

Annual Report and Financial Statements
for the Year Ended 31 December 2021

Time To Talk Befriending

Charity registration number: 1186555

Time To Talk Befriending

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Time To Talk Befriending

Reference and Administrative Details

Trustees	Emily Kenward Julie Williams (resigned 4 November 2021) Simon Lewis (resigned 26 May 2022) Neil Hilton Claire Godley Gerhard Schulz
Charity Registration Number	1186555
Principal Office	Citycoast Centre North Street Portslade Brighton BN41 1DG
Independent Examiner	J Irvine-Smith FCIE Independent Examiners Ltd 2 Broadbridge Business Centre Delling Lane Bosham Chichester West Sussex PO18 8NF
Bankers	HSBC 153 North Street Brighton East Sussex BN1 1SW

Time To Talk Befriending

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 December 2021.

Structure, governance and management

Nature of governing document

Time to Talk Befriending is a registered Charitable Incorporated Organisation (CIO), constitution dated 25 November 2019.

Recruitment and appointment of trustees

The management of the charity is the responsibility of the trustees who are elected and co-opted under the terms of the constitution.

Risk management

The trustees have assessed the major risks to which the Charity is exposed, in particular those related to the operations and finances of the Charity, and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

Objectives and activities

Objects and aims

The objects of the CIO are:

- to relieve loneliness and social isolation for the public benefit by promoting wellbeing and relieving the needs of those people who are lonely or isolated through the provision of goods and services of any kind in such parts of the United Kingdom or the world as the Trustees from time to time may think fit;
- to promote physical and mental wellbeing for the public benefit through the provision of pastoral care, spiritual support and chaplaincy services of any kind in such parts of the United Kingdom or the world as the Trustees from time to time think fit;
- to advance education and training of any kind in such ways and in such parts of the United Kingdom or the world as the Trustees from time to time may think fit; and
- to fulfil such other purposes which are exclusively charitable according to the law of England and Wales and are connected to the charitable work of the CIO as the Trustees from time to time shall determine.

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Time To Talk Befriending

Trustees' Report

Achievements and performance

Befriending

By the end of 2021 we were supporting a total of 539 befriending matches. 280 of which were new be-friendships between our scheme members and volunteers. We made 231 match ends due to death (57 of our members), changes in circumstances (i.e., move away into care/nursing home, ill health, able to get out and about again now that lockdown restrictions have eased), end of annual college placements.

The average age of our scheme members is 82. 49% are living with multiple long-term health conditions. 89% live alone. 11% are living with dementia. Approximately a third are housebound. Most of our volunteers are aged 20-55 years. In addition, we continue to provide befriending opportunities for sixth form students from a local college over the academic year.

Our befriending service operates across three areas in Sussex: Brighton and Hove, Adur and Worthing.

"My befriender, she has put sparks in my life! She makes me feel young and last week WE WENT OUT, it was great. It's been so long since I left my house. I can't thank you enough for helping me feel able to go out again".

"I felt well supported by the charity and through the challenges there was above and beyond support provided by the team. I felt listened to and was made to feel very comfortable when relaying my concerns in relation to my befriending match".

"We are both impressed with how well TTTB is organised and very appreciative of your thoughtful approach with us all."

Volunteers

Our work is only possible thanks to dedication of time and kindness of our volunteers, many of whom befriend more than one person. In 2021 volunteers provided over 20,000 hours of befriending helping our scheme members to feel "in the world again". We have 5 dedicated reviewers, all retired professionals with extensive experience (for example retired social workers, pastor and a social prescriber), who undertake all our volunteer and scheme member reviews. We also have an active team of volunteers who support our group befriending events. All of whom are integral to helping us provide socially inclusive activities for our members who would otherwise be isolated. We are truly grateful to all our volunteers for the significant difference they make in the lives of older people!

Time To Talk Befriending

Trustees' Report

Referrer Feedback

In January 2022, 39 referrers responded to a survey. Referrers include social prescribers, social workers, health workers, charity workers and emergency service workers. When asked about their overall experience of referring to Time to Talk Befriending, 79% said it was very good, 21% said good. Words used to describe the referring experience include 'responsive', 'efficient', 'friendly', 'helpful', 'simple', 'professional'. When asked if befriending made a difference to the people being referred, 87% said yes definitely, 13% said yes sometimes, and 3% said occasionally. For the full Referrers Report please visit www.tttb.org.uk/resources.

