing and implementing new technologies and approaches, NHS staff and volunteers are better able to keep up with the changing needs and preferences of patients.

Since the pandemic changed the way we live and work overnight, we've helped NHS services continue to adapt, making better use of technology to get things done. When Cardiff & Vale Recovery & Wellbeing College unexpectedly had to move most of its free health and wellbeing courses online due to Covid-19, this created some barriers for those less comfortable with going digital. We helped Cardiff & Vale Health Charity to recruit a Digital Inclusion Lead to support both students and staff through this transition.

**"We decided it would be wonderful to train students with experience of accessing services online to be digital peers to support others. The funding has been an enormous help to everything from improving how our students can register all the way to helping them access our courses – having the time and space to do that."**

Georgia Howard, Digital Inclusion Lead at Cardiff & Vale Recovery & Wellbeing College. Funded by Cardiff & Vale Health Charity, using NHS Charities Together grants.

We have also helped NHS trusts pilot innovations in the way they approach health and care issues. Birmingham Children's Hospital Charity is using NHS Charities Together funds to support an innovative programme for young people presenting with mental illnesses.

The project focuses on training peer support workers who are aged between 16 and 24 years old, come from the same backgrounds as the people they are supporting, and, crucially, have lived experiences of mental illness. Sadly, with the pandemic having had such a negative impact on the mental health of young people across the UK, this support is needed more than ever.

**"We're incredibly grateful to NHS Charities Together and the public for helping to fund our new peer support worker programme. We are focused, more than ever, on providing long-term support, through this new model, to young people struggling with their mental health."**

Elaine Kirwan, Director of Nursing (Mental Health Services) at Birmingham Women's and Children's NHS Foundation Trust. Funded by Birmingham Children's Hospital Charity, using NHS Charities Together grants.







**“An estimated 60,000 NHS workers could be living with post-traumatic stress because of the pandemic, while nine in 10 staff (89%) say it will take many years for them to recover.”**

NHS CHARITIES TOGETHER RESEARCH

## WHAT WE HAVE ACHIEVED TOGETHER

# Today, we are needed more than ever

The NHS was founded in 1948 on three simple principles: that it meets the needs of everyone; that it be free at the point of delivery; and that it be based on clinical need, not ability to pay. While these founding principles endure, the NHS is now experiencing the most challenging time in its 75-year history.

Today's NHS faces the demands of an aging population, increasing numbers of people living with long-term conditions, and widening health inequalities – all having been made worse by Covid-19. Added to this is the context in which the NHS must recover from the pandemic. An economic crisis and a turbulent political landscape have placed an even bigger burden on our cherished health service.

### PATIENT CARE IS NEAR CRISIS.

Health inequalities across the UK already mean people living in the poorest areas will on average live with more diagnosed illnesses, and die over 10 years earlier, than those in wealthier areas. Patients are facing the worst backlog to treatment in the history of the NHS, with a record 7 million people waiting for treatment in England alone. And Covid-19 has contributed to a sharp rise in mental health needs at a time when services have been severely disrupted.

### THE WORKFORCE RESPONSIBLE FOR PROVIDING PATIENT CARE IS IN CRISIS.

NHS staff are already under burn-out levels of pressure. Our own research shows that an estimated 60,000 NHS workers could be living with post-traumatic stress because of the pandemic, while nine in 10 staff (89%) say it will take many years for them to recover.

With a vacancy level of over 100,000 and an estimated extra 475,000 staff needed in the next decade, it is critical that NHS staff are supported, if they are to provide the best possible care for patients, now and in the future.

### WE STAND WITH OVER 230 MEMBER CHARITIES TO HELP NHS STAFF AND PATIENTS THRIVE.

Charities have supported the NHS throughout its history – funding research, supporting the patient experience, and enabling the latest advancements in health care. It is not the job of the charity sector to address day-to-day funding needs, but we have a vital role to play in creating healthy communities, accelerating ideas into practice, and helping the NHS thrive.

As the national charity caring for the NHS and the member body representing all NHS charities, we are uniquely placed to reach the 1.5 million patients that are seen by the NHS every day, and to support and influence its governing bodies. We can make an impact by ensuring donations go where they are most needed and by influencing policy and practice nationally.



# Looking ahead

In 2023 we will be refreshing our strategy – aligning with member NHS charities to help us achieve our collective potential. As we emerge from the Covid-19 pandemic, we will continue to develop our approach to reflect the current challenges affecting the NHS, the people who use it, and the people who work for it.

Together with the membership and national partners, we will work towards:

## AN IMPACTFUL SECTOR

We will continue to work across the membership to maximise our individual and collective potential, being a valuable strategic partner both locally and nationally, and having the greatest possible impact on patients, communities and the workforce.

## HELPING THE NHS BE THE BEST IT CAN BE

Millions of people benefit from our amazing NHS every year, but there is always more we can do to improve patient outcomes and experience. Working with members, we will help the NHS go further. Our investment doesn't replace government funding, but instead builds on it, supporting a wide range of projects that go above and beyond the day-to-day running of the NHS.

## INVESTMENT THAT DELIVERS IMPACT

On the back of our fundraising and national partnerships we will direct investment with a laser focus on impact for patients, the public and the workforce. Our approach will be founded in driving innovation, working with partners to spread and scale-up brilliant things, and acting as a catalyst for change. This investment will be underpinned by evaluation, evidence, insight and collaborative learning.

## NATIONAL PROGRAMMES CAPITALISING ON OUR UNIQUE STRENGTHS

Our collective ability to reach into all parts of the NHS positions us uniquely to collaborate around national programmes that drive change around our strategic areas of focus.

## A VOICE FOR THE NHS CHARITY SECTOR

A key part of our strategic approach will be working with the membership to have one strong voice. Ensuring we listen to the full range of members, we will work with our national partners to help shape strategic partnerships, influence national policy, and position the NHS charity sector as a vital part of health and care.



# All because of you

Everything we've done to help the NHS go further this year is thanks to you. Heartfelt donations from our supporters and partners have made a massive impact on hardworking NHS staff, volunteers and the patients in their care. **Thank you.**

We simply couldn't do what we do without you.

We have continued to be overwhelmed by our brave, creative and caring fundraisers and the generous support they have received from the public. Thank you to:

- Deeya, a nurse at Colchester General Hospital, who raised £800 before making her epic climb up Mount Everest, the world's tallest mountain.
- The 4Cs, who have been gathering at their village hall in North Shropshire every month for Coffee, Cake, Chat and Charity. Altogether, they raised a tasty £2,907.
- Rae, who with the help of the NHS bounced back from a paralysing cycling accident and went on to raise more than £3,045 through numerous 5k and 10k races, a 100-mile bike ride, several half marathons and the London Marathon.
- Emily Saville, who despite having long Covid completed laps of her garden with a walking aid. She smashed her initial £100 fundraising target by raising £10,500!
- David Woods, whose fundraising total grew to a towering £20,000 from his charity plant stall.
- All the supporters who stepped up to the challenge of 10,000 steps a day in August to raise a combined £21,074.

