

**Dancing with Dementia TAR**  
**October 2023 to September 2024**

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## **Part 1**

### **Overview**

The year October 2023 to September 2024 has been another year of growth. Many opportunities to network within the community has brought about the level of awareness of the contribution we make to the community, the number of volunteers who wish to join the team plus the number of local companies who have shown a willingness to support the projects and events we create.

The number of guests at the Humphrey Booths Resource Centre has maintained the level of capacity, the number of guests at the Grand Palais has continued to grow with additional care homes coming to the event. The event at the Boundary Stone has continued to be a popular and this has enabled the charity to reach out to more people who are living with dementia or are isolated, lonely, or depressed. Dancing with Dementia have been approached by other community groups with a view to add other venues within the community and so reaching out to more people in need in the local area.

Thank you to the Trustees for all the hard work.

Special thanks to

Anne Bellis for her work in arranging all the artists for the events including now the additional care homes we support with entertainers attending the homes.

Thank you to Jean Brock for all the admin support even throughout her debilitating accident.

Elaine Fox for the networking and the Social Media production for the different events. Elanie has extended her role to be the venue dresser for our themed events too.

Jeanette Cutt for her role as the Treasurers – this role has grown with all the additional events, outings, fund raisers and personal donations.

Lesley Fisher for the networking and fund-raising aspect required to maintain the service level we are developing. Lesley carried on the role even though she had an accident in January – but was still able to attend meeting via zoom and maintain contact via social media and telephone.

## Part 2

### **Social Events at Grand Palais.**

This is an ever-popular event and the jewel in the crown of Dancing with Dementia. Anne Bellis has continued to attract excellent artists and extended the number of artists as part of the portfolio of vocalists to entertain our guests. We have attracted additional care homes who attend, and this has increased the number of attendees. The sales table is very popular and brings in welcomed revenue. The care homes have prebooked tables which allows the guests to be seated promptly and without any delay which may cause stress to the guests.

The artist at the Grand Palais include.

|                |                  |
|----------------|------------------|
| October 2023   | Daniel Winters   |
| November 2023  | Kadie Jo Green   |
| December 2023  | Mr Cool          |
| January 2024   | Jessica Cambray  |
| February 2024  | Paul Scholey.    |
| March 2024     | Daniel Winters   |
| April 2024     | Daniel Winters   |
| May 2024       | Lareena Mitchell |
| June 2024      | Tony Mac         |
| July 2024      | Paul Aaron       |
| August 2024    | Louie Devere     |
| September 2024 | Kadie Jo Green   |

### **Music and Dance with Dementia events at Humphrey Booths Resource Centre**

The events at Humphrey Booth resource Centre have continued to prosper and grow in popularity. The decision to open the welcome to people who are feeling isolated, lonely or depressed has brought more guest into the event.

Our guests are encouraged to sing and dance the mornings away and to stay for a nutritious lunch cooked in the Forget Me Not Café. This increases the amount of social interaction whilst addressing isolation and loneliness. People who live alone benefit from eating with friends expanding on the therapeutic effect of the morning.

Anne Bellis – Social Secretary has a portfolio of artists to entertain at the weekly events at Music and Dance with Dementia

These include. Kadie Jo Green, Daniel Winters, Lareena Mitchell Sheila Diamond Paul Scholey, Martin James, Paul Scholey, and many others.

Anne, Jeanette and Lesley are supported by several volunteers who ensure that the guests are encouraged to join in the singing and the dancing if they are able.

## **The Boundary Stone Ellenbrook**

Based in a local public house this offers a different atmosphere to our guests to create additional experiences to enhance their memories. The entertainment is varied at this event to enable us to offer various genre of music and entertainment.

We have been entertained by Ukulele Bands, Choirs. As well as professional artists. We host quizzes and games afternoons too.

