

AFAN COMMUNITY FITNESS SUITE

England & Wales · Charity number 1186506

Details

Status Registered

Legal form CIO

Registered 2019-11-21

Register [View on the Charity Commission register](#)

Contact

Address Upper Afan Valley Sports Hall
Margam Street
Cymmer
Port Talbot
SA13 3EE

Phone 07435515116

Email afanfitness@gmail.com

Activities

Objects: TO PROMOTE FOR THE BENEFIT OF THE INHABITANTS OF THE AFAN VALLEY AND THE SURROUNDING AREA THE PROVISION OF FACILITIES FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES OR FOR THE PUBLIC AT LARGE IN THE INTERESTS OF SOCIAL WELFARE AND WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF THE SAID INHABITANTS AND THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION BY THE PROVISION OF A COMMUNITY GYM

Activities: We provide opportunities and facilities for the participation in recreational and physical activities with the object of improving the conditions of life and wellbeing of the inhabitants of the communities of the Afan Valley. We are a community fitness suite located in the village of Cymmer, operated by volunteers.

Classification

- **How:** Provides Buildings/facilities/open Space
- **What:** General Charitable Purposes, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Neath Port Talbot

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£149,373	£156,503	-	-
2024-03-31	£125,366	£111,530	-	-
2023-03-31	£88,584	£83,369	-	-
2022-03-31	£39,818	£37,303	-	-
2021-03-31	£70,392	£68,520	-	-

Trustees

Name	Role	Appointed
DARRAN JOHNSON	Chair	2019-05-20
Caroline Jayne Coleman		2019-05-20
Nigel Casey		2019-05-20
Yvonne Casey		2019-05-20

AFAN COMMUNITY FITNESS SUITE

England & Wales - Charity number 1186506

Accounts

Afan Community Fitness Suite

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Charity Objectives

- a) To promote for the benefit of the inhabitants of the Afan valley and the surrounding area the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the conditions of life of the said inhabitants;
- b) the promotion of community participation in healthy recreation by the provision of a community gym

Values

Public service, leadership, selflessness, integrity, objectivity, honesty, and accountability.

ACHIEVEMENT AND PERFORMANCE

Activities

Afan Fitness is a community run gym and fitness facility located at the top of the Afan Valley. Over the years we have grown from a small community gym in a school, into an incredible first-class fitness facility that serves the entire valley. We started our organisation in a school fitness suite in 2015 which was based in Cymer Afan Comprehensive School every evening and weekends, however with the comprehensive school closing in 2019 we had to re-locate the Fitness Suite to Cymer Sports Hall. We have increased our opening hours to open; early birds 6am – 8am, morning 9.30am-1.30pm, evening 4pm-8:30pm and Weekends 8.00am-11.30am. We have also have hall space.

We have installed a solar array, along with solar Batteries to provide more efficient, cost effective electricity and reduce our carbon footprint.

We continue to manage, maintain, advertise, market the all-weather outdoor playing facility. Along with the gym, we provide parking, changing facilities and showers. This is proving to be very popular with local football teams – both Senior and Junior.

We held a 'Summer of Fun' throughout the school summer holiday, whereby children were able to attend Mon - Fri for activities and a hot lunch, without any charge.

The ATP access funding has made a tangible difference to young people in the Afan Valley, especially during the winter months when safe, active spaces are limited. Over 100 slots were used, with additional free access offered by Afan Fitness when the Astro was available — maximising reach and impact.

Several pieces of new equipment have been purchased with the assistance of funding sources.

We offered our facility as a 'Warm Hub' through the winter months. Community members were welcome to come in to a warm space and be provided with hot refreshments.

Our main objective is to enhance the quality of life by providing all with opportunity to improve their physical wellbeing which in turn improves the overall mental and emotional wellbeing, which can have a detrimental impact to one's quality of life. Our mission statement is love life, love fitness, live longer, live stronger.

Our membership has expanded over the past year and continues to do so.

