

ALICE RUGGLES TRUST

England & Wales · Charity number 1186309

Details

Status Registered

Legal form CIO

Registered 2019-11-13

Register [View on the Charity Commission register](#)

Contact

Address Fargate House
Main Street
Tur Langton
Leicester
LE8 0PJ

Phone 07566878795

Email info@alicerugglestrust.org

Website www.alicerugglestrust.org

Activities

Objects: TO PRESERVE AND PROTECT THE HEALTH AND SAFETY OF THE PUBLIC FROM THE DANGERS OF COERCIVE CONTROL AND STALKING AND TO BRING ABOUT LASTING IMPROVEMENTS IN THE MANAGEMENT OF PERPETRATORS AND THE PROTECTION OF VICTIMS SPECIFICALLY BY:-(1)RAISING PUBLIC AWARENESS;(2)ENSURING THAT RELEVANT LEGISLATION IS EFFECTIVE AND ADHERED TO, AND IN PARTICULAR TO ENSURE THAT STALKING OFFENCES RESULT IN IMMEDIATE ACTION BOTH TO PROTECT THE VICTIM AND TO DEAL EFFECTIVELY WITH THE PERPETRATOR.THE TRUST WILL ACHIEVE THIS BY, FOR EXAMPLE, PROVIDING EDUCATION AND TRAINING FOR POLICE, MILITARY AND OTHER RELEVANT AGENCIES;(3)CAMPAIGNING FOR IMPROVED LEGAL MEASURES RELATING TO STALKING AND RELATED OFFENCES; AND(4)SUPPORTING RESEARCH INTO WAYS TO IMPROVE THE PROTECTION OF VICTIMS OF STALKING AND THE MANAGEMENT OF PERPETRATORS.

Activities: Alice Ruggles Trust works to raise both public and professional awareness of stalking (including coercive control) and its dangers. We participate in training events, speak in schools, and undertake social media campaigns directed particularly at young people. We also campaign for measures that will bring about lasting improvements in the management of perpetrators and the protection of victims.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Armed Forces/emergency Service Efficiency, Other Charitable Purposes
- **Who:** Other Defined Groups

Geography

- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£91,577	£60,444	-	-
2023-12-31	£32,449	£46,444	-	-
2022-12-31	£35,067	£37,783	-	-
2021-12-31	£38,533	£46,025	-	-
2020-12-31	£91,975	£30,009	-	-

Trustees

Name	Role	Appointed
Professor Clive Lance Neville Ruggles	Chair	2019-11-13
Claire Louise Alderton		2024-08-14
Dr Maria Joy Mellins		2020-05-13
Dr Rachael Cooper Wheatley		2025-09-15
Dr Susan Elizabeth Hills		2019-11-13
MARK WILLIAM JOHN HAGGAN		2023-09-19
Michelle Leung		2026-04-22
Nicholas David Ruggles		2019-11-13
Sarah Jane Butters		2025-11-26
Shauna Marie McCusker		2026-02-24
Tiffany Cater		2023-09-19

ALICE RUGGLES TRUST

England & Wales - Charity number 1186309

Accounts



Trustees' Annual Report for the period

From 1 Jan 2024 **Period start date** **To** 31 Dec 2024 **Period end date**

Charity name: Alice Ruggles Trust

Charity registration number: 1186309

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To preserve and protect the health and safety of the public from the dangers of coercive control and stalking and to bring about lasting improvements in the management of perpetrators and the protection of victims specifically by: <ul style="list-style-type: none"> (1) raising public awareness; (2) ensuring that relevant legislation is effective and adhered to, and in particular ensuring that stalking offences result in immediate action both to protect the victim and to deal effectively with the perpetrator. The Trust will achieve this by, for example, providing education and training for police, military and other relevant agencies; (3) campaigning for improved legal measures relating to stalking and related offences; and (4) supporting research into ways to improve the protection of victims of stalking and the management of perpetrators.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	In accordance with our mission of to foster generations of young people who understand stalking, the potential risks of stalking, and what they can do about it, we continue to make our educational resources about stalking (PSHE lessons for KS3 and KS4 students and assemblies for year 7 upwards, with accompanying teacher notes) freely available to teachers via the TES and our own websites. By the end of 2024 the download rate of assemblies from the TES website alone had exceeded 300 per month. <p>This year we have been increasingly proactive in having these resources delivered into schools by Trust staff and volunteers. We match interested schools with local volunteers across the UK but</p>

