

ADHD NORTH WEST

England & Wales · Charity number 1186394

Details

Status Registered

Legal form CIO

Registered 2019-11-18

Register [View on the Charity Commission register](#)

Contact

Address Suite 10
Old Town Hall
Town Hall Square
Great Harwood
Lancashire

Phone 01254 886886

Email reception@adhdnorthwest.org.uk

Website <http://www.adhdnorthwest.org.uk/site/home>

Activities

Objects: THE RELIEF OF PERSONS SUFFERING FROM ATTENTION DEFICIT DISORDERS AND ASSOCIATED CONDITIONS AND THEIR FAMILIES IN THE NORTH WEST OF ENGLAND IN PARTICULAR BUT NOT EXCLUSIVELY BY (A)RAISING AWARENESS OF THE GENERAL PUBLIC REGARDING ATTENTION DEFICIT DISORDERS AND ASSOCIATED CONDITIONS,(B)THE PROVISION OF FACILITIES FOR INFORMATION,SUPPORT AND OTHER SERVICES CALCULATED TO RELIEVE THE NEED OF SUCH PERSONS AND,(C)BY ANY SUCH CHARITABLE MEANS AS THE TRUSTEES SHALL FROM TIME TO TIME DEEM FIT.

Activities: Raising of awareness of the general public regarding Attention Deficit Disorders and the provision of information, support and other services to assist children, young people and their families in the Lancashire area

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Disability
- **Who:** Children/young People, People With Disabilities, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£275,834	£263,020	-	-
2024-03-31	£278,886	£265,979	-	-
2023-03-31	£236,130	£180,949	-	-
2022-03-31	£156,883	£98,594	-	-
2021-03-31	£0	£0	-	-

Trustees

Name	Role	Appointed
Claire Lawton		2023-03-01
Elaine Jennings		2021-06-01
Frederick Attwater		2021-06-01
Maria Marco		2021-06-01

Accounts



ADHD NORTH WEST
Supporting families

ADHD NORTH WEST ANNUAL REVIEW & IMPACT REPORT 2024-25

Charitable Incorporated
Organisation 1186394
www.adhdnorthwest.org.uk

CHAIR'S INTRODUCTION

Dear colleagues and friends, welcome to our 2024/25 Annual Report. This year has been an exciting year for the Charity, In May our earlier NHS commissions ended ending, several years of renewed contracts from East Lancashire CCG, Blackburn with Darwen CCG, West Lancashire CCG and most recently Blackpool, Fylde and Wyre CCG. Whilst all of these commissions were successfully delivered year on year, it did represent a bit of a post code lottery on the support we could offer across Lancashire and South Cumbria and we were acutely aware of the many families looking for support in other areas that we were not able to support. The new commission runs across all the Integrated Care Board footprint providing a consistent offer for all families.

These changes have resulted in many changes for the Charity; our team has grown in size, requiring us to move into a larger office in Great Harwood; we have upgraded and rebuilt our IT systems to deliver improved data and reporting; we have developed additional back office support, processes and team skills to raise awareness of the ADHD condition, how it impacts families and to promote our services in new areas with both families and new partners. The Team has met all these challenges with the professionalism and passion you would expect given the depth of lived experience in our team. We've exceeded start-up targets, ahead of agreed dates and in doing so, enhanced the reputation and respect for the service. Feedback from families we support continues to show we are consistently delivering on what families need.

As an organisation we pride ourselves in delivering value to both commissioners and the families we support, we run with exceptionally low overheads and invest the maximum funding we can into the operational team that provides the family support. Building on our earlier successes we have been able to employ an added support worker funded from our reserves to boost the commissioned offer and help us meet increasing demand to support families waiting for clinical diagnosis and support.

As advised last year, we continue to see increasing numbers of young people with ADHD or with an expectation of an ADHD diagnosis, out of school. Increased social media attention to the ADHD condition has raised awareness of the condition and demand on services. As part of our work we continue to lobby commissioners on how services can be better improved where there is little to no service offer, where individuals are stuck on waiting lists, where a lack of understanding of the ADHD condition adversely impacts our children and their families. I am proud of the work of our team, the difference it is making and our achievements in strengthening the ADHD support offer.

We are well-placed to move into 2026/27, to able to build on this work and the continuing passion of our supporters to be of help to families and young people. I would like to place on record my thanks to all the families we have worked with, the staff team and my fellow trustees for their valuable input, help and support.

INTRODUCTION

In January 2025 we were pleased to be awarded the tender for the provision of ADHD services to children and young people for the Lancashire and South Cumbria area with a start date of 1st May 2025

Whilst this was positive as it represented long term funding and stability for the charity it necessitated an increase in area of delivery and a need to establish a presence in South Cumbria and to increase our presence in Blackpool. We are grateful to Lancashire and South Cumbria ICB for their ongoing support during the initial transition period.

Over the year we have made contacts with schools and professionals operating in the above areas, prioritising promotion of our services including attending SEND drop in sessions in Barrow, making links with family support staff at Blackpool Council, and having a presence at family hubs.

This has resulted in new referrals in both areas and continues to be a focus for the charity. Demand for our services continues to be very high particularly in Central and East Lancashire.

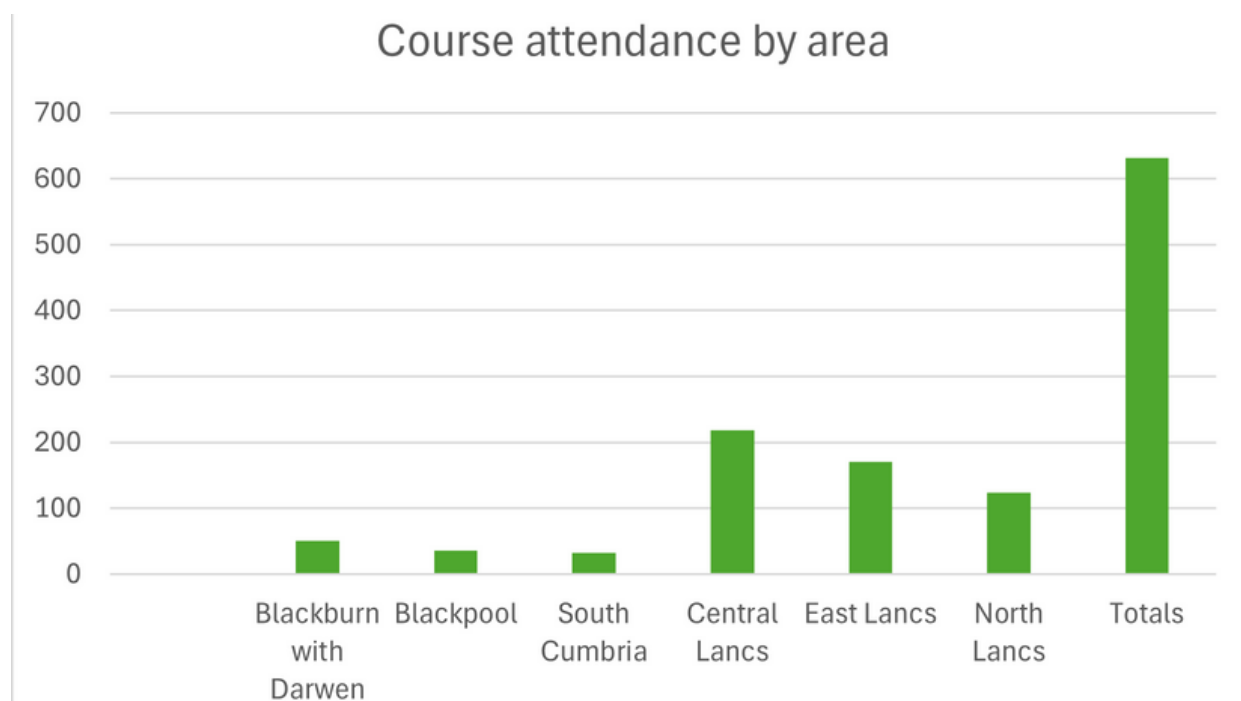
Referrals for support come from both professionals and parents and we have introduced a triage system to help to manage demand. We have also seen an increase in requests for professional development and training. We have limited resources to fulfil these requests however have delivered some ADHD awareness webinars to NHS staff and school staff.



As in previous years the number of children presenting with EBSA (emotionally based school avoidance), trauma and mental health struggles continues to increase and the caseloads of our practitioners are frequently complex. We have collaborated with Lancashire Mind to help to increase understanding and awareness. Our service operates a strength based approach, empowering children and young people to develop their own coping mechanisms with support from their parents. A monthly online parent / carer support group was established in September 2024 to help facilitate this and also to capture feedback to help develop and improve services. All referrals are offered the online ADHD parent training, during the year courses started to be delivered during school summer holidays in response to parental feedback.

Our Impact

ADHD Parenting Course



A total of 10 courses were delivered and 632 people attended our online ADHD parent training during the year.

The course is delivered every other month with usually both daytime and evening sessions so that all parents / carers can attend.

The course is delivered by specific staff members and during the year additional staff have been trained to deliver to ensure continuity and offer more flexibility in terms of dates

.The course is well received and all new referrals are offered the course. For many parents/ carers this is all the support that they need to enable them to understand and better manage children using the strategies that they learn.

Parent Feedback

"I just want to say thank you again for the invaluable education and strategies and to give me extra information. And for listening, not making me feel I'm fighting a losing battle and making me feel like I'm not alone.

"I really liked that the course runs in a morning and in the evening which meant both myself and husband could attend ensuring we both gained the same information to help support our daughter. It's really well thought out and inclusive to working families or those with children at home.

"It was eye opening to realise how much ADHD does have an impact on daily life and it's made me alter the way I do things with my daughter and for that I am grateful because it has made me feel a better parent

"I really enjoyed this course compared to other parenting courses as this one focused on the children I actually have.

I was apprehensive prior to starting the course and wasn't sure how it could help towards our situation. However, I am so pleased I attended, each session was very informative, after years of school battles it was reassuring to hear the course leaders talk about our children with so much understanding and I definitely felt less alone.

The whole thing was fantastic and so helpful. There were some strategies I'd not tried before and it was also helpful knowing other people were having the same difficulties with services and schools as we are.

The course is excellent. Would highly recommend. The staff are dedicated and knowledgeable and its refreshing to speak to and listen to people that understand and want to help

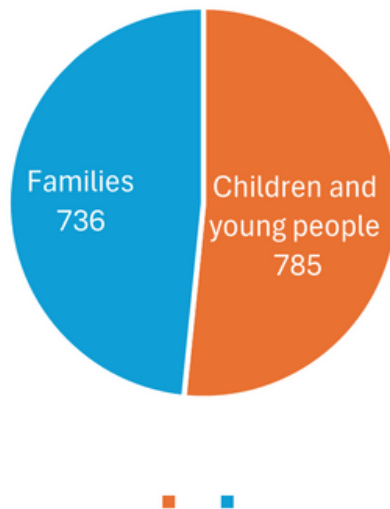
Excellent. I will attend again in future as a fresher. Very insightful. I now have a much deeper understanding on how my son is feeling and how to manage tricky situations. Thank you to you all"

Most useful, all of it. I liked the brains to help understand what's going on for them and how the medication works. Makes you think differently. I have as a grandparent started implementing 1,2,3. Which has worked for minor things and has worked. I also showing more patience, empathy and reduced talking.

FACTS & FIGURES

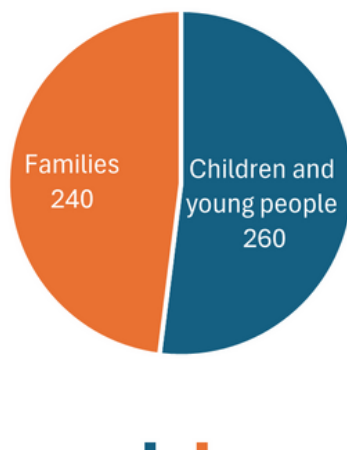
East Lancashire

473 referrals



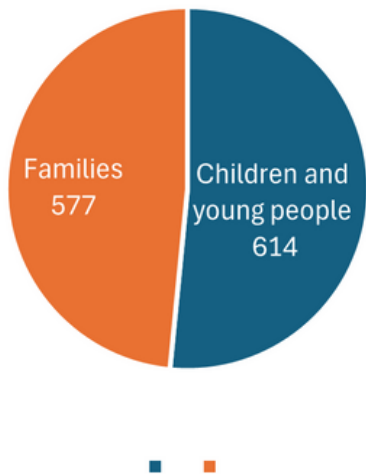
Blackburn with Darwen

144 referrals



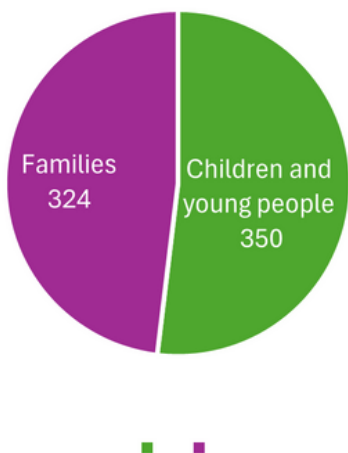
Central Lancashire

515 referrals



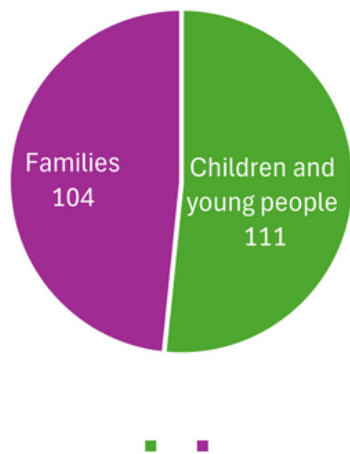
North Lancashire

283 referrals



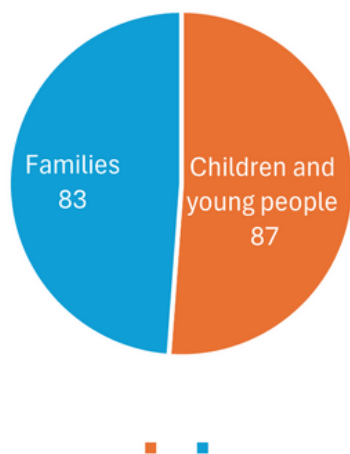
Blackpool

84 referrals



South Cumbria

88 referrals



Case Study

H is a 14 year old with a diagnosis of ADHD and autism

H struggled with the transition from a specialist primary provision to specialist maintained provision leading to emotionally based school avoidance, trauma and burnout.

His school attendance was 0%, he struggled with low self esteem and confidence, low academic attainment and was at risk of social isolation

We supported the family though an annual review process resulted in the EHCP being amended and a preferred new school being selected..

The family were supported by service to attend the formal mediation process and then subsequently the SEND tribunal when mediation was unsuccessful and a tribunal appeal was logged. By the time the case was heard the young person had not been out of education for almost 2 years but with support from ourselves had been provided a tutor that he accessed at home.

At the tribunal we accompanied the parent on a teams call and was able to share with the judge and panel the young persons voice that had been collect in prep for the hearing date.

Following the Tribunal the parent was notified that her appeal had been successful and the judge ordered that the young person could re-sit his year 9 school year, due to missed education and the school to be named in his ECHP was the parental preference.

H started in his new school and is is now attending regularly and things are a lot more settled at home.

Financial Performance and Accounts

Enclosed with the Annual Report, there is an accompanying Annual Accounts report for 2024/25 .

The figures below provide a simplified summary of the accounts, showing that we further increased the Charity's reserves at year-end from £126,356 for 2023/24 to £139,170 for 2024/25. This is a creditable result given that we have been running with an added Support Worker from May to March, over and above the agreed head-count as set out in our commissioning agreement. We continue to watch our income and expenditure on a regular basis to ensure financial sustainability and that we can meet our Charity financial responsibilities and liabilities. We have kept the Team's salaries in line with increased NJC pay awards and in addition benchmarked our levels of pay against similar organisations. As you will be aware there are considerable financial pressures across both public and charity sectors which we are weathering well. We run with low overhead costs with all of our paid staff playing an active role in service delivery. The skill sets of our trustees allow us to keep HR, Finance, ICT and other management overheads to a minimum, with us buying in expert support on an as needed basis.

One of the considerations for Trustees is balancing the need for back-office and professional support against the size of our Charity, the rapid growth we have seen in the 2024/25 period and the associated business risks. We believe we have the balance right at present, but further growth in the business will require this position to be further reviewed. In a later section of the Annual Report, we will share our thinking on how we expect ADHD services and commissions to develop against the new NHS 10-year Plan and the recently published National ADHD Review 2025, an infographic summary of this report is available on our charity website.. Given the level of change currently taking place in the NHS and the overall NHS financial position, we do not at present expect notable change over the commissioning period to March 2027.

Summary of 2024/25 Accounts ADHD North-West Charity

	Financial Year 24/25	Financial Year 23/24
Open Total Funds	£126,356	£113,468
Income in year	£275,834	£278,866
Expenditure in year	£263,020	£265,978
Net Closing Funds	£139,170	£126,356

Future Plans

Our service reach has extended to cover the Lancashire and South Cumbria area and the age range for our support to 25 years for young adults with a confirmed diagnosis. The number of referrals we receive has more than doubled and we are exceeding the commissioned level of work funded by the NHS

.However, there is still more to be done, to provide better support to our children and families, and to secure our business into the future. When we look at our service users and referrers, we still have communities and services under- represented, and we need to do more to better engage with them.

