

# BRISTOL AUTISM SUPPORT

England & Wales · Charity number 1186287

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2019-11-12

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Linden Accountants Ltd  
Scrapstore House  
21 Sevier Street  
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**Phone** 07787452164

**Email** [info@bristolautismsupport.org](mailto:info@bristolautismsupport.org)

**Website** <https://www.bristolautismsupport.org>

## Activities

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**Objects:** 1. THE PRESERVATION AND PROTECTION OF GOOD HEALTH FOR THE PUBLIC BENEFIT AMONGST NEURODIVERGENT PEOPLE, THEIR FAMILIES AND CARERS AND PROFESSIONALS AND EMPLOYERS IN BRISTOL AND THE SOUTHWEST, IN PARTICULAR BUT NOT EXCLUSIVELY BY: 2. (A) PROVIDING SPECIALIST, IN-PERSON, ONLINE, EMAIL AND TELEPHONE SUPPORT, ADVICE, GUIDANCE AND INFORMAL COUNSELLING, INFORMATION AND SUPPORT TO NEURODIVERGENT PEOPLE AND THEIR FAMILIES/CARERS AND PROFESSIONALS/EMPLOYERS (B) ADVANCING EDUCATION AND UNDERSTANDING OF NEURODIVERSITY BY PROVIDING TRAINING AND SPECIALIST INFORMATION FOR PROFESSIONALS AND NEURODIVERGENT PEOPLE BY ORGANISING CONFERENCES, MEETINGS, WORKSHOPS AND EVENTS AND PROVIDING WEB-BASED RESOURCES , TRAINING AND ADVICE FOR EMPLOYERS /PROFESSIONALS (C) PROMOTING EMPLOYMENT/TRAINING AND VOLUNTEERING OPPORTUNITIES FOR NEURODIVERGENT PEOPLE WITH THE AIM OF BUILDING THEIR INDIVIDUAL CAPABILITIES, COMPETENCIES AND SKILLS AND SUPPORTING EMPLOYERS/PROFESSIONALS TO MAKE THEIR SETTINGS/PRACTICE MORE INCLUSIVE.

**Activities:** Equalities-led organisation supporting Neurodivergent people in Bristol & the Southwest. Supporting the parents/carers of Neurodivergent children. Supporting Neurodivergent people and their families. Provision of family & wellbeing activities for families of Neurodivergent children & young people. Training, information and support for Neurodivergent people and professionals working in the

field

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Disability, Economic/community Development/employment
- **Who:** Children/young People, People With Disabilities, Other Defined Groups, The General Public/mankind

## Geography

- **Area of benefit:** LOCAL
- Bath And North East Somerset
- Bristol City
- North Somerset
- South Gloucestershire

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£229,763	£249,361	-	-
2024-03-31	£246,501	£204,851	-	-
2023-03-31	£122,095	£96,194	-	-
2021-11-30	£26,846	£35,497	-	-
2020-11-30	£30,237	£12,860	-	-

## Trustees

Name	Role	Appointed
Jane Walton	Chair	2019-11-12
Adam Baker		2023-04-29
Caroline Clark		2021-03-08
Glen Maxwell-Heron		2023-04-29
Imran Ali		2024-05-01
Jason Thorne		2019-11-12
Joanne Stokes		2021-03-08

**BRISTOL AUTISM SUPPORT**

England & Wales - Charity number 1186287

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# Accounts

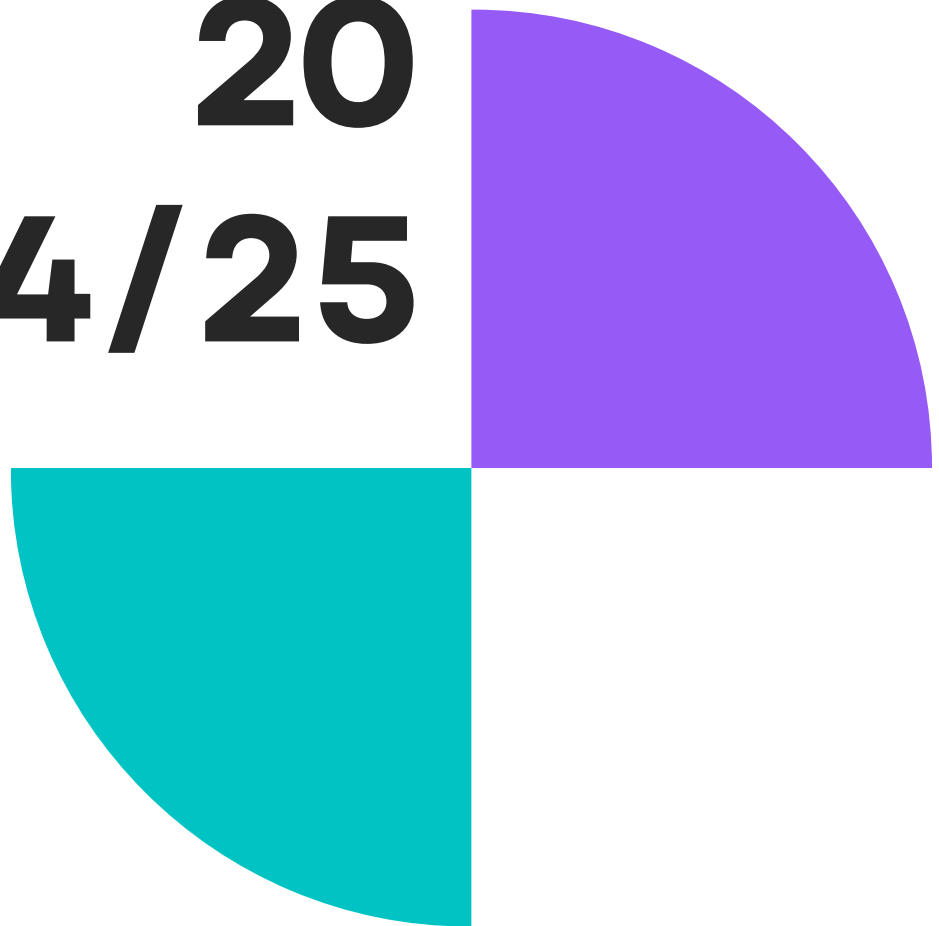
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Bristol Autism Support

# Annual Report

**20**  
**24/25**



Charity Registration Number - 1186287

[www.bristolautismsupport.org](http://www.bristolautismsupport.org)



# About BAS

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Bristol Autism Support (BAS) is a peer-to-peer support charity for parents and carers of autistic children and adults, either diagnosed or undiagnosed. Our goal is to improve outcomes for autistic individuals by providing their parents and carers with information and timely support whilst connecting them with networks of their peers. By supporting and informing them we can empower them to better support the autistic people in their lives.

Bristol Autism Support began in 2012 as a small group meet-up in a local pub, initiated by our Founding Director, Kate Laine-Toner, then a mother of a toddler with autism who couldn't find any local support. It has grown into a successful charity with over 4,000 families in our network. BAS primarily support parents and carers of children in the Bristol area (including North Somerset, South Gloucestershire and BANES). Most parents and carers engaged with BAS prior to their child's autism assessment and for some time after they are diagnosed.

In 2023, BAS also became the South West hub for the Autism Central contract. This is an NHS contract delivered in partnership with the National Autistic Society, we are their sub contractor responsible for the delivery of the Autism Central Peer Education Programme for the whole of the South West.

This has been an ambitious project for a small charity but BAS has risen to the challenge, expanding our networks across Somerset, Gloucestershire, Wiltshire, Dorset, Devon and Cornwall, increasing our support to parents and carers of adults, personal assistants and people across the South West of England. Autism Central has been commissioned by NHS England's Workforce, Training and Education Team and is delivered nationally by nine not-for-profit organisations led by the National Autistic Society,

The Autism Central Hubs offer guidance to families, carers and personal assistants of autistic people. All of our sessions are run by Peer Educators. These are parents or carers of autistic people who are happy to share their knowledge and experience. Peer Educators offer group and 1-1 sessions to nurture mutual support, offer information, and help carers and parents find services and networks available to them.

[www.bristolautismsupport.org](http://www.bristolautismsupport.org)

Charity Registration Number - 1186287





# Introduction

## The BAS team

2024/25 has been another year of continued growth for Bristol Autism Support. Our services and the team have grown significantly over the year - we now have 9 employees, and an increasing number of freelancers and volunteers who support our ongoing work in both our core area and the wider South West region.

One of the biggest undertakings of the year has been continuing the delivery of the Autism Central Peer Education Programme in partnership with the National Autistic Society. This has enabled our team to grow and provide more support to families as well as increasing our impact across the whole of the South West of England.

### Highlights of the year include:

- 15 successful family events, including Children's Scrapstore sessions, Victorian Christmas at the SS Great Britain and Cycling on the Strawberry Line.
- 2 successful 6 week Music therapy courses
- Our Fortnightly sensory sessions at 'Supersense' in South Bristol.
- The launching of our Community bookshelf at the Imperial Sports Ground in Bristol. This has become a popular way to share books related to Autism with families.
- Delivery of our very highly valued 'Support Block' short courses. 3 and 6 week blocks of information and training sessions for parents with 100% of people reporting increased confidence.
- Start of new Cadbury Heath 'Stay and Play' sessions for children and families.
- The launch of our 'BAS Podcast' to enable us to reach a wider audience.
- We also made the news in December with our tips for supporting Neurodivergent loved ones at Christmas. You can still find our tips on our Instagram page.
- Increased our Facebook online community to 4.7K members.
- Delivered 436 sessions, a 21.5% increase in delivery from the previous year.

## Headline stats

Total Number of People Supported

**3904**

Total Number of Sessions Delivered

**436**

Charity Registration Number - 1186287



# Chair's Report 2024-25

This reporting period has been defined by continued expansion and significant impact for Bristol Autism Support (BAS). We are proud to report a year of robust growth in service delivery.

Our core goal remains meeting the high and increasing demand for support, driven in part by the 5,000 children who were on diagnosis waiting lists as of March 2024. In response, we expanded our capacity for providing personalised 1-1 support calls for families. The number of meet-ups offered were up 21% on the previous reporting period, which included the provision of new support groups and coffee mornings led by demand and family well being events that provided an enriching and inclusive experience for those that participated. A total of 3904 people were supported by our services with 436 sessions delivered in total.

A major focus of the year was the successful delivery of a contract delivered in partnership with The National Autistic Society. As their South West partner we were responsible for the delivery of the Autism Central Peer Education Programme. The program was designed and delivered by people with first hand experience of Autism. This initiative enabled us to deliver specialised training and information sessions to over 1000 attendees, with 100% of attendees reporting increased confidence. The sessions covered vital topics such as Demand Avoidance, ARFID (Avoidant Restrictive Food Intake Disorder), Distressed Behaviour and Sleep.

Further enhancing our outreach, we launched key initiatives including the BAS Podcast in October 2024, and the Community Bookshelf. We also celebrated the sustained success of BAS Dads, which marked its 2nd year of running sessions with 105 attendees, and began a new partnership with 'Supersense' in South Bristol providing fortnightly access to state of the art sensory facilities. This substantial service delivery was made possible by the dedication of our volunteers. Our thriving team provided over 860 volunteer hours, and our Peer Educator team grew significantly to 39 members by December 2024.

Looking ahead, our strategic goals for 2025/26 centre on professionalising the organisation and ensuring a sustainable future. We are recruiting a Chief Executive to oversee the day to day running of the charity. This will enable the trustees to focus on strong charity governance and strategic oversight.

BAS remains committed to ensuring that our core services are fully funded and continue to expand to meet the growing needs of local families.



# BAS Vision and Aims

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## Vision

To nurture, empower and connect parents and carers in order to improve outcomes for Bristol's autistic children

## Mission

To provide high quality, face to face or virtual support and the latest correct, useful and crucial information to parents and carers of autistic children in Bristol

To provide a safe haven and a community for Bristol's autism families in order to reduce isolation and improve mental and physical wellbeing

## Our aims

**Inform:** we continuously gather new information about support, benefits and autism and share it with our community. We train parents / carers new to autism on how best to support their child and themselves. Our website is a valuable portal for parents, carers, professionals and the general public to access information about supporting individuals with autism.

**Support:** we support our service users through meetings, training, advocacy, online, telephone and email support

**Empower:** we strive to provide the latest, relevant and necessary information for parents and carers so that they can make informed decisions about their child's care and education.

**Connect:** we provide a wide range of opportunities for parents and carers to connect, form friendships and be part of a community of understanding people.

**Opportunity:** we provide a wide range of volunteering opportunities that help volunteers gain new skills that could be used to gain employment.

**Collaborate:** we work with other organisations to provide new and novel support options for our service users.

# Our Impact

People directly supported in 2024-25

**3904**

Sessions delivered

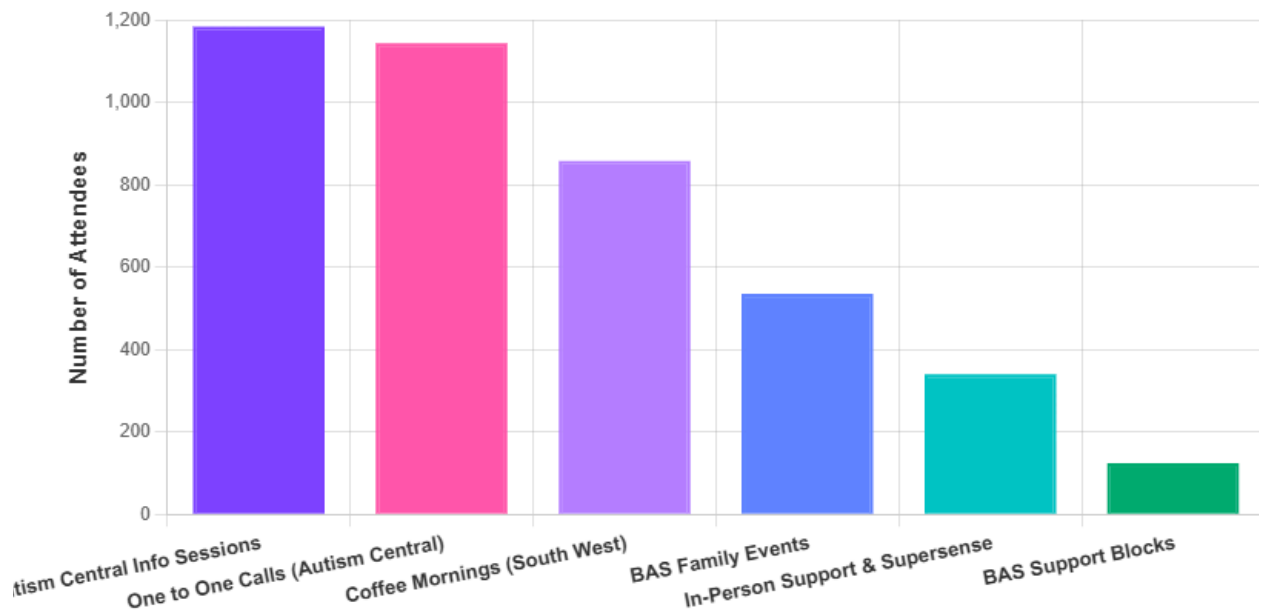
**436**

2024/25 has seen a 21.5% increase in the number of sessions delivered when compared with January to December 2024

## Attendees in 2024-2025

### Bristol Autism Support Services

Total Attendance by Service Type (April 2024 - 2025)



### Key Insights

- **Highest Engagement:** Autism Central services (Information Sessions, coffee mornings and 1:1 calls) represent the largest portion of our delivery, totalling over 2,400 people directly supported.
- **Community Support:** In person meet ups and support groups remain a significant pillar of our Southwest outreach with over 1000 attendees at coffee mornings and support groups.

# Treasurer's Report 2024-25

This reporting period has been foundational for Bristol Autism Support (BAS), characterised by meaningful and measured impact, continued service growth and expansion into new areas.

This year saw a significant increase in operational activity, requiring careful and well-planned financial and resource management. BAS continues to professionalise its internal structures and processes to ensure the organisation remains fit for purpose and able to grow in a sustainable and well-governed way. Although the accounts show a small operational loss, this was planned for and fully supported by the balance carried forward from a multi-year contract.

The organisation's financial needs continue to be driven by unprecedented demand for our services. During this period, BAS delivered 21% more meet-ups and provided additional personalised 1-to-1 support calls, in-person sessions and information events. With 5,000 children on the waiting list for diagnosis as of March 2024, the pressure on BAS to increase capacity remains significant.

