

HENLEY IN ARDEN AND DISTRICT DEMENTIA CAFE

England & Wales · Charity number 1186424

Details

Status Registered

Legal form CIO

Registered 2019-11-19

Register [View on the Charity Commission register](#)

Contact

Address Henley in Arden Methodist Church
115 High Street
Henley in Arden
Henley Methodist Church
115 High Street
B95 5AU

Phone 01789298835

Email henleydementiacafe@gmail.com

Activities

Objects: THE OBJECT OF THE CIO IS:FOR THE PUBLIC BENEFIT, TO PRESERVE AND PROTECT GOOD HEALTH AMONG PEOPLE WITH DEMENTIA THEIR FAMILIES AND CARERS IN HENLEY IN ARDEN AND THE SURROUNDING AREA PARTICULARLY, BUT NOT EXCLUSIVELY THROUGH THE PROVISION OF A SAFE ENVIRONMENT TO HOLD REGULAR MEETINGS, TO PROVIDE STIMULATING EXPERIENCES THROUGH RECREATION, TO PROVIDE OUTSIDE SOCIAL TRIPS AND TO GIVE PRACTICAL AND EMOTIONAL SUPPORT, HELP AND ADVICE.

Activities: Memory cafe meeting twice a month to support people with all forms of memory or dementia problems and their families and friends in the Henley in Arden and surrounding district; to alleviate isolation in the community and tackle loneliness.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities

Geography

- **Area of benefit:** LOCAL
- Warwickshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£7,548	£4,451	-	-
2024-04-05	£3,353	£4,564	-	-
2023-04-05	£2,130	£874	-	-
2022-04-05	£340	£258	-	-
2021-04-05	£1,233	£57	-	-

Trustees

Name	Role	Appointed
Malcolm Robert Aldridge	Chair	2019-10-07
Dr JENNIFER ANN HAGON		2019-10-07
GAIL PATRICIA MOORES		2023-05-15
Katherine Anne Steele		2019-10-07
MELANIE JOANNE SUTHONS-HART		2022-11-17

HENLEY IN ARDEN AND DISTRICT DEMENTIA CAFE

England & Wales - Charity number 1186424

Accounts

**Henley in Arden and District Dementia Café
Trustees Annual Report
For the year ending 5 April 2025**

Charity Details

- **Charity Name:** Henley Dementia Café
- **Charity Number:** 1186424
- **Address:** 115 High Street, Henley in Arden, B95 5AU

Trustees

Malcolm Aldridge, Gail Moores, Melanie Suthons-Hart, Katherine Steele, Jennifer Hagon

Objectives and Activities

Henley Dementia Café, known as Memory Lane Café, exists to provide a safe, welcoming environment for people living with dementia and their carers. Our objectives are:

- To reduce isolation and loneliness among those affected by dementia.
- To provide emotional and practical support for carers.
- To promote awareness and understanding of dementia within the local community.

Activities during the year included:

- Twice-monthly café sessions offering refreshments, social interaction, and themed activities.
- Guest speakers and entertainers to engage attendees.
- Information sessions on dementia care and local support services.

Achievements and Performance

During the year we hosted 24 café sessions, with an average attendance of 50 people per session. We have welcomed new families and attendees reported feeling more connected and supported. Carers expressed appreciation for respite and peer support opportunities.

Financial Review

- **Total Income:** £7547.85
Sources: Donations, grants, fundraising events.
- **Total Expenditure:** £4451.25

The charity remains financially stable and continues to operate within its means.

Plans for the Coming Year

- Expand café sessions to include regular outings for attendees.
- Recruit additional volunteers to support growing attendance.

Risk Management

Key risks identified:

- Volunteer shortages – mitigated by ongoing recruitment and training.
- Funding sustainability – mitigated by diversifying income streams through grants and community fundraising.

The trustees confirm that Henley Dementia Café continues to operate for the public benefit, in line with the Charity Commission's guidance.

**Henley in Arden and District Dementia Café
Accounts**

**Income and Expenditure
6th April 2024 – 5th April 2025**

OPENING BANK BALANCE - £1,332.23

INCOME

Donations **£2061.85**

**Grants/Larger
donations**

*(Breakdown as
follows:*

	TOTAL	£4268
<i>De Montfort Lodge</i>	<i>£108</i>	
<i>Henley Rotary</i>	<i>£400</i>	
<i>Henley WI</i>	<i>£200</i>	
<i>Wootton Wawen WI</i>	<i>£200</i>	
<i>Ullenhall WI</i>	<i>£360</i>	
<i>Tractor Club (Hughes)</i>	<i>£100</i>	
<i>Henley Community Association</i>	<i>£500</i>	
<i>Friends of Henley Station</i>	<i>£500</i>	
<i>Henley and Beaudesert Parish Council</i>	<i>£500</i>	
<i>Golf Society</i>	<i>£1400</i>	