At present we are, and have been for some years, the most well-established ADHD children and families support service. Many children we support have a dual diagnosis of both Autism and ADHD. Where the prevalent presenting condition is ADHD we lead on support work, where the prevalent presenting condition is Autism, we defer to specialist Autism services.

For a number of years, discussion at a clinical level has continued around the development of Neurodiverse Diagnostic Hubs to better meet the needs of our patients. This has now progressed to the point where the establishment of these Hubs is now a priority in the Lancashire and South Cumbria Integrated Care Board's Commissioning Intentions for 24/25 and 25/26. This move to integrate neuro diverse diagnostic services will inevitably flow through to include non-clinical support services such as ours.

For us to remain competitive therefore, we need to continue to upskill our workforce to be capable and competent in providing support for individuals either on a waiting list for Autism assessment or with a confirmed diagnosis. As an organisation we have already started on this work across our support team and are exploring how our service model can be adapted to meet the requirements to best support individual's with Autism whilst remaining consistent with our aim to empower parents and families to be able to get the personalised care and support they need and to provide the advocacy to ensure individuals are supported to live their life to the full and to be able to achieve to the best of their abilities.

In addition to the move to a neurodiverse service, there is also a significant gap in ADHD adult and family support and effective transition from child to adult services. This gap in adult support leads to unmet needs, anxiety and escalation in behaviours and poor outcomes for individuals.

An independent ADHD Taskforce was commissioned by NHS England in 2024, as part of a series of measures to address concerns about timely access to diagnosis and support, and the impact of unsupported ADHD on individuals, services and the wider economy. They published their final report in November 2025, [NHS England » Report of the independent ADHD Taskforce.](#) The report clearly identified failings in the current system in terms of diagnosis and support with recommendations for improvement. The Government has responded to this report in December 2025, with the establishment of a new Independent Review into Mental Health Conditions, ADHD and Autism, [Independent review into mental health conditions, ADHD and autism: terms of reference - GOV.UK](#) . The review will look to understand and address:

- the impact of clinical practice, including social and cultural factors and the risks and benefits of medicalisation.
- ways to promote the prevention of mental ill health.
- ways to create resilience and improve early intervention.

Work has already started on developing Adult ADHD diagnosis and support, which we have been involved in. There is a possible trial likely to start in 2026/27 which will include a non-clinical support requirement which we will look to bid for.

As a service it is important that we keep our market strength to ensure continuity in the services we provide. This requires us to prepare and fully engage with the prospective changes in the commissioning environment to ensure we can compete and hopefully secure an extended contract albeit with potentially much increased work. We expect a possible doubling of the commission value and service requirements to accommodate the move to a Neurodiverse Hub with all-age non-clinical support for ADHD and possibly combined with an Autism support service as well.

In terms of how this changes our service there are two main considerations:

Developing a capable and competent back-office function to administer the commissions, to manage a business with a turn-over in the £750,000 to £1,000,000 range. This function needs to include Finance, HR, Workforce Management and Training and organisational management and support covering both paid and unpaid volunteer/trustee roles.

This will be yet again a substantial change for the Charity which needs to be managed if we are to be successful. We will need to recruit and train a larger workforce, ideally from a lived experience background and design additional service products to meet the needs of the additional groups.. Our strength as an organisation is that we are built on lived experience at all levels. It is important we don't lose this as it sets the culture and feel of our business. These things matter, it's why our team works well, and our services deliver what people need.

If we are to expand our business, we need to keep, embrace and build on these principles. We exist to be effective for the people we support; we need to listen to what people need, and do our job well in a sustainable and empowering way.

As we move forward, we commit to keeping people informed, through our website and social media accounts, and encourage people to feedback on these changes and to become more involved in our work.

About Us

Charitable Incorporated Organisation Number 1186394

Our charitable objects are : The relief of persons suffering from attention deficit disorders and associated conditions and their families in the North West of England in particular but not exclusively by A) raising awareness of the general public regarding attention deficit disorders and associated conditions, B) the provision of facilities for information, support and other services calculated to relieve the need of such persons and, C) by any such charitable means as the trustees shall from time to time deem fit

Trustees

Fred Attwater
Maria Carnota
Elaine Jennings
Claire Lawton

Registered Office

Suite 15, The Chambers
Town Hall Square
Great Harwood
Lancs BB6 7DD

Accountant

Catherine Craven
92 Whalley Road
Blackburn
BB1 9LJ

The Charity Registration Number is :- 1186394

ADHD NORTH WEST

Report and Accounts

31 March 2025

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2025

The Trustees present their Report and Accounts for the year ended 31 March 2025.

Reference and administrative details

The charity name.

The legal name of the charity is:- ADHD NORTH WEST.

The charity's areas operation and UK charitable registration.

The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1186394.

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The charity does not operate in any overseas jurisdictions.

Legal structure of the charity

The charity is constituted as a Charitable Incorporated Organisation (CIO) in England & Wales. The governing document of the charity is the constitution of the CIO as approved by the Charity Commission in England & Wales (CCEW) .

There are no restrictions in the governing documents on the operation of the Charity or on its investment powers other than those imposed by Charity Law.

The trustees are all individuals.

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2025

The principal operating address, telephone number, email and web addresses of the charity are:-

Suite 15, Old Town Hall
Town Hall Square, Great Harwood
Lancashire, BB6 7DD
Telephone 01254 886886
Email Address reception@adhdnorthwest.org.uk

The Trustees in office on the date the report was approved were:-

Fred Attwater
Claire Lawton
Maria Marco
Elaine Jennings

The following persons served as Trustees during the year ended 31 March 2025 :-

The trustees who served as a trustee in the reporting period were as shown above.

Objects and activities of the charity

The purposes of the charity as set out in its governing document.

The relief of persons suffering from attention deficit disorders and associated conditions and their families in the North West of England in particular but not exclusively by :

a -Raising awareness of the general public regarding Attention Deficit Disorders and Associated conditions

b-The provision of facilities for information, support and other services calculated to relieve the need of such persons and,

c-By any such Charitable means as the Trustees shall from time to time deem fit.

The main activities undertaken in relation to those purposes during the year.

Please refer to the "Annual report".

The main activities undertaken during the year to further the charity's purpose for the public benefit.

Please refer to the "Annual report".

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2025

The main achievements and performance of the charity during the year.

At the end of the financial year March 2025 the CIO held unrestricted funds totalling £114,528 which has been accumulated over time mainly through the delivery of commissioned workshops, charges for training, project management and consultation fees.

The difference the charity's performance during the year has made to the beneficiaries of the charity.

See "Annual report"

The degree to which the achievements and performance during the year have benefited wider society.

See "Annual report"

Structure, governance and management of the charity

The methods used to recruit and appoint new charity trustees.

See "Annual report"

Financial review

The charity's financial position at the end of the year ended 31 March 2025

The financial position of the charity at 31 March 2025 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2025	2024
	£	£
Net income	12,814	12,888

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2025

Unrestricted Revenue Funds available for the general purposes of the charity	(777,498)	(517,767)
Restricted Revenue Funds	916,668	644,123
Total Funds	139,170	126,356

Financial review of the position at the reporting date, 31 March 2025 .

The trustees consider the financial performance by the charity during the year to have been satisfactory.

Policies on reserves.

See "Annual report"

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Details of The Independent Examiner

Catherine Craven

Member of Accountants

92 Whalley Road

Wilpshire

Blackburn

Lancashire

BB1 9LJ

Statement of Trustees' Responsibilities

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2025

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), .

In particular, charity law requires the Trustees, if they prepare accounts on an accruals basis, to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Trustees are required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

This report was approved by the board of trustees on 25 September 2025.

FP Attwater

Mr Fred Attwater
Trustee

ADHD NORTH WEST

Report of the Independent Accountant to the Trustees of the charity on the accounts for the year ended 31 March 2025

We report on the financial statements of ADHD NORTH WEST for the year ended 31 March 2025, as set out on pages 12 to 20, which comprise the Statement of Financial Activities, the Income and Expenditure Account, the Balance Sheet and the related notes to the financial statements, including a summary of significant accounting policies. In our opinion, the accompanying financial statements of the charity are prepared, in all material respects, in accordance with charity law applicable within the jurisdiction of England & Wales and the accounts have been prepared in accordance with FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW), effective January 2016, under the historical cost convention, and in accordance with the accounting policies set out on page 19, which framework constitutes the applicable United Kingdom Generally Accepted Accounting Practice.

Respective responsibilities of the directors and the accountant

As described on page 9, you, the charity's Trustees are responsible for the preparation of the accounts.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the Governing Document for the conducting of an audit. The Trustees also consider the charity to be exempt from the requirement to be subject to Independent Examination.

Our responsibility is to prepare accounts upon the basis of the information supplied to us, without conducting any formal scrutiny.

No statement of opinion

We have not carried out any audit procedures and have relied upon information supplied to us by the Trustees, and the information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries, and consequently we do not express an audit or other assurance opinion on the view given by the accounts.

Signed:-

Catherine Craven

Catherine Craven - Independent Accountant

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Accountants

92 Whalley Road
Wilpshire
Blackburn
Lancashire
BB1 9LJ

This report was signed on 25 September 2025

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2025

Statement of Financial Activities for the year ended 31 March 2025

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2025 £	2025 £	2025 £	2024 £
Income & Endowments from:					
Donations & Legacies	A1	1,551	272,545	274,096	277,565
Investments	A4	1,738	-	1,738	1,301
Total income	A	3,289	272,545	275,834	278,866
Expenditure on:					
Charitable activities	B2	263,020	-	263,020	265,978
Total expenditure	B	263,020	-	263,020	265,978
Net income for the year		(259,731)	272,545	12,814	12,888
Net income after transfers	A-B-C	(259,731)	272,545	12,814	12,888
Net movement in funds		(259,731)	272,545	12,814	12,888
Reconciliation of funds:-					
	E				
Total funds brought forward		(517,767)	644,123	126,356	113,468
Total funds carried forward		(777,498)	916,668	139,170	126,356

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2025

ADHD NORTH WEST - Analysis of prior year total funds, as required by paragraph 4.2 of the SORP

	SORP Ref	Prior Year Unrestricted Funds 2024 £	Prior Year Restricted Funds 2024 £	Prior Year Total Funds 2024 £
Income & Endowments from:				
Donations & Legacies	A1	270,025	7,540	277,565
Charitable activities	A2	-	-	-
Other trading activities	A3	-	-	-
Investments	A4	1,301	-	1,301
Other	A5	-	-	-
Total income	A	271,326	7,540	278,866
Expenditure on:				
Raising funds	B1	-	-	-
Charitable activities	B2	265,978	-	265,978
Other	B3	-	-	-
Tax on surplus on ordinary activities	B3	-	-	-
Other taxation	B3	-	-	-
Total expenditure	B	265,978	-	265,978
Net gains on investments	B4	-	-	-
Net income for the year		5,348	7,540	12,888
Transfers between funds	C	-	-	-
Net income after transfers		5,348	7,540	12,888
Net movement in funds		5,348	7,540	12,888
Reconciliation of funds:-	E			
Total funds brought forward		(254,061)	367,529	113,468
Total funds carried forward		(248,713)	375,069	126,356

All activities derive from continuing operations

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.'

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2025

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2025

ADHD NORTH WEST - Resources applied in the year ended 31 March 2025 towards fixed assets for Charity use:-

	2025 £	2024 £
Funds generated in the year as detailed in the SOFA	12,814	12,888
Net resources available to fund charitable activities	<u>12,814</u>	<u>12,888</u>

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2025

Movements in revenue and capital funds for the year ended 31 March 2025

Revenue accumulated funds

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Last year Total Funds 2024 £
Accumulated funds brought forward	(517,767)	644,123	126,356	113,468
Recognised gains and losses before transfers	(259,731)	272,545	12,814	12,888
	(777,498)	916,668	139,170	126,356
Closing revenue funds	(777,498)	916,668	139,170	126,356

Summary of funds

	Unrestricted and Designated funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Last Year Total Funds 2024 £
Revenue accumulated funds	(777,498)	916,668	139,170	126,356

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2025

ADHD NORTH WEST Income and Expenditure Account for the year ended 31 March 2025 as required by the Companies Act 2006

	2025 £	2024 £
<i>Income</i>		
Income from operations	274,096	277,565
Investment income		
Interest receivable	1,738	1,301
Gross income in the year before exceptional items	275,834	278,866
Gross income in the year including exceptional items	275,834	278,866
<i>Expenditure</i>		
Charitable expenditure, excluding depreciation and amortisation	263,020	265,978
Realised losses on disposals of social investments which are programme related	-	-
Total expenditure in the year	263,020	265,978
Net income before tax in the financial year	12,814	12,888
Tax on surplus on ordinary activities	-	-
Net income after tax in the financial year	12,814	12,888
Retained surplus for the financial year	12,814	12,888

All activities derive from continuing operations

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Balance Sheet as at 31 March 2025

	SORP		2025	2024
	Note	Ref	£	£
Current assets		B		
Cash at bank and in hand		B4	139,170	141,418
Creditors: amounts falling due within one year	10	C1	-	(15,062)
Net current assets			139,170	126,356
The total net assets of the charity			139,170	126,356

The total net assets of the charity are funded by the funds of the charity, as follows:-

Restricted funds				
Restricted Revenue Funds	17	D2	916,668	644,123
			916,668	644,123
Unrestricted Funds				
Unrestricted Revenue Funds	17	D3	(777,498)	(517,767)
			(777,498)	(517,767)
Designated Funds				
Total charity funds			139,170	126,356

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The Trustees acknowledge their responsibilities for complying with the requirements of charity legislation with respect to accounting records and the preparation of accounts.

The Trustees are satisfied that, although the charity is not registered under the Companies Acts, if it were so registered, it would be eligible to prepare accounts in accordance with the provisions in Part 15 of the Companies Act 2006. applicable to companies subject to the small companies regime.

FP Attwater

Mr Fred Attwater

Trustee

Approved by the board of trustees on 25 September 2025

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2025

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , effective January 2016, , and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Going Concern

The charitable activities are entirely dependent on continuing grant aid and voluntary donations as well as trading revenues. As a consequence, the going concern basis is dependent on the future flow of these uncertain funding streams. Accordingly, the Trustees have obtained forecasts and, after reviewing the financial forecasts for future periods to 31 March 2026, the Trustees are satisfied that, at the time of approving the financial statements, it is appropriate to adopt the going concern basis in preparing the financial statements. Other than these matters, the Trustees are not aware of any material uncertainties about the charity's ability to continue as a going concern.

Risks and future assumptions

The charity is a public benefit entity.

Pensions - defined contribution schemes

The charity operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal or as implied by law.

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2025

2 Liability to taxation

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

4 Significance of financial instruments to the charity's position

See Annual Report

5 Net surplus before tax in the financial year

	2025 £	2024 £
The net surplus before tax in the financial year is stated after charging:-		
Pension costs	12,791	8,600

6 Staff costs and emoluments

Salary costs	2025 £	2024 £
Gross Salaries excluding trustees and key management personnel	217,422	154,051
Employer's operating costs of defined contribution pension schemes	12,791	8,600
Total salaries, wages and related costs	230,213	162,651

The average number of full time staff employed in the year was	7	6
The estimated full time equivalent number of all staff employed in the year was	7	6

Neither the trustees nor any persons connected with them have received any remuneration from the charity or any related entity, either in the current or prior year.

No employees received emoluments (excluding pension costs) in excess of £60,000 per annum.

7 Defined contribution pension schemes

The charity operates a defined contribution pension scheme, the costs of which are shown above.

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2025

8 Remuneration and payments to Trustees and persons connected with them

No trustees or persons connected with them received any remuneration from the charity, or any related entity.

9 Investment pooling schemes and arrangements

N/A

10 Creditors: amounts falling due within one year

	2025	2024
	£	£
Bank loans and overdrafts	-	15,062

11 Loans to trustees included in debtors

N/A

12 Guarantees made by the charity on behalf of trustees

N/A

13 Pension commitments

	2025	2024
	£	£
Pension commitments under defined benefit/defined contribution schemes		
within one year	-	-
within two to five years	-	-
in over five years	-	-
	-	-

14 Financial commitments under operating leases

	2025	2024
	£	£
At the year end the charity had annual commitments under non-cancellable		
Operating leases which expire:		
within one year	-	-
within two to five years	-	-
in over five years	-	-
	-	-

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2025

15 Income and Expenditure account summary

	2025 £	2024 £
At 1 April 2024	126,356	113,468
Surplus after tax for the year	12,814	12,888
At 31 March 2025	139,170	126,356

16 Particulars of how particular funds are represented by assets and liabilities

At 31 March 2025	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Current Assets	(777,498)		916,668	139,170
	(777,498)	-	916,668	139,170
At 1 April 2024	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Current Assets	(502,705)	-	644,123	141,418
Current Liabilities	(15,062)	-	-	(15,062)
	(517,767)	-	644,123	126,356

17 Change in total funds over the year as shown in Note 16 , analysed by individual funds

	Funds brought forward from 2024 £	Movement in funds in 2025 See Note 18 £	Transfers between funds in 2025 See Note 0 £	Funds carried forward to 2026 £
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	(517,767)	(259,731)	-	(777,498)
Total unrestricted and designated funds	(517,767)	(259,731)	-	(777,498)
Restricted funds:-				
Sundry other funds	644,123	272,545	-	916,668
Total restricted funds	644,123	272,545	-	916,668
Total charity funds	126,356	12,814	-	139,170

18 Analysis of movements in funds over the year as shown in Note 17

Other

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2025

	Income	Expenditure	Gains & Losses	Movement in funds
	2025	2025	2025	2025
	£	£	£	£
<i>Unrestricted and designated funds:-</i>				
Unrestricted Revenue Funds	3,289	(263,020)	-	(259,731)
<i>Restricted funds:-</i>				
Sundry other funds	272,545	-	-	272,545
	275,834	(263,020)	-	12,814

19 The purposes for which the funds as

Unrestricted and designated funds:-

Unrestricted Revenue Funds	These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.
Unrestricted Revaluation Reserve	This fund represents the unrestricted surplus arising on the revaluation of the charity's assets.
Designated Revenue Funds	Per annual report
Designated Fixed Asset Funds	The purpose of these funds is described under the accounting policy 'Accounting for capital grants and fixed asset funds'.