Group Befriending

Our Recovery and Reintegration Report, May 2021, (accessed via www.tttb.org.uk/resources) confirmed that 66% of survey participants were not ready to return to face-to-face activities. In August and September 2021, we called each of our scheme members to ask them about their preferences for face to face or telephone befriending or a blended model. We also enquired if they were now feeling ready to return to face-to-face groups. 29% were keen for groups to resume so we relaunched our group befriending offer in October 2021. By December 2021 109 older people were accessing our group befriending events.

"This is the first time I've been out since the first lockdown. Gosh it was overwhelming when the minibus arrived, and I first came into the room. But thank you for helping me feel at ease. It took a while to adjust to being with other people, but I loved it. I even made a friend. I couldn't have made it out without your help. It means the world".

Telephone group befriending is provided once a fortnight for those who are housebound and/or continuing to shield.

"I have just come off your telephone tea party call and enjoyed it immensely. The facilitation was excellent, with such thoughtful and engaging conversation starters. Charlotte ensured everybody had an opportunity to talk. The isolation and loneliness of those on the call was evident yet eased for this one hour of having the opportunity to talk with others". (Ageing Well Brighton and Hove Lead Provider / Partner).

Intergenerational Projects

We worked in partnership with Brighton College between 2019 – 2021 to produce Life Stories. Students were trained to become journalists using the Bridging Ages Life Story Model. Scheme members shared their memories and photos which resulted in published books about their lives. The outcome of this work can be found via our website <https://www.tttb.org.uk/intergenerational-projects>.

Signposting

We made 492 signposts/onward referrals to over 65 local and national organisations including Anxiety UK and wellbeing services. In 2020 signpost/rereferrals made were 418 compared to 314 pre-pandemic. So, in two years there has been a significant increase in unmet needs identified through our assessments and reviews with our scheme members.

Time To Talk Befriending

Trustees' Report

Reviews

Thanks to the long-standing support of retired five professionals, 622 individual reviews, with scheme members and volunteers were undertaken between January – December 2021.

Wellbeing Checks

We have seen a significant increase in welfare wellbeing checks over the past year whereby volunteer befrienders contact us after identifying that there has been a decline in the physical and/or mental health of our scheme members. Or there is no answer when they call or visit. Quite often our volunteers are the only regular social visitor/caller for our scheme members.

Communication

Our newsletters continue to be beneficial to our scheme members. They also provide opportunities for our scheme members and volunteers to contribute. Due to the majority of our 539 scheme members remaining offline by choice, a hard copy is sent to them by post. This is a costly and time-consuming process, but our members are keen for us to continue with our newsletter *because "it makes me feel like part of a community. It's great to read about and see different people, see faces, learn about others involved in the charity. The letter is important to me as I cannot attend in-person events."* For an example of our newsletter please visit our website www.tttb.org.uk/resources.

Our birthday cards to scheme members and volunteers also continue to be valued and appreciated. On average we send 60 handwritten cards per month. *"I don't get many cards these days. Thanks for brightening my birthday". "It means a lot to be thought about".*

Other regular communication includes 'thinking of you' cards from schools and colleges, get well soon cards, condolence cards to family and friends of those who have died (74 in 2020 and 57 in 2021 compared to an average of 19 per year prior to the pandemic) and thank you cards to those who contribute towards our work i.e., articles for our newsletters.

Support for Volunteers

As a result of research 'Staying Together Recovering Together' (accessed via www.tttb.org.uk/resources) and regular reviews with our volunteers we are providing additional training and support in the form of:

- Dementia friends' sessions.
- How to create meaningful moments with people living with dementia sessions.
- Bereavement and loss sessions.
- Wellbeing workshops.
- Peer support groups.
- Social events led by volunteers i.e., Pictionary, music event, quiz.
- Volunteers thank you event and Christmas party.