FINANCIAL REVIEW

Reserves policy

It is the policy of the organisation to maintain unrestricted and designated funds to ensure sufficient reserves to meet six months running costs. However in the event of periods of difficult trading this continues to be no longer achievable.

FUTURE PLANS

The organisation seeks to maintain its community based regeneration activities based on its capacity for income generation. We are looking at expanding on current provision and increase opportunities for new and existing members.

We are also continuing to enhance the area outside of the astro turf by maintaining any brambles that have overgrown in the area and also remove the dead overhanging trees and making it into a safe green space with beautiful views of the valley.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a registered charity incorporated on 21 November 2019. Our governing document is Charitable Incorporated Organisation (CIO) established on the 28th May 2019.

Organisational structure

Afan Community Fitness Suite has a board of trustees which meets on a regular basis, a minimum of 6 times a year and are responsible for the strategic direction and policy of the charity. At the year end, the Board has 4 trustees. The trustees represent a number of residents and community interests as well as those with business and professional backgrounds.

Risk management

Policies are in place and procedures observed in respect of health and safety of our staff, volunteers and members at our premises which as at 31 March 2021 are:-

Afan Community Fitness Suite

Margam Street

Cymmer

Port Talbot

SA13 3EE

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1086506

Registered office

Upper Afan Valley Sports Centre
Margam Street
Cymmer
PORT TALBOT
SA13 3EE

Trustees

D Johnson
J Coleman
Y Casey
N Casey

Chair
Secretary
Treasurer
Trustee

Accountants

Daniel Perrin & Co Limited
9 Stanley Place
Cadoxton
Neath
SA10 8BE

Bankers

Lloyds Bank PLC
115 Station Road
Port Talbot
SA13 1NR

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable organisation.

They are also responsible for safeguarding the assets of the charitable organisation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

there is no relevant audit information of which the charitable company's auditors are unaware; and

The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

ACCOUNTANTS

The independent examiner, Daniel Perrin & Co Limited, will be proposed for appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on17th December 2025..... and signed on its behalf by:


.....
Trustee/Treasurer



AFAN COMMUNITY FITNESS SUITE	1186506
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CC16a

Receipts and payments accounts

For the period from	01/04/2024	To	31/03/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General Funding	95,821	-	-	95,821	65,438
General Income	2,151	-	-	2,151	5,785
Memberships	37,227	-	-	37,227	36,394
Assistance Payments	6,000	-	-	6,000	8,746
ATP Hire	8,173	-	-	8,173	9,003
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	149,373	-	-	149,373	125,366
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	149,373	-	-	149,373	125,366
A3 Payments					
Equipment purchases from funding	92,794	-	-	92,794	51,733
Courses and Training	-	-	-	-	-
Insurance/Serviceing	5,342	-	-	5,342	3,749
Repairs and Maintenance	1,359	-	-	1,359	2,836
Security Costs	1,537	-	-	1,537	1,576
Sundry	-	-	-	-	-
Direct Costs	18,459	-	-	18,459	20,757
Property Maintenance	9,820	-	-	9,820	9,389
Salary costs	27,191	-	-	27,191	21,491
Sub total	156,503	-	-	153,503	111,531
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	156,503	-	-	156,503	111,531
Net of receipts/(payments)	- 7,130	-	-	- 7,130	13,835
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	9,974	-	-	9,974	-
Cash funds this year end	2,844	-	-	7,130	13,835

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash At Bank	2,844	-	-
		-	-	-
		-	-	-
	Total cash funds	2,844	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

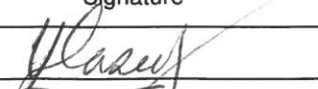
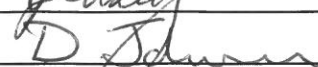
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Yvonne Casey	22/01/2026
	Darran Johnson	22/01/2026



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

AFAN COMMUNITY FITNESS SUITE

**On accounts for the year
ended**

31st March 2025

**Charity no
(if any)**

1186506

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2025**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date: 22/01/2026

Name: Daniel Perrin

**Relevant professional
qualification(s) or body
(if any):**

FCCA

Address:

9 Stanley Place
Cadoxton
Neath - SA10 8BE

AFAN COMMUNITY FITNESS SUITE

England & Wales - Charity number 1186506

Accounts

Afan Community Fitness Suite

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Charity Objectives

- a) To promote for the benefit of the inhabitants of the Afan valley and the surrounding area the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the conditions of life of the said inhabitants;
- b) the promotion of community participation in healthy recreation by the provision of a community gym

Values

Public service, leadership, selflessness, integrity, objectivity, honesty, and accountability.