A big thanks to the thousands of you that took part in the NHS Big Tea in July to celebrate the 74<sup>th</sup> birthday of the NHS, and raise money for NHS charities across the UK.

Our sincere gratitude to those people who felt moved to leave a forever thank you in their Will – including Mr Hamer, B Moorshead, Mrs Gregory, D Westwood and Mrs Entwistle. We are eternally grateful.

We deeply appreciate the individuals, charitable trusts and foundations and corporate supporters who stood alongside us this year and continue to support our work – from multinational companies to independent stores to family foundations. We cannot thank you enough for your support through donations, employee fundraising, selling products or donating a percentage of product sales us.

First to be applauded is our partnership with Starbucks, who have continued to support NHS staff through the 'free tall beverage' and 'gifts that give back' campaigns, along with other fundraising and thank you initiatives. Together, we're working with NHS charities across the UK to strengthen local connections and make a real difference in communities.

**"We are proud of our ongoing partnership with NHS Charities Together and look forward to delivering more work together that ensures we continue to support the local communities we serve."**

Alex Rayner, General Manager, Starbucks UK

We are grateful to healthcare company Haleon who donated a percentage of product sales from their Winter Health campaign, helping to tackle the increasing winter pressures that NHS staff are under. This campaign empowers people to take charge of their own health with self-care guidance that can help prevent ill health and products to treat ailments that do not require NHS intervention.

Thank you to Morrisons, who were once again the headline sponsor of our flagship event, the NHS Big Tea. Morrisons allowed NHS charities to fundraise in store, making a positive impact in the community.

PG Tips proudly supported the NHS Big Tea as a sponsor and donated 5p from every product sold in Morrisons' 'Every Pack Gives Back' promotion. Thank you!

We are grateful for the support Amazon provided in 2022. We were delighted to send a big cheer of support to a group of employees on a fundraising ride from Manchester to London.

We continue to be thankful for our partnership with the media platform ERP Today, who this year raised over £130,000 at their ERP Awards and Fundraiser.

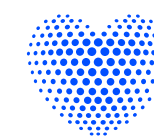
## MORE THANKS TO:

- Marks and Spencer who continued to donate for every customer that selected NHS Charities Together as their Sparks charity, donating over £50,000 to date.
- Central Tickets who set up a dedicated 'Tickets for Medics' site offering NHS workers discounted tickets to live shows, donating over £4,000 so far.

- Great British Card Company who donated 10% of sales from the 'A Million Little Things' range. Over the last three years they have donated more than £19,000.
- Florette who raised over £30,000 from the sale of their Rainbow Crunchy Salad.
- Above Board Distribution, who gave 100% of the profits from their Care4Life album featuring tracks donated by UK dance artists, totalling almost £20,000.
- Circus Ginnett for raising almost £7,000 by donating £1 from every ticket sold on the opening night at each of their venues.
- Cyber security company Fortinet, who fined staff according to a set of 10 commandments and took on challenges including skydiving and walking from Reading to London, raising over £45,000.
- The Women of the Year awards, who presented the Women of Achievement award to the women of the NHS and raised £10,000 for us through their event to promote positive female role models.

Once again, we save **a special thank you** for the member charities we partnered with this year, based in hospitals and ambulance, mental health and community health trusts and health boards across the UK. We are honoured to work alongside you as you help NHS staff and volunteers carry out their essential work and transform the lives of the patients they care for. Words aren't enough.

We look forward to working with the network of NHS charities, our supporters, fundraisers and partners to keep helping our incredible NHS be the best it can be.



Want to know more about how you can work with us to help the NHS go further? Get in touch at [info@anhsc.org.uk](mailto:info@anhsc.org.uk)



# Financial statements





# Structure, governance and management

## GOVERNING DOCUMENT

The Charity is a company limited by guarantee, incorporated in England and Wales on 20 November 2019 (registered number 12325259), and registered as a charity with the Charity Commission for England & Wales on 25 November 2019 (registered charity number 1186569). From 25 January 2021 the Charity has also been registered with the Scottish Charity Regulator (Scottish Charity number SC050716).

The Charity is governed by its Articles of Association which define the objects and powers of the Company.

The Charity has a wholly owned subsidiary, ANC Trading Limited (registered in England and Wales number 12608754), which generates commercial income from trading relationships. The financial results of ANC Trading Ltd have been consolidated with those of the Charity and are shown separately in Note 29.

## FUNDRAISING

We are grateful for the fundraising support we receive from all quarters – individuals, community groups, companies, legacies. Where appropriate we enter into a formal legal agreement to regulate fundraising on our behalf by others and to ensure they comply with the Fundraising Regulator’s Code of Practice. In particular we require our supporters to protect vulnerable people and other members of the public from any unreasonable intrusion into their privacy or any undue pressure to donate.

We are registered with the Fundraising Regulator and have committed to follow the Code of Fundraising Practice and the Fundraising Promise. During the year we received no complaints about our fundraising.

## OBJECTS

**The Objects of the Charity are, for the public benefit:**

- a. the advancement of health, and, in particular but without limitation, the promotion of the effective working of NHS Charities;
- b. the advancement and promotion of knowledge and education in relation to NHS Charities and their purposes, including by engaging in and supporting research (and the dissemination of the useful results); and
- c. the furtherance by any other means of the charitable purposes of all or any NHS Charities generally.

## ACTIVITIES FOR THE PUBLIC BENEFIT

### Grant making

The Charity raises funds which it grants to Member Charities to support NHS patients, NHS staff, and the health of the communities in which Members work. Examples of support given during 2022 appear elsewhere in this Annual Report.

Trustees were supported in their grant awarding by NHS Charity Member Peer Reviewers and also the Grants Advisory & Review Panel (GAARP).

This independent group provided:

- subject matter expertise in the governance and administration of best practice grant schemes
- expert and external grant decision-making recommendations
- specific expertise around evidence-based needs, trends and structures to support the delivery of the vision and mission of NHS Charities Together and meet the needs of our Members and their associated NHS Trusts through appropriate grant making
- independent thinking, challenge and assurance in the grant making of NHS Charities Together

Trustees wish to record their thanks to the GAARP members for their considerable contribution to the Community Partnership Grants programme.

## Member services and support

The Charity provides a range of services aimed at helping Member Charities operate most effectively and to the highest standards.

**Membership gives access to:**

- conferences and events
- lobbying/representation
- networking and support
- news and information
- nationwide campaigns

Member services included face to face meetings as well as regular news bulletins, webinar events, and access to our digital community for Members.

## Public benefit

The Trustees confirm that they have complied with their duty under the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the Charity.

Between them, our Member Charities hold more than £3 billion in assets and generate an annual income of more than £500 million. These charities play a significant role in supporting the NHS, and the additional funds they produce allow them to invest in new ways of working, innovations, projects and interventions that help to deliver improvements and enhancements to the NHS for the benefit of the public.

