



Trustees' Annual Report for the period

From 1 Jan 2022 Period start date To 31 Dec 2022 Period end date

Charity name: Alice Ruggles Trust

Charity registration number: 1186309

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To preserve and protect the health and safety of the public from the dangers of coercive control and stalking and to bring about lasting improvements in the management of perpetrators and the protection of victims specifically by:</p> <ul style="list-style-type: none">(1) raising public awareness;(2) ensuring that relevant legislation is effective and adhered to, and in particular ensuring that stalking offences result in immediate action both to protect the victim and to deal effectively with the perpetrator. The Trust will achieve this by, for example, providing education and training for police, military and other relevant agencies;(3) campaigning for improved legal measures relating to stalking and related offences; and(4) supporting research into ways to improve the protection of victims of stalking and the management of perpetrators.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Raising public awareness</p> <p><i>PSHE relationship safety resource.</i> During 2022 our freely available package of accredited materials and lesson plans on stalking and coercive behaviour for Key Stage 4 students (14- to 16-year-olds) were downloaded over 4000 times during the year and we have received positive feedback from across the country. Community support teams from eleven police forces have now undertaken to deliver our PSHE lessons in schools in their areas. We have also designed a school assembly, with accompanying walkthrough notes, and in December launched an offer to deliver this in person in Leicestershire and other areas where representatives of the Trust are available.</p>

		<p><i>“Is it stalking?” video.</i> Our three-minute animated video to raise awareness of stalking and encourage victims to seek help sooner, launched in December 2021, has been translated into Welsh with the aid of a grant from the Welsh Government for delivery to schools throughout Wales.</p> <p><i>Social media.</i> We continue regular social media messaging on multiple platforms, aimed particularly at young people.</p> <p>Professional training and best practice</p> <p><i>Short courses and qualifications for professionals working with young people.</i> In 2022 we created a shorter (three-hour) version of our CPD-accredited “SafEE” course in collaboration with St Mary’s University, Twickenham. This aims to upskill professionals working with young people so that they recognise stalking and respond appropriately. By the end of the year, over 500 people had successfully completed SAFEE courses.</p> <p><i>Training and CPD.</i> During 2022 the Trust delivered more than 20 presentations and on-line or physical training packages to a range of professional practitioners in criminal justice, offender management, social and healthcare, and domestic abuse caseworkers across England and Wales, particularly in Devon and Cornwall, London and the Home Counties, the North-east, South and mid-Wales, Wiltshire, and elsewhere. Trust representatives also delivered talks to psychology and criminology students at several Universities.</p> <p><i>NHS.</i> We have continued to collaborate with Tees, Esk and Wear Valleys (TEWV) NHS Foundation Trust to develop a range of materials to educate their staff and service users—particularly young people using their children and adolescent mental health services (CAMHS)—about stalking.</p> <p><i>Conference.</i> Our fourth day-conference, held in October, focused on cyberstalking, perpetrator interventions, and multi-agency working. There were 11 speakers across the day and a record attendance of 192, both physical and on-line, representing a range of criminal justice, social care and healthcare professionals, as well as academic researchers and educators.</p> <p>Research</p> <p><i>Early perpetrator intervention and safety.</i> In collaboration with the University of Derby we</p>
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		<p>have conceived an on-line tool providing targeted support for young people at risk of experiencing or perpetrating stalking, and now plan its development and piloting by CAHMS services around the country.</p> <p>Campaigning</p> <p>Following the “Gracie’s Law” debate in parliament in January, we initiated a campaign to provide ring-fenced funding that would ensure that there are stalking advocates (ISACs) available in all police areas in England and Wales. This campaign is ongoing.</p> <p>National Stalking Consortium</p> <p>The Alice Ruggles Trust is a member of the National Stalking Consortium, formed in 2014, and attends regular consortium meetings. This is a collaboration of organisations working in stalking. Its overall aim is to improve support to victims of stalking throughout the UK.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm they have given careful consideration to the Charity Commission’s public benefit guidance when setting the Trust’s objectives and planning its activities during the year.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During 2022 the Trust has continued to increase its impact in raising awareness amongst young people and their support networks of the dangers of coercive control and stalking, both through formal education and informal engagement. Our PSHE resources have been delivered by teachers or community police at several thousand schools around the country; we have a significant social media presence; and our freely available animated video, now available in English and Welsh versions, has been distributed widely both within schools and via social media.</p> <p>Our engagement with professional practitioners, particularly in the police and CPS, has had a significant impact upon training and procedures around stalking, as has our training for professionals working with young people through our new SAfEE short courses. The impact of Alice's personal story is at the heart of all our messaging.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Our main sources of income during 2022 were (i) individual donations and fundraising and (ii) fees for conferences and professional training, which together raised over £31,000 during the year. This has enabled us to sustain our core activities and maintain a stable financial position during the year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We seek to expand our activities going forward and recognise that a funding model based largely on personal donations and training income is unsustainable as the charity grows. Given the uncertainties that we face in doing this, we have built up an equitable reserve that, after taking into account staffing commitments, we aim to continue to maintain at a level where it will sustain the current level of activities for at least 12 months following any unforeseen circumstances.
Amount of reserves held	Para 1.22	£ 40,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties in the foreseeable future

