



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	10	2021		30	09	2022

Section A Reference and administration details

Charity name

Dancing with Dementia

Other names charity is known by

Registered charity number (if any) 1186314

Charity's principal address

29 St George's Crescent

Worsley

Manchester

Postcode

M28 3AL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Lesley Fisher	Chairperson		
2	Anne Bellis	Social Secretary		
3	Jean Brock	Administrator		
4	Jeanette Cutt	Treasurer		
5	Elaine Fox	Social Communications		
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Association
Trustee selection methods (eg. appointed by, elected by)	Membership of the CIO is open to anyone who is interested in furthering its purpose. In this instance the Trustee selection is by verbal invitation to enhance the skills within the charity

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objectives of the CIO are:

The relief of financial hardship among people living or working in Salford and nearby areas by providing such persons with services which they could not otherwise afford through lack of means.

To promote social inclusion by preventing people from becoming socially excluded, relieving the needs of these people who are socially excluded and assisting them to integrate into society.

To assist in the treatment and care of persons living with dementia and to support their carers by the provision of facilities for recreation.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The main function of Dancing with Dementia is to provide social activity for people living with dementia, their family friends and carers. Due to the negative effects of the pandemic the trustees extended the provision to include people from the local community who felt isolated, lonely or depressed.

The portfolio of provision has expanded and now includes: -

1. The monthly social afternoon
2. The weekly social morning at the local Dementia Hub
3. Working with The Salfordian Hotel in Southport to allow access to cost effective short breaks to the local community.

The projects started during the pandemic, The Baby Love Project, the Music Project and the Birthday Box project continue to be popular with our service users.

The year from 1st October 2021 until 30th September 2022 has seen unprecedented growth in terms of the number of events we now host, the number of volunteers we have attracted, the number of guests attending the planned events and the development of working relationships with other community groups, charities, and local companies. Revenue from Fund raising, and personal donations has seen an increase together with Funeral donations which has enabled further developments of the projects we started in the pandemic.

We are now back to our monthly **Social Afternoons** bringing friends old and new back together on the dance floor. Getting those hearts and hips moving and above all else leaving the dementia at home and having FUN!!!! The number of guests attending is steadily growing and it has been heartening to see that the care homes are now allowed to join in the fun. To maintain safe distancing for the guests from the care homes we have put a booking in system into place to monitor the numbers of guests and to ensure the guests are escorted to a pre-arranged table to avoid any confusion. What has been inspirational is that the care homes have invited family and friends of the residents to join in the fun creating a wonderful social interaction allowing family outings in a secure and supportive atmosphere. As some of the restrictions have been lifted, we have allocated funding and we are working with some of our professional artists to entertain our guests in sheltered accommodation and care homes. We also have volunteer artists performing to entertain the local care home residents. Dancing with Dementia is always trying to reach out to our Dancing with Dementia Family. Various themed events have been enjoyed over year. Christmas Party where each guests received a gift, Valentine's Day where each guest received a small bunch of flowers, St Patricks' Day – a fabulous time was had by all with lots of props e.g., hats and balloons to enhance the afternoon. and a Caribbean Party Afternoon. Each guests received a Mocktail on arrival. Many joined in the spirit of the afternoon with fancy dress costumes that added additional fun to the afternoon.

Over the last year we have made so many new friends who have become volunteers for Dancing with Dementia and the volunteers bring new ideas and ways of working. Continuing to reach out into the community Dancing with Dementia are carrying on the good works created by the team at Singing with Dementia. Based at Humphrey Booth Resource Centre in Swinton we are hosting **Music and Dance with Dementia** weekly sessions with live artists and good company to help to increase social inclusion for the people living with dementia, their family, friends and carers. Due to government restrictions numbers were restricted initially but the people who did attend found the events so beneficial not only for the person living with dementia but their carers too. There they find help and support from the volunteers and other guests who can show empathy with the situation as they have walked their own dementia journey. There is also professional help and support the guests can access at a time when the journey seems very difficult. From the beginning of October 2021, the number attending these sessions has risen from 20 initially due to covid restrictions up to almost 70 guests by September 2022. It is felt that there may have to be a booking in system as the room is now at capacity!

As we headed towards the **Festive Season in 2021** the phones were ringing – where do we donate for the Care Home Christmas Boxes?? Working with Our Hearts Our Community and others who contributed last year we distributed over 450 gifts to local care homes residents for Christmas 2021.

The response was very positive from the care homes, and they commented that they will remember with love and affection the gifts from the Dancing with Dementia family. It has been decided that the project will be taken over by the community group Our Hearts Our Community to allow Dancing with Dementia to focus on additional projects that are planned. To increase the awareness of the condition in the local areas volunteers from the charity dressed a dementia themed Christmas tree in a local church as part of the celebration of festive trees. This proved to be a success and will be repeated Christmas 2022. Further plans are in place to dress an additional tree with gifts for the Dementia Units of both Bolton Royal and Salford Royal Hospitals. Our talented crafters are producing knitted, crocheted and sewn teddies to decorate the additional tree.