Restricted funds:-

Restricted Fixed Asset Funds	The purpose of these funds is described under the accounting policy 'Accounting for capital grants and fixed asset funds'.
Restricted Revaluation Reserve	This fund represents the restricted surplus arising on the revaluation of the charity's assets.

The Charity Registration Number is :- 1186394

ADHD NORTH WEST

Report and Accounts

31 March 2025

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2025

The Trustees present their Report and Accounts for the year ended 31 March 2025.

Reference and administrative details

The charity name.

The legal name of the charity is:- ADHD NORTH WEST.

The charity's areas operation and UK charitable registration.

The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1186394.

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The charity does not operate in any overseas jurisdictions.

Legal structure of the charity

The charity is constituted as a Charitable Incorporated Organisation (CIO) in England & Wales. The governing document of the charity is the constitution of the CIO as approved by the Charity Commission in England & Wales (CCEW) .

There are no restrictions in the governing documents on the operation of the Charity or on its investment powers other than those imposed by Charity Law.

The trustees are all individuals.

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2025

The principal operating address, telephone number, email and web addresses of the charity are:-

Suite 15, Old Town Hall
Town Hall Square, Great Harwood
Lancashire, BB6 7DD
Telephone 01254 886886
Email Address reception@adhdnorthwest.org.uk

The Trustees in office on the date the report was approved were:-

Fred Attwater
Claire Lawton
Maria Marco
Elaine Jennings

The following persons served as Trustees during the year ended 31 March 2025 :-

The trustees who served as a trustee in the reporting period were as shown above.

Objects and activities of the charity

The purposes of the charity as set out in its governing document.

The relief of persons suffering from attention deficit disorders and associated conditions and their families in the North West of England in particular but not exclusively by :

a -Raising awareness of the general public regarding Attention Deficit Disorders and Associated conditions

b-The provision of facilities for information, support and other services calculated to relieve the need of such persons and,

c-By any such Charitable means as the Trustees shall from time to time deem fit.

The main activities undertaken in relation to those purposes during the year.

Please refer to the "Annual report".

The main activities undertaken during the year to further the charity's purpose for the public benefit.

Please refer to the "Annual report".

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2025

The main achievements and performance of the charity during the year.

At the end of the financial year March 2025 the CIO held unrestricted funds totalling £114,528 which has been accumulated over time mainly through the delivery of commissioned workshops, charges for training, project management and consultation fees.

The difference the charity's performance during the year has made to the beneficiaries of the charity.

See "Annual report"

The degree to which the achievements and performance during the year have benefited wider society.

See "Annual report"

Structure, governance and management of the charity

The methods used to recruit and appoint new charity trustees.

See "Annual report"

Financial review

The charity's financial position at the end of the year ended 31 March 2025

The financial position of the charity at 31 March 2025 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2025	2024
	£	£
Net income	12,814	12,888

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2025

Unrestricted Revenue Funds available for the general purposes of the charity	(777,498)	(517,767)
Restricted Revenue Funds	916,668	644,123
Total Funds	139,170	126,356

Financial review of the position at the reporting date, 31 March 2025 .

The trustees consider the financial performance by the charity during the year to have been satisfactory.

Policies on reserves.

See "Annual report"

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Details of The Independent Examiner

Catherine Craven

Member of Accountants

92 Whalley Road

Wilpshire

Blackburn

Lancashire

BB1 9LJ

Statement of Trustees' Responsibilities

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2025

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), .

In particular, charity law requires the Trustees, if they prepare accounts on an accruals basis, to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Trustees are required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

This report was approved by the board of trustees on 25 September 2025.

FP Attwater

Mr Fred Attwater
Trustee

ADHD NORTH WEST

Report of the Independent Accountant to the Trustees of the charity on the accounts for the year ended 31 March 2025

We report on the financial statements of ADHD NORTH WEST for the year ended 31 March 2025, as set out on pages 12 to 20, which comprise the Statement of Financial Activities, the Income and Expenditure Account, the Balance Sheet and the related notes to the financial statements, including a summary of significant accounting policies. In our opinion, the accompanying financial statements of the charity are prepared, in all material respects, in accordance with charity law applicable within the jurisdiction of England & Wales and the accounts have been prepared in accordance with FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW), effective January 2016, under the historical cost convention, and in accordance with the accounting policies set out on page 19, which framework constitutes the applicable United Kingdom Generally Accepted Accounting Practice.

Respective responsibilities of the directors and the accountant

As described on page 9, you, the charity's Trustees are responsible for the preparation of the accounts.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the Governing Document for the conducting of an audit. The Trustees also consider the charity to be exempt from the requirement to be subject to Independent Examination.

Our responsibility is to prepare accounts upon the basis of the information supplied to us, without conducting any formal scrutiny.

No statement of opinion

We have not carried out any audit procedures and have relied upon information supplied to us by the Trustees, and the information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries, and consequently we do not express an audit or other assurance opinion on the view given by the accounts.

Signed:-

Catherine Craven

Catherine Craven - Independent Accountant

Type text here

Accountants

92 Whalley Road
Wilpshire
Blackburn
Lancashire
BB1 9LJ

This report was signed on 25 September 2025

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2025

Statement of Financial Activities for the year ended 31 March 2025

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2025 £	2025 £	2025 £	2024 £
Income & Endowments from:					
Donations & Legacies	A1	1,551	272,545	274,096	277,565
Investments	A4	1,738	-	1,738	1,301
Total income	A	3,289	272,545	275,834	278,866
Expenditure on:					
Charitable activities	B2	263,020	-	263,020	265,978
Total expenditure	B	263,020	-	263,020	265,978
Net income for the year		(259,731)	272,545	12,814	12,888
Net income after transfers	A-B-C	(259,731)	272,545	12,814	12,888
Net movement in funds		(259,731)	272,545	12,814	12,888
Reconciliation of funds:-					
	E				
Total funds brought forward		(517,767)	644,123	126,356	113,468
Total funds carried forward		(777,498)	916,668	139,170	126,356

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2025

ADHD NORTH WEST - Analysis of prior year total funds, as required by paragraph 4.2 of the SORP

	SORP Ref	Prior Year Unrestricted Funds 2024 £	Prior Year Restricted Funds 2024 £	Prior Year Total Funds 2024 £
Income & Endowments from:				
Donations & Legacies	A1	270,025	7,540	277,565
Charitable activities	A2	-	-	-
Other trading activities	A3	-	-	-
Investments	A4	1,301	-	1,301
Other	A5	-	-	-
Total income	A	271,326	7,540	278,866
Expenditure on:				
Raising funds	B1	-	-	-
Charitable activities	B2	265,978	-	265,978
Other	B3	-	-	-
Tax on surplus on ordinary activities	B3	-	-	-
Other taxation	B3	-	-	-
Total expenditure	B	265,978	-	265,978
Net gains on investments	B4	-	-	-
Net income for the year		5,348	7,540	12,888
Transfers between funds	C	-	-	-
Net income after transfers		5,348	7,540	12,888
Net movement in funds		5,348	7,540	12,888
Reconciliation of funds:-	E			
Total funds brought forward		(254,061)	367,529	113,468
Total funds carried forward		(248,713)	375,069	126,356

All activities derive from continuing operations

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.'

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2025

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2025

ADHD NORTH WEST - Resources applied in the year ended 31 March 2025 towards fixed assets for Charity use:-

	2025 £	2024 £
Funds generated in the year as detailed in the SOFA	12,814	12,888
Net resources available to fund charitable activities	<u>12,814</u>	<u>12,888</u>

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2025

Movements in revenue and capital funds for the year ended 31 March 2025

Revenue accumulated funds

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Last year Total Funds 2024 £
Accumulated funds brought forward	(517,767)	644,123	126,356	113,468
Recognised gains and losses before transfers	(259,731)	272,545	12,814	12,888
	(777,498)	916,668	139,170	126,356
Closing revenue funds	(777,498)	916,668	139,170	126,356

Summary of funds

	Unrestricted and Designated funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Last Year Total Funds 2024 £
Revenue accumulated funds	(777,498)	916,668	139,170	126,356

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2025

ADHD NORTH WEST Income and Expenditure Account for the year ended 31 March 2025 as required by the Companies Act 2006

	2025 £	2024 £
<i>Income</i>		
Income from operations	274,096	277,565
Investment income		
Interest receivable	1,738	1,301
Gross income in the year before exceptional items	275,834	278,866
Gross income in the year including exceptional items	275,834	278,866
<i>Expenditure</i>		
Charitable expenditure, excluding depreciation and amortisation	263,020	265,978
Realised losses on disposals of social investments which are programme related	-	-
Total expenditure in the year	263,020	265,978
Net income before tax in the financial year	12,814	12,888
Tax on surplus on ordinary activities	-	-
Net income after tax in the financial year	12,814	12,888
Retained surplus for the financial year	12,814	12,888

All activities derive from continuing operations

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Balance Sheet as at 31 March 2025

	SORP		2025	2024
	Note	Ref	£	£
Current assets		B		
Cash at bank and in hand		B4	139,170	141,418
Creditors: amounts falling due within one year	10	C1	-	(15,062)
Net current assets			139,170	126,356
The total net assets of the charity			139,170	126,356

The total net assets of the charity are funded by the funds of the charity, as follows:-

Restricted funds				
Restricted Revenue Funds	17	D2	916,668	644,123
			916,668	644,123
Unrestricted Funds				
Unrestricted Revenue Funds	17	D3	(777,498)	(517,767)
			(777,498)	(517,767)
Designated Funds				
Total charity funds			139,170	126,356

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The Trustees acknowledge their responsibilities for complying with the requirements of charity legislation with respect to accounting records and the preparation of accounts.

The Trustees are satisfied that, although the charity is not registered under the Companies Acts, if it were so registered, it would be eligible to prepare accounts in accordance with the provisions in Part 15 of the Companies Act 2006. applicable to companies subject to the small companies regime.

FP Attwater

Mr Fred Attwater

Trustee

Approved by the board of trustees on 25 September 2025

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2025

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , effective January 2016, , and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Going Concern

The charitable activities are entirely dependent on continuing grant aid and voluntary donations as well as trading revenues. As a consequence, the going concern basis is dependent on the future flow of these uncertain funding streams. Accordingly, the Trustees have obtained forecasts and, after reviewing the financial forecasts for future periods to 31 March 2026, the Trustees are satisfied that, at the time of approving the financial statements, it is appropriate to adopt the going concern basis in preparing the financial statements. Other than these matters, the Trustees are not aware of any material uncertainties about the charity's ability to continue as a going concern.

Risks and future assumptions

The charity is a public benefit entity.

Pensions - defined contribution schemes

The charity operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal or as implied by law.

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2025

2 Liability to taxation

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

4 Significance of financial instruments to the charity's position

See Annual Report

5 Net surplus before tax in the financial year

	2025 £	2024 £
The net surplus before tax in the financial year is stated after charging:-		
Pension costs	12,791	8,600

6 Staff costs and emoluments

Salary costs	2025 £	2024 £
Gross Salaries excluding trustees and key management personnel	217,422	154,051
Employer's operating costs of defined contribution pension schemes	12,791	8,600
Total salaries, wages and related costs	230,213	162,651

The average number of full time staff employed in the year was	7	6
The estimated full time equivalent number of all staff employed in the year was	7	6

Neither the trustees nor any persons connected with them have received any remuneration from the charity or any related entity, either in the current or prior year.

No employees received emoluments (excluding pension costs) in excess of £60,000 per annum.

7 Defined contribution pension schemes

The charity operates a defined contribution pension scheme, the costs of which are shown above.

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2025

8 Remuneration and payments to Trustees and persons connected with them

No trustees or persons connected with them received any remuneration from the charity, or any related entity.

9 Investment pooling schemes and arrangements

N/A

10 Creditors: amounts falling due within one year

	2025	2024
	£	£
Bank loans and overdrafts	-	15,062

11 Loans to trustees included in debtors

N/A

12 Guarantees made by the charity on behalf of trustees

N/A

13 Pension commitments

	2025	2024
	£	£
Pension commitments under defined benefit/defined contribution schemes		
within one year	-	-
within two to five years	-	-
in over five years	-	-
	-	-

14 Financial commitments under operating leases

	2025	2024
	£	£
At the year end the charity had annual commitments under non-cancellable		
Operating leases which expire:		
within one year	-	-
within two to five years	-	-
in over five years	-	-
	-	-

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2025

15 Income and Expenditure account summary

	2025 £	2024 £
At 1 April 2024	126,356	113,468
Surplus after tax for the year	12,814	12,888
At 31 March 2025	139,170	126,356

16 Particulars of how particular funds are represented by assets and liabilities

At 31 March 2025	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Current Assets	(777,498)		916,668	139,170
	(777,498)	-	916,668	139,170
At 1 April 2024	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Current Assets	(502,705)	-	644,123	141,418
Current Liabilities	(15,062)	-	-	(15,062)
	(517,767)	-	644,123	126,356

17 Change in total funds over the year as shown in Note 16 , analysed by individual funds

	Funds brought forward from 2024 £	Movement in funds in 2025 See Note 18 £	Transfers between funds in 2025 See Note 0 £	Funds carried forward to 2026 £
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	(517,767)	(259,731)	-	(777,498)
Total unrestricted and designated funds	(517,767)	(259,731)	-	(777,498)
Restricted funds:-				
Sundry other funds	644,123	272,545	-	916,668
Total restricted funds	644,123	272,545	-	916,668
Total charity funds	126,356	12,814	-	139,170

18 Analysis of movements in funds over the year as shown in Note 17

Other

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2025

	Income	Expenditure	Gains & Losses	Movement in funds
	2025	2025	2025	2025
	£	£	£	£
<i>Unrestricted and designated funds:-</i>				
Unrestricted Revenue Funds	3,289	(263,020)	-	(259,731)
<i>Restricted funds:-</i>				
Sundry other funds	272,545	-	-	272,545
	275,834	(263,020)	-	12,814

19 The purposes for which the funds as

Unrestricted and designated funds:-

Unrestricted Revenue Funds	These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.
Unrestricted Revaluation Reserve	This fund represents the unrestricted surplus arising on the revaluation of the charity's assets.
Designated Revenue Funds	Per annual report
Designated Fixed Asset Funds	The purpose of these funds is described under the accounting policy 'Accounting for capital grants and fixed asset funds'.

Restricted funds:-

Restricted Fixed Asset Funds	The purpose of these funds is described under the accounting policy 'Accounting for capital grants and fixed asset funds'.
Restricted Revaluation Reserve	This fund represents the restricted surplus arising on the revaluation of the charity's assets.

ADHD NORTH WEST

England & Wales - Charity number 1186394

Accounts

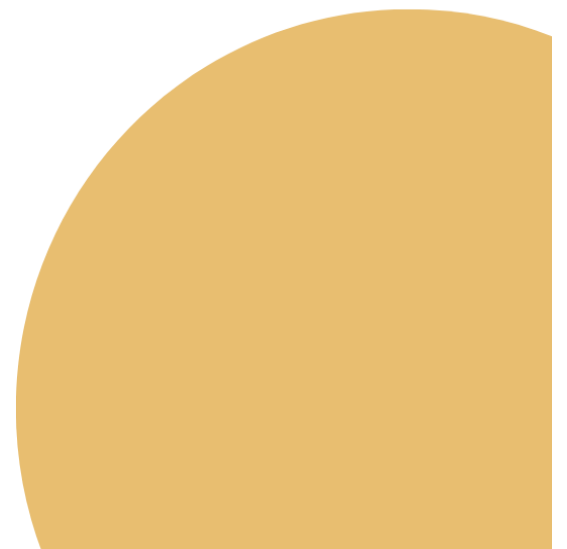


ADHD NORTH WEST

Supporting families

ADHD NORTH WEST ANNUAL REVIEW & IMPACT REPORT 2023-24

Registered Charity no. 1082031
Charitable Incorporated
Organisation 1186394
www.adhdnorthwest.org.uk



Welcome to our Annual Report

Chairman's Message

Dear colleagues and friends, welcome to our 2023/24 Annual Report. Once again, I am pleased to be able to report that we have had another successful year and have been able to support an increased number of families across Pennine Lancashire, West Lancashire, Fylde Coast and Lancaster District.