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first Trustees, every Trustee must be appointed (for a term of 3 years) by a resolution of the Trustees called at a special meeting of the Trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Alice Ruggles Trust
Other name the charity uses	
Registered charity number	1186309
Charity's principal address	Fargate House Main Street Tur Langton LEICESTER LE8 0PJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alexia Garbett		to 19 Mar 2022	
2	Kelda Henderson			
3	Dawn Anderson		from 19 Mar 2022	
4	Anne Headley	Treasurer	from 19 Nov 2022	
5	Susan Hills	Secretary		
6	Emma Kay			
7	Maria Mellins			
8	Clive Ruggles	Chair		
9	Emma Ruggles			
10	Nicholas Ruggles			
11	Catriona Sibert			
12	Leonard Smith			
13	Rachael Wheatley			
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Clive Lance Neville Ruggles	Susan Elizabeth Hills
Position (eg Secretary, Chair, etc)	Chair	Secretary

Date 11 Apr 2023



Receipts and payments accounts

For the period
from

01/01/2022

To

31/12/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and fundraising, including gift aid	15,039	-	-	15,039	30,910
Fees for conferences and professional training	16,424	-	-	16,424	7,313
Grants	-	1,000	-	1,000	-
Reimbursements of expenses	7	-	-	7	310
SMP rebate	2,547	-	-	2,547	-
Sales of informative materials	50	-	-	50	-
Sub total (Gross income for AR)	34,067	1,000	-	35,067	38,533
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	34,067	1,000	-	35,067	38,533
A3 Payments					
Staffing costs	31,045	-	-	31,045	24,806
Informative materials	271	1,000	-	1,271	18,848
Costs of training and awareness-raising activities	3,118	-	-	3,118	817
Costs of fundraising activities	448	-	-	448	415
Trustee expenses	337	-	-	337	155
Insurance	346	-	-	346	346
Advertising	415	-	-	415	-
Sundries (stationery, postage, phone, software licences)	308	-	-	308	234
Platform fees	495	-	-	495	403
Bank fees	-	-	-	-	1
Sub total	36,783	1,000	-	37,783	46,025
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	36,783	1,000	-	37,783	46,025
Net of receipts/(payments)	- 2,716	-	-	- 2,716	- 7,492
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	54,474	-	-	54,474	61,966
Cash funds this year end	51,758	-	-	51,758	54,474

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	Bank account	47,520	-	-
	PayPal account	4,181	-	-
	Cash	57	-	-
	Total cash funds	51,758	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds

B2 Other monetary assets

Details	to nearest £	to nearest £	to nearest £
SMP held in credit	4,083	-	-
Sundry debtors	700	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-


B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Conference expenses payable	Unrestricted	7,285	31 July 2023
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Clive Ruggles	25/03/2023



Section A Independent Examiner's Report

**Report to the trustees/
members of**

The Alice Ruggles Trust

**On accounts for the year
ended**

31 December 2022

**Charity no
(if any)**

1186309

Set out on pages

1 and 2

**Responsibilities and
basis of report**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2022
As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

**Independent
examiner's statement**

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

GF Martlew

Date:

3 August 2023

Name:

Georgina F Martlew

**Relevant professional
qualification(s) or body
(if any):**

Address:

Orchard Close

Lazonby

Penrith CA10 1AJ