ACHIEVEMENT AND PERFORMANCE

Activities

Afan Fitness is a community run gym and fitness facility located at the top of the Afan Valley. Over the years we have grown from a small community gym in a school, into an incredible first-class fitness facility that serves the entire valley. We started our organisation in a school fitness suite in 2015 which was based in Cymer Afan Comprehensive School every evening and weekends, however with the comprehensive school closing in 2019 we had to re-locate the Fitness Suite to Cymer Sports Hall. We now open early birds 6am – 8am. Morning 9.30am-11.30am Evening 4pm-8:30pm Weekends 8.00am-11.30am. We have also have hall space.

New LED lighting has been installed throughout the building, providing better energy efficiency.

We continue to manage, maintain, advertise, market the all-weather outdoor playing facility. Along with the gym, we provide parking, changing facilities and showers. This is proving be very popular with local football teams – both Senior and Junior. We held a 'Summer of Fun' throughout the school summer holiday, whereby children were able to attend Mon - Fri for activities and a hot lunch, without any charge.

Several pieces of new equipment have been purchased with the assistance of funding sources.

We offered our facility as a 'Warm Hub' through the winter months. Community members were welcome to come in to a warms space and be provided with hot refreshments.

Our main objective is to enhance the quality of life by providing all with opportunity to improve their physical wellbeing which in turn improves the overall mental and emotional wellbeing, which can have a detrimental impact to ones quality of life. Our mission statement is love life, love fitness, live longer, live stronger.

Our membership has expanded over the past year and continues to do so.

FINANCIAL REVIEW

Reserves policy

It is the policy of the organisation to maintain unrestricted and designated funds to ensure sufficient reserves to meet six months running costs. However in the event of periods of difficult trading this continues to be no longer achievable.

FUTURE PLANS

The organisation seeks to maintain its community based regeneration activities based on its capacity for income generation. We are looking at expanding on current provision and increase opportunities for new and existing members.

We are also continuing to enhance the area outside of the astro turf by maintaining any brambles that have over grown in the area and also remove the dead over hanging trees and making it into a safe green space with beautiful views of the valley.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a registered charity incorporated on 21 November 2019. Our governing document is Charitable Incorporated Organisation (CIO) established on the 28th May 2019.

Organisational structure

Afan Community Fitness Suite has a board of trustees which meets on a regular basis, a minimum of 6 times a year and are responsible for the strategic direction and policy of the charity. At the year end, the Board has 4 trustees. The trustees represent a number of residents and community interests as well those with business and professional backgrounds.

Risk management

Policies are in place and procedures observed in respect of health and safety of our staff, volunteers and members at our premises which as at 31 March 2021 are:-

Afan Community Fitness Suite
Margam Street
Cymmer
Port Talbot
SA13 3EE

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1086506

Registered office

Upper Afan Valley Sports Centre
Margam Street
Cymmer
PORT TALBOT
SA13 3EE

Trustees

D Johnson
J Coleman
Y Casey
N Casey

Chair
Secretary
Treasurer
Trustee

Accountants

Daniel Perrin & Co Limited
9 Stanley Place
Cadoxton
Neath
SA10 8BE

Bankers

Lloyds Bank PLC
115 Station Road
Port Talbot
SA13 1NR

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable organisation.