This year, 2023/24, marks the end of an era, with the formal ending of our NHS Clinical Commissioning Group contracts, with the NHS choosing to go out to tender for the full Lancashire and South Cumbria footprint. For a small charity this was a major step-up in our operation, but the alternative would have seen us reliant on public and grant funding and having to scale back and deliver a more limited and targeted service. The Staff and Trustee team did an amazing job in developing and presenting a coherent and ambitious business plan that involved a doubling of the size of the charity and reach. Whilst the result of the tender was delayed I am pleased to report we were successful, with a short extension of the old contract April to May 2024, leading into the new service. I need to place on record a big thank you to Carolyn, Sheena, and Elaine, in pulling together our submission over the December to March period. The tender process impacted everyone; our operational team members who kept our existing commission work on track, delivering the support families have come to rely on; our trustee team who worked behind the scenes to ensure our organisational policies and procedures met the exacting standards necessary to underpin this significant expansion. It was a major achievement for our small trustee and staff team, with work continuing into 2024/25, ensuring we are delivering on the commitments we made.

The contract change will have a significant impact on the way we do business, including the management of our charity, our finance and admin, alongside changes in the way we work with families. We will need to better identify those who most need our support and may not know of us or understand how we can help. We need to reach out, engage better in new geographical areas and with new communities. We also have a significant challenge in building the required knowledge, skills, capacity and capability to deliver across the full area, whilst still meeting existing demand.

We continue to see increasing numbers of young people with ADHD or with an expectation of an ADHD diagnosis, out of school. This is a worrying trend as much of the health and education offer is delivered through the school structure and with increasing numbers of home-schooled young people and full and partial exclusions, our young people are missing out on support at a vital time in their life. A key part of our service is to work with schools, colleges, and families to keep young people in education helping build the necessary social and life skills they will need later in life.

We are well-placed to move into 2024/25, able to build on this work and the continuing passion of our supporters to be of help to families and young people. I would like to place on record my thanks to all the families we have worked with, the staff team and my fellow trustees for your valuable input, help and support.

Thank you,

Fred Attwater

Chair of Trustees

Introduction

Operating context

The 2023-24 financial year was a challenging one for the charity with increasing requests for help. In common with other voluntary sector organisations we continued to see referrals coming later to the charity often at crisis point at school or within the family. Despite robust triage systems, staff resources were very much stretched to support all demands. During the year the team started to streamline the resources by area with the intention that one staff member will eventually manage a specific area and be the named practitioner for a number of schools.

Emotional based school avoidance and children at risk of exclusion remained a key issue particularly in relation to children within secondary schools. Staff have undertaken training in this area to ensure that their skills are up to date. Schools themselves are often struggling to manage the issues with more training needed for teachers and SEN support.

Funding

We continued to be funded to operate in Blackburn with Darwen, East and West Lancashire, Blackpool, Fylde and Wyre throughout the year on annual contracts. With demand for services increasing year on year short term funding made it very difficult to recruit staff and trustees are grateful to the long serving staff members for their continued support and hard work.

In October 2023 we completed a tender application for Lancs and South Cumbria ICB for the provision of ADHD services across the whole Lancashire and South Cumbria area. We were delighted to receive notification of the tender award in January 2024 securing our finances for service delivery from May 2024 for 3 years +1, +1. This tender represents a significant change and increase to operations for the charity but positively means increased support for those impacted by ADHD and associated conditions and their families/carers.

Personnel

During the year one additional member of staff was recruited bringing the total to 5 staff members including the business administration apprentice who continued his training.

Education and training

Staff resources were very stretched during the year, however the teams continued to prioritise continued professional development attending a number of network events and professional meetings which have stood us in good stead for the delivery of the tender. In addition training was completed in Emotional Based School Avoidance, PAM (patient activation measure), Health Coaching and First Aid throughout the year along with keeping up to date on ADHD clinical practice and research.

The skills of the team were also very much in demand from health and other professionals with several requests for direct training to support their staff understanding and development resources

Premises and operations

We relocated our office to a larger space within the town hall during the year, which offers better facilities for further expansion of personnel along with more effective and efficient working conditions.

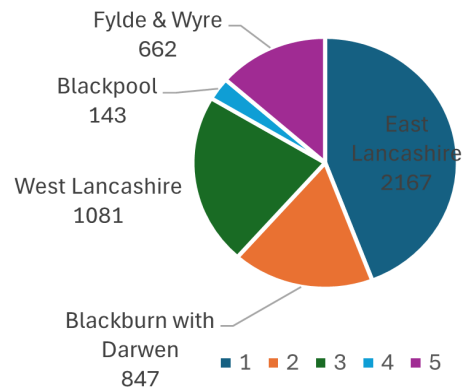
The website for the charity had been in existence for many years and was not as responsive as it needed to be to meet current audience expectations and demand. A new website was created in November 23 with increased capacity to be updated more quickly, provide more information and links to further resources to support a strength based approach and also to include quick and easy referral forms for both professionals and the public. <https://reception06660.wixsite.com/adhd-north-west>

Following service user feedback we updated the logo for the charity in line with the new website to make it more modern and more reflective of the work and services delivered.

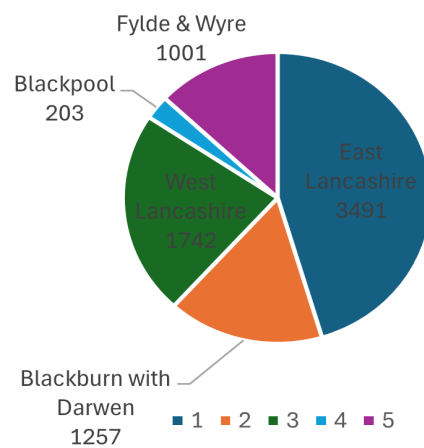
The CRM system for the charity has needed considerable work and regular changes this year in order to be able to handle the necessary reporting for the new ICB contract. The database went live in May 2023 and the charity is grateful for the ongoing support and flexibility of our provider.

Facts and Figures

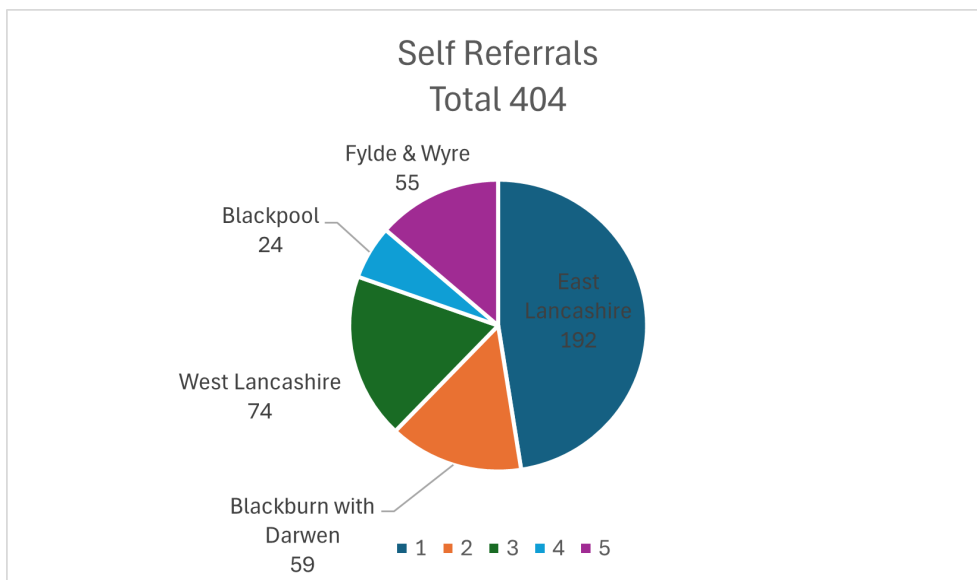
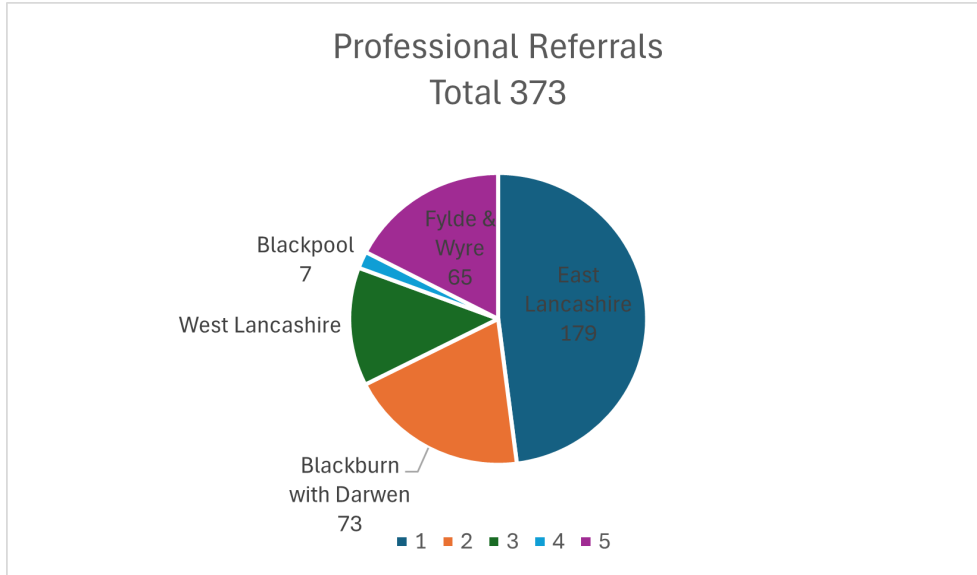
Number of unique beneficiaries
Children and young people
total 4900



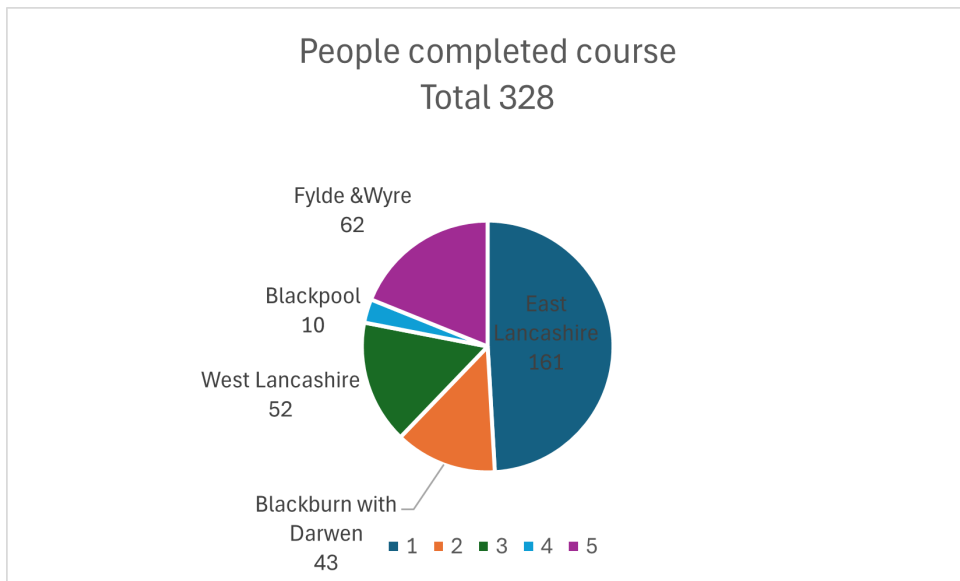
Numbers of parents/carers worked with
Total 7694



Facts and Figures



Facts and figures



Our Impact

Parent Empowerment and Skills training—PEST

Delivery of the PEST training is a fundamental part of our offer to parents to support understanding and resilience and for many this is all that they need to equip them with the skills to understand and better manage their child's behaviours and responses. During the year 328 people attended the courses which are offered through 12 sessions online both during the day and in the evening.

Feedback for the courses and the further support offered by the team as needed both with getting an assessment and with school liaison demonstrates the positive impact that the service provides.

Parent feedback

Just thank you for your support both via the course and working with the school. I finally feel validated and supported.

I would like to thank all those that take the time to present this course. It has been invaluable to me and I feel like a light bulb has been switched on when I am trying to understand my son. The fact that he does not need to have been through the assessment process before attending gives me confidence going forward.

Was so lovely to actually have people who ran the course to have first-hand experience. Not just having the training/ qualification to their name. Thanks so much for all the time and effort provided.

Excellent course well worth the time spent.

The course was very helpful. Was able to comment and ask questions. A very good structure. Was very engaging and informative to help with techniques and different ways to handle situations and avoid certain situations to escalate.

Very informative and the staff presenting are knowledgeable and are passionate about supporting families

Excellent course and maybe teachers would benefit from it as a lot of them don't have understanding of ADHD

It was absolutely amazing, gave me so much insight into my own behaviours and attitude. Made things very simple both me and my husband found it really useful.

Parent Feedback

Thank you so much for the phone call yesterday. I can't describe how much of a comfort it was speaking to someone who understands our situation. You are clearly very passionate and knowledgeable about getting children the support they need in order to thrive in school. I just wanted to let you know how grateful I am of the support.

Thankyou for being in the call with us it actually felt like we had someone in our corner and was listening to us, we have always felt they have just set A up to fail with their targets and the way he is.

ADHD North-West has been amazing! I know I would not have got this far without the support, advice, and direction from Chris. I am so grateful for the guidance and support from the initial phone call to ADHD North-West my son's school received an email detailing support in place for my son.

Really cannot thank you enough for today, I finally feel after over 5 years I'm being listened to and my child will finally get the help and support she's been so desperately needing in school. You are a wonderful person who is amazing at your job.

Thank you for caring, supporting O and I, I would have given up even applying for my son's EHCP. Thanks so much, I am forever grateful.



About Us

Founded in 1995 by our founder Barbara Worral CBE— we are committed to providing a free, unique support service, that empowers and improves the mental health and wellbeing of individuals and families affected by an Attention Deficit Disorder and associated conditions.

We provide information, guidance and support to families and individuals offering telephone support, ADHD parenting courses, Outreach support, Educational advocacy and an online support group to those registered with our service in our funded areas of Blackburn with Darwen, East & West Lancashire, Morecambe, Blackpool Fylde and Wyre.

Board of Trustees

The board of trustees is responsible for the overall governance, management and control of the organisation working with the senior staff on strategic and organisational development.

Trustees of ADHD North West 2023-24

Fred Attwater—Chair

Angela Kirk resigned 16/01/2024

Maria Carnota

Trudy Warburton resigned 31/03/2024

Claire Lawton

Elaine Jennings

This annual report should be read in conjunction with our annual accounts to provide a complete picture of the organisation's financial activity.

Registered Office

Suite 10, Old Town Hall, Town Hall Square, Great Harwood, Blackburn, Lancs BB6 7DD

Auditors

Catherine Craven 92 Whalley Road, Wilshire, Blackburn, Lancashire BB1 9LJ

ADHD NW TRUSTEE DECISION ON TRANSFER RESOURCES FROM RESTRICTED TO UNRESTRICTED FINANCIAL ACCOUNTS Date of Trustee Decision October 2024 Trustee Meeting

Background:

The current financial accounting system in place reflected the fragmented commissioning of ADHD NW by 4 of the 8 CCG's, each requiring separate accounting of contract spend and outcome delivery. This created a complex and burdensome processing of financial transactions with costs allocated for all expenditure across 4 separate accounts. With the move to a single ICB commission it was agreed with commissioners there would be no reclaiming of underspend on commissions ending 31/05/24, on condition that underspend was targeted on mobilisation and delivery of the new system commission starting 01/06/24. It was also agreed that there was no further requirement for financial reporting on the old CCG footprint although activity reporting would be required to reflect new ICB place-base boundaries.

With changes in Commissioning Arrangements a decision was taken, informed by the discussions with the ICB, to charge all expenditure to the current account, whilst recording any financial reserve spend by exception. This approach was implemented in Q3 2023/24, significantly reducing financial admin time. Whilst this was a sensible decision and met commissioner and organisational need we didn't consider the matching allocation of income which has led to a situation where income is allocated in our accounts to 'restricted funding' and all expenditure allocated to "unrestricted funding", leading to a substantial imbalance across the two accounts which distorts clear identification of the organisational reserves needed to meet the cost of business closure and other non-operational related costs. Confirmation has been obtained from Lancashire and South Cumbria ICB that all contract delivery requirements set out in previous commissions have been met in full and that any unspent restricted funding can be moved as required from restricted to unrestricted accounts, subject to such funding being used in accordance with the CIO Charitable Objectives

Trustee Decision:

To correct this situation, it was agreed that:

1. Unrestricted Funding (Reserves) would be capped at £25,000 (level to be reviewed at each future A.G.M) to cover all prudent costs arising from the closure of the CIO, with all excess Unrestricted Funding transferred to the CIO Operational Accounts (Restricted Funding)
2. All expenditure will continue to be allocated to the current account with a register kept of any authorised spending from the organisation's reserves (unrestricted funding).
3. On a quarterly basis finance will submit a report to Trustees advising total expenditure in that quarter with a break-down of operational and reserve spending. Confirmation will be sought from Commissioners that ADHD NW have fulfilled commission requirements for that quarter and that funding can be released. Trustees will consider this consent and the

report and will formally authorise an account transfer from the “restricted funding” account, where all commission income is held, to the “unrestricted funding” account ensuring the correct recording of operational commission expenditure and any authorised reserve spending.