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Trustees' Report

- Resources (check out www.tttb.org.uk/resources) i.e., Navigating Difficult Conversations, A-Z of conversation starters etc.

In addition, in October 2021 we updated our induction training so that we could continue to recruit volunteers using the online method which has proven to better (for the charity and volunteers) than our pre-covid method of meeting volunteers in person in a group setting every 4-6 weeks. We asked all our existing volunteers to undertake the new safeguarding and boundaries training.

Anna Chaplaincy

We continue our affiliation with the national network Anna Chaplaincy enabling us to provide spiritual care to our scheme members, predominantly by helping them access places of worship and faith groups which are important to them. This service was developed because of our whole person assessments which highlighted that faith was important to some people but there was limited help available to access Churches, Mosques, Synagogues etc. in the community. We fundraise separately for this work. We have five volunteer chaplaincy befrienders within the team and three commissioned chaplains. We are linked with Brighton and Hove Faith in Action, a multi-faith charity, bringing together people from across the City who find common ground in wanting to help those we are vulnerable. One of our commissioned Anna Chaplains continues to offer a front-line response to our scheme members who call in distress, for example, low mood, or facing end of life situations. Effective referral pathways are used to enable our members to access more specialist support as required.

The Ageing Journey Project

The Ageing Journey project is a collaboration between Time to Talk Befriending, the Centre for Social Work Innovation and Research at the University of Sussex and Engaging with Ageing. Together with people of all ages we aim to capture how older age is viewed and identify how people embrace change throughout the life-course. The outcome of our research will enable us to co-produce resources which will be made available for people of all generations. The aim is to bridge the gap between all ages and encourage a more positive, realistic, and resilient mindset to ageing and the ageing journey. The project is likely to run until 2024. In 2021 we produced a video capturing the wisdom of Helen, Barbara and Tony. Check out www.tttb.org.uk/videos.

Preparing to Say Goodbye

We piloted our Preparing to Say Goodbye end of life toolkit, equipping professionals and volunteers with the tools and skills they need to prepare for conversations about death and dying with the people they are supporting. The toolkit is accompanied by half day training which has now been commissioned by Brighton and Hove Public Health for 2022 and 2023. 60% of participants said they strongly agree that the learning objectives were met. 40% said they agree that the learning objectives were met.

"I found the course visuals, discussions, break out rooms, role play and the opportunity to feedback so regularly really useful to process information as we went along. The course facilitators were all excellent, warm, and knowledgeable. It was great to be able to meet other professionals in such a intimate way with a sensitive subject. I especially felt encouraged to be open because of the robust and clear confidentiality guidance at the beginning and the pace of the course, well done!"

Time To Talk Befriending

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Research Reports

In 2021 we produce two research reports and contributed towards the DCMS Loneliness Network resulting in the 'Emerging Together: The Tackling Loneliness Network Action Plan. For full details of these reports please visit www.tttb.org.uk/resources.

Public Health Campaigns

During Dementia Action Week we led and facilitated a Zoom group 'Best practice and barriers: diversity and inclusion' in partnership with Nubian Life Hammersmith and Fulham and Shadrach Mwale a senior researcher at the University of Brighton.

During Dying Matters Week we led and facilitated a conversation about 'What Makes a Good Place to Die and Why'. Findings from our conversations with academics, health and social care professionals, volunteers and chaplains can be accessed via www.tttb.org.uk/resources.

Financial review

Income for the year amounted to £282,063 (2020: £242,511) and expenditure £253,266 (2020: £217,381). The surplus was added to funds brought forward, with unrestricted funds being £98,417 at the year end.

Policy on reserves

The required level of reserves was to set aside three months running costs during the course of the year. The trustees consider that reserves at this level will ensure that, in the case of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to the ways in which additional funding may be raised.

Funding

We are truly grateful to all our funders for their support. Funding enables us to deliver services which are excellence accredited and relationship centered. Together, we are overcoming loneliness experienced by older people in the communities where we operate.

Grants and Trusts - Most of our income is through grants and trusts including regular funders and multi-year funders.