They are also responsible for safeguarding the assets of the charitable organisation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

there is no relevant audit information of which the charitable company's auditors are unaware; and

The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

ACCOUNTANTS

The independent examiner, Daniel Perrin & Co Limited, will be proposed for appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on20th December 2024..... and signed on its behalf by:


.....
Trustee/Treasurer



CHARITY COMMISSION
FOR ENGLAND AND WALES

AFAN COMMUNITY FITNESS SUITE

1186506

Receipts and payments accounts

CC16a

For the period from	01/04/2023	To	31/03/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
General Funding	65,438	-	-	65,438	42,521
General Income	5,785	-	-	5,785	1,321
Memberships	36,394	-	-	36,394	32,770
Assistance Payments	8,746	-	-	8,746	6,000
ATP Hire	9,003	-	-	9,003	5,972
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	125,366	-	-	125,366	88,584
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	125,366	-	-	125,366	88,584
A3 Payments					
Equipment purchases from funding	51,733	-	-	51,733	34,932
Courses and Training	-	-	-	-	-
Insurance	3,749	-	-	3,749	1,714
Repairs and Maintenance	2,836	-	-	2,836	2,418
Security Costs	1,576	-	-	1,576	1,710
Sundry	-	-	-	-	-
Direct Costs	20,757	-	-	20,757	14,199
Property Maintenance	9,389	-	-	9,389	10,656
Salary costs	21,491	-	-	21,491	17,740
Sub total	111,531	-	-	111,531	83,369
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	111,531	-	-	111,531	83,369
Net of receipts/(payments)	13,835	-	-	13,835	5,215
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	13,835	-	-	13,835	5,215

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		2,672	11,163	-
		-	-	-
		-	-	-
	Total cash funds	2,672	11,163	-
	(agree balances with receipts and payments account(s))			

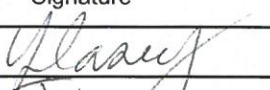
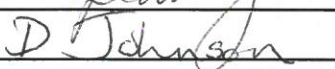
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Yvonne Casey	02/01/25
	Darran Johnson	2-1-25



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

AFAN COMMUNITY FITNESS SUITE

**On accounts for the year
ended**

31st March 2024

**Charity no
(if any)**

1186506

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2024**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date: 02/01/2025

Name:

Daniel Perrin

**Relevant professional
qualification(s) or body
(if any):**

FCCA

Address:

9 Stanley Place

Cadoxton

Neath - SA10 8BE

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

None

AFAN COMMUNITY FITNESS SUITE

England & Wales - Charity number 1186506

Accounts

Afan Community Fitness Suite

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Charity Objectives

- a) To promote for the benefit of the inhabitants of the Afan valley and the surrounding area the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the conditions of life of the said inhabitants;
- b) the promotion of community participation in healthy recreation by the provision of a community gym

Values

Public service, leadership, selflessness, integrity, objectivity, honesty, and accountability.

ACHIEVEMENT AND PERFORMANCE

Activities

Our Fitness Suite was based in the former swimming pool at Cymer Afan Comprehensive school which we shared usage with the school. However due to the recent school closure, we had no option other than to re-locate the fitness suite to Cymer Sports hall. We have recently signed a 25 year lease with NPTCBC so we can continue to deliver recreational and physical activities, plus improve the health and well- being of the people of the Afan Valley in a fit for purpose building

We have divided the sports hall in two halves; where one half is a fitness suite and the other half is used for groups to hire. This has now changed to approximately two thirds – one third due to increase in equipment.

Our main objective is to enhance the quality of life by providing all with opportunity to improve their physical wellbeing which in turn improves the overall mental and emotional wellbeing, which can have a detrimental impact to ones quality of life.

Unfortunately in March of 2020 we were mandated to close in line with Government Covid 19 rulings. We opened back up with limited use in August of 2020 but were once again forced into closure in December of 2020. We opened the Fitness Suite back up in accordance with Government Covid guidelines in May of 2021. Due to the increased procedures, we had to ensure that the Fitness Suite was operated by volunteers at all times. This led to us advertising and ultimately securing a person for the post of Fitness Suite Supervisor in November of 2021.

