



Registered company number CE019696  
Registered charity number 1186493

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR**  
**ENDED 20 NOVEMBER 2022**

**FOR**

**CLIMB 2 RECOVERY**



## CLIMB 2 RECOVERY

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## CLIMB 2 RECOVERY

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 20 NOVEMBER 2022

The Trustees of the charity present their report with the financial statements of the charity for the year ended 20 November 2022. The Trustees have adopted the provisions of Accounting and Reporting by Charities:

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies' regime.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing Document**

The Charity is controlled by its governing document dated 30 June 2019.

##### **Registered Charity number**

1186493 – registered on the 21 November 2019.

##### **Registered office**

6 Egdon Court  
Poole  
Dorset  
BH16 5NR

##### **Trustees**

William Mackay                      -Chairman  
John Sims-Hilditch  
Ibrar Ali  
Alexander Mackenzie  
Daniel White

##### **Independent examiner**

Tibbs Accounting Services Ltd  
4 The Triangle  
Poole  
Dorset  
BH16 5PG



## CLIMB 2 RECOVERY

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 20 NOVEMBER 2022

#### **Trustees' Report, Climb 2 Recovery**

The Trustees are pleased to present their report and accounts for the period 21 November 2021 to 20 November 2022.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The Charity is controlled by its governing document dated 30 June 2019.

The recruitment of trustees is undertaken by the Board of Trustees. They will recruit a person who is willing to act as a trustee and has an interest in the activities, beneficiaries, and ultimate success of the charity.

#### **Objectives and activities**

We have referred to the Charity Commission's guidance on public benefit when reviewing our aims and objectives and planning future activities.

Climb 2 Recovery uses a combination of bespoke climbing and mountaineering courses alongside formal Mountain Training courses and qualifications. Mountain Training is the governing body for UK climbing and mountaineering training. Our courses are designed to support Armed Forces personnel (retired and serving) who have been affected by military service using the established therapeutic effects of climbing and the outdoor environment. The charities focus is on resettlement, reintegration, reinforcing a sense of value and belonging and ensuring that the true friendship that service personnel know, continues long after their service career. We provide tangible experiences, expert training and career building opportunities all in a supportive and unique environment. Individuals involved with Climb 2 Recovery can also develop their skills to gain nationally recognised instructor qualifications.

We offer courses ranging from complete beginner up to sponsoring the awarding the nationally recognised Instructor qualifications, including; Rock Climbing Instructor, Mountain Leader, Rock Climbing Development Instructor, Mountaineering and Climbing Instructor, Industrial Rope Access Training Association Level 1 operator, and First Aid certification. In addition, we offer our beneficiaries the opportunity to participate in overseas events including 'sports Climbing' in Spain and our introduction to Alpine climbing course based in Chamonix, France. All courses are provided free of charge to our veteran participants. Climb 2 Recovery is also able to loan specialist climbing equipment to competent beneficiaries.

#### **Achievements and Performance**

This is Climb 2 Recovery's sixth year of delivering activity and third year as a registered charity.

Organisationally we remain a small and committed team, just our CEO, Operations Manager and, new for 2022, a Grants and Impact Manager alongside the Board of Trustees. More recently our



governance, risk and operational framework has allowed us to greatly expand the breadth, frequency, reach and impact of our programme.

During the last six years we have provided life-changing climbing and mountaineering opportunities to seriously wounded, injured, sick, disabled and disadvantaged service people and veterans. The majority of whom have remained engaged with us long-term, and have gained or are working towards professional leadership qualifications fully sponsored through our programme.

Overall, this has helped to improve the broader rehabilitation and recovery of our members, bringing people back from the brink by giving them hope, a community, friendship and many adventures. We are excited at the growing body of academic evidence that proves this relationship: between climbing and mountaineering and vastly improved self-confidence, self-esteem, happiness, physical fitness, psychological health and life outlook. Climb 2 Recovery is making a contribution to this research with academics at a UK University.

### Summary of activity





## Financial review

It is the policy of the charity to hold in reserve the equivalent of six months running cost for our core UK program. Current free reserves meet this requirement. The financial results for the year are shown on page 7.