We are pleased to report substantial success in securing vital funding during this reporting cycle. A key milestone was achieved in January 2025 with a three-year grant from The National Lottery Reaching Communities Fund (2025–27). Further positive visibility came from a £1,000 anonymous cash donation in June 2024, which received favourable media coverage. These funding boosts contributed to a year in which BAS supported a record number of people.

Our fundraising efforts were further strengthened through corporate partnerships with National Friendly, who selected us as their charity partner, along with continued support from the Bristol Hoteliers Association and DoubleTree by Hilton Hotel.

Looking ahead to 2025/26, we anticipate increased expenditure due to expected rises in National Insurance and Living Wage costs. This will require careful planning and strong financial governance to support our continued growth.

It is the trustees policy to hold between 3 and 6 months running costs in reserves. We are actively continuing to build reserves in 2025/26.

Our strategic priorities for the year ahead include:

- Diversifying income streams as we work towards financial sustainability.
- Ensuring our essential core services remain fully funded.
- Reviewing and improving internal systems.

Key milestones will include:

- Migrating our financial processes to Xero accounting software.
- Implementing a new CRM system to support fundraising and communications
- Recruiting a Chief Executive to provide consolidated leadership and guide BAS into its next phase of development.



# Quotes from Families

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*I am very grateful for the work you do and without all the help I have received from BAS, I really do think I would be in a much worse place and so would my 2 children.*

*All the staff and volunteers make everyone so welcome and genuinely invest in you and your children.*

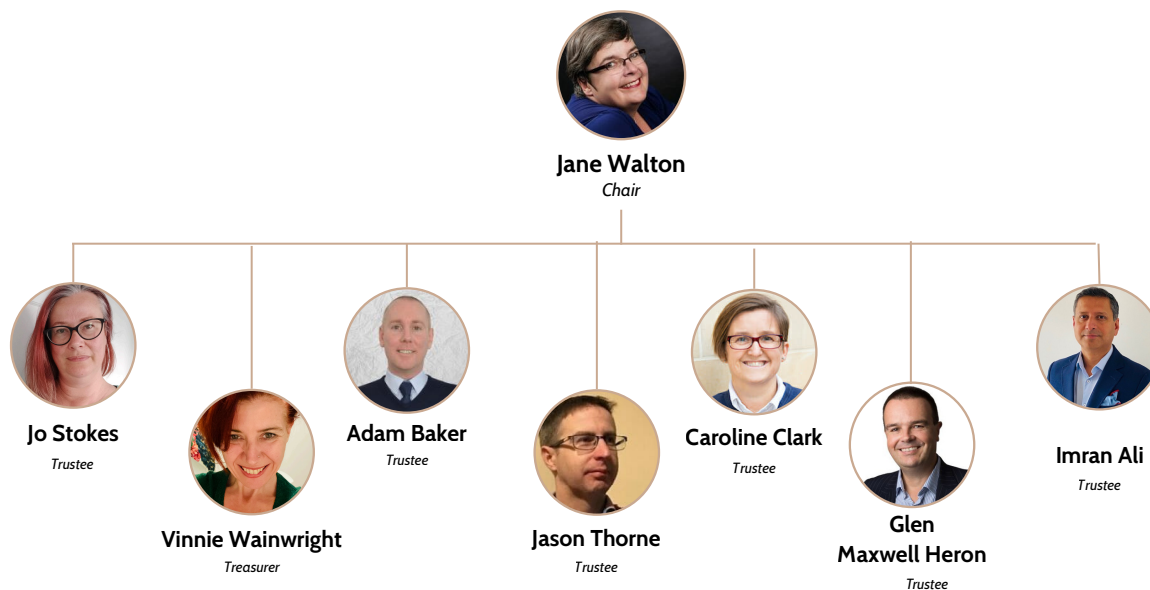
*The support, the training sessions, the 1-1 calls are all utterly brilliant*

*Without Bristol Autism Support: "I would not have a support network of other people and information that was accessible and supportive for me and my children. I would feel a lot more isolated."*

*We have felt better informed, supported and no longer alone. Previously we felt we were parenting wrong and it was all our fault, BAS showed us lots of people experience the same challenges and feel like we do. It normalised our life and gave us tools to look after our autistic child better.*

# Our People

Bristol Autism Support is a registered C.I.O led by the board of trustees which is supported by our Operations team, volunteers, peer educators and self employed trainers. Our trustees are responsible for overseeing the governance and strategic direction of the charity. The majority of our trustees are also parents or carers of autistic children. BAS currently has eight trustees:



## Volunteers

BAS has a strong team of volunteers; alongside our eight trustees, we have 32 peer support volunteers who help at our in-person support sessions, provide peer support to new members and administer our Facebook groups.

## Bristol Autism Support Team

The BAS team of 13 has 9 part-time employees (up from 6 in 2023) and a further 4 part time workers / freelancers delivering our day-to-day services. Several of our team members also provide voluntary hours to BAS and our team are also supported by our Peer Educators.

# BAS Operations Team



**Louise Mills**  
Operations Manager



**Eneris Leston**  
Finance Assistant



**Laura McFadden**  
Fundraising & Events Manager



**Kim Gryniecicz**  
Administrator



**Jonny Gilder**  
Social Media & Marketing Manager

# Volunteer Team



**Louise Mills**  
Operations Manager



**Lizzie Witchard**  
Volunteer Manager

## Trustees

Jane Walton  
Jo Stokes  
Jason Thorne  
Caroline Clark  
Adam Baker  
Glen Maxwell Heron  
Imran Ali  
Vinnie Wainwright

## In Person Volunteers

Paula Croydon  
Jess Machin  
Rod Mayall  
Roni Johnson  
Suzy Berry  
Wendy Merchant  
Helen Sheppard  
Debra Burley  
Donna Trigg  
Sian Clark  
Catherine Bicknell  
Joanne Baldwin

## Facebook Admin

Mary Hutton  
Kim Gryniecicz  
Sam Adams  
Rita Taguercifi  
Michelle Dawes  
Sue Francomb  
Dany Moore  
Crystal Durnford  
Melanie Bennett

## Support Volunteers

Charlene Fripp  
Emily Ingle  
Dany Moore  
Crystal Durnford  
Mary Hutton  
Wendy Merchant



## Autism Central Team



**Abby Francis**  
*Hub Coordinator / Peer Educator*



**Jade Page**  
*Autism Central Hub Lead*



**Amy Phipps**  
*WAC / Trainer*



**Loren Snow**  
*WAC / Trainer*  
**Torbay**  
**Plymouth**  
**South Devon**



**Laura McFadden**  
*WAC*  
**North Somerset**  
Kim Grynewicz  
Melissa Allen  
Emma Walker  
Laura Shaw  
**Somerset**  
Maria Hansell



**April Iles**  
*WAC*  
**Gloucestershire**  
Ian McRae  
**Torbay**  
Rebecca Box  
Helen Baker  
**Plymouth**  
Paula Kaminska  
Keith Clark  
**BANES**  
Jane Kemp



**Lizzie Witchard**  
*WAC*  
**Bristol**  
Tracy Baggott  
Hollie Baxter  
Laura Manning  
Christina Morgan  
Sapna Boden  
Louise Mills  
**South Gloucs**  
Zoey Inglis



**Saira Stringer**  
*WAC*  
**Wiltshire**  
Heidi Logie  
Laura Hughes  
Emma Jefferd  
**Swindon**  
Kam Dellar  
**Cornwall**  
Beth Collis  
Ruth Adkins



**Vicky Cooksley**  
*WAC*  
**Devon**  
Julia Mitchell  
Ursula Easton Pool  
**Dorset**  
Alison Carey  
**BCP**  
Mark Arnold  
Charlotte Lovell  
Jenny Rowe

### Peer Educators

Listed above we have our Peer Educators who work for us across South West England. As of December 2024, we had a team of 39 Peer Educators. The Peer Educators deliver the Autism Central Peer Education Programme by offering in-person and online group sessions.

# Partners and Funders



# Fundraising

2024/25 has been an exciting year for fundraising and donations. We even had a mystery donation of £1k cash through the post, which made the national press! The wonderful businesses and individuals who have raised money for Bristol Autism Support mean that we can continue to provide support, advice, and events for our families, as well as cover the ongoing costs of running the charity. We continue to be grateful to our members and supporters who regularly donate to us, including our Friends of BAS and those on payroll giving.

National Friendly chose us as their charity partner for 2024/25 and, in May, presented us with a cheque for an incredible £3,350. They had many fundraising events throughout the year, including a quiz, silent auction, bake sale and a 100km sponsored run/walk.

In 2024/25 we have received invaluable support from the Doubletree Hilton, Bristol City Centre. The team at the Hilton have helped us in so many ways. A group of hotel staff ran the Bristol 10K and provided rooms for our events and National Friendly's fundraising quiz. BAS volunteers ran their cloakrooms over their festive period at Christmas, with all donations going to BAS. We are so incredibly grateful to them for their continued support and loyalty.

This year, BAS is delighted to have been chosen as a charity partner by the Brigstowe Mercure, who donated a delicious lunch for our volunteers at our Christmas get-together and provided catering for our team training day. They have a sponsored 2500 kilometres on spinning bikes planned for 2025. We have also been chosen as a charity partner by Chorus, who have a lot of fundraising planned for 2025/26.



# Areas of operation

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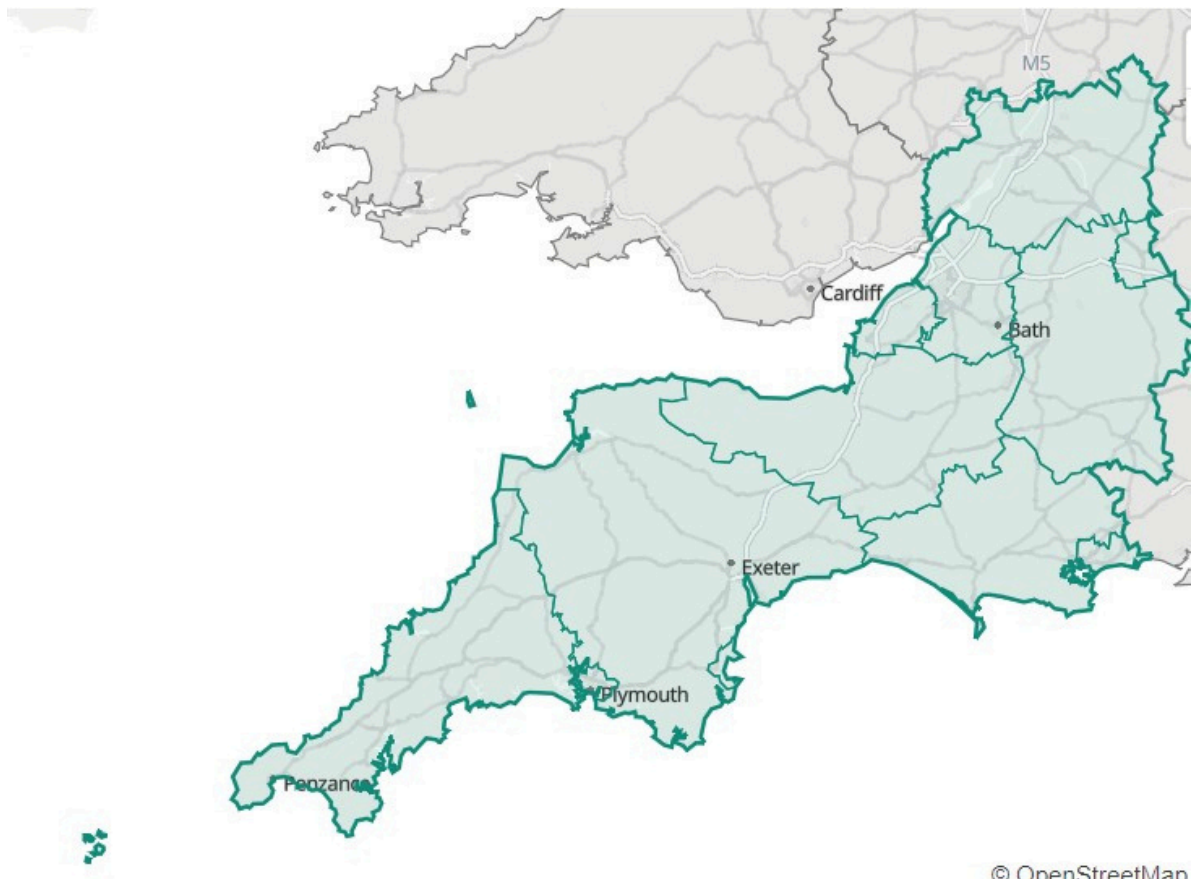
## Who do we support

Our core service users/members are based in the Bristol Area (Bristol, South Gloucestershire, North Somerset and BANES). The majority of these users are parents and carers of autistic children. By the end of March 2025, we had over 1700 members registered in this area and 4.8K members in our main Facebook group for this area.

## Areas we cover

Parents and carers in our core area (Bristol and surrounding authority areas) are able to become members of Bristol Autism Support, access our Facebook group, join our support blocks and attend wellbeing and family events. These services are not available outside our core area.

However, through the Autism Central Peer Education Programme, we also support parents and carers of autistic adults and children alongside personal assistants across the whole South West Area.

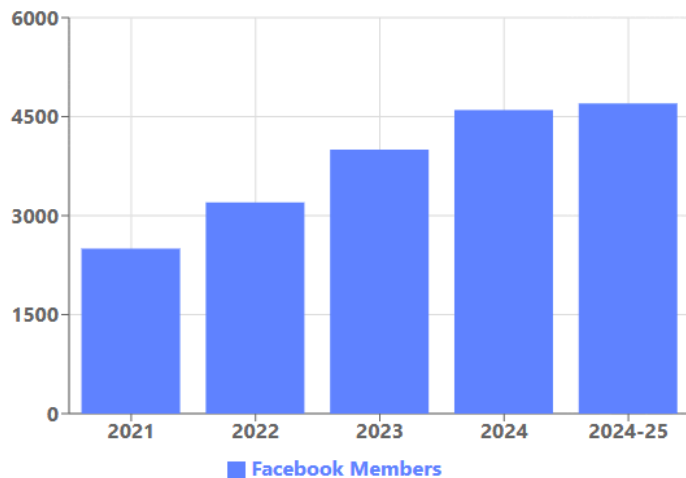


© OpenStreetMap

# BAS Community

**1,744**  
BAS members

**4,700**  
Facebook members



## Website

Our website continues to be updated with the latest information and advice to support families.

Surveys with members and service users demonstrate that initially most people find us and connect with us online, our Facebook group and website being the most popular.

With the launch of the Autism Central Program last year, we added a page to the website focussed specifically on this offer where those needing 1-1 support can book a call or video call directly.

## Social Media

Our 2024/25 social media growth is most prominent in our Facebook group and Instagram pages, which have seen 13% and 23% growth, respectively, across the year. Our social media presence is very important because it means we are reaching more families and growing our community. Our Facebook groups and 'BAS Village' are managed entirely by volunteers.

**Website - [www.bristolautismsupport.org](http://www.bristolautismsupport.org)**

**Charity Registration Number - 1186287**

# Sensory Play Sessions

BAS holds fortnightly sessions at 'SuperSense' at Imperial Sports Ground -South Bristol. Super Sense is a purpose built state of the art sensory room which gives parents and carers the opportunity to talk to our team in an environment where their children can safely have fun and engage in sensory play. During 2024-25 we have worked with three different age group sessions to meet the needs of our regular attendees and to ensure we reach as many families as possible.

Our small sensory play and support group sessions held here are:

1. Any age child
2. School-aged children
3. Children aged 8+

**20** Sensory Sessions

**117** People supported



*'It has been wonderful to connect with other families that have children out of education.'*

*'A fantastic environment where my child is happy and I can talk with other parents.'*

*Thanks for everything you do to help support families like mine. It's very much appreciated.'*

# Family Events

In response to member requests for more family activities, BAS held 15 family events in 2024-25 designed to bring together families and enable children to access activities that may be challenging without the right support or provisions in place. These included four Gympanzees sessions, Circus Starr, Halloween at the Aquarium, Art and Wellbeing sessions, Victorian Christmas at the SS Great Britain, and Cycling at the Strawberry Line .Additional funding from The National Lottery allowed for us to provide both a six week and a 12 week music therapy course for a small group of young people.