NHS Charities Together is here to support NHS charities to reach their individual goals, to grow and learn together and deliver benefits for patients, communities and the workforce.

Our position as a national charity also enables us to play a distinct role in the delivery of programmes and activities that impact on the outcomes that are important to all of us, regardless of our background or personal circumstances.

## TRUSTEES

The Trustees, who are also directors under company law, who have served during the year are set out on page 64. Up to 12 Trustees are elected by Members and a further

three Trustees can be coopted by the other Trustees. A majority of Trustees is required to be senior officers, senior employees or trustees of a Member, or members of the board or senior officers or senior employees of the corporate trustee of a Member. They must each come from a separate Member (but they are not representatives of that Member).

A Nominations Committee of the Trustees reviews the composition (including the skills, knowledge and experience) of the Board, and considers succession planning. Following an open recruitment process, Trustees are recommended to Members for election.

When recruiting new Trustees, the Charity aims to attract a diverse range of candidates who have the skills it needs. We value the benefits of having Trustees with different backgrounds, expertise and experience. Ultimately, though, Trustee appointments are based on merit in the context of ensuring that we have an appropriate balance of skills and experience. A Trustee’s term of office is three years, with a normal maximum for any Trustee of three terms.

All new Trustees undertake an induction programme, which includes an overview of the Charity’s strategy, aims and objectives. The role and duties of the Trustees, company and charity law and governance, and financial and risk management are also covered. Trustees meet with the Chief Executive, members of the Senior Leadership Team and other relevant parties. Additional training is arranged as required for individual Trustees or for the Board as a whole.

Trustees are volunteers and receive no remuneration or benefits from the Charity. Out-of-pocket expenses may be claimed, and Trustee Indemnity Insurance is purchased. Details are set out in Note 28 to the accounts.

## MANAGEMENT

The Board of Trustees is ultimately responsible for the overall control and strategic direction of the Charity and for the protection of its assets. Day-to-day management is delegated to the Chief Executive, Ellie Orton, and the Executive Directors who comprise the Senior Leadership Team.

Members of the Senior Leadership Team at the date of this Report or who served during the year are shown on page 64. Remuneration of the Chief Executive and the Senior Leadership Team is set by the Trustees’ Remuneration Committee and is informed by market rates.



RISK

Identifying and managing the possible and probable risks that the Charity may face is a key part of effective governance and the Trustees acknowledge their responsibility for the identification, assessment and management of risk. Specifically, the Trustee Board determines the risk appetite and sets the culture of risk management within the Charity and monitors the management of important risks facing the Charity.

The Charity has an Audit & Risk Committee with delegated authority from the Trustees to maintain the risk register and report to them on internal controls and alert them to any emerging issues. It ensures that risks are appropriately owned and that risk owners are actively managing their risks with the appropriate controls in place and working effectively.

The Chief Executive and Senior Leadership Team are responsible for the identification and assessment of major risks. They ensure that controls are implemented and provide regular reports to the Board and Committees on the status of risks and their controls. They are responsible for encouraging good risk management practices and a positive attitude towards the control of risk among all staff.

Staff of the Charity are responsible for controlling risk when carrying out their duties, for following policies and procedures set by the Trustee Board designed to mitigate risk, and for identifying new and emerging risks to the Charity.

Risks that have been identified are recorded on a Risk Register along with an assessment of their severity and a record of controls and mitigating actions.

The most significant risks facing the Charity result from the rapid growth in income, members and staff. There is also the risk that the Charity may not achieve a diverse and sustainable income sufficient to address its needs.

In response to these risks, the Charity has continued to invest in staff and systems during 2022 and it continues to explore new funding opportunities and partnerships.

RESERVES

Funds totalling £51.0 million (2021: £66.4 million) are either designated or restricted for the Covid-19 appeal and other charitable programmes.

As at 31 December 2022, the Charity had unrestricted free reserves of £4.3 million (2021: £4.6 million). This is in line with the Trustees’ Reserves Policy to have sufficient free reserves to cover at least 12 months’ running costs.

TRUSTEE DUTIES

Section 172 of the Companies Act 2006 requires the Trustees to act in the way they consider, in good faith, would be most likely to promote the success of the Charity to achieve its charitable purposes. The Act states that in doing so, the directors should have regard, amongst other matters, to:

**The likely consequence of any decision in the long term**

We are a forward-looking organisation seeking a thriving NHS and the best possible healthcare for everyone.

All decisions are taken with that long-term vision in mind and seek to maximise our impact in transforming patient experience and outcomes; supporting workforce wellbeing; and supporting people to live well.

**The interests of the Charity’s employees**

Our employees are vital to the Charity’s success. We are a small but growing team, and we have been working hard to ensure staff are supported in their roles, as we aim towards our goal of being the best place to work.

**The need to foster the Charity’s business relationships with suppliers, customers and others**

We have a small number of suppliers and work to ensure good relationships with them, while also reviewing arrangements to ensure that the combination of cost and service delivers best value. We work with our Members to ensure the services we provide meet their needs and are of a high quality. We collect formal and informal feedback after all our events so that we can learn and improve how we do things.

**The impact of the Charity’s operations on the community and the environment**

Our charitable work aims to benefit the community and we plan our grant making with community benefit in mind. We are committed to environmental sustainability and plan to carry out more work in this area in 2023.

**The desirability of the Charity maintaining a reputation for high standards of business conduct**

Our reputation and public trust in NHS Charities Together is fundamental to our future success. Our organisational values and behaviours are at the heart of our planning and decision making.

**The need to act fairly between members of the Charity**

We aim to be a fully inclusive organisation that is relevant and accessible for all NHS Charities. Our services and grant making are designed to ensure all Members are able to benefit, regardless of their size or structure.

**STATEMENT OF TRUSTEE RESPONSIBILITIES**

Trustees are responsible for preparing the Trustees’ Annual Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Company law requires the Trustees to prepare accounts for each financial year that give a true and fair view of the state of affairs of the Charitable Company and the Group, and of the incoming resources and application of resources, including the income and expenditure of the Charitable Group for that period.

**In preparing these financial statements, the Trustees are required to:**

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities Statement of Recommended Practice.
- make judgements and estimates that are reasonable and prudent.
- state whether applicable UK Accounting Standards have been followed, subject to any material departures being disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume the Charitable Company will continue in business.

The Trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy the financial position of the Charitable Company at any time and provide financial statements which comply with the Companies Act 2006, Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

They are also responsible for safeguarding the assets of the Charitable Company and the Group, and taking reasonable steps for the prevention and detection of fraud and other irregularities.

**So far as the Trustees are aware:**

- there is no relevant audit information of which the Charitable Company’s auditors are unaware.
- the Trustees have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information, and to establish that the auditors are aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the Charitable Company’s website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustees confirm that they have complied with their duty under the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the Charity.

The Trustees approve and present this Annual Report (including the Strategic Report) and the Consolidated Financial Statements.