	<p>have also targeted two areas—Co. Durham/Darlington and Northumbria—where grant-funding has enabled us to reach a much higher proportion of schools.</p> <p>The Durham and Northumbria projects are being formally evaluated by academic colleagues in three Universities. As these evaluations have progressed, their findings have enabled us to update and improve the resources themselves. As part of this process, we have commenced work on a new animated video targeted at younger age groups.</p> <p>Our social media presence continues to grow significantly and we launched a much improved new website during the year.</p> <p>We have also begun building an ‘Experts by Experience’ group of young victims of stalking who wish to use their stories to promote change and raise awareness.</p> <p>During 2024 the Trust collaborated with St Mary’s University, Twickenham, and the Stalking Threat Assessment Centre (STAC) to develop an e-learning resource on stalking awareness that was successfully delivered in training to the Metropolitan Police, Crown Prosecution Service and London Probation.</p> <p>Trust staff and representatives delivered presentations and on-line or physical training packages to various professional practitioners in criminal justice, offender management, social and healthcare, as well as media interviews concerning our schools work and the National Stalking Consortium’s super-complaint on the police response to stalking.</p> <p>We have continued to collaborate with Tees, Esk and Wear Valleys (TEWV) NHS Foundation Trust to develop a range of materials to educate their staff and service users—particularly young people using their children and adolescent mental health services (CAMHS)—about stalking, including delivering a training day for senior personnel and safeguarding managers.</p> <p>We have also continued to act as a critical friend to the Northumbria Stalking Intervention Project (NSIP), to contribute to the Findaway project, overseen by Wearside Women in Need, and to work with the Knowledge Exchange Network to ensure our messaging has a foundation in the latest research.</p> <p>Our sixth annual conference, held in November, was extended for the first time to two days and introduced the ART awards to recognise and celebrate people and projects doing exceptional work to tackle stalking. Our autumn conferences</p>
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		have become a highlight in the calendar for many professionals working in the stalking sector. This year's focused on best practice in the multi-agency working that is essential in tackling stalking, and was addressed by the government's Minister for Safeguarding, Jess Phillips.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm they have given careful consideration to the Charity Commission's public benefit guidance when setting the Trust's objectives and planning its activities during the year.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Our core work—to foster generations of young people who understand stalking, the potential risks of stalking, and what they can do about it—continued to grow through our formal lessons and informal engagement. Our assemblies and PSHE resources have been delivered by teachers, Trust staff and volunteers, and community police, reaching tens of thousands of students from year 7 upwards around the country, and particularly in the north-east of England where we have had focused projects. Ongoing evaluations have triggered continual improvements in the messaging; our social media presence continues to expand; and our freely available animated video, available in English and Welsh, continues to be distributed widely both within schools and via social media, with another in production.</p> <p>We believe that all this, together with our work to upskill professionals, focusing particularly upon those working with young people, are not only helping to improve outcomes for today's stalking victims but helping to bring about significant and sustainable change in the longer term by increasing public awareness about the seriousness of stalking and helping prevent people developing stalking behaviours in the first place.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	While our regular sources of income have remained broadly static this year (donations and fundraising £10.4K; professional training £22.5K), grant funding for three projects (delivering school assemblies in Co. Durham and Northumbria and developing e-learning modules for police training in London, totalling £58.4K) have generated significantly increased income, matched by the expenditure necessary for their delivery. We have sustained our core activities and maintained a stable financial position during the year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We continue to recognise that a funding model based largely on personal donations and training income is unsustainable as the charity grows. Given the uncertainties that we face as this happens, we have built up an equitable reserve that, after taking into account staffing commitments, we aim to continue to maintain at a level where it will sustain the current level of core activities for at least 12 months following any unforeseen circumstances.
Amount of reserves held	Para 1.22	£ 38,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties in the foreseeable future

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first Trustees, every Trustee must be appointed (for a term of 3 years) by a resolution of the Trustees called at a special meeting of the Trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Alice Ruggles Trust
Other name the charity uses	
Registered charity number	1186309
Charity's principal address	Fargate House Main Street Tur Langton LEICESTER LE8 0PJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Claire Alderton		from 14 Aug 2024	
2	Dawn Anderson			
3	Tiffany Cater			
4	Mark Haggan			
5	Susan Hills	Secretary		
6	Emma Kay			
7	Maria Mellins			
8	Clive Ruggles	Chair		
9	Nicholas Ruggles			
10	Catriona Sibert			
11	Rachael Wheatley		to 16 Sep 2024	
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Clive Lance Neville Ruggles	Susan Elizabeth Hills
Position (eg Secretary, Chair, etc)	Chair	Secretary

Date 25 March 2025



Receipts and payments accounts

For the period from	01/01/2024	To	31/12/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and fundraising, including gift aid	10,362	-	-	10,362	10,859
Fees for conferences and professional training	22,536	-	-	22,536	21,090
Grants	58,385	-	-	58,385	500
Bank interest	294	-	-	294	-
SMP rebate	-	-	-	-	-
Sales of informative materials	-	-	-	-	-
Sub total (Gross income for AR)	91,577	-	-	91,577	32,449
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	91,577	-	-	91,577	32,449
A3 Payments					
Staffing costs	44,757	-	-	44,757	26,596
Informative materials	5,015	-	-	5,015	115
Costs of training and awareness-raising activities	7,778	-	-	7,778	17,036
Costs of fundraising activities	469	-	-	469	442
Staff training	527	-	-	527	36
Trustee expenses	104	-	-	104	221
Insurance	356	-	-	356	356
Social Media	979	-	-	979	752
Sundries (stationery, postage, phone, software licences)	459	-	-	459	588
Platform fees	-	-	-	-	303
Bank fees	-	-	-	-	-
Sub total	60,444	-	-	60,444	46,444
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	60,444	-	-	60,444	46,444
Net of receipts/(payments)	31,133	-	-	31,133	- 13,995
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	37,763	-	-	37,763	51,758
Cash funds this year end	68,896	-	-	68,896	37,763

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	65,827	-	-
	PayPal account	3,054	-	-
	Cash	15	-	-
	Total cash funds	68,896	-	-
		OK	OK	OK


	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets			
Details			
		-	-
Sundry debtors	400	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			
Details			
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			
Details			
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			
Details			
conference venue invoice		20,084	25 January 2025
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Clive Ruggles	05/03/2025



Section A Independent Examiner's Report

Report to the trustees/ members of	Charity Name Alice Ruggles Trust		
On accounts for the year ended	31 December 2024	Charity no (if any)	1186309
	Set out on pages 1		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/24

Responsibilities and basis of report As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

Independent examiner's statement I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: GF Martlew Date: 25/3/2025

Name: Georgina F Martlew

Relevant professional qualification(s) or body (if any):

