



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1 Jan 2021 **Period start date** **To** 31 Dec 2021 **Period end date**

Charity name: Alice Ruggles Trust

Charity registration number: 1186309

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To preserve and protect the health and safety of the public from the dangers of coercive control and stalking and to bring about lasting improvements in the management of perpetrators and the protection of victims specifically by:</p> <ul style="list-style-type: none"> (1) raising public awareness; (2) ensuring that relevant legislation is effective and adhered to, and in particular ensuring that stalking offences result in immediate action both to protect the victim and to deal effectively with the perpetrator. The Trust will achieve this by, for example, providing education and training for police, military and other relevant agencies; (3) campaigning for improved legal measures relating to stalking and related offences; and (4) supporting research into ways to improve the protection of victims of stalking and the management of perpetrators.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Raising public awareness</p> <p><i>PSHE relationship safety resource.</i> During 2021 we updated and extended our freely available package of accredited materials and lesson plans on stalking and coercive behaviour for Key Stage 4 students (14- to 16-year-olds), adding a third lesson focusing on perpetrator behaviours. The number of police forces whose community support teams are delivering our PSHE lessons in schools in their areas increased during the year to eight, including the Metropolitan Police in London. Durham Constabulary, who first piloted the scheme, have developed videos that take</p>

		<p>facilitators through each of the three lessons step by step, which have been found useful by teachers as well as police.</p> <p><i>Social media.</i> We have continued to expand our social media presence, refocusing our attention on Instagram whose main audience is young people. In order to do this, we collaborated with a social media company to produce regular daily output including reels and videos.</p> <p><i>Animated video.</i> In December we released a three-minute animated video to raise awareness of stalking and encourage victims to seek help sooner. On launch day, it reached over 17,000 people on Twitter and by the year's end it had been viewed over 2,500 times through our website and YouTube.</p> <p>Professional training and best practice</p> <p><i>Short courses and qualifications for professionals working with young people.</i> Our one- and two-day "SafEE" courses — Ofqual-registered courses developed in collaboration with St Mary's University, Twickenham, aiming to upskill professionals working with young people so that they recognise stalking and respond appropriately — were rolled out from April. In October we appointed a freelance SAFEE trainer to aid their delivery around the country. In November we added a free two-hour on-line training session aimed at teachers and school support staff, which was successfully delivered to 107 teachers and educators in the London Borough of Wandsworth.</p> <p><i>Training and CPD.</i> During 2021 the Trust delivered presentations and on-line or physical training packages—either alone or in cooperation with other agencies and charities—to criminal justice, social care and healthcare professionals and domestic abuse caseworkers in Devon and Cornwall, London, the North East, South Wales, the West Midlands and elsewhere, as well as to the British Transport Police, CPS Wales, the Magistrates' Association (both nationally and local branches), and criminology students at different Universities.</p> <p><i>NHS.</i> The Trust worked with the Tees, Esk and Wear Valleys (TEWV) NHS Foundation Trust, which provides mental health services in County Durham, Teesside and North Yorkshire, to develop a range of training materials to educate their staff and service users about stalking. These included staff training webinars and booklets and a stalking awareness leaflet for</p>
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		<p>young people using their children and adolescent mental health services (CAMHS).</p> <p><i>Conference.</i> Our third day-conference, focusing on perceptions of risk in relation to stalking, was held on-line in October. There were 13 speakers across the day and 90 attendees, representing a range of criminal justice, social care and healthcare professionals, as well as academic researchers and educators.</p> <p><i>Early perpetrator intervention and safety on university campuses.</i> We have developed plans for a new project ("Care on Campus") focused on safety on university campuses and a related project investigating effective early interventions with perpetrators.</p> <p>Research</p> <p>We continue to support various student research relating to stalking among young people through our Young People and Stalking Academic Collaboration Group and to facilitate specific projects such as research into the need for KS3 healthy relationship education.</p> <p>Campaigning</p> <p>Following a resolution passed at the October conference, the Trust is campaigning for an urgent and comprehensive independent review of Stalking Protection Orders.</p> <p>National Stalking Consortium</p> <p>The Alice Ruggles Trust is a member of the National Stalking Consortium, formed in 2014, and attends regular consortium meetings. This is a collaboration of organisations working in stalking. Its overall aim is to improve support to victims of stalking throughout the UK.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm they have given careful consideration to the Charity Commission's public benefit guidance when setting the Trust's objectives and planning its activities during the year.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
	Para 1.38	