IAN LUSH OBE  
Chair  
18 August 2023



# Consolidated financial statements

## INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF ASSOCIATION OF NHS CHARITIES

### Opinion

We have audited the financial statements of Association of NHS Charities (the 'parent charitable company') and its subsidiaries (the 'group') for the year ended 31 December 2022 which comprise the Consolidated statement of financial activities, the Consolidated balance sheet, the Charity balance sheet, the Consolidated statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

#### In our opinion the financial statements:

- give a true and fair view of the state of the Group's and of the parent charitable company's affairs as at 31 December 2022 and of the Group's incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulations 6 and 8 of the Charities Accounts (Scotland) Regulations 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit

of the financial statements section of our report. We are independent of the Group in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Group's or the parent charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The other information comprises the information included in the Annual report other than the financial statements and our Auditor's report thereon. The Trustees are responsible for the other information contained within the Annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears

to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### Opinion on other matters prescribed by the Companies Act 2006

#### In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' report has been prepared in accordance with applicable legal requirements.

### Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' report.

#### We have nothing to report in respect of the following matters in relation to which Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended) require us to report to you if, in our opinion:

- the parent charitable company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

### Responsibilities of Trustees

As explained more fully in the Trustees' responsibilities statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view,

and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the Group's and the parent charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the Group or the parent charitable company or to cease operations, or have no realistic alternative but to do so.

### Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 44(1) (c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

#### Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the senior statutory auditor ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;



- we identified the laws and regulations applicable to the company through discussions with directors and other management, and from our commercial knowledge and experience of the sector;
- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the company, including the financial reporting legislation, Companies Act 2006, taxation legislation, anti-bribery, employment, and environmental and health and safety legislation;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

**We assessed the susceptibility of the company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:**

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

**To address the risk of fraud through management bias and override of controls, we:**

- performed analytical procedures to identify any unusual or unexpected relationships;
- tested journal entries to identify unusual transactions; and
- investigated the rationale behind significant or unusual transactions.

**In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:**

- agreeing financial statement disclosures to underlying supporting documentation;
- reading the minutes of meetings of those charged with governance;
- enquiring of management as to actual and potential litigation and claims; and
- reviewing correspondence with HMRC, relevant regulators and the charity's legal advisors.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk

increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditors-responsibilities](http://www.frc.org.uk/auditors-responsibilities). This description forms part of our Auditor's report.

**Other matter**

The financial statements of the Charity for the year ended 31 December 2021 were audited by Mazars LLP who expressed an unmodified opinion on those financial statements on 24 August 2022.

**Use of our report**

This report is made solely to the Charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006, and to the Charity's members, as a body, in accordance with regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the Charity's members those matters we are required to state to them in an Auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity, the Charity's members as a body and the Charity's Trustees, as a body, for our audit work, for this report, or for the opinions we have formed.



**ANDREW MORRIS FCA**  
(Senior Statutory Auditor)

for and on behalf of  
**Dains Audit Limited**

Statutory Auditor  
Chartered Accountants

Birmingham  
18 August 2023

Dains Audit Limited are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.

**CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES**  
(INCORPORATING INCOME AND EXPENDITURE ACCOUNT)

For the year ended 31 December 2022

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
<b>Income from:</b>					
Donations and legacies	3	3,602,445	1,629,074	5,231,519	11,300,827
Charitable activities	4	585,000	-	585,000	360,375
Other trading activities	5	205,422	-	205,422	156,984
Investments	6	970,678	-	970,678	79,307
<b>Total income</b>		<b>5,363,545</b>	<b>1,629,074</b>	<b>6,992,619</b>	<b>11,897,493</b>
<b>Expenditure on:</b>					
Raising funds	7	2,412,470	-	2,412,470	1,594,661
Charitable activities:	8		-		
Membership services		2,258,952	-	2,258,952	1,547,348
Grants to members		16,136,648	1,919,148	18,055,796	44,508,778
<b>Total expenditure</b>		<b>20,808,070</b>	<b>1,919,148</b>	<b>22,727,218</b>	<b>47,650,787</b>
Net expenditure		(15,444,525)	(290,074)	(15,734,599)	(35,753,294)
Transfers between funds	20	(624,074)	624,074	-	-
<b>Net movement in funds</b>		<b>(16,068,599)</b>	<b>334,000</b>	<b>(15,734,599)</b>	<b>(35,753,294)</b>
<b>Reconciliation of funds</b>					
Total funds brought forward	20	70,405,751	666,000	71,071,751	106,825,045
Net movement in funds		(16,068,599)	334,000	(15,734,599)	(35,753,294)
<b>Total funds carried forward</b>	<b>20</b>	<b>54,337,152</b>	<b>1,000,000</b>	<b>55,337,152</b>	<b>71,071,751</b>

The notes on pages 47 to 63 form part of these financial statements.



## CONSOLIDATED BALANCE SHEET

As at 31 December 2022

	Note	2022 £	2021 £
<b>Fixed assets:</b>			
Tangible assets	14	77,884	58,312
<b>Current assets:</b>			
Debtors	16	2,003,747	809,358
Investments	17	67,204,083	83,243,374
Cash at bank and in hand		1,300,263	2,301,939
		<b>70,508,093</b>	86,354,671
Creditors: amounts falling due within one year	18	(12,100,969)	(13,151,232)
<b>Net current assets</b>		<b>58,407,124</b>	73,203,439
<b>Total assets less current liabilities</b>		<b>58,485,008</b>	73,261,751
Creditors: amounts falling due after more than one year	19	(3,147,856)	(2,190,000)
<b>Total net assets</b>		<b>55,337,152</b>	71,071,751
<b>Charity funds</b>			
Restricted funds	20	1,000,000	666,000
Unrestricted funds	20	54,337,152	70,405,751
<b>Total funds</b>		<b>55,337,152</b>	71,071,751

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:


**IAN LUSH OBE**

Chair

18 August 2023

The notes on pages 47 to 63 form part of these financial statements.

## CHARITY BALANCE SHEET

As at 31 December 2022

	Note	2022 £	2021 £
<b>Fixed assets:</b>			
Tangible assets	14	77,884	58,312
Investments	15	1	1
		<b>77,885</b>	58,313
<b>Current assets:</b>			
Debtors	16	1,862,927	741,932
Investments	17	67,204,083	83,243,374
Cash at bank and in hand		1,185,304	2,253,744
		<b>70,252,314</b>	86,239,050
Creditors: amounts falling due within one year	18	(11,972,198)	(13,180,845)
<b>Net current assets</b>		<b>58,280,116</b>	73,058,205
<b>Total assets less current liabilities</b>		<b>58,358,001</b>	73,116,518
Creditors: amounts falling due after more than one year	19	(3,147,856)	(2,190,000)
<b>Total net assets</b>		<b>55,210,145</b>	70,926,518
<b>Charity funds</b>			
Restricted funds		1,000,000	666,000
Unrestricted funds		54,210,145	70,260,518
<b>Total funds</b>		<b>55,210,145</b>	70,926,518

The Charity's net movement in funds for the year was £(15,716,373) (2021 – £(35,898,516)).