At the Humphrey Booth Centre there has also been themed events financed by funding from CVS and the Booths Charity. **A Christmas Party, A Valentine's Day afternoon tea** with entertainment, a **VE day celebration** working with Broughton House who supplied various memorabilia and then a **Jubilee Celebration** to commemorate the Platinum Jubilee of Queen Elizabeth the second. To end the summer, we held a **Caribbean Luau party**. These events helped to bring our guests into the community and enjoy social interaction and a healthy meal.

In 2022 Dancing with Dementia has continued to grow by working in partnership with other Community Groups, Charities and local businesses. Continuing to reach out to the Dancing with Dementia family and offer wider support from both the voluntary sector and health professionals alike.

The projects started at the start of the Pandemic have continued to grow in popularity. **The Baby Love project** has expanded to other parts of the community reaching out to the ethnic communities in the surrounding areas. This has increased the networking with other dementia-based projects to increase the awareness of the condition. More knitters have joined ranks and are producing baby clothes, twiddle muffs, comfort blankets, and cannula sleeves for the local hospitals and care homes.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

A new development started recently as an on-going project is the **Teddy Bear Project** where the teams of knitters are producing the teddies to be displayed at Christmas and then distributed to hospitals, hospices, and care homes in the local and surrounding areas.

The Gardening project. Started in 2021 this project has continued with four benches with cushions that have been provided for Pendleton Court Care Home in Salford. This project was in memory of one of the Trustee's sisters. A further bench and a tree will be purchased and donated to Barton Brook Care Home in memory of a sister of another trustee. These will be purchased over the coming months.

The Music Project has grown again with more care homes requesting Silent Discos for their residents. Ten sets have been distributed in the Salford and surrounding areas so far. This is a project that will continue to expand.

Meal Project working with Ambition for Ageing saw Dancing with Dementia deliver 225 meals to people who felt isolated, lonely or depressed. Working with the Forget Me Not Café at Humphrey Booths and Critchley Café – part of Age UK this was a very successful project. Another community group who were inspired by

the success of the original project has repeated this in the Humphrey Booths Centre.

Days Out

Festive meal at Lakes Bistro in Carnforth, sixty-five people enjoyed a festive lunch with entertainment in a trip out to the south Lakes.

Two days out had been organised and part subsidised by donations. One donation from another charity and one from a local company. The coach trips going to **Skipton** for a shopping afternoon and **Cheshire Oaks** for another shopping trip.

Trustee Awards

Lesley Fisher was awarded the Mayor's Citizen Award April 2022.

Volunteers are very active within the charity, and many have gone above and beyond the requirements of their role. The Trustees recognise these efforts in the form of a Volunteer of the Month award and others have achieved Certificates of Appreciation:

October 2021:

Daniela Puglia, for an amazing fund-raising effort, raising £2000

November 2021:

Jean Brock, for outstanding paperwork and all the certificates for our volunteers' event.

Alf & Ruth Greenhall , Amber Siddall, Bev & Sharon (OHOC), Christine Mahmood & Mandy Beaumont (Clifton Community Shop), Ian Bradshaws, Val Kay and Michelle Perkin for their help & support.

Evelyn Hale for her support of the guests at Music and Dance with Dementia

December 2021: Jane Taylor and Lucy Jorgensen for the wonderful decorations on the Christmas Tree in the local church.

Toby & Freddie Battersby and Isobel Bradshaw for their support of our Secret Santa Project for Care Home Residents.

January 2022

Linda Chapman – For updating all the accounts onto an online package.

Donald Carr for his help & support.

February 2022

Betty Burton – Magnificent organisation of the Valentine event at HBRC.

Mandy Beaumont & Christine Mahmood (Clifton Community Shop) for their continued support.

April 2022

Diane Conn For her support with gifts for the Birthday Box project.

May 2022

Aidan Siddall and Walter Fisher – for constructing 4 benches at Pendleton Court

July 2022

Janice Davies for knitting six sets of baby clothes for our Baby Love Project and several teddies for the Teddy Bear Tree.

August 2022

Donald Carr – continuing support as our Meeter and Greeter.

Betty Burton – a magnificent effort in arranging a Caribbean Party September 2022

Alf Greenhalgh for his continues support as compare and entertainer at the Music and Dance with Dementia and the monthly Dancing with Dementia social afternoons at the Grand Palais.

Ruth Greenhalgh for the fund-raising craft tables at The Grand Palais and Humphrey Booth Resource Centre.

Several other Certificates of Appreciation have been issued over the last 12 months to crafting groups who have donated knitted items such as Twiddle Blankets, Comfort Blankets, shoulder shawls and knitted Teddy Bears.

We give thanks to: -

The Ladies from Craft and Chat

The Big Knit Team

The Ladies form Hug in a Mug Craft Group.

Miss Kinsey and Class 5 and Mrs Kerr and class 6 from St Stephens C of E Primary School for producing Christmas cards to distribute to the residents of local care homes.

The children of Tyldesley Primary School for producing Christmas cards to distribute to the residents of local care homes.