Our membership has expanded over the past year and continues to do so.

FINANCIAL REVIEW

Reserves policy

It is the policy of the organisation to maintain unrestricted and designated funds to ensure sufficient reserves to meet six months running costs. However in the event of periods of difficult trading this continues to be no longer achievable.

FUTURE PLANS

The organisation seeks to maintain its community based regeneration activities based on its capacity for income generation. We are looking at expanding on current provision and increase opportunities for new and existing members.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a registered charity incorporated on 21 November 2019. Our governing document is Charitable Incorporated Organisation (CIO) established on the 28th May 2019.

Organisational structure

Afan Community Fitness Suite has a board of trustees which meets on a regular basis, a minimum of 6 times a year and are responsible for the strategic direction and policy of the charity. At the year end, the Board has 4 trustees. The trustees represent a number of residents and community interests as well those with business and professional backgrounds.

Risk management

Policies are in place and procedures observed in respect of health and safety of our staff, volunteers and members at our premises which as at 31 March 2021 are:-

Afan Community Fitness Suite

Margam Street

Cymmer

Port Talbot

SA13 3EE

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1086506

Registered office

Upper Afan Valley Sports Centre
Margam Street
Cymmer
PORT TALBOT
SA13 3EE

Trustees

D Johnson
J Coleman
Y Casey
N Casey

Chair
Secretary
Treasurer
Trustee

Accountants

Daniel Perrin & Co Limited
9 Stanley Place
Cadoxton
Neath
SA10 8BE

Bankers

Lloyds Bank PLC
115 Station Road
Port Talbot
SA13 1NR

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable organisation.

They are also responsible for safeguarding the assets of the charitable organisation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

there is no relevant audit information of which the charitable company's auditors are unaware; and

The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

ACCOUNTANTS

The independent examiner, Daniel Perrin & Co Limited, will be proposed for appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on25th January 2023..... and signed on its behalf by:


.....
Trustee/Treasurer



Receipts and payments accounts

CC16a

For the period from	01/04/2021	To	31/03/2022
---------------------	------------	----	------------

Section A Receipts and payments

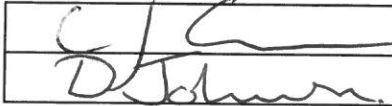
	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Covid Relief	-	-	-	-	40,000
Ford Motor Company	-	-	-	-	7,014
General Funding	-	5,840	-	5,840	2,239
General Income	1,040	-	-	1,040	2,463
Memberships	26,938	-	-	26,938	9,676
Assistance payments	6,000	-	-	6,000	9,000
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	33,978	5,840	-	39,818	70,392
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	33,978	5,840	-	39,818	70,392
A3 Payments					
Cleaning	-	-	-	-	755
Courses & Training	821	-	-	821	6,090
Insurance	1,273	-	-	1,273	1,211
Rates	927	-	-	927	960
Repairs & Maintenance	1,351	-	-	1,351	3,913
Security Costs	-	-	-	-	2,734
Software	120	-	-	120	70
Sundry	10	-	-	10	727
Direct Costs	18,219	-	-	18,219	12,864
Relocation payments	-	-	-	-	7,014
Property maintenance	8,527	-	-	8,527	32,182
Wages	6,055	-	-	6,055	-
Sub total	37,303	-	-	37,303	68,520
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	37,303	-	-	37,303	68,520
Net of receipts/(payments)	- 3,325	5,840	-	2,515	1,872
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 3,325	5,840	-	2,515	1,872

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	7,063	-	-
		-	-	-
		-	-	-
	Total cash funds	7,063	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	OK Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature



Print Name

Jayne Coleman

Darran Johnson

Date of approval

25/01/2023

25/01/2023



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

AFAN COMMUNITY FITNESS SUITE

**On accounts for the year
ended**

31st March 2022

**Charity no
(if any)**

1186506

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2022**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date: 24/01/2023

Name: Daniel Perrin

**Relevant professional
qualification(s) or body
(if any):**

FCCA

Address:

9 Stanley Place

Cadoxton

Neath - SA10 8BE

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

None

AFAN COMMUNITY FITNESS SUITE

England & Wales - Charity number 1186506

Accounts

Afan Community Fitness Suite

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Charity Objectives

- a) To promote for the benefit of the inhabitants of the Afan valley and the surrounding area the provision of facilities for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the conditions of life of the said inhabitants;
- b) the promotion of community participation in healthy recreation by the provision of a community gym

Values

Public service, leadership, selflessness, integrity, objectivity, honesty, and accountability.