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:


**IAN LUSH OBE**

Chair

18 August 2023

The notes on pages 47 to 63 form part of these financial statements.



CONSOLIDATED STATEMENT OF CASH FLOWS

For the year ended 31 December 2022

	Note	2022 £	2021 £
<b>Cash flows from operating activities</b>			
Net cash used in operating activities	23	(17,953,246)	(8,376,062)
<b>Cash flows from investing activities</b>			
Dividends, interests and rents from investments		970,678	79,307
Purchase of tangible fixed assets		(58,399)	(56,932)
<b>Net cash provided by investing activities</b>		912,279	22,375
<b>Change in cash and cash equivalents in the year</b>		<b>(17,040,967)</b>	<b>(8,353,687)</b>
Cash and cash equivalents at the beginning of the year		85,545,313	93,899,000
<b>Cash and cash equivalents at the end of the year</b>	24	<b>68,504,346</b>	<b>85,545,313</b>

The notes on pages 47 to 63 form part of these financial statements.

Notes to the  
financial statements

For the year ended 31 December 2022

1. GENERAL INFORMATION

Association of NHS Charities (operating as NHS Charities Together) is a private charitable company registered with the Charity Commission in England and Wales. The registered numbers and address are given on the Reference and Administrative Details page. The activities of the Charity are set out in detail in the Trustees' Report.

2. ACCOUNTING POLICIES

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Association of NHS Charities meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The Consolidated statement of financial activities (SOFA) and Consolidated balance sheet consolidate the financial statements of the Charity and its subsidiary undertaking. The results of the subsidiary are consolidated on a line by line basis.

The Charity has taken advantage of the exemption allowed under section 408 of the Companies Act 2006 and has not presented its own Statement of financial activities in these financial statements.

2.2 Going concern

The financial statements have been prepared on a going concern basis. The organisation holds liquid funds sufficient to support its cash flow requirements over the foreseeable future under all scenarios. Therefore, the Trustees consider there are no material uncertainties about the Charity's ability to continue as a going concern.

2.3 Members' liability

Each member of the Charity undertakes to contribute to the assets of the Charity in the event of it being wound up while they are a member, or within one year after they cease to be a member, such amount as may be required, not exceeding £1 for the debts and liabilities contracted before they ceased to be a member.

2.4 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Legacy income

The recognition of income from legacies is dependent on establishing entitlement, the probability of receipt and the ability to estimate with sufficient accuracy the amount receivable. Receipt of a legacy must be recognised when it is probable that it will be received and the fair value of the amount receivable, which will generally be the expected cash amount to be distributed to the Charity, can be reliably measured.

Pecuniary legacies are recognised as receivable once probate has been granted and notification has been received. Residuary legacies are recognised as receivable once probate has been granted, notification has been received, and where they can be valued. Residuary legacies with a life interest are only valued where legal title has passed to the Charity.

Donation income

General donations, donations from fundraising events, corporate and philanthropy income, and direct marketing income are recognised in full in the Consolidated statement of financial activities when entitled, receipt is probable, and when the amount can be quantified with reasonable accuracy. No account is taken of monies or other assets in the hands of volunteer fundraisers until such monies are banked or the charity has been notified of the funds collected.



Where the right to receive Gift Aid has been established, the amount receivable is recognised as income in the Consolidated statement of financial activities.

Donated services and facilities are valued and included as income and expenditure, at the price the Charity estimates it would have paid in the open market for an equivalent service or facility that it would have purchased.

#### **Grant income**

Grant income is credited to the Statement of financial activities when received or receivable, whichever is earlier, unless the grant relates to a specific future period, in which case it is deferred. Where entitlement occurs before income is received, the income is accrued.

#### **Membership subscriptions**

Membership subscription income is recognised in the year to which it relates.

#### **Income from trading activities**

Income from trading activities is credited to the Statement of financial activities when received or receivable, whichever is earlier, unless it relates to a specific future period, in which case it is deferred. Income received in respect of raffles and lotteries is recognised when the draw is made. Income received in advance for future raffle and lottery draws is deferred until the draw takes place.

#### **Investment income**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably.

Other income is recognised in the period in which it is receivable and to the extent the goods have been provided or on completion of the service.

### **2.5 Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between

those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Group to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Group's objectives, as well as any associated support costs.

Grants payable are charged in the year when the offer is made, except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year end are noted as a commitment, but not accrued as expenditure.

Redundancy and termination payments are recognised when there is a demonstrable commitment on an individual or group basis that cannot be realistically withdrawn.

All expenditure is inclusive of irrecoverable VAT.

### **2.6 Taxation**

As a registered charity, the Charity benefits from business rates relief and is exempt from corporation tax on its charitable activities but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates. The subsidiary undertaking does not pay direct tax because its policy is to Gift Aid taxable profits to the Charity.

### **2.7 Tangible fixed assets and depreciation**

Items of equipment, motor vehicles and property are capitalised where the purchase price exceeds £1,000. Leasehold improvements are capitalised where the cost exceeds £10,000.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

At each reporting date the Charity assesses whether there is any indication of impairment. If such indication exists, the recoverable amount of the asset is determined to be the higher of its fair value less costs to sell and its value in use. An impairment loss is recognised where the carrying amount exceeds the recoverable amount.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following basis:

Office equipment — 25% straight-line

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in the Consolidated statement of financial activities.

### **2.8 Investments**

Investments in subsidiaries are valued at cost less provision for impairment.

### **2.9 Debtors**

Trade and other debtors are recognised at their transaction price less any allowance for doubtful debts.

### **2.10 Cash at bank and in hand**

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

### **2.11 Liabilities and provisions**

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Consolidated statement of financial activities as a finance cost.

### **2.12 Financial instruments**

The Group has applied the provisions of FRS 102, Section 11, 'Basic Financial Instruments' and Section 12, 'Other Financial Instruments Issues'. Financial assets and liabilities are recognised when the Charity becomes a party to the contractual provisions of the instrument. The Charity initially recognises a financial asset or a financial liability at transaction price – for debtors and other creditors this is the settlement amount. Grant commitments over one year are discounted to reflect present value.

### **2.13 Operating leases**

Rentals paid under operating leases are charged to the Consolidated statement of financial activities on a straight-line basis over the lease term.

### **2.14 Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Group and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Group for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

Any transfers between funds and any allocations to and from designated funds are approved by Trustees. The cost of raising and administering such funds are charged against the specific funds.



### 3. INCOME FROM DONATIONS AND LEGACIES

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Donations	3,193,893	1,000,000	4,193,893
Legacies	406,552	-	406,552
Sponsorship and grants	2,000	629,074	631,074
<b>Total</b>	<b>3,602,445</b>	<b>1,629,074</b>	<b>5,231,519</b>

	Unrestricted funds 2021 £	Total funds 2021 £
Donations	11,285,623	11,285,623
Sponsorship and grants	15,204	15,204
<b>Total</b>	<b>11,300,827</b>	<b>11,300,827</b>

### 4. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Membership subscriptions	585,000	<b>585,000</b>	360,375

The income in 2021 related wholly to unrestricted funds.