**679** Attendees at events



## Music Therapy

*“I am very grateful for the opportunity for my child to take part in this. She loves music & now I know that percussion is where to focus with her. She also has two new friends from doing this, & that is very special “*

*“The sessions had a big impact on my son. He learnt he could leave a space and return when ready and was able to apply the same at school.”*



# Family Events



## Strawberry Line Cycle Project

*'The opportunity to meet up with other BAS families and to do something we don't normally do was invaluable. B really enjoyed a sense of freedom cycling in a safe place. Since her diagnosis in 2023, BAS has really been a lifeline for her and for our family, providing support, expertise and experiences that would otherwise not be open to us.'*

*'J absolutely loved cycling along the Strawberry Line with his Dad. He hopes to do it again.'*



## Children's Scrapstore Workshop

*'It was so lovely to have access to the Scrapstore. P absolutely loved being able to explore lots of textures and materials. Being autistic myself I find messy play, arts and crafts very difficult so it's great she was able to access this in a safe space away from home. Thank you BAS'*

# Support Groups

In addition to our more casual meet-ups/coffee mornings, we also offer in-person support groups.

**75** Support groups  
**363** Attendees

In 2024-25 we held:

- 20 In person South Bristol Support Groups with 104 attendees
- 18 In person North Bristol Support Groups with 119 attendees
- 7 In person Broomhill Support Groups with 37 attendees
- 21 Online Support Groups with 51 attendees
- 7 Online EBSA groups with 45 attendees
- 1 Online Sleep session with 7 attendees



## Attendee quote:

*“Since joining Bristol Autism Support, I’ve felt far less isolated. Before, it often felt like no one really understood what life is like parenting an autistic child. The group has given me a real sense of community and belonging. I now have people I can talk to who just ‘get it’ and I’ve learned so much from others’ experiences and practical advice. I feel more confident navigating challenges and advocating for my son’s needs.”*

# Meet Ups

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At the core of BAS is the aim to connect parents and carers, enabling them to share information and form friendships. Since 2023 our number of in person meet ups has increased substantially, going from 74 in 2023, to 92 in 2024. For March 2024-2025 we hosted 127 meet-ups, with 444 attendees at these sessions. Our coffee mornings and meet-up groups are intended to be casual opportunities to meet other parents and carers along with our team.

Popular meet-ups include special sessions for grandparents, dads and male carers. With additional funding received from The National Lottery, the Autism Central Peer Education Programme and the Bentley Foundation, we have been able to increase our locations and new groups this year, including Fishponds, Hillfields, Nailsea, and Weston-super-Mare.

**444** Attendees

**127** Meet ups / coffee mornings



*“It was so great to meet other parents who understand.”*



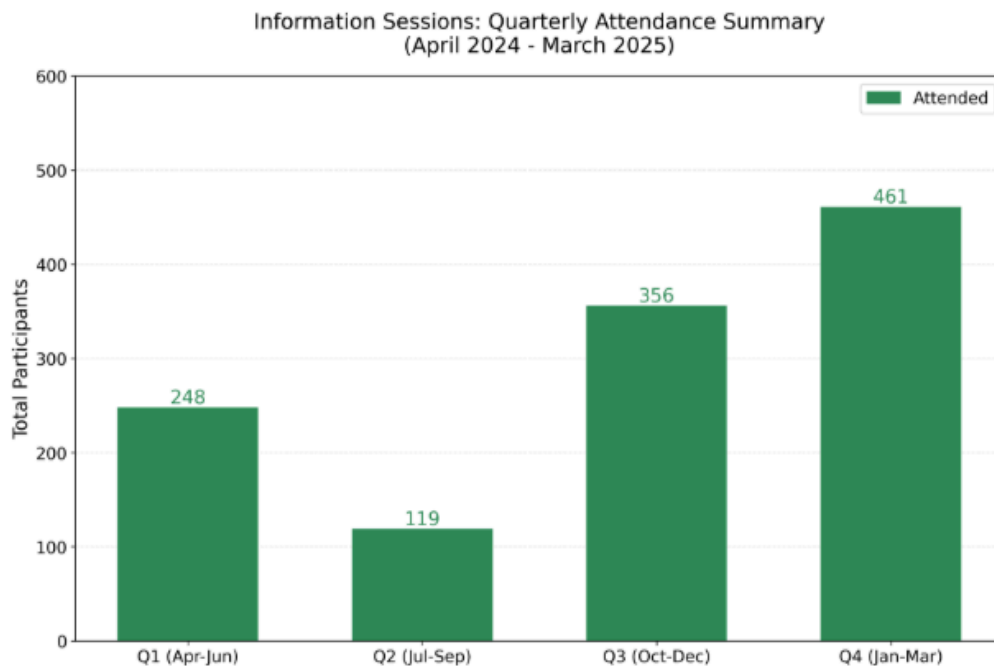
*“Please keep up all of your good work and big shout out to the autism coffee morning. We need you!”*

# Information Sessions

Our increase in size to deliver the Autism Central Programme enabled us to offer more **Information Sessions**, with **79** of the **80** sessions BAS delivered contributing to the programme between April 2024 and March 2025.

The information topics span 36 different course titles, from **Autism and Food** to **Applying for Disability Living Allowance**.

**80** Information Sessions  
**1081** Attendees



**Course attendee highlights:**

*"The informative and brilliant trainers and the reflective lived experience."  
"Non judgemental. Learnt a lot about the Queer community and displacing myths. Felt encouraged child would find a tribe when older"*



# 1-1 Support

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Our peer support calls and helpline service have been staffed by our Autism Central Wrap Around Coordinators. They deliver our 1-1 support through email, phone, and video call.

Between April 2024 and March 2025, we provided personalised 1-1 support to 1144 parents and carers, compared to 1,156 in 2024 and 852 in 2023.

**1144** Individual parent carer support sessions

**8** Wrap Around Coordinators

**39** Peer Educators Recruited & Trained

**14** Sessions delivered for Personal Assistants

*“Thank you so much for spending the time talking to me today. I have felt like I wasn’t getting anywhere and couldn’t find a way forward as no one was helping. It’s been really helpful and reassuring, to finally talk to someone who gets it”*

*“It’s incredibly valuable to have someone to talk to 1:1, who understands and can listen and offer advice. Thank you”*

# Support Blocks

The NHS Bristol, North Somerset and South Gloucestershire ICB have funded BAS over the past two years to provide short courses aimed at supporting families waiting for, or who recently received, an autism diagnosis for their child.

In 2024-25, BAS held 17 short courses for 124 attendees. The courses are led by our trainers, who present information on autism support topics, followed by time for discussion. Groups are held online or in-person over three to six weeks, enabling attendees to get to know each other.

**17** Sessions

**124** Attendees

Group	Groups	Attendees
New to Autism Primary / Under 11's	4	23
New to Autism Secondary	3	22
Supporting Distressed Behaviours	3	19
Sensory Differences	4	29
Anxiety & Masking	3	31
Total	17	124

## Feedback from Support Blocks

- Average sessions rating 4.9 out of 5
- 100% of attendees reporting increased confidence increased
- 100% would recommend BAS to other families.

*"I have found these course so helpful, and you have all been so supportive. I really needed this to just not feel alone and to know there are many people and organisations I can go to for help for my son & for myself."*

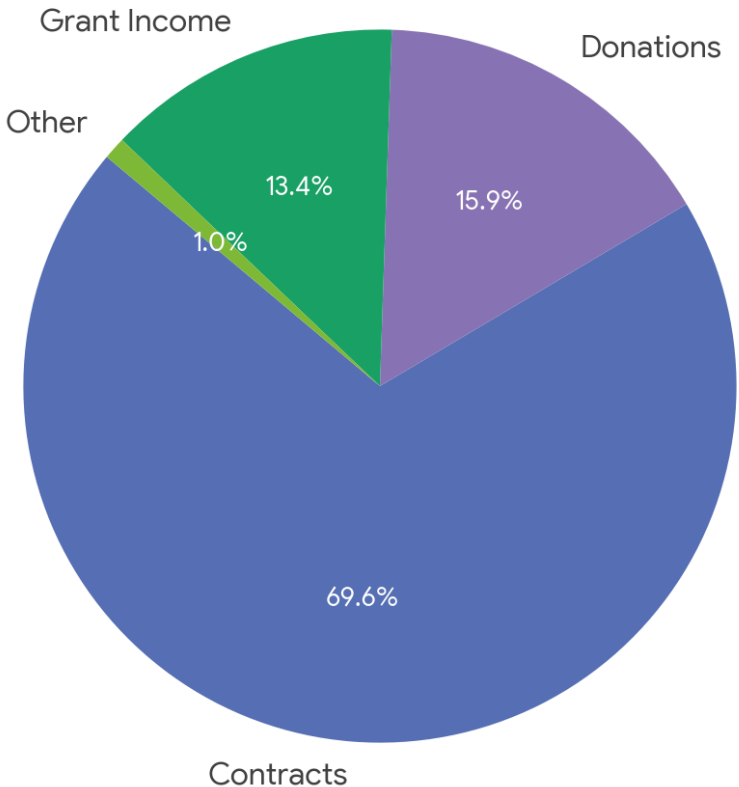
*"I can't express enough gratitude to BAS. They have been extremely helpful and supportive." The sessions were very informative and resources were recommended for free stuff to encourage us to try activities with our children. "*

# Financial Breakdown

Whilst contracts and grants still make up the majority of our income, 2024/25 was an incredible year for fundraising and donations to BAS, totally almost 16% of our total income. A fundraising page is now on our website, with further developments planned for 2025/26 Individual supporters and organisations can find out how to raise funds for BAS, including one-off donations, regular donations and charity partnerships.

## Income and Expenditure

### Income Totals



Total Income: £229,763  
Total Expenditure: £215,430

[www.bristolautismsupport.org](http://www.bristolautismsupport.org)

Charity Registration Number - 1186287



# Looking forward to 2025/26

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2025/26 will be a year for us to continue to expand our presence across the South West as part of the continued growth of the Autism Central Peer Education Programme. It is an exciting time for BAS; we intend to increase our presence across the South West and consolidate our offer to families and carers. We will achieve this by continuing to increase the number of Peer Educators we recruit in all of our target areas, allowing us to deliver quality information and support to more families.

In addition, BAS will be working hard to ensure that our core offers of support, information, training and family activities are fully funded to meet the growing needs of local families of autistic children.

In response to our findings from the impact survey, in 2025/26 we will be undertaking a review of our Vision, Mission and Values to ensure that we are continuing to meet the needs of our growing community. As part of this process the trustees will be reviewing our objects to see how we can update our mission to meet the needs of more people including older young people and Neurodivergent individuals, not just parents and carers. We will continue to listen and respond to ensure that we remain relevant in a rapidly evolving environment.

**Charity Registration Number - 1186287**

**[www.bristolautismsupport.org](http://www.bristolautismsupport.org)**



# **Bristol Autism Support**

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Unaudited financial statements Year ended 31 March 2025  
Independent examination completed 28th January 2025

## **Contents**

- Administrative Details
- Independent Examiner's Report
- Statement of Financial Activities
- Balance Sheet
- Statement of Notes to the Financial Statements

## **Bristol Autism Support Administrative Details**

C.I.O Registered in England and Wales  
Registered Charity Number 1186287

### **Registered address**

Knowle West Media Centre  
Leinster Avenue  
Bristol, BS4 1NL

### **INDEPENDENT EXAMINER**

Linden Accountants  
21 Sevier Street,  
St Werburghs  
Bristol  
BS2 9LB

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BRISTOL AUTISM SUPPORT

I report to the charity's trustees on my examination of the accounts of Bristol Autism Support for the period ended 31 March 2025.

## Respective responsibilities of trustees and examiner

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act), as amended by s.145 of the Charities Act 2011) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under the company law and is eligible for independent examination; it is my responsibility to:

- Examine the accounts (under section 145 of the 2011 Act), To follow the
- procedures laid down in the General Directions given by the Charity Commission
- (under section 145(5)(b) Act), and to state whether particular matters have come to my attention.

## Basis of independent examiner's report

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required by audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

## Independent examiner's statement

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect:

The accounting records were not kept in accordance with section 130 of the Charities Act; or the accounts did not accord with the accounting records; or the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*Mike Grant*

Michael Grant ACPA  
Date .....28 January 2026.....

**Michael Grant Linden Accountants, Scrapstore House, 21 Sevier Street, St Werburghs, Bristol, BS2 9LB**



# BRISTOL AUTISM SUPPORT STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account) YEAR ENDED 31 MARCH 2025

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 (Restated) £
<b>INCOME</b>					
Donations	2	36,633	-	36,633	30,493
Merchandise Income		1,639	-	1,639	175
Events Income		-		-	1,193
Grant Income		21,400	9,393	30,793	76,678
Contracts		160,000		160,000	137,328
Other income	3	699	-	699	634
<b>TOTAL INCOME AND ENDOWMENTS</b>		<b>220,370</b>	<b>9,393</b>	<b>229,763</b>	<b>246,501</b>
<b>EXPENDITURE</b>					
Expenditure on charitable activities	4	223,449	25,912	249,361	204,851
<b>TOTAL EXPENDITURE</b>		<b>223,449</b>	<b>25,912</b>	<b>249,361</b>	<b>204,851</b>
<b>NET INCOME/(EXPENDITURE)</b>		<b>- 3,080</b>	<b>- 16,519</b>	<b>- 19,599</b>	<b>41,650</b>
Balances brought forward (restated)		55,891	20,572	76,463	34,814
Gross Transfers Between Funds	13			-	-
<b>Balances carried forward</b>		<b>52,811</b>	<b>4,053</b>	<b>56,864</b>	<b>76,464</b>

The charity has no recognised gains or losses other than the results for the year as set out above.

All of the activities of the charity are classed as continuing.

BRISTOL AUTISM SUPPORT  
BALANCE SHEET  
YEAR ENDED 31 MARCH 2025

	Note	2025 £	2024 £ (Restated)
<b>FIXED ASSETS:</b>			
Tangible assets	7		1,464
<b>CURRENT ASSETS:</b>			
Debtors	8	2,239	-
Stock		-	-
Cash at bank and in hand		58,96	78,45
		<u>4</u>	<u>1</u>
		61,20	78,45
<b>CURRENT LIABILITIES:</b>			
Creditors: falling due within one year	9	3	1
		<u>- 5,803</u>	<u>- 2,865</u>
Net current assets			55,400
Net current assets			75,586
<b>NET ASSETS:</b>			<u>56,864</u>
<b>NET ASSETS:</b>			<u>76,464</u>
<b>FUNDS</b>			
Unrestricted Funds	1	48,962	55,89
Restricted funds	3	7,902	1
	1		<u>20,57</u>
	3		<u>56,864</u>
			<u>76,464</u>

These financial statements were approved by the directors and authorised for issue on 21st January 2025 and are signed on their behalf by:



.....  
Chair of Trustees - Jane Walton

Charity Registration Number: 1186287

BRISTOL AUTISM SUPPORT  
CONSOLIDATED STATEMENT OF CASH FLOWS  
YEAR ENDED 31 MARCH 2024

	2025	2024
	£	£
Net cash inflow from operating activities	(18,314)	42,875
Non-operational cash flows:		
Investing activities		
Payments for tangible fixed assets	(1,172)	(1,170)
Investment income	-	-
Financing activities		
Loan repayments	-	-
Net cash (outflow)/inflow for the year	<u>(19,487)</u>	<u>41,705</u>

Cashflow restrictions

Charity law prohibits the use of net cash inflows on any endowed or other restricted fund to offset net cash outflows on any fund outside its own objects, except on special authority. In practice, this restriction has not had any effect on cash flows for the year.

# BRISTOL AUTISM SUPPORT NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

## 1 ACCOUNTING POLICIES Accounting convention

The financial statements have been prepared under the historic cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (FRS 102 SORP) issued in July 2014, and applicable UK Accounting Standards and the Charities Act 2011.

### Funds structure

**Unrestricted income funds** comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have set aside resources for a specific purpose.

**Restricted funds** are funds which are to be used in accordance with specific restrictions imposed by the donor or the terms of a specific appeal.

**Income** All income is recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of income can be measured with sufficient reliability.

### Income from donations is included when these are receivable, except as follows:

- When the donors specify that the donations given to the charity must be used in future accounting periods.
- When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-conditions have been met.

