



Trustees' Annual Report for the period

From 1 Jan 2024 **Period start date To** 31 Dec 2024 **Period end date**

Charity name: Alice Ruggles Trust

Charity registration number: 1186309

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To preserve and protect the health and safety of the public from the dangers of coercive control and stalking and to bring about lasting improvements in the management of perpetrators and the protection of victims specifically by:</p> <ul style="list-style-type: none">(1) raising public awareness;(2) ensuring that relevant legislation is effective and adhered to, and in particular ensuring that stalking offences result in immediate action both to protect the victim and to deal effectively with the perpetrator. The Trust will achieve this by, for example, providing education and training for police, military and other relevant agencies;(3) campaigning for improved legal measures relating to stalking and related offences; and(4) supporting research into ways to improve the protection of victims of stalking and the management of perpetrators.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>In accordance with our mission of to foster generations of young people who understand stalking, the potential risks of stalking, and what they can do about it, we continue to make our educational resources about stalking (PSHE lessons for KS3 and KS4 students and assemblies for year 7 upwards, with accompanying teacher notes) freely available to teachers via the TES and our own websites. By the end of 2024 the download rate of assemblies from the TES website alone had exceeded 300 per month.</p> <p>This year we have been increasingly proactive in having these resources delivered into schools by Trust staff and volunteers. We match interested schools with local volunteers across the UK but</p>

		<p>have also targeted two areas—Co. Durham/Darlington and Northumbria—where grant-funding has enabled us to reach a much higher proportion of schools.</p> <p>The Durham and Northumbria projects are being formally evaluated by academic colleagues in three Universities. As these evaluations have progressed, their findings have enabled us to update and improve the resources themselves. As part of this process, we have commenced work on a new animated video targeted at younger age groups.</p> <p>Our social media presence continues to grow significantly and we launched a much improved new website during the year.</p> <p>We have also begun building an ‘Experts by Experience’ group of young victims of stalking who wish to use their stories to promote change and raise awareness.</p> <p>During 2024 the Trust collaborated with St Mary’s University, Twickenham, and the Stalking Threat Assessment Centre (STAC) to develop an e-learning resource on stalking awareness that was successfully delivered in training to the Metropolitan Police, Crown Prosecution Service and London Probation.</p> <p>Trust staff and representatives delivered presentations and on-line or physical training packages to various professional practitioners in criminal justice, offender management, social and healthcare, as well as media interviews concerning our schools work and the National Stalking Consortium’s super-complaint on the police response to stalking.</p> <p>We have continued to collaborate with Tees, Esk and Wear Valleys (TEWV) NHS Foundation Trust to develop a range of materials to educate their staff and service users—particularly young people using their children and adolescent mental health services (CAMHS)—about stalking, including delivering a training day for senior personnel and safeguarding managers.</p> <p>We have also continued to act as a critical friend to the Northumbria Stalking Intervention Project (NSIP), to contribute to the Findaway project, overseen by Wearside Women in Need, and to work with the Knowledge Exchange Network to ensure our messaging has a foundation in the latest research.</p> <p>Our sixth annual conference, held in November, was extended for the first time to two days and introduced the ART awards to recognise and celebrate people and projects doing exceptional work to tackle stalking. Our autumn conferences</p>
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		have become a highlight in the calendar for many professionals working in the stalking sector. This year's focused on best practice in the multi-agency working that is essential in tackling stalking, and was addressed by the government's Minister for Safeguarding, Jess Phillips.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm they have given careful consideration to the Charity Commission's public benefit guidance when setting the Trust's objectives and planning its activities during the year.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Our core work—to foster generations of young people who understand stalking, the potential risks of stalking, and what they can do about it—continued to grow through our formal lessons and informal engagement. Our assemblies and PSHE resources have been delivered by teachers, Trust staff and volunteers, and community police, reaching tens of thousands of students from year 7 upwards around the country, and particularly in the north-east of England where we have had focused projects. Ongoing evaluations have triggered continual improvements in the messaging; our social media presence continues to expand; and our freely available animated video, available in English and Welsh, continues to be distributed widely both within schools and via social media, with another in production.</p> <p>We believe that all this, together with our work to upskill professionals, focusing particularly upon those working with young people, are not only helping to improve outcomes for today's stalking victims but helping to bring about significant and sustainable change in the longer term by increasing public awareness about the seriousness of stalking and helping prevent people developing stalking behaviours in the first place.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	While our regular sources of income have remained broadly static this year (donations and fundraising £10.4K; professional training £22.5K), grant funding for three projects (delivering school assemblies in Co. Durham and Northumbria and developing e-learning modules for police training in London, totalling £58.4K) have generated significantly increased income, matched by the expenditure necessary for their delivery. We have sustained our core activities and maintained a stable financial position during the year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We continue to recognise that a funding model based largely on personal donations and training income is unsustainable as the charity grows. Given the uncertainties that we face as this happens, we have built up an equitable reserve that, after taking into account staffing commitments, we aim to continue to maintain at a level where it will sustain the current level of core activities for at least 12 months following any unforeseen circumstances.
Amount of reserves held	Para 1.22	£ 38,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties in the foreseeable future