After discussing with our guests, the menu has been changed to a buffet lunch with hot drinks and various desserts. This is proving to be very popular. Additional events at the venue are currently being discussed. Elaine Fox, Jeanette Cutt and Lesley Fisher are the leads in this event supported by several volunteers

## **Part 3**

### **Festive Giving Programme 2023**

Working with Our Hearts Our Community October saw the start of the preparation of the Festive gift boxes for local care homes. Both Teams pooling resources to enable over 450 gift boxes and festive hampers to be delivered to the care homes in the local area. Local sheltered housing accommodation venues were included in the festive programme. The community group is keen to develop this project with additional care homes being added to the portfolio.

**Working with one of the local churches we decorated a dementia festive tree, plus one in the local Tesco's to promote dementia awareness.** Both were dementia themed to raise awareness of the condition. The Tesco tree was coincided with the book sale during the month of November which Lucy – the Community Champion for Tesco's generously gave the proceeds to Dancing with Dementia.

## **Part 4**

**The Salfordian Hotel.** Dancing with Dementia have hosted three weekends away this year. These weekends away offered inexpensive holidays for people who live alone after losing a loved one and those who are living with dementia and their carer. The DWD Volunteers provide a fun time that is supported by staff at the hotel who are dementia trained. It is with sadness we have to say that the Salfordian has now closed its doors. Certainly, this is the end of an era.

## **Part 5**

### **Days Out**

**Kingfisher Chippy Tea with artist Martin James October 2023**

**Afternoon Tea at Blackpool Tower Ballroom October 2023**

**The Salfordian December 2023**

**The Salfordian February 2024** At this weekend away we were joined by two of our junior volunteers. Aidan and Amber Siddall. Aidan Siddall hosted an entertainment afternoon as part of his Duke of Edinburgh's Bronze award in the volunteering section. He also helped serve tea and cake for the 90<sup>th</sup> birthday celebration of one of our service users. DWD are proud to support young people to achieve awards by working in the community.

**The Salfordian June 2024.** The weekend was timed to coincide with The Southport Air Show. A very successful weekend enjoyed by all.

## **Part 6**

### **Ongoing projects**

**Purple Angels Report from Marion Hutchingson – Lead Volunteer on the Purple Angel Project.**

Since October 2023 I have visited seven Care Homes consisting of a care at home company, two community hubs connected to Salford Veterans, met three care home activity co-ordinators who attend the monthly Dancing with Dementia groups and have also helped with several promotional events with other Dancing with Dementia volunteers at local hospitals to promote the wonderful Purple Angel Movement. I have either sat with residents while they have chatted about the music they like and then we have had singalongs, or I have helped them compile their own special 15 song play lists that I then type up and send over to the team at Purple Angels who put them onto individual MP3 players. On receipt of the players, I then deliver them to the care homes. I then ask for feedback which is always positive and life affirming and the people I talk to be they residents or carers say what a tremendous boost they are to morale and health in general. Comments are given back to Purple Angels who then publish some to help them secure funding. Some care homes have strict regulations when it comes to visiting for obvious health and safety reasons. If this is the case, I liaise with team members by phone and or email and I get the play lists that way.

Currently I am talking to a member of the mental health team at a local hospital where some of the wards are not open to visitors due to the nature of the illness of their patients. We are hoping to produce playlists that can be played on these wards at varying times of the day to help with stimulation and relaxation.

The care at home company support Dancing with Dementia and we are happy to supply them with MP3 players that their clients can have in their own homes to help with isolation.

This month, through my contacts in the Veterans Community I have been asked to visit a care home that caters for ex-service people and that also supports veterans living in sheltered accommodation. Whilst all of these organisations have a dementia connection in common, for me it is the overriding power of music that brings great delight to everyone in a very personal way that makes this project so worthwhile. It has community at its heart which is something that Dancing with Dementia does so beautifully on all levels and I sincerely hope that I can continue to spread the word of Purple Angels for a long time. 52 MP3's have been distributed but I would say that the joy not just to the recipients but to families, friends carers will be at least 4 times that number. Proud to be part of the Dancing with Dementia team and to be given this wonderful life affirming role.