Income from grants, where there are performance or service deliverables required by the terms of the grant, are accounted for as the charity earns the right to payment through its performance.

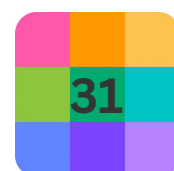
**Expenditure** Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that agree all costs related to the category. Support costs have been allocated 100% towards the charitable activities of the charity.

**Charitable activities** Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both the direct pay and non-pay costs and support costs relating to those activities.

**Going concern** After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue its operations for the foreseeable future and therefore they have continued to adopt the going concern basis when preparing the financial statements.

### Governance costs

Governance cost include those costs associated with meeting the constitutional and statutory requirements of the charity, and include its independent examination fees and costs linked to the strategic management of the charity including trustee expenses.



# BRISTOL AUTISM SUPPORT NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

Tangible fixed assets and depreciation Depreciation has been provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value of each asset, over its expected useful life. The rates used are 25% reducing balance on computer and office equipment and 20% reducing balance on other fixed assets.

## 2 DONATION INCOME

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Donations from individuals	6,209	-	6,209	1,186
Donations from organisations	16,106		16,106	19,712
Friends of BAS donations	9,462		9,462	2,510
Other Donations	4,855		4,855	7,085
	<u>36,633</u>	<u>-</u>	<u>36,633</u>	<u>29,307</u>

## 3 OTHER INCOME

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
HMRC Gift Aid	699	-	699	304
	<u>699</u>	<u>-</u>	<u>699</u>	<u>304</u>



## BRISTOL AUTISM SUPPORT NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

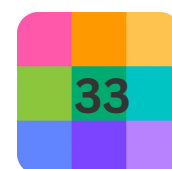
### 4 DIRECT CHARITABLE EXPENDITURE

#### Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
<u>Core Costs</u>				
Projects, Events & Course Costs	5,558	8,722	14,280	2,047
Merchandise Costs	-	-	-	60
Fundraising Costs	621	-	621	1,215
<u>Overheads</u>				
Accounting & Bookkeeping	2,365	76	2,440	1,140
Bank Charges	-	-	-	-
Consultancy Fees	-	-	-	25,459
Office Consumables	661	-	661	2,512
Salaries & Freelance Staff Costs	197,604	11,529	209,133	145,892
IT software & consumables	2,158	18	2,176	-
Marketing, Printing & Website	2,587	760	3,347	3,423
Membership & Subscription Costs	-	-	-	252
Professional Fees	600	32	922	2,068
Rental costs	5,664	1	5,952	5,310
Stationery	552	28	552	1,754
Staff Training	221	427	648	-
Telephone & Internet costs	990	138	1,128	-
Travel & Subsistence Costs	595	670	1,265	3,256
Venue Hire	2,181	2,964	5,145	4,252
Volunteer Costs	-	-	-	1,638
General Expenses	-	-	-	-
	222,358	25,912	248,270	200,277

#### Governance Costs

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Independent Examination Fee	450	-	450	450
Depreciation	586	-	586	895
In su ran ce	56	-	56	3,229
	1,092	-	1,092	4,574



# BRISTOL AUTISM SUPPORT NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

## Charitable Activities - Prior Year

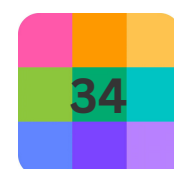
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
<b>Core Costs</b>				
Events & Course Costs	-	2,047	2,047	-
Merchandise Costs	60	-	60	92
Fundraising Costs	1,215	-	1,215	8
				34
<b>Overheads</b>				
Arval vehicle leasing	-	-	-	2,662
Bank Charges	2,030	-	2,030	154
Consultancy Fees	-	25,459	25,459	7,053
Office Consumables	1,147	1,364	2,512	781
Wages & Freelance Staff Costs	12,706	133,186	145,892	60,742
Gifts	-	-	-	1,205
Marketing, Printing & Website	1,703	1,720	3,423	1,896
Membership & Subscription Costs	252	-	252	998
Professional Fees	840	338	1,179	-
Rental costs	-	5,310	5,310	603
Stationery	835	919	1,754	12,181
Travel & Subsistence Costs	-	3,256	3,256	4,166
Venue Hire	25	3,994	4,252	-
Volunteer Costs	9	685	1,638	
General Expenses	95			
	2			
	21,999	178,278	200,277	93,713

## Governance Costs - Prior Year

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Independent Examination Fee	45	-	450	450
Depreciation	0	-	895	1,935
In su ran ce	89	3,229	3,229	96
	5			
	1,345	3,229	4,574	2,481

## 5 CORPORATION TAX

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.



# BRISTOL AUTISM SUPPORT NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

## 6 STAFF NUMBERS AND COSTS

Staff costs were as follows:

	2025	2024
	£	£
Wages for employed staff	140,972	92,129
Social security costs	3,478	5,603
Pension contributions	2,440	1,644
	146,891	99,376

The average number of employees (including senior management and leadership) during the year was:

	2025	2024
Staff	9	7

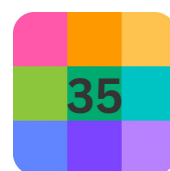
No individual employee earned more than £60,000.00 during the current or prior period.

### Key management personnel

The charity defines the key management personnel as the Trustees, Operations Manager and Parent Support Manager. During the financial period, the total employment benefits of the key management personnel were £59,686.16 (previous year £57,389.54).

## 7 TANGIBLE FIXED ASSETS

	Computer Equipment £	Office Equipment £	Resource Equipment £	Totals £
<b>COST:</b>				
At 1 April 2024	2,156	1,251	300	3,70
Additions	799	373	-	7
	2,955	1,624	300	1,17
At 31 March 2025				<b>2,879</b>
<b>DEPRECIATION:</b>				
At 1 April 2024	1,278	1,251	300	2,829
Charge for the year	492	93	-	586
	1,771	1,344	300	3,415
At 31 March 2025				<b>3,415</b>
<b>NET BOOK VALUE:</b>				
At 31 March 2025	1,184	280	-	1,464
At 31 March 2024	877	-	-	877



# BRISTOL AUTISM SUPPORT NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

## 8 DEBTORS

	2025 £	2024 £
Trade Debtors	-	-
Prepayments	2,239	-
	2,239	-

## 9 CREDITORS: amounts falling due within one year

	2025 £	2024 £
Accruals	1,140	1,140
Trade Creditors	194	-
Net Wages Liability	-	-
PAYE, NI and Student Loans	3,875	1,404
Pension Contributions	595	322
	5,803	2,865

## 10 RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH INFLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
<u>Statement of Financial Activities: Net movement in funds</u>	(19,599)	41,650
Depreciation	586	89
Increase in operational creditors: current liabilities	2,938	5
Decrease / (increase) in operational debtors	(2,240)	33
(Increase) / decrease in stock	-	0-
	(18,314)	42,875

## 11 ANALYSIS OF CHANGES IN CASH DURING THE YEAR

	2025 £	2024 £	Change £
Cash at bank and in hand	58,964	78,451	(19,487)
	78,451	36,746	41,705

# BRISTOL AUTISM SUPPORT NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

## 12 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Fixed Assets	1,464	-	1,464	877
Current Assets	53,301	7,902	61,203	78,451
Current Liabilities	(5,803)	-	(5,803)	(2,865)
	<u>48,962</u>	<u>7,902</u>	<u>56,864</u>	<u>76,464</u>
Prior Year (restated)	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Fixed Assets	877	-	877	-
Current Assets	57,878	20,573	78,451	8,911
Current Liabilities	(2,865)	-	(2,865)	-
	<u>55,891</u>	<u>20,573</u>	<u>76,464</u>	<u>8,911</u>

## 13 ANALYSIS OF CHARITABLE FUNDS

Analysis of Fund movements	Balance b/fwd £	Income £	Expenditure £	Transfers £	Fund c/fwd £
Unrestricted funds:					
Designated funds					
BNSSG ICB Support Blocks	13,120	20,000	(15,512)	-	17,608
ICB Pins Project	-	1,000	(520)	-	480
Autism Central Hub South West	8,016	160,000	(138,750)	-	29,266
Zebera - Podcast Equipment	-	400	-	-	400
Friends of BAS	585	2,777	(3,591)	-	(229)
General funds	34,171	36,193	(65,077)	(3,849)	1,438
	<u>55,891</u>	<u>220,370</u>	<u>(223,450)</u>	<u>(3,849)</u>	<u>48,962</u>

# BRISTOL AUTISM SUPPORT NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

## 8 DEBTORS

	2025	2024
	£	£
Trade Debtors	-	-
Prepayments	2,239	-
	2,239	-

## 9 CREDITORS: amounts falling due within one year

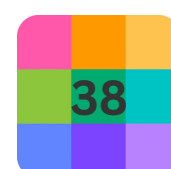
	2025	2024
	£	£
Accruals	1,140	1,140
Trade Creditors	194	-
Net Wages Liability	-	-
PAYE, NI and Student Loans	3,875	1,404
Pension Contributions	595	322
	5,803	2,865

## 10 RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH INFLOW FROM OPERATING ACTIVITIES

	2025	2024
	£	£
Statement of Financial Activities: Net movement in funds	(19,599)	41,650
Depreciation	586	89
Increase in operational creditors: current liabilities	2,938	5
Decrease / (increase) in operational debtors	(2,240)	33
(Increase) / decrease in stock	-	0-
	(18,314)	42,875

## 11 ANALYSIS OF CHANGES IN CASH DURING THE YEAR

	2025	2024	Change
	£	£	£
Cash at bank and in hand	58,964	78,451	(19,487)
	78,451	36,746	41,705



## BRISTOL AUTISM SUPPORT NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

### 12 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Fixed Assets	1,464	-	1,464	877
Current Assets	47,171	29,293	76,464	36,746
Current Liabilities	(5,803)	-	(5,803)	(2,865)
	42,832	29,293	72,125	34,758
 Prior Year (restated)				
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Fixed Assets	877	-	877	-
Current Assets	26,975	9,771	36,746	8,911
Current Liabilities	(2,865)	-	(2,865)	-
	24,987	9,771	34,758	8,911

### 13 ANALYSIS OF CHARITABLE FUNDS

Analysis of Fund movements	Balance b/fwd £	Income £	Expenditure £	Transfers £	Fund c/fwd £
Unrestricted funds:					
Designated funds Support					
Blocks NHS ICB	13,000	-	(6,535)	-	6,465
ICB Pins Project	120	20,000	(8,977)	-	11,143
Autism Central Hub	-	1,000	(520)	-	480
	8,016	159,550	(138,750)	-	28,816
Zebera - Podcast Equipment	-	400	-	-	400
Friends of BAS	585	2,777	(3,591)	-	(229)
General funds	34,171	36,643	(65,077)	(3,849)	1,888
	55,891	220,370	(223,450)	(3,849)	48,962

## BRISTOL AUTISM SUPPORT NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

Restricted funds:	Balance b/fwd	Income	Expenditure	Transfers	Fund c/fwd
	£	£	£	£	£
National Lottery 'Awards For All'	10,000	- - - -	(9,408)	-	592
National Lottery 'The People's Project'	3,648	- -	(7,592)	3,943	-
Quartet Express Fund	2,389	1,39	(3,109)	720	-
Quartet-Wessex Water	3,674	3	(3,753)	79	-
Triodos Foundation	861	5,00	(1,049)	-	(188)
Bentley ALC	-	0	(45)	-	(45)
Co-Op Local Community Fund	-		(500)	(893)	-
Masonic Charitable Fund	-		(288)	-	4,712
National Lottery Reaching Communities Fund South West Region	-	-	(169)	-	(169)
The Schroder Charity Trust	-	3,000	-	-	3,000
	<u>20,572</u>	<u>9,393</u>	<u>(25,912)</u>	<u>3,849</u>	<u>7,902</u>
<b>Total</b>	<u>76,464</u>	<u>229,763</u>	<u>(249,362)</u>	<u>-</u>	<u>56,864</u>

### Designated Fund & Transfers

During the financial period, several grants and contracts received by the charity were reclassified as designated funds and as such the charitable funds in note 13 for the prior year have been restated.

During the previous financial period, several laptops were purchased under the terms of the grant provision, and the ownership of these current year additions transferred to the charity.

### Fund Descriptions Restricted Funds

**National Lottery 'Awards For All'** To provide a yearlong sensory activities programme for young people and a programme of wellbeing events to connect our community and reduce isolation.

**National Lottery 'The People's Project'** Funding to support the ongoing delivery of our highly regarded in-person support groups and family wellbeing events

**Quartet Community Foundation Express Fund** Funding to support the delivery of our vital in-person events, the cost of essential staff training and to invest in charity infrastructure to support growth.

**Wessex Water Fund via Quartet Community Foundation** Funds to support the delivery of training sessions for parents, coffee mornings and the volunteer costs for the development of regular new volunteer-led evening meet ups including our 'BAS Dads' group.

# BRISTOL AUTISM SUPPORT NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

**Triodos Foundation** Funding to support our vital fortnightly 'Supersense' sessions in South Bristol. These are popular sessions providing access to a purpose built, state of the art sensory facility that caters specifically to the needs of Autistic children.

**Bentley Advancing Life Chances Initiative** To fund the development of two new coffee mornings in areas of identified need in Fishponds and Hillfields. Supporting parents to access information and develop peer support networks.

**Co-Op Local Community Fund** Funding to deliver wellbeing and social activities for parents and carers of autistic children, giving them a much needed break, and a chance to develop a support network.

**Masonic Charitable Fund** Contribution to core funds, supporting salaries that are key to the charities day to day running such as marketing, operations and administration, enabling us to keep vital; services running for our community.

**National Lottery Reaching Communities Fund South West Region** To support BAS to deliver a wide range of support opportunities and improve and strengthen our community reach. Also to support the professionalisation of the organisation by improving monitoring systems.

**The Schroder Charity Trust** Contribution towards core running costs to support the day to day running and maintenance of vital services. Strengthening our community through services and opportunities which enhance the wellbeing and life outcomes of vulnerable and disadvantaged people.

**Designated Fund - Autism Central Hub South West Contract in partnership with National Autistic Society.** To deliver training, information and support for Parents and family members of children with Autism. Delivered via the provision of coffee mornings, training and information sessions and one-to-one helpline calls delivered by a network of peer educators with lived experience of Autism across the whole of the South West.

**Designated Fund - BNSSG ICB Support Blocks** 3 and 6 week support blocks on different autism related topics for families in Bristol, South Glos & North Somerset to facilitate delivery of various resource topics (New to Autism, Non Speaking, Sensory Processing Differences etc.)

**Designated Fund - ICB PINS Project** Agreement to deliver targeted training sessions to schools taking part in the PINS (Parental Partnerships for Inclusion of Neurodiversity in Schools). A National initiative aimed at supporting neurodivergent children in mainstream primary schools across England.

**Designated Fund - Zebera** - Podcast Equipment Private donation from the Zebera company for the purchase of specialist Podcasting equipment to launch our own Podcast to support and inform parents of autistic children with up to date and relevant information.

**Unrestricted Fund - Friends of BAS** Supporters group with donations specifically to support interpreter services, form filling and childrens' activities.

## BRISTOL AUTISM SUPPORT NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

### ANALYSIS OF CHARITABLE FUNDS

Prior Year (Restated)

Analysis of Fund movements	Balance b/fwd £	Income £	Expenditure £	Transfers £	Fund c/fwd £
<b>Unrestricted funds:</b>					
<b>Designated funds</b>					
BNSSG ICB Support Blocks	-	43,000	(29,880)	-	13,120
Autism Central Hub South West	(897)	137,328	(128,416)	-	8,016
Friends of BAS	2,419	2,510	(4,345)	-	585
General funds	25,043	31,302	(23,344)	1,170	34,171
	<u>26,565</u>	<u>214,140</u>	<u>(185,985)</u>	<u>1,170</u>	<u>55,891</u>
<b>Restricted funds:</b>					
	£	£	£	£	£
Action Funder	2,201	668	(2,869)	-	-
Bristol Charities Carer's Fund	912	-	(912)	-	-
BCC Training	1,610	-	(1,610)	-	-
Quartet BCC Social Action	3,525	-	(3,525)	-	-
National Lottery 'Awards For All'	-	10,000	-	-	10,000
National Lottery 'The People's Project'	-	11,193	(7,544)	-	3,648
Quartet Express Fund	-	5,000	(1,441)	(1,170)	2,389
Quartet & Wessex Water	-	4,000	(326)	-	3,674
Triodos Foundation	-	1,500	(639)	-	861
	<u>8,249</u>	<u>32,361</u>	<u>(18,867)</u>	<u>(1,170)</u>	<u>20,572</u>
<b>Total</b>	<u>34,814</u>	<u>246,501</u>	<u>(204,851)</u>	<u>0</u>	<u>76,464</u>

### Fund Descriptions - Prior Year Restricted Funds

**Action Funder** Funding to support an event facilitator for Gympanzees and Supersense sessions, and contribute towards events costs.