Address: Orchard Close
Lazonby
Penrith CA10 1AJ

ALICE RUGGLES TRUST

England & Wales - Charity number 1186309

Accounts



Trustees' Annual Report for the period

From 1 Jan 2023 Period start date To 31 Dec 2023 Period end date

Charity name: Alice Ruggles Trust

Charity registration number: 1186309

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To preserve and protect the health and safety of the public from the dangers of coercive control and stalking and to bring about lasting improvements in the management of perpetrators and the protection of victims specifically by: <ul style="list-style-type: none"> (1) raising public awareness; (2) ensuring that relevant legislation is effective and adhered to, and in particular ensuring that stalking offences result in immediate action both to protect the victim and to deal effectively with the perpetrator. The Trust will achieve this by, for example, providing education and training for police, military and other relevant agencies; (3) campaigning for improved legal measures relating to stalking and related offences; and (4) supporting research into ways to improve the protection of victims of stalking and the management of perpetrators.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Across the course of 2023 the Trust developed a new strategy that accurately articulates our purpose and vision. Our activities now sit under three themes that enable us to carry our mission of to foster generations of young people who understand stalking, the potential risks of stalking, and what they can do about it.</p> <p><i>All young people recognise stalking and have the confidence to seek support</i></p> <p>In 2023 we commissioned a consultant to produce a single PSHE lesson about stalking for Key Stage 3 students to complement our suite of lessons for Key Stage 4 students. This will be launched in 2024. All our resources are freely</p>

	<p>available for schools to download and use themselves with accompanying teacher notes.</p> <p>Alongside our lessons, a 30-minute assembly has been delivered in 15 schools across the country by Alice Ruggles Trust volunteers. Funding secured in December 2023 from Durham Police and Durham Police and Crime Commissioner will enable the assembly to be rolled out across 52 schools in County Durham and Darlington in 2024 alongside a full evaluation of the project.</p> <p>Our social media presence continues to grow and work began on a refreshed website to be launched in 2024.</p> <p><i>All young people understand the connection between their own emotions, corresponding negative behaviours in relation to stalking, and impact on other people</i></p> <p>Our project with University of Derby to develop an early perpetrator intervention tool for adolescents continues to seek funding opportunities to pilot targeted support for young people at risk of experiencing or perpetrating stalking.</p> <p>We continue to work with the Knowledge Exchange Network to ensure our messaging has a foundation in the latest research.</p> <p><i>Adults in contact with young people recognise stalking and know how they could respond appropriately to concerns about stalking</i></p> <p>During 2023 the Trust delivered more than 20 presentations and on-line or physical training packages to a range of professional practitioners in criminal justice, offender management, social and healthcare, and domestic abuse caseworkers across England and Wales. Trust representatives also delivered talks to psychology and criminology students at several Universities.</p> <p>We have continued to collaborate with Tees, Esk and Wear Valleys (TEWV) NHS Foundation Trust to develop a range of materials to educate their staff and service users—particularly young people using their children and adolescent mental health services (CAMHS)—about stalking.</p> <p>2023 saw several new partnerships including with St Mary’s University to train police, CPS, and probation professionals across London; as a critical friend to the Northumbria Stalking Intervention Project; and our continuing involvement with the Findaway project, overseen by Wearside Women in Need.</p> <p>Our fifth conference, held in October, focused on adolescent stalking. There were 13 speakers</p>
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		across the day and a record attendance of 232, both physical and on-line, representing a range of criminal justice, social care and healthcare professionals, as well as academic researchers and educators.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm they have given careful consideration to the Charity Commission's public benefit guidance when setting the Trust's objectives and planning its activities during the year.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During 2023 Alice Ruggles Trust continued to grow and professionalise with clear direction provided by a new strategy.</p> <p>Our core work, fostering generations of young people who understand stalking, the potential risks of stalking, and what they can do about it continued to grow through our formal lessons and informal engagement. Our PSHE resources have been delivered by teachers or community police at several thousand schools around the country; we have a significant social media presence; and our freely available animated video, now available in English and Welsh versions, has been distributed widely both within schools and via social media.</p> <p>Our work with professionals continues to be important to ensure that young people seeking help get a good response. Our general training for all professionals continues to be popular in supporting people to gain a better understanding of the risks of stalking whilst our education specific training courses give professionals the confidence to discuss stalking with young people.</p> <p>We are looking forward to our continued growth in 2024.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Our main sources of income during 2023 were (i) fees for conferences and professional training and (ii) individual donations and fundraising, which together raised over £32,000 during the year. This has enabled us to sustain our core activities and maintain a stable financial position during the year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We seek to expand our activities going forward and recognise that a funding model based largely on personal donations and training income is unsustainable as the charity grows. Given the uncertainties that we face in doing this, we have built up an equitable reserve that, after taking into account staffing commitments, we aim to continue to maintain at a level where it will sustain the current level of activities for at least 12 months following any unforeseen circumstances.
Amount of reserves held	Para 1.22	£ 38,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties in the foreseeable future

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first Trustees, every Trustee must be appointed (for a term of 3 years) by a resolution of the Trustees called at a special meeting of the Trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Alice Ruggles Trust
Other name the charity uses	
Registered charity number	1186309
Charity's principal address	Fargate House Main Street Tur Langton LEICESTER LE8 0PJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dawn Anderson			
2	Kelda Henderson		to 7 Oct 2023	
3	Tiffany Cater		from 19 Sep 2023	
4	Mark Haggan		from 19 Sep 2023	
5	Anne Headley	Treasurer	to 19 Sep 2023	
6	Susan Hills	Secretary		
7	Emma Kay			
8	Maria Mellins			
9	Clive Ruggles	Chair		
10	Emma Ruggles		to 25 Apr 2023	
11	Nicholas Ruggles			
12	Catriona Sibert			
13	Leonard Smith		to 9 Dec 2023	
14	Rachael Wheatley			
15				
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19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Clive Lance Neville Ruggles	Susan Elizabeth Hills
Position (eg Secretary, Chair, etc)	Chair	Secretary

