

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024**

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The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

**OBJECTIVES AND ACTIVITIES**

**Charity Objectives**

- a) To promote for the benefit of the inhabitants of the Afan valley and the surrounding area the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the conditions of life of the said inhabitants;
- b) the promotion of community participation in healthy recreation by the provision of a community gym

**Values**

Public service, leadership, selflessness, integrity, objectivity, honesty, and accountability.

**ACHIEVEMENT AND PERFORMANCE**

**Activities**

Afan Fitness is a community run gym and fitness facility located at the top of the Afan Valley. Over the years we have grown from a small community gym in a school, into an incredible first-class fitness facility that serves the entire valley. We started our organisation in a school fitness suite in 2015 which was based in Cymer Afan Comprehensive School every evening and weekends, however with the comprehensive school closing in 2019 we had to re-locate the Fitness Suite to Cymer Sports Hall. We now open early birds 6am – 8am. Morning 9.30am-11.30am Evening 4pm-8:30pm Weekends 8.00am-11.30am. We have also have hall space.

New LED lighting has been installed throughout the building, providing better energy efficiency.

We continue to manage, maintain, advertise, market the all-weather outdoor playing facility. Along with the gym, we provide parking, changing facilities and showers. This is proving be very popular with local football teams – both Senior and Junior. We held a 'Summer of Fun' throughout the school summer holiday, whereby children were able to attend Mon - Fri for activities and a hot lunch, without any charge.

Several pieces of new equipment have been purchased with the assistance of funding sources.

We offered our facility as a 'Warm Hub' through the winter months. Community members were welcome to come in to a warms space and be provided with hot refreshments.

Our main objective is to enhance the quality of life by providing all with opportunity to improve their physical wellbeing which in turn improves the overall mental and emotional wellbeing, which can have a detrimental impact to one's quality of life. Our mission statement is love life, love fitness, live longer, live stronger.

Our membership has expanded over the past year and continues to do so.

## **FINANCIAL REVIEW**

### **Reserves policy**

It is the policy of the organisation to maintain unrestricted and designated funds to ensure sufficient reserves to meet six months running costs. However in the event of periods of difficult trading this continues to be no longer achievable.

## **FUTURE PLANS**

The organisation seeks to maintain its community based regeneration activities based on its capacity for income generation. We are looking at expanding on current provision and increase opportunities for new and existing members.

We are also continuing to enhance the area outside of the astro turf by maintaining any brambles that have over grown in the area and also remove the dead over hanging trees and making it into a safe green space with beautiful views of the valley.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The organisation is a registered charity incorporated on 21 November 2019. Our governing document is Charitable Incorporated Organisation (CIO) established on the 28<sup>th</sup> May 2019.

### **Organisational structure**

Afan Community Fitness Suite has a board of trustees which meets on a regular basis, a minimum of 6 times a year and are responsible for the strategic direction and policy of the charity. At the year end, the Board has 4 trustees. The trustees represent a number of residents and community interests as well as those with business and professional backgrounds.

### **Risk management**

Policies are in place and procedures observed in respect of health and safety of our staff, volunteers and members at our premises which as at 31 March 2021 are:-

Afan Community Fitness Suite

Margam Street

Cymmer

Port Talbot

SA13 3EE

## REFERENCE AND ADMINISTRATIVE DETAILS

### Registered Charity number

1086506

### Registered office

Upper Afan Valley Sports Centre  
Margam Street  
Cymmer  
PORT TALBOT  
SA13 3EE

### Trustees

D Johnson  
J Coleman  
Y Casey  
N Casey

Chair  
Secretary  
Treasurer  
Trustee

### Accountants

Daniel Perrin & Co Limited  
9 Stanley Place  
Cadoxton  
Neath  
SA10 8BE

### Bankers

Lloyds Bank PLC  
115 Station Road  
Port Talbot  
SA13 1NR

## STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable organisation.

They are also responsible for safeguarding the assets of the charitable organisation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

there is no relevant audit information of which the charitable company's auditors are unaware; and

The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

## ACCOUNTANTS

The independent examiner, Daniel Perrin & Co Limited, will be proposed for appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on .....20<sup>th</sup> December 2024..... and signed on its behalf by:

.....  
Trustee/Treasurer



CHARITY COMMISSION  
FOR ENGLAND AND WALES

AFAN COMMUNITY FITNESS SUITE

1186506

## Receipts and payments accounts

CC16a

For the period  
from

01/04/2023

To

31/03/2024

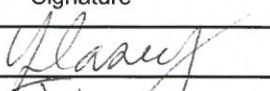
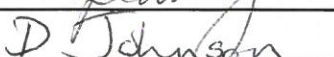
### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
General Funding	65,438	-	-	65,438	42,521
General Income	5,785	-	-	5,785	1,321
Memberships	36,394	-	-	36,394	32,770
Assistance Payments	8,746	-	-	8,746	6,000
ATP Hire	9,003	-	-	9,003	5,972
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>125,366</b>	<b>-</b>	<b>-</b>	<b>125,366</b>	<b>88,584</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>125,366</b>	<b>-</b>	<b>-</b>	<b>125,366</b>	<b>88,584</b>
<b>A3 Payments</b>					
Equipment purchases from funding	51,733	-	-	51,733	34,932
Courses and Training	-	-	-	-	-
Insurance	3,749	-	-	3,749	1,714
Repairs and Maintenance	2,836	-	-	2,836	2,418
Security Costs	1,576	-	-	1,576	1,710
Sundry	-	-	-	-	-
Direct Costs	20,757	-	-	20,757	14,199
Property Maintenance	9,389	-	-	9,389	10,656
Salary costs	21,491	-	-	21,491	17,740
<b>Sub total</b>	<b>111,531</b>	<b>-</b>	<b>-</b>	<b>111,531</b>	<b>83,369</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>111,531</b>	<b>-</b>	<b>-</b>	<b>111,531</b>	<b>83,369</b>
<b>Net of receipts/(payments)</b>	<b>13,835</b>	<b>-</b>	<b>-</b>	<b>13,835</b>	<b>5,215</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>13,835</b>	<b>-</b>	<b>-</b>	<b>13,835</b>	<b>5,215</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		2,672	11,163	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>2,672</b>	<b>11,163</b>	<b>-</b>
	(agree balances with receipts and payments account(s))			
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	 	Yvonne Casey Darran Johnson	02/01/25 2-1-25





Section A

Independent Examiner's Report

Report to the trustees/  
members of

AFAN COMMUNITY FITNESS SUITE

On accounts for the year  
ended

31<sup>st</sup> March 2024

Charity no  
(if any)

1186506

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2024**.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

Date: 02/01/2025

Name:

Daniel Perrin

Relevant professional  
qualification(s) or body  
(if any):

FCCA

Address:

9 Stanley Place

Cadoxton

Neath - SA10 8BE

**Section B****Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

None