The Big Lottery - In April 2021 we were awarded an uplift grant. Building on the development work of initial 2.5-year National Lottery funding for Worthing, West Sussex, we were awarded 3 years additional funding in October 2021 enabling our work to continue in Worthing and in the new area of Adur, West Sussex.

Ageing Well Brighton and Hove - In 2019 we became sub-contractors of a Public Health Commission called Ageing Well Brighton and Hove which offers a programme of services and activities for people living in Brighton and Hove aged 50+. Our part within the partnership is to provide dementia inclusive befriending City wide and befriending services in Saltdean, Woodingdean, Rottingdean and Ovingdean where the highest proportion of older people aged 65+ reside.

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Laing Family Trust - Funding specifically for our Anna Chaplaincy work.

Staying Together Recovering Together - Enabling us to continue our recovery and reintegration work following the pandemic providing services for older people and volunteers based on their wants and needs identified through surveys and reviews.

Donations - In December 2021 a special Carol Concert was held in Middle Temple Hall, London. We are truly grateful to the family who organize the event and their partners for choosing Time to Talk Befriending as their charity of the year. The donations were significant and helped to make a big difference.

Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements.

Time To Talk Befriending

Trustees' Report

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 13 October 2022 and signed on its behalf by:



.....
Neil Hilton
Trustee

Time To Talk Befriending

Independent Examiner's Report to the trustees of Time To Talk Befriending

I report to the trustees on my examination of the accounts of Time To Talk Befriending for the year ended 31 December 2021.

Responsibilities and basis of report

As the charity trustees of Time To Talk Befriending you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Time To Talk Befriending's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since Time To Talk Befriending's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Time To Talk Befriending as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
J Irvine-Smith FCIE
Independent Examiners Ltd
2 Broadbridge Business Centre
Delling Lane
Bosham
Chichester
West Sussex
PO18 8NF

13 October 2022

Time To Talk Befriending

Statement of Financial Activities for the Year Ended 31 December 2021

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Income and Endowments from:					
Donations and legacies	2	149,335	132,583	281,918	242,290
Charitable activities	3	<u>145</u>	<u>-</u>	<u>145</u>	<u>221</u>
Total income		<u>149,480</u>	<u>132,583</u>	<u>282,063</u>	<u>242,511</u>
Expenditure on:					
Raising funds	4	8,495	-	8,495	9,008
Charitable activities	5	<u>88,034</u>	<u>156,737</u>	<u>244,771</u>	<u>208,373</u>
Total expenditure		<u>96,529</u>	<u>156,737</u>	<u>253,266</u>	<u>217,381</u>
Net income/(expenditure)		52,951	(24,154)	28,797	25,130
Gross transfers between funds/Transfer from unincorporated charity		<u>-</u>	<u>-</u>	<u>-</u>	<u>70,961</u>
Net movement in funds		52,951	(24,154)	28,797	96,091
Reconciliation of funds					
Total funds brought forward		<u>45,466</u>	<u>50,625</u>	<u>96,091</u>	<u>-</u>
Total funds carried forward	11	<u><u>98,417</u></u>	<u><u>26,471</u></u>	<u><u>124,888</u></u>	<u><u>96,091</u></u>

The notes on pages 13 to 22 form an integral part of these financial statements.

Time To Talk Befriending

Balance Sheet as at 31 December 2021

	Note	2021 £	2020 £
Current assets			
Debtors	8	-	284
Cash at bank and in hand		<u>131,929</u>	<u>98,582</u>
		131,929	98,866
Creditors: Amounts falling due within one year	9	<u>(7,041)</u>	<u>(2,775)</u>
Net assets		<u>124,888</u>	<u>96,091</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		26,471	50,625
Unrestricted income funds			
Unrestricted funds		<u>98,417</u>	<u>45,466</u>
Total funds	11	<u>124,888</u>	<u>96,091</u>

The financial statements on pages 11 to 22 were approved by the trustees, and authorised for issue on 13 October 2022 and signed on their behalf by:



.....
Neil Hilton
Trustee

The notes on pages 13 to 22 form an integral part of these financial statements.