ACHIEVEMENT AND PERFORMANCE

Activities

Our Fitness Suite was based in the former swimming pool at Cymer Afan Comprehensive school which we shared usage with the school. However due to the recent school closure, we had no option other than to re-locate the fitness suite to Cymer Sports hall. We have recently signed a 25 year lease with NPTCBC so we can continue to deliver recreational and physical activities, plus improve the health and well-being of the people of the Afan Valley in a fit for purpose building

We have divided the sports hall in two halves; where one half is a fitness suite and the other half is used for groups to hire.

Our main objective is to enhance the quality of life by providing all with opportunity to improve their physical wellbeing which in turn improves the overall mental and emotional wellbeing, which can have a detrimental impact to ones quality of life.

Unfortunately in March of 2020 we were mandated to close in line with Government Covid 19 rulings. We opened back up with limited use in August of 2020 but were once again forced into closure in December of 2020.

In November of 2020, we were very fortunate to be awarded the existing gym equipment from the Ford Plant in Bridgend (which was being decommissioned). This allowed us to extend the size of the Fitness Suite and enable the necessary social distancing requirements to be met without reducing capacity.

FINANCIAL REVIEW

Reserves policy

It is the policy of the organisation to maintain unrestricted and designated funds to ensure sufficient reserves to meet six months running costs. However in the event of periods of difficult trading this continues to be no longer achievable.

FUTURE PLANS

The organisation seeks to maintain its community based regeneration activities based on its capacity for income generation. We are looking at expanding on current provision and increase opportunities for new and existing members.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a registered charity incorporated on 21 November 2019. Our governing document is Charitable Incorporated Organisation (CIO) established on the 28th May 2019.

Organisational structure

Afan Community Fitness Suite has a board of trustees which meets on a regular basis, a minimum of 6 times a year and are responsible for the strategic direction and policy of the charity. At the year end, the Board has 4 trustees. The trustees represent a number of residents and community interests as well those with business and professional backgrounds.

Risk management

Policies are in place and procedures observed in respect of health and safety of our staff, volunteers and members at our premises which as at 31 March 2021 are:-

Afan Community Fitness Suite
Margam Street
Cymmer
Port Talbot
SA13 3EE

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1086506

Registered office

Upper Afan Valley Sports Centre
Margam Street
Cymmer
PORT TALBOT
SA13 3EE

Trustees

D Johnson
J Coleman
Y Casey
N Casey

Chair
Secretary
Treasurer

Auditors

Daniel Perrin & Co Limited
9 Stanley Place
Cadoxton
Neath
SA10 8BE

Bankers

Lloyds Bank PLC
115 Station Road
Port Talbot
SA13 1NR

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable organisation.

They are also responsible for safeguarding the assets of the charitable organisation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

there is no relevant audit information of which the charitable company's auditors are unaware; and

The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Daniel Perrin & Co Limited, will be proposed for appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on21st December 2021..... and signed on its behalf by:


.....
Trustee/Treasurer



CHARITY COMMISSION
FOR ENGLAND AND WALES

AFAN COMMUNITY FITNESS SUITE

1186506

Receipts and payments accounts

CC16a

For the period from	21/11/2019	To	31/03/2021
---------------------	------------	----	------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Covid Relief	40,000	-	-	40,000	-
Ford Motor Company	-	7,014	-	7,014	-
General Funding	-	2,239	-	2,239	-
General Income	2,463	-	-	2,463	-
Memberships	9,676	-	-	9,676	-
Assistance payments	9,000	-	-	9,000	-
	-	-	-	-	-
Sub total (Gross income for AR)	61,139	9,253	-	70,392	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	61,139	9,253	-	70,392	-
A3 Payments					
Cleaning	755	-	-	755	-
Courses and Training	6,090	-	-	6,090	-
Insurance	1,211	-	-	1,211	-
Rates	960	-	-	960	-
Repairs & Maintenance	3,913	-	-	3,913	-
Security costs	2,734	-	-	2,734	-
Software costs	70	-	-	70	-
Sundry	727	-	-	727	-
Direct costs	10,625	2,239	-	12,864	-
Relocation payments	-	7,014	-	7,014	-
Property maintenance	32,182	-	-	32,182	-
	-	-	-	-	-
Sub total	59,267	9,253	-	68,520	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	59,267	9,253	-	68,520	-
Net of receipts/(payments)	1,872	-	-	1,872	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,872	-	-	1,872	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	1,872	-	-
		-	-	-
		-	-	-
	Total cash funds	1,872	-	-

(agree balances with receipts and payments account(s))


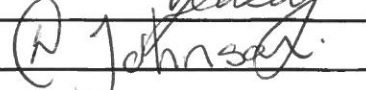
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Yvonne Casey	01/12/2021
	Darran Johnson	01/12/2021



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

AFAN COMMUNITY FITNESS SUITE

**On accounts for the year
ended**

31st March 2021

**Charity no
(if any)**

1186506

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2021**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

D Perrin

Date:

01/12/2021

Name:

Daniel Perrin

**Relevant professional
qualification(s) or body
(if any):**

FCCA

Address:

9 Stanley Place

Cadoxton

Neath - SA10 8BE

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

None



CHARITY COMMISSION
FOR ENGLAND AND WALES

AFAN COMMUNITY FITNESS SUITE

1186506

Receipts and payments accounts

CC16a

For the period from	21/11/2019	To	31/03/2021
---------------------	------------	----	------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Covid Relief	40,000	-	-	40,000	-
Ford Motor Company	-	7,014	-	7,014	-
General Funding	-	2,239	-	2,239	-
General Income	2,463	-	-	2,463	-
Memberships	9,676	-	-	9,676	-
Assistance payments	9,000	-	-	9,000	-
	-	-	-	-	-
Sub total (Gross income for AR)	61,139	9,253	-	70,392	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	61,139	9,253	-	70,392	-
A3 Payments					
Cleaning	755	-	-	755	-
Courses and Training	6,090	-	-	6,090	-
Insurance	1,211	-	-	1,211	-
Rates	960	-	-	960	-
Repairs & Maintenance	3,913	-	-	3,913	-
Security costs	2,734	-	-	2,734	-
Software costs	70	-	-	70	-
Sundry	727	-	-	727	-
Direct costs	10,625	2,239	-	12,864	-
Relocation payments	-	7,014	-	7,014	-
Property maintenance	32,182	-	-	32,182	-
	-	-	-	-	-
Sub total	59,267	9,253	-	68,520	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	59,267	9,253	-	68,520	-
Net of receipts/(payments)	1,872	-	-	1,872	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,872	-	-	1,872	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	1,872	-	-
		-	-	-
		-	-	-
	Total cash funds	1,872	-	-

(agree balances with receipts and payments account(s))


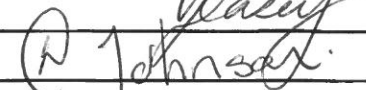
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Yvonne Casey	01/12/2021
	Darran Johnson	01/12/2021



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

AFAN COMMUNITY FITNESS SUITE

**On accounts for the year
ended**

31st March 2021

**Charity no
(if any)**

1186506

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2021**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

D Perrin

Date:

01/12/2021

Name:

Daniel Perrin

**Relevant professional
qualification(s) or body
(if any):**

FCCA

Address:

9 Stanley Place

Cadoxton

Neath - SA10 8BE

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

None