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first Trustees, every Trustee must be appointed (for a term of 3 years) by a resolution of the Trustees called at a special meeting of the Trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Alice Ruggles Trust
Other name the charity uses	
Registered charity number	1186309
Charity's principal address	Fargate House Main Street Tur Langton LEICESTER LE8 0PJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Claire Alderton		from 14 Aug 2024	
2	Dawn Anderson			
3	Tiffany Cater			
4	Mark Haggan			
5	Susan Hills	Secretary		
6	Emma Kay			
7	Maria Mellins			
8	Clive Ruggles	Chair		
9	Nicholas Ruggles			
10	Catriona Sibert			
11	Rachael Wheatley		to 16 Sep 2024	
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Clive Lance Neville Ruggles	Susan Elizabeth Hills
Position (eg Secretary, Chair, etc)	Chair	Secretary

Date	25 March 2025
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Receipts and payments accounts

For the period
from

01/01/2024

To

31/12/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and fundraising, including gift aid	10,362	-	-	10,362	10,859
Fees for conferences and professional training	22,536	-	-	22,536	21,090
Grants	58,385	-	-	58,385	500
Bank interest	294	-	-	294	-
SMP rebate	-	-	-	-	-
Sales of informative materials	-	-	-	-	-
Sub total (Gross income for AR)	91,577	-	-	91,577	32,449
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	91,577	-	-	91,577	32,449
A3 Payments					
Staffing costs	44,757	-	-	44,757	26,596
Informative materials	5,015	-	-	5,015	115
Costs of training and awareness-raising activities	7,778	-	-	7,778	17,036
Costs of fundraising activities	469	-	-	469	442
Staff training	527	-	-	527	36
Trustee expenses	104	-	-	104	221
Insurance	356	-	-	356	356
Social Media	979	-	-	979	752
Sundries (stationery, postage, phone, software licences)	459	-	-	459	588
Platform fees	-	-	-	-	303
Bank fees	-	-	-	-	-
Sub total	60,444	-	-	60,444	46,444
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	60,444	-	-	60,444	46,444
Net of receipts/(payments)	31,133	-	-	31,133	- 13,995
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	37,763	-	-	37,763	51,758
Cash funds this year end	68,896	-	-	68,896	37,763

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	Bank account	65,827	-	-
	PayPal account	3,054	-	-
	Cash	15	-	-
	Total cash funds	68,896	-	-


	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets			
Details			
		-	-
Sundry debtors	400	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			
Details			
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			
Details			
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			
Details			
conference venue invoice		20,084	25 January 2025
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all
the trustees

Signature	Print Name	Date of approval
	Clive Ruggles	05/03/2025



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/ members of	Charity Name Alice Ruggles Trust		
On accounts for the year ended	31 December 2024	Charity no (if any)	1186309
Set out on pages	1		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/24

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

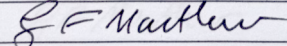
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 25/3/2025

Name: Georgina F Martlew

Relevant professional
qualification(s) or body
(if any):

Address: Orchard Close
Lazonby
Penrith CA10 1AJ