Time To Talk Befriending

Notes to the Financial Statements for the Year Ended 31 December 2021

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Time To Talk Befriending meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Time To Talk Befriending

Notes to the Financial Statements for the Year Ended 31 December 2021

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Time To Talk Befriending

Notes to the Financial Statements for the Year Ended 31 December 2021

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Liabilities

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Time To Talk Befriending

Notes to the Financial Statements for the Year Ended 31 December 2021

2 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2021 £	Total 2020 £
Donations and legacies;				
Donations	39,579	37,813	77,392	20,473
Grants, including capital grants;				
Grants	<u>109,756</u>	<u>94,770</u>	<u>204,526</u>	<u>221,817</u>
	<u>149,335</u>	<u>132,583</u>	<u>281,918</u>	<u>242,290</u>

3 Income from charitable activities

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Charitable activities	<u>145</u>	<u>145</u>	<u>221</u>

4 Expenditure on raising funds

a) Costs of generating donations and legacies

	Note	Unrestricted funds General £	Total 2021 £	Total 2020 £
Fundraising and related costs		<u>8,495</u>	<u>8,495</u>	<u>9,008</u>

Time To Talk Befriending

Notes to the Financial Statements for the Year Ended 31 December 2021

5 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total 2021 £	Total 2020 £
Scheme member and project costs		11,428	8,186	19,614	17,355
Volunteer costs inc training		5,039	9,969	15,008	11,041
Charitable donations		200	-	200	500
Premises costs		9,285	3,730	13,015	18,086
Office equipment and supplies		1,478	-	1,478	1,061
Website and advertising		7,417	6,441	13,858	6,847
Telephone and internet		3,761	1,750	5,511	4,274
Postage and stationery		2,405	2,988	5,393	7,894
Insurance		1,626	-	1,626	1,531
IT equipment & support		5,828	481	6,309	3,799
Travel		178	16	194	384
Staff training & DBS		1,964	52	2,016	914
Sundry expenses		2,448	22	2,470	1,325
Professional fees		5,838	476	6,314	7,506
Bank and payment charges		212	-	212	-
Independent examination		750	-	750	750
Staff costs	7	<u>28,177</u>	<u>122,626</u>	<u>150,803</u>	<u>125,106</u>
		<u>88,034</u>	<u>156,737</u>	<u>244,771</u>	<u>208,373</u>

Time To Talk Befriending

Notes to the Financial Statements for the Year Ended 31 December 2021

6 Trustees remuneration and expenses

Two trustees received remuneration and benefits in the form of pension contributions amounting to: E Kenward: remuneration £38,333 (2020: £30,557), pension £1,150 (2020: £900) and J Williams: remuneration £17,437 (2020: £13,725), pension £523 (2020: £400). Their remuneration was entirely for duties as employees and not as trustees.

E Kenward received reimbursement of £2,112 (2020: £4,099) for purchases made on behalf of the charity during the year in the course of her duties as employee.

G Schulz, a trustee, was paid £3,398 (2020: £3,866) through his company, G Schulz & Company Ltd, for professional services as management accountant.

The charity employed the daughter of S Lewis, a trustee, as bookkeeper. The total paid to her was £6,909 (2020: self-employed £1,238).

In 2020 the charity moved to premises at the City Coast Centre which are owned by Citycoast Trust. S Lewis is a trustee of both charities. The total rent paid to the City Coast Centre was £11,440 (2020: £3,400).

7 Staff costs

The aggregate payroll costs were as follows:

	2021	2020
	£	£
Staff costs during the year were:		
Wages and salaries	140,739	119,058
Social security costs	6,046	2,680
Pension costs	<u>4,018</u>	<u>3,368</u>
	<u>150,803</u>	<u>125,106</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2021	2020
	No	No
Staff	<u>9</u>	<u>9</u>

No employee received emoluments of more than £60,000 during the year

Time To Talk Befriending

Notes to the Financial Statements for the Year Ended 31 December 2021

8 Debtors

	2021 £	2020 £
Other debtors	-	284

9 Creditors: amounts falling due within one year

	2021 £	2020 £
Trade creditors	6,363	1,415
Other taxation and social security	70	-
Other creditors	8	-
Accruals	600	600
Deferred income	-	760
	<u>7,041</u>	<u>2,775</u>

10 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £4,018 (2020 - £3,368).