Date 17 Apr 2024



Receipts and payments accounts

For the period from	01/01/2023	To	31/12/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and fundraising, including gift aid	10,859	-	-	10,859	15,039
Fees for conferences and professional training	21,090	-	-	21,090	16,424
Grants	500	-	-	500	1,000
Reimbursements of expenses	-	-	-	-	7
SMP rebate	-	-	-	-	2,547
Sales of informative materials	-	-	-	-	50
Sub total (Gross income for AR)	32,449	-	-	32,449	35,067
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	32,449	-	-	32,449	35,067
A3 Payments					
Staffing costs	26,596	-	-	26,596	31,045
Informative materials	115	-	-	115	1,271
Costs of training and awareness-raising activities	17,072	-	-	17,072	3,118
Costs of fundraising activities	442	-	-	442	448
Trustee expenses	221	-	-	221	337
Insurance	356	-	-	356	346
Social Media	752	-	-	752	415
Sundries (stationery, postage, phone, software licences)	588	-	-	588	308
Platform fees	303	-	-	303	495
Bank fees	-	-	-	-	-
Sub total	46,444	-	-	46,444	37,783
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	46,444	-	-	46,444	37,783
Net of receipts/(payments)	- 13,995	-	-	- 13,995	- 2,716
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	51,758	-	-	51,758	54,474
Cash funds this year end	37,763	-	-	37,763	51,758

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	Bank account	31,165	-	-
	PayPal account	6,565	-	-
	Cash	33	-	-
	Total cash funds	37,763	-	-

(agree balances with receipts and payments account(s))

OK

OK

OK

Unrestricted funds

Restricted funds

Endowment funds

B2 Other monetary assets

Details	to nearest £	to nearest £	to nearest £
		-	-
Sundry debtors	11,608	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-


B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Clive Ruggles	Apr 17, 2024



**Independent examiner's report on
the accounts**

Section A

Independent Examiner's Report

Report to the trustees

Alice Ruggles Trust

**On accounts for the year
ended**

31 December 2023

**Charity no
(if any)**

1186309

Set out on pages

1&2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

G F Mathew

Date:

6/8/2024

Name: Georgina F Martlew

Relevant professional qualification(s) or body (if any):

Address: Orchard Close

Lazonby

Penrith CA10 1AJ



ALICE RUGGLES TRUST

England & Wales - Charity number 1186309

Accounts



Trustees' Annual Report for the period

From 1 Jan 2022 **Period start date** **To** 31 Dec 2022 **Period end date**

Charity name: Alice Ruggles Trust

Charity registration number: 1186309

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To preserve and protect the health and safety of the public from the dangers of coercive control and stalking and to bring about lasting improvements in the management of perpetrators and the protection of victims specifically by: <ol style="list-style-type: none"> (1) raising public awareness; (2) ensuring that relevant legislation is effective and adhered to, and in particular ensuring that stalking offences result in immediate action both to protect the victim and to deal effectively with the perpetrator. The Trust will achieve this by, for example, providing education and training for police, military and other relevant agencies; (3) campaigning for improved legal measures relating to stalking and related offences; and (4) supporting research into ways to improve the protection of victims of stalking and the management of perpetrators.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Raising public awareness <i>PSHE relationship safety resource.</i> During 2022 our freely available package of accredited materials and lesson plans on stalking and coercive behaviour for Key Stage 4 students (14- to 16-year-olds) were downloaded over 4000 times during the year and we have received positive feedback from across the country. Community support teams from eleven police forces have now undertaken to deliver our PSHE lessons in schools in their areas. We have also designed a school assembly, with accompanying walkthrough notes, and in December launched an offer to deliver this in person in Leicestershire and other areas where representatives of the Trust are available.

	<p><i>“Is it stalking?” video.</i> Our three-minute animated video to raise awareness of stalking and encourage victims to seek help sooner, launched in December 2021, has been translated into Welsh with the aid of a grant from the Welsh Government for delivery to schools throughout Wales.</p> <p><i>Social media.</i> We continue regular social media messaging on multiple platforms, aimed particularly at young people.</p> <p>Professional training and best practice</p> <p><i>Short courses and qualifications for professionals working with young people.</i> In 2022 we created a shorter (three-hour) version of our CPD-accredited “SafEE” course in collaboration with St Mary’s University, Twickenham. This aims to upskill professionals working with young people so that they recognise stalking and respond appropriately. By the end of the year, over 500 people had successfully completed SAFEE courses.</p> <p><i>Training and CPD.</i> During 2022 the Trust delivered more than 20 presentations and on-line or physical training packages to a range of professional practitioners in criminal justice, offender management, social and healthcare, and domestic abuse caseworkers across England and Wales, particularly in Devon and Cornwall, London and the Home Counties, the North-east, South and mid-Wales, Wiltshire, and elsewhere. Trust representatives also delivered talks to psychology and criminology students at several Universities.</p> <p><i>NHS.</i> We have continued to collaborate with Tees, Esk and Wear Valleys (TEWV) NHS Foundation Trust to develop a range of materials to educate their staff and service users—particularly young people using their children and adolescent mental health services (CAMHS)—about stalking.</p> <p><i>Conference.</i> Our fourth day-conference, held in October, focused on cyberstalking, perpetrator interventions, and multi-agency working. There were 11 speakers across the day and a record attendance of 192, both physical and on-line, representing a range of criminal justice, social care and healthcare professionals, as well as academic researchers and educators.</p> <p>Research</p> <p><i>Early perpetrator intervention and safety.</i> In collaboration with the University of Derby we</p>
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		<p>have conceived an on-line tool providing targeted support for young people at risk of experiencing or perpetrating stalking, and now plan its development and piloting by CAHMS services around the country.</p> <p>Campaigning</p> <p>Following the “Gracie’s Law” debate in parliament in January, we initiated a campaign to provide ring-fenced funding that would ensure that there are stalking advocates (ISACs) available in all police areas in England and Wales. This campaign is ongoing.</p> <p>National Stalking Consortium</p> <p>The Alice Ruggles Trust is a member of the National Stalking Consortium, formed in 2014, and attends regular consortium meetings. This is a collaboration of organisations working in stalking. Its overall aim is to improve support to victims of stalking throughout the UK.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm they have given careful consideration to the Charity Commission’s public benefit guidance when setting the Trust’s objectives and planning its activities during the year.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During 2022 the Trust has continued to increase its impact in raising awareness amongst young people and their support networks of the dangers of coercive control and stalking, both through formal education and informal engagement. Our PSHE resources have been delivered by teachers or community police at several thousand schools around the country; we have a significant social media presence; and our freely available animated video, now available in English and Welsh versions, has been distributed widely both within schools and via social media.</p> <p>Our engagement with professional practitioners, particularly in the police and CPS, has had a significant impact upon training and procedures around stalking, as has our training for professionals working with young people through our new SAfEE short courses. The impact of Alice's personal story is at the heart of all our messaging.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Our main sources of income during 2022 were (i) individual donations and fundraising and (ii) fees for conferences and professional training, which together raised over £31,000 during the year. This has enabled us to sustain our core activities and maintain a stable financial position during the year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We seek to expand our activities going forward and recognise that a funding model based largely on personal donations and training income is unsustainable as the charity grows. Given the uncertainties that we face in doing this, we have built up an equitable reserve that, after taking into account staffing commitments, we aim to continue to maintain at a level where it will sustain the current level of activities for at least 12 months following any unforeseen circumstances.
Amount of reserves held	Para 1.22	£ 40,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties in the foreseeable future