4. As an interim measure for 2023/24 a single full year report of operational and reserve spending will be prepared, with Trustees asked to then authorise a financial transfer from “restricted” to “unrestricted” accounts. A note of this proposal and Trustee decision will be included within the 2023/24 Annual Report, together with a note of the revised end of year funding position on “restricted” and “unrestricted” balances.
5. This will allow consideration of the appropriateness of reserves held by the CIO, needed to meet any costs of closure or non-operational expenditure.

Impact of Trustee Decision on Annual Accounts

2022/23 Year-end balance
£113,469
Income 23/24
£278,886
Expenditure
£265,979
In year surplus
£12,887
Balance year-end
£126,356

Unrestricted Account Year-end Balance 2023/24

£25,000

Restricted Account Year-end Balance 2023/24

£101,356

Please note these changes have no material impact on the financial strength of the C.I.O. but will feed through into the 2024/25 Year-End Accounts and will allow interested parties to more easily understand our financial position.

The Charity Registration Number is :- 1186394

ADHD NORTH WEST

Report and Accounts

31 March 2024

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2024

The Trustees present their Report and Accounts for the year ended 31 March 2024.

Reference and administrative details

The charity name.

The legal name of the charity is:- ADHD NORTH WEST.

The charity's areas operation and UK charitable registration.

The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1186394.

.

The charity does not operate in any overseas jurisdictions.

Legal structure of the charity

The charity is constituted as a Charitable Incorporated Organisation (CIO) in England & Wales. The governing document of the charity is the constitution of the CIO as approved by the Charity Commission in England & Wales (CCEW) .

There are no restrictions in the governing documents on the operation of the Charity or on its investment powers other than those imposed by Charity Law.

The trustees are all individuals.

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2024

The principal operating address, telephone number, email and web addresses of the charity are:-

Suite 15, Old Town Hall
Town Hall Square, Great Harwood
Lancashire, BB6 7DD
Telephone 01254 886886
Email Address reception@adhdnorthwest.org.uk

The Trustees in office on the date the report was approved were:-

Fred Attwater
Angela Kirk (resigned during the year)
Maria Marco
Elaine Jennings
Trudy Warburton (resigned during the year)
Claire Lawton

The following persons served as Trustees during the year ended 31 March 2024 :-

The trustees who served as a trustee in the reporting period were as shown above.

Objects and activities of the charity

The purposes of the charity as set out in its governing document.

The relief of persons suffering from attention deficit disorders and associated conditions and their families in the North West of England in particular but not exclusively by :

- a -Raising awareness of the general public regarding Attention Deficit Disorders and Associated conditions
- b-The provision of facilities for information, support and other services calculated to relieve the need of such persons and,
- c-By any such Charitable means as the Trustees shall from time to time deem fit.

The main activities undertaken in relation to those purposes during the year.

Please refer to the "Annual report".

The main activities undertaken during the year to further the charity's purpose for the public benefit.

Please refer to the "Annual report".

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

ADHD NORTH WEST
Trustees' Annual Report for the year ended 31 March 2024

The main achievements and performance of the charity during the year.

At the end of the financial year March 2023 the CIO held unrestricted funds totalling £25,710 which has been accumulated over time mainly through the delivery of commissioned workshops, charges for training, project management and consultation fees.

The difference the charity's performance during the year has made to the beneficiaries of the charity.

See "Annual report"

The degree to which the achievements and performance during the year have benefited wider society.

See "Annual report"

Structure, governance and management of the charity

The methods used to recruit and appoint new charity trustees.

See "Annual report"

Financial review

The charity's financial position at the end of the year ended 31 March 2024

The financial position of the charity at 31 March 2024 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2024	2023
	£	£
Net income	12,887	55,181

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2024

Unrestricted Revenue Funds available for the general purposes of the charity	(517,767)	(254,061)
Restricted Revenue Funds	644,123	367,530
Total Funds	126,356	113,469

Financial review of the position at the reporting date, 31 March 2024 .

The trustees consider the financial performance by the charity during the year to have been satisfactory.

Policies on reserves.

See "Annual report"

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Details of The Independent Examiner

Catherine Craven

Member of Accountants

92 Whalley Road

Wilpshire

Blackburn

Lancashire

BB1 9LJ

Statement of Trustees' Responsibilities

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2024

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), .

In particular, charity law requires the Trustees, if they prepare accounts on an accruals basis, to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Trustees are required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

This report was approved by the board of trustees on 25 September 2024.

Mr Fred Attwater
Trustee

ADHD NORTH WEST

Report of the Independent Accountant to the Trustees of the charity on the accounts for the year ended 31 March 2024

We report on the financial statements of ADHD NORTH WEST for the year ended 31 March 2024, as set out on pages 12 to 20, which comprise the Statement of Financial Activities, the Income and Expenditure Account, the Balance Sheet and the related notes to the financial statements, including a summary of significant accounting policies. In our opinion, the accompanying financial statements of the charity are prepared, in all material respects, in accordance with charity law applicable within the jurisdiction of England & Wales and the accounts have been prepared in accordance with FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW), effective January 2016, under the historical cost convention, and in accordance with the accounting policies set out on page 19, which framework constitutes the applicable United Kingdom Generally Accepted Accounting Practice.

Respective responsibilities of the directors and the accountant

As described on page 9, you, the charity's Trustees are responsible for the preparation of the accounts.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the Governing Document for the conducting of an audit. The Trustees also consider the charity to be exempt from the requirement to be subject to Independent Examination.

Our responsibility is to prepare accounts upon the basis of the information supplied to us, without conducting any formal scrutiny.

No statement of opinion

We have not carried out any audit procedures and have relied upon information supplied to us by the Trustees, and the information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries, and consequently we do not express an audit or other assurance opinion on the view given by the accounts.

Signed:-

Catherine Craven - Independent Accountant

Accountants

92 Whalley Road
Wilpshire
Blackburn
Lancashire
BB1 9LJ

This report was signed on 25 September 2024

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2024

Statement of Financial Activities for the year ended 31 March 2024

	SORP Ref	Current year Unrestricted Funds 2024 £	Current year Restricted Funds 2024 £	Current year Total Funds 2024 £	Prior Year Total Funds 2023 £
Income & Endowments from:					
Donations & Legacies	A1	972	276,593	277,565	235,868
Investments	A4	1,301	-	1,301	262
Total income	A	2,273	276,593	278,866	236,130
Expenditure on:					
Charitable activities	B2	265,979	-	265,979	180,949
Total expenditure	B	265,979	-	265,979	180,949
Net income for the year		(263,706)	276,593	12,887	55,181
Net income after transfers	A-B-C	(263,706)	276,593	12,887	55,181
Net movement in funds		(263,706)	276,593	12,887	55,181
Reconciliation of funds:-					
	E				
Total funds brought forward		(254,061)	367,530	113,469	58,288
Total funds carried forward		(517,767)	644,123	126,356	113,469

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2024

ADHD NORTH WEST - Analysis of prior year total funds, as required by paragraph 4.2 of the SORP

	SORP Ref	Prior Year Unrestricted Funds 2023 £	Prior Year Restricted Funds 2023 £	Prior Year Total Funds 2023 £
Income & Endowments from:				
Donations & Legacies	A1	228,328	7,540	235,868
Charitable activities	A2	-	-	-
Other trading activities	A3	-	-	-
Investments	A4	262	-	262
Other	A5	-	-	-
Total income	A	228,590	7,540	236,130
Expenditure on:				
Raising funds	B1	-	-	-
Charitable activities	B2	180,949	-	180,949
Other	B3	-	-	-
Tax on surplus on ordinary activities	B3	-	-	-
Other taxation	B3	-	-	-
Total expenditure	B	180,949	-	180,949
Net gains on investments	B4	-	-	-
Net income for the year		47,641	7,540	55,181
Transfers between funds	C	-	-	-
Net income after transfers		47,641	7,540	55,181
Net movement in funds		47,641	7,540	55,181
Reconciliation of funds:-	E			
Total funds brought forward		(76,534)	134,822	58,288
Total funds carried forward		(28,893)	142,362	113,469

All activities derive from continuing operations

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.'

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2024

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2024

ADHD NORTH WEST - Resources applied in the year ended 31 March 2024 towards fixed assets for Charity use:-

	2024	2023
	£	£
Funds generated in the year as detailed in the SOFA	12,887	55,181
Net resources available to fund charitable activities	<u>12,887</u>	<u>55,181</u>

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2024

Movements in revenue and capital funds for the year ended 31 March 2024

Revenue accumulated funds

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Last year Total Funds 2023 £
Accumulated funds brought forward	(254,061)	367,530	113,469	58,288
Recognised gains and losses before transfers	(263,706)	276,593	12,887	55,181
	(517,767)	644,123	126,356	113,469
Closing revenue funds	(517,767)	644,123	126,356	113,469

Summary of funds

	Unrestricted and Designated funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Last Year Total Funds 2023 £
Revenue accumulated funds	(517,767)	644,123	126,356	113,469

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2024

ADHD NORTH WEST Income and Expenditure Account for the year ended 31 March 2024 as required by the Companies Act 2006

	2024 £	2023 £
<i>Income</i>		
Income from operations	277,565	235,868
Investment income		
Interest receivable	1,301	262
Gross income in the year before exceptional items	278,866	236,130
Gross income in the year including exceptional items	278,866	236,130
<i>Expenditure</i>		
Charitable expenditure, excluding depreciation and amortisation	265,979	180,949
Realised losses on disposals of social investments which are programme related	-	-
Total expenditure in the year	265,979	180,949
Net income before tax in the financial year	12,887	55,181
Tax on surplus on ordinary activities	-	-
Net income after tax in the financial year	12,887	55,181
Retained surplus for the financial year	12,887	55,181

All activities derive from continuing operations

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Balance Sheet as at 31 March 2024

	SORP		2024	2023
	Note	Ref	£	£
Current assets		B		
Cash at bank and in hand		B4	141,418	113,469
Creditors: amounts falling due within one year	10	C1	<u>(15,062)</u>	<u>-</u>
Net current assets			126,356	113,469
The total net assets of the charity			<u>126,356</u>	<u>113,469</u>

The total net assets of the charity are funded by the funds of the charity, as follows:-

Restricted funds				
Restricted Revenue Funds	17	D2	644,123	367,530
			644,123	367,530
Unrestricted Funds				
Unrestricted Revenue Funds	17	D3	(517,767)	(254,061)
			(517,767)	(254,061)
Designated Funds				
Total charity funds			<u>126,356</u>	<u>113,469</u>

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The Trustees acknowledge their responsibilities for complying with the requirements of charity legislation with respect to accounting records and the preparation of accounts.

The Trustees are satisfied that, although the charity is not registered under the Companies Acts, if it were so registered, it would be eligible to prepare accounts in accordance with the provisions in Part 15 of the Companies Act 2006. applicable to companies subject to the small companies regime.

Mr Fred Attwater

Trustee

Approved by the board of trustees on 25 September 2024

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2024

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , effective January 2016, , and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Going Concern

The charitable activities are entirely dependent on continuing grant aid and voluntary donations as well as trading revenues. As a consequence, the going concern basis is dependent on the future flow of these uncertain funding streams. Accordingly, the Trustees have obtained forecasts and, after reviewing the financial forecasts for future periods to **31 March 2023**, the Trustees are satisfied that, at the time of approving the financial statements, it is appropriate to adopt the going concern basis in preparing the financial statements. Other than these matters, the Trustees are not aware of any material uncertainties about the charity's ability to continue as a going concern.

Risks and future assumptions

The charity is a public benefit entity.

Pensions - defined contribution schemes

The charity operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal or as implied by law.

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2024

2 Liability to taxation

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

4 Significance of financial instruments to the charity's position

See Annual Report

5 Net surplus before tax in the financial year

	2024 £	2023 £
The net surplus before tax in the financial year is stated after charging:-		
Pension costs	8,600	7,115

6 Staff costs and emoluments

Salary costs	2024 £	2023 £
Gross Salaries excluding trustees and key management personnel	154,051	130,502
Employer's operating costs of defined contribution pension schemes	8,600	7,115
Total salaries, wages and related costs	162,651	137,617

The average number of full time staff employed in the year was	7	6
The estimated full time equivalent number of all staff employed in the year was	7	6

Neither the trustees nor any persons connected with them have received any remuneration from the charity or any related entity, either in the current or prior year.

No employees received emoluments (excluding pension costs) in excess of £60,000 per annum.

7 Defined contribution pension schemes

The charity operates a defined contribution pension scheme, the costs of which are shown above.

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2024

8 Remuneration and payments to Trustees and persons connected with them

No trustees or persons connected with them received any remuneration from the charity, or any related entity.

9 Investment pooling schemes and arrangements

10 Creditors: amounts falling due within one year

	2024	2023
	£	£
Bank loans and overdrafts	15,062	-

11 Loans to trustees included in debtors

12 Guarantees made by the charity on behalf of trustees

13 Pension commitments

	2024	2023
	£	£
Pension commitments under defined benefit/defined contribution schemes		
within one year	1	-
within two to five years	1	-
in over five years	1	-
	<u>3</u>	<u>-</u>

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2024

14 Financial commitments under operating leases

	2024 £	2023 £
At the year end the charity had annual commitments under non-cancellable		
Operating leases which expire:		
within one year	1	-
within two to five years	1	-
in over five years	1	-
	3	-

15 Income and Expenditure account summary

	2024 £	2023 £
At 1 April 2023	113,469	58,288
Surplus after tax for the year	12,887	55,181
At 31 March 2024	126,356	113,469

16 Particulars of how particular funds are represented by assets and liabilities

At 31 March 2024	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Current Assets	(502,705)		644,123	141,418
Current Liabilities	(15,062)	-	-	(15,062)
	(517,767)	-	644,123	126,356
At 1 April 2023	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Current Assets	(254,061)	-	367,530	113,469
	(254,061)	-	367,530	113,469

17 Change in total funds over the year as shown in Note 16 , analysed by individual funds

	Funds brought forward from 2023 £	Movement in funds in 2024 See Note 18 £	Transfers between funds in 2024 See Note 0 £	Funds carried forward to 2025 £
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	(254,061)	(263,706)	-	(517,767)
Total unrestricted and designated funds	(254,061)	(263,706)	-	(517,767)

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2024

Restricted funds:-

Sundry other funds	367,530	276,593	-	644,123
Total restricted funds	367,530	276,593	-	644,123
Total charity funds	113,469	12,887	-	126,356

18 Analysis of movements in funds over the year as shown in Note 17

	Income	Expenditure	Other Gains & Losses	Movement in funds
	2024	2024	2024	2024
	£	£	£	£
<i>Unrestricted and designated funds:-</i>				
Unrestricted Revenue Funds	2,273	(265,979)	-	(263,706)
<i>Restricted funds:-</i>				
Sundry other funds	276,593	-	-	276,593
	278,866	(265,979)	-	12,887

19 The purposes for which the funds as

Unrestricted and designated funds:-

Unrestricted Revenue Funds	These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.
Unrestricted Revaluation Reserve	This fund represents the unrestricted surplus arising on the revaluation of the charity's assets.
Designated Revenue Funds	Per annual report
Designated Fixed Asset Funds	The purpose of these funds is described under the accounting policy 'Accounting for capital grants and fixed asset funds'.

Restricted funds:-

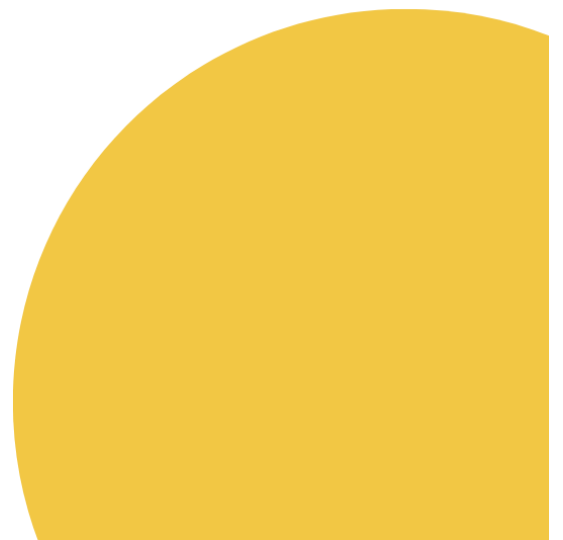
Restricted Fixed Asset Funds	The purpose of these funds is described under the accounting policy 'Accounting for capital grants and fixed asset funds'.
Restricted Revaluation Reserve	This fund represents the restricted surplus arising on the revaluation of the charity's assets.

Accounts



ADHD NORTH WEST ANNUAL REVIEW & IMPACT REPORT 2022-23

Registered Charity no. 1082031
Charitable Incorporated
Organisation 1186394
www.adhdnorthwest.org.uk



Welcome to our Annual Report

Chairman's Message

Dear colleagues and friends, welcome to our 2022/23 Annual Report. I am pleased to be able to report that we have had another successful year and have been able to support an increased number of families across Pennine Lancashire, West Lancashire, Fylde Coast and Lancaster District.