### 5. INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
<b>Income from fundraising events</b>			
Event income	30,936	<b>30,936</b>	4,050

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
<b>Income from non-charitable trading activities</b>			
Trading subsidiary income	174,486	<b>174,486</b>	152,934

The income in 2021 related wholly to unrestricted funds.

### 6. INVESTMENT INCOME

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Interest on investments and deposits	970,678	<b>970,678</b>	79,307

The income in 2021 related wholly to unrestricted funds.

### 7. EXPENDITURE ON RAISING FUNDS

#### Costs of raising voluntary income

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Staff costs including agency and recruitment	980,023	<b>980,023</b>	527,933
Online donation fees	38,877	<b>38,877</b>	85,826
Fundraising expenses	16,798	<b>16,798</b>	20,632
Advertising and marketing	703,635	<b>703,635</b>	818,810
IT costs	33,335	<b>33,335</b>	25,952
Event costs	26,531	<b>26,531</b>	-
Legacy and in memory development	245,738	<b>245,738</b>	-
Subscriptions and memberships	98,525	<b>98,525</b>	-
Professional and legal fees	77,043	<b>77,043</b>	-
Operational cost allocation	144,486	<b>144,486</b>	107,796
<b>Total</b>	<b>2,364,991</b>	<b>2,364,991</b>	1,586,949

The expenditure in 2021 related wholly to unrestricted funds.

#### Fundraising trading expenses

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Trading subsidiary expenditure	47,479	<b>47,479</b>	7,712

The expenditure in 2021 related wholly to unrestricted funds.



## 8. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

## Summary by fund type

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Membership services	2,258,952	-	2,258,952
Grants to members	16,136,648	1,919,148	18,055,796
<b>Total</b>	<b>18,395,600</b>	<b>1,919,148</b>	<b>20,314,748</b>

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Membership services	1,547,348	-	1,547,348
Grants to members	41,174,778	3,334,000	44,508,778
<b>Total</b>	<b>42,722,126</b>	<b>3,334,000</b>	<b>46,056,126</b>

## 9. ANALYSIS OF EXPENDITURE BY ACTIVITIES

	Activities undertaken directly 2022 £	Grant funding of activities 2022 £	Support costs 2022 £	Total 2022 £
Membership services	2,204,632	-	54,320	<b>2,258,952</b>
Grants to members	-	18,055,796	-	<b>18,055,796</b>
<b>Total</b>	<b>2,204,632</b>	<b>18,055,796</b>	<b>54,320</b>	<b>20,314,748</b>

	Activities undertaken directly 2021 £	Grant funding of activities 2021 £	Support costs 2021 £	Total 2021 £
Membership services	1,467,685	-	79,663	<b>1,547,348</b>
Grants to members	-	44,508,778	-	<b>44,508,778</b>
<b>Total</b>	<b>1,467,685</b>	<b>44,508,778</b>	<b>79,663</b>	<b>46,056,126</b>

## Analysis of direct costs

	Total funds 2022 £	Total funds 2021 £
Staff costs including agency, consultancy and professional	<b>1,033,915</b>	646,292
Professional and legal fees	<b>112,766</b>	343,778
Staff training and development	<b>43,038</b>	29,880
Travel and subsistence	<b>21,520</b>	7,832
Recruitment expenses	<b>78,401</b>	63,115
Website	<b>16,439</b>	23,573
IT equipment, telephones and support	<b>72,028</b>	30,822
Printing, postage and stationery	<b>64,485</b>	14,959
Office costs	<b>53,271</b>	27,494
Other overheads	<b>8,983</b>	10,482
Advertising and marketing	<b>466,335</b>	251,766
Conference and event costs	<b>219,393</b>	-
Depreciation	<b>14,058</b>	17,692
<b>Total</b>	<b>2,204,632</b>	1,467,685

## Analysis of support costs

	Total funds 2022 £	Total funds 2021 £
Governance	<b>36,518</b>	60,011
Insurance	<b>17,802</b>	19,652
<b>Total</b>	<b>54,320</b>	<b>79,663</b>

## 10. ANALYSIS OF GRANTS

	Grants awarded 2022 £	Grant-making costs 2022 £	Total funds 2022 £
Grants to members	16,826,888	1,228,908	<b>18,055,796</b>

	Grants awarded 2021 £	Grant-making costs 2021 £	Total funds 2021 £
Grants to members	44,085,778	423,000	44,508,778

Grants are made to Member NHS Charities. An analysis of all grants awarded by region is given below:

	2022 £	2021 £
<b>Region</b>		
East of England	774,470	4,682,954
London	1,667,343	7,320,127
Midlands	1,931,311	8,023,207
National	5,000	62,500
North East England and Yorkshire	1,722,531	5,298,951
North West England	2,368,662	4,045,533
South East England	2,465,345	6,272,651
South West	1,944,946	3,333,342
Northern Ireland	1,719,406	589,473
Scotland	1,481,770	3,196,532
Wales	746,104	1,260,508
<b>Total</b>	<b>16,826,888</b>	<b>44,085,778</b>

A full breakdown of grants is available direct from the Charity and at [www.nhscharitiestogether.co.uk](http://www.nhscharitiestogether.co.uk)

## 11. STAFF

### Total staff costs

	2022 £	2021 £
Wages and salaries	2,062,589	1,134,843
Social security costs	234,352	117,909
Pension costs	204,582	109,704
<b>Total</b>	<b>2,501,523</b>	<b>1,362,456</b>

## Staff numbers

The average number of persons employed by the Charity during the year was as follows:

	Group 2022 No.	Group 2021 No.
Staff	48	27

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	Group 2022 No.	Group 2021 No.
In the band £60,001 – £70,000	1	-
In the band £80,001 – £90,000	1	3
In the band £90,001 – £100,000	2	1
In the band £100,001 – £110,000	1	-

The Charity considers its key management personnel comprise the Trustees, the Chief Executive Officer and the Senior Leadership Team. The total employment costs of the key management personnel were £552,637 (2021 – £451,023).

## 12. TRUSTEES' REMUNERATION AND EXPENSES

During the year, no Trustees received any remuneration or other benefits (2021 - £NIL).

During the year ended 31 December 2022, travel expenses totalling £1,791 were reimbursed to seven Trustees (2021 – £281 to two Trustees).