Time To Talk Befriending

Notes to the Financial Statements for the Year Ended 31 December 2021

11 Funds

	Balance at 1 January 2021 £	Incoming resources £	Resources expended £	Balance at 31 December 2021 £
Unrestricted funds				
General				
General Funds	45,466	149,480	(96,529)	98,417
Restricted funds				
Deans outreach	-	25,000	(25,000)	-
Big Lottery fund	14,034	65,313	(58,279)	21,068
Group befriending	10,687	-	(10,687)	-
Awards for All	-	9,770	(9,770)	-
Conversation with friends	5,904	-	(5,904)	-
Staying together, recovering together	20,000	-	(20,000)	-
Dementia fund	-	22,500	(17,097)	5,403
F Winham fund	-	5,000	(5,000)	-
Anna Chaplaincy fund	-	5,000	(5,000)	-
	<u>50,625</u>	<u>132,583</u>	<u>(156,737)</u>	<u>26,471</u>
Total funds	<u>96,091</u>	<u>282,063</u>	<u>(253,266)</u>	<u>124,888</u>

Deans Outreach: Providing befriending for people aged 50+ living in the Deans area in Brighton and Hove as part of the Ageing Well Public Health Commission.

Big Lottery fund: Provided an uplift grant to support our work during the pandemic. In addition, building on the development work of initial funding for Worthing, West Sussex, further funding was awarded to continue in Worthing and in the new area of Adur, West Sussex.

Group Befriending: To help our scheme members to be socially included through a range of group activities including intergenerational projects with schools and colleges.

Awards for All: Part of our post pandemic 'Staying Together Recovering Together' programme providing peer support for our volunteers.

Emergency (Covid-19): To support work during the pandemic including significant increase in demand for befriending as well as emergency food provision for older people living in food poverty.

Conversations with Friends: To encourage peer connections between scheme members to help build confidence, friendships and enjoy quality time together from a safe distance.

Time To Talk Befriending

Notes to the Financial Statements for the Year Ended 31 December 2021

Staying Together Recovering Together: For core costs for the new phase of work following the pandemic.

Dementia fund: Providing dementia inclusive befriending services for older people who have received a recent diagnosis or who are living with mild-moderate dementia as part of the Ageing Well Brighton and Hove commission.

F Winham fund: Funding for scheme member costs only.

Anna Chaplaincy fund: To promote and expand the Anna Chaplaincy work.

	Balance at 1 January 2020 £	Incoming resources £	Resources expended £	Transfers from un- incorporated charity £	Balance at 31 December 2020 £
Unrestricted funds					
General					
General Funds	-	88,687	(89,846)	46,625	45,466
Restricted funds					
Deans outreach	-	25,000	(25,000)	-	-
Big Lottery fund	-	58,870	(55,875)	11,039	14,034
Group befriending	-	-	(2,610)	13,297	10,687
Christmas event	-	3,300	(3,300)	-	-
Awards for All	-	15,000	(15,000)	-	-
Emergency (Covid 19) fund	-	25,750	(25,750)	-	-
Conversation with friends	-	5,904	-	-	5,904
Staying together, recovering together	-	20,000	-	-	20,000
	-	153,824	(127,535)	24,336	50,625
Total funds	-	242,511	(217,381)	70,961	96,091

Time To Talk Befriending

Notes to the Financial Statements for the Year Ended 31 December 2021

12 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 December 2021 £
Current assets	105,458	26,471	131,929
Current liabilities	<u>(7,041)</u>	<u>-</u>	<u>(7,041)</u>
Total net assets	<u><u>98,417</u></u>	<u><u>26,471</u></u>	<u><u>124,888</u></u>

	Unrestricted funds General £	Restricted funds £	Total funds at 31 December 2020 £
Current assets	48,241	50,625	98,866
Current liabilities	<u>(2,775)</u>	<u>-</u>	<u>(2,775)</u>
Total net assets	<u><u>45,466</u></u>	<u><u>50,625</u></u>	<u><u>96,091</u></u>