As expected, it has been a year of continuing uncertainty with high levels of change in the NHS and the ending of our grant funding in Lancaster. We have seen the new Lancashire and South Cumbria Integrated Care Board come into place, taking over commissioning responsibilities from the eight Clinical Commissioning Groups. Our existing NHS commissions with Blackburn with Darwen, East Lancashire and West Lancashire received extended funding albeit with increased expectations for the support we provide. Our grant funding for work in Lancaster District has now officially ended although we have some residual funding to carry forward into 2023/24 which has allowed us to maintain a support offer in that area. In the second half of the year, we were pleased to be offered additional NHS Funding allowing us to extend our reach into the Fylde Coast. All this funding, however, is on a short-term basis our expectation is that in 2023/24 we will need to compete for future funding through a formal tender process.

With the return to normality post-COVID, we have also seen increasing numbers of young people with ADHD or with an expectation of an ADHD diagnosis, out of school. This is a worrying trend as it is important for all our young people to be able to develop the knowledge, skills and confidence to best manage their condition, to be able to lead the life they want to the full, and to achieve their goals and ambitions.

The staff team and trustees have all worked hard this last year to talk to families, to understand what is important to them and to review and update our service offer to better meet their needs. We are well-placed to move into 2023/24, able to build on this work and your continuing passion to be of help to families and young people. I would like to place on record my thanks to all the families we have worked with, the staff team and my fellow trustees for your valuable input, help and support.

Thank you,

Fred Attwater

Chair of Trustees

Introduction

Operating context

The financial year 2022-23 has been a busy one as the effects of the Covid pandemic continue to impact on children and young people with the numbers of younger children presenting with mental health issues rising. The numbers of families accessing our services has continued to increase year on year, with new referrals up 27% on the previous year across our funded areas with East Lancashire seeing a 35% increase and West Lancs up 46%. More requests for support are coming at a time of crisis for the child and family placing real strain on families and referrals are increasingly more complex. Amongst secondary school age children emotional based school avoidance is a growing problem and our staff team spend a lot of time offering support to parents who are struggling and advocating for children with schools.

As a consequence of the increase in referrals and numbers of cases, the Charity introduced a triage system during the year to ensure that the right support was being given to those who need it the most and that parents are better enabled to manage both their child, school and professionals.

Funding

We were pleased to continue to be funded to operate in Blackburn with Darwen, East and West Lancashire and Morecambe Bay throughout the year. In September 2022 we received funding to expand the service further within Blackpool, Fylde and Wyre and have started to build solid relationships with service providers, schools and other professionals in these areas.

The creation of the Lancs and South Cumbria Integrated Care Board in July 2022 offers both opportunities and threats for the charity with whole of Lancashire commissioning and new tendering requirements.

Personnel

The trustees are grateful for the time , expertise and loyalty of the staff taking on new areas of operation whilst dealing with increased numbers of referrals and requests for support.

Uncertainty regarding funding has made recruitment difficult during the year and in common with the national picture recruitment overall has been challenging however we are pleased that staff numbers have remained static and our office assistant started his 2nd year apprenticeship.

Education and training

The expertise of our staff is in great demand and the charity has received many requests for awareness raising sessions throughout the year delivering sessions to the staff of primary, secondary and further education establishments.

Staff have spent time with the ELCAS team and ADHD nurses to increase understanding of the support offered by the charity and the issues that are being presented by children and families.

The team have continued to promote services to the public and professionals at a number of community events across the funded areas including Pendle radio.

Staff training remains a priority with staff attending GDPR, SEN legal, LGBTQ+ and EHA training.

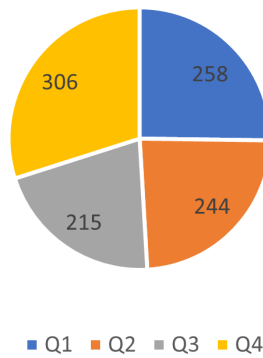
Premises and operations

We relocated our office to a larger space within the town hall during the year, which offers better facilities for further expansion of personnel along with more effective and efficient working conditions.

We also reviewed our database provider to enable more autonomy and control of data stored in line with current GDPR practice.

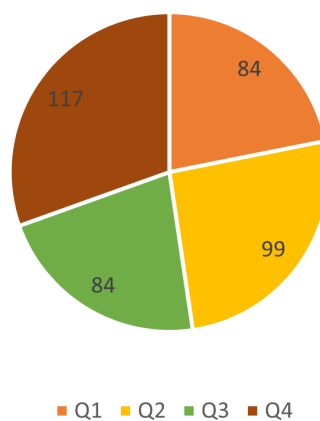
Facts and Figures

East Lancashire 22-23
Number of families Supported
Total 1023



Total beneficiaries 3645

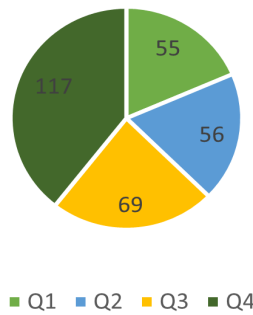
Blackburn with Darwen 22-23
Number of families supported
Total 384



Total beneficiaries 1508

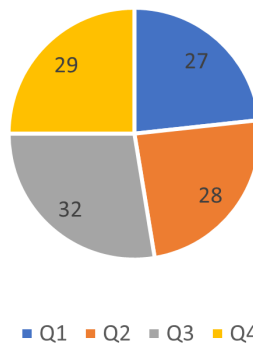
Facts and Figures

West Lancs 22-23
Number of families supported
Total 297



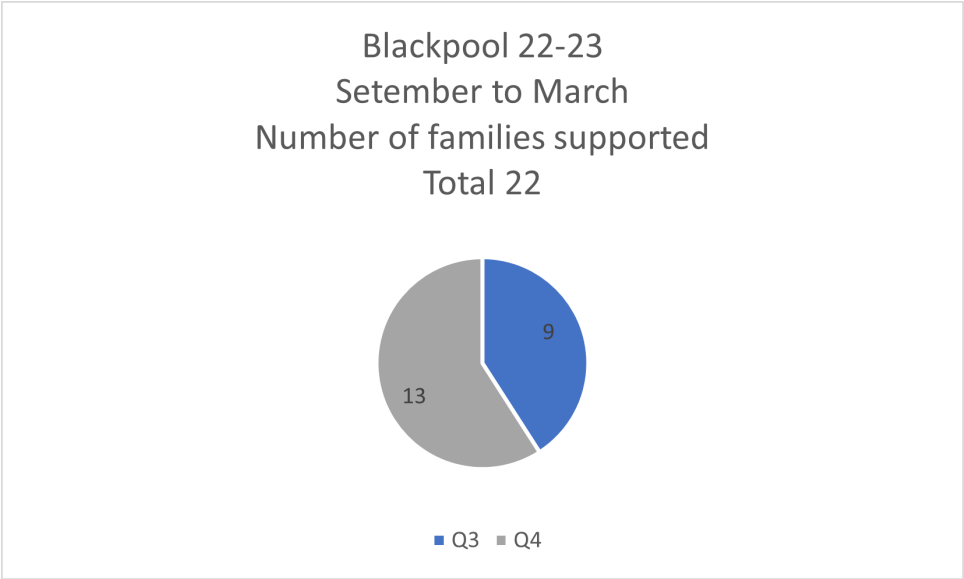
Total beneficiaries 1107

Morecambe 22-23
Number of families supported
Total 116

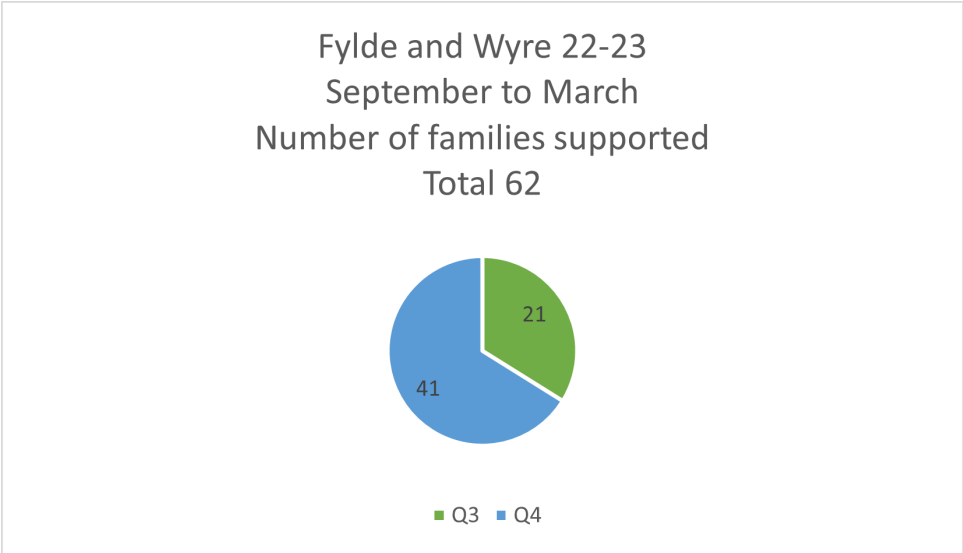


Total beneficiaries 440

Facts and figures



Total beneficiaries 63



Total beneficiar185

Our Impact

Parent Empowerment and Skills training—PEST

Delivery of the PEST training is a fundamental part of our offer to parents and for many this is all that they need to equip them with the skills to understand and better manage their child's behaviours and responses. During the year 365 people attended the courses which are offered through 6 sessions online both during the day and in the evening.

Feedback for the courses and the further support offered by the team as needed with schools demonstrates the positive impact that the service provides.

Parent feedback

'Thank you so very much for attending the meeting this morning. It is the first time we have been properly listened to and felt like there is a plan in place. I really appreciate your support and can not believe the difference it made having someone there as our advocate.'

'You are a wonderful and much needed charity organisation and to know that you are there still if we need you is very reassuring. All the course leaders were personable and knowledgeable and with them all having first hand experiences made us feel very comfortable also. Thankyou all so much for you time and all of the information, it was very much appreciated.'

'The trainers were absolutely amazing. So knowledgeable and helpful.'

'10 out of 10 definitely got loads of information and knowing that I'm not alone going through this all by myself, very helpful indeed.'

'I just feel it was really comforting to be around people on the same journey, as you can feel very isolated and alone.'

'Presenters were brilliant, knowledgeable and talk from experience. This course was amazing and a lifeline after a couple of months feeling a little lost after the diagnosis. I understand now the challenges my son has and how misunderstood ADHD is. Thank you very much.'

Parent Feedback

'Thank you so much for the phone call yesterday. I can't describe how much of a comfort it was speaking to someone who understands our situation. You are clearly very passionate and knowledgeable about getting children the support they need in order to thrive in school. I just wanted to let you know how grateful I am of the support.'

'Thankyou for being in the call with us it actually felt like we had someone in our corner and was listening to us.'

'To have someone ask me "what support do you need" literally made me want to cry. The Zooms have been brilliant. Just seeing someone tell you what you know but feel so isolated with is incredible and to know the other parents are attending knowing that it's not just me is also powerful. Not to mention the education angle! I want to thank you all for your amazing work and support that you have shown to me in such a short time. When you said you will come to my school meeting, I couldn't believe it. Your help is invaluable to me and I look forward to working with you going forward. Many many thanks. I think this has also been so positive for my son.'

'I really cannot thankyou enough for today, I finally feel after over 5 years I'm being listened to and my child will finally get the help and support she's been so desperately needing in school. You are a wonderful person who is amazing at your job.'



About Us

m

Founded in 1995 by our founder Barbara Worral CBE— we are committed to providing a free, unique support service, that empowers and improves the mental health and wellbeing of individuals and families affected by an Attention Deficit Disorder and associated conditions.

We provide information, guidance and support to families and individuals offering telephone support, ADHD parenting courses, Outreach support, Educational advocacy and an online support group to those registered with our service in our funded areas of Blackburn with Darwen, East & West Lancashire, Morecambe, Blackpool Fylde and Wyre.

Trustees

Fred Attwater—Chair

Angela Kirk

Maria Carnota

Trudy Warburton

Elaine Jennings

This annual report should be read in conjunction with our annual accounts to provide a complete picture of the organisations financial activity.

Registered Office

Suite 10, Old Town Hall, Town Hall Square, Great Harwood, Blackburn, Lancs BB6 7DD

The Charity Registration Number is :- 1186394

ADHD NORTH WEST

Report and Accounts

31 March 2023

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2023

The Trustees present their Report and Accounts for the year ended 31 March 2023.

Reference and administrative details

The charity name.

The legal name of the charity is:- ADHD NORTH WEST.

The charity is also known by its operating name, N/A.

The charity's areas operation and UK charitable registration.

The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1186394.

.

The charity does not operate in any overseas jurisdictions.

Legal structure of the charity

The charity is constituted as a Charitable Incorporated Organisation (CIO) in England & Wales. The governing document of the charity is the constitution of the CIO as approved by the Charity Commission in England & Wales (CCEW) .

There are no restrictions in the governing documents on the operation of the Charity or on its investment powers other than those imposed by Charity Law.

The trustees are all individuals.

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2023

The principal operating address, telephone number, email and web addresses of the charity are:-

Suite 4, Old Town Hall
Town Hall Square, Great Harwood
Lancashire, BB6 7DD
Telephone 01254 886886
Email Address reception@adhdnorthwest.org.uk

The Trustees in office on the date the report was approved were:-

Fred Attwater
Angela Kirk
Maria Carnota
Elaine Jennings
Trudy Warburton
Claire Lawton

The following persons served as Trustees during the year ended 31 March 2023 :-

The trustees who served as a trustee in the reporting period were as shown above including Claire Lawton who was appointed during the year.

Objects and activities of the charity

The purposes of the charity as set out in its governing document.

The relief of persons suffering from attention deficit disorders and associated conditions and their families in the North West of England in particular but not exclusively by :

- a -Raising awareness of the general public regarding Attention Deficit Disorders and Associated conditions
- b-The provision of facilities for information, support and other services calculated to relieve the need of such persons and,
- c-By any such Charitable means as the Trustees shall from time to time deem fit.

The main activities undertaken in relation to those purposes during the year.

Please refer to the "Annual report".

The main activities undertaken during the year to further the charity's purpose for the public benefit.

Please refer to the "Annual report".

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2023

The main achievements and performance of the charity during the year.

At the end of the financial year March 2023 the CIO held unrestricted funds totalling £25,710 which has been accumulated over time mainly through the delivery of commissioned workshops, charges for training, project management and consultation fees.

The difference the charity's performance during the year has made to the beneficiaries of the charity.

See "Annual report"

The degree to which the achievements and performance during the year have benefited wider society.

See "Annual report"

Structure, governance and management of the charity

The methods used to recruit and appoint new charity trustees.

See "Annual report"

Financial review

The charity's financial position at the end of the year ended 31 March 2023

The financial position of the charity at 31 March 2023 and comparatives for the prior period, as more fully detailed in the accounts, can be summarised as follows:-

	2023	2022
	£	£
Net income	55,181	(89,575)

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2023

Unrestricted Revenue Funds available for the general purposes of the charity	(254,061)	(76,534)
Restricted Revenue Funds	367,530	134,822
Total Funds	113,469	58,288

Financial review of the position at the reporting date, 31 March 2023 .

The trustees consider the financial performance by the charity during the year to have been satisfactory.

Policies on reserves.

See "Annual report"

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Details of The Independent Examiner

Catherine Craven

Member of Accountants

92 Whalley Road

Wilpshire

Blackburn

Lancashire

BB1 9LJ

Statement of Trustees' Responsibilities

ADHD NORTH WEST

Trustees' Annual Report for the year ended 31 March 2023

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), .

In particular, charity law requires the Trustees, if they prepare accounts on an accruals basis, to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Trustees are required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that , on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

This report was approved by the board of trustees on 20 November 2023.

Mr Fred Attwater
Trustee

ADHD NORTH WEST

Report of the Independent Accountant to the Trustees of the charity on the accounts for the year ended 31 March 2023

We report on the financial statements of ADHD NORTH WEST for the year ended 31 March 2023, as set out on pages 12 to 20, which comprise the Statement of Financial Activities, the Income and Expenditure Account, the Balance Sheet and the related notes to the financial statements, including a summary of significant accounting policies. In our opinion, the accompanying financial statements of the charity are prepared, in all material respects, in accordance with charity law applicable within the jurisdiction of England & Wales and the accounts have been prepared in accordance with FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW), effective January 2016, under the historical cost convention, and in accordance with the accounting policies set out on page 19, which framework constitutes the applicable United Kingdom Generally Accepted Accounting Practice.

Respective responsibilities of the directors and the accountant

As described on page 9, you, the charity's Trustees are responsible for the preparation of the accounts.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the Governing Document for the conducting of an audit. The Trustees also consider the charity to be exempt from the requirement to be subject to Independent Examination.

Our responsibility is to prepare accounts upon the basis of the information supplied to us, without conducting any formal scrutiny.

No statement of opinion

We have not carried out any audit procedures and have relied upon information supplied to us by the Trustees, and the information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries, and consequently we do not express an audit or other assurance opinion on the view given by the accounts.