Approved by order of the board of Trustees on 27 April 2023 and signed on its behalf by:

*William D Mackay*

W Mackay – Chairman



CLIMB2RECOVERY

Registered Company Number: CE019696

Accountants' Report

**Accountants' Report to the Board of Trustees of the unaudited accounts of CLIMB2RECOVERY**

In accordance with the engagement letter, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the accounts of the Company which comprise the Surplus & Loss Account, the Balance Sheet and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the company's Board of Trustees, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the accounts that we have been engaged to compile, report to the Company's Board of Trustees that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose.

To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's Board of Trustees, as a body, for our work or for this report. We have carried out this engagement in accordance with technical guidance issued by the Chartered Institute of Management Accountants in England and Wales and the Institute of Chartered Accountants in England and Wales and have complied with the ethical guidance laid down by those institutes relating to members undertaking the compilation of accounts.

You have acknowledged on the Balance Sheet as at 20th November 2022 your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the Company at the end of the financial year and of its Surplus or loss for the financial year. You consider that the Company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the accounts. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the accounts.

Tibbs Accounting Services

4 The Triangle  
Upton  
Poole  
Dorset  
BH16 5PG



**CLIMB2RECOVERY (Reg No: CE019696)**  
**Income & Expenditure Account**  
**for the period ended 20th November 2022**

	Notes	2022	2021
Income		135,709	116,891
Direct Expenses		(97,523)	(48,065)
Gross Surplus		<u>38,186</u>	<u>68,826</u>
Administrative Expenses		(25,695)	(39,937)
Operating Surplus	2	<u>12,490</u>	<u>28,889</u>
Finance Charges & Interest		-	-
Surplus on ordinary activities		<u><u>12,490</u></u>	<u><u>28,889</u></u>





**CLIMB2RECOVERY (Reg No: CE019696)**  
**Balance Sheet**  
**as at 20th November 2022**

		2022	2021
		£	£
<b>Fixed Assets</b>			
Tangible Assets	5	-	-
<b>Current Assets</b>			
Debtors	6	-	-
Stock		-	-
Cash at Bank & In Hand		<u>72,828</u>	<u>60,338</u>
		<b>72,828</b>	<b>60,338</b>
<b>Creditors - amounts falling due within one year</b>	7	<u>(382)</u>	<u>(382)</u>
<b>Net Current Liabilities</b>		<b>72,446</b>	<b>59,956</b>
<b>Creditors - amounts falling due after more than one year</b>	8	-	-
<b>Net Assets</b>		<u><b>72,446</b></u>	<u><b>59,956</b></u>
<b>Capital &amp; Reserves</b>			
Income & Expenditure Account	10	<b>72,446</b>	<b>59,956</b>
<b>Total Capital &amp; Reserves</b>		<u><b>72,446</b></u>	<u><b>59,956</b></u>

The Trustees are satisfied that the Company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that the member has not required the Company to obtain an audit in accordance with section 476 of the Act.

The Trustees acknowledges their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

W MacKay

On behalf of The Trustees  
Approved by the Board on 18th April 2023



**CLIMB2RECOVERY (Reg No: CE019696)**  
**Notes to the Accounts**  
**for the period ended 20th November 2022**

**1. Accounting Policies**

**Basis of Preparation**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

**Income**

Income represents the value, net of discounts, of goods provided to customers and work carried out in respect of services provided to customers. The Company is not registered for value added tax.

**Depreciation**

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

All Assets - 18% reducing balance

**2. Operating Surplus**

	2022 £	2021 £
This is stated after charging:		
Depreciation of Owned Fixed Assets	-	-
Trustee's Remuneration	-	-
	<u>-</u>	<u>-</u>

**3. Taxation**

	2022 £	2021 £
UK Corporation Tax	-	-
	<u>-</u>	<u>-</u>

**5. Tangible Fixed Assets**

	£ Equipment	£ Total
<b>Cost:</b>		
At 21st November 2021	-	-
Additions in Year	-	-
At 20th November 2022	<u>-</u>	<u>-</u>
<b>Depreciation:</b>		
At 21st November 2021	-	-
Provided during the Year	-	-
At 20th November 2022	<u>-</u>	<u>-</u>
<b>Net Book Value:</b>		
At 21st November 2021	-	-
At 20th November 2022	<u>-</u>	<u>-</u>