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first Trustees, every Trustee must be appointed (for a term of 3 years) by a resolution of the Trustees called at a special meeting of the Trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Alice Ruggles Trust
Other name the charity uses	
Registered charity number	1186309
Charity's principal address	Fargate House Main Street Tur Langton LEICESTER LE8 0PJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alexia Garbett		to 19 Mar 2022	
2	Kelda Henderson			
3	Dawn Anderson		from 19 Mar 2022	
4	Anne Headley	Treasurer	from 19 Nov 2022	
5	Susan Hills	Secretary		
6	Emma Kay			
7	Maria Mellins			
8	Clive Ruggles	Chair		
9	Emma Ruggles			
10	Nicholas Ruggles			
11	Catriona Sibert			
12	Leonard Smith			
13	Rachael Wheatley			
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Clive Lance Neville Ruggles	Susan Elizabeth Hills
Position (eg Secretary, Chair, etc)	Chair	Secretary

Date 11 Apr 2023



Receipts and payments accounts

For the period from	01/01/2022	To	31/12/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and fundraising, including gift aid	15,039	-	-	15,039	30,910
Fees for conferences and professional training	16,424	-	-	16,424	7,313
Grants	-	1,000	-	1,000	-
Reimbursements of expenses	7	-	-	7	310
SMP rebate	2,547	-	-	2,547	-
Sales of informative materials	50	-	-	50	-
Sub total (Gross income for AR)	34,067	1,000	-	35,067	38,533
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	34,067	1,000	-	35,067	38,533
A3 Payments					
Staffing costs	31,045	-	-	31,045	24,806
Informative materials	271	1,000	-	1,271	18,848
Costs of training and awareness-raising activities	3,118	-	-	3,118	817
Costs of fundraising activities	448	-	-	448	415
Trustee expenses	337	-	-	337	155
Insurance	346	-	-	346	346
Advertising	415	-	-	415	-
Sundries (stationery, postage, phone, software licences)	308	-	-	308	234
Platform fees	495	-	-	495	403
Bank fees	-	-	-	-	1
Sub total	36,783	1,000	-	37,783	46,025
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	36,783	1,000	-	37,783	46,025
Net of receipts/(payments)	- 2,716	-	-	- 2,716	- 7,492
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	54,474	-	-	54,474	61,966
Cash funds this year end	51,758	-	-	51,758	54,474

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	Bank account	47,520	-	-
	PayPal account	4,181	-	-
	Cash	57	-	-
	Total cash funds	51,758	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds

B2 Other monetary assets

Details	to nearest £	to nearest £	to nearest £
SMP held in credit	4,083	-	-
Sundry debtors	700	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-


B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Conference expenses payable	Unrestricted	7,285	31 July 2023
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Clive Ruggles	25/03/2023



Section A Independent Examiner's Report

**Report to the trustees/
members of**

The Alice Ruggles Trust

**On accounts for the year
ended**

31 December 2022

**Charity no
(if any)**

1186309

Set out on pages

1 and 2

**Responsibilities and
basis of report**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2022
As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

**Independent
examiner's statement**

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

GF Martlew

Date:

3 August 2023

Name:

Georgina F Martlew

**Relevant professional
qualification(s) or body
(if any):**

Address:

Orchard Close

Lazonby

Penrith CA10 1AJ

ALICE RUGGLES TRUST

England & Wales - Charity number 1186309

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1 Jan 2021 **Period start date** **To** 31 Dec 2021 **Period end date**

Charity name: Alice Ruggles Trust

Charity registration number: 1186309

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To preserve and protect the health and safety of the public from the dangers of coercive control and stalking and to bring about lasting improvements in the management of perpetrators and the protection of victims specifically by:</p> <ol style="list-style-type: none"> (1) raising public awareness; (2) ensuring that relevant legislation is effective and adhered to, and in particular ensuring that stalking offences result in immediate action both to protect the victim and to deal effectively with the perpetrator. The Trust will achieve this by, for example, providing education and training for police, military and other relevant agencies; (3) campaigning for improved legal measures relating to stalking and related offences; and (4) supporting research into ways to improve the protection of victims of stalking and the management of perpetrators.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Raising public awareness</p> <p><i>PSHE relationship safety resource.</i> During 2021 we updated and extended our freely available package of accredited materials and lesson plans on stalking and coercive behaviour for Key Stage 4 students (14- to 16-year-olds), adding a third lesson focusing on perpetrator behaviours. The number of police forces whose community support teams are delivering our PSHE lessons in schools in their areas increased during the year to eight, including the Metropolitan Police in London. Durham Constabulary, who first piloted the scheme, have developed videos that take</p>

