

Cherish Dementia Holidays CIO

Annual Report 2023

Name : Cherish Dementia Holidays CIO

Reg No : 1186562

Address : C/O 30, Keresley Road, CV6 2JD

Trustees : Maureen Bishop

Sue Hine

Keiran Lee (Chair & Treasurer)

Pat Shilton

John Wood

Janet Wright

The Charity operates under the Constitution dated November 2019 and amended January 2020 which included the regulations for appointment of Trustees. Since the last report, a Trustee has resigned leaving us with six Trustees.

We currently have one contracted paid organiser and one assistant, who organises lunches, day trips and short holidays.

The Objectives of the Organisation

To relieve the needs of people living with dementia and preserve and protect the health of persons who are currently or were formerly caring for people with dementia in Coventry, Solihull and Warwickshire. In particular by providing short break holidays, activities and social interaction.

In furtherance of these objectives the charity will-

Organise and provide short term holidays for those with dementia and their carers.

Encourage social inclusion by bringing together people with care responsibilities from all sections of the community for mutual support and shared learning.

Provide opportunities for carers and those people being cared for to experience a different environment giving them a break from their day to day routines.

Raise awareness of activities of the organisation and the positive benefits for carers and those cared for.

How we achieved our objectives

Our programme for 2023 which was organised by our holiday organiser included a plan for two lunches, two excursions and one holiday.

We had arranged one day trip to Blenheim Palace, which was well attended, but not another due to lack of interest at the beginning of the year (the early after effect of COVID).

We managed two well attended lunches at The Lake at Barston and Stoneleigh Golf Club.

The one holiday in September (Norfolk) was also well attended, as people were growing in confidence in being on a coach together.

The aims for this year -

1. To arrange bi monthly lunches.
2. To continue to send out a newsletter to members at least four times a year, giving an update on progress and details of arranged or proposed lunches, day trips or events.
3. To test the water as to take up of short holidays (5days), by way of a questionnaire to members.
4. To continue with fundraising events.
5. To continue to raise awareness of our services, increase our membership and recruit suitable volunteers to our organisation.

How our activities deliver public benefit-

By the provision of supported holidays where the venue and coach excursions are all organised by our organisers, we provide relief to carers from their stressful role at home. It enables them to relax, make friends with others in a similar situation giving them informal support on their return to home. This in turn helps them to care at home for longer, thus delaying the expense and distress of residential care for as long as possible. This is of benefit to the individual couples and the care system which is stretched to the limit and only likely to become more so. Many carers of partners with dementia suffer from depression and related illnesses. Regular holidays and outings help to alleviate some of these conditions.

Funding

This year we have had a reduction in donations, receiving £2841.97 from last year's £5070.55.

Membership

We currently have 125 members, which is a slight increase on last year. The difficulties of being able to visit meeting groups to explain what Cherish has to offer has been a large factor in our lack of growth. The groups we normally present to are slowly starting to meet on a regular basis, hopefully this will enable us to present more often.

We are committed to continue organising holidays, day trips and lunches through our organisers and enthusiastic volunteers to help couples who live with dementia to enjoy the activities in an understanding and supportive environment.

Trustee's

We have had one resignation in the course of the year (Sue Hine). We have approached volunteer organisations in Coventry and Warwickshire for Trustees, we have no offers of people so far.

CHERISH DEMENTIA HOLIDAYS CIO
REGISTERED CHARITY NUMBER 1186562
01 Jan 23 to 31 Dec-23

Bank Account 91466550

MONTH	IN	OUT	BALANCE
Brought Forward			£22,757.20
Jan-23	£1,527.97	£87.64	£24,197.53
Feb-23	£1,274.00	£479.67	£24,991.86
Mar-23	£142.00	£376.20	£24,757.66
Apr-23	£92.00	£6.20	£24,843.46
May-23	£2,147.00	£982.50	£26,007.96
Jun-23	£432.00	£122.20	£26,317.73
Jul-23	£7,022.00	£1,794.58	£31,545.15
Aug-23	£4,262.00	£2,507.90	£32,299.25
Sep-23	£142	£6,132.90	£27,308.35
Oct-23	£1,242.00	£11,397.03	£17,153.32
Nov-23	£2,382.00	£65.96	£19,469.36
Dec-23	£400.00	£1,571.60	£18,297.76
Balance 31st December- 23			£18,297.76

CHERISH DEMENTIA HOLIDAYS CIO

01Jan23 to 31st Dec 23

RECEIPTS AND PAYMENTS ACCOUNT

RECEIPTS

MONTH	Charitable Receipts				Operational Receipts			TOTAL
	DONATIONS	GIFT AID	100 PLUS CLUB	GRANTS	HOLIDAYS	EXCURSIONS	LUNCHES	
Jan-23	1287.97	0.00	240.00	0.00	0.00	0.00	0.00	1527.97
Feb-23	154.00	0.00	1120.00	0.00	0.00	0.00	0.00	1274.00
Mar-23	142.00	0.00	0.00	0.00	0.00	0.00	0.00	142.00
Apr-23	92.00	0.00	0.00	0.00	0.00	0.00	0.00	92.00
May-23	192.00	0.00	20.00	0.00	1390.00	150.00	395.00	2147.00
Jun-23	142.00	0.00	0.00	0.00	50.00	240.00	0.00	432.00
Jul-23	142.00	0.00	0.00	0.00	6880.00	0.00	0.00	7022.00
Aug-23	142.00	0.00	0.00	0.00	4120.00	0.00	0.00	4262.00
Sep-23	142.00	0.00	0.00	0.00	0.00	0.00	0.00	142.00
Oct-23	192.00	0.00	0.00	0.00	0.00	0.00	1050.00	1242.00
Nov-23	132.00	0.00	0.00	2000.00	0.00	0.00	250.00	2382.00
Dec-23	82.00	0.00	80.00	0.00	0.00	0.00	238.00	400.00
TOTAL	2841.97	0.00	1460.00	2000.00	12440.00	390.00	1933.00	21064.97

CHERISH DEMENTIA HOLIDAYS CIO

01-Jan to 31st Dec-23

RECEIPTS AND PAYMENTS ACCOUNT

PAYMENTS

MONTH	Administrative Payments		Operational Payments			TOTAL
	ADMIN EXPENSES	100 PLUS CLUB	HOLIDAYS	EXCURSIONS	LUNCHES	
Jan-23	7.64	0.00		80.00	0.00	87.64
Feb-23	449.67	30.00		0.00	0.00	479.67
Mar-23	16.20	160.00	0.00	200.00	0.00	376.20
Apr-23	6.20	0.00	0.00	0.00	0.00	6.20
May-23	5.00	290.00	0.00	0.00	687.50	982.50
Jun-23	122.20	0.00	0.00	0.00	0.00	122.20
Jul-23	560.78	0.00	0.00	1233.80		1794.58
Aug-23	13.80	0.00	2494.10	0.00	0.00	2507.90
Sep-23	535.70	110.00	5487.20	0.00	0.00	6132.90
Oct-23	1620.89	210.00	8530.90	0.00	1035.24	11397.03
Nov-23	15.95	50.00	0.00	0.00	0.00	65.95
Dec-23	1171.60	0.00	0.00	0.00	400.00	1571.60
TOTAL	4525.63	850.00	16512.20	1513.80	2122.74	25524.37