Policy on social investment including program related investment		
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Despite the Covid restrictions, during 2021 the Trust significantly increased its impact in raising awareness amongst young people and their support networks of the dangers of coercive control and stalking, both through formal education and informal engagement. Our PSHE resources were delivered by teachers or community police at several thousand schools around the country; our social media presence continues to expand significantly; and our animated video, released in mid-December, had reached at least 20,000 people by the end of the year.</p> <p>We also had a significant impact on training and procedures around stalking among professional practitioners, particularly in the police and CPS. By the end of the year, Trust representatives had spoken directly to more than 5000 professionals in the criminal justice system (including police from the majority of the 43 forces across England and Wales), as well as in offender management, social care and healthcare. Engagement during 2021 was mostly on-line, at training and CPD sessions or conferences. The impact of Alice's personal story is at the heart of all our messaging.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	

Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	While our sole source of income in 2021 remained fundraising events and individual donations, these (together with Gift Aid) exceeded £30,000 during the year, thanks largely to the success of our "24 For Alice" initiative. Despite significant outlays during the year on the production of the animated video and on expanding our social media output, this has left us in a strong and sustainable position from which we can seek to continue to expand our activities going forward.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We recognise that a funding model based largely on personal donations is unsustainable as the charity grows. Given the uncertainties that we face in doing this, we have built up an equitable reserve that, after taking into account staffing commitments, we intend to maintain at a level where it will sustain the current level of activities for at least 12 months following any unforeseen circumstances.
Amount of reserves held	Para 1.22	£ 40,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties in the foreseeable future

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
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Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g. unincorporated association , CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first Trustees, every Trustee must be appointed (for a term of 3 years) by a resolution of the Trustees called at a special meeting of the Trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Charity name	Alice Ruggles Trust
Other name the charity uses	
Registered charity number	1186309
Charity's principal address	Fargate House Main Street Tur Langton LEICESTER LE8 0PJ

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alexia Garbett			
2	Kelda Henderson			
3	Susan Hills	Secretary		
4	Emma Kay		from 8 Jan 2021	
5	Maria Mellins			
6	Clive Ruggles	Chair		
7	Emma Ruggles			
8	Nicholas Ruggles			
9	Catriona Sibert			
10	Leonard Smith			
11	Rachael Wheatley			
12				
13				
14				
15				
16				
17				
18				
19				
20				

[illegible]

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Victoria Charleston — Strategy and Development Manager
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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Clive Lance Neville Ruggles	Susan Elizabeth Hills
Position (eg Secretary, Chair, etc)	Chair	Secretary
Date	19 March 2022	



Receipts and payments accounts

For the period from	01/01/2021	To	31/12/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Transfer of funds from existing charity 1175316	-	-	-	-	62,289
Donations	12,418	-	-	12,418	3,666
Fundraising initiatives and events	15,870	-	-	15,870	8,844
Gift aid	2,622	-	-	2,622	1,512
Fees for conferences and professional training	7,313	-	-	7,313	14,175
Grants	-	-	-	-	290
Reimbursements of expenses	310	-	-	310	1,129
Sales of merchandise	-	-	-	-	70
Sub total (Gross income for AR)	38,533	-	-	38,533	91,975
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	38,533	-	-	38,533	91,975
A3 Payments					
Staffing costs	24,806	-	-	24,806	21,480
Informative materials	18,848	-	-	18,848	-
Costs of training and awareness-raising activities	817	-	-	817	6,146
Costs of fundraising activities	415	-	-	415	1,246
Trustee expenses	155	-	-	155	302
Insurance	346	-	-	346	345
Sundries (stationery, postage, phone, software licences)	234	-	-	234	85
Platform fees	403	-	-	403	-
Bank fees	1	-	-	1	317
Administration costs	-	-	-	-	88
Sub total	46,025	-	-	46,025	30,009
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	46,025	-	-	46,025	30,009
Net of receipts/(payments)	- 7,492	-	-	- 7,492	61,966
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	61,966	-	-	61,966	-
Cash funds this year end	54,474	-	-	54,474	61,966

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	Bank account	50,089	-	-
	PayPal account	4,182	-	-
	Cash	203	-	-
	Total cash funds	54,474	-	-
CCXX R1 accounts (SS)		OK	OK	OK
(agree balances with receipts and payments account(s))				


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Staffing costs payable	Unrestricted	1,094	31 January 2022
			-	-
			-	-
			-	-
			-	-
			-	-

Signed by one or two trustees on behalf of
all the trustees

Signature	Print Name	Date of approval
	Clive Ruggles	March 19, 2022



Section A

Independent Examiner's Report

Report to the trustees of	Alice Ruggles Trust		
On accounts for the year ended	31 December 2021	Charity no (if any)	1186309
Set out on pages	1 and 2		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2021.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: GF Martlew Date: 21 June 2022

Name: Georgina F Martlew

Relevant professional qualification(s) or body N/A

Address: Orchard Close
Lazonby
Penrith, CA10 1AJ



Section A

Independent Examiner's Report

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Relevant professional qualification(s) or body: N/A

Address: Orchard Close
Lazonby
Penrith, CA10 1AJ