	<p>facilitators through each of the three lessons step by step, which have been found useful by teachers as well as police.</p> <p><i>Social media.</i> We have continued to expand our social media presence, refocusing our attention on Instagram whose main audience is young people. In order to do this, we collaborated with a social media company to produce regular daily output including reels and videos.</p> <p><i>Animated video.</i> In December we released a three-minute animated video to raise awareness of stalking and encourage victims to seek help sooner. On launch day, it reached over 17,000 people on Twitter and by the year's end it had been viewed over 2,500 times through our website and YouTube.</p> <p>Professional training and best practice</p> <p><i>Short courses and qualifications for professionals working with young people.</i> Our one- and two-day "SafEE" courses — Ofqual-registered courses developed in collaboration with St Mary's University, Twickenham, aiming to upskill professionals working with young people so that they recognise stalking and respond appropriately — were rolled out from April. In October we appointed a freelance SAFEE trainer to aid their delivery around the country. In November we added a free two-hour on-line training session aimed at teachers and school support staff, which was successfully delivered to 107 teachers and educators in the London Borough of Wandsworth.</p> <p><i>Training and CPD.</i> During 2021 the Trust delivered presentations and on-line or physical training packages—either alone or in cooperation with other agencies and charities—to criminal justice, social care and healthcare professionals and domestic abuse caseworkers in Devon and Cornwall, London, the North East, South Wales, the West Midlands and elsewhere, as well as to the British Transport Police, CPS Wales, the Magistrates' Association (both nationally and local branches), and criminology students at different Universities.</p> <p><i>NHS.</i> The Trust worked with the Tees, Esk and Wear Valleys (TEWV) NHS Foundation Trust, which provides mental health services in County Durham, Teesside and North Yorkshire, to develop a range of training materials to educate their staff and service users about stalking. These included staff training webinars and booklets and a stalking awareness leaflet for</p>
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		<p>young people using their children and adolescent mental health services (CAMHS).</p> <p><i>Conference.</i> Our third day-conference, focusing on perceptions of risk in relation to stalking, was held on-line in October. There were 13 speakers across the day and 90 attendees, representing a range of criminal justice, social care and healthcare professionals, as well as academic researchers and educators.</p> <p><i>Early perpetrator intervention and safety on university campuses.</i> We have developed plans for a new project (“Care on Campus”) focused on safety on university campuses and a related project investigating effective early interventions with perpetrators.</p> <p>Research</p> <p>We continue to support various student research relating to stalking among young people through our Young People and Stalking Academic Collaboration Group and to facilitate specific projects such as research into the need for KS3 healthy relationship education.</p> <p>Campaigning</p> <p>Following a resolution passed at the October conference, the Trust is campaigning for an urgent and comprehensive independent review of Stalking Protection Orders.</p> <p>National Stalking Consortium</p> <p>The Alice Ruggles Trust is a member of the National Stalking Consortium, formed in 2014, and attends regular consortium meetings. This is a collaboration of organisations working in stalking. Its overall aim is to improve support to victims of stalking throughout the UK.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm they have given careful consideration to the Charity Commission’s public benefit guidance when setting the Trust’s objectives and planning its activities during the year.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
	Para 1.38	

Policy on social investment including program related investment		
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Despite the Covid restrictions, during 2021 the Trust significantly increased its impact in raising awareness amongst young people and their support networks of the dangers of coercive control and stalking, both through formal education and informal engagement. Our PSHE resources were delivered by teachers or community police at several thousand schools around the country; our social media presence continues to expand significantly; and our animated video, released in mid-December, had reached at least 20,000 people by the end of the year.</p> <p>We also had a significant impact on training and procedures around stalking among professional practitioners, particularly in the police and CPS. By the end of the year, Trust representatives had spoken directly to more than 5000 professionals in the criminal justice system (including police from the majority of the 43 forces across England and Wales), as well as in offender management, social care and healthcare. Engagement during 2021 was mostly on-line, at training and CPD sessions or conferences. The impact of Alice's personal story is at the heart of all our messaging.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	

Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	While our sole source of income in 2021 remained fundraising events and individual donations, these (together with Gift Aid) exceeded £30,000 during the year, thanks largely to the success of our "24 For Alice" initiative. Despite significant outlays during the year on the production of the animated video and on expanding our social media output, this has left us in a strong and sustainable position from which we can seek to continue to expand our activities going forward.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We recognise that a funding model based largely on personal donations is unsustainable as the charity grows. Given the uncertainties that we face in doing this, we have built up an equitable reserve that, after taking into account staffing commitments, we intend to maintain at a level where it will sustain the current level of activities for at least 12 months following any unforeseen circumstances.
Amount of reserves held	Para 1.22	£ 40,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties in the foreseeable future

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
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Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g. unincorporated association , CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first Trustees, every Trustee must be appointed (for a term of 3 years) by a resolution of the Trustees called at a special meeting of the Trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

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Reference and Administrative details

Charity name	Alice Ruggles Trust
Other name the charity uses	
Registered charity number	1186309
Charity's principal address	Fargate House Main Street Tur Langton LEICESTER LE8 0PJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alexia Garbett			
2	Kelda Henderson			
3	Susan Hills	Secretary		
4	Emma Kay		from 8 Jan 2021	
5	Maria Mellins			
6	Clive Ruggles	Chair		
7	Emma Ruggles			
8	Nicholas Ruggles			
9	Catriona Sibert			
10	Leonard Smith			
11	Rachael Wheatley			
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Victoria Charleston — Strategy and Development Manager
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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Clive Lance Neville Ruggles	Susan Elizabeth Hills
Position (eg Secretary, Chair, etc)	Chair	Secretary
Date	19 March 2022	