EVENTS

Fund Raising Fashion show at Pink Butterfly Worsley on 30th and 31st October 2021

An event over two nights where our volunteers became models for the shows. Good fun with drinks and nibbles included! The event raised an amazing £500.

Volunteer Celebrations in November 2021

To thank our volunteers, we held a social afternoon at Humphrey Booth Resource centre. We enjoyed a buffet lunch, entertained by one of the artist from Dancing with Dementia social afternoons and we presented various certificates to show our appreciation of the continuing support they give willingly.

Celebration of Dancing with Dementia becoming a registered charity.

Due to the pandemic, we were unable to celebrate Dancing with Dementia becoming a charity. However, in December 2021, Dancing with Dementia hosted a magnificent **Celebratory Social Evening at The Grand Palais**. The programme of events included a local Motown DJ and the one and only Roy G Hemmings and the Primettes. Roy was one of the longest serving member of the famous Drifters and has entertained at the Royal Variety Show and for many American Presidents. With over 200 people filling the dance floor; a memorable time was had by all!

Dancing with Dementia was proud to host the **Dementia Awareness Week** at the Lighthouse Venue in Eccles. Working in Partnership with CCG Salford to raise awareness of the dementia condition and the support available in the local area.

Flower Festival at St Paul's Walkden to celebrate the Queen's Platinum Jubilee. June 2022.

Dancing with Dementia funded a floral arrangement to raise awareness of the dementia condition. Some of the DWD volunteers also helped to create the arrangements.

Celebration of Queen Elizabeth 2nd Platinum Jubilee June 2022

We were honoured to be invited to Ordsall Hall with other local dignitaries to witness the lighting of the beacon to celebrate the Platinum Jubilee of Queen Elizabeth 2nd.

Fund Raising June 2022 There was a Motown Evening in June at the Walkden British Legion, which was well supported and raised more than £700. Many thanks to the staff at Moss House Barton Brook care home for providing the raffle prizes! Also, the staff of Walkden Legion and the DJ who offered reduced rates for the event.

We Invented the Weekend September 2022 Two Day Event September 2022 at the Lowry Plaza and Salford Quays. We were invited to perform dances and to encourage other visitors to the event to partake and enjoy the fun. Dancing with Dementia were

delighted to be invited to be part of this new and prestigious event. Unfortunately, with the passing of Queen Elizabeth the 2nd the event was postponed. We are waiting for the new dates for the event to go forward

Moving forwards into 2022/23 New Projects to expand the work of Dancing with Dementia.

Holidays away at the Salfordian.

A party of 16 Guests were booked into the Salfordian Hotel 2nd September until 5th September 2022. A massive thank you the staff at the hotel for their very warm welcome. This Grade 2 listed building in Southport had recently been refurbished to a high standard and provided accommodation with various single and twin-bedded rooms, double bedrooms and triple bedded rooms. The guests thoroughly enjoyed their stay and there are plans in place to make further visits to the hotel to provide Winter Warmer Breaks to allow our guests chance to get away and have company, food and warmth during the winter months and beyond.

Purchase of Pullman Experience Rempod to be fitted at Humphrey Booths Resource Centre.

To engage with people living with dementia Dancing with Dementia are in the process of purchasing a rempod to be fitted at Humphrey Booths Resource Centre – this item is to be fitted in November 2022

Engaging with other community groups within the Salford

area we will be promoting social inclusion for people living with dementia, their family, friends and carers by offering subsidised lunches with entertainment to ease some of the financial burden in the light of the increased cost of living.

Working with Purple Angel we will donate CD's and MP3 Players. We will offer this service to both individual people who live at home together with people in care homes in the local area and who will benefit from music individually programmed for their personal use.

You many like to check out our Facebook Page and follow our journey or our Web page www.dancing-with-dementia.co.uk for updates of our events. We look forward to welcoming you to or Dancing with Dementia Family.

Brief statement of the charity's policy on reserves

The Treasurer ensures that there are sufficient funds in the account to enable the charity to host three monthly sessions of the social events.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Although our fundraising efforts and applying for funding continues to be our main source of income as stated in the report, during this last financial year, we have noticed a considerable increase in our donations, especially from bereaved families who have lost their loved ones. These donations give us great confidence to continue our work and move forward with pride to support our key objectives.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	J L Fisher	
Full name(s)	Lesley Fisher	
Position (eg Secretary, Chair, etc)	Chair	
Date	26 th September 2022	

Profit and Loss

Dancing with Dementia

For the year ended 30 September 2022

2022

Turnover

Donations	10,541.36
Interest Income	4.40
Other Revenue	3,760.19
Total Turnover	14,305.95

Gross Profit

14,305.95

Administrative Costs

Audit & Accountancy fees	176.00
Charitable Donations	5,304.98
General Expenses	18,697.80
Insurance	179.20
IT Software and Consumables	114.00
Postage, Freight & Courier	7.00
Printing & Stationery	92.40
Room Hire	400.00
Total Administrative Costs	24,971.38

Operating Profit

(10,665.43)

Profit on Ordinary Activities Before Taxation

(10,665.43)

Profit after Taxation

(10,665.43)