Signed:-

Catherine Craven - Independent Accountant

Accountants

92 Whalley Road
Wilpshire
Blackburn
Lancashire
BB1 9LJ

This report was signed on 20 November 2023

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2023

Statement of Financial Activities for the year ended 31 March 2023

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2023 £	2023 £	2023 £	2022 £
Income & Endowments from:					
Donations & Legacies	A1	3,160	232,708	235,868	9,011
Investments	A4	262	-	262	8
Total income	A	3,422	232,708	236,130	9,019
Expenditure on:					
Charitable activities	B2	180,949	-	180,949	98,594
Total expenditure	B	180,949	-	180,949	98,594
Net income for the year		(177,527)	232,708	55,181	(89,575)
Net income after transfers	A-B-C	(177,527)	232,708	55,181	(89,575)
Net movement in funds		(177,527)	232,708	55,181	(89,575)
Reconciliation of funds:-					
	E				
Total funds brought forward		(76,534)	134,822	58,288	147,863
Total funds carried forward		(254,061)	367,530	113,469	58,288

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2023

ADHD NORTH WEST - Analysis of prior year total funds, as required by paragraph 4.2 of the SORP

	SORP Ref	Prior Year Unrestricted Funds 2022 £	Prior Year Restricted Funds 2022 £	Prior Year Total Funds 2022 £
Income & Endowments from:				
Donations & Legacies	A1	1,471	7,540	9,011
Charitable activities	A2	-	-	-
Other trading activities	A3	-	-	-
Investments	A4	8	-	8
Other	A5	-	-	-
Total income	A	<u>1,479</u>	<u>7,540</u>	<u>9,019</u>
Expenditure on:				
Raising funds	B1	-	-	-
Charitable activities	B2	98,594	-	98,594
Other	B3	-	-	-
Tax on surplus on ordinary activities	B3	-	-	-
Other taxation	B3	-	-	-
Total expenditure	B	<u>98,594</u>	<u>-</u>	<u>98,594</u>
Net gains on investments	B4	-	-	-
Net income for the year		(97,115)	7,540	(89,575)
Transfers between funds	C	-	-	-
Net income after transfers		<u>(97,115)</u>	<u>7,540</u>	<u>(89,575)</u>
Net movement in funds		<u>(97,115)</u>	<u>7,540</u>	<u>(89,575)</u>
Reconciliation of funds:-	E			
Total funds brought forward		20,727	127,136	147,863
Total funds carried forward		<u>(76,388)</u>	<u>134,676</u>	<u>58,288</u>

All activities derive from continuing operations

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.'

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2023

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2023

ADHD NORTH WEST - Resources applied in the year ended 31 March 2023 towards fixed assets for Charity use:-

	2023	2022
	£	£
Funds generated in the year as detailed in the SOFA	55,181	(89,575)
Net resources available to fund charitable activities	<u>55,181</u>	<u>(89,575)</u>

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2023

Movements in revenue and capital funds for the year ended 31 March 2023

Revenue accumulated funds

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Last year Total Funds 2022 £
Accumulated funds brought forward	(76,534)	134,822	58,288	147,863
Recognised gains and losses before transfers	(177,527)	232,708	55,181	(89,575)
	(254,061)	367,530	113,469	58,288
Closing revenue funds	(254,061)	367,530	113,469	58,288

Summary of funds

	Unrestricted and Designated funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Last Year Total Funds 2022 £
Revenue accumulated funds	(254,061)	367,530	113,469	58,288

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Statement of Financial Activities for the year ended 31 March 2023

ADHD NORTH WEST Income and Expenditure Account for the year ended 31 March 2023 as required by the Companies Act 2006

	2023 £	2022 £
<i>Income</i>		
Income from operations	235,868	9,011
Investment income		
Interest receivable	262	8
Gross income in the year before exceptional items	236,130	9,019
Gross income in the year including exceptional items	236,130	9,019
<i>Expenditure</i>		
Charitable expenditure, excluding depreciation and amortisation	180,949	98,594
Realised losses on disposals of social investments which are programme related	-	-
Total expenditure in the year	180,949	98,594
Net income before tax in the financial year	55,181	(89,575)
Tax on surplus on ordinary activities	-	-
Net income after tax in the financial year	55,181	(89,575)
Retained surplus for the financial year	55,181	(89,575)

All activities derive from continuing operations

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST - Balance Sheet as at 31 March 2023

	SORP		2023	2022
	Note	Ref	£	£
Current assets		B		
Cash at bank and in hand		B4	113,469	58,288
Net current assets			113,469	58,288
The total net assets of the charity			113,469	58,288

The total net assets of the charity are funded by the funds of the charity, as follows:-

Restricted funds					
Restricted Revenue Funds	16	D2	367,530	134,822	
			367,530		134,822
Unrestricted Funds					
Unrestricted Revenue Funds	16	D3	(254,061)	(76,534)	
			(254,061)		(76,534)
Designated Funds					
Total charity funds			113,469	58,288	

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The Trustees acknowledge their responsibilities for complying with the requirements of charity legislation with respect to accounting records and the preparation of accounts.

The Trustees are satisfied that, although the charity is not registered under the Companies Acts, if it were so registered, it would be eligible to prepare accounts in accordance with the provisions in Part 15 of the Companies Act 2006. applicable to companies subject to the small companies regime.

Mr Fred Attwater

Trustee

Approved by the board of trustees on 20 November 2023

The notes attached on pages 19 to 20 form an integral part of these accounts.

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2023

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), published by the Charity Commission in England & Wales (CCEW) , effective January 2016, , and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in October 2018 and applicable to all accounting periods beginning on or after 1st January 2019), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Going Concern

The charitable activities are entirely dependent on continuing grant aid and voluntary donations as well as trading revenues. As a consequence, the going concern basis is dependent on the future flow of these uncertain funding streams. Accordingly, the Trustees have obtained forecasts and, after reviewing the financial forecasts for future periods to **31 March 2023**, the Trustees are satisfied that, at the time of approving the financial statements, it is appropriate to adopt the going concern basis in preparing the financial statements. Other than these matters, the Trustees are not aware of any material uncertainties about the charity's ability to continue as a going concern.

Risks and future assumptions

The charity is a public benefit entity.

Pensions - defined contribution schemes

The charity operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal or as implied by law.

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2023

2 Liability to taxation

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

4 Significance of financial instruments to the charity's position

See Annual Report

5 Net surplus before tax in the financial year

	2023 £	2022 £
The net surplus before tax in the financial year is stated after charging:-		
Pension costs	7,115	4,136

6 Staff costs and emoluments

Salary costs	2023 £	2022 £
Gross Salaries excluding trustees and key management personnel	130,502	80,952
Employer's operating costs of defined contribution pension schemes	7,115	4,136
Total salaries, wages and related costs	137,617	85,088

The average number of full time staff employed in the year was	6	-
The estimated full time equivalent number of all staff employed in the year was	6	-

Neither the trustees nor any persons connected with them have received any remuneration from the charity or any related entity, either in the current or prior year.

No employees received emoluments (excluding pension costs) in excess of £60,000 per annum.

7 Defined contribution pension schemes

The charity operates a defined contribution pension scheme, the costs of which are shown above.

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2023

8 Remuneration and payments to Trustees and persons connected with them

No trustees or persons connected with them received any remuneration from the charity, or any related entity.

12 Pension commitments

	2023 £	2022 £
Pension commitments under defined benefit/defined contribution schemes		
within one year	1	-
within two to five years	1	-
in over five years	1	-
	<u>3</u>	<u>-</u>

14 Income and Expenditure account summary

	2023 £	2022 £
At 1 April 2022	58,288	147,863
Surplus after tax for the year	55,181	(89,575)
At 31 March 2023	<u>113,469</u>	<u>58,288</u>

15 Particulars of how particular funds are represented by assets and liabilities

At 31 March 2023	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Current Assets	(254,061)		367,530	113,469
	<u>(254,061)</u>	<u>-</u>	<u>367,530</u>	<u>113,469</u>
At 1 April 2022	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Current Assets	(76,534)	-	134,822	58,288
	<u>(76,534)</u>	<u>-</u>	<u>134,822</u>	<u>58,288</u>

16 Change in total funds over the year as shown in Note 15 , analysed by individual funds

Funds brought forward from 2022	Movement in funds in 2023	Transfers between funds in 2023	Funds carried forward to 2024
£	See Note 17 £	See Note 0 £	£

ADHD NORTH WEST

Notes to the Accounts for the year ended 31 March 2023

Unrestricted and designated funds:-

Unrestricted Revenue Funds	(76,534)	(177,527)	-	(254,061)
Total unrestricted and designated funds	(76,534)	(177,527)	-	(254,061)

Restricted funds:-

Sundry other funds	134,822	232,708	-	367,530
Total restricted funds	134,822	232,708	-	367,530
Total charity funds	58,288	55,181	-	113,469

17 Analysis of movements in funds over the year as shown in Note 16

	Income	Expenditure	Other Gains & Losses	Movement in funds
	2023	2023	2023	2023
	£	£	£	£
<i>Unrestricted and designated funds:-</i>				
Unrestricted Revenue Funds	3,422	(180,949)	-	(177,527)
<i>Restricted funds:-</i>				
Sundry other funds	232,708	-	-	232,708
	236,130	(180,949)	-	55,181

18 The purposes for which the funds as

Unrestricted and designated funds:-

Unrestricted Revenue Funds	These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.
Unrestricted Revaluation Reserve	This fund represents the unrestricted surplus arising on the revaluation of the charity's assets.
Designated Revenue Funds	Per annual report
Designated Fixed Asset Funds	The purpose of these funds is described under the accounting policy 'Accounting for capital grants and fixed asset funds'.

Restricted funds:-

Restricted Fixed Asset Funds	The purpose of these funds is described under the accounting policy 'Accounting for capital grants and fixed asset funds'.
Restricted Revaluation Reserve	This fund represents the restricted surplus arising on the revaluation of the charity's assets.

ADHD NORTH WEST

England & Wales - Charity number 1186394

Accounts



ADHD NORTH WEST ANNUAL REVIEW & IMPACT REPORT 2021-22

Registered Charity no. 1082031
Charitable Incorporated
Organisation 1186394
www.adhdnorthwest.org.uk



CHAIRMAN'S INTRODUCTION

The year 21-22 has been a significant year of change for ADHD Northwest as a charity. We have changed our constitution to move from the traditional charity model and constitution to that of a Charitable Incorporated Organisation. The main difference between the two is that the new organisation is a legal body and can enter into contracts and be liable as a business for how it performs. Previously these responsibilities and liabilities sat with individual trustees at a personal level. As the charity has grown there was a need to move to a more appropriate business model.

We have seen a changing of the guard with Barbara Worrall, our charity founder and driving force, deciding this was an appropriate time to step back and take a belated but well earned retirement. I'd like to thank Barbara personally and on behalf of all of our families, staff and trustees for her hard work and effort in championing the ADHD cause and in changing the way the condition is viewed. Congratulations Barbara on your MBE and a big thank you from all of us.

I'd like to end by thanking everyone for their support in helping me to step in Barbara's shoes which is extremely daunting and for your continued support for the charity. 21-22 has been another successful year for us in terms of the numbers of families we assist and the quality of support we provide, a big thank you to our staff team for their work and assistance through this year's changes. Looking forward, we need to build on the strong foundation of Barbara's work, extend our reach and to continue to listen to families. We need to understand what's important to them and tailor the services we provide to suit..

Thank you and best wishes on behalf of the trustees

Fred Attwater

Chair of Trustees

INTRODUCTION

Operating Context

2021 -22 was another busy and challenging year for the organisation, during which we continued to respond to ever changing circumstances in relation to the Covid pandemic and the needs of children and parents. The ability to work online, has enabled us to work more effectively, with the majority of outreach and school meetings along with the parent skills training now held online..

The huge impact of the Covid pandemic on those with additional academic needs and the stop start nature of education is well documented and as the country returned to business as usual, additional delays in ADHD assessment and diagnosis have continued to impact on our services. Many parents were reporting increased anxiety, along with deteriorating behaviour amongst children as schools embarked on 'catch - up ' education leading to increased demand for support.

We continued to be funded in Blackburn with Darwen, East Lancashire, West Lancashire and Morecambe Bay throughout the year and were also pleased to receive additional funding of £35k from Pennine ICP

Personnel

In common with other organisations, recruitment and retention has been a challenge throughout the year with existing staff working extremely hard to meet demand and the trustees are very grateful for their commitment and loyalty. During the year the organisation reviewed its recruitment documents in order to make them more attractive to potential candidates.

Our Chair and founder Barbara Worrall MBE received her honour from Princess Anne in November 2021. Barbara also announced her decision to retire and stand down from the charity at the end of March 2022. She remains as Honorary President and we are grateful for her experience and knowledge.

Fred Attwater took over as Chair of trustees following Barbara's retirement and Carolyn Litherland was appointed as Business Manager and Operational Lead.

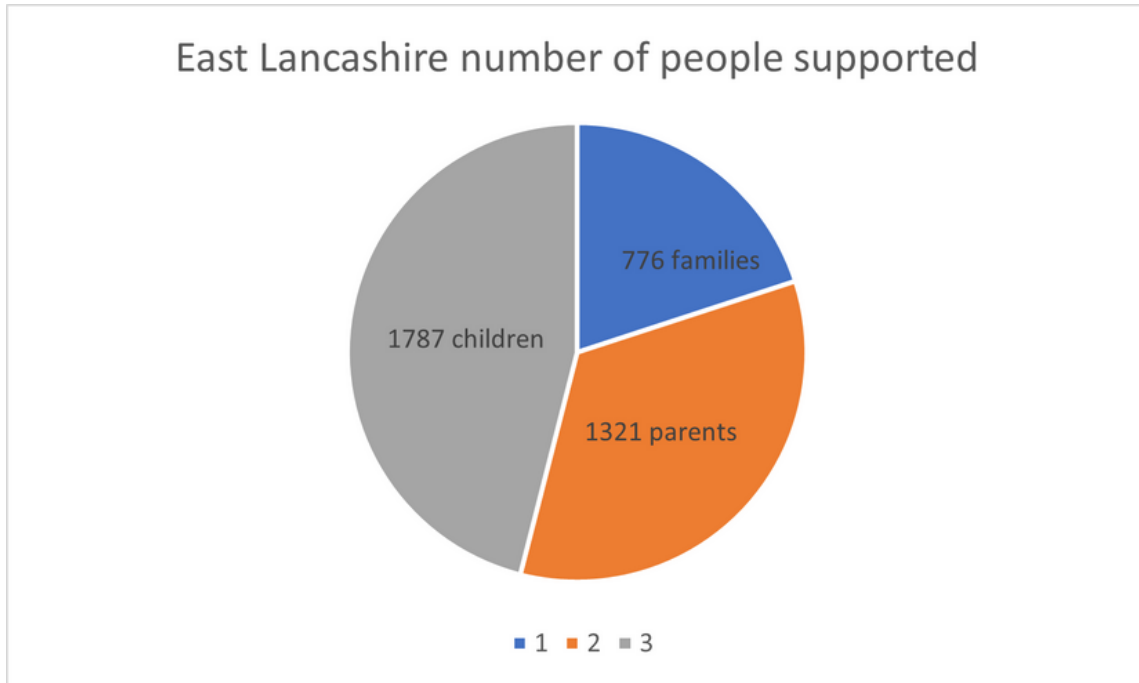
Delivery

During the year, the staff team have increased their knowledge by attending sensory training. Our expertise and knowledge is in demand and we were pleased to deliver awareness raising training to both health and education professionals in addition to families.