Excursions **£1218**

TOTAL **£7547.85**

EXPENDITURE

Venue Hire £650

Entertainment £855

Excursions £2360.55

Sundry expenses £445.10

Insurance £140.80

TOTAL **£4451.25**

CLOSING BALANCE - £ 4,428.83

HENLEY IN ARDEN AND DISTRICT DEMENTIA CAFE

England & Wales - Charity number 1186424

Accounts

Annual Review - 6th April 2023 – 5th April 2024
Henley in Arden and District Dementia Café
Charity Registration Number: 1186424

Registered Address:

Henley in Arden Methodist Church
115 High Street
Henley in Arden
B95 5AU

Trustees:

Malcolm Aldridge (Chair)
Dr. Jennifer Hagon
Katherine Steele
Melanie Suthons-Hart
Gail Moores

Henley in Arden and District Dementia Café was registered on 19th November 2019. The café is well-established in the town and meets fortnightly on the second and fourth Tuesday of the month, supported by a core group of volunteers. It is known locally as Memory Lane Café.

The charity continues its mission to provide a safe, supportive and inclusive space for individuals living with dementia and their families and carers, enhancing their well-being and quality of life.

The Café provides a supportive community where carers and individuals with dementia can share experiences, receive information, and access guidance from trained professionals.

Over the past year, the Café has seen an increase in attendance. We are now supporting around 50 regular visitors, including individuals with dementia and their carers, reflecting positive word-of-mouth referral from participants. We have introduced a regular subsidised programme of theatre trips and visits outside the town which are well-received.

Volunteers play a crucial role in facilitating activities and supporting attendees and carers during sessions.

The charity is supported by generous donations from the public, grants from community organisations and parish councils and fundraising through local events, such as the town fete.

Total income for the year was £3352.61. Total expenditure amounted to £4563.91, primarily related to provision of excursions. We have successfully managed costs while ensuring the quality of our services remains high.

We are exploring opportunities to expand our outreach and services and support that we provided. Memory Lane Café continues to make a meaningful and positive impact on the lives of those affected by dementia in our community. The charity remains committed to providing a safe and supportive space for individuals and families. We are incredibly grateful for the ongoing support from our volunteers, donors and the community, without whom none of this would be possible.

Katherine Steele
Trustee
13th January 2025

**Henley in Arden and District Dementia Café
Accounts**

**Income and Expenditure
6th April 2023 – 5th April 2024**

OPENING BALANCE - £2543.53

INCOME

Donations from public (at café meetings/court leet day)	£1692.61
Grants (JPC)	£500
WI Donation	£50
Rotary Club	£250
Personal donation	£300
Excursions	£560
<u>TOTAL</u>	<u>£3352.61</u>

EXPENDITURE

Venue Hire	£480
Entertainment	£667.50
Excursions	£3111.49
Sundry expenses	£169.12
Insurance	£135.80
<u>TOTAL</u>	<u>£4563.91</u>

CLOSING BALANCE - £1332.23

HENLEY IN ARDEN AND DISTRICT DEMENTIA CAFE

England & Wales - Charity number 1186424

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Annual Review - 6th April 2022 – 5th April 2023
Henley in Arden and District Dementia Café
Charity Registration Number: 1186424

Registered Address:

Henley in Arden Methodist Church
115 High Street
Henley in Arden
B95 5AU

Trustees:

Malcolm Aldridge (Chair)
Dr. Jennifer Hagon
Katherine Steele
Melanie Suthons-Hart
Gail Moores

Henley in Arden and District Dementia Café was registered on 19th November 2019. The café is now well-established in the town and meets fortnightly on the second and fourth Tuesday of the month, supported by a core group of volunteers.

The objective of the café is to provide a friendly social meeting place for people with all forms of memory or dementia problems and their families and friends in the local area.

The café is succeeding in its objectives as number of regular attendees continues to grow to around 40 – 50 attendees at each café meeting. The café is helping alleviate loneliness and isolation in our local community.

The café has become known locally as the Memory Lane Café. It is now a recognised and established community group in town.

The charity is being funded by donations from the public at café meetings and trustees are seeking funding to provide additional activities at each meeting from local parish councils and other sources. We have successfully run external visits for regular café attendees to the theatre in Birmingham which have been well received and more are planned.

The café continues to achieve its aim of supporting local people with memory problems and their carers as well as tackling loneliness in the community by providing a regular and friendly place for residents to gather and meet for friendship, chat and activity.