**Bristol Charities Carer's Fund** Funding to facilitate in person meetings, father and grandparent specific gatherings, coffee mornings and volunteer costs.

**BCC Training** Supporting training around parental conflict, as well as core ongoing costs.

**Quartet BCC Social Action Small Grant** Funding to facilitate publicity, marketing and venue costs for advice and support on cost of living.

## BRISTOL AUTISM SUPPORT NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

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**National Lottery 'Awards For All'** To provide a yearlong sensory activities programme for young people and a programme of wellbeing events to connect our community and reduce isolation.

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**National Lottery 'The People's Project'** Funding to support the ongoing delivery of our highly regarded in-person support groups and family wellbeing events

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**Quartet Community Foundation Express Fund** Funding to support the delivery of our vital in-person events, the cost of essential staff training and to invest in charity infrastructure to support growth.

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**Wessex Water Fund via Quartet Community Foundation-** Funds to support the delivery of training sessions for parents, coffee mornings and the volunteer costs for the development of regular new volunteer- led evening meet ups including our 'BAS Dads' group.

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**Triodos Foundation** Funding to support our vital fortnightly 'Supersense ' sessions in South Bristol. These are popular sessions proving access to a purpose built, state of the art sensory facility that caters specifically to the needs of Autistic children.

### **Designated Fund - Autism Central Hub South West**

Contract in partnership with National Autistic Society. To deliver training, information and support for Parents and family members of children with Autism. Delivered via the provision of coffee mornings, training and information sessions and one-to-one helpline calls delivered by a network of peer educators with lived experience of Autism across the whole of the South West.

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**Designated Fund - BNSSG ICB Support Blocks** 3 and 6 week support blocks on different autism related topics for families in Bristol, South Glos & North Somerset to facilitate delivery of various resource topics (New to Autism, Non Speaking, Sensory Processing Differences etc.)

**Unrestricted Fund** - Friends of BAS Supporters group with donations specifically to support interpreter services, form filling and childrens' activities.

## **14 TRUSTEES REMUNERATION, EXPENSES AND RELATED PARTY TRANSACTIONS**

During the current and prior financial period, no Trustee of the charity received remuneration for duties. Further to this, no Trustee of the charity submitted expenses to be reimbursed.

During the financial period one of the Trustees, Jane Walton, made monthly donations to the charity of £10.00 as part of the 'Friends of Bristol Autism Support' group.

**BRISTOL AUTISM SUPPORT**

England & Wales - Charity number 1186287

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# Accounts

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Charity registration number: 1186287

Bristol Autism Support

Unaudited financial statements

Year ended 31 March 2024

Independent examination completed 20<sup>th</sup> January 2025

Bristol Autism Support  
Contents

Administrative Details	3
Trustees Report	4 – 6
Independent Examiner’s Report	7 – 8
Statement of Financial Activities	9
Balance Sheet	10
Statement of Cash Flows	11
Notes to the Financial Statements	12 – 21

# Bristol Autism Support

## Administrative Details

### CHARITY DATA

Registered in England and Wales Number 1186287

### REGISTERED OFFICE ADDRESS

Knowle West Media Centre, Leinster Avenue, Bristol, BS4 1NL

### TRUSTEES AT DATE OF APPROVAL OF REPORTS

J Walton

V Wainwright (appointed 01/03/2024)

G Maxwell-Heron (appointed 29/04/2023)

A Baker (appointed 29/04/2023)

L Rowe (appointed 29/04/2023)

T Clark (resigned 30/11/2023)

C Clark

J Stokes

J Thorne

### INDEPENDENT EXAMINER

Linden Accountants, 21 Sevier Street, St Werburghs, Bristol, BS2 9LB

## **BAS Trustee Report for Annual Accounts**

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31<sup>st</sup> March 2024.

### **Objectives and Activities**

The objectives of Bristol Autism Support (BAS) are the preservation and protection of good health for the public benefit among autistic children and young people, their families and carers in Bristol and the southwest, in particular but not exclusively by:

1. providing specialist support, training, and information to parents and carers of autistic children, and,
2. promoting volunteering opportunities within the charity.

BAS has a strong core of peer support; services are governed and delivered mostly by people who are parents and carers of autistic children, and some of whom are autistic themselves. BAS has a strong ethos of being run by the community it serves.

### **Achievements and Performance**

BAS has fulfilled its charitable objectives by delivering a wide portfolio of services to meet the diverse needs of parents and carers of autistic children and young people in Bristol and throughout the southwest.

### **Support**

- Support groups in term time, BAS has a weekly support group where parents and carers can connect and offer peer-to-peer support with our experienced team on hand to facilitate and signpost where needed. We offer a mixture of face-to-face and online meetings, allowing participants to access support in the best way for them. During this period, BAS held 36 groups for 175 attendees.
- Sensory Play Support Group In 2022, the Imperial Sports Ground, Brislington, opened Super Sense, a large sensory space based on suggestions from us and other local SEND support groups. We have continued to hold a monthly, child-friendly support group to enable parents to access our volunteers whilst their children enjoy the sensory room. During the past financial year, BAS held 21 play and support sessions at Supersense, attended by 169 people.
- Coffee mornings Coffee mornings are an opportunity for our families to meet in a casual setting and connect more locally. BAS held 92 coffee mornings and meet ups throughout the area, including Easton, Brislington, Bedminster, Hartcliffe and Keynsham. Our sessions specifically aimed at Grandparents and Dads continue to be popular and there was a total of 360 attendees at our meet ups and coffee mornings in 2023/2024.
- Online support The main BAS Facebook group has over 4,009 members at the end of 2023. This active group enables parents and carers to connect with each other,

ask questions and signpost each other to relevant information. This group is a key part of our peer-to-peer network. BAS has other Facebook groups including:

- BAS Village: a member only support group.
- BAS Marketplace: a selling sharing and buying group for BAS families,
- BAS Dads: a group for dads and male carers to connect.
- BAS Members can access free peer-to-peer support calls or emails.
- Family Events During this period, BAS listened to feedback from its members and increased the number of family events designed to bring together families and enable children to access activities that may be challenging without the right support. We held a total of 10 events throughout the year, including Gympanzees Circus Starr, a Halloween event at Bristol Aquarium and a Train ride with Santa at Avon Valley Railway . Over 680 people attended these events.

### **Training and Information**

- Short Courses During this period, BAS delivered 20 six-week support blocks which included the topics: New to Autism, Sensory Processing, communicating with non-speaking children, Sensory Processing, Supporting Distressed Behaviours, Supporting Autistic Girls, and Anxiety and Masking. Groups were held in person and online using zoom. 236 parents/carers attended these groups, either in person or online.
- Information Sessions Each month BAS holds an introductory All About Autism session for families new to autism looking to understand more. In addition, we hold individual information sessions on topics we know are useful to our members. In 2023/4 we partnered with Bristol City Council to offer the One-to-One parental conflict support sessions. During this period, 66 sessions were delivered to 217 individuals, many being run through the Autism Central Programme.
- Autism Central Programme BAS run the Autism Central Peer Education programme in the South West on behalf of the NHSE . In March 2024 we had trained and recruited 24 peer educators, the programme supported BAS to deliver 980 1-1s and 137 group sessions with 937 parents and carers attending.
- BAS website [www.bristolautismsupport.org](http://www.bristolautismsupport.org) is designed to signpost and support our families with accessible information. The website has received increased views, as have our Facebook page and Instagram account.

### **Financial Review**

The past 12 months have seen a period of continued growth for BAS, including the numbers of people the charity has supported and income. At the year-end of 31<sup>st</sup> March 2024, BAS had received an income of £246,501, compared to the previous 16 month financial year (1<sup>st</sup> December 2021 – 31<sup>st</sup> March 2023), of £122,095. This growth is due to successful fundraising, including the continuation of a grant with Bristol, North Somerset and South Gloucestershire Integrated Care Board (previously the local Clinical Commissioning Group) for the Support Blocks (Short Courses) which continues until March 2025.

During this period, BAS spent £204,851, leaving it with a balance of £76,464. BAS continue to deliver a contract with the National Autistic Society for the southwest branch of a new initiative, Autism Central Peer Education Programme, to the value of £137,328 for 2024. A second year of the Support Blocks was also agreed with the old Bristol, North Somerset and South Gloucestershire Clinical Commissioning Group, now the Bristol, North Somerset and South Gloucestershire Integrated Care Board.

The growth of the charity and its more stable financial situation enabled BAS to continue the direct employment of a staff team, which we are looking to expand in 2025 through the recruitment of a CEO. However, BAS remains indebted to its numerous volunteers who contribute an invaluable resource. There is no fund or subsidiary undertaking which is in deficit. Therefore, the immediate future financial security of the charity was secured. BAS has formalised the policy for reserves to build this fund beyond the £3,000 reserves held to date and we are close to holding three months of core costs in reserves.

No funds are held as a custodian trustee on behalf of others.

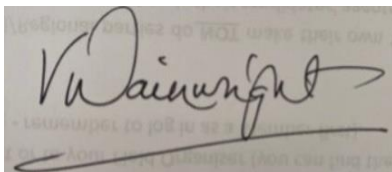
### **Structure, Governance and Management**

BAS is a Charity Incorporated Organisation, registered 1186287, and a company, CE019549, governed by Memorandum and Articles of Association. Trustees are attracted primarily from the community it serves, parents and carers of autistic children and young people. However, BAS will widen its recruitment pool for specific skills it believes is useful to the Board. Potential candidates are provided with a role description and interviewed; they can also observe a meeting before both parties agree to appointment. Safe recruitment is fulfilled with DBS checks and references.

Jane Walton, Chair of Trustees



Vinnie Wainwright, Treasurer



## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BRISTOL AUTISM SUPPORT**

I report to the charity's trustees on my examination of the accounts of Bristol Autism Support for the period ended 31 March 2024.

### **Respective responsibilities of trustees and examiner**

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act), as amended by s.145 of the Charities Act 2011) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under the company law and is eligible for independent examination; it is my responsibility to:

- Examine the accounts (under section 145 of the 2011 Act),
- To follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) Act), and
- to state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required by audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Steven Baptiste

Linden Accountants, Scrapstore House, 21 Sevier Street, St Werburghs, Bristol, BS2 9LB

*S. Baptiste*

Steven Baptiste ACPA

Date .....20 January 2025.....

**BRISTOL AUTISM SUPPORT**  
**STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account)**  
**YEAR ENDED 31 MARCH 2024**

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
		£	£	£	£
<b>INCOME</b>					
Donations	2	30,493	-	30,493	17,561
Merchandise Income		175	-	175	1,611
Events Income		-	1,193	1,193	1,223
Grant Income		13,000	63,678	76,678	98,888
Contracts		-	137,328	137,328	-
Other income	3	634	-	634	2,812
<b>TOTAL INCOME AND ENDOWMENTS</b>		<b>44,302</b>	<b>202,199</b>	<b>246,501</b>	<b>122,095</b>
<b>EXPENDITURE</b>					
Expenditure on charitable activities	4	23,344	181,507	204,851	96,194
<b>TOTAL EXPENDITURE</b>		<b>23,344</b>	<b>181,507</b>	<b>204,851</b>	<b>96,194</b>
<b>NET INCOME/(EXPENDITURE)</b>		<b>20,958</b>	<b>20,692</b>	<b>41,650</b>	<b>25,901</b>
<b>Balances brought forward</b>		<b>25,043</b>	<b>9,771</b>	<b>34,814</b>	<b>8,912</b>
Gross Transfers Between Funds	13	1,170	- 1,170	-	-
<b>Balances carried forward</b>		<b>47,171</b>	<b>29,293</b>	<b>76,464</b>	<b>34,813</b>

The charity has no recognised gains or losses other than the results for the year as set out above.

All of the activities of the charity are classed as continuing.

The notes on pages 12 to 17 form part of these financial statements

**BRISTOL AUTISM SUPPORT  
BALANCE SHEET  
YEAR ENDED 31 MARCH 2024**

	Note	2024 £	2023 £
<b>FIXED ASSETS:</b>			
Tangible assets	7	877	602
<b>CURRENT ASSETS:</b>			
Debtors	8	-	-
Stock		-	-
Cash at bank and in hand		78,451	36,746
		<u>78,451</u>	<u>36,746</u>
<b>CURRENT LIABILITIES:</b>			
Creditors: falling due within one year	9	- 2,865	- 2,535
<b>Net current assets</b>		75,586	34,211
<b>NET ASSETS:</b>		<u>76,464</u>	<u>34,813</u>
<b>FUNDS</b>			
Unrestricted Funds	13	47,171	25,043
Restricted funds	13	29,293	9,771
		<u>76,464</u>	<u>34,813</u>

These financial statements were approved by the directors and authorised for issue on 21st January 2025 and are signed on their behalf by:



.....  
Chair of Trustees

Charity Registration Number: 1186287

The notes on pages 12 to 17 form part of these financial statements

BRISTOL AUTISM SUPPORT  
CONSOLIDATED STATEMENT OF CASH FLOWS  
YEAR ENDED 31 MARCH 2024

	2024	2023
	£	£
<b>Net cash inflow from operating activities</b>	42,875	30,371
<b>Non-operational cash flows:</b>		
<b>Investing activities</b>		
Payments for tangible fixed assets	(1,170)	(2,536)
Investment income	-	-
<b>Financing activities</b>		
Loan repayments	-	-
<b>Net cash (outflow)/inflow for the year</b>	<u>41,705</u>	<u>27,835</u>

**Cashflow restrictions**

Charity law prohibits the use of net cash inflows on any endowed or other restricted fund to offset net cash outflows on any fund outside its own objects, except on special authority. In practice, this restriction has not had any effect on cash flows for the year.

The notes on pages 12 to 17 form part of these financial statements

**1 ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historic cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (FRS 102 SORP) issued in July 2014, and applicable UK Accounting Standards and the Charities Act 2011.

**Funds structure**

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have set aside resources for a specific purpose.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or the terms of a specific appeal.

**Income**

All income is recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of income can be measured with sufficient reliability.

Income from donations is included when these are receivable, except as follows:

- When the donors specify that the donations given to the charity must be used in future accounting periods.
- When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-conditions have been met.

Income from grants, where there are performance or service deliverables required by the terms of the grant, are accounted for as the charity earns the right to payment through its performance.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that agree all costs related to the category. Support costs have been allocated 100% towards the charitable activities of the charity.

**Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both the direct pay and non-pay costs and support costs relating to those activities.

**Going concern**

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue its operations for the foreseeable future and therefore they have continued to adopt the going concern basis when preparing the financial statements.

**Governance costs**

Governance cost include those costs associated with meeting the constitutional and statutory requirements of the charity, and include its independent examination fees and costs linked to the strategic management of the charity including trustee expenses.

**Tangible fixed assets and depreciation**

Depreciation has been provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value of each asset, over its expected useful life. The rates used are 25% reducing balance on computer and office equipment and 20% reducing balance on other fixed assets.