**The Baby Love project** is growing with the addition of another hospital receiving baby dolls. Our crafters have been busy all year dressing them ready to go to the care homes and hospitals. More than 200 lives touched by those beautifully dressed dolls.

### **Dementia Wards at Salford Royal and Bolton Royal Hospitals and The Woodlands Hospital**

Working with Dementia Wards at the local hospitals reaching approx. 150 people per month. Supporters and Volunteers of DWD have supplied toiletries, combs and brushes, baby dolls, comfort blankets, shoulder shawls, slippers and clothes. (These items are for patients who have no family or friends to help with basic needs) We support the awareness days and events at the hospital by giving dance demonstrations and hosting information stands. At Salford Royal hospital we have been involved in creating a Sunshine Room by providing tables, chairs a settee and bookcases, cushions and pictures to decorate the room. This project is also supported by a local company – Metalube in Irlam who have supplied items to create a beauty room area and a games area. Dancing with Dementia will be continually supporting this project for the considerable future.

### **Working with local care homes**

**The birthday box project** is an amazing fete and is being supported by many supporters donating items for the gifts. Over 100 gifts have been given out this year alone. Bluebell Court, Worsley Lodge, Pendleton Court, Walkden Manor, Chanters and Alderwood care home have all received gifts.

**Artists to entertain the residents.** Dancing with Dementia have expanded this project to accommodate more care homes with additional entertainment afternoons being arranged. DWD fund the costs of artists to entertain the residents of local care homes and sheltered housing accommodations. This is proving to be very popular. The music and dance create such an uplifting experience for the residents.

Dancing with Dementia have continued to contribute to the library at Pendleton Court, DWD have supplied **Alexa Dots** to two care homes – taking music and dance into the venues. More craft supplies have been distributed to the care homes. **MP3 Players** and **baby dolls** to Walkden Manor. We have donated craft items to Poppy Day Centre too.

**Working with Dementia Buddy** which is a local charity who provide the Guardian Angel wristbands. To date we have ordered and distributed 50 of the wrist bands.

## **Part 7**

### **AGM.**

Dancing with Dementia hosted an AGM at Humphrey Booth Resource Centre. Our supporters and Volunteers were invited and contributed to the session.

Jeanette Cutt Treasurer and Jean Brock Administrator were both due for re-election. This was put to the vote and both agreed to carry on with their positions in the charity.

One item was mentioned regarding the train experience. It was questioned as to who was in control of the experience. We confirmed that the experience had been donated to the Humphrey Booth Resource Centre for them to use to entertain the patients at Poppy's Day centre and to extend the use to other care homes in the area.

## **Part 8**

### **Fund Raising Events.**

Networking with local businesses and working with other community minded people fund raising events were held throughout the year to finance the various projects.

**October 2023 Manchester Half Marathon – Two supporters Lindsay Siddall and Andrew Brownlee ran the course for Dancing with Dementia.**

**Kirk Creole – Elvis Tribute night ant The Grand Palais.**

**Motown Night 17<sup>th</sup> May 2024 Working in partnership with Home Instead we created a fun evening raising both funds and awareness of the dementia condition.**

**Match funding scheme from Lloyds Bank**

**Fashion Show at The Marriot Hotel**

**27<sup>th</sup> October 2023 Fashion Show at Pink Butterfly Boutique**

**Craft Fairs at The Boundary Stone.**

**Shopping night at Pink Butterfly Boutique in Worsley**

**Tombola in Tesco Walkden.**

**Craft tables at HBRC**

**Craft tables at The Grand Palais**

**On the 28<sup>th</sup> May 2024, Four young people, Will, Ella, Rhianne and Lizzie completed a marathon walk for Dancing with Dementia. This amazing fete of walking 26.21 miles in 11 hours 22 minutes raised over £1800.**

### **Donations received.**

There has been an increase in donations received. We are humbled that some of these are funeral remembrance donations.