**CLIMB2RECOVERY (Reg No: CE019696)**  
**Notes to the Accounts (contd)**  
**for the period ended 20th November 2022**

<b>6. Debtors</b>		
	2022 £	2021 £
Trade Debtors	-	-
Other Debtors	-	-
	<u>-</u>	<u>-</u>
<b>7. Creditors: Amounts falling due within one year</b>		
	2022 £	2021 £
Trade Creditors	300	300
Trustees Current Account	82	-
	<u>382</u>	<u>300</u>
<b>8. Creditors: Amounts falling due after more than one year</b>		
	2022 £	2021 £
Trustees Capital Account	-	-
	<u>-</u>	<u>-</u>
<b>10. Income &amp; Expenditure Account</b>		
	2022 £	2021 £
As at start of period	59,956	31,067
Surplus for the period	12,490	28,889
Drawings	-	-
At end of period	<u>72,446</u>	<u>59,956</u>



**CLIMB2RECOVERY**

**Management Information**

**For the Period Ended 20th November 2022**

The following pages do not form part of the statutory financial statements





CLIMB2RECOVERY (Reg No: CE019696)				
Income & Expenditure Account				
for the period ended 20th November 2022				
	2022		2021	
	£	£	£	£
<b>Income</b>				
Grants & Donations	135,709		116,891	
Other Income	-		-	
	<u>135,709</u>		<u>116,891</u>	
		135,709		116,891
<b>less: Direct Expenses</b>				
Training Expenses	28,390		21,440	
Regional Activity Budgets	12,750		-	
Guides	6,882		12,670	
Instructors	27,551		-	
External Labour	-		4,205	
Travel & Accommodation Costs	12,727		28,829	
Equipment (incl hire)	9,224		11,103	
	<u>97,523</u>		<u>48,065</u>	
		97,523		48,065
<b>Gross Surplus</b>		<u>38,186</u>		<u>68,826</u>
<b>less: Administrative Expenses</b>				
Personnel Costs:				
Wages	21,737		-	
	<u>21,737</u>		<u>-</u>	
		21,737		-
General Administrative Expenses				
Office Systems	486		-	
Office Costs	-		2,367	
Protective Clothing	-		5,217	
	<u>486</u>		<u>7,584</u>	
		486		7,584
Legal & Professional Costs:				
Accountancy & Bookkeeping Fees	475		400	
Advertising	726		-	
Subscriptions	419		216	
Insurance	1,852		1,555	
	<u>3,472</u>		<u>2,171</u>	
		3,472		2,171
<b>Net Surplus</b>		<u>12,490</u>		<u>28,889</u>

Grants received, included in the above, are as follows:



Grants and Donations			
Donation From	Donation purpose	Date	Amount
Natures Aid - Bio 360	Sponsorship towards Alpine Course	30-Nov-21	£2,995.59
Carol and Geoffrey Lawson foundation		13-Apr-22	£50,000.00
Lest we Forget	Peak District course cost	14-Apr-22	£6,800
The Veterans Foundation		14-Apr-22	£10,000
Armed Forces Covenant Trust fund	Regional program	29-Apr-22	£32,005.50
Royal Marines Charity	Joe W wages	20-May-22	£9,030
The Wyfold Charitable Trust		05-Jul-22	£5,000
Armed Forces Covenant Trust fund	Remainder of positive parthway grant	07-Jul-22	£1,750.00
Team Army	Contribution to Alpine course	25-Jul-22	£5,000
Armed Forces Covenant Trust fund	Remainder of positive parthway grant	02-Aug-22	£1,750
Alpkit Foundation		11-Aug-22	£150
The Gosling Foundation	To cover the cost of 1 Peak District course	04-Oct-22	£8,000
<b>Total</b>			<b>£132,481.09</b>