**BRISTOL AUTISM SUPPORT**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2024**

**2 DONATION INCOME**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Donations not cash	19,712	-	19,712	5,183
DoubleTree Hilton Donations	1,186	-	1,186	5,122
Cash Donations	9,595	-	9,595	7,256
	<u>30,493</u>	<u>-</u>	<u>30,493</u>	<u>17,561</u>

**3 OTHER INCOME**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
HMRC Gift Aid	304	-	304	-
Contribution towards salary	330	-	330	-
NatWest Compensation	-	-	-	150
Arval vehicle reimbursements	-	-	-	2,662
	<u>634</u>	<u>-</u>	<u>634</u>	<u>2,812</u>

**BRISTOL AUTISM SUPPORT  
NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2024**

**4 DIRECT CHARITABLE EXPENDITURE**

**Charitable Activities**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
<u>Core Costs</u>				
Events & Course Costs	-	2,047	2,047	-
Merchandise Costs	60	-	60	928
Fundraising Costs	1,215	-	1,215	345
<u>Overheads</u>				
Arval vehicle leasing	-	-	-	2,662
Bank Charges	2,030	-	2,030	154
Consultancy Fees	-	25,459	25,459	7,053
Office Consumables	1,147	1,364	2,512	781
Wages & Freelance Staff Costs	12,706	133,186	145,892	60,742
Gifts	-	-	-	1,205
Marketing, Printing & Website	1,703	1,720	3,423	1,896
Membership & Subscription Costs	252	-	252	-
Professional Fees	840	338	1,179	998
Rental costs	-	5,310	5,310	-
Stationery	835	919	1,754	603
Travel & Subsistence Costs	-	3,256	3,256	-
Venue Hire	259	3,994	4,252	12,181
Volunteer Costs	952	685	1,638	4,166
General Expenses	-	-	-	-
	21,999	178,278	200,277	93,713
	21,999	178,278	200,277	93,713

**Governance Costs**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Independent Examination Fee	450	-	450	450
Depreciation	895	-	895	1,935
Insurance	-	3,229	3,229	96
	1,345	3,229	4,574	2,481
	1,345	3,229	4,574	2,481

**BRISTOL AUTISM SUPPORT**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2024**

**Charitable Activities - Prior Year**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2021 £
<u>Core Costs</u>				
Course Costs	-	-	-	2,326
Merchandise Costs	928	-	928	-
Fundraising Costs	345	-	345	-
<u>Overheads</u>				
Arval vehicle leasing	2,662	-	2,662	-
Bank Charges	154	-	154	-
Consultancy Fees	7,053	-	7,053	-
Office Consumables	781	-	781	2,313
Freelance Staff	2,408	58,334	60,742	19,191
Gifts	1,205	-	1,205	-
Marketing, Printing & Website	1,896	-	1,896	3,855
Professional Fees	998	-	998	-
Rental costs	-	-	-	4,686
Stationery	603	-	603	
Venue Hire	75	12,106	12,181	456
Volunteer Costs	-	4,166	4,166	2,225
General Expenses	-	-	-	731
	19,108	74,605	93,713	35,783

**Governance Costs - Prior Year**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2021 £
Independent Examination Fee	450	-	450	-
Depreciation	1,935	-	1,935	-
Insurance	96	-	96	205
	2,481	-	2,481	205

**5 CORPORATION TAX**

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

**BRISTOL AUTISM SUPPORT  
NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2024**

**6 STAFF NUMBERS AND COSTS**

Staff costs were as follows:

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Wages for employed staff	92,129	
Social security costs	5,603	
Pension contributions	1,644	
	<u>99,376</u>	<u>-</u>

The average number of employees (including senior management and leadership) during the year was:

	2024	2023
Staff	7	1

No individual employee earned more than £60,000.00 during the current or prior period.

Key management personnel

The charity defines the key management personnel as the Trustees, Operations Manager and Parent Support Manager. During the financial period, the total employment benefits of the key management personnel were £57,389.54.

**7 TANGIBLE FIXED ASSETS**

	<b>Computer Equipment £</b>	<b>Office Equipment £</b>	<b>Resource Equipment £</b>	<b>Totals £</b>
<b>COST:</b>				
At 1 April 2023	986	1,251	300	2,537
Additions	1,170	-	-	1,170
	<u>2,156</u>	<u>1,251</u>	<u>300</u>	<u>3,707</u>
At 31 March 2024	<u>2,156</u>	<u>1,251</u>	<u>300</u>	<u>3,707</u>
<b>DEPRECIATION:</b>				
At 1 April 2023	697	1,038	200	1,935
Charge for the year	582	213	100	895
	<u>1,278</u>	<u>1,251</u>	<u>300</u>	<u>2,829</u>
At 31 March 2024	<u>1,278</u>	<u>1,251</u>	<u>300</u>	<u>2,829</u>
<b>NET BOOK VALUE:</b>				
At 31 March 2024	<u>877</u>	<u>-</u>	<u>-</u>	<u>877</u>
At 31 March 2023	<u>289</u>	<u>213</u>	<u>100</u>	<u>602</u>

**8 DEBTORS**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Trade Debtors	-	-
Prepayments	-	-
	<u>-</u>	<u>-</u>

BRISTOL AUTISM SUPPORT  
NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2024

9 CREDITORS: amounts falling due within one year

	2024	2023
	£	£
Accruals	1,140	1,140
Net Wages Liability	-	1,233
PAYE, NI and Student Loans	1,404	103
Pension Contributions	322	60
	2,865	2,535

10 RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH INFLOW FROM OPERATING ACTIVITIES

	2024	2023
	£	£
<u>Statement of Financial Activities: Net movement in funds</u>	41,650	25,901
Depreciation	895	1,935
Increase in operational creditors: current liabilities	330	2,535
Decrease / (increase) in operational debtors	-	-
(Increase) / decrease in stock	-	-
<b>Net cash (outflow) / inflow from operating activities</b>	<b>42,875</b>	<b>30,371</b>

11 ANALYSIS OF CHANGES IN CASH DURING THE YEAR

	2024	2023	Change
	£	£	£
Cash at bank and in hand	78,451	36,746	41,705
	2023	2021	Change
	£	£	£
Cash at bank and in hand	36,746	8,911	27,835

12 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Fixed Assets	877	-	877	-
Current Assets	9,771	26,975	36,746	8,911
Current Liabilities	(2,865)	-	(2,865)	-
	7,783	26,975	34,758	8,911

BRISTOL AUTISM SUPPORT  
NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2024

13 ANALYSIS OF CHARITABLE FUNDS

Analysis of Fund movements	Balance b/fwd £	Income £	Expenditure £	Transfers £	Fund c/fwd £
<b>Unrestricted funds:</b>					
Designated funds					
Support Blocks	-	13,000	-	-	13,000
General funds	25,043	31,302	(23,344)	1,170	34,171
	<b>25,043</b>	<b>44,302</b>	<b>(23,344)</b>	<b>1,170</b>	<b>47,171</b>
<b>Restricted funds:</b>					
	Balance b/fwd £	Income £	Expenditure £	Transfers £	Fund c/fwd £
Action Funder	2,201	668	(2,869)	-	-
Autism Central Hub	(897)	137,328	(128,416)	-	8,016
Bristol Charities Carer's Fund	912	-	(912)	-	-
BCC Training	1,610	-	(1,610)	-	-
Friends of BAS	2,419	2,510	(4,345)	-	585
Quartet BCC Social Action	3,525	-	(3,525)	-	-
National Lottery Awards 4 All	-	10,000	-	-	10,000
NHS ICB CCG	-	30,000	(29,880)	-	120
Quartet Express	-	5,000	(1,441)	(1,170)	2,389
Quartet & Wessex Water	-	4,000	(326)	-	3,674
The People's Project	-	11,193	(7,544)	-	3,648
Triodos Foundation	-	1,500	(639)	-	861
	<b>9,771</b>	<b>202,199</b>	<b>(181,507)</b>	<b>(1,170)</b>	<b>29,293</b>
Total	<b>34,814</b>	<b>246,501</b>	<b>(204,851)</b>	<b>-</b>	<b>76,464</b>

**Designated Fund & Transfers**

During the financial period, two donations were designated by the charity as contributions towards a new designated fund for the Support Blocks project.

During the financial period, several laptops were purchased under the terms of the grant provision, and the ownership of these current year additions transferred to the charity.

**Fund Descriptions**

Action Funder

Funding to support an event facilitator for Gympanzees and Supersense sessions, and contribute towards events costs.

Autism Central Hub

To deliver Autism Central Peer Education Programme in South West England.

Bristol Charities Carer's Fund

Funding to facilitate in person meetings, father and grandparent specific gatherings, coffee mornings and volunteer costs.

**BRISTOL AUTISM SUPPORT  
NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2024**

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BCC Training

Supporting training around parental conflict, as well as core ongoing costs.

Designated Fund - Support Blocks

3 and 6 week support blocks on different autism related topics for families in Bristol. BANES, South Gloucs & North Somerset.

Friends of BAS

Supporters group with donations specifically to support interpreter services, form filling and childrens' activities.

Quartet BCC Social Action Small Grant

Funding to facilitate publicity, marketing and venue costs for advice and support on cost of living.

National Lottery Fund Awards 4 All

Funding to provide training and additional recruitment for volunteers.

NHS ICB CCG

Funding to facilitate delivery of various resource topics (New to Autism, Non Speaking, Sensory Processing Differences etc.)

Quartet Express

Core funding, to support growth and families in crisis

Quartet & Wessex Water

Contribution towards core ongoing costs, particularly regarding fundraising and partnerships.

The People's Project

Core funding to contribute towards in-person support groups and family events to aid wellbeing.

Triodos Foundation

For sensory support sessions

BRISTOL AUTISM SUPPORT  
NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2024

ANALYSIS OF CHARITABLE FUNDS

Prior Year

Analysis of Fund movements	Balance b/fwd £	Income £	Expenditure £	Transfers £	Fund c/fwd £
<b>Unrestricted funds:</b>					
General funds	4,424	42,207	(21,589)	-	25,043
	<b>4,424</b>	<b>42,207</b>	<b>(21,589)</b>	<b>-</b>	<b>25,043</b>
<b>Restricted funds:</b>					
	£	£	£	£	£
Albert Hunt Trust	865	-	(865)	-	-
Action Funder	-	2,500	(299)	-	2,201
Autism Central	-	-	(897)	-	(897)
Boshier Hinton	1,125	-	(1,125)	-	-
Bristol Charities Carer's Fund	-	2,500	(1,588)	-	912
BCC Training	-	3,500	(1,890)	-	1,610
BNSSG CCG	-	34,758	(34,758)	-	-
Friends of BAS	-	2,513	(95)	-	2,419
John James Trust	2,497	-	(2,497)	-	-
J&M Britton Trust	-	4,000	(4,000)	-	-
Local Giving / Western Power	-	5,000	(5,000)	-	-
National Lottery Community Fund	-	9,808	(9,808)	-	-
Quartet BCC Social Action	-	5,000	(1,475)	-	3,525
Quartet Community	-	8,809	(8,809)	-	-
Quartet & Wessex Water	-	1,500	(1,500)	-	-
	<b>4,487</b>	<b>79,888</b>	<b>(74,605)</b>	<b>-</b>	<b>9,771</b>
Total	<b>8,911</b>	<b>122,095</b>	<b>(96,194)</b>	<b>-</b>	<b>34,813</b>

Fund Descriptions - Prior Year

Albert Hunt Trust

A grant originally to assist with rental costs for an office space, but has also been agreed to cover a storage unit for resources.

Action Funder

Funding to support an event facilitator for Gympanzees and Supersense sessions, and contribute towards events costs.

Autism Central

To deliver Autism Central Peer Education Programme in South West England.

Boshier Hinton

A grant provided for QMH venue hire to provide support group sessions.

Bristol Charities Carer's Fund

Funding to facilitate in person meetings, father and grandparent specific gatherings, coffee mornings and volunteer costs.

**BRISTOL AUTISM SUPPORT  
NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2024**

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BCC Training

Supporting training around parental conflict, as well as core ongoing costs.

BNSSG CCG

Funding to facilitate delivery of various resource topics (New to Autism, Non Speaking, Sensory Processing Differences etc.)

Friends of BAS

Supporters group with donations specifically to support interpreter services, form filling and childrens' activities.

John James Trust

Along with J&M Britton Charitable Trust, this grant supported the Helpline service to provide weekly support for parents and carers of children with autism.

J&M Britton Trust

Along with John James Trust, this grant supported the Helpline service to provide weekly support for parents and carers of children with autism.

Local Giving / Western Power

Funding to support in delivering information sessions, and to delivery core family activities.

National Lottery Community Fund

Funding to provide training and additional recruitment for volunteers.

Quartet BCC Social Action Small Grant

Funding to facilitate publicity, marketing and venue costs for advice and support on cost of living.

Quartet Community

Support for ongoing core staff costs, particularly in operations, policies and procedures.

Quartet & Wessex Water

Contribution towards core ongoing costs, particularly regarding fundraising and partnerships.

**14 TRUSTEES REMUNERATION, EXPENSES AND RELATED PARTY TRANSACTIONS**

During the current and prior financial period, no Trustee of the charity received remuneration for duties. Further to this, no Trustee of the charity submitted expenses to be reimbursed.

During the financial period one of the Trustees, Jane Walton, made monthly donations to the charity of £10.00 as part of the 'Friends of Bristol Autism Support' group.

**BRISTOL AUTISM SUPPORT**

England & Wales - Charity number 1186287

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# Accounts

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## **BAS Trustee Report for Annual Accounts**

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023.

In this year, the charity legally changed the definition of its financial year from December to November, to April to March. Therefore, this report covers the 16 months from 1 December 2021 to 31 March 2023. The report starts as the world was still emerging from the Covid-19 pandemic, ending when our community was much more confident meeting in person.

### **Objectives and Activities**

The objectives of Bristol Autism Support (BAS) are the preservation and protection of good health for the public benefit among children and young people with autism, their families and carers in Bristol and the southwest, in particular but not exclusively by:

1. providing specialist support, training, and information to parents and carers of autistic children, and,
2. promoting volunteering opportunities within the charity to autistic individuals.

BAS has a strong core of peer support; services are governed and delivered mostly by people who are parents and carers of autistic children, and some of whom are autistic themselves. BAS has a strong ethos of being run by the community it serves.

### **Achievements and Performance**

BAS has fulfilled its charitable objectives by delivering a wide portfolio of services to meet the diverse needs of parents and carers of autistic children and young people in Bristol and throughout the southwest. During this period, BAS was incredibly proud to receive the Queen's Award for Voluntary Service, recognising the hard, invaluable work of the charity, its staff and volunteers.

### **Support**

- **Support groups**  
In term time, BAS has a weekly support group where parents and carers can connect and offer peer-to-peer support with our experienced team on hand to facilitate and signpost where needed. During this period, BAS held 42 groups for 152 attendees.
- **Sensory Play Support Group**  
In 2022, the Imperial Sports Ground, Brislington, opened Super Sense, a large sensory space based on suggestions from us and other local SEND support groups. On a monthly basis, we have held a child-friendly support group to enable parents to access our volunteers whilst their children enjoy

the sensory room. During this time, BAS held 10 play and support groups at Supersense.

- **Coffee mornings**  
In mid-2022 we started to re-introduce our in-person support. Coffee mornings are an opportunity for our families to meet in a casual setting and connect more locally. BAS held 37 coffee mornings in Easton, Brislington, Bedminster, Hartcliffe, Keynsham and Fishponds. In addition, we held groups specifically for grandparents and Dads which have been well received. There were 265 attendees during this time.
- **Online support**  
The main BAS Facebook group has nearly 3,500 members. This active group enables parents and carers to connect with each other, ask questions and signpost each other to relevant information. This group is a key part of our peer-to-peer network. BAS has other Facebook groups including:
  - BAS Village: a member only support group.
  - BAS Marketplace: a selling sharing and buying group for BAS families,
  - BAS Dads: a group for dads and male carers to connect.
- **Befriending**  
BAS Members can access free peer-to-peer support calls or emails. They can also access our six-week peer-to-peer befriending programme. In this period, BAS supported 11 befriending pairs.
- **Family events**  
During this period, BAS listened to feedback from its members and increased the number of family events designed to bring together families and enable children to access activities that may be challenging without the right support. Events were selected on suggestions from our members and included the Aquarium, Forest School, Little Giggles, Gympanzees, and animal handling. BAS ran 22 events for 758 attendees.

## **Training and Information**

- **Short courses**  
During this period, BAS delivered 18 six-week support blocks which included the topics: New to Autism, Sensory Differences, Communicating with your non-speaking child, Supporting Distressed Behaviours, Assertiveness for parent/ carers of autistic children, Parents of girls, and Anxiety and Masking.  
  
Approximately half of these groups were held in person and half via Zoom. 216 parent / carers attended these groups.
- **Information sessions**  
Each month BAS holds an introductory All About Autism session for families

new to autism looking to understand more. In addition, we hold individual information sessions on topics we know are useful to our members such as Disability Living Allowance, Assertiveness, Pathological Demand Avoidance, ADHD, Visuals, Autism and Eating. During this period, BAS delivered 35 sessions to 473 individuals.