**NARPRO National Association of Retired Policemen donated a cheque to DWD 7th May**

**The Spring Giveaway from Marston Brewery.**

**The Beehive Community Centre Mosley Common.**

**ACORN**

**Vera Oakes**

**Home Instead**

**St Paul's Church Walkden**

**To name but a few.**

## **Part 9**

### **Cost of living advice and support.**

The cost-of-living crisis has had a major impact on our guests so if there are any special offers within the local supermarkets DWD promote the information. Promoting other community groups winter warmers for friendship and cost-effective food has been an ongoing project to enhance the social activity and to promote healthy eating whilst being cost effective. Places like The Hive, Age UK, Swinton Salvation Army, and St James have all been engaged in the Winter Warmers schemes and our guests are invited to share in the offers.

## **Part 10**

Dancing with Dementia are proud to announce that we have been nominated for the Kings Award for Voluntary Service. Results will be confirmed in November 2024

In February Dancing with Dementia were nominated in two categories at the For Ever Manchester Awards. Unfortunately, we didn't win but to be nominated is a great honour.

Elaine Fox was presented with a Certificate of Recognition as part of the Heart of Salford Awards.

In March Lesley Fisher was recognised by CVS for volunteering as part of International Women's Day.

March 2024 we were presented with a Special Recognition Award from The High Sheriff of Greater Manchester. Mary-Liz Walker.



## **Part 11**

### **28<sup>th</sup> October DWD became part of CO-OP Community Fund**

The team were advised of the Co-op Community fund, and we applied earlier in the year to be part of the scheme. In October we were informed that DWD had been chosen to be part of the scheme. The aim is to encourage Co-op member to choose DWD as their preferred charity and we receive a percentage of the takings on sales of Co-op goods and services. We will learn how much funding we will receive at the end of Oct 2024. This funding is to be utilised on the costs of the artists at the Lunch Club at The Boundary Stone

## **Part 12**

### **Raising awareness of the dementia condition and raising the profile of Dancing with Dementia**

Lesley Fisher gave an interview to **Not Quite Light Weekend – a documentary about life in Swinton.**

**Keep Manchester Moving event 25<sup>th</sup> March**

**RHS Bridgewater. 3<sup>rd</sup> May 2024**

**RHS Bridgewater Forget me not Dementia Memorial Celebration**

**Awareness day at The Woodlands 14<sup>th</sup> June**

**Atherton Carnival 23<sup>rd</sup> June 2024**

**Health Fair at Eccles Town Hall 25<sup>th</sup> June 2024**

**Walkden Summer festival 10<sup>th</sup> August 2024**

**24<sup>th</sup> August The Boothstown health and Well Being Fair**

**So Many Beauties Collective Bridgewater Hall Manchester Dementia Friendly Music festival 20<sup>th</sup> September 2024. This is a major event and Dancing with Dementia are honoured to be part of this event.**

Awareness days at **Salford Royal Hospital Home First Support team** where we gave dance demonstrations and encouraged dancing and singing to popular songs.

**We Invented the Weekend. Sunday 16<sup>th</sup> June 2024**

Dancing with Dementia working with the We Invented the Weekend team and created a fun dance session on the Lowry Plaza. We joined forces with Age UK to help form a marvellous dance event on the Lowry Plaza. It was extremely good fun and ended with a conga round the plaza. This was an opportunity to access information regarding other organisations who create supporting events which will benefit the community.

Working with **Tesco's Walkden Community Champion** Lucy Jorgenson Lucy has provided clothes which are to be donated to the hospital wards for patients who have arrived at hospital with little or no additional clothing and have no friends or relatives to supply them with. DWD engage with the patients to ensure they have a comfortable stay in hospital.

Lucy also donated various items as raffle prizes which generated income to allow us to carry on the projects we have started.

Dancing with Dementia have been approached to work as part of a team who are working together to share best practice on dementia provision and support. Dancing with Dementia will be part of the group Co-producing **A Brighter Future**. We are also active members of the **Salford Dementia Action group**. This interest has led Lesley Fisher to want to offer another service to our guests. We are currently working with people who have been diagnosed and their loved ones and carers. Perhaps we could extend our provision to offer preventative support?