Receipts and payments accounts

For the period from	01/01/2021	To	31/12/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Transfer of funds from existing charity 1175316	-	-	-	-	62,289
Donations	12,418	-	-	12,418	3,666
Fundraising initiatives and events	15,870	-	-	15,870	8,844
Gift aid	2,622	-	-	2,622	1,512
Fees for conferences and professional training	7,313	-	-	7,313	14,175
Grants	-	-	-	-	290
Reimbursements of expenses	310	-	-	310	1,129
Sales of merchandise	-	-	-	-	70
Sub total (Gross income for AR)	38,533	-	-	38,533	91,975
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	38,533	-	-	38,533	91,975
A3 Payments					
Staffing costs	24,806	-	-	24,806	21,480
Informative materials	18,848	-	-	18,848	-
Costs of training and awareness-raising activities	817	-	-	817	6,146
Costs of fundraising activities	415	-	-	415	1,246
Trustee expenses	155	-	-	155	302
Insurance	346	-	-	346	345
Sundries (stationery, postage, phone, software licences)	234	-	-	234	85
Platform fees	403	-	-	403	-
Bank fees	1	-	-	1	317
Administration costs	-	-	-	-	88
Sub total	46,025	-	-	46,025	30,009
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	46,025	-	-	46,025	30,009
Net of receipts/(payments)	- 7,492	-	-	- 7,492	61,966
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	61,966	-	-	61,966	-
Cash funds this year end	54,474	-	-	54,474	61,966

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	Bank account	50,089	-	-
	PayPal account	4,182	-	-
	Cash	203	-	-
	Total cash funds	54,474	-	-
CCXX R1 accounts (SS)	(agree balances with receipts and payments account(s))	OK	OK	OK


	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets			
Details			
		-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			
Details			
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			
Details			
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			
Details			
Staffing costs payable	Unrestricted	1,094	31 January 2022
		-	-
		-	-
		-	-
		-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Clive Ruggles	March 19, 2022



Section A

Independent Examiner's Report

Report to the trustees of	Alice Ruggles Trust		
On accounts for the year ended	31 December 2021	Charity no (if any)	1186309
	Set out on pages 1 and 2		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2021.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: *GF Martlew* **Date:** 21 June 2022

Name: Georgina F Martlew

Relevant professional qualification(s) or body N/A

Address: Orchard Close
Lazonby
Penrith, CA10 1AJ



Section A

Independent Examiner's Report

Report to the trustees of	Alice Ruggles Trust		
On accounts for the year ended	31 December 2021	Charity no (if any)	1186309
	Set out on pages 1 and 2		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2021.

Responsibilities and basis of report

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I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: **Date:**

Name:

Relevant professional qualification(s) or body

Address:

ALICE RUGGLES TRUST

England & Wales - Charity number 1186309

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 13 Nov 2019 **Period start date** **To** 31 Dec 2020 **Period end date**

Charity name: Alice Ruggles Trust

Charity registration number: 1186309

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To preserve and protect the health and safety of the public from the dangers of coercive control and stalking and to bring about lasting improvements in the management of perpetrators and the protection of victims specifically by:</p> <ol style="list-style-type: none"> (1) raising public awareness; (2) ensuring that relevant legislation is effective and adhered to, and in particular ensuring that stalking offences result in immediate action both to protect the victim and to deal effectively with the perpetrator. The Trust will achieve this by, for example, providing education and training for police, military and other relevant agencies; (3) campaigning for improved legal measures relating to stalking and related offences; and (4) supporting research into ways to improve the protection of victims of stalking and the management of perpetrators.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Raising public awareness</p> <p><i>PSHE relationship safety resource.</i> This package of accredited materials and lesson plans on stalking and coercive behaviour for Key Stage 4 students (14- to 16-year-olds), developed in 2019 and made available nationally by the PSHE Association, was delivered in over 300 schools including a systematic roll-out in Co. Durham led by Durham Constabulary, which has motivated several other police forces to follow suit in 2021.</p> <p><i>Girlguiding.</i> In collaboration with Girlguiding Kent West, we developed a relationships badge</p>