- Telephone helpline  
The BAS telephone helpline provides information and support with speech and text. In this period, BAS responded to 368 calls and 462 emails.
- BAS website  
[www.bristolautismsupport.org](http://www.bristolautismsupport.org) is designed to signpost and support our families with accessible information. The site has received 138,000 sessions from 111,000 users during this time.

## **Financial Review**

The 16 months have seen a period of very real growth for BAS, including the numbers of people the charity has supported and income. At the year end of 31 March 2023, BAS had received an income of £122,095, compared to the previous 12 month financial year ending on 30 November 2021, of £27,501. This growth is due to successful fundraising, including a new contract with Bristol, North Somerset and South Gloucestershire Integrated Care Board (previously the local Clinical Commissioning Group) for the Support Blocks (Short Courses).

During this period, BAS spent £96,194, leaving it with a balance of £25,901. However, a contract with the National Autistic Society was agreed in early 2023 for BAS to deliver the southwest branch of a new initiative, Autism Central Peer Education Programme, to the value of £137,328 for 2023. A second year of the Support Blocks was also agreed with the old Bristol, North Somerset and South Gloucestershire Clinical Commissioning Group, now the Bristol, North Somerset and South Gloucestershire Integrated Care Board.

The growth of the charity and its more stable financial situation enabled BAS to directly employ a staff team. However, BAS remains indebted to its numerous volunteers who contribute an invaluable resource.

There is no fund or subsidiary undertaking which is in deficit. Therefore, the immediate future financial security of the charity was secured.

BAS had a modest policy for reserves at the start of this financial period, which stated that no reserves were required but a contingency fund of £3,000 was maintained. The growth of BAS over this financial period has meant that the Board has reviewed this principle and is now working on a policy that expects at least three months of core costs to be held in reserves.

No funds are held as a custodian trustee on behalf of others.

## **Structure, Governance and Management**

BAS is a Charity Incorporated Organisation, registered 1186287, and a company, CE019549, governed by Memorandum and Articles of Association.

Trustees are attracted primarily from the community it serves; parents and carers of autistic children and young people. However, BAS will widen its recruitment pool for specific skills it believes is useful to the Board. Potential candidates are provided with a role description and interviewed; they can also observe a meeting before both parties agree to appointment. Safe recruitment is fulfilled with DBS checks and references.

A handwritten signature in black ink that reads "Jane Walton". The signature is fluid and cursive, with a long horizontal stroke at the end.

Jane Walton, Chair of Trustees

A handwritten signature in black ink that reads "Joanne Stokes". The signature is cursive and somewhat stylized, with a large loop at the beginning.

Joanne Stokes, Treasurer

BRISTOL AUTISM SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account)

YEAR ENDED 31 MARCH 2023

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2021 £
<b>INCOME</b>					
Donations	2	17,561	-	17,561	6,471
Merchandise Income		1,611	-	1,611	696
Events Income		1,223	-	1,223	-
Course Subscriptions		-	-	-	2,457
Grant Income		19,000	79,888	98,888	16,441
Other income	3	2,812	-	2,812	1,436
<b>TOTAL INCOME AND ENDOWMENTS</b>		<b>42,207</b>	<b>79,888</b>	<b>122,095</b>	<b>27,501</b>
<b>EXPENDITURE</b>					
Expenditure on charitable activities	4	21,589	74,605	96,194	35,988
<b>TOTAL EXPENDITURE</b>		<b>21,589</b>	<b>74,605</b>	<b>96,194</b>	<b>35,988</b>
<b>NET INCOME/(EXPENDITURE)</b>		<b>20,618</b>	<b>5,283</b>	<b>25,901</b>	<b>-</b>
<b>Balances brought forward</b>		<b>6,381</b>	<b>2,530</b>	<b>8,911</b>	<b>17,398</b>
Gross Transfers Between Funds	10	-	-	-	-
<b>Balances carried forward</b>		<b>26,999</b>	<b>7,814</b>	<b>34,813</b>	<b>8,911</b>

The charity has no recognised gains or losses other than the results for the year as set out above.

All of the activities of the charity are classed as continuing.

The notes on pages 13 to 17 form part of these financial statements

**BRISTOL AUTISM SUPPORT**  
**BALANCE SHEET**  
**YEAR ENDED 31 MARCH 2023**

	Note	2023 £	2021 £
<b>FIXED ASSETS:</b>			
Tangible assets	6	602	-
<b>CURRENT ASSETS:</b>			
Debtors	7	-	-
Stock		-	-
Cash at bank and in hand		36,746	8,911
		<u>36,746</u>	<u>-</u>
<b>CURRENT LIABILITIES:</b>			
Creditors: falling due within one year	8	- 2,535	-
<b>Net current assets</b>		34,211	-
<b>NET ASSETS:</b>		<u>34,813</u>	<u>8,911</u>
<b>FUNDS</b>			
Unrestricted Funds	10	25,043	6,381
Restricted funds	10	9,771	2,530
		<u>34,813</u>	<u>8,911</u>

These financial statements were approved by the directors and authorised for issue on .....  
and are signed on their behalf by:




.....  
Jane Walton  
Chair of Trustees

.....  
Joanne Stokes  
Treasurer

Charity Registration Number: 1186287

Charity Registration Number: 1186287

The notes on pages 13 to 17 form part of these financial statements

**BRISTOL AUTISM SUPPORT**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2023**

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**1 ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historic cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (FRS 102 SORP) issued in July 2014, and applicable UK Accounting Standards and the Charities Act 2011.

**Funds structure**

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have set aside resources for a specific purpose.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or the terms of a specific appeal.

**Income**

All income is recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of income can be measured with sufficient reliability.

Income from donations is included when these are receivable, except as follows:

- When the donors specify that the donations given to the charity must be used in future accounting periods.
- When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-conditions have been met.

Income from grants, where there are performance or service deliverables required by the terms of the grant, are accounted for as the charity earns the right to payment through its performance.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that agree all costs related to the category. Support costs have been allocated 100% towards the charitable activities of the charity.

**Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both the direct pay and non-pay costs and support costs relating to those activities.

**Going concern**

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue its operations for the foreseeable future and therefore they have continued to adopt the going concern basis when preparing the financial statements.

**Governance costs**

Governance cost include those costs associated with meeting the constitutional and statutory requirements of the charity, and include its independent examination fees and costs linked to the strategic management of the charity including trustee expenses.

**Tangible fixed assets and depreciation**

Depreciation has been provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value of each asset, over its expected useful life. The rates used are 25% reducing balance on computer and office equipment and 20% reducing balance on other fixed assets.

BRISTOL AUTISM SUPPORT  
 NOTES TO THE FINANCIAL STATEMENTS  
 YEAR ENDED 31 MARCH 2023

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2 DONATION INCOME

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2021 £
Donations not cash	5,183	-	5,183	5,215
DoubleTree Hilton Donations	5,122	-	5,122	-
Cash Donations	7,256	-	7,256	1,256
	<u>17,561</u>	<u>-</u>	<u>17,561</u>	<u>6,445</u>

3 OTHER INCOME

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2021 £
NatWest Compensation	150	-	150	-
Arval vehicle reimbursements	2,662	-	2,662	1,436
	<u>2,812</u>	<u>-</u>	<u>2,812</u>	<u>1,436</u>

BRISTOL AUTISM SUPPORT  
NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2023

4 DIRECT CHARITABLE EXPENDITURE

Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2021 £
<u>Core Costs</u>				
Course Costs	-	-	-	2,326
Merchandise Costs	928	-	928	-
Fundraising Costs	345	-	345	-
<u>Overheads</u>				
Arval vehicle leasing	2,662	-	2,662	-
Bank Charges	154	-	154	-
Consultancy Fees	7,053	-	7,053	-
Office Consumables	781	-	781	2,313
Freelance Staff	2,408	58,334	60,742	19,191
Gifts	1,205	-	1,205	-
Marketing, Printing & Website	1,896	-	1,896	3,855
Professional Fees	998	-	998	-
Rental costs	-	-	-	4,686
Stationery	603	-	603	-
Venue Hire	75	12,106	12,181	456
Volunteer Costs	-	4,166	4,166	2,225
General Expenses	-	-	-	731
	<u>19,108</u>	<u>74,605</u>	<u>93,713</u>	<u>35,783</u>

Governance Costs

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2021 £
Independent Examination Fee	450	-	450	-
Depreciation	1,935	-	1,935	-
Insurance	96	-	96	205
	<u>2,481</u>	<u>-</u>	<u>2,481</u>	<u>205</u>

5 CORPORATION TAX

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

BRISTOL AUTISM SUPPORT  
NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2023

6 TANGIBLE FIXED ASSETS

	Computer Equipment £	Office Equipment £	Resource Equipment £	Totals £
<b>COST:</b>				
At 1 December 2021	-	-	-	-
Additions	986	1,251	300	2,537
At 31 March 2023	<u>986</u>	<u>1,251</u>	<u>300</u>	<u>2,537</u>
<b>DEPRECIATION:</b>				
At 1 December 2021	-	-	-	-
Charge for the year	697	1,038	200	1,935
At 31 March 2023	<u>697</u>	<u>1,038</u>	<u>200</u>	<u>1,935</u>
<b>NET BOOK VALUE:</b>				
At 31 March 2023	<u>289</u>	<u>213</u>	<u>100</u>	<u>602</u>
At 30 November 2021	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

7 DEBTORS

	2023 £	2021 £
Trade Debtors	-	-
Prepayments	-	-
	<u>-</u>	<u>-</u>

8 CREDITORS: amounts falling due within one year

	2023 £	2021 £
Accruals	1,140	-
Net Wages Liability	1,233	-
PAYE, NI and Student Loans	103	-
Pension Contributions	60	-
	<u>2,535</u>	<u>-</u>

9 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2021 £
Fixed Assets	602	-	602	-
Current Assets	9,771	26,975	36,746	8,911
Current Liabilities	(2,535)	-	(2,535)	-
	<u>7,838</u>	<u>26,975</u>	<u>34,813</u>	<u>8,911</u>

BRISTOL AUTISM SUPPORT  
NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2023

10 ANALYSIS OF CHARITABLE FUNDS

Analysis of Fund movements	Balance b/fwd £	Income £	Expenditure £	Transfers £	Fund c/fwd £
<b>Unrestricted funds:</b>					
General funds	4,424	42,207	(21,589)	-	25,043
	<b>4,424</b>	<b>42,207</b>	<b>(21,589)</b>	<b>-</b>	<b>25,043</b>
<b>Restricted funds:</b>					
	£	£	£	£	£
Boshier Hinton	1,125	-	(1,125)	-	-
Albert Hunt Trust	865	-	(865)	-	-
John James Trust	2,497	-	(2,497)	-	-
Action Funder	-	2,500	(299)	-	2,201
Autism Central	-	-	(897)	-	(897)
Bristol Charities Carer's Fund	-	2,500	(1,588)	-	912
BCC Training	-	3,500	(1,890)	-	1,610
BNSSG CCG	-	34,758	(34,758)	-	-
Friends of BAS	-	2,513	(95)	-	2,419
J&M Britton Trust	-	4,000	(4,000)	-	-
Local Giving / Western Power	-	5,000	(5,000)	-	-
Quartet Community	-	8,809	(8,809)	-	-
Quartet & Wessex Water	-	1,500	(1,500)	-	-
Quartet BCC Social Action	-	5,000	(1,475)	-	3,525
National Lottery Community Fund	-	9,808	(9,808)	-	-
	<b>4,487</b>	<b>79,888</b>	<b>(74,605)</b>	<b>-</b>	<b>9,771</b>
Total	8,911	122,095	(96,194)	-	34,813

**Fund Descriptions**

Boshier Hinton

A grant provided for QMH venue hire to provide support group sessions.

Albert Hunt Trust

A grant originally to assist with rental costs for an office space, but has also been agreed to cover a storage unit for resources.

John James Trust

Along with J&M Britton Charitable Trust, this grant supported the Helpline service to provide weekly support for parents and carers of children with autism.

Action Funder

Funding to support an event facilitator for Gympanzees and Supersense sessions, and contribute towards events costs.

Autism Central

Contribution towards office costs and assistance with securing a deposit for office rental costs.

Bristol Charities Carer's Fund

Funding to facilitate in person meetings, father and grandparent specific gatherings, coffee mornings and volunteer costs.

## BRISTOL AUTISM SUPPORT

### NOTES TO THE FINANCIAL STATEMENTS

#### YEAR ENDED 31 MARCH 2023

##### BCC Training

Supporting training around parental conflict, as well as core ongoing costs.

##### BNSSG CCG

Funding to facilitate delivery of various resource topics (New to Autism, Non Speaking, Sensory Processing Differences etc.)

##### Friends of BAS

Supporters group with donations specifically to support interpreter services, form filling and childrens' activities.

##### J&M Britton Trust

Along with John James Trust, this grant supported the Helpline service to provide weekly support for parents and carers.

##### Local Giving / Western Power

Funding to support in delivering information sessions, and to delivery core family activities.

##### Quartet Community

Support for ongoing core staff costs, particularly in operations, policies and procedures.

##### Quartet & Wessex Water

Contribution towards core ongoing costs, particularly regarding fundraising and partnerships.

##### Quartet BCC Social Action Small Grant

Funding to facilitate publicity, marketing and venue costs for advice and support on cost of living.

##### National Lottery Community Fund

Funding to provide training and additional recruitment for volunteers.

##### *Prior Year*

##### **Analysis of**

##### **Fund movements**

##### **Unrestricted funds:**

	Balance b/fwd	Income	Expenditure	Transfers	Fund c/fwd
	£	£	£	£	£
General funds	17,398	13,875	(26,819)	-	4,454
	<b>17,398</b>	<b>13,875</b>	<b>(26,819)</b>	<b>-</b>	<b>4,454</b>

##### **Restricted funds:**

	Balance b/fwd	Income	Expenditure	Transfers	Fund c/fwd
	£	£	£	£	£
Boshier Hinton	-	1,219	(94)	-	1,125
Albert Hunt Trust	-	1,000	(165)	-	835
John James Trust	-	2,497	-	-	2,497
Quartet Community	-	8,910	(8,910)	-	-
	<b>-</b>	<b>13,626</b>	<b>(9,169)</b>	<b>-</b>	<b>4,457</b>

Total	17,398	27,501	(35,988)	-	8,911
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#### **11 TRUSTEES REMUNERATION, EXPENSES AND RELATED PARTY TRANSACTIONS**

During the period, no Trustee of the charity received remuneration for duties. Further to this, no Trustee of the charity submitted expenses to be reimbursed.

There were no related party transactions between the charity and the Trustees or persons or entities connected to them during the year.

## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BRISTOL AUTISM SUPPORT**

I report to the charity's trustees on my examination of the accounts of Bristol Autism Support for the period ended 31 March 2023.

### **Respective responsibilities of trustees and examiner**

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act), as amended by s.145 of the Charities Act 2011) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under the company law and is eligible for independent examination; it is my responsibility to:

- Examine the accounts (under section 145 of the 2011 Act),
- To follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) Act), and
- to state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required by audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Steven Baptiste

Linden Accountants, Scrapstore House, 21 Sevier Street, St Werburghs, Bristol, BS2 9LB

*S. Baptiste*

Steven Baptiste ACPA

Date .....8 December 2023.....

**BRISTOL AUTISM SUPPORT**

England & Wales - Charity number 1186287

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# Accounts

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**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## **Trustees' Annual Report for the period**

**From:** 01 December 2020 **Period start date**

**To:** 31 November 2021 **Period end date**

**Charity name:** Bristol Autism Support

**Charity registration number:** 1186287

### **Objectives and Activities**

#### **1. Summary of the purposes of the charity as set out in its governing document**

The object of the CIO is:

The preservation and protection of good health for the public benefit among children and young people with Autistic Spectrum Disorders, their families and carers in Bristol and the surrounding areas, in particular but not exclusively by:

(a) providing specialist, in-person, online, email and telephone support, advice, guidance and informal counselling, information and support to the parents and carers of autistic children;

(b) advancing education of Autistic Spectrum Disorders and the care of autistic children by providing training and specialist information for parents and carers of autistic children, organising conferences, meetings, workshops and events and providing web-based resources.

(c) promoting volunteering opportunities within the charity to persons with Autistic Spectrum Disorders with the aim of building their individual capabilities, competencies and skills.

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008].