## 13. NET MOVEMENT IN FUNDS

The net movement in funds is stated after charging:

	Total funds 2022 £	Total funds 2021 £
Auditor's remuneration – Charity	16,250	26,000
Auditor's remuneration – Trading subsidiary	3,750	5,000
Depreciation of tangible fixed assets	38,827	42,620



## 14. TANGIBLE FIXED ASSETS

## Group and Charity

	Office equipment £
<b>Cost</b>	
At 1 January 2022	114,932
Additions	58,399
At 31 December 2022	<b>173,331</b>
<b>Depreciation</b>	
At 1 January 2022	56,620
Charge for the year	38,827
At 31 December 2022	<b>95,447</b>
<b>Net book value</b>	
At 31 December 2022	<b>77,884</b>
At 31 December 2021	58,312

## 15. FIXED ASSET INVESTMENTS

## Charity

	Investments in subsidiary company £
<b>Cost</b>	
At 1 January 2022	1
At 31 December 2022	<b>1</b>

Details of the subsidiary undertaking are given in Note 29.

## 16. DEBTORS

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Trade debtors	<b>227,951</b>	276,806	<b>96,964</b>	196,806
Amounts owed by group undertakings	-	-	<b>39,939</b>	14,256
Other debtors	<b>1,600,097</b>	432,913	<b>1,550,325</b>	431,231
Prepayments and accrued income	<b>175,699</b>	99,639	<b>175,699</b>	99,639
<b>Total</b>	<b>2,003,747</b>	809,358	<b>1,862,927</b>	741,932

## 17. CURRENT ASSET INVESTMENTS

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Short-term investments and deposits	<b>67,204,083</b>	83,243,374	<b>67,204,083</b>	83,243,374

## 18. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Trade payables	<b>188,286</b>	72,236	<b>188,286</b>	72,236
Grants awarded not yet paid	<b>11,095,676</b>	13,019,000	<b>11,095,676</b>	13,019,000
Amounts owed to group undertakings	-	-	-	41,106
Other taxation and social security	<b>95,800</b>	6,493	<b>72,030</b>	-
Other creditors	<b>1,780</b>	16,897	<b>1,780</b>	16,897
Accruals and deferred income	<b>719,427</b>	36,606	<b>614,426</b>	31,606
<b>Total</b>	<b>12,100,969</b>	13,151,232	<b>11,972,198</b>	13,180,845

## Deferred income

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Resources deferred during the year	<b>685,000</b>	-	<b>585,000</b>	-

The charity has deferred £585,000 in respect of 2023 membership income. The group's deferred income also includes deferred event sponsorship income of £100,000, where the event is scheduled for 2023.

## 19. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Grants awarded not yet paid	3,147,856	2,190,000	3,147,856	2,190,000

## 20. STATEMENT OF FUNDS

### Statement of funds – current year

	Balance at 1 January 2022 £	Income £	Expenditure £	Transfers in/(out) £	Balance at 31 December 2022 £
<b>Unrestricted funds</b>					
<b>Designated funds</b>					
Covid Appeal	50,287,243	-	(15,746,348)	(784,500)	33,756,395
Charity Reserve	15,400,000	-	-	784,500	16,184,500
Staff Wellbeing	77,000	10,538	-	-	87,538
Joy to the Wards appeal	-	14,710	(7,608)	-	7,102
	65,764,243	25,248	(15,753,956)	-	50,035,535
<b>General funds</b>					
General funds	4,641,508	5,338,297	(5,054,114)	(624,074)	4,301,617
<b>Total unrestricted funds</b>	<b>70,405,751</b>	<b>5,363,545</b>	<b>(20,808,070)</b>	<b>(624,074)</b>	<b>54,337,152</b>
<b>Restricted funds</b>					
NHS Staff Mental Health	666,000	-	(666,000)	-	-
Volunteering Futures Fund	-	624,074	(1,248,148)	624,074	-
Greener Communities Fund	-	1,000,000	-	-	1,000,000
Amazon – Defibrillators	-	5,000	(5,000)	-	-
	666,000	1,629,074	(1,919,148)	624,074	1,000,000
<b>Total of funds</b>	<b>71,071,751</b>	<b>6,992,619</b>	<b>(22,727,218)</b>	<b>-</b>	<b>55,337,152</b>

### Statement of funds – prior year

	Balance at 1 January 2022 £	Income £	Expenditure £	Balance at 31 December 2022 £
<b>Unrestricted funds</b>				
<b>Designated funds</b>				
Covid Appeal	86,517,000	4,945,221	(41,174,978)	50,287,243
Charity Reserve	15,400,000	-	-	15,400,000
Staff Wellbeing	-	77,000	-	77,000
	101,917,000	5,022,221	(41,174,978)	65,764,243
<b>General funds</b>				
General funds	908,000	6,875,751	(3,142,243)	4,641,508
<b>Total unrestricted funds</b>	<b>102,825,000</b>	<b>11,897,972</b>	<b>(44,317,221)</b>	<b>70,405,751</b>
<b>Restricted funds</b>				
NHS Staff Mental Health	4,000,000	-	(3,334,000)	666,000
<b>Total of funds</b>	<b>106,825,000</b>	<b>11,897,972</b>	<b>(47,651,221)</b>	<b>71,071,751</b>

### Designated funds

Covid Appeal – Represents the balance of undistributed Covid appeal donations at year end. These funds will continue to fund grants to help NHS Charities in supporting NHS staff, volunteers and patients in ways above and beyond what NHS funding can ordinarily provide, from meeting immediate and urgent needs to supporting long-term recovery from the impact of the crisis.

The Charity Reserve is a designated fund representing 10% of the net Covid appeal proceeds, held in reserve in line with guidance from the Charity Commission in 2020. The reserve is designated to fund the governance of the Covid funds, to ensure the correct governance is in place and to maximise the impact of the appeal against objectives. The fund is also designated to enable the development and growth of NHS Charities Together, to ensure the organisation is sustainable and in a position to maximise the legacy of the Covid appeal, with continued impact for members and beneficiaries in the long term.

### Restricted funds

NHS Staff Mental Health – Represents funds that have been applied specifically to projects supporting the mental health of NHS staff.

Volunteering Futures Fund – Represents grant funding from the Department for Digital, Culture, Media & Sport to support a specific project aimed at helping people who typically experience barriers to volunteering. The project has been match funded by the Charity using its general funds.

Greener Communities Fund – Represents grant funding from Hubbub Foundation UK to be distributed to the Charity's members and community partners in support of projects that improve the health and wellbeing of the public, including NHS staff.