	<p>to teach Guides about healthy and unhealthy relationships, managing unwanted behaviour, supporting friends and safeguarding themselves.</p> <p><i>Social media.</i> we have expanded our social media presence, achieving a doubling in size during the year and so enabling us to reach more people with regular messages about stalking and coercive control.</p> <p>Professional training and best practice</p> <p><i>Short courses and qualifications for professionals working with young people.</i> Working with St Mary's University, Twickenham, we developed an Ofqual-registered suite of qualifications aiming to upskill professionals working with young people so that they recognise stalking and respond appropriately. These are available from April 2021.</p> <p><i>Training and CPD.</i> Despite the Covid restrictions, during 2020 the Trust — either alone or in cooperation with other agencies and charities— delivered training for social and healthcare professionals and workshops for domestic abuse caseworkers in Buckinghamshire, Hertfordshire, Merseyside, Nottinghamshire, West Berkshire and elsewhere.</p> <p>We commenced work with Tees, Esk and Wear Valleys NHS Foundation Trust to produce a comprehensive package of training materials for all their staff relating to stalking and harassment.</p> <p><i>Conference.</i> Our second day-conference, in October, brought together 196 participants (including police from 24 different forces; CPS and judiciary; social, health, youth and probation services; academic researchers and educators; youth ambassadors and students) on-line to explore how best to support stalking victims under 25 years of age.</p> <p>Research</p> <p>The Trust commissioned a number of student projects from Curtin University in Perth, Australia to inform our work in raising awareness among young people. The overall aim is to create and evaluate effective ways of educating young populations about stalking and related problem behaviours, including coercive control.</p> <p>Campaigning</p> <p>Following the successful campaign to introduce Stalking Protection Orders we worked to ensure that the provisions of the Domestic Abuse Bill</p>
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		<p>will give adequate protection to victims of coercive control and stalking. The Trust also continues to lend its support to a campaign led by Paladin National Stalking Advocacy Service to introduce a register that would enable police to pro-actively identify, track, monitor and manage stalkers.</p> <p>National Stalking Consortium</p> <p>The Alice Ruggles Trust is a member of the National Stalking Consortium, formed in 2014, and attends regular consortium meetings. This is a collaboration of organisations working in stalking. Its overall aim is to improve support to victims of stalking throughout the UK.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm they have given careful consideration to the Charity Commission's public benefit guidance when setting the Trust's objectives and planning its activities during the year.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Over the year, the Trust had a significant impact in raising awareness amongst young people and their support networks of the dangers of coercive control and stalking, both through formal education and informal engagement. During 2020 our PSHE resources were downloaded over 6000 times and used in at least 300 schools. The "UnFollow Me" video had been watched by over a million young people on social media, while our own social media presence doubled in size over the year, averaging 3000 impressions per day on Twitter, for example.</p> <p>We also had a significant impact on training and procedures around stalking among professional practitioners, particularly in the police and CPS. By the end of the year, Trust representatives had spoken directly to more than 4000 professionals in the criminal justice system (including police from more than 20 forces across England and Wales), as well as in offender management, social care and healthcare. Engagement took place both physically (up until March 2020) and on-line, at training and CPD sessions or conferences. The impact of Alice's personal story is at the heart of all our messaging.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Since our inception (initially as a Charitable Trust in 2017) our activities have been financed primarily from fundraising events and donations. Despite the challenges resulting from the Covid-19 restrictions during 2020, the generous quantity of donations received during the first two years of our existence relative to the modest costs of the Trust's activities to date has left us in a relatively strong position even as we work to scale up the charity's activities.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	A funding model based largely on personal donations is unsustainable as the charity grows. At the same time, in growing the charity we face many uncertainties, quite apart from the additional challenges posed by Covid-19 measures. We have therefore built up an equitable reserve that we intend to maintain at a level where it will sustain the current level of activities for at least 12 months following any unforeseen circumstances.
Amount of reserves held	Para 1.22	£ 40,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties in the foreseeable future

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first Trustees, every Trustee must be appointed (for a term of 3 years) by a resolution of the Trustees called at a special meeting of the Trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Alice Ruggles Trust
Other name the charity uses	
Registered charity number	1186309
Charity's principal address	Fargate House Main Street Tur Langton LEICESTER LE8 0PJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alexia Garbett		from 4 Apr 2020	
2	Kelda Henderson		from 13 May 2020	
3	Susan Hills			
4	Maria Mellins		from 13 May 2020	
5	Clive Ruggles	Chair		
6	Emma Ruggles			
7	Nicholas Ruggles			
8	Catriona Sibert		from 13 May 2020	
9	Leonard Smith		from 7 Dec 2019	
10	Rachael Wheatley		from 13 May 2020	
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Victoria Charleston — Strategy and Development Manager
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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Clive Lance Neville Ruggles	Susan Elizabeth Hills
Position (eg Secretary, Chair, etc)	Chair	Secretary
Date	31 March 2021	



Receipts and payments accounts

For the period from	13/11/2019	To	31/12/2020
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Transfer of funds from existing charity 1175316	62,289	-	-	62,289	-
Donations	3,666	-	-	3,666	-
Fundraising events	8,844	-	-	8,844	-
Gift aid	1,512	-	-	1,512	-
Fees for conferences and training events	14,175	-	-	14,175	-
Grants	290	-	-	290	-
Reimbursements of expenses	1,129	-	-	1,129	-
Sales of merchandise	70	-	-	70	-
Sub total (Gross income for AR)	91,975	-	-	91,975	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	91,975	-	-	91,975	-
A3 Payments					
Staffing costs	21,480	-	-	21,480	-
Costs of training and awareness-raising activities	6,146	-	-	6,146	-
Costs of fundraising activities	1,246	-	-	1,246	-
Trustee expenses	302	-	-	302	-
Insurance	345	-	-	345	-
Stationery etc	85	-	-	85	-
Bank fees	317	-	-	317	-
Administration costs	88	-	-	88	-
	-	-	-	-	-
Sub total	30,009	-	-	30,009	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	30,009	-	-	30,009	-
Net of receipts/(payments)	61,966	-	-	61,966	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	61,966	-	-	61,966	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	55,707	-	-
	PayPal account	5,856	-	-
	Cash	403	-	-
	Total cash funds	61,966	-	-

(agree balances with receipts and payments account(s))

OK

OK

OK

Unrestricted funds
to nearest £

Restricted funds
to nearest £

Endowment funds
to nearest £

B2 Other monetary assets

Details

Donations due from intermediaries	4,029	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details


Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Staffing costs payable	Unrestricted	2,847	31 January 2021
PSHE resource updates	Unrestricted	5,875	
Training not yet delivered	Unrestricted	1,196	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval



Clive Ruggles

31-Mar-21



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Alice Ruggles Trust

**On accounts for the year
ended**

31 December 2020

**Charity no
(if any)**

1186309

Set out on pages

1 and 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2020.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

**Independent
examiner's statement**

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: *Gina F Martlew*

Date: 13/07/2021

Name: Gina F Martlew

**Relevant professional
qualification(s) or body
(if any):**

Address: Orchard Close

Lazonby

Penrith
CA10 1AJ

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