#### **2. Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.**

Bristol Autism Support (BAS) provides support and information to parents and carers of autistic children who live in Bristol and the surrounding area. We primarily support parents and carers prior to their child's autism assessment and for some time after they have achieved a diagnosis for their child. We provide peer to peer support with our support team all being parent / carers of autistic children.

#### **3. Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit**

The Trustees believe that Bristol Autism Support has undertaken the delivery of services in line with its objectives and that those objectives are aligned to the public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	BAS relies heavily on its volunteers. The organisation has around 25 volunteers, including trustees, who undertake befriending of other parents and support group facilitation among other tasks. BAS encourages parents who have used its services to become volunteers, and from there, some volunteers have also secured paid work with the charity. In this way, BAS can be truly informed by its service users.
Other		N/A

## Achievements and Performance

**Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.**

### 2020/21 Bristol Autism Support: Between December 2020 & November 2021

#### Support Groups

Due to Covid 19 restrictions much of our activity remained online using zoom. BAS held 51 online drop-in support groups with 209 attendees. From July – November 2021 we began to hold in person support groups but at a reduced capacity to allow for social distancing. BAS held 14 in person support groups with 84 attendees.

#### Courses

All our courses run for 6 weeks and are designed to support parents with information whilst connecting them with each other. In 2020/21 all our courses were held online using zoom due to restrictions relating to the pandemic.

BAS ran three What Do I Do Now courses which are 6 weeks long with a total of 64 attendees. This course is designed to support parents new to a diagnosis.

We also ran two More Than Words courses designed for parents and carers of non-speaking children to assist with communication supports at home. These groups had 42 attendees.

BAS held 3 nurture groups which also ran for 6 weeks with a total of 20 attendees. These were small groups being supported by counsellors over several weeks.

#### Information Seminars

Bristol Autism Supports provides high quality support. Our information sessions can provide the latest correct, useful, and crucial information, at the right time, to parents and carers of autistic children in Bristol.

In 2020/21 BAS held 7 information seminars with 222 attendees, all were online using zoom except for the Emotional Freedom Techniques (EFT) session which was in person:

- The Picture Exchange Communication System – communication for non-speaking children – 34 attendees
- EFT to help reduce stress and improve mental wellbeing – 15 attendees, this was an in-person session.
- Autism and Food, how to support children with food challenges – 23 attendees
- What is Pathological Demand Avoidance and how to support PDA children – 41 attendees
- Alex Manners talk – Alex talked about his experience as an autistic young man – 39 attendees
- Autism and anxiety – 45 attendees
- Wills and trusts, financial options for your children's future -25

### **One to One Support**

In 2021 BAS had 22 buddy & mentoring pairs running – providing peer to peer support to new members. BAS also provided peer to peer phone support to 123 people and a further 90 people were supported through our enquiries service. In addition, 44 people were provided 1-1 support via our Facebook messenger.

### **Online Support**

At the heart of Bristol Autism Support is our community which is well connected through our Facebook group. We provide a safe haven and a community for Bristol's autism families in order to reduce isolation and improve mental and physical wellbeing.

Our numbers for 20-21:

- In total we had 920 attendees / contacts with people through our services.
- Bristol Autism Support Members 611. BAS members get advance notice of all our sessions and events. In February 2020 we became a membership organisation, and some of our support options (BAS Buddy scheme, bookable phone and in-person appointments, members-only Facebook group, members-only events) are available only to members. This creates a micro-community of members who will get to know each other over time.
- Members in our main Facebook group increased over the year by 30% to 2,521 – The private group is for all Bristol Parent / carers of autistic children.
- Members in the BAS village Facebook group 235 – designed to support members attending in person events.
- Facebook page followers increased over the year by 29% to 2,502.
- Twitter followers increased by 13% over the year to 1,848.

### **Our Impact**

BAS ran an impact survey between August and December 2021 receiving 179 responses.

The top answers for how ‘..the BAS community has helped you’ were:

1. ‘feeling like you are not alone’ (83%);
2. ‘Information about autism, in general’ (74%)
3. ‘helped to feel less isolated’ (61%) and
4. ‘understanding your autistic child’ (59%).

When asked how respondents feel about BAS the overwhelming majority felt positively with the following responses:

1. Informative (85%)
2. Helpful (82%)

3. Friendly (79%)
4. Welcoming (77%)
5. Supportive (64%)
6. Caring (64%)

Quotes from our impact survey:

*"As a parent new to all things ASD it is confusing and intimidating. BAS is a beacon of friendliness and warmth in all of it."*

*"I have found great support from Bristol autism support when I have otherwise felt so alone in this rollercoaster of emotions of a journey"*

*"Helped us feel less alone at a time when no other support available"*

### Looking ahead

In 2022, BAS will extend its courses offered both online and in-person because both work well for different people. Our drop-in support groups will reduce as we increase our offer of more social activities such as coffee mornings and family events. BAS would also like to build on the success of our one-off information sessions which are popular. Following the pandemic, we want to offer more in-person opportunities for our community to connect with and learn from each other.

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/A
Performance of fundraising activities against objectives set	Para 1.41	N/A
Investment performance against objectives	Para 1.41	N/A
Other		N/A

### Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	BAS continued to have a strong financial year in 20-21, reflecting its resilience during the pandemic. The charity spent more than it earned due to the expenditure of some grants which had been secured just before the year start. At the
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		end of 20-21, BAS had nearly £9,000 in the bank, of which roughly 50% was restricted and 50% was unrestricted.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Reserves Policy states that no reserves are held but that a contingency fund of £3,000 is retained.
Amount of reserves held	Para 1.22	Zero.
Reasons for holding zero reserves	Para 1.22	The contingency fund is assessed to suffice. However, this policy is reviewed annually so may change in 21-22.
Details of fund materially in deficit	Para 1.24	None.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None.

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p><b><u>60% - Grants</u></b></p> <ul style="list-style-type: none"> <li>• Quartet Covid Recovery Grant</li> <li>• John James Foundation</li> <li>• Bristol City Council</li> <li>• Boshier Hinton Fund</li> <li>• Albert Hunt Fund</li> </ul> <p><b><u>27% - donations</u></b></p> <p><b><u>13% - sales</u></b></p> <ul style="list-style-type: none"> <li>• Training courses for parents of autistic children</li> </ul>
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	<ol style="list-style-type: none"> <li>1. Much of BAS's funding is fixed term presenting a challenge to plan longer-term for the charity's work. The Board is working on fund-raising strategy and building relationships to secure longer-term funding.</li> <li>2. BAS's support base is growing, and BAS needs to develop to meet this need. Therefore, the Board is currently working on a strong plan for future development.</li> </ol>
Other		N/A

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	BAS mainly recruits its trustees from its service users. Trustee vacancies are advertised, applicants are asked to complete an application form and interviewed by a senior member of staff and serving Trustee. Successful candidates are invited to a Trustees meeting after which the trustees will collectively agree to the induction of a new trustee.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/A
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/A
Relationship with any related parties	Para 1.51	N/A
Other		N/A

### Reference and Administrative details

Charity name	Bristol Autism Support
Other name the charity uses	N/A
Registered charity number	1186287
Charity's principal address	Knowle West Media Centre Leinster Avenue Bristol BS4 1NL

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jason Thorne	Chair		
2	Jane Walton	Secretary		
3	Steve Clift	Treasurer		
4	Laura Collins			
5	Caroline Clark		Started Feb 21.	
6	Jo Stokes		Started Feb 21.	
7	Tammi Clark		Started March 21.	
8	Anna Hall		Started March 21.	
9	Jaime Breitnauer		Feb 2021 - November 2021.	
10	Jade Page		Until March 21.	
11	Ingrid Vlam		Until June 21.	

**Corporate trustees – names of the directors at the date the report was approved**

Director name		
N/A		

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year	
N/A		

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
N/A		

**Name of chief executive or names of senior staff members (Optional information)**

Kate Laine-Toner

**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

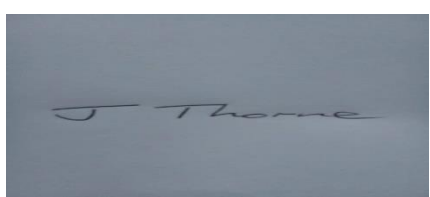
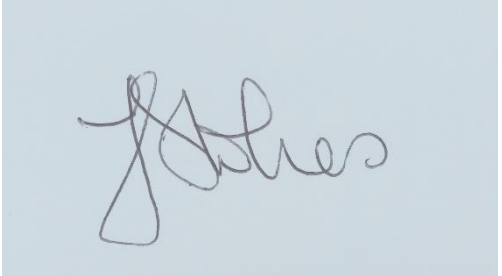
N/A

**Other optional information**

**Declarations**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Jason Paul Thorne	Joanne Georgina Allen Stokes
<b>Position (eg Secretary, Chair, etc)</b>	Chair	Treasurer
<b>Date</b>	28/06/22	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Bristol Autism Support

1186287

## Receipts and payments accounts

CC16a

For the period from	01.12.2020	To	30.11.2021
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations via electronic pymts	5,189	-	-	5,189	2,904
Event Tickets	-	-	-	-	1,566
Cash Donations	1,256	-	-	1,256	4,833
Sale of Merchandise	696	-	-	696	259
Grants	2,186	13,626	-	15,812	19,806
Other	1,436	-	-	1,436	868
Course subscriptions	2,457	-	-	2,457	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>13,220</b>	<b>13,626</b>	<b>-</b>	<b>26,846</b>	<b>30,236</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>13,220</b>	<b>13,626</b>	<b>-</b>	<b>26,846</b>	<b>30,236</b>
<b>A3 Payments</b>					
Venue Hire	456	-	-	456	1,996
Office & Storage Unit Rent	-	4,686	-	4,686	1,305
Office Expenses	2,186	124	-	2,310	2,706
Volunteer Expenses & Training	2,225	-	-	2,225	1,586
Freelance Staff	16,476	2,226	-	18,702	2,122
Printing & website costs	-	3,855	-	3,855	1,940
General Expenses	731	-	-	731	1,033
Insurance	-	205	-	205	201
Course Costs	2,326	-	-	2,326	-
	-	-	-	-	-
<b>Sub total</b>	<b>24,401</b>	<b>11,096</b>	<b>-</b>	<b>35,497</b>	<b>12,889</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>24,401</b>	<b>11,096</b>	<b>-</b>	<b>35,497</b>	<b>12,889</b>
<b>Net of receipts/(payments)</b>	<b>- 11,180</b>	<b>2,530</b>	<b>-</b>	<b>- 8,650</b>	<b>17,347</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	17,398	-	-	17,398	49
<b>Cash funds this year end</b>	<b>6,217</b>	<b>2,530</b>	<b>-</b>	<b>8,747</b>	<b>17,397</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash at bank	8,911		
			-	-
		-	-	-
	<b>Total cash funds</b>	<b>8,911</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
Bristol Autism Support

**On accounts for the year  
ended**

31 November 2021

**Charity no  
(if any)**

1186287

**Set out on pages**

1 & 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/11/2021.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* *Please delete the words in the brackets if they do not apply.*

**Signed:** *K Kerley*

**Date:** 7<sup>th</sup> August 2022

**Name:** Katy Kerley

**Relevant professional  
qualification(s) or body  
(if any):**

AAT

**Address:** 45 Pathfield

Torrington

Devon, EX38 7BX

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

There are no areas of concern to report

**BRISTOL AUTISM SUPPORT**

England & Wales - Charity number 1186287

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# Accounts

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## Trustees' Annual Report for the period

From 01.12.2019 Period start date To 30.11.2020 Period end date

Charity name: Bristol Autism Support

Charity registration number: 1186287

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The object of the CIO is: The preservation and protection of good health for the public benefit among children and young people with autistic spectrum disorders, their families and carers in Bristol and the surrounding areas, in particular but not exclusively by: (A) providing specialist, in person, online, email and telephone support, advice, guidance and informal counselling, information and support to the parents and carers of autistic children; (B) advancing education of autistic spectrum disorders and the care of autistic children by providing training and specialist information for parents and carers of autistic children, organising conferences, meetings, workshops and events and providing web -based resources. (C) promoting volunteering opportunities within the charity to persons with autistic spectrum disorders with the aim of building their individual capabilities, competencies and skills.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Drop in coffee mornings, evening support meetings, and BAS' What Do I Do Now course have continued to be provided online. Telephone support has continued. Support via web content and facebook has been continually added to and refreshed.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees believe that Bristol Autism Support has undertaken the delivery of services in line with its objectives and that those objectives are aligned to the public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not Applicable

Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	BAS relies upon its volunteers to provide all of its parent support via telephone, email, and other virtual means. Volunteers also carry out a great deal of our administrative work.
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	BAS continued to offer all of its face to face activities, though these transitioned to Zoom from March 2020. Key sessions included 6 week parent courses, one being delivered each term and generally themed for parents of boys or girls, specifically themed weekly meetings and general drop in meetings also on a weekly basis. BAS has also continued to provide bookable 1 hour support phone calls and a mentoring programme where a volunteer is paired with parents new to autism for 6 weeks. Rather than face to face meetings, this also has become virtual for 2020. Parents also derived support from the monitored facebook groups and frequently updated web pages. Children's Zoom activity sessions were run over the summer.

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
	Para 1.41	

Investment performance against objectives		
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	BAS was financially strengthened during 2020 by the availability of grants to adapt to online delivery and fund staff costs during the pandemic and has ended the year with sufficient cash to meet current planned expenditure.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Not Applicable
Amount of reserves held	Para 1.22	None
Reasons for holding zero reserves	Para 1.22	The charity's receipts are being spent on delivering the charity's objectives.
Details of fund materially in deficit	Para 1.24	Not Applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not Applicable

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Friends of BAS, local charitable donations by small firms and associations, grants
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not Applicable
A description of the principal risks facing the charity	Para 1.46	Ultimate unpredictability of donations and grants.
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	By its Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Potential trustees are invited to apply with references, are interviewed by a serving trustee and director and invited to a Trustees meeting. The trustees will collectively agree to the induction of a new trustee.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Bristol Autism Support
Other name the charity uses	BAS
Registered charity number	1186287
Charity's principal address	24 Perrett Way Ham Green Bristol BS20 0HX

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Stephen Clift	Treasurer & Chair		
2	Laura Collins			
3	Ingrid Vlam			
4	Jane Walton			
5	Jason Thorne			
6	Jade Page			
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not Applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

Kate Lane-Toner
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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	<i>Steve Clift</i>	
<b>Full name(s)</b>	Stephen John Clift	
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer	
<b>Date</b>	24.02.2021	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Bristol Autism Support

No (if any)

## Receipts and payments accounts

CC16a

For the period from	01.12.2019	To	30.11.2020
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations via PayPal	2,904	-	-	2,904	-
Event Tickets	1,566	-	-	1,566	-
Cash Donations	4,833	-	-	4,833	-
Sale of Merchandise	259	-	-	259	-
Grants	19,806	-	-	19,806	-
Other	868	-	-	868	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>30,237</b>	<b>-</b>	<b>-</b>	<b>30,237</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>30,237</b>	<b>-</b>	<b>-</b>	<b>30,237</b>	<b>-</b>
<b>A3 Payments</b>					
Venue Hire	1,996	-	-	1,996	-
Office Rent	1,305	-	-	1,305	-
Office Expenses	2,706	-	-	2,706	-
Volunteer Expenses & Training	1,586	-	-	1,586	-
Freelance Staff	2,122	-	-	2,122	-
Printing & website costs	1,940	-	-	1,940	-
General Expenses	1,004	-	-	1,004	-
Insurance	201	-	-	201	-
	-	-	-	-	-
<b>Sub total</b>	<b>12,860</b>	<b>-</b>	<b>-</b>	<b>12,860</b>	<b>-</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>12,860</b>	<b>-</b>	<b>-</b>	<b>12,860</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>17,377</b>	<b>-</b>	<b>-</b>	<b>17,377</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>17,377</b>	<b>-</b>	<b>-</b>	<b>17,377</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash at bank	17,426	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>17,426</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	<b>Endowment funds to nearest £</b>
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

## **Independent examiner's report to the trustees of Bristol Autism Support**

I report to the trustees on my examination of the accounts of the Bristol Autism Support (the Trust) for the year ended 30 November 2020.

### **Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Katy Kerley

MAAT

Address: 45 Pathfield, Torrington, Devon, EX38 7BX

Date: 25<sup>th</sup> January 2021