FACTS & FIGURES

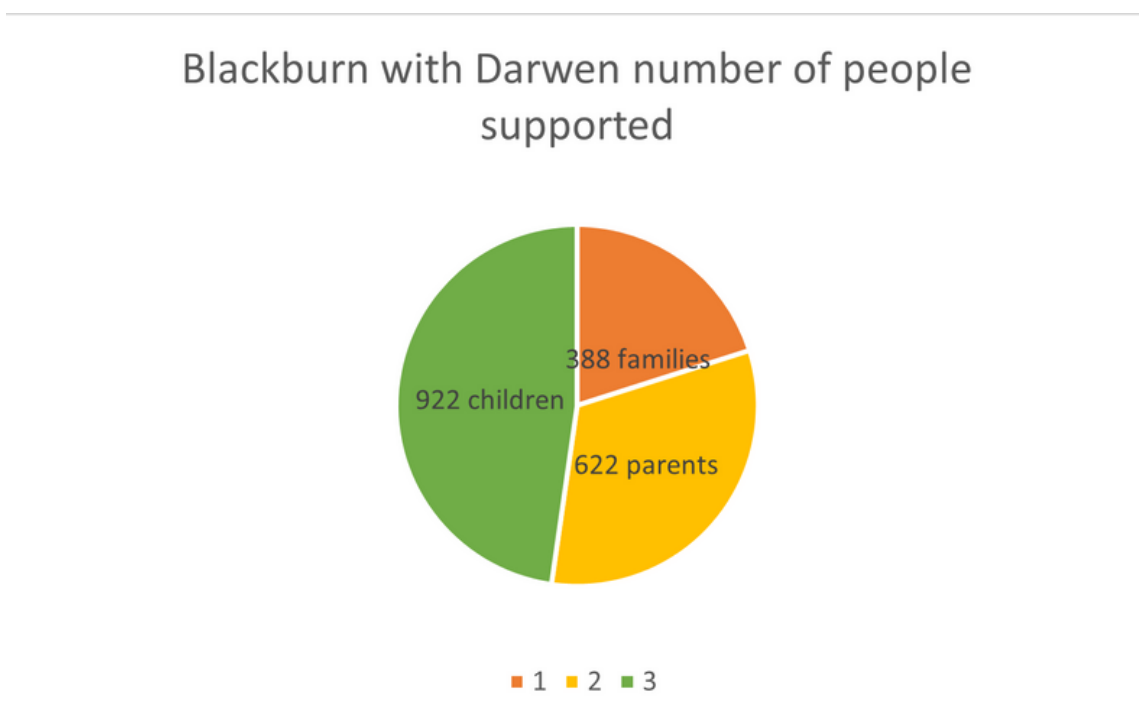
East Lancashire

284 new referrals received



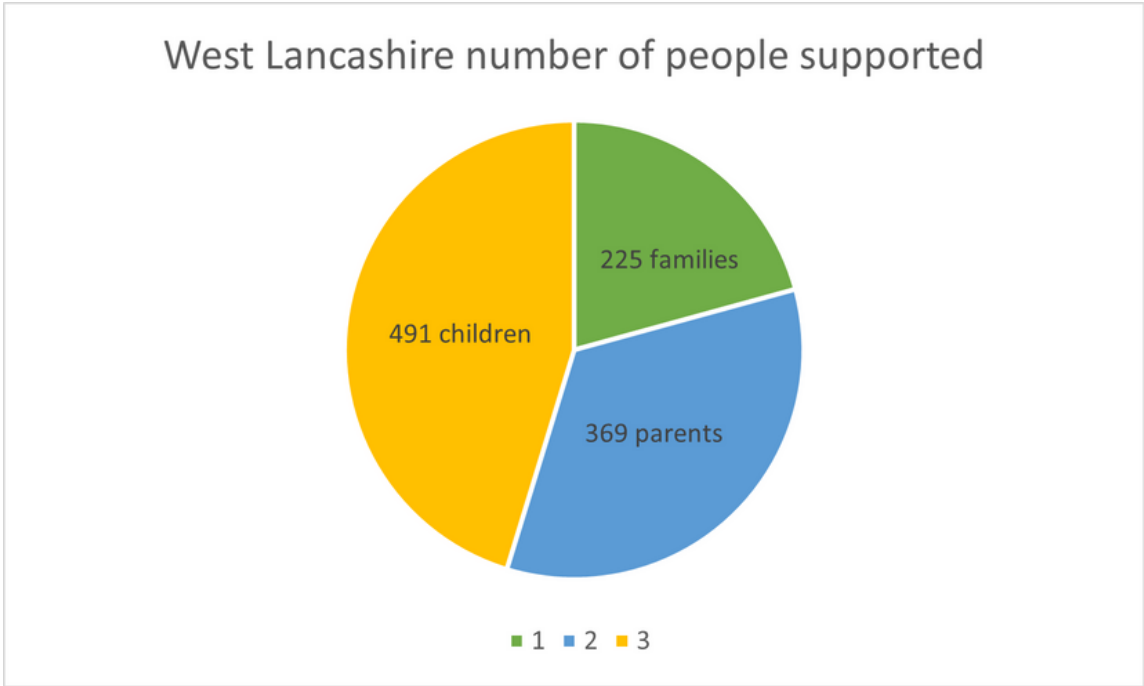
Blackburn with Darwen

153 new referrals received



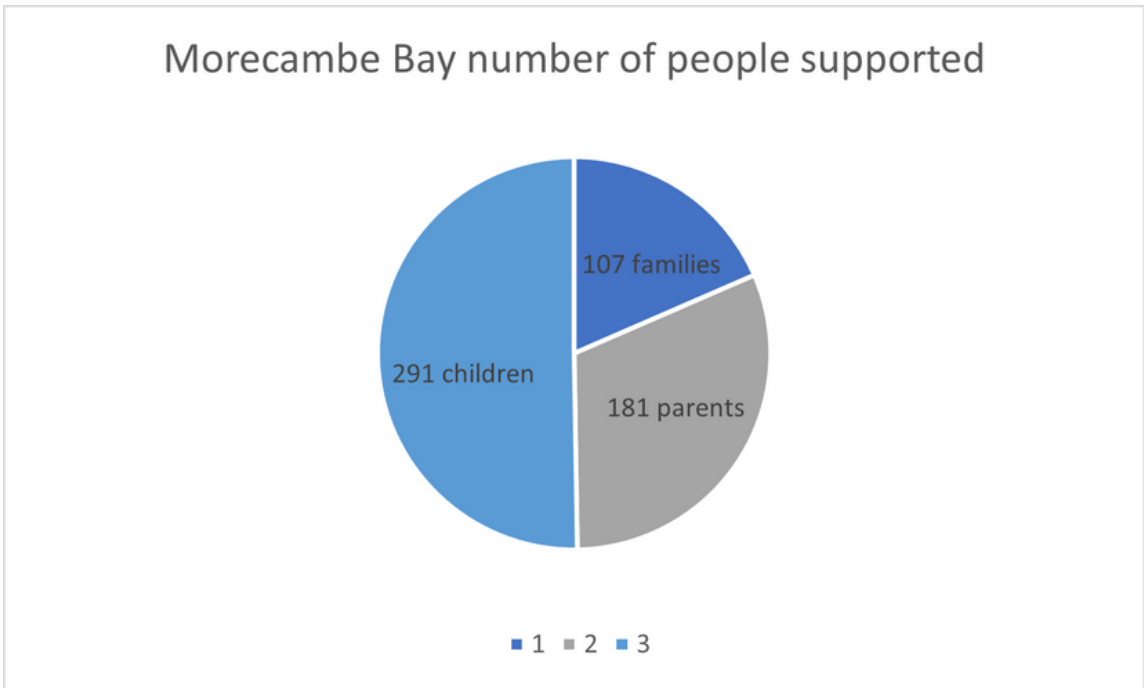
West Lancashire

101 new referrals



Morecambe Bay

52 new referrals



OUR IMPACT

Parent Empowerment and Skills training - PEST

A total of 313 people attended our online PEST training during the year. The PEST training is a core offer of the organisation and one of the main ways that families and parents are supported. This was the second year that the PEST was delivered online, and the course has been rewritten and further adapted to online delivery utilising feedback from participants along with new research and approaches to ADHD management..

Online delivery is well received by parents and delivered in this way it enables the organisation to offer both daytime and evening courses, reaching more parents including those that work during the day.

The course is delivered across 6 sessions and covers topics such as understanding ADHD and associated conditions, behaviour management, school support, and medication and offers parents an important opportunity to share experiences with others.

Parents are also supported on a one to one basis, with liaison meetings at school and with other professionals and most importantly with a listening ear and non judgmental approach when things are difficult

OUR IMPACT

Parent feedback

'I found it incredibly useful in helping me understand exactly what ADHD is and how it affects my child'

'I liked seeing all the different behaviour traits of children with ADHD. I found that reassuring'

'As a parent who is new to this, the facts/statistics were really informative, but it was also the personal examples and insights that were constant lightbulb moments for me, and I felt I understood my daughter so much more after doing the course and can hopefully parent her in a better way for her needs now'

'Finally professionals who fully understand thank you'

'I think everyone with connections to ADHD children or adults would benefit from this course'

'Really enjoyed it and it really made us parents think about how our actions affect his behaviour'

'...it has certainly made me feel less alone with my situation'

About Us

The organisation formally changed its legal status to that of foundation Charitable Incorporated Organisation number 1186394 with effect from June 2021.

Our charitable objects are : The relief of persons suffering from attention deficit disorders and associated conditions and their families in the North West of England in particular but not exclusively by A) raising awareness of the general public regarding attention deficit disorders and associated conditions, B) the provision of facilities for information, support and other services calculated to relieve the need of such persons and, C) by any such charitable means as the trustees shall from time to time deem fit

Trustees

Fred Attwater

Angela Kirk

Maria Carnota

Elaine Jennings appointed 1st June 2021

Trudy Warburton appointed 1st June 2021

ANNUAL ACCOUNTS 21-22

The annual report and financial accounts for this year are presented together as it better shows the transition in charitable status, how it has been managed and importantly demonstrates that the change in constitution has not affected the way organisation works with families and its commitment to grow and improve.

We are entering a period of significant change following Covid as people's expectations on how we provide support have changed. We are also seeing big changes coming up in the way that we are commissioned through the NHS and are preparing ourselves to best adapt and manage these changes.



ADHD North West

Registered Charity Nos: 1082031 and 1186394

Trustees' Annual Report and Accounts
for the financial year
1st April 2021 to 31st March 2022

Address:

Suite 4, Old Town Hall
Town Hall Square
Great Harwood
Lancashire, BB6 7DD
Telephone 01254 886886

Email Address: reception@adhdnorthwest.org.uk

Trustees: (on the date the Trustees' Report was approved)

Mr. Fred Attwater
Ms Angela Kirk
Ms Maria Marco
Mrs Elaine Jennings
Mrs Trudy Warburton

Bankers: Barclays Bank PLC

1 Churchill Place
London
E14 5HP

Independent Examiner:

Brian Haywood, plc Finance Director / Company Secretary (Retired)

The Trustees of ADHD North West present their annual accounts, for the year ended 31st March 2022, which includes the administrative information and list of the Charity's Trustees as set out above.

Structure, Governance & Management: ADHD North West Charity Number 1082031

Nature of Governing Document: Constitution

How the Charity was constituted: Unincorporated

Date of Governing Document: Adopted 26/06/99, amended 29/07/2000 and 20 July 2002

Active Period: 1st April 2021 to 30th June 2021

All activities, assets and liabilities then transferred to ADHD North West Charity Number 1186394. Following submission of accounts for this period Charity 1082031 will be closed

Structure, Governance & Management: ADHD North West Charity Number 1186394

Nature of Governing Document: Constitution

How the Charity was constituted: Charitable Incorporated Organisation

ADHD Northwest Annual Report April 1st 2021 to March 31st 2022

Objective for both Charities:

The relief of persons suffering from attention deficit disorders and associated conditions and their families in the North West of England in particular but not exclusively by:

- (a) Raising awareness of the general public regarding Attention Deficit Disorders and Associated conditions.
- (b) The provision of facilities for information, support and other services calculated to relieve the need of such persons and,
- (c) By any such Charitable means as the Trustees shall from time to time deem fit.

Management of the Charities:

The Trustees, elected by a simple majority at the AGM, manage the charity. New trustees are inducted into the workings of the charity, including policies and procedures, at committee meetings. Documentation from the Charity Commission, such as "The Essential Trustee: What you need to know" (CC3), provides guidelines. The ADHD North West Charity 1082031 has been successfully led by Barbara Worrall, its founder from May 1995. As chair she has undertaken the day-to-day running of the organisation, maintained the accounts and payroll, and represented the charity at meetings, forums, and on multi-agency steering groups. She has decided to step down as Chair with the transfer to the new CIO and to enjoy her well-earned retirement. We are pleased to confirm that Barbara will maintain her links to the Charity as our Honary President.

With the change to the new CIO Charity, it has been necessary to review the responsibilities and workloads of the Charity and Trustees have appointed Carolyn Litherland as the Business Manager and Operation Lead with Trustees providing a more traditional management, oversight and scrutiny responsibility.

Review of Activities:

Please refer to the 'Annual Report' included with this document as Appendix 1

Membership:

As at 31/03/22, the charity gained 595 new service user families during the year and a number of new professional members. The charity maintains group membership of a variety of organisations with which they share common aims. Some of these are free of charge (or have a nominal annual fee) and represent their support for their broad aims, and vice versa. Examples include a number of Councils for Voluntary Services.

Financial Review:

At the end of the financial year March 31st 2022 the CIO held unrestricted funds totaling £22,640.46 which has been accumulated over time mainly through the delivery of commissioned workshops, charges for training, project management and consultation fees.

On the 1st of July 2021 all assets, contracts, liabilities transferred from the established Charity Registration Number 1082031 to the new CIO, Charity registration 1186394.

	Opening Balance 01/04/21	Closing Balance 30/06/21	Opening Balance 01/07/21	Closing Balance 31/03/22
Charity 1082031	£48,765.65	£147,863.42	0	0
	Opening Balance 01/04/21	Closing Balance 30/06/21	Opening Balance 01/07/21	Closing Balance 31/03/22
Charity 1186394	0	0	£147,863.42	£58,288.26

As the business was moving from one legal entity to another, all staff employed by the Charity were transferred over to CIO under the **Transfer of Undertakings (Protection of Employment) Regulations** maintaining all employment rights irrespective of length of service.

In addition, the majority of Trustees transferred over, ensuring business continuity, with two new Trustees, Elaine Jennings and Trudy Warburton elected to the Board of Trustees

The charity is grateful for the contributions of all volunteers, staff and trustees who give their support and time.

Risk Management:

The main risk identified continues to be the dependence on annual commissioned contracts from the NHS.

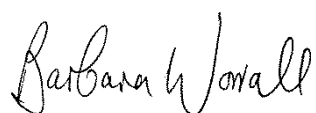
Trustees have considered the necessary exit strategies and resources needed if current contracts were ended and have ring-fenced unrestricted reserves of £13,000 to cover all liabilities associated in closing the business. This amount will be reviewed by Trustees on an annual basis. As at 31/03/22 the CIO is holding £22,640.46 in unrestricted funding. The remaining funds will be used towards salaries and core running costs for 2022-2023.

Responsibilities of Trustees:

The trustees are responsible for keeping proper accounting records that disclose, with reasonable accuracy at any time, the financial position of the charity. They are also responsible for safe-guarding the assets of the charity and ensuring compliance of the requirements of the Trust Deed.

Signed on behalf of the Trustees of Charity Registration Number 1082031 for the Period to 01/07/2021

Barbara Worrall, Chair ADHD Northwest



Signed on behalf of the Trustees of Charity Registration Numbers 1082031 & 1186394 for the Period to 31/03/2022

Fred Attwater, Chair ADHD Northwest



Independent Examiner's Report on the Accounts

I report on the accounts of ADHD North West for the year ended 31st March 2021, which are set out on pages 4 and 5 following.

Respective responsibilities of trustees and examiner.

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (The Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioner. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect :

the requirements to keep accounting records in accordance with section 130 of the Charities Act and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met;

or that , in my opinion, attention should be drawn to any matter in order to enable a proper understanding of the accounts to be reached.



Brian Haywood

Retired Finance Director/Company Secretary

Gazelle Book Services Ltd., Units1-4 Hightown, White Cross Mills, Lancaster, LA1 4XS

18th November, 2022

Annual Report April 1st 2021 to March 31st 2022 - Receipts and Payments Accounts

Opening Balances (Unrestricted)	July 21 – March 22	April – June 21
Current (Barclays)	9,659.30	4,109.66
Business Saver (Barclays)	10,949.03	16,548.39
Petty Cash	119.13	68.27
Opening Balances (Restricted)		
Blackburn with Darwen CCG	29,965.27	5,073.45
East Lancs. CCG	66,548.76	10,067.60
Morecambe Bay	2,377.05	4,289.87
West Lancs CCG	<u>28,244.88</u>	<u>8,608.41</u>
	147,863.42	48,765.65
Income Unrestricted:		
General Funds	0.00	0.00
Donations	1,325.35	0.00
Bank Interest (Business Saver A/C)	8.17	1.14
Income Restricted:		
Blackburn with Darwen CCG	631.80	33,408.00
East Lancs. CCG	308.30	68,784.00
Morecambe Bay	6,554.60	0.00
West Lancs. CCG	<u>191.30</u>	<u>25,251.00</u>
	156,882.94	176,209.79
Expenditure:		
Repairs & Renewals	35.00	00.00
Rent	5,309.37	1,769.79
Telephone	900.57	372.99
Postage	27.10	25.12
Printing	333.78	0.00
Insurance	693.53	00.00
Stationery & Consumables	83.27	6.50
Salaries	80,952.41	23,782.42
Pensions	4,135.74	1,062.35
Miscellaneous	533.59	71.37
Office Equipment/Software	2,922.54	480.27
Refunds	146.00	25.24
Professional Fees	2,020.00	550.00
Travel Expenses	316.60	200.32
Training & Development	169.98	0.00
Books & DVDs	0.00	0.00
Office Furniture & Fittings	<u>15.00</u>	<u>0.00</u>
	98,594.48	28,346.37
Closing Balances (Unrestricted)		
Current (Barclays)	11,470.03	9,659.30
Business Saver (Barclays)	10,949.03	10,949.03
Petty Cash (inc. Equals Cards Balances)	221.40	119.13
Closing Balances (Restricted)		
1. Blackburn with Darwen CCG	2,803.10	29,965.27
2. East Lancs. CCG	17,150.18	66,548.76
3. Morecambe Bay	413.18	2,377.05
4. West Lancs CCG	<u>15,281.54</u>	<u>28,244.88</u>
	58,288.46	147,863.42
Account Balances as at year end of Term		
Current Account (Barclays)	11,470.03	35,155.43
Business Saver Account (Barclays)	46,597.03	112,588.86
Petty Cash (inc. Equals Cards Balances)	<u>221.40</u>	<u>119.13</u>
	58,288.46	147,863.42

Accounts

ADHD Northwest Annual Return CIO Charity Number 1186394 for the period to 31/03/21

THE CIO was not operational for this period with all activities delivered through Charity Registration 1082031.

The transfer of assets and activities from the original Charity was delayed due to extended discussions on TUPE transfer of staff and COVID-19 impact.

The transfer to the new CIO was effected 01/06/2021 and will be reported on in the next period.

Details of the accounts and operation of ADHD Northwest for this period are listed under Charity Registration Number 1082031 and can be accessed by members of the public

Fred Attwater

Chair of TrusteesTrustee

ADHD Northwest Charity Number 1186394