## 21. SUMMARY OF FUNDS

### Summary of funds – current year

	Balance at 1 January 2022 £	Income £	Expenditure £	Transfers in/(out) £	Balance at 31 December 2022 £
Designated funds	65,764,243	25,248	(15,753,956)	-	50,035,535
General funds	4,641,508	5,338,297	(5,054,114)	(624,074)	4,301,617
Restricted funds	666,000	1,629,074	(1,919,148)	624,074	1,000,000
	<b>71,071,751</b>	<b>6,992,619</b>	<b>(22,727,218)</b>	<b>-</b>	<b>55,337,152</b>

### Summary of funds – prior year

	Balance at 1 January 2021 £	Income £	Expenditure £	Balance at 31 December 2021 £
Designated funds	101,917,000	5,022,221	(41,174,978)	65,764,243
General funds	908,000	6,875,751	(3,142,243)	4,641,508
Restricted funds	4,000,000	-	(3,334,000)	666,000
	<b>106,825,000</b>	<b>11,897,972</b>	<b>(47,651,221)</b>	<b>71,071,751</b>

## 22. ANALYSIS OF NET ASSETS BETWEEN FUNDS

### Analysis of net assets between funds – current year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	77,884	-	77,884
Current assets	69,508,093	1,000,000	70,508,093
Creditors due within one year	(12,100,969)	-	(12,100,969)
Creditors due in more than one year	(3,147,856)	-	(3,147,856)
<b>Total</b>	<b>54,337,152</b>	<b>1,000,000</b>	<b>55,337,152</b>

### Analysis of net assets between funds – prior year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	58,312	-	58,312
Current assets	85,688,671	666,000	86,354,671
Creditors due within one year	(13,151,232)	-	(13,151,232)
Creditors due in more than one year	(2,190,000)	-	(2,190,000)
<b>Total</b>	<b>70,405,751</b>	<b>666,000</b>	<b>71,071,751</b>

## 23. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Group 2022 £	Group 2021 £
Net expenditure for the year (as per Statement of Financial Activities)	<b>(15,734,599)</b>	(35,753,294)
<b>Adjustments for:</b>		
Depreciation charges	<b>38,827</b>	42,620
Dividends, interests and rents from investments	<b>(970,678)</b>	(79,307)
(Increase)/decrease in debtors	<b>(1,194,389)</b>	12,263,154
(Decrease)/increase in creditors	<b>(92,407)</b>	15,150,765
<b>Net cash used in operating activities</b>	<b>(17,953,246)</b>	(8,376,062)

## 24. ANALYSIS OF CASH AND CASH EQUIVALENTS

	Group 2022 £	Group 2021 £
Cash at bank and in hand	<b>1,300,263</b>	2,301,939
Short-term investments and deposits	<b>67,204,083</b>	83,243,374
<b>Total cash and cash equivalents</b>	<b>68,504,346</b>	85,545,313

**25. ANALYSIS OF CHANGES IN NET DEBT**

	At 1 January 2022 £	Cash flows £	At 31 December 2022 £
Cash at bank and in hand	<b>2,301,939</b>	<b>(1,001,676)</b>	<b>1,300,263</b>
Short-term investments and deposits	<b>83,243,374</b>	<b>(16,039,291)</b>	<b>67,204,083</b>
	<b>85,545,313</b>	<b>(17,040,967)</b>	<b>68,504,346</b>

**26. GRANT COMMITMENTS**

At the balance sheet date, the Group had committed to further grant awards to its members totalling £1,288,046 (2021 – £Nil), however the awards had not yet been formally communicated to the member charities and therefore could not be recorded as liabilities on the Group's balance sheet.

**27. OPERATING LEASE COMMITMENTS**

At 31 December 2022 the Group and the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	Group 2022 £	Group 2021 £	Charity 2022 £	Charity 2021 £
Not later than 1 year	<b>2,224</b>	2,224	<b>2,224</b>	2,224
Later than 1 year and not later than 5 years	<b>4,170</b>	6,394	<b>4,170</b>	6,394
	<b>6,394</b>	8,618	<b>6,394</b>	8,618

**28. RELATED PARTY TRANSACTIONS**

At the balance sheet date, an outstanding loan balance of £14,757 (2021 – £14,256) was owing from ANC Trading Limited, the Charity's subsidiary undertaking. The interest charged on the loan is 2% above bank base rate.

A further £25,182 of trade balances were owing from the subsidiary at the balance sheet date (2021 – £41,106 owed to the subsidiary). No interest is charged or earned on these balances.

A majority of Trustees also held a post with a member charity that was eligible for and received member services and grants during the year. All member charities were allocated grant funds on an equitable basis and no part of any grants paid to a member charity directly benefited any Trustee.

The Charity purchased trustee indemnity insurance (£5 million cover) as part of a broader management liability package at a cost of £10,080 (2021 – £16,750).

In accordance with our Constitution and recognised charity good practice, Trustees are required to declare any actual or potential conflicts of interest before discussion takes place and unless specifically invited to take part by the remaining Trustees (for example to add any clarification or special insight they may have) then they withdraw from the discussion and any subsequent votes.

In particular, where Trustees are connected to any applicant for grant funding they do not receive papers for any meeting convened to adjudicate on the application or minutes recording the discussions and decisions about that application.

**29. PRINCIPAL SUBSIDIARIES**

The following was a subsidiary undertaking of the Charity, with the same registered address, due to the Charity's 100% holding of its ordinary share capital:

Name	Company number	Principal activity
ANC Trading Limited	12608754	Raising funds for NHS Charities Together by facilitating commercial fundraising activities.

The financial results of the subsidiary for the year were:

	Income £	Expenditure £	Surplus for the year £	Net assets £
<b>ANC Trading Limited</b>	<b>174,486</b>	<b>(47,479)</b>	<b>127,007</b>	<b>127,008</b>

The above results are included in the consolidation.



LEGAL AND ADMINISTRATIVE INFORMATION

Charity name	Association of NHS Charities		Registered name
	NHS Charities Together		Known as/Trading name
Trustees	Keith Brooks	Northamptonshire Health Charity	Resigned 31 March 2023
	Chris Burghes MBE		
	Amerjit Chohan	St Georges Hospital Charity	
	Tim Diggle	Derby and Burton Hospitals Charity	
	Jane Ferguson	NHS Lothian Charity	
	Ian Lush OBE (Chair)	Imperial Health Charity	
	Jayne Mee	University Hospitals Bristol and Weston NHS Foundation Trust	
	Dame Gill Morgan	Gloucestershire ICS	
	Daniel Mortimer		
	Amarjit Singh		
	Kiki Syrad	Great Ormond Street Hospital Children’s Charity	
	Kirsty Thomson	Awyr Las	
	Antony Tiernan	London Ambulance Service Charity	
Chief Executive Officer	Ellie Orton OBE		
Senior Leadership Team			
Director of External Affairs & Communications	Sarah Champion		
Director of Strategy & Impact	Chris Easton		
Director of Fundraising	Louise McCathie		
Director of Finance & Operations	Gemma Morgan		
Business Services Director	Stuart Reynolds		

<b>Registered office and principal address</b>	Suite 68, Lake View House, Wilton Drive, Warwick CV34 6RG
<b>Independent auditor</b>	Dains Audit Limited 15 Colmore Row, Birmingham B3 2BH
<b>Bankers</b>	The Co-operative Bank Delf House, Southway, Skelmersdale WN8 6WT
<b>Investment manager</b>	CCLA Investment Management Ltd One Angel Lane, London EC4R 3AB
<b>Solicitors</b>	Withers LLP 16 Old Bailey, London EC4M 7EG
<b>Charity number</b>	1186569 (England & Wales)
	SC050716 (Scotland)
<b>Company number</b>	12325259

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