Networking with **Home Instead**

Networking at **RHS Bridgewater Gardens** at the dementia awareness ceremony.

### **Part 13**

#### **Supporting Research into the dementia condition.**

Each dementia journey is different as we know but how/ why does it start? Research has shown that Isolation, loneliness, depression, being overweight and having an under active lifestyles can have influence of the condition. If we can offer our support to help the people who fall into these categories, then maybe we can help to prevent dementia taking a hold. Lesley Fisher has meeting planned with Salford University Dementia Department in the next few weeks to plan to work together on various project to promote the development of various research topics.

### **Part 14**

**We celebrated our Volunteers at an event at the Walkden Legion for Volunteers Week in June.**

**We presented certificates to our volunteers**

Will Entwistle  
Rhianne Robinson  
Ella Worthington  
Izzie Walshaw,  
Ron Fox  
John Hebb  
Lucy Jorgensen  
Ian Bradshaw  
The team of volunteers at HBRC  
Betty, Diane, Sandra and Martin.  
The team of crafters at Hug in a Mug Craft Group  
Janice, Val, Anne and June

**Certificates of recognition for their support to 3 local businesses who supported the marathon walk.**

Astley & Tyldesley Miners Welfare Institute,  
Nisa Local. Astley,  
Asda Cross Hills, Astley.

**We enjoyed a fabulous buffet and Cabaret afternoon to show our appreciation of all our volunteers and supporters.**

## **Part 15**

### **Dancing with Dementia**

We are excited about the future. New beginnings working with other groups, agencies, and health professionals. Reaching out to more people in the community who are isolated, lonely, or depressed. Raising awareness of the dementia condition and creating havens where our guests can feel comfortable, supported and respected. Dancing with Dementia strive to prolong and enhance the lives of our service users by treating them with dignity and creating a feeling of wellbeing.

# Profit and Loss

## Dancing with Dementia

For the year ended 30 September 2024

2024

### Turnover

|                       |                  |
|-----------------------|------------------|
| Donations             | 34,166.21        |
| Interest Income       | 300.89           |
| Other Revenue         | 2,000.00         |
| <b>Total Turnover</b> | <b>36,467.10</b> |

### Gross Profit

36,467.10

### Administrative Costs

|                                   |                  |
|-----------------------------------|------------------|
| Artist                            | 8,715.00         |
| Audit & Accountancy fees          | 80.00            |
| Charitable Donations              | 3,338.88         |
| Event Food & Refreshments         | 4,927.86         |
| Events                            | 3,892.38         |
| General Expenses                  | 2,769.80         |
| Gifts for Clients                 | 206.43           |
| Insurance                         | 233.53           |
| IT Software and Consumables       | 216.00           |
| Postage, Freight & Courier        | 10.20            |
| Printing & Stationery             | 687.40           |
| Room Hire                         | 3,950.00         |
| Volunteer Expenses                | 568.27           |
| <b>Total Administrative Costs</b> | <b>29,595.75</b> |

### Operating Profit

6,871.35

### Profit on Ordinary Activities Before Taxation

6,871.35

### Profit after Taxation

6,871.35

## **Independent Examiners report to the Trustees of Dancing with Dementia**

I report to the Trustees on my examination of the accounts of the Dancing with Dementia for the year ended 30<sup>th</sup> September 2024.

### **Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the act.

Having satisfied myself that the accounts are not required to be audited and are eligible for independent examination as the current threshold for audit has not been exceeded as set by Section 144 of the Charities Act 2011 as amended by the Charities Act 2011 (accounts and audit) Order 2015.

### **Independent examiner's statement**

I have completed the examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act
2. The account do not accord with those records
3. The accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirements that the accounts give a "true and fair view" which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Signed

Linda Chapman  
LCM Business Services  
13.10.2024