Katherine Steele
Trustee

11th March 2024

**Henley in Arden and District Dementia Café
Accounts**

**Income and Expenditure
6th April 2022 – 5th April 2023**

OPENING BALANCE - £1286.86

INCOME

Donations from public (at café meetings)	£1352.81
Grants (JPC and Stratford upon Avon District Council)	£530
WI Donation	£100
Henley Inner Wheel Donation	£147.46
<u>TOTAL</u>	<u>£2130.27</u>

EXPENDITURE

Venue Hire	£152
Entertainment	£275
Sundry expenses	£116.99
Volunteer costs	£210
Insurance	£119.61
<u>TOTAL</u>	<u>£873.60</u>

CLOSING BALANCE - £2543.53

HENLEY IN ARDEN AND DISTRICT DEMENTIA CAFE

England & Wales - Charity number 1186424

Accounts

Annual Review - 6th April 2021 – 5th April 2021
Henley in Arden and District Dementia Café
Charity Registration Number: 1186424

Registered Address:

Henley in Arden Methodist Church
115 High Street
Henley in Arden
B95 5AU

Trustees:

Malcolm Aldridge (Chair)
Dr. Jennifer Hagon
Katherine Steele
Melanie Suthons-Hart

Henley in Arden and District Dementia Café was registered on 19th November 2019. In the last twelve months it has become well-established in the town and meets fortnightly on the second and fourth Tuesday of the month.

The objective of the café is to provide a friendly social meeting place for people with all forms of memory or dementia problems and their families and friends in the local area.

The café is succeeding in its objectives as number of regular attendees has grown to an average of 40 attendees at each café meeting. During the cost of living crisis it is also becoming another warm space in the town where people can go for a warm drink, also helping alleviate isolation in the community and tackle loneliness.

The café has become known locally as the Memory Lane Café. It is now a recognised and established community group in town.

Our volunteer base has also grown to 24 which is helping facilitate additional visitors to the café.

The charity is being funded by donations from the public at café meetings and trustees are seeking funding to provide additional activities at each meeting from local parish councils and other sources.

The café continues to achieve its aim of supporting local people with memory problems and their carers as well as tackling loneliness in the community by providing a regular and friendly place for residents to gather and meet for friendship, chat and activity.

Katherine Steele
Trustee

30th January 2023

**Henley in Arden and District Dementia Café
Accounts**

**Income and Expenditure
6th April 2021 – 5th April 2022**

OPENING BALANCE - £673.04

INCOME

16/08/2021	Donations from Café meetings	£10.00
29/10/2021	Donations from Café meetings	£71.36
03/12/2021	Donations from Café meetings	£56.00
23/02/2022	Donations from Café meetings	£83.09
11/03/2022	Donations from Café meetings	£120.00
<u>TOTAL</u>		<u>£340.45</u>

EXPENDITURE

16/08/2021	Stationery and items for activity sessions	£162.11
11/03/2022	Venue hire	£96.00
<u>TOTAL</u>		<u>£258.11</u>

CLOSING BALANCE - £755.38

HENLEY IN ARDEN AND DISTRICT DEMENTIA CAFE

England & Wales - Charity number 1186424

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Henley in Arden and District Dementia Café
Annual Review
19th November 2019 – 5th April 2021

Henley in Arden and District Dementia Café was registered on 19th November 2019. The aim was to provide a friendly social meeting place for people with all forms of memory or dementia problems and their families and friends in the Henley in Arden and surrounding district, to alleviate isolation in the community and tackle loneliness.

The café launched with a Christmas event with carol singing in December 2019 and met monthly in January and February with hall hire provided free of charge. Due to the Covid-19 pandemic and the vulnerability of those who attend the café, we were closed until December 2020 with no ongoing activity due to national and local lockdowns and ongoing restrictions on social gatherings.

We relaunched in December 2020, meeting fortnightly in a new, more accessible venue in the centre of Henley in Arden and are known locally as the Memory Lane Café. Attendance has increased from 12 at our very first meeting to between 30-40 with regulars and newcomers each week.

We have a team of volunteers who rotate to provide and serve refreshments at each meeting.

Each meeting there is a different activity, for example singing, bingo, craft activities.

Funding has been provided by local Parish Councils, a County Councillor grant and donations from individuals and a local business. The Memory Lane Café is becoming known in the local community and is achieving its aim of supporting people with memory problems and their carers as well as tackling loneliness in the community by providing a regular and friendly place for residents to gather and meet for friendship, chat and activity.

Katy Steele
Trustee

28th March 2021

**Henley in Arden and District Dementia Café
Accounts**

**Income and Expenditure
19th November 2019 – 5th April 2021**

OPENING BALANCE - £0

INCOME

03/02/2020	MPA Financial donation	£84.00
14/02/2020	Donations from Café meeting	£37.00
20/02/2020	Warwickshire County Councillor Grant	£597.00
13/03/2020	Donations from Café meeting	£15.00
08/04/2020	Joint Parish Council Grant	£500.00
<u>TOTAL</u>		<u>£1233.00</u>

EXPENDITURE

05/02/2020	Stationery	£17.98
12/02/2020	Electricity – hall	£0.50
12/02/2020	Entertainment	£10.00
06/02/2020	Stationery/printing	£28.48
<u>TOTAL</u>		<u>£56.96</u>

CLOSING BALANCE - £1176.04